

Provinciale kampioenschappen sessie 5-8
Dordrecht, 21 - 22-5-2022

Programmanr. 23
21-5-2022 - 9:30

Dames, 100m rugslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Ece Öngören 50m: 35.38	Blue Marlins (SG) 35.38 100m: 1:13.20	1:12.54 37.82	200903862	1:13.20 +0,74
2.	Fleur van den Eijk 50m: 35.03	Blue Marlins (SG) 35.03 100m: 1:13.47	1:10.90 38.44	200900304	1:13.47 +0,64
3.	Gwen Hermans 50m: 37.98	De Columbiaan 37.98 100m: 1:16.16	1:17.14 38.18	200900058	1:16.16 +0,55
4.	Anouk Steller 50m: 37.08	WVZ 37.08 100m: 1:16.22	1:14.69 39.14	201000004	1:16.22 +0,64
5.	Suuz Griekspoor 50m: 38.66	Noordwijkerhout 38.66 100m: 1:18.17	1:16.69 39.51	200901204	1:18.17 +0,72
6.	Hadewych Forschelen 50m: 39.14	MNC Dordrecht 39.14 100m: 1:18.48	1:18.53 39.34	200903572	1:18.48 +0,86
7.	Mijke Ouderkerken 50m: 38.85	Blue Marlins (SG) 38.85 100m: 1:18.85	1:16.20 40.00	200901254	1:18.85 +0,65
8.	Mariia Kostina 50m: 38.03	Blue Marlins (SG) 38.03 100m: 1:19.07	1:17.36 41.04	201002042	1:19.07 +0,66
9.	Luna Buis 50m: 38.11	De Columbiaan 38.11 100m: 1:19.80	1:20.47 41.69	200902680	1:19.80 +0,83
10.	Thea Roed 50m: 39.67	Blue Marlins (SG) 39.67 100m: 1:21.21	1:18.13 41.54	200900474	1:21.21 +0,72
11.	Julia Dabrowska 50m: 39.90	Blue Marlins (SG) 39.90 100m: 1:21.27	1:18.83 41.37	201000300	1:21.27 +0,78
12.	Victoria Diederiks 50m: 40.60	ZVL-1886 Center 40.60 100m: 1:21.73	1:22.02 41.13	200900758	1:21.73 +0,66
13.	Nina van der Schrier 50m: 39.95	AZC 39.95 100m: 1:21.86	1:17.84 41.91	201000444	1:21.86 +0,66
14.	Jaylee van Heijdoorn 50m: 39.20	WVZ 39.20 100m: 1:22.00	1:17.58 42.80	200900636	1:22.00 +0,71
15.	Grace Peters *BU 100m 50m: 40.15	Blue Marlins (SG) 40.15 100m: 1:22.56	1:21.86 42.41	200901474	1:22.56 +0,68
16.	Jasmijn Schoonen 50m: 40.60	Wiekslag 40.60 100m: 1:22.66	1:22.30 42.06	200901196	1:22.66 +0,58
17.	Luna Schipper 50m: 40.07	ZOB'66 40.07 100m: 1:23.10	1:21.06 43.03	200900364	1:23.10 +0,69
18.	Erin de Jong 50m: 41.23	Widex Gzc Donk 41.23 100m: 1:24.01	1:19.97 42.78	201000024	1:24.01 +0,90
19.	Famke Franzen 50m: 42.32	z.c De Schotejil 42.32 100m: 1:28.53	1:27.54 46.21	201000058	1:28.53 +0,69
20.	Manou Longayroux 50m: 43.41	ZZ&PC De Devel 43.41 100m: 1:28.67	1:26.04 45.26	201000580	1:28.67 +0,70
21.	Sanne Mulder 50m: 44.00	Zoetermeer 44.00 100m: 1:28.95	1:25.73 44.95	200900280	1:28.95 +0,57
22.	Aminata Turay 50m: 47.16	Niemo Barracuda 47.16 100m: 1:42.28	1:35.26 55.12	200900282 S10	1:42.28 +1,01 267
NG	Pien Hogervorst	Noordwijkerhout	1:18.38	200901206	
Junioren 3 en 4					
1.	Jinth Engelse 50m: 33.13	Niemo Barracuda 33.13 100m: 1:09.15	1:08.49 36.02	200800204	1:09.15 +0,62
2.	Mila Oomens 50m: 34.46	Niemo Barracuda 34.46 100m: 1:11.05	1:07.72 36.59	200700016	1:11.05 +0,67
3.	Jade van der Schrier 50m: 35.29	AZC 35.29 100m: 1:11.84	1:10.45 36.55	200800692	1:11.84 +0,74
4.	Floor Hogervorst 50m: 35.15	Noordwijkerhout 35.15 100m: 1:11.98	1:10.12 36.83	200701400	1:11.98 +0,67

Provinciale kampioenschappen sessie 5-8
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Programmanr. 23, Meisjes, 100m rugslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
5.	Meyke v. Nimwegen 50m: 35.13	z.c De Schotejil 35.13 100m: 1:12.32	1:11.05 37.19	200800106	1:12.32 +0,76
6.	Kyona Steffe <i>*BU 100m</i> 50m: 35.06	Blue Marlins (SG) 35.06 100m: 1:13.46	1:12.01 38.40	200702004	1:13.46
7.	Thalia Meijer 50m: 35.58	MNC Dordrecht 35.58 100m: 1:14.21	1:12.24 38.63	200704048	1:14.21 +0,75
8.	Robin Vermeulen 50m: 36.16	Blue Marlins (SG) 36.16 100m: 1:14.72	1:09.63 38.56	200700412	1:14.72 +0,75
9.	Charlene Ruiter 50m: 35.90	De Columbiaan 35.90 100m: 1:15.19	1:11.05 39.29	200700522	1:15.19 +0,64
10.	Jazz-Lynn Gomes Delgado 50m: 37.86	Feijenoord Albion 37.86 100m: 1:16.85	1:17.54 38.99	200800738	1:16.85 +0,79
11.	Annedieke Scholte 50m: 37.43	Blue Marlins (SG) 37.43 100m: 1:16.93	1:12.66 39.50	200701110	1:16.93 +0,82
12.	Fleur Kamminga 50m: 37.28	WVZ 37.28 100m: 1:16.94	1:11.53 39.66	200701838	1:16.94 +0,81
13.	Eloisa Gomes Delgado 50m: 38.03	Feijenoord Albion 38.03 100m: 1:17.24	1:16.01 39.21	200700812	1:17.24 +0,82
14.	Tessa Hoogstraten 50m: 37.90	De Columbiaan 37.90 100m: 1:18.11	1:12.35 40.21	200800544	1:18.11 +0,69
15.	Judith Keijzer 50m: 38.53	ZOB'66 38.53 100m: 1:18.47	1:17.61 39.94	200801056	1:18.47 +0,65
16.	Ilse Rozema 50m: 39.16	AZC 39.16 100m: 1:18.74	1:14.32 39.58	200803318	1:18.74 +0,61
17.	Liv Heijdra 50m: 37.82	Feijenoord Albion 37.82 100m: 1:19.03	1:16.23 41.21	200800736	1:19.03 +0,61
18.	Aukje Schonewille 50m: 38.59	SG SCOM/de Zeehond'73 38.59 100m: 1:19.34	1:15.98 40.75	200702340	1:19.34 +0,78
19.	Dide Provily 50m: 38.24	Feijenoord Albion 38.24 100m: 1:19.53	1:16.07 41.29	200700480	1:19.53 +0,79
20.	Ola Zalewska 50m: 38.80	SG SCOM/de Zeehond'73 38.80 100m: 1:20.53	1:17.04 41.73	200802836	1:20.53 +0,74
21.	Dominique Overduin 50m: 39.30	z.c De Schotejil 39.30 100m: 1:21.35	1:17.33 42.05	200700172	1:21.35 +0,63
22.	Julia van Wingerden <i>*BU 50m</i> 50m: 40.92	ZZ&PC De Devel 40.92 100m: 1:21.90	1:16.42 40.98	200800436	1:21.90 +0,64
23.	Samantha van der Jagt 50m: 40.34	Poseidon'56 40.34 100m: 1:21.97	1:16.93 41.63	200700220	1:21.97 +0,74
24.	Britte Lodder 50m: 40.34	ZZ&PC De Devel 40.34 100m: 1:22.60	1:13.80 42.26	200702290	1:22.60 +0,78
NG	Lety Pieters	Blue Marlins (SG)	1:12.61	200702720	

Jeugd 1 en 2

1.	Marit Huisman 50m: 33.20	WVZ 33.20 100m: 1:07.75	1:04.77 34.55	200502620	1:07.75 +0,67
2.	Madelief Mans 50m: 33.45	Blue Marlins (SG) 33.45 100m: 1:08.87	1:05.65 35.42	200501260	1:08.87 +0,73
3.	Karlijn Offeringa <i>*BU 50m</i> 50m: 33.63	ZV Vlaardingen-Schiedam 33.63 100m: 1:09.22	1:07.52 35.59	200503292	1:09.22 +0,70
4.	Megan Jonkman 50m: 34.91	Blue Marlins (SG) 34.91 100m: 1:10.90	1:08.39 35.99	200600508	1:10.90 +0,78
5.	Alina Verga 50m: 34.55	Blue Marlins (SG) 34.55 100m: 1:10.91	1:09.91 36.36	200603112	1:10.91 +0,59
6.	Isa Maes 50m: 33.82	Feijenoord Albion 33.82 100m: 1:12.12	1:08.74 38.30	200500110	1:12.12 +0,68
7.	Nikita Snoeren 50m: 35.13	WVZ 35.13 100m: 1:12.13	1:09.93 37.00	200600342	1:12.13 +0,57

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Programmanr. 23, Meisjes, 100m rugslag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT
8.	Lyke Buscop 50m: 34.74	z.c De Schotejil 34.74 100m: 1:12.61	1:08.72 37.87	200500552	1:12.61 +0,66
9.	Sophia van Droffelaar 50m: 35.71	ZV Vlaardingen-Schiedam 35.71 100m: 1:12.98	1:10.48 37.27	200500330	1:12.98 +0,77
10.	Mieke Chorus 50m: 35.04	De Columbiaan 35.04 100m: 1:13.11	1:07.64 38.07	200505364	1:13.11 +0,71
11.	Kimberly Ruiten 50m: 34.88	De Columbiaan 34.88 100m: 1:13.43	1:09.53 38.55	200600492	1:13.43 +0,64
12.	Donna van der Meer 50m: 37.29	BZ en PC 37.29 100m: 1:16.18	1:12.53 38.89	200601146	1:16.18 +0,69
13.	Chloe Petropoulos 50m: 36.44	WVZ 36.44 100m: 1:16.44	1:11.49 40.00	200505382	1:16.44 +0,66
14.	Hilda Vrijbloed 50m: 37.05	ZV Vlaardingen-Schiedam 37.05 100m: 1:16.60	1:11.11 39.55	200605262	1:16.60 +0,61
15.	Laura Hoogenboezem 50m: 36.57	ACZ 36.57 100m: 1:17.35	1:12.06 40.78	200500390	1:17.35 +0,76

Senioren

1.	Milou van Wijk 50m: 32.08	WVZ 32.08 100m: 1:05.61	1:01.89 33.53	200404948	1:05.61 +0,65
2.	Babette van der Kaaij 50m: 32.98	Blue Marlins (SG) 32.98 100m: 1:07.80	1:03.36 34.82	199902234	1:07.80 +0,64
3.	Julia Notenboom 50m: 33.38	De Columbiaan 33.38 100m: 1:09.02	1:06.34 35.64	200302596	1:09.02 +0,69
4.	Anne Palmans 50m: 34.17	WVZ 34.17 100m: 1:09.76	1:08.43 35.59	200006324	1:09.76 +0,70
5.	Maaïke Broersma *BU 50m 50m: 35.35	BZ en PC 35.35 100m: 1:11.40	1:04.32 36.05	200201522	1:11.40 +0,62
6.	Anouk Vis 50m: 35.52	De Columbiaan 35.52 100m: 1:14.60	1:13.96 39.08	200203322	1:14.60 +0,61
7.	Amy van Leersum 50m: 37.89	Poseidon'56 37.89 100m: 1:16.58	1:12.55 38.69	200200300	1:16.58 +0,68
8.	Milou van Winkel *BU 100m 50m: 39.45	WVZ 39.45 100m: 1:23.15	1:20.84 43.70	200402296 S14	1:23.15 +0,81 457

Programmanr. 24
21-5-2022 - 9:50

Heren, 200m rugslag

Senioren open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Xiaoyu Yin 50m: 33.47	Blue Marlins (SG) 33.47 100m: 1:08.63	2:12.82 35.16 150m: 1:45.53	200803363 36.90 200m: 2:21.09	2:21.09 +0,61 35.56
2.	Yarno van Dam 50m: 34.53	ACZ 34.53 100m: 1:12.53	2:24.29 38.00 150m: 1:50.56	200800115 38.03 200m: 2:27.94	2:27.94 +0,71 37.38
3.	Rein Stoel 50m: 34.83	ZVL-1886 Center 34.83 100m: 1:14.11	2:30.16 39.28 150m: 1:53.78	200800463 39.67 200m: 2:32.13	2:32.13 +0,64 38.35
4.	Niek Sonneveld 50m: 35.93	WVZ 35.93 100m: 1:15.33	2:36.42 39.40 150m: 1:54.91	200802631 39.58 200m: 2:33.80	2:33.80 +0,57 38.89
5.	Luca Boorsma 50m: 37.04	De Columbiaan 37.04 100m: 1:17.38	2:37.31 40.34 150m: 2:00.14	200902031 42.76 200m: 2:40.93	2:40.93 +0,60 40.79
6.	Jamie Kenworthy 50m: 36.91	De Columbiaan 36.91 100m: 1:17.73	2:35.97 40.82 150m: 2:00.34	200800045 42.61 200m: 2:41.90	2:41.90 +0,69 41.56
7.	Lucas Vermeulen 50m: 38.80	Blue Marlins (SG) 38.80 100m: 1:20.67	2:43.23 41.87 150m: 2:02.37	200900683 41.70 200m: 2:44.38	2:44.38 +0,75 42.01
8.	Thygo van Peppel 50m: 37.16	Blue Marlins (SG) 37.16 100m: 1:19.14	2:47.80 41.98 150m: 2:02.45	200901101 43.31 200m: 2:44.54	2:44.54 +0,64 42.09

Provinciale kampioenschappen sessie 5-8
Dordrecht, 21- - 22-5-2022

Programmanr. 24, Jongens, 200m rugslag, Junioren 1 en 2

rang	naam	vereniging	intijd	200900891	tijd	RT
9.	Luca Kamps <i>*BU 50m</i>	De Vliet (SG)	2:54.74	200900891	2:57.06	+0,54
	50m: 42.60	42.60	100m: 1:27.16	44.56	150m: 2:13.30	46.14
					200m: 2:57.06	43.76
10.	Owen Houdé	De Geul	2:53.92	200900903	2:57.71	+0,84
	50m: 42.47	42.47	100m: 1:28.05	45.58	150m: 2:16.40	48.35
					200m: 2:57.71	41.31
11.	Paul Ruitenber	De Geul	2:52.70	200900979	3:01.88	+0,82
	50m: 41.85	41.85	100m: 1:27.43	45.58	150m: 2:17.25	49.82
					200m: 3:01.88	44.63
DIS	Sven Mulder	Zoetermeer	2:56.41	200901655		
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>					

Junioren 3 en 4

1.	Daan Sonneveld	WVZ	2:04.29	200601085	2:12.52	+0,63
	50m: 30.14	30.14	100m: 1:04.19	34.05	150m: 1:39.06	34.87
					200m: 2:12.52	33.46
2.	Thom de Hoog	SG SCOM/de Zeehond'73	2:09.14	200600019	2:14.85	+0,67
	50m: 31.85	31.85	100m: 1:06.40	34.55	150m: 1:41.56	35.16
					200m: 2:14.85	33.29
3.	Jisse Lousma	WVZ	2:18.69	200701493	2:21.36	+0,55
	50m: 33.97	33.97	100m: 1:10.71	36.74	150m: 1:47.30	36.59
					200m: 2:21.36	34.06
4.	Thierry Zulver	ZV Vlaardingen-Schiedam	2:24.24	200700023	2:27.05	+0,62
	50m: 33.41	33.41	100m: 1:10.83	37.42	150m: 1:49.06	38.23
					200m: 2:27.05	37.99
5.	Janu Nolden	WVZ	2:20.18	200600289	2:29.94	+0,72
	50m: 35.95	35.95	100m: 1:14.40	38.45	150m: 1:52.72	38.32
					200m: 2:29.94	37.22
6.	Lars Bulman <i>*BU 200m</i>	Blue Marlins (SG)	2:18.45	200600125	2:30.27	+0,69
	50m: 33.42	33.42	100m: 1:11.22	37.80	150m: 1:50.32	39.10
					200m: 2:30.27	39.95
7.	Joshua Agussalim	Niemo Barracuda	2:20.47	200600153	2:30.67	+0,59
	50m: 34.41	34.41	100m: 1:12.73	38.32	150m: 1:52.43	39.70
					200m: 2:30.67	38.24
8.	Floris Wassenaar	WVZ	2:21.62	200600649	2:31.47	+0,68
	50m: 35.40	35.40	100m: 1:14.06	38.66	150m: 1:53.49	39.43
					200m: 2:31.47	37.98
9.	Hessel de Jong	ACZ	2:35.03	200602753	2:32.28	+0,73
	50m: 35.98	35.98	100m: 1:14.18	38.20	150m: 1:53.62	39.44
					200m: 2:32.28	38.66
10.	Denzel Barthen	WVZ	2:26.28	200700147	2:33.23	+0,68
	50m: 35.30	35.30	100m: 1:14.32	39.02	150m: 1:54.83	40.51
					200m: 2:33.23	38.40
11.	Timo Vankan	De Columbiaan	2:24.19	200603749	2:34.08	+0,75
	50m: 35.34	35.34	100m: 1:14.10	38.76	150m: 1:54.49	40.39
					200m: 2:34.08	39.59
12.	Thijs van den Berg	Blue Marlins (SG)	2:27.69	200600971	2:35.12	+0,76
	50m: 35.78	35.78	100m: 1:14.72	38.94	150m: 1:55.34	40.62
					200m: 2:35.12	39.78
13.	Tibbe Veldboer	SG SCOM/de Zeehond'73	2:30.04	200600911	2:37.32	+0,67
	50m: 35.80	35.80	100m: 1:14.81	39.01	150m: 1:56.00	41.19
					200m: 2:37.32	41.32
14.	Lars Stout	Niemo Barracuda	2:31.91	200600199	2:38.18	+0,73
	50m: 37.89	37.89	100m: 1:17.79	39.90	150m: 1:58.12	40.33
					200m: 2:38.18	40.06
15.	Bas Bechtold	Niemo Barracuda	2:33.84	200600007	2:40.40	+0,63
	50m: 36.67	36.67	100m: 1:17.07	40.40	150m: 1:59.46	42.39
					200m: 2:40.40	40.94
16.	Benjamin Vermeer <i>*BU 50m en 100m</i>	Zoetermeer	2:34.98	200600177	2:42.88	+0,66
	50m: 37.02	37.02	100m: 1:17.89	40.87	150m: 2:00.43	42.54
					200m: 2:42.88	42.45
17.	Bart Geelen	ZVL-1886 Center	2:51.26	200700473	2:50.20	+0,77
	50m: 39.08	39.08	100m: 1:22.84	43.76	150m: 2:07.54	44.70
					200m: 2:50.20	42.66
18.	Jochem Steenstra	Poseidon'56	2:39.57	200701753	2:52.29	+0,74
	50m: 40.36	40.36	100m: 1:23.64	43.28	150m: 2:09.11	45.47
					200m: 2:52.29	43.18
NG	Marnix van Wanrooij	Poseidon'56	2:40.19	200600015		

Jeugd 1 en 2

1.	Yassine Mellah	Widex Gzc Donk	2:21.27	200502159	2:25.28	+0,68
	50m: 32.06	32.06	100m: 1:08.11	36.05	150m: 1:46.44	38.33
					200m: 2:25.28	38.84
2.	Guus Geelen	ZVL-1886 Center	2:24.45	200401183	2:31.37	+0,63
	50m: 33.44	33.44	100m: 1:11.29	37.85	150m: 1:52.46	41.17
					200m: 2:31.37	38.91
3.	Daniel 't Mannetje	z.c De Schotejil	2:23.78	200400183	2:34.09	+0,75
	50m: 34.83	34.83	100m: 1:14.31	39.48	150m: 1:54.58	40.27
					200m: 2:34.09	39.51

Provinciale kampioenschappen sessie 5-8
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Programmanr. 24, Heren, 200m rugslag

Senioren 1 en ouder

1.	Niels Dijkshoorn	ZV Vlaardingen-Schiedam	1:58.73	200203079		2:04.37	+0,64
	50m: 30.23	30.23 100m: 1:01.72	31.49	150m: 1:33.42	31.70	200m: 2:04.37	30.95
2.	Michael Smink	Blue Marlins (SG)	2:04.83	200302169		2:12.79	+0,71
	*BU 200m						
	50m: 31.06	31.06 100m: 1:04.73	33.67	150m: 1:38.52	33.79	200m: 2:12.79	34.27
3.	Ensger Kotterink	Feijenoord Albion	2:04.00	199403391		2:17.62	+0,62
	50m: 31.51	31.51 100m: 1:06.30	34.79	150m: 1:43.45	37.15	200m: 2:17.62	34.17
4.	Jarno Verbeek	Zoetermeer	2:07.56	200200931		2:18.93	+0,56
	50m: 31.46	31.46 100m: 1:06.63	35.17	150m: 1:43.36	36.73	200m: 2:18.93	35.57
5.	Thijs Molendijk	D'elft	2:12.46	199900477		2:20.45	+0,63
	50m: 32.19	32.19 100m: 1:07.79	35.60	150m: 1:44.50	36.71	200m: 2:20.45	35.95
6.	Aron Paasse	z.c De Schotejil	2:15.52	200000099		2:21.71	+0,61
	50m: 32.27	32.27 100m: 1:07.95	35.68	150m: 1:44.86	36.91	200m: 2:21.71	36.85
7.	Daan Hogerhuis	De Columbiaan	2:25.26	200300317		2:22.36	+0,68
	50m: 33.73	33.73 100m: 1:10.01	36.28	150m: 1:46.32	36.31	200m: 2:22.36	36.04
8.	Ivo van Dijk	Blue Marlins (SG)	2:13.39	199702985		2:22.92	+0,64
	50m: 32.01	32.01 100m: 1:08.56	36.55	150m: 1:45.87	37.31	200m: 2:22.92	37.05
9.	Björn de Heus	ZV Vlaardingen-Schiedam	2:17.16	200201077		2:29.51	+0,70
	50m: 33.56	33.56 100m: 1:11.14	37.58	150m: 1:50.76	39.62	200m: 2:29.51	38.75
10.	Daan Siebenheller	ZOB'66	2:15.87	199804955		2:33.09	+0,73
	50m: 34.97	34.97 100m: 1:13.95	38.98	150m: 1:54.20	40.25	200m: 2:33.09	38.89

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Dames, 50m schoolslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT	
Junioren 1 en 2							
1.	Eva Ehlert	Widex Gzc Donk	39.45	201002026	39.24	+0,75	
2.	Grace Peters	Blue Marlins (SG)	39.08	200901474	39.61	+0,78	
3.	Tess van de Steeg	WVZ	40.01	201000016	39.93		
4.	Ashley Mercera	SG SCOM/de Zeehond'73	40.43	201000178	40.73	+0,77	
5.	Anouk de Jong	Widex Gzc Donk	41.87	200902506	41.34	+0,75	
6.	Suuz Griekspoor	Noordwijkerhout	40.68	200901204	41.65	+0,93	
7.	Jasmijn Schoonen	Wiekslag	41.63	200901196	41.74	+0,79	
8.	Luna Schipper	ZOB'66	41.19	200900364	41.82	+0,76	
9.	Jennifer Blenk	ZV Vlaardingen-Schiedam	42.07	200903172	42.59	+0,89	
10.	Sanne Mulder	Zoetermeer	42.25	200900280	42.93	+0,71	
	Jaylee van Heijdoorn	WVZ	42.30	200900636	42.93	+0,84	
12.	Stella Nicoud	WZK Zwemmen	42.96	200903706	43.14	+0,92	
13.	Tessa de Jong	Widex Gzc Donk	42.28	201000026	43.62	+0,87	
14.	Erin de Jong	Widex Gzc Donk	42.48	201000024	43.63		
15.	Luna Buis	De Columbiaan	42.55	200902680	43.68	+0,75	
16.	Britt van de Reep	De Columbiaan	43.31	201001084	44.23		
17.	Tess Meeuwissen	De Columbiaan	42.95	201000370	44.28	+0,77	
18.	Demi Bos	Niemo Barracuda	43.07	201001282	44.50	+0,76	
19.	Esmee de Raadt	ZPB H&L Productions	43.12	201002328	44.61	+0,74	
20.	Mariia Kostina	Blue Marlins (SG)	42.03	201002042	44.64	+0,71	
21.	Reina Böhm	Blue Marlins (SG)	43.17	201000042	45.18	+0,72	
22.	Famke Franzen	z.c De Schotejil	43.05	201000058	45.68		
23.	Wictoria Diederiks	ZVL-1886 Center	41.95	200900758	46.17	+0,83	
24.	Aminata Turay	Niemo Barracuda	57.26	200900282	58.95	+1,08	194
NG	Pien Hogervorst	Noordwijkerhout	40.36	200901206			

Junioren 3 en 4

1.	Flóra Szili-Torok	Blue Marlins (SG)	35.76	200800114	34.87	+0,71
2.	Anniqne Rupke	WVZ	34.29	200700876	35.19	+0,79
3.	Charlene Ruiters	De Columbiaan	36.72	200700522	35.28	+0,70
4.	Mila Oomens	Niemo Barracuda	35.38	200700016	35.66	+0,74
5.	Thalia Meijer	MNC Dordrecht	34.17	200704048	36.21	+0,71
6.	Liv Heijdra	Feijenoord Albion	36.63	200800736	37.76	

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Programmanr. 25, Meisjes, 50m schoolslag, Junioren 3 en 4

rang	naam	vereniging	intijd		tijd	RT
7.	Ananda van der Wiel	WVZ	36.30	200701562	37.96	+0,66
8.	Zofia Lehmann	Blue Marlins (SG)	38.65	200704118	38.03	+0,76
9.	Floor Hogervorst	Noordwijkerhout	37.62	200701400	39.21	+0,74
10.	Ebony Mercera	SG SCOM/de Zeehond'73	38.99	200800488	39.35	+0,80
11.	Nadine Kuiper	WVZ	38.30	200802372	39.40	
12.	Sophie Adriaanse	De Columbiaan	36.72	200701066	39.50	+0,76
13.	Britte Lodder	ZZ&PC De Devel	36.63	200702290	39.69	+0,75
14.	Jinth Engelse	Niemo Barracuda	39.41	200800204	39.81	+0,80
15.	Daniek Wijnen	WVZ	39.25	200701280	40.04	+0,68
16.	Sophie van Leent	Blue Marlins (SG)	39.84	200800522	40.05	+0,80
17.	Nada Mghizrat	Widex Gzc Donk	39.65	200702178	40.09	+0,48
18.	Samantha van der Jagt	Poseidon'56	38.13	200700220	40.27	+0,81
19.	Anoeska Wiltenburg	Widex Gzc Donk	38.60	200703028	40.48	+0,85
20.	Lisa Dirkwager	Blue Marlins (SG)	39.29	200703458	40.54	+0,77
21.	Ilse Rozema	AZC	40.17	200803318	40.85	+0,69
22.	Evi Bol	Wiekslag	40.41	200700790	40.95	+0,77
23.	Kyona Steffe	Blue Marlins (SG)	40.57	200702004	41.88	+0,75
	<i>*BU 50m</i>					
24.	Judith Keijzer	ZOB'66	40.98	200801056	42.15	+0,77
25.	Hanna van Loenen	ZV Vlaardingen-Schiedam	41.44	200800836	43.91	+0,79

Jeugd 1 en 2

1.	Mare Schallenberg	ACZ	33.25	200600078	33.61	+0,83
2.	Kimberly Ruiters	De Columbiaan	35.71	200600492	34.99	+0,68
3.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	34.80	200503292	35.89	+0,81
4.	Isa Maes	Feijenoord Albion	33.31	200500110	35.95	+0,69
5.	Leyla Oversluizen	Feijenoord Albion	34.94	200602730	36.45	+0,74
6.	Megan Jonkman	Blue Marlins (SG)	35.24	200600508	36.47	
7.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	35.62	200500330	37.05	+0,71
8.	Anouchka Bos	Niemo Barracuda	34.78	200501528	37.06	+0,78
9.	Lyke Buscop	z.c De Schotejil	34.89	200500552	37.12	+0,72
10.	Emi Schipper	ZOB'66	36.20	200502126	37.17	+0,86
11.	Chloe Petropoulos	WVZ	36.25	200505382	38.17	+0,76
12.	Madelief Mans	Blue Marlins (SG)	36.11	200501260	38.18	+0,75
13.	Noor Frijlink	De Columbiaan	37.09	200500970	38.57	+0,74
14.	Marit Huisman	WVZ	37.66	200502620	39.56	+0,74
15.	Laura 't Lam	De Geul	38.02	200603376	39.58	+0,74
16.	Laura Hoogenboezem	ACZ	37.83	200500390	39.68	+0,76
17.	Jamila de Lobel	SG SCOM/de Zeehond'73	38.88	200602320	41.88	+0,66
18.	Aguila Dolsma	Blue Marlins (SG)	39.93	200603902	42.14	+0,82
19.	Mar Stoel	ZVL-1886 Center	38.67	200500520	42.46	

Senioren

1.	Rosey Metz	WVZ	29.69	200101786	31.99	+0,76
2.	Anne Palmans	WVZ	30.55	200006324	32.24	+0,71
3.	Lynn Blommers	Blue Marlins (SG)	31.27	200105062	32.93	+0,70
4.	Jill Nai Chung Tong	WVZ	31.88	200404272	33.16	+0,69
5.	Jade Geurts	WVZ	34.60	200402278	35.55	+0,67
6.	Lotte Middelbos	z.c De Schotejil	34.06	199900680	35.87	+0,79
7.	Leonor van Dijk	Blue Marlins (SG)	34.43	200400832	36.04	+0,57
8.	Lonneke Graansma	ZVL-1886 Center	35.72	199900936	36.09	+0,71
9.	Lieske Zijlstra	z.c De Schotejil	35.98	200200996	36.50	+0,75
10.	Anne Dekker	Feijenoord Albion	35.28	199606830	36.76	+0,75
11.	Kim de Jong	De Columbiaan	36.20	200301026	36.90	+0,82
12.	Phaedra Meijer	MNC Dordrecht	34.02	200405834	36.92	+0,74
13.	Marbel Diderik	De Columbiaan	36.11	200205752	37.43	+0,42
14.	Maaïke Broersma	BZ en PC	36.92	200201522	38.42	+0,75
15.	Rozemarijn van Haaff	ZOB'66	35.30	200201852	38.54	+0,74
16.	Carmen Lems	ACZ	37.75	200402632	38.93	+0,73
17.	Amy van Leersum	Poseidon'56	37.75	200200300	39.29	+0,76
18.	Anique Star	De Columbiaan	37.94	200400446	39.52	+0,73
19.	Kelly Wigleven	Poseidon'56	37.36	199500058	39.74	+0,83
20.	Anna Hoogenboezem	ACZ	37.13	200200658	39.81	+0,78
21.	Melanie Marinus-Cruz	WVZ	37.91	200404702	40.11	+0,61
22.	Laura Tromp	ZZ&PC De Devel	38.54	200000276	40.23	+0,73
23.	Sacha van den Dobbelssteen	Blue Marlins (SG)	37.58	200100904	40.50	+0,64

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Programmanr. 25, Dames, 50m schoolslag, Senioren

rang	naam	vereniging	intijd		tijd	RT
24.	Lisa Nederveen	DWF	39.43	200204882	40.78	+0,88
25.	Sanne Nederveen	DWF	39.32	200204884	41.29	+0,84
26.	Milou van Winkel	WVZ	41.66	200402296	44.88	+0,75
AFGEM	Amy Koelman	De Columbiaan	37.29	200300922		398

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Heren, 400m vrije slag

Senioren open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Xiaoyu Yin	Blue Marlins (SG)	4:15.31	200803363	4:30.90	+0,73
	50m: 30.12	30.12 150m: 1:38.25	34.52	250m: 2:47.77	34.67	35.03
	100m: 1:03.73	33.61 200m: 2:13.10	34.85	300m: 3:22.94	35.17	32.93
2.	Yarno van Dam	ACZ	4:32.22	200800115	4:36.34	+0,71
	50m: 30.25	30.25 150m: 1:39.44	35.13	250m: 2:51.76	36.27	35.02
	100m: 1:04.31	34.06 200m: 2:15.49	36.05	300m: 3:27.79	36.03	33.53
3.	Kaan Sudak	Blue Marlins (SG)	4:37.83	200803733	4:40.64	+0,60
	50m: 30.11	30.11 150m: 1:39.17	35.32	250m: 2:52.18	37.42	36.36
	100m: 1:03.85	33.74 200m: 2:14.76	35.59	300m: 3:29.33	37.15	34.95
4.	Joey Pop	ZV Vlaardingen-Schiedam	4:46.37	200800277	4:46.38	+0,70
	50m: 32.19	32.19 150m: 1:44.94	36.63	250m: 2:58.33	36.52	36.02
	100m: 1:08.31	36.12 200m: 2:21.81	36.87	300m: 3:35.03	36.70	35.33
5.	Gijs Hartwijk	ZVL-1886 Center	4:45.95	200800573	4:48.38	+0,64
	50m: 32.66	32.66 150m: 1:46.02	36.77	250m: 2:59.44	36.43	36.63
	100m: 1:09.25	36.59 200m: 2:23.01	36.99	300m: 3:36.53	37.09	35.22
6.	Rein Stoel	ZVL-1886 Center	4:53.08	200800463	4:52.50	+0,80
	50m: 33.11	33.11 150m: 1:47.05	37.14	250m: 3:01.44	36.67	37.25
	100m: 1:09.91	36.80 200m: 2:24.77	37.72	300m: 3:39.09	37.65	36.16
7.	Sebastian Lopes Cardozo	WZK Zwemmen	4:56.27	200800187	4:57.90	
	50m: 32.98	32.98 150m: 1:49.14	38.23	250m: 3:05.69	37.88	37.39
	100m: 1:10.91	37.93 200m: 2:27.81	38.67	300m: 3:43.32	37.63	37.19
8.	Jamie Kenworthy	De Columbiaan	4:58.98	200800045	4:58.82	+0,64
	50m: 33.55	33.55 150m: 1:49.12	38.41	250m: 3:05.96	38.28	38.10
	100m: 1:10.71	37.16 200m: 2:27.68	38.56	300m: 3:45.07	39.11	35.65
9.	Matthijs de Rooij	WZK Zwemmen	5:05.97	200803481	5:04.05	+0,68
	50m: 33.86	33.86 150m: 1:52.31	38.91	250m: 3:11.35	39.33	38.09
	100m: 1:13.40	39.54 200m: 2:32.02	39.71	300m: 3:50.36	39.01	35.60
10.	Sverre van der Zwaan	WVZ	4:58.59	200900737	5:04.11	+0,70
	50m: 32.92	32.92 150m: 1:48.14	37.92	250m: 3:05.79	38.88	39.84
	100m: 1:10.22	37.30 200m: 2:26.91	38.77	300m: 3:45.57	39.78	38.70
11.	Tim Boerefijn	WVZ	5:13.99	200802815	5:05.87	
	50m: 32.47	32.47 150m: 1:51.08	40.27	250m: 3:10.66	39.75	39.17
	100m: 1:10.81	38.34 200m: 2:30.91	39.83	300m: 3:50.67	40.01	36.03
12.	Daan Borst *BU 100m	Niemo Barracuda	5:44.47	200801435	5:06.78	+0,72
	50m: 31.11	31.11 150m: 1:49.76	40.44	250m: 3:09.58	38.95	39.97
	100m: 1:09.32	38.21 200m: 2:30.63	40.87	300m: 3:49.91	40.33	36.90
13.	Luca Boorsma	De Columbiaan	4:59.16	200902031	5:06.92	+0,63
	50m: 34.78	34.78 150m: 1:53.10	39.68	250m: 3:12.07	39.09	38.46
	100m: 1:13.42	38.64 200m: 2:32.98	39.88	300m: 3:51.58	39.51	36.88
14.	Aditya Winterberg	Blue Marlins (SG)	5:10.60	200800953	5:11.01	+0,65
	50m: 33.52	33.52 150m: 1:52.37	40.27	250m: 3:12.71	40.23	40.51
	100m: 1:12.10	38.58 200m: 2:32.48	40.11	300m: 3:52.96	40.25	37.54
15.	Aidan van der Stelt	De Geul	5:12.28	200900901	5:11.42	+0,77
	50m: 34.32	34.32 150m: 1:53.25	39.33	250m: 3:13.24	40.08	40.73
	100m: 1:13.92	39.60 200m: 2:33.16	39.91	300m: 3:54.01	40.77	36.68
16.	Wanne van Geest	ZV Vlaardingen-Schiedam	5:10.16	200901425	5:14.50	+0,81
	50m: 33.47	33.47 150m: 1:52.02	39.95	250m: 3:13.19	40.64	40.46
	100m: 1:12.07	38.60 200m: 2:32.55	40.53	300m: 3:54.45	41.26	39.59
17.	Floris van der Valk	Wiekslag	5:16.83	200801891	5:14.57	+0,72
	50m: 34.71	34.71 150m: 1:54.11	39.21	250m: 3:14.76	40.75	41.07
	100m: 1:14.90	40.19 200m: 2:34.01	39.90	300m: 3:55.51	40.75	37.99
18.	Niek Sonneveld	WVZ	5:09.58	200802631	5:15.44	+0,75
	50m: 33.51	33.51 150m: 1:52.43	40.23	250m: 3:15.59	42.18	41.41
	100m: 1:12.20	38.69 200m: 2:33.41	40.98	300m: 3:57.45	41.86	36.58

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Programmanr. 26, Jongens, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT	
19.	Thygo van Peppel	Blue Marlins (SG)	5:08.91	200901101	5:17.87 +0,74	
	50m: 33.97	33.97 150m: 1:52.93	39.97	250m: 3:14.92	40.64 350m: 4:37.55	40.37
	100m: 1:12.96	38.99 200m: 2:34.28	41.35	300m: 3:57.18	42.26 400m: 5:17.87	40.32
20.	Aiden Lips	Blue Marlins (SG)	5:34.49	200800951	5:20.59 +0,83	
	50m: 35.46	35.46 150m: 1:55.12	40.45	250m: 3:18.18	41.69 350m: 4:41.28	41.30
	100m: 1:14.67	39.21 200m: 2:36.49	41.37	300m: 3:59.98	41.80 400m: 5:20.59	39.31
21.	Fabian Riedijk	Blue Marlins (SG)	5:28.52	200800603	5:22.93 +0,72	
	50m: 32.91	32.91 150m: 1:53.65	41.42	250m: 3:18.17	42.52 350m: 4:43.08	41.90
	100m: 1:12.23	39.32 200m: 2:35.65	42.00	300m: 4:01.18	43.01 400m: 5:22.93	39.85
22.	Owen Houdé	De Geul	5:17.99	200900903	5:30.56 +0,86	
	50m: 34.97	34.97 150m: 1:59.60	43.04	250m: 3:26.04	43.14 350m: 4:51.81	42.66
	100m: 1:16.56	41.59 200m: 2:42.90	43.30	300m: 4:09.15	43.11 400m: 5:30.56	38.75
23.	Luuk Knijnenburg	Noordwijkerhout	5:52.13	200802291	5:30.98 +0,57	
	50m: 31.97	31.97 150m: 1:49.58	40.09	250m: 3:17.26	44.11 350m: 4:47.93	45.21
	100m: 1:09.49	37.52 200m: 2:33.15	43.57	300m: 4:02.72	45.46 400m: 5:30.98	43.05
24.	Paul Ruitenber	De Geul	5:32.96	200900979	5:35.97 +0,76	
	50m: 35.03	35.03 150m: 1:59.87	44.10	250m: 3:28.52	44.24 350m: 4:54.91	44.61
	100m: 1:15.77	40.74 200m: 2:44.28	44.41	300m: 4:10.30	41.78 400m: 5:35.97	41.06
25.	Neo Reiber	Feijenoord Albion	5:30.28	200900699	5:36.93	
	50m: 32.80	32.80 150m: 1:55.58	42.17	250m: 3:23.36	44.87 350m: 4:52.55	43.26
	100m: 1:13.41	40.61 200m: 2:38.49	42.91	300m: 4:09.29	45.93 400m: 5:36.93	44.38
26.	Luka Arkesteyn	ACZ	5:46.98	200903023	5:40.65 +0,72	
	50m: 37.88	37.88 150m: 2:03.66	43.24	250m: 3:31.35	43.96 350m: 4:59.40	43.43
	100m: 1:20.42	42.54 200m: 2:47.39	43.73	300m: 4:15.97	44.62 400m: 5:40.65	41.25
27.	Thomas Braat	AZC	5:38.78	200802269	5:40.71 +0,85	
	50m: 37.80	37.80 150m: 2:03.82	43.60	250m: 3:32.37	44.44 350m: 5:00.41	43.67
	100m: 1:20.22	42.42 200m: 2:47.93	44.11	300m: 4:16.74	44.37 400m: 5:40.71	40.30
28.	Idse Eisses	WVZ	5:49.88	200900009	5:51.99 +0,80	
	50m: 39.65	39.65 150m: 2:10.16	45.35	250m: 3:41.31	45.66 350m: 5:11.04	44.18
	100m: 1:24.81	45.16 200m: 2:55.65	45.49	300m: 4:26.86	45.55 400m: 5:51.99	40.95
29.	Tomás Ketelaars *BU 100m	De Columbiaan	5:34.93	200900729	5:54.15 +0,71	
	50m: 39.23	39.23 150m: 2:09.13	45.23	250m: 3:41.88	46.79 350m: 5:13.18	45.24
	100m: 1:23.90	44.67 200m: 2:55.09	45.96	300m: 4:27.94	46.06 400m: 5:54.15	40.97
DIS	Ivo Bot	Wiekslag	5:24.49	200900509		
	AA - Gestart voor het startsignaal (en wel gezwommen).					

Junioren 3 en 4

1.	Daan Sonneveld	WVZ	4:16.42	200601085	4:25.87 +0,74	
	50m: 29.80	29.80 150m: 1:37.21	34.14	250m: 2:45.94	34.37 350m: 3:55.46	35.02
	100m: 1:03.07	33.27 200m: 2:11.57	34.36	300m: 3:20.44	34.50 400m: 4:25.87	30.41
2.	Laurens Kalle	z.c De Schotejil	4:30.12	200600161	4:30.78 +0,77	
	50m: 29.44	29.44 150m: 1:37.75	34.65	250m: 2:48.74	35.32 350m: 3:59.01	34.90
	100m: 1:03.10	33.66 200m: 2:13.42	35.67	300m: 3:24.11	35.37 400m: 4:30.78	31.77
3.	Bjorn Rijkaart	WVZ	4:22.62	200601337	4:33.40 +0,74	
	50m: 29.99	29.99 150m: 1:39.09	35.37	250m: 2:49.65	34.49 350m: 4:00.53	35.16
	100m: 1:03.72	33.73 200m: 2:15.16	36.07	300m: 3:25.37	35.72 400m: 4:33.40	32.87
4.	Bas Blanker	SG SCOM/de Zeehond'73	4:28.62	200601497	4:35.58 +0,71	
	50m: 30.60	30.60 150m: 1:39.69	35.19	250m: 2:51.13	36.03 350m: 4:02.39	35.71
	100m: 1:04.50	33.90 200m: 2:15.10	35.41	300m: 3:26.68	35.55 400m: 4:35.58	33.19
5.	Björn Mulder	Zoetermeer	4:36.03	200601517	4:35.99 +0,76	
	50m: 30.25	30.25 150m: 1:39.28	34.97	250m: 2:50.71	35.93 350m: 4:01.83	35.41
	100m: 1:04.31	34.06 200m: 2:14.78	35.50	300m: 3:26.42	35.71 400m: 4:35.99	34.16
6.	Roan van der Weide	Widex Gzc Donk	4:38.56	200601629	4:39.08 +0,59	
	50m: 31.29	31.29 150m: 1:41.62	36.01	250m: 2:53.04	35.38 350m: 4:05.04	36.00
	100m: 1:05.61	34.32 200m: 2:17.66	36.04	300m: 3:29.04	36.00 400m: 4:39.08	34.04
7.	Denzel Barthen	WVZ	4:43.08	200700147	4:40.61 +0,77	
	50m: 30.65	30.65 150m: 1:41.19	36.08	250m: 2:54.69	36.97 350m: 4:07.79	36.01
	100m: 1:05.11	34.46 200m: 2:17.72	36.53	300m: 3:31.78	37.09 400m: 4:40.61	32.82
8.	Boele Böhm	Blue Marlins (SG)	4:48.98	200700739	4:42.76 +0,78	
	50m: 30.17	30.17 150m: 1:40.70	36.02	250m: 2:54.71	37.28 350m: 4:08.34	36.83
	100m: 1:04.68	34.51 200m: 2:17.43	36.73	300m: 3:31.51	36.80 400m: 4:42.76	34.42
9.	Thom de Hoog	SG SCOM/de Zeehond'73	4:21.03	200600019	4:45.37 +0,80	
	50m: 30.75	30.75 150m: 1:39.83	34.79	250m: 2:52.02	36.40 350m: 4:07.66	38.16
	100m: 1:05.04	34.29 200m: 2:15.62	35.79	300m: 3:29.50	37.48 400m: 4:45.37	37.71
10.	Dave Dirks	ZV Vlaardingen-Schiedam	4:42.35	200602883	4:48.13 +0,72	
	50m: 31.07	31.07 150m: 1:42.19	36.16	250m: 2:56.90	37.37 350m: 4:12.27	37.40
	100m: 1:06.03	34.96 200m: 2:19.53	37.34	300m: 3:34.87	37.97 400m: 4:48.13	35.86

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Programmanr. 26, Jongens, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
11.	Bo Merkestein	WVZ	5:20.18	200602451	4:51.62 +0,84
	50m: 29.97	29.97 150m: 1:42.62	37.49	250m: 2:59.84	38.70
	100m: 1:05.13	35.16 200m: 2:21.14	38.52	300m: 3:38.39	38.55
				350m: 4:15.47	37.08
				400m: 4:51.62	36.15
12.	Benjamin van Helsdingen	ZZ&PC De Devel	4:42.44	200601097	4:51.79 +0,69
	50m: 31.08	31.08 150m: 1:43.46	37.05	250m: 3:00.71	38.44
	100m: 1:06.41	35.33 200m: 2:22.27	38.81	300m: 3:38.74	38.03
				350m: 4:15.74	37.00
				400m: 4:51.79	36.05
13.	Gaëtan Spicq	Blue Marlins (SG)	4:40.59	200701807	4:52.03 +0,70
	50m: 31.22	31.22 150m: 1:44.93	37.42	250m: 3:00.81	37.66
	100m: 1:07.51	36.29 200m: 2:23.15	38.22	300m: 3:38.98	38.17
				350m: 4:16.06	37.08
				400m: 4:52.03	35.97
14.	Janu Nolden	WVZ	4:53.66	200600289	4:55.11 +0,78
	50m: 32.16	32.16 150m: 1:46.65	37.95	250m: 3:03.40	37.79
	100m: 1:08.70	36.54 200m: 2:25.61	38.96	300m: 3:42.35	38.95
				350m: 4:19.79	37.44
				400m: 4:55.11	35.32
15.	Renzo Steller	WVZ	4:54.04	200701141	4:59.05 +0,89
	50m: 32.86	32.86 150m: 1:48.40	38.70	250m: 3:06.39	39.05
	100m: 1:09.70	36.84 200m: 2:27.34	38.94	300m: 3:46.11	39.72
				350m: 4:23.56	37.45
				400m: 4:59.05	35.49
16.	Benjamin Vermeer	Zoetermeer	5:06.90	200600177	4:59.35 +0,80
	50m: 30.58	30.58 150m: 1:44.21	38.07	250m: 3:02.55	38.98
	100m: 1:06.14	35.56 200m: 2:23.57	39.36	300m: 3:43.11	40.56
				350m: 4:22.25	39.14
				400m: 4:59.35	37.10
17.	Bjorn Duijvestijn	Blue Marlins (SG)	4:57.18	200703233	5:03.49 +0,97
	50m: 32.88	32.88 150m: 1:49.07	38.28	250m: 3:07.91	39.02
	100m: 1:10.79	37.91 200m: 2:28.89	39.82	300m: 3:47.50	39.59
				350m: 4:26.11	38.61
				400m: 5:03.49	37.38
18.	Dominique Drabbe	Zoetermeer	5:10.69	200600145	5:11.66 +0,75
	50m: 32.23	32.23 150m: 1:49.64	40.27	250m: 3:10.99	40.58
	100m: 1:09.37	37.14 200m: 2:30.41	40.77	300m: 3:52.18	41.19
				350m: 4:32.36	40.18
				400m: 5:11.66	39.30
19.	Timo Vankan	De Columbiaan	4:49.78	200603749	5:15.52 +0,71
	50m: 32.25	32.25 150m: 1:49.53	39.65	250m: 3:13.31	42.54
	100m: 1:09.88	37.63 200m: 2:30.77	41.24	300m: 3:55.15	41.84
				350m: 4:36.41	41.26
				400m: 5:15.52	39.11
20.	Rien Mackloet	z.c De Schotejil	5:19.06	200600533	5:16.47 +0,77
	50m: 33.73	33.73 150m: 1:53.56	40.90	250m: 3:15.99	41.22
	100m: 1:12.66	38.93 200m: 2:34.77	41.21	300m: 3:57.05	41.06
				350m: 4:38.74	41.69
				400m: 5:16.47	37.73
21.	Bas Bechtold	Niemo Barracuda	5:03.15	200600007	5:31.80 +0,79
	50m: 32.04	32.04 150m: 1:49.98	40.04	250m: 3:17.63	44.28
	100m: 1:09.94	37.90 200m: 2:33.35	43.37	300m: 4:03.00	45.37
				350m: 4:48.77	45.77
				400m: 5:31.80	43.03
22.	Robin den Ouden	Wiekslag	5:20.30	200600255	5:44.70 +0,65
	50m: 32.44	32.44 150m: 1:54.48	42.53	250m: 3:25.29	46.42
	100m: 1:11.95	39.51 200m: 2:38.87	44.39	300m: 4:12.62	47.33
				350m: 4:59.43	46.81
				400m: 5:44.70	45.27
DIS	Dimi Stoyanov	Blue Marlins (SG)	4:45.77	200601067	
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>				

Jeugd 1 en 2

1.	Efe Öngören	Blue Marlins (SG)	3:59.16	200504459	4:06.82 +0,67
	50m: 28.05	28.05 150m: 1:30.97	31.68	250m: 2:34.10	31.49
	100m: 59.29	31.24 200m: 2:02.61	31.64	300m: 3:05.89	31.79
				350m: 3:37.17	31.28
				400m: 4:06.82	29.65
2.	Émile Fouzaï	Blue Marlins (SG)	4:01.40	200500263	4:07.53 +0,73
	50m: 28.20	28.20 150m: 1:31.20	31.76	250m: 2:34.51	31.49
	100m: 59.44	31.24 200m: 2:03.02	31.82	300m: 3:06.25	31.74
				350m: 3:37.41	31.16
				400m: 4:07.53	30.12
3.	Borys Rudman	Blue Marlins (SG)	4:10.61	200504479	4:16.23 +0,78
	50m: 28.22	28.22 150m: 1:31.63	32.25	250m: 2:37.37	32.95
	100m: 59.38	31.16 200m: 2:04.42	32.79	300m: 3:10.90	33.53
				350m: 3:44.73	33.83
				400m: 4:16.23	31.50
4.	Nathan Janssen	De Geul	4:17.79	200401565	4:30.81 +0,70
	50m: 29.39	29.39 150m: 1:36.62	33.98	250m: 2:45.41	34.77
	100m: 1:02.64	33.25 200m: 2:10.64	34.02	300m: 3:20.59	35.18
				350m: 3:56.45	35.86
				400m: 4:30.81	34.36
5.	Christian Kalle	z.c De Schotejil	4:33.29	200400687	4:39.93 +0,84
	50m: 30.18	30.18 150m: 1:40.29	35.89	250m: 2:54.05	36.67
	100m: 1:04.40	34.22 200m: 2:17.38	37.09	300m: 3:31.01	36.96
				350m: 4:05.56	34.55
				400m: 4:39.93	34.37
6.	Niels van der Mast	ZOB'66	4:40.41	200401917	4:46.99 +0,73
	50m: 31.30	31.30 150m: 1:42.40	36.37	250m: 2:56.85	37.08
	100m: 1:06.03	34.73 200m: 2:19.77	37.37	300m: 3:34.81	37.96
				350m: 4:11.85	37.04
				400m: 4:46.99	35.14
7.	Timo Huizer	Poseidon'56	4:42.81	200401125	5:00.66 +0,78
	50m: 31.88	31.88 150m: 1:45.81	37.72	250m: 3:04.10	39.39
	100m: 1:08.09	36.21 200m: 2:24.71	38.90	300m: 3:44.14	40.04
				350m: 4:23.08	38.94
				400m: 5:00.66	37.58
8.	Thijs Huizer	Noordwijkerhout	4:51.11	200502523	5:01.56 +0,64
	50m: 31.65	31.65 150m: 1:45.65	38.37	250m: 3:06.33	41.53
	100m: 1:07.28	35.63 200m: 2:24.80	39.15	300m: 3:46.70	40.37
				350m: 4:26.11	39.41
				400m: 5:01.56	35.45
9.	Marijn Dekkers	WVZ	4:45.21	200402275	5:12.47 +0,73
	50m: 34.95	34.95 150m: 1:53.10	39.39	250m: 3:13.58	40.31
	100m: 1:13.71	38.76 200m: 2:33.27	40.17	300m: 3:54.98	41.40
				350m: 4:35.40	40.42
				400m: 5:12.47	37.07

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Programmanr. 26, Heren, 400m vrije slag

Senioren 1 en ouder

1.	Niels Dijkshoorn	ZV Vlaardingen-Schiedam	4:00.46	200203079	4:08.32	+0,69
	50m: 27.85	27.85 150m: 1:31.53	32.34	250m: 2:35.57	31.52	350m: 3:38.24
	100m: 59.19	31.34 200m: 2:04.05	32.52	300m: 3:07.24	31.67	400m: 4:08.32
2.	Perry Laarhoven	Feijenoord Albion	4:12.14	200301321	4:10.27	+0,74
	50m: 27.20	27.20 150m: 1:30.49	32.42	250m: 2:35.53	32.78	350m: 3:40.18
	100m: 58.07	30.87 200m: 2:02.75	32.26	300m: 3:08.24	32.71	400m: 4:10.27
3.	Jorian Tanis	Feijenoord Albion	4:04.55	199900327	4:15.09	+0,77
	50m: 29.05	29.05 150m: 1:33.43	33.03	250m: 2:39.27	32.86	350m: 3:44.00
	100m: 1:00.40	31.35 200m: 2:06.41	32.98	300m: 3:11.83	32.56	400m: 4:15.09
4.	Ensgar Kotterink	Feijenoord Albion	4:02.33	199403391	4:26.17	+0,68
	50m: 28.04	28.04 150m: 1:33.06	33.10	250m: 2:41.05	34.15	350m: 3:51.23
	100m: 59.96	31.92 200m: 2:06.90	33.84	300m: 3:16.10	35.05	400m: 4:26.17
5.	Daan Hogerhuis	De Columbiaan	4:13.97	200300317	4:27.56	+0,79
	50m: 29.36	29.36 150m: 1:35.76	33.66	250m: 2:44.53	34.34	350m: 3:53.98
	100m: 1:02.10	32.74 200m: 2:10.19	34.43	300m: 3:19.39	34.86	400m: 4:27.56
6.	Robin van Beek	ZVL-1886 Center	4:32.42	199704023	4:28.95	+0,71
	50m: 30.78	30.78 150m: 1:38.55	33.92	250m: 2:46.94	34.20	350m: 3:55.83
	100m: 1:04.63	33.85 200m: 2:12.74	34.19	300m: 3:21.40	34.46	400m: 4:28.95
7.	Guus Hoogduin	ZVL-1886 Center	4:20.41	200201069	4:31.82	+0,70
	50m: 29.58	29.58 150m: 1:37.31	34.32	250m: 2:47.24	34.75	350m: 3:57.76
	100m: 1:02.99	33.41 200m: 2:12.49	35.18	300m: 3:22.97	35.73	400m: 4:31.82
8.	Jacob Mackloet	z.c De Schotejil	4:18.97	200001171	4:35.08	+0,72
	50m: 29.45	29.45 150m: 1:38.54	35.41	250m: 2:49.93	35.57	350m: 4:00.95
	100m: 1:03.13	33.68 200m: 2:14.36	35.82	300m: 3:25.76	35.83	400m: 4:35.08
9.	Simon Dijkstra	Blue Marlins (SG)	4:39.58	200204905	4:43.72	+0,67
	50m: 30.76	30.76 150m: 1:40.85	35.52	250m: 2:53.17	36.36	350m: 4:07.53
	100m: 1:05.33	34.57 200m: 2:16.81	35.96	300m: 3:30.20	37.03	400m: 4:43.72

Programmanr. 27
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Meisjes, 800m vrije slag

Junioren 4 en later
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Ece Öngören	Blue Marlins (SG)	NT	200903862	10:17.44	+0,80
	50m: 35.22	35.22 250m: 3:14.07	39.45	450m: 5:50.66	38.48	650m: 8:25.09
	100m: 1:14.78	39.56 300m: 3:53.65	39.58	500m: 6:29.22	38.56	700m: 9:03.88
	150m: 1:54.76	39.98 350m: 4:32.85	39.20	550m: 7:08.00	38.78	750m: 9:40.86
	200m: 2:34.62	39.86 400m: 5:12.18	39.33	600m: 7:46.44	38.44	800m: 10:17.44
2.	Grace Peters	Blue Marlins (SG)	10:40.80	200901474	10:34.74	+0,76
	50m: 34.98	34.98 250m: 3:15.04	39.99	450m: 5:56.01	40.97	650m: 8:36.77
	100m: 1:14.68	39.70 300m: 3:55.52	40.48	500m: 6:36.63	40.62	700m: 9:17.02
	150m: 1:54.76	40.08 350m: 4:35.84	40.32	550m: 7:17.14	40.51	750m: 9:56.08
	200m: 2:35.05	40.29 400m: 5:15.04	39.20	600m: 7:56.74	39.60	800m: 10:34.74
3.	Thea Roed	Blue Marlins (SG)	11:14.59	200900474	11:03.30	+0,98
	50m: 35.75	35.75 250m: 3:22.41	42.11	450m: 6:12.03	42.70	650m: 9:01.28
	100m: 1:15.59	39.84 300m: 4:04.30	41.89	500m: 6:54.54	42.51	700m: 9:42.88
	150m: 1:57.81	42.22 350m: 4:46.97	42.67	550m: 7:37.53	42.99	750m: 10:23.17
	200m: 2:40.30	42.49 400m: 5:29.33	42.36	600m: 8:19.84	42.31	800m: 11:03.30
4.	Fleur van den Eijk	Blue Marlins (SG)	10:40.62	200900304	11:07.28	+0,74
	50m: 34.37	34.37 250m: 3:22.69	42.58	450m: 6:13.71	42.63	650m: 9:06.44
	100m: 1:15.37	41.00 300m: 4:05.45	42.76	500m: 6:56.79	43.08	700m: 9:48.87
	150m: 1:57.41	42.04 350m: 4:48.30	42.85	550m: 7:39.69	42.90	750m: 10:30.11
	200m: 2:40.11	42.70 400m: 5:31.08	42.78	600m: 8:22.98	43.29	800m: 11:07.28
5.	Nina Tetteroo	De Columbiaan	11:27.06	201000048	11:19.68	+0,67
	50m: 36.80	36.80 250m: 3:28.14	42.43	450m: 6:21.35	43.61	650m: 9:14.07
	100m: 1:19.49	42.69 300m: 4:11.20	43.06	500m: 7:04.92	43.57	700m: 9:57.16
	150m: 2:02.27	42.78 350m: 4:54.55	43.35	550m: 7:47.72	42.80	750m: 10:39.56
	200m: 2:45.71	43.44 400m: 5:37.74	43.19	600m: 8:30.70	42.98	800m: 11:19.68
6.	Julia Dabrowska	Blue Marlins (SG)	11:36.54	201000300	11:20.88	
	50m: 36.17	36.17 250m: 3:27.12	43.17	450m: 6:20.75	43.33	650m: 9:15.09
	100m: 1:18.02	41.85 300m: 4:10.49	43.37	500m: 7:04.69	43.94	700m: 9:58.45
	150m: 2:00.74	42.72 350m: 4:53.88	43.39	550m: 7:47.85	43.16	750m: 10:40.69
	200m: 2:43.95	43.21 400m: 5:37.42	43.54	600m: 8:31.58	43.73	800m: 11:20.88
7.	Nina van der Schrier	AZC	11:25.05	201000444	11:21.34	+0,71
	50m: 36.05	36.05 250m: 3:29.52	44.49	450m: 6:25.82	43.95	650m: 9:18.87
	100m: 1:17.75	41.70 300m: 4:13.19	43.67	500m: 7:09.28	43.46	700m: 10:01.69
	150m: 2:01.21	43.46 350m: 4:57.87	44.68	550m: 7:52.74	43.46	750m: 10:43.46
	200m: 2:45.03	43.82 400m: 5:41.87	44.00	600m: 8:36.15	43.41	800m: 11:21.34

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Programmanr. 27, Meisjes, 800m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT			
8.	Ashley Mercera <i>*BU 800m</i>	SG SCOM/de Zeehond'73	11:28.07	201000178	12:03.44 +0,80			
	50m: 37.96	37.96	250m: 3:37.34	45.99	450m: 6:44.39	47.28	650m: 9:48.81	46.12
	100m: 1:21.13	43.17	300m: 4:23.63	46.29	500m: 7:29.66	45.27	700m: 10:35.34	46.53
	150m: 2:06.04	44.91	350m: 5:10.71	47.08	550m: 8:16.28	46.62	750m: 11:20.17	44.83
	200m: 2:51.35	45.31	400m: 5:57.11	46.40	600m: 9:02.69	46.41	800m: 12:03.44	43.27

Junioren 3 en 4

1.	Robin Vermeulen	Blue Marlins (SG)	9:28.45	200700412	9:54.00 +0,91			
	50m: 32.59	32.59	250m: 3:02.53	38.02	450m: 5:33.54	37.96	650m: 8:04.10	36.69
	100m: 1:09.40	36.81	300m: 3:40.05	37.52	500m: 6:11.43	37.89	700m: 8:41.45	37.35
	150m: 1:46.87	37.47	350m: 4:17.89	37.84	550m: 6:49.20	37.77	750m: 9:18.03	36.58
	200m: 2:24.51	37.64	400m: 4:55.58	37.69	600m: 7:27.41	38.21	800m: 9:54.00	35.97
2.	Jade van der Schrier	AZC	10:19.14	200800692	10:02.52 +0,82			
	50m: 32.67	32.67	250m: 3:03.00	37.70	450m: 5:35.49	38.31	650m: 8:09.79	38.72
	100m: 1:09.34	36.67	300m: 3:40.90	37.90	500m: 6:14.27	38.78	700m: 8:48.43	38.64
	150m: 1:47.23	37.89	350m: 4:19.35	38.45	550m: 6:52.80	38.53	750m: 9:26.91	38.48
	200m: 2:25.30	38.07	400m: 4:57.18	37.83	600m: 7:31.07	38.27	800m: 10:02.52	35.61
3.	Meyke v. Nimwegen	z.c De Schotejil	10:24.29	200800106	10:09.92 +0,89			
	50m: 33.12	33.12	250m: 3:04.61	38.36	450m: 5:39.58	38.88	650m: 8:15.67	39.35
	100m: 1:09.52	36.40	300m: 3:43.19	38.58	500m: 6:18.06	38.48	700m: 8:54.28	38.61
	150m: 1:47.76	38.24	350m: 4:22.07	38.88	550m: 6:57.46	39.40	750m: 9:32.22	37.94
	200m: 2:26.25	38.49	400m: 5:00.70	38.63	600m: 7:36.32	38.86	800m: 10:09.92	37.70
4.	Liv Heijdra	Feijenoord Albion	10:31.66	200800736	10:39.76 +0,78			
	50m: 33.48	33.48	250m: 3:11.31	40.69	450m: 5:55.79	41.18	650m: 8:42.59	42.29
	100m: 1:11.63	38.15	300m: 3:51.51	40.20	500m: 6:37.03	41.24	700m: 9:22.71	40.12
	150m: 1:50.63	39.00	350m: 4:33.38	41.87	550m: 7:19.58	42.55	750m: 10:03.44	40.73
	200m: 2:30.62	39.99	400m: 5:14.61	41.23	600m: 8:00.30	40.72	800m: 10:39.76	36.32
5.	Annedieke Scholte	Blue Marlins (SG)	10:26.58	200701110	10:40.07 +0,83			
	50m: 33.11	33.11	250m: 3:14.64	41.17	450m: 6:00.42	41.55	650m: 8:44.30	41.06
	100m: 1:11.17	38.06	300m: 3:56.23	41.59	500m: 6:41.16	40.74	700m: 9:23.46	39.16
	150m: 1:52.06	40.89	350m: 4:37.60	41.37	550m: 7:22.38	41.22	750m: 10:03.67	40.21
	200m: 2:33.47	41.41	400m: 5:18.87	41.27	600m: 8:03.24	40.86	800m: 10:40.07	36.40
6.	Nadine Kuiper	WVZ	10:53.36	200802372	11:01.47 +0,81			
	50m: 34.86	34.86	250m: 3:20.25	42.10	450m: 6:09.22	41.92	650m: 8:58.02	41.99
	100m: 1:14.97	40.11	300m: 4:02.15	41.90	500m: 6:51.64	42.42	700m: 9:40.77	42.75
	150m: 1:56.55	41.58	350m: 4:45.00	42.85	550m: 7:33.55	41.91	750m: 10:21.41	40.64
	200m: 2:38.15	41.60	400m: 5:27.30	42.30	600m: 8:16.03	42.48	800m: 11:01.47	40.06
7.	Nada Mghizrat	Widex Gzc Donk	11:03.48	200702178	11:04.17 +0,85			
	50m: 35.22	35.22	250m: 3:18.19	41.75	450m: 6:08.70	42.87	650m: 9:00.11	42.32
	100m: 1:14.66	39.44	300m: 4:00.55	42.36	500m: 6:51.89	43.19	700m: 9:42.04	41.93
	150m: 1:55.16	40.50	350m: 4:42.37	41.82	550m: 7:34.68	42.79	750m: 10:23.48	41.44
	200m: 2:36.44	41.28	400m: 5:25.83	43.46	600m: 8:17.79	43.11	800m: 11:04.17	40.69
8.	Jaylin van der Linden	ZZ&PC De Devel	10:47.17	200701766	11:09.37 +0,71			
	50m: 35.72	35.72	250m: 3:23.21	42.13	450m: 6:14.13	42.61	650m: 9:06.47	42.72
	100m: 1:16.83	41.11	300m: 4:06.21	43.00	500m: 6:57.14	43.01	700m: 9:48.98	42.51
	150m: 1:58.84	42.01	350m: 4:48.71	42.50	550m: 7:40.47	43.33	750m: 10:30.80	41.82
	200m: 2:41.08	42.24	400m: 5:31.52	42.81	600m: 8:23.75	43.28	800m: 11:09.37	38.57

Programmanr. 28
21-5-2022 - 13:30

Dames, 800m vrije slag

Jeugd 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
Jeugd 1 en 2								
1.	Megan Jonkman	Blue Marlins (SG)	9:04.20	200600508	9:12.86 +0,81			
	50m: 30.60	30.60	250m: 2:49.68	35.58	450m: 5:10.23	35.43	650m: 7:31.13	35.17
	100m: 1:03.95	33.35	300m: 3:24.68	35.00	500m: 5:45.39	35.16	700m: 8:05.52	34.39
	150m: 1:38.87	34.92	350m: 3:59.75	35.07	550m: 6:20.71	35.32	750m: 8:39.67	34.15
	200m: 2:14.10	35.23	400m: 4:34.80	35.05	600m: 6:55.96	36.25	800m: 9:12.86	33.19
2.	Aisha Nobels	z.c De Schotejil	10:01.70	200501710	10:21.69 +0,75			
	50m: 32.70	32.70	250m: 3:06.42	39.18	450m: 5:45.99	40.74	650m: 8:27.44	39.95
	100m: 1:09.53	36.83	300m: 3:46.52	40.10	500m: 6:26.20	40.21	700m: 9:06.95	39.51
	150m: 1:48.64	39.11	350m: 4:26.39	39.87	550m: 7:06.69	40.49	750m: 9:45.47	38.52
	200m: 2:27.24	38.60	400m: 5:05.25	38.86	600m: 7:47.49	40.80	800m: 10:21.69	36.22
3.	Hilda Vrijbloed	ZV Vlaardingen-Schiedam	10:12.32	200605262	10:28.62 +0,83			
	50m: 33.71	33.71	250m: 3:11.88	40.22	450m: 5:53.32	40.70	650m: 8:32.85	40.06
	100m: 1:12.63	38.92	300m: 3:51.87	39.99	500m: 6:33.46	40.14	700m: 9:12.02	39.17
	150m: 1:52.20	39.57	350m: 4:32.12	40.25	550m: 7:13.01	39.55	750m: 9:51.39	39.37
	200m: 2:31.66	39.46	400m: 5:12.62	40.50	600m: 7:52.79	39.78	800m: 10:28.62	37.23

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Programmanr. 28, Meisjes, 800m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT
4.	Sabine Looden	De Columbiaan	11:00.90	200601390	11:38.63	+0,82
	50m: 38.00	38.00	250m: 3:31.98	43.89	450m: 6:30.57	44.79
	100m: 1:19.98	41.98	300m: 4:16.77	44.79	500m: 7:15.43	44.86
	150m: 2:03.77	43.79	350m: 5:01.13	44.36	550m: 8:00.65	45.22
	200m: 2:48.09	44.32	400m: 5:45.78	44.65	600m: 8:45.46	44.81
					650m: 9:30.33	44.87
					700m: 10:14.76	44.43
					750m: 10:57.86	43.10
					800m: 11:38.63	40.77
5.	Ilana Sanstra	De Columbiaan	11:30.89	200602398	11:46.37	+0,90
	50m: 37.87	37.87	250m: 3:33.93	44.63	450m: 6:31.93	44.74
	100m: 1:20.94	43.07	300m: 4:17.66	43.73	500m: 7:17.45	45.52
	150m: 2:04.97	44.03	350m: 5:02.23	44.57	550m: 8:02.78	45.33
	200m: 2:49.30	44.33	400m: 5:47.19	44.96	600m: 8:48.00	45.22
					650m: 9:32.51	44.51
					700m: 10:18.26	45.75
					750m: 11:02.49	44.23
					800m: 11:46.37	43.88
NG.ZA	Alina Verga	Blue Marlins (SG)	10:37.82	200603112		

Senioren

1.	Myra Smulders	Blue Marlins (SG)	9:55.33	199904308	9:55.62	+0,67
	50m: 32.84	32.84	250m: 3:02.39	38.12	450m: 5:33.40	37.99
	100m: 1:09.19	36.35	300m: 3:39.91	37.52	500m: 6:11.03	37.63
	150m: 1:46.75	37.56	350m: 4:17.58	37.67	550m: 6:48.82	37.79
	200m: 2:24.27	37.52	400m: 4:55.41	37.83	600m: 7:26.46	37.64
					650m: 8:04.06	37.60
					700m: 8:41.82	37.76
					750m: 9:19.82	38.00
					800m: 9:55.62	35.80
2.	Kim de Jong	De Columbiaan	9:51.01	200301026	10:30.22	+0,88
	50m: 35.04	35.04	250m: 3:12.84	40.16	450m: 5:53.85	40.43
	100m: 1:13.39	38.35	300m: 3:52.98	40.14	500m: 6:34.29	40.44
	150m: 1:52.83	39.44	350m: 4:33.26	40.28	550m: 7:14.47	40.18
	200m: 2:32.68	39.85	400m: 5:13.42	40.16	600m: 7:54.57	40.10
					650m: 8:34.83	40.26
					700m: 9:14.14	39.31
					750m: 9:53.38	39.24
					800m: 10:30.22	36.84
3.	Jet van Oudheusden	ZOB'66	10:34.14	200401012	11:09.47	+0,80
	50m: 35.15	35.15	250m: 3:20.13	43.07	450m: 6:11.73	42.70
	100m: 1:14.10	38.95	300m: 4:03.03	42.90	500m: 6:54.08	42.35
	150m: 1:55.18	41.08	350m: 4:46.32	43.29	550m: 7:37.18	43.10
	200m: 2:37.06	41.88	400m: 5:29.03	42.71	600m: 8:20.47	43.29
					650m: 9:04.14	43.67
					700m: 9:46.52	42.38
					750m: 10:28.94	42.42
					800m: 11:09.47	40.53
4.	Lonneke Graansma	ZVL-1886 Center	11:20.37	199900936	11:11.89	+0,75
	50m: 36.06	36.06	250m: 3:22.92	42.86	450m: 6:14.65	42.70
	100m: 1:16.55	40.49	300m: 4:06.05	43.13	500m: 6:57.86	43.21
	150m: 1:58.27	41.72	350m: 4:48.55	42.50	550m: 7:40.84	42.98
	200m: 2:40.06	41.79	400m: 5:31.95	43.40	600m: 8:23.89	43.05
					650m: 9:06.63	42.74
					700m: 9:49.11	42.48
					750m: 10:31.37	42.26
					800m: 11:11.89	40.52
5.	Isabelle Janssen <i>*BU 800m</i>	De Geul	10:54.60	200006318	12:11.65	+0,85
	50m: 40.45	40.45	250m: 3:42.16	46.45	450m: 6:48.93	46.96
	100m: 1:24.46	44.01	300m: 4:28.67	46.51	500m: 7:35.53	46.60
	150m: 2:09.97	45.51	350m: 5:15.11	46.44	550m: 8:21.89	46.36
	200m: 2:55.71	45.74	400m: 6:01.97	46.86	600m: 9:08.45	46.56
					650m: 9:54.98	46.53
					700m: 10:41.77	46.79
					750m: 11:27.31	45.54
					800m: 12:11.65	44.34
6.	Esmeralda Elbers	Blue Marlins (SG)	12:56.45	200404888	13:09.28	+0,94
	50m: 42.47	42.47	250m: 3:57.03	50.07	450m: 7:18.31	50.43
	100m: 1:29.70	47.23	300m: 4:47.78	50.75	500m: 8:09.07	50.76
	150m: 2:17.79	48.09	350m: 5:37.80	50.02	550m: 9:00.34	51.27
	200m: 3:06.96	49.17	400m: 6:27.88	50.08	600m: 9:51.53	51.19
					650m: 10:42.25	50.72
					700m: 11:33.30	51.05
					750m: 12:22.92	49.62
					800m: 13:09.28	46.36

Programmanr. 29
21-5-2022 - 13:55

Heren, 100m schoolslag

Senioren open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Xiaoyu Yin	Blue Marlins (SG)	1:13.31	200803363	1:16.53	+0,74
	50m: 36.26	36.26	100m: 1:16.53	40.27		
2.	Jamie Kenworthy	De Columbiaan	1:18.24	200800045	1:16.74	+0,67
	50m: 35.40	35.40	100m: 1:16.74	41.34		
3.	Luca Boorsma	De Columbiaan	1:17.03	200902031	1:16.83	+0,62
	50m: 36.50	36.50	100m: 1:16.83	40.33		
4.	Matthijs de Rooij	WZK Zwemmen	1:19.76	200803481	1:18.50	+0,69
	50m: 37.11	37.11	100m: 1:18.50	41.39		
5.	Yarno van Dam	ACZ	1:18.25	200800115	1:20.89	+0,72
	50m: 38.20	38.20	100m: 1:20.89	42.69		
6.	Fabrice Poot	ZV De Watervogels	1:20.93	200800757	1:21.45	+0,79
	50m: 38.66	38.66	100m: 1:21.45	42.79		
7.	Rein Stoel	ZVL-1886 Center	1:19.02	200800463	1:22.36	+0,67
	50m: 38.04	38.04	100m: 1:22.36	44.32		
8.	Floris van der Valk	Wiekslag	1:19.08	200801891	1:22.62	+0,66
	50m: 38.33	38.33	100m: 1:22.62	44.29		

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Programmanr. 29, Jongens, 100m schoolslag, Junioren 1 en 2

rang	naam	vereniging	intijd		tijd	RT
9.	Thygo van Peppel 50m: 38.21	Blue Marlins (SG) 38.21 100m: 1:22.81	1:20.44	200901101	1:22.81	+0,73
10.	Luuk Knijnenburg 50m: 39.49	Noordwijkerhout 39.49 100m: 1:23.54	1:22.22	200802291	1:23.54	+0,78
11.	Alex Woe 50m: 40.21	Poseidon'56 40.21 100m: 1:24.14	1:23.02	200801393	1:24.14	+0,65
12.	Neo Reiber 50m: 38.54	Feijenoord Albion 38.54 100m: 1:25.18	1:22.62	200900699	1:25.18	+0,75
13.	Gijs Hartwijk 50m: 40.88	ZVL-1886 Center 40.88 100m: 1:25.41	1:20.28	200800573	1:25.41	+0,64
14.	Niek Sonneveld 50m: 41.17	WVZ 41.17 100m: 1:26.91	1:26.07	200802631	1:26.91	+0,72
15.	Aditya Winterberg 50m: 40.71	Blue Marlins (SG) 40.71 100m: 1:27.01	1:23.85	200800953	SB15 1:27.01	+0,66
16.	Wout Koppers 50m: 40.64	ZVL-1886 Center 40.64 100m: 1:27.26	1:23.72	200801141	1:27.26	+0,76
17.	Joey Pop 50m: 41.75	ZV Vlaardingen-Schiedam 41.75 100m: 1:27.51	1:27.49	200800277	1:27.51	+0,73
18.	Jantje Schouten 50m: 40.93	ZVL-1886 Center 40.93 100m: 1:27.64	1:29.40	200902305	1:27.64	+0,83
19.	Aidan van der Stelt 50m: 41.91	De Geul 41.91 100m: 1:27.67	1:28.60	200900901	1:27.67	+0,73
20.	Wanne van Geest 50m: 41.35	ZV Vlaardingen-Schiedam 41.35 100m: 1:27.95	1:27.96	200901425	1:27.95	+0,78
21.	Kas Bogaert 50m: 40.58	ZV De Watervogels 40.58 100m: 1:29.33	1:25.54	200800755	1:29.33	+0,77
22.	Fabian Riedijk 50m: 40.85	Blue Marlins (SG) 40.85 100m: 1:29.71	1:29.56	200800603	1:29.71	+0,73
23.	Aiden Lips 50m: 42.60	Blue Marlins (SG) 42.60 100m: 1:29.78	1:24.06	200800951	1:29.78	+0,78
24.	Sebastian Lopes Cardozo 50m: 42.16	WZK Zwemmen 42.16 100m: 1:30.40	1:31.74	200800187	1:30.40	+0,83
25.	Roan Klink 50m: 42.67	De Stelle 42.67 100m: 1:30.54	1:25.56	200800293	1:30.54	+0,73
26.	Lucas Bongers 50m: 42.75	ZOB'66 42.75 100m: 1:30.69	1:29.04	200800903	1:30.69	+0,76
27.	Lucas Vermeulen 50m: 41.58	Blue Marlins (SG) 41.58 100m: 1:31.08	1:25.58	200900683	1:31.08	+0,74
28.	Tim Boerefijn 50m: 42.98	WVZ 42.98 100m: 1:31.80	1:32.29	200802815	1:31.80	+0,78
29.	Lintar Shidiq 50m: 43.11	ZVL-1886 Center 43.11 100m: 1:32.65	1:29.63	200802571	1:32.65	
30.	Paul Ruitenber 50m: 43.59	De Geul 43.59 100m: 1:32.88	1:25.77	200900979	1:32.88	+0,78
31.	Arda Naci 50m: 43.69	WZK Zwemmen 43.69 100m: 1:33.34	1:33.42	200901599	1:33.34	
32.	Milán Biró 50m: 44.34	ACZ 44.34 100m: 1:33.49	1:30.02	200803169	1:33.49	+0,66
33.	Owen Houdé 50m: 44.78	De Geul 44.78 100m: 1:33.83	1:30.25	200900903	1:33.83	+0,84
34.	Luka Arkesteijn 50m: 45.02	ACZ 45.02 100m: 1:35.55	1:33.84	200903023	1:35.55	+0,72
35.	Ivo Bot 50m: 45.08	Wiekslag 45.08 100m: 1:35.57	1:31.28	200900509	1:35.57	+0,85

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Programmanr. 29, Heren, 100m schoolslag

Junioren 3 en 4

1.	Roan van der Weide	Widex Gzc Donk	1:12.43	200601629	1:09.84	+0,51
	50m: 32.91	32.91 100m: 1:09.84	36.93			
2.	Joshua Agussalim	Niemo Barracuda	1:09.38	200600153	1:10.61	+0,73
	50m: 33.89	33.89 100m: 1:10.61	36.72			
3.	Daan Sonneveld	WVZ	1:07.72	200601085	1:12.63	+0,72
	50m: 34.30	34.30 100m: 1:12.63	38.33			
4.	Hessel de Jong	ACZ	1:12.98	200602753	1:14.86	+0,71
	50m: 34.85	34.85 100m: 1:14.86	40.01			
	Thierry Zulver	ZV Vlaardingen-Schiedam	1:10.15	200700023	1:14.86	+0,64
	50m: 35.92	35.92 100m: 1:14.86	38.94			
6.	Bas Blanker	SG SCOM/de Zeehond'73	1:13.21	200601497	1:15.30	+0,73
	50m: 35.83	35.83 100m: 1:15.30	39.47			
7.	Bjorn Rijkaart	WVZ	1:13.34	200601337	1:15.32	+0,79
	50m: 35.19	35.19 100m: 1:15.32	40.13			
8.	Thijs van den Berg	Blue Marlins (SG)	1:11.54	200600971	1:15.51	+0,77
	50m: 35.00	35.00 100m: 1:15.51	40.51			
9.	Lars Bulman	Blue Marlins (SG)	1:11.31	200600125	1:15.60	+0,75
	50m: 35.20	35.20 100m: 1:15.60	40.40			
10.	Denzel Barthen	WVZ	1:20.92	200700147	1:16.74	+0,64
	50m: 36.30	36.30 100m: 1:16.74	40.44			
11.	Björn Mulder	Zoetermeer	1:14.84	200601517	1:17.09	+0,74
	50m: 36.32	36.32 100m: 1:17.09	40.77			
12.	Benjamin Vermeer	Zoetermeer	1:16.28	200600177	1:17.88	+0,82
	50m: 36.24	36.24 100m: 1:17.88	41.64			
13.	Jisse Lousma	WVZ	1:16.82	200701493	1:17.98	+0,64
	50m: 35.86	35.86 100m: 1:17.98	42.12			
14.	Floris Wassenaar	WVZ	1:15.18	200600649	1:18.26	+0,45
	50m: 36.00	36.00 100m: 1:18.26	42.26			
15.	Tavi de Gelder	ZOB'66	1:17.02	200602335	1:18.28	+0,78
	50m: 36.41	36.41 100m: 1:18.28	41.87			
16.	James Lawton	De Columbiaan	1:17.48	200700745	1:18.96	+0,67
	50m: 35.77	35.77 100m: 1:18.96	43.19			
17.	Laurens Kalle	z.c De Schotejil	1:15.80	200600161	1:18.99	+0,76
	50m: 36.65	36.65 100m: 1:18.99	42.34			
18.	Benjamin van Helsdingen	ZZ&PC De Devel	1:19.77	200601097	1:19.24	+0,67
	50m: 36.57	36.57 100m: 1:19.24	42.67			
19.	Thom de Hoog	SG SCOM/de Zeehond'73	1:14.85	200600019	1:20.04	+0,75
	50m: 37.24	37.24 100m: 1:20.04	42.80			
20.	Jasper Groen	ACZ	1:21.36	200602325	1:20.86	+0,73
	50m: 37.92	37.92 100m: 1:20.86	42.94			
21.	Lars Stout	Niemo Barracuda	1:22.18	200600199	1:21.29	+0,82
	50m: 37.23	37.23 100m: 1:21.29	44.06			
22.	Janu Nolden	WVZ	1:20.63	200600289	1:22.72	+0,77
	50m: 38.87	38.87 100m: 1:22.72	43.85			
23.	Jochem Steenstra	Poseidon'56	1:21.21	200701753	1:23.32	+0,76
	50m: 39.11	39.11 100m: 1:23.32	44.21			
24.	Twan Huisman	Niemo Barracuda	1:24.35	200702207	1:23.36	+0,80
	50m: 39.87	39.87 100m: 1:23.36	43.49			
25.	Rely Hoogendijk	WVZ	1:22.29	200702521	1:23.73	+0,78
	50m: 39.49	39.49 100m: 1:23.73	44.24			
26.	Boele Böhm	Blue Marlins (SG)	1:24.85	200700739	1:24.22	+0,81
	50m: 40.43	40.43 100m: 1:24.22	43.79			
27.	Dominique Drabbe	Zoetermeer	1:20.22	200600145	1:24.92	+0,78
	50m: 38.78	38.78 100m: 1:24.92	46.14			
28.	Luca Erkens	ZV Vlaardingen-Schiedam	1:25.53	200601315	1:25.85	+0,70
	50m: 40.62	40.62 100m: 1:25.85	45.23			
29.	Dave Dirks	ZV Vlaardingen-Schiedam	1:20.20	200602883	1:25.97	+0,69
	50m: 40.28	40.28 100m: 1:25.97	45.69			
30.	Daniel Gavran	Widex Gzc Donk	1:23.15	200600667	1:26.85	+0,74
	50m: 40.21	40.21 100m: 1:26.85	46.64			
31.	Robin den Ouden	Wiekslag	1:23.01	200600255	1:26.97	+0,64
	50m: 40.49	40.49 100m: 1:26.97	46.48			

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Programmanr. 29, Jongens, 100m schoolslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
32.	Martijn 't Mannetje 50m: 42.82	De Stelle 42.82 100m: 1:30.33	1:29.92 47.51	200600357	1:30.33 +0,85
33.	Timo Vankan 50m: 42.30	De Columbiaan 42.30 100m: 1:30.99	1:29.71 48.69	200603749	1:30.99 +0,76

Jeugd 1 en 2

1.	Émile Fouzaï 50m: 32.97	Blue Marlins (SG) 32.97 100m: 1:10.00	1:08.43 37.03	200500263	1:10.00 +0,74
2.	Nathan Janssen 50m: 35.37	De Geul 35.37 100m: 1:14.76	1:14.35 39.39	200401565	1:14.76 +0,70
3.	Thijs Visser 50m: 35.64	Niemo Barracuda 35.64 100m: 1:14.92	1:16.56 39.28	200502129	1:14.92 +0,77
4.	Timo Wouters 50m: 34.86	De Geul 34.86 100m: 1:15.12	1:08.97 40.26	200401363	1:15.12 +0,70
5.	Marijn Dekkers 50m: 37.27	WVZ 37.27 100m: 1:19.76	1:16.74 42.49	200402275	1:19.76 +0,73
6.	Aaïke de Tender 50m: 37.14	ZPB H&L Productions 37.14 100m: 1:20.40	1:18.56 43.26	200502189	1:20.40 +0,69
7.	Sidique Turay 50m: 37.49	Niemo Barracuda 37.49 100m: 1:22.09	1:16.97 44.60	200500981	1:22.09 +0,84

Senioren 1 en ouder

1.	Mark Baars 50m: 30.46	Blue Marlins (SG) 30.46 100m: 1:04.77	1:01.06 34.31	198500059	1:04.77 +0,67
2.	Ensgert Kotterink 50m: 29.64	Feijenoord Albion 29.64 100m: 1:04.81	1:00.70 35.17	199403391	1:04.81 +0,67
3.	Joost de Roy van Zuydewijn 50m: 30.99	WVZ 30.99 100m: 1:06.84	1:02.98 35.85	200000255	1:06.84 +0,70
4.	Perry Laarhoven 50m: 31.58	Feijenoord Albion 31.58 100m: 1:08.00	1:02.20 36.42	200301321	1:08.00 +0,73
5.	Stijn Geelen 50m: 31.46	Feijenoord Albion 31.46 100m: 1:08.28	1:03.52 36.82	199801363	1:08.28 +0,71
6.	Xander Vis 50m: 31.89	z.c De Schotejil 31.89 100m: 1:08.68	1:07.43 36.79	200300173	1:08.68 +0,69
7.	Jasper Willig 50m: 32.34	Blue Marlins (SG) 32.34 100m: 1:08.82	1:07.37 36.48	200104757	1:08.82 +0,68
8.	Michael Smink 50m: 31.08	Blue Marlins (SG) 31.08 100m: 1:09.36	1:06.45 38.28	200302169	1:09.36 +0,66
9.	Bert Duivenvoorde 50m: 33.01	Noordwijkerhout 33.01 100m: 1:10.78	1:09.20 37.77	199701805	1:10.78 +0,67
10.	Aron Paasse 50m: 33.16	z.c De Schotejil 33.16 100m: 1:11.51	1:09.33 38.35	200000099	1:11.51 +0,69
11.	Thomas Hesper 50m: 33.60	Niemo Barracuda 33.60 100m: 1:12.14	1:06.63 38.54	200004181	1:12.14
12.	Paul van Grol 50m: 33.51	Widex Gzc Donk 33.51 100m: 1:12.59	1:07.80 39.08	199602951	1:12.59 +0,66
13.	Milan Hamel 50m: 33.50	Blue Marlins (SG) 33.50 100m: 1:12.63	1:07.40 39.13	200302125	1:12.63 +0,67
14.	Daan Hogerhuis 50m: 33.51	De Columbiaan 33.51 100m: 1:13.01	1:10.92 39.50	200300317	1:13.01 +0,75
15.	Simon Dijkstra 50m: 34.38	Blue Marlins (SG) 34.38 100m: 1:13.25	1:10.77 38.87	200204905	1:13.25 +0,67
16.	Jorian Tanis 50m: 33.35	Feijenoord Albion 33.35 100m: 1:13.59	1:09.15 40.24	199900327	1:13.59 +0,57
17.	Ryan van den Ouden 50m: 33.74	Poseidon'56 33.74 100m: 1:14.29	1:10.54 40.55	199900377	1:14.29 +0,79
18.	Guus Hoogduin 50m: 35.06	ZVL-1886 Center 35.06 100m: 1:14.49	1:10.22 39.43	200201069	1:14.49 +0,81
19.	Jim Geestman 50m: 34.25	Blue Marlins (SG) 34.25 100m: 1:14.83	1:12.69 40.58	198300699	1:14.83 +0,59

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Programmanr. 29, Heren, 100m schoolslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT
20.	David Kievit	z.c De Schotejil	1:10.39	199900325	1:16.62 +0,81
	50m: 35.35	35.35 100m: 1:16.62	41.27		
	Kenan Coeruez	Feijenoord Albion	1:07.93	200300357	1:16.62 +0,69
	50m: 35.01	35.01 100m: 1:16.62	41.61		
22.	Sander Iuga	Feijenoord Albion	1:12.83	200101389	1:17.93 +0,64
	50m: 35.78	35.78 100m: 1:17.93	42.15		
23.	Stefan Groen	ACZ	1:13.30	200301179	1:17.99 +0,69
	50m: 35.88	35.88 100m: 1:17.99	42.11		
24.	Daan Siebenheller	ZOB'66	1:13.57	199804955	1:20.48 +0,73
	50m: 37.25	37.25 100m: 1:20.48	43.23		
25.	Konstantinos Doulfis	Blue Marlins (SG)	1:18.28	200204279	1:20.57 +0,61
	50m: 37.09	37.09 100m: 1:20.57	43.48		
26.	Sam Beer	Poseidon'56	1:16.13	199605521	1:20.83 +0,72
	50m: 37.04	37.04 100m: 1:20.83	43.79		
DIS	Dave van den Nieuwendijk	De Columbiaan	1:06.95	200100475	
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>				
NG	Viktor Koets	De Columbiaan	1:07.73	200201677	
BM	Collin van der Hoff	Sola Svømmeklubb	1:04.24	10287187	1:07.11 +0,75
	50m: 31.65	31.65 100m: 1:07.11	35.46		

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Dames, 200m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
Junioren 1 en 2						
1.	Fleur van den Eijk	Blue Marlins (SG)	2:19.44	200900304	2:24.87 +0,73	
	50m: 31.88	31.88 100m: 1:07.96	36.08 150m: 1:46.60	38.64 200m: 2:24.87	38.27	
2.	Suuz Griekspoor	Noordwijkerhout	2:25.87	200901204	2:27.08 +0,94	
	50m: 33.42	33.42 100m: 1:10.52	37.10 150m: 1:49.19	38.67 200m: 2:27.08	37.89	
3.	Anouk Steller	WVZ	2:30.59	201000004	2:28.93 +0,80	
	50m: 33.96	33.96 100m: 1:11.96	38.00 150m: 1:50.35	38.39 200m: 2:28.93	38.58	
4.	Thea Roed	Blue Marlins (SG)	2:30.25	200900474	2:29.64 +0,78	
	50m: 33.70	33.70 100m: 1:10.92	37.22 150m: 1:50.84	39.92 200m: 2:29.64	38.80	
5.	Grace Peters	Blue Marlins (SG)	2:28.27	200901474	2:30.71 +0,79	
	50m: 34.04	34.04 100m: 1:12.71	38.67 150m: 1:52.10	39.39 200m: 2:30.71	38.61	
6.	Gwen Hermans	De Columbiaan	2:33.38	200900058	2:30.72 +0,69	
	50m: 35.61	35.61 100m: 1:14.78	39.17 150m: 1:53.93	39.15 200m: 2:30.72	36.79	
7.	Julia Dabrowska	Blue Marlins (SG)	2:36.09	201000300	2:33.32 +0,76	
	50m: 34.15	34.15 100m: 1:13.62	39.47 150m: 1:54.71	41.09 200m: 2:33.32	38.61	
8.	Mariia Kostina	Blue Marlins (SG)	2:33.38	201002042	2:33.69	38.75
	50m: 34.20	34.20 100m: 1:13.89	39.69 150m: 1:54.94	41.05 200m: 2:33.69		
9.	Nina van der Schrier	AZC	2:30.61	201000444	2:33.82 +0,73	
	50m: 34.58	34.58 100m: 1:14.67	40.09 150m: 1:55.30	40.63 200m: 2:33.82	38.52	
10.	Erin de Jong	Widex Gzc Donk	2:30.95	201000024	2:34.47	40.20
	50m: 34.62	34.62 100m: 1:13.89	39.27 150m: 1:54.27	40.38 200m: 2:34.47		
11.	Hadewych Forschelen	MNC Dordrecht	2:36.10	200903572	2:36.18 +0,81	
	50m: 37.12	37.12 100m: 1:17.87	40.75 150m: 1:58.61	40.74 200m: 2:36.18	37.57	
12.	Luna Buis	De Columbiaan	2:38.26	200902680	2:36.98 +0,73	
	50m: 34.87	34.87 100m: 1:15.15	40.28 150m: 1:57.82	42.67 200m: 2:36.98	39.16	
13.	Zoe Rijkaart	AZC	2:34.20	200903008	2:37.14 +0,73	
	50m: 35.13	35.13 100m: 1:15.20	40.07 150m: 1:56.33	41.13 200m: 2:37.14	40.81	
14.	Sanne Mulder	Zoetermeer	2:34.46	200900280	2:40.75 +0,75	
	50m: 35.83	35.83 100m: 1:16.90	41.07 150m: 1:59.93	43.03 200m: 2:40.75	40.82	
15.	Tessa de Jong	Widex Gzc Donk	2:39.76	201000026	2:40.82 +0,83	
	50m: 36.64	36.64 100m: 1:18.75	42.11 150m: 2:01.06	42.31 200m: 2:40.82	39.76	
16.	Luna Schipper	ZOB'66	2:40.18	200900364	2:41.28 +0,77	
	50m: 36.26	36.26 100m: 1:18.23	41.97 150m: 2:01.36	43.13 200m: 2:41.28	39.92	

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Programmanr. 30, Meisjes, 200m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT
17.	Nina Tetteroo	De Columbiaan	2:37.33	201000048	2:42.52 +0,86
	50m: 37.71	37.71 100m: 1:19.47	41.76	150m: 2:01.91	42.44 200m: 2:42.52
18.	Merel Bijl	SG SCOM/de Zeehond'73	2:42.85	200900762	2:43.04 42.03
	50m: 36.06	36.06 100m: 1:17.50	41.44	150m: 2:01.01	43.51 200m: 2:43.04
19.	Jasmijn Schoonen	Wiekslag	2:38.08	200901196	2:43.62 +0,80
	50m: 36.01	36.01 100m: 1:17.96	41.95	150m: 2:01.82	43.86 200m: 2:43.62
20.	Manou Longayroux	ZZ&PC De Devel	2:33.43	201000580	2:43.68 +0,70
	50m: 37.69	37.69 100m: 1:19.54	41.85	150m: 2:03.06	43.52 200m: 2:43.68
21.	Reina Böhm	Blue Marlins (SG)	2:39.95	201000042	2:44.89 +0,74
	50m: 37.59	37.59 100m: 1:20.10	42.51	150m: 2:03.62	43.52 200m: 2:44.89
22.	Famke Franzen	z.c De Schotejil	2:35.94	201000058	2:44.91 +0,90
	50m: 36.56	36.56 100m: 1:18.20	41.64	150m: 2:02.49	44.29 200m: 2:44.91
23.	Victoria Diederiks	ZVL-1886 Center	2:39.99	200900758	2:46.57 +0,75
	50m: 38.03	38.03 100m: 1:21.42	43.39	150m: 2:06.07	44.65 200m: 2:46.57
24.	Ashley Mercera	SG SCOM/de Zeehond'73	2:36.21	201000178	2:50.56 +0,79
	50m: 38.24	38.24 100m: 1:21.51	43.27	150m: 2:06.91	45.40 200m: 2:50.56
25.	Tess Liebrechts	Widex Gzc Donk	2:41.95	201000212	2:52.12 +0,97
	50m: 38.27	38.27 100m: 1:23.68	45.41	150m: 2:09.92	46.24 200m: 2:52.12
26.	Aminata Turay	Niemo Barracuda	2:59.64	200900282	3:09.13 +1,08 315
	50m: 40.63	40.63 100m: 1:28.28	47.65	150m: 2:18.72	50.44 200m: 3:09.13
NG.ZA	Eva Ehlert	Widex Gzc Donk	2:39.99	201002026	
NG	Pien Hogervorst	Noordwijkerhout	2:34.61	200901206	

Junioren 3 en 4

1.	Ananda van der Wiel	WVZ	2:13.16	200701562	2:14.89 +0,69
	50m: 31.69	31.69 100m: 1:06.30	34.61	150m: 1:41.05	34.75 200m: 2:14.89
2.	Flóra Szili-Torok	Blue Marlins (SG)	2:17.14	200800114	2:15.04 +0,72
	50m: 31.50	31.50 100m: 1:06.01	34.51	150m: 1:40.98	34.97 200m: 2:15.04
3.	Ilse Rozema	AZC	2:17.58	200803318	2:16.69 +0,68
	50m: 30.93	30.93 100m: 1:05.37	34.44	150m: 1:40.94	35.57 200m: 2:16.69
4.	Floor Hogervorst	Noordwijkerhout	2:24.17	200701400	2:18.81 +0,77
	50m: 31.56	31.56 100m: 1:07.23	35.67	150m: 1:43.57	36.34 200m: 2:18.81
5.	Anniqne Rupke	WVZ	2:16.85	200700876	2:18.87 +0,81
	50m: 31.72	31.72 100m: 1:07.18	35.46	150m: 1:43.60	36.42 200m: 2:18.87
6.	Robin Vermeulen	Blue Marlins (SG)	2:12.15	200700412	2:19.28 +0,91
	50m: 32.07	32.07 100m: 1:07.72	35.65	150m: 1:44.07	36.35 200m: 2:19.28
7.	Meyke v. Nimwegen	z.c De Schotejil	2:14.82	200800106	2:19.58 +0,82
	50m: 31.54	31.54 100m: 1:06.99	35.45	150m: 1:43.36	36.37 200m: 2:19.58
8.	Jade van der Schrier	AZC	2:26.83	200800692	2:19.71 +0,77
	50m: 31.92	31.92 100m: 1:07.77	35.85	150m: 1:44.42	36.65 200m: 2:19.71
9.	Fleur Kamminga	WVZ	2:19.20	200701838	2:21.94 +0,85
	50m: 32.52	32.52 100m: 1:08.94	36.42	150m: 1:45.34	36.40 200m: 2:21.94
10.	Liv Heijdra	Feijenoord Albion	2:20.09	200800736	2:25.21 +0,79
	50m: 32.98	32.98 100m: 1:10.71	37.73	150m: 1:48.76	38.05 200m: 2:25.21
11.	Mila Oomens	Niemo Barracuda	2:16.14	200700016	2:25.28 +0,73
	50m: 32.78	32.78 100m: 1:09.21	36.43	150m: 1:47.08	37.87 200m: 2:25.28
12.	Julia van Wingerden	ZZ&PC De Devel	2:21.42	200800436	2:26.38 +0,72
	50m: 34.61	34.61 100m: 1:12.63	38.02	150m: 1:50.47	37.84 200m: 2:26.38
13.	Thalia Meijer	MNC Dordrecht	2:23.95	200704048	2:26.41 +0,73
	50m: 32.38	32.38 100m: 1:10.07	37.69	150m: 1:48.61	38.54 200m: 2:26.41
	Tessa Hoogstraten	De Columbiaan	2:25.91	200800544	2:26.41 +0,69
	50m: 33.81	33.81 100m: 1:11.11	37.30	150m: 1:49.23	38.12 200m: 2:26.41
15.	Kyona Steffe	Blue Marlins (SG)	2:33.54	200702004	2:26.58 +0,77
	50m: 33.26	33.26 100m: 1:11.15	37.89	150m: 1:50.67	39.52 200m: 2:26.58
16.	Annedieke Scholte	Blue Marlins (SG)	2:21.64	200701110	2:26.90 +0,88
	50m: 32.51	32.51 100m: 1:10.01	37.50	150m: 1:49.15	39.14 200m: 2:26.90
17.	Jazz-Lynn Gomes Delgado	Feijenoord Albion	2:18.68	200800738	2:27.58 +0,79
	50m: 33.11	33.11 100m: 1:11.19	38.08	150m: 1:49.97	38.78 200m: 2:27.58
18.	Nada Mghizrat	Widex Gzc Donk	2:32.51	200702178	2:28.50 +0,78
	50m: 33.67	33.67 100m: 1:11.22	37.55	150m: 1:50.43	39.21 200m: 2:28.50

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Programmanr. 30, Meisjes, 200m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
19.	Daniek Wijnen 50m: 33.38	WVZ 33.38 100m: 1:11.49	2:22.56 38.11 150m: 1:50.82	200701280 39.33 200m: 2:28.94	2:28.94 +0,71 38.12
20.	Dominique Overduin 50m: 34.39	z.c De Schotejil 34.39 100m: 1:12.31	2:27.85 37.92 150m: 1:51.72	200700172 39.41 200m: 2:29.77	2:29.77 +0,84 38.05
21.	Charlene Ruiters 50m: 33.97	De Columbiaan 33.97 100m: 1:12.18	2:26.28 38.21 150m: 1:51.73	200700522 39.55 200m: 2:29.99	2:29.99 +0,67 38.26
22.	Dide Provily 50m: 34.60	Feijenoord Albion 34.60 100m: 1:13.58	2:25.93 38.98 150m: 1:53.17	200700480 39.59 200m: 2:31.37	2:31.37 +0,84 38.20
23.	Eloisa Gomes Delgado 50m: 34.26	Feijenoord Albion 34.26 100m: 1:12.66	2:27.37 38.40 150m: 1:53.47	200700812 40.81 200m: 2:31.57	2:31.57 38.10
24.	Sanne Pruntel 50m: 33.88	ZV Vlaardingen-Schiedam 33.88 100m: 1:13.51	2:34.84 39.63 150m: 1:54.02	200802010 40.51 200m: 2:32.83	2:32.83 +0,85 38.81
25.	Anoeska Wiltenburg 50m: 34.46	Widex Gzc Donk 34.46 100m: 1:13.35	2:35.42 38.89 150m: 1:53.82	200703028 40.47 200m: 2:33.04	2:33.04 +0,85 39.22
26.	Sophie van Leent 50m: 34.13	Blue Marlins (SG) 34.13 100m: 1:13.56	2:34.88 39.43 150m: 1:54.96	200800522 41.40 200m: 2:34.15	2:34.15 +0,53 39.19
27.	Sophie Adriaanse 50m: 34.88	De Columbiaan 34.88 100m: 1:14.08	2:30.76 39.20 150m: 1:55.46	200701066 41.38 200m: 2:34.68	2:34.68 +0,79 39.22
28.	Eliska Bosscher 50m: 35.24	MNC Dordrecht 35.24 100m: 1:15.25	2:34.01 40.01 150m: 1:56.42	200800054 41.17 200m: 2:35.79	2:35.79 +0,74 39.37
29.	Jaylin van der Linden 50m: 34.73	ZZ&PC De Devel 34.73 100m: 1:15.87	2:26.98 41.14 150m: 1:57.52	200701766 41.65 200m: 2:36.92	2:36.92 +0,74 39.40
30.	Aukje Schonewille 50m: 35.51	SG SCOM/de Zeehond'73 35.51 100m: 1:16.25	2:30.80 40.74 150m: 1:58.19	200702340 41.94 200m: 2:38.60	2:38.60 +0,80 40.41
31.	Jasmijn Kamminga 50m: 35.25	WVZ 35.25 100m: 1:15.80	2:32.64 40.55 150m: 1:58.60	200802932 42.80 200m: 2:39.68	2:39.68 +0,94 41.08
32.	Samantha van der Jagt 50m: 36.75	Poseidon'56 36.75 100m: 1:18.02	2:30.92 41.27 150m: 2:00.99	200700220 42.97 200m: 2:41.18	2:41.18 +0,81 40.19

Jeugd 1 en 2

1.	Sophia van Droffelaar 50m: 29.87	ZV Vlaardingen-Schiedam 29.87 100m: 1:02.21	2:06.46 32.34 150m: 1:35.32	200500330 33.11 200m: 2:08.50	2:08.50 +0,72 33.18
2.	Leyla Oversluizen 50m: 30.99	Feijenoord Albion 30.99 100m: 1:04.69	2:11.81 33.70 150m: 1:39.15	200602730 34.46 200m: 2:12.25	2:12.25 +0,76 33.10
3.	Marit Huisman 50m: 30.44	WVZ 30.44 100m: 1:04.27	2:09.33 33.83 150m: 1:39.20	200502620 34.93 200m: 2:12.35	2:12.35 +0,73 33.15
4.	Kimberly Ruiters 50m: 30.29	De Columbiaan 30.29 100m: 1:04.12	2:17.66 33.83 150m: 1:39.84	200600492 35.72 200m: 2:15.83	2:15.83 35.99
5.	Laura 't Lam 50m: 31.00	De Geul 31.00 100m: 1:06.15	2:17.18 35.15 150m: 1:42.36	200603376 36.21 200m: 2:18.84	2:18.84 +0,72 36.48
6.	Alina Verga 50m: 32.88	Blue Marlins (SG) 32.88 100m: 1:08.95	2:16.56 36.07 150m: 1:46.15	200603112 37.20 200m: 2:21.29	2:21.29 +0,71 35.14
7.	Aisha Nobels 50m: 32.19	z.c De Schotejil 32.19 100m: 1:07.91	2:14.04 35.72 150m: 1:45.33	200501710 37.42 200m: 2:21.34	2:21.34 +0,70 36.01
	Britt van't Zant 50m: 30.84	Feijenoord Albion 30.84 100m: 1:06.45	2:09.91 35.61 150m: 1:43.79	200501170 37.34 200m: 2:21.34	2:21.34 +0,74 37.55
9.	Nikita Snoeren 50m: 32.59	WVZ 32.59 100m: 1:09.75	2:21.06 37.16 150m: 1:47.59	200600342 37.84 200m: 2:23.67	2:23.67 +0,74 36.08
10.	Mieke Chorus 50m: 30.81	De Columbiaan 30.81 100m: 1:08.52	2:14.37 37.71 150m: 1:45.96	200505364 37.44 200m: 2:23.73	2:23.73 +0,76 37.77
11.	Lyke Buscop 50m: 33.16	z.c De Schotejil 33.16 100m: 1:10.19	2:19.70 37.03 150m: 1:48.11	200500552 37.92 200m: 2:24.38	2:24.38 +0,73 36.27
12.	Anouchka Bos 50m: 33.15	Niemo Barracuda 33.15 100m: 1:09.64	2:14.55 36.49 150m: 1:47.38	200501528 37.74 200m: 2:24.53	2:24.53 +0,77 37.15
13.	Donna van der Meer 50m: 33.45	BZ en PC 33.45 100m: 1:11.04	2:22.84 37.59 150m: 1:48.90	200601146 37.86 200m: 2:24.73	2:24.73 +0,69 35.83
14.	Emma Verkuyl 50m: 32.37	WVZ 32.37 100m: 1:09.14	2:13.35 36.77 150m: 1:47.18	200500826 38.04 200m: 2:25.40	2:25.40 +0,77 38.22
15.	Emi Schipper 50m: 33.39	ZOB'66 33.39 100m: 1:11.00	2:23.50 37.61 150m: 1:49.45	200502126 38.45 200m: 2:26.69	2:26.69 +0,78 37.24
16.	Felicia Adema 50m: 32.97	Blue Marlins (SG) 32.97 100m: 1:10.22	2:22.89 37.25 150m: 1:48.92	200501310 38.70 200m: 2:26.96	2:26.96 +0,78 38.04

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Programmanr. 30, Meisjes, 200m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT
17.	Aguila Dolsma *BU 150m	Blue Marlins (SG)	2:40.00	200603902	S14
	50m: 36.71	36.71	100m: 1:18.69	41.98	150m: 2:01.55
				42.86	200m: 2:41.70
					40.15

Senioren

1.	Jill Nai Chung Tong	WVZ	2:06.35	200404272		2:07.39	+0,71
	50m: 30.57	30.57	100m: 1:03.69	33.12	150m: 1:36.33	32.64	200m: 2:07.39
							31.06
2.	Milou van Wijk	WVZ	2:04.96	200404948		2:08.35	+0,84
	50m: 29.80	29.80	100m: 1:03.54	33.74	150m: 1:37.11	33.57	200m: 2:08.35
							31.24
3.	Lynn Blommers	Blue Marlins (SG)	2:04.77	200105062		2:09.14	+0,71
	50m: 29.92	29.92	100m: 1:03.22	33.30	150m: 1:36.72	33.50	200m: 2:09.14
							32.42
4.	Angelique van Vark	Widex Gzc Donk	2:05.86	199701478		2:10.69	+0,74
	50m: 29.55	29.55	100m: 1:02.55	33.00	150m: 1:36.77	34.22	200m: 2:10.69
							33.92
5.	Silke Molendijk	ZVL-1886 Center	2:08.29	200100178		2:10.80	+0,68
	50m: 30.48	30.48	100m: 1:04.04	33.56	150m: 1:37.84	33.80	200m: 2:10.80
							32.96
6.	Anne Palmans	WVZ	2:07.99	200006324		2:11.82	+0,72
	50m: 31.05	31.05	100m: 1:04.50	33.45	150m: 1:38.49	33.99	200m: 2:11.82
							33.33
7.	Lieske Zijlstra	z.c De Schotejil	2:16.51	200200996		2:16.33	+0,76
	50m: 31.27	31.27	100m: 1:06.00	34.73	150m: 1:41.75	35.75	200m: 2:16.33
							34.58
8.	Rosey Metz	WVZ	2:15.07	200101786		2:17.31	+0,74
	50m: 30.79	30.79	100m: 1:05.38	34.59	150m: 1:41.11	35.73	200m: 2:17.31
							36.20
9.	Phaedra Meijer	MNC Dordrecht	2:15.48	200405834		2:19.31	+0,79
	50m: 30.61	30.61	100m: 1:06.14	35.53	150m: 1:43.27	37.13	200m: 2:19.31
							36.04
10.	Julia Notenboom	De Columbiaan	2:14.77	200302596		2:19.50	+0,89
	50m: 32.11	32.11	100m: 1:07.16	35.05	150m: 1:43.59	36.43	200m: 2:19.50
							35.91
11.	Anouk Vis	De Columbiaan	2:15.07	200203322		2:19.60	+0,77
	50m: 31.24	31.24	100m: 1:06.30	35.06	150m: 1:43.21	36.91	200m: 2:19.60
							36.39
12.	Amy van Leersum	Poseidon'56	2:18.67	200200300		2:21.49	+0,78
	50m: 31.55	31.55	100m: 1:07.04	35.49	150m: 1:44.79	37.75	200m: 2:21.49
							36.70
13.	Giulia Corsi	De Columbiaan	2:20.30	200100468		2:23.60	+0,62
	50m: 32.67	32.67	100m: 1:09.80	37.13	150m: 1:47.33	37.53	200m: 2:23.60
							36.27
14.	Carmen Lems	ACZ	2:18.88	200402632		2:24.29	+0,76
	50m: 32.76	32.76	100m: 1:09.59	36.83	150m: 1:47.81	38.22	200m: 2:24.29
							36.48
15.	Leonoor van Dijk	Blue Marlins (SG)	2:20.39	200400832		2:24.69	+0,69
	50m: 32.74	32.74	100m: 1:09.47	36.73	150m: 1:47.02	37.55	200m: 2:24.69
							37.67
16.	Rozemarijn van Haaff	ZOB'66	2:19.32	200201852		2:25.85	+0,75
	50m: 32.81	32.81	100m: 1:09.59	36.78	150m: 1:48.24	38.65	200m: 2:25.85
							37.61
17.	Anique Star	De Columbiaan	2:18.73	200400446		2:28.88	+0,75
	50m: 33.49	33.49	100m: 1:10.92	37.43	150m: 1:49.83	38.91	200m: 2:28.88
							39.05
18.	Milou van Winkel	WVZ	2:27.43	200402296	S14	2:33.82	+0,71
	50m: 33.39	33.39	100m: 1:13.72	40.33	150m: 1:55.06	41.34	200m: 2:33.82
							38.76
19.	Kim de Jong	De Columbiaan	2:17.18	200301026		2:34.59	+0,75
	50m: 35.49	35.49	100m: 1:14.91	39.42	150m: 1:55.12	40.21	200m: 2:34.59
							39.47

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Heren, 50m vlinderslag

Senioren open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Kaan Sudak	Blue Marlins (SG)	32.11	200803733	26.78
2.	Xiaoyu Yin	Blue Marlins (SG)	28.32	200803363	28.25
3.	Jamie Kenworthy	De Columbiaan	30.11	200800045	29.25
4.	Yarno van Dam	ACZ	29.79	200800115	29.34
5.	Neo Reiber	Feijenoord Albion	32.01	200900699	30.58
6.	Aditya Winterberg	Blue Marlins (SG)	32.93	200800953	31.09
7.	Rein Stoel	ZVL-1886 Center	29.68	200800463	31.10
8.	Luca Boorsma	De Columbiaan	32.07	200902031	31.48
9.	Floris van der Valk	Wiekslag	30.66	200801891	31.58
10.	Luuk Knijnenburg	Noordwijkerhout	33.04	200802291	31.84

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Programmanr. 31, Jongens, 50m vlinderslag, Junioren 1 en 2

rang	naam	vereniging	intijd		tijd	RT
11.	Alex Woe	Poseidon'56	32.12	200801393	32.14	+0,69
12.	Niek Sonneveld	WVZ	32.63	200802631	32.16	+0,68
13.	Sebastian Lopes Cardozo	WZK Zwemmen	33.47	200800187	32.17	+0,81
14.	Gijs Hartwijk	ZVL-1886 Center	32.60	200800573	32.53	+0,67
15.	Matthijs de Rooij	WZK Zwemmen	34.58	200803481	32.92	+0,83
16.	Lucas Vermeulen	Blue Marlins (SG)	33.20	200900683	33.09	+0,71
17.	Kas Bogaert	ZV De Watervogels	35.96	200800755	33.33	+0,82
18.	Aidan van der Stelt	De Geul	34.67	200900901	33.44	+0,68
19.	Roan Klink	De Stelle	33.16	200800293	33.52	+0,76
20.	Ivo Bot	Wiekslag	33.43	200900509	33.94	+0,70
21.	Wanne van Geest	ZV Vlaardingen-Schiedam	35.39	200901425	34.49	+0,76
22.	Joey Pop	ZV Vlaardingen-Schiedam	35.46	200800277	34.53	+0,73
23.	Tim Boerefijn	WVZ	36.26	200802815	34.65	+0,76
24.	Lintar Shidiq	ZVL-1886 Center	34.41	200802571	34.82	+0,75
25.	Lucas Bongers	ZOB'66	36.29	200800903	34.86	+0,83
26.	Jantje Schouten	ZVL-1886 Center	38.88	200902305	35.01	+0,65
27.	Dylan Dortland	Niemo Barracuda	35.86	200900165	35.54	+0,68
28.	Wout Koppers	ZVL-1886 Center	35.90	200801141	35.59	+0,72
29.	Jesper van Tilburg	De Geul	35.29	200800043	35.61	+0,86
30.	Tomás Ketelaars	De Columbiaan	38.73	200900729	35.86	+0,72
31.	Milán Biró	ACZ	35.95	200803169	35.92	+0,68
32.	Paul Ruitenber	De Geul	36.64	200900979	36.26	+0,78
33.	Owen Houdé	De Geul	36.02	200900903	36.51	+0,88
34.	Luca Kamps	De Vliet (SG)	37.50	200900891	37.37	+0,79
35.	Omar Badawy	De Vliet (SG)	38.10	200802679	38.25	+0,85
DIS	Esh Nolden	WVZ	39.38	200800145		

AA - Gestart voor het startsignaal (en wel gezwommen).

Junioren 3 en 4

1.	Joshua Agussalim	Niemo Barracuda	25.92	200600153	26.69	+0,69
2.	Lars Bulman	Blue Marlins (SG)	26.22	200600125	26.96	+0,67
3.	Thierry Zulver	ZV Vlaardingen-Schiedam	27.20	200700023	27.47	+0,62
4.	Bjorn Rijkaart	WVZ	27.55	200601337	27.59	+0,74
	Daan Sonneveld	WVZ	26.70	200601085	27.59	+0,73
6.	Jisse Lousma	WVZ	28.18	200701493	28.11	+0,68
7.	Laurens Kalle	z.c De Schotejil	28.59	200600161	28.72	+0,77
8.	Benjamin van Helsdingen	ZZ&PC De Devel	28.49	200601097	29.01	+0,65
	Thom de Hoog	SG SCOM/de Zeehond'73	28.30	200600019	29.01	
10.	Dave Dirks	ZV Vlaardingen-Schiedam	29.22	200602883	29.20	+0,71
11.	Bas Blanker	SG SCOM/de Zeehond'73	28.92	200601497	29.25	+0,75
12.	Floris Wassenaar	WVZ	28.70	200600649	29.27	+0,46
13.	Gaëtan Spicq	Blue Marlins (SG)	30.26	200701807	29.59	+0,73
14.	Tavi de Gelder	ZOB'66	29.81	200602335	29.68	+0,81
15.	Dimi Stoyanov	Blue Marlins (SG)	29.21	200601067	29.78	+0,75
16.	Janu Nolden	WVZ	29.72	200600289	29.80	+0,77
17.	Rely Hoogendijk	WVZ	31.47	200702521	29.92	+0,75
18.	Boele Böhm	Blue Marlins (SG)	29.97	200700739	30.11	+0,76
19.	Roan van der Weide	Widex Gzc Donk	30.81	200601629	30.72	+0,76
20.	Bo Merkestein	WVZ	30.92	200602451	30.77	+0,78
21.	Anco van der Lans	ZV Vlaardingen-Schiedam	31.41	200601889	31.03	+0,72
22.	Thijs van der Hout	Blue Marlins (SG)	32.19	200700913	31.17	+0,71
23.	Tibbe Veldboer	SG SCOM/de Zeehond'73	32.82	200600911	31.45	+0,62
24.	Niels Meijer	Blue Marlins (SG)	31.58	200701645	31.57	+0,64
25.	Bjorn Duijvestijn	Blue Marlins (SG)	32.55	200703233	31.63	+0,76
26.	Benjamin Vermeer	Zoetermeer	31.88	200600177	31.68	+0,82
27.	Dominique Drabbe	Zoetermeer	31.79	200600145	32.17	+0,82
28.	Timo Vankan	De Columbiaan	31.63	200603749	32.27	+0,82
29.	Rien Mackloet	z.c De Schotejil	33.18	200600533	32.98	+0,81
30.	Robin den Ouden	Wiekslag	31.67	200600255	33.02	
31.	Arav Ramcharan	Poseidon'56	33.87	200603067	33.29	+0,78
32.	James Lawton	De Columbiaan	33.08	200700745	33.50	+0,66
33.	Csongor Biró	ACZ	33.26	200604101	33.64	+0,71
34.	Rick Boender	ZOB'66	33.28	200700235	33.95	+0,65
35.	Lars Stout	Niemo Barracuda	33.97	200600199	34.72	+0,87
36.	Jochem Steenstra	Poseidon'56	33.50	200701753	35.83	+0,77
DIS	Bart Geelen	ZVL-1886 Center	34.01	200700473		

VM - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.

NG	Marnix van Wanrooij	Poseidon'56	31.38	200600015		
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Programmanr. 31, Heren, 50m vlinderslag

Jeugd 1 en 2

1.	Émile Fouzaï	Blue Marlins (SG)	26.01	200500263	26.05	+0,71
2.	Borys Rudman	Blue Marlins (SG)	27.65	200504479	26.89	+0,72
3.	Pepijn van Egmond	WVZ	26.88	200402309	27.32	+0,74
4.	Timo Wouters	De Geul	26.77	200401363	27.42	+0,66
5.	Menno Wieringa	ACZ	27.27	200500927	28.07	+0,69
6.	Niels van der Mast	ZOB'66	28.07	200401917	28.21	+0,56
7.	Nathan Janssen	De Geul	27.79	200401565	28.46	+0,71
8.	Yassine Mellah	Widex Gzc Donk	28.84	200502159	28.78	+0,76
9.	Neel Sahti	Blue Marlins (SG)	28.76	200404227	28.99	+0,71
10.	Benjamin Boender	ZOB'66	29.86	200401351	29.09	+0,66
11.	Wouter Willig	Blue Marlins (SG)	28.41	200502785	29.12	+0,78
12.	Guus Geelen	ZVL-1886 Center	29.37	200401183	29.45	+0,74
13.	Bo Schoenmakers	Widex Gzc Donk	28.17	200402919	29.49	+0,68
14.	Christian Kalle	z.c De Schotejil	29.04	200400687	29.70	+0,85
15.	Nikita Lubbe	Poseidon'56	30.11	200502219	29.93	+0,66
16.	Daniel 't Mannetje	z.c De Schotejil	29.29	200400183	29.98	+0,76
17.	Sidique Turay	Niemo Barracuda	29.71	200500981	29.99	+0,82
18.	Timo Huizer	Poseidon'56	29.86	200401125	30.69	+0,77
19.	Tjomme de Tender	ZPB H&L Productions	30.60	200502187	31.24	+0,78
20.	Marijn Dekkers	WVZ	31.14	200402275	31.56	+0,61
21.	Aaïke de Tender	ZPB H&L Productions	31.60	200502189	32.37	+0,82
AFGEM	Jesse Camphens	Noordwijkerhout	31.37	200502899		

Senioren 1 en ouder

1.	Jeroen Baars	Blue Marlins (SG)	23.90	199200031	24.83	+0,73
2.	Michael Smink	Blue Marlins (SG)	24.44	200302169	25.06	+0,66
3.	Nikhom Westphal	WVZ	24.41	200203329	25.35	+0,66
4.	Mark Baars	Blue Marlins (SG)	24.52	198500059	25.36	+0,65
5.	Perry Laarhoven	Feijenoord Albion	25.24	200301321	25.92	+0,74
6.	Melvin Prins	Blue Marlins (SG)	25.66	199500201	26.18	+0,69
7.	Ensgar Kotterink	Feijenoord Albion	24.43	199403391	26.20	+0,63
8.	Joost de Roy van Zuydewijn	WVZ	25.86	200000255	26.24	+0,68
9.	Bert Duivenvoorde	Noordwijkerhout	26.25	199701805	26.28	+0,70
10.	Ivo Stolk	Feijenoord Albion	25.94	200100615	26.31	+0,66
11.	Jarno Verbeek	Zoetermeer	25.41	200200931	26.59	+0,57
12.	Kenan Coeruez	Feijenoord Albion	26.63	200300357	27.02	+0,53
13.	Robin van Beek	ZVL-1886 Center	26.78	199704023	27.16	+0,71
14.	Milan Hamel	Blue Marlins (SG)	26.74	200302125	27.18	+0,68
15.	Xander Vis	z.c De Schotejil	26.99	200300173	27.42	+0,69
16.	Rob Lugtenburg	Blue Marlins (SG)	26.58	200201123	27.50	+0,64
17.	Stijn Geelen	Feijenoord Albion	26.73	199801363	27.69	+0,70
18.	Björn de Heus	ZV Vlaardingen-Schiedam	27.19	200201077	27.70	+0,68
19.	Ryan van den Ouden	Poseidon'56	26.87	199900377	27.75	+0,81
20.	Daan Hogerhuis	De Columbiaan	27.19	200300317	27.81	+0,60
21.	Ivo van Dijk	Blue Marlins (SG)	27.17	199702985	27.86	+0,69
22.	Stijn den Otter	ZZ&PC De Devel	27.47	200200225	27.96	+0,64
23.	Bas Verdoes	De Columbiaan	26.39	199801487	28.04	+0,79
24.	Ferdy van Mastrigt	Blue Marlins (SG)	27.54	198802315	28.07	+0,67
25.	Daan Siebenheller	ZOB'66	26.61	199804955	28.25	+0,74
26.	Saviël Armand	ACZ	27.67	200204461	28.32	+0,62
27.	Jorian Tanis	Feijenoord Albion	27.16	199900327	28.53	+0,75
28.	Jacob Mackloet	z.c De Schotejil	28.17	200001171	28.66	+0,70
29.	Aron Paasse	z.c De Schotejil	27.78	200000099	28.85	+0,71
30.	Paul van Grol	Widex Gzc Donk	27.59	199602951	28.89	+0,65
31.	Jort Vizeé	De Duck	28.29	200201779	28.91	+0,66
32.	Jim Geestman	Blue Marlins (SG)	28.64	198300699	28.94	+0,77
33.	Stefan Groen	ACZ	28.57	200301179	29.12	+0,68
34.	Sam Beer	Poseidon'56	28.50	199605521	29.17	+0,72
35.	Simon Dijkstra	Blue Marlins (SG)	29.35	200204905	29.48	+0,69
36.	Alex Vermeulen	WZK Zwemmen	29.55	198905811	29.57	+0,79
37.	David Kievit	z.c De Schotejil	28.72	199900325	29.61	+0,78
38.	Ian van Mullem	ZOB'66	29.02	199602545	29.62	+0,73
39.	Jaap Schoenmakers	ZV Vlaardingen-Schiedam	29.18	200200619	29.78	+0,67
40.	Sander Iuga	Feijenoord Albion	27.60	200101389	29.88	+0,66
41.	Dennis Dortland	Niemo Barracuda	29.44	197800261	30.01	+0,80
42.	Konstantinos Doulfis	Blue Marlins (SG)	29.12	200204279	30.20	+0,64
43.	Dave van den Nieuwendijk	De Columbiaan	29.19	200100475	30.35	+0,76

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Programmanr. 31, Heren, 50m vlinderslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT
44.	Esper Paans	ZZ&PC De Devel	29.03	200100607	30.64 +0,67
45.	Bart Spaans	ACZ	29.29	199902559	31.45 +0,55
46.	Thomas Hesper	Niemo Barracuda	29.57	200004181	31.49 +0,80
AFGEM	Finn de Kan	Noordwijkerhout	29.36	200304607	
NG	Viktor Koets	De Columbiaan	27.95	200201677	

Programmanr. 32
21-5-2022 - 15:35

Meisjes, 4 x 100m wisselslag

Junioren 4 en later
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	4:37.15	4:51.94 +0,77
	Fleur Kamminga	+0,77	37.64	1:16.87 Ananda van der Wiel
	Anniëke Rupke	+0,30	36.96	1:19.11 Daniek Wijnen
				+0,62 32.95 1:11.29
				+0,32 30.31 1:04.67
2.	Blue Marlins 1	Blue Marlins (SG)	4:51.18	4:56.19 +0,80
	Annedieke Scholte	+0,80	36.95	1:15.30 Flóra Szilii-Torok
	Sophie van Leent	+0,55	38.78	1:26.23 Robin Vermeulen
				+0,60 32.69 1:11.18
				+0,37 30.17 1:03.48
3.	De Columbiaan 1	De Columbiaan	4:54.84	4:58.83 +0,53
	Gwen Hermans	+0,53	38.51	1:16.39 Tessa Hoogstraten
	Sophie Adriaanse	+0,52	39.15	1:24.49 Charlene Ruiter
				+0,47 33.50 1:14.16
				+0,37 30.13 1:03.79
4.	Feijenoord Albion 1	Feijenoord Albion	5:01.13	5:03.36 +0,84
	Eloisa Gomes Delgado	+0,84	39.36	1:18.86 Jazz-Lynn Gomes Delgado
	Liv Heijdra	+0,21	37.62	1:21.03 Dide Provily
				+0,45 35.03 1:15.54
				+0,42 32.00 1:07.93
5.	AZC 1	AZC	5:10.53	5:21.61 +0,62
	Nina van der Schrier	+0,62	40.33	1:23.20 Ilse Rozema
	Jade van der Schrier	+0,79	41.84	1:27.99 Zoe Rijkaart
				+0,47 36.74 1:18.61
				+0,66 33.24 1:11.81
6.	Widex GZC Donk 1	Widex Gzc Donk	5:11.00	5:29.24 +0,75
	Tessa de Jong	+0,75	44.16	1:31.10 Erin de Jong
	Anoeska Wiltenburg	+0,45	40.23	1:28.40 Nada Mghizrat
				+0,57 32.09 1:07.49
7.	SG SCOM/de Zeehond'73 1	SG SCOM/de Zeehond'73	5:35.68	5:39.12 +0,88
	Aukje Schonewille	+0,88	39.06	1:20.18 Merel Bijl
	Ashley Mercera	+0,80	44.71	1:38.76 Ebony Mercera
				37.57 1:26.01
				34.50 1:14.17
NG.ZA	ZZ&PC De Devel 1	ZZ&PC De Devel	5:11.70	

Programmanr. 33
21-5-2022 - 15:45

Dames, 4 x 100m wisselslag

Senioren Open
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	4:09.27	4:22.89 +0,63
	Marit Huisman	+0,63	33.38	1:08.51 Anne Palmans
	Rosey Metz	+0,36	33.31	1:10.78 Milou van Wijk
				+0,44 30.24 1:05.92
				+0,57 27.75 57.68
2.	Blue Marlins 1	Blue Marlins (SG)	4:33.41	4:36.73 +0,68
	Alina Verga	+0,68	34.83	1:12.07 Leonoor van Dijk
	Lynn Blommers	+0,33	34.21	1:14.63 Myra Smulders
				+0,48 30.54 1:07.29
				+0,61 30.41 1:02.74
3.	WVZ 2	WVZ	4:27.27	4:37.23 +0,59
	Nikita Snoeren	+0,59	35.57	1:13.32 Emma Verkuyf
	Jade Geurts	+0,64	34.96	1:16.02 Jill Nai Chung Tong
				+0,43 33.32 1:09.55
				+0,44 28.24 58.34
4.	ACZ 1	ACZ	4:33.60	4:43.56 +0,72
	Roos van Esch	+0,72	36.18	1:14.26 Carmen Lems
	Mare Schallenberg	+0,62	33.79	1:14.03 Pien Schravessande
				+0,36 34.10 1:15.17
				+0,18 28.18 1:00.10
5.	Feijenoord Albion 1	Feijenoord Albion	4:33.05	4:50.77 +0,69
	Isa Maes	+0,69	35.59	1:15.17 Leyla Oversluisen
	Anne Dekker	+0,36	37.65	1:22.63 Britt van't Zant
				+0,41 31.56 1:09.58
				+0,60 29.81 1:03.39
6.	De Columbiaan 1	De Columbiaan	4:26.36	4:51.27 +0,72
	Mieke Chorus	+0,72	36.57	1:15.77 Julia Notenboom
	Kim de Jong	+0,61	37.71	1:22.88 Kimberly Ruiter
				+0,24 31.86 1:10.06
				+0,53 30.31 1:02.56
7.	De Schotejil 1	z.c De Schotejil	4:48.26	5:00.20 +0,70
	Lyke Buscop	+0,70	34.10	1:12.94 Meyke v. Nimwegen
	Dominique Overduin	+0,42	40.92	1:28.75 Aisha Nobels
				+0,15 30.69 1:06.12
DIS	De Geul 1	De Geul	5:25.39	
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>			
	Donna Verhoef	07		06
	Daphne van Tilburg	05		00
			Lois van Valen	
			Isabelle Janssen	

Provinciale kampioenschappen sessie 5-8
Dordrecht, 21 - 22-5-2022

Programmanr. 34
21-5-2022 - 15:50

Jongens, 4 x 100m vrije slag

Junioren
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	3:40.33	3:48.77 +0,78
	Denzel Barthen	+0,78 27.95	59.10 Bjorn Rijkaart	+0,27 25.56 55.22
	Floris Wassenaar	+0,54 28.14	59.27 Daan Sonneveld	+0,41 26.37 55.18
2.	Blue Marlins 1	Blue Marlins (SG)	3:47.04	3:50.46 +0,68
	Kaan Sudak	+0,68 27.52	57.38 Lars Bulman	+0,37 27.25 56.62
	Gaëtan Spicq	+0,70 28.71	1:00.38 Xiaoyu Yin	+0,36 26.68 56.08
3.	ACZ 1	ACZ	3:57.16	3:58.60 +0,76
	Jasper Groen	+0,76 28.78	1:00.98 Ties Lakke	+0,36 28.60 1:00.52
	Hessel de Jong	+0,39 27.57	57.29 Yarno van Dam	+0,34 28.41 59.81
4.	WVZ 2	WVZ	4:00.14	4:02.75 +0,74
	Bo Merkestein	+0,74 28.59	59.74 Niek Sonneveld	+0,43 31.46 1:04.10
	Rely Hoogendijk	+0,54 28.44	59.20 Jisse Lousma	+0,18 28.26 59.71
5.	Blue Marlins 2	Blue Marlins (SG)	4:16.22	4:19.26 +0,77
	Boele Böhm	+0,77 29.20	1:00.56 Aditya Winterberg S15	+0,41 31.66 1:08.19
	Thygo van Peppel	+0,53 31.71	1:09.50 Thijs van den Berg	+0,51 28.55 1:01.01
6.	ZVL-1886 1	ZVL-1886 Center	4:32.85	4:32.04 +0,45
	Gijs Hartwijk	+0,45 31.27	1:05.61 Jantje Schouten	31.98 1:09.45
	Bart Geelen	31.04	1:06.58 Wout Koppers	33.25 1:10.40
7.	De Geul 1	De Geul	4:27.50	4:36.20 +0,82
	Jesper van Tilburg	+0,82 32.95	1:09.91 Aidan van der Stelt	+0,68 32.74 1:07.94
	Owen Houdé	+0,44 34.32	1:10.26 Paul Ruitenberg	+0,69 32.92 1:08.09

Programmanr. 35
21-5-2022 - 15:55

Heren, 4 x 100m vrije slag

Senioren open
Resultaten

rang	vereniging	intijd	tijd	RT
1.	Feijenoord Albion 1	Feijenoord Albion	3:22.58	3:30.52 +0,72
	Perry Laarhoven	+0,72 24.80	51.68 Ivo Stolk	+0,22 25.65 53.55
	Ensger Kotterink	+0,47 24.85	51.78 Jorian Tanis	+0,36 25.89 53.51
2.	Blue Marlins 1	Blue Marlins (SG)	3:25.15	3:30.66 +0,70
	Michael Smink	+0,70 24.73	51.44 Melvin Prins	+0,44 25.90 54.21
	Mark Baars	+0,47 26.22	54.27 Jeroen Baars	+0,32 24.60 50.74
3.	De Schotejil 1	z.c De Schotejil	3:44.39	3:46.65 +0,70
	Xander Vis	+0,70 26.89	56.14 Jacob Mackloet	+0,29 27.02 57.04
	Laurens Kalle	+0,38 27.25	57.61 Aron Paasse	+0,30 26.26 55.86
4.	ACZ 1	ACZ	3:45.27	3:50.61 +0,65
	Saviël Armand	+0,65 27.21	57.53 Rutger Dalm	+0,37 27.92 58.48
	Menno Wieringa	+0,51 26.94	57.61 Stefan Groen	+0,55 26.54 56.99
5.	WVZ 1	WVZ	3:43.08	3:51.91 +0,68
	Nikhom Westphal	+0,68 27.36	55.02 Pepijn van Egmond	+0,56 27.73 57.97
	Joost de Roy van Zuydewijn	+0,35 26.39	56.68 Marijn Dekkers	+0,22 29.42 1:02.24
6.	De Columbiaan 1	De Columbiaan	3:39.32	3:56.42 +0,79
	Daan Hogerhuis	+0,79 25.97	54.57 Bas Verdoes	+0,42 27.64 58.52
	Timo Vankan	+0,54 29.38	1:01.96 Dave van den Nieuwendijk	+0,54 27.36 1:01.37
7.	Widex GZC Donk 1	Widex Gzc Donk	3:50.14	4:00.35
	Roan van der Weide	29.37	1:00.53 Yassine Mellah	27.92 1:00.67
	Bo Schoenmakers	28.39	1:00.74 Paul van Grol	+0,36 27.75 58.41
8.	Blue Marlins 2	Blue Marlins (SG)	3:56.15	4:01.88 +0,65
	Ferdij van Mastrigt	+0,65 30.47	1:04.36 Jasper Willig	+0,59 28.64 59.74
	Konstantinos Doullis	+0,49 28.26	1:00.32 Jim Geestman	+0,44 27.14 57.46

Provinciale kampioenschappen sessie 5-8
Dordrecht, 21 - 22-5-2022

Programmanr. 36
22-5-2022 - 9:30

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Juniores 1 en 2					
1.	Ece Öngören	Blue Marlins (SG)	4:52.57	200903862	4:56.91 +0,79
	50m: 34.01	34.01 150m: 1:48.97	37.68	250m: 3:04.09	37.94 350m: 4:20.25
	100m: 1:11.29	37.28 200m: 2:26.15	37.18	300m: 3:41.83	37.74 400m: 4:56.91
2.	Mijke Ouderkerken	Blue Marlins (SG)	4:53.69	200901254	4:57.29 +0,81
	50m: 32.80	32.80 150m: 1:47.28	38.17	250m: 3:04.26	38.57 350m: 4:20.82
	100m: 1:09.11	36.31 200m: 2:25.69	38.41	300m: 3:42.09	37.83 400m: 4:57.29
3.	Fleur van den Eijk	Blue Marlins (SG)	4:58.16	200900304	5:12.90 +0,72
	50m: 33.23	33.23 150m: 1:50.27	39.54	250m: 3:12.74	42.05 350m: 4:35.78
	100m: 1:10.73	37.50 200m: 2:30.69	40.42	300m: 3:54.29	41.55 400m: 5:12.90
4.	Grace Peters	Blue Marlins (SG)	5:01.38	200901474	5:13.44 +0,79
	50m: 34.14	34.14 150m: 1:54.27	40.85	250m: 3:15.69	40.49 350m: 4:36.04
	100m: 1:13.42	39.28 200m: 2:35.20	40.93	300m: 3:56.58	40.89 400m: 5:13.44
5.	Suuz Griekspoor	Noordwijkerhout	5:13.59	200901204	5:15.79 +0,77
	50m: 35.14	35.14 150m: 1:55.10	40.83	250m: 3:17.06	40.74 350m: 4:37.76
	100m: 1:14.27	39.13 200m: 2:36.32	41.22	300m: 3:58.81	41.75 400m: 5:15.79
6.	Erin de Jong	Widex Gzc Donk	5:17.02	201000024	5:23.26
	50m: 35.58	35.58 150m: 1:58.24	41.58	250m: 3:21.02	41.93 350m: 4:43.64
	100m: 1:16.66	41.08 200m: 2:39.09	40.85	300m: 4:02.91	41.89 400m: 5:23.26
7.	Julia Dabrowska	Blue Marlins (SG)	5:25.57	201000300	5:27.18 +0,76
	50m: 34.17	34.17 150m: 1:56.32	41.94	250m: 3:22.14	43.35 350m: 4:47.61
	100m: 1:14.38	40.21 200m: 2:38.79	42.47	300m: 4:04.90	42.76 400m: 5:27.18
8.	Gwen Hermans	De Columbiaan	5:19.71	200900058	5:27.82 +0,81
	50m: 36.90	36.90 150m: 2:00.60	42.47	250m: 3:25.41	42.37 350m: 4:50.26
	100m: 1:18.13	41.23 200m: 2:43.04	42.44	300m: 4:08.21	42.80 400m: 5:27.82
9.	Thea Roed	Blue Marlins (SG)	5:10.10	200900474	5:28.51 +0,77
	50m: 34.53	34.53 150m: 1:55.36	41.96	250m: 3:21.19	42.66 350m: 4:46.57
	100m: 1:13.40	38.87 200m: 2:38.53	43.17	300m: 4:03.95	42.76 400m: 5:28.51
10.	Mariia Kostina	Blue Marlins (SG)	5:30.84	201002042	5:28.89 +0,70
	50m: 34.88	34.88 150m: 1:57.92	42.67	250m: 3:22.83	42.57 350m: 4:48.02
	100m: 1:15.25	40.37 200m: 2:40.26	42.34	300m: 4:06.67	43.84 400m: 5:28.89
11.	Nina van der Schrier	AZC	5:21.75	201000444	5:29.99 +0,72
	50m: 34.70	34.70 150m: 1:58.08	42.99	250m: 3:24.19	43.08 350m: 4:49.30
	100m: 1:15.09	40.39 200m: 2:41.11	43.03	300m: 4:06.63	42.44 400m: 5:29.99
12.	Tessa de Jong	Widex Gzc Donk	5:41.70	201000026	5:34.09 +0,85
	50m: 36.80	36.80 150m: 2:02.04	43.08	250m: 3:29.14	43.87 350m: 4:54.60
	100m: 1:18.96	42.16 200m: 2:45.27	43.23	300m: 4:12.42	43.28 400m: 5:34.09
13.	Nina Tetteroo	De Columbiaan	5:34.26	201000048	5:34.70 +0,87
	50m: 36.97	36.97 150m: 2:03.08	43.49	250m: 3:29.84	43.88 350m: 4:55.25
	100m: 1:19.59	42.62 200m: 2:45.96	42.88	300m: 4:12.09	42.25 400m: 5:34.70
14.	Zoe Rijkaart	AZC	5:29.37	200903008	5:37.23 +0,76
	50m: 36.99	36.99 150m: 2:00.64	42.17	250m: 3:28.25	43.39 350m: 4:55.90
	100m: 1:18.47	41.48 200m: 2:44.86	44.22	300m: 4:12.78	44.53 400m: 5:37.23
15.	Sanne Mulder	Zoetermeer	5:50.99	200900280	5:38.42 +0,72
	50m: 37.20	37.20 150m: 2:05.00	44.65	250m: 3:31.28	42.80 350m: 4:58.30
	100m: 1:20.35	43.15 200m: 2:48.48	43.48	300m: 4:15.03	43.75 400m: 5:38.42
16.	Manou Longayroux	ZZ&PC De Devel	5:24.27	201000580	5:40.81 +0,75
	50m: 39.26	39.26 150m: 2:04.79	43.39	250m: 3:32.83	44.12 350m: 5:00.42
	100m: 1:21.40	42.14 200m: 2:48.71	43.92	300m: 4:16.96	44.13 400m: 5:40.81
17.	Ashley Mercera	SG SCOM/de Zeehond'73	5:42.39	201000178	5:47.58 +0,77
	50m: 38.11	38.11 150m: 2:05.54	44.37	250m: 3:35.39	45.16 350m: 5:05.33
	100m: 1:21.17	43.06 200m: 2:50.23	44.69	300m: 4:20.83	45.44 400m: 5:47.58
18.	Eva Ehlert	Widex Gzc Donk	5:47.90	201002026	5:50.01 +0,72
	50m: 37.34	37.34 150m: 2:06.43	45.74	250m: 3:37.52	45.28 350m: 5:08.07
	100m: 1:20.69	43.35 200m: 2:52.24	45.81	300m: 4:22.72	45.20 400m: 5:50.01
19.	Luna Schipper	ZOB'66	5:37.82	200900364	5:51.28 +0,79
	50m: 37.13	37.13 150m: 2:04.94	44.45	250m: 3:35.30	45.43 350m: 5:07.48
	100m: 1:20.49	43.36 200m: 2:49.87	44.93	300m: 4:21.10	45.80 400m: 5:51.28
20.	Famke Franzen	z.c De Schotejil	5:56.33	201000058	5:53.46 +0,77
	50m: 38.04	38.04 150m: 2:06.55	45.08	250m: 3:38.77	45.85 350m: 5:11.57
	100m: 1:21.47	43.43 200m: 2:52.92	46.37	300m: 4:25.93	47.16 400m: 5:53.46
21.	Jaylee van Heijdoorn	WVZ	5:33.88	200900636	5:54.48 +0,83
	50m: 38.04	38.04 150m: 2:06.66	44.93	250m: 3:38.55	45.66 350m: 5:10.42
	100m: 1:21.73	43.69 200m: 2:52.89	46.23	300m: 4:25.05	46.50 400m: 5:54.48

Provinciale kampioenschappen sessie 5-8
Dordrecht, 21 - 22-5-2022

Programmanr. 36, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT	311
22.	Aminata Turay <i>BU: 200m</i>	Niemo Barracuda	6:32.55	200900282	S10	6:37.32 +1,07
	50m: 39.26	39.26	150m: 2:20.90	51.48	250m: 4:02.32	48.63
	100m: 1:29.42	50.16	200m: 3:13.69	52.79	300m: 4:55.79	53.47
					350m: 5:46.32	50.53
					400m: 6:37.32	51.00

DIS	Luna Buis	De Columbiaan	5:28.40	200902680		5:30.80 +0,68
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
	350m: 4:51.18	4:51.18	400m: 5:30.80	39.62		

NG	Pien Hogervorst	Noordwijkerhout	5:23.87	200901206		
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Junioren 3 en 4

1.	Flòra Szili-Torok	Blue Marlins (SG)	4:52.25	200800114		4:47.30 +0,72
	50m: 32.24	32.24	150m: 1:44.61	36.84	250m: 2:58.90	37.36
	100m: 1:07.77	35.53	200m: 2:21.54	36.93	300m: 3:36.04	37.14
					350m: 4:12.46	36.42
					400m: 4:47.30	34.84
2.	Ananda van der Wiel	WVZ	4:57.51	200701562		4:47.40 +0,69
	50m: 32.16	32.16	150m: 1:45.97	37.00	250m: 2:59.50	36.41
	100m: 1:08.97	36.81	200m: 2:23.09	37.12	300m: 3:36.53	37.03
					350m: 4:12.61	36.08
					400m: 4:47.40	34.79
3.	Robin Vermeulen	Blue Marlins (SG)	4:40.13	200700412		4:48.09 +0,90
	50m: 32.34	32.34	150m: 1:45.83	37.57	250m: 3:00.61	37.49
	100m: 1:08.26	35.92	200m: 2:23.12	37.29	300m: 3:38.14	37.53
					350m: 4:14.92	36.78
					400m: 4:48.09	33.17
4.	Jade van der Schrier	AZC	4:49.39	200800692		4:48.39 +0,79
	50m: 31.80	31.80	150m: 1:45.49	37.79	250m: 3:00.16	37.17
	100m: 1:07.70	35.90	200m: 2:22.99	37.50	300m: 3:37.43	37.27
					350m: 4:13.83	36.40
					400m: 4:48.39	34.56
5.	Meyke v. Nimwegen	z.c De Schotejil	4:46.33	200800106		5:01.69 +0,80
	50m: 32.46	32.46	150m: 1:46.23	37.60	250m: 3:03.35	38.98
	100m: 1:08.63	36.17	200m: 2:24.37	38.14	300m: 3:42.70	39.35
					350m: 4:22.27	39.57
					400m: 5:01.69	39.42
6.	Liv Heijdra	Feijenoord Albion	5:04.98	200800736		5:04.14 +0,84
	50m: 32.87	32.87	150m: 1:47.41	37.53	250m: 3:05.21	38.82
	100m: 1:08.88	37.01	200m: 2:26.39	38.98	300m: 3:45.02	39.81
					350m: 4:25.33	40.31
					400m: 5:04.14	38.81
7.	Stella van Droffelaar	ZV Vlaardingen-Schiedam	5:05.29	200700048		5:06.14 +0,74
	50m: 32.99	32.99	150m: 1:48.40	38.07	250m: 3:06.77	39.16
	100m: 1:10.33	37.34	200m: 2:27.61	39.21	300m: 3:47.40	40.63
					350m: 4:27.46	40.06
					400m: 5:06.14	38.68
8.	Floor Hogervorst	Noordwijkerhout	5:11.80	200701400		5:06.55 +0,78
	50m: 32.79	32.79	150m: 1:49.70	39.50	250m: 3:10.29	40.68
	100m: 1:10.20	37.41	200m: 2:29.61	39.91	300m: 3:51.03	40.74
					350m: 4:29.86	38.83
					400m: 5:06.55	36.69
9.	Mila Oomens	Niemo Barracuda	5:02.69	200700016		5:07.51 +0,75
	50m: 33.08	33.08	150m: 1:48.90	38.59	250m: 3:08.52	40.05
	100m: 1:10.31	37.23	200m: 2:28.47	39.57	300m: 3:48.57	40.05
					350m: 4:29.07	40.50
					400m: 5:07.51	38.44
10.	Tessa Hoogstraten	De Columbiaan	5:10.66	200800544		5:12.24 +0,67
	50m: 34.69	34.69	150m: 1:54.15	40.23	250m: 3:15.26	40.31
	100m: 1:13.92	39.23	200m: 2:34.95	40.80	300m: 3:55.31	40.05
					350m: 4:34.93	39.62
					400m: 5:12.24	37.31
11.	Eloisa Gomes Delgado	Feijenoord Albion	5:11.49	200700812		5:14.88 +0,43
	50m: 35.01	35.01	150m: 1:54.03	40.11	250m: 3:16.14	41.12
	100m: 1:13.92	38.91	200m: 2:35.02	40.99	300m: 3:57.16	41.02
					350m: 4:36.66	39.50
					400m: 5:14.88	38.22
12.	Julia van Wingerden	ZZ&PC De Devel	5:10.55	200800436		5:20.15 +0,70
	50m: 37.23	37.23	150m: 2:00.17	41.13	250m: 3:23.22	41.09
	100m: 1:19.04	41.81	200m: 2:42.13	41.96	300m: 4:03.52	40.30
					350m: 4:42.87	39.35
					400m: 5:20.15	37.28
13.	Nada Mghizrat	Widex Gzc Donk	5:22.82	200702178		5:20.23 +0,87
	50m: 34.26	34.26	150m: 1:53.07	40.22	250m: 3:16.64	42.10
	100m: 1:12.85	38.59	200m: 2:34.54	41.47	300m: 3:58.82	42.18
					350m: 4:40.25	41.43
					400m: 5:20.23	39.98
14.	Sophie Adriaanse	De Columbiaan	5:22.16	200701066		5:25.04 +0,82
	50m: 35.63	35.63	150m: 1:58.85	42.41	250m: 3:23.41	42.24
	100m: 1:16.44	40.81	200m: 2:41.17	42.32	300m: 4:05.33	41.92
					350m: 4:46.49	41.16
					400m: 5:25.04	38.55
15.	Jaylin van der Linden	ZZ&PC De Devel	5:11.60	200701766		5:25.28 +0,74
	50m: 35.16	35.16	150m: 1:59.70	42.70	250m: 3:24.05	41.68
	100m: 1:17.00	41.84	200m: 2:42.37	42.67	300m: 4:05.61	41.56
					350m: 4:47.03	41.42
					400m: 5:25.28	38.25
16.	Nadine Kuiper	WVZ	5:19.49	200802372		5:25.29 +0,90
	50m: 34.45	34.45	150m: 1:56.31	41.79	250m: 3:21.36	42.96
	100m: 1:14.52	40.07	200m: 2:38.40	42.09	300m: 4:03.93	42.57
					350m: 4:46.41	42.48
					400m: 5:25.29	38.88
17.	Daniek Wijnen	WVZ	5:16.30	200701280		5:25.91 +0,74
	50m: 33.53	33.53	150m: 1:54.10	41.48	250m: 3:19.36	43.13
	100m: 1:12.62	39.09	200m: 2:36.23	42.13	300m: 4:02.23	42.87
					350m: 4:45.54	43.31
					400m: 5:25.91	40.37
18.	Aukje Schonewille	SG SCOM/de Zeehond'73	5:27.75	200702340		5:27.43 +0,77
	50m: 36.36	36.36	150m: 2:01.15	43.49	250m: 3:26.38	42.46
	100m: 1:17.66	41.30	200m: 2:43.92	42.77	300m: 4:07.62	41.24
					350m: 4:49.96	42.34
					400m: 5:27.43	37.47
19.	Madelief Penning	ZZ&PC De Devel	5:07.37	200701298		5:28.08 +0,66
	50m: 36.39	36.39	150m: 2:00.24	42.21	250m: 3:25.36	42.33
	100m: 1:18.03	41.64	200m: 2:43.03	42.79	300m: 4:07.46	42.10
					350m: 4:48.97	41.51
					400m: 5:28.08	39.11

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Programmanr. 36, Meisjes, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
20.	Eliska Bosscher	MNC Dordrecht	5:22.03	200800054	5:31.69 +0,77
	50m: 35.93	35.93 150m: 2:00.31	42.70	250m: 3:26.12	42.72 350m: 4:51.33
	100m: 1:17.61	41.68 200m: 2:43.40	43.09	300m: 4:08.84	42.72 400m: 5:31.69
21.	Sanne Pruntel	ZV Vlaardingen-Schiedam	5:26.07	200802010	5:31.71 +0,82
	50m: 34.71	34.71 150m: 1:57.89	42.26	250m: 3:24.69	43.16 350m: 4:51.22
	100m: 1:15.63	40.92 200m: 2:41.53	43.64	300m: 4:09.07	44.38 400m: 5:31.71

Jeugd 1 en 2

1.	Megan Jonkman	Blue Marlins (SG)	4:24.56	200600508	4:32.41 +0,82
	50m: 30.21	30.21 150m: 1:38.24	34.63	250m: 2:48.21	35.13 350m: 3:58.36
	100m: 1:03.61	33.40 200m: 2:13.08	34.84	300m: 3:23.52	35.31 400m: 4:32.41
2.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	4:27.87	200500330	4:33.91 +0,74
	50m: 30.81	30.81 150m: 1:39.33	34.78	250m: 2:49.85	35.30 350m: 4:00.34
	100m: 1:04.55	33.74 200m: 2:14.55	35.22	300m: 3:25.09	35.24 400m: 4:33.91
3.	Leyla Oversluizen	Feijenoord Albion	4:41.68	200602730	4:51.10 +0,76
	50m: 31.92	31.92 150m: 1:44.48	37.04	250m: 2:59.73	37.70 350m: 4:14.90
	100m: 1:07.44	35.52 200m: 2:22.03	37.55	300m: 3:37.33	37.60 400m: 4:51.10
4.	Madelief Mans <i>BU: 100m</i>	Blue Marlins (SG)	4:45.75	200501260	4:53.30 +0,77
	50m: 31.87	31.87 150m: 1:44.53	37.13	250m: 3:00.48	38.18 350m: 4:16.68
	100m: 1:07.40	35.53 200m: 2:22.30	37.77	300m: 3:38.87	38.39 400m: 4:53.30
5.	Aisha Nobels	z.c De Schotejil	4:40.35	200501710	4:57.53 +0,73
	50m: 32.30	32.30 150m: 1:47.75	38.18	250m: 3:04.74	38.53 350m: 4:21.52
	100m: 1:09.57	37.27 200m: 2:26.21	38.46	300m: 3:43.41	38.67 400m: 4:57.53
6.	Hilda Vrijbloed	ZV Vlaardingen-Schiedam	4:56.35	200605262	5:05.51 +0,74
	50m: 32.76	32.76 150m: 1:50.79	39.17	250m: 3:09.55	39.63 350m: 4:27.49
	100m: 1:11.62	38.86 200m: 2:29.92	39.13	300m: 3:48.48	38.93 400m: 5:05.51
7.	Laura 't Lam	De Geul	5:01.59	200603376	5:08.80 +0,72
	50m: 32.19	32.19 150m: 1:49.25	39.61	250m: 3:09.78	39.98 350m: 4:31.12
	100m: 1:09.64	37.45 200m: 2:29.80	40.55	300m: 3:50.72	40.94 400m: 5:08.80
8.	Nikita Snoeren	WVZ	4:57.16	200600342	5:12.09 +0,73
	50m: 33.97	33.97 150m: 1:52.89	39.94	250m: 3:13.36	40.41 350m: 4:33.62
	100m: 1:12.95	38.98 200m: 2:32.95	40.06	300m: 3:53.70	40.34 400m: 5:12.09
9.	Anouchka Bos	Niemo Barracuda	4:59.96	200501528	5:15.05 +0,77
	50m: 35.22	35.22 150m: 1:54.29	40.04	250m: 3:15.81	41.17 350m: 4:37.52
	100m: 1:14.25	39.03 200m: 2:34.64	40.35	300m: 3:56.86	41.05 400m: 5:15.05
NG.ZA	Alina Verga	Blue Marlins (SG)	4:50.30	200603112	
NG.ZA	Emma Verkuyl	WVZ	4:42.74	200500826	

Senioren

1.	Jill Nai Chung Tong	WVZ	4:32.47	200404272	4:34.90 +0,71
	50m: 31.24	31.24 150m: 1:40.25	34.60	250m: 2:49.04	34.30 350m: 3:59.81
	100m: 1:05.65	34.41 200m: 2:14.74	34.49	300m: 3:24.21	35.17 400m: 4:34.90
2.	Angelique van Vark	Widex Gzc Donk	4:28.06	199701478	4:38.40 +0,74
	50m: 31.40	31.40 150m: 1:41.15	35.26	250m: 2:53.04	36.13 350m: 4:05.09
	100m: 1:05.89	34.49 200m: 2:16.91	35.76	300m: 3:29.44	36.40 400m: 4:38.40
3.	Lynn Blommers	Blue Marlins (SG)	4:31.91	200105062	4:39.25 +0,71
	50m: 31.24	31.24 150m: 1:41.55	35.73	250m: 2:53.50	35.93 350m: 4:05.16
	100m: 1:05.82	34.58 200m: 2:17.57	36.02	300m: 3:29.56	36.06 400m: 4:39.25
4.	Milou van Wijk	WVZ	4:45.55	200404948	4:42.58 +0,80
	50m: 30.70	30.70 150m: 1:41.15	35.62	250m: 2:53.39	35.99 350m: 4:06.75
	100m: 1:05.53	34.83 200m: 2:17.40	36.25	300m: 3:30.81	37.42 400m: 4:42.58
5.	Myra Smulders	Blue Marlins (SG)	4:49.17	199904308	4:55.52 +0,80
	50m: 31.73	31.73 150m: 1:45.12	37.81	250m: 3:02.17	38.62 350m: 4:19.01
	100m: 1:07.31	35.58 200m: 2:23.55	38.43	300m: 3:40.84	38.67 400m: 4:55.52
6.	Rinske Bouman	Blue Marlins (SG)	4:39.26	200400578	5:01.19 +0,80
	50m: 32.53	32.53 150m: 1:46.25	37.58	250m: 3:03.76	39.29 350m: 4:22.59
	100m: 1:08.67	36.14 200m: 2:24.47	38.22	300m: 3:43.27	39.51 400m: 5:01.19
7.	Anouk Vis	De Columbiaan	4:49.20	200203322	5:03.86 +0,80
	50m: 34.79	34.79 150m: 1:51.09	38.12	250m: 3:08.66	38.36 350m: 4:25.85
	100m: 1:12.97	38.18 200m: 2:30.30	39.21	300m: 3:47.71	39.05 400m: 5:03.86
8.	Kim de Jong	De Columbiaan	4:45.29	200301026	5:06.66 +0,85
	50m: 34.51	34.51 150m: 1:51.64	39.08	250m: 3:10.19	39.13 350m: 4:28.35
	100m: 1:12.56	38.05 200m: 2:31.06	39.42	300m: 3:49.15	38.96 400m: 5:06.66

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Programmanr. 37
22-5-2022 - 10:20

Heren, 400m wisselslag

Senioren open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Xiaoyu Yin	Blue Marlins (SG)	4:52.62	200803363	5:01.18 +0,71
	50m: 30.27	30.27 150m: 1:44.20	38.36	250m: 3:06.24	44.55 350m: 4:27.04
	100m: 1:05.84	35.57 200m: 2:21.69	37.49	300m: 3:51.40	45.16 400m: 5:01.18
2.	Yarno van Dam	ACZ	5:03.46	200800115	5:13.25 +0,59
	50m: 32.11	32.11 150m: 1:49.99	40.31	250m: 3:15.00	45.80 350m: 4:37.86
	100m: 1:09.68	37.57 200m: 2:29.20	39.21	300m: 4:01.53	46.53 400m: 5:13.25
3.	Gijs Hartwijk	ZVL-1886 Center	5:16.93	200800573	5:25.02 +0,68
	50m: 33.40	33.40 150m: 1:56.28	42.14	250m: 3:24.53	46.78 350m: 4:48.57
	100m: 1:14.14	40.74 200m: 2:37.75	41.47	300m: 4:11.90	47.37 400m: 5:25.02
4.	Jamie Kenworthy	De Columbiaan	5:30.58	200800045	5:31.11 +0,64
	50m: 32.28	32.28 150m: 1:55.10	42.85	250m: 3:24.05	46.90 350m: 4:51.72
	100m: 1:12.25	39.97 200m: 2:37.15	42.05	300m: 4:12.54	48.49 400m: 5:31.11
5.	Luca Boorsma	De Columbiaan	NT	200902031	5:48.20 +0,59
	50m: 36.11	36.11 150m: 2:07.04	45.43	250m: 3:40.30	49.04 350m: 5:10.10
	100m: 1:21.61	45.50 200m: 2:51.26	44.22	300m: 4:30.38	50.08 400m: 5:48.20
6.	Ivo Bot	Wiekslag	5:53.82	200900509	5:50.96 +0,74
	50m: 34.81	34.81 150m: 2:04.49	45.34	250m: 3:41.52	52.30 350m: 5:13.37
	100m: 1:19.15	44.34 200m: 2:49.22	44.73	300m: 4:34.02	52.50 400m: 5:50.96
7.	Thygo van Peppel	Blue Marlins (SG)	NT	200901101	5:53.69 +0,68
	50m: 37.84	37.84 150m: 2:13.07	46.42	250m: 3:44.54	47.86 350m: 5:16.55
	100m: 1:26.65	48.81 200m: 2:56.68	43.61	300m: 4:34.33	49.79 400m: 5:53.69
8.	Sverre van der Zwaan	WVZ	5:55.07	200900737	5:57.98 +0,82
	50m: 37.57	37.57 150m: 2:08.37	43.86	250m: 3:44.46	53.43 350m: 5:19.28
	100m: 1:24.51	46.94 200m: 2:51.03	42.66	300m: 4:40.47	56.01 400m: 5:57.98
9.	Aidan van der Stelt	De Geul	6:01.89	200900901	6:01.59 +0,72
	50m: 36.22	36.22 150m: 2:10.69	46.37	250m: 3:49.22	52.12 350m: 5:23.77
	100m: 1:24.32	48.10 200m: 2:57.10	46.41	300m: 4:43.18	53.96 400m: 6:01.59
10.	Luuk Knijnenburg	Noordwijkerhout	NT	200802291	6:03.39 +0,72
	50m: 35.66	35.66 150m: 2:09.66	48.17	250m: 3:46.65	50.90 350m: 5:22.25
	100m: 1:21.49	45.83 200m: 2:55.75	46.09	300m: 4:39.56	52.91 400m: 6:03.39
11.	Paul Ruitenber	De Geul	5:57.30	200900979	6:18.41 +0,52
	50m: 38.94	38.94 150m: 2:19.66	48.53	250m: 3:59.35	50.54 350m: 5:34.17
	100m: 1:31.13	52.19 200m: 3:08.81	49.15	300m: 4:51.81	52.46 400m: 6:18.41
12.	Owen Houdé	De Geul	6:12.01	200900903	6:23.87 +0,86
	50m: 42.53	42.53 150m: 2:26.35	50.71	250m: 4:07.24	54.11 350m: 5:44.55
	100m: 1:35.64	53.11 200m: 3:13.13	46.78	300m: 5:02.05	54.81 400m: 6:23.87
13.	Lars Barendrecht	Niemo Barracuda	6:35.58	200800587	6:43.07 +0,83
	50m: 42.68	42.68 150m: 2:28.60	50.77	250m: 4:11.67	53.89 350m: 5:56.70
	100m: 1:37.83	55.15 200m: 3:17.78	49.18	300m: 5:09.18	57.51 400m: 6:43.07
Junioren 3 en 4					
1.	Daan Sonneveld	WVZ	4:43.86	200601085	4:53.61 +0,72
	50m: 31.36	31.36 150m: 1:46.25	36.94	250m: 3:04.17	41.92 350m: 4:22.10
	100m: 1:09.31	37.95 200m: 2:22.25	36.00	300m: 3:46.74	42.57 400m: 4:53.61
2.	Joshua Agussalim	Niemo Barracuda	4:56.69	200600153	5:06.90 +0,67
	50m: 29.93	29.93 150m: 1:49.55	42.20	250m: 3:12.94	40.26 350m: 4:31.97
	100m: 1:07.35	37.42 200m: 2:32.68	43.13	300m: 3:55.73	42.79 400m: 5:06.90
3.	Bjorn Rijkaart	WVZ	5:04.87	200601337	5:07.42 +0,74
	50m: 30.56	30.56 150m: 1:48.08	41.75	250m: 3:11.10	43.78 350m: 4:33.07
	100m: 1:06.33	35.77 200m: 2:27.32	39.24	300m: 3:55.95	44.85 400m: 5:07.42
4.	Thom de Hoog	SG SCOM/de Zeehond'73	4:50.66	200600019	5:10.24 +0,76
	50m: 31.32	31.32 150m: 1:48.88	37.69	250m: 3:12.85	46.15 350m: 4:36.96
	100m: 1:11.19	39.87 200m: 2:26.70	37.82	300m: 4:01.08	48.23 400m: 5:10.24
5.	Lars Bulman	Blue Marlins (SG)	4:48.47	200600125	5:14.49 +0,69
	50m: 30.51	30.51 150m: 1:47.38	40.40	250m: 3:12.71	44.88 350m: 4:36.97
	100m: 1:06.98	36.47 200m: 2:27.83	40.45	300m: 3:58.53	45.82 400m: 5:14.49
6.	Boele Böhm BU 400m	Blue Marlins (SG)	5:41.63	200700739	5:20.25 +0,74
	50m: 33.04	33.04 150m: 1:52.55	40.16	250m: 3:21.22	47.78 350m: 4:44.76
	100m: 1:12.39	39.35 200m: 2:33.44	40.89	300m: 4:08.55	47.33 400m: 5:20.25
7.	Benjamin van Helsdingen	ZZ&PC De Devel	5:07.26	200601097	5:22.53 +0,63
	50m: 30.79	30.79 150m: 1:49.77	41.78	250m: 3:19.24	47.89 350m: 4:45.89
	100m: 1:07.99	37.20 200m: 2:31.35	41.58	300m: 4:07.72	48.48 400m: 5:22.53

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Programmanr. 37, Jongens, 400m wisselslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT			
8.	Bas Blanker	SG SCOM/de Zeehond'73	5:18.54	200601497	5:22.65 +0,79			
	50m: 31.68	31.68	150m: 1:55.07	43.97	250m: 3:25.10	46.54	350m: 4:48.40	36.31
	100m: 1:11.10	39.42	200m: 2:38.56	43.49	300m: 4:12.09	46.99	400m: 5:22.65	34.25
9.	Björn Mulder	Zoetermeer	5:16.55	200601517	5:25.04 +0,74			
	50m: 34.22	34.22	150m: 2:01.09	44.17	250m: 3:28.01	43.96	350m: 4:49.79	36.20
	100m: 1:16.92	42.70	200m: 2:44.05	42.96	300m: 4:13.59	45.58	400m: 5:25.04	35.25
10.	Jisse Lousma	WVZ	5:16.54	200701493	5:25.29			
	50m: 32.25	32.25	150m: 1:54.89	42.49	250m: 3:23.89	49.36	350m: 4:50.31	35.58
	100m: 1:12.40	40.15	200m: 2:34.53	39.64	300m: 4:14.73	50.84	400m: 5:25.29	34.98
11.	Dave Dirks	ZV Vlaardingen-Schiedam	5:38.76	200602883	5:55.32 +0,76			
	50m: 31.51	31.51	150m: 2:01.41	48.63	250m: 3:41.84	54.27	350m: 5:17.41	40.86
	100m: 1:12.78	41.27	200m: 2:47.57	46.16	300m: 4:36.55	54.71	400m: 5:55.32	37.91
12.	Tijn van Die	ZZ&PC De Devel	6:06.46	200701747	6:12.10 +0,69			
	50m: 38.04	38.04	150m: 2:16.14	49.87	250m: 3:54.03	51.18	350m: 5:32.23	45.00
	100m: 1:26.27	48.23	200m: 3:02.85	46.71	300m: 4:47.23	53.20	400m: 6:12.10	39.87
DIS	Dimi Stoyanov	Blue Marlins (SG)	5:21.70	200601067	5:40.10			
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>							
	350m: 5:00.85	5:00.85	400m: 5:40.10	39.25				
NG.ZA	Timo Vankan	De Columbiaan	NT	200603749				
OPG	Denzel Barthen	WVZ	5:50.45	200700147				
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							
AFGEM	Milan de Groot	Noordwijkerhout	NT	200702447				
NG	Merijn van Wingerden	ZPB H&L Productions	6:05.86	200701043				

Jeugd 1 en 2

1.	Abel te Riele	WVZ	4:29.28	200402317	4:44.57 +0,76			
	50m: 29.72	29.72	150m: 1:41.60	37.13	250m: 2:57.53	40.01	350m: 4:12.72	33.93
	100m: 1:04.47	34.75	200m: 2:17.52	35.92	300m: 3:38.79	41.26	400m: 4:44.57	31.85
2.	Émile Fouzaï	Blue Marlins (SG)	4:48.50	200500263	4:45.29 +0,75			
	50m: 28.57	28.57	150m: 1:40.79	39.15	250m: 3:00.56	41.40	350m: 4:14.63	33.13
	100m: 1:01.64	33.07	200m: 2:19.16	38.37	300m: 3:41.50	40.94	400m: 4:45.29	30.66
3.	Borys Rudman	Blue Marlins (SG)	5:07.36	200504479	5:00.38 +0,72			
	50m: 28.17	28.17	150m: 1:43.23	40.26	250m: 3:07.47	44.91	350m: 4:27.80	35.00
	100m: 1:02.97	34.80	200m: 2:22.56	39.33	300m: 3:52.80	45.33	400m: 5:00.38	32.58
4.	Pepijn van Egmond	WVZ	4:59.28	200402309	5:06.34 +0,74			
	<i>BU 200m</i>							
	50m: 29.69	29.69	150m: 1:43.45	39.27	250m: 3:08.72	45.32	350m: 4:31.93	36.31
	100m: 1:04.18	34.49	200m: 2:23.40	39.95	300m: 3:55.62	46.90	400m: 5:06.34	34.41
5.	Nathan Janssen	De Geul	4:53.05	200401565	5:12.31 +0,74			
	50m: 30.77	30.77	150m: 1:50.36	42.70	250m: 3:16.03	43.91	350m: 4:37.58	36.67
	100m: 1:07.66	36.89	200m: 2:32.12	41.76	300m: 4:00.91	44.88	400m: 5:12.31	34.73
6.	Wout van Oevelen	D'elft	5:24.45	200404319	5:34.13 +0,70			
	50m: 32.22	32.22	150m: 1:54.49	42.56	250m: 3:25.38	49.06	350m: 4:55.85	40.21
	100m: 1:11.93	39.71	200m: 2:36.32	41.83	300m: 4:15.64	50.26	400m: 5:34.13	38.28
7.	Timo Huizer	Poseidon'56	5:27.54	200401125	5:41.02			
	50m: 31.82	31.82	150m: 1:53.47	43.37	250m: 3:29.10	51.99	350m: 5:02.64	40.52
	100m: 1:10.10	38.28	200m: 2:37.11	43.64	300m: 4:22.12	53.02	400m: 5:41.02	38.38
8.	Guus Geelen	ZVL-1886 Center	5:36.38	200401183	5:48.24 +0,73			
	50m: 31.25	31.25	150m: 1:54.12	43.78	250m: 3:28.08	50.37	350m: 5:06.27	44.19
	100m: 1:10.34	39.09	200m: 2:37.71	43.59	300m: 4:22.08	54.00	400m: 5:48.24	41.97
9.	Reinier Velthuijs	Niemo Barracuda	5:36.18	200503537	5:56.87 +0,74			
	50m: 33.58	33.58	150m: 2:01.22	45.80	250m: 3:37.18	51.32	350m: 5:15.15	43.34
	100m: 1:15.42	41.84	200m: 2:45.86	44.64	300m: 4:31.81	54.63	400m: 5:56.87	41.72

Senioren 1 en ouder

1.	Niels Dijkshoorn	ZV Vlaardingen-Schiedam	4:35.31	200203079	4:40.41 +0,76			
	50m: 28.42	28.42	150m: 1:38.48	35.12	250m: 2:55.09	41.64	350m: 4:09.89	32.57
	100m: 1:03.36	34.94	200m: 2:13.45	34.97	300m: 3:37.32	42.23	400m: 4:40.41	30.52
2.	Michael Smink	Blue Marlins (SG)	4:43.66	200302169	4:40.71 +0,70			
	50m: 27.14	27.14	150m: 1:36.37	36.24	250m: 2:54.09	42.20	350m: 4:09.15	32.87
	100m: 1:00.13	32.99	200m: 2:11.89	35.52	300m: 3:36.28	42.19	400m: 4:40.71	31.56
3.	Guus Hoogduin	ZVL-1886 Center	4:48.33	200201069	4:56.66 +0,74			
	50m: 29.65	29.65	150m: 1:42.13	38.56	250m: 3:01.98	41.83	350m: 4:22.29	36.65
	100m: 1:03.57	33.92	200m: 2:20.15	38.02	300m: 3:45.64	43.66	400m: 4:56.66	34.37

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Programmanr. 37, Heren, 400m wisselslag, Senioren 1 en ouder

rang	naam	vereniging	intijd		tijd	RT
4.	Daan Hogerhuis	De Columbiaan	4:52.82	200300317	5:03.34	+0,79
	50m: 29.58	29.58 150m: 1:46.00	40.59	250m: 3:09.54	44.66	350m: 4:30.19
	100m: 1:05.41	35.83 200m: 2:24.88	38.88	300m: 3:54.77	45.23	400m: 5:03.34
5.	Bas Verdoes	De Columbiaan	4:54.13	199801487	5:18.15	+0,78
	50m: 30.72	30.72 150m: 1:49.89	41.87	250m: 3:15.20	43.81	350m: 4:39.52
	100m: 1:08.02	37.30 200m: 2:31.39	41.50	300m: 4:00.92	45.72	400m: 5:18.15
6.	Björn de Heus	ZV Vlaardingen-Schiedam	5:07.50	200201077	5:19.88	+0,70
	50m: 29.64	29.64 150m: 1:47.59	42.08	250m: 3:14.45	45.31	350m: 4:41.25
	100m: 1:05.51	35.87 200m: 2:29.14	41.55	300m: 4:01.10	46.65	400m: 5:19.88
7.	Yassine Maas	Blue Marlins (SG)	5:21.94	200301505	5:20.51	+0,77
	50m: 30.37	30.37 150m: 1:50.45	43.97	250m: 3:19.15	46.93	350m: 4:44.42
	100m: 1:06.48	36.11 200m: 2:32.22	41.77	300m: 4:07.04	47.89	400m: 5:20.51
8.	Quinten Nieuwenhuis	WZK Zwemmen	5:11.97	200304577	5:25.67	+0,73
	50m: 31.85	31.85 150m: 1:53.41	41.59	250m: 3:22.83	48.65	350m: 4:49.21
	100m: 1:11.82	39.97 200m: 2:34.18	40.77	300m: 4:12.58	49.75	400m: 5:25.67
9.	Alex Vermeulen	WZK Zwemmen	5:11.85	198905811	5:26.34	
	50m: 31.34	31.34 150m: 1:54.14	43.67	250m: 3:23.71	46.47	350m: 4:49.52
	100m: 1:10.47	39.13 200m: 2:37.24	43.10	300m: 4:11.81	48.10	400m: 5:26.34

Programmanr. 38
22-5-2022 - 11:15

Dames, 100m schoolslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Grace Peters	Blue Marlins (SG)	1:23.71	200901474	1:25.05	+0,79
	50m: 39.87	39.87 100m: 1:25.05	45.18			
2.	Tess van de Steeg	WVZ	1:23.88	201000016	1:25.94	+0,67
	50m: 41.18	41.18 100m: 1:25.94	44.76			
3.	Mijke Ouderkerken	Blue Marlins (SG)	1:23.97	200901254	1:26.58	+0,88
	50m: 40.57	40.57 100m: 1:26.58	46.01			
4.	Eva Ehlert	Widex Gzc Donk	1:27.97	201002026	1:27.93	
	50m: 40.45	40.45 100m: 1:27.93	47.48			
5.	Suuz Griekspoor	Noordwijkerhout	1:27.47	200901204	1:29.72	+0,81
	50m: 41.88	41.88 100m: 1:29.72	47.84			
6.	Julia Dabrowska	Blue Marlins (SG)	1:25.83	201000300	1:30.19	+0,77
	50m: 42.44	42.44 100m: 1:30.19	47.75			
7.	Sanne Mulder	Zoetermeer	1:31.05	200900280	1:30.75	+0,59
	50m: 42.88	42.88 100m: 1:30.75	47.87			
8.	Jasmijn Schoonen	Wiekslag	1:32.32	200901196	1:32.50	+0,63
	50m: 43.24	43.24 100m: 1:32.50	49.26			
9.	Ashley Mercera	SG SCOM/de Zeehond'73	1:32.70	201000178	1:33.24	+0,75
	50m: 43.55	43.55 100m: 1:33.24	49.69			
10.	Anouk Steller	WVZ	1:30.53	201000004	1:33.91	+0,84
	50m: 44.27	44.27 100m: 1:33.91	49.64			
11.	Jaylee van Heijdoorn	WVZ	1:29.38	200900636	1:34.09	+0,83
	50m: 44.49	44.49 100m: 1:34.09	49.60			
12.	Tessa de Jong	Widex Gzc Donk	1:33.56	201000026	1:34.36	+0,81
	50m: 44.11	44.11 100m: 1:34.36	50.25			
13.	Luna Schipper	ZOB'66	1:31.32	200900364	1:34.59	+0,82
	50m: 45.18	45.18 100m: 1:34.59	49.41			
14.	Hadewych Forschelen	MNC Dordrecht	1:33.36	200903572	1:34.64	+0,82
	50m: 46.14	46.14 100m: 1:34.64	48.50			
15.	Mariia Kostina	Blue Marlins (SG)	1:33.46	201002042	1:35.09	+0,86
	50m: 45.51	45.51 100m: 1:35.09	49.58			
16.	Jennifer Blenk	ZV Vlaardingen-Schiedam	1:36.75	200903172	1:35.26	+0,82
	50m: 44.62	44.62 100m: 1:35.26	50.64			
17.	Reina Böhm	Blue Marlins (SG)	1:36.41	201000042	1:35.29	+0,69
	50m: 45.46	45.46 100m: 1:35.29	49.83			
18.	Fleur van den Eijk	Blue Marlins (SG)	1:28.54	200900304	1:35.78	+0,65
	50m: 43.05	43.05 100m: 1:35.78	52.73			
19.	Manou Longayroux	ZZ&PC De Devel	1:29.78	201000580	1:35.95	+0,76
	50m: 45.07	45.07 100m: 1:35.95	50.88			

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Programmanr. 38, Meisjes, 100m schoolslag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT
20.	Erin de Jong 50m: 45.49	Widex Gzc Donk 45.49 100m: 1:36.00	1:31.78 50:51	201000024	1:36.00 +0,96
21.	Luna Buis 50m: 45.21	De Columbiaan 45.21 100m: 1:36.42	1:32.21 51:21	200902680	1:36.42 +0,83
22.	Thea Roed 50m: 46.28	Blue Marlins (SG) 46.28 100m: 1:39.31	1:32.71 53:03	200900474	1:39.31
23.	Tess Meeuwissen 50m: 47.28	De Columbiaan 47.28 100m: 1:39.68	1:31.70 52:40	201000370	1:39.68 +0,74
24.	Demi Bos 50m: 46.88	Niemo Barracuda 46.88 100m: 1:41.68	1:36.78 54:80	201001282	1:41.68 +0,78
25.	Aminata Turay 50m: 1:01.78	Niemo Barracuda 1:01.78 100m: 2:17.74	2:07.86 1:15.96	200900282 SB8	2:17.74 +1,03 154
NG	Pien Hogervorst	Noordwijkerhout	1:26.37	200901206	

Junioren 3 en 4

1.	Annique Rupke 50m: 36.08	WVZ 36.08 100m: 1:16.99	1:14.19 40:91	200700876	1:16.99 +0,84
2.	Flòra Szili-Torok 50m: 37.06	Blue Marlins (SG) 37.06 100m: 1:17.97	1:14.76 40:91	200800114	1:17.97 +0,72
3.	Mila Oomens 50m: 36.58	Niemo Barracuda 36.58 100m: 1:18.78	1:15.72 42:20	200700016	1:18.78 +0,74
4.	Thalia Meijer 50m: 38.18	MNC Dordrecht 38.18 100m: 1:20.37	1:16.40 42:19	200704048	1:20.37 +0,73
5.	Charlene Ruiters 50m: 37.28	De Columbiaan 37.28 100m: 1:20.80	1:18.26 43:52	200700522	1:20.80 +0,73
6.	Robin Vermeulen 50m: 37.85	Blue Marlins (SG) 37.85 100m: 1:22.09	1:20.26 44:24	200700412	1:22.09 +0,88
7.	Liv Heijdra 50m: 38.16	Feijenoord Albion 38.16 100m: 1:23.43	1:23.34 45:27	200800736	1:23.43
8.	Floor Hogervorst 50m: 40.06	Noordwijkerhout 40.06 100m: 1:24.57	1:25.61 44:51	200701400	1:24.57 +0,71
9.	Nadine Kuiper 50m: 40.10	WVZ 40.10 100m: 1:25.31	1:21.89 45:21	200802372	1:25.31 +0,81
10.	Britte Lodder 50m: 40.38	ZZ&PC De Devel 40.38 100m: 1:26.06	1:19.60 45:68	200702290	1:26.06
11.	Meyke v. Nimwegen 50m: 40.64	z.c De Schotejil 40.64 100m: 1:26.18	1:20.16 45:54	200800106	1:26.18 +0,81
12.	Anoeska Wiltenburg 50m: 39.82	Widex Gzc Donk 39.82 100m: 1:26.84	1:23.04 47:02	200703028	1:26.84 +0,85
13.	Sophie Adriaanse 50m: 40.74	De Columbiaan 40.74 100m: 1:26.96	1:22.07 46:22	200701066	1:26.96 +0,81
14.	Nada Mghizat 50m: 41.10	Widex Gzc Donk 41.10 100m: 1:27.56	1:27.43 46:46	200702178	1:27.56 +0,77
15.	Samantha van der Jagt 50m: 39.93	Poseidon'56 39.93 100m: 1:27.57	1:21.64 47:64	200700220	1:27.57 +0,78
16.	Ananda van der Wiel 50m: 40.52	WVZ 40.52 100m: 1:27.76	1:18.95 47:24	200701562	1:27.76 +0,69
17.	Sophie van Leent 50m: 40.06	Blue Marlins (SG) 40.06 100m: 1:27.92	1:28.68 47:86	200800522	1:27.92 +0,89
18.	Jinth Engelse 50m: 41.09	Niemo Barracuda 41.09 100m: 1:28.07	1:27.41 46:98	200800204	1:28.07 +0,75
19.	Ebony Mercera 50m: 39.75	SG SCOM/de Zeehond'73 39.75 100m: 1:28.40	1:25.44 48:65	200800488	1:28.40 +0,88
20.	Zofia Lehmann 50m: 39.06	Blue Marlins (SG) 39.06 100m: 1:28.60	1:25.60 49:54	200704118	1:28.60 +0,76
21.	Annedieke Scholte 50m: 41.88	Blue Marlins (SG) 41.88 100m: 1:29.44	1:25.49 47:56	200701110	1:29.44 +0,86
22.	Daniek Wijnen 50m: 41.26	WVZ 41.26 100m: 1:29.48	1:26.85 48:22	200701280	1:29.48 +0,70
23.	Kyona Steffe BU 100m	Blue Marlins (SG)	1:27.05	200702004	1:29.81 +0,78

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Programmanr. 38, Meisjes, 100m schoolslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
	50m: 41.92	41.92	100m: 1:29.81	47.89	
24.	Ilse Rozema	AZC	1:27.26	200803318	1:31.01
	50m: 41.68	41.68	100m: 1:31.01	49.33	
25.	Kyana van Dam	Niemo Barracuda	1:31.04	200703008	1:33.97
	50m: 43.43	43.43	100m: 1:33.97	50.54	

Jeugd 1 en 2

1.	Mare Schallenberg	ACZ	1:12.02	200600078	1:13.76	+0,83	
	50m: 33.93	33.93	100m: 1:13.76	39.83			
2.	Leyla Oversluisen	Feijenoord Albion	1:18.71	200602730	1:18.98		
	50m: 37.44	37.44	100m: 1:18.98	41.54			
3.	Isa Maes	Feijenoord Albion	1:15.06	200500110	1:19.52	+0,71	
	50m: 37.44	37.44	100m: 1:19.52	42.08			
4.	Anouchka Bos	Niemo Barracuda	1:14.43	200501528	1:19.80	+0,81	
	50m: 37.46	37.46	100m: 1:19.80	42.34			
5.	Megan Jonkman	Blue Marlins (SG)	1:14.67	200600508	1:20.01	+0,79	
	50m: 37.12	37.12	100m: 1:20.01	42.89			
6.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	1:18.71	200503292	1:20.44	+0,85	
	50m: 36.50	36.50	100m: 1:20.44	43.94			
7.	Noor Frijlink	De Columbiaan	1:18.85	200500970	1:21.76	+0,71	
	50m: 37.61	37.61	100m: 1:21.76	44.15			
8.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	1:16.39	200500330	1:21.84	+0,71	
	50m: 37.57	37.57	100m: 1:21.84	44.27			
9.	Emi Schipper	ZOB'66	1:20.23	200502126	1:22.64	+0,78	
	50m: 38.62	38.62	100m: 1:22.64	44.02			
10.	Chloe Petropoulos	WVZ	1:19.32	200505382	1:25.16	+0,79	
	50m: 39.50	39.50	100m: 1:25.16	45.66			
11.	Sanne Slof	Blue Marlins (SG)	1:23.24	200601810	1:30.91	+0,78	
	50m: 41.50	41.50	100m: 1:30.91	49.41			
12.	Aguila Dolsma	Blue Marlins (SG)	1:28.95	200603902	1:31.52	+0,90	499
	50m: 42.64	42.64	100m: 1:31.52	48.88			
NG	Jamila de Lobel	SG SCOM/de Zeehond'73	1:26.04	200602320			

Senioren

1.	Lynn Blommers	Blue Marlins (SG)	1:07.96	200105062	1:11.86	+0,71
	50m: 33.88	33.88	100m: 1:11.86	37.98		
2.	Jill Nai Chung Tong	WVZ	1:10.10	200404272	1:14.30	+0,72
	50m: 34.55	34.55	100m: 1:14.30	39.75		
3.	Silke Molendijk	ZVL-1886 Center	1:13.11	200100178	1:15.51	+0,67
	50m: 35.74	35.74	100m: 1:15.51	39.77		
4.	Angelique van Vark	Widex Gzc Donk	1:11.97	199701478	1:16.26	+0,71
	50m: 35.55	35.55	100m: 1:16.26	40.71		
5.	Jade Geurts	WVZ	1:14.41	200402278	1:16.80	+0,79
	50m: 35.93	35.93	100m: 1:16.80	40.87		
6.	Lotte Middelbos	z.c De Schotejil	1:15.80	199900680	1:18.86	+0,78
	50m: 36.30	36.30	100m: 1:18.86	42.56		
7.	Leonoor van Dijk	Blue Marlins (SG)	1:15.44	200400832	1:19.14	
	50m: 36.82	36.82	100m: 1:19.14	42.32		
8.	Rinske Bouman	Blue Marlins (SG)	1:13.42	200400578	1:19.24	+0,79
	50m: 36.71	36.71	100m: 1:19.24	42.53		
9.	Kim de Jong	De Columbiaan	1:17.33	200301026	1:22.56	+0,83
	50m: 38.22	38.22	100m: 1:22.56	44.34		
10.	Lonneke Graansma	ZVL-1886 Center	1:18.40	199900936	1:22.76	+0,72
	50m: 37.68	37.68	100m: 1:22.76	45.08		
11.	Marbel Diderik	De Columbiaan	1:19.74	200205752	1:24.12	+0,62
	50m: 37.42	37.42	100m: 1:24.12	46.70		
12.	Amy van Leersum	Poseidon'56	1:20.99	200200300	1:24.32	
	50m: 39.04	39.04	100m: 1:24.32	45.28		
13.	Anique Star	De Columbiaan	1:21.86	200400446	1:27.41	+0,75
	50m: 41.44	41.44	100m: 1:27.41	45.97		

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Programmanr. 38, Dames, 100m schoolslag, Senioren

rang	naam	vereniging	intijd	tijd	RT
14.	Melanie Marinus-Cruz 50m: 42.68	WVZ 42.68 100m: 1:28.66	1:22.83 45.98	200404702	1:28.66 +0,78
15.	Milou van Winkel 50m: 45.76	WVZ 45.76 100m: 1:42.05	1:33.05 56.29	200402296 SB14	1:42.05 +0,68 360
16.	Megan van Delden 50m: 49.34	WVZ 49.34 100m: 1:46.00	1:37.60 56.66	200405500 SB13	1:46.00 283

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Heren, 200m schoolslag

Senioren open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Xiaoyu Yin 50m: 37.20	Blue Marlins (SG) 37.20 100m: 1:19.00	2:45.23 41.80 150m: 2:00.98	200803363 41.98	2:43.55 42.57 +0,72
2.	Matthijs de Rooij 50m: 38.29	WZK Zwemmen 38.29 100m: 1:22.47	2:50.64 44.18 150m: 2:08.05	200803481 45.58	2:51.82 43.77 +0,77
3.	Jamie Kenworthy 50m: 38.18	De Columbiaan 38.18 100m: 1:23.14	2:55.42 44.96 150m: 2:07.81	200800045 44.67	2:52.04 44.23 +0,66
4.	Luca Boorsma 50m: 39.65	De Columbiaan 39.65 100m: 1:24.38	2:49.73 44.73 150m: 2:09.89	200902031 45.51	2:52.97 43.08 +0,59
5.	Rein Stool 50m: 38.64	ZVL-1886 Center 38.64 100m: 1:24.02	2:57.04 45.38 150m: 2:11.38	200800463 47.36	3:00.07 200m: 3:00.07 48.69
6.	Gijs Hartwijk 50m: 41.06	ZVL-1886 Center 41.06 100m: 1:27.20	2:54.28 46.14 150m: 2:14.84	200800573 47.64	3:02.16 200m: 3:02.16 47.32 +0,65
7.	Thygo van Peppel 50m: 40.49	Blue Marlins (SG) 40.49 100m: 1:27.58	2:55.80 47.09 150m: 2:15.11	200901101 47.53	3:02.25 200m: 3:02.25 47.14 +0,74
8.	Niek Sonneveld 50m: 39.80	WVZ 39.80 100m: 1:26.10	3:04.66 46.30 150m: 2:14.61	200802631 48.51	3:02.90 200m: 3:02.90 48.29 +0,66
9.	Wout Koppers 50m: 40.65	ZVL-1886 Center 40.65 100m: 1:28.01	3:07.72 47.36 150m: 2:18.42	200801141 50.41	3:09.02 200m: 3:09.02 50.60
10.	Jantje Schouten 50m: 43.16	ZVL-1886 Center 43.16 100m: 1:31.51	3:13.70 48.35 150m: 2:20.96	200902305 49.45	3:09.58 200m: 3:09.58 48.62 +0,71
11.	Paul Ruitenber 50m: 43.05	De Geul 43.05 100m: 1:32.62	3:16.67 49.57 150m: 2:22.78	200900979 50.16	3:10.92 200m: 3:10.92 48.14 +0,79
12.	Floris van der Valk 50m: 41.39	Wiekslag 41.39 100m: 1:31.43	3:07.27 50.04 150m: 2:23.75	200801891 52.32	3:12.34 200m: 3:12.34 48.59 +0,76
13.	Lucas Vermeulen 50m: 42.43	Blue Marlins (SG) 42.43 100m: 1:32.78	3:08.91 50.35 150m: 2:23.46	200900683 50.68	3:14.40 200m: 3:14.40 50.94 +0,73
14.	Neo Reiber 50m: 42.28	Feijenoord Albion 42.28 100m: 1:32.65	3:10.32 50.37 150m: 2:23.54	200900699 50.89	3:17.18 200m: 3:17.18 53.64 +0,71
15.	Idse Eisses 50m: 45.27	WVZ 45.27 100m: 1:38.21	3:19.94 52.94 150m: 2:32.21	200900009 54.00	3:25.05 200m: 3:25.05 52.84 +0,78
16.	Lars Barendrecht 50m: 46.31	Niemo Barracuda 46.31 100m: 1:40.41	3:30.24 54.10 150m: 2:34.52	200800587 54.11	3:30.38 200m: 3:30.38 55.86
17.	Luca Kamps 50m: 47.12	De Vliet (SG) 47.12 100m: 1:41.78	3:21.06 54.66 150m: 2:38.25	200900891 56.47	3:35.31 200m: 3:35.31 57.06 +0,81
NG	Omar Badawy	De Vliet (SG)	3:20.43	200802679	

Junioren 3 en 4

1.	Joshua Agussalim 50m: 35.62	Niemo Barracuda 35.62 100m: 1:14.94	2:28.59 39.32 150m: 1:54.46	200600153 39.52	2:33.53 200m: 2:33.53 39.07 +0,75
2.	Roan van der Weide 50m: 35.60	Widex Gzc Donk 35.60 100m: 1:14.76	2:33.94 39.16 150m: 1:55.34	200601629 40.58	2:35.68 200m: 2:35.68 40.34 +0,73
3.	Hessel de Jong 50m: 36.49	ACZ 36.49 100m: 1:17.87	2:35.21 41.38 150m: 1:59.93	200602753 42.06	2:42.80 200m: 2:42.80 42.87 +0,70
4.	Daan Sonneveld 50m: 36.27	WVZ 36.27 100m: 1:17.98	2:33.99 41.71 150m: 2:01.04	200601085 43.06	2:43.20 200m: 2:43.20 42.16 +0,71
5.	Denzel Barthen 50m: 36.73	WVZ 36.73 100m: 1:18.57	2:51.24 41.84 150m: 2:01.79	200700147 43.22	2:44.77 200m: 2:44.77 42.98 +0,58

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Programmanr. 39, Jongens, 200m schoolslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
6.	Bas Blanker 50m: 36.88	SG SCOM/de Zeehond'73 36.88 100m: 1:20.00	2:38.34 43.12 150m: 2:03.85	200601497 43.85 200m: 2:45.88	2:45.88 +0,73 42.03
7.	Thierry Zulver 50m: 38.32	ZV Vlaardingen-Schiedam 38.32 100m: 1:22.64	2:33.72 44.32 150m: 2:06.28	200700023 43.64 200m: 2:48.52	2:48.52 +0,65 42.24
8.	Thijs van den Berg 50m: 36.51	Blue Marlins (SG) 36.51 100m: 1:19.81	2:37.59 43.30 150m: 2:04.76	200600971 44.95 200m: 2:49.52	2:49.52 44.76
9.	Björn Mulder 50m: 36.95	Zoetermeer 36.95 100m: 1:19.40	2:44.14 42.45 150m: 2:04.59	200601517 45.19 200m: 2:49.79	2:49.79 +0,77 45.20
10.	Tavi de Gelder 50m: 38.27	ZOB'66 38.27 100m: 1:22.80	2:45.40 44.53 150m: 2:08.73	200602335 45.93 200m: 2:54.19	2:54.19 +0,77 45.46
11.	Floris Wassenaar 50m: 37.60	WVZ 37.60 100m: 1:22.14	2:56.14 44.54 150m: 2:08.54	200600649 46.40 200m: 2:55.72	2:55.72 47.18
12.	Lars Stout 50m: 38.68	Niemo Barracuda 38.68 100m: 1:24.07	3:00.14 45.39 150m: 2:10.83	200600199 46.76 200m: 2:55.95	2:55.95 +0,86 45.12
13.	Benjamin Vermeer 50m: 37.02	Zoetermeer 37.02 100m: 1:22.00	3:04.99 44.98 150m: 2:09.98	200600177 47.98 200m: 2:56.81	2:56.81 +0,80 46.83
14.	Niels Meijer 50m: 40.80	Blue Marlins (SG) 40.80 100m: 1:26.88	3:04.25 46.08 150m: 2:14.13	200701645 47.25 200m: 2:59.84	2:59.84 +0,67 45.71
15.	Thijs van der Hout 50m: 39.35	Blue Marlins (SG) 39.35 100m: 1:24.81	3:03.10 45.46 150m: 2:12.58	200700913 47.77 200m: 3:00.15	3:00.15 +0,70 47.57
16.	Janu Nolden 50m: 39.97	WVZ 39.97 100m: 1:25.50	2:51.87 45.53 150m: 2:12.74	200600289 47.24 200m: 3:00.25	3:00.25 +0,74 47.51
17.	Dominique Drabbe 50m: 40.16	Zoetermeer 40.16 100m: 1:28.85	2:55.39 48.69 150m: 2:16.66	200600145 47.81 200m: 3:03.19	3:03.19 +0,81 46.53
18.	Boele Böhm 50m: 42.14	Blue Marlins (SG) 42.14 100m: 1:30.66	2:58.36 48.52 150m: 2:18.00	200700739 47.34 200m: 3:03.64	3:03.64 +0,76 45.64
19.	James Lawton 50m: 38.64	De Columbiaan 38.64 100m: 1:24.77	2:52.16 46.13 150m: 2:13.70	200700745 48.93 200m: 3:04.35	3:04.35 +0,66 50.65
20.	Twan Hoogervorst 50m: 42.62	De Columbiaan 42.62 100m: 1:32.69	3:06.15 50.07 150m: 2:23.51	200700741 50.82 200m: 3:13.42	3:13.42 49.91

Jeugd 1 en 2

1.	Efe Öngören 50m: 33.92	Blue Marlins (SG) 33.92 100m: 1:12.44	2:25.42 38.52 150m: 1:51.90	200504459 39.46 200m: 2:31.27	2:31.27 +0,67 39.37
2.	Abel te Riele 50m: 34.39	WVZ 34.39 100m: 1:13.28	2:25.52 38.89 150m: 1:52.69	200402317 39.41 200m: 2:31.49	2:31.49 +0,73 38.80
3.	Émile Fouzaï 50m: 34.13	Blue Marlins (SG) 34.13 100m: 1:13.12	2:26.30 38.99 150m: 1:52.97	200500263 39.85 200m: 2:32.29	2:32.29 +0,77 39.32
4.	Nathan Janssen 50m: 36.33	De Geul 36.33 100m: 1:17.25	2:38.26 40.92 150m: 2:00.22	200401565 42.97 200m: 2:43.92	2:43.92 +0,73 43.70
5.	Marijn Dekkers 50m: 39.77	WVZ 39.77 100m: 1:25.90	2:46.68 46.13 150m: 2:12.61	200402275 46.71 200m: 2:58.44	2:58.44 +0,77 45.83
6.	Aaike de Tender 50m: 38.83	ZPB H&L Productions 38.83 100m: 1:24.69	2:50.46 45.86 150m: 2:12.12	200502189 47.43 200m: 2:58.61	2:58.61 +0,86 46.49

Senioren 1 en ouder

1.	Joost de Roy van Zuydewijn 50m: 32.56	WVZ 32.56 100m: 1:10.53	2:18.98 37.97 150m: 1:49.95	200000255 39.42 200m: 2:29.34	2:29.34 +0,71 39.39
2.	Xander Vis 50m: 33.53	z.c De Schotejil 33.53 100m: 1:12.01	2:27.72 38.48 150m: 1:52.25	200300173 40.24 200m: 2:32.99	2:32.99 +0,68 40.74
3.	Stijn Geelen 50m: 34.14	Feijenoord Albion 34.14 100m: 1:13.86	2:22.08 39.72 150m: 1:54.45	199801363 40.59 200m: 2:34.65	2:34.65 +0,73 40.20
4.	Michael Smink 50m: 33.19	Blue Marlins (SG) 33.19 100m: 1:11.88	2:37.41 38.69 150m: 1:53.44	200302169 41.56 200m: 2:34.96	2:34.96 +0,69 41.52
5.	Dave van den Nieuwendijk 50m: 33.64	De Columbiaan 33.64 100m: 1:12.66	2:26.67 39.02 150m: 1:53.41	200100475 40.75 200m: 2:35.89	2:35.89 +0,73 42.48
6.	Thomas Hesper 50m: 35.58	Niemo Barracuda 35.58 100m: 1:15.39	2:24.73 39.81 150m: 1:56.72	200004181 41.33 200m: 2:38.57	2:38.57 +0,85 41.85
7.	Tim van den Berg 50m: 34.30	Blue Marlins (SG) 34.30 100m: 1:14.73	2:33.07 40.43 150m: 1:56.19	198500157 41.46 200m: 2:38.59	2:38.59 +0,70 42.40

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Programmanr. 39, Heren, 200m schoolslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT
8.	Guus Hoogduin	ZVL-1886 Center	2:39.98	200201069	2:41.25 +0,84
	50m: 35.38	35.38 100m: 1:15.71	40.33 150m: 1:58.72	43.01	200m: 2:41.25 42.53
9.	David Kievit	z.c De Schotejil	2:33.61	199900325	2:43.95 +0,77
	50m: 36.12	36.12 100m: 1:17.36	41.24 150m: 1:59.69	42.33	200m: 2:43.95 44.26
10.	Ryan van den Ouden	Poseidon'56	2:35.62	199900377	2:46.82 +0,77
	50m: 35.06	35.06 100m: 1:16.24	41.18 150m: 2:00.10	43.86	200m: 2:46.82 46.72
BM	Collin van der Hoff	Sola Svømmeklubb	2:17.15	10287187	2:22.45 +0,69
	50m: 31.76	31.76 100m: 1:08.52	36.76 150m: 1:45.56	37.04	200m: 2:22.45 36.89

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Dames, 50m vlinderslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Gwen Hermans	De Columbiaan	34.74	200900058	33.39 +0,75
2.	Julia Dabrowska	Blue Marlins (SG)	34.73	201000300	33.43 +0,76
3.	Fleur van den Eijk	Blue Marlins (SG)	34.53	200900304	33.99 +0,71
4.	Suuz Griekspoor	Noordwijkerhout	35.15	200901204	34.24 +0,72
5.	Grace Peters	Blue Marlins (SG)	34.02	200901474	34.63 +0,74
6.	Eva Ehler	Widex Gzc Donk	36.40	201002026	35.50 +0,73
7.	Erin de Jong	Widex Gzc Donk	36.18	201000024	35.68 +0,95
8.	Jaylee van Heijdoorn	WVZ	33.45	200900636	35.72 +0,86
9.	Hadewych Forschelen	MNC Dordrecht	37.87	200903572	36.01 +0,85
10.	Merel Bijl	SG SCOM/de Zeehond'73	36.53	200900762	36.03 +0,72
11.	Manou Longayroux	ZZ&PC De Devel	35.13	201000580	36.06
12.	Victoria Diederiks	ZVL-1886 Center	36.74	200900758	36.18
13.	Reina Böhm	Blue Marlins (SG)	36.92	201000042	38.08 +0,79
14.	Hei Yiu Tang	SG SCOM/de Zeehond'73	37.43	200902148	38.40 +0,83
15.	Jasmijn Schoonen	Wiekslag	37.97	200901196	38.83 +0,84
16.	Tess Meeuwissen	De Columbiaan	38.29	201000370	38.89 +0,77
17.	Aminata Turay	Niemo Barracuda	48.95	200900282	55.17
DIS	Luna Schipper	ZOB'66	34.99	200900364	+0,58
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>				
NG	Pien Hogervorst	Noordwijkerhout	36.80	200901206	

Junioren 3 en 4

1.	Thalia Meijer	MNC Dordrecht	30.21	200704048	30.38 +0,69
2.	Robin Vermeulen	Blue Marlins (SG)	30.21	200700412	30.88 +0,87
3.	Ananda van der Wiel	WVZ	29.88	200701562	30.98 +0,61
4.	Liv Heijdra	Feijenoord Albion	31.06	200800736	31.15 +0,72
5.	Kyona Steffe	Blue Marlins (SG)	31.45	200702004	31.17 +0,64
6.	Mila Oomens	Niemo Barracuda	30.84	200700016	31.23 +0,72
7.	Meyke v. Nimwegen	z.c De Schotejil	31.60	200800106	31.62 +0,76
8.	Jinth Engelse	Niemo Barracuda	33.49	200800204	31.65 FJ 1
	<i>handtijd</i>				
9.	Charlene Ruiters	De Columbiaan	34.45	200700522	31.65 FJ 2
	<i>handtijd</i>				
10.	Fleur Kamminga	WVZ	31.80	200701838	31.82 +0,82
11.	Daniek Wijnen	WVZ	31.62	200701280	32.02
12.	Floor Hogervorst	Noordwijkerhout	31.96	200701400	32.08 +0,75
13.	Ilse Rozema	AZC	33.00	200803318	32.16 +0,69
14.	Flóra Szili-Torok	Blue Marlins (SG)	31.81	200800114	32.21 +0,75
15.	Annieke Rupke	WVZ	32.40	200700876	32.22 +0,80
16.	Tessa Hoogstraten	De Columbiaan	32.65	200800544	32.37 +0,66
17.	Jade van der Schrier	AZC	34.93	200800692	32.61
	<i>handtijd</i>				
18.	Britte Lodder	ZZ&PC De Devel	31.03	200702290	32.89 +0,71
19.	Lisa Dirkwager	Blue Marlins (SG)	34.21	200703458	33.15
	<i>handtijd</i>				

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Programmanr. 40, Meisjes, 50m vlinderslag, Junioren 3 en 4

rang	naam	vereniging	intijd		tijd	RT
20.	Sophie Adriaanse	De Columbiaan	32.83	200701066	34.06	+0,80
21.	Evi Bol	Wiekslag	34.98	200700790	34.25	+0,83
22.	Julia van Wingerden	ZZ&PC De Devel	32.25	200800436	34.76	+0,68
23.	Marjolijn Offeringa	ZV Vlaardingen-Schiedam	35.30	200701788	34.86	+0,77
24.	Dide Provily	Feijenoord Albion	34.16	200700480	35.40	
	<i>handtijd</i>					
25.	Lieke van den Andel	D'elft	34.75	200702010	36.23	
	<i>handtijd</i>					
26.	Samantha van der Jagt	Poseidon'56	34.45	200700220	36.91	
	<i>handtijd</i>					
NG	Lety Pieters	Blue Marlins (SG)	31.38	200702720		

Jeugd 1 en 2

1.	Kimberly Ruiters	De Columbiaan	27.73	200600492	28.82	+0,69
2.	Marit Huisman	WVZ	29.29	200502620	29.30	+0,70
3.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	28.88	200503292	29.57	+0,81
4.	Mare Schallenberg	ACZ	29.72	200600078	29.70	+0,75
5.	Emma Verkuyll	WVZ	29.36	200500826	29.82	+0,74
6.	Madelief Mans	Blue Marlins (SG)	28.36	200501260	29.94	+0,78
7.	Laura 't Lam	De Geul	30.28	200603376	30.62	
8.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	30.70	200500330	30.71	+0,68
9.	Nikita Snoeren	WVZ	31.00	200600342	31.03	+0,67
10.	Donna van der Meer	BZ en PC	31.04	200601146	32.65	+0,68
11.	Lyke Buscop	z.c De Schotejil	32.18	200500552	32.87	+0,75
12.	Jasmine Matuskova	ZV Vlaardingen-Schiedam	33.06	200602328	33.02	
	<i>handtijd</i>					
13.	Jade van der Maas	WVZ	32.07	200600408	33.15	
14.	Aisha Nobels	z.c De Schotejil	32.50	200501710	33.57	+0,54
15.	Hilda Vrijbloed	ZV Vlaardingen-Schiedam	32.63	200605262	33.82	+0,77
16.	Anouchka Bos	Niemo Barracuda	32.64	200501528	34.33	+0,79
17.	Mar Stoel	ZVL-1886 Center	31.87	200500520	34.53	+0,72
NG	Mieke Chorus	De Columbiaan	32.25	200505364		

Senioren

1.	Britta Koehorst	WVZ	26.71	200300246	27.32	+0,72
2.	Silke Molendijk	ZVL-1886 Center	28.51	200100178	28.62	+0,69
3.	Milou van Wijk	WVZ	28.08	200404948	29.03	+0,83
4.	Phaedra Meijer	MNC Dordrecht	29.19	200405834	29.24	+0,75
5.	Lynn Blommers	Blue Marlins (SG)	28.48	200105062	29.45	+0,71
6.	Babette van der Kaaij	Blue Marlins (SG)	28.61	199902234	29.47	+0,72
7.	Leonoor van Dijk	Blue Marlins (SG)	28.57	200400832	29.99	+0,73
8.	Jill Nai Chung Tong	WVZ	29.06	200404272	30.30	+0,71
9.	Maike Broersma	BZ en PC	28.91	200201522	30.35	+0,75
10.	Julia Notenboom	De Columbiaan	31.42	200302596	30.92	+0,82
11.	Amy van Leersum	Poseidon'56	31.06	200200300	31.28	+0,79
12.	Angelique van Vark	Widex Gzc Donk	30.59	199701478	31.81	
13.	Marbel Diderik	De Columbiaan	31.42	200205752	32.05	+0,68
14.	Anouk Vis	De Columbiaan	31.24	200203322	32.10	+0,77
15.	Marije de Jager	De Columbiaan	31.19	200301394	32.11	
16.	Jade Geurts	WVZ	32.99	200402278	32.37	
17.	Rozemarijn van Haaff	ZOB'66	30.89	200201852	32.54	+0,77
18.	Jessica Braat	ACZ	32.45	200205684	32.56	+0,72
19.	Mariska van der Tol	De Columbiaan	31.80	198603558	32.90	+0,80
20.	Roos van Esch	ACZ	32.75	198200468	32.93	+0,83
21.	Carmen Lems	ACZ	31.91	200402632	32.99	+0,74
22.	Lisa Nederveen	DWF	32.77	200204882	33.24	+0,77
23.	Anne Aarts	D'elft	32.43	199207942	33.26	+0,80
24.	Kim de Jong	De Columbiaan	31.80	200301026	33.29	+0,82
25.	Lonneke Graansma	ZVL-1886 Center	32.88	199900936	33.60	+0,72
26.	Nikita Herwig	Wiekslag	31.32	199903552	33.68	+0,80
27.	Anique Star	De Columbiaan	32.10	200400446	34.18	+0,75
28.	Milou van Winkel	WVZ	35.14	200402296	35.63	+0,74
29.	Megan van Delden	WVZ	37.21	200405500	39.66	+0,81
AFGEM	Amy Koelman	De Columbiaan	31.23	200300922		
NG	Sacha van den Dobbelssteen	Blue Marlins (SG)	31.57	200100904		

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22-5-2022 - 13:45

Heren, 50m vrije slag

Senioren open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Kaan Sudak	Blue Marlins (SG)	27.08	200803733	25.35	+0,57
2.	Xiaoyu Yin	Blue Marlins (SG)	25.72	200803363	26.16	+0,72
3.	Yarno van Dam	ACZ	27.01	200800115	27.60	+0,67
4.	Neo Reiber	Feijenoord Albion	28.14	200900699	28.14	+0,69
5.	Jamie Kenworthy	De Columbiaan	29.11	200800045	28.29	+0,69
6.	Rein Stael	ZVL-1886 Center	28.54	200800463	28.35	+0,70
7.	Alex Woe	Poseidon'56	27.74	200801393	28.40	+0,65
8.	Sebastian Lopes Cardozo	WZK Zwemmen	28.16	200800187	28.43	+0,78
9.	Niek Sonneveld	WVZ	28.87	200802631	28.67	+0,71
10.	Luuk Knijnenburg	Noordwijkerhout	28.74	200802291	28.73	+0,74
11.	Luca Boorsma	De Columbiaan	29.11	200902031	28.86	+0,65
12.	Floris van der Valk	Wiekslag	29.41	200801891	28.95	+0,66
	Kas Bogaert	ZV De Watervogels	29.15	200800755	28.95	+0,65
14.	Aiden Lips	Blue Marlins (SG)	32.45	200800951	29.05	+0,83
15.	Tim Boerefijn	WVZ	30.25	200802815	29.45	+0,74
16.	Ravi van Hoff	ZPB H&L Productions	31.86	200900309	29.59	+0,89
17.	Joey Pop	ZV Vlaardingen-Schiedam	30.07	200800277	29.86	+0,76
18.	Matthijs de Rooij	WZK Zwemmen	28.68	200803481	30.09	+0,80
19.	Wanne van Geest	ZV Vlaardingen-Schiedam	31.23	200901425	30.14	+0,79
20.	Lucas Vermeulen	Blue Marlins (SG)	30.46	200900683	30.27	
21.	Bink de Vries	AZC	30.59	200901887	30.42	+0,81
22.	Owen Houdé	De Geul	32.68	200900903	30.46	+0,79
23.	Aidan van der Stelt	De Geul	29.32	200900901	30.58	+0,72
24.	Lucas Bongers	ZOB'66	31.34	200800903	30.60	+0,77
25.	Thygo van Peppel	Blue Marlins (SG)	30.31	200901101	30.77	+0,73
26.	Ivo Bot	Wiekslag	30.66	200900509	31.07	+0,56
27.	Arda Naci	WZK Zwemmen	31.93	200901599	31.10	+0,72
28.	Fabrice Poot	ZV De Watervogels	31.98	200800757	31.20	+0,78
29.	Jantje Schouten	ZVL-1886 Center	33.22	200902305	31.26	+0,74
30.	Milan Roos	ZOB'66	32.47	200802971	31.43	
31.	Paul Ruitenber	De Geul	30.21	200900979	31.51	+0,75
32.	Jesper van Tilburg	De Geul	30.95	200800043	31.53	+0,75
33.	Luca Kamps	De Vliet (SG)	31.26	200900891	31.75	+0,84
34.	Lintar Shidiq	ZVL-1886 Center	31.22	200802571	32.02	+0,71
35.	Marcel Koziol	Noordwijkerhout	33.60	200803265	32.30	+0,99
36.	Luka Arkesteyn	ACZ	32.23	200903023	32.39	+0,73
37.	Egon van Rijn	Zoetermeer	33.89	200802625	32.44	+0,62
38.	Sven Mulder	Zoetermeer	32.63	200901655	32.55	+0,76
39.	Idse Eisses	WVZ	32.61	200900009	32.80	+0,83
40.	Laurens Wassenaar	WVZ	33.88	200802633	32.88	+0,76
41.	Esh Nolden	WVZ	32.59	200800145	32.91	+0,72
42.	Lars Barendrecht	Niemo Barracuda	33.27	200800587	32.97	+0,87
43.	Sascha Timmer	AZC	34.06	200902987	33.10	+0,66
44.	Milán Biró	ACZ	31.84	200803169	33.14	+0,65
45.	Joshua Sitaram	Poseidon'56	32.84	200802695	33.24	+0,81
46.	Dylan Dortland	Niemo Barracuda	33.37	200900165	33.27	+0,68
47.	Senna Veth	De Geul	32.40	200802865	33.65	+0,84
48.	Thijs Bijman	Niemo Barracuda	33.48	200901111	34.12	+0,72
49.	Thomas Braat	AZC	33.02	200802269	34.48	+0,90
DIS	Roan de Groot	Noordwijkerhout	33.87	200802293		+0,53
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
NG	Omar Badawy	De Vliet (SG)	31.54	200802679		
NG	Tomás Ketelaars	De Columbiaan	33.04	200900729		
Junioren 3 en 4						
1.	Daan Sonneveld	WVZ	23.87	200601085	25.12	+0,72
2.	Bjorn Rijkaart	WVZ	25.05	200601337	25.78	+0,74
3.	Dave Dirks	ZV Vlaardingen-Schiedam	26.37	200602883	26.41	+0,73
4.	Joshua Agussalim	Niemo Barracuda	26.11	200600153	26.49	+0,71
5.	Floris Wassenaar	WVZ	25.83	200600649	26.62	+0,76
6.	Thierry Zulver	ZV Vlaardingen-Schiedam	26.32	200700023	26.71	
7.	Jisse Lousma	WVZ	27.03	200701493	27.02	+0,61
8.	Tavi de Gelder	ZOB'66	26.93	200602335	27.14	+0,79

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rang	naam	vereniging	intijd		tijd	RT
9.	Rely Hoogendijk	WVZ	27.07	200702521	27.15	+0,78
10.	Lars Bulman	Blue Marlins (SG)	25.48	200600125	27.21	+0,74
11.	Thom de Hoog	SG SCOM/de Zeehond'73	27.95	200600019	27.23	+0,70
12.	Benjamin Vermeer	Zoetermeer	27.64	200600177	27.26	+0,73
13.	Benjamin van Helsdingen	ZZ&PC De Devel	26.40	200601097	27.28	+0,65
14.	Mark Demianenko	Zoetermeer	26.16	200600409	27.31	+0,65
15.	Bas Blanker	SG SCOM/de Zeehond'73	26.84	200601497	27.34	+0,75
16.	Hessel de Jong	ACZ	26.56	200602753	27.47	+0,66
17.	Gaëtan Spicq	Blue Marlins (SG)	26.38	200701807	27.63	+0,73
18.	Bo Merkestein	WVZ	27.86	200602451	27.75	
19.	Boele Böhm	Blue Marlins (SG)	27.78	200700739	27.88	+0,74
20.	Janu Nolden	WVZ	27.86	200600289	27.96	+0,82
21.	Jasper Groen	ACZ	27.33	200602325	28.00	+0,72
22.	Roan van der Weide	Widex Gzc Donk	27.85	200601629	28.05	+0,74
23.	Robin den Ouden	Wiekslag	27.79	200600255	28.60	+0,63
24.	Bas Bechtold	Niemo Barracuda	28.22	200600007	28.73	+0,75
25.	Thijs van der Hout	Blue Marlins (SG)	29.22	200700913	28.80	+0,67
26.	Arav Ramcharan	Poseidon'56	28.89	200603067	28.82	+0,81
27.	Renzo Steller	WVZ	28.48	200701141	29.09	+0,87
28.	Daniel Gavran	Widex Gzc Donk	28.62	200600667	29.26	
29.	Dominique Drabbe	Zoetermeer	28.82	200600145	29.32	+0,73
30.	Lars Stout	Niemo Barracuda	28.79	200600199	29.44	+0,94
31.	James Lawton	De Columbiaan	29.24	200700745	29.69	+0,68
32.	Rick Boender	ZOB'66	29.79	200700235	29.83	+0,77
33.	Bjorn Duijvestijn	Blue Marlins (SG)	29.37	200703233	29.96	+0,83
34.	Philip Stergiou	WZK Zwemmen	30.99	200703293	29.97	+0,77
35.	Luca Erkens	ZV Vlaardingen-Schiedam	31.78	200601315	30.01	
36.	Anco van der Lans	ZV Vlaardingen-Schiedam	30.21	200601889	30.03	+0,72
37.	Jasa Jezerssek	WZK Zwemmen	30.97	200604081	30.23	+0,65
38.	Twan Huisman	Niemo Barracuda	29.61	200702207	30.86	+0,77
39.	Kees Wassenaar	Wiekslag	30.43	200702917	30.95	+0,86
40.	Csongor Biró	ACZ	30.70	200604101	31.06	+0,68
41.	Twan Hoogervorst	De Columbiaan	31.17	200700741	31.49	
42.	Tim Schildkamp	AZC	31.64	200703819	31.73	+0,87
43.	Mitchell Nooitgedacht	AZC	32.62	200701523	31.96	+0,92
44.	Hassan Turay	Niemo Barracuda	30.06	200700519	32.25	+0,75
45.	Maurice Tiebosch	Zoetermeer	31.28	200601253	32.44	+0,89
DIS	Timo Vankan	De Columbiaan	27.96	200603749		+0,69
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						
NG	Merijn van Wingerden	ZPB H&L Productions	30.57	200701043		
NG	Bart Geelen	ZVL-1886 Center	30.06	200700473		
NG	Marnix van Wanrooij	Poseidon'56	28.16	200600015		

Jeugd 1 en 2

1.	Émile Fouzai	Blue Marlins (SG)	24.18	200500263	24.96	+0,73
2.	Borys Rudman	Blue Marlins (SG)	25.61	200504479	25.62	+0,74
3.	Vilmos Alm	WZK Zwemmen	25.65	200504031	25.72	+0,79
4.	Timo Wouters	De Geul	25.03	200401363	25.85	+0,70
5.	Abel te Riele	WVZ	25.76	200402317	26.08	+0,74
6.	Menno Wieringa	ACZ	25.21	200500927	26.47	+0,73
7.	Niels van der Mast	ZOB'66	25.97	200401917	26.66	+0,75
8.	Benjamin Boender	ZOB'66	26.58	200401351	26.67	+0,72
9.	Nathan Janssen	De Geul	26.01	200401565	26.69	+0,72
10.	Pepijn van Egmond	WVZ	26.16	200402309	26.81	+0,77
11.	Yassine Mellah	Widex Gzc Donk	26.27	200502159	26.84	+0,74
12.	Guus Geelen	ZVL-1886 Center	26.39	200401183	27.15	+0,74
13.	Pim Romeijn	Wiekslag	26.28	200401321	27.16	+0,58
14.	Bo Schoenmakers	Widex Gzc Donk	26.58	200402919	27.21	+0,74
15.	Sidique Turay	Niemo Barracuda	26.71	200500981	27.24	+0,82
16.	Neel Sahti	Blue Marlins (SG)	27.01	200404227	27.41	+0,71
17.	Thijs Huizer	Noordwijkerhout	26.97	200502523	27.61	+0,61
18.	Luuk Bogaert	ZV De Watervogels	27.62	200503203	27.92	+0,80
19.	Tjomme de Tender	ZPB H&L Productions	27.12	200502187	28.01	+0,71
20.	Marijn Dekkers	WVZ	27.61	200402275	28.21	+0,77
21.	Timo Huizer	Poseidon'56	27.34	200401125	28.50	+0,76
22.	Stijn de Bondt	ZPB H&L Productions	28.18	200502249	28.66	+0,85
23.	Aaïke de Tender	ZPB H&L Productions	27.84	200502189	29.08	+0,81

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rang	naam	vereniging	intijd		tijd	RT
24.	Reinier Velthuijs	Niemo Barracuda	27.84	200503537	29.17	+0,80
25.	Jens Brouwer	ZOB'66	28.34	200403167	29.43	+0,79
NG.ZA	Nikita Lubbe	Poseidon'56	27.12	200502219		

Senioren 1 en ouder

1.	Jeroen Baars	Blue Marlins (SG)	21.47	199200031	23.45	+0,73
2.	Brandon van den Berg	Blue Marlins (SG)	22.34	200200669	23.50	+0,76
3.	Perry Laarhoven	Feijenoord Albion	22.51	200301321	23.64	+0,72
4.	Michael Smink	Blue Marlins (SG)	23.02	200302169	23.69	+0,66
5.	Ivo Stolk	Feijenoord Albion	23.08	200100615	24.55	+0,67
6.	Daan Hogerhuis	De Columbiaan	24.43	200300317	24.59	+0,76
7.	Jarno Verbeek	Zoetermeer	23.69	200200931	24.71	+0,50
	Maximilian Lopes Cardozo	WZK Zwemmen	22.93	200300665	24.71	+0,65
9.	Jorian Tanis	Feijenoord Albion	24.17	199900327	25.04	+0,75
10.	Saviël Armand	ACZ	24.37	200204461	25.18	+0,65
11.	Melvin Prins	Blue Marlins (SG)	23.88	199500201	25.19	+0,70
12.	Joost de Roy van Zuydewijn	WVZ	24.47	200000255	25.37	+0,72
13.	Gerard Willighagen	Poseidon'56	24.41	200103663	25.54	+0,69
14.	Ryan van den Ouden	Poseidon'56	24.52	199900377	25.59	+0,65
15.	Bert Duivenvoorde	Noordwijkerhout	24.84	199701805	25.60	+0,69
16.	Ivo van Dijk	Blue Marlins (SG)	25.12	199702985	25.68	+0,68
17.	Xander Vis	z.c De Schotejil	24.72	200300173	25.71	+0,69
18.	Sander Kirillova	WVZ	24.66	199800121	25.75	+0,67
19.	Stefan Groen	ACZ	25.53	200301179	25.80	+0,72
20.	Stijn den Otter	ZZ&PC De Devel	24.90	200200225	25.83	+0,65
21.	Milan Hamel	Blue Marlins (SG)	25.50	200302125	25.84	+0,63
22.	Kenan Coeruez	Feijenoord Albion	24.43	200300357	25.85	+0,66
23.	Robin van Beek	ZVL-1886 Center	25.24	199704023	25.90	+0,69
24.	Stijn Geelen	Feijenoord Albion	25.50	199801363	26.04	+0,72
25.	Jim Geestman	Blue Marlins (SG)	25.43	198300699	26.15	+0,66
26.	Sander Iuga	Feijenoord Albion	25.50	200101389	26.18	+0,67
27.	Jasper Willig	Blue Marlins (SG)	25.91	200104757	26.31	+0,70
28.	Julian Mes	ZOB'66	25.57	200103755	26.73	+0,66
29.	Sam Beer	Poseidon'56	25.60	199605521	26.77	+0,70
30.	Quinten Nieuwenhuis	WZK Zwemmen	26.90	200304577	26.86	+0,75
31.	Bart Spaans	ACZ	25.72	199902559	26.93	+0,59
32.	Esper Paans	ZZ&PC De Devel	25.82	200100607	26.96	+0,68
	Yassine Maas	Blue Marlins (SG)	26.05	200301505	26.96	+0,73
34.	Paul van Grol	Widex Gzc Donk	25.76	199602951	27.03	
	Bas Verdoes	De Columbiaan	25.77	199801487	27.03	+0,76
36.	Sybre Groenewegen	z.c De Schotejil	26.94	199306223	27.09	+0,80
37.	Daan Siebenheller	ZOB'66	25.37	199804955	27.15	+0,72
38.	Ian van Mullem	ZOB'66	26.29	199602545	27.28	+0,73
39.	Dave van den Nieuwendijk	De Columbiaan	25.80	200100475	27.80	+0,77
40.	Dennis Dortland	Niemo Barracuda	26.71	197800261	27.86	+0,81
41.	Thomas Hesper	Niemo Barracuda	26.68	200004181	28.23	+0,80

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Dames, 200m rugslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Junioren 1 en 2						
1.	Ece Öngören	Blue Marlins (SG)	2:31.89	200903862	2:36.57	+0,72
	50m: 37.78	37.78	100m: 1:16.95	39.17	150m: 1:56.64	39.69
					200m: 2:36.57	39.93
2.	Fleur van den Eijk	Blue Marlins (SG)	2:38.26	200900304	2:41.78	+0,72
	50m: 37.19	37.19	100m: 1:17.47	40.28	150m: 1:59.96	42.49
					200m: 2:41.78	41.82
3.	Anouk Steller	WVZ	2:40.87	201000004	2:44.18	+0,61
	50m: 37.80	37.80	100m: 1:19.19	41.39	150m: 2:01.73	42.54
					200m: 2:44.18	42.45
4.	Mijke Ouderkerken	Blue Marlins (SG)	2:40.05	200901254	2:46.46	+0,69
	50m: 39.89	39.89	100m: 1:22.10	42.21	150m: 2:05.08	42.98
					200m: 2:46.46	41.38
5.	Hadewych Forschelen	MNC Dordrecht	2:50.48	200903572	2:49.28	+0,83
	50m: 40.28	40.28	100m: 1:23.82	43.54	150m: 2:07.82	44.00
					200m: 2:49.28	41.46
6.	Suuz Griekspoor	Noordwijkerhout	2:43.70	200901204	2:50.05	+0,65
	50m: 41.09	41.09	100m: 1:24.74	43.65	150m: 2:08.50	43.76
					200m: 2:50.05	41.55

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Programmanr. 42, Meisjes, 200m rugslag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT
7.	Thea Roed 50m: 40.11	Blue Marlins (SG) 40.11 100m: 1:22.77	2:51.15 42.66 150m: 2:07.29	200900474 44.52 200m: 2:50.48	2:50.48 +0,71 43.19
8.	Nina van der Schrier 50m: 40.68	AZC 40.68 100m: 1:24.91	2:47.58 44.23 150m: 2:10.34	201000444 45.43 200m: 2:54.12	2:54.12 +0,62 43.78
9.	Erin de Jong 50m: 41.76	Widex Gzc Donk 41.76 100m: 1:26.63	2:48.30 44.87 150m: 2:12.59	201000024 45.96 200m: 2:55.75	2:55.75 +0,87 43.16
10.	Grace Peters <i>BU eindtijd</i> 50m: 41.66	Blue Marlins (SG) 41.66 100m: 1:26.59	2:49.88 44.93 150m: 2:11.73	200901474 45.14 200m: 2:56.36	2:56.36 +0,62 44.63
11.	Wictoria Diederiks 50m: 42.38	ZVL-1886 Center 42.38 100m: 1:29.14	3:03.56 46.76 150m: 2:15.94	200900758 46.80 200m: 2:59.09	2:59.09 +0,71 43.15
12.	Sanne Mulder 50m: 42.84	Zoetermeer 42.84 100m: 1:29.45	2:55.81 46.61 150m: 2:16.05	200900280 46.60 200m: 2:59.33	2:59.33 +0,62 43.28
13.	Tess Meeuwissen 50m: 43.85	De Columbiaan 43.85 100m: 1:32.94	3:03.62 49.09 150m: 2:22.14	201000370 49.20 200m: 3:09.66	3:09.66 +0,82 47.52
NG	Pien Hogervorst	Noordwijkerhout	2:59.03	200901206	

Junioren 3 en 4

1.	Jinth Engelse 50m: 35.10	Niemo Barracuda 35.10 100m: 1:13.18	2:29.33 38.08 150m: 1:52.00	200800204 38.82 200m: 2:30.23	2:30.23 +0,65 38.23
2.	Meyke v. Nimwegen 50m: 36.40	z.c De Schotejil 36.40 100m: 1:14.10	2:27.34 37.70 150m: 1:53.23	200800106 39.13 200m: 2:31.55	2:31.55 +0,76 38.32
3.	Jade van der Schrier 50m: 35.74	AZC 35.74 100m: 1:14.00	2:35.27 38.26 150m: 1:53.85	200800692 39.85 200m: 2:32.00	2:32.00 +0,69 38.15
4.	Floor Hogervorst 50m: 36.19	Noordwijkerhout 36.19 100m: 1:14.77	2:30.48 38.58 150m: 1:54.82	200701400 40.05 200m: 2:34.23	2:34.23 +0,72 39.41
5.	Mila Oomens 50m: 37.14	Niemo Barracuda 37.14 100m: 1:16.38	2:24.61 39.24 150m: 1:56.43	200700016 40.05 200m: 2:35.29	2:35.29 +0,68 38.86
6.	Anniëke Rupke 50m: 36.39	WVZ 36.39 100m: 1:16.36	2:32.03 39.97 150m: 1:56.90	200700876 40.54 200m: 2:36.87	2:36.87 +0,70 39.97
7.	Flòra Szili-Torok 50m: 36.23	Blue Marlins (SG) 36.23 100m: 1:15.31	2:31.22 39.08 150m: 1:56.35	200800114 41.04 200m: 2:36.88	2:36.88 +0,75 40.53
8.	Annedieke Scholte 50m: 37.44	Blue Marlins (SG) 37.44 100m: 1:18.67	2:34.75 41.23 150m: 2:01.37	200701110 42.70 200m: 2:41.03	2:41.03 +0,78 39.66
9.	Stella van Droffelaar 50m: 36.84	ZV Vlaardingen-Schiedam 36.84 100m: 1:17.21	2:29.27 40.37 150m: 1:59.37	200700048 42.16 200m: 2:41.33	2:41.33 +0,68 41.96
10.	Fleur Kamminga 50m: 38.01	WVZ 38.01 100m: 1:19.19	2:32.80 41.18 150m: 2:01.19	200701838 42.00 200m: 2:42.75	2:42.75 +0,71 41.56
11.	Kyona Steffe 50m: 37.44	Blue Marlins (SG) 37.44 100m: 1:18.64	2:37.84 41.20 150m: 2:01.90	200702004 43.26 200m: 2:43.18	2:43.18 +0,68 41.28
12.	Thalia Meijer 50m: 38.33	MNC Dordrecht 38.33 100m: 1:19.91	2:40.57 41.58 150m: 2:03.09	200704048 43.18 200m: 2:45.28	2:45.28 +0,74 42.19
13.	Robin Vermeulen 50m: 38.83	Blue Marlins (SG) 38.83 100m: 1:21.46	2:31.82 42.63 150m: 2:04.76	200700412 43.30 200m: 2:46.62	2:46.62 +0,74 41.86
14.	Charlene Ruiters 50m: 38.90	De Columbiaan 38.90 100m: 1:22.20	2:40.83 43.30 150m: 2:06.78	200700522 44.58 200m: 2:47.08	2:47.08 +0,65 40.30
15.	Eloisa Gomes Delgado 50m: 39.76	Feijenoord Albion 39.76 100m: 1:23.55	2:43.36 43.79 150m: 2:06.49	200700812 42.94 200m: 2:47.78	2:47.78 +0,82 41.29
16.	Ilse Rozema <i>BU: eindtijd</i> 50m: 39.85	AZC 39.85 100m: 1:22.49	2:43.88 42.64 150m: 2:06.91	200803318 44.42 200m: 2:48.96	2:48.96 +0,61 42.05
17.	Tessa Hoogstraten 50m: 38.53	De Columbiaan 38.53 100m: 1:21.55	2:40.27 43.02 150m: 2:06.08	200800544 44.53 200m: 2:49.32	2:49.32 +0,61 43.24
18.	Dide Provily 50m: 39.52	Feijenoord Albion 39.52 100m: 1:22.49	2:42.84 42.97 150m: 2:06.34	200700480 43.85 200m: 2:49.76	2:49.76 +0,77 43.42
19.	Aukje Schonewille 50m: 39.74	SG SCOM/de Zeehond'73 39.74 100m: 1:23.26	2:50.55 43.52 150m: 2:07.24	200702340 43.98 200m: 2:50.53	2:50.53 +0,78 43.29
20.	Sophie van Leent 50m: 41.28	Blue Marlins (SG) 41.28 100m: 1:26.36	2:47.28 45.08 150m: 2:13.10	200800522 46.74 200m: 2:57.83	2:57.83 +0,84 44.73
21.	Liv Heijdra 50m: 41.22	Feijenoord Albion 41.22 100m: 1:26.58	2:41.40 45.36 150m: 2:12.99	200800736 46.41 200m: 2:58.26	2:58.26 +0,63 45.27

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Programmanr. 42, Meisjes, 200m rugslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
22.	Samantha van der Jagt 50m: 42.03	Poseidon'56 42.03 100m: 1:27.72	2:48.55 45.69 150m: 2:14.38	200700220 46.66 200m: 2:59.37	2:59.37 +0,75 44.99
23.	Juliëtte Priester 50m: 43.41	WZK Zwemmen 43.41 100m: 1:29.62	2:52.26 46.21 150m: 2:15.67	200800872 46.05 200m: 2:59.49	2:59.49 +0,78 43.82
24.	Madelief Penning 50m: 43.70	ZZ&PC De Devel 43.70 100m: 1:29.60	2:48.48 45.90 150m: 2:15.23	200701298 45.63 200m: 2:59.68	2:59.68 +0,71 44.45
25.	Sophie Adriaanse <i>BU Eindtijd</i> 50m: 42.41	De Columbiaan 42.41 100m: 1:29.69	2:58.73 47.28 150m: 2:18.61	200701066 48.92 200m: 3:06.55	3:06.55 +0,59 47.94
26.	Jasmijn Kamminga 50m: 43.29	WVZ 43.29 100m: 1:30.27	2:55.07 46.98 150m: 2:19.39	200802932 49.12 200m: 3:06.76	3:06.76 +0,92 47.37

Jeugd 1 en 2

1.	Marit Huisman 50m: 34.17	WVZ 34.17 100m: 1:11.35	2:19.91 37.18 150m: 1:50.24	200502620 38.89 200m: 2:29.33	2:29.33 +0,64 39.09
2.	Madelief Mans <i>BU: 50m en 100m</i> 50m: 34.82	Blue Marlins (SG) 34.82 100m: 1:12.84	2:44.00 38.02 150m: 1:53.44	200501260 40.60 200m: 2:33.39	2:33.39 +0,67 39.95
3.	Alina Verga 50m: 35.88	Blue Marlins (SG) 35.88 100m: 1:14.88	2:25.18 39.00 150m: 1:55.11	200603112 40.23 200m: 2:34.68	2:34.68 +0,65 39.57
4.	Leyla Oversluizen 50m: 36.31	Feijenoord Albion 36.31 100m: 1:16.77	2:28.70 40.46 150m: 1:58.05	200602730 41.28 200m: 2:37.88	2:37.88 +0,71 39.83
5.	Lyke Buscop 50m: 36.93	z.c De Schotejil 36.93 100m: 1:17.75	2:28.79 40.82 150m: 1:58.73	200500552 40.98 200m: 2:37.97	2:37.97 +0,68 39.24
6.	Nikita Snoeren 50m: 36.94	WVZ 36.94 100m: 1:17.99	2:32.45 41.05 150m: 1:59.23	200600342 41.24 200m: 2:38.71	2:38.71 +0,59 39.48
7.	Hilda Vrijbloed 50m: 37.45	ZV Vlaardingen-Schiedam 37.45 100m: 1:18.14	2:30.05 40.69 150m: 1:59.37	200605262 41.23 200m: 2:39.96	2:39.96 +0,63 40.59
8.	Kimberly Ruiters <i>BU: eindtijd</i> 50m: 36.83	De Columbiaan 36.83 100m: 1:19.01	2:27.96 42.18 150m: 2:03.14	200600492 44.13 200m: 2:46.35	2:46.35 +0,62 43.21
9.	Jade van der Maas 50m: 39.34	WVZ 39.34 100m: 1:22.13	2:38.20 42.79 150m: 2:06.87	200600408 44.74 200m: 2:52.09	2:52.09 +0,66 45.22

Senioren

1.	Angélique van Vark 50m: 34.71	Widex Gzc Donk 34.71 100m: 1:13.24	2:23.16 38.53 150m: 1:52.98	199701478 39.74 200m: 2:31.39	2:31.39 +0,77 38.41
2.	Anouk Vis 50m: 36.65	De Columbiaan 36.65 100m: 1:16.27	2:28.87 39.62 150m: 1:56.00	200203322 39.73 200m: 2:35.22	2:35.22 +0,65 39.22
3.	Julia Notenboom 50m: 37.68	De Columbiaan 37.68 100m: 1:17.05	2:26.45 39.37 150m: 1:56.79	200302596 39.74 200m: 2:35.35	2:35.35 +0,79 38.56
4.	Maike Broersma 50m: 36.01	BZ en PC 36.01 100m: 1:16.23	2:24.64 40.22 150m: 1:56.55	200201522 40.32 200m: 2:36.75	2:36.75 +0,69 40.20
5.	Rozemarijn van Haaff 50m: 38.69	ZOB'66 38.69 100m: 1:19.02	2:33.17 40.33 150m: 2:00.31	200201852 41.29 200m: 2:38.80	2:38.80 +0,70 38.49
6.	Roos van Esch 50m: 39.45	ACZ 39.45 100m: 1:22.78	2:35.64 43.33 150m: 2:05.92	198200468 43.14 200m: 2:46.27	2:46.27 +0,80 40.35
7.	Melanie Marinus-Cruz 50m: 39.69	WVZ 39.69 100m: 1:24.07	2:44.15 44.38 150m: 2:09.50	200404702 45.43 200m: 2:50.33	2:50.33 +0,66 40.83

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Programmanr. 43
22-5-2022 - 14:50

Heren, 100m vlinderslag

Senioren open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Xiaoyu Yin 50m: 29.12	Blue Marlins (SG) 29.12 100m: 1:01.68	1:00.08 32.56	200803363	1:01.68 +0,72
2.	Kaan Sudak 50m: 28.35	Blue Marlins (SG) 28.35 100m: 1:03.12	1:08.50 34.77	200803733	1:03.12 +0,60
3.	Yarno van Dam 50m: 30.34	ACZ 30.34 100m: 1:04.68	1:04.41 34.34	200800115	1:04.68 +0,71
4.	Jamie Kenworthy 50m: 29.65	De Columbiaan 29.65 100m: 1:05.42	1:08.64 35.77	200800045	1:05.42 +0,67
5.	Aditya Winterberg 50m: 31.23	Blue Marlins (SG) 31.23 100m: 1:10.09	1:12.85 38.86	200800953 S15	1:10.09 +0,54
6.	Rein Stoel 50m: 31.42	ZVL-1886 Center 31.42 100m: 1:10.88	1:09.43 39.46	200800463	1:10.88 +0,69
7.	Luca Boorsma 50m: 33.13	De Columbiaan 33.13 100m: 1:11.82	1:13.88 38.69	200902031	1:11.82 +0,50
8.	Floris van der Valk 50m: 33.53	Wiekslag 33.53 100m: 1:13.51	1:12.61 39.98	200801891	1:13.51
9.	Sebastian Lopes Cardozo 50m: 33.50	WZK Zwemmen 33.50 100m: 1:13.89	1:14.42 40.39	200800187	1:13.89 +0,83
10.	Gijs Hartwijk 50m: 33.28	ZVL-1886 Center 33.28 100m: 1:13.94	1:13.02 40.66	200800573	1:13.94 +0,64
11.	Alex Woe 50m: 32.70	Poseidon'56 32.70 100m: 1:14.68	1:12.37 41.98	200801393	1:14.68 +0,67
12.	Lucas Vermeulen 50m: 34.38	Blue Marlins (SG) 34.38 100m: 1:15.84	1:13.89 41.46	200900683	1:15.84 +0,74
13.	Tim Boerefijn 50m: 35.61	WVZ 35.61 100m: 1:16.03	1:21.48 40.42	200802815	1:16.03 +0,65
14.	Matthijs de Rooij 50m: 35.49	WZK Zwemmen 35.49 100m: 1:16.72	1:17.32 41.23	200803481	1:16.72 +0,79
15.	Joey Pop 50m: 34.94	ZV Vlaardingen-Schiedam 34.94 100m: 1:16.96	1:21.59 42.02	200800277	1:16.96 +0,78
16.	Niek Sonneveld 50m: 35.20	WVZ 35.20 100m: 1:18.09	1:28.27 42.89	200802631	1:18.09 +0,64
17.	Aidan van der Stelt 50m: 36.01	De Geul 36.01 100m: 1:19.29	1:19.32 43.28	200900901	1:19.29 +0,73
18.	Wanne van Geest 50m: 35.89	ZV Vlaardingen-Schiedam 35.89 100m: 1:20.62	1:19.14 44.73	200901425	1:20.62 +0,81
19.	Ivo Bot 50m: 36.36	Wiekslag 36.36 100m: 1:22.36	1:23.59 46.00	200900509	1:22.36 +0,71
20.	Wout Koppers <i>BU: eindtijd</i> 50m: 37.66	ZVL-1886 Center 37.66 100m: 1:25.63	1:23.49 47.97	200801141	1:25.63 +0,82
21.	Milán Biró 50m: 36.58	ACZ 36.58 100m: 1:26.35	1:23.65 49.77	200803169	1:26.35 +0,68
22.	Neo Reiber 50m: 35.14	Feijenoord Albion 35.14 100m: 1:29.22	1:20.10 54.08	200900699	1:29.22 +0,71
23.	Paul Ruitenber 50m: 38.85	De Geul 38.85 100m: 1:31.24	1:20.71 52.39	200900979	1:31.24 +0,74
24.	Owen Houdé 50m: 44.67	De Geul 44.67 100m: 1:35.11	1:23.74 50.44	200900903	1:35.11 +0,84
NG.ZA	Aiden Lips	Blue Marlins (SG)	1:19.61	200800951	

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Programmanr. 43, Heren, 100m vlinderslag

Junioren 3 en 4

1.	Joshua Agussalim	Niemo Barracuda	58.63	200600153	1:00.00	+0,70
	50m: 28.42	28.42 100m: 1:00.00	31.58			
2.	Lars Bulman	Blue Marlins (SG)	58.53	200600125	1:00.22	+0,82
	50m: 27.98	27.98 100m: 1:00.22	32.24			
3.	Thom de Hoog	SG SCOM/de Zeehond'73	1:00.67	200600019	1:02.24	+0,76
	50m: 29.01	29.01 100m: 1:02.24	33.23			
4.	Thierry Zulver	ZV Vlaardingen-Schiedam	1:01.02	200700023	1:02.37	+0,62
	50m: 28.77	28.77 100m: 1:02.37	33.60			
5.	Mark Demianenko	Zoetermeer	1:01.71	200600409	1:02.93	+0,69
	50m: 29.38	29.38 100m: 1:02.93	33.55			
6.	Benjamin van Helsdingen	ZZ&PC De Devel	1:02.72	200601097	1:03.25	+0,64
	50m: 29.32	29.32 100m: 1:03.25	33.93			
7.	Bjorn Rijkaart	WVZ	1:01.97	200601337	1:03.35	+0,75
	50m: 29.24	29.24 100m: 1:03.35	34.11			
8.	Jisse Lousma	WVZ	1:05.72	200701493	1:03.86	+0,64
	50m: 30.03	30.03 100m: 1:03.86	33.83			
9.	Daan Sonneveld	WVZ	1:01.37	200601085	1:04.46	+0,72
	50m: 30.26	30.26 100m: 1:04.46	34.20			
10.	Dimi Stoyanov	Blue Marlins (SG)	1:04.22	200601067	1:05.59	+0,75
	50m: 29.70	29.70 100m: 1:05.59	35.89			
11.	Bas Blanker	SG SCOM/de Zeehond'73	1:04.46	200601497	1:06.53	+0,62
	50m: 30.71	30.71 100m: 1:06.53	35.82			
12.	Thijs van den Berg	Blue Marlins (SG)	1:05.50	200600971	1:08.10	+0,82
	50m: 31.54	31.54 100m: 1:08.10	36.56			
13.	Roan van der Weide	Widex Gzc Donk	1:06.15	200601629	1:08.28	+0,75
	50m: 31.69	31.69 100m: 1:08.28	36.59			
14.	Rely Hoogendijk	WVZ	1:08.07	200702521	1:08.31	+0,77
	50m: 32.16	32.16 100m: 1:08.31	36.15			
15.	Janu Nolden	WVZ	1:06.04	200600289	1:08.42	+0,73
	50m: 31.54	31.54 100m: 1:08.42	36.88			
16.	Boele Böhm	Blue Marlins (SG)	1:06.10	200700739	1:08.46	+0,76
	50m: 32.28	32.28 100m: 1:08.46	36.18			
17.	Floris Wassenaar	WVZ	1:06.07	200600649	1:08.75	
	50m: 29.60	29.60 100m: 1:08.75	39.15			
18.	Dominique Drabbe	Zoetermeer	1:11.74	200600145	1:09.09	
	50m: 31.94	31.94 100m: 1:09.09	37.15			
19.	Bo Merkestein	WVZ	1:09.56	200602451	1:09.26	+0,79
	50m: 31.38	31.38 100m: 1:09.26	37.88			
20.	Jasper Groen	ACZ	1:08.47	200602325	1:09.27	
	50m: 31.05	31.05 100m: 1:09.27	38.22			
21.	Dave Dirks	ZV Vlaardingen-Schiedam	1:11.32	200602883	1:09.35	+0,74
	50m: 30.93	30.93 100m: 1:09.35	38.42			
22.	Denzel Barthen	WVZ	1:09.27	200700147	1:09.87	+0,69
	50m: 31.60	31.60 100m: 1:09.87	38.27			
23.	Niels Meijer	Blue Marlins (SG)	1:09.07	200701645	1:10.10	+0,65
	50m: 32.86	32.86 100m: 1:10.10	37.24			
24.	Benjamin Vermeer	Zoetermeer	1:15.24	200600177	1:10.74	+0,82
	50m: 32.06	32.06 100m: 1:10.74	38.68			
25.	Thijs van der Hout	Blue Marlins (SG)	1:14.67	200700913	1:11.05	+0,65
	50m: 32.33	32.33 100m: 1:11.05	38.72			
26.	Gaëtan Spicq	Blue Marlins (SG)	1:07.56	200701807	1:11.16	+0,77
	50m: 31.23	31.23 100m: 1:11.16	39.93			
27.	Tavi de Gelder	ZOB'66	1:08.18	200602335	1:12.70	+0,79
	50m: 32.61	32.61 100m: 1:12.70	40.09			
28.	Csongor Biró	ACZ	1:16.36	200604101	1:16.74	+0,72
	50m: 34.49	34.49 100m: 1:16.74	42.25			
29.	Anco van der Lans	ZV Vlaardingen-Schiedam	1:14.47	200601889	1:18.54	+0,74
	50m: 34.11	34.11 100m: 1:18.54	44.43			
30.	Timo Vankan	De Columbiaan	1:14.16	200603749	1:19.01	+0,80
	50m: 35.61	35.61 100m: 1:19.01	43.40			
31.	Bas Bechtold	Niemo Barracuda	1:13.45	200600007	1:19.29	+0,80
	50m: 35.05	35.05 100m: 1:19.29	44.24			

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Programmanr. 43, Jongens, 100m vlinderslag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
32.	Renzo Steller	WVZ	1:14.67	200701141	1:19.39 +0,84
	50m: 35.01	35.01 100m: 1:19.39	44.38		
33.	Lars Stout	Niemo Barracuda	1:15.24	200600199	1:21.36 +0,84
	50m: 35.07	35.07 100m: 1:21.36	46.29		

Jeugd 1 en 2

1.	Émile Fouzaï	Blue Marlins (SG)	56.84	200500263	57.41 +0,72
	50m: 26.92	26.92 100m: 57.41	30.49		
2.	Pepijn van Egmond	WVZ	59.44	200402309	59.55 +0,74
	50m: 27.69	27.69 100m: 59.55	31.86		
3.	Abel te Riele	WVZ	1:00.20	200402317	1:02.63 +0,75
	50m: 28.83	28.83 100m: 1:02.63	33.80		
4.	Nathan Janssen	De Geul	1:03.05	200401565	1:03.96 +0,72
	50m: 29.73	29.73 100m: 1:03.96	34.23		
5.	Niels van der Mast	ZOB'66	1:02.95	200401917	1:04.96 +0,74
	50m: 29.99	29.99 100m: 1:04.96	34.97		
6.	Yassine Mellah	Widex Gzc Donk	1:06.31	200502159	1:05.63 +0,73
	50m: 30.21	30.21 100m: 1:05.63	35.42		
7.	Guus Geelen	ZVL-1886 Center	1:04.49	200401183	1:07.31 +0,73
	50m: 30.50	30.50 100m: 1:07.31	36.81		
8.	Wouter Willig	Blue Marlins (SG)	1:04.95	200502785	1:07.39 +0,76
	50m: 30.67	30.67 100m: 1:07.39	36.72		
9.	Menno Wieringa	ACZ	1:02.88	200500927	1:07.82 +0,78
	50m: 30.34	30.34 100m: 1:07.82	37.48		
10.	Timo Huizer	Poseidon'56	1:05.11	200401125	1:09.80 +0,82
	50m: 31.43	31.43 100m: 1:09.80	38.37		
11.	Vilmos Alm	WZK Zwemmen	1:06.04	200504031	1:10.74 +0,80
	50m: 31.38	31.38 100m: 1:10.74	39.36		
12.	Luuk Bogaert	ZV De Watervogels	1:08.86	200503203	1:13.21 +0,77
	50m: 32.12	32.12 100m: 1:13.21	41.09		
13.	Neel Sahti	Blue Marlins (SG)	1:10.88	200404227	1:13.22 +0,82
	50m: 31.07	31.07 100m: 1:13.22	42.15		
14.	Stijn de Bondt	ZPB H&L Productions	1:09.30	200502249	1:13.56 +0,93
	50m: 33.62	33.62 100m: 1:13.56	39.94		
15.	Bo Schoenmakers	Widex Gzc Donk	1:08.06	200402919	1:13.81 +0,74
	50m: 32.25	32.25 100m: 1:13.81	41.56		
NG	Timo Wouters	De Geul	1:03.99	200401363	

Senioren 1 en ouder

1.	Michael Smink	Blue Marlins (SG)	54.02	200302169	54.91 +0,69
	50m: 25.64	25.64 100m: 54.91	29.27		
2.	Jeroen Baars	Blue Marlins (SG)	53.80	199200031	55.36 +0,75
	50m: 25.71	25.71 100m: 55.36	29.65		
3.	Nikhom Westphal	WVZ	53.63	200203329	55.69 +0,72
	50m: 26.24	26.24 100m: 55.69	29.45		
4.	Jarno Verbeek	Zoetermeer	56.68	200200931	57.64 +0,50
	50m: 27.01	27.01 100m: 57.64	30.63		
5.	Ivo Stolk	Feijenoord Albion	57.25	200100615	57.93 +0,71
	50m: 26.82	26.82 100m: 57.93	31.11		
6.	Brandon van den Berg	Blue Marlins (SG)	55.06	200200669	58.01 +0,70
	50m: 27.58	27.58 100m: 58.01	30.43		
7.	Perry Laarhoven	Feijenoord Albion	56.14	200301321	58.07 +0,75
	50m: 26.34	26.34 100m: 58.07	31.73		
8.	Niels Dijkshoorn	ZV Vlaardingen-Schiedam	58.95	200203079	58.86 +0,75
	50m: 27.59	27.59 100m: 58.86	31.27		
9.	Robin van Beek	ZVL-1886 Center	58.58	199704023	59.52 +0,70
	50m: 27.31	27.31 100m: 59.52	32.21		
10.	Gerard Willighagen	Poseidon'56	57.45	200103663	59.73 +0,74
	50m: 28.01	28.01 100m: 59.73	31.72		
11.	Melvin Prins	Blue Marlins (SG)	56.24	199500201	1:00.26 +0,70
	50m: 27.77	27.77 100m: 1:00.26	32.49		

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rang	naam	vereniging	intijd	tijd	RT
12.	Sander Kirillova	WVZ	58.47	199800121	1:00.62 +0,69
	50m: 28.65	28.65	100m: 1:00.62	31.97	
13.	Bert Duivenvoorde	Noordwijkerhout	59.98	199701805	1:00.98 +0,69
	50m: 27.34	27.34	100m: 1:00.98	33.64	
14.	Bas Verdoes	De Columbiaan	58.79	199801487	1:02.01 +0,76
	50m: 28.43	28.43	100m: 1:02.01	33.58	
15.	Joost de Roy van Zuydewijn	WVZ	58.25	200000255	1:02.32 +0,73
	50m: 28.11	28.11	100m: 1:02.32	34.21	
16.	Guus Hoogduin	ZVL-1886 Center	1:00.87	200201069	1:02.33 +0,78
	50m: 29.42	29.42	100m: 1:02.33	32.91	
17.	Björn de Heus	ZV Vlaardingen-Schiedam	1:00.99	200201077	1:02.61 +0,68
	50m: 28.57	28.57	100m: 1:02.61	34.04	
18.	Thijs Molendijk	D'elft	1:02.29	199900477	1:03.48 +0,74
	50m: 28.97	28.97	100m: 1:03.48	34.51	
19.	Daan Hogerhuis	De Columbiaan	1:02.24	200300317	1:03.70 +0,79
	50m: 29.32	29.32	100m: 1:03.70	34.38	
20.	Milan Hamel	Blue Marlins (SG)	1:01.02	200302125	1:03.81 +0,65
	50m: 29.01	29.01	100m: 1:03.81	34.80	
21.	Stijn den Otter	ZZ&PC De Devel	1:01.82	200200225	1:04.50 +0,64
	50m: 28.57	28.57	100m: 1:04.50	35.93	
22.	Ryan van den Ouden	Poseidon'56	1:00.72	199900377	1:05.19 +0,82
	50m: 28.18	28.18	100m: 1:05.19	37.01	
23.	Yassine Maas	Blue Marlins (SG)	1:05.39	200301505	1:05.23 +0,72
	50m: 30.23	30.23	100m: 1:05.23	35.00	
24.	Paul van Grol	Widex Gzc Donk	1:00.74	199602951	1:05.28 +0,66
	50m: 29.57	29.57	100m: 1:05.28	35.71	
25.	Daan Siebenheller	ZOB'66	1:01.74	199804955	1:05.34
	50m: 29.78	29.78	100m: 1:05.34	35.56	
26.	Stijn Geelen	Feijenoord Albion	1:01.15	199801363	1:06.16 +0,76
	50m: 29.17	29.17	100m: 1:06.16	36.99	
27.	Maximilian Lopes Cardozo	WZK Zwemmen	59.70	200300665	1:06.45 +0,48
	50m: 29.14	29.14	100m: 1:06.45	37.31	
28.	Stefan Groen	ACZ	1:04.40	200301179	1:07.20 +0,68
	50m: 29.97	29.97	100m: 1:07.20	37.23	
29.	Julian Mes	ZOB'66	1:04.28	200103755	1:08.61 +0,70
	50m: 29.50	29.50	100m: 1:08.61	39.11	
30.	David Kievit	z.c De Schotejil	1:02.13	199900325	1:09.70 +0,83
	50m: 30.13	30.13	100m: 1:09.70	39.57	

Programmanr. 44
22-5-2022 - 15:15

Jongens, 4 x 200m vrije slag

Junioren
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	8:14.75	8:45.98 +0,77
	Denzel Barthen	07	+0,77 30.05 1:03.50 1:38.79	2:11.45
	Floris Wassenaar	06	+0,61 30.52 1:05.66 1:43.15	2:18.89
	Bjorn Rijkaart	06	+0,58 29.32 1:01.74 1:36.97	2:11.07
	Daan Sonneveld	06	+0,35 27.55 1:00.52 1:34.38	2:04.57
2.	Blue Marlins 1	Blue Marlins (SG)	8:42.16	9:01.24 +0,74
	Boele Böhm	07	+0,74 31.66 1:07.07 1:43.93	2:19.56
	Bjorn Duijvestijn	07	+0,28 31.59 1:07.92 1:45.33	2:21.78
	Xiaoyu Yin	08	+0,32 29.49 1:01.81 1:35.86	2:08.10
	Lars Bulman	06	+0,43 29.05 1:02.02 1:36.86	2:11.80
3.	WVZ 2	WVZ	9:08.01	9:04.27 +0,68
	Jisse Lousma	07	+0,68 31.21 1:06.07 1:41.85	2:15.66
	Bo Merkestein	06	+0,46 30.24 1:04.89 1:40.72	2:13.27
	Renzo Steller	07	+0,66 31.01 1:06.28 1:43.02	2:19.48
	Rely Hoogendijk	07	+0,42 30.02 1:04.77 1:41.79	2:15.86
4.	De Columbiaan 1	De Columbiaan	9:24.00	9:49.42 +0,61
	Luca Boorsma	09	+0,61 34.13 1:13.33 1:52.81	2:30.06
	Twan Hoogervorst	07	+0,31 33.66 1:12.10 1:51.94	2:30.12
	Jamie Kenworthy	08	+0,49 34.21 1:12.43 1:50.80	2:27.21
	Timo Vankan	06	+0,56 32.32 1:08.88 1:46.24	2:22.03

Provinciale kampioenschappen sessie 5-8
Dordrecht, 21 - - 22-5-2022

Programmanr. 44, Jongens, 4 x 200m vrije slag, Junioren

rang	vereniging		intijd				tijd		RT
5.	De Geul 1	De Geul	9:52.22				10:23.63		+0,91
	Owen Houdé	09	+0,91	35.12	1:15.37	1:56.48	2:33.24	2:33.24	
	Paul Ruitenberg	09	+0,59	34.85	1:17.15	1:59.84	2:41.76	2:41.76	
	Aidan van der Stelt	09	+0,83	33.60	1:13.77	1:54.56	2:33.03	2:33.03	
	Jesper van Tilburg	08	+0,68	32.90	1:12.84	1:56.17	2:35.60	2:35.60	
6.	WVZ 3	WVZ	10:28.27				10:27.93		+0,73
	Niek Sonneveld	08	+0,73	33.91	1:12.75	1:52.35	2:25.87	2:25.87	
	Tim Boerefijn	08	+0,39	33.51	1:11.39	1:52.00	2:28.74	2:28.74	
	Idse Eisses	09	+0,60	39.50	1:22.97	2:06.43	2:48.07	2:48.07	
	Laurens Wassenaar	08	+0,58	36.53	1:19.75	2:04.39	2:45.25	2:45.25	
7.	AZC 1	AZC	10:44.72				11:07.16		
	Thomas Braat	08		37.47	1:20.13	2:03.86	2:47.72	2:47.72	
	Bink de Vries	09		34.66	1:15.17	1:59.18	2:42.98	2:42.98	
	Sascha Timmer	09	+0,64	38.45	1:22.21	2:05.61	2:48.30	2:48.30	
	Mitchell Nooitgedacht	07		34.46	1:18.12	2:04.29	2:48.16	2:48.16	

Programmanr. 45
22-5-2022 - 15:25

Heren, 4 x 200m vrije slag

Senioren open
Resultaten

rang	vereniging		intijd				tijd		RT
1.	Feijenoord Albion 1	Feijenoord Albion	7:49.68				8:25.12		+0,75
	Jorian Tanis	99	+0,75	27.76	58.02	1:28.95	1:58.89	1:58.89	
	Stijn Geelen	98	+0,52	30.16	1:04.49	1:40.15	2:13.76	2:13.76	
	Sander Iuga	01	+0,51	28.73	1:02.11	1:36.51	2:08.42	2:08.42	
	Ivo Stolk	01	+0,51	28.08	59.16	1:31.05	2:04.05	2:04.05	
2.	WVZ 1	WVZ	7:59.33				8:30.08		+0,74
	Abel te Riele	04	+0,74	28.25	59.89	1:32.71	2:04.36	2:04.36	
	Pepijn van Egmond	04	+0,47	29.30	1:01.29	1:35.02	2:07.74	2:07.74	
	Joost de Roy van Zuydewijn	00	+0,49	29.17	1:02.15	1:36.50	2:08.89	2:08.89	
	Nikhom Westphal	02	+0,46	28.73	1:01.78	1:36.04	2:09.09	2:09.09	
3.	ZVL-1886 1	ZVL-1886 Center	8:35.65				9:04.55		+0,71
	Robin van Beek	97	+0,71	29.01	1:00.47	1:33.29	2:06.23	2:06.23	
	Guus Geelen	04	+0,58	32.05	1:09.26	1:49.31	2:28.11	2:28.11	
	Rein Stoel	08	+0,57	31.88	1:08.48	1:45.30	2:21.50	2:21.50	
	Guus Hoogduin	02	+0,67	27.75	59.44	1:34.34	2:08.71	2:08.71	
NG	De Columbiaan 1	De Columbiaan	8:14.99						