

LAC deel 1
Den Haag, 3-11-2024

1 - LAC Deel 1

3-11-2024 - 14:00

Programmanr. 1 Heren, 200m wisselslag 2010 en eerder
3-11-2024 - 14:00 Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Myron Artemenko 50m: 29.95	Niemo Barracuda	2:21.40 100m: 1:04.58 150m: 1:46.34 200m: 2:18.59	201003021 2:18.59	
2.	Eli Shields 50m: 31.73	Niemo Barracuda	2:35.39 100m: 1:08.17 150m: 1:51.65 200m: 2:24.54	201000407 2:24.54	FJ 1
3.	Lucas Schouten 50m: 29.21	ZPCH	2:24.46 100m: 1:05.27 150m: 1:50.40 200m: 2:24.54	200901925 2:24.54	FJ 2
4.	Mark Hensen 50m: 30.78	Niemo Barracuda	2:19.71 100m: 1:08.54 150m: 1:52.09 200m: 2:26.66	197900497 2:26.66	
5.	Baris Tomu 50m: 32.13	ZPCH	2:36.58 100m: 1:10.46 150m: 1:55.85 200m: 2:29.64	201000869 2:29.64	
6.	Dennis Dortland 50m: 32.17	Niemo Barracuda	2:33.82 100m: 1:40.07 150m: 1:58.89 200m: 2:33.24	197800261 2:33.24	
7.	Maxwell Russel 50m: 35.18	ZPCH	2:45.68 100m: 1:14.69 150m: 2:02.33 200m: 2:38.65	201002715 2:38.65	
8.	Yaroslav Budylevskyi 50m: 34.16	Niemo Barracuda	2:44.92 100m: 1:17.33 150m: 2:02.78 200m: 2:39.00	200903563 2:39.00	
9.	Thijs Bijman 50m: 33.69	Niemo Barracuda	2:43.25 100m: 1:18.72 150m: 2:01.58 200m: 2:39.22	200901111 2:39.22	
10.	Colin Degenaars 50m: 33.81	ZPCH	2:42.95 100m: 1:19.66 150m: 2:01.98 200m: 2:39.48	199505951 2:39.48	SM14 514
11.	Reinier Velthuijs 50m: 31.29	Niemo Barracuda	2:33.95 100m: 1:11.02 150m: 2:00.58 200m: 2:40.75	200503537 2:40.75	
12.	Marc Hoogendam 50m: 33.90	Blue Marlins	2:36.14 100m: 1:17.74 150m: 2:08.46 200m: 2:46.44	199007713 2:46.44	
13.	Tygo Jongedijk 50m: 38.17	DES	NT 100m: 1:28.94 150m: 2:28.94 200m: 3:12.07	200804121 3:12.07	
14.	N. Constantinescu 50m: 46.59	DES	3:24.70 100m: 1:40.70 150m: 2:42.72 200m: 3:26.26	200903749 3:26.26	
15.	Jonas van Ruiten 50m: 47.00	DES	NT 100m: 1:51.16 150m: 2:51.06 200m: 3:52.50	200604493 3:52.50	
AFGEM	Ids de Klerk	Niemo Barracuda	2:54.43	199803237	
AFGEM	Adam AlZayyat	ZPCH	NT	201003891	

Programmanr. 2 Dames, 200m wisselslag 2010 en eerder
3-11-2024 - 14:11 Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Anouchka Bos 50m: 34.52	Niemo Barracuda	2:31.15 100m: 1:16.90 150m: 2:00.02 200m: 2:35.27	200501528 2:35.27	
2.	Marijke Kommers 50m: 38.86	Niemo Barracuda	2:48.93 100m: 1:21.79 150m: 2:07.05 200m: 2:45.30	199305334 2:45.30	
3.	Demi Bos 50m: 34.60	Niemo Barracuda	2:50.81 100m: 1:20.87 150m: 2:11.10 200m: 2:53.03	201001282 2:53.03	
4.	Rosalie Moller 50m: 38.09	Niemo Barracuda	3:01.19 100m: 1:24.98 150m: 2:14.66 200m: 2:54.91	200903292 2:54.91	
5.	Steffi Meinhold 50m: 41.61	D'elft	2:53.23 100m: 1:26.16 150m: 2:17.56 200m: 2:56.59	198001542 2:56.59	
6.	Tamara van den Brink 50m: 39.52	Niemo Barracuda	2:57.90 100m: 1:26.70 150m: 2:18.20 200m: 2:58.45	199804182 2:58.45	
7.	Nina Slagter 50m: 38.15	DES	2:57.10 100m: 1:25.33 150m: 2:17.32 200m: 2:58.88	201003164 2:58.88	
8.	Wies Hermans 50m: 37.56	ZPCH	2:57.65 100m: 1:22.31 150m: 2:16.59 200m: 2:59.73	201000452 2:59.73	
9.	Nicole Janssen 50m: 38.90	DES	NT 100m: 1:29.07 150m: 2:23.07 200m: 3:07.00	200502994 3:07.00	

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Programmanr. 2, Dames, 200m wisselslag, 2010 en eerder

rang	naam	vereniging	intijd	tijd	RT
10.	Lynn Walter 50m: 44.11	Niemo Barracuda	3:10.08 100m: 1:33.31 150m: 2:29.08 200m: 3:14.48	201000394	3:14.48
11.	Aukje Bos 50m: 41.30	ZPCH	NT 100m: 1:31.18 150m: 2:31.49 200m: 3:16.61	200900666	3:16.61
12.	Jacoline van den Beukel 50m: 43.79	Niemo Barracuda	2:59.42 100m: 1:35.16 150m: 2:37.18 200m: 3:24.68	199100238	3:24.68
AFGEM	Angeliek van Es	Niemo Barracuda	3:14.56	200902332	
AFGEM	Mila Oomens	Niemo Barracuda	2:25.71	200700016	

Programmanr. 3
3-11-2024 - 14:22

Jongens, 200m vrije slag

2015 en later
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Niko Taylan 50m: 41.69	Niemo Barracuda	3:13.65 100m: 1:28.76 150m: 2:16.29 200m: 3:01.69	201500069	3:01.69
2.	Guus van Wingerden 50m: 42.72	Blue Marlins	NT 100m: 1:31.76 150m: 2:22.30 200m: 3:10.07	201500119	3:10.07
DIS	Daniil Riabinin <i>AF - De aangegeven afstand niet uitgezwommen.</i>	Blue Marlins	NT	201500311	
AFGEM	Kyle Chiu	Blue Marlins	NT	201500203	
AFGEM	Alexander Savcenco	Blue Marlins	4:01.57	201500199	

Programmanr. 4
3-11-2024 - 14:27

Meisjes, 200m vrije slag

2015 en later
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Esenija Meerman 50m: 43.66	Blue Marlins	NT 100m: 1:33.24 150m: 2:23.04 200m: 3:12.73	201500764	3:12.73
2.	Julia Roemer 50m: 47.49	Blue Marlins	3:51.17 100m: 1:44.06 150m: 2:43.26 200m: 3:38.29	201500740	3:38.29
AFGEM	Aleksandra Kostina	Blue Marlins	NT	201500210	

Programmanr. 5
3-11-2024 - 14:47

Jongens, 400m vrije slag

2012 en later
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Isai Shields 50m: 36.56	Niemo Barracuda	5:39.42 100m: 1:19.12 200m: 2:43.04 400m: 5:24.91	201300031	5:24.91
2.	Aris Tomu 50m: 37.78	ZPCH	5:42.00 100m: 1:20.95 200m: 2:48.55 400m: 5:37.36	201200861	5:37.36
3.	Lucas de Jonge 50m: 39.46	Niemo Barracuda	NT 100m: 1:25.14 200m: 3:02.31 400m: 6:20.81	201400175	6:20.81
4.	Noah Miggelbrink 50m: 43.19	Blue Marlins	NT 100m: 1:31.68 200m: 3:14.40 400m: 6:33.14	201301223	6:33.14
5.	Guus van Wingerden 50m: 44.64	Blue Marlins	NT 100m: 1:35.03 200m: 3:17.38 400m: 6:38.31	201500119	6:38.31
6.	Niko Taylan 50m: 43.78	Niemo Barracuda	NT 100m: 1:33.20 200m: 3:16.13 400m: 6:38.98	201500069	6:38.98
7.	Leo Belsey 50m: 42.80	DES	NT 100m: 1:30.39 200m: 3:15.09 400m: 6:45.27	201400745	6:45.27 FJ 1
8.	Leo Wang 50m: 44.32	Niemo Barracuda	NT 100m: 1:34.77 200m: 3:20.57 400m: 6:45.27	201201565	6:45.27 FJ 2
9.	Jesse Walter 50m: 45.36	Niemo Barracuda	7:06.13 100m: 1:37.66 200m: 3:28.31 400m: 7:12.38	201200525	7:12.38
10.	Quinn Walter 50m: 47.55	Niemo Barracuda	NT 100m: 1:44.80 200m: 3:51.50 400m: 7:56.54	201400295	7:56.54
AFGEM	Luuk Bijman	Niemo Barracuda	6:12.70	201200201	

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Programmanr. 5, Jongens, 400m vrije slag, 2012 en later

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Vince Oomens	Niemo Barracuda	7:13.33	201400011	
AFGEM	Alain Akarsu	Blue Marlins	NT	201400917	
AFGEM	Kyle Chiu	Blue Marlins	NT	201500203	
AFGEM	Andrew Ho	Blue Marlins	7:36.70	201301211	
AFGEM	Ethan Lee	Blue Marlins	NT	201301935	
AFGEM	Evan Meizel	Blue Marlins	NT	201301503	
AFGEM	Daniil Riabinin	Blue Marlins	NT	201500311	
AFGEM	Alexander Savcenco	Blue Marlins	NT	201500199	

Programmanr. 6
3-11-2024 - 15:20

Meisjes, 400m vrije slag

2012 en later
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Jolene van Dam 50m: 37.02	Niemo Barracuda 100m: 1:19.70 200m: 2:48.06 400m: 5:44.77	6:25.35	201201344	5:44.77
2.	Jazz Hollander 50m: 39.44	ZZ&PC De Devel 100m: 1:22.44 200m: 2:50.41 400m: 5:47.30	NT	201300528	5:47.30
3.	Fien Provily 50m: 37.79	Wiekslag 100m: 1:21.57 200m: 2:51.73 400m: 5:47.65	5:53.47	201400030	5:47.65
4.	Julie Lindgreen 50m: 39.59	Wiekslag 100m: 1:24.11 200m: 2:59.59 400m: 6:11.27	NT	201301624	6:11.27
5.	Roos van Wingerden 50m: 41.62	Blue Marlins 100m: 1:28.72 200m: 3:05.86 400m: 6:12.91	NT	201300946	6:12.91
6.	Elena Aslanjan 50m: 41.86	ZPCH 100m: 1:28.75 200m: 3:09.43 400m: 6:24.83	NT	201301904	6:24.83
7.	Nadirah Vers 50m: 42.02	Blue Marlins 100m: 1:28.62 200m: 3:08.73 400m: 6:32.59	NT	201401362	6:32.59
8.	Noa Jade Boekhoudt 50m: 42.28	Niemo Barracuda 100m: 1:30.44 200m: 3:11.42 400m: 6:40.10	NT	201301026	6:40.10
9.	Aimée Langelaan 50m: 42.35	ZPCH 100m: 1:30.89 200m: 3:14.60 400m: 6:40.89	NT	201300824	6:40.89
10.	Esenija Meerman 50m: 44.96	Blue Marlins 100m: 1:35.81 200m: 3:19.57 400m: 6:41.74	NT	201500764	6:41.74
11.	Lily de Ben 50m: 43.55	Blue Marlins 100m: 1:33.17 200m: 3:19.77 400m: 6:48.84	NT	201301834	6:48.84
12.	Ada Tortopoglu 50m: 47.85	ZPCH 100m: 1:41.32 200m: 3:28.26 400m: 6:54.89	NT	201402486	6:54.89
13.	Faith Sudiarto 50m: 43.09	Blue Marlins 100m: 1:34.35 200m: 3:24.16 400m: 7:09.45	NT	201302354	7:09.45
14.	Julia Roemer 50m: 52.66	Blue Marlins 100m: 1:53.41 200m: 3:59.07 400m: 7:51.93	NT	201500740	7:51.93
AFGEM	Olivia Hess	Blue Marlins	NT	201401258	
AFGEM	Aleksandra Kostina	Blue Marlins	NT	201500210	
AFGEM	Leony Lim	Blue Marlins	NT	201400832	
AFGEM	Audrey Sun	Blue Marlins	NT	201301448	
AFGEM	Stella Tienpont-Vives	Blue Marlins	NT	201400472	
AFGEM	Yanni Wang	Blue Marlins	9:03.81	201400830	

Programmanr. 7
3-11-2024 - 15:59

Heren, 800m vrije slag

2011 en eerder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
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LAC deel 1
Den Haag, 3-11-2024

Programmanr. 7, Heren, 800m vrije slag

1.	Hessel Robert	Het Y	8:32.01	200200917	8:33.92
	50m: 29.85	100m: 1:02.60	200m: 2:07.23	400m: 4:15.42	800m: 8:33.92
2.	Jelte de Jong	ZPCH	8:55.50	200900975	8:36.03
	50m: 29.13	100m: 1:01.26	200m: 2:05.76	400m: 4:16.34	800m: 8:36.03
3.	Figo van Duuren	ZPCH	9:36.67	200800391	9:10.42
	50m: 30.77	100m: 1:04.60	200m: 2:13.06	400m: 4:32.17	800m: 9:10.42
4.	Baris Tomu	ZPCH	9:55.73	201000869	9:13.32
	50m: 30.98	100m: 1:05.54	200m: 2:15.22	400m: 4:35.87	800m: 9:13.32
5.	Eli Shields	Niemo Barracuda	10:15.67	201000407	9:34.95
	50m: 32.42	100m: 1:08.67	200m: 2:21.73	400m: 4:48.61	800m: 9:34.95
6.	Mark Hensen	Niemo Barracuda	9:45.21	197900497	9:35.27
	50m: 31.34	100m: 1:06.52	200m: 2:19.00	400m: 4:45.23	800m: 9:35.27
7.	Dennis Dortland	Niemo Barracuda	10:12.35	197800261	10:03.19
	50m: 32.24	100m: 1:09.55	200m: 2:26.15	400m: 4:59.72	800m: 10:03.19
8.	Colin Degenaaars	ZPCH	10:31.92	199505951	10:20.46
	50m: 31.89	100m: 1:07.38	200m: 2:22.16	400m: 5:00.06	800m: 10:20.46
9.	Thijs Bijman	Niemo Barracuda	11:02.09	200901111	10:22.93
	50m: 34.58	100m: 1:13.59	200m: 2:33.68	400m: 5:13.23	800m: 10:22.93
10.	Reinier Velthuijs	Niemo Barracuda	10:39.93	200503537	10:32.07
	50m: 32.87	100m: 1:10.51	200m: 2:31.12	400m: 5:12.24	800m: 10:32.07
11.	Kay Remmerswaal	DES	NT	200800671	10:36.48
	50m: 33.93	100m: 1:12.93	200m: 2:33.78	400m: 5:17.97	800m: 10:36.48
12.	Joep Lindhout	Niemo Barracuda	11:00.37	201100873	10:46.87
	50m: 34.40	100m: 1:12.54	200m: 2:31.26	400m: 5:16.84	800m: 10:46.87
13.	Yaroslav Budylevskiy	Niemo Barracuda	11:40.23	200903563	10:47.18
	50m: 35.50	100m: 1:15.28	200m: 2:37.42	400m: 5:26.89	800m: 10:47.18
14.	Marc Hoogendam	Blue Marlins	10:39.82	199007713	10:48.95
	50m: 32.70	100m: 1:09.45	200m: 2:28.30	400m: 5:14.80	800m: 10:48.95
15.	Menno Lomans	Psv	11:20.42	196101071	11:23.70
	50m: 36.66	100m: 1:18.35	200m: 2:44.09	400m: 5:38.85	800m: 11:23.70
AFGEM	Ids de Klerk	Niemo Barracuda	12:05.48	199803237	

Programmanr. 8
3-11-2024 - 16:34

Dames, 800m vrije slag

2011 en eerder
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Alysha de Jong	ZPCH	9:11.56	200400086	9:13.64	
	50m: 30.36	100m: 1:04.20	200m: 2:13.64	400m: 4:33.89	800m: 9:13.64	
2.	Anouchka Bos	Niemo Barracuda	9:36.31	200501528	9:46.69	
	50m: 31.82	100m: 1:06.59	200m: 2:19.36	400m: 4:48.81	800m: 9:46.69	
3.	Steffi Meinhold	D'elft	10:23.13	198001542	10:26.78	
	50m: 35.36	100m: 1:14.96	200m: 2:34.93	400m: 5:14.00	800m: 10:26.78	
4.	Marijke Kommers	Niemo Barracuda	10:32.45	199305334	10:29.77	
	50m: 33.59	100m: 1:10.97	200m: 2:29.51	400m: 5:10.01	800m: 10:29.77	
5.	Nora de Hollander	ZPCH	10:48.02	200704926	10:41.20	
	50m: 34.62	100m: 1:13.77	200m: 2:33.57	400m: 5:17.41	800m: 10:41.20	
6.	Aleyna Bakdemir	Blue Marlins	NT	200804386	10:46.78	
	50m: 35.72	100m: 1:15.59	200m: 2:37.37	400m: 5:21.47	800m: 10:46.78	
7.	Danielle Thuijs	ZPCH	10:50.70	200305302	10:51.34	
	50m: 35.83	100m: 1:14.36	200m: 2:34.11	400m: 5:18.79	800m: 10:51.34	
8.	Esmée Rolloos	Niemo Barracuda	11:55.20	199800056	11:03.86	
	50m: 35.52	100m: 1:15.05	200m: 2:37.65	400m: 5:25.89	800m: 11:03.86	
9.	Rosalie Moller	Niemo Barracuda	12:03.34	200903292	11:14.17	
	50m: 36.60	100m: 1:17.02	200m: 2:41.20	400m: 5:33.54	800m: 11:14.17	
10.	Demi Bos	Niemo Barracuda	11:25.33	201001282	11:17.14	
	50m: 37.49	100m: 1:19.07	200m: 2:43.64	400m: 5:36.31	800m: 11:17.14	
11.	Aguila Dolsma	Blue Marlins	11:21.28	200603902	11:17.19	
	50m: 36.61	100m: 1:17.42	200m: 2:41.81	400m: 5:34.22	800m: 11:17.19	
12.	Wies Hermans	ZPCH	11:38.96	201000452	11:37.29	
	50m: 38.37	100m: 1:21.60	200m: 2:49.79	400m: 5:48.60	800m: 11:37.29	
13.	Berinda van Dijk	Blue Marlins	12:22.05	200104186	11:50.18	
	50m: 37.75	100m: 1:20.46	200m: 2:48.56	400m: 5:50.25	800m: 11:50.18	

LAC deel 1
Den Haag, 3-11-2024

Programmanr. 8, Dames, 800m vrije slag, 2011 en eerder

rang	naam	vereniging	intijd		tijd	RT
14.	Jacoline van den Beukel	Niemo Barracuda	11:34.50	199100238	12:38.44	
	50m: 38.10	100m: 1:21.65	200m: 2:52.47	400m: 6:05.34	800m: 12:38.44	
15.	Lynn Walter	Niemo Barracuda	12:05.35	201000394	12:42.90	
	50m: 40.18	100m: 1:25.33	200m: 2:58.24	400m: 6:08.98	800m: 12:42.90	
16.	Esmeralda Elbers	Blue Marlins	12:44.54	200404888	13:29.72	
	50m: 42.78	100m: 1:29.47	200m: 3:08.16	400m: 6:34.44	800m: 13:29.72	
17.	Sofiia Budylevskya	Niemo Barracuda	14:44.17	201102752	14:07.50	
	50m: 44.70	100m: 1:34.89	200m: 3:19.64	400m: 6:55.29	800m: 14:07.50	
AFGEM	Angeliek van Es	Niemo Barracuda	13:15.50	200902332		
AFGEM	Mila Oomens	Niemo Barracuda	9:52.94	200700016		