

Open Nederlandse Kampioenschappen lange baan 2019



KNZB i.s.m. ZPC AMERSFOORT
Amersfoort 21-6-2019 t/m 23-6-2019

Open Nederlandse Kampioenschappen Lange Baan sessie 1 - series - vrijdag 21 juni 2019 om
09:00u (50 m)

Aanvangstijd juryvergadering: 07:45u

1. 1500m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Erik Nijholt (DZ&PC, 199401349)

16:03.07(+73)

50m	00:28.94 28,94	450m	04:46.45 32,35	800m	08:33.27 32,53	1150m	12:20.35 32,45
100m	01:00.62 31,68	500m	05:18.74 32,29	850m	09:05.71 32,44	1200m	12:52.55 32,20
150m	01:32.76 32,14	550m	05:51.07 32,33	900m	09:38.03 32,32	1250m	13:25.01 32,46
200m	02:05.00 32,24	600m	06:23.52 32,45	950m	10:10.50 32,47	1300m	13:57.19 32,18
250m	02:37.06 32,06	650m	06:55.94 32,42	1000m	10:42.88 32,38	1350m	14:29.42 32,23
300m	03:09.49 32,43	700m	07:28.22 32,28	1050m	11:15.55 32,67	1400m	15:01.18 31,76
350m	03:41.79 32,30	750m	08:00.74 32,52	1100m	11:47.90 32,35	1450m	15:32.80 31,62
400m	04:14.10 32,31	800m	08:33.27 32,53	1150m	12:20.35 32,45		

2. David Kuipers (Orca, 200003633)

16:41.35(+74)

50m	00:29.29 29,29	450m	04:53.56 33,61	800m	08:49.18 33,64	1150m	12:46.01 33,94
100m	01:01.43 32,14	500m	05:27.25 33,69	850m	09:22.82 33,64	1200m	13:20.05 34,04
150m	01:34.06 32,63	550m	06:00.83 33,58	900m	09:56.47 33,65	1250m	13:53.99 33,94
200m	02:06.75 32,69	600m	06:34.45 33,62	950m	10:30.27 33,80	1300m	14:27.91 33,92
250m	02:39.73 32,98	650m	07:08.09 33,64	1000m	11:04.13 33,86	1350m	15:01.81 33,90
300m	03:13.13 33,40	700m	07:41.77 33,68	1050m	11:38.20 34,07	1400m	15:35.74 33,93
350m	03:46.46 33,33	750m	08:15.54 33,77	1100m	12:12.07 33,87	1450m	16:09.15 33,41
400m	04:19.95 33,49	800m	08:49.18 33,64	1150m	12:46.01 33,94		

3. Niels Dijkshoorn (ZVVS, 200203079)

17:11.68(+72)

50m	00:29.47 29,47	450m	05:03.38 34,67	800m	09:09.10 35,01	1150m	13:13.45 35,34
100m	01:02.33 32,86	500m	05:38.45 35,07	850m	09:44.18 35,08	1200m	13:48.11 34,66
150m	01:36.55 34,22	550m	06:13.50 35,05	900m	10:18.99 34,81	1250m	14:22.83 34,72
200m	02:10.46 33,91	600m	06:48.53 35,03	950m	10:54.12 35,13	1300m	14:57.53 34,70
250m	02:45.11 34,65	650m	07:23.85 35,32	1000m	11:28.63 34,51	1350m	15:31.99 34,46
300m	03:19.80 34,69	700m	07:58.78 34,93	1050m	12:03.29 34,66	1400m	16:06.13 34,14
350m	03:53.96 34,16	750m	08:34.09 35,31	1100m	12:38.11 34,82	1450m	16:39.87 33,74
400m	04:28.71 34,75	800m	09:09.10 35,01	1150m	13:13.45 35,34		

4. Olivier Jans (De Fuut, 200001815)

18:07.79(+73)

50m	00:31.81 31,81	450m	05:18.46 36,67	800m	09:35.27 36,71	1150m	13:52.50 36,80
100m	01:06.50 34,69	500m	05:55.14 36,68	850m	10:12.38 37,11	1200m	14:29.15 36,65
150m	01:41.56 35,06	550m	06:31.90 36,76	900m	10:49.21 36,83	1250m	15:05.98 36,83
200m	02:17.16 35,60	600m	07:08.42 36,52	950m	11:25.75 36,54	1300m	15:42.76 36,78
250m	02:53.20 36,04	650m	07:45.03 36,61	1000m	12:02.50 36,75	1350m	16:19.62 36,86
300m	03:29.20 36,00	700m	08:21.70 36,67	1050m	12:39.24 36,74	1400m	16:56.53 36,91
350m	04:05.41 36,21	750m	08:58.56 36,86	1100m	13:15.70 36,46	1450m	17:33.69 37,16
400m	04:41.79 36,38	800m	09:35.27 36,71	1150m	13:52.50 36,80		

2. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

vanaf 11 jaar (Senioren Open)

1. Marij van der Mast (PSV, 200000676)

04:21.41(+71)

50m	00:30.93 30,93	150m	01:36.37 33,04	250m	02:42.64 33,19	350m	03:49.02 33,32
100m	01:03.33 32,40	200m	02:09.45 33,08	300m	03:15.70 33,06		

2. Loulou Vos (PSV, 199906128)

04:21.97(+75)

50m	00:31.14 31,14	150m	01:38.09 34,04	250m	02:44.89 32,56	350m	03:50.40 32,54
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	100m 01:04.05 32,91	200m 02:12.33 34,24	300m 03:17.86 32,97		
3. Laura Setz (OC - Nova, 200000130)					04:23.97(+83)
	50m 00:30.35 30,35	150m 01:36.61 33,39	250m 02:43.08 33,05	350m 03:50.59 33,73	
	100m 01:03.22 32,87	200m 02:10.03 33,42	300m 03:16.86 33,78		
4. Silke Holkenborg (OC - VZC, 200100292)					04:25.92(+70)
	50m 00:30.49 30,49	150m 01:37.44 33,86	250m 02:45.20 33,52	350m 03:53.10 34,03	
	100m 01:03.58 33,09	200m 02:11.68 34,24	300m 03:19.07 33,87		
5. Leonie van Noort (WVZ, 199301752)					04:27.85(+81)
	50m 00:31.22 31,22	150m 01:39.06 34,11	250m 02:46.76 33,47	350m 03:54.18 33,82	
	100m 01:04.95 33,73	200m 02:13.29 34,23	300m 03:20.36 33,60		
6. Manon Ritten (Hellas-Glana, 200002440)					04:32.49(+84)
	50m 00:31.30 31,30	150m 01:39.98 34,74	250m 02:49.93 35,22	350m 03:59.67 34,54	
	100m 01:05.24 33,94	200m 02:14.71 34,73	300m 03:25.13 35,20		
7. Gaia Sterne Mirotti (VZC, 200305158)					04:33.27(+68)
	50m 00:30.93 30,93	150m 01:39.41 34,65	250m 02:49.05 34,82	350m 03:59.71 35,38	
	100m 01:04.76 33,83	200m 02:14.23 34,82	300m 03:24.33 35,28		
8. Soraya Wasser (PSV, 199901358)					04:33.53(+69)
	50m 00:31.88 31,88	150m 01:41.03 34,73	250m 02:50.15 34,60	350m 03:59.73 34,78	
	100m 01:06.30 34,42	200m 02:15.55 34,52	300m 03:24.95 34,80		
9. Sophie de Jonge (WVZ, 200200118)					04:34.30(+73)
	50m 00:30.79 30,79	150m 01:39.91 34,81	250m 02:50.10 35,21	350m 04:00.52 35,18	
	100m 01:05.10 34,31	200m 02:14.89 34,98	300m 03:25.34 35,24		
10. Dorien Butter (The Hague Swimming (SG), 199606542)					04:35.29(+78)
	50m 00:32.02 32,02	150m 01:43.29 35,65	250m 02:53.96 35,10	350m 04:02.87 34,11	
	100m 01:07.64 35,62	200m 02:18.86 35,57	300m 03:28.76 34,80		
11. Madelon Dijkstra (ZPCH, 199703510)					04:35.37(+78)
	50m 00:30.85 30,85	150m 01:39.72 34,73	250m 02:49.97 35,35	350m 04:00.90 35,52	
	100m 01:04.99 34,14	200m 02:14.62 34,90	300m 03:25.38 35,41		
12. Bridget Vermeer (VZC, 200501766)					04:36.19(+80)
	50m 00:31.39 31,39	150m 01:40.96 34,87	250m 02:51.59 35,31	350m 04:02.58 35,11	
	100m 01:06.09 34,70	200m 02:16.28 35,32	300m 03:27.47 35,88		
13. Lize Janna de Vries (Orca, 200101948)					04:36.21(+80)
	50m 00:31.29 31,29	150m 01:39.89 34,35	250m 02:49.77 34,90	350m 04:01.17 35,66	
	100m 01:05.54 34,25	200m 02:14.87 34,98	300m 03:25.51 35,74		
14. Manon van Esch (TRB-RES, 199702090)					04:36.83(+71)
	50m 00:31.31 31,31	150m 01:40.10 34,54	250m 02:50.43 35,31	350m 04:02.02 35,74	
	100m 01:05.56 34,25	200m 02:15.12 35,02	300m 03:26.28 35,85		
15. Kirsten Verhale (VZC, 200400210)					04:37.89(+82)
	50m 00:31.44 31,44	150m 01:42.05 35,68	250m 02:52.43 35,25	350m 04:03.46 35,42	
	100m 01:06.37 34,93	200m 02:17.18 35,13	300m 03:28.04 35,61		
16. Angelique van Vark (Z&PC De Gouwe, 199701478)					04:38.30(+70)
	50m 00:31.22 31,22	150m 01:40.56 35,02	250m 02:51.59 35,81	350m 04:03.72 36,02	
	100m 01:05.54 34,32	200m 02:15.78 35,22	300m 03:27.70 36,11		
17. Nikita van den Ouden (Nueneen, 199900622)					04:39.29(+73)
	50m 00:31.89 31,89	150m 01:42.53 35,81	250m 02:53.51 35,37	350m 04:05.11 36,03	
	100m 01:06.72 34,83	200m 02:18.14 35,61	300m 03:29.08 35,57		
18. Tamara Grove (De Dolfijn, 199601266)					04:41.16(+70)
	50m 00:31.08 31,08	150m 01:41.94 35,75	250m 02:53.66 35,55	350m 04:06.10 36,24	
	100m 01:06.19 35,11	200m 02:18.11 36,17	300m 03:29.86 36,20		
19. Carlijn Hansté (WS Twente, 200201082)					04:41.26(+83)
	50m 00:30.49 30,49	150m 01:39.92 35,07	250m 02:52.58 36,62	350m 04:05.58 36,43	
	100m 01:04.85 34,36	200m 02:15.96 36,04	300m 03:29.15 36,57		
20. Isabel Aardema (DWK, 200100364)					04:41.79(+77)
	50m 00:31.66 31,66	150m 01:41.55 34,99	250m 02:52.67 35,68	350m 04:05.63 36,61	

	100m 01:06.56 34,90	200m 02:16.99 35,44	300m 03:29.02 36,35		
21. Lonneke Kampman (Nextline Swimming, 200100146)					04:41.99(+83)
	50m 00:31.53 31,53	150m 01:42.05 35,67	250m 02:53.86 35,88	350m 04:06.14 35,79	
	100m 01:06.38 34,85	200m 02:17.98 35,93	300m 03:30.35 36,49		
22. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]					04:42.03(+84)
	50m 00:31.58 31,58	150m 01:41.91 35,71	250m 02:53.77 36,00	350m 04:06.52 36,48	
	100m 01:06.20 34,62	200m 02:17.77 35,86	300m 03:30.04 36,27		
23. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)					04:43.69(+68)
	50m 00:31.37 31,37	150m 01:42.89 36,09	250m 02:56.13 36,38	350m 04:08.93 36,45	
	100m 01:06.80 35,43	200m 02:19.75 36,86	300m 03:32.48 36,35		
24. Imke Beekman (Hellas-Glana, 200301950)					04:44.31(+76)
	50m 00:31.46 31,46	150m 01:43.13 36,36	250m 02:55.74 36,29	350m 04:08.80 36,71	
	100m 01:06.77 35,31	200m 02:19.45 36,32	300m 03:32.09 36,35		
25. Ymke Dragstra (ZPC AMERSFOORT, 200300930)					04:44.55(+75)
	50m 00:31.11 31,11	150m 01:42.46 36,06	250m 02:54.98 36,54	350m 04:08.50 37,07	
	100m 01:06.40 35,29	200m 02:18.44 35,98	300m 03:31.43 36,45		
26. Birgit van Buiten (DWK, 200200498)					04:45.93(+75)
	50m 00:31.46 31,46	150m 01:42.87 36,26	250m 02:55.67 36,75	350m 04:09.91 37,21	
	100m 01:06.61 35,15	200m 02:18.92 36,05	300m 03:32.70 37,03		
27. Sterre van de Goor (PSV, 200102168)					04:45.98(+85)
	50m 00:32.79 32,79	150m 01:43.87 35,99	250m 02:56.59 36,37	350m 04:10.13 36,77	
	100m 01:07.88 35,09	200m 02:20.22 36,35	300m 03:33.36 36,77		
28. Amé Hulleman (ReVeLie Swim Team, 200202794)					04:46.20(+80)
	50m 00:31.97 31,97	150m 01:43.71 36,23	250m 02:56.80 36,44	350m 04:10.40 36,89	
	100m 01:07.48 35,51	200m 02:20.36 36,65	300m 03:33.51 36,71		
29. Hanne te Velthuis (Dedemsvaart-AC, 200201324)					04:46.65(+84)
	50m 00:31.36 31,36	150m 01:42.89 36,48	250m 02:56.43 36,90	350m 04:10.56 37,15	
	100m 01:06.41 35,05	200m 02:19.53 36,64	300m 03:33.41 36,98		
30. Kim Rebergen (Hellas-Glana, 200100676)					04:47.69(+75)
	50m 00:32.81 32,81	150m 01:44.39 36,40	250m 02:58.55 37,23	350m 04:12.80 36,86	
	100m 01:07.99 35,18	200m 02:21.32 36,93	300m 03:35.94 37,39		
31. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)					04:49.57(+81)
	50m 00:31.83 31,83	150m 01:45.81 37,96	250m 03:00.18 37,27	350m 04:13.91 36,91	
	100m 01:07.85 36,02	200m 02:22.91 37,10	300m 03:37.00 36,82		
32. Sterre Keller (The Hague Swimming (SG), 199904142)					04:50.54(+80)
	50m 00:32.55 32,55	150m 01:46.16 37,56	250m 03:00.25 37,09	350m 04:14.28 36,91	
	100m 01:08.60 36,05	200m 02:23.16 37,00	300m 03:37.37 37,12		
33. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]					05:14.68(+66)
	50m 00:33.93 33,93	150m 01:52.83 40,44	250m 03:14.23 40,77	350m 04:33.87 39,65	
	100m 01:12.39 38,46	200m 02:33.46 40,63	300m 03:54.22 39,99		
34. Jonne Moleman (LinK, 200006264) [S7]					05:24.81(+89)
	50m 00:36.34 36,34	150m 01:57.43 40,88	250m 03:20.74 41,88	350m 04:43.93 41,62	
	100m 01:16.55 40,21	200m 02:38.86 41,43	300m 04:02.31 41,57		
3. 100m rugslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Tom Donker (PSV, 199805711)					00:55.84(+54)
	50m 00:27.22 27,22				
2. Baptiste Leger (ES Massy Natation)					00:56.64(+57)
	50m 00:27.64 27,64				
3. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)					00:57.41(+62)
	50m 00:27.76 27,76				
4. Austin Namesnik (ZPC AMERSFOORT, 200101817)					00:58.08(+60)

	50m 00:28.11 28,11	
5.	Jelle Betten (OC - DZ&PC, 200001535) 50m 00:28.48 28,48	00:58.20(+53)
6.	Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997) 50m 00:28.14 28,14	00:58.82(+63)
7.	Dennis Kamps (De Dinkel, 200000191) 50m 00:28.67 28,67	00:58.90(+67)
8.	Niek Heethaar (DWK, 199900999) 50m 00:28.08 28,08	00:59.34(+64)
9.	Raf Hendriks (Hellas-Glana, 200100879) 50m 00:29.15 29,15	00:59.63(+55)
10.	Aidan Baines (PSV, 200005761) 50m 00:29.19 29,19	00:59.73(+69)
11.	Tom Laarhuis (De Dinkel, 199800309) 50m 00:28.73 28,73	01:00.20(+61)
12.	Jorrick Druyven (DAW, 199400507) 50m 00:29.01 29,01	01:00.33(+60)
13.	Melvin Prins (Wiekslag, 199500201) 50m 00:29.24 29,24	01:01.04(+61)
14.	Lars Verhalle (VZC, 200200019) 50m 00:29.68 29,68	01:01.13(+68)
15.	Lasse Dumke (SG Ruhr, 233141) 50m 00:29.53 29,53	01:01.26(+65)
16.	Dave Holweg (ZPC AMERSFOORT, 199701521) 50m 00:29.51 29,51	01:01.50(+71)
17.	Justus Ykema (De Dolfijn, 199900029) 50m 00:29.31 29,31	01:01.55(+67)
18.	Matthijs van Meerendonk (TriVia, 199900375) 50m 00:29.82 29,82	01:01.87(+64)
19.	Richard Kuipers (TriVia, 199704171) 50m 00:30.07 30,07	01:02.19(+66)
19.	Coen de Lang (ZPC Hoogeveen, 200100067) 50m 00:29.88 29,88	01:02.19(+66)
21.	Hessel Broekstra (FZC'54-De Vikings (SG), 200400253) 50m 00:30.27 30,27	01:02.25(+68)
22.	Ingmar Hartman (KSN (SG), 199801013) 50m 00:30.00 30,00	01:02.34(+65)
23.	Luuk Smits (Tempo, 200001015) 50m 00:29.77 29,77	01:02.40(+68)
24.	Niklas David Yeboah (PSV, 199805765) 50m 00:29.78 29,78	01:02.43(+60)
25.	Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:30.17 30,17	01:02.44(+62)
26.	Thijs Molendijk (d'ELFT, 199900477) 50m 00:30.80 30,80	01:02.50(+61)
27.	Marc Evers (HPC PARA - ZV Haerlem, 199107425) [S14] 50m 00:30.70 30,70	01:02.75(+74)
28.	Timo Spaans (Nextline Swimming, 200201087) 50m 00:30.31 30,31	01:02.80(+60)

29. Max Langerveld (Ed-Vo, 200203435) 50m 00:30.39 30,39	01:02.98(+62)
30. Bas Dries (Zwemvereniging Hoogland, 199505177) 50m 00:30.70 30,70	01:03.40(+56)
31. Joas Groeneveld (DWK, 200102669) 50m 00:30.33 30,33	01:03.53(+63)
32. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687) 50m 00:30.47 30,47	01:03.85(+61)
33. Wouter van Asperen (KSN (SG), 200000125) 50m 00:30.98 30,98	01:03.86(+71)
34. Sander Iuga (Feijenoord Albion Zwemclub, 200101389) 50m 00:31.73 31,73	01:04.26(+63)
35. Sebastiaan Rottier (TriVia, 200000147) 50m 00:31.52 31,52	01:04.77(+63)
36. Querijn Hensen (HPC PARA - ZPC AMERSFOORT, 200102121) [S10] 50m 00:31.07 31,07	01:05.05(+69)
37. Max Voortman (DWK, 199902923) 50m 00:31.36 31,36	01:05.29(+68)
38. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13] 50m 00:31.61 31,61	01:05.57(+61)
39. Jeroen Jongert (OEZA, 199600445) 50m 00:31.53 31,53	01:06.05(+72)
40. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14] 50m 00:32.31 32,31	01:06.80(+68)
41. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9] 50m 00:32.66 32,66	01:07.51(+71)
42. Bram Daalman (HPC PARA - ZV Haerlem, 200300629) [S14] 50m 00:33.78 33,78	01:10.38(+68)
43. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [S11] 50m 00:35.05 35,05	01:13.29(+59)
44. Lars Jacobsen (DWK, 199705453) [S14] 50m 00:34.99 34,99	01:14.05(+73)
45. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6] 50m 00:39.51 39,51	01:22.11(+83)
4. 200m rugslag - Dames vanaf 11 jaar (Senioren Open) vanaf 11 jaar (Senioren Open)	
1. Marieke Tienstra (OC - TriVia, 199900302) 50m 00:31.43 31,43 100m 01:06.11 34,68 150m 01:41.83 35,72	02:17.73(+64)
2. Indy Jongman (OC - PSV, 200100528) 50m 00:32.19 32,19 100m 01:07.15 34,96 150m 01:42.78 35,63	02:17.88(+61)
3. Sterre Mooiweer (ZPC AMERSFOORT, 199800236) 50m 00:32.18 32,18 100m 01:07.80 35,62 150m 01:43.72 35,92	02:18.89(+64)
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928) 50m 00:33.33 33,33 100m 01:08.63 35,30 150m 01:44.27 35,64	02:20.49(+72)
5. Manon Manning (Nova, 199904118) 50m 00:32.70 32,70 100m 01:08.45 35,75 150m 01:44.99 36,54	02:21.45(+63)
6. Carlijn Hansté (WS Twente, 200201082) 50m 00:32.85 32,85 100m 01:09.04 36,19 150m 01:46.32 37,28	02:23.56(+67)

7. Josse Bergman (VZC, 200305146)	50m 00:33.79 33,79	100m 01:09.50 35,71	150m 01:46.90 37,40	02:24.16(+65)
8. Arianne Kooijinga (TriVia, 200001544)	50m 00:33.81 33,81	100m 01:11.13 37,32	150m 01:49.13 38,00	02:26.01(+66)
9. Anabel Ivanov (SSG Saar Max Ritter, 241225)	50m 00:34.19 34,19	100m 01:11.15 36,96	150m 01:48.34 37,19	02:26.24(+61)
10. Wiktorija Redzimska (ZPC Hoogeveen, 200106042)	50m 00:33.73 33,73	100m 01:11.25 37,52	150m 01:49.23 37,98	02:26.53(+65)
11. Yara van Kalmthout (Nova, 200200984)	50m 00:34.63 34,63	100m 01:11.73 37,10	150m 01:49.79 38,06	02:27.80(+67)
12. Aniek van de Weerd (VZC, 200404136)	50m 00:34.87 34,87	100m 01:12.09 37,22	150m 01:50.23 38,14	02:27.98(+64)
13. Sanne Ditzel (DWK, 199901092)	50m 00:34.01 34,01	100m 01:11.49 37,48	150m 01:50.26 38,77	02:29.47(+65)
14. Renée Vanderheyden (ReVeLie Swim Team, 199903130)	50m 00:34.39 34,39	100m 01:12.42 38,03	150m 01:51.05 38,63	02:29.64(+64)
15. Romy van Alphen (Olympia, 199502776)	50m 00:34.75 34,75	100m 01:12.41 37,66	150m 01:50.93 38,52	02:30.06(+68)
16. Isa Schellekens (SWNZ (SG), 200002330)	50m 00:35.77 35,77	100m 01:14.21 38,44	150m 01:52.07 37,86	02:30.24(+72)
17. Roma Vrijhof (De Lansingh, 200201306)	50m 00:33.79 33,79	100m 01:11.47 37,68	150m 01:50.88 39,41	02:30.57(+71)
18. Suze Kuipers (Orca, 200301714)	50m 00:35.33 35,33	100m 01:13.17 37,84	150m 01:52.83 39,66	02:31.49(+73)
19. Myrthe Natzijl (TriVia, 200400076)	50m 00:36.33 36,33	100m 01:15.25 38,92	150m 01:54.36 39,11	02:32.67(+71)
20. Dionne Salomons (Borger, 200200504)	50m 00:35.83 35,83	100m 01:14.68 38,85	150m 01:54.57 39,89	02:32.94(+62)
21. Laura Rolink (De Dinkel, 199902018)	50m 00:35.37 35,37	100m 01:13.51 38,14	150m 01:53.17 39,66	02:33.04(+79)
22. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)	50m 00:35.83 35,83	100m 01:14.10 38,27	150m 01:53.60 39,50	02:33.23(+76)
23. Kimberly Mijnen (WZ&PC Purmerend, 199503644)	50m 00:34.93 34,93	100m 01:13.91 38,98	150m 01:55.53 41,62	02:36.75(+65)
5. 50m schoolslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Kasper Leeuw (ZPC AMERSFOORT, 199304435)				00:28.17(+64)
2. Wietse Waninge (ZPC AMERSFOORT, 199800023)				00:28.40(+67)
3. Thomas de Lange (WS Twente, 199701475)				00:28.61(+73)
4. Mark Baars (The Hague Swimming (SG), 198500059)				00:29.00(+64)
5. Koen Lems (ZPC AMERSFOORT, 199603709)				00:29.07(+70)
6. Juri Dijkstra (OC - TriVia, 200002119)				00:29.13(+71)
7. Kingue Struijf (ZPC AMERSFOORT, 199400913)				00:29.18(+63)
8. Niels van Eck (ZPC Hoogeveen, 198900793)				00:29.27(+65)
9. Duncan van Haaren (WIDEX GZC DONK, 200000681)				00:29.29(+70)
10. Max Peters (De Dommelbaarzen, 199903123)				00:29.31(+68)

11. Ardi Knol (DWK, 199603447)	00:29.36(+66)
12. Jeroen Baars (The Hague Swimming (SG), 199200031)	00:29.39(+68)
13. Jonne Schaafsma (The Hague Swimming (SG), 199800745)	00:29.41(+69)
14. Koen Koster (HZPC, 199900517)	00:29.44(+69)
15. Nicholas Theunissen (De Dolfijn, 199605679)	00:29.52(+62)
16. Thomas Verhoeven (The Hague Swimming (SG), 199700311)	00:29.59(+70)
17. Jordan Kraaijenhof (ZPC AMERSFOORT, 199301111)	00:29.69(+68)
18. Serginni Marten (DWK, 199307281)	00:29.71(+65)
19. Stijn Geelen (MNC Dordrecht, 199801363)	00:29.78(+69)
20. Thom Delno (PSV, 200000013)	00:29.84(+72)
21. Roy Smeenge (TriVia, 199305557)	00:29.97(+68)
22. Dominique Sikkema (Orca, 199500399)	00:29.98(+64)
23. Maik Huser (ZPC Hoogeveen, 199900265)	00:30.00(+77)
24. Quinn van den Heuvel (WVZ, 200100297)	00:30.15(+68)
25. Matthijs van Meerendonk (TriVia, 199900375)	00:30.24(+72)
26. Stephan Putman (DWK, 199502955)	00:30.29(+72)
27. Dennis Bos (HZ&PC Heerenveen, 199201965)	00:30.33(+60)
28. Ruben Koek (DWK, 199701187)	00:30.40(+70)
29. Jesse van Dijk (ZPC AMERSFOORT, 199903259)	00:30.46(+67)
30. Thomas Kappe (DWK, 199805141)	00:30.54(+68)
31. Junior de Bruin (OC - ZPC Hoogeveen, 200000839)	00:30.55(+66)
31. Derk Beemer (PSV, 200002901)	00:30.55(+68)
33. Timo Spaans (Nextline Swimming, 200201087)	00:30.66(+62)
34. Ruud van Heerbeek (Nuenen, 199301769)	00:30.73(+67)
35. Bryan Chen (KSN (SG), 199803201)	00:30.75(+65)
36. Lars Verhalle (VZC, 200200019)	00:30.78(+74)
37. Joost de Roy van Zuydewijn (WVZ, 200000255)	00:30.79(+71)
38. Jurre Stammes (DWK, 199701843)	00:30.85(+65)
39. Darryl Lubbinge (ZPC Hoogeveen, 199701045)	00:30.87(+67)
40. Niklas Pes (SG Euregio Swim Team, 207866)	00:30.93(+69)
41. Max Voortman (DWK, 199902923)	00:31.27(+62)
42. Dirk Zeelte (De Waalstroom, 199105911)	00:31.31(+76)
43. Anton Jansen (PSV, 200003621)	00:31.43(+70)
44. Sander Dorland (ZV De Zaan, 199902643)	00:31.48(+73)
45. Darren Chen (KSN (SG), 200001149)	00:31.59(+63)
46. Olivier Jans (De Fuut, 200001815)	00:31.62(+69)
46. Ian Sanders (Hellas-Glana, 200100373)	00:31.62(+67)
48. Björn Piket (HZPC, 199602133)	00:31.63(+68)
49. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:31.69(+69)

50. Roy van der Woude (ZV Haerlem, 199700579)	00:31.81(+64)
51. Lars Diesch (Argo, 200103189)	00:31.97(+75)
52. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	00:31.99(+65)
53. Luuk Smits (Tempo, 200001015)	00:32.05(+69)
54. Enrico Molly (De Dolfijn, 200004147)	00:32.12(+68)
55. Luke Looymans (De Dommelbaarzen, 200203689)	00:32.14(+75)
55. Rick van Hamond (De Dommelbaarzen, 199205873)	00:32.14(+70)
55. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	00:32.14(+68)
58. Paul van Grol (WIDEX GZC DONK, 199602951)	00:32.15(+65)
59. Mick van Kempen (De Ward, 200203375)	00:32.17(+81)
60. Sjoerd Looymans (De Dommelbaarzen, 200203687)	00:32.18(+67)
61. Loek van Houtert (Aqua-Novio'94, 199504515)	00:32.25(+68)
61. Kevin Kingma (De Lansingh, 199700559)	00:32.25(+67)
63. Sander de Vrugt (ESCA Zwemmen, 198903499)	00:32.26(+63)
64. Victor Barnar (GoSwim, 197801805)	00:32.27(+72)
65. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:32.39(+70)
66. Nick Sijmons (De Amstel, 199500491)	00:32.59(+66)
67. Maarten van der Zwan (Scheldestroom, 197501017)	00:32.61(+76)
68. Sem Wetzels (Hellas-Glana, 200404533)	00:32.69(+70)
69. Raphael Mennen (DWK, 200103049)	00:32.85(+69)
70. Romero Hennepe (Feijenoord Albion Zwemclub, 199304929)	00:32.86(+59)
71. Thomas Hesper (ZPV Barracuda, 200004181)	00:32.93(+79)
72. Sebastiaan Rottier (TriVia, 200000147)	00:33.16(+67)
73. Yuri van Omme (Zwemvereniging Hoogland, 198501887)	00:33.25(+79)
74. Matthijs Westmijze (ESCA Zwemmen, 200101195)	00:33.58(+81)
75. Tim van Duuren (HPC PARA - WIDEX GZC DONK, 199802255) [SB8]	00:33.80(+67)
76. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [SB11]	00:34.38(+70)
77. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [SB13]	00:35.59(+78)
78. Simon Boer (HPC PARA - ZPC AMERSFOORT, 199505643) [SB7]	00:39.55(+49)
6. 50m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Tamara van Vliet (De Dolfijn, 199403562)	00:25.42(+70)
2. Valerie van Roon (HPC - WVZ, 199802326)	00:25.58(+67)
3. Robin Neumann (De Dolfijn, 199706190)	00:25.95(+63)
4. Marrit Steenbergen (HPC - DZ&PC, 200000086)	00:26.06(+79)
5. Tessa Vermeulen (HPC - De Dolfijn, 199800068)	00:26.15(+71)
6. Nelly Velthuijs (PSV, 199404028)	00:26.16(+69)
7. Elise Hardeman (ZPC AMERSFOORT, 200101068)	00:26.21(+69)

8. Sam van Nunen (PSV, 200100036)	00:26.36(+68)
9. Josien Wijkhuijs (Orca, 199902866)	00:26.40(+66)
10. Milou van Wijk (MNC Dordrecht, 200404948)	00:26.60(+73)
11. Dorien Butter (The Hague Swimming (SG), 199606542)	00:26.81(+74)
12. Britta Koehorst (OC - De Lansingh, 200300246)	00:26.86(+74)
13. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:26.94(+73)
14. Indy Jongman (OC - PSV, 200100528)	00:27.16(+75)
15. Amy de Langen (PSV, 199702046)	00:27.19(+68)
16. Saskia de Klerk (GoSwim, 199004612)	00:27.21(+67)
17. Arianne Kooijinga (TriVia, 200001544)	00:27.22(+69)
18. Britt Cornelissens (Hellas-Glana, 200000632)	00:27.25(+70)
19. Kaylin Stel (De Dolfijn, 200100290)	00:27.26(+66)
20. Myrna van Duijven (DZ&PC, 199900252)	00:27.34(+68)
21. Danique Stoop (Zuiderzeezwemmers, 199106956)	00:27.36(+69)
22. Mariëlle Dolfijn (TriVia, 200201640)	00:27.38(+73)
23. Annet van Stratum (Deltasteur, 199003640)	00:27.40(+73)
24. Jonna Wieling (Aquarijn, 200205266)	00:27.44(+70)
25. Manon Manning (Nova, 199904118)	00:27.45(+72)
26. Yara van Kalmthout (Nova, 200200984)	00:27.47(+75)
27. Soraya Wasser (PSV, 199901358)	00:27.52(+65)
28. Roëlle op de Haar (WS Twente, 200103428)	00:27.57(+71)
29. Julia van Leeuwen (PSV, 200001464)	00:27.59(+69)
30. Leonie van Wier (HZ&PC Heerenveen, 200200436)	00:27.60(+75)
31. Judith Houtvast (Hellas-Glana, 200300714)	00:27.62(+69)
32. Chefanja Nunes (OC - WVZ, 200104750)	00:27.64(+70)
33. Anne Fleur Willemsen (Azuro, 199901396)	00:27.73(+79)
34. Lianne van Wier (HZ&PC Heerenveen, 200200438)	00:27.76(+69)
35. Mendy de Rooi (DWK, 199700780)	00:27.80(+48)
35. Elisa Haverkate (ZPC De Hof, 200200266)	00:27.80(+79)
37. Tamara Grove (De Dolfijn, 199601266)	00:27.81(+69)
38. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	00:27.90(+79)
39. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	00:27.91(+63)
40. Manon Compagner (Dedemsvaart-AC, 200101710)	00:27.92(+75)
41. Loes Gelissen (Hellas-Glana, 200102166)	00:27.94(+69)
42. Sophie de Jonge (WVZ, 200200118)	00:27.96(+72)
42. Tessa Loos (ZC Aquadream, 200200608)	00:27.96(+67)
44. Karin Groen (Nova, 199502440)	00:28.15(+66)
45. Susan Teijken (Nuenen, 199504592)	00:28.25(+78)
46. Tiffany Leerdam (De Dolfijn, 200006200)	00:28.28(+80)

47. Marit de Lau (PSV, 200101338)				00:28.31(+68)
48. RICHENNE Zeebregts (Nuenen, 199801818)				00:28.48(+62)
49. Chantalle Zijdeveld (HPC PARA - ZZ&PC De Devel, 200000702) [S10]				00:28.51(+66)
49. Jennifer Tuijp (ZV De Zaan, 200004198)				00:28.51(+75)
51. Amy de Sain (De Dolfijn, 200304690)				00:28.75(+73)
52. Evy Ulijn (Arethusa, 199604100)				00:28.91(+78)
53. Eva van Elsen (PSV, 199903026)				00:28.97(+74)
54. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]				00:29.65(+83)
55. Florianne Bultje (HPC PARA - DWT, 199804342) [S10]				00:29.89(+70)
56. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]				00:30.39(+70)
57. Iris Onnink (DWK, 200301836) [S10]				00:34.37(+75)
58. Rosalie van Druenen (De Warande, 200305066) [S9]				00:34.79(+81)
59. Jonne Moleman (LinK, 200006264) [S7]				00:35.02(+89)
7. 200m vlinderslag - Heren				
vanaf 11 jaar (Senioren Open)				
vanaf 11 jaar (Senioren Open)				
1. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627)				02:03.44(+64)
50m 00:27.51 27,51 100m 00:59.36 31,85 150m 01:31.39 32,03				
2. Aaron Schmidt (SG Neuss, 265663)				02:03.53(+67)
50m 00:27.20 27,20 100m 00:58.64 31,44 150m 01:31.12 32,48				
3. Joeri Verlinden (PSV, 198803549)				02:04.22(+67)
50m 00:25.77 25,77 100m 00:55.76 29,99 150m 01:28.50 32,74				
4. Daan Zwertbroek (PSV, 199900463)				02:06.70(+70)
50m 00:28.00 28,00 100m 00:59.94 31,94 150m 01:33.02 33,08				
5. Tim Hoogerwerf (DWK, 200005587)				02:07.21(+67)
50m 00:28.20 28,20 100m 01:00.49 32,29 150m 01:34.00 33,51				
6. Junior de Bruin (OC - ZPC Hoogeveen, 200000839)				02:09.52(+70)
50m 00:28.37 28,37 100m 01:01.43 33,06 150m 01:35.52 34,09				
7. Jesse van Dijk (ZPC AMERSFOORT, 199903259)				02:12.55(+66)
50m 00:28.85 28,85 100m 01:01.90 33,05 150m 01:36.69 34,79				
8. Niels de Boer (Hellas-Glana, 200001977)				02:14.87(+75)
50m 00:29.01 29,01 100m 01:02.87 33,86 150m 01:38.20 35,33				
9. Ebel van Geemen (WS Twente, 199901095)				02:15.53(+76)
50m 00:28.57 28,57 100m 01:02.32 33,75 150m 01:38.14 35,82				
10. Lucas Peters (Nextline Swimming, 200301325)				02:16.34(+70)
50m 00:29.56 29,56 100m 01:04.11 34,55 150m 01:39.76 35,65				
11. Lars Schoffelmeer (ZPB H&L Productions, 199501907)				02:16.50(+73)
50m 00:29.87 29,87 100m 01:04.11 34,24 150m 01:39.16 35,05				
12. Guus Hoogduin (ZVL-1886, 200201069)				02:17.51(+73)
50m 00:29.84 29,84 100m 01:04.39 34,55 150m 01:40.38 35,99				
13. Brent Günther (VZC, 200000447)				02:18.07(+71)
50m 00:31.11 31,11 100m 01:06.32 35,21 150m 01:42.46 36,14				
14. Michael Smink (The Hague Swimming (SG), 200302169)				02:18.93(+75)
50m 00:29.35 29,35 100m 01:04.78 35,43 150m 01:41.46 36,68				
15. Nick Sijmons (De Amstel, 199500491)				02:21.32(+68)
50m 00:30.78 30,78 100m 01:08.04 37,26 150m 01:46.28 38,24				

16. Janne Englebort (Hieronymus, 200101561)	02:22.04(+80)
50m 00:30.44 30,44 100m 01:05.43 34,99 150m 01:42.36 36,93	
17. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	02:22.43(+76)
50m 00:30.43 30,43 100m 01:05.93 35,50 150m 01:43.51 37,58	
18. Aaron Hendriksen of Hendriks (LZ&PC De Haaien, 200002711)	02:25.82(+69)
50m 00:30.17 30,17 100m 01:07.11 36,94 150m 01:46.61 39,50	
DIS: David Kuipers (Orca, 200003633)	00:00.00
8. 100m schoolslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lonne Dijkhuis (De Dinkel, 199400030)	01:11.58(+71)
50m 00:32.66 32,66	
2. Lynn Blommers (The Hague Swimming (SG), 200105062)	01:11.80(+68)
50m 00:32.90 32,90	
3. Madelijne Schothans (De Dinkel, 200002416)	01:12.35(+76)
50m 00:34.21 34,21	
4. Anne Palmans (OC - WVZ, 200006324)	01:12.48(+70)
50m 00:33.72 33,72	
5. Anouk Elzerman (De Dolfijn, 199005914)	01:12.85(+74)
50m 00:33.84 33,84	
6. Sanne Busch (PSV, 200101486)	01:12.93(+74)
50m 00:33.67 33,67	
7. Kim Jansen van Galen (PSV, 200201594)	01:13.35(+77)
50m 00:35.47 35,47	
8. Karin Rijkelijkuizen (DZ&PC, 199403358)	01:13.59(+72)
50m 00:34.28 34,28	
9. Anouk Knippers (De Dinkel, 199700602)	01:13.89(+73)
50m 00:33.85 33,85	
10. Zara Konstapel (NDD, 200101144)	01:13.97(+70)
50m 00:34.06 34,06	
11. Larissa Brak (ZPC AMERSFOORT, 198800572)	01:14.27(+74)
50m 00:34.50 34,50	
12. Michelle Pschuk (SG Ruhr, 246475)	01:14.48(+69)
50m 00:34.26 34,26	
13. Robin Goossens (Nuenen, 200003128)	01:14.84(+80)
50m 00:34.91 34,91	
14. Emelie Schnagl (SSG Saar Max Ritter, 262869)	01:15.55(+72)
50m 00:35.59 35,59	
15. Angelique van Vark (Z&PC De Gouwe, 199701478)	01:15.70(+72)
50m 00:35.39 35,39	
16. Joyce Kuipers (Orca, 200103426)	01:15.82(+76)
50m 00:35.33 35,33	
17. Birgit van Buiten (DWK, 200200498)	01:15.86(+74)
50m 00:35.40 35,40	
18. Mette Den Haese (Neptune Swimming Academy)	01:15.93(+64)
50m 00:35.69 35,69	
19. Britta Koehorst (OC - De Lansingh, 200300246)	01:16.24(+79)
50m 00:35.65 35,65	

20. Selene Wortel (Hieronymus, 199700654) 50m 00:35.71 35,71	01:16.37(+67)
21. Mandy van Rossum (Aqua-Novio'94, 200204904) 50m 00:35.14 35,14	01:16.39(+80)
22. Chantalle Zijderveld (HPC PARA - ZZ&PC De Devel, 200000702) [SB9] 50m 00:36.07 36,07	01:16.53(+64)
23. Inge Vieveen (OC - WVZ, 200100024) 50m 00:36.40 36,40	01:16.59(+81)
24. Valesca van den Bogert (Hieronymus, 200102138) 50m 00:36.21 36,21	01:16.95(+71)
25. Silke Molendijk (VZC, 200100178) 50m 00:36.23 36,23	01:17.18(+71)
26. Zante Janssen (Aqua-Novio'94, 200201786) 50m 00:36.41 36,41	01:17.53(+73)
27. Wiktoria Redzimska (ZPC Hoogeveen, 200106042) 50m 00:36.60 36,60	01:17.65(+84)
28. Myrna Schasfoort (De Dinkel, 199300668) 50m 00:35.47 35,47	01:17.92(+81)
29. Jose Bijl (Het Y, 200100948) 50m 00:36.43 36,43	01:17.93(+70)
30. Ilse Rijnja (The Hague Swimming (SG), 199802432) 50m 00:36.28 36,28	01:18.12(+72)
31. Lisanne Hassing (DZ&PC, 199702584) 50m 00:36.34 36,34	01:18.19(+77)
32. Kim Vriens (Hieronymus, 200401166) 50m 00:36.34 36,34	01:18.24(+88)
33. Isabel Aardema (DWK, 200100364) 50m 00:36.21 36,21	01:18.34(+79)
33. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [SB9] 50m 00:36.15 36,15	01:18.34(+80)
35. Bridget Vermeer (VZC, 200501766) 50m 00:36.35 36,35	01:18.60(+77)
36. Silke Bliet (Hellas-Glana, 200301948) 50m 00:37.24 37,24	01:18.81(+75)
37. Joy Willekus (WZ&PC Purmerend, 200602420) 50m 00:36.97 36,97	01:18.90(+72)
38. Colet Claessens (Nuene, 199405182) 50m 00:35.89 35,89	01:19.28(+72)
39. Kim de Jong (LinK, 200301026) 50m 00:37.28 37,28	01:19.48(+87)
40. Amber Koning (Azuro, 200202842) 50m 00:36.69 36,69	01:19.52(+76)
41. Maaiké Issard (VZC, 200300022) 50m 00:37.49 37,49	01:19.72(+80)
42. Romana Jonker (HZ&PC Heerenveen, 200403016) 50m 00:38.11 38,11	01:19.91(+90)
43. Niké Telkamp (The Hague Swimming (SG), 200501088) 50m 00:36.55 36,55	01:20.00(+71)
44. Kemi van de Wetering (Aqua-Novio'94, 200201456) 50m 00:37.20 37,20	01:21.04(+72)

45. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)				01:21.43(+68)
	50m 00:38.22	38,22		
46. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050) [SB9]				01:22.96(+86)
	50m 00:38.59	38,59		
47. Tessa Loos (ZC Aquadream, 200200608)				01:23.30(+67)
	50m 00:38.49	38,49		
48. Grace Anderson (WVZ, 200200578)				01:23.48(+78)
	50m 00:39.08	39,08		
49. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [SB11]				01:29.76(+69)
	50m 00:42.14	42,14		
50. Rosalie van Druenen (De Warande, 200305066) [SB8]				01:41.94(+91)
	50m 00:47.11	47,11		
9. 200m vrije slag - Heren				
vanaf 11 jaar (Senioren Open)				
vanaf 11 jaar (Senioren Open)				
1. Maarten Brzoskowski (HPC - PSV, 199500769)				01:47.51(+67)
	50m 00:25.40	25,40	100m 00:52.68	27,28 150m 01:20.23
				27,55
2. Bart Sommeling (OC - De Dolfijn, 199800765)				01:51.24(+71)
	50m 00:25.92	25,92	100m 00:53.96	28,04 150m 01:22.42
				28,46
3. Ben Schwieterd (HPC - ZPC AMERSFOORT, 199704831)				01:51.92(+73)
	50m 00:26.50	26,50	100m 00:53.94	27,44 150m 01:22.42
				28,48
4. Dion Dreesens (KNZB, 199302189)				01:53.30(+74)
	50m 00:26.86	26,86	100m 00:55.07	28,21 150m 01:23.82
				28,75
5. Erik Nijholt (DZ&PC, 199401349)				01:53.84(+72)
	50m 00:26.73	26,73	100m 00:55.32	28,59 150m 01:24.66
				29,34
6. Alexander Skinner (Dolphins Swimming Club)				01:54.13(+73)
	50m 00:26.65	26,65	100m 00:55.21	28,56 150m 01:24.26
				29,05
7. Lleyton Plattel (OC - PSV, 200204993)				01:54.20(+70)
	50m 00:26.21	26,21	100m 00:54.58	28,37 150m 01:24.13
				29,55
8. Valentin Borisavljevic (Leuven Aquatics, LAQUA/11189/97)				01:54.43(+69)
	50m 00:26.52	26,52	100m 00:54.67	28,15 150m 01:23.81
				29,14
9. Bjorn van Doesburg (Aquarijn, 200201867)				01:56.41(+68)
	50m 00:26.79	26,79	100m 00:56.30	29,51 150m 01:25.94
				29,64
10. Karst Boersma (De Dinkel, 199600849)				01:56.44(+77)
	50m 00:27.17	27,17	100m 00:56.45	29,28 150m 01:26.31
				29,86
11. Jonne Schaafsma (The Hague Swimming (SG), 199800745)				01:57.28(+72)
	50m 00:27.43	27,43	100m 00:56.90	29,47 150m 01:27.25
				30,35
12. Nino Sieling (De Dolfijn, 199701845)				01:57.76(+71)
	50m 00:27.05	27,05	100m 00:56.40	29,35 150m 01:26.65
				30,25
13. Rowan Keen (Borger, 199500727)				01:57.84(+76)
	50m 00:27.81	27,81	100m 00:57.75	29,94 150m 01:27.99
				30,24
14. Dave van der Voet (De Dolfijn, 200102783)				01:57.94(+69)
	50m 00:27.48	27,48	100m 00:57.47	29,99 150m 01:27.52
				30,05
15. Jorian Tanis (MNC Dordrecht, 199900327)				01:58.06(+76)
	50m 00:27.33	27,33	100m 00:57.13	29,80 150m 01:27.81
				30,68
16. Ingmar Hartman (KSN (SG), 199801013)				01:58.30(+76)
	50m 00:27.29	27,29	100m 00:57.59	30,30 150m 01:28.07
				30,48
17. Bas Morelissen (ZPC AMERSFOORT, 200100861)				01:58.58(+63)
	50m 00:27.30	27,30	100m 00:57.05	29,75 150m 01:27.76
				30,71

18. Niek Heethaar (DWK, 199900999)				01:59.61(+73)	
50m	00:27.25 27,25	100m	00:57.48 30,23	150m	01:28.73 31,25
19. Raf Hendriks (Hellas-Glana, 200100879)				01:59.65(+77)	
50m	00:27.32 27,32	100m	00:57.53 30,21	150m	01:28.81 31,28
20. Sem Zijl (De Dolfijn, 200204757)				01:59.81(+62)	
50m	00:27.57 27,57	100m	00:57.64 30,07	150m	01:28.64 31,00
21. Lars Verhalle (VZC, 200200019)				02:00.69(+76)	
50m	00:27.48 27,48	100m	00:58.16 30,68	150m	01:29.71 31,55
22. Niels Dijkshoorn (ZVVS, 200203079)				02:00.75(+72)	
50m	00:27.45 27,45	100m	00:58.29 30,84	150m	01:29.68 31,39
23. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)				02:00.84(+66)	
50m	00:27.15 27,15	100m	00:57.72 30,57	150m	01:29.17 31,45
24. Dave Holweg (ZPC AMERSFOORT, 199701521)				02:01.20(+70)	
50m	00:27.19 27,19	100m	00:57.63 30,44	150m	01:29.37 31,74
25. Darren Chen (KSN (SG), 200001149)				02:01.26(+66)	
50m	00:27.60 27,60	100m	00:58.02 30,42	150m	01:29.70 31,68
26. Richard Kuipers (TriVia, 199704171)				02:01.47(+74)	
50m	00:27.58 27,58	100m	00:57.95 30,37	150m	01:29.53 31,58
27. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10]				02:01.61(+73)	
50m	00:27.58 27,58	100m	00:58.02 30,44	150m	01:29.93 31,91
28. Rijk Dragstra (ZPC AMERSFOORT, 200102473)				02:02.20(+67)	
50m	00:27.83 27,83	100m	00:58.37 30,54	150m	01:30.45 32,08
29. Lucas Peters (Nextline Swimming, 200301325)				02:03.06(+72)	
50m	00:28.49 28,49	100m	00:59.49 31,00	150m	01:31.54 32,05
30. Pascal Nuijten (Feijenoord Albion Zwemclub, 199701353)				02:03.54(+74)	
50m	00:27.97 27,97	100m	00:59.21 31,24	150m	01:31.58 32,37
31. Lasse Dumke (SG Ruhr, 233141)				02:04.83(+73)	
50m	00:28.09 28,09	100m	00:59.27 31,18	150m	01:31.36 32,09
32. Rick van Hamond (De Dommelbaarzen, 199205873)				02:05.43(+71)	
50m	00:28.86 28,86	100m	00:59.82 30,96	150m	01:32.35 32,53
33. Sebastiaan Broere (Hieronymus, 199803687) [S14]				02:07.72(+80)	
50m	00:29.17 29,17	100m	01:00.18 31,01	150m	01:32.96 32,78
34. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [S11]				02:14.40(+71)	
50m	00:30.71 30,71	100m	01:05.22 34,51	150m	01:39.84 34,62
35. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]				02:14.43(+77)	
50m	00:29.83 29,83	100m	01:03.69 33,86	150m	01:39.21 35,52
36. Bram Daalman (HPC PARA - ZV Haerlem, 200300629) [S14]				02:17.19(+86)	
50m	00:29.98 29,98	100m	01:04.99 35,01	150m	01:41.45 36,46
37. Lars Jacobsen (DWK, 199705453) [S14]				02:18.25(+94)	
50m	00:31.47 31,47	100m	01:06.93 35,46	150m	01:43.85 36,92
38. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]				02:35.44(+88)	
50m	00:33.75 33,75	100m	01:12.60 38,85	150m	01:54.18 41,58
10. 50m vlinderslag - Dames					
vanaf 11 jaar (Senioren Open)					
vanaf 11 jaar (Senioren Open)					
1. Tessa Vermeulen (HPC - De Dolfijn, 199800068)				00:27.24(+70)	
2. Kinge Zandringa (HPC - De Dolfijn, 199801422)				00:27.37(+69)	
3. Josien Wijkhuijs (Orca, 199902866)				00:27.38(+66)	

4. Elinore de Jong (The Hague Swimming (SG), 198902072)	00:27.47(+75)
5. Tamara van Vliet (De Dolfijn, 199403562)	00:27.72(+69)
5. Chefanja Nunes (OC - WVZ, 200104750)	00:27.72(+67)
7. Valerie van Roon (HPC - WVZ, 199802326)	00:27.79(+69)
8. Lotte Hosper (OC - Racing Club, 200201414)	00:27.82(+72)
9. Danique Stoop (Zuiderzeewemmers, 199106956)	00:27.96(+71)
10. Manon Manning (Nova, 199904118)	00:28.31(+74)
11. Sam van Nunen (PSV, 200100036)	00:28.38(+69)
12. Britta Koehorst (OC - De Lansingh, 200300246)	00:28.46(+74)
13. Alinda Dingshoff (ZPC Hoozeveen, 200000928)	00:28.48(+74)
14. Mendy de Rooi (DWK, 199700780)	00:28.55(+66)
15. Julia van Leeuwen (PSV, 200001464)	00:28.65(+69)
16. Nelly Velthuijs (PSV, 199404028)	00:28.68(+69)
17. Anne Palmans (OC - WVZ, 200006324)	00:28.70(+72)
18. Emelie Schnagl (SSG Saar Max Ritter, 262869)	00:28.90(+70)
19. Manon Compagner (Dedemsvaart-AC, 200101710)	00:28.99(+75)
20. Jonna Wieling (Aquarijn, 200205266)	00:29.01(+71)
21. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:29.03(+71)
22. Kristy Nagtzaam (PSV, 200002212)	00:29.21(+64)
23. Arianne Kooijinga (TriVia, 200001544)	00:29.31(+70)
24. Amy de Sain (De Dolfijn, 200304690)	00:29.33(+71)
25. Judith Houtvast (Hellas-Glana, 200300714)	00:29.35(+71)
26. Serafina Vlijt (HZPC, 199801142)	00:29.36(+73)
27. Anne Fleur Willemsen (Azuro, 199901396)	00:29.38(+77)
28. Merel van der Kieft (EZCL (SG), 199200920)	00:29.59(+66)
28. Mariëlle Dolfijn (TriVia, 200201640)	00:29.59(+74)
30. Annet van Stratum (Deltasteur, 199003640)	00:29.62(+74)
31. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	00:29.63(+61)
31. Merel Phaff (Nuenen, 200100434)	00:29.63(+75)
33. Luca Ebbinge (DZ&PC, 199802406)	00:29.64(+64)
34. Maaïke Broersma (BZ&PC, 200201522)	00:29.65(+70)
35. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	00:29.66(+64)
36. Myrna van Duijven (DZ&PC, 199900252)	00:29.69(+69)
37. Elise Hardeman (ZPC AMERSFOORT, 200101068)	00:29.77(+69)
38. Eva van den Adel (De Otters Het Gooi, 200102892)	00:29.79(+63)
39. Senna Lindenberg (Hieronymus, 199900738)	00:29.82(+67)
40. Kirsten Verhale (VZC, 200400210)	00:29.87(+79)
41. Milou van Wijk (MNC Dordrecht, 200404948)	00:29.97(+79)
42. Romy van Alphen (Olympia, 199502776)	00:30.02(+73)

43. Maaike Issard (VZC, 200300022)	00:30.03(+74)
44. Kim Zwinkels (ZPCH, 200300422)	00:30.05(+77)
45. Marit Boxum (Deltasteur, 200000068)	00:30.07(+77)
46. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	00:30.08(+83)
47. Zoë van der Aart (De Dolfijn, 199503152)	00:30.13(+74)
48. Josse Bergman (VZC, 200305146)	00:30.16(+75)
49. Yvon Versteeg (De Veene, 199201864)	00:30.18(+76)
50. Laura Rolink (De Dinkel, 199902018)	00:30.19(+74)
51. Mariska Scheel (De Lansingh, 199306344)	00:30.25(+71)
52. Tessa Kooi (TriVia, 200201386)	00:30.28(+78)
53. Selene Wortel (Hieronymus, 199700654)	00:30.29(+67)
54. Janneke Lenderink (PSV, 200100328)	00:30.33(+71)
55. Laura van der Veen (ZV De Zaan, 199404090)	00:30.35(+74)
56. Inge Dekker (TriVia, 200200476)	00:30.39(+70)
57. Babette van der Kaaij (The Hague Swimming (SG), 199902234)	00:30.41(+70)
58. Lianne Molkenboer (EZCL (SG), 199602034)	00:30.45(+74)
58. Elisa Haverkate (ZPC De Hof, 200200266)	00:30.45(+77)
60. Floor de Kievit (The Hague Swimming (SG), 200100238)	00:30.55(+77)
61. Lonne Dijkhuis (De Dinkel, 199400030)	00:30.58(+76)
62. Lianne van Wier (HZ&PC Heerenveen, 200200438)	00:30.62(+69)
62. Phaedra Meijer (MNC Dordrecht, 200405834)	00:30.62(+71)
64. Evy Ulijn (Arethusa, 199604100)	00:30.65(+77)
64. Saskia de Klerk (GoSwim, 199004612)	00:30.65(+71)
66. Loes Gelissen (Hellas-Glana, 200102166)	00:30.69(+71)
67. Aniek van de Weerd (VZC, 200404136)	00:30.72(+74)
68. Richenne Zeebregts (Nuenen, 199801818)	00:30.77(+64)
69. Karin Groen (Nova, 199502440)	00:30.84(+64)
70. Kemi van de Wetering (Aqua-Novio'94, 200201456)	00:30.87(+67)
71. Kayley Mc Ateer (Nuenen, 200305000)	00:30.88(+83)
72. Renée Vanderheyden (ReVeLie Swim Team, 199903130)	00:31.04(+76)
73. Laurie Aarninkhof (De Dinkel, 199800822)	00:31.05(+78)
74. Zanne Janssen (Aqua-Novio'94, 200201786)	00:31.11(+74)
76. Kiki Koopman (De Dinkel, 200200232)	00:31.62(+70)
77. Florianne Bultje (HPC PARA - DWT, 199804342) [S10]	00:32.72(+74)
78. Rosalie van Druenen (De Warande, 200305066) [S9]	00:41.55(+48)
79. Jonne Moleman (LinK, 200006264) [S7]	00:43.40(+90)
11. 4x100m wisselslag heren vanaf 11 jaar (Senioren Open)	
1. De Dolfijn	03:54.13

Nino Sieling 1997 (+60)	50m	00:29.68	29,68	
Nino Sieling 1997 (+60)	100m	01:03.33	33,65	
Nicholas Theunissen 1996 (+41)	150m	01:33.02	29,69	
Nicholas Theunissen 1996 (+41)	200m	02:07.76	34,74	
Ruben Stam 1998 (+34)	250m	02:33.24	25,48	
Ruben Stam 1998 (+34)	300m	03:03.33	30,09	
Thom de Boer 1991 (0)	350m	03:26.89	23,56	
Thom de Boer 1991 (0)	400m	03:54.13	27,24	
2. PSV				03:55.28
Aidan Baines 2000 (+63)	50m	00:28.99	28,99	
Aidan Baines 2000 (+63)	100m	00:59.31	30,32	
Thom Delno 2000 (+48)	150m	01:29.68	30,37	
Thom Delno 2000 (+48)	200m	02:04.76	35,08	
Niklas David Yeboah 1998 (+22)	250m	02:31.19	26,43	
Niklas David Yeboah 1998 (+22)	300m	03:01.58	30,39	
Anton Jansen 2000 (+13)	350m	03:27.01	25,43	
Anton Jansen 2000 (+13)	400m	03:55.28	28,27	
3. ZPC AMERSFOORT				03:56.82
Dave Holweg 1997 (+67)	50m	00:29.96	29,96	
Dave Holweg 1997 (+67)	100m	01:02.43	32,47	
Koen Lems 1996 (+38)	150m	01:31.79	29,36	
Koen Lems 1996 (+38)	200m	02:06.15	34,36	
Austin Namesnik 2001 (+16)	250m	02:32.12	25,97	
Austin Namesnik 2001 (+16)	300m	03:02.45	30,33	
Bas Morelissen 2001 (+21)	350m	03:28.35	25,90	
Bas Morelissen 2001 (+21)	400m	03:56.82	28,47	
4. DWK				03:57.14
Joas Groeneveld 2001 (+59)	50m	00:29.94	29,94	
Joas Groeneveld 2001 (+59)	100m	01:02.59	32,65	
Serginni Marten 1993 (+13)	150m	01:32.88	30,29	
Serginni Marten 1993 (+13)	200m	02:08.59	35,71	
Thomas Kappe 1998 (+22)	250m	02:34.38	25,79	
Thomas Kappe 1998 (+22)	300m	03:05.96	31,58	
Luuk Nijland 1997 (0)	350m	03:29.80	23,84	
Luuk Nijland 1997 (0)	400m	03:57.14	27,34	
5. Feijenoord Albion Zwemclub				04:01.33
Ensgar Kotterink 1994 (+59)	50m	00:27.87	27,87	
Ensgar Kotterink 1994 (+59)	100m	00:57.43	29,56	
Romero Hennep 1993 (+34)	150m	01:28.62	31,19	
Romero Hennep 1993 (+34)	200m	02:06.07	37,45	
Jarno van Oijen 2001 (+47)	250m	02:33.53	27,46	
Jarno van Oijen 2001 (+47)	300m	03:06.58	33,05	
Pascal Nuijten 1997 (+28)	350m	03:32.22	25,64	
Pascal Nuijten 1997 (+28)	400m	04:01.33	29,11	
6. The Hague Swimming (SG)				04:01.43
Brandon van den Berg 2002 (+63)	50m	00:30.15	30,15	
Brandon van den Berg 2002 (+63)	100m	01:03.10	32,95	
Jonne Schaafsma 1998 (+40)	150m	01:33.68	30,58	
Jonne Schaafsma 1998 (+40)	200m	02:09.22	35,54	
Mark Baars 1985 (+59)	250m	02:36.53	27,31	
Mark Baars 1985 (+59)	300m	03:07.94	31,41	
Jeroen Baars 1992 (+43)	350m	03:33.88	25,94	
Jeroen Baars 1992 (+43)	400m	04:01.43	27,55	
7. TriVia				04:02.28
Dennis Cramer 1992 (+70)	50m	00:30.26	30,26	
Dennis Cramer 1992 (+70)	100m	01:02.40	32,14	
Roy Smeenge 1993 (+50)	150m	01:34.17	31,77	
Roy Smeenge 1993 (+50)	200m	02:11.58	37,41	
Matthijs van Meerendonk 1999 (+26)	250m	02:37.57	25,99	
Matthijs van Meerendonk 1999 (+26)	300m	03:08.39	30,82	
Richard Kuipers 1997 (+42)	350m	03:34.56	26,17	
Richard Kuipers 1997 (+42)	400m	04:02.28	27,72	

8. De Dinkel				04:04.13
Dennis Kamps 2000 (+67)	50m	00:28.81	28,81	
Dennis Kamps 2000 (+67)	100m	00:59.41	30,60	
Jurre Hanstede 2002 (+39)	150m	01:32.14	32,73	
Jurre Hanstede 2002 (+39)	200m	02:10.79	38,65	
Karst Boersma 1996 (+37)	250m	02:38.16	27,37	
Karst Boersma 1996 (+37)	300m	03:10.75	32,59	
Tom Laarhuis 1998 (+30)	350m	03:36.10	25,35	
Tom Laarhuis 1998 (+30)	400m	04:04.13	28,03	
9. De Dolfijn				04:06.16
Enrico Molly 2000 (+58)	50m	00:30.14	30,14	
Enrico Molly 2000 (+58)	100m	01:03.91	33,77	
Justus Ykema 1999 (+14)	150m	01:34.55	30,64	
Justus Ykema 1999 (+14)	200m	02:12.98	38,43	
Dave van der Voet 2001 (+29)	250m	02:40.68	27,70	
Dave van der Voet 2001 (+29)	300m	03:13.07	32,39	
Jesse van der A 1999 (+55)	350m	03:38.17	25,10	
Jesse van der A 1999 (+55)	400m	04:06.16	27,99	
10. Hellas-Glana				04:12.03
Raf Hendriks 2001 (+54)	50m	00:29.87	29,87	
Raf Hendriks 2001 (+54)	100m	01:02.05	32,18	
Ian Sanders 2001 (+51)	150m	01:34.55	32,50	
Ian Sanders 2001 (+51)	200m	02:12.84	38,29	
Niels de Boer 2000 (+51)	250m	02:41.39	28,55	
Niels de Boer 2000 (+51)	300m	03:16.14	34,75	
Lars Kerremans 2001 (+25)	350m	03:42.22	26,08	
Lars Kerremans 2001 (+25)	400m	04:12.03	29,81	

12. 4x200m vrije slag dames
vanaf 11 jaar (Senioren Open)

Open Nederlandse Kampioenschappen Lange Baan sessie 2 - finales - vrijdag 21 juni 2019 om
16:30u (50 m)
Aanvangstijd juryvergadering: 15:30u

105. 50m schoolslag - Heren vanaf 11 jaar (Senioren Open)				
1. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [SB11]				00:33.51(+71)
2. Tim van Duuren (HPC PARA - WIDEX GZC DONK, 199802255) [SB8]				00:32.87(+62)
3. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [SB13]				00:34.38(+74)
4. Simon Boer (HPC PARA - ZPC AMERSFOORT, 199505643) [SB7]				00:39.50(+51)
109. 200m vrije slag - Heren vanaf 11 jaar (Senioren Open)				
1. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [S11]				02:11.66(+74)
	50m	00:30.09	30,09	
	100m	01:03.72	33,63	
	150m	01:38.19	34,47	
2. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10]				01:59.62(+72)
	50m	00:27.35	27,35	
	100m	00:57.27	29,92	
	150m	01:28.65	31,38	
3. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]				02:32.05(+82)
	50m	00:33.58	33,58	
	100m	01:12.18	38,60	
	150m	01:52.25	40,07	
4. Bram Daalman (ZV Haerlem, 200300629) [S14]				02:08.62(+86)
	50m	00:28.82	28,82	
	100m	01:00.99	32,17	
	150m	01:35.54	34,55	
5. Sebastiaan Broere (Hieronymus, 199803687) [S14]				02:09.70(+86)
	50m	00:30.13	30,13	
	100m	01:02.43	32,30	
	150m	01:36.14	33,71	
6. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]				02:11.43(+76)
	50m	00:29.18	29,18	
	100m	01:02.39	33,21	
	150m	01:36.87	34,48	
7. Lars Jacobsen (DWK, 199705453) [S14]				02:17.39(+86)

50m 00:30.90 30,90 100m 01:05.97 35,07 150m 01:42.97 37,00

110. 50m vlinderslag - Dames

vanaf 11 jaar (Senioren Open)

1. Florianne Bultje (HPC PARA - DWT, 199804342) [S10] 00:31.96(+76)
2. Jonne Moleman (LinK, 200006264) [S7] 00:41.74(+86)
3. Rosalie van Druenen (De Warande, 200305066) [S9] 00:41.25(+58)

1. 1500m vrije slag - Heren

102. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11] 05:08.75(+69)
50m 00:33.89 33,89 150m 01:50.15 39,18 250m 03:09.28 39,84 350m 04:30.20 40,43
100m 01:10.97 37,08 200m 02:29.44 39,29 300m 03:49.77 40,49
2. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14] 04:43.46(+82)
50m 00:31.02 31,02 150m 01:41.99 35,79 250m 02:54.05 35,96 350m 04:08.05 37,25
100m 01:06.20 35,18 200m 02:18.09 36,10 300m 03:30.80 36,75
3. Jonne Moleman (LinK, 200006264) [S7] 05:28.83(+95)
50m 00:36.51 36,51 150m 01:58.84 41,50 250m 03:23.02 41,92 350m 04:47.40 41,98
100m 01:17.34 40,83 200m 02:41.10 42,26 300m 04:05.42 42,40

2. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Silke Holkenborg (OC - VZC, 200100292) 04:17.71(+72)
50m 00:29.55 29,55 150m 01:34.71 32,62 250m 02:40.27 32,60 350m 03:45.88 32,77
100m 01:02.09 32,54 200m 02:07.67 32,96 300m 03:13.11 32,84
2. Loulou Vos (PSV, 199906128) 04:18.75(+73)
50m 00:29.66 29,66 150m 01:33.97 32,36 250m 02:39.30 32,66 350m 03:46.19 33,39
100m 01:01.61 31,95 200m 02:06.64 32,67 300m 03:12.80 33,50
3. Laura Setz (OC - Nova, 200000130) 04:19.03(+91)
50m 00:30.21 30,21 150m 01:34.85 32,84 250m 02:41.02 33,39 350m 03:47.48 33,25
100m 01:02.01 31,80 200m 02:07.63 32,78 300m 03:14.23 33,21
4. Marij van der Mast (PSV, 200000676) 04:21.13(+72)
50m 00:29.71 29,71 150m 01:34.28 32,65 250m 02:40.68 33,42 350m 03:47.95 33,52
100m 01:01.63 31,92 200m 02:07.26 32,98 300m 03:14.43 33,75
5. Leonie van Noort (WVZ, 199301752) 04:24.18(+80)
50m 00:30.56 30,56 150m 01:38.02 34,04 250m 02:45.23 33,05 350m 03:51.69 33,09
100m 01:03.98 33,42 200m 02:12.18 34,16 300m 03:18.60 33,37
6. Manon Ritten (Hellas-Glana, 200002440) 04:30.30(+81)
50m 00:30.64 30,64 150m 01:38.55 34,46 250m 02:47.96 34,65 350m 03:57.75 34,98
100m 01:04.09 33,45 200m 02:13.31 34,76 300m 03:22.77 34,81
7. Soraya Wasser (PSV, 199901358) 04:30.95(+70)
50m 00:31.34 31,34 150m 01:39.87 34,49 250m 02:48.66 34,32 350m 03:57.77 34,20
100m 01:05.38 34,04 200m 02:14.34 34,47 300m 03:23.57 34,91
8. Gaia Sterre Mirotti (VZC, 200305158) 04:33.74(+67)
50m 00:30.88 30,88 150m 01:39.06 34,36 250m 02:49.11 35,11 350m 03:59.37 35,09
100m 01:04.70 33,82 200m 02:14.00 34,94 300m 03:24.28 35,17
9. Bridget Vermeer (VZC, 200501766) 04:31.40(+79)
50m 00:31.34 31,34 150m 01:39.48 34,35 250m 02:48.71 34,96 350m 03:57.63 34,15
100m 01:05.13 33,79 200m 02:13.75 34,27 300m 03:23.48 34,77
10. Lize Janna de Vries (Orca, 200101948) 04:33.22(+84)
50m 00:31.10 31,10 150m 01:40.18 34,66 250m 02:49.86 34,82 350m 03:59.28 35,02
100m 01:05.52 34,42 200m 02:15.04 34,86 300m 03:24.26 34,40
11. Manon van Esch (TRB-RES, 199702090) 04:34.18(+68)
50m 00:31.31 31,31 150m 01:40.27 34,75 250m 02:50.62 35,40 350m 04:01.24 34,99
100m 01:05.52 34,21 200m 02:15.22 34,95 300m 03:26.25 35,63

12. Dorien Butter (The Hague Swimming (SG), 199606542)					04:34.28(+77)
50m	00:31.34	150m	01:42.09	250m	02:52.68
100m	01:06.50	200m	02:17.58	300m	03:27.75
	31,34		35,59		35,10
	35,16		35,49		34,25
13. Sophie de Jonge (WVZ, 200200118)					04:34.40(+84)
50m	00:30.88	150m	01:40.05	250m	02:50.54
100m	01:04.91	200m	02:15.27	300m	03:25.83
	30,88		35,14		35,27
	34,03		35,22		35,29
14. Madelon Dijkstra (ZPCH, 199703510)					04:35.21(+76)
50m	00:30.76	150m	01:39.70	250m	02:50.21
100m	01:04.77	200m	02:15.01	300m	03:25.72
	30,76		34,93		35,20
	34,01		35,31		35,46
15. Angelique van Vark (Z&PC De Gouwe, 199701478)					04:38.19(+70)
50m	00:31.12	150m	01:40.30	250m	02:51.64
100m	01:05.41	200m	02:16.04	300m	03:27.90
	31,12		34,89		35,60
	34,29		35,74		35,89
16. Kirsten Verhale (VZC, 200400210)					04:40.07(+78)
50m	00:31.07	150m	01:41.03	250m	02:52.35
100m	01:05.86	200m	02:16.33	300m	03:28.67
	31,07		35,17		36,02
	34,79		35,30		36,37
103. 100m rugslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Marc Evers (HPC PARA - ZV Haerlem, 199107425) [S14]					01:02.41(+68)
50m	00:30.49				
	30,49				
2. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]					01:07.63(+65)
50m	00:32.60				
	32,60				
3. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [S11]					01:13.61(+56)
50m	00:34.41				
	34,41				
4. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13]					01:03.68(+57)
50m	00:30.40				
	30,40				
5. Querijn Hensen (HPC PARA - ZPC AMERSFOORT, 200102121) [S10]					01:05.07(+71)
50m	00:31.03				
	31,03				
6. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]					01:07.44(+67)
50m	00:32.68				
	32,68				
7. Bram Daalman (ZV Haerlem, 200300629) [S14]					01:09.92(+74)
50m	00:33.75				
	33,75				
8. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]					01:25.43(+93)
50m	00:41.20				
	41,20				
3. 100m rugslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Tom Donker (PSV, 199805711)					00:55.58(+54)
50m	00:26.89				
	26,89				
2. Baptiste Leger (ES Massy Natation)					00:57.15(+57)
50m	00:27.67				
	27,67				
3. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)					00:57.22(+57)
50m	00:27.37				
	27,37				
4. Jelle Betten (OC - DZ&PC, 200001535)					00:57.52(+57)
50m	00:27.84				
	27,84				
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)					00:57.98(+60)
50m	00:28.43				
	28,43				
6. Dennis Kamps (De Dinkel, 200000191)					00:58.52(+63)
50m	00:28.43				
	28,43				
7. Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997)					00:59.14(+64)
50m	00:28.16				
	28,16				
8. Niek Heethaar (DWK, 199900999)					00:59.25(+61)
50m	00:28.29				
	28,29				

9. Aidan Baines (PSV, 200005761)				00:59.26(+66)
50m	00:28.97	28,97		
10. Raf Hendriks (Hellas-Glana, 200100879)				00:59.79(+58)
50m	00:29.39	29,39		
11. Tom Laarhuis (De Dinkel, 199800309)				00:59.84(+61)
50m	00:28.85	28,85		
12. Jorrick Druyven (DAW, 199400507)				00:59.96(+61)
50m	00:28.53	28,53		
13. Lars Verhalle (VZC, 200200019)				01:00.07(+65)
50m	00:29.39	29,39		
14. Melvin Prins (Wiekslag, 199500201)				01:00.83(+64)
50m	00:29.26	29,26		
15. Justus Ykema (De Dolfijn, 199900029)				01:01.64(+62)
50m	00:29.95	29,95		
16. Dave Holweg (ZPC AMERSFOORT, 199701521)				01:01.90(+69)
50m	00:29.78	29,78		
4. 200m rugslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Marieke Tienstra (OC - TriVia, 199900302)				02:14.15(+66)
50m	00:31.30	31,30	100m 01:05.75	34,45
150m	01:40.04	34,29		
1. Sterre Mooiweer (ZPC AMERSFOORT, 199800236)				02:14.15(+63)
50m	00:31.59	31,59	100m 01:05.92	34,33
150m	01:40.34	34,42		
3. Indy Jongman (OC - PSV, 200100528)				02:16.80(+62)
50m	00:31.82	31,82	100m 01:06.56	34,74
150m	01:42.09	35,53		
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928)				02:18.99(+73)
50m	00:33.20	33,20	100m 01:08.42	35,22
150m	01:43.47	35,05		
5. Manon Manning (Nova, 199904118)				02:21.28(+66)
50m	00:32.64	32,64	100m 01:08.38	35,74
150m	01:45.35	36,97		
6. Carlijn Hansté (WS Twente, 200201082)				02:21.80(+66)
50m	00:32.40	32,40	100m 01:07.61	35,21
150m	01:44.31	36,70		
7. Josse Bergman (VZC, 200305146)				02:24.13(+64)
50m	00:34.23	34,23	100m 01:10.47	36,24
150m	01:47.57	37,10		
8. Arianne Kooijnga (TriVia, 200001544)				02:25.77(+64)
50m	00:33.48	33,48	100m 01:10.66	37,18
150m	01:48.59	37,93		
9. Aniek van de Weerd (VZC, 200404136)				02:24.03(+66)
50m	00:34.32	34,32	100m 01:10.86	36,54
150m	01:48.30	37,44		
10. Wiktoria Redzimska (ZPC Hoogeveen, 200106042)				02:24.74(+63)
50m	00:34.13	34,13	100m 01:10.64	36,51
150m	01:47.90	37,26		
11. Yara van Kalmthout (Nova, 200200984)				02:27.33(+68)
50m	00:34.36	34,36	100m 01:11.05	36,69
150m	01:49.39	38,34		
12. Roma Vrijhof (De Lansingh, 200201306)				02:27.99(+73)
50m	00:34.09	34,09	100m 01:11.99	37,90
150m	01:50.44	38,45		
13. Sanne Ditzel (DWK, 199901092)				02:28.42(+62)
50m	00:34.21	34,21	100m 01:11.42	37,21
150m	01:50.08	38,66		
14. Suze Kuipers (Orca, 200301714)				02:28.73(+72)
50m	00:34.96	34,96	100m 01:12.28	37,32
150m	01:50.77	38,49		
15. Renée Vanderheyden (ReVeLie Swim Team, 199903130)				02:29.65(+64)
50m	00:34.03	34,03	100m 01:11.63	37,60
150m	01:50.54	38,91		
16. Isa Schellekens (SWNZ (SG), 200002330)				02:30.55(+69)

50m 00:35.41 35,41 100m 01:13.12 37,71 150m 01:51.96 38,84

5. 50m schoolslag - Heren

vanaf 11 jaar (Senioren Open)

1. Kasper Leeuw (ZPC AMERSFOORT, 199304435)	00:28.26(+63)
2. Wietse Waninge (ZPC AMERSFOORT, 199800023)	00:28.39(+65)
3. Thomas de Lange (WS Twente, 199701475)	00:28.46(+74)
4. Kingue Struijf (ZPC AMERSFOORT, 199400913)	00:28.77(+60)
5. Juri Dijkstra (OC - TriVia, 200002119)	00:29.08(+72)
6. Niels van Eck (ZPC Hoozeveen, 198900793)	00:29.31(+63)
7. Mark Baars (The Hague Swimming (SG), 198500059)	00:29.50(+60)
9. Jeroen Baars (The Hague Swimming (SG), 199200031)	00:29.01(+67)
10. Ardi Knol (DWK, 199603447)	00:29.16(+67)
11. Max Peters (De Dommelbaarzen, 199903123)	00:29.38(+69)
12. Jonne Schaafsma (The Hague Swimming (SG), 199800745)	00:29.44(+71)
13. Thomas Verhoeven (The Hague Swimming (SG), 199700311)	00:29.46(+69)
14. Duncan van Haaren (WIDEX GZC DONK, 200000681)	00:29.61(+69)
15. Koen Koster (HZPC, 199900517)	00:29.66(+68)
16. Nicholas Theunissen (De Dolfijn, 199605679)	00:29.81(+63)
DIS. Koen Lems (ZPC AMERSFOORT, 199603709)	00:00.00

106. 50m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]	00:30.45(+69)
2. Chantalle Zijderveld (HPC PARA - ZZ&PC De Devel, 200000702) [S10]	00:28.08(+63)
3. Jonne Moleman (LinK, 200006264) [S7]	00:35.02(+94)
4. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]	00:29.13(+87)
5. Florianne Bultje (HPC PARA - DWT, 199804342) [S10]	00:30.32(+77)
6. Iris Onnink (DWK, 200301836) [S10]	00:33.54(+74)
7. Rosalie van Druenen (De Warande, 200305066) [S9]	00:35.19(+47)

6. 50m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Tamara van Vliet (De Dolfijn, 199403562)	00:25.52(+70)
2. Valerie van Roon (HPC - WVZ, 199802326)	00:25.58(+67)
3. Robin Neumann (De Dolfijn, 199706190)	00:25.62(+63)
4. Marrit Steenbergen (HPC - DZ&PC, 200000086)	00:25.70(+76)
5. Elise Hardeman (ZPC AMERSFOORT, 200101068)	00:25.84(+69)
6. Nelly Velthuijs (PSV, 199404028)	00:25.97(+70)
7. Tessa Vermeulen (HPC - De Dolfijn, 199800068)	00:26.05(+72)
8. Sam van Nunen (PSV, 200100036)	00:26.11(+65)
9. Milou van Wijk (MNC Dordrecht, 200404948)	00:26.46(+77)
10. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:26.52(+70)
11. Indy Jonqman (OC - PSV, 200100528)	00:26.72(+72)

12. Britta Koehorst (OC - De Lansingh, 200300246)	00:26.73(+70)
13. Dorien Butter (The Hague Swimming (SG), 199606542)	00:26.95(+75)
14. Arianne Kooijinga (TriVia, 200001544)	00:27.11(+67)
15. Saskia de Klerk (GoSwim, 199004612)	00:27.14(+69)
16. Britt Cornelissens (Hellas-Glana, 200000632)	00:27.30(+73)
7. 200m vlinderslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Aaron Schmidt (SG Neuss, 265663) 50m 00:27.01 27,01 100m 00:57.78 30,77 150m 01:29.49 31,71	02:01.31(+66)
2. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627) 50m 00:26.99 26,99 100m 00:58.08 31,09 150m 01:29.78 31,70	02:01.65(+65)
3. Tim Hoogerwerf (DWK, 200005587) 50m 00:27.65 27,65 100m 00:59.20 31,55 150m 01:32.04 32,84	02:05.35(+70)
4. Daan Zwertbroek (PSV, 199900463) 50m 00:27.87 27,87 100m 00:59.60 31,73 150m 01:32.59 32,99	02:06.14(+70)
5. Junior de Bruin (OC - ZPC Hoogeveen, 200000839) 50m 00:27.96 27,96 100m 01:00.96 33,00 150m 01:33.99 33,03	02:07.59(+71)
6. Niels de Boer (Hellas-Glana, 200001977) 50m 00:28.70 28,70 100m 01:01.94 33,24 150m 01:36.95 35,01	02:13.94(+77)
7. Jesse van Dijk (ZPC AMERSFOORT, 199903259) 50m 00:28.35 28,35 100m 01:01.49 33,14 150m 01:37.46 35,97	02:14.50(+66)
8. Ebel van Geemen (WS Twente, 199901095) 50m 00:27.94 27,94 100m 01:01.61 33,67 150m 01:37.88 36,27	02:15.04(+73)
108. 100m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Chantalle Zijderveld (HPC PARA - ZZ&PC De Devel, 200000702) [SB9] 50m 00:35.47 35,47	01:15.06(+64)
2. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [SB9] 50m 00:35.42 35,42	01:16.32(+79)
3. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [SB11] 50m 00:42.44 42,44	01:29.98(+76)
4. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050) [SB9] 50m 00:38.92 38,92	01:23.59(+82)
5. Rosalie van Druenen (De Warande, 200305066) [SB8] 50m 00:47.98 47,98	01:43.88(+46)
8. 100m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Madelijne Schothans (De Dinkel, 200002416) 50m 00:33.81 33,81	01:10.64(+76)
2. Lynn Blommers (The Hague Swimming (SG), 200105062) 50m 00:32.74 32,74	01:11.05(+68)
3. Lonne Dijkhuis (De Dinkel, 199400030) 50m 00:32.48 32,48	01:11.63(+73)
4. Anouk Elzerman (De Dolfijn, 199005914) 50m 00:33.90 33,90	01:11.96(+75)
5. Anne Palmans (OC - WVZ, 200006324) 50m 00:33.92 33,92	01:12.20(+73)
6. Sanne Busch (PSV, 200101486)	01:12.22(+75)

	50m 00:33.87 33,87			
7.	Karin Rijkelijkhuisen (DZ&PC, 199403358) 50m 00:34.72 34,72			01:13.74(+70)
8.	Kim Jansen van Galen (PSV, 200201594) 50m 00:34.82 34,82			01:13.94(+80)
9.	Anouk Knippers (De Dinkel, 199700602) 50m 00:33.66 33,66			01:13.05(+75)
10.	Larissa Brak (ZPC AMERSFOORT, 198800572) 50m 00:34.06 34,06			01:13.27(+77)
11.	Robin Goossens (Nuenen, 200003128) 50m 00:34.94 34,94			01:14.60(+79)
12.	Birgit van Buiten (DWK, 200200498) 50m 00:35.14 35,14			01:14.76(+76)
13.	Silke Molendijk (VZC, 200100178) 50m 00:35.76 35,76			01:16.05(+72)
14.	Selene Wortel (Hieronymus, 199700654) 50m 00:36.01 36,01			01:16.37(+72)
15.	Inge Vieveen (OC - WVZ, 200100024) 50m 00:35.95 35,95			01:17.02(+81)
16.	Valesca van den Bogert (Hieronymus, 200102138) 50m 00:36.79 36,79			01:18.02(+76)
9.	200m vrije slag - Heren <i>vanaf 11 jaar (Senioren Open)</i>			
1.	Maarten Brzoskowski (HPC - PSV, 199500769) 50m 00:25.27 25,27 100m 00:52.27 27,00 150m 01:19.59 27,32			01:46.62(+64)
2.	Ben Schwiertert (HPC - ZPC AMERSFOORT, 199704831) 50m 00:25.91 25,91 100m 00:53.55 27,64 150m 01:22.08 28,53			01:50.57(+70)
3.	Bart Sommeling (OC - De Dolfijn, 199800765) 50m 00:25.76 25,76 100m 00:53.81 28,05 150m 01:22.75 28,94			01:50.75(+71)
4.	Dion Dreesens (KNZB, 199302189) 50m 00:26.44 26,44 100m 00:54.97 28,53 150m 01:23.97 29,00			01:53.04(+74)
5.	Erik Nijholt (DZ&PC, 199401349) 50m 00:26.37 26,37 100m 00:55.36 28,99 150m 01:24.73 29,37			01:53.45(+73)
6.	Valentin Borisavljevic (Leuven Aquatics, LAQUA/11189/97) 50m 00:26.59 26,59 100m 00:54.51 27,92 150m 01:23.81 29,30			01:53.48(+70)
7.	Alexander Skinner (Dolphins Swimming Club) 50m 00:26.31 26,31 100m 00:54.72 28,41 150m 01:24.38 29,66			01:54.61(+68)
8.	Lleyton Plattel (OC - PSV, 200204993) 50m 00:26.66 26,66 100m 00:55.70 29,04 150m 01:26.06 30,36			01:55.79(+66)
9.	Karst Boersma (De Dinkel, 199600849) 50m 00:27.17 27,17 100m 00:56.81 29,64 150m 01:27.09 30,28			01:56.82(+70)
10.	Rowan Keen (Borger, 199500727) 50m 00:27.39 27,39 100m 00:57.15 29,76 150m 01:27.36 30,21			01:57.08(+71)
11.	Nino Sieling (De Dolfijn, 199701845) 50m 00:27.32 27,32 100m 00:57.51 30,19 150m 01:27.36 29,85			01:57.14(+70)
12.	Ingmar Hartman (KSN (SG), 199801013) 50m 00:27.73 27,73 100m 00:57.86 30,13 150m 01:28.21 30,35			01:57.82(+77)
13.	Jorian Tanis (MNC Dordrecht, 199900327) 50m 00:27.55 27,55 100m 00:57.65 30,10 150m 01:28.53 30,88			01:58.74(+81)

14. Dave van der Voet (De Dolfijn, 200102783)		01:58.82(+72)
50m 00:27.94 27,94	100m 00:58.48 30,54	150m 01:29.69 31,21
15. Sem Zijl (De Dolfijn, 200204757)		01:59.41(+64)
50m 00:27.77 27,77	100m 00:58.56 30,79	150m 01:29.41 30,85
16. Raf Hendriks (Hellas-Glana, 200100879)		02:05.67(+82)
50m 00:28.72 28,72	100m 01:00.60 31,88	150m 01:33.26 32,66
10. 50m vlinderslag - Dames		
vanaf 11 jaar (Senioren Open)		
1. Kinge Zandringa (HPC - De Dolfijn, 199801422)		00:26.80(+66)
2. Elinore de Jong (The Hague Swimming (SG), 198902072)		00:27.04(+74)
3. Tamara van Vliet (De Dolfijn, 199403562)		00:27.35(+71)
4. Josien Wijkhuijs (Orca, 199902866)		00:27.38(+65)
5. Valerie van Roon (HPC - WVZ, 199802326)		00:27.51(+65)
6. Tessa Vermeulen (HPC - De Dolfijn, 199800068)		00:27.56(+72)
7. Lotte Hosper (OC - Racing Club, 200201414)		00:27.57(+71)
7. Chefanja Nunes (OC - WVZ, 200104750)		00:27.57(+66)
9. Danique Stoop (Zuiderzeewemmers, 199106956)		00:28.15(+68)
10. Mendy de Rooi (DWK, 199700780)		00:28.27(+64)
11. Britta Koehorst (OC - De Lansingh, 200300246)		00:28.41(+77)
12. Sam van Nunen (PSV, 200100036)		00:28.44(+70)
13. Jonna Wieling (Aquarijn, 200205266)		00:28.64(+72)
14. Julia van Leeuwen (PSV, 200001464)		00:28.80(+71)
15. Manon Compagner (Dedemsvaart-AC, 200101710)		00:28.83(+74)
16. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)		00:29.08(+67)
11. 4x100m wisselslag heren		
vanaf 11 jaar (Senioren Open)		
1. PSV		03:47.83
Tom Donker 1998 (+51)	50m 00:26.84 26,84	
Tom Donker 1998 (+51)	100m 00:55.09 28,25	
Thom Delno 2000 (+39)	150m 01:24.80 29,71	
Thom Delno 2000 (+39)	200m 01:59.77 34,97	
Niklas David Yeboah 1998 (+7)	250m 02:25.55 25,78	
Niklas David Yeboah 1998 (+7)	300m 02:55.81 30,26	
Guus van Stiphout 1995 (+13)	350m 03:19.76 23,95	
Guus van Stiphout 1995 (+13)	400m 03:47.83 28,07	
2. DWK		03:49.25
Niek Heethaar 1999 (+61)	50m 00:28.27 28,27	
Niek Heethaar 1999 (+61)	100m 00:58.94 30,67	
Ardi Knol 1996 (+51)	150m 01:28.50 29,56	
Ardi Knol 1996 (+51)	200m 02:02.86 34,36	
Luuk Nijland 1997 (+30)	250m 02:27.41 24,55	
Luuk Nijland 1997 (+30)	300m 02:57.65 30,24	
Stephan Putman 1995 (+36)	350m 03:21.91 24,26	
Stephan Putman 1995 (+36)	400m 03:49.25 27,34	
3. De Dolfijn		03:49.45
Nino Sieling 1997 (+64)	50m 00:28.49 28,49	
Nino Sieling 1997 (+64)	100m 00:59.30 30,81	
Nicholas Theunissen 1996 (+30)	150m 01:28.81 29,51	
Nicholas Theunissen 1996 (+30)	200m 02:03.45 34,64	
Ruben Stam 1998 (+16)	250m 02:28.17 24,72	
Ruben Stam 1998 (+16)	300m 02:58.09 29,92	

Tom Lommers 1990 (+18)	350m	03:22.59	24,50	
Tom Lommers 1990 (+18)	400m	03:49.45	26,86	
4. ZPC AMERSFOORT				03:49.69
Austin Namesnik 2001 (+62)	50m	00:28.96	28,96	
Austin Namesnik 2001 (+62)	100m	00:59.14	30,18	
Wietse Waninge 1998 (+26)	150m	01:27.81	28,67	
Wietse Waninge 1998 (+26)	200m	02:00.79	32,98	
Jesse van Dijk 1999 (+18)	250m	02:26.64	25,85	
Jesse van Dijk 1999 (+18)	300m	02:57.73	31,09	
Kingue Struijf 1994	350m	03:22.38	24,65	
Kingue Struijf 1994	400m	03:49.69	27,31	
5. The Hague Swimming (SG)				03:54.93
Mark Baars 1985 (+63)	50m	00:29.43	29,43	
Mark Baars 1985 (+63)	100m	01:01.32	31,89	
Jonne Schaafsma 1998 (+41)	150m	01:31.21	29,89	
Jonne Schaafsma 1998 (+41)	200m	02:06.07	34,86	
Jeroen Baars 1992 (+45)	250m	02:31.23	25,16	
Jeroen Baars 1992 (+45)	300m	03:02.22	30,99	
Brandon van den Berg 2002 (+22)	350m	03:27.35	25,13	
Brandon van den Berg 2002 (+22)	400m	03:54.93	27,58	
6. TriVia				04:02.10
Dennis Cramer 1992 (+69)	50m	00:30.63	30,63	
Dennis Cramer 1992 (+69)	100m	01:03.28	32,65	
Roy Smeenge 1993 (+56)	150m	01:34.82	31,54	
Roy Smeenge 1993 (+56)	200m	02:12.55	37,73	
Matthijs van Meerendonk 1999 (+36)	250m	02:38.25	25,70	
Matthijs van Meerendonk 1999 (+36)	300m	03:08.56	30,31	
Richard Kuipers 1997 (+10)	350m	03:33.67	25,11	
Richard Kuipers 1997 (+10)	400m	04:02.10	28,43	
7. De Dinkel				04:03.64
Dennis Kamps 2000 (+66)	50m	00:28.84	28,84	
Dennis Kamps 2000 (+66)	100m	00:59.60	30,76	
Jurre Hanstede 2002 (+38)	150m	01:32.39	32,79	
Jurre Hanstede 2002 (+38)	200m	02:11.08	38,69	
Karst Boersma 1996 (+27)	250m	02:37.87	26,79	
Karst Boersma 1996 (+27)	300m	03:10.58	32,71	
Tom Laarhuis 1998 (+24)	350m	03:35.77	25,19	
Tom Laarhuis 1998 (+24)	400m	04:03.64	27,87	
8. De Dolfijn				04:10.03
Dave van der Voet 2001 (+80)	50m	00:30.80	30,80	
Dave van der Voet 2001 (+80)	100m	01:03.41	32,61	
Justus Ykema 1999 (+26)	150m	01:35.70	32,29	
Justus Ykema 1999 (+26)	200m	02:14.80	39,10	
Sem Zijl 2002 (+42)	250m	02:42.74	27,94	
Sem Zijl 2002 (+42)	300m	03:17.41	34,67	
Jesse van der A 1999 (+34)	350m	03:42.28	24,87	
Jesse van der A 1999 (+34)	400m	04:10.03	27,75	
12. 4x200m vrije slag dames				
vanaf 11 jaar (Senioren Open)				
1. PSV				08:22.55
Loulou Vos 1999 (+75)	50m	00:28.77	28,77	
Loulou Vos 1999 (+75)	100m	00:59.89	31,12	
Loulou Vos 1999 (+75)	150m	01:31.73	31,84	
Loulou Vos 1999 (+75)	200m	02:03.77	32,04	
Soraya Wasser 1999 (+27)	250m	02:32.97	29,20	
Soraya Wasser 1999 (+27)	300m	03:05.53	32,56	
Soraya Wasser 1999 (+27)	350m	03:38.58	33,05	
Soraya Wasser 1999 (+27)	400m	04:11.00	32,42	
Nelly Velthuijs 1994 (+42)	450m	04:39.30	28,30	
Nelly Velthuijs 1994 (+42)	500m	05:11.99	32,69	
Nelly Velthuijs 1994 (+42)	550m	05:45.38	33,39	
Nelly Velthuijs 1994 (+42)	600m	06:17.27	31,89	

Marij van der Mast 2000 (+28) 650m 06:46.00 28,73
Marij van der Mast 2000 (+28) 700m 07:17.14 31,14
Marij van der Mast 2000 (+28) 750m 07:49.88 32,74
Marij van der Mast 2000 (+28) 800m 08:22.55 32,67

2. De Dolfijn

08:29.87

Tamara Grove 1996 (+69) 50m 00:29.40 29,40
Tamara Grove 1996 (+69) 100m 01:02.17 32,77
Tamara Grove 1996 (+69) 150m 01:36.10 33,93
Tamara Grove 1996 (+69) 200m 02:09.86 33,76
Mirl de Boer 1997 (+30) 250m 02:38.92 29,06
Mirl de Boer 1997 (+30) 300m 03:11.43 32,51
Mirl de Boer 1997 (+30) 350m 03:45.42 33,99
Mirl de Boer 1997 (+30) 400m 04:18.97 33,55
Kaylin Stel 2001 (+41) 450m 04:47.97 29,00
Kaylin Stel 2001 (+41) 500m 05:20.61 32,64
Kaylin Stel 2001 (+41) 550m 05:55.43 34,82
Kaylin Stel 2001 (+41) 600m 06:29.91 34,48
Robin Neumann 1997 (+22) 650m 06:57.32 27,41
Robin Neumann 1997 (+22) 700m 07:27.50 30,18
Robin Neumann 1997 (+22) 750m 07:58.55 31,05
Robin Neumann 1997 (+22) 800m 08:29.87 31,32

3. The Hague Swimming (SG)

08:38.79

Dorien Butter 1996 (+77) 50m 00:28.89 28,89
Dorien Butter 1996 (+77) 100m 01:00.69 31,80
Dorien Butter 1996 (+77) 150m 01:34.16 33,47
Dorien Butter 1996 (+77) 200m 02:08.16 34,00
Ilse Kraaijeveld 2002 (+44) 250m 02:37.06 28,90
Ilse Kraaijeveld 2002 (+44) 300m 03:09.99 32,93
Ilse Kraaijeveld 2002 (+44) 350m 03:44.60 34,61
Ilse Kraaijeveld 2002 (+44) 400m 04:18.57 33,97
Lynn Blommers 2001 (+36) 450m 04:47.88 29,31
Lynn Blommers 2001 (+36) 500m 05:21.13 33,25
Lynn Blommers 2001 (+36) 550m 05:56.50 35,37
Lynn Blommers 2001 (+36) 600m 06:31.16 34,66
Femke Hoppenbrouwer 2003 (+38) 650m 06:59.77 28,61
Femke Hoppenbrouwer 2003 (+38) 700m 07:31.73 31,96
Femke Hoppenbrouwer 2003 (+38) 750m 08:05.22 33,49
Femke Hoppenbrouwer 2003 (+38) 800m 08:38.79 33,57

4. WVZ

08:42.86

Sophie de Jonge 2002 (+42) 50m 00:29.96 29,96
Sophie de Jonge 2002 (+42) 100m 01:02.92 32,96
Sophie de Jonge 2002 (+42) 150m 01:36.86 33,94
Sophie de Jonge 2002 (+42) 200m 02:10.54 33,68
Inge Vieveen 2001 250m 02:40.74 30,20
Inge Vieveen 2001 300m 03:13.89 33,15
Inge Vieveen 2001 350m 03:48.68 34,79
Inge Vieveen 2001 400m 04:22.34 33,66
Chefanja Nunes 2001 (+55) 450m 04:53.53 31,19
Chefanja Nunes 2001 (+55) 500m 05:28.37 34,84
Chefanja Nunes 2001 (+55) 550m 06:04.10 35,73
Chefanja Nunes 2001 (+55) 600m 06:37.98 33,88
Leonie van Noort 1993 650m 07:06.24 28,26
Leonie van Noort 1993 700m 07:37.79 31,55
Leonie van Noort 1993 750m 08:10.23 32,44
Leonie van Noort 1993 800m 08:42.86 32,63

5. VZC

08:44.80

Silke Molendijk 2001 (+70) 50m 00:30.55 30,55
Silke Molendijk 2001 (+70) 100m 01:03.83 33,28
Silke Molendijk 2001 (+70) 150m 01:37.85 34,02
Silke Molendijk 2001 (+70) 200m 02:10.64 32,79
Gaia Sterre Mirotti 2003 (+13) 250m 02:40.12 29,48
Gaia Sterre Mirotti 2003 (+13) 300m 03:13.58 33,46
Gaia Sterre Mirotti 2003 (+13) 350m 03:48.15 34,57
Gaia Sterre Mirotti 2003 (+13) 400m 04:21.36 33,21

Kirsten Verhalle 2004 (+48)	450m	04:51.24	29,88
Kirsten Verhalle 2004 (+48)	500m	05:25.00	33,76
Kirsten Verhalle 2004 (+48)	550m	05:59.38	34,38
Kirsten Verhalle 2004 (+48)	600m	06:33.15	33,77
Josse Bergman 2003 (+45)	650m	07:03.23	30,08
Josse Bergman 2003 (+45)	700m	07:36.36	33,13
Josse Bergman 2003 (+45)	750m	08:10.64	34,28
Josse Bergman 2003 (+45)	800m	08:44.80	34,16

6. Hellas-Glana

08:54.54

Imke Beekman 2003 (+77)	50m	00:30.35	30,35
Imke Beekman 2003 (+77)	100m	01:03.65	33,30
Imke Beekman 2003 (+77)	150m	01:38.08	34,43
Imke Beekman 2003 (+77)	200m	02:11.83	33,75
Britt Cornelissens 2000 (+45)	250m	02:43.01	31,18
Britt Cornelissens 2000 (+45)	300m	03:17.89	34,88
Britt Cornelissens 2000 (+45)	350m	03:54.73	36,84
Britt Cornelissens 2000 (+45)	400m	04:31.09	36,36
Kim Rebergen 2001 (+37)	450m	05:01.42	30,33
Kim Rebergen 2001 (+37)	500m	05:35.29	33,87
Kim Rebergen 2001 (+37)	550m	06:10.31	35,02
Kim Rebergen 2001 (+37)	600m	06:44.89	34,58
Manon Ritten 2000 (+50)	650m	07:14.66	29,77
Manon Ritten 2000 (+50)	700m	07:47.15	32,49
Manon Ritten 2000 (+50)	750m	08:21.49	34,34
Manon Ritten 2000 (+50)	800m	08:54.54	33,05

7. Dedemsvaart-AC

09:01.74

Manon Compagner 2001 (+78)	50m	00:30.81	30,81
Manon Compagner 2001 (+78)	100m	01:04.89	34,08
Manon Compagner 2001 (+78)	150m	01:40.10	35,21
Manon Compagner 2001 (+78)	200m	02:14.86	34,76
Tessa van de Belt 2001 (+15)	250m	02:45.59	30,73
Tessa van de Belt 2001 (+15)	300m	03:19.87	34,28
Tessa van de Belt 2001 (+15)	350m	03:56.13	36,26
Tessa van de Belt 2001 (+15)	400m	04:32.38	36,25
Michelle Zomerdijk 2000 (+32)	450m	05:02.21	29,83
Michelle Zomerdijk 2000 (+32)	500m	05:36.85	34,64
Michelle Zomerdijk 2000 (+32)	550m	06:13.22	36,37
Michelle Zomerdijk 2000 (+32)	600m	06:49.86	36,64
Hanne te Velthuis 2002 (+50)	650m	07:18.96	29,10
Hanne te Velthuis 2002 (+50)	700m	07:51.81	32,85
Hanne te Velthuis 2002 (+50)	750m	08:26.64	34,83
Hanne te Velthuis 2002 (+50)	800m	09:01.74	35,10

8. TriVia

09:07.46

Tessa Kooi 2002 (+79)	50m	00:30.95	30,95
Tessa Kooi 2002 (+79)	100m	01:05.44	34,49
Tessa Kooi 2002 (+79)	150m	01:41.97	36,53
Tessa Kooi 2002 (+79)	200m	02:18.23	36,26
Myrthe Natzijl 2004 (+34)	250m	02:49.88	31,65
Myrthe Natzijl 2004 (+34)	300m	03:25.07	35,19
Myrthe Natzijl 2004 (+34)	350m	04:01.80	36,73
Myrthe Natzijl 2004 (+34)	400m	04:38.07	36,27
Mariëlle Dolfijn 2002 (+49)	450m	05:07.92	29,85
Mariëlle Dolfijn 2002 (+49)	500m	05:41.68	33,76
Mariëlle Dolfijn 2002 (+49)	550m	06:16.01	34,33
Mariëlle Dolfijn 2002 (+49)	600m	06:50.18	34,17
Inge Dekker 2002 (+39)	650m	07:20.57	30,39
Inge Dekker 2002 (+39)	700m	07:55.57	35,00
Inge Dekker 2002 (+39)	750m	08:31.66	36,09
Inge Dekker 2002 (+39)	800m	09:07.46	35,80

Open Nederlandse Kampioenschappen Lange Baan sessie 3- series - zaterdag 22 juni 2019 om 09:00u (50 m)

Aanvangstijd juryvergadering: 07:45u

13. 4x100m vrije slag

vanaf 11 jaar

1. Orca			03:41.83
Dominique Sikkema 1995 (+64)	50m	00:24.63	24,63
Dominique Sikkema 1995 (+64)	100m	00:52.02	27,39
David Kuipers 2000 (+13)	150m	01:18.16	26,14
David Kuipers 2000 (+13)	200m	01:46.70	28,54
Josien Wijkhuijs 1999 (+18)	250m	02:14.50	27,80
Josien Wijkhuijs 1999 (+18)	300m	02:44.61	30,11
Silke Huisman 2003 (+37)	350m	03:11.91	27,30
Silke Huisman 2003 (+37)	400m	03:41.83	29,92
2. De Dolfijn			03:43.78
Jesse van der A 1999 (+64)	50m	00:25.04	25,04
Jesse van der A 1999 (+64)	100m	00:52.68	27,64
Nino Sieling 1997 (+30)	150m	01:18.10	25,42
Nino Sieling 1997 (+30)	200m	01:45.90	27,80
Tamara Grove 1996 (+46)	250m	02:13.86	27,96
Tamara Grove 1996 (+46)	300m	02:44.82	30,96
Mirl de Boer 1997 (+28)	350m	03:12.63	27,81
Mirl de Boer 1997 (+28)	400m	03:43.78	31,15
3. ZPC AMERSFOORT			03:44.04
Austin Namesnik 2001 (+63)	50m	00:25.98	25,98
Austin Namesnik 2001 (+63)	100m	00:52.93	26,95
Bas Morelissen 2001 (+28)	150m	01:18.44	25,51
Bas Morelissen 2001 (+28)	200m	01:46.18	27,74
Ymke Dragstra 2003 (+48)	250m	02:15.45	29,27
Ymke Dragstra 2003 (+48)	300m	02:47.65	32,20
Elise Hardeman 2001 (+46)	350m	03:14.80	27,15
Elise Hardeman 2001 (+46)	400m	03:44.04	29,24
4. The Hague Swimming (SG)			03:45.01
Jonne Schaafsma 1998 (+73)	50m	00:26.24	26,24
Jonne Schaafsma 1998 (+73)	100m	00:53.78	27,54
Mark Baars 1985 (+48)	150m	01:19.49	25,71
Mark Baars 1985 (+48)	200m	01:46.86	27,37
Lynn Blommers 2001 (+27)	250m	02:15.12	28,26
Lynn Blommers 2001 (+27)	300m	02:46.28	31,16
Dorien Butter 1996 (+39)	350m	03:14.25	27,97
Dorien Butter 1996 (+39)	400m	03:45.01	30,76
5. Aquarijn			03:45.25
Joan Kentrop 1985 (+75)	50m	00:25.53	25,53
Joan Kentrop 1985 (+75)	100m	00:53.51	27,98
Bjorn van Doesburg 2002 (+36)	150m	01:18.05	24,54
Bjorn van Doesburg 2002 (+36)	200m	01:44.88	26,83
Marin Wieling 2005 (+40)	250m	02:13.58	28,70
Marin Wieling 2005 (+40)	300m	02:46.17	32,59
Jonna Wieling 2002 (+28)	350m	03:13.54	27,37
Jonna Wieling 2002 (+28)	400m	03:45.25	31,71
6. De Dolfijn			03:46.57
Dave van der Voet 2001 (+69)	50m	00:26.31	26,31
Dave van der Voet 2001 (+69)	100m	00:54.10	27,79
Elroy Schot 2002 (+41)	150m	01:19.65	25,55
Elroy Schot 2002 (+41)	200m	01:47.76	28,11
Amber Celie 2003 (+28)	250m	02:16.03	28,27
Amber Celie 2003 (+28)	300m	02:47.39	31,36
Kaylin Stel 2001 (+18)	350m	03:14.83	27,44
Kaylin Stel 2001 (+18)	400m	03:46.57	31,74
7. Dedemsvaart-AC			03:47.09
Leon van den Hof 2002 (+67)	50m	00:25.78	25,78
Leon van den Hof 2002 (+67)	100m	00:54.43	28,65
Sepp Kalter 1997 (+34)	150m	01:20.08	25,65
Sepp Kalter 1997 (+34)	200m	01:48.24	28,16
Hanne te Velthuis 2002 (+48)	250m	02:16.59	28,35

Hanne te Velthuis 2002 (+48)	300m	02:48.05	31,46	
Manon Compagner 2001 (+33)	350m	03:16.04	27,99	
Manon Compagner 2001 (+33)	400m	03:47.09	31,05	
8. PSV				03:47.68
Aidan Baines 2000 (+73)	50m	00:26.15	26,15	
Aidan Baines 2000 (+73)	100m	00:55.06	28,91	
Guus van Stiphout 1995 (+25)	150m	01:20.00	24,94	
Guus van Stiphout 1995 (+25)	200m	01:47.67	27,67	
Marit de Lau 2001 (+21)	250m	02:17.19	29,52	
Marit de Lau 2001 (+21)	300m	02:48.62	31,43	
Soraya Wasser 1999 (+33)	350m	03:17.16	28,54	
Soraya Wasser 1999 (+33)	400m	03:47.68	30,52	
9. De Dinkel				03:47.70
Karst Boersma 1996 (+72)	50m	00:25.60	25,60	
Karst Boersma 1996 (+72)	100m	00:52.53	26,93	
Tom Laarhuis 1998 (+23)	150m	01:17.64	25,11	
Tom Laarhuis 1998 (+23)	200m	01:45.56	27,92	
Laura Rolink 1999 (+42)	250m	02:15.50	29,94	
Laura Rolink 1999 (+42)	300m	02:47.22	31,72	
Anouk Knippers 1997 (+48)	350m	03:16.13	28,91	
Anouk Knippers 1997 (+48)	400m	03:47.70	31,57	
10. DZ&PC				03:47.82
Erik Nijholt 1994 (+72)	50m	00:25.68	25,68	
Erik Nijholt 1994 (+72)	100m	00:52.78	27,10	
Hidde Betten 2002 (+40)	150m	01:20.23	27,45	
Hidde Betten 2002 (+40)	200m	01:50.77	30,54	
Myrna van Duijven 1999 (+24)	250m	02:18.63	27,86	
Myrna van Duijven 1999 (+24)	300m	02:48.85	30,22	
Lisanne Hassing 1997 (+45)	350m	03:17.21	28,36	
Lisanne Hassing 1997 (+45)	400m	03:47.82	30,61	
11. TriVia				03:48.17
Richard Kuipers 1997 (+75)	50m	00:26.23	26,23	
Richard Kuipers 1997 (+75)	100m	00:54.17	27,94	
Sebastiaan Rottier 2000 (+23)	150m	01:20.52	26,35	
Sebastiaan Rottier 2000 (+23)	200m	01:50.13	29,61	
Mariëlle Dolfijn 2002 (+47)	250m	02:18.34	28,21	
Mariëlle Dolfijn 2002 (+47)	300m	02:49.50	31,16	
Arianne Kooijinga 2000 (+26)	350m	03:17.18	27,68	
Arianne Kooijinga 2000 (+26)	400m	03:48.17	30,99	
12. Hellas-Glana				03:48.30
Lars Kerremans 2001 (+71)	50m	00:26.40	26,40	
Lars Kerremans 2001 (+71)	100m	00:55.64	29,24	
Manon Ritten 2000 (+41)	150m	01:23.72	28,08	
Manon Ritten 2000 (+41)	200m	01:54.77	31,05	
Britt Cornelissens 2000 (+43)	250m	02:23.85	29,08	
Britt Cornelissens 2000 (+43)	300m	02:55.75	31,90	
Lucas Greven 1995 (+40)	350m	03:20.85	25,10	
Lucas Greven 1995 (+40)	400m	03:48.30	27,45	
13. DWK				03:50.41
Tim Hoogerwerf 2000 (+74)	50m	00:25.77	25,77	
Tim Hoogerwerf 2000 (+74)	100m	00:53.57	27,80	
Serginni Marten 1993 (+13)	150m	01:18.89	25,32	
Serginni Marten 1993 (+13)	200m	01:46.36	27,47	
Sanne Ditzel 1999 (+48)	250m	02:15.64	29,28	
Sanne Ditzel 1999 (+48)	300m	02:48.20	32,56	
Isabel Aardema 2001 (+47)	350m	03:18.04	29,84	
Isabel Aardema 2001 (+47)	400m	03:50.41	32,37	
14. WS Twente				03:50.69
Roëlle op de Haar 2001 (+74)	50m	00:28.67	28,67	
Roëlle op de Haar 2001 (+74)	100m	01:00.81	32,14	
Ebel van Geemen 1999 (+47)	150m	01:27.21	26,40	
Ebel van Geemen 1999 (+47)	200m	01:56.28	29,07	

Lieke Oude Lenferink 2002 (+45)	250m	02:24.22	27,94	
Lieke Oude Lenferink 2002 (+45)	300m	02:55.47	31,25	
Thomas de Lange 1997 (+67)	350m	03:21.87	26,40	
Thomas de Lange 1997 (+67)	400m	03:50.69	28,82	
15. Hellas-Glana				03:55.01
Niels de Boer 2000 (+74)	50m	00:26.83	26,83	
Niels de Boer 2000 (+74)	100m	00:56.40	29,57	
Imke Beekman 2003 (+55)	150m	01:25.95	29,55	
Imke Beekman 2003 (+55)	200m	01:58.08	32,13	
Judith Houtvast 2003 (+54)	250m	02:27.32	29,24	
Judith Houtvast 2003 (+54)	300m	02:59.77	32,45	
Raf Hendriks 2001 (+23)	350m	03:25.68	25,91	
Raf Hendriks 2001 (+23)	400m	03:55.01	29,33	
16. Nuenen				03:57.01
Alexander Nijst 2001 (+68)	50m	00:26.71	26,71	
Alexander Nijst 2001 (+68)	100m	00:55.32	28,61	
Joeri Phaff 1997 (+23)	150m	01:22.95	27,63	
Joeri Phaff 1997 (+23)	200m	01:53.63	30,68	
Susan Teijken 1995 (+24)	250m	02:23.31	29,68	
Susan Teijken 1995 (+24)	300m	02:56.16	32,85	
Nikita van den Ouden 1999 (+30)	350m	03:24.65	28,49	
Nikita van den Ouden 1999 (+30)	400m	03:57.01	32,36	
17. ZV De Zaan				03:59.98
Sander Dorland 1999 (+76)	50m	00:27.13	27,13	
Sander Dorland 1999 (+76)	100m	00:56.59	29,46	
Laura van der Veen 1994 (+43)	150m	01:25.86	29,27	
Laura van der Veen 1994 (+43)	200m	01:57.98	32,12	
Daan Swart 2001 (+60)	250m	02:25.12	27,14	
Daan Swart 2001 (+60)	300m	02:57.04	31,92	
Jennifer Tuijp 2000 (+51)	350m	03:26.63	29,59	
Jennifer Tuijp 2000 (+51)	400m	03:59.98	33,35	
18. Dedemsvaart-AC				04:00.70
Jesper Kloek 1990 (+74)	50m	00:27.04	27,04	
Jesper Kloek 1990 (+74)	100m	00:57.83	30,79	
Robert Dekker 1984 (+37)	150m	01:24.69	26,86	
Robert Dekker 1984 (+37)	200m	01:56.06	31,37	
Tessa van de Belt 2001 (+31)	250m	02:25.56	29,50	
Tessa van de Belt 2001 (+31)	300m	02:57.86	32,30	
Michelle Zomerdijk 2000 (+31)	350m	03:27.32	29,46	
Michelle Zomerdijk 2000 (+31)	400m	04:00.70	33,38	
19. ZPV Barracuda				04:04.97
Mark Hensen 1979 (+81)	50m	00:27.57	27,57	
Mark Hensen 1979 (+81)	100m	00:58.65	31,08	
Melissa van der Heijden 1996 (+36)	150m	01:28.69	30,04	
Melissa van der Heijden 1996 (+36)	200m	02:01.14	32,45	
Robin Pienaar 2001 (+37)	250m	02:31.70	30,56	
Robin Pienaar 2001 (+37)	300m	03:05.99	34,29	
Pascal van Haren 1987 (+44)	350m	03:33.96	27,97	
Pascal van Haren 1987 (+44)	400m	04:04.97	31,01	
20. Zwemvereniging Hoogland				04:06.34
Sander Kartman 1998 (+64)	50m	00:26.45	26,45	
Sander Kartman 1998 (+64)	100m	00:56.84	30,39	
Dick Kampman 1988 (+46)	150m	01:25.23	28,39	
Dick Kampman 1988 (+46)	200m	01:56.53	31,30	
Anne-Irene Ducheine 1995 (+30)	250m	02:28.44	31,91	
Anne-Irene Ducheine 1995 (+30)	300m	03:03.65	35,21	
Myra Smulders 1999 (+22)	350m	03:33.37	29,72	
Myra Smulders 1999 (+22)	400m	04:06.34	32,97	
14. 800m vrije slag - Dames				
vanaf 11 jaar (Senioren Open)				
1. Loulou Vos (PSV, 199906128)				08:49.82(+76)
50m	00:30.87	30,87	250m 02:45.95	34,01
			450m 04:59.89	33,14
			650m 07:12.65	33,17

100m	01:03.97 33,10	300m	03:19.82 33,87	500m	05:33.07 33,18	700m	07:45.79 33,14	
150m	01:37.62 33,65	350m	03:53.08 33,26	550m	06:06.28 33,21	750m	08:18.30 32,51	
200m	02:11.94 34,32	400m	04:26.75 33,67	600m	06:39.48 33,20			
2. Serena Stel (OC - De Dolfijn, 199801528)								08:52.05(+67)
50m	00:30.15 30,15	250m	02:44.49 34,17	450m	05:00.31 33,32	650m	07:14.29 33,28	
100m	01:02.94 32,79	300m	03:18.83 34,34	500m	05:33.74 33,43	700m	07:48.22 33,93	
150m	01:36.41 33,47	350m	03:52.92 34,09	550m	06:07.27 33,53	750m	08:20.40 32,18	
200m	02:10.32 33,91	400m	04:26.99 34,07	600m	06:41.01 33,74			
3. Laura Setz (OC - Nova, 200000130)								08:53.85(+86)
50m	00:30.68 30,68	250m	02:44.82 34,01	450m	05:01.12 34,00	650m	07:14.39 33,39	
100m	01:03.46 32,78	300m	03:19.11 34,29	500m	05:34.32 33,20	700m	07:47.93 33,54	
150m	01:36.98 33,52	350m	03:53.55 34,44	550m	06:07.73 33,41	750m	08:21.49 33,56	
200m	02:10.81 33,83	400m	04:27.12 33,57	600m	06:41.00 33,27			
4. Marij van der Mast (PSV, 200000676)								08:55.33(+73)
50m	00:31.30 31,30	250m	02:48.50 34,27	450m	05:01.83 32,92	650m	07:14.88 33,37	
100m	01:05.44 34,14	300m	03:22.42 33,92	500m	05:34.77 32,94	700m	07:48.53 33,65	
150m	01:39.63 34,19	350m	03:55.70 33,28	550m	06:08.13 33,36	750m	08:22.32 33,79	
200m	02:14.23 34,60	400m	04:28.91 33,21	600m	06:41.51 33,38			
5. Leonie van Noort (WVZ, 199301752)								09:06.98(+81)
50m	00:31.02 31,02	250m	02:48.95 34,53	450m	05:07.02 34,23	650m	07:24.82 34,29	
100m	01:04.99 33,97	300m	03:23.33 34,38	500m	05:41.58 34,56	700m	07:59.60 34,78	
150m	01:39.50 34,51	350m	03:58.02 34,69	550m	06:15.95 34,37	750m	08:33.55 33,95	
200m	02:14.42 34,92	400m	04:32.79 34,77	600m	06:50.53 34,58			
6. Bridget Vermeer (VZC, 200501766)								09:22.70(+67)
50m	00:31.30 31,30	250m	02:51.23 34,85	450m	05:14.11 36,12	650m	07:37.33 35,75	
100m	01:06.43 35,13	300m	03:26.77 35,54	500m	05:49.95 35,84	700m	08:12.34 35,01	
150m	01:41.38 34,95	350m	04:02.30 35,53	550m	06:25.58 35,63	750m	08:47.99 35,65	
200m	02:16.38 35,00	400m	04:37.99 35,69	600m	07:01.58 36,00			
7. Madelon Dijkstra (ZPCH, 199703510)								09:24.35(+77)
50m	00:31.54 31,54	250m	02:52.99 35,90	450m	05:17.01 35,98	650m	07:40.21 35,45	
100m	01:05.78 34,24	300m	03:28.90 35,91	500m	05:53.02 36,01	700m	08:15.75 35,54	
150m	01:41.22 35,44	350m	04:04.85 35,95	550m	06:28.83 35,81	750m	08:50.79 35,04	
200m	02:17.09 35,87	400m	04:41.03 36,18	600m	07:04.76 35,93			
8. Lize Janna de Vries (Orca, 200101948)								09:26.10(+82)
50m	00:31.50 31,50	250m	02:53.62 35,66	450m	05:17.15 35,95	650m	07:41.26 36,16	
100m	01:06.56 35,06	300m	03:29.49 35,87	500m	05:53.16 36,01	700m	08:17.19 35,93	
150m	01:42.06 35,50	350m	04:05.29 35,80	550m	06:29.14 35,98	750m	08:52.40 35,21	
200m	02:17.96 35,90	400m	04:41.20 35,91	600m	07:05.10 35,96			
9. Lize van den Nieuwenhuijzen (Nextline Swimming, 200304454)								09:38.45(+82)
50m	00:32.46 32,46	250m	02:56.43 36,83	450m	05:22.80 36,59	650m	07:50.53 36,91	
100m	01:07.50 35,04	300m	03:33.25 36,82	500m	05:59.55 36,75	700m	08:27.06 36,53	
150m	01:43.35 35,85	350m	04:09.75 36,50	550m	06:36.66 37,11	750m	09:03.50 36,44	
200m	02:19.60 36,25	400m	04:46.21 36,46	600m	07:13.62 36,96			
10. Manon van Esch (TRB-RES, 199702090)								09:40.39(+71)
50m	00:31.95 31,95	250m	02:54.03 36,23	450m	05:21.99 37,43	650m	07:50.81 37,54	
100m	01:06.26 34,31	300m	03:30.49 36,46	500m	05:58.97 36,98	700m	08:27.72 36,91	
150m	01:41.85 35,59	350m	04:07.49 37,00	550m	06:36.42 37,45	750m	09:05.06 37,34	
200m	02:17.80 35,95	400m	04:44.56 37,07	600m	07:13.27 36,85			
11. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)								09:51.66(+77)
50m	00:32.11 32,11	250m	02:59.86 37,71	450m	05:30.95 37,88	650m	08:01.51 37,91	
100m	01:08.04 35,93	300m	03:37.78 37,92	500m	06:08.37 37,42	700m	08:39.27 37,76	
150m	01:44.92 36,88	350m	04:15.59 37,81	550m	06:46.50 38,13	750m	09:16.29 37,02	
200m	02:22.15 37,23	400m	04:53.07 37,48	600m	07:23.60 37,10			
15. 400m wisselslag - Heren								
vanaf 11 jaar (Senioren Open)								
vanaf 11 jaar (Senioren Open)								
1. Rowan Keen (Borger, 199500727)								04:40.14(+72)
50m	00:29.55 29,55	150m	01:40.15 36,24	250m	02:55.32 39,96	350m	04:08.61 32,58	

	100m 01:03.91 34,36	200m 02:15.36 35,21	300m 03:36.03 40,71	
2. Sten Postma (Aqua-Novio'94, 200000011)	50m 00:29.29 29,29	150m 01:40.84 37,53	250m 02:55.44 38,31	350m 04:08.14 34,17
	100m 01:03.31 34,02	200m 02:17.13 36,29	300m 03:33.97 38,53	04:40.60(+68)
3. Wietse Beerens (De Dommelbaarzen, 198700159)	50m 00:29.49 29,49	150m 01:44.41 39,55	250m 02:59.96 39,10	350m 04:13.27 34,10
	100m 01:04.86 35,37	200m 02:20.86 36,45	300m 03:39.17 39,21	04:45.23(+77)
4. Dave Holweg (ZPC AMERSFOORT, 199701521)	50m 00:29.07 29,07	150m 01:40.56 36,50	250m 02:58.20 41,71	350m 04:14.31 33,97
	100m 01:04.06 34,99	200m 02:16.49 35,93	300m 03:40.34 42,14	04:47.52(+73)
5. David Kuipers (Orca, 200003633)	50m 00:30.13 30,13	150m 01:44.33 39,19	250m 03:03.98 42,60	350m 04:20.07 32,80
	100m 01:05.14 35,01	200m 02:21.38 37,05	300m 03:47.27 43,29	04:49.38(+70)
6. Arjan Dekker (ReVeLie Swim Team, 200000499)	50m 00:30.45 30,45	150m 01:42.64 37,08	250m 03:00.36 40,96	350m 04:16.71 34,34
	100m 01:05.56 35,11	200m 02:19.40 36,76	300m 03:42.37 42,01	04:49.65(+71)
7. Jelle Nap (VZC, 199502875)	50m 00:29.68 29,68	150m 01:44.56 40,90	250m 03:05.92 40,61	350m 04:20.23 32,92
	100m 01:03.66 33,98	200m 02:25.31 40,75	300m 03:47.31 41,39	04:53.89(+76)
8. Owen Peeks (ZPC Hoogeveen, 200100765)	50m 00:32.51 32,51	150m 01:46.87 37,31	250m 03:06.26 42,82	350m 04:22.78 33,06
	100m 01:09.56 37,05	200m 02:23.44 36,57	300m 03:49.72 43,46	04:54.07(+86)
9. Nicko Kamphuis (De Warande, 199900887)	50m 00:30.09 30,09	150m 01:44.46 38,94	250m 03:06.13 42,01	350m 04:22.78 34,15
	100m 01:05.52 35,43	200m 02:24.12 39,66	300m 03:48.63 42,50	04:56.05(+61)
10. Olivier Jans (De Fuut, 200001815)	50m 00:31.23 31,23	150m 01:46.82 38,70	250m 03:06.67 41,44	350m 04:24.84 35,44
	100m 01:08.12 36,89	200m 02:25.23 38,41	300m 03:49.40 42,73	04:57.68(+73)
11. Timo Spaans (Nextline Swimming, 200201087)	50m 00:30.31 30,31	150m 01:46.46 39,83	250m 03:08.10 42,34	350m 04:27.48 36,65
	100m 01:06.63 36,32	200m 02:25.76 39,30	300m 03:50.83 42,73	04:58.34(+63)
12. Björn Piket (HZPC, 199602133)	50m 00:32.13 32,13	150m 01:49.46 39,38	250m 03:09.51 41,12	350m 04:28.78 35,72
	100m 01:10.08 37,95	200m 02:28.39 38,93	300m 03:53.06 43,55	05:02.45(+70)
16. 100m vrije slag - Dames				
vanaf 11 jaar (Senioren Open)				
vanaf 11 jaar (Senioren Open)				
1. Robin Neumann (De Dolfijn, 199706190)	50m 00:26.94 26,94			00:55.67(+64)
2. Marrit Steenberg (HPC - DZ&PC, 200000086)	50m 00:27.23 27,23			00:55.91(+78)
3. Elise Hardeman (ZPC AMERSFOORT, 200101068)	50m 00:27.93 27,93			00:56.98(+68)
4. Nelly Velthuijs (PSV, 199404028)	50m 00:27.83 27,83			00:57.22(+71)
5. Silke Holkenborg (OC - VZC, 200100292)	50m 00:27.85 27,85			00:57.55(+72)
6. Sam van Nunen (PSV, 200100036)	50m 00:27.60 27,60			00:57.62(+70)
7. Josien Wijkhuijs (Orca, 199902866)	50m 00:28.02 28,02			00:58.26(+70)
8. Loulou Vos (PSV, 199906128)				00:58.37(+73)

	50m 00:28.31 28,31	
9.	Indy Jongman (OC - PSV, 200100528) 50m 00:28.26 28,26	00:58.39(+75)
10.	Silke Huisman (Orca, 200301182) 50m 00:28.31 28,31	00:58.42(+75)
11.	Leonie van Noort (WVZ, 199301752) 50m 00:28.24 28,24	00:58.63(+81)
12.	Myrna van Duijven (DZ&PC, 199900252) 50m 00:28.42 28,42	00:58.82(+71)
13.	Dorien Butter (The Hague Swimming (SG), 199606542) 50m 00:28.62 28,62	00:58.95(+74)
14.	Milou van Wijk (MNC Dordrecht, 200404948) 50m 00:28.68 28,68	00:59.05(+77)
15.	Mendy de Rooi (DWK, 199700780) 50m 00:28.58 28,58	00:59.07(+66)
15.	Yara van Kalmthout (Nova, 200200984) 50m 00:28.10 28,10	00:59.07(+76)
17.	Britta Koehorst (OC - De Lansingh, 200300246) 50m 00:28.68 28,68	00:59.11(+75)
18.	Arianne Kooijinga (TriVia, 200001544) 50m 00:28.36 28,36	00:59.15(+65)
19.	Tamara Grove (De Dolfijn, 199601266) 50m 00:28.54 28,54	00:59.43(+70)
20.	Amber Celie (De Dolfijn, 200300756) 50m 00:29.14 29,14	00:59.66(+78)
21.	Annet van Stratum (Deltasteur, 199003640) 50m 00:28.73 28,73	00:59.83(+72)
22.	Lisanne Hassing (DZ&PC, 199702584) 50m 00:29.11 29,11	00:59.84(+78)
22.	Julia van Leeuwen (PSV, 200001464) 50m 00:28.62 28,62	00:59.84(+71)
24.	Manon Ritten (Hellas-Glana, 200002440) 50m 00:29.15 29,15	00:59.86(+78)
25.	Anne Fleur Willemsen (Azuro, 199901396) 50m 00:28.99 28,99	00:59.88(+79)
26.	Tamara van Vliet (De Dolfijn, 199403562) 50m 00:28.57 28,57	00:59.89(+73)
27.	Lieke Oude Lenferink (OC - WS Twente, 200200068) 50m 00:28.77 28,77	00:59.95(+73)
27.	Maaïke Issard (VZC, 200300022) 50m 00:29.02 29,02	00:59.95(+80)
29.	Manon Compagner (Dedemsvaart-AC, 200101710) 50m 00:29.23 29,23	01:00.05(+76)
29.	Leonie van Wier (HZ&PC Heerenveen, 200200436) 50m 00:28.55 28,55	01:00.05(+77)
31.	Manon Manning (Nova, 199904118) 50m 00:28.96 28,96	01:00.13(+74)
32.	Kaylin Stel (De Dolfijn, 200100290) 50m 00:29.05 29,05	01:00.23(+67)

33. Soraya Wasser (PSV, 199901358) 50m 00:29.55 29,55	01:00.43(+67)
34. Anabel Ivanov (SSG Saar Max Ritter, 241225) 50m 00:28.82 28,82	01:00.53(+67)
35. Rachel Blok (Het Y, 199906076) 50m 00:29.21 29,21	01:00.55(+70)
36. Elisa Haverkate (ZPC De Hof, 200200266) 50m 00:28.76 28,76	01:00.63(+80)
36. Danique Stoop (Zuiderzeezwemmers, 199106956) 50m 00:29.13 29,13	01:00.63(+74)
38. Chefanja Nunes (OC - WVZ, 200104750) 50m 00:29.54 29,54	01:00.66(+71)
39. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190) 50m 00:28.98 28,98	01:00.67(+72)
40. Josse Bergman (VZC, 200305146) 50m 00:29.59 29,59	01:00.70(+73)
41. Hanne te Velthuis (Dedemsvaart-AC, 200201324) 50m 00:29.36 29,36	01:00.73(+69)
42. Mariëlle Dolfijn (TriVia, 200201640) 50m 00:29.14 29,14	01:00.78(+75)
43. Kirsten Verhale (VZC, 200400210) 50m 00:29.58 29,58	01:00.81(+80)
44. Luca Ebbinge (DZ&PC, 199802406) 50m 00:29.53 29,53	01:01.24(+66)
45. Eline Gros (Aqua-Novio'94, 200302700) 50m 00:29.21 29,21	01:01.27(+82)
46. Sanne Heemskerk (ZVL-1886, 200100600) 50m 00:29.04 29,04	01:01.28(+70)
47. Roma Vrijhof (De Lansingh, 200201306) 50m 00:29.98 29,98	01:01.40(+75)
48. Ymke Dragstra (ZPC AMERSFOORT, 200300930) 50m 00:29.72 29,72	01:01.42(+73)
48. Laura van der Veen (ZV De Zaan, 199404090) 50m 00:29.83 29,83	01:01.42(+78)
50. Marit Boxum (Deltasteur, 200000068) 50m 00:28.66 28,66	01:01.51(+84)
51. Inge Vieveen (OC - WVZ, 200100024) 50m 00:29.83 29,83	01:01.63(+76)
52. Marit de Lau (PSV, 200101338) 50m 00:29.99 29,99	01:01.80(+69)
53. Sam IJzerman (De Geul, 200101204) 50m 00:29.97 29,97	01:01.85(+73)
54. Lianne van Wier (HZ&PC Heerenveen, 200200438) 50m 00:29.51 29,51	01:01.93(+71)
55. Janneke Lenderink (PSV, 200100328) 50m 00:29.57 29,57	01:01.98(+73)
56. Michelle van Wijk (Groenlose Zwemvereniging, 200204746) 50m 00:29.65 29,65	01:02.06(+77)
57. Manon Aerssens (PSV, 199900294)	01:02.09(+74)

	50m 00:29.26 29,26	
58.	Gaia Sterre Mirotti (VZC, 200305158) 50m 00:29.96 29,96	01:02.16(+69)
59.	Judith Houtvast (Hellas-Glana, 200300714) 50m 00:29.96 29,96	01:02.23(+72)
60.	Lara Hoeksema (The Hague Swimming (SG), 200400514) 50m 00:29.47 29,47	01:02.35(+79)
61.	Nadja Wortel (Hieronymus, 199800798) 50m 00:30.43 30,43	01:02.45(+73)
62.	Tessa Kooi (TriVia, 200201386) 50m 00:29.82 29,82	01:02.64(+79)
63.	Zoë van der Aart (De Dolfijn, 199503152) 50m 00:29.63 29,63	01:02.65(+79)
64.	Hilde Dekker (ReVeLie Swim Team, 199901926) 50m 00:30.18 30,18	01:02.67(+91)
65.	Dionne Salomons (Borger, 200200504) 50m 00:30.72 30,72	01:03.10(+79)
66.	Jennifer Tuijp (ZV De Zaan, 200004198) 50m 00:30.12 30,12	01:03.50(+78)
67.	Chantalle Zijderveld (HPC PARA - ZZ&PC De Devel, 200000702) [S10] 50m 00:30.47 30,47	01:03.54(+65)
68.	Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14] 50m 00:30.35 30,35	01:03.64(+84)
69.	Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10] 50m 00:30.97 30,97	01:04.07(+79)
70.	Eva van Elsen (PSV, 199903026) 50m 00:29.91 29,91	01:04.14(+74)
71.	Florianne Bultje (HPC PARA - DWT, 199804342) [S10] 50m 00:32.10 32,10	01:06.45(+73)
72.	Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11] 50m 00:32.09 32,09	01:07.03(+69)
73.	Britt Cornelissens (Hellas-Glana, 200000632) 50m 00:31.04 31,04	01:07.13(+72)
74.	Milou van Winkel (LinK, 200402296) [S14] 50m 00:33.79 33,79	01:13.25(+88)
75.	Jonne Moleman (LinK, 200006264) [S7] 50m 00:35.93 35,93	01:15.37
76.	Sanne Hoving (HZ&PC Heerenveen, 200003332) [S9] 50m 00:36.51 36,51	01:16.94(+98)
77.	Rosalie van Druenen (De Warande, 200305066) [S9] 50m 00:38.06 38,06	01:19.71(+90)
17.	100m vlinderslag - Heren vanaf 11 jaar (Senioren Open) vanaf 11 jaar (Senioren Open)	
1.	Joeri Verlinden (PSV, 198803549) 50m 00:24.69 24,69	00:52.44(+65)
2.	Alexander Kunert (SV Gelnhausen 1924 e.V., 178627) 50m 00:26.04 26,04	00:55.21(+65)
3.	Jeroen Baars (The Hague Swimming (SG), 199200031)	00:55.43(+70)

50m 00:25.84 25,84

4. Matthijs van Meerendonk (TriVia, 199900375) 00:56.03(+70)
50m 00:26.00 26,00
5. Ruben Stam (De Dolfijn, 199800331) 00:56.39(+66)
50m 00:25.65 25,65
6. Junior de Bruin (OC - ZPC Hoogeveen, 200000839) 00:56.47(+67)
50m 00:26.18 26,18
7. Thomas Kappe (DWK, 199805141) 00:56.97(+73)
50m 00:26.66 26,66
8. Austin Namesnik (ZPC AMERSFOORT, 200101817) 00:56.99(+66)
50m 00:26.90 26,90
9. Jesse van Dijk (ZPC AMERSFOORT, 199903259) 00:57.19(+62)
50m 00:26.15 26,15
10. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 00:57.95(+67)
50m 00:26.91 26,91
11. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259) 00:58.44(+66)
50m 00:26.85 26,85
12. Niklas David Yeboah (PSV, 199805765) 00:58.46(+65)
50m 00:26.99 26,99
13. Daan Zwertbroek (PSV, 199900463) 00:58.54(+70)
50m 00:26.95 26,95
14. Dennis Kamps (De Dinkel, 200000191) 00:58.57(+74)
50m 00:27.70 27,70
15. Bjorn van Doesburg (Aquarijn, 200201867) 00:58.75(+67)
50m 00:26.90 26,90
16. Ingmar Hartman (KSN (SG), 199801013) 00:58.86(+77)
50m 00:26.94 26,94
17. Jacob de Roos (De Granaet, 199900553) 00:58.90(+67)
50m 00:26.78 26,78
18. Alexander Nijst (Nuenen, 200104869) 00:59.25(+68)
50m 00:27.66 27,66
19. Maquinho Vorst (OC - ZPC De Hof, 200204179) 00:59.42(+68)
50m 00:27.11 27,11
20. Marc Evers (HPC PARA - ZV Haarlem, 199107425) [S14] 00:59.74(+77)
50m 00:27.81 27,81
21. Michael Smink (The Hague Swimming (SG), 200302169) 01:00.18(+76)
50m 00:27.74 27,74
22. Ebel van Geemen (WS Twente, 199901095) 01:00.23(+71)
50m 00:27.58 27,58
23. Justus Ykema (De Dolfijn, 199900029) 01:01.28(+73)
50m 00:28.00 28,00
24. Dave van der Voet (De Dolfijn, 200102783) 01:01.91(+69)
50m 00:28.38 28,38
25. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14] 01:02.53(+78)
50m 00:28.62 28,62
26. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9] 01:07.66(+93)
50m 00:31.68 31,68
27. Bram Daalman (HPC PARA - ZV Haarlem, 200300629) [S14] 01:07.94(+83)
50m 00:30.63 30,63

28. Simon Boer (HPC PARA - ZPC AMERSFOORT, 199505643) [S8]
50m 00:33.88 33,88

01:13.24(+54)

DIS. Sepp Kalter (Dedemsvaart-AC, 199704327)

00:00.00

18. 50m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

vanaf 11 jaar (Senioren Open)

1. Sanne Busch (PSV, 200101486)	00:32.55(+74)
2. Anne Palmans (OC - WVZ, 200006324)	00:32.56(+69)
3. Valerie van Roon (HPC - WVZ, 199802326)	00:32.73(+66)
4. Lynn Blommers (The Hague Swimming (SG), 200105062)	00:32.89(+70)
5. Lonne Dijkhuis (De Dinkel, 199400030)	00:32.93(+73)
6. Anouk Knippers (De Dinkel, 199700602)	00:33.23(+70)
7. Larissa Brak (ZPC AMERSFOORT, 198800572)	00:33.24(+76)
8. Madelijne Schothans (De Dinkel, 200002416)	00:33.28(+76)
9. Sterre Hendriks (PSV, 200401288)	00:33.34(+75)
10. Karin Rijkelijkhuisen (DZ&PC, 199403358)	00:33.48(+68)
11. Zara Konstapel (NDD, 200101144)	00:33.54(+67)
12. Britta Koehorst (OC - De Lansingh, 200300246)	00:33.57(+74)
13. Michelle Pschuk (SG Ruhr, 246475)	00:33.86(+66)
14. Selene Wortel (Hieronymus, 199700654)	00:34.26(+69)
15. Mirl de Boer (De Dolfijn, 199700468)	00:34.27(+72)
16. Kristy Nagtzaam (PSV, 200002212)	00:34.31(+65)
17. Mandy van Rossum (Aqua-Novio'94, 200204904)	00:34.36(+73)
18. Yvon Versteeg (De Veene, 199201864)	00:34.39(+74)
19. Saskia de Klerk (GoSwim, 199004612)	00:34.49(+68)
20. Birgit van Buiten (DWK, 200200498)	00:34.50(+70)
21. Wiktoria Redzimska (ZPC Hoogeveen, 200106042)	00:34.62(+69)
22. Ilse Rijnja (The Hague Swimming (SG), 199802432)	00:34.72(+73)
23. Myrna Schasfoort (De Dinkel, 199300668)	00:34.83(+75)
24. Tessa Loos (ZC Aquadream, 200200608)	00:34.97(+65)
25. Kim Vriens (Hieronymus, 200401166)	00:35.02(+71)
26. Lisanne Hassing (DZ&PC, 199702584)	00:35.10(+78)
27. Joy Willekus (WZ&PC Purmerend, 200602420)	00:35.16(+73)
28. Joyce Kuipers (Orca, 200103426)	00:35.21(+76)
29. Isabel Aardema (DWK, 200100364)	00:35.53(+77)
30. Robin Goossens (Nuenen, 200003128)	00:35.55(+79)
31. Colet Claessens (Nuenen, 199405182)	00:35.56(+70)
32. Valesca van den Bogert (Hieronymus, 200102138)	00:35.57(+72)
32. Niké Telkamp (The Hague Swimming (SG), 200501088)	00:35.57(+72)
34. Inge Vieveen (OC - WVZ, 200100024)	00:35.60(+78)

35. Kemi van de Wetering (Aqua-Novio'94, 200201456)	00:35.85(+68)
36. Laura Badoux (DAW, 198200038)	00:35.90(+82)
36. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:35.90(+73)
38. Anouk Dijkstra (Azuro, 199704378)	00:35.93(+77)
39. Felicia Emanuelson (Olympia, 199703168)	00:35.94(+69)
40. Phaedra Meijer (MNC Dordrecht, 200405834)	00:35.96(+73)
41. Britt Cornelissens (Hellas-Glana, 200000632)	00:36.07(+70)
42. Zante Janssen (Aqua-Novio'94, 200201786)	00:36.08(+71)
42. Amber Koning (Azuro, 200202842)	00:36.08(+80)
44. Lonneke Graansma (ZVL-1886, 199900936)	00:36.09(+70)
45. Christel Brugmans (Hieronymus, 200005602)	00:36.11(+74)
46. Yvette Buis (De Dolfijn, 200401830)	00:36.12(+68)
46. Annabel Kuipers (DWK, 200001076)	00:36.12(+72)
46. Kim de Jong (LinK, 200301026)	00:36.12(+86)
49. Mette Den Haese (Neptune Swimming Academy)	00:36.16(+62)
50. Inge van der Hoek (The Hague Swimming (SG), 199204034)	00:36.25(+70)
51. Nadja Wortel (Hieronymus, 199800798)	00:36.34(+69)
51. Melissa van der Heijden (ZPV Barracuda, 199605226)	00:36.34(+68)
53. Rozemijn Wiersema (TriVia, 200001884)	00:36.36(+63)
54. Romana Jonker (HZ&PC Heerenveen, 200403016)	00:36.50(+77)
55. Silke Blik (Hellas-Glana, 200301948)	00:36.60(+75)
56. Fleur Dijkhuizen (De Otters Het Gooi, 200201554)	00:36.63(+88)
57. Esmee Lanckohr (Zwemsport Parkstad (SG), 200002442)	00:36.79(+76)
58. Djamilla Gerner (SWOL 1894, 199905606)	00:37.38(+70)
59. Susan Teijken (Nuenen, 199504592)	00:37.53(+75)
60. Grace Anderson (WVZ, 200200578)	00:38.23(+77)
61. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)	00:38.27(+65)
62. Lynn Meijers (Hellas-Glana, 199803732)	00:38.60(+80)
63. Eva van Elsen (PSV, 199903026)	00:39.58(+75)
64. Rosalie van Druenen (De Warande, 200305066) [SB8]	00:47.31(+47)
DIS. Jose Bijl (Het Y, 200100948)	00:00.00
19. 200m schoolslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Wietse Waninge (ZPC AMERSFOORT, 199800023)	02:16.91(+70)
50m 00:30.90 30,90 100m 01:05.35 34,45 150m 01:40.69 35,34	
2. Koen Lems (ZPC AMERSFOORT, 199603709)	02:17.10(+76)
50m 00:31.39 31,39 100m 01:06.26 34,87 150m 01:41.56 35,30	
3. Duncan van Haaren (WIDEX GZC DONK, 200000681)	02:20.42(+70)
50m 00:30.96 30,96 100m 01:06.09 35,13 150m 01:43.10 37,01	
4. Juri Dijkstra (OC - TriVia, 200002119)	02:20.82(+74)

	50m 00:31.73 31,73	100m 01:07.85 36,12	150m 01:44.43 36,58	
5. Sten Postma (Aqua-Novio'94, 200000011)	50m 00:32.15 32,15	100m 01:08.40 36,25	150m 01:44.79 36,39	02:21.33(+68)
6. Koen Koster (HZPC, 199900517)	50m 00:32.18 32,18	100m 01:08.05 35,87	150m 01:44.26 36,21	02:21.50(+70)
7. Thom Delno (PSV, 200000013)	50m 00:31.66 31,66	100m 01:07.54 35,88	150m 01:44.23 36,69	02:22.33(+73)
8. Ian Sanders (Hellas-Glana, 200100373)	50m 00:32.73 32,73	100m 01:09.67 36,94	150m 01:46.90 37,23	02:24.32(+70)
9. Joost de Roy van Zuydewijn (WVZ, 200000255)	50m 00:32.36 32,36	100m 01:09.06 36,70	150m 01:46.48 37,42	02:25.05(+74)
10. Serginni Marten (DWK, 199307281)	50m 00:32.41 32,41	100m 01:09.30 36,89	150m 01:46.46 37,16	02:25.08(+74)
10. Quinn van den Heuvel (WVZ, 200100297)	50m 00:32.62 32,62	100m 01:09.84 37,22	150m 01:47.53 37,69	02:25.08(+76)
12. Wietse Beerens (De Dommelbaarzen, 198700159)	50m 00:33.55 33,55	100m 01:11.11 37,56	150m 01:48.70 37,59	02:25.82(+76)
13. Dirk Zeelte (De Waalstroom, 199105911)	50m 00:33.45 33,45	100m 01:10.50 37,05	150m 01:47.75 37,25	02:26.19(+76)
14. Ardi Knol (DWK, 199603447)	50m 00:32.78 32,78	100m 01:10.79 38,01	150m 01:48.83 38,04	02:28.75(+69)
15. Nicholas Theunissen (De Dolfijn, 199605679)	50m 00:32.42 32,42	100m 01:09.38 36,96	150m 01:48.78 39,40	02:28.86(+64)
16. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:33.21 33,21	100m 01:11.71 38,50	150m 01:51.05 39,34	02:30.19(+80)
17. Martijn Velders (TZC-Vahalis, 199502619)	50m 00:34.42 34,42	100m 01:13.45 39,03	150m 01:52.39 38,94	02:30.79(+63)
18. Derk Beemer (PSV, 200002901)	50m 00:33.21 33,21	100m 01:10.20 36,99	150m 01:49.95 39,75	02:31.39(+69)
19. Ruben Koek (DWK, 199701187)	50m 00:33.14 33,14	100m 01:11.22 38,08	150m 01:51.24 40,02	02:31.67(+73)
20. Maik Huser (ZPC Hoogeveen, 199900265)	50m 00:34.71 34,71	100m 01:13.93 39,22	150m 01:54.00 40,07	02:33.83(+81)
21. Kylian Heederik (Deltasteur, 200300353)	50m 00:34.67 34,67	100m 01:13.84 39,17	150m 01:54.05 40,21	02:34.19(+69)
22. Victor Barnar (GoSwim, 197801805)	50m 00:34.15 34,15	100m 01:13.19 39,04	150m 01:53.09 39,90	02:34.74(+72)
23. Olivier Jans (De Fuut, 200001815)	50m 00:35.34 35,34	100m 01:14.48 39,14	150m 01:54.65 40,17	02:35.15(+73)
24. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [SB11]	50m 00:34.56 34,56	100m 01:14.19 39,63	150m 01:55.92 41,73	02:38.10(+71)
25. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [SB13]	50m 00:36.25 36,25	100m 01:17.49 41,24	150m 01:59.23 41,74	02:41.60(+79)
26. Tim van Duuren (HPC PARA - WIDEX GZC DONK, 199802255) [SB8]	50m 00:35.19 35,19	100m 01:15.94 40,75	150m 01:58.56 42,62	02:42.46(+67)
20. 200m vlinderslag - Dames vanaf 11 jaar (Senioren Open)				
vanaf 11 jaar (Senioren Open)				
1. Lotte Hosper (OC - Racing Club, 200201414)				02:15.67(+75)

	50m 00:30.08 30,08	100m 01:03.77 33,69	150m 01:39.17 35,40	
2. Silke Molendijk (VZC, 200100178)	50m 00:31.84 31,84	100m 01:07.42 35,58	150m 01:44.29 36,87	02:22.43(+74)
3. Emelie Schnagl (SSG Saar Max Ritter, 262869)	50m 00:31.78 31,78	100m 01:07.81 36,03	150m 01:45.03 37,22	02:22.74(+75)
4. Lisa Dreesens (The Hague Swimming (SG), 199105798)	50m 00:31.64 31,64	100m 01:08.12 36,48	150m 01:45.29 37,17	02:23.09(+84)
5. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	50m 00:30.78 30,78	100m 01:07.33 36,55	150m 01:44.99 37,66	02:23.91(+65)
6. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	50m 00:32.32 32,32	100m 01:08.28 35,96	150m 01:45.60 37,32	02:23.98(+83)
7. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050)	50m 00:32.03 32,03	100m 01:09.26 37,23	150m 01:48.72 39,46	02:30.74(+82)
8. Manon van Esch (TRB-RES, 199702090)	50m 00:32.11 32,11	100m 01:09.71 37,60	150m 01:49.29 39,58	02:31.20(+70)
9. Amy de Sain (De Dolfijn, 200304690)	50m 00:32.38 32,38	100m 01:10.59 38,21	150m 01:52.12 41,53	02:36.17(+82)
10. Floor Weijmans (HZPC, 199502522)	50m 00:33.49 33,49	100m 01:12.46 38,97	150m 01:53.06 40,60	02:36.78(+76)
21. 100m vrije slag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Alexander Skinner (Dolphins Swimming Club)	50m 00:24.35 24,35			00:50.65(+67)
2. Maarten Brzoskowski (HPC - PSV, 199500769)	50m 00:24.80 24,80			00:51.04(+65)
3. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627)	50m 00:25.04 25,04			00:51.30(+64)
4. Thomas Verhoeven (The Hague Swimming (SG), 199700311)	50m 00:25.02 25,02			00:51.33(+70)
5. Ben Schwietert (HPC - ZPC AMERSFOORT, 199704831)	50m 00:25.14 25,14			00:51.41(+69)
6. Alexis Borisavljevic (Leuven Aquatics, LAQUA/11183/97)	50m 00:25.13 25,13			00:51.46(+66)
7. Bart Sommeling (OC - De Dolfijn, 199800765)	50m 00:24.96 24,96			00:51.66(+72)
8. Valentin Borisavljevic (Leuven Aquatics, LAQUA/11189/97)	50m 00:25.13 25,13			00:51.69(+67)
9. Tom Lommers (De Dolfijn, 199001847)	50m 00:24.93 24,93			00:52.05(+67)
10. Niels van Eck (ZPC Hoogeveen, 198900793)	50m 00:25.20 25,20			00:52.11(+68)
11. Berjen Mellema (OC - PSV, 199800615)	50m 00:24.93 24,93			00:52.12(+72)
12. Dion Dreesens (KNZB, 199302189)	50m 00:25.23 25,23			00:52.14(+72)
13. Jens Krijgsman (OC - De Columbiaan, 199901429)	50m 00:24.73 24,73			00:52.16(+66)
14. Bjorn van Doesburg (Aquarijn, 200201867)				00:52.24(+69)

	50m 00:24.93 24,93	
15.	Stephan Putman (DWK, 199502955) 50m 00:25.50 25,50	00:52.59(+74)
16.	Tim Hoogerwerf (DWK, 200005587) 50m 00:25.82 25,82	00:52.69(+71)
16.	Jelle Betten (OC - DZ&PC, 200001535) 50m 00:25.26 25,26	00:52.69(+71)
18.	Kingue Struijf (ZPC AMERSFOORT, 199400913) 50m 00:25.00 25,00	00:52.78(+64)
19.	Dominique Sikkema (Orca, 199500399) 50m 00:25.14 25,14	00:52.84(+66)
20.	Ingmar Hartman (KSN (SG), 199801013) 50m 00:25.35 25,35	00:52.91(+78)
21.	Nino Sieling (De Dolfijn, 199701845) 50m 00:25.19 25,19	00:52.99(+69)
22.	Lleyton Plattel (OC - PSV, 200204993) 50m 00:25.91 25,91	00:53.00(+66)
23.	Sean Niewold (WVZ, 200204699) 50m 00:25.46 25,46	00:53.01(+71)
24.	Karst Boersma (De Dinkel, 199600849) 50m 00:25.65 25,65	00:53.08(+72)
25.	Jesse van der A (De Dolfijn, 199905303) 50m 00:25.36 25,36	00:53.30(+68)
25.	Lucas Greven (Hellas-Glana, 199501941) 50m 00:25.68 25,68	00:53.30(+70)
27.	Brandon van den Berg (The Hague Swimming (SG), 200200669) 50m 00:25.86 25,86	00:53.40(+71)
28.	Bas Morelissen (ZPC AMERSFOORT, 200100861) 50m 00:25.35 25,35	00:53.45(+63)
29.	Guus van Stiphout (PSV, 199501081) 50m 00:25.74 25,74	00:53.62(+67)
30.	Thomas Kappe (DWK, 199805141) 50m 00:26.10 26,10	00:53.71(+71)
31.	Jonne Schaafsma (The Hague Swimming (SG), 199800745) 50m 00:25.73 25,73	00:53.81(+70)
32.	Jesse van Dijk (ZPC AMERSFOORT, 199903259) 50m 00:25.89 25,89	00:53.87(+63)
33.	Elroy Schot (De Dolfijn, 200200689) 50m 00:26.05 26,05	00:53.93(+73)
34.	Rijk Dragstra (ZPC AMERSFOORT, 200102473) 50m 00:26.14 26,14	00:54.16(+67)
35.	Pascal Nuijten (Feijenoord Albion Zwemclub, 199701353) 50m 00:25.73 25,73	00:54.26(+68)
36.	Richard Kuipers (TriVia, 199704171) 50m 00:26.22 26,22	00:54.32(+73)
37.	Rick van Hamond (De Dommelbaarzen, 199205873) 50m 00:26.32 26,32	00:54.44(+69)
38.	Jacob de Roos (De Granaet, 199900553) 50m 00:26.59 26,59	00:54.52(+68)

39. Lars de Vries (De Meeuwen Diemen, 199503431) 50m 00:26.01 26,01	00:54.69(+72)
39. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259) 50m 00:26.36 26,36	00:54.69(+67)
41. Jorian Tanis (MNC Dordrecht, 199900327) 50m 00:26.46 26,46	00:54.75(+77)
42. Maquinho Vorst (OC - ZPC De Hof, 200204179) 50m 00:26.17 26,17	00:54.81(+70)
43. Lasse Dumke (SG Ruhr, 233141) 50m 00:26.03 26,03	00:54.86(+73)
44. Dylan Donkersteeg (DWK, 200202217) 50m 00:26.47 26,47	00:55.02(+73)
45. Sepp Kalter (Dedemsvaart-AC, 199704327) 50m 00:26.64 26,64	00:55.16(+72)
46. Bas Dries (Zwemvereniging Hoogland, 199505177) 50m 00:25.89 25,89	00:55.17(+72)
47. Sem Zijl (De Dolfijn, 200204757) 50m 00:26.45 26,45	00:55.19(+62)
48. Alexander Nijst (Nuenen, 200104869) 50m 00:26.69 26,69	00:55.20(+69)
49. Nicko Kamphuis (De Warande, 199900887) 50m 00:26.53 26,53	00:55.23(+62)
50. Anton Jansen (PSV, 200003621) 50m 00:26.22 26,22	00:55.28(+73)
51. Gideon Heij (ZPC AMERSFOORT, 199800655) 50m 00:26.37 26,37	00:55.31(+65)
52. Lucas Peters (Nextline Swimming, 200301325) 50m 00:26.65 26,65	00:55.33(+70)
53. Roel Gaal (OEZA, 200101173) 50m 00:26.60 26,60	00:55.37(+71)
54. Darren Chen (KSN (SG), 200001149) 50m 00:26.67 26,67	00:55.40(+63)
55. Youri Kool (Olympia, 199600767) 50m 00:26.39 26,39	00:55.42(+65)
56. Luuk Smits (Tempo, 200001015) 50m 00:25.92 25,92	00:55.43(+71)
56. Mart Niehoff (ZPC AMERSFOORT, 200100759) 50m 00:26.12 26,12	00:55.43(+64)
58. Bram de Leeuw (The Hague Swimming (SG), 199805753) 50m 00:26.08 26,08	00:55.48(+62)
59. Daan Zwertbroek (PSV, 199900463) 50m 00:27.28 27,28	00:55.50(+69)
60. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10] 50m 00:26.56 26,56	00:55.63(+73)
61. Daniël Claasen (ZPC AMERSFOORT, 200100787) 50m 00:26.29 26,29	00:55.72(+68)
61. Stijn van Aken (ZPC AMERSFOORT, 199902649) 50m 00:26.24 26,24	00:55.72(+67)
63. Dave van der Voet (De Dolfijn, 200102783)	00:55.73(+68)

	50m 00:26.57 26,57	
64. Lars Kerremans (Hellas-Glana, 200100305)	50m 00:26.60 26,60	00:55.75(+73)
65. Rico Keizer (NDD, 199903491)	50m 00:26.89 26,89	00:55.82(+61)
66. Max Voortman (DWK, 199902923)	50m 00:26.69 26,69	00:56.19(+62)
67. Sebastiaan Rottier (TriVia, 200000147)	50m 00:27.74 27,74	00:57.08(+74)
68. Olivier Jans (De Fuut, 200001815)	50m 00:28.43 28,43	00:57.97(+72)
69. Sebastiaan Broere (Hieronymus, 199803687) [S14]	50m 00:27.48 27,48	00:58.07(+84)
70. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13]	50m 00:28.26 28,26	00:59.21(+78)
71. Bram Daalman (HPC PARA - ZV Haerlem, 200300629) [S14]	50m 00:28.62 28,62	01:00.18(+83)
72. Querijn Hensen (HPC PARA - ZPC AMERSFOORT, 200102121) [S10]	50m 00:29.98 29,98	01:02.39(+69)
73. Lars Jacobsen (DWK, 199705453) [S14]	50m 00:30.16 30,16	01:03.03(+81)
73. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [S11]	50m 00:29.87 29,87	01:03.03(+71)
75. Sven Schutte (HPC PARA - Zwemlust Den Hommel, 198604713) [S9]	50m 00:29.85 29,85	01:05.20(+77)
76. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]	50m 00:32.95 32,95	01:10.26(+85)
22. 100m rugslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Tessa Vermeulen (HPC - De Dolfijn, 199800068)	50m 00:29.63 29,63	01:01.49(+64)
2. Marieke Tienstra (OC - TriVia, 199900302)	50m 00:29.87 29,87	01:02.34(+63)
3. Josien Wijkhuijs (Orca, 199902866)	50m 00:31.11 31,11	01:03.83(+63)
4. Sterre Mooiweer (ZPC AMERSFOORT, 199800236)	50m 00:30.69 30,69	01:03.84(+64)
5. Indy Jongman (OC - PSV, 200100528)	50m 00:31.38 31,38	01:04.67(+64)
6. Manon Manning (Nova, 199904118)	50m 00:31.09 31,09	01:04.68(+61)
7. Lieke Oude Lenferink (OC - WS Twente, 200200068)	50m 00:31.59 31,59	01:04.74(+64)
8. Milou van Wijk (MNC Dordrecht, 200404948)	50m 00:32.48 32,48	01:05.64(+67)
9. Carlijn Hansté (WS Twente, 200201082)	50m 00:31.71 31,71	01:05.97(+65)
10. Chefanja Nunes (OC - WVZ, 200104750)		01:06.31(+55)

	50m 00:32.33 32,33	
11.	Josse Bergman (VZC, 200305146) 50m 00:32.72 32,72	01:07.25(+64)
12.	Romy van Alphen (Olympia, 199502776) 50m 00:33.44 33,44	01:07.44(+66)
13.	Amy de Langen (PSV, 199702046) 50m 00:32.33 32,33	01:07.66(+62)
14.	Wiktorija Redzimska (ZPC Hoogeveen, 200106042) 50m 00:32.72 32,72	01:07.67(+60)
15.	Yara van Kalmthout (Nova, 200200984) 50m 00:33.17 33,17	01:07.73(+65)
16.	Roma Vrijhof (De Lansingh, 200201306) 50m 00:32.68 32,68	01:07.77(+70)
17.	Renée Vanderheyden (ReVeLie Swim Team, 199903130) 50m 00:32.44 32,44	01:07.97(+65)
18.	Mabel Sulić (WVZ, 199307964) 50m 00:33.08 33,08	01:08.25(+68)
19.	Dionne Salomons (Borger, 200200504) 50m 00:33.54 33,54	01:08.36(+62)
20.	Arianne Kooijinga (TriVia, 200001544) 50m 00:32.98 32,98	01:08.57(+61)
21.	Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 50m 00:33.61 33,61	01:08.61(+67)
22.	Sanne Ditzel (DWK, 199901092) 50m 00:32.87 32,87	01:08.66(+62)
23.	Aniek van de Weerd (VZC, 200404136) 50m 00:33.50 33,50	01:08.92(+68)
24.	Birgit van Buiten (DWK, 200200498) 50m 00:33.57 33,57	01:08.96(+77)
25.	Maaïke Broersma (BZ&PC, 200201522) 50m 00:33.63 33,63	01:09.00(+67)
26.	Babette van der Kaaij (The Hague Swimming (SG), 199902234) 50m 00:33.19 33,19	01:09.03(+69)
27.	Laura Rolink (De Dinkel, 199902018) 50m 00:34.28 34,28	01:09.06(+74)
28.	Anabel Ivanov (SSG Saar Max Ritter, 241225) 50m 00:33.52 33,52	01:09.35(+60)
29.	Merel Phaff (Nuenen, 200100434) 50m 00:33.49 33,49	01:09.42(+63)
30.	Jade Broek (OEZA, 199702300) 50m 00:33.14 33,14	01:09.87(+65)
31.	Marit Boxum (Deltasteur, 200000068) 50m 00:33.46 33,46	01:09.91(+82)
32.	Marieke Thijssen (NDD, 200002124) 50m 00:33.68 33,68	01:09.93(+60)
33.	Inge Dekker (TriVia, 200200476) 50m 00:33.23 33,23	01:09.96(+65)
34.	Sanne Heemskerk (ZVL-1886, 200100600) 50m 00:33.98 33,98	01:09.97(+57)

35. Myrthe Natzijsl (TriVia, 200400076) 50m 00:34.14 34,14	01:10.49(+69)
37. Danique Stoop (Zuiderzeezwemmers, 199106956) 50m 00:33.69 33,69	01:11.41(+65)
38. Thera Janssen (Aqua-Novio'94, 200500270) 50m 00:33.99 33,99	01:11.68(+75)
39. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14] 50m 00:35.63 35,63	01:15.12(+70)
40. Jonne Moleman (LinK, 200006264) [S7] 50m 00:43.54 43,54	01:29.76(+83)
23. 50m rugslag - Heren vanaf 11 jaar (Senioren Open) vanaf 11 jaar (Senioren Open)	
1. Tom Donker (PSV, 199805711)	00:25.97(+51)
2. Luuk Nijland (DWK, 199700333)	00:26.10(+58)
3. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	00:26.43(+56)
4. Baptiste Leger (ES Massy Natation)	00:26.60(+57)
5. Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997)	00:26.99(+61)
6. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:27.21(+61)
7. Jelle Betten (OC - DZ&PC, 200001535)	00:27.32(+49)
8. Niek Heethaar (DWK, 199900999)	00:27.76(+60)
9. Aidan Baines (PSV, 200005761)	00:27.77(+61)
10. Ruben Dekker (De Dolfijn, 199300627)	00:27.79(+63)
11. Jorrick Druyven (DAW, 199400507)	00:27.89(+60)
12. Melvin Prins (Wiekslag, 199500201)	00:27.90(+62)
13. Dennis Kamps (De Dinkel, 200000191)	00:27.92(+62)
14. Tom Laarhuis (De Dinkel, 199800309)	00:28.05(+61)
15. Lasse Dumke (SG Ruhr, 233141)	00:28.24(+63)
16. Maquinho Vorst (OC - ZPC De Hof, 200204179)	00:28.36(+64)
17. Matthijs van Meerendonk (TriVia, 199900375)	00:28.46(+60)
18. Thomas Jansen (OC - WVZ, 200100143)	00:28.49(+61)
19. Ivo van Dijck (The Hague Swimming (SG), 199702985)	00:28.52(+61)
20. Niels de Boer (Hellas-Glana, 200001977)	00:28.61(+66)
21. Luuk Smits (Tempo, 200001015)	00:28.64(+62)
22. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:28.77(+59)
23. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:28.79(+58)
24. Wouter van Asperen (KSN (SG), 200000125)	00:28.86(+71)
25. Max Langerveld (Ed-Vo, 200203435)	00:28.94(+61)
26. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	00:28.95(+57)
27. Richard Kuipers (TriVia, 199704171)	00:28.97(+60)
27. Sean Niewold (WVZ, 200204699)	00:28.97(+63)
29. Melle van Gemert (ZPC De Zeeuwse Kust, 200100687)	00:28.99(+58)

30. Justus Ykema (De Dolfijn, 199900029)	00:29.00(+64)
31. Guus van Stiphout (PSV, 199501081)	00:29.06(+62)
32. Tom Lommers (De Dolfijn, 199001847)	00:29.08(+63)
33. Guy Huijsmans (SWNZ (SG), 199900703)	00:29.15(+63)
34. Dominique Sikkema (Orca, 199500399)	00:29.17(+67)
35. Elroy Schot (De Dolfijn, 200200689)	00:29.22(+68)
36. Maik Huser (ZPC Hoogeveen, 199900265)	00:29.24(+66)
37. Bobby van Dijk (DBD, 200200153)	00:29.29(+72)
38. Kylian Heederik (Deltasteur, 200300353)	00:29.60(+70)
39. Olivier Jans (De Fuut, 200001815)	00:29.62(+65)
40. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:29.63(+60)
41. Michael Smink (The Hague Swimming (SG), 200302169)	00:29.86(+68)
42. Ingmar Hartman (KSN (SG), 199801013)	00:29.94(+64)
43. Sam Janmaat (ZPC AMERSFOORT, 200203017)	00:30.00(+58)
44. Sebastiaan Rottier (TriVia, 200000147)	00:30.13(+63)
45. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13]	00:30.44(+56)
46. Youri Kool (Olympia, 199600767)	00:30.75(+68)
47. Querijn Hensen (HPC PARA - ZPC AMERSFOORT, 200102121) [S10]	00:31.00(+66)
48. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]	00:32.79(+66)
49. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]	00:39.24(+86)
DIS. Niklas David Yeboah (PSV, 199805765)	00:00.00
24. 200m wisselslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Emelie Schnagl (SSG Saar Max Ritter, 262869)	02:23.09(+73)
50m 00:30.09 30,09 100m 01:07.57 37,48 150m 01:49.02 41,45	
2. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	02:23.94(+78)
50m 00:30.40 30,40 100m 01:06.96 36,56 150m 01:51.45 44,49	
3. Silke Huisman (Orca, 200301182)	02:24.18(+71)
50m 00:31.30 31,30 100m 01:08.81 37,51 150m 01:50.25 41,44	
4. Silke Holkenborg (OC - VZC, 200100292)	02:25.24(+72)
50m 00:30.18 30,18 100m 01:07.18 37,00 150m 01:50.89 43,71	
5. Zanthé Janssen (Aqua-Novio'94, 200201786)	02:25.73(+73)
50m 00:32.23 32,23 100m 01:10.38 38,15 150m 01:52.13 41,75	
6. Myrna van Duijven (DZ&PC, 199900252)	02:26.63(+75)
50m 00:30.85 30,85 100m 01:08.54 37,69 150m 01:52.40 43,86	
7. Inge Vieveen (OC - WVZ, 200100024)	02:27.29(+78)
50m 00:31.08 31,08 100m 01:10.49 39,41 150m 01:53.22 42,73	
8. Lonneke Kampman (Nextline Swimming, 200100146)	02:27.30(+86)
50m 00:31.26 31,26 100m 01:09.80 38,54 150m 01:52.44 42,64	
9. Maaïke Issard (VZC, 200300022)	02:27.40(+82)
50m 00:31.11 31,11 100m 01:07.92 36,81 150m 01:52.85 44,93	
10. Angélique van Vark (Z&PC De Gouwe, 199701478)	02:27.46(+70)

	50m 00:31.24 31,24	100m 01:08.93 37,69	150m 01:52.81 43,88	
11. Selene Wortel (Hieronymus, 199700654)	50m 00:30.98 30,98	100m 01:10.53 39,55	150m 01:53.53 43,00	02:27.49(+67)
12. Isabel Aardema (DWK, 200100364)	50m 00:31.78 31,78	100m 01:11.30 39,52	150m 01:54.52 43,22	02:28.13(+80)
13. Robin Goossens (Nuenen, 200003128)	50m 00:32.88 32,88	100m 01:12.78 39,90	150m 01:53.43 40,65	02:28.19(+82)
13. Lize Janna de Vries (Orca, 200101948)	50m 00:30.91 30,91	100m 01:11.24 40,33	150m 01:54.42 43,18	02:28.19(+80)
15. Lynn Blommers (The Hague Swimming (SG), 200105062)	50m 00:31.09 31,09	100m 01:12.89 41,80	150m 01:53.34 40,45	02:28.72(+71)
16. Kim Jansen van Galen (PSV, 200201594)	50m 00:31.26 31,26	100m 01:13.67 42,41	150m 01:54.12 40,45	02:29.07(+80)
17. Nikita van den Ouden (Nuenen, 199900622)	50m 00:32.29 32,29	100m 01:10.87 38,58	150m 01:55.12 44,25	02:29.92(+73)
18. Yvon Versteeg (De Veene, 199201864)	50m 00:32.11 32,11	100m 01:12.92 40,81	150m 01:56.25 43,33	02:30.78(+77)
18. Valesca van den Bogert (Hieronymus, 200102138)	50m 00:32.12 32,12	100m 01:12.97 40,85	150m 01:56.54 43,57	02:30.78(+77)
20. Amber Celie (De Dolfijn, 200300756)	50m 00:30.72 30,72	100m 01:09.24 38,52	150m 01:56.34 47,10	02:31.26(+78)
21. Kirsten Verhale (VZC, 200400210)	50m 00:31.27 31,27	100m 01:10.27 39,00	150m 01:56.70 46,43	02:31.40(+80)
22. Wiktorja Redzimska (ZPC Hoogeveen, 200106042)	50m 00:33.48 33,48	100m 01:11.59 38,11	150m 01:55.98 44,39	02:32.33(+69)
23. Isa Schellekens (SWNZ (SG), 200002330)	50m 00:32.27 32,27	100m 01:10.84 38,57	150m 01:56.74 45,90	02:32.65(+76)
24. Tessa van de Belt (Dedemsvaart-AC, 200102056)	50m 00:32.60 32,60	100m 01:12.58 39,98	150m 01:57.09 44,51	02:32.90(+82)
25. Luca Ebbinghe (DZ&PC, 199802406)	50m 00:31.79 31,79	100m 01:13.14 41,35	150m 01:57.79 44,65	02:33.11(+69)
26. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050)	50m 00:32.59 32,59	100m 01:10.82 38,23	150m 01:57.46 46,64	02:33.16(+84)
27. Michelle Pschuk (SG Ruhr, 246475)	50m 00:30.83 30,83	100m 01:12.10 41,27	150m 01:54.45 42,35	02:33.17(+75)
28. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	50m 00:31.51 31,51	100m 01:10.77 39,26	150m 01:57.06 46,29	02:33.22(+65)
29. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	50m 00:31.16 31,16	100m 01:11.12 39,96	150m 01:57.91 46,79	02:33.24(+74)
30. Judith Houtvast (Hellas-Glana, 200300714)	50m 00:31.80 31,80	100m 01:14.06 42,26	150m 01:58.57 44,51	02:33.40(+77)
31. Carlijn Hansté (WS Twente, 200201082)	50m 00:32.50 32,50	100m 01:11.63 39,13	150m 01:58.46 46,83	02:33.55(+83)
32. Bridget Vermeer (VZC, 200501766)	50m 00:32.43 32,43	100m 01:16.02 43,59	150m 01:58.77 42,75	02:33.81(+82)
33. Kim Rebergen (Hellas-Glana, 200100676)	50m 00:33.16 33,16	100m 01:13.08 39,92	150m 01:59.42 46,34	02:34.24(+76)
34. Christel Brugmans (Hieronymus, 200005602)	50m 00:32.95 32,95	100m 01:16.44 43,49	150m 02:00.22 43,78	02:35.92(+77)

35. Chantalle Zijderveld (HPC PARA - ZZ&PC De Devel, 200000702) [S10]				02:37.22(+66)
	50m	00:34.4934,49	100m 01:17.3842,89	150m 02:01.4944,11
36. Mandy van Rossum (Aqua-Novio'94, 200204904)				02:37.36(+79)
	50m	00:33.2733,27	100m 01:17.5044,23	150m 02:00.5443,04
37. Linda Kamperman (Aquarijn, 199601238)				02:39.47(+61)
	50m	00:32.2432,24	100m 01:13.1040,86	150m 02:02.9849,88
38. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10]				02:39.49(+84)
	50m	00:32.6632,66	100m 01:13.5340,87	150m 02:03.3149,78
39. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]				02:55.86(+69)
	50m	00:39.2439,24	100m 01:28.5549,31	150m 02:18.4549,90
40. Jonne Moleman (LinK, 200006264) [S7]				03:24.52(+92)
	50m	00:45.7445,74	100m 01:34.3048,56	150m 02:42.2167,91
25. 4x200m vrije slag heren				
vanaf 11 jaar (Senioren Open)				
26. 4x100m vrije slag dames				
vanaf 11 jaar (Senioren Open)				
1. PSV				03:59.73
Manon Aerssens 1999 (+73)	50m	00:29.4029,40		
Manon Aerssens 1999 (+73)	100m	01:01.3531,95		
Soraya Wasser 1999 (+33)	150m	01:30.0028,65		
Soraya Wasser 1999 (+33)	200m	02:00.2230,22		
Marit de Lau 2001 (+28)	250m	02:29.4129,19		
Marit de Lau 2001 (+28)	300m	03:01.1231,71		
Amy de Langen 1997 (+38)	350m	03:29.2128,09		
Amy de Langen 1997 (+38)	400m	03:59.7330,52		
2. De Dolfijn				04:00.04
Amber Celie 2003 (+77)	50m	00:29.8329,83		
Amber Celie 2003 (+77)	100m	01:01.3831,55		
Mirl de Boer 1997 (+44)	150m	01:29.6528,27		
Mirl de Boer 1997 (+44)	200m	02:00.7931,14		
Tamara Grove 1996 (+30)	250m	02:28.4627,67		
Tamara Grove 1996 (+30)	300m	02:59.2330,77		
Amy de Sain 2003 (+38)	350m	03:28.0628,83		
Amy de Sain 2003 (+38)	400m	04:00.0431,98		
3. The Hague Swimming (SG)				04:00.82
Sterre Keller 1999 (+76)	50m	00:29.5429,54		
Sterre Keller 1999 (+76)	100m	01:01.9732,43		
Femke Hoppenbrouwer 2003 (+43)	150m	01:30.6428,67		
Femke Hoppenbrouwer 2003 (+43)	200m	02:01.6230,98		
Ilse Kraaijeveld 2002 (+25)	250m	02:30.5128,89		
Ilse Kraaijeveld 2002 (+25)	300m	03:02.6932,18		
Dorien Butter 1996 (+44)	350m	03:30.6727,98		
Dorien Butter 1996 (+44)	400m	04:00.8230,15		
4. VZC				04:04.39
Silke Molendijk 2001 (+69)	50m	00:29.6029,60		
Silke Molendijk 2001 (+69)	100m	01:00.7031,10		
Josse Bergman 2003 (+42)	150m	01:30.2629,56		
Josse Bergman 2003 (+42)	200m	02:01.6931,43		
Kirsten Verhalle 2004 (+63)	250m	02:30.9829,29		
Kirsten Verhalle 2004 (+63)	300m	03:03.0132,03		
Maike Issard 2003 (+50)	350m	03:32.1929,18		
Maike Issard 2003 (+50)	400m	04:04.3932,20		
5. De Dinkel				04:05.63
Anouk Knippers 1997 (+73)	50m	00:29.1129,11		
Anouk Knippers 1997 (+73)	100m	01:00.5131,40		
Laura Rolink 1999 (+26)	150m	01:31.0530,54		
Laura Rolink 1999 (+26)	200m	02:03.6232,57		
Lonne Dijkhuis 1994 (+37)	250m	02:32.4828,86		
Lonne Dijkhuis 1994 (+37)	300m	03:05.5133,03		

Madelijne Schothans 2000 (+38)	350m	03:34.32	28,81	
Madelijne Schothans 2000 (+38)	400m	04:05.63	31,31	
6. DWK				04:05.70
Birgit van Buiten 2002 (+74)	50m	00:30.33	30,33	
Birgit van Buiten 2002 (+74)	100m	01:03.35	33,02	
Mendy de Rooi 1997 (+41)	150m	01:31.26	27,91	
Mendy de Rooi 1997 (+41)	200m	02:01.64	30,38	
Sanne Ditzel 1999 (+53)	250m	02:31.07	29,43	
Sanne Ditzel 1999 (+53)	300m	03:03.39	32,32	
Isabel Aardema 2001 (+37)	350m	03:33.44	30,05	
Isabel Aardema 2001 (+37)	400m	04:05.70	32,26	
7. Hellas-Glana				04:06.13
Manon Ritten 2000 (+80)	50m	00:29.22	29,22	
Manon Ritten 2000 (+80)	100m	01:00.23	31,01	
Imke Beekman 2003 (+63)	150m	01:30.08	29,85	
Imke Beekman 2003 (+63)	200m	02:01.62	31,54	
Judith Houtvast 2003 (+52)	250m	02:31.49	29,87	
Judith Houtvast 2003 (+52)	300m	03:04.77	33,28	
Britt Cornelissens 2000 (+37)	350m	03:34.20	29,43	
Britt Cornelissens 2000 (+37)	400m	04:06.13	31,93	
8. Dedemsvaart-AC				04:06.49
Hanne te Velthuis 2002 (+81)	50m	00:29.35	29,35	
Hanne te Velthuis 2002 (+81)	100m	01:01.09	31,74	
Tessa van de Belt 2001 (+26)	150m	01:31.05	29,96	
Tessa van de Belt 2001 (+26)	200m	02:03.45	32,40	
Michelle Zomerdijk 2000 (+33)	250m	02:32.66	29,21	
Michelle Zomerdijk 2000 (+33)	300m	03:05.31	32,65	
Manon Compagner 2001 (+30)	350m	03:34.18	28,87	
Manon Compagner 2001 (+30)	400m	04:06.49	32,31	
9. TriVia				04:07.98
Mariëlle Dolfijn 2002 (+75)	50m	00:28.72	28,72	
Mariëlle Dolfijn 2002 (+75)	100m	00:59.84	31,12	
Myrthe Natzijl 2004 (+38)	150m	01:30.64	30,80	
Myrthe Natzijl 2004 (+38)	200m	02:03.62	32,98	
Inge Dekker 2002 (+28)	250m	02:33.30	29,68	
Inge Dekker 2002 (+28)	300m	03:06.16	32,86	
Tessa Kooi 2002 (+34)	350m	03:35.45	29,29	
Tessa Kooi 2002 (+34)	400m	04:07.98	32,53	
10. ZPCH				04:10.23
Madelon Dijkstra 1997 (+78)	50m	00:30.03	30,03	
Madelon Dijkstra 1997 (+78)	100m	01:02.62	32,59	
Caroline Boxman 2000 (+37)	150m	01:32.32	29,70	
Caroline Boxman 2000 (+37)	200m	02:05.05	32,73	
Kim Zwinkels 2003 (+43)	250m	02:35.02	29,97	
Kim Zwinkels 2003 (+43)	300m	03:07.82	32,80	
Maike van de Velde 2000 (+20)	350m	03:37.35	29,53	
Maike van de Velde 2000 (+20)	400m	04:10.23	32,88	
11. Zuiderzeezwemmers				04:11.21
Lotte Klaver 2006 (+73)	50m	00:30.74	30,74	
Lotte Klaver 2006 (+73)	100m	01:04.17	33,43	
Cynthia Smit 2001 (+49)	150m	01:34.06	29,89	
Cynthia Smit 2001 (+49)	200m	02:07.42	33,36	
Dagmar Kruik 1998 (+34)	250m	02:37.74	30,32	
Dagmar Kruik 1998 (+34)	300m	03:10.39	32,65	
Danique Stoop 1991 (+48)	350m	03:39.82	29,43	
Danique Stoop 1991 (+48)	400m	04:11.21	31,39	
12. Aqua-Novio'94				04:11.23
Zanthe Janssen 2002 (+72)	50m	00:30.59	30,59	
Zanthe Janssen 2002 (+72)	100m	01:04.10	33,51	
Thera Janssen 2005 (+71)	150m	01:33.91	29,81	
Thera Janssen 2005 (+71)	200m	02:07.82	33,91	
Sasya van Hamersveld 2002 (+51)	250m	02:37.49	29,67	

50m 00:29.20 29,20	250m 02:35.84 32,23	450m 04:45.47 32,41	650m 06:55.58 32,38
100m 01:00.11 30,91	300m 03:07.99 32,15	500m 05:18.04 32,57	700m 07:28.52 32,94
150m 01:31.72 31,61	350m 03:40.42 32,43	550m 05:50.63 32,59	750m 08:00.68 32,16
200m 02:03.61 31,89	400m 04:13.06 32,64	600m 06:23.20 32,57	

4. Owen Peeks (ZPC Hoogeveen, 200100765) 08:36.62(+81)

50m 00:30.38 30,38	250m 02:39.98 32,30	450m 04:49.63 32,21	650m 07:00.04 32,71
100m 01:02.88 32,50	300m 03:12.28 32,30	500m 05:22.07 32,44	700m 07:32.75 32,71
150m 01:35.42 32,54	350m 03:44.83 32,55	550m 05:54.59 32,52	750m 08:05.44 32,69
200m 02:07.68 32,26	400m 04:17.42 32,59	600m 06:27.33 32,74	

5. David Kuipers (Orca, 200003633) 08:52.21(+75)

50m 00:29.50 29,50	250m 02:42.08 33,41	450m 04:58.47 34,22	650m 07:13.49 33,75
100m 01:02.00 32,50	300m 03:15.90 33,82	500m 05:32.04 33,57	700m 07:47.33 33,84
150m 01:35.28 33,28	350m 03:50.11 34,21	550m 06:05.94 33,90	750m 08:21.08 33,75
200m 02:08.67 33,39	400m 04:24.25 34,14	600m 06:39.74 33,80	

6. Merlin Belmon (De Dolfijn, 200403191) 09:06.13(+86)

50m 00:30.39 30,39	250m 02:44.98 34,29	450m 05:04.81 34,98	650m 07:24.52 34,44
100m 01:03.10 32,71	300m 03:19.69 34,71	500m 05:39.88 35,07	700m 07:59.30 34,78
150m 01:36.70 33,60	350m 03:54.61 34,92	550m 06:14.77 34,89	750m 08:33.55 34,25
200m 02:10.69 33,99	400m 04:29.83 35,22	600m 06:50.08 35,31	

Open Nederlandse Kampioenschappen Lange Baan sessie 4 - finales - zaterdag 22 juni 2019 om 16:30u (50 m)

Aanvangstijd juryvergadering: 15:30u

121. 100m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6] 01:08.49(+81)
50m 00:32.73 32,73

2. Sebastiaan Broere (Hieronymus, 199803687) [S14] 00:56.81(+86)
50m 00:27.35 27,35

3. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10] 00:54.92(+72)
50m 00:26.44 26,44

4. Rogier Dorsman (HPC PARA - ZZ&PC De Devel, 199900211) [S11] 01:00.98(+71)
50m 00:29.39 29,39

5. Bram Daalman (ZV Haerlem, 200300629) [S14] 00:58.85(+80)
50m 00:27.74 27,74

6. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13] 00:56.93(+76)
50m 00:27.20 27,20

7. Lars Jacobsen (DWK, 199705453) [S14] 01:02.92(+79)
50m 00:30.19 30,19

8. Sven Schutte (HPC PARA - Zwemlust Den Hommel, 198604713) [S9] 01:04.70(+79)
50m 00:29.36 29,36

124. 200m wisselslag - Dames

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11] 02:49.13(+68)
50m 00:36.81 36,81 100m 01:24.87 48,06 150m 02:12.51 47,64

2. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10] 02:29.15(+82)
50m 00:31.51 31,51 100m 01:10.72 39,21 150m 01:54.71 43,99

3. Chantalle Zijderfeld (HPC PARA - ZZ&PC De Devel, 200000702) [S10] 02:31.57(+66)
50m 00:32.69 32,69 100m 01:14.72 42,03 150m 01:57.14 42,42

4. Jonne Moleman (LinK, 200006264) [S7] 03:19.64(+88)
50m 00:42.89 42,89 100m 01:31.49 48,60 150m 02:39.29 67,80

13. 4x100m vrije slag

vanaf 11 jaar

1. ZPC AMERSFOORT			03:37.69
Kingue Struijf 1994 (+65)	50m	00:24.87	24,87
Kingue Struijf 1994 (+65)	100m	00:52.10	27,23
Austin Namesnik 2001 (+39)	150m	01:17.43	25,33
Austin Namesnik 2001 (+39)	200m	01:44.72	27,29
Sterre Mooiweer 1998 (+19)	250m	02:11.67	26,95
Sterre Mooiweer 1998 (+19)	300m	02:41.81	30,14
Elise Hardeman 2001 (+41)	350m	03:08.06	26,25
Elise Hardeman 2001 (+41)	400m	03:37.69	29,63
2. PSV			03:38.47
Lieyon Plattel 2002 (+65)	50m	00:25.40	25,40
Lieyon Plattel 2002 (+65)	100m	00:52.80	27,40
Guus van Stiphout 1995 (+30)	150m	01:17.27	24,47
Guus van Stiphout 1995 (+30)	200m	01:44.76	27,49
Sam van Nunen 2001 (+56)	250m	02:12.01	27,25
Sam van Nunen 2001 (+56)	300m	02:42.36	30,35
Nelly Velthuijs 1994 (+32)	350m	03:08.62	26,26
Nelly Velthuijs 1994 (+32)	400m	03:38.47	29,85
3. Orca			03:40.04
Dominique Sikkema 1995 (+65)	50m	00:24.59	24,59
Dominique Sikkema 1995 (+65)	100m	00:52.28	27,69
David Kuipers 2000 (+11)	150m	01:18.23	25,95
David Kuipers 2000 (+11)	200m	01:46.09	27,86
Josien Wijkhuijs 1999 (+47)	250m	02:13.51	27,42
Josien Wijkhuijs 1999 (+47)	300m	02:43.82	30,31
Silke Huisman 2003 (+27)	350m	03:10.78	26,96
Silke Huisman 2003 (+27)	400m	03:40.04	29,26
4. De Dolfijn			03:41.75
Jesse van der A 1999 (+65)	50m	00:25.16	25,16
Jesse van der A 1999 (+65)	100m	00:53.28	28,12
Tom Lommers 1990 (+40)	150m	01:18.54	25,26
Tom Lommers 1990 (+40)	200m	01:45.13	26,59
Mirl de Boer 1997 (+38)	250m	02:13.02	27,89
Mirl de Boer 1997 (+38)	300m	02:43.71	30,69
Tamara Grove 1996 (+30)	350m	03:11.13	27,42
Tamara Grove 1996 (+30)	400m	03:41.75	30,62
5. The Hague Swimming (SG)			03:42.19
Brandon van den Berg 2002 (+69)	50m	00:25.76	25,76
Brandon van den Berg 2002 (+69)	100m	00:53.32	27,56
Dorien Butter 1996 (+51)	150m	01:21.11	27,79
Dorien Butter 1996 (+51)	200m	01:51.87	30,76
Femke Hoppenbrouwer 2003 (+39)	250m	02:19.71	27,84
Femke Hoppenbrouwer 2003 (+39)	300m	02:49.94	30,23
Jonne Schaafsma 1998 (+25)	350m	03:14.79	24,85
Jonne Schaafsma 1998 (+25)	400m	03:42.19	27,40
6. Aquarijn			03:45.21
Joan Kentrop 1985 (+82)	50m	00:25.55	25,55
Joan Kentrop 1985 (+82)	100m	00:53.53	27,98
Bjorn van Doesburg 2002 (+34)	150m	01:18.19	24,66
Bjorn van Doesburg 2002 (+34)	200m	01:44.72	26,53
Marin Wieling 2005 (+44)	250m	02:13.92	29,20
Marin Wieling 2005 (+44)	300m	02:46.29	32,37
Jonna Wieling 2002 (+19)	350m	03:13.98	27,69
Jonna Wieling 2002 (+19)	400m	03:45.21	31,23
7. De Dolfijn			03:49.20
Nino Sieling 1997 (+70)	50m	00:25.50	25,50
Nino Sieling 1997 (+70)	100m	00:52.99	27,49
Elroy Schot 2002 (+36)	150m	01:18.29	25,30
Elroy Schot 2002 (+36)	200m	01:47.07	28,78
Noa Oldenhof 1997 (+34)	250m	02:16.14	29,07
Noa Oldenhof 1997 (+34)	300m	02:48.99	32,85
Amber Celie 2003 (+16)	350m	03:17.63	28,64

Amber Celie 2003 (+16) 400m 03:49.20 31,57

8. Dedemsvaart-AC

03:56.56

Tristan Scholten 2002 (+76) 50m 00:27.00 27,00
Tristan Scholten 2002 (+76) 100m 00:56.56 29,56
Niels Kragt 2003 (+31) 150m 01:24.29 27,73
Niels Kragt 2003 (+31) 200m 01:54.97 30,68
Hanne te Velthuis 2002 (+48) 250m 02:23.56 28,59
Hanne te Velthuis 2002 (+48) 300m 02:55.59 32,03
Manon Compagner 2001 (+33) 350m 03:24.43 28,84
Manon Compagner 2001 (+33) 400m 03:56.56 32,13

14. 800m vrije slag - Dames

15. 400m wisselslag - Heren

vanaf 11 jaar (Senioren Open)

1. Sten Postma (Aqua-Novio'94, 200000011)

04:34.69(+68)

50m 00:28.99 28,99 150m 01:40.60 37,84 250m 02:55.96 38,32 350m 04:05.30 30,78
100m 01:02.76 33,77 200m 02:17.64 37,04 300m 03:34.52 38,56

2. Rowan Keen (Borger, 199500727)

04:36.05(+74)

50m 00:29.59 29,59 150m 01:40.50 36,70 250m 02:54.18 38,32 350m 04:05.00 31,63
100m 01:03.80 34,21 200m 02:15.86 35,36 300m 03:33.37 39,19

3. Wietse Beerens (De Dommelbaarzen, 198700159)

04:41.96(+76)

50m 00:29.79 29,79 150m 01:41.77 36,51 250m 02:56.40 38,68 350m 04:09.83 34,43
100m 01:05.26 35,47 200m 02:17.72 35,95 300m 03:35.40 39,00

4. Dave Holweg (ZPC AMERSFOORT, 199701521)

04:45.64(+72)

50m 00:28.28 28,28 150m 01:39.69 36,67 250m 02:57.53 41,69 350m 04:12.56 33,55
100m 01:03.02 34,74 200m 02:15.84 36,15 300m 03:39.01 41,48

5. Owen Peeks (ZPC Hoogeveen, 200100765)

04:47.64(+77)

50m 00:31.85 31,85 150m 01:44.32 36,67 250m 03:02.28 42,02 350m 04:16.84 32,68
100m 01:07.65 35,80 200m 02:20.26 35,94 300m 03:44.16 41,88

6. Arjan Dekker (ReVeLie Swim Team, 200000499)

04:47.71(+67)

50m 00:30.16 30,16 150m 01:43.61 37,91 250m 02:59.51 39,71 350m 04:15.04 34,13
100m 01:05.70 35,54 200m 02:19.80 36,19 300m 03:40.91 41,40

7. David Kuipers (Orca, 200003633)

04:51.65(+72)

50m 00:29.76 29,76 150m 01:44.37 40,07 250m 03:04.53 41,42 350m 04:20.96 33,17
100m 01:04.30 34,54 200m 02:23.11 38,74 300m 03:47.79 43,26

8. Jelle Nap (VZC, 199502875)

04:53.07(+75)

50m 00:30.20 30,20 150m 01:45.26 40,19 250m 03:05.46 40,82 350m 04:20.35 33,24
100m 01:05.07 34,87 200m 02:24.64 39,38 300m 03:47.11 41,65

9. Nicko Kamphuis (De Warande, 199900887)

04:55.00(+64)

50m 00:30.76 30,76 150m 01:47.09 40,40 250m 03:08.27 40,80 350m 04:22.77 32,92
100m 01:06.69 35,93 200m 02:27.47 40,38 300m 03:49.85 41,58

10. Olivier Jans (De Fuut, 200001815)

04:56.70(+75)

50m 00:31.96 31,96 150m 01:46.71 38,69 250m 03:06.97 42,23 350m 04:24.28 34,88
100m 01:08.02 36,06 200m 02:24.74 38,03 300m 03:49.40 42,43

10. Timo Spaans (Nextline Swimming, 200201087)

04:56.70(+64)

50m 00:29.79 29,79 150m 01:44.01 39,68 250m 03:06.58 42,69 350m 04:25.98 35,95
100m 01:04.33 34,54 200m 02:23.89 39,88 300m 03:50.03 43,45

12. Björn Piket (HZPC, 199602133)

04:58.65(+72)

50m 00:31.64 31,64 150m 01:48.66 39,09 250m 03:09.31 40,87 350m 04:26.07 34,65
100m 01:09.57 37,93 200m 02:28.44 39,78 300m 03:51.42 42,11

116. 100m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]

01:07.40(+73)

50m 00:31.93 31,93

2. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10]

01:01.43(+80)

50m 00:30.08 30,08

3. Chantalle Zijdeveld (HPC PARA - ZZ&PC De Devel, 200000702) [S10] 50m 00:30.35 30,35	01:03.03(+66)
4. Jonne Moleman (LinK, 200006264) [S7] 50m 00:35.71 35,71	01:14.91(+77)
5. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14] 50m 00:30.20 30,20	01:03.00(+85)
6. Florianne Bultje (HPC PARA - DWT, 199804342) [S10] 50m 00:31.70 31,70	01:06.41(+79)
7. Milou van Winkel (LinK, 200402296) [S14] 50m 00:33.21 33,21	01:12.05(+82)
16. 100m vrije slag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Robin Neumann (De Dolfijn, 199706190) 50m 00:27.17 27,17	00:55.52(+65)
2. Marrit Steenbergen (HPC - DZ&PC, 200000086) 50m 00:27.12 27,12	00:56.09(+78)
3. Nelly Velthuijs (PSV, 199404028) 50m 00:27.18 27,18	00:56.69(+73)
4. Elise Hardeman (ZPC AMERSFOORT, 200101068) 50m 00:27.75 27,75	00:56.82(+69)
5. Silke Holkenborg (OC - VZC, 200100292) 50m 00:27.54 27,54	00:56.95(+73)
6. Josien Wijkhuijs (Orca, 199902866) 50m 00:27.76 27,76	00:57.63(+68)
7. Sam van Nunen (PSV, 200100036) 50m 00:27.72 27,72	00:57.88(+70)
8. Myrna van Duijven (DZ&PC, 199900252) 50m 00:27.90 27,90	00:57.94(+71)
9. Yara van Kalmthout (Nova, 200200984) 50m 00:28.43 28,43	00:58.64(+75)
10. Britta Koehorst (OC - De Lansingh, 200300246) 50m 00:28.23 28,23	00:58.65(+75)
11. Tamara Grove (De Dolfijn, 199601266) 50m 00:28.27 28,27	00:58.70(+72)
12. Dorien Butter (The Hague Swimming (SG), 199606542) 50m 00:28.28 28,28	00:58.79(+74)
13. Mendy de Rooi (DWK, 199700780) 50m 00:28.64 28,64	00:58.82(+63)
14. Milou van Wijk (MNC Dordrecht, 200404948) 50m 00:28.92 28,92	00:58.83(+76)
15. Arianne Kooijinga (TriVia, 200001544) 50m 00:28.33 28,33	00:59.57(+76)
16. Amber Celle (De Dolfijn, 200300756) 50m 00:29.20 29,20	00:59.98(+79)
117. 100m vlinderslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Marc Evers (HPC PARA - ZV Haerlem, 199107425) [S14] 50m 00:27.97 27,97	00:59.70(+81)
2. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]	01:01.67(+74)

	50m 00:28.49 28,49	
3. Bram Daalman (ZV Haerlem, 200300629) [S14]	50m 00:30.90 30,90	01:08.43(+86)
4. Simon Boer (HPC PARA - ZPC AMERSFOORT, 199505643) [S8]	50m 00:34.50 34,50	01:13.72(+49)
17. 100m vlinderslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>		
1. Joeri Verlinden (PSV, 198803549)	50m 00:24.39 24,39	00:52.41(+66)
2. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627)	50m 00:25.49 25,49	00:54.68(+63)
3. Ruben Stam (De Dolfijn, 199800331)	50m 00:25.42 25,42	00:55.03(+65)
4. Jeroen Baars (The Hague Swimming (SG), 199200031)	50m 00:25.18 25,18	00:55.06(+67)
5. Junior de Bruin (OC - ZPC Hoogeveen, 200000839)	50m 00:26.03 26,03	00:55.51(+68)
6. Matthijs van Meerendonk (TriVia, 199900375)	50m 00:25.74 25,74	00:56.34(+69)
7. Thomas Kappe (DWK, 199805141)	50m 00:26.30 26,30	00:56.90(+73)
8. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:26.98 26,98	00:58.51(+67)
9. Niklas David Yeboah (PSV, 199805765)	50m 00:26.48 26,48	00:57.12(+66)
10. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	50m 00:26.94 26,94	00:57.69(+66)
11. Daan Zwertbroek (PSV, 199900463)	50m 00:27.26 27,26	00:57.72(+71)
12. Jesse van Dijk (ZPC AMERSFOORT, 199903259)	50m 00:26.90 26,90	00:57.96(+63)
13. Dennis Kamps (De Dinkel, 200000191)	50m 00:27.28 27,28	00:58.18(+75)
14. Jacob de Roos (De Granaet, 199900553)	50m 00:26.92 26,92	00:58.26(+66)
15. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	50m 00:27.09 27,09	00:58.81(+67)
16. Ingmar Hartman (KSN (SG), 199801013)	50m 00:26.68 26,68	00:58.92(+73)
18. 50m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>		
1. Anne Palmans (OC - WVZ, 200006324)		00:32.37(+72)
2. Valerie van Roon (HPC - WVZ, 199802326)		00:32.38(+66)
3. Sanne Busch (PSV, 200101486)		00:32.51(+73)
4. Lonne Dijkhuis (De Dinkel, 199400030)		00:32.58(+76)
4. Lynn Blommers (The Hague Swimming (SG), 200105062)		00:32.58(+68)
6. Madelijne Schothans (De Dinkel, 200002416)		00:32.73(+77)
7. Anouk Knippers (De Dinkel, 199700602)		00:33.06(+74)

8. Larissa Brak (ZPC AMERSFOORT, 198800572)				00:33.60(+75)
9. Karin Rijkelijkhuisen (DZ&PC, 199403358)				00:33.34(+67)
10. Mirl de Boer (De Dolfijn, 199700468)				00:33.64(+70)
11. Yvon Versteeg (De Veene, 199201864)				00:33.80(+71)
12. Zara Konstapel (NDD, 200101144)				00:33.89(+67)
13. Kristy Nagtzaam (PSV, 200002212)				00:33.95(+62)
14. Selene Wortel (Hieronymus, 199700654)				00:34.23(+68)
15. Mandy van Rossum (Aqua-Novio'94, 200204904)				00:34.66(+79)
16. Britta Koehorst (OC - De Lansingh, 200300246)				00:34.98(+72)
19. 200m schoolslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Koen Lems (ZPC AMERSFOORT, 199603709)				02:14.15(+72)
	50m 00:30.47 30,47	100m 01:04.23 33,76	150m 01:38.63 34,40	
2. Wietse Waninge (ZPC AMERSFOORT, 199800023)				02:17.60(+66)
	50m 00:30.87 30,87	100m 01:05.72 34,85	150m 01:41.37 35,65	
3. Juri Dijkstra (OC - TriVia, 200002119)				02:19.36(+72)
	50m 00:31.20 31,20	100m 01:07.26 36,06	150m 01:43.45 36,19	
4. Koen Koster (HZPC, 199900517)				02:19.41(+69)
	50m 00:32.28 32,28	100m 01:07.14 34,86	150m 01:42.97 35,83	
5. Duncan van Haaren (WIDEX GZC DONK, 200000681)				02:19.61(+69)
	50m 00:30.62 30,62	100m 01:06.51 35,89	150m 01:43.30 36,79	
6. Sten Postma (Aqua-Novio'94, 200000011)				02:21.27(+67)
	50m 00:32.62 32,62	100m 01:09.02 36,40	150m 01:45.20 36,18	
7. Thom Delno (PSV, 200000013)				02:21.66(+73)
	50m 00:31.48 31,48	100m 01:07.32 35,84	150m 01:44.44 37,12	
8. Ian Sanders (Hellas-Glana, 200100373)				02:23.51(+68)
	50m 00:32.50 32,50	100m 01:08.99 36,49	150m 01:46.06 37,07	
9. Serginni Marten (DWK, 199307281)				02:23.86(+71)
	50m 00:31.71 31,71	100m 01:07.41 35,70	150m 01:44.73 37,32	
10. Quinn van den Heuvel (WVZ, 200100297)				02:24.83(+74)
	50m 00:31.88 31,88	100m 01:08.92 37,04	150m 01:46.68 37,76	
11. Joost de Roy van Zuydewijn (WVZ, 200000255)				02:25.88(+73)
	50m 00:32.23 32,23	100m 01:08.68 36,45	150m 01:47.44 38,76	
12. Nicholas Theunissen (De Dolfijn, 199605679)				02:26.89(+63)
	50m 00:31.13 31,13	100m 01:07.72 36,59	150m 01:46.94 39,22	
13. Dirk Zeelte (De Waalstroom, 199105911)				02:27.74(+80)
	50m 00:33.52 33,52	100m 01:11.07 37,55	150m 01:49.38 38,31	
14. Martijn Velders (TZC-Vahalis, 199502619)				02:31.27(+63)
	50m 00:33.26 33,26	100m 01:12.13 38,87	150m 01:51.75 39,62	
15. Derk Beemer (PSV, 200002901)				02:32.59(+71)
	50m 00:32.81 32,81	100m 01:11.15 38,34	150m 01:51.61 40,46	
16. Perry Laarhoven (ZPC Numansdorp, 200301321)				02:33.06(+78)
	50m 00:33.62 33,62	100m 01:12.77 39,15	150m 01:53.43 40,66	
20. 200m vlinderslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Lotte Hosper (OC - Racing Club, 200201414)				02:16.59(+79)
	50m 00:29.85 29,85	100m 01:03.67 33,82	150m 01:38.83 35,16	

2. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	50m 00:32.37 32,37	100m 01:07.31 34,94	150m 01:43.66 36,35	02:17.83(+81)
3. Emelie Schnagl (SSG Saar Max Ritter, 262869)	50m 00:30.91 30,91	100m 01:05.89 34,98	150m 01:42.34 36,45	02:20.05(+71)
4. Lisa Dreesens (The Hague Swimming (SG), 199105798)	50m 00:30.89 30,89	100m 01:06.56 35,67	150m 01:42.90 36,34	02:20.13(+83)
5. Silke Molendijk (VZC, 200100178)	50m 00:31.14 31,14	100m 01:06.43 35,29	150m 01:42.54 36,11	02:20.27(+75)
6. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	50m 00:31.42 31,42	100m 01:07.05 35,63	150m 01:44.50 37,45	02:22.05(+68)
7. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050)	50m 00:32.06 32,06	100m 01:09.11 37,05	150m 01:48.17 39,06	02:29.15(+88)
8. Manon van Esch (TRB-RES, 199702090)	50m 00:32.09 32,09	100m 01:09.60 37,51	150m 01:49.93 40,33	02:30.46(+72)
21. 100m vrije slag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Maarten Brzoskowski (HPC - PSV, 199500769)	50m 00:24.58 24,58			00:50.64(+66)
2. Ben Schwieter (HPC - ZPC AMERSFOORT, 199704831)	50m 00:24.50 24,50			00:50.65(+71)
3. Bart Sommeling (OC - De Dolfijn, 199800765)	50m 00:24.24 24,24			00:50.90(+69)
4. Alexander Skinner (Dolphins Swimming Club)	50m 00:24.41 24,41			00:51.04(+67)
5. Alexander Kunert (SV Gelnhäusen 1924 e.V., 178627)	50m 00:24.98 24,98			00:51.08(+62)
6. Alexis Borisavljevic (Leuven Aquatics, LAQUA/11183/97)	50m 00:25.07 25,07			00:51.18(+67)
7. Thomas Verhoeven (The Hague Swimming (SG), 199700311)	50m 00:24.69 24,69			00:51.36(+72)
8. Valentin Borisavljevic (Leuven Aquatics, LAQUA/11189/97)	50m 00:25.36 25,36			00:52.30(+70)
9. Berjen Mellema (OC - PSV, 199800615)	50m 00:24.54 24,54			00:51.43(+70)
10. Jens Krijgsman (OC - De Columbiaan, 199901429)	50m 00:24.91 24,91			00:51.54(+67)
11. Tom Lommers (De Dolfijn, 199001847)	50m 00:24.88 24,88			00:51.91(+66)
12. Niels van Eck (ZPC Hoogeveen, 198900793)	50m 00:25.43 25,43			00:52.21(+68)
13. Tim Hoogerwerf (DWK, 200005587)	50m 00:25.40 25,40			00:52.54(+67)
14. Stephan Putman (DWK, 199502955)	50m 00:25.41 25,41			00:52.61(+72)
15. Nino Sieling (De Dolfijn, 199701845)	50m 00:25.29 25,29			00:53.06(+70)
16. Ingmar Hartman (KSN (SG), 199801013)	50m 00:26.68 26,68			00:54.33(+75)
22. 100m rugslag - Dames				

vanaf 11 jaar (Senioren Open)

1. Tessa Vermeulen (HPC - De Dolfijn, 199800068) 50m 00:29.47 29,47	01:01.49(+64)
2. Marieke Tienstra (OC - TriVia, 199900302) 50m 00:29.96 29,96	01:01.91(+60)
3. Sterre Mooiweer (ZPC AMERSFOORT, 199800236) 50m 00:30.76 30,76	01:03.23(+63)
4. Josien Wijkhuijs (Orca, 199902866) 50m 00:30.90 30,90	01:03.40(+63)
5. Manon Manning (Nova, 199904118) 50m 00:31.23 31,23	01:03.74(+64)
6. Indy Jongman (OC - PSV, 200100528) 50m 00:31.25 31,25	01:04.35(+60)
7. Lieke Oude Lenferink (OC - WS Twente, 200200068) 50m 00:31.47 31,47	01:04.86(+59)
8. Milou van Wijk (MNC Dordrecht, 200404948) 50m 00:32.16 32,16	01:06.25(+67)
9. Carlijn Hansté (WS Twente, 200201082) 50m 00:31.88 31,88	01:06.03(+67)
10. Chefanja Nunes (OC - WVZ, 200104750) 50m 00:31.85 31,85	01:06.24(+65)
11. Wiktoria Redzimska (ZPC Hoogeveen, 200106042) 50m 00:32.31 32,31	01:06.64(+59)
12. Josse Bergman (VZC, 200305146) 50m 00:32.39 32,39	01:06.97(+66)
13. Renée Vanderheyden (ReVeLie Swim Team, 199903130) 50m 00:32.17 32,17	01:06.98(+62)
14. Romy van Alphen (Olympia, 199502776) 50m 00:32.81 32,81	01:07.60(+65)
15. Mabel Sulić (WVZ, 199307964) 50m 00:33.28 33,28	01:08.23(+64)
16. Roma Vrijhof (De Lansingh, 200201306) 50m 00:32.91 32,91	01:09.13(+74)
123. 50m rugslag - Heren	
vanaf 11 jaar (Senioren Open)	
1. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]	00:31.60(+63)
2. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13]	00:30.01(+56)
3. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]	00:38.20(+83)
23. 50m rugslag - Heren	
vanaf 11 jaar (Senioren Open)	
1. Tom Donker (PSV, 199805711)	00:25.79(+51)
2. Luuk Nijland (DWK, 199700333)	00:26.11(+58)
3. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	00:26.28(+56)
4. Baptiste Leger (ES Massy Natation)	00:26.35(+56)
5. Jelle Betten (OC - DZ&PC, 200001535)	00:26.57(+47)
6. Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997)	00:26.85(+61)
7. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:27.36(+63)

8. Niek Heethaar (DWK, 199900999)				00:27.56(+58)
9. Maquinho Vorst (OC - ZPC De Hof, 200204179)				00:27.39(+62)
10. Ruben Dekker (De Dolfijn, 199300627)				00:27.69(+61)
10. Aidan Baines (PSV, 200005761)				00:27.69(+60)
12. Melvin Prins (Wiekslag, 199500201)				00:27.73(+65)
13. Jorrick Druyven (DAW, 199400507)				00:27.84(+60)
14. Dennis Kamps (De Dinkel, 200000191)				00:28.01(+67)
15. Tom Laarhuis (De Dinkel, 199800309)				00:28.27(+59)
16. Ivo van Dijck (The Hague Swimming (SG), 199702985)				00:28.43(+60)
24. 200m wisselslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Silke Huisman (Orca, 200301182)				02:20.24(+73)
	50m 00:30.75 30,75	100m 01:07.51 36,76	150m 01:47.77 40,26	
2. Silke Holkenborg (OC - VZC, 200100292)				02:20.56(+73)
	50m 00:30.05 30,05	100m 01:06.22 36,17	150m 01:48.59 42,37	
3. Emelie Schnagl (SSG Saar Max Ritter, 262869)				02:22.42(+71)
	50m 00:29.94 29,94	100m 01:07.59 37,65	150m 01:49.17 41,58	
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928)				02:23.25(+77)
	50m 00:29.81 29,81	100m 01:06.11 36,30	150m 01:51.03 44,92	
5. Myrna van Duijven (DZ&PC, 199900252)				02:24.83(+73)
	50m 00:30.72 30,72	100m 01:08.55 37,83	150m 01:51.39 42,84	
6. Inge Vieveen (OC - WVZ, 200100024)				02:25.73(+77)
	50m 00:30.87 30,87	100m 01:09.91 39,04	150m 01:51.73 41,82	
7. Zanthé Janssen (Aqua-Novio'94, 200201786)				02:26.31(+80)
	50m 00:32.38 32,38	100m 01:10.60 38,22	150m 01:52.07 41,47	
8. Lonneke Kampman (Nextline Swimming, 200100146)				02:27.21(+79)
	50m 00:30.78 30,78	100m 01:08.40 37,62	150m 01:51.41 43,01	
9. Lize Janna de Vries (Orca, 200101948)				02:25.52(+79)
	50m 00:30.64 30,64	100m 01:09.20 38,56	150m 01:52.18 42,98	
10. Robin Goossens (Nuenen, 200003128)				02:27.48(+85)
	50m 00:32.36 32,36	100m 01:12.32 39,96	150m 01:52.51 40,19	
11. Isabel Aardema (DWK, 200100364)				02:28.64(+79)
	50m 00:31.66 31,66	100m 01:10.59 38,93	150m 01:54.24 43,65	
12. Maaïke Issard (VZC, 200300022)				02:28.77(+82)
	50m 00:31.22 31,22	100m 01:09.35 38,13	150m 01:54.57 45,22	
13. Selene Wortel (Hieronymus, 199700654)				02:29.02(+67)
	50m 00:31.28 31,28	100m 01:11.25 39,97	150m 01:55.19 43,94	
14. Yvon Versteeg (De Veene, 199201864)				02:29.97(+75)
	50m 00:32.04 32,04	100m 01:12.84 40,80	150m 01:55.48 42,64	
15. Nikita van den Ouden (Nuenen, 199900622)				02:30.16(+73)
	50m 00:31.44 31,44	100m 01:10.38 38,94	150m 01:55.68 45,30	
16. Kirsten Verhalle (VZC, 200400210)				02:30.27(+76)
	50m 00:31.45 31,45	100m 01:10.39 38,94	150m 01:55.99 45,60	
25. 4x200m vrije slag heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. PSV				07:38.47
	Lieyon Plattel 2002 (+66)	50m 00:26.17 26,17		
	Lieyon Plattel 2002 (+66)	100m 00:54.64 28,47		

Lieyon Plattel 2002 (+66)	150m	01:24.29	29,65
Lieyon Plattel 2002 (+66)	200m	01:53.58	29,29
Stijn Simons 1999 (+38)	250m	02:20.50	26,92
Stijn Simons 1999 (+38)	300m	02:49.95	29,45
Stijn Simons 1999 (+38)	350m	03:20.75	30,80
Stijn Simons 1999 (+38)	400m	03:51.23	30,48
Maarten Brzoskowski 1995 (+34)	450m	04:16.62	25,39
Maarten Brzoskowski 1995 (+34)	500m	04:44.43	27,81
Maarten Brzoskowski 1995 (+34)	550m	05:13.75	29,32
Maarten Brzoskowski 1995 (+34)	600m	05:43.16	29,41
Tom Donker 1998 (+36)	650m	06:09.67	26,51
Tom Donker 1998 (+36)	700m	06:38.78	29,11
Tom Donker 1998 (+36)	750m	07:08.75	29,97
Tom Donker 1998 (+36)	800m	07:38.47	29,72

2. De Dolfin

07:47.71

Nino Sieling 1997 (+69)	50m	00:26.74	26,74
Nino Sieling 1997 (+69)	100m	00:56.38	29,64
Nino Sieling 1997 (+69)	150m	01:26.25	29,87
Nino Sieling 1997 (+69)	200m	01:57.01	30,76
Elroy Schot 2002 (+34)	250m	02:23.51	26,50
Elroy Schot 2002 (+34)	300m	02:53.64	30,13
Elroy Schot 2002 (+34)	350m	03:25.20	31,56
Elroy Schot 2002 (+34)	400m	03:55.48	30,28
Sem Zijl 2002 (+30)	450m	04:22.18	26,70
Sem Zijl 2002 (+30)	500m	04:52.15	29,97
Sem Zijl 2002 (+30)	550m	05:23.46	31,31
Sem Zijl 2002 (+30)	600m	05:54.08	30,62
Bart Sommeling 1998 (+30)	650m	06:19.33	25,25
Bart Sommeling 1998 (+30)	700m	06:46.90	27,57
Bart Sommeling 1998 (+30)	750m	07:16.93	30,03
Bart Sommeling 1998 (+30)	800m	07:47.71	30,78

3. DWK

07:52.97

Tim Hoogerwerf 2000 (+73)	50m	00:27.00	27,00
Tim Hoogerwerf 2000 (+73)	100m	00:56.46	29,46
Tim Hoogerwerf 2000 (+73)	150m	01:26.90	30,44
Tim Hoogerwerf 2000 (+73)	200m	01:56.43	29,53
Niek Heethaar 1999 (+47)	250m	02:22.99	26,56
Niek Heethaar 1999 (+47)	300m	02:53.48	30,49
Niek Heethaar 1999 (+47)	350m	03:25.59	32,11
Niek Heethaar 1999 (+47)	400m	03:58.45	32,86
Serginni Marten 1993 (+25)	450m	04:25.48	27,03
Serginni Marten 1993 (+25)	500m	04:55.30	29,82
Serginni Marten 1993 (+25)	550m	05:25.99	30,69
Serginni Marten 1993 (+25)	600m	05:57.19	31,20
Luuk Nijland 1997 (+25)	650m	06:23.89	26,70
Luuk Nijland 1997 (+25)	700m	06:54.21	30,32
Luuk Nijland 1997 (+25)	750m	07:23.52	29,31
Luuk Nijland 1997 (+25)	800m	07:52.97	29,45

4. De Dinkel

07:56.36

Karst Boersma 1996 (+75)	50m	00:26.48	26,48
Karst Boersma 1996 (+75)	100m	00:55.31	28,83
Karst Boersma 1996 (+75)	150m	01:25.51	30,20
Karst Boersma 1996 (+75)	200m	01:55.86	30,35
Dennis Kamps 2000 (+51)	250m	02:22.98	27,12
Dennis Kamps 2000 (+51)	300m	02:52.92	29,94
Dennis Kamps 2000 (+51)	350m	03:23.50	30,58
Dennis Kamps 2000 (+51)	400m	03:54.23	30,73
Jurre Hanstede 2002 (+36)	450m	04:21.41	27,18
Jurre Hanstede 2002 (+36)	500m	04:52.53	31,12
Jurre Hanstede 2002 (+36)	550m	05:24.74	32,21
Jurre Hanstede 2002 (+36)	600m	05:57.41	32,67
Tom Laarhuis 1998 (+19)	650m	06:23.57	26,16
Tom Laarhuis 1998 (+19)	700m	06:53.35	29,78
Tom Laarhuis 1998 (+19)	750m	07:24.92	31,57
Tom Laarhuis 1998 (+19)	800m	07:56.36	31,44

5. ZPC AMERSFOORT

07:59.23

Bas Morelissen 2001 (+65)	50m	00:27.61	27,61
Bas Morelissen 2001 (+65)	100m	00:57.60	29,99
Bas Morelissen 2001 (+65)	150m	01:28.43	30,83
Bas Morelissen 2001 (+65)	200m	01:59.06	30,63
Wietse Waninge 1998 (+30)	250m	02:25.79	26,73
Wietse Waninge 1998 (+30)	300m	02:55.88	30,09
Wietse Waninge 1998 (+30)	350m	03:27.08	31,20
Wietse Waninge 1998 (+30)	400m	03:57.94	30,86
Koen Lems 1996 (+43)	450m	04:24.94	27,00
Koen Lems 1996 (+43)	500m	04:54.96	30,02
Koen Lems 1996 (+43)	550m	05:26.59	31,63
Koen Lems 1996 (+43)	600m	05:57.24	30,65
Austin Namesnik 2001 (+14)	650m	06:24.33	27,09
Austin Namesnik 2001 (+14)	700m	06:54.97	30,64
Austin Namesnik 2001 (+14)	750m	07:26.61	31,64
Austin Namesnik 2001 (+14)	800m	07:59.23	32,62

6. Hellas-Glana

08:06.01

Raf Hendriks 2001 (+74)	50m	00:26.96	26,96
Raf Hendriks 2001 (+74)	100m	00:56.76	29,80
Raf Hendriks 2001 (+74)	150m	01:28.36	31,60
Raf Hendriks 2001 (+74)	200m	01:59.19	30,83
Lars Kerremans 2001 (+43)	250m	02:26.80	27,61
Lars Kerremans 2001 (+43)	300m	02:58.56	31,76
Lars Kerremans 2001 (+43)	350m	03:32.66	34,10
Lars Kerremans 2001 (+43)	400m	04:06.01	33,35
Niels de Boer 2000 (+27)	450m	04:32.79	26,78
Niels de Boer 2000 (+27)	500m	05:03.62	30,83
Niels de Boer 2000 (+27)	550m	05:35.98	32,36
Niels de Boer 2000 (+27)	600m	06:09.04	33,06
Lucas Greven 1995 (+31)	650m	06:35.25	26,21
Lucas Greven 1995 (+31)	700m	07:04.17	28,92
Lucas Greven 1995 (+31)	750m	07:34.60	30,43
Lucas Greven 1995 (+31)	800m	08:06.01	31,41

7. Dedemsvaart-AC

08:45.25

Niels Kragt 2003 (+70)	50m	00:29.27	29,27
Niels Kragt 2003 (+70)	100m	01:02.21	32,94
Niels Kragt 2003 (+70)	150m	01:36.02	33,81
Niels Kragt 2003 (+70)	200m	02:09.57	33,55
Tristan Scholten 2002 (+44)	250m	02:37.81	28,24
Tristan Scholten 2002 (+44)	300m	03:10.60	32,79
Tristan Scholten 2002 (+44)	350m	03:45.75	35,15
Tristan Scholten 2002 (+44)	400m	04:19.79	34,04
Arjan Prins 1982 (+20)	450m	04:48.09	28,30
Arjan Prins 1982 (+20)	500m	05:21.00	32,91
Arjan Prins 1982 (+20)	550m	05:56.22	35,22
Arjan Prins 1982 (+20)	600m	06:31.52	35,30
Jesper Kloek 1990 (+53)	650m	07:00.33	28,81
Jesper Kloek 1990 (+53)	700m	07:33.16	32,83
Jesper Kloek 1990 (+53)	750m	08:09.13	35,97
Jesper Kloek 1990 (+53)	800m	08:45.25	36,12

26. 4x100m vrije slag dames
vanaf 11 jaar (Senioren Open)

1. PSV

03:47.68

Sam van Nunen 2001 (+70)	50m	00:27.27	27,27
Sam van Nunen 2001 (+70)	100m	00:56.86	29,59
Loulou Vos 1999 (+32)	150m	01:24.54	27,68
Loulou Vos 1999 (+32)	200m	01:54.60	30,06
Indy Jongman 2001 (+27)	250m	02:22.37	27,77
Indy Jongman 2001 (+27)	300m	02:51.92	29,55
Nelly Velthuijs 1994 (+33)	350m	03:18.25	26,33
Nelly Velthuijs 1994 (+33)	400m	03:47.68	29,43

2. De Dolfijn

03:48.79

Tamara van Vliet 1994 (+68)	50m	00:26.33	26,33	
Tamara van Vliet 1994 (+68)	100m	00:57.09	30,76	
Mirl de Boer 1997 (+28)	150m	01:25.07	27,98	
Mirl de Boer 1997 (+28)	200m	01:55.67	30,60	
Tamara Grove 1996 (+23)	250m	02:23.16	27,49	
Tamara Grove 1996 (+23)	300m	02:53.70	30,54	
Robin Neumann 1997 (+40)	350m	03:20.11	26,41	
Robin Neumann 1997 (+40)	400m	03:48.79	28,68	
3. The Hague Swimming (SG)				03:54.78
Dorien Butter 1996 (+76)	50m	00:27.76	27,76	
Dorien Butter 1996 (+76)	100m	00:58.04	30,28	
Lynn Blommers 2001 (+38)	150m	01:26.28	28,24	
Lynn Blommers 2001 (+38)	200m	01:57.21	30,93	
Ilse Kraaijeveld 2002 (+50)	250m	02:25.30	28,09	
Ilse Kraaijeveld 2002 (+50)	300m	02:56.68	31,38	
Femke Hoppenbrouwer 2003 (+26)	350m	03:24.35	27,67	
Femke Hoppenbrouwer 2003 (+26)	400m	03:54.78	30,43	
4. VZC				04:00.91
Josse Bergman 2003 (+72)	50m	00:29.00	29,00	
Josse Bergman 2003 (+72)	100m	01:00.03	31,03	
Maike Issard 2003 (+24)	150m	01:28.49	28,46	
Maike Issard 2003 (+24)	200m	01:59.59	31,10	
Kirsten Verhalle 2004 (+38)	250m	02:29.02	29,43	
Kirsten Verhalle 2004 (+38)	300m	03:00.62	31,60	
Silke Molendijk 2001 (+50)	350m	03:29.65	29,03	
Silke Molendijk 2001 (+50)	400m	04:00.91	31,26	
5. Hellas-Glana				04:03.06
Manon Ritten 2000 (+78)	50m	00:28.98	28,98	
Manon Ritten 2000 (+78)	100m	01:00.36	31,38	
Imke Beekman 2003 (+44)	150m	01:29.88	29,52	
Imke Beekman 2003 (+44)	200m	02:01.90	32,02	
Judith Houtvast 2003 (+59)	250m	02:31.81	29,91	
Judith Houtvast 2003 (+59)	300m	03:04.00	32,19	
Britt Cornelissens 2000 (+34)	350m	03:32.12	28,12	
Britt Cornelissens 2000 (+34)	400m	04:03.06	30,94	
6. DWK				04:03.67
Mendy de Rooi 1997 (+65)	50m	00:28.34	28,34	
Mendy de Rooi 1997 (+65)	100m	00:58.87	30,53	
Birgit van Buiten 2002 (+29)	150m	01:28.59	29,72	
Birgit van Buiten 2002 (+29)	200m	02:01.03	32,44	
Sanne Ditzel 1999 (+36)	250m	02:30.36	29,33	
Sanne Ditzel 1999 (+36)	300m	03:02.25	31,89	
Isabel Aardema 2001 (+45)	350m	03:31.67	29,42	
Isabel Aardema 2001 (+45)	400m	04:03.67	32,00	
7. De Dinkel				04:05.58
Lonne Dijkhuis 1994 (+76)	50m	00:29.02	29,02	
Lonne Dijkhuis 1994 (+76)	100m	01:00.82	31,80	
Laura Rolink 1999 (+28)	150m	01:30.64	29,82	
Laura Rolink 1999 (+28)	200m	02:02.43	31,79	
Madelijne Schothans 2000 (+41)	250m	02:31.58	29,15	
Madelijne Schothans 2000 (+41)	300m	03:04.45	32,87	
Anouk Knippers 1997 (+37)	350m	03:33.34	28,89	
Anouk Knippers 1997 (+37)	400m	04:05.58	32,24	
8. Dedemsvaart-AC				04:06.43
Hanne te Velthuis 2002 (+85)	50m	00:29.10	29,10	
Hanne te Velthuis 2002 (+85)	100m	01:01.33	32,23	
Tessa van de Belt 2001 (+25)	150m	01:30.76	29,43	
Tessa van de Belt 2001 (+25)	200m	02:03.88	33,12	
Michelle Zomerdijk 2000 (+31)	250m	02:33.04	29,16	
Michelle Zomerdijk 2000 (+31)	300m	03:06.14	33,10	
Manon Compagner 2001 (+37)	350m	03:34.83	28,69	
Manon Compagner 2001 (+37)	400m	04:06.43	31,60	

Open Nederlandse Kampioenschappen Lange Baan sessie 5 - series - zondag 23 juni 2019 om 09:00u (50 m)

Aanvangstijd juryvergadering: 07:45u

28. 4x100m wisselslag

vanaf 11 jaar

1. PSV

04:04.85

Tom Donker 1998 (+52)	50m	00:27.23	27,23
Tom Donker 1998 (+52)	100m	00:56.18	28,95
Derk Beemer 2000 (+29)	150m	01:26.45	30,27
Derk Beemer 2000 (+29)	200m	02:03.04	36,59
Julia van Leeuwen 2000 (+61)	250m	02:31.68	28,64
Julia van Leeuwen 2000 (+61)	300m	03:07.26	35,58
Nelly Velthuijs 1994 (+40)	350m	03:34.32	27,06
Nelly Velthuijs 1994 (+40)	400m	04:04.85	30,53

2. WS Twente

04:08.00

Lieke Oude Lenferink 2002 (+59)	50m	00:31.99	31,99
Lieke Oude Lenferink 2002 (+59)	100m	01:05.94	33,95
Thomas de Lange 1997 (+50)	150m	01:34.79	28,85
Thomas de Lange 1997 (+50)	200m	02:08.85	34,06
Ebel van Geemen 1999 (+20)	250m	02:35.88	27,03
Ebel van Geemen 1999 (+20)	300m	03:08.15	32,27
Roëlle op de Haar 2001 (+32)	350m	03:36.31	28,16
Roëlle op de Haar 2001 (+32)	400m	04:08.00	31,69

3. ZPC AMERSFOORT

04:08.47

Jetske Moot 2004 (+62)	50m	00:32.47	32,47
Jetske Moot 2004 (+62)	100m	01:07.40	34,93
Kasper Leeuw 1993 (+38)	150m	01:36.67	29,27
Kasper Leeuw 1993 (+38)	200m	02:10.21	33,54
Jesse van Dijk 1999 (+32)	250m	02:35.97	25,76
Jesse van Dijk 1999 (+32)	300m	03:07.14	31,17
Ymke Dragstra 2003 (+32)	350m	03:36.36	29,22
Ymke Dragstra 2003 (+32)	400m	04:08.47	32,11

4. De Dolfijn

04:08.68

Mirl de Boer 1997 (+62)	50m	00:32.58	32,58
Mirl de Boer 1997 (+62)	100m	01:08.09	35,51
Nicholas Theunissen 1996 (+30)	150m	01:38.18	30,09
Nicholas Theunissen 1996 (+30)	200m	02:13.38	35,20
Ruben Stam 1998 (+22)	250m	02:39.24	25,86
Ruben Stam 1998 (+22)	300m	03:09.55	30,31
Tamara Grove 1996 (+27)	350m	03:37.49	27,94
Tamara Grove 1996 (+27)	400m	04:08.68	31,19

5. Hellas-Glana

04:09.92

Raf Hendriks 2001 (+54)	50m	00:29.18	29,18
Raf Hendriks 2001 (+54)	100m	00:59.67	30,49
Lucas Greven 1995 (+31)	150m	01:29.46	29,79
Lucas Greven 1995 (+31)	200m	02:03.87	34,41
Judith Houtvast 2003 (+44)	250m	02:33.80	29,93
Judith Houtvast 2003 (+44)	300m	03:09.72	35,92
Britt Cornelissens 2000 (+33)	350m	03:38.46	28,74
Britt Cornelissens 2000 (+33)	400m	04:09.92	31,46

6. WVZ

04:14.18

Quinn van den Heuvel 2001 (+71)	50m	00:30.34	30,34
Quinn van den Heuvel 2001 (+71)	100m	01:03.93	33,59
Joost de Roy van Zuydewijn 2000 (+32)	150m	01:35.09	31,16
Joost de Roy van Zuydewijn 2000 (+32)	200m	02:10.64	35,55
Chefanja Nunes 2001 (+47)	250m	02:39.83	29,19
Chefanja Nunes 2001 (+47)	300m	03:14.25	34,42
Sophie de Jonge 2002 (+54)	350m	03:43.09	28,84
Sophie de Jonge 2002 (+54)	400m	04:14.18	31,09

7. TriVia

04:14.56

Arianne Kooijinga 2000 (+64)	50m	00:32.56	32,56	
Arianne Kooijinga 2000 (+64)	100m	01:07.95	35,39	
Richard Kuipers 1997 (+30)	150m	01:40.85	32,90	
Richard Kuipers 1997 (+30)	200m	02:17.88	37,03	
Matthijs van Meerendonk 1999 (+42)	250m	02:44.06	26,18	
Matthijs van Meerendonk 1999 (+42)	300m	03:14.94	30,88	
Mariëlle Dolfijn 2002 (+37)	350m	03:43.14	28,20	
Mariëlle Dolfijn 2002 (+37)	400m	04:14.56	31,42	
8. De Dinkel				04:15.32
Dennis Kamps 2000 (+67)	50m	00:28.98	28,98	
Dennis Kamps 2000 (+67)	100m	00:59.65	30,67	
Lonne Dijkhuis 1994 (+57)	150m	01:32.90	33,25	
Lonne Dijkhuis 1994 (+57)	200m	02:12.89	39,99	
Eefje Slootweg 1998 (+33)	250m	02:44.10	31,21	
Eefje Slootweg 1998 (+33)	300m	03:21.78	37,68	
Tom Laarhuis 1998 (+37)	350m	03:47.29	25,51	
Tom Laarhuis 1998 (+37)	400m	04:15.32	28,03	
9. The Hague Swimming (SG)				04:16.70
Babette van der Kaaij 1999 (+67)	50m	00:33.72	33,72	
Babette van der Kaaij 1999 (+67)	100m	01:09.15	35,43	
Lynn Blommers 2001 (+46)	150m	01:43.33	34,18	
Lynn Blommers 2001 (+46)	200m	02:22.98	39,65	
Brandon van den Berg 2002 (+42)	250m	02:50.45	27,47	
Brandon van den Berg 2002 (+42)	300m	03:23.02	32,57	
Ian Minnigh 1997 (+7)	350m	03:48.36	25,34	
Ian Minnigh 1997 (+7)	400m	04:16.70	28,34	
10. Dedemsvaart-AC				04:17.10
Ismay Lichtendonk 2004 (+64)	50m	00:31.06	31,06	
Ismay Lichtendonk 2004 (+64)	100m	01:04.79	33,73	
Leon van den Hof 2002 (+35)	150m	01:37.87	33,08	
Leon van den Hof 2002 (+35)	200m	02:18.79	40,92	
Sepp Kalter 1997 (+22)	250m	02:45.56	26,77	
Sepp Kalter 1997 (+22)	300m	03:16.73	31,17	
Hanne te Velthuis 2002 (+52)	350m	03:45.48	28,75	
Hanne te Velthuis 2002 (+52)	400m	04:17.10	31,62	
11. Nuenen				04:18.66
Merel Phaff 2001 (+65)	50m	00:33.69	33,69	
Merel Phaff 2001 (+65)	100m	01:09.63	35,94	
Bram Zwetsloot 2002 (-2)	150m	01:40.95	31,32	
Bram Zwetsloot 2002 (-2)	200m	02:17.36	36,41	
Alexander Nijst 2001 (+10)	250m	02:44.57	27,21	
Alexander Nijst 2001 (+10)	300m	03:16.92	32,35	
Susan Teijken 1995 (+18)	350m	03:46.20	29,28	
Susan Teijken 1995 (+18)	400m	04:18.66	32,46	
12. De Dolfijn				04:19.87
Enrico Molly 2000 (+56)	50m	00:29.20	29,20	
Enrico Molly 2000 (+56)	100m	01:02.87	33,67	
Justus Ykema 1999 (+5)	150m	01:34.22	31,35	
Justus Ykema 1999 (+5)	200m	02:12.23	38,01	
Irene Teufer 1996 (+48)	250m	02:41.98	29,75	
Irene Teufer 1996 (+48)	300m	03:16.80	34,82	
Noa Oldenhof 1997 (+38)	350m	03:46.66	29,86	
Noa Oldenhof 1997 (+38)	400m	04:19.87	33,21	
13. Nuenen				04:25.58
Sven Kardol 1993 (+66)	50m	00:30.59	30,59	
Sven Kardol 1993 (+66)	100m	01:02.69	32,10	
Ruud van Heerbeek 1993 (+28)	150m	01:34.02	31,33	
Ruud van Heerbeek 1993 (+28)	200m	02:11.16	37,14	
Kayley Mc Ateer 2003 (+42)	250m	02:43.36	32,20	
Kayley Mc Ateer 2003 (+42)	300m	03:21.30	37,94	
Richenne Zeebregts 1998 (+18)	350m	03:50.81	29,51	
Richenne Zeebregts 1998 (+18)	400m	04:25.58	34,77	

14. Zwemvereniging Hoogland						04:31.45					
Anne-Irene Ducheine 1995 (+59)	50m	00:34.42	34,42								
Anne-Irene Ducheine 1995 (+59)	100m	01:11.89	37,47								
Yuri van Omme 1985 (+20)	150m	01:44.17	32,28								
Yuri van Omme 1985 (+20)	200m	02:23.24	39,07								
Sander Kartman 1998 (+34)	250m	02:51.65	28,41								
Sander Kartman 1998 (+34)	300m	03:28.74	37,09								
Myra Smulders 1999 (+26)	350m	03:58.46	29,72								
Myra Smulders 1999 (+26)	400m	04:31.45	32,99								
15. HZ&PC Heerenveen						04:39.39					
Leonie van Wier 2002 (+66)	50m	00:35.03	35,03								
Leonie van Wier 2002 (+66)	100m	01:14.02	38,99								
Jorian Darwinkel 2003 (+41)	150m	01:47.57	33,55								
Jorian Darwinkel 2003 (+41)	200m	02:27.38	39,81								
Lianne van Wier 2002 (+57)	250m	02:59.24	31,86								
Lianne van Wier 2002 (+57)	300m	03:42.38	43,14								
Remco Dijkstra 2001 (+46)	350m	04:09.29	26,91								
Remco Dijkstra 2001 (+46)	400m	04:39.39	30,10								
16. De Rijn						04:44.36					
Tessa Mol 1995 (+74)	50m	00:35.36	35,36								
Tessa Mol 1995 (+74)	100m	01:14.48	39,12								
Marte Stoorvogel 1995 (+22)	150m	01:52.41	37,93								
Marte Stoorvogel 1995 (+22)	200m	02:36.50	44,09								
Jeroen Louwinger 1999 (+14)	250m	03:06.64	30,14								
Jeroen Louwinger 1999 (+14)	300m	03:43.19	36,55								
Johan Krakou 1991 (+19)	350m	04:10.71	27,52								
Johan Krakou 1991 (+19)	400m	04:44.36	33,65								
DIS. Orca						00:00.00					
Josien Wijkhuijs 1999 (+62)	50m	00:31.66	31,66								
Josien Wijkhuijs 1999 (+62)	100m	01:06.02	34,36								
Joyce Kuipers 2001 (-6)	400m	00:00.00	-66,02								
29. 400m vrije slag - Heren											
vanaf 11 jaar (Senioren Open)											
vanaf 11 jaar (Senioren Open)											
1. Erik Nijholt (DZ&PC, 199401349)						04:00.66(+77)					
50m	00:27.85	27,85	150m	01:28.61	30,79	250m	02:29.52	30,41	350m	03:30.58	30,32
100m	00:57.82	29,97	200m	01:59.11	30,50	300m	03:00.26	30,74			
2. Lleyton Plattel (OC - PSV, 200204993)						04:00.92(+65)					
50m	00:27.83	27,83	150m	01:28.36	30,40	250m	02:30.09	30,71	350m	03:31.28	30,44
100m	00:57.96	30,13	200m	01:59.38	31,02	300m	03:00.84	30,75			
3. Bart Sommeling (OC - De Dolfijn, 199800765)						04:03.94(+76)					
50m	00:27.69	27,69	150m	01:28.44	30,65	250m	02:30.47	31,15	350m	03:33.24	31,76
100m	00:57.79	30,10	200m	01:59.32	30,88	300m	03:01.48	31,01			
4. Maarten Brzoskowski (HPC - PSV, 199500769)						04:08.68(+69)					
50m	00:28.42	28,42	150m	01:30.23	30,87	250m	02:32.97	31,11	350m	03:37.23	32,28
100m	00:59.36	30,94	200m	02:01.86	31,63	300m	03:04.95	31,98			
5. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10]						04:11.19(+73)					
50m	00:28.56	28,56	150m	01:31.39	32,07	250m	02:35.29	31,91	350m	03:39.63	32,07
100m	00:59.32	30,76	200m	02:03.38	31,99	300m	03:07.56	32,27			
6. Rowan Keen (Borger, 199500727)						04:11.50(+74)					
50m	00:28.27	28,27	150m	01:31.73	32,21	250m	02:35.53	31,82	350m	03:39.66	32,14
100m	00:59.52	31,25	200m	02:03.71	31,98	300m	03:07.52	31,99			
7. Karst Boersma (De Dinkel, 199600849)						04:14.02(+77)					
50m	00:28.67	28,67	150m	01:33.13	32,19	250m	02:37.45	32,30	350m	03:41.98	32,31
100m	01:00.94	32,27	200m	02:05.15	32,02	300m	03:09.67	32,22			
8. Lucas Peters (Nextline Swimming, 200301325)						04:15.40(+74)					
50m	00:28.92	28,92	150m	01:33.23	32,55	250m	02:39.08	32,90	350m	03:44.12	32,41
100m	01:00.68	31,76	200m	02:06.18	32,95	300m	03:11.71	32,63			

9. Nino Sieling (De Dolfijn, 199701845)					04:16.04(+73)
50m	00:28.79 28,79	150m 01:32.99 32,54	250m 02:37.97 32,33	350m 03:43.17 32,84	
100m	01:00.45 31,66	200m 02:05.64 32,65	300m 03:10.33 32,36		
10. David Kuipers (Orca, 200003633)					04:18.27(+75)
50m	00:29.13 29,13	150m 01:34.33 32,76	250m 02:40.60 33,05	350m 03:46.74 32,91	
100m	01:01.57 32,44	200m 02:07.55 33,22	300m 03:13.83 33,23		
11. Dave van der Voet (De Dolfijn, 200102783)					04:18.93(+70)
50m	00:29.59 29,59	150m 01:35.56 33,43	250m 02:42.91 33,98	350m 03:48.00 31,95	
100m	01:02.13 32,54	200m 02:08.93 33,37	300m 03:16.05 33,14		
12. Merlin Belmon (De Dolfijn, 200403191)					04:24.37(+84)
50m	00:29.19 29,19	150m 01:34.47 33,34	250m 02:41.94 33,87	350m 03:51.11 34,72	
100m	01:01.13 31,94	200m 02:08.07 33,60	300m 03:16.39 34,45		
13. Sebastiaan Broere (Hieronymus, 199803687) [S14]					04:41.06(+83)
50m	00:31.42 31,42	150m 01:41.12 34,99	250m 02:52.09 35,52	350m 04:04.96 36,71	
100m	01:06.13 34,71	200m 02:16.57 35,45	300m 03:28.25 36,16		
14. Lars Jacobsen (DWK, 199705453) [S14]					04:53.35(+84)
50m	00:32.23 32,23	150m 01:44.76 36,86	250m 03:01.15 38,56	350m 04:18.01 38,57	
100m	01:07.90 35,67	200m 02:22.59 37,83	300m 03:39.44 38,29		
15. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]					05:40.38(+91)
50m	00:34.10 34,10	150m 01:56.82 42,64	250m 03:24.02 43,32	350m 04:55.27 45,35	
100m	01:14.18 40,08	200m 02:40.70 43,88	300m 04:09.92 45,90		
30. 400m wisselslag - Dames					
vanaf 11 jaar (Senioren Open)					
vanaf 11 jaar (Senioren Open)					
1. Lotte Hosper (OC - Racing Club, 200201414)					04:59.67(+77)
50m	00:30.91 30,91	150m 01:43.38 37,78	250m 03:04.91 43,82	350m 04:25.42 35,61	
100m	01:05.60 34,69	200m 02:21.09 37,71	300m 03:49.81 44,90		
2. Emelie Schnagl (SSG Saar Max Ritter, 262869)					05:07.40(+72)
50m	00:31.73 31,73	150m 01:49.75 41,34	250m 03:13.54 43,77	350m 04:33.33 35,57	
100m	01:08.41 36,68	200m 02:29.77 40,02	300m 03:57.76 44,22		
3. Lisa Dreesens (The Hague Swimming (SG), 199105798)					05:12.83(+88)
50m	00:31.79 31,79	150m 01:49.28 40,93	250m 03:14.46 44,99	350m 04:36.70 37,13	
100m	01:08.35 36,56	200m 02:29.47 40,19	300m 03:59.57 45,11		
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928)					05:14.58(+79)
50m	00:32.72 32,72	150m 01:49.35 39,30	250m 03:16.49 47,93	350m 04:39.42 35,75	
100m	01:10.05 37,33	200m 02:28.56 39,21	300m 04:03.67 47,18		
5. Anna van Droffelaar (OC - ZVVS, 200400258)					05:14.68(+68)
50m	00:32.71 32,71	150m 01:53.34 40,39	250m 03:16.44 43,34	350m 04:38.90 37,76	
100m	01:12.95 40,24	200m 02:33.10 39,76	300m 04:01.14 44,70		
6. Isabel Aardema (DWK, 200100364)					05:15.64(+78)
50m	00:32.53 32,53	150m 01:54.57 41,92	250m 03:19.67 44,65	350m 04:41.80 36,87	
100m	01:12.65 40,12	200m 02:35.02 40,45	300m 04:04.93 45,26		
7. Zante Janssen (Aqua-Novio'94, 200201786)					05:16.07(+84)
50m	00:34.90 34,90	150m 01:57.78 40,74	250m 03:21.02 42,77	350m 04:41.66 36,12	
100m	01:17.04 42,14	200m 02:38.25 40,47	300m 04:05.54 44,52		
8. Carlijn Hansté (WS Twente, 200201082)					05:16.38(+83)
50m	00:32.78 32,78	150m 01:50.87 39,25	250m 03:16.54 46,99	350m 04:41.41 36,66	
100m	01:11.62 38,84	200m 02:29.55 38,68	300m 04:04.75 48,21		
9. Angélique van Vark (Z&PC De Gouwe, 199701478)					05:16.52(+73)
50m	00:33.46 33,46	150m 01:54.87 41,14	250m 03:20.76 46,20	350m 04:42.53 36,27	
100m	01:13.73 40,27	200m 02:34.56 39,69	300m 04:06.26 45,50		
10. Birgit van Buiten (DWK, 200200498)					05:17.04(+72)
50m	00:34.95 34,95	150m 01:54.97 38,93	250m 03:17.86 44,84	350m 04:40.90 38,31	
100m	01:16.04 41,09	200m 02:33.02 38,05	300m 04:02.59 44,73		

11. Inge Vieveen (OC - WVZ, 200100024)						05:17.65(+85)					
50m	00:32.65	32,65	150m	01:54.56	42,08	250m	03:20.32	44,58	350m	04:42.25	36,13
100m	01:12.48	39,83	200m	02:35.74	41,18	300m	04:06.12	45,80			
12. Kirsten Verhale (VZC, 200400210)						05:17.71(+80)					
50m	00:32.69	32,69	150m	01:51.55	40,67	250m	03:18.82	46,60	350m	04:42.07	36,25
100m	01:10.88	38,19	200m	02:32.22	40,67	300m	04:05.82	47,00			
13. Wiktorja Redzimska (ZPC Hoogeveen, 200106042)						05:17.78(+75)					
50m	00:33.57	33,57	150m	01:53.89	40,07	250m	03:19.41	45,40	350m	04:43.18	37,11
100m	01:13.82	40,25	200m	02:34.01	40,12	300m	04:06.07	46,66			
14. Josse Bergman (VZC, 200305146)						05:19.15(+75)					
50m	00:32.92	32,92	150m	01:52.28	41,38	250m	03:19.50	47,45	350m	04:43.83	36,36
100m	01:10.90	37,98	200m	02:32.05	39,77	300m	04:07.47	47,97			
15. Lonneke Kampman (Nextline Swimming, 200100146)						05:19.50(+84)					
50m	00:34.38	34,38	150m	01:55.22	41,03	250m	03:20.47	45,04	350m	04:44.02	37,09
100m	01:14.19	39,81	200m	02:35.43	40,21	300m	04:06.93	46,46			
16. Valesca van den Bogert (Hieronymus, 200102138)						05:22.31(+76)					
50m	00:32.95	32,95	150m	01:56.04	43,44	250m	03:22.74	44,19	350m	04:45.47	37,37
100m	01:12.60	39,65	200m	02:38.55	42,51	300m	04:08.10	45,36			
17. Nikita van den Ouden (Nuenen, 199900622)						05:23.08(+75)					
50m	00:33.00	33,00	150m	01:54.23	41,70	250m	03:21.56	46,05	350m	04:46.59	37,56
100m	01:12.53	39,53	200m	02:35.51	41,28	300m	04:09.03	47,47			
18. Selene Wortel (Hieronymus, 199700654)						05:24.65(+66)					
50m	00:33.38	33,38	150m	01:56.96	43,30	250m	03:25.59	45,96	350m	04:49.03	36,11
100m	01:13.66	40,28	200m	02:39.63	42,67	300m	04:12.92	47,33			
19. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050)						05:25.25(+85)					
50m	00:32.93	32,93	150m	01:51.41	40,08	250m	03:19.60	48,25	350m	04:48.03	39,32
100m	01:11.33	38,40	200m	02:31.35	39,94	300m	04:08.71	49,11			
20. Kim Rebergen (Hellas-Glana, 200100676)						05:26.78(+75)					
50m	00:34.54	34,54	150m	01:58.52	41,51	250m	03:27.39	48,04	350m	04:52.74	37,13
100m	01:17.01	42,47	200m	02:39.35	40,83	300m	04:15.61	48,22			
21. Jonna Muntjewerff (ESCA Zwemmen, 200402396)						05:27.05(+83)					
50m	00:34.51	34,51	150m	01:59.56	42,82	250m	03:26.88	46,21	350m	04:51.18	38,05
100m	01:16.74	42,23	200m	02:40.67	41,11	300m	04:13.13	46,25			
22. Isa Schellekens (SWNZ (SG), 200002330)						05:27.16(+81)					
50m	00:33.47	33,47	150m	01:54.58	41,28	250m	03:23.39	48,34	350m	04:50.75	38,27
100m	01:13.30	39,83	200m	02:35.05	40,47	300m	04:12.48	49,09			
23. Roos Englebort (Hieronymus, 200200606)						05:27.59(+74)					
50m	00:33.84	33,84	150m	01:57.95	43,10	250m	03:24.89	46,41	350m	04:50.82	38,49
100m	01:14.85	41,01	200m	02:38.48	40,53	300m	04:12.33	47,44			
24. Charlotte Wilbers (ZPC Hoogeveen, 200400312)						05:29.98(+67)					
50m	00:34.30	34,30	150m	01:59.39	42,83	250m	03:28.47	47,61	350m	04:54.80	37,80
100m	01:16.56	42,26	200m	02:40.86	41,47	300m	04:17.00	48,53			
25. Anne Paulusse (De Warande, 200200834)						05:30.10(+76)					
50m	00:34.23	34,23	150m	01:56.48	40,78	250m	03:25.45	48,05	350m	04:51.76	38,55
100m	01:15.70	41,47	200m	02:37.40	40,92	300m	04:13.21	47,76			
26. Maike van de Velde (ZPCH, 200000382)						05:30.16(+84)					
50m	00:34.22	34,22	150m	01:57.67	42,45	250m	03:26.49	47,69	350m	04:53.33	38,60
100m	01:15.22	41,00	200m	02:38.80	41,13	300m	04:14.73	48,24			
27. Sarah Kits (WS Twente, 200101024)						05:31.99(+79)					
50m	00:34.40	34,40	150m	01:59.27	42,61	250m	03:26.24	45,44	350m	04:53.94	39,82
100m	01:16.66	42,26	200m	02:40.80	41,53	300m	04:14.12	47,88			
28. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)						05:32.58(+76)					
50m	00:31.89	31,89	150m	01:57.53	45,25	250m	03:28.44	47,00	350m	04:55.79	38,71
100m	01:12.28	40,39	200m	02:41.44	43,91	300m	04:17.08	48,64			

29. Noa Oldenhof (De Dolfijn, 199700622)					05:33.64(+69)
50m	00:34.34 34,34	150m 01:58.35 42,91	250m 03:28.97 49,27	350m 04:56.46 37,97	
100m	01:15.44 41,10	200m 02:39.70 41,35	300m 04:18.49 49,52		
30. Caroline Boxman (ZPCH, 200004660)					05:35.99(+84)
50m	00:33.86 33,86	150m 01:58.35 44,11	250m 03:31.22 49,71	350m 04:59.67 37,86	
100m	01:14.24 40,38	200m 02:41.51 43,16	300m 04:21.81 50,59		
31. Sophie Albers (Merlet, 200300990)					05:37.56(+75)
50m	00:36.22 36,22	150m 02:02.31 43,44	250m 03:33.14 47,95	350m 04:59.95 38,54	
100m	01:18.87 42,65	200m 02:45.19 42,88	300m 04:21.41 48,27		
32. Floor Weijmans (HZPC, 199502522)					05:39.48(+87)
50m	00:35.12 35,12	150m 02:00.44 43,28	250m 03:33.60 50,49	350m 05:03.08 38,23	
100m	01:17.16 42,04	200m 02:43.11 42,67	300m 04:24.85 51,25		
33. Irma van der Wulp (WVZ, 200401950)					05:40.19(+79)
50m	00:35.58 35,58	150m 02:04.80 44,60	250m 03:35.31 46,92	350m 05:02.16 38,34	
100m	01:20.20 44,62	200m 02:48.39 43,59	300m 04:23.82 48,51		
34. Meike van de Ree (Merlet, 200402646)					05:40.27(+87)
50m	00:35.71 35,71	150m 02:03.11 40,38	250m 03:33.67 48,99	350m 05:02.76 39,26	
100m	01:22.73 47,02	200m 02:44.68 41,57	300m 04:23.50 49,83		
35. Lara Hoeksema (The Hague Swimming (SG), 200400514)					05:41.47(+79)
50m	00:36.00 36,00	150m 02:04.32 44,93	250m 03:36.84 50,01	350m 05:04.71 37,79	
100m	01:19.39 43,39	200m 02:46.83 42,51	300m 04:26.92 50,08		
36. Isa Curvers (HZPC, 200205724)					05:41.66(+77)
50m	00:36.88 36,88	150m 02:01.57 40,96	250m 03:34.19 51,58	350m 05:03.93 38,66	
100m	01:20.61 43,73	200m 02:42.61 41,04	300m 04:25.27 51,08		
DIS. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)					00:00.00
DIS. Suze Kuipers (Orca, 200301714)					00:00.00
31. 50m vlinderslag - Heren					
vanaf 11 jaar (Senioren Open)					
vanaf 11 jaar (Senioren Open)					
1. Thom de Boer (De Dolfijn, 199100181)					00:23.81(+63)
2. Joeri Verlinden (PSV, 198803549)					00:24.14(+66)
3. Luuk Nijland (DWK, 199700333)					00:24.73(+72)
4. Jeroen Baars (The Hague Swimming (SG), 199200031)					00:24.82(+68)
5. Thomas Verhoeven (The Hague Swimming (SG), 199700311)					00:25.01(+72)
6. Tom Donker (PSV, 199805711)					00:25.18(+64)
7. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627)					00:25.19(+62)
8. Jens Krijgsman (OC - De Columbiaan, 199901429)					00:25.35(+67)
9. Junior de Bruin (OC - ZPC Hoogeveen, 200000839)					00:25.41(+67)
10. Matthijs van Meerendonk (TriVia, 199900375)					00:25.48(+67)
11. Tom Lommers (De Dolfijn, 199001847)					00:25.61(+67)
12. Sean Niewold (WVZ, 200204699)					00:25.62(+70)
13. Ruben Stam (De Dolfijn, 199800331)					00:25.65(+63)
14. Bjorn van Doesburg (Aquarijn, 200201867)					00:25.67(+68)
15. Niklas David Yeboah (PSV, 199805765)					00:25.74(+64)
16. Thomas Kappe (DWK, 199805141)					00:25.78(+71)
17. Austin Namesnik (ZPC AMERSFOORT, 200101817)					00:25.87(+64)

18. Maquinho Vorst (OC - ZPC De Hof, 200204179)	00:26.02(+67)
18. Jesse van Dijk (ZPC AMERSFOORT, 199903259)	00:26.02(+66)
20. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:26.06(+65)
21. Tim Hoogerwerf (DWK, 200005587)	00:26.15(+68)
22. Alexander Skinner (Dolphins Swimming Club)	00:26.19(+68)
23. Jacob de Roos (De Granaet, 199900553)	00:26.28(+67)
24. Berjen Mellema (OC - PSV, 199800615)	00:26.34(+69)
25. Jesse van der A (De Dolfijn, 199905303)	00:26.35(+66)
26. Youri Kool (Olympia, 199600767)	00:26.36(+66)
27. Dominique Sikkema (Orca, 199500399)	00:26.38(+63)
28. Alexander Nijst (Nuenen, 200104869)	00:26.46(+66)
29. Jarick Stoop (De Rijn, 199604181)	00:26.48(+66)
29. Ingmar Hartman (KSN (SG), 199801013)	00:26.48(+75)
31. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:26.54(+74)
32. Joan Kentrop (Aquarijn, 198503575)	00:26.62(+73)
33. Anton Jansen (PSV, 200003621)	00:26.64(+72)
33. Lars Verhalle (VZC, 200200019)	00:26.64(+72)
35. Nicko Kamphuis (De Warande, 199900887)	00:26.75(+61)
36. Niels de Boer (Hellas-Glana, 200001977)	00:26.78(+73)
37. Mathieu Boers (WS Twente, 199800187)	00:26.80(+71)
38. Emile Dost (Borger, 200100731)	00:26.81(+71)
39. Sepp Kalter (Dedemsvaart-AC, 199704327)	00:26.84(+70)
40. Bert Duivenvoorde (Noordwijkerhout, 199701805)	00:26.86(+72)
41. Lars de Vries (De Meeuwen Diemen, 199503431)	00:26.96(+71)
42. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:26.97(+63)
43. Pascal Nuijten (Feijenoord Albion Zwemclub, 199701353)	00:26.98(+71)
44. Max Voortman (DWK, 199902923)	00:27.00(+60)
45. Daan Siebenheller (ZOB'66, 199804955)	00:27.02(+68)
46. Bart Muselaers (DWK, 200100865)	00:27.06(+71)
47. Roderick van Doeselaar (Scheldestroom, 199200261)	00:27.07(+61)
48. Rick van Hamond (De Dommelbaarzen, 199205873)	00:27.08(+68)
49. Dave van der Voet (De Dolfijn, 200102783)	00:27.14(+67)
49. Gideon Heij (ZPC AMERSFOORT, 199800655)	00:27.14(+65)
51. Lars van der Zee (Triton, 199702427)	00:27.20(+72)
52. Loek van Houtert (Aqua-Novio'94, 199504515)	00:27.24(+68)
53. Aaron Hendriksen of Hendriks (LZ&PC De Haaien, 200002711)	00:27.25(+69)
54. Olivier Jans (De Fuut, 200001815)	00:27.42(+70)
55. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]	00:27.44(+72)
55. Sven Kardol (Nuenen, 199302135)	00:27.44(+66)

57. Luuk Smits (Tempo, 200001015)	00:27.60(+68)
57. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:27.60(+68)
59. Merlin Belmon (De Dolfijn, 200403191)	00:27.65(+72)
60. Ilmar Stoop (Zuiderzeezwemmers, 200100871)	00:27.92(+67)
61. Sebastiaan Rottier (TriVia, 200000147)	00:28.17(+66)
62. Richard Rasmijn (Kon AZ 1870, 199406487)	00:28.59(+63)
63. Bram Daalman (HPC PARA - ZV Haerlem, 200300629) [S14]	00:28.64(+79)
64. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:29.05(+83)
65. Dennis Kamps (De Dinkel, 200000191)	00:29.07(+73)
66. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]	00:29.69(+88)
32. 50m rugslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Marieke Tienstra (OC - TriVia, 199900302)	00:28.89(+61)
2. Valerie van Roon (HPC - WVZ, 199802326)	00:28.99(+55)
3. Tessa Vermeulen (HPC - De Dolfijn, 199800068)	00:29.03(+63)
4. Manon Manning (Nova, 199904118)	00:29.61(+62)
5. Indy Jongman (OC - PSV, 200100528)	00:29.99(+59)
5. Josien Wijkhuijs (Orca, 199902866)	00:29.99(+58)
7. Milou van Wijk (MNC Dordrecht, 200404948)	00:30.03(+61)
8. Ismay Lichtendonk (OC - Dedemsvaart AC, 200400622)	00:30.11(+61)
9. Sterre Mooiweer (ZPC AMERSFOORT, 199800236)	00:30.15(+63)
10. Tamara van Vliet (De Dolfijn, 199403562)	00:30.22(+58)
11. Lieke Oude Lenferink (OC - WS Twente, 200200068)	00:30.45(+60)
12. Chefanja Nunes (OC - WVZ, 200104750)	00:31.03(+64)
13. Danique Stoop (Zuiderzeezwemmers, 199106956)	00:31.10(+63)
14. Yara van Kalmthout (Nova, 200200984)	00:31.13(+64)
14. Arianne Kooijinga (TriVia, 200001544)	00:31.13(+63)
16. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	00:31.16(+66)
18. Lonneke Kampman (Nextline Swimming, 200100146)	00:31.26(+61)
19. Maaïke Broersma (BZ&PC, 200201522)	00:31.29(+66)
20. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:31.33(+65)
21. Roma Vrijhof (De Lansingh, 200201306)	00:31.36(+72)
22. Renée Vanderheyden (ReVeLie Swim Team, 199903130)	00:31.49(+60)
23. Kristy Nagtzaam (PSV, 200002212)	00:31.66(+60)
24. Romy van Alphen (Olympia, 199502776)	00:31.67(+63)
25. Dionne Salomons (Borger, 200200504)	00:31.79(+57)
25. Maaïke Issard (VZC, 200300022)	00:31.79(+72)
27. Joline Koop (Aqua'68, 200403174)	00:31.92(+68)

28. Inge Dekker (TriVia, 200200476)	00:32.00(+67)
29. Aniek van de Weerd (VZC, 200404136)	00:32.02(+61)
30. Wiktoria Redzimska (ZPC Hoogeveen, 200106042)	00:32.09(+60)
31. Merel Phaff (Nuenen, 200100434)	00:32.10(+63)
32. Anabel Ivanov (SSG Saar Max Ritter, 241225)	00:32.14(+60)
32. Babette van der Kaaij (The Hague Swimming (SG), 199902234)	00:32.14(+64)
34. Saskia de Klerk (GoSwim, 199004612)	00:32.17(+72)
35. Xiomara Getrouw (De Dolfijn, 199407552)	00:32.19(+64)
36. Thera Janssen (Aqua-Novio'94, 200500270)	00:32.27(+70)
37. Marit Boxum (Deltasteur, 200000068)	00:32.36(+83)
38. Judith Houtvast (Hellas-Glana, 200300714)	00:32.43(+66)
38. Jade Broek (OEZA, 199702300)	00:32.43(+63)
40. Isa Curvers (HZPC, 200205724)	00:32.52(+71)
41. Marieke Thijssen (NDD, 200002124)	00:32.58(+59)
42. Tessa van de Belt (Dedemsvaart-AC, 200102056)	00:32.75(+75)
43. Laura Rolink (De Dinkel, 199902018)	00:32.77(+75)
43. Sanne Ditzel (DWK, 199901092)	00:32.77(+63)
43. Melina Carrillo Moreno (ZV De Zaan, 200300880)	00:32.77(+64)
46. Eva van den Adel (De Otters Het Gooi, 200102892)	00:32.79(+66)
47. Kimberly Mijnen (WZ&PC Purmerend, 199503644)	00:32.82(+63)
48. Isa Schellekens (SWNZ (SG), 200002330)	00:33.02(+76)
49. Mabel Farenhorst (WZ&PC Purmerend, 200301004)	00:33.23(+58)
50. Isa Willemsen (Bommelerwaard (SG), 199900628)	00:33.26(+65)
51. Linda Kamperman (Aquarijn, 199601238)	00:33.28(+66)
52. Anne-Irene Ducheine (Zwemvereniging Hoogland, 199506824)	00:33.32(+60)
53. Nadja Wortel (Hieronymus, 199800798)	00:33.65(+81)
54. Rachel Blok (Het Y, 199906076)	00:33.67(+62)
55. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10]	00:33.68(+61)
56. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]	00:35.63(+69)
57. Diede Struijk (Nuenen, 200403824) [S13]	00:40.21(+79)
58. Jonne Moleman (LinK, 200006264) [S7]	00:43.60(+78)
33. 100m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i> <i>vanaf 11 jaar (Senioren Open)</i>	
1. Wietse Waninge (ZPC AMERSFOORT, 199800023) 50m 00:29.27 29,27	01:02.80(+67)
2. Thomas de Lange (WS Twente, 199701475) 50m 00:29.26 29,26	01:03.41(+75)
3. Kasper Leeuw (ZPC AMERSFOORT, 199304435) 50m 00:29.88 29,88	01:03.57(+68)
4. Nicholas Theunissen (De Dolfijn, 199605679)	01:04.03(+61)

	50m 00:30.18 30,18	
5.	Ardi Knol (DWK, 199603447) 50m 00:30.39 30,39	01:04.63(+68)
6.	Koen Lems (ZPC AMERSFOORT, 199603709) 50m 00:30.25 30,25	01:04.68(+72)
7.	Sten Postma (Aqua-Novio'94, 200000011) 50m 00:30.49 30,49	01:04.69(+68)
8.	Juri Dijkstra (OC - TriVia, 200002119) 50m 00:30.23 30,23	01:04.75(+72)
9.	Koen Koster (HZPC, 199900517) 50m 00:30.59 30,59	01:04.98(+69)
9.	Duncan van Haaren (WIDEX GZC DONK, 200000681) 50m 00:30.28 30,28	01:04.98(+71)
11.	Niels van Eck (ZPC Hoogeveen, 198900793) 50m 00:30.37 30,37	01:05.28(+68)
12.	Jonne Schaafsma (The Hague Swimming (SG), 199800745) 50m 00:30.62 30,62	01:05.35(+71)
13.	Thom Delno (PSV, 200000013) 50m 00:30.66 30,66	01:05.42(+72)
14.	Lucas Greven (Hellas-Glana, 199501941) 50m 00:31.15 31,15	01:05.79(+69)
15.	Serginni Marten (DWK, 199307281) 50m 00:30.23 30,23	01:06.65(+70)
16.	Stijn Geelen (MNC Dordrecht, 199801363) 50m 00:30.70 30,70	01:06.83(+71)
17.	Quinn van den Heuvel (WVZ, 200100297) 50m 00:30.87 30,87	01:06.84(+71)
18.	Joost de Roy van Zuydewijn (WVZ, 200000255) 50m 00:31.44 31,44	01:06.92(+71)
19.	Bram Zwetsloot (Nuenen, 200202117) 50m 00:31.62 31,62	01:07.44(+65)
20.	Lars Verhalle (VZC, 200200019) 50m 00:31.64 31,64	01:07.67(+74)
21.	Matthijs van Meerendonk (TriVia, 199900375) 50m 00:31.94 31,94	01:07.98(+74)
22.	Ian Sanders (Hellas-Glana, 200100373) 50m 00:31.84 31,84	01:08.17(+71)
22.	Maik Huser (ZPC Hoogeveen, 199900265) 50m 00:31.34 31,34	01:08.17(+78)
24.	Ruud van Heerbeek (Nuenen, 199301769) 50m 00:31.76 31,76	01:08.19(+70)
25.	Martijn Velders (TZC-Vahalis, 199502619) 50m 00:31.96 31,96	01:08.43(+61)
26.	Dirk Zeelte (De Waalstroom, 199105911) 50m 00:31.82 31,82	01:08.56(+78)
27.	Ruben Koek (DWK, 199701187) 50m 00:31.45 31,45	01:08.62(+73)
28.	Timo Spaans (Nextline Swimming, 200201087) 50m 00:31.86 31,86	01:08.83(+65)

29. Bryan Chen (KSN (SG), 199803201) 50m 00:30.95 30,95	01:09.08(+66)
30. Victor Barnar (GoSwim, 197801805) 50m 00:32.10 32,10	01:09.16(+73)
31. Jurre Stammes (DWK, 199701843) 50m 00:31.99 31,99	01:09.39(+70)
32. Max Voortman (DWK, 199902923) 50m 00:32.54 32,54	01:09.44(+62)
33. Marc Evers (HPC PARA - ZV Haerlem, 199107425) [SB14] 50m 00:32.21 32,21	01:09.69(+82)
34. Daen Spoor (VZC, 200101117) 50m 00:32.25 32,25	01:09.73(+74)
35. Arjan Dekker (ReVeLie Swim Team, 200000499) 50m 00:32.98 32,98	01:10.24(+66)
36. Darren Chen (KSN (SG), 200001149) 50m 00:32.78 32,78	01:10.38(+66)
37. Daan Zwertbroek (PSV, 199900463) 50m 00:32.70 32,70	01:10.57(+70)
38. Björn Piket (HZPC, 199602133) 50m 00:32.05 32,05	01:10.74(+71)
39. Perry Laarhoven (ZPC Numansdorp, 200301321) 50m 00:32.85 32,85	01:10.77(+76)
40. Jesse van Dijk (ZPC AMERSFOORT, 199903259) 50m 00:32.30 32,30	01:10.95(+69)
41. Paul van Grol (WIDEX GZC DONK, 199602951) 50m 00:32.74 32,74	01:11.15(+52)
42. Olivier Jans (De Fuut, 200001815) 50m 00:34.11 34,11	01:11.72(+70)
43. Yuri van Omme (Zwemvereniging Hoogland, 198501887) 50m 00:34.57 34,57	01:11.97(+83)
44. Luuk Smits (Tempo, 200001015) 50m 00:32.79 32,79	01:12.81(+68)
45. Tim van Duuren (HPC PARA - WIDEX GZC DONK, 199802255) [SB8] 50m 00:34.38 34,38	01:13.24(+65)
46. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [SB13] 50m 00:35.67 35,67	01:16.26(+75)
47. Simon Boer (HPC PARA - ZPC AMERSFOORT, 199505643) [SB7] 50m 00:40.60 40,60	01:25.21(+49)
34. 200m vrije slag - Dames vanaf 11 jaar (Senioren Open) vanaf 11 jaar (Senioren Open)	
1. Robin Neumann (De Dolfijn, 199706190) 50m 00:28.16 28,16 100m 00:58.65 30,49 150m 01:29.89 31,24	02:00.34(+64)
2. Loulou Vos (PSV, 199906128) 50m 00:28.93 28,93 100m 01:00.27 31,34 150m 01:32.20 31,93	02:03.96(+72)
3. Laura Setz (OC - Nova, 200000130) 50m 00:29.31 29,31 100m 01:00.98 31,67 150m 01:33.51 32,53	02:06.83(+83)
4. Leonie van Noort (WVZ, 199301752) 50m 00:29.88 29,88 100m 01:02.35 32,47 150m 01:35.02 32,67	02:06.93(+82)

5. Silke Holkenborg (OC - VZC, 200100292)				02:07.31(+73)	
50m	00:29.05 29,05	100m	01:01.02 31,97	150m	01:34.43 33,41
6. Elise Hardeman (ZPC AMERSFOORT, 200101068)				02:07.60(+71)	
50m	00:29.21 29,21	100m	01:01.51 32,30	150m	01:34.84 33,33
7. Marieke Tienstra (OC - TriVia, 199900302)				02:08.08(+73)	
50m	00:29.80 29,80	100m	01:02.36 32,56	150m	01:35.41 33,05
8. Soraya Wasser (PSV, 199901358)				02:08.67(+68)	
50m	00:30.49 30,49	100m	01:03.50 33,01	150m	01:36.68 33,18
9. Myrna van Duijven (DZ&PC, 199900252)				02:09.11(+72)	
50m	00:29.94 29,94	100m	01:02.63 32,69	150m	01:35.96 33,33
10. Yara van Kalmthout (Nova, 200200984)				02:09.23(+77)	
50m	00:30.10 30,10	100m	01:02.77 32,67	150m	01:36.22 33,45
11. Dorien Butter (The Hague Swimming (SG), 199606542)				02:09.34(+72)	
50m	00:29.56 29,56	100m	01:02.37 32,81	150m	01:36.14 33,77
12. Manon Ritten (Hellas-Glana, 200002440)				02:09.64(+80)	
50m	00:30.11 30,11	100m	01:02.91 32,80	150m	01:36.81 33,90
13. Lisanne Hassing (DZ&PC, 199702584)				02:09.83(+79)	
50m	00:30.22 30,22	100m	01:03.32 33,10	150m	01:36.33 33,01
14. Sophie de Jonge (WVZ, 200200118)				02:10.21(+77)	
50m	00:30.42 30,42	100m	01:04.01 33,59	150m	01:37.73 33,72
15. Manon van Esch (TRB-RES, 199702090)				02:10.37(+70)	
50m	00:30.39 30,39	100m	01:03.79 33,40	150m	01:37.25 33,46
16. Maaïke Issard (VZC, 200300022)				02:12.08(+83)	
50m	00:31.52 31,52	100m	01:04.69 33,17	150m	01:38.79 34,10
17. Eline Gros (Aqua-Novio'94, 200302700)				02:12.09(+82)	
50m	00:30.82 30,82	100m	01:04.06 33,24	150m	01:38.35 34,29
18. Imke Beekman (Hellas-Glana, 200301950)				02:12.24(+79)	
50m	00:30.25 30,25	100m	01:03.83 33,58	150m	01:38.31 34,48
19. Lize Janna de Vries (Orca, 200101948)				02:13.01(+79)	
50m	00:30.26 30,26	100m	01:03.91 33,65	150m	01:38.71 34,80
20. Carlijn Hansté (WS Twente, 200201082)				02:13.21(+83)	
50m	00:30.71 30,71	100m	01:03.94 33,23	150m	01:38.61 34,67
21. Bridget Vermeer (VZC, 200501766)				02:14.05(+83)	
50m	00:30.70 30,70	100m	01:05.30 34,60	150m	01:40.33 35,03
22. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]				02:14.16(+84)	
50m	00:30.38 30,38	100m	01:03.66 33,28	150m	01:38.98 35,32
23. Ymke Dragstra (ZPC AMERSFOORT, 200300930)				02:14.36(+72)	
50m	00:30.86 30,86	100m	01:05.44 34,58	150m	01:40.13 34,69
24. Josse Bergman (VZC, 200305146)				02:14.38(+74)	
50m	00:31.47 31,47	100m	01:05.93 34,46	150m	01:40.86 34,93
25. Tamara Grove (De Dolfijn, 199601266)				02:14.41(+75)	
50m	00:30.56 30,56	100m	01:05.21 34,65	150m	01:39.64 34,43
26. Mariëlle Dolfijn (TriVia, 200201640)				02:14.48(+79)	
50m	00:31.15 31,15	100m	01:05.62 34,47	150m	01:40.09 34,47
27. Inge Arts (Merlet, 199203076)				02:14.87(+76)	
50m	00:30.68 30,68	100m	01:04.79 34,11	150m	01:39.74 34,95
28. Femke Doorenbos (De Duinkickers, 200404214)				02:15.07(+82)	
50m	00:30.62 30,62	100m	01:03.98 33,36	150m	01:39.73 35,75
29. Amé Hulleman (ReVeLie Swim Team, 200202794)				02:15.43(+85)	
50m	00:31.12 31,12	100m	01:05.27 34,15	150m	01:40.99 35,72

30. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	50m 00:30.27 30,27	100m 01:04.36 34,09	150m 01:40.30 35,94	02:15.84(+72)
31. Hanne te Velthuis (Dedemsvaart-AC, 200201324)	50m 00:30.74 30,74	100m 01:04.29 33,55	150m 01:40.20 35,91	02:15.94(+83)
32. Roma Vrijhof (De Lansingh, 200201306)	50m 00:31.30 31,30	100m 01:05.93 34,63	150m 01:42.26 36,33	02:18.27(+74)
33. Leonie van Wier (HZ&PC Heerenveen, 200200436)	50m 00:30.81 30,81	100m 01:06.26 35,45	150m 01:45.37 39,11	02:23.16(+77)
34. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]	50m 00:32.63 32,63	100m 01:09.53 36,90	150m 01:48.61 39,08	02:27.87(+73)
35. Milou van Winkel (LinK, 200402296) [S14]	50m 00:34.92 34,92	100m 01:16.03 41,11	150m 01:57.99 41,96	02:39.67(+97)
36. Jonne Moleman (LinK, 200006264) [S7]	50m 00:36.74 36,74	100m 01:17.29 40,55	150m 01:58.39 41,10	02:39.70(+95)
37. Diede Struijk (Nuenen, 200403824) [S13]	50m 00:39.31 39,31	100m 01:21.87 42,56	150m 02:03.89 42,02	02:42.90(+85)
35. 200m rugslag - Heren vanaf 11 jaar (Senioren Open) vanaf 11 jaar (Senioren Open)				
1. Baptiste Leger (ES Massy Natation)	50m 00:27.91 27,91	100m 00:58.91 31,00	150m 01:30.77 31,86	02:02.39(+59)
2. Jelle Betten (OC - DZ&PC, 200001535)	50m 00:29.03 29,03	100m 01:00.96 31,93	150m 01:34.03 33,07	02:07.48(+54)
3. Dennis Kamps (De Dinkel, 200000191)	50m 00:30.24 30,24	100m 01:04.13 33,89	150m 01:36.23 32,10	02:08.52(+72)
4. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:30.19 30,19	100m 01:03.69 33,50	150m 01:37.27 33,58	02:10.30(+58)
5. Niels Dijkshoorn (ZVVS, 200203079)	50m 00:30.31 30,31	100m 01:03.05 32,74	150m 01:37.70 34,65	02:11.39(+62)
6. Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997)	50m 00:29.64 29,64	100m 01:02.86 33,22	150m 01:37.54 34,68	02:11.83(+63)
7. Dave Holweg (ZPC AMERSFOORT, 199701521)	50m 00:30.59 30,59	100m 01:03.90 33,31	150m 01:38.07 34,17	02:12.43(+69)
8. Aidan Baines (PSV, 200005761)	50m 00:31.50 31,50	100m 01:05.21 33,71	150m 01:39.50 34,29	02:12.56(+61)
9. Lasse Dumke (SG Ruhr, 233141)	50m 00:31.17 31,17	100m 01:04.84 33,67	150m 01:39.25 34,41	02:13.08(+63)
10. Jorian Tanis (MNC Dordrecht, 199900327)	50m 00:31.46 31,46	100m 01:04.94 33,48	150m 01:39.70 34,76	02:13.09(+68)
11. Niek Heethaar (DWK, 199900999)	50m 00:29.53 29,53	100m 01:02.74 33,21	150m 01:37.24 34,50	02:13.10(+64)
12. Daniel Buijs (ReVeLie Swim Team, 199600183)	50m 00:30.44 30,44	100m 01:04.16 33,72	150m 01:38.89 34,73	02:13.94(+60)
13. Janne Englebort (Hieronymus, 200101561)	50m 00:31.82 31,82	100m 01:05.73 33,91	150m 01:40.40 34,67	02:14.76(+71)
14. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:30.14 30,14	100m 01:04.19 34,05	150m 01:39.84 35,65	02:15.81(+63)
15. Thijs Molendijk (d'ELFT, 199900477)	50m 00:31.41 31,41	100m 01:06.26 34,85	150m 01:41.45 35,19	02:16.26(+62)

16. Joas Groeneveld (DWK, 200102669)				02:17.68(+56)	
50m	00:31.70 31,70	100m	01:06.82 35,12	150m	01:42.07 35,25
17. Tom Laarhuis (De Dinkel, 199800309)				02:18.51(+60)	
50m	00:30.87 30,87	100m	01:05.43 34,56	150m	01:41.29 35,86
18. Richard Kuipers (TriVia, 199704171)				02:18.91(+65)	
50m	00:31.80 31,80	100m	01:06.94 35,14	150m	01:43.06 36,12
19. Max Langerveld (Ed-Vo, 200203435)				02:18.93(+63)	
50m	00:32.25 32,25	100m	01:07.42 35,17	150m	01:43.12 35,70
20. Olivier Jans (De Fuut, 200001815)				02:26.38(+70)	
50m	00:33.54 33,54	100m	01:10.07 36,53	150m	01:47.63 37,56
36. 200m schoolslag - Dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Madelijne Schothans (De Dinkel, 200002416)				02:40.03(+80)	
50m	00:35.39 35,39	100m	01:16.06 40,67	150m	01:58.00 41,94
2. Kim Jansen van Galen (PSV, 200201594)				02:40.13(+77)	
50m	00:36.74 36,74	100m	01:18.55 41,81	150m	01:59.40 40,85
3. Robin Goossens (Nuenen, 200003128)				02:41.03(+83)	
50m	00:36.88 36,88	100m	01:17.87 40,99	150m	01:59.57 41,70
4. Michelle Pshuk (SG Ruhr, 246475)				02:41.61(+68)	
50m	00:35.77 35,77	100m	01:16.20 40,43	150m	01:58.00 41,80
5. Lynn Blommers (The Hague Swimming (SG), 200105062)				02:42.70(+72)	
50m	00:37.05 37,05	100m	01:19.44 42,39	150m	02:01.37 41,93
6. Mirthe Schenkel (ZPC Hoogeveen, 200300666)				02:44.23(+81)	
50m	00:37.42 37,42	100m	01:19.12 41,70	150m	02:01.75 42,63
7. Irene Teufer (De Dolfijn, 199602340)				02:44.34(+79)	
50m	00:37.19 37,19	100m	01:18.57 41,38	150m	02:01.27 42,70
8. Karin Rijkelijkhuisen (DZ&PC, 199403358)				02:44.56(+74)	
50m	00:37.04 37,04	100m	01:18.58 41,54	150m	02:01.44 42,86
9. Zanthé Janssen (Aqua-Novio'94, 200201786)				02:44.78(+76)	
50m	00:37.65 37,65	100m	01:19.96 42,31	150m	02:02.56 42,60
10. Joyce Kuipers (Orca, 200103426)				02:45.09(+76)	
50m	00:37.12 37,12	100m	01:18.72 41,60	150m	02:02.00 43,28
11. Mirl de Boer (De Dolfijn, 199700468)				02:45.23(+72)	
50m	00:36.58 36,58	100m	01:18.20 41,62	150m	02:00.87 42,67
12. Emma Hofstee (TriVia, 200401282)				02:45.61(+89)	
50m	00:37.06 37,06	100m	01:19.21 42,15	150m	02:02.87 43,66
13. Angelique van Vark (Z&PC De Gouwe, 199701478)				02:46.43(+74)	
50m	00:36.80 36,80	100m	01:18.50 41,70	150m	02:02.32 43,82
14. Lonne Dijkhuis (De Dinkel, 199400030)				02:46.84(+78)	
50m	00:35.99 35,99	100m	01:18.15 42,16	150m	02:02.14 43,99
15. Valesca van den Bogert (Hieronymus, 200102138)				02:46.90(+75)	
50m	00:37.52 37,52	100m	01:19.86 42,34	150m	02:03.26 43,40
16. Mandy van Rossum (Aqua-Novio'94, 200204904)				02:46.97(+81)	
50m	00:37.04 37,04	100m	01:19.72 42,68	150m	02:03.32 43,60
17. Chantalle Zijdeveld (HPC PARA - ZZ&PC De Devel, 200000702) [SB9]				02:47.58(+66)	
50m	00:37.68 37,68	100m	01:20.34 42,66	150m	02:03.68 43,34
18. Silke Bliet (Hellas-Glana, 200301948)				02:47.95(+80)	
50m	00:38.44 38,44	100m	01:21.45 43,01	150m	02:04.68 43,23

19. Birgit van Buiten (DWK, 200200498)	50m 00:37.42 37,42	100m 01:20.42 43,00	150m 02:04.57 44,15	02:48.41(+77)
20. Yvon Versteeg (De Veene, 199201864)	50m 00:37.55 37,55	100m 01:20.78 43,23	150m 02:04.51 43,73	02:48.49(+78)
21. Jose Bijl (Het Y, 200100948)	50m 00:37.75 37,75	100m 01:21.26 43,51	150m 02:05.63 44,37	02:48.65(+73)
22. Mette Den Haese (Neptune Swimming Academy)	50m 00:37.26 37,26	100m 01:19.27 42,01	150m 02:03.16 43,89	02:48.74(+65)
23. Colet Claessens (Nuenen, 199405182)	50m 00:37.27 37,27	100m 01:20.91 43,64	150m 02:05.31 44,40	02:48.99(+73)
24. Chantal van der Horst (De Meer, 199400616)	50m 00:38.39 38,39	100m 01:21.81 43,42	150m 02:05.91 44,10	02:49.16(+79)
25. Isabel Aardema (DWK, 200100364)	50m 00:38.28 38,28	100m 01:21.84 43,56	150m 02:06.11 44,27	02:50.38(+79)
26. Joy Willekus (WZ&PC Purmerend, 200602420)	50m 00:38.37 38,37	100m 01:22.59 44,22	150m 02:07.85 45,26	02:51.65(+72)
27. Amber Koning (Azuro, 200202842)	50m 00:39.11 39,11	100m 01:23.43 44,32	150m 02:08.25 44,82	02:52.09(+82)
28. Esmee Lanckohr (Zwemsport Parkstad (SG), 200002442)	50m 00:38.15 38,15	100m 01:22.22 44,07	150m 02:07.35 45,13	02:52.44(+80)
29. Niké Telkamp (The Hague Swimming (SG), 200501088)	50m 00:37.88 37,88	100m 01:22.25 44,37	150m 02:07.85 45,60	02:54.00(+71)
30. Anne Paulusse (De Warande, 200200834)	50m 00:39.69 39,69	100m 01:24.04 44,35	150m 02:09.09 45,05	02:54.19(+79)
31. Nadja Wortel (Hieronymus, 199800798)	50m 00:39.04 39,04	100m 01:23.76 44,72	150m 02:09.47 45,71	02:54.87(+71)
32. Romana Jonker (HZ&PC Heerenveen, 200403016)	50m 00:38.82 38,82	100m 01:23.61 44,79	150m 02:10.16 46,55	02:55.80(+82)
33. Phaedra Meijer (MNC Dordrecht, 200405834)	50m 00:39.54 39,54	100m 01:24.75 45,21	150m 02:10.42 45,67	02:56.02(+73)
34. Irma van der Wulp (WVZ, 200401950)	50m 00:40.01 40,01	100m 01:26.17 46,16	150m 02:12.47 46,30	02:57.45(+80)
35. Jade Geurts (WVZ, 200402278)	50m 00:40.91 40,91	100m 01:26.01 45,10	150m 02:11.99 45,98	02:57.82(+88)
36. Selene Wortel (Hieronymus, 199700654)	50m 00:40.18 40,18	100m 01:26.00 45,82	150m 02:11.51 45,51	02:58.74(+70)
37. Lisanne Hassing (DZ&PC, 199702584)	50m 00:39.16 39,16	100m 01:24.69 45,53	150m 02:12.60 47,91	03:02.41(+81)
DIS. Esther Tiemersma (ZPC De Zeeuwse Kust, 200202962)				00:00.00
37. 50m vrije slag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Thom de Boer (De Dolfijn, 199100181)				00:22.30(+66)
2. Jeroen Baars (The Hague Swimming (SG), 199200031)				00:23.01(+67)
3. Luuk Nijland (DWK, 199700333)				00:23.22(+68)
4. Ben Schwieter (HPC - ZPC AMERSFOORT, 199704831)				00:23.42(+70)
5. Niels van Eck (ZPC Hoogeveen, 198900793)				00:23.51(+65)
6. Alexander Skinner (Dolphins Swimming Club)				00:23.59(+67)

6. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627)	00:23.59(+61)
8. Jens Krijgsman (OC - De Columbiaan, 199901429)	00:23.65(+64)
9. Bjorn van Doesburg (Aquarijn, 200201867)	00:23.73(+68)
10. Dominique Sikkema (Orca, 199500399)	00:23.77(+65)
11. Tom Donker (PSV, 199805711)	00:23.84(+62)
12. Stephan Putman (DWK, 199502955)	00:23.89(+73)
13. Kingue Struijf (ZPC AMERSFOORT, 199400913)	00:23.93(+63)
14. Tom Lommers (De Dolfijn, 199001847)	00:23.95(+67)
15. Bart Sommeling (OC - De Dolfijn, 199800765)	00:23.96(+69)
16. Berjen Mellema (OC - PSV, 199800615)	00:23.97(+71)
17. Sean Niewold (WVZ, 200204699)	00:24.00(+69)
18. Jesse van der A (De Dolfijn, 199905303)	00:24.11(+65)
18. Guus van Stiphout (PSV, 199501081)	00:24.11(+64)
20. Thomas Kappe (DWK, 199805141)	00:24.18(+68)
21. Joan Kentrop (Aquarijn, 198503575)	00:24.21(+75)
22. Matthijs van Meerendonk (TriVia, 199900375)	00:24.44(+67)
23. Gideon Heij (ZPC AMERSFOORT, 199800655)	00:24.48(+64)
24. Casper Muselaers (Octopus, 199600399)	00:24.50(+64)
25. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:24.51(+71)
26. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:24.53(+72)
27. Ian Minnigh (The Hague Swimming (SG), 199702737)	00:24.59(+65)
28. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:24.61(+62)
29. Ingmar Hartman (KSN (SG), 199801013)	00:24.67(+70)
30. Tim Hoogerwerf (DWK, 200005587)	00:24.68(+69)
31. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:24.80(+67)
32. Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997)	00:24.82(+74)
33. Lars de Vries (De Meeuwen Diemen, 199503431)	00:24.87(+69)
34. Jonne Schaafsma (The Hague Swimming (SG), 199800745)	00:24.89(+71)
35. Bram de Leeuw (The Hague Swimming (SG), 199805753)	00:24.92(+65)
36. Luuk Smits (Tempo, 200001015)	00:24.98(+68)
37. Wouter van Asperen (KSN (SG), 200000125)	00:25.07(+69)
38. Anton Jansen (PSV, 200003621)	00:25.11(+69)
39. Youri Kool (Olympia, 199600767)	00:25.18(+66)
40. Dylan Donkersteeg (DWK, 200202217)	00:25.22(+66)
41. Sepp Kalter (Dedemsvaart-AC, 199704327)	00:25.27(+69)
42. Ardi Knol (DWK, 199603447)	00:25.28(+70)
42. Lars van der Zee (Triton, 199702427)	00:25.28(+73)
44. Rick van Hamond (De Dommelbaarzen, 199205873)	00:25.34(+64)

44. Max Langerveld (Ed-Vo, 200203435)	00:25.34(+65)
46. Maquinho Vorst (OC - ZPC De Hof, 200204179)	00:25.37(+72)
47. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:25.50(+67)
47. Sebastiaan Rottier (TriVia, 200000147)	00:25.50(+70)
49. Sem Zijl (De Dolfijn, 200204757)	00:25.55(+61)
50. Joop Tuppe (Bommelerwaard (SG), 200100581)	00:25.65(+65)
51. Mathieu Boers (WS Twente, 199800187)	00:26.16(+70)
52. Sebastiaan Broere (Hieronymus, 199803687) [S14]	00:27.13(+83)
53. Bram Daalman (HPC PARA - ZV Haerlem, 200300629) [S14]	00:27.19(+83)
54. Sven Schutte (HPC PARA - Zwemlust Den Hommel, 198604713) [S9]	00:27.34(+76)
55. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]	00:31.84(+86)
38. 100m vlinderslag - Dames	
vanaf 11 jaar (Senioren Open)	
vanaf 11 jaar (Senioren Open)	
1. Kinge Zandringa (HPC - De Dolfijn, 199801422)	00:59.80(+71)
50m 00:28.02 28,02	
2. Josien Wijkhuijs (Orca, 199902866)	01:02.12(+72)
50m 00:28.34 28,34	
3. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	01:02.57(+75)
50m 00:29.89 29,89	
4. Mendy de Rooi (DWK, 199700780)	01:02.89(+69)
50m 00:29.50 29,50	
5. Elinore de Jong (The Hague Swimming (SG), 198902072)	01:03.24(+76)
50m 00:29.47 29,47	
6. Chefanja Nunes (OC - WVZ, 200104750)	01:03.89(+75)
50m 00:30.28 30,28	
7. Silke Molendijk (VZC, 200100178)	01:04.46(+72)
50m 00:29.83 29,83	
8. Anne Fleur Willemsen (Azuro, 199901396)	01:04.69(+79)
50m 00:30.11 30,11	
9. Amy de Sain (De Dolfijn, 200304690)	01:04.70(+78)
50m 00:30.17 30,17	
10. Julia van Leeuwen (PSV, 200001464)	01:04.75(+69)
50m 00:30.17 30,17	
11. Anne Palmans (OC - WVZ, 200006324)	01:04.78(+75)
50m 00:30.07 30,07	
12. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	01:04.97(+64)
50m 00:30.14 30,14	
13. Emelie Schnagl (SSG Saar Max Ritter, 262869)	01:05.11(+70)
50m 00:30.51 30,51	
14. Manon Compagner (Dedemsvaart-AC, 200101710)	01:05.40(+75)
50m 00:30.07 30,07	
15. Sam van Nunen (PSV, 200100036)	01:05.45(+72)
50m 00:29.66 29,66	
16. Danique Stoop (Zuiderzeezwemmers, 199106956)	01:05.50(+67)
50m 00:29.78 29,78	

17. Serafina Vlijt (HZPC, 199801142)	01:06.23(+75)
50m 00:30.43 30,43	
18. Luca Ebbinge (DZ&PC, 199802406)	01:06.36(+66)
50m 00:31.33 31,33	
19. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	01:06.42(+72)
50m 00:30.93 30,93	
20. Aniek van de Weerd (VZC, 200404136)	01:06.84(+75)
50m 00:30.69 30,69	
21. Ismay Lichtendonk (OC - Dedemsvaart AC, 200400622)	01:06.91(+74)
50m 00:31.65 31,65	
22. Judith Houtvast (Hellas-Glana, 200300714)	01:07.44(+75)
50m 00:31.25 31,25	
23. Lieke Oude Lenferink (OC - WS Twente, 200200068)	01:07.66(+73)
50m 00:30.75 30,75	
24. Mariska Scheel (De Lansingh, 199306344)	01:07.82(+75)
50m 00:32.26 32,26	
25. Kirsten Verhale (VZC, 200400210)	01:08.09(+81)
50m 00:31.82 31,82	
26. Eefje Slootweg (De Dinkel, 199800218)	01:08.11(+78)
50m 00:32.33 32,33	
27. Romy van Alphen (Olympia, 199502776)	01:08.12(+74)
50m 00:31.50 31,50	
28. Merel Phaff (Nuenen, 200100434)	01:08.15(+77)
50m 00:31.88 31,88	
29. Ilse Kraaijeveld (The Hague Swimming (SG), 200202190)	01:08.31(+73)
50m 00:30.67 30,67	
30. Emma Hofstee (TriVia, 200401282)	01:08.48(+83)
50m 00:31.30 31,30	
31. Maaïke Issard (VZC, 200300022)	01:08.54(+86)
50m 00:31.52 31,52	
32. Marit Boxum (Deltasteur, 200000068)	01:08.95(+85)
50m 00:31.08 31,08	
33. Mariëlle Dolfijn (TriVia, 200201640)	01:09.12(+82)
50m 00:31.92 31,92	
34. Kayley Mc Ateer (Nuenen, 200305000)	01:09.37(+79)
50m 00:32.07 32,07	
35. Ilona Venema (HPC PARA - ReVeLie Swimteam, 200200050)	01:09.81(+84)
50m 00:32.21 32,21	
36. Florianne Bultje (HPC PARA - DWT, 199804342) [S10]	01:10.55(+76)
50m 00:32.82 32,82	
37. Floor Weijmans (HZPC, 199502522)	01:10.83(+84)
50m 00:32.49 32,49	
38. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10]	01:12.85(+79)
50m 00:32.27 32,27	
39. 200m wisselslag - Heren	
vanaf 11 jaar (Senioren Open)	
vanaf 11 jaar (Senioren Open)	
1. Sten Postma (Aqua-Novio'94, 200000011)	02:08.35(+69)
50m 00:27.97 27,97 100m 01:01.76 33,79 150m 01:38.47 36,71	

2. Koen Koster (HZPC, 199900517)	50m 00:27.19 27,19	100m 01:00.93 33,74	150m 01:38.59 37,66	02:10.53(+72)
3. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	50m 00:27.77 27,77	100m 01:01.00 33,23	150m 01:39.62 38,62	02:10.95(+63)
4. Rowan Keen (Borger, 199500727)	50m 00:28.21 28,21	100m 01:02.62 34,41	150m 01:41.08 38,46	02:11.74(+69)
5. Nicholas Theunissen (De Dolfijn, 199605679)	50m 00:28.02 28,02	100m 01:02.16 34,14	150m 01:40.57 38,41	02:12.00(+63)
6. Lars Verhalle (VZC, 200200019)	50m 00:27.45 27,45	100m 01:00.81 33,36	150m 01:39.87 39,06	02:12.05(+85)
7. Koen Lems (ZPC AMERSFOORT, 199603709)	50m 00:28.64 28,64	100m 01:03.85 35,21	150m 01:40.31 36,46	02:12.54(+72)
8. Jorrick Druyven (DAW, 199400507)	50m 00:28.48 28,48	100m 01:03.28 34,80	150m 01:42.15 38,87	02:13.53(+71)
9. Mark Baars (The Hague Swimming (SG), 198500059)	50m 00:27.96 27,96	100m 01:03.36 35,40	150m 01:41.45 38,09	02:13.59(+65)
10. Dave Holweg (ZPC AMERSFOORT, 199701521)	50m 00:28.33 28,33	100m 01:01.84 33,51	150m 01:42.29 40,45	02:14.24(+73)
11. Emile Dost (Borger, 200100731)	50m 00:29.07 29,07	100m 01:03.14 34,07	150m 01:42.63 39,49	02:14.27(+75)
12. Arjan Dekker (ReVeLie Swim Team, 200000499)	50m 00:29.24 29,24	100m 01:04.31 35,07	150m 01:43.04 38,73	02:14.91(+71)
13. Thom Delno (PSV, 200000013)	50m 00:28.78 28,78	100m 01:02.99 34,21	150m 01:42.12 39,13	02:15.86(+72)
14. Jacob de Roos (De Granaet, 199900553)	50m 00:29.02 29,02	100m 01:05.60 36,58	150m 01:44.67 39,07	02:15.91(+68)
15. Sean Niewold (WVZ, 200204699)	50m 00:28.41 28,41	100m 01:05.00 36,59	150m 01:45.22 40,22	02:16.05(+71)
16. Nicko Kamphuis (De Warande, 199900887)	50m 00:29.02 29,02	100m 01:04.91 35,89	150m 01:43.94 39,03	02:16.26(+60)
17. Richard Kuipers (TriVia, 199704171)	50m 00:29.36 29,36	100m 01:04.84 35,48	150m 01:45.10 40,26	02:16.54(+81)
18. David Kuipers (Orca, 200003633)	50m 00:28.37 28,37	100m 01:04.94 36,57	150m 01:46.04 41,10	02:16.55(+74)
19. Jelle Nap (VZC, 199502875)	50m 00:28.63 28,63	100m 01:05.15 36,52	150m 01:45.33 40,18	02:16.76(+78)
20. Lasse Dumke (SG Ruhr, 233141)	50m 00:28.74 28,74	100m 01:02.44 33,70	150m 01:44.21 41,77	02:17.18(+71)
21. Ingmar Hartman (KSN (SG), 199801013)	50m 00:29.82 29,82	100m 01:06.54 36,72	150m 01:46.75 40,21	02:17.23(+71)
22. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10]	50m 00:30.39 30,39	100m 01:06.30 35,91	150m 01:46.20 39,90	02:17.32(+72)
23. Justus Ykema (De Dolfijn, 199900029)	50m 00:27.47 27,47	100m 01:02.69 35,22	150m 01:42.67 39,98	02:17.43(+75)
24. Pascal Nuijten (Feijenoord Albion Zwemclub, 199701353)	50m 00:28.35 28,35	100m 01:03.22 34,87	150m 01:45.01 41,79	02:17.45(+68)
25. Olivier Jans (De Fuut, 200001815)	50m 00:29.74 29,74	100m 01:06.12 36,38	150m 01:46.16 40,04	02:18.49(+71)
26. Ian Sanders (Hellas-Glana, 200100373)	50m 00:30.25 30,25	100m 01:08.71 38,46	150m 01:46.98 38,27	02:18.69(+68)

27. Perry Laarhoven (ZPC Numansdorp, 200301321)				02:19.13(+78)
50m	00:29.42	29,42	100m 01:07.31	37,89
150m	01:45.90	38,59		
28. Joost de Roy van Zuydewijn (WVZ, 200000255)				02:19.46(+70)
50m	00:29.50	29,50	100m 01:07.95	38,45
150m	01:46.06	38,11		
29. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:19.78(+73)
50m	00:28.84	28,84	100m 01:04.43	35,59
150m	01:44.66	40,23		
30. Daen Spoor (VZC, 200101117)				02:19.85(+71)
50m	00:28.98	28,98	100m 01:06.23	37,25
150m	01:45.69	39,46		
31. Darren Chen (KSN (SG), 200001149)				02:20.04(+64)
50m	00:29.37	29,37	100m 01:06.14	36,77
150m	01:47.22	41,08		
32. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13]				02:22.74(+78)
50m	00:30.07	30,07	100m 01:07.29	37,22
150m	01:49.31	42,02		
33. Luuk Smits (Tempo, 200001015)				02:23.06(+69)
50m	00:28.84	28,84	100m 01:05.82	36,98
150m	01:48.42	42,60		
34. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]				02:24.03(+74)
50m	00:29.14	29,14	100m 01:06.07	36,93
150m	01:49.60	43,53		
35. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]				02:33.76(+92)
50m	00:31.42	31,42	100m 01:08.11	36,69
150m	01:58.55	50,44		
36. Lars Jacobsen (DWK, 199705453) [S14]				02:42.72(+87)
50m	00:34.18	34,18	100m 01:15.66	41,48
150m	02:07.41	51,75		
37. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]				03:02.19(+79)
50m	00:41.10	41,10	100m 01:29.64	48,54
150m	02:20.46	50,82		
40. 4x100m wisselslag dames				
vanaf 11 jaar (Senioren Open)				
1. WVZ				04:24.77
Inge Vieveen 2001 (+74)	50m	00:33.33	33,33	
Inge Vieveen 2001 (+74)	100m	01:08.65	35,32	
Anne Louise Palmans 2000 (+33)	150m	01:42.60	33,95	
Anne Louise Palmans 2000 (+33)	200m	02:21.93	39,33	
Chefanja Nunes 2001 (+46)	250m	02:51.48	29,55	
Chefanja Nunes 2001 (+46)	300m	03:25.00	33,52	
Sophie de Jonge 2002 (+50)	350m	03:53.61	28,61	
Sophie de Jonge 2002 (+50)	400m	04:24.77	31,16	
2. ZPC AMERSFOORT				04:24.94
Sterre Mooiweer 1998 (+64)	50m	00:31.41	31,41	
Sterre Mooiweer 1998 (+64)	100m	01:05.10	33,69	
Larissa Brak 1988 (+63)	150m	01:38.99	33,89	
Larissa Brak 1988 (+63)	200m	02:18.45	39,46	
Pippa van 't Land 2006 (+59)	250m	02:50.03	31,58	
Pippa van 't Land 2006 (+59)	300m	03:27.40	37,37	
Elise Hardeman 2001 (+43)	350m	03:55.36	27,96	
Elise Hardeman 2001 (+43)	400m	04:24.94	29,58	
3. The Hague Swimming (SG)				04:25.81
Babette van der Kaaij 1999 (+67)	50m	00:33.89	33,89	
Babette van der Kaaij 1999 (+67)	100m	01:09.92	36,03	
Lynn Blommers 2001 (+29)	150m	01:43.42	33,50	
Lynn Blommers 2001 (+29)	200m	02:22.40	38,98	
Lisa Dreesens 1991 (+34)	250m	02:52.33	29,93	
Lisa Dreesens 1991 (+34)	300m	03:27.15	34,82	
Dorien Butter 1996 (+35)	350m	03:54.96	27,81	
Dorien Butter 1996 (+35)	400m	04:25.81	30,85	
4. De Dolfijn				04:26.77
Mirl de Boer 1997 (+63)	50m	00:33.73	33,73	
Mirl de Boer 1997 (+63)	100m	01:09.39	35,66	
Anouk Elzerman 1990 (+26)	150m	01:42.67	33,28	

Anouk Elzerman 1990 (+26)	200m	02:21.62	38,95	
Irene Teufer 1996 (+47)	250m	02:51.82	30,20	
Irene Teufer 1996 (+47)	300m	03:27.76	35,94	
Tamara Grove 1996 (+56)	350m	03:55.84	28,08	
Tamara Grove 1996 (+56)	400m	04:26.77	30,93	
5. PSV				04:28.26
Loulou Vos 1999 (+75)	50m	00:33.37	33,37	
Loulou Vos 1999 (+75)	100m	01:07.71	34,34	
Kristy Nagtzaam 2000 (+19)	150m	01:41.65	33,94	
Kristy Nagtzaam 2000 (+19)	200m	02:22.44	40,79	
Kim Jansen van Galen 2002 (+48)	250m	02:53.26	30,82	
Kim Jansen van Galen 2002 (+48)	300m	03:30.30	37,04	
Nelly Velthuijs 1994 (+17)	350m	03:57.02	26,72	
Nelly Velthuijs 1994 (+17)	400m	04:28.26	31,24	
6. DWK				04:31.79
Sanne Ditzel 1999 (+64)	50m	00:33.49	33,49	
Sanne Ditzel 1999 (+64)	100m	01:09.47	35,98	
Birgit van Buiten 2002 (+27)	150m	01:45.37	35,90	
Birgit van Buiten 2002 (+27)	200m	02:26.37	41,00	
Mendy de Rooi 1997 (+44)	250m	02:57.15	30,78	
Mendy de Rooi 1997 (+44)	300m	03:30.23	33,08	
Isabel Aardema 2001 (+23)	350m	03:59.59	29,36	
Isabel Aardema 2001 (+23)	400m	04:31.79	32,20	
7. De Dinkel				04:31.80
Laura Rolink 1999 (+75)	50m	00:33.97	33,97	
Laura Rolink 1999 (+75)	100m	01:08.93	34,96	
Madelijne Schothans 2000 (+43)	150m	01:42.84	33,91	
Madelijne Schothans 2000 (+43)	200m	02:21.75	38,91	
Eefje Slootweg 1998 (+40)	250m	02:54.90	33,15	
Eefje Slootweg 1998 (+40)	300m	03:31.01	36,11	
Lonne Dijkhuis 1994 (+8)	350m	03:59.70	28,69	
Lonne Dijkhuis 1994 (+8)	400m	04:31.80	32,10	
8. VZC				04:34.65
Josse Bergman 2003 (+66)	50m	00:33.47	33,47	
Josse Bergman 2003 (+66)	100m	01:07.61	34,14	
Silke Molendijk 2001 (+33)	150m	01:44.63	37,02	
Silke Molendijk 2001 (+33)	200m	02:25.72	41,09	
Maaïke Issard 2003 (+55)	250m	02:57.32	31,60	
Maaïke Issard 2003 (+55)	300m	03:33.93	36,61	
Kirsten Verhalle 2004 (+32)	350m	04:03.15	29,22	
Kirsten Verhalle 2004 (+32)	400m	04:34.65	31,50	
9. Nuenen				04:36.95
Merel Phaff 2001 (+62)	50m	00:34.08	34,08	
Merel Phaff 2001 (+62)	100m	01:09.41	35,33	
Robin Goossens 2000 (+29)	150m	01:44.30	34,89	
Robin Goossens 2000 (+29)	200m	02:24.99	40,69	
Colet Claessens 1994 (+19)	250m	02:56.32	31,33	
Colet Claessens 1994 (+19)	300m	03:35.30	38,98	
Susan Teijken 1995 (+43)	350m	04:05.17	29,87	
Susan Teijken 1995 (+43)	400m	04:36.95	31,78	
10. Hellas-Glana				04:39.20
Kim Rebergen 2001 (+69)	50m	00:35.07	35,07	
Kim Rebergen 2001 (+69)	100m	01:12.06	36,99	
Silke Bliëk 2003 (+64)	150m	01:48.76	36,70	
Silke Bliëk 2003 (+64)	200m	02:30.88	42,12	
Judith Houtvast 2003 (+43)	250m	03:02.33	31,45	
Judith Houtvast 2003 (+43)	300m	03:38.71	36,38	
Britt Cornelissens 2000 (+30)	350m	04:07.82	29,11	
Britt Cornelissens 2000 (+30)	400m	04:39.20	31,38	
11. TriVia				04:39.29
Inge Dekker 2002 (+68)	50m	00:34.00	34,00	
Inge Dekker 2002 (+68)	100m	01:11.00	37,00	

Emma Hofstee 2004 (+47) 150m 01:46.44 35,44
Emma Hofstee 2004 (+47) 200m 02:26.86 40,42
Olena Dijkstra 2002 (+28) 250m 02:58.45 31,59
Olena Dijkstra 2002 (+28) 300m 03:37.61 39,16
Mariëlle Dolfijn 2002 (+60) 350m 04:07.43 29,82
Mariëlle Dolfijn 2002 (+60) 400m 04:39.29 31,86

12. Dedemsvaart-AC

04:42.01

Manon Compagner 2001 (+72) 50m 00:33.71 33,71
Manon Compagner 2001 (+72) 100m 01:08.33 34,62
Tessa van de Belt 2001 (+19) 150m 01:46.06 37,73
Tessa van de Belt 2001 (+19) 200m 02:29.68 43,62
Michelle Zomerdijk 2000 (+27) 250m 03:01.42 31,74
Michelle Zomerdijk 2000 (+27) 300m 03:40.09 38,67
Hanne te Velthuis 2002 (+65) 350m 04:09.72 29,63
Hanne te Velthuis 2002 (+65) 400m 04:42.01 32,29

13. Aqua-Novio'94

04:43.12

Sasya van Hamersveld 2002 (+70) 50m 00:34.63 34,63
Sasya van Hamersveld 2002 (+70) 100m 01:12.79 38,16
Mandy van Rossum 2002 (+34) 150m 01:47.55 34,76
Mandy van Rossum 2002 (+34) 200m 02:28.38 40,83
Zanthe Janssen 2002 (+43) 250m 03:01.65 33,27
Zanthe Janssen 2002 (+43) 300m 03:42.86 41,21
Eline Gros 2003 (+61) 350m 04:11.72 28,86
Eline Gros 2003 (+61) 400m 04:43.12 31,40

14. Nuenen

04:52.79

Lara van Cuijk 2002 (+62) 50m 00:35.15 35,15
Lara van Cuijk 2002 (+62) 100m 01:14.42 39,27
Nikita van den Ouden 1999 (+33) 150m 01:51.92 37,50
Nikita van den Ouden 1999 (+33) 200m 02:35.61 43,69
Kayley Mc Ateer 2003 (+44) 250m 03:09.35 33,74
Kayley Mc Ateer 2003 (+44) 300m 03:49.14 39,79
Richenne Zeebregts 1998 (+19) 350m 04:18.66 29,52
Richenne Zeebregts 1998 (+19) 400m 04:52.79 34,13

15. HZ&PC Heerenveen

04:55.57

Loïs Jalving 2004 (+62) 50m 00:36.09 36,09
Loïs Jalving 2004 (+62) 100m 01:15.09 39,00
Romana Jonker 2004 (+76) 150m 01:52.70 37,61
Romana Jonker 2004 (+76) 200m 02:35.83 43,13
Leonie van Wier 2002 (+45) 250m 03:08.97 33,14
Leonie van Wier 2002 (+45) 300m 03:53.67 44,70
Lianne van Wier 2002 (+17) 350m 04:22.92 29,25
Lianne van Wier 2002 (+17) 400m 04:55.57 32,65

41. 4x100m vrije slag heren

vanaf 11 jaar (Senioren Open)

1. De Dolfijn

03:31.52

Tom Lommers 1990 (+69) 50m 00:26.70 26,70
Tom Lommers 1990 (+69) 100m 00:53.01 26,31
Dave van der Voet 2001 (+49) 150m 01:19.05 26,04
Dave van der Voet 2001 (+49) 200m 01:46.85 27,80
Nino Sieling 1997 (+31) 250m 02:11.50 24,65
Nino Sieling 1997 (+31) 300m 02:38.93 27,43
Jesse van der A 1999 (+54) 350m 03:04.11 25,18
Jesse van der A 1999 (+54) 400m 03:31.52 27,41

2. DWK

03:31.79

Serginni Marten 1993 (+69) 50m 00:25.65 25,65
Serginni Marten 1993 (+69) 100m 00:53.83 28,18
Niek Heethaar 1999 (+29) 150m 01:18.59 24,76
Niek Heethaar 1999 (+29) 200m 01:46.04 27,45
Thomas Kappe 1998 (+41) 250m 02:11.00 24,96
Thomas Kappe 1998 (+41) 300m 02:38.35 27,35
Dylan Donkersteeg 2002 (+36) 350m 03:04.27 25,92
Dylan Donkersteeg 2002 (+36) 400m 03:31.79 27,52

3. ZPC AMERSFOORT			03:33.41
Bas Morelissen 2001 (+62)	50m	00:25.35 25,35	
Bas Morelissen 2001 (+62)	100m	00:53.28 27,93	
Mart Niehoff 2001 (+27)	150m	01:18.91 25,63	
Mart Niehoff 2001 (+27)	200m	01:47.41 28,50	
Rijk Dragstra 2001 (+7)	250m	02:12.62 25,21	
Rijk Dragstra 2001 (+7)	300m	02:41.19 28,57	
Austin Namesnik 2001 (+23)	350m	03:06.14 24,95	
Austin Namesnik 2001 (+23)	400m	03:33.41 27,27	
4. PSV			03:34.39
Guus van Stiphout 1995 (+68)	50m	00:25.82 25,82	
Guus van Stiphout 1995 (+68)	100m	00:53.17 27,35	
Stijn Simons 1999 (+43)	150m	01:19.20 26,03	
Stijn Simons 1999 (+43)	200m	01:47.01 27,81	
Anton Jansen 2000 (+33)	250m	02:12.84 25,83	
Anton Jansen 2000 (+33)	300m	02:41.62 28,78	
Daan Zwertbroek 1999 (+23)	350m	03:06.48 24,86	
Daan Zwertbroek 1999 (+23)	400m	03:34.39 27,91	
5. The Hague Swimming (SG)			03:36.65
Brandon van den Berg 2002 (+71)	50m	00:25.94 25,94	
Brandon van den Berg 2002 (+71)	100m	00:53.69 27,75	
Ian Minnigh 1997 (+12)	150m	01:19.74 26,05	
Ian Minnigh 1997 (+12)	200m	01:47.79 28,05	
Jonne Schaafsma 1998 (+44)	250m	02:13.43 25,64	
Jonne Schaafsma 1998 (+44)	300m	02:41.34 27,91	
Mark Baars 1985 (+29)	350m	03:07.16 25,82	
Mark Baars 1985 (+29)	400m	03:36.65 29,49	
6. Hellas-Glana			03:37.23
Lars Kerremans 2001 (+69)	50m	00:26.18 26,18	
Lars Kerremans 2001 (+69)	100m	00:55.16 28,98	
Niels de Boer 2000 (+42)	150m	01:21.46 26,30	
Niels de Boer 2000 (+42)	200m	01:50.43 28,97	
Raf Hendriks 2001 (+26)	250m	02:15.78 25,35	
Raf Hendriks 2001 (+26)	300m	02:44.42 28,64	
Lucas Greven 1995 (+37)	350m	03:09.39 24,97	
Lucas Greven 1995 (+37)	400m	03:37.23 27,84	
7. De Dinkel			03:37.98
Tom Laarhuis 1998 (+68)	50m	00:25.84 25,84	
Tom Laarhuis 1998 (+68)	100m	00:53.66 27,82	
Dennis Kamps 2000 (+49)	150m	01:20.03 26,37	
Dennis Kamps 2000 (+49)	200m	01:49.38 29,35	
Jurre Hanstede 2002 (+34)	250m	02:15.92 26,54	
Jurre Hanstede 2002 (+34)	300m	02:45.10 29,18	
Karst Boersma 1996 (+27)	350m	03:10.47 25,37	
Karst Boersma 1996 (+27)	400m	03:37.98 27,51	
8. De Dolfijn			03:39.94
Sem Zijl 2002 (+63)	50m	00:26.31 26,31	
Sem Zijl 2002 (+63)	100m	00:54.60 28,29	
Justus Ykema 1999 (+42)	150m	01:21.50 26,90	
Justus Ykema 1999 (+42)	200m	01:50.66 29,16	
Nicholas Theunissen 1996 (+38)	250m	02:17.00 26,34	
Nicholas Theunissen 1996 (+38)	300m	02:46.75 29,75	
Ruben Stam 1998 (+30)	350m	03:12.16 25,41	
Ruben Stam 1998 (+30)	400m	03:39.94 27,78	
9. DWK			03:40.83
Jurre Stammes 1997 (+68)	50m	00:27.00 27,00	
Jurre Stammes 1997 (+68)	100m	00:56.77 29,77	
Stephan Putman 1995 (+52)	150m	01:22.61 25,84	
Stephan Putman 1995 (+52)	200m	01:50.01 27,40	
Bart Muselaers 2001 (+5)	250m	02:15.76 25,75	
Bart Muselaers 2001 (+5)	300m	02:45.02 29,26	
Max Voortman 1999 (+31)	350m	03:11.37 26,35	
Max Voortman 1999 (+31)	400m	03:40.83 29,46	

10. Dedemsvaart-AC									03:42.42		
Sepp Kalter 1997 (+71)	50m	00:26.17	26,17								
Sepp Kalter 1997 (+71)	100m	00:54.09	27,92								
Jesper Kloek 1990 (+37)	150m	01:20.75	26,66								
Jesper Kloek 1990 (+37)	200m	01:51.63	30,88								
Robert Dekker 1984 (+47)	250m	02:18.84	27,21								
Robert Dekker 1984 (+47)	300m	02:49.34	30,50								
Leon van den Hof 2002 (+49)	350m	03:14.39	25,05								
Leon van den Hof 2002 (+49)	400m	03:42.42	28,03								
11. DZ&PC									03:43.14		
Erik Nijholt 1994 (+74)	50m	00:25.88	25,88								
Erik Nijholt 1994 (+74)	100m	00:52.95	27,07								
Mees Niemeijer 2002 (+46)	150m	01:21.17	28,22								
Mees Niemeijer 2002 (+46)	200m	01:53.59	32,42								
Hidde Betten 2002 (+25)	250m	02:20.79	27,20								
Hidde Betten 2002 (+25)	300m	02:51.52	30,73								
Jelle Betten 2000 (+1)	350m	03:15.87	24,35								
Jelle Betten 2000 (+1)	400m	03:43.14	27,27								
12. Nuenen									03:46.51		
Sven Kardol 1993 (+68)	50m	00:27.89	27,89								
Sven Kardol 1993 (+68)	100m	00:57.09	29,20								
Alexander Nijst 2001 (+9)	150m	01:23.85	26,76								
Alexander Nijst 2001 (+9)	200m	01:53.21	29,36								
Joeri Phaff 1997 (+10)	250m	02:19.80	26,59								
Joeri Phaff 1997 (+10)	300m	02:50.73	30,93								
Bram Zwetsloot 2002 (+21)	350m	03:17.77	27,04								
Bram Zwetsloot 2002 (+21)	400m	03:46.51	28,74								
13. ZV Haerlem [S14]									03:50.59		
Bram Daalman 2003 (+80)	50m	00:28.17	28,17								
Bram Daalman 2003 (+80)	100m	00:59.46	31,29								
Klaas van Beek 1988 (+49)	150m	01:27.55	28,09								
Klaas van Beek 1988 (+49)	200m	01:57.90	30,35								
Roy van der Woude 1997 (+29)	250m	02:24.48	26,58								
Roy van der Woude 1997 (+29)	300m	02:54.37	29,89								
Nick van der Woude 2000 (+47)	350m	03:21.39	27,02								
Nick van der Woude 2000 (+47)	400m	03:50.59	29,20								
14. WIDEX GZC DONK									03:51.97		
Joris de Gier 2001 (+69)	50m	00:28.37	28,37								
Joris de Gier 2001 (+69)	100m	00:59.71	31,34								
Remco Oskam 1992 (+21)	150m	01:28.04	28,33								
Remco Oskam 1992 (+21)	200m	01:58.68	30,64								
Paul van Grol 1996 (+29)	250m	02:26.37	27,69								
Paul van Grol 1996 (+29)	300m	02:55.98	29,61								
Duncan van Haaren 2000 (+24)	350m	03:22.35	26,37								
Duncan van Haaren 2000 (+24)	400m	03:51.97	29,62								
15. Bommelerwaard (SG)									03:52.09		
Joop Tuppe 2001 (+76)	50m	00:26.81	26,81								
Joop Tuppe 2001 (+76)	100m	00:56.83	30,02								
Ward in 't Veld 2002 (+41)	150m	01:24.04	27,21								
Ward in 't Veld 2002 (+41)	200m	01:53.95	29,91								
Piet - Hein Straver 2003 (+49)	250m	02:20.99	27,04								
Piet - Hein Straver 2003 (+49)	300m	02:51.80	30,81								
Jelle in 't Veld 2004 (+56)	350m	03:19.55	27,75								
Jelle in 't Veld 2004 (+56)	400m	03:52.09	32,54								
42. 1500m vrije slag - Dames											
vanaf 11 jaar (Senioren Open)											
1. Serena Stel (OC - De Dolfijn, 199801528)									17:09.46(+69)		
50m	00:30.90	30,90	450m	05:05.81	34,69	800m	09:08.03	34,84	1150m	13:10.47	34,65
100m	01:04.41	33,51	500m	05:40.28	34,47	850m	09:42.57	34,54	1200m	13:44.83	34,36
150m	01:38.73	34,32	550m	06:15.18	34,90	900m	10:16.87	34,30	1250m	14:19.58	34,75
200m	02:13.16	34,43	600m	06:49.51	34,33	950m	10:51.95	35,08	1300m	14:54.10	34,52
250m	02:48.01	34,85	650m	07:23.99	34,48	1000m	11:26.72	34,77	1350m	15:28.66	34,56

300m	03:22.58 34,57	700m	07:58.31 34,32	1050m	12:01.50 34,78	1400m	16:02.96 34,30
350m	03:57.14 34,56	750m	08:33.19 34,88	1100m	12:35.82 34,32	1450m	16:37.05 34,09
400m	04:31.12 33,98	800m	09:08.03 34,84	1150m	13:10.47 34,65		

2. Marij van der Mast (PSV, 200000676)

17:27.53(+73)

50m	00:31.85 31,85	450m	05:13.04 35,22	800m	09:19.63 35,36	1150m	13:26.54 34,86
100m	01:06.56 34,71	500m	05:48.10 35,06	850m	09:55.04 35,41	1200m	14:01.45 34,91
150m	01:41.89 35,33	550m	06:23.16 35,06	900m	10:30.37 35,33	1250m	14:36.25 34,80
200m	02:17.11 35,22	600m	06:58.31 35,15	950m	11:06.04 35,67	1300m	15:10.98 34,73
250m	02:52.44 35,33	650m	07:33.89 35,58	1000m	11:41.44 35,40	1350m	15:45.79 34,81
300m	03:27.55 35,11	700m	08:09.32 35,43	1050m	12:16.79 35,35	1400m	16:20.57 34,78
350m	04:02.71 35,16	750m	08:44.27 34,95	1100m	12:51.68 34,89	1450m	16:55.23 34,66
400m	04:37.82 35,11	800m	09:19.63 35,36	1150m	13:26.54 34,86		

3. Leonie van Noort (WVZ, 199301752)

17:28.11(+83)

50m	00:31.83 31,83	450m	05:15.18 35,25	800m	09:22.36 35,48	1150m	13:28.49 34,99
100m	01:06.75 34,92	500m	05:50.21 35,03	850m	09:57.78 35,42	1200m	14:03.54 35,05
150m	01:42.31 35,56	550m	06:25.54 35,33	900m	10:33.29 35,51	1250m	14:38.61 35,07
200m	02:17.59 35,28	600m	07:00.64 35,10	950m	11:08.37 35,08	1300m	15:13.67 35,06
250m	02:53.18 35,59	650m	07:36.01 35,37	1000m	11:43.48 35,11	1350m	15:48.16 34,49
300m	03:28.83 35,65	700m	08:11.51 35,50	1050m	12:18.54 35,06	1400m	16:22.78 34,62
350m	04:04.50 35,67	750m	08:46.88 35,37	1100m	12:53.50 34,96	1450m	16:56.53 33,75
400m	04:39.93 35,43	800m	09:22.36 35,48	1150m	13:28.49 34,99		

4. Bridget Vermeer (VZC, 200501766)

17:57.74(+80)

50m	00:31.89 31,89	450m	05:14.21 35,47	800m	09:28.99 37,08	1150m	13:45.49 36,55
100m	01:07.13 35,24	500m	05:49.63 35,42	850m	10:05.98 36,99	1200m	14:21.60 36,11
150m	01:42.60 35,47	550m	06:25.61 35,98	900m	10:42.57 36,59	1250m	14:58.29 36,69
200m	02:17.68 35,08	600m	07:02.12 36,51	950m	11:19.14 36,57	1300m	15:34.96 36,67
250m	02:53.03 35,35	650m	07:39.25 37,13	1000m	11:55.55 36,41	1350m	16:11.57 36,61
300m	03:28.22 35,19	700m	08:15.68 36,43	1050m	12:32.39 36,84	1400m	16:47.96 36,39
350m	04:03.41 35,19	750m	08:51.91 36,23	1100m	13:08.94 36,55	1450m	17:23.37 35,41
400m	04:38.74 35,33	800m	09:28.99 37,08	1150m	13:45.49 36,55		

5. Madelon Dijkstra (ZPCH, 199703510)

18:00.48(+78)

50m	00:31.34 31,34	450m	05:20.24 36,70	800m	09:35.85 36,75	1150m	13:50.01 36,29
100m	01:06.23 34,89	500m	05:57.00 36,76	850m	10:12.33 36,48	1200m	14:26.48 36,47
150m	01:42.09 35,86	550m	06:33.45 36,45	900m	10:48.93 36,60	1250m	15:02.45 35,97
200m	02:18.20 36,11	600m	07:09.93 36,48	950m	11:24.69 35,76	1300m	15:39.12 36,67
250m	02:54.15 35,95	650m	07:46.34 36,41	1000m	12:00.94 36,25	1350m	16:15.23 36,11
300m	03:30.60 36,45	700m	08:22.71 36,37	1050m	12:37.51 36,57	1400m	16:51.39 36,16
350m	04:07.01 36,41	750m	08:59.10 36,39	1100m	13:13.72 36,21	1450m	17:26.48 35,09
400m	04:43.54 36,53	800m	09:35.85 36,75	1150m	13:50.01 36,29		

6. Merel Schravendijk (The Hague Swimming (SG), 200503382)

18:05.79(+73)

50m	00:31.26 31,26	450m	05:22.13 36,88	800m	09:36.29 36,57	1150m	13:52.13 36,49
100m	01:06.62 35,36	500m	05:58.09 35,96	850m	10:12.56 36,27	1200m	14:28.99 36,86
150m	01:43.19 36,57	550m	06:34.97 36,88	900m	10:49.15 36,59	1250m	15:05.46 36,47
200m	02:19.73 36,54	600m	07:11.05 36,08	950m	11:25.78 36,63	1300m	15:42.33 36,87
250m	02:56.23 36,50	650m	07:47.28 36,23	1000m	12:02.28 36,50	1350m	16:19.24 36,91
300m	03:32.67 36,44	700m	08:23.55 36,27	1050m	12:38.60 36,32	1400m	16:55.97 36,73
350m	04:09.09 36,42	750m	08:59.72 36,17	1100m	13:15.64 37,04	1450m	17:31.50 35,53
400m	04:45.25 36,16	800m	09:36.29 36,57	1150m	13:52.13 36,49		

7. Lize Janna de Vries (Orca, 200101948)

18:07.41(+80)

50m	00:31.83 31,83	450m	05:21.97 36,47	800m	09:37.33 36,54	1150m	13:53.43 36,57
100m	01:07.72 35,89	500m	05:58.37 36,40	850m	10:13.97 36,64	1200m	14:29.98 36,55
150m	01:43.60 35,88	550m	06:34.77 36,40	900m	10:50.37 36,40	1250m	15:06.22 36,24
200m	02:19.97 36,37	600m	07:11.35 36,58	950m	11:26.73 36,36	1300m	15:42.57 36,35
250m	02:56.33 36,36	650m	07:47.77 36,42	1000m	12:03.43 36,70	1350m	16:18.22 35,65
300m	03:32.77 36,44	700m	08:24.29 36,52	1050m	12:40.06 36,63	1400m	16:52.18 33,96
350m	04:09.10 36,33	750m	09:00.79 36,50	1100m	13:16.86 36,80	1450m	17:31.92 39,74
400m	04:45.50 36,40	800m	09:37.33 36,54	1150m	13:53.43 36,57		

8. Manon van Esch (TRB-RES, 199702090)

18:23.29(+73)

50m	00:32.71 32,71	450m	05:25.50 37,03	800m	09:46.87 37,45	1150m	14:07.03 37,25
100m	01:08.13 35,42	500m	06:02.70 37,20	850m	10:24.44 37,57	1200m	14:44.14 37,11
150m	01:44.19 36,06	550m	06:40.25 37,55	900m	11:01.69 37,25	1250m	15:21.46 37,32
200m	02:20.66 36,47	600m	07:17.49 37,24	950m	11:39.01 37,32	1300m	15:58.91 37,45

250m 02:57.28 36,62	650m 07:54.91 37,42	1000m 12:15.65 36,64	1350m 16:35.83 36,92
300m 03:34.16 36,88	700m 08:32.25 37,34	1050m 12:52.66 37,01	1400m 17:12.39 36,56
350m 04:11.42 37,26	750m 09:09.42 37,17	1100m 13:29.78 37,12	1450m 17:48.58 36,19
400m 04:48.47 37,05	800m 09:46.87 37,45	1150m 14:07.03 37,25	

9. Lize van den Nieuwenhuijzen (Nextline Swimming, 200304454) 18:32.38(+83)

50m 00:32.47 32,47	450m 05:25.06 37,01	800m 09:46.54 37,74	1150m 14:11.37 37,83
100m 01:07.95 35,48	500m 06:02.56 37,50	850m 10:24.16 37,62	1200m 14:49.54 38,17
150m 01:43.83 35,88	550m 06:39.43 36,87	900m 11:01.80 37,64	1250m 15:27.02 37,48
200m 02:20.35 36,52	600m 07:16.88 37,45	950m 11:39.35 37,55	1300m 16:04.92 37,90
250m 02:56.69 36,34	650m 07:54.06 37,18	1000m 12:17.58 38,23	1350m 16:42.36 37,44
300m 03:33.77 37,08	700m 08:31.87 37,81	1050m 12:55.33 37,75	1400m 17:19.89 37,53
350m 04:10.63 36,86	750m 09:08.80 36,93	1100m 13:33.54 38,21	1450m 17:56.78 36,89
400m 04:48.05 37,42	800m 09:46.54 37,74	1150m 14:11.37 37,83	

10. Sterre van de Goor (PSV, 200102168) 18:41.97(+84)

50m 00:34.11 34,11	450m 05:29.88 37,24	800m 09:53.15 37,67	1150m 14:18.34 37,78
100m 01:10.12 36,01	500m 06:07.46 37,58	850m 10:30.92 37,77	1200m 14:56.34 38,00
150m 01:46.93 36,81	550m 06:44.74 37,28	900m 11:09.01 38,09	1250m 15:33.64 37,30
200m 02:24.03 37,10	600m 07:22.50 37,76	950m 11:46.73 37,72	1300m 16:11.85 38,21
250m 03:01.08 37,05	650m 07:59.99 37,49	1000m 12:24.79 38,06	1350m 16:49.78 37,93
300m 03:38.36 37,28	700m 08:37.66 37,67	1050m 13:02.24 37,45	1400m 17:27.48 37,70
350m 04:15.34 36,98	750m 09:15.48 37,82	1100m 13:40.56 38,32	1450m 18:05.16 37,68
400m 04:52.64 37,30	800m 09:53.15 37,67	1150m 14:18.34 37,78	

11. Wiktoria Redzimska (ZPC Hoogeveen, 200106042) 18:45.45(+72)

50m 00:33.52 33,52	450m 05:33.81 37,99	800m 09:57.88 37,81	1150m 14:25.16 38,23
100m 01:10.30 36,78	500m 06:11.65 37,84	850m 10:36.15 38,27	1200m 15:02.78 37,62
150m 01:47.88 37,58	550m 06:49.02 37,37	900m 11:14.33 38,18	1250m 15:40.70 37,92
200m 02:25.23 37,35	600m 07:26.53 37,51	950m 11:52.74 38,41	1300m 16:19.04 38,34
250m 03:02.69 37,46	650m 08:04.64 38,11	1000m 12:30.74 38,00	1350m 16:56.65 37,61
300m 03:40.17 37,48	700m 08:42.12 37,48	1050m 13:09.08 38,34	1400m 17:34.60 37,95
350m 04:17.94 37,77	750m 09:20.07 37,95	1100m 13:46.93 37,85	1450m 18:11.41 36,81
400m 04:55.82 37,88	800m 09:57.88 37,81	1150m 14:25.16 38,23	

12. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 18:46.42(+77)

50m 00:33.97 33,97	450m 05:34.33 37,87	800m 09:59.77 38,12	1150m 14:24.95 37,80
100m 01:11.22 37,25	500m 06:12.34 38,01	850m 10:38.00 38,23	1200m 15:02.87 37,92
150m 01:48.96 37,74	550m 06:50.33 37,99	900m 11:15.76 37,76	1250m 15:41.03 38,16
200m 02:26.16 37,20	600m 07:27.90 37,57	950m 11:53.58 37,82	1300m 16:19.06 38,03
250m 03:03.65 37,49	650m 08:05.93 38,03	1000m 12:31.55 37,97	1350m 16:56.94 37,88
300m 03:41.05 37,40	700m 08:43.47 37,54	1050m 13:09.30 37,75	1400m 17:34.75 37,81
350m 04:19.04 37,99	750m 09:21.65 38,18	1100m 13:47.15 37,85	1450m 18:11.97 37,22
400m 04:56.46 37,42	800m 09:59.77 38,12	1150m 14:24.95 37,80	

Open Nederlandse Kampioenschappen Lange Baan sessie 6 - finales - zondag 23 juni 2019 om 16:30u (50 m)

Aanvangstijd juryvergadering: 15:30u

129. 400m vrije slag - Heren
vanaf 11 jaar (Senioren Open)

1. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10] 04:09.36(+72)

50m 00:27.95 27,95	150m 01:30.71 31,81	250m 02:34.98 32,26	350m 03:39.49 31,70
100m 00:58.90 30,95	200m 02:02.72 32,01	300m 03:07.79 32,81	

2. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6] 05:26.96(+81)

50m 00:33.94 33,94	150m 01:56.92 42,15	250m 03:21.85 42,36	350m 04:46.59 42,45
100m 01:14.77 40,83	200m 02:39.49 42,57	300m 04:04.14 42,29	

3. Sebastiaan Broere (Hieronymus, 199803687) [S14] 04:37.74(+84)

50m 00:30.93 30,93	150m 01:39.94 35,24	250m 02:51.22 35,83	350m 04:03.22 36,08
100m 01:04.70 33,77	200m 02:15.39 35,45	300m 03:27.14 35,92	

4. Lars Jacobsen (DWK, 199705453) [S14] 04:51.17(+80)

50m 00:31.44 31,44	150m 01:43.37 37,11	250m 02:59.77 39,07	350m 04:17.17 39,38
100m 01:06.26 34,82	200m 02:20.70 37,33	300m 03:37.79 38,02	

131. 50m vlinderslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]		00:29.19(+90)
2. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]		00:27.18(+72)
3. Bram Daalman (ZV Haerlem, 200300629) [S14]		00:28.40(+76)
4. Sebastiaan Broere (Hieronymus, 199803687) [S14]		00:28.89(+79)
134. 200m vrije slag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Liesette Bruinsma (HPC PARA - HZ&PC Heerenveen, 200004346) [S11]		02:25.14(+71)
50m 00:33.34 33,34	100m 01:09.60 36,26	150m 01:48.45 38,85
2. Jonne Moleman (LinK, 200006264) [S7]		02:37.52(+93)
50m 00:35.77 35,77	100m 01:15.88 40,11	150m 01:57.03 41,15
3. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]		02:13.71(+80)
50m 00:30.42 30,42	100m 01:03.87 33,45	150m 01:38.68 34,81
4. Diede Struijk (Nuenen, 200403824) [S13]		02:40.24(+71)
50m 00:38.41 38,41	100m 01:19.93 41,52	150m 02:01.20 41,27
5. Milou van Winkel (LinK, 200402296) [S14]		02:36.46(+84)
50m 00:34.29 34,29	100m 01:14.79 40,50	150m 01:56.03 41,24
137. 50m vrije slag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Sven Schutte (HPC PARA - Zwemlust Den Hommel, 198604713) [S9]		00:27.27(+72)
2. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]		00:31.19(+80)
3. Sebastiaan Broere (Hieronymus, 199803687) [S14]		00:26.53(+79)
4. Bram Daalman (ZV Haerlem, 200300629) [S14]		00:26.83(+79)
28. 4x100m wisselslag		
<i>vanaf 11 jaar</i>		
1. ZPC AMERSFOORT		03:56.31
Sterre Mooiweer 1998 (+59)	50m 00:30.54 30,54	
Sterre Mooiweer 1998 (+59)	100m 01:03.27 32,73	
Wietse Waninge 1998 (+18)	150m 01:32.24 28,97	
Wietse Waninge 1998 (+18)	200m 02:05.09 32,85	
Austin Namesnik 2001 (+12)	250m 02:30.74 25,65	
Austin Namesnik 2001 (+12)	300m 03:00.38 29,64	
Elise Hardeman 2001 (+38)	350m 03:26.72 26,34	
Elise Hardeman 2001 (+38)	400m 03:56.31 29,59	
2. PSV		03:59.53
Tom Donker 1998 (+51)	50m 00:26.96 26,96	
Tom Donker 1998 (+51)	100m 00:55.58 28,62	
Sanne Busch 2001 (+41)	150m 01:27.87 32,29	
Sanne Busch 2001 (+41)	200m 02:07.82 39,95	
Niklas David Yeboah 1998 (+3)	250m 02:33.41 25,59	
Niklas David Yeboah 1998 (+3)	300m 03:03.56 30,15	
Nelly Velthuijs 1994 (+26)	350m 03:29.71 26,15	
Nelly Velthuijs 1994 (+26)	400m 03:59.53 29,82	
3. De Dolfijn		04:01.03
Tamara van Vliet 1994 (+58)	50m 00:30.97 30,97	
Tamara van Vliet 1994 (+58)	100m 01:04.79 33,82	
Nicholas Theunissen 1996 (+28)	150m 01:34.77 29,98	
Nicholas Theunissen 1996 (+28)	200m 02:08.32 33,55	
Ruben Stam 1998 (+23)	250m 02:33.14 24,82	
Ruben Stam 1998 (+23)	300m 03:02.44 29,30	
Tamara Grove 1996 (+49)	350m 03:30.24 27,80	
Tamara Grove 1996 (+49)	400m 04:01.03 30,79	
4. TriVia		04:13.36

Richard Kuipers 1997 (+67)	50m	00:30.48	30,48								
Richard Kuipers 1997 (+67)	100m	01:02.45	31,97								
Emma Hofstee 2004 (+54)	150m	01:38.04	35,59								
Emma Hofstee 2004 (+54)	200m	02:18.10	40,06								
Matthijs van Meerendonk 1999 (+31)	250m	02:43.55	25,45								
Matthijs van Meerendonk 1999 (+31)	300m	03:13.91	30,36								
Arianne Kooijinga 2000 (+30)	350m	03:42.08	28,17								
Arianne Kooijinga 2000 (+30)	400m	04:13.36	31,28								
5. Hellas-Glana							04:15.82				
Niels de Boer 2000 (+64)	50m	00:29.54	29,54								
Niels de Boer 2000 (+64)	100m	01:01.88	32,34								
Lucas Greven 1995 (+40)	150m	01:32.18	30,30								
Lucas Greven 1995 (+40)	200m	02:06.57	34,39								
Judith Houtvast 2003 (+52)	250m	02:37.56	30,99								
Judith Houtvast 2003 (+52)	300m	03:14.44	36,88								
Britt Cornelissens 2000 (+37)	350m	03:43.56	29,12								
Britt Cornelissens 2000 (+37)	400m	04:15.82	32,26								
6. Nuenen							04:16.87				
Merel Phaff 2001 (+63)	50m	00:33.16	33,16								
Merel Phaff 2001 (+63)	100m	01:08.60	35,44								
Bram Zwetsloot 2002 (+19)	150m	01:39.97	31,37								
Bram Zwetsloot 2002 (+19)	200m	02:16.50	36,53								
Alexander Nijst 2001 (+21)	250m	02:44.15	27,65								
Alexander Nijst 2001 (+21)	300m	03:16.24	32,09								
Nikita van den Ouden 1999 (+14)	350m	03:45.19	28,95								
Nikita van den Ouden 1999 (+14)	400m	04:16.87	31,68								
7. WVZ							04:17.41				
Quinn van den Heuvel 2001 (+63)	50m	00:31.11	31,11								
Quinn van den Heuvel 2001 (+63)	100m	01:04.04	32,93								
Joost de Roy van Zuydewijn 2000 (+34)	150m	01:35.13	31,09								
Joost de Roy van Zuydewijn 2000 (+34)	200m	02:10.16	35,03								
Inge Vieveen 2001 (+38)	250m	02:40.32	30,16								
Inge Vieveen 2001 (+38)	300m	03:17.19	36,87								
Sophie de Jonge 2002 (+45)	350m	03:46.29	29,10								
Sophie de Jonge 2002 (+45)	400m	04:17.41	31,12								
DIS. Dedemsvaart-AC							00:00.00				
Ismay Lichtendonk 2004 (+60)	50m	00:32.27	32,27								
Ismay Lichtendonk 2004 (+60)	100m	01:05.97	33,70								
Leon van den Hof 2002	400m	00:00.00	-65,97								
29. 400m vrije slag - Heren											
<i>vanaf 11 jaar (Senioren Open)</i>											
1. Maarten Brzoskowski (HPC - PSV, 199500769)							03:54.01 (+66)				
50m	00:26.87	26,87	150m	01:25.03	29,51	250m	02:24.60	29,74	350m	03:24.64	30,13
100m	00:55.52	28,65	200m	01:54.86	29,83	300m	02:54.51	29,91			
2. Lleyton Plattel (OC - PSV, 200204993)							03:57.19 (+65)				
50m	00:27.34	27,34	150m	01:27.58	30,56	250m	02:28.50	30,49	350m	03:28.61	29,64
100m	00:57.02	29,68	200m	01:58.01	30,43	300m	02:58.97	30,47			
3. Erik Nijholt (DZ&PC, 199401349)							03:59.15 (+76)				
50m	00:27.08	27,08	150m	01:27.62	30,53	250m	02:29.11	30,63	350m	03:30.00	30,16
100m	00:57.09	30,01	200m	01:58.48	30,86	300m	02:59.84	30,73			
4. Bart Sommeling (OC - De Dolfijn, 199800765)							03:59.21 (+73)				
50m	00:27.08	27,08	150m	01:26.98	30,32	250m	02:27.63	30,13	350m	03:29.62	31,13
100m	00:56.66	29,58	200m	01:57.50	30,52	300m	02:58.49	30,86			
5. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10]							04:09.36 (+72)				
50m	00:27.95	27,95	150m	01:30.71	31,81	250m	02:34.98	32,26	350m	03:39.49	31,70
100m	00:58.90	30,95	200m	02:02.72	32,01	300m	03:07.79	32,81			
6. Karst Boersma (De Dinkel, 199600849)							04:09.81 (+70)				
50m	00:28.17	28,17	150m	01:30.85	31,85	250m	02:34.68	31,90	350m	03:38.85	31,94
100m	00:59.00	30,83	200m	02:02.78	31,93	300m	03:06.91	32,23			

7. Rowan Keen (Borger, 199500727)					04:10.57(+70)
50m	00:28.13 28,13	150m	01:30.20 31,34	250m	02:34.61 32,37
100m	00:58.86 30,73	200m	02:02.24 32,04	300m	03:07.06 32,45
350m	03:39.95 32,89				
7. Lucas Peters (Nextline Swimming, 200301325)					04:10.57(+73)
50m	00:28.22 28,22	150m	01:30.60 31,51	250m	02:35.16 32,27
100m	00:59.09 30,87	200m	02:02.89 32,29	300m	03:07.51 32,35
350m	03:39.78 32,27				
30. 400m wisselslag - Dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Lotte Hosper (OC - Racing Club, 200201414)					04:55.62(+77)
50m	00:29.91 29,91	150m	01:40.86 36,80	250m	03:00.90 43,96
100m	01:04.06 34,15	200m	02:16.94 36,08	300m	03:46.14 45,24
350m	04:21.41 35,27				
2. Lisa Dreesens (The Hague Swimming (SG), 199105798)					05:02.32(+82)
50m	00:30.95 30,95	150m	01:47.34 40,47	250m	03:10.57 43,80
100m	01:06.87 35,92	200m	02:26.77 39,43	300m	03:54.52 43,95
350m	04:29.35 34,83				
3. Emelie Schnagl (SSG Saar Max Ritter, 262869)					05:02.48(+71)
50m	00:31.43 31,43	150m	01:47.62 39,86	250m	03:10.21 43,07
100m	01:07.76 36,33	200m	02:27.14 39,52	300m	03:54.20 43,99
350m	04:29.31 35,11				
4. Alinda Dingshoff (ZPC Hoogeveen, 200000928)					05:03.73(+79)
50m	00:32.08 32,08	150m	01:45.90 37,52	250m	03:08.97 45,42
100m	01:08.38 36,30	200m	02:23.55 37,65	300m	03:55.13 46,16
350m	04:30.15 35,02				
5. Anna van Droffelaar (OC - ZVVS, 200400258)					05:13.42(+69)
50m	00:31.51 31,51	150m	01:51.13 40,58	250m	03:15.96 44,91
100m	01:10.55 39,04	200m	02:31.05 39,92	300m	04:00.95 44,99
350m	04:38.01 37,06				
6. Isabel Aardema (DWK, 200100364)					05:14.27(+82)
50m	00:32.38 32,38	150m	01:53.40 41,66	250m	03:18.61 44,85
100m	01:11.74 39,36	200m	02:33.76 40,36	300m	04:03.61 45,00
350m	04:39.95 36,34				
7. Carlijn Hansté (WS Twente, 200201082)					05:16.02(+82)
50m	00:32.15 32,15	150m	01:50.93 39,73	250m	03:16.13 46,30
100m	01:11.20 39,05	200m	02:29.83 38,90	300m	04:04.09 47,96
350m	04:40.70 36,61				
8. Zante Janssen (Aqua-Novio'94, 200201786)					05:20.17(+85)
50m	00:34.79 34,79	150m	01:58.54 41,83	250m	03:23.05 43,68
100m	01:16.71 41,92	200m	02:39.37 40,83	300m	04:08.14 45,09
350m	04:44.98 36,84				
9. Lonneke Kampman (Nextline Swimming, 200100146)					05:09.96(+82)
50m	00:33.94 33,94	150m	01:52.07 40,06	250m	03:14.26 43,67
100m	01:12.01 38,07	200m	02:30.59 38,52	300m	03:59.73 45,47
350m	04:35.69 35,96				
10. Birgit van Buiten (DWK, 200200498)					05:13.34(+76)
50m	00:34.78 34,78	150m	01:55.50 39,65	250m	03:18.62 44,06
100m	01:15.85 41,07	200m	02:34.56 39,06	300m	04:02.39 43,77
350m	04:38.67 36,28				
11. Inge Vieveen (OC - WVZ, 200100024)					05:14.03(+77)
50m	00:32.20 32,20	150m	01:54.30 42,44	250m	03:19.27 44,21
100m	01:11.86 39,66	200m	02:35.06 40,76	300m	04:04.35 45,08
350m	04:40.03 35,68				
11. Angelique van Vark (Z&PC De Gouwe, 199701478)					05:14.03(+70)
50m	00:32.85 32,85	150m	01:53.25 40,79	250m	03:18.25 45,65
100m	01:12.46 39,61	200m	02:32.60 39,35	300m	04:04.59 46,34
350m	04:40.32 35,73				
13. Josse Bergman (VZC, 200305146)					05:14.47(+75)
50m	00:32.79 32,79	150m	01:52.28 41,46	250m	03:17.37 45,27
100m	01:10.82 38,03	200m	02:32.10 39,82	300m	04:04.15 46,78
350m	04:40.72 36,57				
14. Wiktorija Redzimska (ZPC Hoogeveen, 200106042)					05:16.68(+74)
50m	00:34.93 34,93	150m	01:55.15 39,16	250m	03:18.73 45,02
100m	01:15.99 41,06	200m	02:33.71 38,56	300m	04:04.77 46,04
350m	04:41.35 36,58				
15. Nikita van den Ouden (Nueneen, 199900622)					05:19.38(+70)
50m	00:32.16 32,16	150m	01:52.73 41,80	250m	03:18.99 44,99
100m	01:10.93 38,77	200m	02:34.00 41,27	300m	04:05.40 46,41
350m	04:42.96 37,56				
16. Selene Wortel (Hieronymus, 199700654)					05:24.07(+71)

50m 00:33.39 33,39 150m 01:57.42 43,58 250m 03:24.62 45,35 350m 04:47.94 36,52
100m 01:13.84 40,45 200m 02:39.27 41,85 300m 04:11.42 46,80

31. 50m vlinderslag - Heren

vanaf 11 jaar (Senioren Open)

1. Thom de Boer (De Dolfijn, 199100181)	00:23.88(+65)
2. Joeri Verlinden (PSV, 198803549)	00:23.96(+66)
3. Luuk Nijland (DWK, 199700333)	00:24.60(+68)
4. Thomas Verhoeven (The Hague Swimming (SG), 199700311)	00:24.71(+68)
5. Alexander Kunert (SV Gelnhausen 1924 e.V., 178627)	00:25.00(+62)
6. Jens Krijgsman (OC - De Columbiaan, 199901429)	00:25.15(+65)
7. Junior de Bruin (OC - ZPC Hoogeveen, 200000839)	00:25.20(+66)
8. Matthijs van Meerendonk (TriVia, 199900375)	00:25.59(+68)
9. Tom Lommers (De Dolfijn, 199001847)	00:25.14(+65)
10. Ruben Stam (De Dolfijn, 199800331)	00:25.21(+62)
11. Sean Niewold (WVZ, 200204699)	00:25.41(+69)
12. Niklas David Yeboah (PSV, 199805765)	00:25.62(+65)
13. Maquinho Vorst (OC - ZPC De Hof, 200204179)	00:25.84(+69)
14. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:25.87(+64)
15. Jesse van Dijk (ZPC AMERSFOORT, 199903259)	00:25.95(+63)
16. Thomas Kappe (DWK, 199805141)	00:25.99(+69)

132. 50m rugslag - Dames

vanaf 11 jaar (Senioren Open)

1. Lisa Kruger (HPC PARA - ZPC AMERSFOORT, 200005304) [S10]	00:32.97(+67)
2. Jonne Moleman (LinK, 200006264) [S7]	00:42.54(+86)
3. Amber van der Kruk (HPC PARA - MSV Zeemacht, 200102730) [S14]	00:35.70(+84)
4. Diede Struijk (Nuenen, 200403824) [S13]	00:40.68(+83)

32. 50m rugslag - Dames

vanaf 11 jaar (Senioren Open)

1. Tessa Vermeulen (HPC - De Dolfijn, 199800068)	00:28.76(+60)
2. Marieke Tienstra (OC - TriVia, 199900302)	00:28.98(+60)
3. Valerie van Roon (HPC - WVZ, 199802326)	00:29.23(+57)
4. Manon Manning (Nova, 199904118)	00:29.62(+60)
5. Josien Wijkhuijs (Orca, 199902866)	00:29.65(+61)
6. Milou van Wijk (MNC Dordrecht, 200404948)	00:29.77(+63)
7. Indy Jongman (OC - PSV, 200100528)	00:30.09(+59)
8. Ismay Lichtendonk (OC - Dedemsvaart AC, 200400622)	00:30.53(+63)
9. Tamara van Vliet (De Dolfijn, 199403562)	00:29.76(+62)
10. Sterre Mooiweer (ZPC AMERSFOORT, 199800236)	00:30.12(+63)
11. Lieke Oude Lenferink (OC - WS Twente, 200200068)	00:30.22(+58)
12. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	00:30.64(+64)
13. Chefanja Nunes (OC - WVZ, 200104750)	00:30.77(+62)

14. Arianne Kooijinga (TriVia, 200001544)	00:31.06(+59)
15. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:31.21(+65)
16. Danique Stoop (Zuiderzeezwemmers, 199106956)	00:31.24(+62)
133. 100m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Marc Evers (HPC PARA - ZV Haerlem, 199107425) [SB14] 50m 00:32.28 32,28	01:08.53(+77)
2. Tim van Duuren (HPC PARA - WIDEX GZC DONK, 199802255) [SB8] 50m 00:33.72 33,72	01:12.43(+64)
3. Simon Boer (HPC PARA - ZPC AMERSFOORT, 199505643) [SB7] 50m 00:39.35 39,35	01:22.28(+50)
4. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [SB13] 50m 00:34.30 34,30	01:13.09(+77)
33. 100m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Wietse Waninge (ZPC AMERSFOORT, 199800023) 50m 00:29.68 29,68	01:02.49(+66)
2. Kasper Leeuw (ZPC AMERSFOORT, 199304435) 50m 00:29.08 29,08	01:02.64(+63)
3. Thomas de Lange (WS Twente, 199701475) 50m 00:29.56 29,56	01:02.93(+76)
4. Juri Dijkstra (OC - TriVia, 200002119) 50m 00:29.75 29,75	01:03.00(+73)
5. Nicholas Theunissen (De Dolfijn, 199605679) 50m 00:29.82 29,82	01:03.36(+62)
6. Koen Lems (ZPC AMERSFOORT, 199603709) 50m 00:29.91 29,91	01:03.87(+74)
7. Ardi Knol (DWK, 199603447) 50m 00:30.31 30,31	01:04.48(+67)
8. Sten Postma (Aqua-Novio'94, 200000011) 50m 00:30.39 30,39	01:05.14(+65)
9. Koen Koster (HZPC, 199900517) 50m 00:30.51 30,51	01:04.65(+71)
10. Lucas Greven (Hellas-Glana, 199501941) 50m 00:30.47 30,47	01:04.87(+67)
11. Duncan van Haaren (WIDEX GZC DONK, 200000681) 50m 00:30.52 30,52	01:05.03(+72)
12. Jonne Schaafsma (The Hague Swimming (SG), 199800745) 50m 00:30.48 30,48	01:05.56(+72)
13. Thom Delno (PSV, 200000013) 50m 00:30.69 30,69	01:05.68(+74)
14. Serginni Marten (DWK, 199307281) 50m 00:31.19 31,19	01:06.44(+72)
15. Quinn van den Heuvel (WVZ, 200100297) 50m 00:30.84 30,84	01:06.71(+71)
16. Joost de Roy van Zuydewijn (WVZ, 200000255) 50m 00:31.72 31,72	01:07.40(+75)
34. 200m vrije slag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	

1. Robin Neumann (De Dolfijn, 199706190)	50m 00:28.24 28,24	100m 00:58.53 30,29	150m 01:29.59 31,06	02:00.20(+65)
2. Silke Holkenborg (OC - VZC, 200100292)	50m 00:28.26 28,26	100m 00:59.04 30,78	150m 01:30.30 31,26	02:01.84(+71)
3. Laura Setz (OC - Nova, 200000130)	50m 00:29.17 29,17	100m 01:00.20 31,03	150m 01:31.74 31,54	02:03.09(+91)
4. Loulou Vos (PSV, 199906128)	50m 00:28.70 28,70	100m 00:59.37 30,67	150m 01:31.18 31,81	02:03.10(+75)
5. Elise Hardeman (ZPC AMERSFOORT, 200101068)	50m 00:29.67 29,67	100m 01:01.25 31,58	150m 01:34.25 33,00	02:06.09(+71)
6. Leonie van Noort (WVZ, 199301752)	50m 00:29.79 29,79	100m 01:01.44 31,65	150m 01:34.38 32,94	02:06.52(+82)
7. Myrna van Duijven (DZ&PC, 199900252)	50m 00:29.29 29,29	100m 01:01.47 32,18	150m 01:34.69 33,22	02:07.69(+72)
8. Soraya Wasser (PSV, 199901358)	50m 00:29.76 29,76	100m 01:02.17 32,41	150m 01:35.23 33,06	02:07.81(+69)
9. Yara van Kalmthout (Nova, 200200984)	50m 00:29.19 29,19	100m 01:00.89 31,70	150m 01:33.76 32,87	02:07.67(+73)
10. Lisanne Hassing (DZ&PC, 199702584)	50m 00:29.78 29,78	100m 01:02.55 32,77	150m 01:36.27 33,72	02:09.56(+78)
11. Sophie de Jonge (WVZ, 200200118)	50m 00:30.05 30,05	100m 01:02.73 32,68	150m 01:36.53 33,80	02:09.68(+74)
12. Manon van Esch (TRB-RES, 199702090)	50m 00:30.44 30,44	100m 01:03.37 32,93	150m 01:37.32 33,95	02:09.88(+71)
13. Manon Ritten (Hellas-Glana, 200002440)	50m 00:30.11 30,11	100m 01:02.51 32,40	150m 01:36.37 33,86	02:10.62(+82)
14. Eline Gros (Aqua-Novio'94, 200302700)	50m 00:30.21 30,21	100m 01:03.12 32,91	150m 01:37.59 34,47	02:11.11(+83)
15. Imke Beekman (Hellas-Glana, 200301950)	50m 00:30.56 30,56	100m 01:04.22 33,66	150m 01:38.59 34,37	02:12.35(+81)
16. Maaike Issard (VZC, 200300022)	50m 00:30.89 30,89	100m 01:04.74 33,85	150m 01:40.17 35,43	02:16.02(+82)
35. 200m rugslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>				
1. Baptiste Leger (ES Massy Natation)	50m 00:28.17 28,17	100m 00:59.42 31,25	150m 01:31.00 31,58	02:02.20(+58)
2. Dennis Kamps (De Dinkel, 200000191)	50m 00:29.28 29,28	100m 01:01.92 32,64	150m 01:34.48 32,56	02:06.46(+67)
3. Jelle Betten (OC - DZ&PC, 200001535)	50m 00:28.94 28,94	100m 01:00.81 31,87	150m 01:33.51 32,70	02:06.62(+55)
4. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:30.30 30,30	100m 01:03.02 32,72	150m 01:37.32 34,30	02:09.83(+61)
5. Niels Dijkshoorn (ZVVS, 200203079)	50m 00:30.20 30,20	100m 01:03.48 33,28	150m 01:37.14 33,66	02:10.35(+73)
6. Aidan Baines (PSV, 200005761)	50m 00:29.87 29,87	100m 01:02.46 32,59	150m 01:36.11 33,65	02:10.51(+67)
7. Dave Holweg (ZPC AMERSFOORT, 199701521)	50m 00:29.93 29,93	100m 01:03.16 33,23	150m 01:37.64 34,48	02:11.90(+66)
8. Patrick Dalferth (Schwimmverein Schwäbisch Gmünd, 254997)				02:12.07(+61)

	50m 00:29.66 29,66	100m 01:03.29 33,63	150m 01:37.91 34,62	
9. Daniel Buijs (ReVeLie Swim Team, 199600183)	50m 00:31.00 31,00	100m 01:04.38 33,38	150m 01:38.40 34,02	02:11.22(+60)
10. Lasse Dumke (SG Ruhr, 233141)	50m 00:30.35 30,35	100m 01:03.45 33,10	150m 01:37.66 34,21	02:11.74(+63)
11. Jorian Tanis (MNC Dordrecht, 199900327)	50m 00:31.32 31,32	100m 01:04.47 33,15	150m 01:39.18 34,71	02:13.38(+69)
12. Joas Groeneveld (DWK, 200102669)	50m 00:31.01 31,01	100m 01:05.40 34,39	150m 01:39.55 34,15	02:14.31(+59)
13. Thijs Molendijk (d'ELFT, 199900477)	50m 00:31.18 31,18	100m 01:05.14 33,96	150m 01:39.49 34,35	02:14.36(+63)
14. Tom Laarhuis (De Dinkel, 199800309)	50m 00:30.02 30,02	100m 01:03.61 33,59	150m 01:39.58 35,97	02:14.90(+64)
15. Richard Kuipers (TriVia, 199704171)	50m 00:32.08 32,08	100m 01:07.62 35,54	150m 01:44.29 36,67	02:20.57(+65)
36. 200m schoolslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Kim Jansen van Galen (PSV, 200201594)	50m 00:36.52 36,52	100m 01:17.65 41,13	150m 01:58.02 40,37	02:37.81(+74)
2. Lynn Blommers (The Hague Swimming (SG), 200105062)	50m 00:35.95 35,95	100m 01:16.92 40,97	150m 01:58.19 41,27	02:38.95(+73)
3. Robin Goossens (Nuenen, 200003128)	50m 00:36.21 36,21	100m 01:16.87 40,66	150m 01:57.82 40,95	02:39.28(+86)
4. Michelle Pschuk (SG Ruhr, 246475)	50m 00:35.60 35,60	100m 01:16.51 40,91	150m 01:58.53 42,02	02:40.99(+67)
5. Karin Rijkelijkhuisen (DZ&PC, 199403358)	50m 00:36.69 36,69	100m 01:18.22 41,53	150m 02:00.51 42,29	02:42.13(+71)
6. Irene Teufer (De Dolfijn, 199602340)	50m 00:37.01 37,01	100m 01:18.12 41,11	150m 02:00.42 42,30	02:43.08(+77)
7. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	50m 00:37.01 37,01	100m 01:18.05 41,04	150m 02:01.56 43,51	02:46.38(+85)
9. Mirl de Boer (De Dolfijn, 199700468)	50m 00:36.64 36,64	100m 01:18.39 41,75	150m 02:01.08 42,69	02:43.10(+74)
10. Joyce Kuipers (Orca, 200103426)	50m 00:36.86 36,86	100m 01:19.42 42,56	150m 02:02.04 42,62	02:44.54(+77)
11. Lonne Dijkhuis (De Dinkel, 199400030)	50m 00:35.22 35,22	100m 01:16.51 41,29	150m 02:00.20 43,69	02:44.92(+78)
12. Silke Bliet (Hellas-Glana, 200301948)	50m 00:37.57 37,57	100m 01:20.52 42,95	150m 02:03.23 42,71	02:46.04(+74)
13. Emma Hofstee (TriVia, 200401282)	50m 00:36.93 36,93	100m 01:19.59 42,66	150m 02:02.70 43,11	02:46.10(+85)
14. Chantalle Zijderveld (HPC PARA - ZZ&PC De Devel, 200000702) [SB9]	50m 00:37.14 37,14	100m 01:19.96 42,82	150m 02:03.33 43,37	02:46.25(+66)
15. Zante Janssen (Aqua-Novio'94, 200201786)	50m 00:37.08 37,08	100m 01:19.09 42,01	150m 02:03.28 44,19	02:48.39(+76)
16. Colet Claessens (Nuenen, 199405182)	50m 00:37.22 37,22	100m 01:20.33 43,11	150m 02:04.50 44,17	02:48.65(+71)
DIS. Madelijne Schothans (De Dinkel, 200002416)				00:00.00

37. 50m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Thom de Boer (De Dolfijn, 199100181)	00:22.42(+66)
2. Jeroen Baars (The Hague Swimming (SG), 199200031)	00:22.95(+67)
3. Niels van Eck (ZPC Hoogeveen, 198900793)	00:23.01(+63)
4. Luuk Nijland (DWK, 199700333)	00:23.12(+69)
5. Alexander Skinner (Dolphins Swimming Club)	00:23.23(+66)
6. Ben Schwiertert (HPC - ZPC AMERSFOORT, 199704831)	00:23.39(+68)
7. Alexander Kunert (SV Gelnhäusen 1924 e.V., 178627)	00:23.61(+61)
8. Jens Krijgsman (OC - De Columbiaan, 199901429)	00:23.66(+64)
9. Dominique Sikkema (Orca, 199500399)	00:23.62(+61)
10. Tom Lommers (De Dolfijn, 199001847)	00:23.69(+68)
11. Stephan Putman (DWK, 199502955)	00:23.74(+72)
12. Guus van Stiphout (PSV, 199501081)	00:23.76(+67)
13. Berjen Mellema (OC - PSV, 199800615)	00:23.80(+69)
14. Sean Niewold (WVZ, 200204699)	00:23.90(+69)
15. Kingue Struijf (ZPC AMERSFOORT, 199400913)	00:24.04(+62)
16. Jesse van der A (De Dolfijn, 199905303)	00:24.24(+67)
38. 100m vlinderslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Elinore de Jong (The Hague Swimming (SG), 198902072)	00:59.82(+78)
50m 00:27.80 27,80	
2. Kinge Zandringa (HPC - De Dolfijn, 199801422)	01:00.85(+68)
50m 00:27.58 27,58	
3. Josien Wijkhuijs (Orca, 199902866)	01:01.25(+71)
50m 00:28.12 28,12	
4. Chefanja Nunes (OC - WVZ, 200104750)	01:02.46(+69)
50m 00:29.14 29,14	
5. Mendy de Rooi (DWK, 199700780)	01:02.47(+66)
50m 00:29.00 29,00	
6. Alinda Dingshoff (ZPC Hoogeveen, 200000928)	01:02.77(+78)
50m 00:29.52 29,52	
7. Silke Molendijk (VZC, 200100178)	01:03.46(+72)
50m 00:29.72 29,72	
8. Anne Fleur Willemsen (Azuro, 199901396)	01:03.84(+82)
50m 00:29.36 29,36	
9. Anne Palmans (OC - WVZ, 200006324)	01:03.35(+75)
50m 00:29.53 29,53	
10. Amy de Sain (De Dolfijn, 200304690)	01:03.89(+75)
50m 00:29.99 29,99	
11. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	01:04.35(+66)
50m 00:29.69 29,69	
12. Julia van Leeuwen (PSV, 200001464)	01:05.14(+69)
50m 00:29.72 29,72	
13. Manon Compagner (Dedemsvaart-AC, 200101710)	01:05.33(+76)
50m 00:29.91 29,91	

14. Serafina Vlijt (HZPC, 199801142)		01:05.80(+77)
50m 00:30.55 30,55		
15. Sam van Nunen (PSV, 200100036)		01:06.20(+71)
50m 00:30.31 30,31		
16. Danique Stoop (Zuiderzeezwemmers, 199106956)		01:07.39(+73)
50m 00:31.04 31,04		
139. 200m wisselslag - Heren		
vanaf 11 jaar (Senioren Open)		
1. Bas Takken (HPC PARA - De Dolfijn, 199901643) [S10]		02:15.12(+72)
50m 00:30.14 30,14 100m 01:05.06 34,92 150m 01:44.28 39,22		
2. Michiel Jorink (HPC PARA - ZV44, 198701613) [S14]		02:23.76(+80)
50m 00:28.54 28,54 100m 01:05.41 36,87 150m 01:48.76 43,35		
3. Thijs van den End (HPC PARA - ZPC Woerden, 199306803) [S9]		02:32.47(+92)
50m 00:30.70 30,70 100m 01:06.80 36,10 150m 01:57.09 50,29		
4. Thomas van Wanrooij (HPC PARA - Poseidon '56, 200201473) [S13]		02:22.27(+73)
50m 00:29.42 29,42 100m 01:05.52 36,10 150m 01:48.67 43,15		
5. Thijs van Hofweegen (HPC PARA - ZPC AMERSFOORT, 199605253) [S6]		03:02.85(+91)
50m 00:41.78 41,78 100m 01:30.88 49,10 150m 02:22.70 51,82		
6. Lars Jacobsen (DWK, 199705453) [S14]		02:41.84(+77)
50m 00:33.10 33,10 100m 01:14.35 41,25 150m 02:06.35 52,00		
39. 200m wisselslag - Heren		
vanaf 11 jaar (Senioren Open)		
1. Sten Postma (Aqua-Novio'94, 200000011)		02:06.72(+67)
50m 00:27.87 27,87 100m 01:01.91 34,04 150m 01:37.51 35,60		
2. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)		02:06.90(+65)
50m 00:27.26 27,26 100m 00:58.26 31,00 150m 01:35.58 37,32		
3. Koen Lems (ZPC AMERSFOORT, 199603709)		02:09.51(+72)
50m 00:27.53 27,53 100m 01:02.21 34,68 150m 01:38.36 36,15		
4. Koen Koster (HZPC, 199900517)		02:09.80(+71)
50m 00:28.09 28,09 100m 01:02.89 34,80 150m 01:40.01 37,12		
5. Lars Verhalle (VZC, 200200019)		02:09.84(+73)
50m 00:26.84 26,84 100m 01:00.79 33,95 150m 01:39.44 38,65		
6. Nicholas Theunissen (De Dolfijn, 199605679)		02:11.04(+65)
50m 00:27.78 27,78 100m 01:01.99 34,21 150m 01:39.92 37,93		
7. Rowan Keen (Borger, 199500727)		02:11.43(+72)
50m 00:28.46 28,46 100m 01:02.69 34,23 150m 01:41.39 38,70		
8. Jorrick Druyven (DAW, 199400507)		02:14.00(+74)
50m 00:28.48 28,48 100m 01:03.60 35,12 150m 01:42.53 38,93		
9. Emile Dost (Borger, 200100731)		02:11.31(+74)
50m 00:28.13 28,13 100m 01:01.49 33,36 150m 01:39.64 38,15		
10. David Kuipers (Orca, 200003633)		02:15.63(+71)
50m 00:28.52 28,52 100m 01:04.63 36,11 150m 01:45.99 41,36		
11. Arjan Dekker (ReVeLie Swim Team, 200000499)		02:15.67(+73)
50m 00:29.26 29,26 100m 01:03.89 34,63 150m 01:42.86 38,97		
12. Ian Sanders (Hellas-Glana, 200100373)		02:16.94(+71)
50m 00:29.93 29,93 100m 01:07.98 38,05 150m 01:45.21 37,23		
13. Justus Ykema (De Dolfijn, 199900029)		02:16.95(+73)
50m 00:27.69 27,69 100m 01:03.74 36,05 150m 01:44.52 40,78		
14. Jelle Nap (VZC, 199502875)		02:16.96(+73)
50m 00:29.07 29,07 100m 01:07.67 38,60 150m 01:47.03 39,36		

15. Daen Spoor (VZC, 200101117)
50m 00:28.98 28,98 100m 01:06.57 37,59 150m 01:46.09 39,52

02:18.35(+73)

40. 4x100m wisselslag dames
vanaf 11 jaar (Senioren Open)

1. De Dolfijn

04:13.16

Tessa Vermeulen 1998 (+63) 50m 00:29.98 29,98
Tessa Vermeulen 1998 (+63) 100m 01:03.02 33,04
Anouk Elzerman 1990 (+27) 150m 01:36.08 33,06
Anouk Elzerman 1990 (+27) 200m 02:13.84 37,76
Amy de Sain 2003 (+22) 250m 02:42.75 28,91
Amy de Sain 2003 (+22) 300m 03:17.31 34,56
Robin Neumann 1997 (+17) 350m 03:43.74 26,43
Robin Neumann 1997 (+17) 400m 04:13.16 29,42

2. Racing Club

04:17.42

Lotte Hosper 2002 (+70) 50m 00:31.11 31,11
Lotte Hosper 2002 (+70) 100m 01:03.88 32,77
Lynn Blommers 2001 (+36) 150m 01:37.64 33,76
Lynn Blommers 2001 (+36) 200m 02:16.44 38,80
Lisa Dreesens 1991 (+44) 250m 02:46.15 29,71
Lisa Dreesens 1991 (+44) 300m 03:20.34 34,19
Femke Hoppenbrouwer 2003 (+27) 350m 03:47.94 27,60
Femke Hoppenbrouwer 2003 (+27) 400m 04:17.42 29,48

3. WVZ

04:17.44

Valerie van Roon 1998 (+61) 50m 00:30.49 30,49
Valerie van Roon 1998 (+61) 100m 01:04.12 33,63
Anne Louise Palmans 2000 (+39) 150m 01:37.61 33,49
Anne Louise Palmans 2000 (+39) 200m 02:17.20 39,59
Chefanja Nunes 2001 (+43) 250m 02:45.69 28,49
Chefanja Nunes 2001 (+43) 300m 03:19.58 33,89
Leonie van Noort 1993 (+16) 350m 03:47.69 28,11
Leonie van Noort 1993 (+16) 400m 04:17.44 29,75

4. PSV

04:17.45

Indy Jongman 2001 (+58) 50m 00:31.39 31,39
Indy Jongman 2001 (+58) 100m 01:05.05 33,66
Sanne Busch 2001 (+39) 150m 01:38.08 33,03
Sanne Busch 2001 (+39) 200m 02:16.73 38,65
Julia van Leeuwen 2000 (+57) 250m 02:46.05 29,32
Julia van Leeuwen 2000 (+57) 300m 03:21.65 35,60
Nelly Velthuijs 1994 (+13) 350m 03:47.88 26,23
Nelly Velthuijs 1994 (+13) 400m 04:17.45 29,57

5. ZPC AMERSFOORT

04:21.75

Sterre Mooiweer 1998 (+60) 50m 00:30.57 30,57
Sterre Mooiweer 1998 (+60) 100m 01:04.03 33,46
Larissa Brak 1988 (+36) 150m 01:37.53 33,50
Larissa Brak 1988 (+36) 200m 02:16.62 39,09
Pippa van 't Land 2006 (+28) 250m 02:47.84 31,22
Pippa van 't Land 2006 (+28) 300m 03:25.00 37,16
Elise Hardeman 2001 (+37) 350m 03:52.85 27,85
Elise Hardeman 2001 (+37) 400m 04:21.75 28,90

6. De Dinkel

04:27.55

Laura Rolink 1999 (+78) 50m 00:33.71 33,71
Laura Rolink 1999 (+78) 100m 01:08.75 35,04
Madelijne Schothans 2000 (+53) 150m 01:41.49 32,74
Madelijne Schothans 2000 (+53) 200m 02:19.81 38,32
Eefje Slootweg 1998 (+28) 250m 02:50.74 30,93
Eefje Slootweg 1998 (+28) 300m 03:27.06 36,32
Lonne Dijkhuis 1994 (+44) 350m 03:55.73 28,67
Lonne Dijkhuis 1994 (+44) 400m 04:27.55 31,82

7. VZC

04:32.25

Josse Bergman 2003 (+68) 50m 00:32.60 32,60
Josse Bergman 2003 (+68) 100m 01:06.90 34,30

Kirsten Verhalle 2004 (+53)	150m	01:43.84	36,94	
Kirsten Verhalle 2004 (+53)	200m	02:26.76	42,92	
Silke Molendijk 2001 (+54)	250m	02:57.71	30,95	
Silke Molendijk 2001 (+54)	300m	03:31.61	33,90	
Maike Issard 2003 (+49)	350m	04:00.69	29,08	
Maike Issard 2003 (+49)	400m	04:32.25	31,56	
8. DWK				04:34.57
Sanne Ditzel 1999 (+63)	50m	00:32.83	32,83	
Sanne Ditzel 1999 (+63)	100m	01:09.55	36,72	
Birgit van Buiten 2002 (+40)	150m	01:45.29	35,74	
Birgit van Buiten 2002 (+40)	200m	02:26.97	41,68	
Mendy de Rooi 1997 (+21)	250m	02:57.40	30,43	
Mendy de Rooi 1997 (+21)	300m	03:32.72	35,32	
Isabel Aardema 2001 (+14)	350m	04:02.03	29,31	
Isabel Aardema 2001 (+14)	400m	04:34.57	32,54	
41. 4x100m vrije slag heren				
vanaf 11 jaar (Senioren Open)				
1. PSV				03:22.82
Joeri Verlinden 1988 (+66)	50m	00:24.36	24,36	
Joeri Verlinden 1988 (+66)	100m	00:52.59	28,23	
Berjen Mellema 1998 (+27)	150m	01:16.58	23,99	
Berjen Mellema 1998 (+27)	200m	01:42.92	26,34	
Maarten Brzoskowski 1995 (+36)	250m	02:06.95	24,03	
Maarten Brzoskowski 1995 (+36)	300m	02:32.58	25,63	
Tom Donker 1998 (+17)	350m	02:56.47	23,89	
Tom Donker 1998 (+17)	400m	03:22.82	26,35	
2. De Dolfijn				03:25.11
Bart Sommeling 1998 (+67)	50m	00:24.26	24,26	
Bart Sommeling 1998 (+67)	100m	00:51.05	26,79	
Nino Sieling 1997 (+25)	150m	01:15.55	24,50	
Nino Sieling 1997 (+25)	200m	01:43.38	27,83	
Tom Lommers 1990 (+34)	250m	02:08.32	24,94	
Tom Lommers 1990 (+34)	300m	02:34.83	26,51	
Thom de Boer 1991 (+23)	350m	02:58.25	23,42	
Thom de Boer 1991 (+23)	400m	03:25.11	26,86	
3. DWK				03:26.57
Stephan Putman 1995 (+72)	50m	00:24.94	24,94	
Stephan Putman 1995 (+72)	100m	00:52.10	27,16	
Luuk Nijland 1997 (+14)	150m	01:16.23	24,13	
Luuk Nijland 1997 (+14)	200m	01:42.75	26,52	
Thomas Kappe 1998 (+22)	250m	02:07.51	24,76	
Thomas Kappe 1998 (+22)	300m	02:35.08	27,57	
Tim Hoogerwerf 2000 (+45)	350m	02:59.38	24,30	
Tim Hoogerwerf 2000 (+45)	400m	03:26.57	27,19	
4. ZPC AMERSFOORT				03:27.49
Kingue Struijf 1994 (+67)	50m	00:25.12	25,12	
Kingue Struijf 1994 (+67)	100m	00:52.51	27,39	
Austin Namesnik 2001 (+49)	150m	01:17.73	25,22	
Austin Namesnik 2001 (+49)	200m	01:44.82	27,09	
Wietse Waninge 1998 (+26)	250m	02:09.49	24,67	
Wietse Waninge 1998 (+26)	300m	02:37.37	27,88	
Ben Schwietert 1997 (+34)	350m	03:01.39	24,02	
Ben Schwietert 1997 (+34)	400m	03:27.49	26,10	
5. The Hague Swimming (SG)				03:30.28
Thomas Verhoeven 1997 (+72)	50m	00:25.18	25,18	
Thomas Verhoeven 1997 (+72)	100m	00:53.24	28,06	
Jeroen Baars 1992 (+36)	150m	01:17.66	24,42	
Jeroen Baars 1992 (+36)	200m	01:44.67	27,01	
Jonne Schaafsma 1998 (+30)	250m	02:09.77	25,10	
Jonne Schaafsma 1998 (+30)	300m	02:37.69	27,92	
Brandon van den Berg 2002 (+42)	350m	03:02.15	24,46	
Brandon van den Berg 2002 (+42)	400m	03:30.28	28,13	

6. De Dolfijn			03:35.07
Jesse van der A 1999 (+69)	50m	00:25.05 25,05	
Jesse van der A 1999 (+69)	100m	00:52.93 27,88	
Dave van der Voet 2001 (+37)	150m	01:18.80 25,87	
Dave van der Voet 2001 (+37)	200m	01:47.05 28,25	
Justus Ykema 1999 (+21)	250m	02:13.06 26,01	
Justus Ykema 1999 (+21)	300m	02:42.18 29,12	
Ruben Stam 1998 (+34)	350m	03:07.38 25,20	
Ruben Stam 1998 (+34)	400m	03:35.07 27,69	
7. De Dinkel			03:36.86
Karst Boersma 1996 (+70)	50m	00:25.57 25,57	
Karst Boersma 1996 (+70)	100m	00:52.92 27,35	
Tom Laarhuis 1998 (+31)	150m	01:18.36 25,44	
Tom Laarhuis 1998 (+31)	200m	01:46.21 27,85	
Dennis Kamps 2000 (+37)	250m	02:12.22 26,01	
Dennis Kamps 2000 (+37)	300m	02:41.07 28,85	
Jurre Hanstede 2002 (+45)	350m	03:07.76 26,69	
Jurre Hanstede 2002 (+45)	400m	03:36.86 29,10	
8. Hellas-Glana			03:37.37
Lars Kerremans 2001 (+68)	50m	00:25.66 25,66	
Lars Kerremans 2001 (+68)	100m	00:54.89 29,23	
Niels de Boer 2000 (+39)	150m	01:21.03 26,14	
Niels de Boer 2000 (+39)	200m	01:50.46 29,43	
Raf Hendriks 2001 (+33)	250m	02:15.75 25,29	
Raf Hendriks 2001 (+33)	300m	02:44.49 28,74	
Lucas Greven 1995 (+27)	350m	03:09.73 25,24	
Lucas Greven 1995 (+27)	400m	03:37.37 27,64	