



1 - vrijdag 11 april 2025

11-4-2025 - 12:45

Programmanr. 1
11-4-2025 - 12:45

Heren, 400m wisselslag

2012 en ouder
Resultaten

rang	naam	vereniging				intijd				tijd				RT	
1.	Paolo del Villar	Psv				4:53.44				200504559				5:16.49	+0,57
	50m:	30.30	30.30	150m:	1:48.61	41.78	250m:	3:14.58	44.85	350m:	4:39.68	38.50			
	100m:	1:06.83	36.53	200m:	2:29.73	41.12	300m:	4:01.18	46.60	400m:	5:16.49	36.81			
2.	Esh Nolden	Blue Marlins				5:48.64				200800145				5:30.65	+0,59
	50m:	32.50	32.50	150m:	1:59.07	46.76	250m:	3:27.96	46.02	350m:	4:55.63	40.09			
	100m:	1:12.31	39.81	200m:	2:41.94	42.87	300m:	4:15.54	47.58	400m:	5:30.65	35.02			
3.	Lev Rudman	Blue Marlins				5:41.11				201102343				5:35.71	+0,69
	50m:	30.79	30.79	150m:	1:57.20	45.63	250m:	3:30.05	48.90	350m:	4:57.96	38.74			
	100m:	1:11.57	40.78	200m:	2:41.15	43.95	300m:	4:19.22	49.17	400m:	5:35.71	37.75			
4.	Mees Janssen	Dsz				6:05.35				201102025				5:44.95	+0,68
	50m:	34.59	34.59	150m:	2:00.45	41.87	250m:	3:34.05	52.66	350m:	5:07.98	38.93			
	100m:	1:18.58	43.99	200m:	2:41.39	40.94	300m:	4:29.05	55.00	400m:	5:44.95	36.97			
5.	Kurt Feldmann	Blue Marlins				NT				201203089				5:48.73	+0,77
	50m:	36.32	36.32	150m:	2:06.50	43.95	250m:	3:40.97	51.60	350m:	5:12.34	39.36			
	100m:	1:22.55	46.23	200m:	2:49.37	42.87	300m:	4:32.98	52.01	400m:	5:48.73	36.39			
6.	Orlando Carlo Caffaggi	Blue Marlins				NT				201203059				5:49.47	+0,74
	50m:	37.03	37.03	150m:	2:06.75	44.93	250m:	3:40.80	50.55	350m:	5:12.13	40.08			
	100m:	1:21.82	44.79	200m:	2:50.25	43.50	300m:	4:32.05	51.25	400m:	5:49.47	37.34			
7.	Luc van Drunick	Noordwijkerhout				6:38.99				201201659				6:23.86	+0,68
	50m:	40.60	40.60	150m:	2:19.50	51.84	250m:	4:02.69	54.27	350m:	5:41.71	44.76			
	100m:	1:27.66	47.06	200m:	3:08.42	48.92	300m:	4:56.95	54.26	400m:	6:23.86	42.15			
IG.ZA	Luke Meizel	Blue Marlins				7:14.28				201102935					

Programmanr. 2
11-4-2025 - 13:00

Dames, 400m wisselslag

2012 en ouder
Resultaten

rang	naam	vereniging		intijd		tijd		RT	
1.	Floor Rombouts	Hoogstratens Zwem Team vzw		5:51.01		HOZT/21051/09		5:56.33	+0,64
	50m: 37.86	37.86	150m: 2:14.40	46.91	250m: 3:49.63	49.19	350m: 5:17.57	39.04	
	100m: 1:27.49	49.63	200m: 3:00.44	46.04	300m: 4:38.53	48.90	400m: 5:56.33	38.76	
2.	Kamila Makhmadiyarova	Blue Marlins		5:58.73		201103178		5:57.95	+0,75
	50m: 36.62	36.62	150m: 2:05.70	46.35	250m: 3:43.22	52.91	350m: 5:18.21	43.16	
	100m: 1:19.35	42.73	200m: 2:50.31	44.61	300m: 4:35.05	51.83	400m: 5:57.95	39.74	
3.	Yoanna Van Bockstal	Hoogstratens Zwem Team vzw		5:57.39		HOZT/21075/11		6:04.26	+0,66
	50m: 36.54	36.54	150m: 2:07.34	44.55	250m: 3:44.46	52.10	350m: 5:22.69	42.13	
	100m: 1:22.79	46.25	200m: 2:52.36	45.02	300m: 4:40.56	56.10	400m: 6:04.26	41.57	
4.	Samantha Eagleton	Blue Marlins		6:14.76		201103862		6:08.67	+0,69
	50m: 37.48	37.48	150m: 2:13.01	48.58	250m: 3:52.81	53.98	350m: 5:28.59	44.19	
	100m: 1:24.43	46.95	200m: 2:58.83	45.82	300m: 4:44.40	51.59	400m: 6:08.67	40.08	
5.	Tatum Vered	Blue Marlins		6:43.87		201201322		6:12.56	+0,80
	50m: 43.41	43.41	150m: 2:20.25	46.13	250m: 3:58.32	53.03	350m: 5:32.24	41.75	
	100m: 1:34.12	50.71	200m: 3:05.29	45.04	300m: 4:50.49	52.17	400m: 6:12.56	40.32	
6.	Gabriela Borges	Blue Marlins		NT		201201726		6:47.89	+0,59
	50m: 40.00	40.00	150m: 2:28.11	51.87	250m: 4:14.46	54.66	350m: 6:01.73	46.85	
	100m: 1:36.24	56.24	200m: 3:19.80	51.69	300m: 5:14.88	1:00.42	400m: 6:47.89	46.16	
7.	Liz van Antwerpen	Westland Swimming Stars		6:44.66		201002224		6:52.54	+0,79
	50m: 44.97	44.97	150m: 2:31.30	49.01	250m: 4:17.37	57.68	350m: 6:06.25	49.59	
	100m: 1:42.29	57.32	200m: 3:19.69	48.39	300m: 5:16.66	59.29	400m: 6:52.54	46.29	
8.	Esmeralda Elbers	Blue Marlins		NT		200404888		8:23.01	+0,86
	50m: 49.22	49.22	150m: 2:51.17	1:01.65	250m: 5:12.09	1:16.18	350m: 7:25.87	57.39	
	100m: 1:49.52	1:00.30	200m: 3:55.91	1:04.74	300m: 6:28.48	1:16.39	400m: 8:23.01	57.14	



Programmanr. 2, Dames, 400m wisselslag, 2012 en ouder

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Zora Spriet	Hieronymus	6:40.54	201100532	

Programmanr. 3
11-4-2025 - 13:15

Heren, 1500m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging				intijd				tijd				RT
1.	Jelte de Jong	ZPCH				16:23.23		200900975		16:59.49		+0,74		
	100m:	1:01.41	1:01.41	500m:	5:30.07	1:07.83	900m:	10:04.63	1:08.98	1300m:	14:42.35	1:09.25		
	200m:	2:07.26	1:05.85	600m:	6:38.34	1:08.27	1000m:	11:14.07	1:09.44	1400m:	15:51.79	1:09.44		
	300m:	3:14.68	1:07.42	700m:	7:46.92	1:08.58	1100m:	12:23.34	1:09.27	1500m:	16:59.49	1:07.70		
	400m:	4:22.24	1:07.56	800m:	8:55.65	1:08.73	1200m:	13:33.10	1:09.76					
2.	Stefan van der Meer	Vzc				16:47.72		200901361		17:34.22		+0,63		
	100m:	1:03.83	1:03.83	500m:	5:43.97	1:10.21	900m:	10:28.23	1:11.36	1300m:	15:13.47	1:11.46		
	200m:	2:13.04	1:09.21	600m:	6:54.28	1:10.31	1000m:	11:39.90	1:11.67	1400m:	16:24.97	1:11.50		
	300m:	3:23.35	1:10.31	700m:	8:05.44	1:11.16	1100m:	12:51.02	1:11.12	1500m:	17:34.22	1:09.25		
	400m:	4:33.76	1:10.41	800m:	9:16.87	1:11.43	1200m:	14:02.01	1:10.99					
3.	Luka Geraerds	Hellas-Glana				19:07.43		200502077		17:48.11		+0,74		
	100m:	1:04.82	1:04.82	500m:	5:50.00	1:12.61	900m:	10:39.03	1:12.31	1300m:	15:28.85	1:12.50		
	200m:	2:14.34	1:09.52	600m:	7:02.49	1:12.49	1000m:	11:51.39	1:12.36	1400m:	16:40.78	1:11.93		
	300m:	3:25.54	1:11.20	700m:	8:14.64	1:12.15	1100m:	13:03.83	1:12.44	1500m:	17:48.11	1:07.33		
	400m:	4:37.39	1:11.85	800m:	9:26.72	1:12.08	1200m:	14:16.35	1:12.52					
4.	Aidan van der Stelt	Blue Marlins				18:10.51		200900901		18:02.29		+0,71		
	100m:	1:04.16	1:04.16	500m:	5:49.35	1:12.07	900m:	10:41.46	1:13.33	1300m:	15:36.97	1:13.98		
	200m:	2:14.41	1:10.25	600m:	7:01.81	1:12.46	1000m:	11:55.74	1:14.28	1400m:	16:50.64	1:13.67		
	300m:	3:25.50	1:11.09	700m:	8:14.67	1:12.86	1100m:	13:09.59	1:13.85	1500m:	18:02.29	1:11.65		
	400m:	4:37.28	1:11.78	800m:	9:28.13	1:13.46	1200m:	14:22.99	1:13.40					
5.	Fred Couvreur	Hoogstratens Zwem Team vzw				19:35.89		HOZT/11060/12		19:39.21		+0,75		
	100m:	1:14.27	1:14.27	500m:	6:30.89	1:18.32	900m:	11:49.18	1:20.45	1300m:	17:05.64	1:17.76		
	200m:	2:33.84	1:19.57	600m:	7:50.48	1:19.59	1000m:	13:07.48	1:18.30	1400m:	18:23.59	1:17.95		
	300m:	3:53.32	1:19.48	700m:	9:09.29	1:18.81	1100m:	14:27.87	1:20.39	1500m:	19:39.21	1:15.62		
	400m:	5:12.57	1:19.25	800m:	10:28.73	1:19.44	1200m:	15:47.88	1:20.01					
6.	Jaro Hermans	Psv				21:29.36		201200173		20:55.68		+0,71		
	100m:	1:15.63	1:15.63	500m:	6:50.77	1:23.95	900m:	12:27.27	1:23.35	1300m:	18:07.42	1:25.30		
	200m:	2:38.08	1:22.45	600m:	8:14.96	1:24.19	1000m:	13:52.65	1:25.38	1400m:	19:31.87	1:24.45		
	300m:	4:02.45	1:24.37	700m:	9:39.34	1:24.38	1100m:	15:17.54	1:24.89	1500m:	20:55.68	1:23.81		
	400m:	5:26.82	1:24.37	800m:	11:03.92	1:24.58	1200m:	16:42.12	1:24.58					

Programmanr. 4
11-4-2025 - 13:56

Dames, 1500m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging				intijd				tijd				RT
1.	Nina Tetteroo	De Columbiaan				19:27.76		201000048		19:07.04		+0,75		
	100m:	1:10.03	1:10.03	500m:	6:14.16	1:17.06	900m:	11:23.48	1:17.63	1300m:	16:34.00	1:17.57		
	200m:	2:25.16	1:15.13	600m:	7:31.07	1:16.91	1000m:	12:41.22	1:17.74	1400m:	17:51.54	1:17.54		
	300m:	3:41.07	1:15.91	700m:	8:48.55	1:17.48	1100m:	13:58.87	1:17.65	1500m:	19:07.04	1:15.50		
	400m:	4:57.10	1:16.03	800m:	10:05.85	1:17.30	1200m:	15:16.43	1:17.56					
2.	Cynthia Koolman	Steenwijk 1934				19:59.01		200300232		19:49.87		+0,69		
	100m:	1:15.02	1:15.02	500m:	6:31.69	1:19.10	900m:	11:50.75	1:20.15	1300m:	17:12.94	1:20.88		
	200m:	2:34.01	1:18.99	600m:	7:50.83	1:19.14	1000m:	13:10.61	1:19.86	1400m:	18:32.42	1:19.48		
	300m:	3:53.91	1:19.90	700m:	9:10.61	1:19.78	1100m:	14:30.99	1:20.38	1500m:	19:49.87	1:17.45		
	400m:	5:12.59	1:18.68	800m:	10:30.60	1:19.99	1200m:	15:52.06	1:21.07					
3.	Alaine Lomans	Hellas-Glana				20:05.55		201000420		20:10.09		+0,67		
	100m:	1:14.16	1:14.16	500m:	6:36.81	1:21.09	900m:	12:03.17	1:21.39	1300m:	17:30.25	1:21.73		
	200m:	2:34.65	1:20.49	600m:	7:58.37	1:21.56	1000m:	13:25.20	1:22.03	1400m:	18:51.60	1:21.35		
	300m:	3:55.38	1:20.73	700m:	9:20.21	1:21.84	1100m:	14:46.87	1:21.67	1500m:	20:10.09	1:18.49		
	400m:	5:15.72	1:20.34	800m:	10:41.78	1:21.57	1200m:	16:08.52	1:21.65					

Programmanr. 4, Dames, 1500m vrije slag, 2012 en ouder

rang	naam		vereniging		intijd			tijd			RT	
4.	Steffi Meinhold		D.E.S.		19:35.45			198001542			20:12.96	+0,82
	100m:	1:16.79	1:16.79	500m:	6:44.90	1:21.45	900m:	12:09.76	1:20.80	1300m:	17:33.39	1:21.45
	200m:	2:39.36	1:22.57	600m:	8:06.27	1:21.37	1000m:	13:30.49	1:20.73	1400m:	18:54.25	1:20.86
	300m:	4:01.79	1:22.43	700m:	9:27.47	1:21.20	1100m:	14:51.02	1:20.53	1500m:	20:12.96	1:18.71
	400m:	5:23.45	1:21.66	800m:	10:48.96	1:21.49	1200m:	16:11.94	1:20.92			
5.	Danné van Munster		Hellas-Glana		21:12.39			200901262			21:26.77	+0,68
	100m:	1:18.63	1:18.63	500m:	7:00.70	1:26.43	900m:	12:44.91	1:27.02	1300m:	18:34.17	1:27.55
	200m:	2:43.89	1:25.26	600m:	8:27.17	1:26.47	1000m:	14:11.99	1:27.08	1400m:	20:01.34	1:27.17
	300m:	4:09.23	1:25.34	700m:	9:52.35	1:25.18	1100m:	15:39.08	1:27.09	1500m:	21:26.77	1:25.43
	400m:	5:34.27	1:25.04	800m:	11:17.89	1:25.54	1200m:	17:06.62	1:27.54			
6.	Floortje Bakker		Blue Marlins		NT			201101124			21:48.13	+0,81
	100m:	1:18.62	1:18.62	500m:	7:07.62	1:27.92	900m:	12:58.22	1:27.67	1300m:	18:52.47	1:28.69
	200m:	2:44.21	1:25.59	600m:	8:35.06	1:27.44	1000m:	14:27.04	1:28.82	1400m:	20:21.58	1:29.11
	300m:	4:11.26	1:27.05	700m:	10:02.89	1:27.83	1100m:	15:55.48	1:28.44	1500m:	21:48.13	1:26.55
	400m:	5:39.70	1:28.44	800m:	11:30.55	1:27.66	1200m:	17:23.78	1:28.30			
7.	Elvira Rakels		Blue Marlins		NT			201001238			22:12.47	+0,65
	100m:	1:21.97	1:21.97	500m:	7:20.61	1:28.93	900m:	13:19.22	1:29.51	1300m:	19:19.94	1:29.46
	200m:	2:50.78	1:28.81	600m:	8:49.68	1:29.07	1000m:	14:50.26	1:31.04	1400m:	20:48.38	1:28.44
	300m:	4:20.27	1:29.49	700m:	10:19.83	1:30.15	1100m:	16:20.48	1:30.22	1500m:	22:12.47	1:24.09
	400m:	5:51.68	1:31.41	800m:	11:49.71	1:29.88	1200m:	17:50.48	1:30.00			

**Programmanr. 5
11-4-2025 - 14:39**
Heren, 800m vrije slag
**2012 en ouder
Resultaten**

rang	naam	vereniging				intijd			tijd			RT
1.	Bas Blanker	ACZ				8:56.36	200601497			8:47.98	+0,69	
	100m:	1:03.55	1:03.55	300m:	3:17.80	1:06.81	500m:	5:30.97	1:06.37	700m:	7:43.99	1:06.39
	200m:	2:10.99	1:07.44	400m:	4:24.60	1:06.80	600m:	6:37.60	1:06.63	800m:	8:47.98	1:03.99
2.	Sverre van der Zwaan	Wvz				9:21.66	200900737			9:14.48	+0,70	
	100m:	1:04.73	1:04.73	300m:	3:24.04	1:09.80	500m:	5:44.16	1:10.40	700m:	8:04.69	1:10.26
	200m:	2:14.24	1:09.51	400m:	4:33.76	1:09.72	600m:	6:54.43	1:10.27	800m:	9:14.48	1:09.79
3.	Figo van Duuren	ZPCH				9:05.14	200800391			9:22.03	+0,76	
	100m:	1:04.22	1:04.22	300m:	3:24.27	1:10.31	500m:	5:46.08	1:11.34	700m:	8:12.56	1:13.04
	200m:	2:13.96	1:09.74	400m:	4:34.74	1:10.47	600m:	6:59.52	1:13.44	800m:	9:22.03	1:09.47
4.	Baris Tomu	ZPCH				9:35.76	201000869			9:23.47	+0,66	
	100m:	1:05.37	1:05.37	300m:	3:25.67	1:10.32	500m:	5:48.34	1:11.90	700m:	8:13.09	1:11.83
	200m:	2:15.35	1:09.98	400m:	4:36.44	1:10.77	600m:	7:01.26	1:12.92	800m:	9:23.47	1:10.38
5.	Dax van den Noulard	Blue Marlins				9:34.34	201000071			9:29.24	+0,67	
	100m:	1:05.31	1:05.31	300m:	3:28.94	1:12.19	500m:	5:54.51	1:12.69	700m:	8:19.58	1:12.34
	200m:	2:16.75	1:11.44	400m:	4:41.82	1:12.88	600m:	7:07.24	1:12.73	800m:	9:29.24	1:09.66
6.	Seth van den Dool	Blue Marlins				9:56.56	200803809			9:34.90	+0,70	
	100m:	1:05.23	1:05.23	300m:	3:30.16	1:12.86	500m:	5:56.67	1:13.51	700m:	8:23.86	1:13.19
	200m:	2:17.30	1:12.07	400m:	4:43.16	1:13.00	600m:	7:10.67	1:14.00	800m:	9:34.90	1:11.04
7.	Thijmen Puijssers	Hieronymus				9:51.43	201000129			9:39.10	+0,68	
	100m:	1:05.96	1:05.96	300m:	3:31.42	1:13.20	500m:	6:00.56	1:14.66	700m:	8:29.04	1:13.77
	200m:	2:18.22	1:12.26	400m:	4:45.90	1:14.48	600m:	7:15.27	1:14.71	800m:	9:39.10	1:10.06
8.	Kay Remmerswaal	D.E.S.				10:36.48	200800671			10:37.48	+0,75	
	100m:	1:12.08	1:12.08	300m:	3:55.99	1:23.01	500m:	6:41.01	1:22.38	700m:	9:24.81	1:20.81
	200m:	2:32.98	1:20.90	400m:	5:18.63	1:22.64	600m:	8:04.00	1:22.99	800m:	10:37.48	1:12.67
9.	Casper Jacobs	Hoogstratens Zwem Team vzw				12:31.25	HOZT/11064/12			11:33.43	+0,67	
	100m:	1:19.74	1:19.74	300m:	4:17.88	1:29.62	500m:	7:18.44	1:30.11	700m:	10:06.62	1:19.57
	200m:	2:48.26	1:28.52	400m:	5:48.33	1:30.45	600m:	8:47.05	1:28.61	800m:	11:33.43	1:26.81
10.	Luc van Drunick	Noordwijkerhout				NT	201201659			12:37.30	+0,63	
	100m:	1:23.40	1:23.40	300m:	4:37.10	1:37.36	500m:	7:52.80	1:38.00	700m:	11:07.22	1:36.07
	200m:	2:59.74	1:36.34	400m:	6:14.80	1:37.70	600m:	9:31.15	1:38.35	800m:	12:37.30	1:30.08

Programmanr. 6
11-4-2025 - 15:02

Dames, 800m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Sophie Hoogervorst	Azc	10:28.31 201100252	10:23.93	+0,68
	100m: 1:12.98	1:12.98 300m: 3:49.17	1:17.99 500m: 6:29.00	1:20.74 700m: 9:07.77	1:19.37
	200m: 2:31.18	1:18.20 400m: 5:08.26	1:19.09 600m: 7:48.40	1:19.40 800m: 10:23.93	1:16.16
2.	Simone Brobbel	SG Hoeksche Waard	10:48.58 201200058	10:25.13	+0,80
	100m: 1:10.27	1:10.27 300m: 3:49.67	1:19.98 500m: 6:31.55	1:20.60 700m: 9:09.46	1:18.83
	200m: 2:29.69	1:19.42 400m: 5:10.95	1:21.28 600m: 7:50.63	1:19.08 800m: 10:25.13	1:15.67
3.	Fenne Hardeman	Hellas-Glana	11:36.23 201100244	10:56.85	+0,84
	100m: 1:19.81	1:19.81 300m: 4:06.83	1:23.17 500m: 6:53.97	1:23.10 700m: 9:39.42	1:22.20
	200m: 2:43.66	1:23.85 400m: 5:30.87	1:24.04 600m: 8:17.22	1:23.25 800m: 10:56.85	1:17.43
4.	Ilse Stout	ACZ	10:51.70 201001704	11:01.58	+0,73
	100m: 1:14.51	1:14.51 300m: 3:59.05	1:22.90 500m: 6:48.88	1:25.48 700m: 9:38.78	1:23.83
	200m: 2:36.15	1:21.64 400m: 5:23.40	1:24.35 600m: 8:14.95	1:26.07 800m: 11:01.58	1:22.80
5.	Anne Kük	Team Noord Holland (SG)	10:59.52 201101580	11:11.39	+0,78
	100m: 1:19.73	1:19.73 300m: 4:11.77	1:26.06 500m: 7:03.23	1:25.41 700m: 9:52.48	1:24.05
	200m: 2:45.71	1:25.98 400m: 5:37.82	1:26.05 600m: 8:28.43	1:25.20 800m: 11:11.39	1:18.91
6.	Tatum Vered	Blue Marlins	NT 201201322	11:21.60	+0,79
	100m: 1:22.20	1:22.20 300m: 4:18.65	1:28.20 500m: 7:11.81	1:26.13 700m: 9:59.63	1:23.49
	200m: 2:50.45	1:28.25 400m: 5:45.68	1:27.03 600m: 8:36.14	1:24.33 800m: 11:21.60	1:21.97
7.	Anne van Buren	ACZ	11:25.94 200903752	11:48.98	+0,77
	100m: 1:19.78	1:19.78 300m: 4:20.40	1:30.71 500m: 7:22.56	1:31.73 700m: 10:22.57	1:28.94
	200m: 2:49.69	1:29.91 400m: 5:50.83	1:30.43 600m: 8:53.63	1:31.07 800m: 11:48.98	1:26.41
8.	Clementine van Bruxvoort	Feijenoord Albion	14:29.37 197700138	15:21.21	+0,91
	100m: 1:43.11	1:43.11 300m: 5:32.11	1:55.96 500m: 9:28.63	1:58.49 700m: 13:26.45	1:58.69
	200m: 3:36.15	1:53.04 400m: 7:30.14	1:58.03 600m: 11:27.76	1:59.13 800m: 15:21.21	1:54.76
AFGEM	Floortje Bakker	Blue Marlins	11:59.09 201101124		

2 - zaterdag 12 april 2025

12-4-2025 - 12:45

Programmanr. 7
12-4-2025 - 12:45

Heren, 400m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Rens Noordover	Team Noord Holland (SG)	4:28.60 200800237	4:26.26	+0,66
	50m: 28.71	28.71 150m: 1:34.74	33.61 250m: 2:42.85	34.15 350m: 3:52.32	34.94
	100m: 1:01.13	32.42 200m: 2:08.70	33.96 300m: 3:17.38	34.53 400m: 4:26.26	33.94
2.	Thijmen Puijssers	Hieronymus	4:39.27 201000129	4:37.23	+0,70
	50m: 30.27	30.27 150m: 1:39.60	35.34 250m: 2:50.97	35.73 350m: 4:03.11	35.93
	100m: 1:04.26	33.99 200m: 2:15.24	35.64 300m: 3:27.18	36.21 400m: 4:37.23	34.12
3.	Ties Hesse	Team Noord Holland (SG)	4:28.88 200901015	4:37.49	+0,73
	50m: 29.90	29.90 150m: 1:40.20	35.86 250m: 2:52.44	36.01 350m: 4:04.90	35.87
	100m: 1:04.34	34.44 200m: 2:16.43	36.23 300m: 3:29.03	36.59 400m: 4:37.49	32.59
4.	Tren Wullms	Hellas-Glana	4:52.67 201000469	4:39.71	+0,65
	50m: 30.49	30.49 150m: 1:40.98	36.05 250m: 2:53.93	36.72 350m: 4:05.70	35.57
	100m: 1:04.93	34.44 200m: 2:17.21	36.23 300m: 3:30.13	36.20 400m: 4:39.71	34.01
5.	Seth van den Dool	Blue Marlins	4:48.14 200803809	4:45.33	+0,65
	50m: 29.99	29.99 150m: 1:41.26	36.49 250m: 2:54.76	36.60 350m: 4:08.60	36.65
	100m: 1:04.77	34.78 200m: 2:18.16	36.90 300m: 3:31.95	37.19 400m: 4:45.33	36.73
6.	Mees Janssen	Dsz	5:07.49 201102025	4:49.64	+0,68
	50m: 30.87	30.87 150m: 1:41.91	36.34 250m: 2:56.01	37.25 350m: 4:12.66	38.70
	100m: 1:05.57	34.70 200m: 2:18.76	36.85 300m: 3:33.96	37.95 400m: 4:49.64	36.98
7.	Berat Baykal	Psv	4:50.69 201003507	4:52.27	+0,73
	50m: 30.69	30.69 150m: 1:42.62	37.63 250m: 2:58.48	38.68 350m: 4:14.88	38.48
	100m: 1:04.99	34.30 200m: 2:19.80	37.18 300m: 3:36.40	37.92 400m: 4:52.27	37.39

Programmanr. 7, Heren, 400m vrije slag, 2012 en ouder

rang	naam	vereniging			intijd			tijd			RT	
8.	Thijs van Kints	BZ en PC			4:59.78			201101059			4:55.48	+0,79
	50m: 31.98	31.98	150m: 1:44.50	36.89	250m: 3:00.62	38.16	350m: 4:18.74	38.62				
	100m: 1:07.61	35.63	200m: 2:22.46	37.96	300m: 3:40.12	39.50	400m: 4:55.48	36.74				
9.	Fred Couvreur	Hoogstratens Zwem Team vzw			4:54.79			HOZT/11060/12			5:01.26	+0,57
	50m: 33.32	33.32	150m: 1:49.34	38.41	250m: 3:06.07	37.96	350m: 4:23.61	38.18				
	100m: 1:10.93	37.61	200m: 2:28.11	38.77	300m: 3:45.43	39.36	400m: 5:01.26	37.65				
10.	Kay Remmerswaal	D.E.S.			5:17.97			200800671			5:01.58	+0,74
	50m: 32.98	32.98	150m: 1:48.22	38.56	250m: 3:06.91	39.56	350m: 4:24.99	38.05				
	100m: 1:09.66	36.68	200m: 2:27.35	39.13	300m: 3:46.94	40.03	400m: 5:01.58	36.59				
11.	Kurt Feldmann	Blue Marlins			NT			201203089			5:09.33	+0,71
	50m: 33.17	33.17	150m: 1:51.72	40.10	250m: 3:12.24	40.63	350m: 4:32.11	39.83				
	100m: 1:11.62	38.45	200m: 2:31.61	39.89	300m: 3:52.28	40.04	400m: 5:09.33	37.22				
12.	Rufus Zorge	Sggo			5:15.74			201000443			5:14.59	+0,71
	50m: 33.34	33.34	150m: 1:51.85	39.80	250m: 3:13.64	40.77	350m: 4:36.47	40.87				
	100m: 1:12.05	38.71	200m: 2:32.87	41.02	300m: 3:55.60	41.96	400m: 5:14.59	38.12				
13.	Leo Pan	Psv			5:44.23			201100333			5:25.34	+0,65
	50m: 36.12	36.12	150m: 1:58.98	42.11	250m: 3:22.43	42.40	350m: 4:45.90	41.80				
	100m: 1:16.87	40.75	200m: 2:40.03	41.05	300m: 4:04.10	41.67	400m: 5:25.34	39.44				
14.	Jesse van 't Veer	Blue Marlins			6:03.23			201002831			5:30.00	+0,88
	50m: 36.66	36.66	150m: 2:00.28	41.75	250m: 3:24.89	42.69	350m: 4:50.35	42.67				
	100m: 1:18.53	41.87	200m: 2:42.20	41.92	300m: 4:07.68	42.79	400m: 5:30.00	39.65				
15.	Xavier Nelson	Team Noord Holland (SG)			5:25.43			201100987			5:30.20	+0,70
	50m: 34.35	34.35	150m: 1:54.00	40.47	250m: 3:19.46	43.47	350m: 4:48.39	44.87				
	100m: 1:13.53	39.18	200m: 2:35.99	41.99	300m: 4:03.52	44.06	400m: 5:30.20	41.81				
16.	Celestin van der Beek	Psv			5:32.99			201201183			5:32.23	+0,60
	50m: 36.30	36.30	150m: 2:03.62	43.70	250m: 3:29.20	42.23	350m: 4:53.91	41.86				
	100m: 1:19.92	43.62	200m: 2:46.97	43.35	300m: 4:12.05	42.85	400m: 5:32.23	38.32				
17.	Casper Jacobs	Hoogstratens Zwem Team vzw			5:40.76			HOZT/11064/12			5:43.41	+0,67
	50m: 39.19	39.19	150m: 2:06.93	42.98	250m: 3:32.99	42.04	350m: 5:01.18	42.90				
	100m: 1:23.95	44.76	200m: 2:50.95	44.02	300m: 4:18.28	45.29	400m: 5:43.41	42.23				
18.	Tygo Jongedijk	D.E.S.			NT			200804121			5:43.68	+0,67
	50m: 36.28	36.28	150m: 2:04.39	44.72	250m: 3:32.62	43.49	350m: 5:00.92	43.98				
	100m: 1:19.67	43.39	200m: 2:49.13	44.74	300m: 4:16.94	44.32	400m: 5:43.68	42.76				
19.	Dj Nobel	Sggo			5:31.77			200901539			5:49.37	+0,79
	50m: 37.11	37.11	150m: 2:06.93	46.55	250m: 3:36.60	44.48	350m: 5:08.36	45.40				
	100m: 1:20.38	43.27	200m: 2:52.12	45.19	300m: 4:22.96	46.36	400m: 5:49.37	41.01				
20.	Menno Lomans	Psv			5:53.42			196101071			5:50.23	+0,79
	50m: 38.69	38.69	150m: 2:07.06	44.70	250m: 3:37.03	44.77	350m: 5:08.22	45.92				
	100m: 1:22.36	43.67	200m: 2:52.26	45.20	300m: 4:22.30	45.27	400m: 5:50.23	42.01				
21.	Enrico Avella	De Columbiaan			6:19.24			201000727			6:01.48	+0,67
	50m: 35.60	35.60	150m: 2:05.74	46.76	250m: 3:40.56	47.31	350m: 5:16.20	47.61				
	100m: 1:18.98	43.38	200m: 2:53.25	47.51	300m: 4:28.59	48.03	400m: 6:01.48	45.28				
22.	Luke Meizel	Blue Marlins			NT			201102935			6:39.21	+0,63
	50m: 41.23	41.23	150m: 2:20.56	50.33	250m: 4:04.40	52.26	350m: 5:49.51	51.24				
	100m: 1:30.23	49.00	200m: 3:12.14	51.58	300m: 4:58.27	53.87	400m: 6:39.21	49.70				
NG.ZA	Felix Rademaker	Blue Marlins			5:44.17			200804057				
AFGEM	Revel Harmer	Blue Marlins			5:13.14			201103467				

Programmanr. 8
12-4-2025 - 13:04

Dames, 200m vrije slag

2012 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Angelique van Vark	GZC DONK	2:05.34 199701478	2:10.21	+0,66	30.00	1:02.71	1:36.65	2:10.21
2. Erin de Jong	GZC DONK	2:14.44 201000024	2:17.96	+0,79	31.12	1:06.34	1:42.26	2:17.96
3. Suuz Griekspoor	Noordwijkerhout	2:16.33 200901204	2:18.30	+0,73	31.21	1:06.20	1:42.60	2:18.30
4. Myrthe Stelten	Hellas-Glana	2:24.57 200900234	2:18.62	+0,74	32.13	1:07.24	1:43.40	2:18.62
5. Julia Dąbrowska	Blue Marlins	2:18.60 201000300	2:18.89	+0,80	30.31	1:05.74	1:42.34	2:18.89
6. Emma Stokmans	Psv	2:22.48 201004190	2:21.62	+0,71	31.15	1:06.90	1:44.18	2:21.62
7. Odenza Soselisa	Blue Marlins	2:24.63 201101780	2:21.67	+0,65	32.03	1:08.45	1:45.45	2:21.67
8. Patricia de Leu	Team Noord Holland (SG)	2:19.16 200900982	2:22.01	+0,67	31.60	1:07.51	1:45.48	2:22.01
9. Fanni Farkas	De Columbiaan	2:22.69 201100360	2:22.56	+0,71	31.06	1:06.33	1:45.22	2:22.56
10. Marre van der Wal	SG. Bolsward-Workum	2:20.65 201000046	2:22.85	+0,64	33.67	1:09.85	1:46.37	2:22.85
11. Simone Brobbel	SG Hoeksche Waard	2:23.48 201200058	2:24.23	+0,81	33.10	1:09.76	1:47.91	2:24.23
12. Sophie van Leent	Blue Marlins	2:24.55 200800522	2:25.49	+0,63	31.45	1:08.18	1:47.05	2:25.49
13. Meike van der Klugt	Wvz	2:30.26 201100808	2:26.12	+0,79	33.85	1:11.93	1:49.52	2:26.12
14. Julie Simonis	Hellas-Glana	2:27.68 201000144	2:26.76	+0,74	33.14	1:10.29	1:48.58	2:26.76
15. Vicky Horens	Hellas-Glana	2:34.67 201200252	2:27.08	+0,68	33.52	1:11.53	1:49.97	2:27.08
16. Esra Simon	Hellas-Glana	2:33.64 201100004	2:27.16	+0,76	34.65	1:12.76	1:50.71	2:27.16
17. Cynthia Koolman	Steenwijk 1934	2:29.35 200300232	2:27.28	+0,66	34.22	1:11.24	1:49.32	2:27.28
18. Aleyna Bakdemir	Blue Marlins	2:31.85 200804386	2:28.30	+0,71	33.33	1:11.11	1:49.97	2:28.30
19. Isus Verdysseldonk	Psv	2:28.32 201002878	2:29.06	+0,79	33.98	1:12.00	1:50.73	2:29.06
20. Charlotte Bakker	BZ en PC	2:44.72 201200524	2:31.25	+0,69	35.11	1:13.82	1:53.57	2:31.25
21. Tatum Vered	Blue Marlins	NT 201201322	2:32.30	+0,80	33.57	1:11.27	1:51.79	2:32.30
22. Fiene Quaak	De Ganze	2:31.97 201201142	2:34.81	+0,76	34.65	1:14.43	1:54.93	2:34.81
23. Floortje Bakker	Blue Marlins	2:37.93 201101124	2:35.38	+0,74	34.82	1:13.80	1:55.37	2:35.38
24. Hanna Advokaat	Psv	2:33.37 200901502	2:35.64	+0,88	35.33	1:14.52	1:54.76	2:35.64
25. Elise van der Wielen	Olympia	2:35.90 200700346	2:35.99	+0,75	36.19	1:16.64	1:57.46	2:35.99
26. Samantha Eagleton	Blue Marlins	2:37.55 201103862	2:36.10	+0,62	36.09	1:16.13	1:57.00	2:36.10
27. Anna Schuurman	SG. Bolsward-Workum	2:38.45 201000076	2:37.47	+0,80	36.15	1:16.12	1:56.60	2:37.47
28. Yara Fortes	Blue Marlins	2:53.08 201103030	2:38.84	+0,74	35.27	1:17.06	1:59.80	2:38.84
29. Jet Hogervorst	De Columbiaan	2:43.47 201200738	2:41.19	+0,57	36.84	1:17.79	1:59.86	2:41.19
30. Lotte Nies	Psv	2:41.27 200703856	2:42.22	+0,72	35.09	1:15.50	1:58.88	2:42.22
31. Jolie van Ark	Azc	2:46.07 201101644	2:43.80	+0,80	35.76	1:17.65	2:01.31	2:43.80
32. Annick Gorissen	Blue Marlins	2:35.83 201002248	2:44.73	+0,71	35.33	1:16.75	2:00.13	2:44.73
33. Sophie Verdult	De Krabben	2:46.75 201002564	2:46.05	+0,85	38.09	1:20.20	2:03.28	2:46.05
34. Ana Sophocleous-Reis	Blue Marlins	2:47.57 200903920	2:46.21	+0,84	38.41	1:21.75	2:04.68	2:46.21
35. Meike Maat	De Ganze	2:47.28 201102132	2:46.86	+0,78	36.99	1:20.12	2:04.16	2:46.86
36. Laila van der Heiden	Azc	2:41.43 200803338	2:47.87	+0,75	36.69	1:18.09	2:02.78	2:47.87
37. Gabriela Borges	Blue Marlins	NT 201201726	2:48.76	+0,48	37.71	1:20.55	2:04.90	2:48.76
38. Elise Pastorelli	Hieronymus	2:51.24 201103462	2:49.31	+1,02	38.77	1:21.78	2:05.83	2:49.31
39. Fenna Meuleman	Noordwijkerhout	2:56.26 201102866	2:51.77	+0,80	38.47	1:23.11	2:08.41	2:51.77
40. Nicole Janssen	D.E.S.	2:45.70 200502994	2:52.12	+0,75	37.93	1:22.24	2:08.30	2:52.12
41. Minke Oliva Bouman	Blue Marlins	2:36.30 201100104	2:53.18	+0,77	35.98	1:19.24	2:07.09	2:53.18
<i>BU 200m</i>								
42. Natasha Stewart	Blue Marlins	2:59.51 201201382	2:59.65	+0,76	41.48	1:27.82	2:14.38	2:59.65
43. Jente Parlevliet	Noordwijkerhout	3:03.58 201003900 S14	3:06.06	+0,80 290	40.72	1:27.39	2:18.23	3:06.06
44. Emma Karapetyan	Psv	3:21.37 201203076	3:14.18	+0,78	41.28	1:31.07	2:23.03	3:14.18
NG.ZA Mariia Kostina	Blue Marlins	2:19.62 201002042						
AFGEM Isa Renders	Psv	2:56.21 201201868						
AFGEM Chloé in 't Veen	Wvz	2:22.15 201100010						
AFGEM Eefje van Hinsbergen	Blue Marlins	2:29.09 201002252						

Programmanr. 9
12-4-2025 - 13:24

Heren, 100m rugslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
1.	Luka Geraerds	Hellas-Glana	1:04.47	200502077	1:02.70	+0,68	30.45	1:02.70
2.	Daan Hogerhuis	De Columbiaan	1:02.79	200300317	1:02.77	+0,69	30.60	1:02.77
3.	Ivo van Dijk	Blue Marlins	1:04.47	199702985	1:05.17	+0,62	30.45	1:05.17
4.	Janu Nolden	Blue Marlins	1:07.49	200600289	1:05.99	+0,68	31.84	1:05.99
5.	Duco de Gelder	Blue Marlins	1:09.72	201000217	1:06.28	+0,63	31.89	1:06.28
6.	Jasper Groen	ACZ	1:07.23	200602325	1:06.91	+0,63	31.32	1:06.91
7.	Aidan van der Stelt	Blue Marlins	1:07.94	200900901	1:07.29	+0,67	32.25	1:07.29
8.	Fabian Riedijk	Blue Marlins	1:11.10	200800603	1:07.43	+0,69	31.91	1:07.43
9.	Girish Nolden	Blue Marlins	1:11.69	201000087	1:09.76	+0,62	33.48	1:09.76
10.	Sven Helmers	Blue Marlins	1:09.13	200802765	1:09.77	+0,81	33.42	1:09.77
11.	Aiden Lips	Blue Marlins	1:11.66	200800951	1:10.52	+0,66	33.70	1:10.52
12.	Dax van den Nouland	Blue Marlins	1:12.56	201000071	1:12.35	+0,69	34.77	1:12.35
13.	Art Jin van der Ent	Blue Marlins	1:13.88	200903785	1:12.59	+0,68	36.22	1:12.59
14.	Kalle Blacquière	Psv	1:13.65	201003751	1:12.73	+0,58	34.30	1:12.73
15.	Lev Rudman	Blue Marlins	1:17.20	201102343	1:12.84	+0,69	34.20	1:12.84
16.	Tristan Fredema	Blue Marlins	1:17.08	200903699	1:13.17	+0,65	36.31	1:13.17
17.	Yahav Shalev	Psv	1:13.06	200902093	1:13.24	+0,58	35.41	1:13.24
18.	Yorre van der Wal	SG. Bolsward-Workum	1:12.61	201000017	1:13.84	+0,82	35.37	1:13.84
19.	Pepijn van Rijn	Psv	1:13.07	201100331	1:14.23	+0,66	36.38	1:14.23
20.	Kurt Feldmann	Blue Marlins	NT	201203089	1:15.87	+0,67	37.08	1:15.87
21.	Revel Harmer	Blue Marlins	1:19.58	201103467	1:16.14	+0,83	36.99	1:16.14
22.	Gijs van der Lee	Azc	1:13.92	201101237	1:17.39	+0,80	36.97	1:17.39
23.	Nout de Roo	Blue Marlins	NT	201103345	1:17.71	+0,67	36.72	1:17.71
24.	Maarten de Haas	Olympia	1:14.77	201100049	1:17.79	+0,58	37.72	1:17.79
25.	Nicolai Matla	Psv	1:27.47	200901031	1:18.66	+0,75	38.82	1:18.66
26.	Thijs Valkenburg	Wvz	1:18.57	201201511	1:19.01	+0,65	38.14	1:19.01
27.	Mads Blacquière	Psv	1:20.88	201103233	1:21.12	+0,60	38.41	1:21.12
28.	Anton Aichmayr	Blue Marlins	1:27.00	201002893	1:23.33	+0,84	39.72	1:23.33
29.	Luc van Drunick	Noordwijkerhout	1:28.37	201201659	1:24.48	+0,58	41.86	1:24.48
30.	Rick van Rijn	ZV Westland	1:26.88	201102961	1:25.56	+0,69	41.03	1:25.56
31.	Leo Pan	Psv	1:26.75	201100333	1:26.40	+0,64	41.21	1:26.40
32.	Lars Stelten	Hellas-Glana	1:30.78	201200151	1:27.50			1:27.50
100m is BU								
33.	Jamie Pollard	Blue Marlins	1:32.67	201103279	1:28.80	+0,68	42.41	1:28.80
34.	Luke Meizel	Blue Marlins	1:27.90	201102935	1:42.65	+0,71	49.81	1:42.65

Programmanr. 10
12-4-2025 - 13:34

Dames, 100m schoolslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
1.	Michelle van Hemert	Psv	1:15.71	200901200	1:16.37	+0,66	35.50	1:16.37
2.	Eva Ehlert	GZC DONK	1:16.86	201002026	1:20.90	+0,72	37.61	1:20.90
3.	Iris Boeters	Westland Swimming Stars	1:24.82	200900856	1:22.81	+0,62	38.97	1:22.81
4.	Floor Rombouts	Hoogstratens Zwem Team	1:23.04	HOZT/21051/09	1:24.09	+0,65	40.28	1:24.09
5.	Krista Bogaerts	Hoogstratens Zwem Team	1:22.71	HOZT/21077/08	1:25.96	+0,91	40.63	1:25.96
6.	Nina Tetteroo	De Columbiaan	1:29.74	201000048	1:26.88	+0,74	41.45	1:26.88
7.	Fenne Hardeman	Hellas-Glana	1:26.49	201100244	1:27.42	+0,85	41.93	1:27.42
8.	Carlijn Dezutter	Scheldestroom	1:24.80	201100770	1:27.80	+0,70	41.89	1:27.80
9.	Sara Creemers	Hellas-Glana	1:25.53	201100242	1:27.86	+0,72	41.92	1:27.86
10.	Suuz Griekspoor	Noordwijkerhout	1:23.04	200901204	1:28.00	+0,71	41.51	1:28.00
11.	Isa van der Sanden	Hieronimus	1:26.37	200904528	1:28.44	+0,85	41.97	1:28.44
12.	Sophie Hoogervorst	Azc	1:26.99	201100252	1:29.18	+0,69	41.51	1:29.18
13.	Hanna Advokaat	Psv	1:31.62	200901502	1:30.27	+0,83	42.69	1:30.27

Programmanr. 10, Dames, 100m schoolslag, 2012 en ouder

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
14.	K. Makhmadiyarova	Blue Marlins	1:35.74	201103178	1:31.02	+0,73	42.78	1:31.02
15.	Myrthe van der Linden	Westland Swimming Stars	1:32.71	200704838	1:31.24	+0,72	43.01	1:31.24
16.	Emma Beeloo	D.E.S.	1:31.81	200904516	1:31.45	+0,73	42.88	1:31.45
17.	Isus Verdyseldonk	Psv	1:31.76	201002878	1:31.94	+0,64	42.98	1:31.94
18.	Jessica Lerer	De Kempvis	1:42.53	201002354	1:34.12	+0,68	44.23	1:34.12
19.	Marina Petkovic	Psv	1:41.51	201102494	1:35.82	+0,80	44.88	1:35.82
20.	Liz van Antwerpen	Westland Swimming Stars	1:41.97	201002224	1:37.42	+0,71	46.31	1:37.42
21.	Berinda van Dijk	Blue Marlins	1:38.44	200104186	1:38.20	+0,84	45.80	1:38.20
22.	Gabriela Borges	Blue Marlins	1:39.58	201201726	1:38.25	+0,59	45.45	1:38.25
23.	Nicky Zhang	Blue Marlins	1:41.25	201003292	1:40.06	+0,70	45.18	1:40.06
24.	Vere van Klooster	Azc	NT	201002128	1:41.06	+0,68	47.47	1:41.06
25.	Demi van Antwerpen	Westland Swimming Stars	1:46.00	200704414	1:41.54	+0,71	47.82	1:41.54
26.	Esmeralda Elbers	Blue Marlins	1:53.33	200404888	2:00.17	+0,81	53.56	2:00.17
DIS	Elvira Rakels	Blue Marlins	1:43.21	201001238				

AA - De start ingezet voor het startsignaal (en wel gezwommen).

DIS Elin Riedijk Blue Marlins 1:25.27 201002056

SD - De bewegingen van de benen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.

Programmanr. 11
12-4-2025 - 13:43

Heren, 50m schoolslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Thom Delno	Vzc	29.94	200000013	30.22	+0,74
2.	Suraj Baladurage	Team Noord Holland (SG)	33.37	200801291	31.38	+0,66
3.	Art Jin van der Ent	Blue Marlins	35.69	200903785	34.05	+0,71
4.	Ties Lakke	ACZ	32.76	200703517	34.99	+0,69
5.	Thijmen Pruijssers	Hieronymus	36.15	201000129	35.49	+0,68
6.	Yahav Shalev	Psv	35.39	200902093	35.51	+0,81
7.	Ivo van Dijk	Blue Marlins	33.47	199702985	36.50	+0,69
8.	Thijs Bijman	Niemo Barracuda	37.49	200901111	37.12	+0,78
9.	Mees van der Burg	Olympia	36.22	200900515	37.18	+0,68
10.	Hamza Rakaan	Blue Marlins	39.55	201003527	37.27	+0,74
11.	Jelmer Kruijt	Olympia	36.90	200900525	37.42	+0,61
12.	Daan de Jong	Westland Swimming Stars	38.87	200702037	37.68	+0,57
13.	Mahdi Jaghori	Dsz	37.17	201003745	37.93	+0,66
14.	Roan Klink	Sggo	36.07	200800293	38.43	+0,69
15.	Torin Macaulay-rogeron	Blue Marlins	41.90	201102805	40.16	+0,66
16.	Marcel Koziol	Noordwijkerhout	42.70	200803265	40.95	+0,65
17.	Tim van Ek	Psv	42.63	201100737	41.61	+0,74
18.	Rufus Zorge	Sggo	40.80	201000443	42.13	+0,76
19.	Jesse van 't Veer	Blue Marlins	46.24	201002831	42.56	+0,87
20.	Niels Bootsma	Azc	40.66	201002919	42.71	+0,80
21.	Anton Aichmayr	Blue Marlins	43.88	201002893	43.86	+0,77
22.	Dj Nobel	Sggo	42.95	200901539	44.15	+0,78
23.	Stein van der Kouwe	Azc	50.32	201202169	52.36	+0,71

Programmanr. 12
12-4-2025 - 13:47

Dames, 50m rugslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT	
1.	Tereza Boom	Psv	31.06	200904028	31.26	+0,53	
2.	Myrthe Stelten 50m is BU	Hellas-Glana	33.59	200900234	32.45	+0,65	
3.	Zuzanna Kowalczyk	Psv	34.54	200503860	33.88	+0,66	
4.	Romy de Graaf	Hellas-Glana	34.36	201003660	33.98	+0,71	
5.	Krista Bogaerts	Hoogstratens Zwem Team vzw	34.51	HOZT/21077/08	34.22	+0,73	
6.	Alisha Vieira	Blue Marlins	33.41	199904554	34.44	+0,65	
7.	Sophie van Leent	Blue Marlins	37.07	200800522	35.19	+0,73	
8.	Nadia Armani	Hellas-Glana	35.06	200305598	35.34	+0,65	
9.	Roos van Esch	ACZ	34.67	198200468	35.70	+0,78	
10.	Eva Ehler	GZC DONK	34.46	201002026	35.73	+0,56	
11.	Julia de Graaf	Team Noord Holland (SG)	33.91	201100210	36.04	+0,78	
12.	Meike van der Klugt	Wvz	36.22	201100808	36.32	+0,75	
13.	Fiene Quaak	De Ganze	40.16	201201142	36.66	+0,74	
14.	Julie Simonis	Hellas-Glana	36.16	201000144	36.67	+0,89	
15.	Manou Longayroux	Blue Marlins	37.71	201000580	36.78	+0,67	
16.	Mirjan den Drijver	Westland Swimming Stars	37.28	197500884	36.81	+0,79	
17.	Tatum Vered	Blue Marlins	39.50	201201322	37.46	+0,77	
18.	Fleur Buijs	Hieronimus	39.19	201100676	37.73	+0,65	
19.	Samantha Eagleton	Blue Marlins	39.85	201103862	38.62	+0,66	
20.	Kamila Makhmadiyarova	Blue Marlins	38.82	201103178	38.88	+0,82	
21.	Aleyna Bakdemir	Blue Marlins	41.33	200804386	39.02	+1,50	
22.	Jolie van Ark	Azc	39.34	201101644	39.06	+0,84	
23.	Yara Fortes	Blue Marlins	39.44	201103030	39.33	+0,75	
24.	Marina Petkovic	Psv	40.76	201102494	40.08	+0,73	
25.	Ana Sophocleous-Reis	Blue Marlins	41.20	200903920	41.12	+0,78	
26.	Floortje Bakker	Blue Marlins	43.54	201101124	41.27	+0,83	
27.	Milou Bellekom	Westland Swimming Stars	41.46	201101506	42.36	+0,58	
28.	Jente Parlevliet	Noordwijkerhout	43.49	201003900	44.87	+0,72	337
29.	Laila van der Heiden	Azc	43.33	200803338	44.94	+0,66	
30.	Emma Karapetyan	Psv	48.69	201203076	46.78	+0,84	
DIS	Nicky Zhang	Blue Marlins	46.76	201003292			
AA - De start ingezet voor het startsignaal (en wel gezwommen).							
AFGEM	Isa Renders	Psv	42.84	201201868			

Programmanr. 13
12-4-2025 - 13:52

Heren, 200m vlinderslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
1.	Milco Matla	Psv	2:13.64	200600555	2:16.59	+0,74	29.91	1:04.93	1:40.78	2:16.59
2.	Wanne van Geest	ACZ	2:22.87	200901425	2:28.47	+0,74	30.07	1:07.36	1:47.59	2:28.47
3.	Luka Geraerds	Hellas-Glana	2:28.84	200502077	2:32.58	+0,80	32.59	1:11.04	1:51.24	2:32.58
4.	Nicolai Matla	Psv	2:52.03	200901031	2:44.18	+0,67	34.27	1:14.94	1:58.52	2:44.18
DIS	A. van der Maaten	Blue Marlins	2:30.67	200903251						
AA - De start ingezet voor het startsignaal (en wel gezwommen)., VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.										



Programmanr. 14
12-4-2025 - 13:56

Heren, 100m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
1.	Menno Wieringa	ACZ	52.51	200500927	54.25	+0,70	25.98	54.25
2.	Saviël Armand	ACZ	55.27	200204461	54.57	+0,65	25.50	54.57
3.	Daan Hogerhuis	De Columbiaan	53.46	200300317	54.65	+0,71	26.50	54.65
4.	Suraj Baladurage	Team Noord Holland (SG)	55.96	200801291	55.63	+0,65	27.08	55.63
5.	Stijn Saelmans	Hellas-Glana	55.90	200700373	55.91	+0,68	26.46	55.91
6.	Rens Noordover	Team Noord Holland (SG)	55.83	200800237	55.99	+0,67	27.09	55.99
7.	Timo Kaanen	Hellas-Glana	56.35	200500053	56.48	+0,71	27.89	56.48
8.	Duco de Gelder	Blue Marlins	1:00.24	201000217	56.82	+0,70	27.24	56.82
9.	Pim Hardeman	Hellas-Glana	58.05	200600499	57.02	+0,75	28.01	57.02
10.	Paolo del Villar	Psv	55.13	200504559	57.46	+0,59	27.34	57.46
11.	Ties Hesse	Team Noord Holland (SG)	57.44	200901015	58.45	+0,70	28.38	58.45
12.	Doran Paap	ZV Westland	1:00.33	200000301	58.54	+0,64	27.72	58.54
13.	Aidan van der Stelt	Blue Marlins	1:02.04	200900901	58.73	+0,65	28.53	58.73
14.	Sven Helmers	Blue Marlins	59.36	200802765	59.69	+0,63	28.90	59.69
15.	Aiden Lips	Blue Marlins	1:01.16	200800951	1:00.06	+0,71	28.31	1:00.06
16.	Janu Nolden	Blue Marlins	57.45	200600289	1:00.49	+0,68	29.12	1:00.49
17.	Tren Wullms	Hellas-Glana	1:01.26	201000469	1:00.72	+0,69	29.20	1:00.72
18.	Berat Baykal	Psv	1:01.41	201003507	1:00.73	+1,20	29.36	1:00.73
19.	Luca de Vries	Team Noord Holland (SG)	58.35	200902787	1:00.91	+0,73	28.89	1:00.91
20.	Emin Karadeniz	Wvz	1:01.38	200804047	1:01.01	+0,72	28.71	1:01.01
21.	Fabian Riedijk	Blue Marlins	58.47	200800603	1:01.05	+0,69	28.92	1:01.05
22.	Esh Nolden	Blue Marlins	1:02.92	200800145	1:01.67	+0,60	30.56	1:01.67
23.	Jelmer Kruijt	Olympia	59.80	200900525	1:01.71	+0,66	29.27	1:01.71
24.	David Grinwis	Sggo	1:04.99	200801965	1:03.13	+0,67	30.74	1:03.13
25.	Roan Klink	Sggo	1:02.23	200800293	1:03.27	+0,68	31.02	1:03.27
26.	Thijs van Kints	BZ en PC	1:04.44	201101059	1:03.57	+0,76	30.97	1:03.57
27.	Nout de Roo	Blue Marlins	1:05.75	201103345	1:03.76	+0,65	30.71	1:03.76
28.	Daan de Jong	Westland Swimming Stars	1:02.86	200702037	1:04.68	+0,61	30.99	1:04.68
29.	Xavier Nelson	Team Noord Holland (SG)	1:04.12	201100987	1:04.78	+0,68	31.39	1:04.78
30.	Mahdi Jaghori	Dsz	1:07.98	201003745	1:04.98	+0,62	30.70	1:04.98
31.	Luka Pantelic	ACZ	1:06.57	200903023	1:05.43	+0,78	31.05	1:05.43
32.	Marcel Koziol	Noordwijkerhout	1:06.90	200803265	1:05.62	+0,65	30.99	1:05.62
33.	Gijs van der Lee	Azc	1:04.57	201101237	1:05.81	+0,73	31.48	1:05.81
34.	Mees van der Burg	Olympia	1:05.92	200900515	1:06.95	+0,66	31.97	1:06.95
35.	Levi Hesse	Team Noord Holland (SG)	1:05.59	201100145	1:07.31	+0,75	32.70	1:07.31
36.	Fred Couvreur	Hoogstratens Zwem Team	1:07.15	HOZT/11060/12	1:08.51	+0,75	32.86	1:08.51
37.	Maarten de Haas	Olympia	1:08.79	201100049	1:09.01	+0,71	32.46	1:09.01
38.	Thijs Valkenburg	Wvz	1:15.51	201201511	1:09.25	+0,61	33.23	1:09.25
39.	Kurt Feldmann	Blue Marlins	NT	201203089	1:09.59	+0,76	33.34	1:09.59
40.	Casper Jacobs	Hoogstratens Zwem Team	1:09.10	HOZT/11064/12	1:10.14	+0,68	32.75	1:10.14
41.	Jesse van 't Veer	Blue Marlins	1:13.11	201002831	1:10.88	+0,80	34.58	1:10.88
42.	Dj Nobel	Sggo	1:07.87	200901539	1:11.18	+0,75	33.37	1:11.18
43.	Darius Stamati	Blue Marlins	NT	201003847	1:12.52	+0,90	34.33	1:12.52
44.	Jamie Pollard	Blue Marlins	1:20.06	201103279	1:13.09	+0,74	34.53	1:13.09
45.	Tim van Ek	Psv	1:11.00	201100737	1:13.28	+0,76	34.52	1:13.28
46.	Celestin van der Beek	Psv	1:14.98	201201183	1:14.60	+0,63	35.05	1:14.60
47.	Niels Bootsma	Azc	1:12.16	201002919	1:15.92	+0,81	35.84	1:15.92
48.	E. Macaulay-Rogerson	Blue Marlins	1:26.65	201202577	1:21.34	+0,73	37.64	1:21.34
49.	Stein van der Kouwe	Azc	1:35.67	201202169	1:39.57	+0,98	45.18	1:39.57
DIS	Wanja Chepenko	ACZ	1:02.10	201102065				

AA - De start ingezet voor het startsignaal (en wel gezwommen).

AFGEM	Revel Harmer	Blue Marlins	1:13.80	201103467
AFGEM	D. Togores Rodriguez	Blue Marlins	53.37	199705681

Programmanr. 15
12-4-2025 - 14:08

Dames, 50m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Kinley Cole	Psv	27.66	200903696	28.41 +0,64
2.	Iris Boeters	Westland Swimming Stars	29.06	200900856	28.85 +0,64
3.	Merel Bijl	Feijenoord Albion	28.63	200900762	29.10 +0,75
4.	Noa Bijl	Feijenoord Albion	29.26	200603586	29.11 +0,64
5.	Julia Dąbrowska	Blue Marlins	28.51	201000300	29.15 +0,75
6.	Kyona Steffe	Blue Marlins	28.73	200702004	29.35 +0,75
	Alisha Vieira	Blue Marlins	28.54	199904554	29.35 +0,67
8.	Erin de Jong	GZC DONK	29.02	201000024	29.37 +0,79
	Fanni Farkas	De Columbiaan	29.07	201100360	29.37 +0,69
10.	Emma Buchsbaum	Blue Marlins	28.86	200505472	29.39 +0,72
11.	Zuzanna Kowalczyk	Psv	29.70	200503860	29.98 +0,74
12.	Nadia Armani	Hellas-Glana	30.72	200305598	30.20 +0,69
13.	Elvira Rakels	Blue Marlins	30.29	201001238	30.32 +0,59
14.	Simone Brobbel	SG Hoeksche Waard	30.18	201200058	30.56 +0,72
15.	Romy de Graaf	Hellas-Glana	30.81	201003660	30.67 +0,69
16.	Charlotte Bakker	BZ en PC	30.93	201200524	30.76 +0,65
17.	Eefje van Hinsbergen	Blue Marlins	30.91	201002252	30.93 +0,64
18.	Annick Gorissen	Blue Marlins	31.17	201002248	31.20 +0,77
19.	Nina Tetteroo	De Columbiaan	31.27	201000048	31.32 +0,76
20.	Julia de Graaf	Team Noord Holland (SG)	30.27	201100210	31.41 +0,78
21.	Lotte Nies	Psv	31.86	200703856	31.65 +0,80
22.	Minke Oliva Bouman	Blue Marlins	29.80	201100104	31.85 +0,75
50m is BU					
23.	Jessica Lerer	De Kempvis	31.31	201002354	31.95 +0,63
24.	Elise van der Wielen	Olympia	31.77	200700346	32.14 +0,75
25.	Liz van Antwerpen	Westland Swimming Stars	32.62	201002224	32.26 +0,75
26.	Fenna Hölsgens	Hellas-Glana	31.69	201000276	32.39 +0,66
27.	Isus Verdysseldonk	Psv	31.75	201002878	32.43 +0,78
28.	Sophie Hoogervorst	Azc	31.72	201100252	32.52 +0,67
29.	Annedieke Scholte	Blue Marlins	28.72	200701110	32.55 +0,73
30.	Gabriela Borges	Blue Marlins	32.29	201201726	32.60 +0,57
31.	Fiene Quaak	De Ganze	37.89	201201142	32.69 +0,77
32.	Tessa Hartman	Westland Swimming Stars	33.26	201002430	32.81 +0,64
33.	Cynthia Koolman	Steenwijk 1934	32.71	200300232	32.94 +0,64
34.	Marina Petkovic	Psv	35.66	201102494	33.12 +0,80
35.	Vere van Klooster	Azc	32.83	201002128	33.32 +0,68
36.	Emma Beeloo	D.E.S.	34.81	200904516	33.38 +0,75
37.	Meike Maat	De Ganze	36.09	201102132	33.44 +0,74
38.	Myrthe van der Linden	Westland Swimming Stars	32.25	200704838	33.76 +0,73
39.	Jet Hogervorst	De Columbiaan	34.02	201200738	34.07 +0,65
40.	Fenna Meuleman	Noordwijkerhout	35.06	201102866	34.12 +0,77
41.	Hanna Advokaat	Psv	32.38	200901502	34.26 +0,84
42.	Ana Sophocleous-Reis	Blue Marlins	33.05	200903920	34.32 +0,80
43.	Laila van der Heiden	Azc	33.98	200803338	34.46 +0,76
44.	Demi van Antwerpen	Westland Swimming Stars	35.08	200704414	35.07 +0,69
45.	Jente Parlevliet	Noordwijkerhout	39.47	201003900	36.69 +0,75
46.	Natasha Stewart	Blue Marlins	36.90	201201382	37.56 +0,81
47.	Esmeralda Elbers	Blue Marlins	37.35	200404888	38.61 +0,72
48.	Nicky Zhang	Blue Marlins	37.56	201003292	38.66 +0,68
49.	Emma Karapetyan	Psv	45.35	201203076	41.37 +0,76
DIS	Milou Bellekom	Westland Swimming Stars	39.96	201101506	+0,57
AA - De start ingezet voor het startsignaal (en wel gezwommen).					
AFGEM	Isa Renders	Psv	37.14	201201868	

Programmanr. 16
12-4-2025 - 14:16

Heren, 200m schoolslag

2012 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Hessel de Jong	ACZ	2:32.04 200602753	2:34.57	+0,65	34.09	1:12.55	1:52.88	2:34.57
2. Jasper Groen	ACZ	2:37.49 200602325	2:37.81	+0,68	35.01	1:15.13	1:57.04	2:37.81
3. Thijmen Puijssers	Hieronymus	2:50.88 201000129	2:50.75	+0,71	37.84	1:21.92	2:07.18	2:50.75
4. Nicolai Matla	Psv	2:51.47 200901031	2:52.23	+0,67	38.82	1:22.47	2:07.54	2:52.23
5. Luka Pantelic	ACZ	2:49.39 200903023	2:57.54	+0,85	40.77	1:26.60	2:13.31	2:57.54
6. Sven Buijs	Hieronymus	2:52.15 200902853	2:58.39	+0,69	39.44	1:25.83	2:12.40	2:58.39
7. Thijs Bijman	Niemo Barracuda	3:02.44 200901111	2:59.72	+0,74	41.21	1:27.13	2:13.99	2:59.72
8. Yorre van der Wal	SG. Bolsward-Workum	2:58.50 201000017	3:00.24	+0,80	39.66	1:25.66	2:13.04	3:00.24
9. Mads Blacqui�re	Psv	3:07.55 201103233	3:08.54	+0,64	44.03	1:32.19	2:20.76	3:08.54
10. Nout de Roo	Blue Marlins	NT 201103345	3:08.91	+0,65	43.44	1:32.55	2:22.04	3:08.91
11. T. Macaulay-rogerson	Blue Marlins	NT 201102805	3:10.72	+0,66	44.70	1:33.86	2:22.96	3:10.72
12. O. Caffaggi	Blue Marlins	NT 201203059	3:10.80	+0,71	43.61	1:33.15	2:22.66	3:10.80
13. Kurt Feldmann	Blue Marlins	NT 201203089	3:11.94	+0,78	44.31	1:33.92	2:23.47	3:11.94
14. Mees van der Burg	Olympia	3:08.08 200900515	3:13.07	+0,67	41.86	1:31.10	2:22.31	3:13.07
15. Rufus Zorge	Sggo	3:19.60 201000443	3:14.38	+0,76	43.44	1:32.86	2:23.37	3:14.38
16. Luc van Druinck	Noordwijkerhout	3:24.23 201201659	3:17.32	+0,69	45.32	1:35.55	2:26.82	3:17.32
17. Lars Stelten	Hellas-Glana	3:03.89 201200151	3:19.98	+0,61	47.03	1:38.62	2:30.10	3:19.98
18. Pepijn van Rijn	Psv	3:20.36 201100331	3:26.22	+0,72	44.99	1:37.12	2:31.18	3:26.22
DIS Yahav Shalev	Psv	2:50.15 200902093						

SD - De bewegingen van de benen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.

Programmanr. 17
12-4-2025 - 14:28

Dames, 200m rugslag

2012 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Myrthe Stelten	Hellas-Glana	2:32.01 200900234	2:29.25	+0,67	34.96	1:12.71	1:50.99	2:29.25
2. Angelique van Vark	GZC DONK	2:23.89 199701478	2:31.06	+0,74	34.48	1:12.86	1:52.99	2:31.06
3. Annedieke Scholte	Blue Marlins	2:42.46 200701110	2:36.40	+0,65	35.70	1:14.62	1:55.68	2:36.40
4. Elin Riedijk	Blue Marlins	2:42.17 201002056	2:37.93	+0,71	37.57	1:17.90	1:58.75	2:37.93
5. Sara Creemers	Hellas-Glana	2:40.96 201100242	2:40.14	+0,61	38.04	1:18.80	2:00.26	2:40.14
6. Emma Stokmans	Psv	NT 201004190	2:42.39	+0,66	38.64	1:20.31	2:02.05	2:42.39
7. Sophie van Leent	Blue Marlins	NT 200800522	2:44.56	+0,73	38.57	1:20.12	2:02.91	2:44.56
8. Nina Tettersoo	De Columbiaan	2:46.59 201000048	2:45.24	+0,80	39.33	1:21.32	2:03.55	2:45.24
9. Vicky Horens	Hellas-Glana	2:49.19 201200252	2:47.08	+0,58	38.13	1:21.00	2:05.65	2:47.08
10. Fenne Hardeman	Hellas-Glana	2:51.68 201100244	2:48.39	+0,67	41.13	1:24.01	2:06.40	2:48.39
11. Fleur Buijs	Hieronymus	2:45.64 201100676	2:49.49	+0,65	39.56	1:22.73	2:06.74	2:49.49
12. Julie Simonis	Hellas-Glana	2:49.34 201000144	2:52.05	+0,95	39.36	1:22.40	2:07.19	2:52.05
13. Anna Schuurman	SG. Bolsward-Workum	2:57.44 201000076	2:54.38	+0,74	40.73	1:24.87	2:09.88	2:54.38
14. Jessica Lerer	De Kempvis	3:11.25 201002354	2:56.61	+0,61	40.47	1:25.92	2:13.01	2:56.61
15. Manou Longayroux	Blue Marlins	2:42.67 201000580	2:57.93	+0,74	40.49	1:24.17	2:10.10	2:57.93
16. Berinda van Dijk	Blue Marlins	2:57.46 200104186	2:58.26	+0,75	41.67	1:27.48	2:14.21	2:58.26
17. Jolie van Ark	Azc	NT 201101644	3:00.34	+0,74	41.60	1:27.94	2:15.01	3:00.34
18. Sophie Verdult	De Krabben	2:50.88 201002564	3:00.49	+0,72	43.14	1:28.93	2:15.73	3:00.49
19. Floortje Bakker	Blue Marlins	NT 201101124	3:08.43	+0,83	43.66	1:31.08	2:20.24	3:08.43

Programmanr. 18
12-4-2025 - 14:39

Heren, 50m vlinderslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Thomas Verhoeven	Feijenoord Albion	23.20	199700311	23.47 +0,62
2.	Saviël Armand	ACZ	26.78	200204461	26.05 +0,65
3.	Daan Hogerhuis	De Columbiaan	27.01	200300317	26.61 +0,73
4.	Menno Wieringa	ACZ	27.16	200500927	26.92 +0,69
5.	Suraj Baladurage	Team Noord Holland (SG)	27.81	200801291	27.08 +0,67
6.	Stijn Saelmans	Hellas-Glana	27.27	200700373	27.18 +0,68
7.	Timo Kaanen	Hellas-Glana	26.54	200500053	27.23 +0,72
8.	Ties Lakke	ACZ	27.87	200703517	27.49 +0,68
9.	Pim Hardeman	Hellas-Glana	27.33	200600499	27.56 +0,73
10.	Ivo van Dijck	Blue Marlins	NT	199702985	28.75 +0,69
11.	Duco de Gelder	Blue Marlins	31.77	201000217	28.99 +0,68
12.	Sven Helmers	Blue Marlins	29.00	200802765	29.11 +0,63
13.	Luca de Vries	Team Noord Holland (SG)	29.34	200902787	29.49 +0,72
14.	Girish Nolden	Blue Marlins	29.82	201000087	29.90 +0,69
15.	Aiden Lips	Blue Marlins	30.41	200800951	30.07 +0,71
16.	Emin Karadeniz	Wvz	30.19	200804047	30.30 +0,70
17.	Jelmer Kruijt	Olympia	29.75	200900525	30.58 +0,61
18.	Roan Klink	Sggo	30.10	200800293	30.62 +0,68
19.	Esh Nolden	Blue Marlins	33.89	200800145	31.16 +0,61
20.	Daan de Jong	Westland Swimming Stars	30.54	200702037	31.38 +0,59
21.	Leo Pan	Psv	35.26	201100333	31.52 +0,72
22.	Mahdi Jaghori	Dsz	33.00	201003745	32.54 +0,64
23.	David Grinwis	Sggo	33.03	200801965	33.36 +0,69
24.	Marcel Koziol	Noordwijkerhout	33.53	200803265	33.66 +0,64
25.	Torin Macaulay-rogerson	Blue Marlins	34.94	201102805	33.72 +0,65
26.	Rufus Zorge	Sggo	33.76	201000443	33.73 +0,76
27.	Darius Stamati	Blue Marlins	NT	201003847	34.17 +0,90
28.	Enrico Avella	De Columbiaan	36.96	201000727	35.03 +0,69
29.	Maarten de Haas	Olympia	34.44	201100049	37.07 +0,69
30.	Yorre van der Wal	SG. Bolsward-Workum	36.21	201000017	38.12 +0,76
31.	Luke Meizel	Blue Marlins	38.23	201102935	42.91 +0,60
AFGEM	D. Togores Rodriguez	Blue Marlins	25.42	199705681	

Programmanr. 19
12-4-2025 - 14:44

Dames, 100m vlinderslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
1.	Esra Simon	Hellas-Glana	1:15.07	201100004	1:11.09 +0,78	33.35	1:11.09
2.	Manou Longayroux	Blue Marlins	1:13.05	201000580	1:12.55 +0,73	34.10	1:12.55
3.	Kyona Steffe	Blue Marlins	NT	200702004	1:12.60 +0,75	33.08	1:12.60
4.	Eva Ehlert	GZC DONK	1:12.56	201002026	1:14.50 +0,71	32.62	1:14.50
5.	Fanni Farkas	De Columbiaan	1:11.90	201100360	1:14.55 +0,68	33.47	1:14.55
6.	Simone Brobbel	SG Hoeksche Waard	1:13.29	201200058	1:14.60 +0,78	34.59	1:14.60
7.	Suuz Griekspoor	Noordwijkerhout	1:14.76	200901204	1:15.30 +0,73	34.09	1:15.30
8.	Zuzanna Kowalczyk	Psv	1:17.23	200503860	1:16.27 +0,73	34.81	1:16.27
9.	Marre van der Wal	SG. Bolsward-Workum	1:16.62	201000046	1:16.73 +0,68	34.57	1:16.73
10.	Floor Rombouts	Hoogstratens Zwem Team	1:18.62	HOZT/21051/09	1:18.72 +0,65	37.68	1:18.72
11.	K. Makhmadiyarova	Blue Marlins	1:18.22	201103178	1:18.91 +0,80	35.72	1:18.91
12.	Krista Bogaerts	Hoogstratens Zwem Team	1:22.23	HOZT/21077/08	1:19.74 +0,78	36.28	1:19.74
13.	Mirjan den Drijver	Westland Swimming Stars	1:21.82	197500884	1:20.15 +0,84	36.16	1:20.15
14.	Carlijn Dezutter	Scheldestroom	1:18.85	201100770	1:20.44 +0,77	36.44	1:20.44
15.	Samantha Eagleton	Blue Marlins	1:20.10	201103862	1:21.04 +0,50	37.38	1:21.04
16.	Isa van der Sanden	Hieronimus	1:29.04	200904528	1:22.01 +0,81	37.51	1:22.01
17.	Meike van der Klugt	Wvz	1:23.25	201100808	1:25.18 +0,82	37.63	1:25.18

Programmanr. 19, Dames, 100m vlinderslag, 2012 en ouder

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
18.	Elise van der Wielen	Olympia	1:22.26	200700346	1:25.19	+0,75	40.05	1:25.19
19.	Yara Fortes	Blue Marlins	NT	201103030	1:26.57	+0,73	36.85	1:26.57
20.	Minke Oliva Bouman	Blue Marlins	1:18.21	201100104	1:29.18	+0,79	38.53	1:29.18
21.	Fenna Hölsgens	Hellas-Glana	1:28.52	201000276	1:31.86	+0,68	40.67	1:31.86
22.	Fenna Meuleman	Noordwijkerhout	1:29.98	201102866	1:32.30	+0,71	42.14	1:32.30
23.	Tatum Vered	Blue Marlins	1:32.92	201201322	1:33.55	+0,77	42.30	1:33.55
24.	Cynthia Koolman	Steenwijk 1934	1:42.85	200300232	1:34.28	+0,65	44.41	1:34.28
25.	Tessa Hartman	Westland Swimming Stars	1:30.83	201002430	1:34.93	+0,72	41.89	1:34.93
26.	Milou Bellekom	Westland Swimming Stars	NT	201101506	1:38.09	+0,72	44.06	1:38.09
27.	Elise Pastorelli	Hieronymus	NT	201103462	1:38.52	+0,95	45.03	1:38.52
28.	Myrthe van der Linden	Westland Swimming Stars	1:34.15	200704838	1:38.67	+0,71	41.82	1:38.67
29.	Sophie Hoogervorst	Azc	1:29.36	201100252	1:39.88	+0,64	47.09	1:39.88
DIS	Nicole Janssen	D.E.S.	1:30.53	200502994	+0,73			
VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.								
DIS	Meike Maat	De Ganze	1:26.89	201102132				
VD - Schoolslagbenen gezwommen.								
G.ZA	Mariia Kostina	Blue Marlins	1:11.00	201002042				
GEM	Chloé in 't Veen	Wvz	1:12.03	201100010				

**Programmanr. 20
12-4-2025 - 14:54**
Heren, 200m wisselslag
**2012 en ouder
Resultaten**

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
1.	Paolo del Villar	Psv	2:16.34	200504559	2:24.11	+0,61	29.69	1:07.52	1:49.44	2:24.11
2.	A. van der Maaten	Blue Marlins	2:30.99	200903251	2:27.11	+0,63	29.98	1:09.43	1:53.44	2:27.11
3.	Milco Matla	Psv	2:26.18	200600555	2:27.74	+0,76	29.67	1:09.88	1:54.88	2:27.74
4.	Dax van den Noulant	Blue Marlins	2:30.42	201000071	2:31.04	+0,68	33.70	1:12.98	1:57.51	2:31.04
5.	Tristan Fredema	Blue Marlins	2:32.27	200903699	2:31.17	+0,66	33.02	1:15.76	1:55.93	2:31.17
6.	Berat Baykal	Psv	2:58.73	201003507	2:33.10	+0,72	33.23	1:12.75	1:58.28	2:33.10
7.	Oden Hankins	Blue Marlins	2:32.68	200902301	2:34.23	+0,73	32.59	1:13.07	1:57.84	2:34.23
8.	Art Jin van der Ent	Blue Marlins	2:34.69	200903785	2:35.03	+0,67	32.50	1:14.05	2:00.26	2:35.03
9.	Mees Janssen	Dsz	2:43.92	201102025	2:36.45	+0,65	32.59	1:12.84	2:01.75	2:36.45
10.	Lev Rudman	Blue Marlins	2:43.32	201102343	2:37.19	+0,68	30.54	1:11.60	2:00.22	2:37.19
11.	Tren Wullms	Hellas-Glana	2:40.22	201000469	2:38.96	+0,67	34.78	1:17.75	2:05.35	2:38.96
12.	Kalle Blacquièr	Psv	2:40.04	201003751	2:39.01	+0,58	33.12	1:14.10	2:02.26	2:39.01
13.	Fred Couvreur	Hoogstratens Zwem Tea	2:38.11	HOZT/11060/12	2:39.99	+0,75	34.50	1:15.59	2:02.05	2:39.99
14.	Wanja Chepenko	ACZ	2:49.67	201102065	2:44.02	+0,69	34.73	1:19.86	2:09.80	2:44.02
15.	Nout de Roo	Blue Marlins	NT	201103345	2:45.14	+0,69	35.74	1:20.60	2:09.64	2:45.14
16.	Kurt Feldmann	Blue Marlins	NT	201203089	2:45.33	+0,74	36.59	1:18.98	2:09.29	2:45.33
17.	Xavier Nelson	Team Noord Holland (SG)	2:52.97	201100987	2:48.38	+0,69	34.68	1:17.28	2:10.04	2:48.38
18.	Thijs Bijman	Niemo Barracuda	2:44.73	200901111	2:48.90	+0,77	33.22	1:21.08	2:08.73	2:48.90
19.	Tim van Ek	Psv	2:46.15	201100737	2:49.26	+0,75	35.66	1:21.70	2:09.88	2:49.26
20.	Gijs van der Lee	Azc	2:42.16	201101237	2:49.70	+0,73	40.64	1:24.22	2:13.06	2:49.70
21.	Hamza Rakaan	Blue Marlins	2:55.66	201003527	2:51.53	+0,70	36.46	1:22.73	2:11.76	2:51.53
22.	Levi Hesse	Team Noord Holland (SG)	3:04.84	201100145	2:54.67	+0,75	40.28	1:25.42	2:17.99	2:54.67
23.	T. Macaulay-rogeron	Blue Marlins	2:57.34	201102805	2:55.43	+0,68	37.76	1:23.99	2:15.76	2:55.43
24.	Celestin van der Beek	Psv	3:03.73	201201183	2:57.23	+0,69	38.34	1:24.39	2:19.18	2:57.23
25.	Casper Jacobs	Hoogstratens Zwem Tea	3:07.86	HOZT/11064/12	3:01.15	+0,68	40.94	1:27.70	2:21.61	3:01.15
26.	Tygo Jongedijk	D.E.S.	3:12.07	200804121	3:04.79	+0,64	37.26	1:27.96	2:25.68	3:04.79
27.	Niels Bootsma	Azc	3:00.35	201002919	3:09.74	+0,83	42.31	1:32.16	2:25.14	3:09.74
28.	Dj Nobel	Sggo	2:59.63	200901539	3:12.70	+0,82	44.50	1:33.15	2:29.83	3:12.70
DIS	Pepijn van Rijn	Psv	2:47.04	201100331						

VE - Afwisselende bewegingen van de benen of voeten ten opzichte van elkaar gemaakt.

AFGEM Revel Harmer Blue Marlins 2:54.14 201103467

3 - zondag 13 april 2025

13-4-2025 - 12:45

Programmanr. 21
13-4-2025 - 12:45

Dames, 400m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Suuz Griekspoor	Noordwijkerhout	4:46.05	200901204	4:50.71 +0,72
	50m: 32.04	32.04 150m: 1:44.44	36.69 250m: 2:59.46	37.72 350m: 4:15.47	37.86
	100m: 1:07.75	35.71 200m: 2:21.74	37.30 300m: 3:37.61	38.15 400m: 4:50.71	35.24
2.	Erin de Jong	GZC DONK	4:44.26	201000024	4:50.84 +0,76
	50m: 31.70	31.70 150m: 1:43.76	36.77 250m: 2:58.69	37.66 350m: 4:14.94	37.77
	100m: 1:06.99	35.29 200m: 2:21.03	37.27 300m: 3:37.17	38.48 400m: 4:50.84	35.90
3.	Mariia Kostina	Blue Marlins	4:51.27	201002042	4:53.76 +0,73
	50m: 32.08	32.08 150m: 1:45.37	37.31 250m: 3:01.33	38.38 350m: 4:17.40	37.96
	100m: 1:08.06	35.98 200m: 2:22.95	37.58 300m: 3:39.44	38.11 400m: 4:53.76	36.36
4.	Eloisa Gomes Delgado	Feijenoord Albion	5:07.68	200700812	4:58.90 +0,82
	50m: 32.97	32.97 150m: 1:47.31	38.17 250m: 3:05.27	38.91 350m: 4:23.21	38.56
	100m: 1:09.14	36.17 200m: 2:26.36	39.05 300m: 3:44.65	39.38 400m: 4:58.90	35.69
5.	Emma Stokmans	Psv	4:59.70	201004190	5:01.43 +0,66
	50m: 32.70	32.70 150m: 1:47.87	38.61 250m: 3:05.78	38.77 350m: 4:24.40	39.06
	100m: 1:09.26	36.56 200m: 2:27.01	39.14 300m: 3:45.34	39.56 400m: 5:01.43	37.03
6.	Simone Brobbel	SG Hoeksche Waard	5:09.88	201200058	5:01.66 +0,82
	50m: 33.50	33.50 150m: 1:50.13	38.93 250m: 3:08.57	39.37 350m: 4:26.24	39.03
	100m: 1:11.20	37.70 200m: 2:29.20	39.07 300m: 3:47.21	38.64 400m: 5:01.66	35.42
7.	Cynthia Koolman	Steenwijk 1934	5:05.64	200300232	5:06.41 +0,66
	50m: 34.58	34.58 150m: 1:50.58	38.35 250m: 3:09.02	39.39 350m: 4:28.01	39.58
	100m: 1:12.23	37.65 200m: 2:29.63	39.05 300m: 3:48.43	39.41 400m: 5:06.41	38.40
8.	Yoanna Van Bockstal	Hoogstratens Zwem Team vzw	5:28.58	HOZT/21075/11	5:06.45 +0,71
	50m: 33.69	33.69 150m: 1:49.17	38.38 250m: 3:06.70	38.08 350m: 4:27.60	40.87
	100m: 1:10.79	37.10 200m: 2:28.62	39.45 300m: 3:46.73	40.03 400m: 5:06.45	38.85
9.	Meike van der Klugt	Wvz	5:17.34	201100808	5:08.31 +0,83
	50m: 34.60	34.60 150m: 1:53.49	39.56 250m: 3:12.62	39.19 350m: 4:31.08	39.08
	100m: 1:13.93	39.33 200m: 2:33.43	39.94 300m: 3:52.00	39.38 400m: 5:08.31	37.23
10.	Isus Verdysseidonk	Psv	5:10.26	201002878	5:08.99 +0,74
	50m: 34.37	34.37 150m: 1:52.55	39.71 250m: 3:11.19	39.22 350m: 4:30.99	39.42
	100m: 1:12.84	38.47 200m: 2:31.97	39.42 300m: 3:51.57	40.38 400m: 5:08.99	38.00
11.	Esra Simon	Hellas-Glana	5:11.77	201100004	5:09.17 +0,77
	50m: 35.32	35.32 150m: 1:52.57	39.07 250m: 3:12.29	39.87 350m: 4:32.01	39.51
	100m: 1:13.50	38.18 200m: 2:32.42	39.85 300m: 3:52.50	40.21 400m: 5:09.17	37.16
12.	Carlijn Dezutter	Scheldeestroom	5:10.79	201100770	5:12.80 +0,68
	50m: 33.70	33.70 150m: 1:52.17	40.02 250m: 3:12.52	40.22 350m: 4:33.77	40.25
	100m: 1:12.15	38.45 200m: 2:32.30	40.13 300m: 3:53.52	41.00 400m: 5:12.80	39.03
13.	Sarah Förster	Hellas-Glana	5:22.88	201102682	5:15.12 +0,77
	50m: 34.66	34.66 150m: 1:52.91	39.71 250m: 3:14.62	40.91 350m: 4:36.15	40.28
	100m: 1:13.20	38.54 200m: 2:33.71	40.80 300m: 3:55.87	41.25 400m: 5:15.12	38.97
14.	Kamila Makhmadiyarova	Blue Marlins	5:12.33	201103178	5:15.83 +0,75
	50m: 34.97	34.97 150m: 1:55.31	40.93 250m: 3:16.58	39.85 350m: 4:37.80	40.26
	100m: 1:14.38	39.41 200m: 2:36.73	41.42 300m: 3:57.54	40.96 400m: 5:15.83	38.03
15.	Sara Creemers	Hellas-Glana	5:23.36	201100242	5:16.46 +0,73
	50m: 34.51	34.51 150m: 1:54.13	40.84 250m: 3:17.45	41.98 350m: 4:38.94	40.36
	100m: 1:13.29	38.78 200m: 2:35.47	41.34 300m: 3:58.58	41.13 400m: 5:16.46	37.52
16.	Ilse Stout	ACZ	5:18.89	201001704	5:18.16 +0,72
	50m: 34.66	34.66 150m: 1:53.85	39.89 250m: 3:15.32	40.88 350m: 4:37.40	41.16
	100m: 1:13.96	39.30 200m: 2:34.44	40.59 300m: 3:56.24	40.92 400m: 5:18.16	40.76
17.	Hanna Advokaat	Psv	5:18.35	200901502	5:19.17 +0,84
	50m: 35.46	35.46 150m: 1:54.16	39.87 250m: 3:15.78	40.91 350m: 4:38.84	41.53
	100m: 1:14.29	38.83 200m: 2:34.87	40.71 300m: 3:57.31	41.53 400m: 5:19.17	40.33
18.	Aleyna Bakdemir	Blue Marlins	5:35.86	200804386	5:20.72 +0,70
	50m: 34.77	34.77 150m: 1:54.33	40.48 250m: 3:17.29	41.66 350m: 4:40.08	41.45
	100m: 1:13.85	39.08 200m: 2:35.63	41.30 300m: 3:58.63	41.34 400m: 5:20.72	40.64

Programmanr. 21, Dames, 400m vrije slag, 2012 en ouder

rang	naam	vereniging			intijd			tijd			RT	
19.	Anne Kük	Team Noord Holland (SG)			5:16.77	201101580		5:23.85			+0,76	
	50m: 35.43	35.43	150m: 1:57.82	41.84	250m: 3:21.56	41.75	350m: 4:44.71	41.67				
	100m: 1:15.98	40.55	200m: 2:39.81	41.99	300m: 4:03.04	41.48	400m: 5:23.85	39.14				
20.	Tatum Vered	Blue Marlins			5:43.50	201201322		5:30.12			+0,83	
	50m: 36.14	36.14	150m: 1:59.43	42.25	250m: 3:25.67	43.31	350m: 4:49.53	42.14				
	100m: 1:17.18	41.04	200m: 2:42.36	42.93	300m: 4:07.39	41.72	400m: 5:30.12	40.59				
21.	Samantha Eagleton	Blue Marlins			5:26.27	201103862		5:32.97			+0,62	
	50m: 35.72	35.72	150m: 1:58.50	42.57	250m: 3:25.38	43.85	350m: 4:52.01	43.03				
	100m: 1:15.93	40.21	200m: 2:41.53	43.03	300m: 4:08.98	43.60	400m: 5:32.97	40.96				
22.	Floortje Bakker	Blue Marlins			5:44.82	201101124		5:38.66			+0,78	
	50m: 36.76	36.76	150m: 2:00.04	42.83	250m: 3:27.12	43.78	350m: 4:54.61	43.77				
	100m: 1:17.21	40.45	200m: 2:43.34	43.30	300m: 4:10.84	43.72	400m: 5:38.66	44.05				
23.	Anouk van der Lans	Westland Swimming Stars			5:34.09	199801614		5:50.90			+0,77	
	50m: 36.60	36.60	150m: 2:02.79	44.62	250m: 3:33.21	45.60	350m: 5:05.17	46.16				
	100m: 1:18.17	41.57	200m: 2:47.61	44.82	300m: 4:19.01	45.80	400m: 5:50.90	45.73				
24.	Yara Fortes	Blue Marlins			6:18.50	201103030		5:52.34			+0,78	
	50m: 40.09	40.09	150m: 2:10.93	45.65	250m: 3:41.46	45.33	350m: 5:10.92	44.36				
	100m: 1:25.28	45.19	200m: 2:56.13	45.20	300m: 4:26.56	45.10	400m: 5:52.34	41.42				
25.	Ana Sophocleous-Reis	Blue Marlins			5:53.79	200903920		5:54.09			+0,91	
	50m: 38.13	38.13	150m: 2:06.96	45.45	250m: 3:37.89	45.52	350m: 5:10.92	46.51				
	100m: 1:21.51	43.38	200m: 2:52.37	45.41	300m: 4:24.41	46.52	400m: 5:54.09	43.17				
26.	Fenna Meuleman	Noordwijkerhout			7:11.91	201102866		6:13.59			+0,75	
	50m: 42.36	42.36	150m: 2:19.24	48.67	250m: 3:55.95	48.00	350m: 5:29.98	46.87				
	100m: 1:30.57	48.21	200m: 3:07.95	48.71	300m: 4:43.11	47.16	400m: 6:13.59	43.61				
27.	Natasha Stewart	Blue Marlins			6:34.29	201201382		6:18.10			+0,68	
	50m: 42.94	42.94	150m: 2:17.97	47.16	250m: 3:55.30	48.58	350m: 5:32.56	48.39				
	100m: 1:30.81	47.87	200m: 3:06.72	48.75	300m: 4:44.17	48.87	400m: 6:18.10	45.54				
28.	Jente Parlevliet	Noordwijkerhout			NT	201003900		S14	6:29.13			+0,80 347
	50m: 41.04	41.04	150m: 2:19.42	50.65	250m: 3:59.31	50.34	350m: 5:39.72	50.97				
	100m: 1:28.77	47.73	200m: 3:08.97	49.55	300m: 4:48.75	49.44	400m: 6:29.13	49.41				
29.	Esmeralda Elbers	Blue Marlins			6:29.87	200404888		7:10.84			+0,87	
	50m: 42.82	42.82	150m: 2:24.83	53.29	250m: 4:17.92	57.42	350m: 6:15.41	59.67				
	100m: 1:31.54	48.72	200m: 3:20.50	55.67	300m: 5:15.74	57.82	400m: 7:10.84	55.43				
AFGEM	Britt van de Reep	De Columbiaan			5:28.03	201001084						
NG	Odenza Soselisa	Blue Marlins			5:05.87	201101780						
NG	Isabella Henchie	D.E.S.			5:38.26	200903580						

Programmanr. 22
13-4-2025 - 13:11

Heren, 200m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1.	Bas Blanker	ACZ	2:02.47	200601497	2:00.41 +0,69	28.41	59.33	1:30.28	2:00.41
2.	Rens Noordover	Team Noord Holland (SG)	2:04.31	200800237	2:04.01 +0,69	28.54	59.37	1:31.06	2:04.01
3.	Duco de Gelder	Blue Marlins	2:07.44	201000217	2:07.22 +0,70	28.99	1:01.25	1:35.04	2:07.22
4.	Tygo Gerts	Blue Marlins	NT	200704077	2:07.26 +0,66	28.00	1:00.23	1:34.06	2:07.26
5.	A. van der Maaten	Blue Marlins	2:13.26	200903251	2:08.94 +0,60	30.08	1:03.18	1:36.41	2:08.94
6.	Sven Bakker	Team Noord Holland (SG)	2:10.25	200900085	2:09.52 +0,76	29.53	1:02.78	1:36.69	2:09.52
7.	Sven Buijs	Hieronimus	2:13.73	200902853	2:11.18 +0,70	29.99	1:03.37	1:37.58	2:11.18
8.	Pim Hardeman	Hellas-Glana	2:12.58	200600499	2:11.50 +0,74	29.64	1:03.51	1:37.50	2:11.50
9.	Tren Wullms	Hellas-Glana	2:15.41	201000469	2:12.42 +0,69	29.82	1:03.31	1:38.21	2:12.42
10.	Mees Janssen	Dsz	2:20.18	201102025	2:13.09 +0,67	30.03	1:03.87	1:38.65	2:13.09
11.	Fabian Riedijk	Blue Marlins	2:16.52	200800603	2:13.22 +0,74	29.01	1:02.47	1:37.79	2:13.22
12.	Girish Nolden	Blue Marlins	2:15.63	201000087	2:13.32 +0,70	29.38	1:03.81	1:39.80	2:13.32
13.	Bas Marinus	Team Noord Holland (SG)	2:14.36	200903379	2:14.35 +0,65	29.55	1:04.51	1:40.31	2:14.35
14.	Art Jin van der Ent	Blue Marlins	2:32.79	200903785	2:15.34 +0,73	31.75	1:06.00	1:42.13	2:15.34
15.	Aditya Winterberg	Blue Marlins	2:11.38	200800953	S15 2:15.58 +0,63	29.84	1:03.51	1:39.40	2:15.58

Programmanr. 22, Heren, 200m vrije slag, 2012 en ouder

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
16. Lev Rudman	Blue Marlins	2:21.25	201102343	2:15.89	+0,68	30.29	1:04.84	1:40.18	2:15.89
17. Berat Baykal	Psv	2:16.91	201003507	2:16.33	+0,72	31.08	1:05.27	1:41.34	2:16.33
18. David van der Valk	Wiekslag	2:21.49	201100519	2:16.67	+0,68	31.28	1:06.28	1:42.62	2:16.67
19. Aiden Lips	Blue Marlins	2:17.47	200800951	2:20.96	+0,71	31.02	1:05.86	1:42.85	2:20.96
20. Patrick Wyrdeman	Westland Swimming Star	2:20.71	199702475	2:21.69	+0,69	32.56	1:08.40	1:45.26	2:21.69
21. Kurt Feldmann	Blue Marlins	NT	201203089	2:21.78	+0,70	32.01	1:08.69	1:46.21	2:21.78
22. Gijs van der Lee	Azc	2:22.61	201101237	2:24.26	+0,74	32.06	1:09.04	1:47.16	2:24.26
23. O. Caffaggi	Blue Marlins	NT	201203059	2:24.66	+0,71	32.52	1:09.49	1:48.05	2:24.66
24. Marcel Koziol	Noordwijkerhout	2:27.94	200803265	2:26.69	+0,66	31.61	1:08.93	1:48.94	2:26.69
25. Finn Knijnenburg	De Columbiaan	2:26.16	201101319	2:26.98	+0,68	32.72	1:09.96	1:49.37	2:26.98
26. Isaac Sewell Ferriols	Team Noord Holland (SG)	2:30.59	201100593	2:28.18	+0,69	32.91	1:11.26	1:51.50	2:28.18
27. Jaro Hermans	Psv	2:31.41	201200173	2:29.56	+0,65	33.37	1:10.01	1:49.48	2:29.56
28. Brayden Vered	Blue Marlins	2:35.12	200802517	2:30.30	+0,81	33.31	1:11.35	1:50.81	2:30.30
29. Revel Harmer	Blue Marlins	2:31.46	201103467	2:32.48	+0,65	34.05	1:13.38	1:53.38	2:32.48
30. Michael Simons	Psv	2:45.12	201200025	2:35.65	+0,61	35.54	1:15.25	1:56.62	2:35.65
31. Lars Stelten	Hellas-Glana	2:38.38	201200151	2:36.69	+0,63	36.70	1:16.91	1:57.75	2:36.69
32. Jamie Pollard	Blue Marlins	2:47.16	201103279	2:38.15	+0,77	34.93	1:16.51	1:58.99	2:38.15
33. Celestin van der Beek	Psv	2:47.24	201201183	2:38.80	+0,66	35.95	1:16.36	1:58.20	2:38.80
34. Dj Nobel	Sggo	2:32.92	200901539	2:40.62	+0,79	35.38	1:16.73	2:00.08	2:40.62

Programmanr. 23
13-4-2025 - 13:26

Dames, 100m rugslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
1.	Myrthe Stelten	Hellas-Glana	1:11.58	200900234	1:10.61	+0,70	34.13	1:10.61
2.	Annedieke Scholte	Blue Marlins	1:11.78	200701110	1:11.79	+0,67	34.30	1:11.79
3.	Elin Riedijk	Blue Marlins	1:14.64	201002056	1:13.05	+0,67	35.85	1:13.05
4.	Erin de Jong	GZC DONK	1:11.24	201000024	1:13.19	+0,66	36.07	1:13.19
5.	Krista Bogaerts	Hoogstratens Zwem Team	1:13.56	HOZT/21077/08	1:13.32	+0,70	35.52	1:13.32
6.	Gwen Hermans	De Columbiaan	1:14.26	200900058	1:13.83	+0,63	36.65	1:13.83
7.	Kyona Steffe	Blue Marlins	NT	200702004	1:13.90	+0,85	34.72	1:13.90
8.	Sanne Peters	Psv	1:19.02	200401112	1:14.32	+0,61	35.10	1:14.32
9.	Floor Rombouts	Hoogstratens Zwem Team	1:18.58	HOZT/21051/09	1:15.82	+0,65	37.13	1:15.82
10.	June Schuurmans	Hellas-Glana	1:16.13	201100874	1:15.91	+0,70	36.66	1:15.91
11.	Zuzanna Kowalczyk	Psv	1:14.15	200503860	1:16.21	+0,72	35.94	1:16.21
12.	Julie Simonis	Hellas-Glana	1:16.72	201000144	1:16.63	+1,01	37.82	1:16.63
13.	Sophie van Leent	Blue Marlins	1:17.21	200800522	1:17.19	+0,71	37.83	1:17.19
14.	Jorja Verschoor	Azc	1:15.13	200902640	1:18.83	+0,78	38.68	1:18.83
15.	Fleur Buijs	Hieronymus	1:19.27	201100676	1:19.00	+0,63	38.08	1:19.00
16.	Nina Tetteroo	De Columbiaan	1:17.84	201000048	1:19.11	+0,79	38.45	1:19.11
17.	Naevia Verschoor	Azc	1:17.52	201201976	1:19.67	+0,67	38.35	1:19.67
18.	Isus Verdysseeldonk	Psv	1:22.93	201002878	1:19.74	+0,71	38.21	1:19.74
19.	Suuz Griekspoor	Noordwijkerhout	1:15.10	200901254	1:20.38	+0,68	39.15	1:20.38
20.	Jessica Lerer	De Kempvis	1:24.01	201002354	1:20.59	+0,59	38.39	1:20.59
21.	Jolie van Ark	Azc	1:27.11	201101644	1:21.46	+0,82	39.62	1:21.46
22.	Julia de Graaf	Team Noord Holland (SG)	1:13.95	201100210	1:21.67	+0,84	38.61	1:21.67
23.	Emma Beeloo	D.E.S.	1:23.46	200904516	1:21.73	+0,79	39.07	1:21.73
24.	Berinda van Dijk	Blue Marlins	1:21.34	200104186	1:22.03	+0,73	39.96	1:22.03
25.	Sophie Hoogervorst	Azc	1:19.78	201100252	1:23.29	+0,63	40.50	1:23.29
26.	Sophie Verdult	De Krabben	1:25.28	201002564	1:25.30	+0,72	42.05	1:25.30
27.	Sabine Looden	De Columbiaan	1:24.86	200601390	1:27.82	+0,76	42.17	1:27.82
28.	Elise Pastorelli	Hieronymus	1:33.87	201103462	1:33.52	+0,75	45.82	1:33.52
29.	Laila van der Heiden	Azc	1:32.42	200803338	1:33.57	+0,60	45.78	1:33.57
30.	Naisha Jain	Blue Marlins	NT		1:35.00	+0,69	44.70	1:35.00
31.	C. van Bruxvoort	Feijenoord Albion	1:45.17	197700138	1:48.25	+0,87	51.98	1:48.25
32.	Manon Wittenberg	De Krabben	NT	200704874	1:48.35	+1,03	55.80	1:48.35



Programmanr. 23, Dames, 100m rugslag, 2012 en ouder

rang	naam	vereniging	intijd	tijd	RT	50m	100m
NG	Fanni Farkas	De Columbiaan	1:19.64	201100360			

Programmanr. 24
13-4-2025 - 13:37

Heren, 100m schoolslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
1.	Roan van der Weide	Blue Marlins	1:05.72	200601629	1:07.77	+0,67	31.01	1:07.77
2.	Floris van der Valk	Wiekslag	1:09.01	200801891	1:10.03	+0,65	32.79	1:10.03
3.	Suraj Baladurage	Team Noord Holland (SG)	1:13.03	200801291	1:10.19	+0,67	32.67	1:10.19
4.	Hessel de Jong	ACZ	1:09.14	200602753	1:10.47	+0,67	32.52	1:10.47
5.	Jasper Groen	ACZ	1:10.30	200602325	1:10.49	+0,66	32.13	1:10.49
6.	Rens Noordover	Team Noord Holland (SG)	1:16.48	200800237	1:14.16	+0,71	34.56	1:14.16
7.	Seth van den Dool	Blue Marlins	1:21.96	200803809	1:16.63	+0,67	35.27	1:16.63
8.	Luka Pantelic	ACZ	1:18.32	200903023	1:17.50	+0,77	36.95	1:17.50
9.	Oden Hankins	Blue Marlins	1:19.24	200902301	1:19.58	+0,72	37.23	1:19.58
10.	Jidde Rademaker	Team Noord Holland (SG)	1:17.27	200603619	1:21.25	+0,65	35.35	1:21.25
11.	Derek Smit	Team Noord Holland (SG)	1:17.40	200702055	1:24.17	+0,67	38.20	1:24.17
12.	Felix Rademaker	Blue Marlins	1:26.35	200804057	1:24.21	+0,70	39.62	1:24.21
13.	Hamza Rakaan	Blue Marlins	1:35.31	201003527	1:24.48	+0,73	38.95	1:24.48
14.	Nout de Roo	Blue Marlins	1:29.00	201103345	1:24.79	+0,69	39.94	1:24.79
15.	Tim van Ek	Psv	1:29.48	201100737	1:25.92	+0,75	41.06	1:25.92
16.	Mahdi Jaghori	Dsz	NT	201003745	1:26.17	+0,68	38.44	1:26.17
17.	Arne Robbemont	D.E.S.	1:23.00	200802561	1:26.21	+0,68	40.74	1:26.21
18.	Berat Baykal	Psv	1:19.64	201003507	1:26.33	+0,75	40.53	1:26.33
19.	Mads Blacqui�re	Psv	1:31.87	201103233	1:26.85	+0,63	41.10	1:26.85
20.	Kurt Feldmann	Blue Marlins	NT	201203089	1:27.10	+0,60	41.32	1:27.10
21.	Fred Couvreur	Hoogstratens Zwem Team	1:26.77	HOZT/11060/12	1:27.22	+0,53	40.56	1:27.22
22.	Kalle Blacqui�re	Psv	1:30.89	201003751	1:27.85	+0,63	40.87	1:27.85
23.	T. Macaulay-rogerson	Blue Marlins	NT	201102805	1:28.03	+0,70	41.69	1:28.03
24.	Orlando Carlo Caffaggi	Blue Marlins	NT	201203059	1:28.98	+0,72	42.42	1:28.98
25.	Xavier Nelson	Team Noord Holland (SG)	1:29.98	201100987	1:30.52	+0,71	42.25	1:30.52
26.	Luc van Drunick	Noordwijkerhout	1:37.37	201201659	1:31.99	+0,68	44.28	1:31.99
27.	Revel Harmer	Blue Marlins	NT	201103467	1:32.24	+0,59	43.18	1:32.24
28.	Niels Bootsma	Azc	1:28.16	201002919	1:33.58	+0,62	42.39	1:33.58
29.	Cas Meuleman	Noordwijkerhout	1:38.69	200903593	1:34.06	+0,71	43.99	1:34.06
30.	Michael Simons	Psv	1:36.80	201200025	1:34.92	+0,53	45.51	1:34.92
31.	Pepijn van Rijn	Psv	1:33.83	201100331	1:35.58	+0,70	44.67	1:35.58
32.	Tygo Jongedijk	D.E.S.	1:32.35	200804121	1:35.67	+0,65	44.77	1:35.67
33.	Jesse van 't Veer	Blue Marlins	1:36.02	201002831	1:36.09	+0,82	44.67	1:36.09
34.	Jaro Hermans	Psv	1:37.18	201200173	1:37.11	+0,72	45.80	1:37.11
35.	Casper Jacobs	Hoogstratens Zwem Team	1:41.56	HOZT/11064/12	1:37.50	+0,61	43.97	1:37.50
DIS	Stein van der Kouwe	Azc	1:52.10	201202169		+0,88		

SL - Het keer- en/of eindpunt met   n hand aangetikt.

DIS E. Macaulay-Rogerson Blue Marlins NT 201202577

AA - De start ingezet voor het startsignaal (en wel gezwommen).

NG.ZA Anton Aichmayr Blue Marlins 1:31.48 201002893



Programmanr. 25
13-4-2025 - 13:48

Dames, 50m schoolslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Michelle van Hemert	Psv	34.47	200901200	34.50 +0,65
2.	Jasmijn Schoonen	Wiekslag	37.09	200901196	36.80 +0,83
3.	Fenne Peters	Psv	35.89	200601388	36.88 +0,66
4.	Julia Dąbrowska	Blue Marlins	36.59	201000300	37.62 +0,72
5.	Krista Bogaerts	Hoogstratens Zwem Team vzw	38.74	HOZT/21077/08	39.45 +0,80
6.	Fenna Hölsgens	Hellas-Glana	40.09	201000276	40.79 +0,69
7.	Naevia Verschoor	Azc	38.63	201201976	40.97 +0,70
8.	Myrthe van der Linden	Westland Swimming Stars	43.69	200704838	41.49 +0,77
9.	Liz van Antwerpen	Westland Swimming Stars	46.19	201002224	43.25 +0,69
10.	Gabriela Borges	Blue Marlins	43.37	201201726	43.35 +0,57
11.	Bente van Rijn	ZV Westland	42.47	201103086	43.59 +0,73
12.	Hei Yiu Tang	Feijenoord Albion	44.09	200902148	43.66 +0,74
13.	Jet Hogervorst	De Columbian	42.35	201200738	43.90 +0,68
14.	Florine Rausch	Blue Marlins	43.55	200804508	44.61 +0,80
15.	Samantha Eagleton	Blue Marlins	43.40	201103862	45.15 +0,63
16.	Nikki de Heij	BZ en PC	46.87	201101194	45.17 +0,74
17.	Yara Fortes	Blue Marlins	NT	201103030	45.52 +0,79
18.	Vere van Klooster	Azc	44.91	201002128	46.18 +0,68
19.	Demi van Antwerpen	Westland Swimming Stars	48.08	200704414	46.81 +0,72
20.	Madeleine van Beek	Azc	48.36	201102796	47.51 +0,76
21.	Naisha Jain	Blue Marlins	NT		49.81 +0,82
22.	Esmeralda Elbers	Blue Marlins	49.64	200404888	53.69 +0,85
DIS	Nicky Zhang	Blue Marlins	43.18	201003292	
AA - De start ingezet voor het startsignaal (en wel gezwommen).					
NG	Sara Ostermann	Azc	41.87	200903630	
NG	Minke Oliva Bouman	Blue Marlins	39.21	201100104	

Programmanr. 26
13-4-2025 - 13:54

Heren, 50m rugslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Luka Geraerds	Hellas-Glana	30.23	200502077	29.45 +0,63
2.	Willem Weustink	Team Noord Holland (SG)	29.41	200800109	29.53 +0,74
3.	Fabian Riedijk	Blue Marlins	31.03	200800603	30.25 +0,67
4.	Aidan van der Stelt	Blue Marlins	32.93	200900901	30.55 +0,62
5.	Pim Hardeman	Hellas-Glana	32.28	200600499	30.74 +0,75
6.	Art Jin van der Ent	Blue Marlins	32.99	200903785	32.80 +0,68
7.	Mees Janssen	Dsz	33.62	201102025	32.87 +0,59
*BT (50m)					
8.	Girish Nolden	Blue Marlins	32.50	201000087	33.01 +0,60
9.	Esh Nolden	Blue Marlins	38.26	200800145	33.68 +0,63
10.	Finn Knijnenburg	De Columbian	36.36	201101319	34.81 +0,57
11.	Brayden Vered	Blue Marlins	35.88	200802517	35.35 +0,72
12.	Gijs van der Lee	Azc	35.04	201101237	35.47 +0,74
13.	Tim van Ek	Psv	36.75	201100737	36.61 +0,72
14.	Dj Nobel	Sggo	38.19	200901539	37.98 +0,67
	Jesse van 't Veer	Blue Marlins	38.16	201002831	37.98 +1,09
16.	Niels Bootsma	Azc	41.50	201002919	38.63 +0,79
17.	Jamie Pollard	Blue Marlins	41.28	201103279	39.15 +0,65
18.	Celestin van der Beek	Psv	41.53	201201183	40.96 +0,72
19.	Eli Macaulay-Rogerson	Blue Marlins	43.13	201202577	42.29 +0,83
20.	Lars Stelten	Hellas-Glana	44.53	201200151	44.06 +0,64
21.	Stein van der Kouwe	Azc	50.39	201202169	50.59 +0,91
NG.ZA	Twan Hoogervorst	De Columbian	31.75	200700741	



Programmanr. 26, Heren, 50m rugslag, 2012 en ouder

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Wendell Zinhagel	Blue Marlins	29.02	200005739	

Programmanr. 27
13-4-2025 - 13:58

Dames, 200m vlinderslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
1.	Jorja Verschoor	Azc	2:41.70	200902640	2:52.87	+0,76	36.40	1:18.71	2:04.78	2:52.87
2.	Gwen Hermans	De Columbiaan	2:51.18	200900058	3:00.83	+0,77	36.92	1:23.64	2:12.86	3:00.83
3.	Yoanna Van Bockstal	Hoogstratens Zwem Tea	3:07.78	HOZT/21075/11	3:01.94	+0,74	37.95	1:25.04	2:11.56	3:01.94
4.	Ilse Stout	ACZ	2:54.50	201001704	3:03.91	+0,71	38.50	1:24.66	2:13.09	3:03.91
5.	Cynthia Koolman	Steenwijk 1934	3:17.81	200300232	3:29.33	+0,66	45.93	1:39.91	2:34.41	3:29.33
AFGEM	Fanni Farkas	De Columbiaan	3:33.11	201100360						

Programmanr. 28
13-4-2025 - 14:02

Dames, 100m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
1.	Selene Wortel	Hieronymus	59.80	199700654	1:00.87	+0,68	29.14	1:00.87
2.	Merel Bijl	Feijenoord Albion	1:02.54	200900762	1:02.31	+0,70	29.74	1:02.31
3.	Nadja Roovers	Hieronymus	1:02.46	199800798	1:02.74	+0,73	30.13	1:02.74
4.	Mariia Kostina	Blue Marlins	1:04.35	201002042	1:03.18	+0,68	29.89	1:03.18
5.	Karlijn Dijkshoorn	Steenwijk 1934	1:03.16	200803926	1:03.19	+0,73	30.49	1:03.19
6.	Emma Stokmans	Psv	1:03.92	201004190	1:03.30	+0,69	30.27	1:03.30
7.	Iris Boeters	Westland Swimming Stars	1:05.46	200900856	1:03.50	+0,63	30.25	1:03.50
8.	Fenne Peters	Psv	1:03.70	200601388	1:03.96	+0,72	30.74	1:03.96
9.	Aniek Vuist	Steenwijk 1934	1:05.17	200600958	1:04.00	+0,71	30.80	1:04.00
10.	Sanne Peters	Psv	1:04.42	200401112	1:04.38	+0,71	30.34	1:04.38
11.	Sophie van Leent	Blue Marlins	1:04.27	200800522	1:04.65	+0,72	31.10	1:04.65
12.	Kyona Steffe	Blue Marlins	1:05.30	200702004	1:04.98	+0,71	30.93	1:04.98
13.	Alisha Vieira	Blue Marlins	1:05.04	199904554	1:05.15	+0,70	31.06	1:05.15
14.	Julie Simonis	Hellas-Glana	1:06.30	201000144	1:05.74	+0,80	32.00	1:05.74
15.	Aleyna Bakdemir	Blue Marlins	1:07.87	200804386	1:05.85	+0,68	31.45	1:05.85
16.	Nina Tetteroo	De Columbiaan	1:05.51	201000048	1:06.45	+0,78	31.99	1:06.45
17.	Alaine Lomans	Hellas-Glana	1:08.85	201000420	1:06.57	+0,70	31.37	1:06.57
18.	Charlotte Bakker	BZ en PC	1:11.34	201200524	1:06.66	+0,66	31.88	1:06.66
19.	Zuzanna Kowalczyk	Psv	1:05.44	200503860	1:06.72	+0,75	32.05	1:06.72
20.	Vicky Horens	Hellas-Glana	1:10.94	201200252	1:07.14	+0,67	32.13	1:07.14
21.	Eefje van Hinsbergen	Blue Marlins	1:07.50	201002252	1:07.54	+0,66	31.65	1:07.54
22.	Meike van der Klugt	Wvz	1:08.31	201100808	1:07.56	+0,80	32.72	1:07.56
23.	Elvira Rakels	Blue Marlins	1:18.56	201001238	1:07.79	+0,69	32.39	1:07.79
24.	Yara Fortes	Blue Marlins	1:09.53	201103030	1:08.17	+0,77	32.24	1:08.17
25.	Isus Verdysseeldonk	Psv	1:08.93	201002878	1:08.54	+0,75	33.34	1:08.54
26.	Fleur Buijs	Hieronymus	1:11.05	201100676	1:08.61	+0,75	32.96	1:08.61
27.	Nikki de Heij	BZ en PC	1:12.57	201101194	1:09.92	+0,69	33.69	1:09.92
28.	Annick Gorissen	Blue Marlins	1:08.92	201002248	1:09.97	+0,74	31.80	1:09.97
29.	Sophie Hoogervorst	Azc	1:08.25	201100252	1:10.22	+0,51	34.38	1:10.22
30.	June Schuurmans	Hellas-Glana	1:07.54	201100874	1:10.53	+0,78	33.33	1:10.53
31.	Floortje Bakker	Blue Marlins	1:13.98	201101124	1:10.99	+0,65	33.81	1:10.99
32.	Hanna Advokaat	Psv	1:10.21	200901502	1:11.21	+0,80	34.12	1:11.21
33.	Anne Kük	Team Noord Holland (SG)	1:09.45	201101580	1:11.43	+0,78	34.48	1:11.43
34.	Lotte Nies	Psv	1:11.69	200703856	1:11.81	+0,75	33.12	1:11.81
35.	Samantha Eagleton	Blue Marlins	1:11.69	201103862	1:12.34	+0,48	35.07	1:12.34
36.	Berinda van Dijk	Blue Marlins	1:13.26	200104186	1:12.51	+0,79	34.43	1:12.51
37.	Danné van Munster	Hellas-Glana	1:13.65	200901262	1:13.08	+0,67	34.37	1:13.08

Programmanr. 28, Dames, 100m vrije slag, 2012 en ouder

rang	naam	vereniging	intijd		tijd	RT	50m	100m
38.	Jolie van Ark	Azc	1:14.39	201101644	1:13.56	+0,80	34.80	1:13.56
39.	Laila van der Heiden	Azc	1:12.66	200803338	1:13.89	+0,72	35.52	1:13.89
40.	Naevia Verschoor	Azc	1:11.34	201201976	1:14.11	+0,74	35.17	1:14.11
41.	Emma Beeloo	D.E.S.	1:24.03	200904516	1:14.59	+0,75	35.70	1:14.59
42.	Florine Rausch	Blue Marlins	NT	200804508	1:14.93	+0,84	36.34	1:14.93
43.	Meike Maat	De Ganze	1:25.12	201102132	1:15.22	+0,72	36.16	1:15.22
44.	Vere van Klooster	Azc	1:10.69	201002128	1:15.34	+0,59	35.85	1:15.34
45.	Ana Sophocleous-Reis	Blue Marlins	1:17.23	200903920	1:15.44	+0,77	35.87	1:15.44
46.	Myrthe van der Linden	Westland Swimming Stars	1:13.55	200704838	1:15.48	+0,75	35.26	1:15.48
47.	Simone Brobbel	SG Hoeksche Waard	1:05.54	201200058	1:15.61	+0,71	36.81	1:15.61
48.	Julia de Graaf	Team Noord Holland (SG)	1:09.39	201100210	1:15.91	+0,84	35.15	1:15.91
49.	Sophie Verdult	De Krabben	NT	201002564	1:16.85	+0,92	37.41	1:16.85
50.	Tessa Hartman	Westland Swimming Stars	1:13.91	201002430	1:16.91	+0,67	33.94	1:16.91
51.	Hannah van Dalen	D.E.S.	1:15.64	200903578	1:18.35	+0,90	36.71	1:18.35
52.	Hei Yiu Tang	Feijenoord Albion	1:17.30	200902148	1:18.87	+0,71	36.64	1:18.87
53.	Paola Philipssen	ACZ	1:17.28	200605178	1:19.44	+0,74	35.77	1:19.44
54.	Esmée Niemeijer	Team Noord Holland (SG)	1:18.97	200904206	1:19.49	+0,59	36.84	1:19.49
55.	Jente Parlevliet *BT(100m)	Noordwijkerhout	1:24.83	201003900	S14 1:21.16	+0,76 373	37.60	1:21.16
56.	Naisha Jain	Blue Marlins	NT		1:21.51	+0,82	38.76	1:21.51
57.	Natasha Stewart	Blue Marlins	1:22.05	201201382	1:24.48	+0,76	40.60	1:24.48
58.	Madeleine van Beek	Azc	1:26.06	201102796	1:26.36	+0,79	39.89	1:26.36
59.	Nicky Zhang	Blue Marlins	1:27.57	201003292	1:28.05	+0,70	40.34	1:28.05
60.	Manon Wittenberg	De Krabben	NT	200704874	1:33.42	+0,89	46.92	1:33.42
AFGEM	Chloé in 't Veen	Wvz	1:03.65	201100010				
NG	Sara Ostermann	Azc	1:12.02	200903630				
NG	Minke Oliva Bouman	Blue Marlins	1:06.87	201100104				
NG	Isabella Henchie	D.E.S.	1:10.60	200903580				

Programmanr. 29
13-4-2025 - 14:16

Heren, 50m vrije slag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Saviël Armand	ACZ	23.70	200204461	23.96	+0,65
2.	Suraj Baladurage	Team Noord Holland (SG)	25.74	200801291	25.16	+0,68
3.	Ties Lakke	ACZ	25.50	200703517	25.70	+0,67
4.	Timo Kaanen	Hellas-Glana	26.03	200500053	25.72	+0,70
5.	Stijn Saelmans	Hellas-Glana	25.55	200700373	25.99	+0,67
6.	Floris van der Valk	Wiekslag	25.95	200801891	26.00	+0,67
7.	Pim Hardeman	Hellas-Glana	26.05	200600499	26.02	+0,72
8.	Hessel de Jong	ACZ	26.09	200602753	26.14	+0,66
9.	Jasper Groen	ACZ	25.81	200602325	26.42	+0,66
10.	Sven Buijs	Hieronymus	26.89	200902853	26.45	+0,69
11.	Duco de Gelder	Blue Marlins	27.82	201000217	26.67	+0,71
12.	Sven Bakker	Team Noord Holland (SG)	27.82	200900085	27.15	+0,77
13.	Aidan van der Stelt	Blue Marlins	27.84	200900901	27.27	+0,69
14.	Jidde Rademaker	Team Noord Holland (SG)	25.77	200603619	27.30	+0,65
15.	Girish Nolden	Blue Marlins	27.24	201000087	27.37	+0,72
16.	Mees Janssen	Dsz	27.94	201102025	27.38	+0,65
17.	Emin Karadeniz	Wvz	28.39	200804047	27.48	+0,68
18.	Aditya Winterberg	Blue Marlins	27.05	200800953	S15 27.81	+0,63
19.	Derek Smit	Team Noord Holland (SG)	25.83	200702055	27.88	+0,75
20.	Patrick Wyrdean	Westland Swimming Stars	27.69	199702475	27.91	+0,69
21.	Berat Baykal	Psv	28.46	201003507	28.20	+0,70
22.	Esh Nolden	Blue Marlins	29.73	200800145	28.33	+0,59
23.	Pepijn van Rijn	Psv	29.21	201100331	28.57	+0,75
24.	Tren Wullms	Hellas-Glana	28.70	201000469	28.58	+0,68



Programmanr. 29, Heren, 50m vrije slag, 2012 en ouder

rang	naam	vereniging	intijd	tijd	RT
25.	Nout de Roo	Blue Marlins	29.01 201103345	28.73	+0,70
26.	Marcel Koziol	Noordwijkerhout	28.80 200803265	29.10	+0,67
27.	David van der Valk	Wiekslag	30.87 201100519	29.23	+0,71
28.	Isaac Sewell Ferriols	Team Noord Holland (SG)	29.02 201100593	29.38	+0,69
29.	Mahdi Jaghori	Dsz	29.22 201003745	29.56	+0,66
30.	Darius Stamati	Blue Marlins	NT 201003847	30.14	+0,81
	Brayden Vered	Blue Marlins	31.80 200802517	30.14	+0,83
32.	Dj Nobel	Sggo	30.87 200901539	30.48	+0,75
33.	Michael Simons	Psv	33.73 201200025	31.26	+0,56
34.	Jesse van 't Veer	Blue Marlins	31.30 201002831	31.36	+0,83
35.	Niels Bootsma	Azc	31.60 201002919	31.69	+0,73
36.	Torin Macaulay-rogerson	Blue Marlins	34.51 201102805	31.80	+0,72
37.	Tygo Jongedijk	D.E.S.	30.67 200804121	31.95	+0,78
38.	Jaro Hermans	Psv	31.96 201200173	32.24	+0,70
39.	Cas Meuleman	Noordwijkerhout	33.59 200903593	32.73	+0,76
40.	Rick van Rijn	ZV Westland	35.83 201102961	32.78	+0,81
41.	Celestin van der Beek	Psv	35.08 201201183	34.43	+0,62
42.	Eli Macaulay-Rogerson	Blue Marlins	38.08 201202577	36.70	+0,83
43.	Stein van der Kouwe	Azc	41.17 201202169	44.25	+0,88
AFGEM	D. Togores Rodriguez	Blue Marlins	24.61 199705681		
AFGEM	Wendell Zinhagel	Blue Marlins	25.09 200005739		

Programmanr. 30
13-4-2025 - 14:23

Dames, 200m schoolslag

2012 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Michelle van Hemert	Psv	2:46.56 200901200	2:46.32	+0,60	36.73	1:19.78	2:03.91	2:46.32
2. Myrthe Stelten	Hellas-Glana	2:48.79 200900234	2:50.66	+0,81	37.68	1:21.35	2:05.79	2:50.66
3. Jasmijn Schoonen	Wiekslag	2:56.05 200901196	2:58.92	+0,86	39.45	1:25.35	2:12.22	2:58.92
4. Sarah Förster	Hellas-Glana	3:01.16 201102682	3:02.07	+0,75	41.44	1:27.99	2:15.19	3:02.07
5. Suuz Griekspoor	Noordwijkerhout	2:59.66 200901204	3:02.52	+0,75	41.27	1:27.87	2:15.78	3:02.52
6. Floor Rombouts	Hoogstratens Zwem Tea	3:03.24 HOZT/21051/09	3:04.30		42.75	1:30.09	2:17.98	3:04.30
7. Sara Creemers	Hellas-Glana	3:03.06 201100242	3:06.46	+0,72	41.92	1:30.33	2:19.17	3:06.46
8. Iris Boeters	Westland Swimming Star	3:13.12 200900856	3:11.03	+0,62	43.45	1:32.30	2:21.98	3:11.03
9. Yoanna Van Bockstal	Hoogstratens Zwem Tea	3:15.96 HOZT/21075/11	3:11.37	+0,73	43.77	1:33.36	2:22.85	3:11.37
10. K. Makhmadiyarova	Blue Marlins	3:12.18 201103178	3:15.11	+0,77	44.64	1:34.82	2:25.33	3:15.11
11. Jet Hogervorst	De Columbiaan	3:17.90 201200738	3:16.69	+0,68	44.93	1:35.54	2:26.51	3:16.69
12. Sabine Looden	De Columbiaan	3:15.58 200601390	3:19.32	+0,76	44.39	1:35.20	2:27.28	3:19.32
13. Tatum Vered	Blue Marlins	3:23.05 201201322	3:19.66	+0,85	45.32	1:36.83	2:28.66	3:19.66
14. Steffi Meinhold	D.E.S.	NT 198001542	3:29.20	+0,87	46.57	1:41.18	2:36.17	3:29.20
15. Anne van Buren	ACZ	3:32.85 200903752	3:30.17	+0,78	46.00	1:39.94	2:36.07	3:30.17
16. Esmée Niemeijer	Team Noord Holland (SG)	3:29.78 200904206	3:35.71	+0,67	49.33	1:44.91	2:41.50	3:35.71
17. Demi van Antwerpen	Westland Swimming Stars	NT 200704414	3:45.84	+0,73	50.48	1:47.44	2:47.16	3:45.84
AFGEM Britt van de Reep	De Columbiaan	3:10.91 201001084						
NG Sara Ostermann	Azc	3:27.95 200903630						

Programmanr. 31
13-4-2025 - 14:35

Heren, 200m rugslag

2012 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Luka Geraerds	Hellas-Glana	2:19.29 200502077	2:14.35	+0,68	31.58	1:05.79	1:40.65	2:14.35
2. Rens Noordover	Team Noord Holland (SG)	2:19.95 200800237	2:28.80	+0,72	34.01	1:11.37	1:50.19	2:28.80
3. Aiden Lips	Blue Marlins	2:31.72 200800951	2:33.51	+0,61	36.25	1:14.53	1:54.39	2:33.51
4. Luka Pantelic	ACZ	2:38.47 200903023	2:34.70	+0,86	36.36	1:15.00	1:54.84	2:34.70
5. Kalle Blacqui�re	Psv	2:38.84 201003751	2:35.62	+0,62	36.29	1:16.34	1:56.10	2:35.62
6. Revel Harmer	Blue Marlins	2:45.58 201103467	2:37.71	+0,75	37.15	1:17.67	1:58.95	2:37.71
7. Lev Rudman	Blue Marlins	2:52.04 201102343	2:38.34	+0,69	35.10	1:15.74	1:57.83	2:38.34
8. Fred Couvreur	Hoogstratens Zwem Tea	2:38.03 HOZT/11060/12	2:38.41	+0,67	37.96	1:17.82	1:58.79	2:38.41
9. Bas Marinus	Team Noord Holland (SG)	2:30.53 200903379	2:39.47	+0,68	36.90	1:18.10	1:59.86	2:39.47
10. Xavier Nelson	Team Noord Holland (SG)	2:45.98 201100987	2:43.99	+0,67	37.89	1:19.27	2:02.94	2:43.99
11. Kay Remmerswaal	D.E.S.	2:40.00 200800671	2:44.52	+0,76	38.00	1:19.50	2:02.50	2:44.52
12. Kurt Feldmann	Blue Marlins	NT 201203089	2:47.59	+0,77	38.46	1:21.99	2:06.01	2:47.59
13. Tim van Ek	Psv	2:52.05 201100737	2:50.01	+0,68	40.01	1:23.57	2:07.99	2:50.01
14. Brayden Vered	Blue Marlins	2:46.93 200802517	2:50.26	+0,72	40.48	1:24.98	2:08.43	2:50.26
15. Felix Rademaker	Blue Marlins	2:49.08 200804057	2:52.19	+0,81	39.95	1:24.27	2:08.54	2:52.19
16. Nout de Roo	Blue Marlins	NT 201103345	2:53.76	+0,62	41.28	1:26.24	2:11.30	2:53.76
17. Casper Jacobs	Hoogstratens Zwem Tea	3:02.56 HOZT/11064/12	2:58.62	+0,73	41.68	1:26.87	2:13.85	2:58.62
18. Luc van Drunick	Noordwijkerhout	3:10.17 201201659	3:04.74	+0,63	44.76	1:33.03	2:21.74	3:04.74
19. Menno Lomans	Psv	3:08.89 196101071	3:06.91	+0,75	44.05	1:31.60	2:20.29	3:06.91

Programmanr. 32
13-4-2025 - 14:46

Dames, 50m vlinderslag

2012 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT
1. Sanne Peters	Psv	29.62 200401112	30.12	+0,62
2. Aniek Vuisst	Steenwijk 1934	30.51 200600958	30.78	+0,65
3. Alisha Vieira	Blue Marlins	31.01 199904554	31.14	+0,67
4. Fenne Peters	Psv	31.40 200601388	31.37	+0,68
5. Nadia Armani	Hellas-Glana	31.53 200305598	31.64	+0,71
6. Karlijn Dijkshoorn	Steenwijk 1934	31.04 200803926	31.70	+0,72
7. Zuzanna Kowalczyk	Psv	31.75 200503860	31.98	+0,78
8. Merel Bijl	Feijenoord Albion	31.78 200900762	32.04	+0,73
9. Fenna H�lsgens	Hellas-Glana	34.97 201000276	35.86	+0,71
10. Jessica Lerer	De Kempvis	35.86 201002354	36.07	+0,63
11. Nicole Janssen	D.E.S.	35.24 200502994	36.60	+0,77
12. Tessa Hartman	Westland Swimming Stars	39.00 201002430	36.73	+0,67
13. Lotte Nies	Psv	38.01 200703856	38.52	+0,74
14. Hei Yiu Tang	Feijenoord Albion	39.31 200902148	38.67	+0,70
15. Hannah van Dalen	D.E.S.	37.51 200903578	38.70	+0,92
16. Meike Maat	De Ganze	43.94 201102132	39.52	+0,73
17. Fenna Meuleman	Noordwijkerhout	41.89 201102866	39.75	+0,79
18. Nikki de Heij	BZ en PC	39.37 201101194	39.97	+0,74
19. Laila van der Heiden	Azc	40.27 200803338	40.47	+0,69
20. Cynthia Koolman	Steenwijk 1934	39.60 200300232	41.44	+0,67
21. Bente van Rijn	ZV Westland	43.00 201103086	41.77	+0,76
22. Ana Sophocleous-Reis	Blue Marlins	42.34 200903920	42.47	+0,77
23. Elise Pastorelli	Hieronymus	47.17 201103462	43.72	+0,94
24. Esm�e Niemeijer	Team Noord Holland (SG)	41.10 200904206	44.14	+0,69
25. Madeleine van Beek	Azc	48.29 201102796	48.69	+0,80
26. Esmeralda Elbers	Blue Marlins	45.92 200404888	51.68	+0,87
AFGEM Chlo�e in 't Veen	Wvz	31.30 201100010		
NG Fanni Farkas	De Columbian	31.23 201100360		
NG Minke Oliva Bouman	Blue Marlins	34.77 201100104		

Programmanr. 33
13-4-2025 - 14:51

Heren, 100m vlinderslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
1.	Stijn Saelmans	Hellas-Glana	1:01.22 200700373	1:02.04	+0,68	27.79	1:02.04
2.	Bas Blanker	ACZ	1:02.21 200601497	1:02.18	+0,69	29.17	1:02.18
3.	Aditya Winterberg	Blue Marlins	1:01.73 200800953	1:02.43	+0,65	28.89	1:02.43
4.	Willem Weustink	Team Noord Holland (SG)	1:02.01 200800109	1:02.85	+0,69	28.44	1:02.85
5.	A. van der Maaten	Blue Marlins	1:04.45 200903251	1:03.12	+0,62	28.39	1:03.12
6.	Aidan van der Stelt	Blue Marlins	1:05.99 200900901	1:04.52	+0,68	30.33	1:04.52
7.	Timo Kaanen	Hellas-Glana	1:03.27 200500053	1:05.22	+0,69	28.63	1:05.22
8.	Duco de Gelder	Blue Marlins	1:12.53 201000217	1:06.39	+0,72	30.53	1:06.39
9.	Girish Nolden	Blue Marlins	1:07.53 201000087	1:06.59	+0,71	30.57	1:06.59
10.	Esh Nolden	Blue Marlins	1:19.68 200800145	1:09.69	+0,62	32.28	1:09.69
11.	Patrick Wyrdean	Westland Swimming Stars	1:11.89 199702475	1:11.51	+0,69	32.12	1:11.51
12.	Mees Janssen	Dsz	1:09.36 201102025	1:12.71	+0,66	33.21	1:12.71
13.	David van der Valk	Wiekslag	1:15.47 201100519	1:12.97	+0,74	33.61	1:12.97
14.	Jidde Rademaker	Team Noord Holland (SG)	1:07.58 200603619	1:13.30	+0,64	32.55	1:13.30
15.	Derek Smit	Team Noord Holland (SG)	1:05.88 200702055	1:15.22	+0,71	32.40	1:15.22
16.	Mads Blacqui�re	Psv	1:15.75 201103233	1:16.90	+0,65	35.85	1:16.90
17.	Isaac Sewell Ferriols	Team Noord Holland (SG)	1:13.33 201100593	1:17.09	+0,66	34.07	1:17.09
18.	Nout de Roo	Blue Marlins	1:21.91 201103345	1:18.06	+0,68	35.77	1:18.06
19.	Mahdi Jaghori	Dsz	1:26.32 201003745	1:18.64	+0,70	34.72	1:18.64
20.	Kurt Feldmann	Blue Marlins	NT 201203089	1:19.40	+0,71	36.58	1:19.40
21.	Orlando Carlo Caffaggi	Blue Marlins	NT 201203059	1:19.53	+0,72	36.73	1:19.53
22.	Celestin van der Beek	Psv	1:30.71 201201183	1:19.63	+0,71	37.39	1:19.63
23.	Pepijn van Rijn	Psv	1:22.91 201100331	1:20.83	+0,74	35.40	1:20.83
24.	Finn Knijnenburg	De Columbiaan	1:24.39 201101319	1:21.67	+0,69	34.39	1:21.67
	Lars Stelten	Hellas-Glana	1:28.53 201200151	1:21.67	+0,60	36.02	1:21.67
26.	Darius Stamati	Blue Marlins	NT 201003847	1:22.58	+0,90	38.15	1:22.58
27.	Michael Simons	Psv	1:34.28 201200025	1:24.41	+0,59	37.13	1:24.41
	*BT(100m)						
28.	T. Macaulay-rogeron	Blue Marlins	1:26.51 201102805	1:24.69	+0,72	35.76	1:24.69
29.	Hamza Rakaan	Blue Marlins	1:24.00 201003527	1:25.72	+0,73	37.04	1:25.72
30.	Gijs van der Lee	Azc	1:33.14 201101237	1:27.67	+0,71	38.59	1:27.67
31.	Jaro Hermans	Psv	1:34.72 201200173	1:35.12	+0,71	42.15	1:35.12
AFGEM	D. Togores Rodriguez	Blue Marlins	57.74 199705681				

Programmanr. 34
13-4-2025 - 14:59

Dames, 200m wisselslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1.	Selene Wortel	Hieronymus	2:29.56 199700654	2:29.94	+0,66	31.40	1:12.66	1:56.29	2:29.94
2.	Nadja Roovers	Hieronymus	2:35.98 199800798	2:35.59	+0,73	32.50	1:14.61	1:59.05	2:35.59
3.	Julia D�browska	Blue Marlins	2:38.56 201000300	2:38.59	+0,77	31.88	1:11.79	2:01.59	2:38.59
4.	Sophie van Leent	Blue Marlins	2:38.54 200800522	2:40.03	+0,73	33.26	1:15.59	2:02.55	2:40.03
5.	Elin Riedijk	Blue Marlins	2:46.44 201002056	2:40.54	+0,78	33.97	1:15.37	2:02.80	2:40.54
6.	Krista Bogaerts	Hoogstratens Zwem Tea	2:40.73 HOZT/21077/08	2:40.80	+0,82	36.48	1:16.77	2:04.45	2:40.80
7.	Alaine Lomans	Hellas-Glana	2:42.36 201000420	2:41.01	+0,72	33.31	1:14.98	2:03.21	2:41.01
8.	Esra Simon	Hellas-Glana	2:50.11 201100004	2:41.63	+0,77	33.89	1:17.02	2:04.78	2:41.63
9.	Nina Tetteroo	De Columbiaan	2:42.07 201000048	2:44.63	+0,75	36.85	1:18.65	2:07.97	2:44.63
10.	Jasmijn Schoonen	Wiekslag	2:42.42 200901196	2:44.86	+0,81	36.81	1:19.13	2:06.14	2:44.86
11.	Romy de Graaf	Hellas-Glana	2:42.84 201003660	2:45.56	+0,73	35.06	1:15.17	2:07.65	2:45.56
12.	Simone Brobbel	SG Hoeksche Waard	2:51.78 201200058	2:45.87	+0,79	34.32	1:14.08	2:09.59	2:45.87
13.	Floor Rombouts	Hoogstratens Zwem Tea	2:44.02 HOZT/21051/09	2:45.89	+0,66	35.37	1:19.16	2:07.85	2:45.89
14.	Carlijn Dezutter	Scheldestroom	2:49.76 201100770	2:46.42	+0,71	35.23	1:17.71	2:08.00	2:46.42
15.	Jorja Verschoor	Azc	2:37.94 200902640	2:46.86	+0,75	34.55	1:18.45	2:09.02	2:46.86



Programmanr. 34, Dames, 200m wisselslag, 2012 en ouder

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
16. K. Makhmadiyarova	Blue Marlins	2:51.19 201103178	2:55.85	+0,68	36.79	1:23.21	2:15.14	2:55.85
17. Sophie Hoogervorst	Azc	2:48.79 201100252	2:57.75	+0,74	45.39	1:29.27	2:19.55	2:57.75
18. Samantha Eagleton	Blue Marlins	2:55.35 201103862	2:57.80	+0,62	37.21	1:22.53	2:16.75	2:57.80
19. Naevia Verschoor	Azc	2:56.11 201201976	2:59.94	+0,76	40.04	1:26.54	2:17.68	2:59.94
20. Jolie van Ark	Azc	3:01.57 201101644	3:00.40	+0,85	42.64	1:26.87	2:21.00	3:00.40
21. Charlotte Bakker	BZ en PC	3:12.06 201200524	3:02.45	+0,68	39.62	1:28.04	2:24.15	3:02.45
22. Tatum Vered	Blue Marlins	3:10.05 201201322	3:02.61	+0,92	43.53	1:29.40	2:22.33	3:02.61
23. Berinda van Dijk	Blue Marlins	3:00.24 200104186	3:03.98	+0,84	43.86	1:29.64	2:25.08	3:03.98
24. Danné van Munster	Hellas-Glana	2:57.53 200901262	3:04.20	+0,68	40.76	1:27.01	2:22.09	3:04.20
25. Myrthe van der Linden	Westland Swimming Stars	3:05.57 200704838	3:04.77	+0,69	41.68	1:28.47	2:19.75	3:04.77
26. Liz van Antwerpen	Westland Swimming Stars	3:05.07 201002224	3:05.68	+0,67	41.64	1:27.36	2:22.73	3:05.68
27. Hanna Advokaat	Psv	2:57.57 200901502	3:05.83	+0,86	43.88	1:33.57	2:25.08	3:05.83
28. Gabriela Borges	Blue Marlins	3:08.61 201201726	3:06.48	+0,49	39.93	1:29.43	2:23.47	3:06.48
29. Floortje Bakker	Blue Marlins	3:10.41 201101124	3:07.76	+0,82	41.13	1:29.06	2:26.09	3:07.76
30. Yara Fortes	Blue Marlins	3:11.97 201103030	3:08.53	+0,83	36.82	1:26.38	2:24.26	3:08.53
31. Nikki de Heij	BZ en PC	3:06.91 201101194	3:08.56	+0,73	46.52	1:32.19	2:29.60	3:08.56
32. Annick Gorissen	Blue Marlins	3:08.04 201002248	3:08.67	+0,82	36.36	1:23.97	2:21.68	3:08.67
33. Vere van Klooster	Azc	3:05.19 201002128	3:11.62	+0,69	44.80	1:34.14	2:30.90	3:11.62
34. Jessica Lerer	De Kempvis	2:56.65 201002354	3:12.40	+0,58	41.23	1:28.78	2:27.56	3:12.40
35. Fenna Meuleman	Noordwijkerhout	3:09.68 201102866	3:13.89	+0,86	41.44	1:33.58	2:31.77	3:13.89
36. Meike Maat	De Ganze	3:27.95 201102132	3:20.03	+0,76	42.13	1:39.68	2:37.62	3:20.03
37. Jente Parlevliet	Noordwijkerhout	NT 201003900	3:26.70	+0,81	53.12	1:45.25	2:44.40	3:26.70
*BT(200m)								
38. Ana Sophocleous-Reis	Blue Marlins	NT 200903920	3:27.64	+0,85	50.15	1:41.90	2:44.27	3:27.64
39. Natasha Stewart	Blue Marlins	3:52.56 201201382	3:34.82	+0,74	50.62	1:42.82	2:45.00	3:34.82
40. C. van Bruxvoort	Feijenoord Albion	3:58.54 197700138	3:58.47	+0,85	51.66	1:50.64	3:03.04	3:58.47
AFGEM Eefje van Hinsbergen	Blue Marlins	2:44.59 201002252						
NG Sara Ostermann	Azc	3:06.40 200903630						
NG Anouk van der Lans	Westland Swimming Stars	NT 199801614						
NG Esmeralda Elbers	Blue Marlins	3:45.39 200404888						
NG Isabella Henchie	D.E.S.	3:05.57 200903580						