

Nederlandse Junioren & Jeugd Kampioenschappen 2019 Ib



KNZB ism PSV

Eindhoven 13-6-2019 t/m 16-6-2019

NJJK lange baan 2019 sessie 1 - donderdag 13 juni 2019 om 16:30u (50 m)

Aanvangstijd juryvergadering: 15:30u

1. 400m vrije slag - Heren

12 - 17 jaar

1. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]	04:36.84(+91)
50m 00:31.58 31,58 150m 01:41.08 35,06 250m 02:52.71 35,89 350m 04:03.03 34,29	
100m 01:06.02 34,44 200m 02:16.82 35,74 300m 03:28.74 36,03	
2. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13]	04:33.42(+75)
50m 00:30.93 30,93 150m 01:39.64 34,87 250m 02:50.35 35,57 350m 04:00.81 35,05	
100m 01:04.77 33,84 200m 02:14.78 35,14 300m 03:25.76 35,41	
3. Nick Selten (Merlet, 200403275) [S9]	05:35.55(+77)
50m 00:35.70 35,70 150m 01:58.82 42,34 250m 03:26.05 43,58 350m 04:53.34 42,71	
100m 01:16.48 40,78 200m 02:42.47 43,65 300m 04:10.63 44,58	
4. Jesse Bruines (Batavia Swim, 200402413) [S9]	05:54.31(+86)
50m 00:38.19 38,19 150m 02:04.75 44,22 250m 03:36.75 46,93 350m 05:11.08 47,19	
100m 01:20.53 42,34 200m 02:49.82 45,07 300m 04:23.89 47,14	

14 - 14 jaar (Junioren 3)

1. Stephan De Freitas Steverink (PSV, 200404481)	04:04.42(+67)
50m 00:27.88 27,88 150m 01:28.87 30,45 250m 02:30.85 31,06 350m 03:33.81 31,34	
100m 00:58.42 30,54 200m 01:59.79 30,92 300m 03:02.47 31,62	
2. Luuk van Rooij (Nextline Swimming, 200400581)	04:16.49(+74)
50m 00:29.39 29,39 150m 01:33.50 32,41 250m 02:39.35 32,91 350m 03:44.45 32,24	
100m 01:01.09 31,70 200m 02:06.44 32,94 300m 03:12.21 32,86	
3. David Groenewegen (PSV, 200400469)	04:16.77(+75)
50m 00:29.11 29,11 150m 01:33.43 32,38 250m 02:39.82 33,20 350m 03:46.50 33,49	
100m 01:01.05 31,94 200m 02:06.62 33,19 300m 03:13.01 33,19	
4. Robin van den Berg (ZV 44, 200400699)	04:19.77(+69)
50m 00:29.30 29,30 150m 01:32.98 32,25 250m 02:39.35 33,28 350m 03:47.06 33,84	
100m 01:00.73 31,43 200m 02:06.07 33,09 300m 03:13.22 33,87	
5. Merlin Belmon (De Dolfijn, 200403191)	04:20.02(+79)
50m 00:29.28 29,28 150m 01:33.20 32,42 250m 02:39.85 33,26 350m 03:47.47 33,49	
100m 01:00.78 31,50 200m 02:06.59 33,39 300m 03:13.98 34,13	
6. Timo Kock (The Hague Swimming (SG), 200400387)	04:23.81(+70)
50m 00:29.42 29,42 150m 01:35.96 33,39 250m 02:43.58 33,49 350m 03:51.61 34,04	
100m 01:02.57 33,15 200m 02:10.09 34,13 300m 03:17.57 33,99	
7. Abel te Riele (WVZ, 200402317)	04:23.83(+74)
50m 00:29.52 29,52 150m 01:36.56 33,67 250m 02:44.48 33,77 350m 03:51.80 33,77	
100m 01:02.89 33,37 200m 02:10.71 34,15 300m 03:18.03 33,55	
8. Quinn Heederik (Deltasteur, 200400093)	04:26.44(+78)
50m 00:30.45 30,45 150m 01:36.40 33,18 250m 02:44.30 34,06 350m 03:53.60 34,77	
100m 01:03.22 32,77 200m 02:10.24 33,84 300m 03:18.83 34,53	
9. Pieter Wisse (PSV, 200400779)	04:28.42(+77)
50m 00:29.57 29,57 150m 01:36.05 33,96 250m 02:45.89 34,75 350m 03:55.94 34,79	
100m 01:02.09 32,52 200m 02:11.14 35,09 300m 03:21.15 35,26	

10. Jort van der Vlag (WS Twente, 200400335)					04:29.06(+80)
50m	00:29.39 29,39	150m	01:36.54 33,81	250m	02:46.09 34,75
100m	01:02.73 33,34	200m	02:11.34 34,80	300m	03:21.06 34,97
350m	03:55.68 34,62				
11. Nathan Janssen (MNC Dordrecht, 200401565)					04:29.83(+68)
50m	00:30.18 30,18	150m	01:38.32 34,69	250m	02:48.25 35,26
100m	01:03.63 33,45	200m	02:12.99 34,67	300m	03:23.44 35,19
350m	03:57.92 34,48				
12. Anders van Norden (ZPC AMERSFOORT, 200400039)					04:29.97(+73)
50m	00:29.80 29,80	150m	01:37.77 34,28	250m	02:46.48 34,51
100m	01:03.49 33,69	200m	02:11.97 34,20	300m	03:21.43 34,95
350m	03:56.60 35,17				
13. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)					04:30.31(+70)
50m	00:29.45 29,45	150m	01:36.68 34,25	250m	02:47.08 35,34
100m	01:02.43 32,98	200m	02:11.74 35,06	300m	03:21.47 34,39
350m	03:55.95 34,48				
14. Kaito van Meeteren (De Dolfijn, 200404271)					04:31.25(+81)
50m	00:30.72 30,72	150m	01:39.16 34,77	250m	02:48.82 34,89
100m	01:04.39 33,67	200m	02:13.93 34,77	300m	03:23.62 34,80
350m	03:58.16 34,54				
15. Collin Schouten (MSV-Zeemacht, 200400697)					04:32.18(+55)
50m	00:30.43 30,43	150m	01:38.57 34,61	250m	02:48.40 35,12
100m	01:03.96 33,53	200m	02:13.28 34,71	300m	03:23.78 35,38
350m	03:58.76 34,98				
16. Koen Vissers (PSV, 200401429)					04:32.38(+80)
50m	00:29.90 29,90	150m	01:37.32 34,20	250m	02:47.16 35,03
100m	01:03.12 33,22	200m	02:12.13 34,81	300m	03:22.30 35,14
350m	03:57.73 35,43				
17. Sem Lazaroms (Hieronymus, 200402921)					04:32.82(+81)
50m	00:29.80 29,80	150m	01:37.25 34,38	250m	02:48.09 35,32
100m	01:02.87 33,07	200m	02:12.77 35,52	300m	03:23.65 35,56
350m	03:58.80 35,15				
18. Jacco Nijland (ZPC De Hof, 200400081)					04:35.64(+78)
50m	00:30.71 30,71	150m	01:39.71 34,88	250m	02:50.05 35,54
100m	01:04.83 34,12	200m	02:14.51 34,80	300m	03:25.11 35,06
350m	04:00.74 35,63				
19. Jesper Bos (WS Twente, 200401017)					04:36.52(+84)
50m	00:30.21 30,21	150m	01:39.44 35,25	250m	02:50.60 35,74
100m	01:04.19 33,98	200m	02:14.86 35,42	300m	03:26.62 36,02
350m	04:02.11 35,49				
20. Floris Sonneveld (Nuenen, 200402953)					04:39.04(+76)
50m	00:31.93 31,93	150m	01:43.48 35,73	250m	02:55.19 35,68
100m	01:07.75 35,82	200m	02:19.51 36,03	300m	03:30.79 35,60
350m	04:05.85 35,06				
<i>15 - 15 jaar (Junioren 4)</i>					
1. Esper Schreurs (ZEPS, 200300433)					04:14.99(+79)
50m	00:28.59 28,59	150m	01:32.79 32,48	250m	02:37.90 32,42
100m	01:00.31 31,72	200m	02:05.48 32,69	300m	03:10.37 32,47
350m	03:42.83 32,46				
2. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)					04:17.29(+69)
50m	00:28.70 28,70	150m	01:32.86 32,37	250m	02:38.83 32,78
100m	01:00.49 31,79	200m	02:06.05 33,19	300m	03:12.26 33,43
350m	03:45.34 33,08				
3. Dylan Smolders (ZPC AMERSFOORT, 200304923)					04:18.24(+68)
50m	00:29.08 29,08	150m	01:33.19 32,37	250m	02:39.00 32,76
100m	01:00.82 31,74	200m	02:06.24 33,05	300m	03:11.95 32,95
350m	03:45.22 33,27				
4. Perry Laarhoven (ZPC Numansdorp, 200301321)					04:21.26(+74)
50m	00:28.81 28,81	150m	01:33.80 32,29	250m	02:40.26 33,27
100m	01:01.51 32,70	200m	02:06.99 33,19	300m	03:14.00 33,74
350m	03:48.05 34,05				
2. 800m vrije slag - Dames					
<i>14 - 15 jaar (Jeugd 1 en 2)</i>					
1. Janna van Kooten (TriVia, 200404584)					09:12.87(+81)
50m	00:30.53 30,53	250m	02:49.80 35,06	450m	05:09.19 34,42
100m	01:04.71 34,18	300m	03:24.96 35,16	500m	05:44.74 35,55
150m	01:39.75 35,04	350m	03:59.70 34,74	550m	06:19.85 35,11
200m	02:14.74 34,99	400m	04:34.77 35,07	600m	06:55.18 35,33
650m	07:29.97 34,79				
700m	08:04.57 34,60				
750m	08:39.05 34,48				
2. Gaia Sterre Mirotti (VZC, 200305158)					09:17.05(+70)
50m	00:30.86 30,86	250m	02:50.11 34,93	450m	05:10.76 34,98
650m	07:32.44 34,86				

100m	01:05.01 34,15	300m	03:25.66 35,55	500m	05:46.10 35,34	700m	08:07.80 35,36
150m	01:39.98 34,97	350m	04:00.66 35,00	550m	06:21.65 35,55	750m	08:42.65 34,85
200m	02:15.18 35,20	400m	04:35.78 35,12	600m	06:57.58 35,93		
3. Lize van den Nieuwenhuijzen (Nextline Swimming, 200304454) 09:28.87(+80)							
50m	00:31.53 31,53	250m	02:51.11 35,18	450m	05:15.23 36,02	650m	07:42.32 36,70
100m	01:05.74 34,21	300m	03:27.05 35,94	500m	05:52.14 36,91	700m	08:18.34 36,02
150m	01:40.64 34,90	350m	04:02.95 35,90	550m	06:28.87 36,73	750m	08:54.07 35,73
200m	02:15.93 35,29	400m	04:39.21 36,26	600m	07:05.62 36,75		
4. Danielle Meinema (ZV 44, 200300534) 09:37.68(+71)							
50m	00:31.62 31,62	250m	02:55.94 36,35	450m	05:22.79 36,89	650m	07:49.60 36,63
100m	01:07.14 35,52	300m	03:32.23 36,29	500m	05:59.78 36,99	700m	08:25.94 36,34
150m	01:43.35 36,21	350m	04:09.03 36,80	550m	06:36.32 36,54	750m	09:02.55 36,61
200m	02:19.59 36,24	400m	04:45.90 36,87	600m	07:12.97 36,65		
5. Kirsten Verhalle (VZC, 200400210) 09:39.50(+80)							
50m	00:31.82 31,82	250m	02:56.17 36,49	450m	05:23.32 36,98	650m	07:51.45 36,65
100m	01:07.02 35,20	300m	03:32.56 36,39	500m	06:00.48 37,16	700m	08:28.23 36,78
150m	01:43.17 36,15	350m	04:09.49 36,93	550m	06:37.63 37,15	750m	09:04.49 36,26
200m	02:19.68 36,51	400m	04:46.34 36,85	600m	07:14.80 37,17		
6. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 09:40.21(+80)							
50m	00:31.86 31,86	250m	02:56.17 36,91	450m	05:23.11 36,83	650m	07:51.62 37,31
100m	01:06.72 34,86	300m	03:32.79 36,62	500m	05:59.78 36,67	700m	08:29.15 37,53
150m	01:43.00 36,28	350m	04:09.69 36,90	550m	06:37.27 37,49	750m	09:05.90 36,75
200m	02:19.26 36,26	400m	04:46.28 36,59	600m	07:14.31 37,04		
7. Imke Beekman (Hellas-Glana, 200301950) 09:40.37(+77)							
50m	00:30.90 30,90	250m	02:54.97 36,86	450m	05:22.24 37,11	650m	07:51.08 37,26
100m	01:05.69 34,79	300m	03:31.36 36,39	500m	05:59.25 37,01	700m	08:28.20 37,12
150m	01:41.86 36,17	350m	04:08.29 36,93	550m	06:36.59 37,34	750m	09:04.89 36,69
200m	02:18.11 36,25	400m	04:45.13 36,84	600m	07:13.82 37,23		
8. Ymke Dragstra (ZPC AMERSFOORT, 200300930) 09:42.64(+76)							
50m	00:30.81 30,81	250m	02:55.09 36,59	450m	05:21.97 36,74	650m	07:51.62 37,66
100m	01:05.91 35,10	300m	03:31.60 36,51	500m	05:59.30 37,33	700m	08:29.37 37,75
150m	01:41.94 36,03	350m	04:08.18 36,58	550m	06:36.43 37,13	750m	09:06.56 37,19
200m	02:18.50 36,56	400m	04:45.23 37,05	600m	07:13.96 37,53		
9. Silke Huisman (Orca, 200301182) 09:44.13(+76)							
50m	00:31.31 31,31	250m	02:55.60 36,66	450m	05:25.04 37,81	650m	07:54.36 37,64
100m	01:06.09 34,78	300m	03:32.63 37,03	500m	06:03.12 38,08	700m	08:32.22 37,86
150m	01:42.17 36,08	350m	04:09.69 37,06	550m	06:39.45 36,33	750m	09:08.52 36,30
200m	02:18.94 36,77	400m	04:47.23 37,54	600m	07:16.72 37,27		
10. Kim Zwinkels (ZPCH, 200300422) 09:47.44(+82)							
50m	00:32.68 32,68	250m	03:01.18 37,67	450m	05:30.94 37,25	650m	07:59.87 37,39
100m	01:08.93 36,25	300m	03:38.84 37,66	500m	06:08.15 37,21	700m	08:36.76 36,89
150m	01:46.01 37,08	350m	04:16.41 37,57	550m	06:45.50 37,35	750m	09:13.47 36,71
200m	02:23.51 37,50	400m	04:53.69 37,28	600m	07:22.48 36,98		
11. Femke Doorenbos (De Duinkickers, 200404214) 09:50.95(+81)							
50m	00:32.85 32,85	250m	03:01.49 37,94	450m	05:33.11 38,18	650m	08:03.19 35,77
100m	01:08.61 35,76	300m	03:39.26 37,77	500m	06:11.32 38,21	700m	08:39.81 36,62
150m	01:45.77 37,16	350m	04:17.10 37,84	550m	06:48.95 37,63	750m	09:16.29 36,48
200m	02:23.55 37,78	400m	04:54.93 37,83	600m	07:27.42 38,47		
12. Jonna Muntjewerff (ESCA Zwemmen, 200402396) 09:52.47(+82)							
50m	00:32.04 32,04	250m	03:00.95 37,35	450m	05:33.19 37,81	650m	08:03.97 37,12
100m	01:08.61 36,57	300m	03:38.75 37,80	500m	06:11.59 38,40	700m	08:41.31 37,34
150m	01:45.89 37,28	350m	04:17.09 38,34	550m	06:49.05 37,46	750m	09:17.10 35,79
200m	02:23.60 37,71	400m	04:55.38 38,29	600m	07:26.85 37,80		
13. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 09:56.61(+86)							
50m	00:32.91 32,91	250m	03:00.83 37,72	450m	05:31.63 37,97	650m	08:04.39 38,29
100m	01:09.09 36,18	300m	03:37.99 37,16	500m	06:09.86 38,23	700m	08:43.14 38,75
150m	01:45.94 36,85	350m	04:15.55 37,56	550m	06:47.92 38,06	750m	09:20.28 37,14
200m	02:23.11 37,17	400m	04:53.66 38,11	600m	07:26.10 38,18		

14. Suze Kuipers (Orca, 200301714)					10:01.28(+83)
50m	00:33.07 33,07	250m	03:01.87 37,70	450m	05:34.62 37,88
100m	01:09.34 36,27	300m	03:40.11 38,24	500m	06:13.13 38,51
150m	01:46.84 37,50	350m	04:18.59 38,48	550m	06:51.47 38,34
200m	02:24.17 37,33	400m	04:56.74 38,15	600m	07:29.67 38,20
650m	08:07.93 38,26				
700m	08:46.38 38,45				
750m	09:24.48 38,10				
3. 400m vrije slag - Dames					
11 - 15 jaar (Jeugd 2 en later)					
1. Milou van Winkel (LinK, 200402296) [S14]					05:30.77(+81)
50m	00:33.86 33,86	150m	01:55.89 41,75	250m	03:21.69 43,42
100m	01:14.14 40,28	200m	02:38.27 42,38	300m	04:05.41 43,72
350m	04:48.65 43,24				
2. Diede Struijk (Nuenen, 200403824) [S13]					
50m	00:38.81 38,81	150m	02:03.52 42,91	250m	03:29.33 42,86
100m	01:20.61 41,80	200m	02:46.47 42,95	300m	04:11.50 42,17
350m	04:52.28 40,78				
3. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10]					
50m	00:36.59 36,59	150m	02:03.28 44,41	250m	03:32.18 44,50
100m	01:18.87 42,28	200m	02:47.68 44,40	300m	04:17.22 45,04
350m	05:02.54 45,32				
4. Iris Onnink (DWK, 200301836) [S10]					
50m	00:38.22 38,22	150m	02:06.48 44,64	250m	03:35.96 45,36
100m	01:21.84 43,62	200m	02:50.60 44,12	300m	04:21.17 45,21
350m	05:07.29 46,12				
5. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9]					
50m	00:39.29 39,29	150m	02:11.79 47,20	250m	03:47.90 47,77
100m	01:24.59 45,30	200m	03:00.13 48,34	300m	04:37.02 49,12
350m	05:24.48 47,46				
6. Suzie Pellis (Hieronymus, 200701600) [S9]					
50m	00:39.62 39,62	150m	02:11.00 46,53	250m	03:46.84 48,20
100m	01:24.47 44,85	200m	02:58.64 47,64	300m	04:35.21 48,37
350m	05:22.91 47,70				
13 - 13 jaar (Junioren 3)					
1. Merel Schravendijk (The Hague Swimming (SG), 200503382)					04:35.16(+72)
50m	00:31.17 31,17	150m	01:40.25 35,13	250m	02:50.57 34,98
100m	01:05.12 33,95	200m	02:15.59 35,34	300m	03:25.53 34,96
350m	04:00.57 35,04				
2. Thera Janssen (Aqua-Novio'94, 200500270)					
50m	00:30.95 30,95	150m	01:41.79 35,84	250m	02:54.92 36,73
100m	01:05.95 35,00	200m	02:18.19 36,40	300m	03:31.53 36,61
350m	04:07.32 35,79				
3. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)					
50m	00:30.96 30,96	150m	01:42.22 36,26	250m	02:55.04 36,46
100m	01:05.96 35,00	200m	02:18.58 36,36	300m	03:31.29 36,25
350m	04:07.40 36,11				
4. Marin Wieling (Aquarijn, 200501220)					
50m	00:31.43 31,43	150m	01:41.81 35,72	250m	02:54.73 36,43
100m	01:06.09 34,66	200m	02:18.30 36,49	300m	03:31.91 37,18
350m	04:07.82 35,91				
5. Sophia van Droffelaar (ZVVS, 200500330)					
50m	00:31.95 31,95	150m	01:43.13 35,64	250m	02:56.78 36,83
100m	01:07.49 35,54	200m	02:19.95 36,82	300m	03:33.70 36,92
350m	04:09.83 36,13				
6. Yke Groener (De Dinkel, 200500772)					
50m	00:31.85 31,85	150m	01:43.24 36,08	250m	02:55.90 36,36
100m	01:07.16 35,31	200m	02:19.54 36,30	300m	03:32.40 36,50
350m	04:09.79 37,39				
7. Michelle Jørgensen (De Dolfijn, 200501364)					
50m	00:32.07 32,07	150m	01:44.06 36,56	250m	02:58.27 36,91
100m	01:07.50 35,43	200m	02:21.36 37,30	300m	03:35.64 37,37
350m	04:12.51 36,87				
8. Jennifer Veldhuisen (De Dolfijn, 200502500)					
50m	00:33.18 33,18	150m	01:48.53 37,92	250m	03:04.23 38,02
100m	01:10.61 37,43	200m	02:26.21 37,68	300m	03:40.79 36,56
350m	04:16.81 36,02				
9. Emma Riemers (MSV-Zeemacht, 200500748)					
50m	00:31.80 31,80	150m	01:44.63 36,63	250m	02:59.12 37,22
100m	01:08.00 36,20	200m	02:21.90 37,27	300m	03:37.31 38,19
350m	04:14.86 37,55				
10. Roos Arnold (ZV 44, 200500060)					
50m	00:33.30 33,30	150m	01:48.67 37,94	250m	03:03.66 37,28
100m	01:10.61 37,43	200m	02:26.21 37,68	300m	03:40.79 36,56
350m	04:18.32 37,14				

100m 01:10.73 37,43 200m 02:26.38 37,71 300m 03:41.18 37,52

11. Anique Hazebroek (The Hague Swimming (SG), 200502196)

04:53.87(+73)

50m 00:31.63 31,63 150m 01:44.32 37,32 250m 02:59.66 37,65 350m 04:15.96 38,04
100m 01:07.00 35,37 200m 02:22.01 37,69 300m 03:37.92 38,26

DIS. Bridget Vermeer (VZC, 200501766)

00:00.00

4. 1500m vrije slag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Thomas Jansen (OC-WVZ, 200100143)

16:27.66(+76)

50m 00:29.06 29,06 450m 04:50.24 33,31 800m 08:41.81 33,15 1150m 12:34.74 33,35
100m 01:00.81 31,75 500m 05:23.13 32,89 850m 09:15.69 33,88 1200m 13:08.04 33,30
150m 01:33.03 32,22 550m 05:55.95 32,82 900m 09:48.70 33,01 1250m 13:41.70 33,66
200m 02:05.59 32,56 600m 06:28.86 32,91 950m 10:21.97 33,27 1300m 14:14.89 33,19
250m 02:38.43 32,84 650m 07:01.99 33,13 1000m 10:55.00 33,03 1350m 14:48.81 33,92
300m 03:11.15 32,72 700m 07:35.31 33,32 1050m 11:28.25 33,25 1400m 15:22.04 33,23
350m 03:44.16 33,01 750m 08:08.66 33,35 1100m 12:01.39 33,14 1450m 15:55.62 33,58
400m 04:16.93 32,77 800m 08:41.81 33,15 1150m 12:34.74 33,35

2. Owen Peeks (ZPC Hoogeveen, 200100765)

16:35.08(+81)

50m 00:30.46 30,46 450m 04:56.04 33,31 800m 08:47.35 33,06 1150m 12:41.61 33,59
100m 01:03.14 32,68 500m 05:29.09 33,05 850m 09:20.65 33,30 1200m 13:15.39 33,78
150m 01:36.53 33,39 550m 06:02.06 32,97 900m 09:54.02 33,37 1250m 13:49.20 33,81
200m 02:09.87 33,34 600m 06:35.22 33,16 950m 10:27.38 33,36 1300m 14:22.97 33,77
250m 02:43.20 33,33 650m 07:08.15 32,93 1000m 11:00.79 33,41 1350m 14:56.75 33,78
300m 03:16.23 33,03 700m 07:41.33 33,18 1050m 11:34.35 33,56 1400m 15:28.48 31,73
350m 03:49.48 33,25 750m 08:14.29 32,96 1100m 12:08.02 33,67 1450m 16:04.45 35,97
400m 04:22.73 33,25 800m 08:47.35 33,06 1150m 12:41.61 33,59

3. Max Visser (WVZ, 200100077)

16:56.99(+73)

50m 00:29.44 29,44 450m 04:55.86 33,88 800m 08:55.32 34,35 1150m 12:57.10 34,83
100m 01:02.14 32,70 500m 05:29.54 33,68 850m 09:29.98 34,66 1200m 13:31.23 34,13
150m 01:35.38 33,24 550m 06:03.52 33,98 900m 10:04.43 34,45 1250m 14:05.92 34,69
200m 02:08.67 33,29 600m 06:37.59 34,07 950m 10:39.04 34,61 1300m 14:40.26 34,34
250m 02:41.91 33,24 650m 07:11.96 34,37 1000m 11:13.37 34,33 1350m 15:15.05 34,79
300m 03:15.17 33,26 700m 07:46.30 34,34 1050m 11:47.77 34,40 1400m 15:49.56 34,51
350m 03:48.53 33,36 750m 08:20.97 34,67 1100m 12:22.27 34,50 1450m 16:24.01 34,45
400m 04:21.98 33,45 800m 08:55.32 34,35 1150m 12:57.10 34,83

4. Finn Vos (De Dolfijn, 200200665)

17:17.75(+72)

50m 00:29.71 29,71 450m 05:03.06 35,49 800m 09:09.45 34,72 1150m 13:15.22 35,39
100m 01:02.54 32,83 500m 05:37.78 34,72 850m 09:44.84 35,39 1200m 13:50.19 34,97
150m 01:36.35 33,81 550m 06:13.14 35,36 900m 10:19.48 34,64 1250m 14:25.59 35,40
200m 02:10.30 33,95 600m 06:48.27 35,13 950m 10:54.56 35,08 1300m 15:00.47 34,88
250m 02:44.05 33,75 650m 07:23.89 35,62 1000m 11:29.35 34,79 1350m 15:35.67 35,20
300m 03:18.12 34,07 700m 07:59.33 35,44 1050m 12:04.88 35,53 1400m 16:10.91 35,24
350m 03:52.81 34,69 750m 08:34.73 35,40 1100m 12:39.83 34,95 1450m 16:45.54 34,63
400m 04:27.57 34,76 800m 09:09.45 34,72 1150m 13:15.22 35,39

5. Luc van Eijndhoven (PSV, 200200139)

17:21.62(+76)

50m 00:30.03 30,03 450m 05:05.14 34,88 800m 09:09.39 34,89 1150m 13:15.63 35,68
100m 01:03.65 33,62 500m 05:39.82 34,68 850m 09:44.55 35,16 1200m 13:50.58 34,95
150m 01:37.61 33,96 550m 06:14.90 35,08 900m 10:19.62 35,07 1250m 14:26.06 35,48
200m 02:11.64 34,03 600m 06:49.74 34,84 950m 10:54.63 35,01 1300m 15:01.36 35,30
250m 02:46.13 34,49 650m 07:24.86 35,12 1000m 11:29.60 34,97 1350m 15:37.08 35,72
300m 03:20.61 34,48 700m 07:59.65 34,79 1050m 12:04.87 35,27 1400m 16:12.28 35,20
350m 03:55.48 34,87 750m 08:34.50 34,85 1100m 12:39.95 35,08 1450m 16:47.26 34,98
400m 04:30.26 34,78 800m 09:09.39 34,89 1150m 13:15.63 35,68

6. Makai van Haren (Apexswim, 200200627)

17:43.90(+76)

50m 00:30.27 30,27 450m 05:13.75 35,64 800m 09:25.16 35,75 1150m 13:35.43 35,83
100m 01:04.52 34,25 500m 05:49.59 35,84 850m 10:01.11 35,95 1200m 14:11.36 35,93
150m 01:39.73 35,21 550m 06:25.78 36,19 900m 10:37.06 35,95 1250m 14:47.15 35,79
200m 02:15.07 35,34 600m 07:01.66 35,88 950m 11:12.76 35,70 1300m 15:23.15 36,00
250m 02:50.61 35,54 650m 07:37.60 35,94 1000m 11:48.89 36,13 1350m 15:58.67 35,52
300m 03:26.26 35,65 700m 08:13.47 35,87 1050m 12:23.94 35,05 1400m 16:34.29 35,62
350m 04:02.00 35,74 750m 08:49.41 35,94 1100m 12:59.60 35,66 1450m 17:09.83 35,54
400m 04:38.11 36,11 800m 09:25.16 35,75 1150m 13:35.43 35,83

7. Janne Englebert (Hieronymus, 200101561)				17:56.22(+74)
50m 00:30.88 30,88	450m 05:13.62 36,01	800m 09:25.44 36,03	1150m 13:38.58 35,97	
100m 01:04.92 34,04	500m 05:49.60 35,98	850m 10:01.46 36,02	1200m 14:15.68 37,10	
150m 01:39.72 34,80	550m 06:25.79 36,19	900m 10:37.53 36,07	1250m 14:52.23 36,55	
200m 02:15.09 35,37	600m 07:01.80 36,01	950m 11:13.63 36,10	1300m 15:29.35 37,12	
250m 02:50.64 35,55	650m 07:37.79 35,99	1000m 11:50.01 36,38	1350m 16:06.41 37,06	
300m 03:26.00 35,36	700m 08:13.76 35,97	1050m 12:26.22 36,21	1400m 16:43.61 37,20	
350m 04:01.65 35,65	750m 08:49.41 35,65	1100m 13:02.61 36,39	1450m 17:20.09 36,48	
400m 04:37.61 35,96	800m 09:25.44 36,03	1150m 13:38.58 35,97		

800. 800m vrije slag - Heren

15 - 17 jaar

1. Vincent Crooijmans (OC-VZC, 200100381)				08:25.25(+80)
50m 00:28.56 28,56	250m 02:32.52 31,23	450m 04:39.42 31,89	650m 06:48.63 32,54	
100m 00:59.00 30,44	300m 03:03.97 31,45	500m 05:11.38 31,96	700m 07:20.99 32,36	
150m 01:29.97 30,97	350m 03:35.57 31,60	550m 05:43.79 32,41	750m 07:53.65 32,66	
200m 02:01.29 31,32	400m 04:07.53 31,96	600m 06:16.09 32,30		
2. Sander Crooijmans (OC-VZC, 200100383)				08:25.28(+76)
50m 00:28.16 28,16	250m 02:32.41 31,27	450m 04:39.34 31,73	650m 06:48.77 32,50	
100m 00:58.64 30,48	300m 03:03.93 31,52	500m 05:11.40 32,06	700m 07:21.47 32,70	
150m 01:29.72 31,08	350m 03:35.57 31,64	550m 05:43.73 32,33	750m 07:53.85 32,38	
200m 02:01.14 31,42	400m 04:07.61 32,04	600m 06:16.27 32,54		
3. Lucas Peters (Nextline Swimming, 200301325)				08:44.21(+68)
50m 00:29.46 29,46	250m 02:39.16 32,82	450m 04:51.19 33,08	650m 07:06.05 34,09	
100m 01:01.70 32,24	300m 03:12.08 32,92	500m 05:24.51 33,32	700m 07:39.61 33,56	
150m 01:33.92 32,22	350m 03:45.09 33,01	550m 05:58.19 33,68	750m 08:12.50 32,89	
200m 02:06.34 32,42	400m 04:18.11 33,02	600m 06:31.96 33,77		

NJJK lange baan 2019 sessie 2 - vrijdag 14 juni 2019 om 08:30u (50 m)

Aanvangstijd juryvergadering: 07:30u

5. 200m vrije slag - Heren

12 - 12 jaar (Junioren 1)

1. Finn Broekhoven (PSV, 200600035)				02:09.67(+68)
50m 00:29.71 29,71	100m 01:02.20 32,49	150m 01:36.18 33,98		
2. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)				02:09.90(+72)
50m 00:30.30 30,30	100m 01:03.73 33,43	150m 01:37.79 34,06		
3. Daan Sonneveld (WVZ, 200601085)				02:12.97(+75)
50m 00:29.73 29,73	100m 01:03.30 33,57	150m 01:39.17 35,87		
4. Senna Hof (DZ&PC, 200600761)				02:14.37(+98)
50m 00:30.67 30,67	100m 01:05.29 34,62	150m 01:40.79 35,50		
5. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)				02:15.90(+76)
50m 00:31.03 31,03	100m 01:05.71 34,68	150m 01:41.37 35,66		
6. Olivier Wilbers (ZPC Hoogeveen, 200600181)				02:17.25(+70)
50m 00:32.30 32,30	100m 01:07.76 35,46	150m 01:43.06 35,30		
7. Tiamo van der Veen (ZPC Hoogeveen, 200600033)				02:17.30(+80)
50m 00:31.86 31,86	100m 01:06.95 35,09	150m 01:43.37 36,42		
8. Maxime Koops (Zwemsport Parkstad (SG), 200600831)				02:18.28(+82)
50m 00:30.75 30,75	100m 01:05.73 34,98	150m 01:42.57 36,84		
9. Lars Bulman (ZC Aquadream, 200600125)				02:18.81(+72)
50m 00:31.80 31,80	100m 01:07.74 35,94	150m 01:43.90 36,16		
10. Joe van den Hooff (PSV, 200600559)				02:19.19(+70)
50m 00:31.18 31,18	100m 01:06.35 35,17	150m 01:43.66 37,31		
11. Samuel E Skibo (The Hague Swimming (SG), 200603977)				02:20.29(+69)
50m 00:30.64 30,64	100m 01:05.91 35,27	150m 01:43.69 37,78		

12. Mark Demianenko (Zoetermeer, 200600409)				02:20.81(+62)			
50m	00:31.60	31,60	100m 01:07.76	36,16	150m 01:44.72	36,96	
13. Ivar Kleuver (De Aalscholver, 200601457)				02:21.53(+74)			
50m	00:32.37	32,37	100m 01:08.08	35,71	150m 01:45.75	37,67	
14. Bjorn Rijkaart (BZ&PC, 200601337)				02:21.54(+76)			
50m	00:32.53	32,53	100m 01:08.10	35,57	150m 01:45.15	37,05	
15. Jip Bakker (Orca, 200600287)				02:22.43(+72)			
50m	00:32.22	32,22	100m 01:08.61	36,39	150m 01:45.80	37,19	
16. Wout Koops (WS Twente, 200601543)				02:23.39(+76)			
50m	00:32.58	32,58	100m 01:08.86	36,28	150m 01:46.57	37,71	
17. Matthew Finney (Merlet, 200602167)				02:23.46(+90)			
50m	00:32.37	32,37	100m 01:09.73	37,36	150m 01:47.64	37,91	
18. Joeri Harreman (De Schelde, 200600469)				02:23.60(+69)			
50m	00:32.44	32,44	100m 01:09.13	36,69	150m 01:46.37	37,24	
19. Bas Blanker (ZPB H&L Productions, 200601497)				02:23.81(+72)			
50m	00:32.75	32,75	100m 01:09.70	36,95	150m 01:47.98	38,28	
20. Marcel Hofstede (The Hague Swimming (SG), 200603931)				02:24.87(+52)			
50m	00:32.36	32,36	100m 01:08.40	36,04	150m 01:47.51	39,11	
21. Yagiz Atilgan (ZVVS, 200601453)				02:25.10(+97)			
50m	00:34.09	34,09	100m 01:10.51	36,42	150m 01:48.25	37,74	
22. Kylian Oosterveen (ZPC De Zeeuwse Kust, 200600651)				02:25.40(+79)			
50m	00:32.39	32,39	100m 01:09.82	37,43	150m 01:48.29	38,47	
23. Laurens Kalle (De Schotegil, 200600161)				02:26.75(+66)			
50m	00:32.97	32,97	100m 01:11.47	38,50	150m 01:50.79	39,32	
24. Cas Krijger (TRB-RES, 200601389)				02:27.30(+77)			
50m	00:33.20	33,20	100m 01:12.15	38,95	150m 01:51.56	39,41	
25. Ben Jackson (De Dolfijn, 200603399)				02:27.47(+83)			
50m	00:32.91	32,91	100m 01:10.81	37,90	150m 01:50.05	39,24	
26. Thomas Boer (Zwemclub Polaris, 200600769)				02:28.76(+81)			
50m	00:32.67	32,67	100m 01:10.48	37,81	150m 01:50.65	40,17	
27. Benjamin Vermeer (Zoetermeer, 200600177)				02:29.71(+76)			
50m	00:33.40	33,40	100m 01:11.52	38,12	150m 01:50.71	39,19	
28. Cai Mink (ZPC Hoogeveen, 200601683)				02:30.35(+81)			
50m	00:33.14	33,14	100m 01:10.85	37,71	150m 01:50.99	40,14	
29. Wessel Treffers (KZC, 200600139)				02:30.62(+68)			
50m	00:33.27	33,27	100m 01:11.25	37,98	150m 01:51.23	39,98	
30. Lars Servaas (PSV, 200600377)				02:32.25			
50m	00:33.91	33,91	100m 01:12.99	39,08	150m 01:53.24	40,25	
6. 200m vrije slag - Heren							
13 - 13 jaar (Junioren 2)							
1. Colin Bes (Zwemclub Polaris, 200500201)				02:05.42(+77)			
50m	00:28.37	28,37	100m 00:59.36	30,99	150m 01:32.79	33,43	
2. Yanieck Frijstein (The Hague Swimming (SG), 200500329)				02:08.26(+70)			
50m	00:30.09	30,09	100m 01:01.93	31,84	150m 01:34.78	32,85	
3. Rolf ter Keurs (De Veene, 200500137)				02:08.59(+86)			
50m	00:28.41	28,41	100m 01:01.37	32,96	150m 01:34.70	33,33	
4. Domingo Kuipers (Orca, 200501787)				02:09.86(+64)			
50m	00:29.75	29,75	100m 01:02.80	33,05	150m 01:36.96	34,16	
5. Luka Geraerds (Hellas-Glana, 200502077)				02:09.99(+82)			
50m	00:30.43	30,43	100m 01:03.41	32,98	150m 01:36.91	33,50	

6. Niels Jansen (Aqua-Novio'94, 200501019)				02:10.16(+69)	
50m	00:28.88 28,88	100m	01:01.43 32,55	150m	01:35.50 34,07
7. Emiel van Oord (The Hague Swimming (SG), 200503707)				02:12.04(+72)	
50m	00:29.90 29,90	100m	01:03.09 33,19	150m	01:37.26 34,17
8. Sven Klink (ZV 44, 200500349)				02:12.06(+69)	
50m	00:29.99 29,99	100m	01:03.59 33,60	150m	01:38.70 35,11
9. Gabriel Been (The Hague Swimming (SG), 200501467)				02:12.67(+77)	
50m	00:29.92 29,92	100m	01:02.53 32,61	150m	01:37.47 34,94
10. Alex Neuteboom Spijker (Aquapoldro, 200500429)				02:13.06(+75)	
50m	00:31.12 31,12	100m	01:04.33 33,21	150m	01:38.72 34,39
11. Wouter Sies (TriVia, 200500369)				02:13.07(+76)	
50m	00:30.35 30,35	100m	01:04.64 34,29	150m	01:39.28 34,64
12. Steijn Louter (Hieronymus, 200500793)				02:13.21(+83)	
50m	00:29.94 29,94	100m	01:03.91 33,97	150m	01:38.89 34,98
13. Rens Stijf (NDD, 200501419)				02:13.22(+61)	
50m	00:30.23 30,23	100m	01:03.75 33,52	150m	01:38.72 34,97
14. Tijn van Kuijk (HZPC, 200501087)				02:13.45(+68)	
50m	00:30.83 30,83	100m	01:04.36 33,53	150m	01:39.52 35,16
15. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)				02:13.48(+68)	
50m	00:29.58 29,58	100m	01:03.07 33,49	150m	01:38.59 35,52
16. Sem Agterdenbos (MNC Dordrecht, 200500049)				02:13.68(+66)	
50m	00:31.04 31,04	100m	01:05.43 34,39	150m	01:40.44 35,01
17. Dave ten Brink (PSV, 200501225)				02:14.81(+69)	
50m	00:30.55 30,55	100m	01:04.68 34,13	150m	01:40.40 35,72
18. Mats Meyer (Nova, 200500095)				02:14.91(+75)	
50m	00:31.21 31,21	100m	01:06.14 34,93	150m	01:41.87 35,73
19. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019)				02:15.11(+79)	
50m	00:31.07 31,07	100m	01:06.07 35,00	150m	01:41.54 35,47
20. River Streefland (The Hague Swimming (SG), 200502253)				02:15.49(+73)	
50m	00:31.34 31,34	100m	01:06.96 35,62	150m	01:42.48 35,52
21. Miles Steenvoorden (De Dolfijn, 200501637)				02:15.65(+88)	
50m	00:30.99 30,99	100m	01:06.01 35,02	150m	01:42.12 36,11
22. Yordan Taya (Zwemlust-den Hommel, 200501343)				02:17.13(+73)	
50m	00:30.86 30,86	100m	01:05.61 34,75	150m	01:42.10 36,49
23. Björn Verkaik (The Hague Swimming (SG), 200500411)				02:18.84(+72)	
50m	00:31.89 31,89	100m	01:08.28 36,39	150m	01:44.05 35,77
24. Lars Minnaert (VZV Njord, 200502355)				02:20.08(+69)	
50m	00:31.06 31,06	100m	01:06.15 35,09	150m	01:43.04 36,89
25. Jasper Camphuijnder (OEZA, 200502367)				02:20.11(+76)	
50m	00:29.82 29,82	100m	01:05.51 35,69	150m	01:42.92 37,41
7. 200m vrije slag - Heren					
12 - 17 jaar					
1. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]				02:12.10(+83)	
50m	00:30.24 30,24	100m	01:04.74 34,50	150m	01:40.22 35,48
2. Nick Selten (Merlet, 200403275) [S9]				02:35.58(+69)	
50m	00:35.20 35,20	100m	01:15.45 40,25	150m	01:56.03 40,58
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]				02:37.64(+79)	
50m	00:35.83 35,83	100m	01:18.69 42,86	150m	01:59.00 40,31
4. Jesse Bruines (Batavia Swim, 200402413) [S9]				02:45.91(+83)	

	50m 00:27.25 27,25	100m 00:56.47 29,22	150m 01:26.32 29,85	
3. Sander Crooijmans (OC-VZC, 200100383)	50m 00:26.88 26,88	100m 00:56.00 29,12	150m 01:25.92 29,92	01:56.20(+77)
4. Dave van der Voet (De Dolfijn, 200102783)	50m 00:27.72 27,72	100m 00:57.33 29,61	150m 01:27.36 30,03	01:56.56(+69)
5. Aleks Doedel (PSV, 200105453)	50m 00:26.65 26,65	100m 00:56.40 29,75	150m 01:26.49 30,09	01:56.68(+71)
6. Thomas Jansen (OC-WVZ, 200100143)	50m 00:27.85 27,85	100m 00:57.42 29,57	150m 01:27.51 30,09	01:56.82(+75)
7. Elroy Schot (De Dolfijn, 200200689)	50m 00:27.32 27,32	100m 00:56.77 29,45	150m 01:27.67 30,90	01:57.14(+72)
8. Niels Dijkshoorn (ZVVS, 200203079)	50m 00:27.45 27,45	100m 00:57.88 30,43	150m 01:28.41 30,53	01:57.94(+67)
9. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:27.04 27,04	100m 00:57.07 30,03	150m 01:28.35 31,28	01:58.26(+68)
10. David Anthonio (KSN (SG), 200102551)	50m 00:27.63 27,63	100m 00:58.05 30,42	150m 01:28.34 30,29	01:58.33(+76)
11. Max Visser (WVZ, 200100077)	50m 00:27.42 27,42	100m 00:57.53 30,11	150m 01:28.43 30,90	01:58.91(+72)
12. Bjorn van Doesburg (Aquarijn, 200201867)	50m 00:27.30 27,30	100m 00:57.02 29,72	150m 01:27.74 30,72	01:59.01(+69)
13. Owen Peek (ZPC Hoogeveen, 200100765)	50m 00:28.03 28,03	100m 00:58.80 30,77	150m 01:29.73 30,93	01:59.27(+81)
14. Bas Morelissen (ZPC AMERSFOORT, 200100861)	50m 00:27.67 27,67	100m 00:57.61 29,94	150m 01:28.46 30,85	01:59.40(+63)
15. Sem Zijl (De Dolfijn, 200204757)	50m 00:27.71 27,71	100m 00:58.51 30,80	150m 01:29.56 31,05	01:59.57(+65)
16. Bryan Agterdenbos (PSV, 200200003)	50m 00:27.82 27,82	100m 00:58.34 30,52	150m 01:29.55 31,21	02:00.87(+73)
17. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	50m 00:27.69 27,69	100m 00:58.66 30,97	150m 01:29.88 31,22	02:01.06(+70)
18. Leon van den Hof (Dedemsvaart-AC, 200203269)	50m 00:27.70 27,70	100m 00:58.67 30,97	150m 01:30.20 31,53	02:01.14(+70)
19. Daniël Claasen (ZPC AMERSFOORT, 200100787)	50m 00:27.69 27,69	100m 00:58.48 30,79	150m 01:30.52 32,04	02:02.89(+70)
20. Finn Vos (De Dolfijn, 200200665)	50m 00:28.72 28,72	100m 01:00.05 31,33	150m 01:32.66 32,61	02:03.83(+70)
21. Jurre Hanstede (De Dinkel, 200201019)	50m 00:28.85 28,85	100m 01:00.55 31,70	150m 01:32.93 32,38	02:05.03(+74)
8. 200m vrije slag - Dames				
11 - 15 jaar (Jeugd 2 en later)				
1. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10]	50m 00:36.45 36,45	100m 01:19.08 42,63	150m 02:03.41 44,33	02:44.02(+80)
2. Diede Struijk (Nuenen, 200403824) [S13]	50m 00:38.21 38,21	100m 01:20.36 42,15	150m 02:01.33 40,97	02:40.12(+87)
3. Iris Onnink (DWK, 200301836) [S10]	50m 00:36.97 36,97	100m 01:19.32 42,35	150m 02:03.45 44,13	02:47.76(+80)
4. Milou van Winkel (LinK, 200402296) [S14]	50m 00:34.96 34,96	100m 01:15.61 40,65	150m 01:56.36 40,75	02:36.51(+83)

5. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9]	02:54.73(+85)
50m 00:40.19 40,19 100m 01:25.77 45,58 150m 02:11.65 45,88	
6. Suzie Pellis (Hieronymus, 200701600) [S9]	02:54.98(+75)
50m 00:38.78 38,78 100m 01:22.73 43,95 150m 02:09.72 46,99	
7. Megan van Delden (WVZ, 200405500) [S13]	03:12.23(+76)
50m 00:40.44 40,44 100m 01:30.43 49,99 150m 02:23.67 53,24	
<i>13 - 13 jaar (Junioren 3)</i>	
1. Bridget Vermeer (VZC, 200501766)	02:11.62(+72)
50m 00:30.30 30,30 100m 01:03.87 33,57 150m 01:38.00 34,13	
2. Thera Janssen (Aqua-Novio'94, 200500270)	02:12.72(+79)
50m 00:30.67 30,67 100m 01:04.70 34,03 150m 01:39.37 34,67	
3. Emma Riemers (MSV-Zeemacht, 200500748)	02:12.73(+73)
50m 00:30.90 30,90 100m 01:05.18 34,28 150m 01:39.47 34,29	
4. Marin Wieling (Aquarijn, 200501220)	02:12.95(+78)
50m 00:30.63 30,63 100m 01:04.54 33,91 150m 01:39.29 34,75	
5. Merel Schravendijk (The Hague Swimming (SG), 200503382)	02:15.22(+73)
50m 00:30.99 30,99 100m 01:05.27 34,28 150m 01:40.56 35,29	
6. Sophia van Droffelaar (ZVVS, 200500330)	02:15.32(+77)
50m 00:30.99 30,99 100m 01:05.15 34,16 150m 01:40.35 35,20	
7. Yke Groener (De Dinkel, 200500772)	02:15.83(+76)
50m 00:31.08 31,08 100m 01:05.46 34,38 150m 01:40.59 35,13	
8. Lianne Beekman (ZVV, 200500124)	02:16.23(+73)
50m 00:30.82 30,82 100m 01:05.57 34,75 150m 01:41.51 35,94	
9. Anique Hazebroek (The Hague Swimming (SG), 200502196)	02:16.54(+75)
50m 00:30.19 30,19 100m 01:04.44 34,25 150m 01:40.33 35,89	
10. Aniek van den Brink (De Dolfijn, 200500090)	02:18.86(+83)
50m 00:32.04 32,04 100m 01:06.96 34,92 150m 01:42.77 35,81	
11. Lynn Reitsma (Deltasteur, 200502750)	02:20.02(+73)
50m 00:32.62 32,62 100m 01:09.87 37,25 150m 01:46.58 36,71	
12. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)	02:21.15(+67)
50m 00:31.62 31,62 100m 01:06.44 34,82 150m 01:43.77 37,33	
13. Liz Veltman (De Ward, 200503668)	02:24.00(+79)
50m 00:32.25 32,25 100m 01:09.44 37,19 150m 01:47.03 37,59	
14. Annelieke Stegink (Batavia Swim, 200500570)	02:27.65(+93)
50m 00:31.54 31,54 100m 01:07.80 36,26 150m 01:47.40 39,60	
BM. Imani de Jong (OC-ZPCH, 200200464)	BM
50m 00:28.08 28,08 100m 00:58.95 30,87 150m 01:30.19 31,24	
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	02:05.61(+72)
50m 00:29.10 29,10 100m 01:01.04 31,94 150m 01:33.98 32,94	
2. Janna van Kooten (TriVia, 200404584)	02:06.37(+78)
50m 00:28.80 28,80 100m 01:01.21 32,41 150m 01:33.88 32,67	
3. Lindsey Berghuis (ZV 44, 200300104)	02:09.40(+70)
50m 00:30.09 30,09 100m 01:03.17 33,08 150m 01:36.97 33,80	
4. Gaia Sterre Mirotti (VZC, 200305158)	02:09.59(+70)
50m 00:30.18 30,18 100m 01:02.70 32,52 150m 01:36.43 33,73	
5. Eline Gros (Aqua-Novio'94, 200302700)	02:10.65(+78)
50m 00:30.66 30,66 100m 01:03.91 33,25 150m 01:37.07 33,16	
6. Kirsten Verhalle (VZC, 200400210)	02:11.16(+82)
50m 00:30.77 30,77 100m 01:04.33 33,56 150m 01:38.45 34,12	

7. Britta Koehorst (OC-De Lansingh, 200300246)	02:11.20(+76)
50m 00:30.03 30,03 100m 01:03.17 33,14 150m 01:37.47 34,30	
8. Mila Maas (PSV, 200302966)	02:12.19(+78)
50m 00:30.83 30,83 100m 01:04.15 33,32 150m 01:38.35 34,20	
9. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	02:12.36(+79)
50m 00:30.60 30,60 100m 01:04.07 33,47 150m 01:38.77 34,70	
10. Silke Huisman (Orca, 200301182)	02:12.48(+74)
50m 00:29.55 29,55 100m 01:02.92 33,37 150m 01:37.52 34,60	
11. Ymke Dragstra (ZPC AMERSFOORT, 200300930)	02:12.81(+75)
50m 00:30.37 30,37 100m 01:04.36 33,99 150m 01:38.77 34,41	
12. Imke Beekman (Hellas-Glana, 200301950)	02:13.82(+77)
50m 00:30.48 30,48 100m 01:04.45 33,97 150m 01:38.96 34,51	
13. Lize van den Nieuwenhuijzen (Nextline Swimming, 200304454)	02:13.97(+81)
50m 00:30.13 30,13 100m 01:03.50 33,37 150m 01:38.87 35,37	
14. Rinske Bouman (The Hague Swimming (SG), 200400578)	02:15.01(+79)
50m 00:31.30 31,30 100m 01:04.97 33,67 150m 01:39.85 34,88	
15. Vera Renshof (DWK, 200301582)	02:15.52(+69)
50m 00:30.50 30,50 100m 01:04.81 34,31 150m 01:40.62 35,81	
16. Femke Doorenbos (De Duinkickers, 200404214)	02:16.18(+80)
50m 00:30.45 30,45 100m 01:04.44 33,99 150m 01:41.04 36,60	
9. 100m rugslag - Heren	
12 - 17 jaar	
1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13]	01:03.80(+53)
50m 00:30.70 30,70	
2. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10]	01:05.65(+77)
50m 00:31.32 31,32	
3. Nick Selten (Merlet, 200403275) [S9]	01:21.49(+76)
50m 00:39.87 39,87	
4. Josh Renkema (De Otters Het Gooi, 200402537) [S6]	01:50.13(+60)
50m 00:51.51 51,51	
5. Jesse Bruines (Batavia Swim, 200402413) [S9]	01:42.09(+77)
50m 00:50.16 50,16	
14 - 14 jaar (Junioren 3)	
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	00:59.93(+58)
50m 00:29.28 29,28	
2. Luuk van Rooij (Nextline Swimming, 200400581)	01:01.60(+75)
50m 00:29.97 29,97	
3. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	01:02.01(+62)
50m 00:30.06 30,06	
4. Jort van der Vlag (WS Twente, 200400335)	01:04.03(+68)
50m 00:31.60 31,60	
5. Chris van der Hout (The Hague Swimming (SG), 200401355)	01:04.74(+73)
50m 00:31.64 31,64	
5. Vince van der Pal (ZV 44, 200401869)	01:04.74(+74)
50m 00:31.60 31,60	
7. Serge Knops (Hellas-Glana, 200403867)	01:05.22(+62)
50m 00:30.96 30,96	
8. Jon de Wit (De Ward, 200401969)	01:05.52(+62)
50m 00:31.00 31,00	

9. Sybren Beeksma (TriVia, 200400133) 50m 00:31.01 31,01	01:06.10(+66)
10. Jay de Vries (The Hague Swimming (SG), 200400669) 50m 00:32.17 32,17	01:06.21(+69)
11. Andrei Turta (De Aalscholver, 200404549) 50m 00:31.70 31,70	01:06.37(+68)
12. Juiliano Soliani (DAW, 200400353) 50m 00:32.54 32,54	01:06.44(+70)
13. Sem Lazaroms (Hieronymus, 200402921) 50m 00:33.41 33,41	01:08.17(+73)
14. Raphaël Dessart (ZV De Zaan, 200401335) 50m 00:32.87 32,87	01:08.52(+77)
15. Max van Schagen (De Columbiaan, 200402591) 50m 00:34.09 34,09	01:09.72(+67)
16. Robert Dragt (Deltasteur, 200400239) 50m 00:35.01 35,01	01:11.08(+67)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Lukas Binnekamp (De Dinkel, 200300107) 50m 00:29.50 29,50	01:01.18(+69)
2. Luuk Bos (VZ&PC, 200300151) 50m 00:29.38 29,38	01:01.42(+54)
3. Tyrese Sitania (Aqua-Novio'94, 200301999) 50m 00:29.67 29,67	01:01.97(+53)
4. Keanu Streefland (OC-Racing Club, 200302445) 50m 00:29.28 29,28	01:02.14(+66)
5. Dylan Jansen (WVZ, 200300817) 50m 00:30.44 30,44	01:02.96(+66)
6. Dylan Smolders (ZPC AMERSFOORT, 200304923) 50m 00:30.81 30,81	01:03.66(+60)
7. Matej Danis (Aqua-Novio'94, 200304745) 50m 00:30.12 30,12	01:03.73(+54)
8. Evano Ticoalu (Aqua-Novio'94, 200304751) 50m 00:30.68 30,68	01:03.87(+60)
9. Jelle Bon (ZVVS, 200301077) 50m 00:30.99 30,99	01:04.96(+66)
10. Stan De Swart (Nextline Swimming, 200300535) 50m 00:31.33 31,33	01:05.26(+70)
11. Ewald de Haas (WS Twente, 200301945) 50m 00:31.48 31,48	01:05.37(+62)
12. Luuk Hulleman (ZVV, 200300189) 50m 00:31.88 31,88	01:05.80(+68)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:28.11 28,11	00:57.67(+59)
2. Stefan Tomicic (PSV, 200101271) 50m 00:28.76 28,76	00:59.13(+60)
3. Niels Dijkshoorn (ZVVS, 200203079) 50m 00:29.18 29,18	00:59.61(+63)
4. Moritz Hoogers (Octopus, 200104865)	00:59.76(+58)

50m 00:29.02 29,02	
5. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:59.79(+60)
50m 00:29.12 29,12	
6. Raf Hendriks (Hellas-Glana, 200100879)	00:59.96(+53)
50m 00:29.87 29,87	
7. Lars Verhalle (VZC, 200200019)	01:00.34(+69)
50m 00:29.38 29,38	
8. Léon van der Geest (OC-WS Twente, 200201005)	01:00.77(+66)
50m 00:28.82 28,82	
9. Emile Dost (Borger, 200100731)	01:01.36(+71)
50m 00:29.51 29,51	
10. Mart Niehoff (ZPC AMERSFOORT, 200100759)	01:01.49(+66)
50m 00:29.56 29,56	
11. Maquinho Vorst (OC-ZPC De Hof, 200204179)	01:01.50(+64)
50m 00:29.17 29,17	
12. Mathijs Verdonck (Nextline Swimming, 200101685)	01:01.56(+62)
50m 00:29.03 29,03	
13. Coen de Lang (ZPC Hoogeveen, 200100067)	01:01.92(+66)
50m 00:29.47 29,47	
14. Leon van den Hof (Dedemsvaart-AC, 200203269)	01:02.10(+63)
50m 00:29.61 29,61	
15. Stefan Waalkens (Batavia Swim, 200100611)	01:02.13(+64)
50m 00:30.14 30,14	
16. Kirill Hrabcsun (Aquarijn, 200201221)	01:02.67(+68)
50m 00:29.81 29,81	
17. Bjarne van Oord (The Hague Swimming (SG), 200105101)	01:02.92(+62)
50m 00:30.24 30,24	
18. Tjeerd van Stein (LinK, 200101439)	01:03.06(+74)
50m 00:30.90 30,90	
19. Jarno Verbeek (Zoetermeer, 200200931)	01:03.48(+65)
50m 00:30.91 30,91	
20. Joas Groeneveld (DWK, 200102669)	01:03.52(+61)
50m 00:30.53 30,53	
21. Janne Englebert (Hieronymus, 200101561)	01:03.72(+77)
50m 00:31.30 31,30	
22. Sam Janmaat (ZPC AMERSFOORT, 200203017)	01:04.58(+58)
50m 00:30.85 30,85	
23. Bobby van Dijk (DBD, 200200153)	01:04.66(+66)
50m 00:30.71 30,71	
24. Viktor Koets (De Columbiaan, 200201677)	01:05.37(+69)
50m 00:30.98 30,98	
10. 100m rugslag - Dames	
11 - 11 jaar (Junioren 1)	
1. Angelina Rolman (WZ&PC Purmerend, 200701972)	01:12.62(+66)
50m 00:35.44 35,44	
2. Robin Vermeulen (MNC Dordrecht, 200700412)	01:13.85(+68)
50m 00:35.62 35,62	
3. Eefje Irvine (De Otters Het Gooi, 200700164)	01:14.85(+74)
50m 00:36.92 36,92	

4. Rosa Kremers (TRB-RES, 200701224) 50m 00:36.31 36,31	01:15.38(+67)
5. Charlotte Woltjes (The Hague Swimming (SG), 200700110) 50m 00:36.45 36,45	01:15.62(+77)
6. Ylva Konings (Hellas-Glana, 200700148) 50m 00:36.40 36,40	01:15.65(+63)
7. Angela Whitney (De Duinkickers, 200700002) 50m 00:36.72 36,72	01:15.99(+73)
8. Féline Sam (ZVZ, 200700018) 50m 00:37.69 37,69	01:16.30(+69)
9. Carlijn Gruppen (ZPC Hoogeveen, 200700046) 50m 00:37.22 37,22	01:16.33(+74)
10. Suze Creemers (Hellas-Glana, 200700738) 50m 00:37.05 37,05	01:16.37(+67)
11. Julie Rupperecht (De Ham, 200702322) 50m 00:37.90 37,90	01:17.03(+76)
12. Lisa Roberts (Hellas-Glana, 200700170) 50m 00:38.46 38,46	01:18.04(+62)
13. Fleur Kamminga (WVZ, 200701838) 50m 00:38.25 38,25	01:18.51(+75)
14. Maud Roffel (HZ&PC Heerenveen, 200700840) 50m 00:39.18 39,18	01:18.64(+70)
15. Dide Provily (Wiekslag, 200700480) 50m 00:37.86 37,86	01:18.74(+64)
16. Lyke Bellert (ZVV, 200701424) 50m 00:38.20 38,20	01:19.14(+79)
17. Heleen Broshuis (WS Twente, 200701510) 50m 00:38.31 38,31	01:21.24(+75)
18. Leyona Lichtendonk (Dedemsvaart-AC, 200700010) 50m 00:40.15 40,15	01:21.29(+78)
11. 100m rugslag - Dames 12 - 12 jaar (Junioren 2)	
1. Noor Vermeer (SBC2000, 200600752) 50m 00:34.35 34,35	01:09.23(+73)
2. Robyn Hulleman (ZVV, 200600890) 50m 00:33.42 33,42	01:09.46(+70)
3. Lotte Klaver (Zuiderzeezwimmers, 200602638) 50m 00:35.23 35,23	01:12.86(+76)
4. Carlein Polinder (ZV 44, 200600128) 50m 00:35.70 35,70	01:13.46(+63)
5. Megan Jonkman (The Hague Swimming (SG), 200600508) 50m 00:36.11 36,11	01:13.59(+68)
6. Fiene Nijkamp (Aqua-Novio'94, 200600570) 50m 00:35.28 35,28	01:13.61(+68)
7. Charley Blide (TriVia, 200600164) 50m 00:35.26 35,26	01:13.72(+69)
8. Jade van der Maas (WVZ, 200600408) 50m 00:35.90 35,90	01:13.88(+67)
9. Hilda Vrijbloed (De Duck, 200600732) 50m 00:36.01 36,01	01:15.84(+72)

10. Tess Bemer (De Duinkickers, 200600450)	01:18.16(+69)
50m 00:37.12 37,12	
12. 100m rugslag - Dames	
11 - 15 jaar (Jeugd 2 en later)	
1. Diede Struijk (Nuenen, 200403824) [S13]	01:26.69(+74)
50m 00:42.62 42,62	
2. Rosalie van Druenen (De Warande, 200305066) [S9]	01:30.05(+87)
50m 00:43.34 43,34	
3. Suzie Pellis (Hieronymus, 200701600) [S9]	01:34.03(+82)
50m 00:44.94 44,94	
4. Milou van Winkel (LinK, 200402296) [S14]	01:33.42(+90)
50m 00:45.31 45,31	
5. Jenna Gorter (De Aalscholver, 200702746) [S9]	01:49.84(+87)
50m 00:52.35 52,35	
13 - 13 jaar (Junioren 3)	
1. Jelsie van Ruijven (WVZ, 200500282)	01:09.01(+56)
50m 00:33.36 33,36	
2. Demi Westendorp (Deltasteur, 200500262)	01:09.95(+64)
50m 00:33.56 33,56	
3. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	01:10.86(+63)
50m 00:33.09 33,09	
4. Karlijn Offeringa (ZVVS, 200503292)	01:10.88(+63)
50m 00:34.04 34,04	
5. Thera Janssen (Aqua-Novio'94, 200500270)	01:12.31(+70)
50m 00:34.54 34,54	
6. Larissa de Vos (ZVV, 200502728)	01:12.43(+74)
50m 00:34.64 34,64	
7. Nicolien Corbeau (ZPC AMERSFOORT, 200504540)	01:12.44(+70)
50m 00:34.96 34,96	
8. Yke Groener (De Dinkel, 200500772)	01:13.18(+76)
50m 00:34.65 34,65	
14 - 15 jaar (Jeugd 1 en 2)	
1. Milou van Wijk (MNC Dordrecht, 200404948)	01:05.36(+64)
50m 00:32.41 32,41	
2. Josse Bergman (VZC, 200305146)	01:06.35(+64)
50m 00:32.47 32,47	
3. Jetske Moot (ZPC AMERSFOORT, 200400230)	01:06.68(+60)
50m 00:31.97 31,97	
4. Aniek van de Weerd (VZC, 200404136)	01:07.82(+63)
50m 00:33.20 33,20	
5. Ilse Volkers (DWK, 200301580)	01:08.13(+65)
50m 00:32.82 32,82	
6. Anna van Droffelaar (OC-ZVVS, 200400258)	01:08.26(+61)
50m 00:32.91 32,91	
7. Britta Koehorst (OC-De Lansingh, 200300246)	01:08.28(+65)
50m 00:32.88 32,88	
8. Joy van Dieren (De Dinkel, 200300182)	01:08.51(+62)
50m 00:32.90 32,90	
9. Julia Notenboom (De Columbiaan, 200302596)	01:09.26(+60)

50m 00:33.61 33,61

10. Joline Koop (Aqua'68, 200403174) 50m 00:33.75 33,75	01:09.51(+78)
11. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382) 50m 00:32.89 32,89	01:09.63(+64)
12. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362) 50m 00:33.40 33,40	01:09.70(+68)
13. Myrthe Natzijl (TriVia, 200400076) 50m 00:34.42 34,42	01:09.86(+65)
14. Merel Musters (PSV, 200304042) 50m 00:33.29 33,29	01:10.07(+68)
15. Charlotte Wilbers (ZPC Hoogeveen, 200400312) 50m 00:34.05 34,05	01:10.31(+64)
16. Maude Lesscher (VZ&PC, 200300018) 50m 00:33.94 33,94	01:10.47(+56)
17. Janne Slegers (PSV, 200404090) 50m 00:34.15 34,15	01:10.85(+58)
18. Michelle van den Hoofdakker (ZV 44, 200302708) 50m 00:33.60 33,60	01:10.87(+73)
19. Lindsey Berghuis (ZV 44, 200300104) 50m 00:34.08 34,08	01:11.65(+75)
20. Sade Simons (De Dolfijn, 200305544) 50m 00:34.48 34,48	01:11.71(+60)
21. Kim van Dongen (Aqua-Novio'94, 200400140) 50m 00:34.15 34,15	01:11.86(+67)
DIS. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622)	00:00.00
<i>16 - 16 jaar (Senioren 1)</i>	
1. Lotte Hosper (OC-Racing Club, 200201414) 50m 00:31.07 31,07	01:03.80(+72)
2. Elise Tanis (OC-MNC Dordrecht, 200200120) 50m 00:31.06 31,06	01:03.98(+58)
3. Lieke Oude Lenferink (OC-WS Twente, 200200068) 50m 00:31.25 31,25	01:03.99(+57)
4. Carlijn Hansté (OC-WS Twente, 200201082) 50m 00:32.06 32,06	01:06.23(+59)
13. 50m schoolslag - Heren	
<i>12 - 17 jaar</i>	
1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [SB13]	00:33.74(+71)
2. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [SB14]	00:34.58(+83)
3. Josh Renkema (De Otters Het Gooi, 200402537) [SB5]	01:00.52
<i>14 - 14 jaar (Junioren 3)</i>	
1. Koen de Groot (Zwemclub Eijsden, 200401059)	00:31.24(+74)
2. Lucas Douwma (DWT, 200401337)	00:31.46(+68)
3. Max van Schagen (De Columbiaan, 200402591)	00:31.80(+69)
4. Ruben Claasen (ZPC AMERSFOORT, 200400229)	00:31.99(+68)
5. Jason van den Berg (The Hague Swimming (SG), 200400009)	00:32.27(+67)
6. Sem Wetzels (Hellas-Glana, 200404533)	00:32.28(+69)

7. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:32.67(+73)
8. Anders van Norden (ZPC AMERSFOORT, 200400039)	00:32.86(+69)
9. Luca Janssen (Mosa-Regio, 200403237)	00:33.01(+72)
10. Jesper Bos (WS Twente, 200401017)	00:33.11(+78)
11. Thomas Burgmeijer (Batavia Swim, 200400739)	00:33.21(+64)
12. Pieter Wisse (PSV, 200400779)	00:33.27(+73)
13. Sven van Eeghem (Hellas-Glana, 200400541)	00:33.85(+71)
14. Timo Wouters (MNC Dordrecht, 200401363)	00:33.96(+72)
15. Niek Lammertink (ZPC De Hof, 200400079)	00:34.46(+73)
16. Giljano Palm (Kon AZ 1870, 200403637)	00:34.57
17. Amun Majidzada (Zwemlust-den Hommel, 200401391)	00:34.72(+65)
18. Kaito van Meeteren (De Dolfijn, 200404271)	00:34.74(+74)
18. Raphaël Dessart (ZV De Zaan, 200401335)	00:34.74(+78)
20. Serge Knops (Hellas-Glana, 200403867)	00:34.80(+64)
21. Jelle Kockx (Mosa-Regio, 200401697)	00:34.90(+64)
22. Sebastian van Wanroij (Zwemclub Eijsden, 200404495)	00:34.92
23. Robin van den Berg (ZV 44, 200400699)	00:35.06(+74)
24. Bart Balstra (EZCL (SG), 200400103)	00:35.27
25. Matthew Critchell (Deltasteur, 200403011)	00:35.77(+73)
26. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	00:35.93
<i>15 - 15 jaar (Junioren 4)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	00:29.86(+65)
2. Angus Corbeau (ZPC AMERSFOORT, 200304641)	00:30.61(+67)
3. Ivo Kroes (Azuro, 200300079)	00:30.74(+76)
4. Wesley Zulver (ZVVS, 200301319)	00:30.78(+68)
5. Kylian Heederik (Deltasteur, 200300353)	00:31.14(+69)
6. Xander Vis (De Schotejil, 200300173)	00:31.27(+68)
7. Jair Halfhide (De Dolfijn, 200304893)	00:31.78(+63)
8. Job Sanders (ZPC AMERSFOORT, 200304913)	00:32.20(+71)
9. Wessel Heijnemans (Hieronymus, 200301353)	00:32.67(+71)
10. Erik van Gemert (Poseidon'56, 200300587)	00:32.81(+72)
11. Tiemen Jonkman (DZ&PC, 200301193)	00:32.85(+75)
12. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:32.90(+71)
13. Milan Hamel (The Hague Swimming (SG), 200302125)	00:32.98(+71)
14. Kevin Lucas (De Dinkel, 200300545)	00:33.01(+75)
15. Kenan Coeruez (Feijenoord Albion Zwemclub, 200300357)	00:33.03(+70)
16. Lucas Pfaff (ZPC Woerden, 200303391)	00:33.24(+69)
17. Tom Thijssen (NDD, 200301521)	00:33.27(+72)
18. Jarno Biisterbosch (Octopus, 200300081)	00:33.29(+58)

19. Tim Speijer (Bubble, 200301661)	00:33.30(+74)
20. Kieran de Heer (De Veene, 200301009)	00:33.36(+81)
21. Jonathan Vervenne (Zwemclub Eijsden, 200304569)	00:33.44(+70)
22. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	00:33.90(+69)
23. Stanley Hau (WZ&PC Purmerend, 200300655)	00:34.03(+73)
24. Xavi Laumen (Kimbria, 200300393)	00:34.12(+71)
25. Mel van Gemert (PSV, 200300323)	00:34.19(+89)
26. Sebastian Vandermeer (The Hague Swimming (SG), 200304869)	00:34.28(+62)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	00:28.73(+68)
2. Quinn van den Heuvel (WVZ, 200100297)	00:29.37(+69)
3. Bram Zwetsloot (Nuenen, 200202117)	00:29.56(+63)
4. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:30.57(+73)
5. Timo Spaans (Nextline Swimming, 200201087)	00:30.69(+66)
6. Rick Bulman (Nextline Swimming, 200101899)	00:30.71(+69)
7. Daen Spoor (VZC, 200101117)	00:30.91(+70)
8. Ian Sanders (Hellas-Glana, 200100373)	00:31.13(+70)
9. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:31.28(+74)
10. Dave van den Nieuwendijk (De Columbiaan, 200100475)	00:31.48(+74)
11. Maquinho Vorst (OC-ZPC De Hof, 200204179)	00:31.67(+69)
12. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	00:31.78(+69)
13. Mick van Kempen (De Ward, 200203375)	00:31.86(+77)
14. Ivo Karamoy Faulhaber (De Veene, 200200363)	00:32.07(+72)
15. Lars Diesch (Argo, 200103189)	00:32.12(+79)
16. Stefan Tomicic (PSV, 200101271)	00:32.15(+78)
17. Viktor Koets (De Columbiaan, 200201677)	00:32.29(+75)
18. Guido Brink (ZPC De Zeeuwse Kust, 200200199)	00:32.45(+63)
19. Finn Vos (De Dolfijn, 200200665)	00:32.47(+69)
20. Jylano Nahr (Zwemsport Parkstad (SG), 200102593)	00:32.54(+75)
21. Raphael Mennen (DWK, 200103049)	00:32.61(+68)
21. Guy Hungens (Tempo, 200101697)	00:32.61(+67)
23. Luke Looymans (De Dommelbaarzen, 200203689)	00:32.62(+72)
24. Remi van der Schee (Batavia Swim, 200100583)	00:32.76(+63)
25. Sjoerd Looymans (De Dommelbaarzen, 200203687)	00:32.80(+70)
26. Tu Pham (De Vrije Slag, 200203247)	00:32.91(+66)
27. Jarno Verbeek (Zoetermeer, 200200931)	00:32.93(+71)
28. Daan Snijders (MNC Dordrecht, 200202475)	00:33.00(+72)
29. Sven Konings (Kon AZ 1870, 200204391)	00:33.11(+75)

30. Mart de Koning (ZOB'66, 200203253)	00:33.14(+69)
31. Jelle Opmeer (Octopus, 200100269)	00:33.35(+71)
32. Jurre Hanstede (De Dinkel, 200201019)	00:33.48(+76)
14. 50m schoolslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Joy Willekus (WZ&PC Purmerend, 200602420)	00:35.22(+70)
2. Elydjah van der Heul (The Hague Swimming (SG), 200602180)	00:35.58(+71)
3. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	00:36.19(+76)
4. Djanilla Brink (DAW, 200600988)	00:36.34(+84)
5. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	00:37.00(+76)
6. Anouk van Hattum (Hellas-Glana, 200600738)	00:37.24(+71)
7. Avery Collins (The Hague Swimming (SG), 200603622)	00:37.39(+65)
8. Hedwig Bolt (HZ&PC Heerenveen, 200602660)	00:38.40(+80)
9. Veerle Riezebos (ZV 44, 200600712)	00:38.49(+82)
10. Isis van der Stroom (PSV, 200604342)	00:38.83(+72)
15. 50m schoolslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Rosalie van Druenen (De Warande, 200305066) [SB8]	00:46.12(+85)
2. Iris Onnink (DWK, 200301836) [SB9]	00:44.95(+79)
3. Aguila Dolsma (The Hague Swimming (SG), 200603902) [SB14]	00:45.86(+82)
4. Milou van Winkel (LinK, 200402296) [SB14]	00:45.90(+83)
5. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [SB9]	00:47.00(+80)
6. Suzie Pellis (Hieronymus, 200701600) [SB9]	00:47.49(+80)
7. Mara de Bruin (ZPC AMERSFOORT, 200303268) [SB8]	00:51.39(+84)
8. Megan van Delden (WVZ, 200405500) [SB13]	00:49.99(+83)
9. Jenna Gorter (De Aalscholver, 200702746) [SB8]	00:56.08(+94)
<i>13 - 13 jaar (Junioren 3)</i>	
1. Niké Telkamp (The Hague Swimming (SG), 200501088)	00:34.58(+68)
2. Bridget Vermeer (VZC, 200501766)	00:34.75(+70)
3. Jelsie van Ruijven (WVZ, 200500282)	00:35.66(+70)
4. Roos Arnold (ZV 44, 200500060)	00:36.48(+68)
5. Francesca Coppo (De Dolfijn, 200501242)	00:36.49(+66)
6. Lianne Beekman (ZVV, 200500124)	00:36.52(+75)
7. Aniek Heinen (De IJsselmeeuwen, 200503636)	00:37.40(+98)
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Anna van Droffelaar (OC-ZVVS, 200400258)	00:32.56(+67)
2. Britta Koehorst (OC-De Lansingh, 200300246)	00:33.29(+73)
3. Lotte Pieterman (ZV 44, 200301838)	00:34.16(+69)
4. Silke Huisman (Orca, 200301182)	00:34.42(+80)
5. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	00:34.58(+81)

6. Kim Vriens (Hieronymus, 200401166)	00:34.89(+73)
7. Jill Nai Chung Tong (ZVVS, 200404272)	00:34.93(+71)
8. Britt van den Boom (Zwemsport Parkstad (SG), 200401178)	00:35.28(+75)
9. Yvette Buis (De Dolfijn, 200401830)	00:35.67(+69)
10. Daniëlle Vis (De Columbian, 200401044)	00:35.76(+75)
11. Romana Jonker (HZ&PC Heerenveen, 200403016)	00:35.84(+78)
12. Iris Nieuwhof (TriVia, 200401944)	00:35.90(+76)
13. Inge Koekoek (ESCA Zwemmen, 200401648)	00:36.18(+81)
14. Phaedra Meijer (MNC Dordrecht, 200405834)	00:36.22(+70)
15. Isabelle Elsweier (WS Twente, 200303614)	00:36.24(+79)
16. Silke Bliëk (Hellas-Glana, 200301948)	00:36.35(+75)
17. Ayla van Leeuwen (TZC-Vahalis, 200401980)	00:36.50(+74)
18. Soraya Rakers (De Dinkel, 200300818)	00:36.58(+81)
19. Luna Hofmeijer (WS Twente, 200400006)	00:36.69(+79)
20. Kim de Jong (LinK, 200301026)	00:36.71(+82)
21. Janice Provoost (ZPC De Zeeuwse Kust, 200303076)	00:36.78(+74)
22. Nora Weerman (ZV 44, 200400620)	00:36.86(+71)
23. Kim Becx (Hieronymus, 200302766)	00:36.91(+74)
24. Iris Le Clercq (De Rog, 200401404)	00:37.38(+70)
DIS. Sterre Hendriks (PSV, 200401288)	00:00.00
16. 200m vlinderslag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)	02:38.24(+76)
50m 00:33.94 33,94 100m 01:14.74 40,80 150m 01:56.65 41,91	
2. Dimi Stoyanov (The Hague Swimming (SG), 200601067)	02:40.89(+67)
50m 00:33.36 33,36 100m 01:13.98 40,62 150m 01:56.81 42,83	
3. Mark Demianenko (Zoetermeer, 200600409)	02:49.72(+67)
50m 00:35.39 35,39 100m 01:18.39 43,00 150m 02:03.36 44,97	
4. Laurens Kalle (De Schotegil, 200600161)	02:52.19(+71)
50m 00:36.28 36,28 100m 01:21.40 45,12 150m 02:07.62 46,22	
5. Bas Blanker (ZPB H&L Productions, 200601497)	02:52.33(+77)
50m 00:37.86 37,86 100m 01:23.87 46,01 150m 02:08.73 44,86	
6. Daniel Simons (PSV, 200602017)	02:55.90(+64)
50m 00:35.59 35,59 100m 01:19.52 43,93 150m 02:05.85 46,33	
7. Yagiz Atilgan (ZVVS, 200601453)	02:57.06(+70)
50m 00:35.13 35,13 100m 01:19.12 43,99 150m 02:06.80 47,68	
DIS. Joris Lissenberg (The Hague Swimming (SG), 200600585)	00:00.00
17. 200m vlinderslag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Émile Fouzaï (The Hague Swimming (SG), 200500263)	02:22.69(+79)
50m 00:31.87 31,87 100m 01:09.05 37,18 150m 01:46.55 37,50	
2. Cas Verstegen (HZPC, 200500891)	02:25.43(+73)
50m 00:31.65 31,65 100m 01:09.12 37,47 150m 01:47.09 37,97	
3. Mats Meyer (Nova, 200500095)	02:32.54(+79)

	50m 00:31.33 31,33	100m 01:08.08 36,75	150m 01:46.63 38,55	
4. Yanieck Frijstein (The Hague Swimming (SG), 200500329)	50m 00:33.76 33,76	100m 01:12.10 38,34	150m 01:52.18 40,08	02:32.79(+75)
5. Sven Klink (ZV 44, 200500349)	50m 00:33.02 33,02	100m 01:12.73 39,71	150m 01:54.93 42,20	02:33.73(+72)
6. Mees Peters (De Ward, 200501895)	50m 00:35.33 35,33	100m 01:14.39 39,06	150m 01:55.04 40,65	02:35.88(+79)
7. Sem Agterdenbos (MNC Dordrecht, 200500049)	50m 00:34.57 34,57	100m 01:15.50 40,93	150m 01:58.03 42,53	02:40.49(+67)
8. Jasper Camphuijnder (OEZA, 200502367)	50m 00:33.60 33,60	100m 01:15.84 42,24	150m 02:03.71 47,87	02:53.23(+85)
18. 200m vlinderslag - Heren				
<i>14 - 14 jaar (Junioren 3)</i>				
1. Stephan De Freitas Steverink (PSV, 200404481)	50m 00:29.70 29,70	100m 01:02.80 33,10	150m 01:37.10 34,30	02:11.91(+68)
2. Jay de Vries (The Hague Swimming (SG), 200400669)	50m 00:30.75 30,75	100m 01:06.85 36,10	150m 01:43.50 36,65	02:20.85(+74)
3. Merlin Belmon (De Dolfijn, 200403191)	50m 00:29.46 29,46	100m 01:04.18 34,72	150m 01:41.88 37,70	02:21.83(+76)
4. Timo Kock (The Hague Swimming (SG), 200400387)	50m 00:30.61 30,61	100m 01:06.37 35,76	150m 01:45.20 38,83	02:23.42(+74)
5. Quinn Heederik (Deltasteur, 200400093)	50m 00:31.34 31,34	100m 01:07.63 36,29	150m 01:46.68 39,05	02:26.31(+81)
6. Teun van der Schrier (Hieronymus, 200403627)	50m 00:31.99 31,99	100m 01:10.01 38,02	150m 01:49.22 39,21	02:27.59(+78)
7. Pepijn van Egmond (WVZ, 200402309)	50m 00:30.88 30,88	100m 01:07.67 36,79	150m 01:46.35 38,68	02:28.37(+72)
8. Chris van der Hout (The Hague Swimming (SG), 200401355)	50m 00:29.68 29,68	100m 01:05.32 35,64	150m 01:44.19 38,87	02:29.31(+65)
9. Jort van der Vlag (WS Twente, 200400335)	50m 00:30.44 30,44	100m 01:08.28 37,84	150m 01:48.86 40,58	02:31.07(+81)
DIS. Tim Haimé (The Hague Swimming (SG), 200403567)				00:00.00
<i>15 - 15 jaar (Junioren 4)</i>				
1. Tim Korstanje (Aqua-Novio'94, 200300053)	50m 00:27.60 27,60	100m 01:00.23 32,63	150m 01:35.13 34,90	02:11.46(+62)
2. Lucas Peters (Nextline Swimming, 200301325)	50m 00:29.54 29,54	100m 01:03.28 33,74	150m 01:38.86 35,58	02:14.19(+71)
3. Michael Smink (The Hague Swimming (SG), 200302169)	50m 00:28.75 28,75	100m 01:03.26 34,51	150m 01:40.43 37,17	02:16.97(+72)
4. Sjors Lemmers (Merlet, 200300555)	50m 00:31.63 31,63	100m 01:08.42 36,79	150m 01:47.57 39,15	02:31.09(+75)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Thomas Jansen (OC-WVZ, 200100143)	50m 00:29.15 29,15	100m 01:02.41 33,26	150m 01:34.47 32,06	02:06.79(+78)
2. Gerard Willighagen (Poseidon'56, 200103663)	50m 00:29.31 29,31	100m 01:03.04 33,73	150m 01:37.10 34,06	02:10.09(+70)
3. Jarno Koster (Aqua-Novio'94, 200200637)	50m 00:27.78 27,78	100m 01:00.36 32,58	150m 01:34.63 34,27	02:11.19(+72)
4. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:12.64(+69)

	50m 00:29.69 29,69	100m 01:03.67 33,98	150m 01:38.09 34,42	
5. Freek Hollander (The Hague Swimming (SG), 200103815)	50m 00:29.81 29,81	100m 01:03.99 34,18	150m 01:38.73 34,74	02:14.33(+74)
6. Guus Hoogduin (ZVL-1886, 200201069)	50m 00:30.14 30,14	100m 01:04.67 34,53	150m 01:40.24 35,57	02:16.61(+76)
7. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:29.19 29,19	100m 01:03.69 34,50	150m 01:40.39 36,70	02:16.92(+82)
8. Bart Muselaers (DWK, 200100865)	50m 00:29.21 29,21	100m 01:03.99 34,78	150m 01:40.94 36,95	02:20.05(+72)
9. Dave van der Voet (De Dolfijn, 200102783)	50m 00:30.59 30,59	100m 01:06.29 35,70	150m 01:44.01 37,72	02:21.49(+69)
10. Janne Englebert (Hieronymus, 200101561)	50m 00:30.91 30,91	100m 01:07.19 36,28	150m 01:45.64 38,45	02:24.90(+79)
11. Tom Blankestijn (ZPC AMERSFOORT, 200201185)	50m 00:31.23 31,23	100m 01:06.87 35,64	150m 01:44.64 37,77	02:25.12(+73)
19. 200m vlinderslag - Dames				
<i>13 - 13 jaar (Junioren 3)</i>				
1. Thera Janssen (Aqua-Novio'94, 200500270)	50m 00:33.52 33,52	100m 01:14.54 41,02	150m 01:57.76 43,22	02:42.56(+88)
2. Liz Veltman (De Ward, 200503668)	50m 00:34.52 34,52	100m 01:17.43 42,91	150m 02:02.43 45,00	02:42.79(+85)
3. Evy van Laarhoven (De Warande, 200500712)	50m 00:34.55 34,55	100m 01:16.56 42,01	150m 02:03.06 46,50	02:50.38(+75)
BM. Femke Spiering (OC-VZC, 200204514)	50m 00:30.74 30,74	100m 01:06.09 35,35	150m 01:41.73 35,64	BM
<i>14 - 15 jaar (Jeugd 1 en 2)</i>				
1. Amber Celie (De Dolfijn, 200300756)	50m 00:31.30 31,30	100m 01:08.80 37,50	150m 01:47.95 39,15	02:28.36(+80)
2. Veerle Nieborg (TriVia, 200400428)	50m 00:32.35 32,35	100m 01:10.12 37,77	150m 01:48.89 38,77	02:28.59(+75)
3. Emma Hofstee (TriVia, 200401282)	50m 00:32.91 32,91	100m 01:11.05 38,14	150m 01:49.79 38,74	02:29.09(+84)
4. Amy de Sain (De Dolfijn, 200304690)	50m 00:32.25 32,25	100m 01:10.37 38,12	150m 01:50.36 39,99	02:30.08(+77)
5. Kim Zwinkels (ZPCH, 200300422)	50m 00:32.39 32,39	100m 01:10.20 37,81	150m 01:49.89 39,69	02:30.83(+81)
6. Maaïke Issard (VZC, 200300022)	50m 00:32.20 32,20	100m 01:09.75 37,55	150m 01:49.70 39,95	02:31.14(+83)
7. Judith Houtvast (Hellas-Glana, 200300714)	50m 00:31.93 31,93	100m 01:10.69 38,76	150m 01:53.11 42,42	02:36.23(+73)
8. Luna de Vries (Aqua-Novio'94, 200400516)	50m 00:32.90 32,90	100m 01:11.83 38,93	150m 01:54.02 42,19	02:38.05(+74)
9. Danielle Meinema (ZV 44, 200300534)	50m 00:32.27 32,27	100m 01:11.75 39,48	150m 01:55.01 43,26	02:40.41(+84)
20. 200m wisselslag - Heren				
<i>12 - 17 jaar</i>				
1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13]	50m 00:29.22 29,22	100m 01:05.68 36,46	150m 01:47.39 41,71	02:22.52(+73)
2. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]	50m 00:32.20 32,20	100m 01:14.37 42,17	150m 01:59.83 45,46	02:36.21(+80)

3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	50m 00:36.17 36,17	100m 01:22.41 46,24	150m 02:12.74 50,33	02:54.15(+76)
4. Josh Renkema (De Otters Het Gooi, 200402537) [S6]	50m 00:58.32 58,32	100m 01:55.34 57,02	150m 03:05.97 70,63	04:01.79
<i>14 - 14 jaar (Junioren 3)</i>				
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	50m 00:28.40 28,40	100m 01:03.54 35,14	150m 01:42.82 39,28	02:15.04(+75)
2. Simon Claasen (ZPC AMERSFOORT, 200400231)	50m 00:28.52 28,52	100m 01:03.92 35,40	150m 01:45.28 41,36	02:16.54(+65)
3. Stephan De Freitas Steverink (PSV, 200404481)	50m 00:29.77 29,77	100m 01:07.14 37,37	150m 01:45.79 38,65	02:17.41(+69)
4. Abel te Riele (WVZ, 200402317)	50m 00:29.61 29,61	100m 01:05.28 35,67	150m 01:45.95 40,67	02:17.57(+71)
5. David Groenewegen (PSV, 200400469)	50m 00:29.12 29,12	100m 01:04.94 35,82	150m 01:47.14 42,20	02:19.56(+75)
6. Ruben Claasen (ZPC AMERSFOORT, 200400229)	50m 00:30.56 30,56	100m 01:08.94 38,38	150m 01:49.14 40,20	02:20.84(+65)
7. Merlin Belmon (De Dolfijn, 200403191)	50m 00:29.42 29,42	100m 01:07.25 37,83	150m 01:49.29 42,04	02:21.19(+79)
8. Kaito van Meeteren (De Dolfijn, 200404271)	50m 00:30.54 30,54	100m 01:08.03 37,49	150m 01:48.83 40,80	02:22.45(+84)
9. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	50m 00:29.09 29,09	100m 01:06.49 37,40	150m 01:48.13 41,64	02:23.38(+75)
10. Luca Janssen (Mosa-Regio, 200403237)	50m 00:28.88 28,88	100m 01:08.38 39,50	150m 01:48.22 39,84	02:23.79(+77)
11. Anders van Norden (ZPC AMERSFOORT, 200400039)	50m 00:31.64 31,64	100m 01:11.49 39,85	150m 01:51.30 39,81	02:23.82(+71)
12. Jason van den Berg (The Hague Swimming (SG), 200400009)	50m 00:31.62 31,62	100m 01:09.93 38,31	150m 01:50.74 40,81	02:24.71(+73)
13. Floris Sonneveld (Nuenen, 200402953)	50m 00:32.16 32,16	100m 01:09.70 37,54	150m 01:51.83 42,13	02:24.80(+71)
14. Robin van den Berg (ZV 44, 200400699)	50m 00:30.97 30,97	100m 01:08.35 37,38	150m 01:51.70 43,35	02:24.83(+77)
15. Jesper Bos (WS Twente, 200401017)	50m 00:31.85 31,85	100m 01:10.69 38,84	150m 01:50.58 39,89	02:24.90(+80)
16. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	50m 00:32.42 32,42	100m 01:11.19 38,77	150m 01:52.30 41,11	02:25.15(+70)
17. Andrei Turta (De Aalscholver, 200404549)	50m 00:31.33 31,33	100m 01:07.50 36,17	150m 01:51.71 44,21	02:25.41(+86)
18. Mac Peeks (ZPC Hoogeveen, 200400153)	50m 00:32.65 32,65	100m 01:09.43 36,78	150m 01:52.60 43,17	02:26.25(+75)
19. Nathan Janssen (MNC Dordrecht, 200401565)	50m 00:30.85 30,85	100m 01:10.36 39,51	150m 01:53.38 43,02	02:26.35(+71)
20. Raphaël Dessart (ZV De Zaan, 200401335)	50m 00:30.81 30,81	100m 01:08.56 37,75	150m 01:50.92 42,36	02:27.15(+77)
21. Sebastian van Wanroij (Zwemclub Eijdsen, 200404495)	50m 00:30.83 30,83	100m 01:07.59 36,76	150m 01:51.62 44,03	02:27.84(+67)
22. Pieter Wisse (PSV, 200400779)	50m 00:32.44 32,44	100m 01:11.81 39,37	150m 01:55.45 43,64	02:28.34(+78)

23. Luuk van Rooij (Nextline Swimming, 200400581)				02:29.00(+73)	
50m	00:29.93 29,93	100m	01:07.42 37,49	150m	01:51.41 43,99
24. Teun van der Schrier (Hieronymus, 200403627)				02:30.54(+74)	
50m	00:30.60 30,60	100m	01:11.81 41,21	150m	01:54.68 42,87
25. Sem Lazaroms (Hieronymus, 200402921)				02:31.30(+80)	
50m	00:31.90 31,90	100m	01:10.33 38,43	150m	01:55.99 45,66
26. Pepijn van Egmond (WVZ, 200402309)				02:36.05(+74)	
50m	00:33.66 33,66	100m	01:14.05 40,39	150m	02:00.39 46,34
<i>15 - 15 jaar (Junioren 4)</i>					
1. Angus Corbeau (ZPC AMERSFOORT, 200304641)				02:13.16(+69)	
50m	00:28.60 28,60	100m	01:04.51 35,91	150m	01:41.41 36,90
2. Esper Schreurs (ZEPS, 200300433)				02:13.88(+75)	
50m	00:28.25 28,25	100m	01:01.87 33,62	150m	01:40.88 39,01
3. Dylan Smolders (ZPC AMERSFOORT, 200304923)				02:15.77(+65)	
50m	00:28.88 28,88	100m	01:03.88 35,00	150m	01:43.43 39,55
4. Kylian Heederik (Deltasteur, 200300353)				02:16.07(+76)	
50m	00:27.62 27,62	100m	01:02.37 34,75	150m	01:41.89 39,52
5. Luuk Bos (VZ&PC, 200300151)				02:18.28(+60)	
50m	00:27.23 27,23	100m	01:02.11 34,88	150m	01:45.45 43,34
6. Lukas Binnekamp (De Dinkel, 200300107)				02:18.36(+73)	
50m	00:29.56 29,56	100m	01:03.90 34,34	150m	01:45.76 41,86
7. Perry Laarhoven (ZPC Numansdorp, 200301321)				02:18.56(+78)	
50m	00:29.36 29,36	100m	01:05.74 36,38	150m	01:44.96 39,22
8. Stan De Swart (Nextline Swimming, 200300535)				02:20.18(+73)	
50m	00:30.06 30,06	100m	01:06.33 36,27	150m	01:48.01 41,68
9. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)				02:20.78(+68)	
50m	00:28.52 28,52	100m	01:06.09 37,57	150m	01:47.72 41,63
10. Keanu Streefland (OC-Racing Club, 200302445)				02:20.84(+72)	
50m	00:27.85 27,85	100m	01:03.19 35,34	150m	01:46.37 43,18
11. Rijk Heere (ZPC AMERSFOORT, 200300897)				02:22.92(+76)	
50m	00:29.43 29,43	100m	01:08.73 39,30	150m	01:51.75 43,02
12. Michael Smink (The Hague Swimming (SG), 200302169)				02:23.08(+77)	
50m	00:29.17 29,17	100m	01:06.44 37,27	150m	01:50.46 44,02
<i>16 - 17 jaar (Jeugd 1 en 2)</i>					
1. Luc Kroon (OC-Ed-Vo, 200100697)				02:09.20(+77)	
50m	00:27.14 27,14	100m	01:00.80 33,66	150m	01:39.56 38,76
2. Lars Verhalle (VZC, 200200019)				02:09.59(+75)	
50m	00:27.13 27,13	100m	01:00.60 33,47	150m	01:39.20 38,60
3. Thomas Jansen (OC-WVZ, 200100143)				02:10.75(+76)	
50m	00:28.37 28,37	100m	01:02.05 33,68	150m	01:40.48 38,43
4. Emile Dost (Borger, 200100731)				02:11.41(+76)	
50m	00:27.83 27,83	100m	01:01.17 33,34	150m	01:39.87 38,70
5. Jarno Koster (Aqua-Novio'94, 200200637)				02:12.13(+67)	
50m	00:28.08 28,08	100m	01:02.32 34,24	150m	01:40.73 38,41
6. Bram Zwetsloot (Nuenen, 200202117)				02:12.86(+62)	
50m	00:27.84 27,84	100m	01:03.85 36,01	150m	01:41.77 37,92
7. Jelle Smid (Aqua-Novio'94, 200100627)				02:13.04(+69)	
50m	00:27.96 27,96	100m	01:02.01 34,05	150m	01:42.20 40,19
8. David Anthonio (KSN (SG), 200102551)				02:13.55(+76)	

	50m 00:28.98 28,98	100m 01:03.52 34,54	150m 01:42.51 38,99	
9. Aleks Doedel (PSV, 200105453)	50m 00:28.84 28,84	100m 01:04.93 36,09	150m 01:45.49 40,56	02:15.25(+69)
10. Maquinho Vorst (OC-ZPC De Hof, 200204179)	50m 00:27.80 27,80	100m 01:02.33 34,53	150m 01:42.33 40,00	02:16.50(+72)
11. Brandon van den Berg (The Hague Swimming (SG), 200200669)	50m 00:28.90 28,90	100m 01:05.29 36,39	150m 01:45.20 39,91	02:16.96(+74)
12. Bryan Agterdenbos (PSV, 200200003)	50m 00:27.88 27,88	100m 01:04.14 36,26	150m 01:44.56 40,42	02:17.12(+72)
12. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	50m 00:28.29 28,29	100m 01:06.22 37,93	150m 01:46.38 40,16	02:17.12(+73)
14. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	50m 00:29.32 29,32	100m 01:06.30 36,98	150m 01:45.95 39,65	02:17.13(+70)
15. Coen de Lang (ZPC Hoogeveen, 200100067)	50m 00:29.91 29,91	100m 01:04.08 34,17	150m 01:45.81 41,73	02:17.83(+75)
16. Daen Spoor (VZC, 200101117)	50m 00:28.78 28,78	100m 01:05.93 37,15	150m 01:44.32 38,39	02:18.02(+72)
17. Timo Spaans (Nextline Swimming, 200201087)	50m 00:28.64 28,64	100m 01:06.60 37,96	150m 01:47.26 40,66	02:19.63(+69)
18. Jurre Hanstede (De Dinkel, 200201019)	50m 00:30.08 30,08	100m 01:08.07 37,99	150m 01:47.88 39,81	02:20.38(+79)
21. 200m wisselslag - Dames				
11 - 11 jaar (Junioren 1)				
1. Hylcke de Beer (Zwemsport Parkstad (SG), 200700006)	50m 00:32.59 32,59	100m 01:13.75 41,16	150m 02:00.69 46,94	02:38.18(+70)
2. Ananda van der Wiel (WVZ, 200701562)	50m 00:33.02 33,02	100m 01:13.81 40,79	150m 02:03.64 49,83	02:41.07(+67)
3. Benigna Kocsispeter (Zwemsport Parkstad (SG), 200702058)	50m 00:36.16 36,16	100m 01:18.86 42,70	150m 02:04.96 46,10	02:42.37(+69)
4. Nynke Boerefijn (De Fuut, 200700114)	50m 00:36.80 36,80	100m 01:20.58 43,78	150m 02:08.37 47,79	02:43.15(+78)
5. Ylva Konings (Hellas-Glana, 200700148)	50m 00:34.92 34,92	100m 01:16.72 41,80	150m 02:07.67 50,95	02:43.50(+90)
6. Angelina Rolman (WZ&PC Purmerend, 200701972)	50m 00:35.16 35,16	100m 01:16.71 41,55	150m 02:08.42 51,71	02:44.33(+79)
7. Lyke Bellert (ZVV, 200701424)	50m 00:35.53 35,53	100m 01:17.40 41,87	150m 02:09.33 51,93	02:45.51(+84)
8. Yara Mels (TRB-RES, 200700232)	50m 00:35.63 35,63	100m 01:19.04 43,41	150m 02:09.06 50,02	02:46.80(+75)
9. Suze Creemers (Hellas-Glana, 200700738)	50m 00:39.05 39,05	100m 01:21.38 42,33	150m 02:09.88 48,50	02:48.59(+74)
10. Samantha van der Jagt (ZZ&PC De Devel, 200700220)	50m 00:40.28 40,28	100m 01:25.84 45,56	150m 02:13.20 47,36	02:51.65(+81)
11. Angela Whitney (De Duinkickers, 200700002)	50m 00:37.37 37,37	100m 01:21.16 43,79	150m 02:11.49 50,33	02:51.75(+78)
12. Charlotte Woltjes (The Hague Swimming (SG), 200700110)	50m 00:40.00 40,00	100m 01:23.20 43,20	150m 02:15.48 52,28	02:52.28(+78)
13. Alexandra Gepkens (Aqua-Novio'94, 200701690)	50m 00:38.72 38,72	100m 01:23.71 44,99	150m 02:11.98 48,27	02:52.58(+71)

14. Julie Rupprecht (De Ham, 200702322)				02:52.73(+82)
50m	00:39.97	39,97	100m 01:22.23	42,26
150m	02:15.81	53,58		
15. Carlijn Gruppen (ZPC Hoogeveen, 200700046)				02:52.75(+91)
50m	00:40.05	40,05	100m 01:23.45	43,40
150m	02:14.46	51,01		
16. Eefje Irvine (De Otters Het Gooi, 200700164)				02:53.24(+88)
50m	00:39.13	39,13	100m 01:22.10	42,97
150m	02:15.20	53,10		
17. Rafaela Mulders (De Reuring, 200701398)				02:53.49(+81)
50m	00:38.22	38,22	100m 01:23.16	44,94
150m	02:16.31	53,15		
18. Lotte Mudde (Zeester-Meerval, 200700502)				02:53.86(+85)
50m	00:36.03	36,03	100m 01:21.33	45,30
150m	02:16.16	54,83		
19. Féline Sam (ZVZ, 200700018)				02:56.11(+75)
50m	00:38.97	38,97	100m 01:23.72	44,75
150m	02:18.94	55,22		
DIS. Mila Oomens (ZPV Barracuda, 200700016)				00:00.00
22. 200m wisselslag - Dames				
<i>12 - 12 jaar (Junioren 2)</i>				
1. Noor Vermeer (SBC2000, 200600752)				02:33.46(+85)
50m	00:33.56	33,56	100m 01:12.92	39,36
150m	01:58.85	45,93		
2. Joy Willekus (WZ&PC Purmerend, 200602420)				02:35.20(+74)
50m	00:33.27	33,27	100m 01:14.49	41,22
150m	01:58.03	43,54		
3. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)				02:35.36(+89)
50m	00:32.87	32,87	100m 01:13.49	40,62
150m	01:58.96	45,47		
4. Avery Collins (The Hague Swimming (SG), 200603622)				02:35.62(+85)
50m	00:33.02	33,02	100m 01:14.23	41,21
150m	01:59.91	45,68		
5. Megan Jonkman (The Hague Swimming (SG), 200600508)				02:36.41(+83)
50m	00:33.44	33,44	100m 01:14.01	40,57
150m	01:59.82	45,81		
6. Anouk van Hattum (Hellas-Glana, 200600738)				02:38.57(+73)
50m	00:34.53	34,53	100m 01:15.08	40,55
150m	02:00.45	45,37		
7. Djanilla Brink (DAW, 200600988)				02:39.35(+83)
50m	00:35.66	35,66	100m 01:18.37	42,71
150m	02:03.94	45,57		
8. Robyn Hulleman (ZVV, 200600890)				02:40.76(+69)
50m	00:34.85	34,85	100m 01:14.10	39,25
150m	02:04.65	50,55		
9. Lotte Klaver (Zuiderzeezwemmers, 200602638)				02:45.48(+78)
50m	00:33.92	33,92	100m 01:16.04	42,12
150m	02:06.05	50,01		
10. Veerle Riezebos (ZV 44, 200600712)				02:49.01(+82)
50m	00:36.41	36,41	100m 01:21.26	44,85
150m	02:08.10	46,84		
23. 200m wisselslag - Dames				
<i>11 - 15 jaar (Jeugd 2 en later)</i>				
1. Rosalie van Druenen (De Warande, 200305066) [S9]				03:10.99(+87)
50m	00:41.40	41,40	100m 01:29.52	48,12
150m	02:28.34	58,82		
2. Suzie Pellis (Hieronymus, 200701600) [S9]				03:13.48(+87)
50m	00:43.93	43,93	100m 01:33.59	49,66
150m	02:29.66	56,07		
3. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10]				03:10.47(+74)
50m	00:43.14	43,14	100m 01:34.06	50,92
150m	02:30.01	55,95		
4. Iris Onnink (DWK, 200301836) [S10]				03:13.37(+82)
50m	00:43.42	43,42	100m 01:37.11	53,69
150m	02:29.87	52,76		
5. Milou van Winkel (LinK, 200402296) [S14]				03:16.21(+88)
50m	00:42.44	42,44	100m 01:35.57	53,13
150m	02:33.28	57,71		
DIS. Jenna Gorter (De Aalscholver, 200702746) [S9]				00:00.00
<i>13 - 13 jaar (Junioren 3)</i>				

1. Noa Teuben (FZC'54-De Vikings (SG), 200500254)				02:32.56(+73)
50m	00:32.78	32,78	100m 01:12.58	39,80
150m	01:58.56	45,98		
2. Jelsie van Ruijven (WVZ, 200500282)				02:33.49(+73)
50m	00:32.25	32,25	100m 01:11.86	39,61
150m	01:55.93	44,07		
3. Merel Schravendijk (The Hague Swimming (SG), 200503382)				02:34.07(+76)
50m	00:33.93	33,93	100m 01:15.99	42,06
150m	02:00.45	44,46		
4. Bridget Vermeer (VZC, 200501766)				02:34.66(+79)
50m	00:32.00	32,00	100m 01:15.26	43,26
150m	01:59.33	44,07		
5. Sophia van Droffelaar (ZVVS, 200500330)				02:34.79(+74)
50m	00:33.93	33,93	100m 01:15.82	41,89
150m	01:59.94	44,12		
6. Lianne Beekman (ZVV, 200500124)				02:35.33(+79)
50m	00:32.53	32,53	100m 01:13.85	41,32
150m	01:59.23	45,38		
7. Isa Maes (Feijenoord Albion Zwemclub, 200500110)				02:37.27(+75)
50m	00:33.84	33,84	100m 01:15.76	41,92
150m	02:02.06	46,30		
8. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)				02:37.99(+78)
50m	00:34.78	34,78	100m 01:12.69	37,91
150m	02:02.41	49,72		
9. Roos Arnold (ZV 44, 200500060)				02:39.52(+75)
50m	00:34.23	34,23	100m 01:16.96	42,73
150m	02:02.64	45,68		
10. Nicolien Corbeau (ZPC AMERSFOORT, 200504540)				02:40.43(+79)
50m	00:33.02	33,02	100m 01:13.90	40,88
150m	02:02.21	48,31		
11. Yke Groener (De Dinkel, 200500772)				02:44.89(+80)
50m	00:35.31	35,31	100m 01:15.94	40,63
150m	02:07.34	51,40		
BM. Elise Tanis (OC-MNC Dordrecht, 200200120)				BM
50m	00:30.30	30,30	100m 01:06.82	36,52
150m	01:50.64	43,82		
<i>14 - 15 jaar (Jeugd 1 en 2)</i>				
1. Silke Huisman (Orca, 200301182)				02:24.55(+77)
50m	00:31.07	31,07	100m 01:08.23	37,16
150m	01:50.56	42,33		
2. Anna van Droffelaar (OC-ZVVS, 200400258)				02:26.45(+65)
50m	00:31.45	31,45	100m 01:09.14	37,69
150m	01:50.55	41,41		
3. Kirsten Verhalle (VZC, 200400210)				02:26.62(+83)
50m	00:30.91	30,91	100m 01:08.23	37,32
150m	01:52.54	44,31		
4. Janna van Kooten (TriVia, 200404584)				02:26.87(+83)
50m	00:30.42	30,42	100m 01:09.92	39,50
150m	01:53.39	43,47		
5. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622)				02:26.88(+75)
50m	00:31.42	31,42	100m 01:08.09	36,67
150m	01:51.20	43,11		
6. Sterre Hendriks (PSV, 200401288)				02:26.99(+77)
50m	00:31.12	31,12	100m 01:11.03	39,91
150m	01:51.97	40,94		
7. Josse Bergman (VZC, 200305146)				02:27.28(+75)
50m	00:32.00	32,00	100m 01:09.92	37,92
150m	01:53.85	43,93		
8. Lotte Pieterman (ZV 44, 200301838)				02:28.73(+64)
50m	00:30.97	30,97	100m 01:10.42	39,45
150m	01:54.87	44,45		
9. Maaike Issard (VZC, 200300022)				02:29.01(+85)
50m	00:31.86	31,86	100m 01:10.71	38,85
150m	01:54.88	44,17		
10. Emma Hofstee (TriVia, 200401282)				02:30.41(+83)
50m	00:32.21	32,21	100m 01:13.68	41,47
150m	01:54.45	40,77		
11. Gaia Sterre Mirotti (VZC, 200305158)				02:32.96(+71)
50m	00:31.12	31,12	100m 01:10.58	39,46
150m	01:58.68	48,10		
12. Charlotte Wilbers (ZPC Hoogeveen, 200400312)				02:33.92(+81)
50m	00:33.29	33,29	100m 01:13.57	40,28
150m	02:00.58	47,01		

13. Luna de Vries (Aqua-Novio'94, 200400516)				02:34.02(+72)
50m	00:32.92	32,92	100m 01:12.83	39,91
150m	01:58.53	45,70		
14. Myrthe Natzijs (TriVia, 200400076)				02:34.84(+86)
50m	00:34.73	34,73	100m 01:14.31	39,58
150m	01:59.40	45,09		
15. Aniek van de Weerd (VZC, 200404136)				02:35.33(+80)
50m	00:31.73	31,73	100m 01:11.11	39,38
150m	02:00.65	49,54		
16. Rinske Bouman (The Hague Swimming (SG), 200400578)				02:35.37(+82)
50m	00:32.85	32,85	100m 01:14.59	41,74
150m	01:59.75	45,16		
17. Jessie Bodden (Kimbria, 200401650)				02:35.52(+73)
50m	00:33.79	33,79	100m 01:13.21	39,42
150m	01:59.49	46,28		
18. Veerle Nieborg (TriVia, 200400428)				02:36.46(+73)
50m	00:32.72	32,72	100m 01:12.93	40,21
150m	02:00.44	47,51		
19. Vera Renshof (DWK, 200301582)				02:36.65(+73)
50m	00:33.98	33,98	100m 01:15.83	41,85
150m	02:01.95	46,12		
DIS. Jill Nai Chung Tong (ZVVS, 200404272)				00:00.00
24. 4x200m vrije slag heren Junioren				
11 - 17 jaar (Jeugd 2 en later)				
1. WVZ				07:48.17
Thomas Jansen 2001 (+76)	50m	00:27.91	27,91	
Thomas Jansen 2001 (+76)	100m	00:57.97	30,06	
Thomas Jansen 2001 (+76)	150m	01:28.34	30,37	
Thomas Jansen 2001 (+76)	200m	01:57.83	29,49	
Sean Niewold 2002 (+28)	250m	02:24.26	26,43	
Sean Niewold 2002 (+28)	300m	02:54.29	30,03	
Sean Niewold 2002 (+28)	350m	03:24.87	30,58	
Sean Niewold 2002 (+28)	400m	03:53.48	28,61	
Quinn van den Heuvel 2001 (+49)	450m	04:20.59	27,11	
Quinn van den Heuvel 2001 (+49)	500m	04:50.76	30,17	
Quinn van den Heuvel 2001 (+49)	550m	05:22.38	31,62	
Quinn van den Heuvel 2001 (+49)	600m	05:52.14	29,76	
Max Visser 2001 (+46)	650m	06:18.41	26,27	
Max Visser 2001 (+46)	700m	06:47.86	29,45	
Max Visser 2001 (+46)	750m	07:17.78	29,92	
Max Visser 2001 (+46)	800m	07:48.17	30,39	
2. De Dolfijn				07:52.82
Sem Zijl 2002 (+64)	50m	00:27.92	27,92	
Sem Zijl 2002 (+64)	100m	00:58.34	30,42	
Sem Zijl 2002 (+64)	150m	01:28.43	30,09	
Sem Zijl 2002 (+64)	200m	01:58.09	29,66	
Elroy Schot 2002 (+31)	250m	02:24.35	26,26	
Elroy Schot 2002 (+31)	300m	02:53.84	29,49	
Elroy Schot 2002 (+31)	350m	03:24.33	30,49	
Elroy Schot 2002 (+31)	400m	03:54.35	30,02	
Finn Vos 2002 (+42)	450m	04:21.72	27,37	
Finn Vos 2002 (+42)	500m	04:51.97	30,25	
Finn Vos 2002 (+42)	550m	05:24.07	32,10	
Finn Vos 2002 (+42)	600m	05:55.13	31,06	
Dave van der Voet 2001 (+32)	650m	06:21.29	26,16	
Dave van der Voet 2001 (+32)	700m	06:49.92	28,63	
Dave van der Voet 2001 (+32)	750m	07:20.35	30,43	
Dave van der Voet 2001 (+32)	800m	07:52.82	32,47	
3. ZPC AMERSFOORT				07:56.48
Rijk Dragstra 2001 (+70)	50m	00:27.65	27,65	
Rijk Dragstra 2001 (+70)	100m	00:58.46	30,81	
Rijk Dragstra 2001 (+70)	150m	01:29.50	31,04	
Rijk Dragstra 2001 (+70)	200m	01:59.80	30,30	
Bas Morelissen 2001 (+27)	250m	02:26.60	26,80	
Bas Morelissen 2001 (+27)	300m	02:56.46	29,86	
Bas Morelissen 2001 (+27)	350m	03:27.02	30,56	
Bas Morelissen 2001 (+27)	400m	03:58.27	31,25	

Daniël Claasen 2001 (+36) 450m 04:25.24 26,97
Daniël Claasen 2001 (+36) 500m 04:55.96 30,72
Daniël Claasen 2001 (+36) 550m 05:27.39 31,43
Daniël Claasen 2001 (+36) 600m 05:58.76 31,37
Austin Namesnik 2001 (+37) 650m 06:25.26 26,50
Austin Namesnik 2001 (+37) 700m 06:55.23 29,97
Austin Namesnik 2001 (+37) 750m 07:25.96 30,73
Austin Namesnik 2001 (+37) 800m 07:56.48 30,52

4. PSV

08:01.26

Luc van Eijndhoven 2002 (+70) 50m 00:28.09 28,09
Luc van Eijndhoven 2002 (+70) 100m 00:58.99 30,90
Luc van Eijndhoven 2002 (+70) 150m 01:30.63 31,64
Luc van Eijndhoven 2002 (+70) 200m 02:03.38 32,75
Wessel Stupers 2002 (+18) 250m 02:30.51 27,13
Wessel Stupers 2002 (+18) 300m 03:00.97 30,46
Wessel Stupers 2002 (+18) 350m 03:32.70 31,73
Wessel Stupers 2002 (+18) 400m 04:04.91 32,21
Bryan Agterdenbos 2002 (+40) 450m 04:31.86 26,95
Bryan Agterdenbos 2002 (+40) 500m 05:01.95 30,09
Bryan Agterdenbos 2002 (+40) 550m 05:34.15 32,20
Bryan Agterdenbos 2002 (+40) 600m 06:05.91 31,76
Aleks Doedel 2001 (+34) 650m 06:31.76 25,85
Aleks Doedel 2001 (+34) 700m 07:01.01 29,25
Aleks Doedel 2001 (+34) 750m 07:31.02 30,01
Aleks Doedel 2001 (+34) 800m 08:01.26 30,24

5. DWK

08:24.53

Bart Muselaers 2001 (+74) 50m 00:28.66 28,66
Bart Muselaers 2001 (+74) 100m 01:00.33 31,67
Bart Muselaers 2001 (+74) 150m 01:31.55 31,22
Bart Muselaers 2001 (+74) 200m 02:02.81 31,26
Raphael Mennen 2001 (+32) 250m 02:31.47 28,66
Raphael Mennen 2001 (+32) 300m 03:04.41 32,94
Raphael Mennen 2001 (+32) 350m 03:38.19 33,78
Raphael Mennen 2001 (+32) 400m 04:11.99 33,80
Joas Groeneveld 2001 (+27) 450m 04:40.58 28,59
Joas Groeneveld 2001 (+27) 500m 05:12.74 32,16
Joas Groeneveld 2001 (+27) 550m 05:46.03 33,29
Joas Groeneveld 2001 (+27) 600m 06:19.46 33,43
Dylan Donkersteeg 2002 (+14) 650m 06:46.52 27,06
Dylan Donkersteeg 2002 (+14) 700m 07:17.48 30,96
Dylan Donkersteeg 2002 (+14) 750m 07:51.59 34,11
Dylan Donkersteeg 2002 (+14) 800m 08:24.53 32,94

6. De Dinkel

08:26.40

Jurre Hanstede 2002 (+76) 50m 00:28.70 28,70
Jurre Hanstede 2002 (+76) 100m 01:00.07 31,37
Jurre Hanstede 2002 (+76) 150m 01:32.55 32,48
Jurre Hanstede 2002 (+76) 200m 02:04.21 31,66
Milan van Dieren 2001 (+49) 250m 02:32.06 27,85
Milan van Dieren 2001 (+49) 300m 03:03.50 31,44
Milan van Dieren 2001 (+49) 350m 03:37.51 34,01
Milan van Dieren 2001 (+49) 400m 04:11.69 34,18
Lukas Binnekamp 2003 (+47) 450m 04:40.02 28,33
Lukas Binnekamp 2003 (+47) 500m 05:12.04 32,02
Lukas Binnekamp 2003 (+47) 550m 05:46.17 34,13
Lukas Binnekamp 2003 (+47) 600m 06:19.61 33,44
Bart Kooiker 2001 (+56) 650m 06:46.88 27,27
Bart Kooiker 2001 (+56) 700m 07:18.44 31,56
Bart Kooiker 2001 (+56) 750m 07:52.77 34,33
Bart Kooiker 2001 (+56) 800m 08:26.40 33,63

7. Hellas-Glana

08:31.17

Lars Kerremans 2001 (+69) 50m 00:28.25 28,25
Lars Kerremans 2001 (+69) 100m 01:00.66 32,41
Lars Kerremans 2001 (+69) 150m 01:35.08 34,42
Lars Kerremans 2001 (+69) 200m 02:09.12 34,04

Luka Geraerds 2005 (+45)	250m	02:39.55	30,43
Luka Geraerds 2005 (+45)	300m	03:14.17	34,62
Luka Geraerds 2005 (+45)	350m	03:48.81	34,64
Luka Geraerds 2005 (+45)	400m	04:23.13	34,32
Ian Sanders 2001 (+46)	450m	04:51.76	28,63
Ian Sanders 2001 (+46)	500m	05:24.33	32,57
Ian Sanders 2001 (+46)	550m	05:57.93	33,60
Ian Sanders 2001 (+46)	600m	06:30.68	32,75
Raf Hendriks 2001 (+27)	650m	06:57.87	27,19
Raf Hendriks 2001 (+27)	700m	07:29.07	31,20
Raf Hendriks 2001 (+27)	750m	08:00.45	31,38
Raf Hendriks 2001 (+27)	800m	08:31.17	30,72

11 - 15 jaar (Junioren 4 en later)

1. PSV

08:06.43

Stephan De Freitas Steverink 2004 (+68)	50m	00:27.55	27,55
Stephan De Freitas Steverink 2004 (+68)	100m	00:57.53	29,98
Stephan De Freitas Steverink 2004 (+68)	150m	01:27.96	30,43
Stephan De Freitas Steverink 2004 (+68)	200m	01:58.64	30,68
David Groenewegen 2004 (+44)	250m	02:26.04	27,40
David Groenewegen 2004 (+44)	300m	02:57.07	31,03
David Groenewegen 2004 (+44)	350m	03:29.42	32,35
David Groenewegen 2004 (+44)	400m	04:01.88	32,46
Mike Gerritsen 2003 (+32)	450m	04:29.14	27,26
Mike Gerritsen 2003 (+32)	500m	05:00.92	31,78
Mike Gerritsen 2003 (+32)	550m	05:34.39	33,47
Mike Gerritsen 2003 (+32)	600m	06:07.34	32,95
Pieter Wisse 2004 (+23)	650m	06:34.61	27,27
Pieter Wisse 2004 (+23)	700m	07:05.72	31,11
Pieter Wisse 2004 (+23)	750m	07:36.46	30,74
Pieter Wisse 2004 (+23)	800m	08:06.43	29,97

2. ZPC AMERSFOORT

08:07.82

Rijk Heere 2003 (+75)	50m	00:27.69	27,69
Rijk Heere 2003 (+75)	100m	00:58.12	30,43
Rijk Heere 2003 (+75)	150m	01:29.62	31,50
Rijk Heere 2003 (+75)	200m	02:00.57	30,95
Dylan Smolders 2003 (+63)	250m	02:29.17	28,60
Dylan Smolders 2003 (+63)	300m	03:00.01	30,84
Dylan Smolders 2003 (+63)	350m	03:31.81	31,80
Dylan Smolders 2003 (+63)	400m	04:04.23	32,42
Job Sanders 2003 (+38)	450m	04:31.14	26,91
Job Sanders 2003 (+38)	500m	05:02.00	30,86
Job Sanders 2003 (+38)	550m	05:35.11	33,11
Job Sanders 2003 (+38)	600m	06:07.27	32,16
Simon Claasen 2004 (+42)	650m	06:34.63	27,36
Simon Claasen 2004 (+42)	700m	07:05.32	30,69
Simon Claasen 2004 (+42)	750m	07:37.19	31,87
Simon Claasen 2004 (+42)	800m	08:07.82	30,63

3. The Hague Swimming (SG)

08:07.87

Sebastian Vandermeer 2003 (+63)	50m	00:27.53	27,53
Sebastian Vandermeer 2003 (+63)	100m	00:58.06	30,53
Sebastian Vandermeer 2003 (+63)	150m	01:29.89	31,83
Sebastian Vandermeer 2003 (+63)	200m	02:01.83	31,94
Keanu Streefland 2003 (+26)	250m	02:27.91	26,08
Keanu Streefland 2003 (+26)	300m	02:58.09	30,18
Keanu Streefland 2003 (+26)	350m	03:30.40	32,31
Keanu Streefland 2003 (+26)	400m	04:02.20	31,80
Timo Kock 2004 (+40)	450m	04:29.72	27,52
Timo Kock 2004 (+40)	500m	05:00.85	31,13
Timo Kock 2004 (+40)	550m	05:33.49	32,64
Timo Kock 2004 (+40)	600m	06:05.97	32,48
Michael Smink 2003 (+54)	650m	06:33.33	27,36
Michael Smink 2003 (+54)	700m	07:03.93	30,60
Michael Smink 2003 (+54)	750m	07:35.81	31,88
Michael Smink 2003 (+54)	800m	08:07.87	32,06

4. Nextline Swimming

08:12.26

Luuk van Rooij 2004 (+82)	50m	00:27.87	27,87
Luuk van Rooij 2004 (+82)	100m	00:58.35	30,48
Luuk van Rooij 2004 (+82)	150m	01:30.34	31,99
Luuk van Rooij 2004 (+82)	200m	02:01.78	31,44
Aidan Andersen 2003 (+25)	250m	02:30.53	28,75
Aidan Andersen 2003 (+25)	300m	03:02.53	32,00
Aidan Andersen 2003 (+25)	350m	03:35.93	33,40
Aidan Andersen 2003 (+25)	400m	04:09.46	33,53
Stan De Swart 2003 (+12)	450m	04:37.78	28,32
Stan De Swart 2003 (+12)	500m	05:08.95	31,17
Stan De Swart 2003 (+12)	550m	05:41.44	32,49
Stan De Swart 2003 (+12)	600m	06:13.92	32,48
Lucas Peters 2003 (+36)	650m	06:41.00	27,08
Lucas Peters 2003 (+36)	700m	07:11.45	30,45
Lucas Peters 2003 (+36)	750m	07:42.15	30,70
Lucas Peters 2003 (+36)	800m	08:12.26	30,11

5. De Dolfijn

08:40.47

Thijs Bosma 2003 (+72)	50m	00:27.89	27,89
Thijs Bosma 2003 (+72)	100m	00:58.86	30,97
Thijs Bosma 2003 (+72)	150m	01:31.83	32,97
Thijs Bosma 2003 (+72)	200m	02:04.80	32,97
Kaito van Meeteren 2004 (+17)	250m	02:34.74	29,94
Kaito van Meeteren 2004 (+17)	300m	03:07.81	33,07
Kaito van Meeteren 2004 (+17)	350m	03:41.46	33,65
Kaito van Meeteren 2004 (+17)	400m	04:14.19	32,73
Joren Oldenhof 2004 (+16)	450m	04:43.20	29,01
Joren Oldenhof 2004 (+16)	500m	05:17.66	34,46
Joren Oldenhof 2004 (+16)	550m	05:53.14	35,48
Joren Oldenhof 2004 (+16)	600m	06:27.47	34,33
Merlin Belmon 2004 (+51)	650m	06:57.45	29,98
Merlin Belmon 2004 (+51)	700m	07:31.52	34,07
Merlin Belmon 2004 (+51)	750m	08:06.87	35,35
Merlin Belmon 2004 (+51)	800m	08:40.47	33,60

6. HZ&PC Heerenveen

08:40.76

Meindert Dekkinga 2004 (+85)	50m	00:29.94	29,94
Meindert Dekkinga 2004 (+85)	100m	01:03.50	33,56
Meindert Dekkinga 2004 (+85)	150m	01:38.46	34,96
Meindert Dekkinga 2004 (+85)	200m	02:12.82	34,36
Jorian Darwinkel 2003 (+63)	250m	02:40.76	27,94
Jorian Darwinkel 2003 (+63)	300m	03:14.29	33,53
Jorian Darwinkel 2003 (+63)	350m	03:48.53	34,24
Jorian Darwinkel 2003 (+63)	400m	04:21.17	32,64
Senna van den Hoed 2004 (+54)	450m	04:49.20	28,03
Senna van den Hoed 2004 (+54)	500m	05:22.44	33,24
Senna van den Hoed 2004 (+54)	550m	05:58.08	35,64
Senna van den Hoed 2004 (+54)	600m	06:32.79	34,71
Wouter Zijlstra 2004 (+31)	650m	07:01.18	28,39
Wouter Zijlstra 2004 (+31)	700m	07:33.84	32,66
Wouter Zijlstra 2004 (+31)	750m	08:07.23	33,39
Wouter Zijlstra 2004 (+31)	800m	08:40.76	33,53

7. ZPC AMERSFOORT

08:47.77

Ruben Claasen 2004 (+69)	50m	00:28.87	28,87
Ruben Claasen 2004 (+69)	100m	01:00.73	31,86
Ruben Claasen 2004 (+69)	150m	01:34.29	33,56
Ruben Claasen 2004 (+69)	200m	02:07.29	33,00
Tenzing Geutjes 2006 (+50)	250m	02:38.79	31,50
Tenzing Geutjes 2006 (+50)	300m	03:14.63	35,84
Tenzing Geutjes 2006 (+50)	350m	03:50.92	36,29
Tenzing Geutjes 2006 (+50)	400m	04:26.91	35,99
Jorick van Bon 2003 (+25)	450m	04:55.99	29,08
Jorick van Bon 2003 (+25)	500m	05:29.93	33,94
Jorick van Bon 2003 (+25)	550m	06:05.39	35,46
Jorick van Bon 2003 (+25)	600m	06:40.89	35,50
Anders van Norden 2004 (+59)	650m	07:09.24	28,35

Anders van Norden 2004 (+59) 700m 07:41.29 32,05
Anders van Norden 2004 (+59) 750m 08:15.20 33,91
Anders van Norden 2004 (+59) 800m 08:47.77 32,57

8. PSV

09:07.29

Finn Broekhoven 2006 (+68) 50m 00:30.06 30,06
Finn Broekhoven 2006 (+68) 100m 01:04.14 34,08
Finn Broekhoven 2006 (+68) 150m 01:39.38 35,24
Finn Broekhoven 2006 (+68) 200m 02:13.91 34,53
Koen Vissers 2004 (+58) 250m 02:44.03 30,12
Koen Vissers 2004 (+58) 300m 03:17.78 33,75
Koen Vissers 2004 (+58) 350m 03:51.99 34,21
Koen Vissers 2004 (+58) 400m 04:24.82 32,83
Dave ten Brink 2005 (+27) 450m 04:54.93 30,11
Dave ten Brink 2005 (+27) 500m 05:29.53 34,60
Dave ten Brink 2005 (+27) 550m 06:05.89 36,36
Dave ten Brink 2005 (+27) 600m 06:41.31 35,42
Joe van den Hooff 2006 (+49) 650m 07:12.97 31,66
Joe van den Hooff 2006 (+49) 700m 07:50.36 37,39
Joe van den Hooff 2006 (+49) 750m 08:29.63 39,27
Joe van den Hooff 2006 (+49) 800m 09:07.29 37,66

25. 4x100m vrije slag dames Junioren

11 - 15 jaar (Jeugd 2 en later)

1. VZC

03:59.43

Gaia Sterre Mirotti 2003 (+71) 50m 00:29.29 29,29
Gaia Sterre Mirotti 2003 (+71) 100m 01:00.51 31,22
Maaïke Issard 2003 (+44) 150m 01:29.26 28,75
Maaïke Issard 2003 (+44) 200m 01:59.96 30,70
Josse Bergman 2003 (+72) 250m 02:29.20 29,24
Josse Bergman 2003 (+72) 300m 03:00.15 30,95
Kirsten Verhalle 2004 (+59) 350m 03:28.73 28,58
Kirsten Verhalle 2004 (+59) 400m 03:59.43 30,70

2. PSV

04:00.93

Sterre Hendriks 2004 (+74) 50m 00:29.30 29,30
Sterre Hendriks 2004 (+74) 100m 01:00.37 31,07
Janne Slegers 2004 (+56) 150m 01:29.66 29,29
Janne Slegers 2004 (+56) 200m 02:01.40 31,74
Gabriela Töpfer 2003 (+27) 250m 02:30.17 28,77
Gabriela Töpfer 2003 (+27) 300m 03:01.97 31,80
Mila Maas 2003 (+36) 350m 03:29.80 27,83
Mila Maas 2003 (+36) 400m 04:00.93 31,13

3. ZV 44

04:05.69

Lotte Pieterman 2003 (+70) 50m 00:29.48 29,48
Lotte Pieterman 2003 (+70) 100m 01:00.73 31,25
Naomi Polinder 2003 (+58) 150m 01:30.44 29,71
Naomi Polinder 2003 (+58) 200m 02:03.81 33,37
Danielle Meinema 2003 (+48) 250m 02:33.15 29,34
Danielle Meinema 2003 (+48) 300m 03:05.60 32,45
Lindsey Berghuis 2003 (+55) 350m 03:34.74 29,14
Lindsey Berghuis 2003 (+55) 400m 04:05.69 30,95

4. De Dolfijn

04:09.42

Amber Celie 2003 50m 00:29.51 29,51
Amber Celie 2003 100m 01:00.57 31,06
Sade Simons 2003 (+54) 150m 01:30.97 30,40
Sade Simons 2003 (+54) 200m 02:04.82 33,85
Sienna Albers 2006 (+41) 250m 02:35.71 30,89
Sienna Albers 2006 (+41) 300m 03:09.06 33,35
Amy de Sain 2003 (+26) 350m 03:37.33 28,27
Amy de Sain 2003 (+26) 400m 04:09.42 32,09

5. The Hague Swimming (SG)

04:11.46

Mara Bosman 2003 (+69) 50m 00:30.31 30,31
Mara Bosman 2003 (+69) 100m 01:03.65 33,34
Lara Hoeksema 2004 (+43) 150m 01:32.83 29,18

Lara Hoeksema 2004 (+43)	200m	02:05.61	32,78	
Leonoor van Dijk 2004 (+57)	250m	02:36.09	30,48	
Leonoor van Dijk 2004 (+57)	300m	03:09.39	33,30	
Rinske Bouman 2004 (+61)	350m	03:38.71	29,32	
Rinske Bouman 2004 (+61)	400m	04:11.46	32,75	
6. DWK				04:12.21
Nora Brouwer 2003 (+77)	50m	00:30.99	30,99	
Nora Brouwer 2003 (+77)	100m	01:04.53	33,54	
Ilse Volkers 2003 (+29)	150m	01:35.16	30,63	
Ilse Volkers 2003 (+29)	200m	02:08.41	33,25	
Lena Minderaa 2003 (+49)	250m	02:38.01	29,60	
Lena Minderaa 2003 (+49)	300m	03:12.19	34,18	
Vera Renshof 2003 (+9)	350m	03:40.77	28,58	
Vera Renshof 2003 (+9)	400m	04:12.21	31,44	
7. TriVia				04:12.43
Iris Nieuwhof 2004 (+75)	50m	00:30.35	30,35	
Iris Nieuwhof 2004 (+75)	100m	01:04.15	33,80	
Charley Blide 2006 (+51)	150m	01:33.63	29,48	
Charley Blide 2006 (+51)	200m	02:06.65	33,02	
Myrthe Natzijl 2004 (+35)	250m	02:36.95	30,30	
Myrthe Natzijl 2004 (+35)	300m	03:09.92	32,97	
Veerle Nieborg 2004 (+10)	350m	03:39.75	29,83	
Veerle Nieborg 2004 (+10)	400m	04:12.43	32,68	
8. De Dinkel				04:14.37
Yke Groener 2005 (+80)	50m	00:29.88	29,88	
Yke Groener 2005 (+80)	100m	01:03.43	33,55	
Joy van Dieren 2003 (+43)	150m	01:34.33	30,90	
Joy van Dieren 2003 (+43)	200m	02:07.80	33,47	
Soraya Rakers 2003 (+51)	250m	02:38.45	30,65	
Soraya Rakers 2003 (+51)	300m	03:12.34	33,89	
Puck Koopman 2004 (+29)	350m	03:41.24	28,90	
Puck Koopman 2004 (+29)	400m	04:14.37	33,13	
9. Dedemsvaart-AC				04:14.40
Amy Lynn Zweers 2003 (+72)	50m	00:30.42	30,42	
Amy Lynn Zweers 2003 (+72)	100m	01:04.14	33,72	
Alessia Sluis 2003 (+28)	150m	01:33.66	29,52	
Alessia Sluis 2003 (+28)	200m	02:07.28	33,62	
Meghan Mulder 2003 (+44)	250m	02:37.65	30,37	
Meghan Mulder 2003 (+44)	300m	03:12.40	34,75	
Ismay Lichtendonk 2004 (+36)	350m	03:41.61	29,21	
Ismay Lichtendonk 2004 (+36)	400m	04:14.40	32,79	
10. Zwemsport Parkstad (SG)				04:15.08
Audrey Vreuls 2003 (+73)	50m	00:30.79	30,79	
Audrey Vreuls 2003 (+73)	100m	01:03.42	32,63	
Demi van Hulst 2003 (+63)	150m	01:34.45	31,03	
Demi van Hulst 2003 (+63)	200m	02:07.88	33,43	
Quinty Rouschop 2003 (+57)	250m	02:38.76	30,88	
Quinty Rouschop 2003 (+57)	300m	03:12.85	34,09	
Britt van den Boom 2004 (+49)	350m	03:42.02	29,17	
Britt van den Boom 2004 (+49)	400m	04:15.08	33,06	
11. De Columbiaan				04:18.79
Julia Notenboom 2003 (+78)	50m	00:30.71	30,71	
Julia Notenboom 2003 (+78)	100m	01:04.22	33,51	
Fee Smittenaar 2003 (+45)	150m	01:34.94	30,72	
Fee Smittenaar 2003 (+45)	200m	02:09.35	34,41	
Daniëlle Vis 2004 (+30)	250m	02:40.44	31,09	
Daniëlle Vis 2004 (+30)	300m	03:13.21	32,77	
Amy Koelman 2003 (+34)	350m	03:44.91	31,70	
Amy Koelman 2003 (+34)	400m	04:18.79	33,88	
12. ESCA Zwemmen				04:24.65
Romy de Weijer 2003 (+74)	50m	00:30.59	30,59	
Romy de Weijer 2003 (+74)	100m	01:06.04	35,45	

Lois van Oijen 2004 (+50)	150m	01:36.65	30,61
Lois van Oijen 2004 (+50)	200m	02:10.31	33,66
Julia Westmijze 2005 (+65)	250m	02:42.27	31,96
Julia Westmijze 2005 (+65)	300m	03:19.00	36,73
Inge Koekoek 2004 (+57)	350m	03:50.46	31,46
Inge Koekoek 2004 (+57)	400m	04:24.65	34,19

11 - 13 jaar (Junioren 3 en later)

1. De Dolfijn

04:10.29

Francesca Coppo 2005 (+63)	50m	00:30.14	30,14
Francesca Coppo 2005 (+63)	100m	01:02.92	32,78
Michelle Jørgensen 2005 (+52)	150m	01:32.63	29,71
Michelle Jørgensen 2005 (+52)	200m	02:05.31	32,68
Jennifer Veldhuisen 2005 (+55)	250m	02:35.22	29,91
Jennifer Veldhuisen 2005 (+55)	300m	03:07.91	32,69
Aniek van den Brink 2005 (+47)	350m	03:37.77	29,86
Aniek van den Brink 2005 (+47)	400m	04:10.29	32,52

2. The Hague Swimming (SG)

04:11.29

Anique Hazebroek 2005 (+77)	50m	00:29.50	29,50
Anique Hazebroek 2005 (+77)	100m	01:01.39	31,89
Niké Telkamp 2005 (+46)	150m	01:31.99	30,60
Niké Telkamp 2005 (+46)	200m	02:05.92	33,93
Merel Schravendijk 2005 (+73)	250m	02:36.45	30,53
Merel Schravendijk 2005 (+73)	300m	03:09.34	32,89
Elydjah van der Heul 2006 (+57)	350m	03:39.06	29,72
Elydjah van der Heul 2006 (+57)	400m	04:11.29	32,23

3. ZVV

04:14.96

Robyn Hulleman 2006 (+68)	50m	00:30.34	30,34
Robyn Hulleman 2006 (+68)	100m	01:04.82	34,48
Feline Slijkhuis 2005 (+23)	150m	01:35.51	30,69
Feline Slijkhuis 2005 (+23)	200m	02:09.62	34,11
Larissa de Vos 2005 (+47)	250m	02:39.30	29,68
Larissa de Vos 2005 (+47)	300m	03:13.65	34,35
Lianne Beekman 2005 (+36)	350m	03:42.88	29,23
Lianne Beekman 2005 (+36)	400m	04:14.96	32,08

4. FZC'54-De Vikings (SG)

04:16.28

Sterre van der Wal 2005 (+90)	50m	00:32.60	32,60
Sterre van der Wal 2005 (+90)	100m	01:07.99	35,39
Mare Broekstra 2006 (+34)	150m	01:38.70	30,71
Mare Broekstra 2006 (+34)	200m	02:13.47	34,77
Marte Hieke van der Kamp 2005 (+52)	250m	02:44.37	30,90
Marte Hieke van der Kamp 2005 (+52)	300m	03:16.69	32,32
Noa Teuben 2005 (+47)	350m	03:44.94	28,25
Noa Teuben 2005 (+47)	400m	04:16.28	31,34

5. ZPC AMERSFOORT

04:20.24

Pippa van 't Land 2006 (+73)	50m	00:30.25	30,25
Pippa van 't Land 2006 (+73)	100m	01:03.01	32,76
Nicolien Corbeau 2005 (+61)	150m	01:33.52	30,51
Nicolien Corbeau 2005 (+61)	200m	02:07.53	34,01
Amelie Keulards 2005 (+46)	250m	02:39.83	32,30
Amelie Keulards 2005 (+46)	300m	03:16.16	36,33
Sophie Faveaux 2006 (+43)	350m	03:46.36	30,20
Sophie Faveaux 2006 (+43)	400m	04:20.24	33,88

6. Aqua-Novio'94

04:20.77

Dion Boeijen 2005 (+81)	50m	00:30.98	30,98
Dion Boeijen 2005 (+81)	100m	01:05.21	34,23
Natasha Buiting 2006 (+65)	150m	01:36.34	31,13
Natasha Buiting 2006 (+65)	200m	02:11.09	34,75
Fiene Nijkamp 2006 (+97)	250m	02:42.44	31,35
Fiene Nijkamp 2006 (+97)	300m	03:18.32	35,88
Thera Janssen 2005 (+41)	350m	03:47.78	29,46
Thera Janssen 2005 (+41)	400m	04:20.77	32,99

7. Deltasteur

04:20.85

Lynn Reitsma 2005 (+75)	50m	00:30.18	30,18	
Lynn Reitsma 2005 (+75)	100m	01:02.61	32,43	
Senna Geerdink 2005 (+56)	150m	01:34.23	31,62	
Senna Geerdink 2005 (+56)	200m	02:09.66	35,43	
Demi Westendorp 2005 (+43)	250m	02:40.34	30,68	
Demi Westendorp 2005 (+43)	300m	03:13.19	32,85	
Julia van den Bosch 2006 (+73)	350m	03:45.92	32,73	
Julia van den Bosch 2006 (+73)	400m	04:20.85	34,93	
8. Hellas-Glana				04:21.59
Rachelle Luimes 2005 (+75)	50m	00:31.58	31,58	
Rachelle Luimes 2005 (+75)	100m	01:05.34	33,76	
Ylva Konings 2007 (+80)	150m	01:36.86	31,52	
Ylva Konings 2007 (+80)	200m	02:12.02	35,16	
Julia van Sloun 2005 (+58)	250m	02:43.54	31,52	
Julia van Sloun 2005 (+58)	300m	03:18.09	34,55	
Anouk van Hattum 2006 (+59)	350m	03:48.05	29,96	
Anouk van Hattum 2006 (+59)	400m	04:21.59	33,54	
9. Feijenoord Albion Zwemclub				04:22.09
Isa Maes 2005 (+81)	50m	00:31.47	31,47	
Isa Maes 2005 (+81)	100m	01:05.66	34,19	
Britt van't Zant 2005 (+53)	150m	01:36.56	30,90	
Britt van't Zant 2005 (+53)	200m	02:11.28	34,72	
Aisha Nobels 2005 (+38)	250m	02:42.17	30,89	
Aisha Nobels 2005 (+38)	300m	03:16.35	34,18	
Asha van Lobberegt 2005 (+33)	350m	03:47.51	31,16	
Asha van Lobberegt 2005 (+33)	400m	04:22.09	34,58	
10. ZV 44				04:23.19
Roos Arnold 2005 (+73)	50m	00:31.35	31,35	
Roos Arnold 2005 (+73)	100m	01:06.44	35,09	
Puk Lubbers 2006 (+63)	150m	01:37.60	31,16	
Puk Lubbers 2006 (+63)	200m	02:12.99	35,39	
Carlein Polinder 2006 (+22)	250m	02:43.42	30,43	
Carlein Polinder 2006 (+22)	300m	03:18.10	34,68	
Jolijn Liezen 2005 (+40)	350m	03:48.37	30,27	
Jolijn Liezen 2005 (+40)	400m	04:23.19	34,82	
11. DAW				04:28.76
Evy Rozeboom 2006 (+86)	50m	00:32.01	32,01	
Evy Rozeboom 2006 (+86)	100m	01:07.16	35,15	
Kyara Hollingsworth 2006 (+49)	150m	01:39.20	32,04	
Kyara Hollingsworth 2006 (+49)	200m	02:14.71	35,51	
Kim Oudendijk 2006 (+35)	250m	02:46.04	31,33	
Kim Oudendijk 2006 (+35)	300m	03:21.93	35,89	
Emma van Leeuwen 2005 (+51)	350m	03:53.75	31,82	
Emma van Leeuwen 2005 (+51)	400m	04:28.76	35,01	
12. De Columbiaan				04:32.98
Mar Stoel 2005 (+75)	50m	00:32.46	32,46	
Mar Stoel 2005 (+75)	100m	01:08.69	36,23	
Lotte Zaal 2005 (+42)	150m	01:42.46	33,77	
Lotte Zaal 2005 (+42)	200m	02:19.19	36,73	
Kimberly Ruiten 2006 (+44)	250m	02:49.76	30,57	
Kimberly Ruiten 2006 (+44)	300m	03:25.53	35,77	
Milou Adriaanse 2005 (+42)	350m	03:56.87	31,34	
Milou Adriaanse 2005 (+42)	400m	04:32.98	36,11	
13. VZC				04:32.99
Evica Klok 2005 (+75)	50m	00:30.87	30,87	
Evica Klok 2005 (+75)	100m	01:04.44	33,57	
Manon Kooij 2006 (+53)	150m	01:36.42	31,98	
Manon Kooij 2006 (+53)	200m	02:11.87	35,45	
Robin Vermeer 2007 (+59)	250m	02:45.55	33,68	
Robin Vermeer 2007 (+59)	300m	03:24.11	38,56	
Noa Ottens 2007 (+39)	350m	03:56.26	32,15	
Noa Ottens 2007 (+39)	400m	04:32.99	36,73	

NJJK lange baan 2019 sessie 3 - vrijdag 14 juni 2019 om 16:30u (50 m)

Aanvangstijd juryvergadering: 15:30u

26. 200m vrije slag - Dames

11 - 11 jaar (Junioren 1)

1. Robin Vermeulen (MNC Dordrecht, 200700412)	02:20.57(+84)
50m 00:33.19 33,19 100m 01:10.02 36,83 150m 01:47.00 36,98	
2. Hylcke de Beer (Zwemsport Parkstad (SG), 200700006)	02:21.00(+72)
50m 00:33.19 33,19 100m 01:09.58 36,39 150m 01:46.77 37,19	
3. Nynke Boerefijn (De Fuut, 200700114)	02:21.28(+78)
50m 00:33.13 33,13 100m 01:09.77 36,64 150m 01:46.58 36,81	
4. Angelina Rolman (WZ&PC Purmerend, 200701972)	02:22.34(+87)
50m 00:33.65 33,65 100m 01:10.91 37,26 150m 01:48.77 37,86	
5. Ylva Konings (Hellas-Glana, 200700148)	02:26.27(+77)
50m 00:33.63 33,63 100m 01:11.02 37,39 150m 01:49.51 38,49	
6. Yara Mels (TRB-RES, 200700232)	02:26.52(+74)
50m 00:33.93 33,93 100m 01:12.14 38,21 150m 01:50.23 38,09	
7. Rafaela Mulders (De Reuring, 200701398)	02:27.83(+85)
50m 00:34.66 34,66 100m 01:12.72 38,06 150m 01:51.55 38,83	
8. Eefje Irvine (De Otters Het Gooi, 200700164)	02:28.34(+85)
50m 00:34.28 34,28 100m 01:11.88 37,60 150m 01:50.60 38,72	
9. Charlotte Woltjes (The Hague Swimming (SG), 200700110)	02:28.76(+87)
50m 00:34.38 34,38 100m 01:12.06 37,68 150m 01:50.83 38,77	
10. Julie Rupperecht (De Ham, 200702322)	02:29.06(+82)
50m 00:34.98 34,98 100m 01:13.20 38,22 150m 01:52.07 38,87	
11. Rosa Kremers (TRB-RES, 200701224)	02:29.24(+74)
50m 00:34.32 34,32 100m 01:12.91 38,59 150m 01:52.14 39,23	
12. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)	02:29.42(+80)
50m 00:33.97 33,97 100m 01:11.69 37,72 150m 01:51.66 39,97	
13. Benthe Martens (ZPC AMERSFOORT, 200700310)	02:29.58(+46)
50m 00:34.22 34,22 100m 01:13.39 39,17 150m 01:52.55 39,16	
14. Katja Wierda (Nova, 200700216)	02:30.71
50m 00:34.89 34,89 100m 01:13.04 38,15 150m 01:52.10 39,06	
15. Féline Sam (ZVZ, 200700018)	02:30.99(+77)
50m 00:34.38 34,38 100m 01:13.83 39,45 150m 01:54.33 40,50	
16. Fleur Kamminga (WVZ, 200701838)	02:31.15(+92)
50m 00:35.32 35,32 100m 01:13.73 38,41 150m 01:53.69 39,96	
17. Angela Whitney (De Duinkickers, 200700002)	02:32.27(+79)
50m 00:34.78 34,78 100m 01:14.08 39,30 150m 01:53.94 39,86	
18. Barbara Broekhuis (De Dinkel, 200700880)	02:32.68(+77)
50m 00:34.81 34,81 100m 01:13.94 39,13 150m 01:54.20 40,26	
19. Alexandra Gepkens (Aqua-Novio'94, 200701690)	02:35.03(+74)
50m 00:35.00 35,00 100m 01:14.30 39,30 150m 01:54.51 40,21	
20. Thalia Meijer (MNC Dordrecht, 200704048)	02:36.60(+71)
50m 00:36.11 36,11 100m 01:16.13 40,02 150m 01:56.94 40,81	

27. 200m vrije slag - Dames

12 - 12 jaar (Junioren 2)

1. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	02:15.84(+72)
50m 00:31.38 31,38 100m 01:06.15 34,77 150m 01:41.58 35,43	
2. Elydjah van der Heul (The Hague Swimming (SG), 200602180)	02:16.42(+78)

	50m 00:31.67 31,67	100m 01:06.62 34,95	150m 01:42.16 35,54	
3. Djanilla Brink (DAW, 200600988)	50m 00:31.79 31,79	100m 01:06.86 35,07	150m 01:42.33 35,47	02:17.29(+84)
4. Charley Blide (TriVia, 200600164)	50m 00:31.93 31,93	100m 01:06.86 34,93	150m 01:42.93 36,07	02:17.77(+80)
5. Anouk van Hattum (Hellas-Glana, 200600738)	50m 00:31.72 31,72	100m 01:07.05 35,33	150m 01:43.16 36,11	02:17.80(+76)
6. Lieke van Geijn (TRB-RES, 200600314)	50m 00:32.31 32,31	100m 01:07.24 34,93	150m 01:43.56 36,32	02:19.77(+74)
7. Natasha Buiting (Aqua-Novio'94, 200603980)	50m 00:33.08 33,08	100m 01:08.67 35,59	150m 01:45.25 36,58	02:20.46(+67)
8. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	50m 00:32.11 32,11	100m 01:08.11 36,00	150m 01:45.26 37,15	02:21.38(+83)
9. Lotte Klaver (Zuiderzeezwimmers, 200602638)	50m 00:31.70 31,70	100m 01:07.62 35,92	150m 01:44.97 37,35	02:21.45(+78)
10. Megan Jonkman (The Hague Swimming (SG), 200600508)	50m 00:32.53 32,53	100m 01:09.04 36,51	150m 01:46.11 37,07	02:22.14(+83)
11. Sara Korthuis (Apexswim, 200600494)	50m 00:31.76 31,76	100m 01:07.49 35,73	150m 01:45.01 37,52	02:22.23(+72)
12. Tess Bemer (De Duinkickers, 200600450)	50m 00:31.79 31,79	100m 01:08.25 36,46	150m 01:46.23 37,98	02:23.13(+78)
13. Melissa Odemis (ZV Haerlem, 200602422)	50m 00:32.81 32,81	100m 01:09.36 36,55	150m 01:47.12 37,76	02:23.71(+75)
14. Leyla Oversluizen (MNC Dordrecht, 200602730)	50m 00:32.61 32,61	100m 01:09.36 36,75	150m 01:47.56 38,20	02:23.76(+71)
15. Robyn Hulleman (ZVV, 200600890)	50m 00:33.30 33,30	100m 01:10.68 37,38	150m 01:48.73 38,05	02:23.93(+66)
16. Kimberly Ruiten (De Columbiaan, 200600492)	50m 00:33.22 33,22	100m 01:12.09 38,87	150m 01:51.63 39,54	02:30.88(+84)
28. 100m rugslag - Heren				
<i>12 - 12 jaar (Junioren 1)</i>				
1. Daan Sonneveld (WVZ, 200601085)	50m 00:31.46 31,46			01:04.39(+66)
2. Finn Broekhoven (PSV, 200600035)	50m 00:32.17 32,17			01:06.23(+69)
3. Tiamo van der Veen (ZPC Hoogeveen, 200600033)	50m 00:32.57 32,57			01:07.26(+66)
4. Ivar Kleuver (De Aalscholver, 200601457)	50m 00:33.12 33,12			01:08.48(+76)
5. Christian van der Werf (Deltasteur, 200600191)	50m 00:33.22 33,22			01:08.98(+73)
6. Senna Hof (DZ&PC, 200600761)	50m 00:33.48 33,48			01:09.48(+61)
7. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)	50m 00:34.86 34,86			01:10.87(+56)
8. Marcel Hofstede (The Hague Swimming (SG), 200603931)	50m 00:33.51 33,51			01:11.77(+59)
9. Bjorn Rijkaart (BZ&PC, 200601337)	50m 00:34.95 34,95			01:12.00(+56)

10. Samuel E Skibo (The Hague Swimming (SG), 200603977) 50m 00:33.87 33,87	01:12.18(+68)
11. Ben Jackson (De Dolfijn, 200603399) 50m 00:35.61 35,61	01:13.53(+67)
12. Thomas Boer (Zwemclub Polaris, 200600769) 50m 00:35.20 35,20	01:13.55(+64)
13. Olivier Wilbers (ZPC Hoogeveen, 200600181) 50m 00:35.71 35,71	01:13.60(+67)
14. Kylian Oosterveen (ZPC De Zeeuwse Kust, 200600651) 50m 00:35.65 35,65	01:13.83(+71)
15. Lars ten Katen (Batavia Swim, 200600959) 50m 00:35.29 35,29	01:14.08(+67)
16. Cas Krijger (TRB-RES, 200601389) 50m 00:35.96 35,96	01:14.60(+67)
17. Joeri Harreman (De Schelde, 200600469) 50m 00:37.19 37,19	01:17.76(+77)
18. Tamer Cetin (Aqua-Novio'94, 200600103) 50m 00:37.30 37,30	01:17.83(+59)
29. 100m rugslag - Heren 13 - 13 jaar (Junioren 2)	
1. Rolf ter Keurs (De Veene, 200500137) 50m 00:31.81 31,81	01:04.87(+74)
2. Domingo Kuipers (Orca, 200501787) 50m 00:31.72 31,72	01:05.18(+67)
3. Luka Geraerds (Hellas-Glana, 200502077) 50m 00:32.07 32,07	01:05.23(+64)
4. Niels Jansen (Aqua-Novio'94, 200501019) 50m 00:32.10 32,10	01:05.27(+73)
5. Menno Wieringa (De Lansingh, 200500927) 50m 00:32.56 32,56	01:06.16(+59)
6. Mats Meyer (Nova, 200500095) 50m 00:32.71 32,71	01:08.28(+63)
7. Lars Minnaert (VZV Njord, 200502355) 50m 00:33.13 33,13	01:08.70(+65)
8. Björn Verkaik (The Hague Swimming (SG), 200500411) 50m 00:33.57 33,57	01:09.33(+63)
9. Nick Buitendijk (Triton, 200500389) 50m 00:33.59 33,59	01:09.48(+63)
10. Emiel van Oord (The Hague Swimming (SG), 200503707) 50m 00:34.58 34,58	01:11.52(+70)
9. 100m rugslag - Heren 12 - 17 jaar	
1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13] 50m 00:29.84 29,84	01:02.07(+56)
2. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10] 50m 00:30.82 30,82	01:05.12(+71)
3. Nick Selten (Merlet, 200403275) [S9] 50m 00:38.31 38,31	01:18.37(+71)
4. Jesse Bruines (Batavia Swim, 200402413) [S9] 50m 00:46.45 46,45	01:35.45(+85)

5. Josh Renkema (De Otters Het Gooi, 200402537) [S6] 50m 00:51.60 51,60	01:50.24(+63)
<i>14 - 14 jaar (Junioren 3)</i>	
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:29.30 29,30	00:59.80(+59)
2. Luuk van Rooij (Nextline Swimming, 200400581) 50m 00:29.19 29,19	01:01.19(+77)
3. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253) 50m 00:29.70 29,70	01:01.48(+69)
4. Vince van der Pal (ZV 44, 200401869) 50m 00:31.01 31,01	01:03.59(+81)
5. Sybren Beeksma (TriVia, 200400133) 50m 00:30.73 30,73	01:03.81(+59)
6. Chris van der Hout (The Hague Swimming (SG), 200401355) 50m 00:31.31 31,31	01:03.83(+73)
7. Jort van der Vlag (WS Twente, 200400335) 50m 00:30.99 30,99	01:04.03(+70)
8. Serge Knops (Hellas-Glana, 200403867) 50m 00:31.04 31,04	01:05.06(+61)
9. Jon de Wit (De Ward, 200401969) 50m 00:31.33 31,33	01:05.54(+61)
10. Jay de Vries (The Hague Swimming (SG), 200400669) 50m 00:32.12 32,12	01:07.02(+74)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Keanu Streefland (OC-Racing Club, 200302445) 50m 00:28.50 28,50	00:59.84(+64)
2. Lukas Binnekamp (De Dinkel, 200300107) 50m 00:29.38 29,38	01:00.44(+67)
3. Tyrese Sitania (Aqua-Novio'94, 200301999) 50m 00:29.48 29,48	01:01.67(+60)
4. Luuk Bos (VZ&PC, 200300151) 50m 00:29.57 29,57	01:01.94(+56)
5. Matej Danis (Aqua-Novio'94, 200304745) 50m 00:29.63 29,63	01:02.53(+59)
6. Dylan Jansen (WVZ, 200300817) 50m 00:29.99 29,99	01:02.94(+63)
7. Dylan Smolders (ZPC AMERSFOORT, 200304923) 50m 00:30.66 30,66	01:02.98(+59)
8. Evano Ticoalu (Aqua-Novio'94, 200304751) 50m 00:31.48 31,48	01:04.32(+61)
9. Jelle Bon (ZVVS, 200301077) 50m 00:30.91 30,91	01:04.96(+61)
10. Ewald de Haas (WS Twente, 200301945) 50m 00:31.71 31,71	01:06.47(+64)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:27.88 27,88	00:57.31(+64)
2. Raf Hendriks (Hellas-Glana, 200100879) 50m 00:28.89 28,89	00:58.82(+60)

3. Stefan Tomicic (PSV, 200101271) 50m 00:28.20 28,20	00:59.13(+59)
4. Moritz Hoogers (Octopus, 200104865) 50m 00:28.25 28,25	00:59.47(+54)
5. Niels Dijkshoorn (ZVVS, 200203079) 50m 00:29.35 29,35	00:59.88(+63)
6. Léon van der Geest (OC-WS Twente, 200201005) 50m 00:28.17 28,17	00:59.90(+65)
7. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:29.16 29,16	00:59.99(+59)
8. Maquinho Vorst (OC-ZPC De Hof, 200204179) 50m 00:29.01 29,01	01:00.29(+64)
9. Lars Verhalle (VZC, 200200019) 50m 00:29.37 29,37	01:00.50(+73)
10. Mart Niehoff (ZPC AMERSFOORT, 200100759) 50m 00:30.51 30,51	01:03.18(+68)
12. 100m rugslag - Dames 11 - 15 jaar (<i>Jeugd 2 en later</i>)	
1. Diede Struijk (Nuenen, 200403824) [S13] 50m 00:41.42 41,42	01:24.04(+78)
2. Suzie Pellis (Hieronymus, 200701600) [S9] 50m 00:42.96 42,96	01:29.16(+83)
3. Rosalie van Druenen (De Warande, 200305066) [S9] 50m 00:43.59 43,59	01:30.49(+65)
4. Milou van Winkel (LinK, 200402296) [S14] 50m 00:44.40 44,40	01:31.29(+85)
5. Jenna Gorter (De Aalscholver, 200702746) [S9] 50m 00:53.52 53,52	01:49.70(+89)
13 - 13 jaar (<i>Junioren 3</i>)	
1. Jelsie van Ruijven (WVZ, 200500282) 50m 00:33.07 33,07	01:07.98(+60)
2. Demi Westendorp (Deltasteur, 200500262) 50m 00:33.36 33,36	01:08.90(+61)
3. Thera Janssen (Aqua-Novio'94, 200500270) 50m 00:33.35 33,35	01:09.10(+66)
4. Noa Teuben (FZC'54-De Vikings (SG), 200500254) 50m 00:33.22 33,22	01:09.22(+63)
5. Yke Groener (De Dinkel, 200500772) 50m 00:34.02 34,02	01:09.95(+76)
6. Larissa de Vos (ZVV, 200502728) 50m 00:33.68 33,68	01:10.73(+73)
7. Karlijn Offeringa (ZVVS, 200503292) 50m 00:34.25 34,25	01:10.94(+61)
8. Nicolien Corbeau (ZPC AMERSFOORT, 200504540) 50m 00:34.50 34,50	01:11.78(+72)
BM. Elise Tanis (OC-MNC Dordrecht, 200200120) 50m 00:31.29 31,29	BM
BM. Lotte Hosper (OC-Racing Club, 200201414) 50m 00:31.10 31,10	BM

BM. Carlijn Hansté (OC-WS Twente, 200201082)					BM
50m	00:31.64	31,64			
BM. Lieke Oude Lenferink (OC-WS Twente, 200200068)					BM
50m	00:31.11	31,11			
<i>14 - 15 jaar (Jeugd 1 en 2)</i>					
1. Milou van Wijk (MNC Dordrecht, 200404948)					01:04.45(+68)
50m	00:32.07	32,07			
2. Anna van Droffelaar (OC-ZVVS, 200400258)					01:04.86(+58)
50m	00:31.64	31,64			
3. Jetske Moot (ZPC AMERSFOORT, 200400230)					01:06.54(+63)
50m	00:32.38	32,38			
4. Josse Bergman (VZC, 200305146)					01:06.55(+63)
50m	00:32.90	32,90			
5. Britta Koehorst (OC-De Lansingh, 200300246)					01:07.53(+65)
50m	00:32.01	32,01			
6. Aniek van de Weerd (VZC, 200404136)					01:07.80(+64)
50m	00:33.25	33,25			
7. Joy van Dieren (De Dinkel, 200300182)					01:08.52(+61)
50m	00:33.16	33,16			
8. Ilse Volkers (DWK, 200301580)					01:08.71(+65)
50m	00:32.85	32,85			
9. Julia Notenboom (De Columbiaan, 200302596)					01:09.11(+84)
50m	00:33.57	33,57			
10. Joline Koop (Aqua'68, 200403174)					01:11.06(+75)
50m	00:35.27	35,27			
<i>16 - 16 jaar (Senioren 1)</i>					
30. 200m vlinderslag - Dames					
<i>11 - 11 jaar (Junioren 1)</i>					
1. Lotte Mudde (Zeester-Meerval, 200700502)					02:50.02(+87)
50m	00:37.31	37,31	100m	01:20.51	43,20
				150m	02:05.75
					45,24
2. Lyke Bellert (ZVV, 200701424)					02:58.96(+78)
50m	00:37.18	37,18	100m	01:21.08	43,90
				150m	02:09.84
					48,76
3. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)					03:09.36(+91)
50m	00:37.17	37,17	100m	01:24.46	47,29
				150m	02:19.37
					54,91
DIS. Ananda van der Wiel (WVZ, 200701562)					00:00.00
DIS. Fleur Kamminga (WVZ, 200701838)					00:00.00
31. 200m vlinderslag - Dames					
<i>12 - 12 jaar (Junioren 2)</i>					
1. Mara Tims (The Hague Swimming (SG), 200601136)					02:37.59(+72)
50m	00:33.78	33,78	100m	01:12.81	39,03
				150m	01:54.40
					41,59
2. Avery Collins (The Hague Swimming (SG), 200603622)					02:38.51(+98)
50m	00:35.64	35,64	100m	01:15.52	39,88
				150m	01:57.54
					42,02
3. Jade van der Maas (WVZ, 200600408)					02:45.41(+71)
50m	00:35.01	35,01	100m	01:16.94	41,93
				150m	02:00.25
					43,31
4. Evy Rozeboom (DAW, 200601338)					02:48.38(+85)
50m	00:37.22	37,22	100m	01:22.13	44,91
				150m	02:07.53
					45,40
5. Melissa Odemis (ZV Haerlem, 200602422)					02:53.72(+81)
50m	00:36.39	36,39	100m	01:19.89	43,50
				150m	02:07.03
					47,14
6. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)					02:56.03(+86)
50m	00:35.39	35,39	100m	01:18.53	43,14
				150m	02:08.21
					49,68

32. 200m wisselslag - Heren

12 - 12 jaar (Junioren 1)

1. Finn Broekhoven (PSV, 200600035)				02:27.28(+67)			
50m	00:31.88	31,88	100m 01:08.54	36,66	150m 01:53.75	45,21	
2. Senna Hof (DZ&PC, 200600761)				02:28.30(+73)			
50m	00:33.63	33,63	100m 01:13.36	39,73	150m 01:55.16	41,80	
3. Daan Sonneveld (WVZ, 200601085)				02:29.57(+71)			
50m	00:33.63	33,63	100m 01:10.95	37,32	150m 01:56.76	45,81	
4. Lars Bulman (ZC Aquadream, 200600125)				02:30.45(+81)			
50m	00:31.68	31,68	100m 01:11.45	39,77	150m 01:54.47	43,02	
5. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)				02:32.02(+80)			
50m	00:32.17	32,17	100m 01:11.18	39,01	150m 01:56.83	45,65	
6. Jip Bakker (Orca, 200600287)				02:37.33(+74)			
50m	00:35.03	35,03	100m 01:18.64	43,61	150m 02:01.73	43,09	
7. Samuel E Skibo (The Hague Swimming (SG), 200603977)				02:37.90(+74)			
50m	00:33.08	33,08	100m 01:11.81	38,73	150m 02:01.13	49,32	
8. Mark Demianenko (Zoetermeer, 200600409)				02:38.08(+66)			
50m	00:32.32	32,32	100m 01:14.76	42,44	150m 02:01.95	47,19	
9. Wout Koops (WS Twente, 200601543)				02:38.89(+80)			
50m	00:33.76	33,76	100m 01:14.77	41,01	150m 02:03.31	48,54	
10. Olivier Wilbers (ZPC Hoogeveen, 200600181)				02:39.08(+71)			
50m	00:36.82	36,82	100m 01:16.68	39,86	150m 02:04.47	47,79	
11. Joe van den Hooff (PSV, 200600559)				02:39.38(+75)			
50m	00:33.21	33,21	100m 01:18.70	45,49	150m 02:03.10	44,40	
12. Ivar Kleuver (De Aalscholver, 200601457)				02:40.79(+73)			
50m	00:34.47	34,47	100m 01:13.74	39,27	150m 02:05.70	51,96	
13. Cai Mink (ZPC Hoogeveen, 200601683)				02:41.77(+78)			
50m	00:34.91	34,91	100m 01:16.32	41,41	150m 02:04.16	47,84	
14. Kylian Oosterveen (ZPC De Zeeuwse Kust, 200600651)				02:42.32(+79)			
50m	00:36.10	36,10	100m 01:17.37	41,27	150m 02:05.54	48,17	
15. Joris Lissenberg (The Hague Swimming (SG), 200600585)				02:42.54(+73)			
50m	00:33.27	33,27	100m 01:14.90	41,63	150m 02:03.43	48,53	
16. Joeri Harreman (De Schelde, 200600469)				02:46.66(+67)			
50m	00:36.88	36,88	100m 01:20.02	43,14	150m 02:09.47	49,45	

33. 200m wisselslag - Heren

13 - 13 jaar (Junioren 2)

1. Cas Verstegen (HZPC, 200500891)				02:22.27(+73)			
50m	00:30.69	30,69	100m 01:09.03	38,34	150m 01:48.85	39,82	
2. Gabriel Been (The Hague Swimming (SG), 200501467)				02:22.82(+78)			
50m	00:30.43	30,43	100m 01:07.81	37,38	150m 01:49.83	42,02	
3. Tijn van Kuijk (HZPC, 200501087)				02:22.99(+71)			
50m	00:30.56	30,56	100m 01:09.42	38,86	150m 01:49.37	39,95	
4. Emiel van Oord (The Hague Swimming (SG), 200503707)				02:24.10(+74)			
50m	00:29.65	29,65	100m 01:09.55	39,90	150m 01:49.94	40,39	
5. River Streefland (The Hague Swimming (SG), 200502253)				02:24.49(+72)			
50m	00:32.42	32,42	100m 01:10.88	38,46	150m 01:51.30	40,42	
6. Sven Klink (ZV 44, 200500349)				02:24.54(+70)			
50m	00:31.10	31,10	100m 01:09.34	38,24	150m 01:52.34	43,00	
7. Colin Bes (Zwemclub Polaris, 200500201)				02:24.62(+74)			

	50m 00:31.08 31,08	100m 01:08.29 37,21	150m 01:51.83 43,54	
8. Domingo Kuipers (Orca, 200501787)	50m 00:31.30 31,30	100m 01:08.89 37,59	150m 01:52.30 43,41	02:24.96(+61)
9. Émile Fouzaï (The Hague Swimming (SG), 200500263)	50m 00:30.97 30,97	100m 01:09.46 38,49	150m 01:52.76 43,30	02:25.16(+76)
10. Rolf ter Keurs (De Veene, 200500137)	50m 00:31.07 31,07	100m 01:07.12 36,05	150m 01:51.72 44,60	02:25.37(+86)
11. Yanieck Frijstein (The Hague Swimming (SG), 200500329)	50m 00:32.37 32,37	100m 01:10.30 37,93	150m 01:51.93 41,63	02:25.91(+77)
12. Steijn Louter (Hieronymus, 200500793)	50m 00:31.62 31,62	100m 01:10.01 38,39	150m 01:50.93 40,92	02:26.35(+84)
13. Nicholas Heinio-Widell (The Hague Swimming (SG), 200504141)	50m 00:30.35 30,35	100m 01:09.38 39,03	150m 01:54.03 44,65	02:28.66(+65)
14. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)	50m 00:31.23 31,23	100m 01:08.96 37,73	150m 01:54.87 45,91	02:28.94(+69)
15. Miles Steenvoorden (De Dolfijn, 200501637)	50m 00:31.14 31,14	100m 01:12.90 41,76	150m 01:55.44 42,54	02:29.36(+82)
16. Wouter Sies (TriVia, 200500369)	50m 00:31.50 31,50	100m 01:11.33 39,83	150m 01:55.09 43,76	02:29.50(+78)
17. Mika Bongers (ESCA Zwemmen, 200502683)	50m 00:32.69 32,69	100m 01:11.70 39,01	150m 01:54.34 42,64	02:29.55(+67)
18. Luka Geraerds (Hellas-Glana, 200502077)	50m 00:32.62 32,62	100m 01:10.32 37,70	150m 01:57.89 47,57	02:31.10(+83)
19. Björn Verkaik (The Hague Swimming (SG), 200500411)	50m 00:32.46 32,46	100m 01:12.29 39,83	150m 01:59.64 47,35	02:34.36(+70)
20. Lars Minnaert (VZV Njord, 200502355)	50m 00:33.32 33,32	100m 01:12.60 39,28	150m 02:01.70 49,10	02:34.80(+69)
20. 200m wisselslag - Heren				
12 - 17 jaar				
1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13]	50m 00:29.28 29,28	100m 01:05.03 35,75	150m 01:45.73 40,70	02:18.30(+75)
2. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]	50m 00:30.00 30,00	100m 01:08.49 38,49	150m 01:53.40 44,91	02:27.93(+85)
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	50m 00:35.84 35,84	100m 01:19.80 43,96	150m 02:08.73 48,93	02:49.19(+76)
4. Josh Renkema (De Otters Het Gooi, 200402537) [S6]	50m 00:58.23 58,23	100m 01:56.87 58,64	150m 03:07.70 70,83	04:02.79
14 - 14 jaar (Junioren 3)				
1. Stephan De Freitas Steverink (PSV, 200404481)	50m 00:28.41 28,41	100m 01:02.22 33,81	150m 01:37.91 35,69	02:07.51(+67)
2. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	50m 00:28.03 28,03	100m 01:02.34 34,31	150m 01:42.48 40,14	02:13.50(+74)
3. Simon Claasen (ZPC AMERSFOORT, 200400231)	50m 00:27.57 27,57	100m 01:02.82 35,25	150m 01:43.56 40,74	02:13.95(+62)
4. Abel te Riele (WVZ, 200402317)	50m 00:29.15 29,15	100m 01:04.82 35,67	150m 01:44.75 39,93	02:15.57(+73)
5. Ruben Claasen (ZPC AMERSFOORT, 200400229)	50m 00:29.36 29,36	100m 01:05.91 36,55	150m 01:45.57 39,66	02:17.50(+65)
6. David Groenewegen (PSV, 200400469)				02:17.73(+78)

	50m 00:29.00 29,00	100m 01:04.69 35,69	150m 01:45.77 41,08	
7. Merlin Belmon (De Dolfijn, 200403191)	50m 00:27.69 27,69	100m 01:03.94 36,25	150m 01:46.70 42,76	02:19.57(+76)
8. Kaito van Meeteren (De Dolfijn, 200404271)	50m 00:30.69 30,69	100m 01:08.03 37,34	150m 01:50.40 42,37	02:23.86(+77)
9. Luca Janssen (Mosa-Regio, 200403237)	50m 00:30.32 30,32	100m 01:08.18 37,86	150m 01:49.94 41,76	02:25.39(+77)
10. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	50m 00:29.35 29,35	100m 01:07.83 38,48	150m 01:50.83 43,00	02:28.25(+76)
<i>15 - 15 jaar (Junioren 4)</i>				
1. Angus Corbeau (ZPC AMERSFOORT, 200304641)	50m 00:28.22 28,22	100m 01:03.10 34,88	150m 01:40.34 37,24	02:12.03(+69)
2. Esper Schreurs (ZEPS, 200300433)	50m 00:29.00 29,00	100m 01:02.08 33,08	150m 01:40.47 38,39	02:12.54(+76)
3. Kylian Heederik (Deltasteur, 200300353)	50m 00:28.84 28,84	100m 01:02.66 33,82	150m 01:40.79 38,13	02:13.18(+71)
4. Perry Laarhoven (ZPC Numansdorp, 200301321)	50m 00:28.22 28,22	100m 01:03.96 35,74	150m 01:42.52 38,56	02:15.18(+77)
5. Lukas Binnekamp (De Dinkel, 200300107)	50m 00:28.92 28,92	100m 01:03.21 34,29	150m 01:45.64 42,43	02:19.30(+76)
6. Stan De Swart (Nextline Swimming, 200300535)	50m 00:30.12 30,12	100m 01:05.46 35,34	150m 01:47.04 41,58	02:19.36(+77)
7. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	50m 00:28.18 28,18	100m 01:05.06 36,88	150m 01:46.74 41,68	02:21.10(+69)
8. Luuk Bos (VZ&PC, 200300151)	50m 00:27.23 27,23	100m 01:01.77 34,54	150m 01:45.54 43,77	02:21.12(+62)
9. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:29.86 29,86	100m 01:09.02 39,16	150m 01:52.48 43,46	02:26.90(+73)
DIS. Dylan Smolders (ZPC AMERSFOORT, 200304923)				00:00.00
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Luc Kroon (OC-Ed-Vo, 200100697)	50m 00:27.14 27,14	100m 00:59.83 32,69	150m 01:38.23 38,40	02:07.11(+77)
2. Lars Verhalle (VZC, 200200019)	50m 00:27.22 27,22	100m 01:00.35 33,13	150m 01:38.60 38,25	02:08.11(+83)
3. Thomas Jansen (OC-WVZ, 200100143)	50m 00:27.68 27,68	100m 01:01.05 33,37	150m 01:37.68 36,63	02:08.35(+76)
4. Jarno Koster (Aqua-Novio'94, 200200637)	50m 00:27.19 27,19	100m 01:01.24 34,05	150m 01:38.62 37,38	02:10.18(+72)
5. Emile Dost (Borger, 200100731)	50m 00:27.38 27,38	100m 01:00.47 33,09	150m 01:39.29 38,82	02:11.19(+77)
6. Jelle Smid (Aqua-Novio'94, 200100627)	50m 00:27.60 27,60	100m 01:01.19 33,59	150m 01:40.76 39,57	02:11.91(+69)
7. Bram Zwetsloot (Nuenen, 200202117)	50m 00:27.88 27,88	100m 01:03.64 35,76	150m 01:40.86 37,22	02:12.01(+60)
8. David Anthonio (KSN (SG), 200102551)	50m 00:29.52 29,52	100m 01:04.10 34,58	150m 01:43.39 39,29	02:14.54(+79)
9. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	50m 00:27.94 27,94	100m 01:04.95 37,01	150m 01:44.61 39,66	02:15.68(+70)
10. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:28.23(+72)

50m 00:29.78 29,78 100m 01:07.73 37,95 150m 01:52.88 45,15

23. 200m wisselslag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Suzie Pellis (Hieronymus, 200701600) [S9] 03:08.12(+92)
50m 00:42.57 42,57 100m 01:30.36 47,79 150m 02:25.34 54,98
2. Rosalie van Druenen (De Warande, 200305066) [S9] 03:12.94(+91)
50m 00:40.79 40,79 100m 01:28.18 47,39 150m 02:27.63 59,45
3. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10] 03:06.89(+76)
50m 00:42.21 42,21 100m 01:30.25 48,04 150m 02:26.44 56,19
4. Iris Onnink (DWK, 200301836) [S10] 03:07.59(+76)
50m 00:41.53 41,53 100m 01:34.01 52,48 150m 02:25.75 51,74
5. Milou van Winkel (LinK, 200402296) [S14] 03:12.16(+78)
50m 00:42.06 42,06 100m 01:33.62 51,56 150m 02:31.77 58,15

13 - 13 jaar (Junioren 3)

1. Jelsie van Ruijven (WVZ, 200500282) 02:26.92(+70)
50m 00:31.98 31,98 100m 01:09.35 37,37 150m 01:52.77 43,42
2. Bridget Vermeer (VZC, 200501766) 02:30.31(+77)
50m 00:30.75 30,75 100m 01:11.87 41,12 150m 01:53.85 41,98
3. Merel Schravendijk (The Hague Swimming (SG), 200503382) 02:30.92(+72)
50m 00:32.63 32,63 100m 01:12.70 40,07 150m 01:57.29 44,59
4. Lianne Beekman (ZVV, 200500124) 02:32.44(+75)
50m 00:31.68 31,68 100m 01:11.75 40,07 150m 01:56.72 44,97
5. Sophia van Droffelaar (ZVVS, 200500330) 02:33.31(+78)
50m 00:33.71 33,71 100m 01:14.09 40,38 150m 01:57.82 43,73
6. Yke Groener (De Dinkel, 200500772) 02:36.91(+81)
50m 00:33.98 33,98 100m 01:13.12 39,14 150m 02:03.45 50,33
7. Roos Arnold (ZV 44, 200500060) 02:37.30(+73)
50m 00:33.71 33,71 100m 01:15.30 41,59 150m 02:00.43 45,13
8. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218) 02:38.17(+84)
50m 00:33.91 33,91 100m 01:12.59 38,68 150m 02:02.59 50,00
9. Nicolien Corbeau (ZPC AMERSFOORT, 200504540) 02:38.45(+79)
50m 00:33.12 33,12 100m 01:13.02 39,90 150m 02:00.89 47,87
10. Isa Maes (Feijenoord Albion Zwemclub, 200500110) 02:38.88(+83)
50m 00:33.77 33,77 100m 01:16.87 43,10 150m 02:03.02 46,15

14 - 15 jaar (Jeugd 1 en 2)

1. Silke Huisman (Orca, 200301182) 02:20.93(+73)
50m 00:30.51 30,51 100m 01:07.06 36,55 150m 01:47.07 40,01
2. Anna van Droffelaar (OC-ZVVS, 200400258) 02:23.80(+64)
50m 00:30.49 30,49 100m 01:07.47 36,98 150m 01:49.75 42,28
3. Sterre Hendriks (PSV, 200401288) 02:24.29(+78)
50m 00:30.28 30,28 100m 01:08.28 38,00 150m 01:50.46 42,18
4. Janna van Kooten (TriVia, 200404584) 02:24.96(+88)
50m 00:30.17 30,17 100m 01:08.81 38,64 150m 01:52.50 43,69
5. Kirsten Verhale (VZC, 200400210) 02:26.48(+82)
50m 00:31.18 31,18 100m 01:08.92 37,74 150m 01:52.51 43,59
6. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622) 02:27.01(+72)
50m 00:31.58 31,58 100m 01:07.09 35,51 150m 01:51.53 44,44
7. Josse Bergman (VZC, 200305146) 02:28.68(+73)
50m 00:31.22 31,22 100m 01:08.49 37,27 150m 01:53.64 45,15

8. Emma Hofstee (TriVia, 200401282)				02:29.49(+91)	
50m	00:31.74 31,74	100m	01:12.46 40,72	150m	01:54.10 41,64
9. Maaïke Issard (VZC, 200300022)				02:30.44(+86)	
50m	00:31.08 31,08	100m	01:10.26 39,18	150m	01:54.88 44,62
10. Lotte Pieterman (ZV 44, 200301838)				02:30.85(+68)	
50m	00:31.51 31,51	100m	01:11.57 40,06	150m	01:55.59 44,02

24. 4x200m vrije slag heren

25. 4x100m vrije slag dames

NJJK lange baan 2019 sessie 4 - zaterdag 15 juni 2019 om 08:30u (50 m)

Aanvangstijd juryvergadering: 07:30u

34. 400m vrije slag - Heren

16 - 17 jaar (Jeugd 1 en 2)

1. Luc Kroon (OC-Ed-Vo, 200100697)					03:57.68(+79)
50m	00:27.90 27,90	100m	01:28.72 30,58	150m	02:28.98 30,04
100m	00:58.14 30,24	200m	01:58.94 30,22	250m	02:58.24 29,26
300m	03:28.01 29,77	350m	03:28.01 29,77	400m	03:57.68 29,77
2. Sander Crooijmans (OC-VZC, 200100383)					04:02.27(+77)
50m	00:27.77 27,77	100m	01:28.73 30,67	150m	02:29.97 30,50
100m	00:58.06 30,29	200m	01:59.47 30,74	250m	02:59.97 30,50
300m	03:31.69 30,90	350m	03:31.69 30,90	400m	04:02.27 30,90
3. Vincent Crooijmans (OC-VZC, 200100381)					04:02.91(+80)
50m	00:28.00 28,00	100m	01:28.94 30,71	150m	02:30.43 30,54
100m	00:58.23 30,23	200m	01:59.89 30,95	250m	02:30.43 30,54
300m	03:32.47 31,08	350m	03:32.47 31,08	400m	04:02.91 31,08
4. Thomas Jansen (OC-WVZ, 200100143)					04:07.68(+75)
50m	00:28.45 28,45	100m	01:30.43 31,25	150m	02:33.25 31,33
100m	00:59.18 30,73	200m	02:01.92 31,49	250m	02:33.25 31,33
300m	03:36.34 31,43	350m	03:36.34 31,43	400m	04:07.68 31,43
5. Owen Peeks (ZPC Hoogeveen, 200100765)					04:09.19(+79)
50m	00:28.71 28,71	100m	01:31.83 31,55	150m	02:35.58 31,44
100m	01:00.28 31,57	200m	02:04.14 32,31	250m	02:35.58 31,44
300m	03:39.23 31,33	350m	03:39.23 31,33	400m	04:09.19 31,33
6. Raf Hendriks (Hellas-Glana, 200100879)					04:11.38(+83)
50m	00:28.32 28,32	100m	01:31.30 31,51	150m	02:35.31 32,05
100m	00:59.79 31,47	200m	02:03.26 31,96	250m	02:35.31 32,05
300m	03:40.21 32,59	350m	03:40.21 32,59	400m	04:11.38 32,59
7. Jelle Smid (Aqua-Novio'94, 200100627)					04:11.39(+68)
50m	00:27.87 27,87	100m	01:31.69 32,13	150m	02:36.81 32,53
100m	00:59.56 31,69	200m	02:04.28 32,59	250m	02:36.81 32,53
300m	03:41.51 32,05	350m	03:41.51 32,05	400m	04:11.39 32,05
8. Max Visser (WVZ, 200100077)					04:12.94(+76)
50m	00:29.03 29,03	100m	01:32.28 31,95	150m	02:36.52 32,47
100m	01:00.33 31,30	200m	02:04.05 31,77	250m	02:36.52 32,47
300m	03:41.83 32,84	350m	03:41.83 32,84	400m	04:12.94 32,84
9. David Anthonio (KSN (SG), 200102551)					04:13.24(+75)
50m	00:28.70 28,70	100m	01:32.44 31,73	150m	02:36.92 31,90
100m	01:00.71 32,01	200m	02:05.02 32,58	250m	02:36.92 31,90
300m	03:40.82 31,89	350m	03:40.82 31,89	400m	04:13.24 31,89
10. Elroy Schot (De Dolfijn, 200200689)					04:15.36(+75)
50m	00:28.54 28,54	100m	01:30.74 31,38	150m	02:34.82 32,37
100m	00:59.36 30,82	200m	02:02.45 31,71	250m	02:34.82 32,37
300m	03:41.75 33,57	350m	03:41.75 33,57	400m	04:15.36 33,57
11. Niels Dijkshoorn (ZVVS, 200203079)					04:17.49(+68)
50m	00:29.24 29,24	100m	01:33.85 32,78	150m	02:39.88 32,93
100m	01:01.07 31,83	200m	02:06.95 33,10	250m	02:39.88 32,93
300m	03:46.24 32,81	350m	03:46.24 32,81	400m	04:17.49 32,81
12. Sem Zijl (De Dolfijn, 200204757)					04:17.59(+64)
50m	00:29.50 29,50	100m	01:34.64 32,98	150m	02:40.89 33,17
100m	01:01.66 32,16	200m	02:07.72 33,08	250m	02:40.89 33,17
300m	03:46.97 32,80	350m	03:46.97 32,80	400m	04:17.59 32,80
13. Bryan Agterdenbos (PSV, 200200003)					04:17.67(+74)
50m	00:28.57 28,57	100m	01:33.17 32,76	150m	02:39.25 33,17
100m	01:00.41 31,84	200m	02:06.08 32,91	250m	02:39.25 33,17
300m	03:44.86 32,58	350m	03:44.86 32,58	400m	04:17.67 32,58
14. Luc van Eijndhoven (PSV, 200200139)					04:24.37(+77)

	50m 00:29.76 29,76	150m 01:35.89 32,74	250m 02:42.64 33,42	350m 03:51.04 34,34	
	100m 01:03.15 33,39	200m 02:09.22 33,33	300m 03:16.70 34,06		
15. Finn Vos (De Dolfijn, 200200665)					04:30.15(+75)
	50m 00:29.83 29,83	150m 01:36.98 34,14	250m 02:46.59 34,78	350m 03:56.62 34,69	
	100m 01:02.84 33,01	200m 02:11.81 34,83	300m 03:21.93 35,34		
35. 400m vrije slag - Dames					
11 - 11 jaar (Junioren 1)					
1. Robin Vermeulen (MNC Dordrecht, 200700412)					05:00.44(+85)
	50m 00:33.79 33,79	150m 01:49.72 38,89	250m 03:08.40 39,58	350m 04:24.83 37,84	
	100m 01:10.83 37,04	200m 02:28.82 39,10	300m 03:46.99 38,59		
2. Angelina Rolman (WZ&PC Purmerend, 200701972)					05:04.80(+85)
	50m 00:34.17 34,17	150m 01:51.75 39,53	250m 03:11.39 39,61	350m 04:29.98 38,79	
	100m 01:12.22 38,05	200m 02:31.78 40,03	300m 03:51.19 39,80		
3. Nynke Boerefijn (De Fuut, 200700114)					05:05.76(+81)
	50m 00:33.91 33,91	150m 01:50.74 39,36	250m 03:09.71 39,58	350m 04:28.11 38,89	
	100m 01:11.38 37,47	200m 02:30.13 39,39	300m 03:49.22 39,51		
4. Ylva Konings (Hellas-Glana, 200700148)					05:08.41(+81)
	50m 00:33.84 33,84	150m 01:51.32 39,40	250m 03:11.95 40,58	350m 04:31.05 39,27	
	100m 01:11.92 38,08	200m 02:31.37 40,05	300m 03:51.78 39,83		
5. Yara Mels (TRB-RES, 200700232)					05:08.99(+73)
	50m 00:34.53 34,53	150m 01:52.27 39,75	250m 03:12.51 40,52	350m 04:32.12 39,90	
	100m 01:12.52 37,99	200m 02:31.99 39,72	300m 03:52.22 39,71		
6. Rosa Kremers (TRB-RES, 200701224)					05:15.01(+77)
	50m 00:35.14 35,14	150m 01:54.81 40,08	250m 03:15.64 40,74	350m 04:37.28 40,86	
	100m 01:14.73 39,59	200m 02:34.90 40,09	300m 03:56.42 40,78		
7. Charlotte Woltjes (The Hague Swimming (SG), 200700110)					05:19.12(+66)
	50m 00:34.41 34,41	150m 01:54.44 40,48	250m 03:17.53 41,81	350m 04:40.43 41,08	
	100m 01:13.96 39,55	200m 02:35.72 41,28	300m 03:59.35 41,82		
8. Féline Sam (ZVZ, 200700018)					05:20.45(+80)
	50m 00:36.00 36,00	150m 01:58.41 41,61	250m 03:22.24 42,19	350m 04:43.77 40,10	
	100m 01:16.80 40,80	200m 02:40.05 41,64	300m 04:03.67 41,43		
9. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)					05:25.22(+78)
	50m 00:35.85 35,85	150m 01:58.30 41,78	250m 03:22.24 42,24	350m 04:46.59 40,90	
	100m 01:16.52 40,67	200m 02:40.00 41,70	300m 04:05.69 43,45		
10. Maya Petroutsos (KZC, 200701814)					05:25.86(+83)
	50m 00:36.38 36,38	150m 02:00.31 42,12	250m 03:24.05 40,90	350m 04:47.28 40,85	
	100m 01:18.19 41,81	200m 02:43.15 42,84	300m 04:06.43 42,38		
11. Alexandra Gepkens (Aqua-Novio'94, 200701690)					05:27.88(+71)
	50m 00:35.55 35,55	150m 01:57.27 41,82	250m 03:21.07 42,52	350m 04:46.06 42,13	
	100m 01:15.45 39,90	200m 02:38.55 41,28	300m 04:03.93 42,86		
12. Barbara Broekhuis (De Dinkel, 200700880)					05:37.54(+83)
	50m 00:37.04 37,04	150m 02:01.03 42,58	250m 03:28.47 43,09	350m 04:55.91 44,87	
	100m 01:18.45 41,41	200m 02:45.38 44,35	300m 04:11.04 42,57		
36. 400m vrije slag - Dames					
12 - 12 jaar (Junioren 2)					
1. Noor Vermeer (SBC2000, 200600752)					04:51.63(+87)
	50m 00:33.42 33,42	150m 01:46.85 37,41	250m 03:02.19 37,62	350m 04:16.16 36,50	
	100m 01:09.44 36,02	200m 02:24.57 37,72	300m 03:39.66 37,47		
2. Charley Blide (TriVia, 200600164)					04:51.88(+79)
	50m 00:31.84 31,84	150m 01:44.90 37,04	250m 03:01.03 37,57	350m 04:15.86 36,52	
	100m 01:07.86 36,02	200m 02:23.46 38,56	300m 03:39.34 38,31		
3. Elydjah van der Heul (The Hague Swimming (SG), 200602180)					04:55.64(+77)
	50m 00:32.74 32,74	150m 01:46.13 37,89	250m 03:02.41 38,26	350m 04:18.91 38,22	
	100m 01:08.24 35,50	200m 02:24.15 38,02	300m 03:40.69 38,28		

4. Megan Jonkman (The Hague Swimming (SG), 200600508)					04:55.73(+82)
50m	00:32.84 32,84	150m 01:47.26 38,06	250m 03:04.04 38,24	350m 04:19.35 37,64	
100m	01:09.20 36,36	200m 02:25.80 38,54	300m 03:41.71 37,67		
5. Natasha Buiting (Aqua-Novio'94, 200603980)					04:56.48(+68)
50m	00:33.48 33,48	150m 01:47.95 38,05	250m 03:03.61 37,87	350m 04:19.95 38,42	
100m	01:09.90 36,42	200m 02:25.74 37,79	300m 03:41.53 37,92		
6. Djanilla Brink (DAW, 200600988)					04:57.93(+84)
50m	00:33.26 33,26	150m 01:47.99 37,74	250m 03:05.53 38,98	350m 04:21.45 37,46	
100m	01:10.25 36,99	200m 02:26.55 38,56	300m 03:43.99 38,46		
7. Avery Collins (The Hague Swimming (SG), 200603622)					04:58.22(+68)
50m	00:34.02 34,02	150m 01:48.80 37,73	250m 03:05.54 38,16	350m 04:21.44 37,48	
100m	01:11.07 37,05	200m 02:27.38 38,58	300m 03:43.96 38,42		
8. Anouk van Hattum (Hellas-Glana, 200600738)					05:00.71(+77)
50m	00:33.36 33,36	150m 01:50.69 39,25	250m 03:09.02 39,06	350m 04:25.19 37,69	
100m	01:11.44 38,08	200m 02:29.96 39,27	300m 03:47.50 38,48		
9. Sara Korhuis (Apexswim, 200600494)					05:01.96(+73)
50m	00:33.00 33,00	150m 01:48.44 38,38	250m 03:06.48 39,10	350m 04:24.58 38,43	
100m	01:10.06 37,06	200m 02:27.38 38,94	300m 03:46.15 39,67		
10. Linde van Wijngaarden (De Dolfijn, 200601372)					05:03.18(+77)
50m	00:33.71 33,71	150m 01:48.89 37,63	250m 03:06.03 38,51	350m 04:24.20 39,16	
100m	01:11.26 37,55	200m 02:27.52 38,63	300m 03:45.04 39,01		
11. Kim Oudendijk (DAW, 200600964)					05:06.20(+82)
50m	00:34.21 34,21	150m 01:52.25 39,91	250m 03:10.59 39,11	350m 04:29.23 39,25	
100m	01:12.34 38,13	200m 02:31.48 39,23	300m 03:49.98 39,39		
12. Félinn van Lienden (Hieronymus, 200602038)					05:07.46(+82)
50m	00:34.23 34,23	150m 01:51.68 39,14	250m 03:10.39 39,04	350m 04:29.56 39,19	
100m	01:12.54 38,31	200m 02:31.35 39,67	300m 03:50.37 39,98		
13. Leyla Oversluizen (MNC Dordrecht, 200602730)					05:07.88(+73)
50m	00:33.67 33,67	150m 01:51.61 39,42	250m 03:11.08 39,87	350m 04:30.82 39,96	
100m	01:12.19 38,52	200m 02:31.21 39,60	300m 03:50.86 39,78		
14. Evy Rozeboom (DAW, 200601338)					05:08.95(+65)
50m	00:34.02 34,02	150m 01:52.10 39,54	250m 03:12.15 39,95	350m 04:31.46 39,75	
100m	01:12.56 38,54	200m 02:32.20 40,10	300m 03:51.71 39,56		
37. 400m vrije slag - Dames					
14 - 15 jaar (Jeugd 1 en 2)					
1. Janna van Kooten (TriVia, 200404584)					04:28.99(+83)
50m	00:29.42 29,42	150m 01:36.70 34,64	250m 02:45.99 34,68	350m 03:55.02 34,45	
100m	01:02.06 32,64	200m 02:11.31 34,61	300m 03:20.57 34,58		
2. Gaia Sterre Mirotti (VZC, 200305158)					04:29.95(+78)
50m	00:30.27 30,27	150m 01:37.81 34,05	250m 02:47.19 34,64	350m 03:56.42 34,18	
100m	01:03.76 33,49	200m 02:12.55 34,74	300m 03:22.24 35,05		
3. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)					04:31.54(+72)
50m	00:30.14 30,14	150m 01:37.98 34,57	250m 02:47.73 34,60	350m 03:57.68 34,85	
100m	01:03.41 33,27	200m 02:13.13 35,15	300m 03:22.83 35,10		
4. Lize van den Nieuwenhuijzen (Nextline Swimming, 200304454)					04:37.84(+80)
50m	00:30.76 30,76	150m 01:39.03 34,49	250m 02:50.70 36,08	350m 04:03.21 36,27	
100m	01:04.54 33,78	200m 02:14.62 35,59	300m 03:26.94 36,24		
5. Kirsten Verhalle (VZC, 200400210)					04:39.46(+85)
50m	00:31.06 31,06	150m 01:41.30 35,02	250m 02:53.27 36,03	350m 04:05.04 35,58	
100m	01:06.28 35,22	200m 02:17.24 35,94	300m 03:29.46 36,19		
6. Charlotte Wilbers (ZPC Hoogeveen, 200400312)					04:40.36(+79)
50m	00:31.36 31,36	150m 01:42.33 35,61	250m 02:54.13 35,88	350m 04:06.14 35,40	
100m	01:06.72 35,36	200m 02:18.25 35,92	300m 03:30.74 36,61		
7. Ymke Dragstra (ZPC AMERSFOORT, 200300930)					04:40.55(+64)

	50m 00:30.81 30,81	150m 01:42.26 35,98	250m 02:54.18 35,75	350m 04:05.95 35,72	
	100m 01:06.28 35,47	200m 02:18.43 36,17	300m 03:30.23 36,05		
8. Vera Renshof (DWK, 200301582)					04:40.64(+73)
	50m 00:31.69 31,69	150m 01:44.24 36,56	250m 02:57.23 36,37	350m 04:08.34 34,98	
	100m 01:07.68 35,99	200m 02:20.86 36,62	300m 03:33.36 36,13		
9. Imke Beekman (Hellas-Glana, 200301950)					04:41.50(+79)
	50m 00:31.06 31,06	150m 01:41.50 35,42	250m 02:53.56 35,79	350m 04:06.64 36,38	
	100m 01:06.08 35,02	200m 02:17.77 36,27	300m 03:30.26 36,70		
10. Danielle Meinema (ZV 44, 200300534)					04:43.08(+84)
	50m 00:31.76 31,76	150m 01:43.26 36,13	250m 02:55.01 35,81	350m 04:07.90 36,46	
	100m 01:07.13 35,37	200m 02:19.20 35,94	300m 03:31.44 36,43		
11. Dominique Dingshoff (ZPC Hoogeveen, 200400804)					04:44.43(+80)
	50m 00:31.62 31,62	150m 01:42.63 36,01	250m 02:57.00 37,54	350m 04:10.57 36,70	
	100m 01:06.62 35,00	200m 02:19.46 36,83	300m 03:33.87 36,87		
12. Rinske Bouman (The Hague Swimming (SG), 200400578)					04:45.75(+83)
	50m 00:32.11 32,11	150m 01:44.04 36,59	250m 02:57.58 36,30	350m 04:10.57 35,66	
	100m 01:07.45 35,34	200m 02:21.28 37,24	300m 03:34.91 37,33		
13. Femke Doorenbos (De Duinkickers, 200404214)					04:46.65(+80)
	50m 00:31.97 31,97	150m 01:43.35 36,30	250m 02:57.94 37,28	350m 04:11.91 36,34	
	100m 01:07.05 35,08	200m 02:20.66 37,31	300m 03:35.57 37,63		
14. Lara Hoeksema (The Hague Swimming (SG), 200400514)					04:47.31(+81)
	50m 00:30.98 30,98	150m 01:43.24 36,56	250m 02:56.53 36,67	350m 04:11.48 37,20	
	100m 01:06.68 35,70	200m 02:19.86 36,62	300m 03:34.28 37,75		
15. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)					04:52.38(+73)
	50m 00:31.50 31,50	150m 01:44.23 37,18	250m 02:57.96 36,87	350m 04:14.33 38,78	
	100m 01:07.05 35,55	200m 02:21.09 36,86	300m 03:35.55 37,59		
16. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)					04:55.29(+77)
	50m 00:31.81 31,81	150m 01:44.78 37,04	250m 03:00.26 37,88	350m 04:17.72 38,92	
	100m 01:07.74 35,93	200m 02:22.38 37,60	300m 03:38.80 38,54		
BM. Imani de Jong (OC-ZPCH, 200200464)					BM
	50m 00:28.76 28,76	150m 01:33.62 32,87	250m 02:39.90 33,27	350m 03:46.63 33,34	
	100m 01:00.75 31,99	200m 02:06.63 33,01	300m 03:13.29 33,39		
DIS. Lindsey Berghuis (ZV 44, 200300104)					00:00.00
38. 100m vlinderslag - Heren					
	<i>12 - 12 jaar (Junioren 1)</i>				
1. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)					01:08.78(+76)
	50m 00:32.44 32,44				
2. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)					01:08.95(+78)
	50m 00:32.32 32,32				
3. Lars Bulman (ZC Aquadream, 200600125)					01:10.07(+69)
	50m 00:32.38 32,38				
4. Mark Demianenko (Zoetermeer, 200600409)					01:10.16(+68)
	50m 00:32.26 32,26				
5. Finn Broekhoven (PSV, 200600035)					01:10.31(+67)
	50m 00:32.40 32,40				
6. Yagiz Atilgan (ZVVS, 200601453)					01:10.91(+68)
	50m 00:32.73 32,73				
7. Marcel Hofstede (The Hague Swimming (SG), 200603931)					01:11.65(+47)
	50m 00:33.32 33,32				
8. Samuel E Skibo (The Hague Swimming (SG), 200603977)					01:12.21(+76)
	50m 00:32.50 32,50				
9. Joe van den Hooff (PSV, 200600559)					01:12.37(+72)

	50m 00:32.98 32,98	
10.	Senna Hof (DZ&PC, 200600761) 50m 00:33.70 33,70	01:12.66(+77)
11.	Daniel Simons (PSV, 200602017) 50m 00:34.35 34,35	01:13.18(+63)
12.	Christian van der Werf (Deltasteur, 200600191) 50m 00:32.60 32,60	01:14.08(+69)
13.	Dimi Stoyanov (The Hague Swimming (SG), 200601067) 50m 00:33.36 33,36	01:14.33(+72)
14.	Joris Lissenberg (The Hague Swimming (SG), 200600585) 50m 00:33.10 33,10	01:15.85(+72)
15.	Bas Blanker (ZPB H&L Productions, 200601497) 50m 00:34.71 34,71	01:16.09(+74)
39.	100m vlinderslag - Heren 13 - 13 jaar (Junioren 2)	
1.	Cas Verstegen (HZPC, 200500891) 50m 00:29.27 29,27	01:02.83(+73)
2.	Gabriel Been (The Hague Swimming (SG), 200501467) 50m 00:29.66 29,66	01:04.34(+78)
3.	Émile Fouzaï (The Hague Swimming (SG), 200500263) 50m 00:29.89 29,89	01:04.52(+77)
4.	Mats Meyer (Nova, 200500095) 50m 00:30.29 30,29	01:04.66(+81)
5.	Emiel van Oord (The Hague Swimming (SG), 200503707) 50m 00:29.81 29,81	01:04.87(+72)
6.	Tijn van Kuijk (HZPC, 200501087) 50m 00:30.66 30,66	01:04.98(+71)
7.	Nicholas Heinio-Widell (The Hague Swimming (SG), 200504141) 50m 00:30.56 30,56	01:05.20(+66)
8.	Sven Klink (ZV 44, 200500349) 50m 00:30.56 30,56	01:05.63(+68)
9.	Luka Geraerds (Hellas-Glana, 200502077) 50m 00:31.49 31,49	01:06.96(+78)
9.	Jasper Camphuijnder (OEZA, 200502367) 50m 00:30.33 30,33	01:06.96(+82)
11.	Rolf ter Keurs (De Veene, 200500137) 50m 00:30.61 30,61	01:07.80(+86)
12.	Mees Peters (De Ward, 200501895) 50m 00:31.18 31,18	01:08.97(+77)
13.	Sem Agterdenbos (MNC Dordrecht, 200500049) 50m 00:31.98 31,98	01:10.66(+68)
40.	100m vlinderslag - Heren 12 - 17 jaar	
1.	Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14] 50m 00:30.69 30,69	01:06.65(+83)
2.	Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13] 50m 00:29.34 29,34	01:03.69(+71)
	14 - 14 jaar (Junioren 3)	
1.	Simon Claasen (ZPC AMERSFOORT, 200400231) 50m 00:27.63 27,63	01:00.02(+64)

2. Stephan De Freitas Steverink (PSV, 200404481) 50m 00:28.21 28,21	01:00.44(+65)
3. Merlin Belmon (De Dolfijn, 200403191) 50m 00:28.02 28,02	01:01.72(+81)
4. Sybren Beeksma (TriVia, 200400133) 50m 00:28.70 28,70	01:02.48(+68)
5. Pepijn van Egmond (WVZ, 200402309) 50m 00:29.78 29,78	01:03.85(+69)
6. Jort van der Vlag (WS Twente, 200400335) 50m 00:29.31 29,31	01:04.13(+73)
7. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:29.16 29,16	01:04.60(+77)
8. Timo Kock (The Hague Swimming (SG), 200400387) 50m 00:30.16 30,16	01:05.53(+75)
9. Teun van der Schrier (Hieronymus, 200403627) 50m 00:30.22 30,22	01:06.88(+70)
10. Jay de Vries (The Hague Swimming (SG), 200400669) 50m 00:31.14 31,14	01:07.31(+76)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:25.75 25,75	00:55.84(+64)
2. Matej Danis (Aqua-Novio'94, 200304745) 50m 00:27.45 27,45	00:59.60(+73)
3. Michael Smink (The Hague Swimming (SG), 200302169) 50m 00:27.49 27,49	00:59.74(+75)
4. Lucas Peters (Nextline Swimming, 200301325) 50m 00:28.16 28,16	01:01.40(+72)
5. Sjors Lemmers (Merlet, 200300555) 50m 00:29.33 29,33	01:02.99(+66)
6. Keanu Streefland (OC-Racing Club, 200302445) 50m 00:29.90 29,90	01:05.71(+73)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:26.33 26,33	00:56.15(+64)
2. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 50m 00:27.03 27,03	00:57.54(+69)
3. Jarno Koster (Aqua-Novio'94, 200200637) 50m 00:26.78 26,78	00:57.64(+75)
4. Gerard Willighagen (Poseidon'56, 200103663) 50m 00:26.61 26,61	00:57.88(+69)
5. Thomas Jansen (OC-WVZ, 200100143) 50m 00:27.39 27,39	00:58.69(+76)
6. Maquinho Vorst (OC-ZPC De Hof, 200204179) 50m 00:27.34 27,34	00:58.80(+72)
7. Kirill Hrabcuns (Aquarijn, 200201221) 50m 00:27.05 27,05	00:58.84(+70)
8. Aleks Doedel (PSV, 200105453) 50m 00:27.85 27,85	00:59.60(+69)
9. Elroy Schot (De Dolfijn, 200200689)	00:59.61(+73)

	50m 00:27.34 27,34	
10.	Bart Muselaers (DWK, 200100865) 50m 00:27.86 27,86	00:59.65(+71)
11.	Dave van der Voet (De Dolfijn, 200102783) 50m 00:27.80 27,80	00:59.81(+68)
12.	Timo Spaans (Nextline Swimming, 200201087) 50m 00:27.92 27,92	00:59.86(+65)
13.	Alexander Nijst (Nuenen, 200104869) 50m 00:27.21 27,21	01:00.05(+69)
14.	Jeremiah Vianen (PSV, 200204961) 50m 00:28.03 28,03	01:00.78(+70)
15.	Jarno Verbeek (Zoetermeer, 200200931) 50m 00:28.62 28,62	01:01.24(+69)
41.	100m vlinderslag - Dames	
	11 - 15 jaar (Jeugd 2 en later)	
1.	Suzie Pellis (Hieronymus, 200701600) [S9] 50m 00:40.23 40,23	01:28.11(+84)
	13 - 13 jaar (Junioren 3)	
1.	Thera Janssen (Aqua-Novio'94, 200500270) 50m 00:32.75 32,75	01:11.30(+83)
1.	Evy van Laarhoven (De Warande, 200500712) 50m 00:33.18 33,18	01:11.30(+77)
3.	Noa Teuben (FZC'54-De Vikings (SG), 200500254) 50m 00:33.00 33,00	01:11.39(+74)
4.	Liz Veltman (De Ward, 200503668) 50m 00:33.23 33,23	01:14.36(+80)
	14 - 15 jaar (Jeugd 1 en 2)	
1.	Amy de Sain (De Dolfijn, 200304690) 50m 00:29.69 29,69	01:03.84(+76)
2.	Britta Koehorst (OC-De Lansingh, 200300246) 50m 00:30.05 30,05	01:06.36(+76)
3.	Maaïke Issard (VZC, 200300022) 50m 00:30.97 30,97	01:06.64(+85)
4.	Amber Celie (De Dolfijn, 200300756) 50m 00:30.83 30,83	01:06.68(+84)
4.	Judith Houtvast (Hellas-Glana, 200300714) 50m 00:30.34 30,34	01:06.68(+75)
6.	Sterre Hendriks (PSV, 200401288) 50m 00:30.81 30,81	01:06.76(+78)
7.	Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 50m 00:31.03 31,03	01:07.08(+72)
8.	Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622) 50m 00:31.83 31,83	01:07.18(+77)
9.	Veerle Nieborg (TriVia, 200400428) 50m 00:31.56 31,56	01:07.22(+76)
10.	Aniek van de Weerd (VZC, 200404136) 50m 00:31.25 31,25	01:07.62(+80)
11.	Kirsten Verhale (VZC, 200400210) 50m 00:31.56 31,56	01:07.67(+86)

12. Kim Zwinkels (ZPCH, 200300422) 50m 00:31.31 31,31	01:07.90(+83)
13. Emma Hofstee (TriVia, 200401282) 50m 00:31.88 31,88	01:07.91(+86)
14. Danielle Meinema (ZV 44, 200300534) 50m 00:31.93 31,93	01:08.33(+83)
15. Silke Huisman (Orca, 200301182) 50m 00:31.41 31,41	01:08.43(+73)
16. Kayley Mc Ateer (Nuenen, 200305000) 50m 00:32.10 32,10	01:08.85(+79)
17. Britt van den Boom (Zwemsport Parkstad (SG), 200401178) 50m 00:31.51 31,51	01:09.04(+74)
18. Maude Lesscher (VZ&PC, 200300018) 50m 00:31.96 31,96	01:10.06(+63)
19. Josse Bergman (VZC, 200305146) 50m 00:32.41 32,41	01:10.23(+78)
20. Luna de Vries (Aqua-Novio'94, 200400516) 50m 00:31.97 31,97	01:10.37(+78)
21. Leonoor van Dijk (The Hague Swimming (SG), 200400832) 50m 00:31.48 31,48	01:10.86(+74)
<i>16 - 16 jaar (Senioren 1)</i>	
1. Lotte Hosper (OC-Racing Club, 200201414) 50m 00:29.30 29,30	01:01.20(+71)
2. Femke Spiering (OC-VZC, 200204514) 50m 00:28.62 28,62	01:01.82(+84)
3. Kaylee Dekker (PSV, 200206058) 50m 00:29.89 29,89	01:03.53(+75)
42. 50m rugslag - Heren	
<i>12 - 17 jaar</i>	
1. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10]	00:30.56(+70)
2. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]	00:31.30(+79)
3. Nick Selten (Merlet, 200403275) [S9]	00:36.75(+83)
4. Jesse Bruines (Batavia Swim, 200402413) [S9]	00:45.74(+94)
5. Josh Renkema (De Otters Het Gooi, 200402537) [S6]	00:53.64(+51)
<i>14 - 14 jaar (Junioren 3)</i>	
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	00:28.12(+59)
2. Luuk van Rooij (Nextline Swimming, 200400581)	00:28.91(+69)
3. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:29.05(+69)
4. Vince van der Pal (ZV 44, 200401869)	00:29.28(+65)
5. Jon de Wit (De Ward, 200401969)	00:29.65(+60)
6. Jay de Vries (The Hague Swimming (SG), 200400669)	00:29.77(+66)
7. Abel te Riele (WVZ, 200402317)	00:29.83(+67)
8. Andrei Turta (De Aalscholver, 200404549)	00:29.99(+63)
9. Jort van der Vlag (WS Twente, 200400335)	00:30.19(+66)
10. Chris van der Hout (The Hague Swimming (SG), 200401355)	00:30.24(+75)

11. Serge Knops (Hellas-Glana, 200403867)	00:30.35(+56)
12. Koen de Groot (Zwemclub Eijsden, 200401059)	00:30.46(+74)
13. Max van Schagen (De Columbiaan, 200402591)	00:30.57(+63)
14. Jason van den Berg (The Hague Swimming (SG), 200400009)	00:30.98(+66)
15. Marc Manning (Nova, 200400167)	00:31.21(+69)
16. Daan Trinh (Hieronymus, 200401267)	00:31.25(+57)
17. Kelvin Douwma (DWT, 200400547)	00:31.30(+58)
18. Sem Bonte (ZPC De Zeeuwse Kust, 200400427)	00:31.39(+72)
19. Jaime Fais (TriVia, 200400291)	00:31.51(+59)
20. Niek Hamans (EZCL (SG), 200401763)	00:31.52(+63)
21. Mac Peeks (ZPC Hoogeveen, 200400153)	00:31.67(+60)
22. Teun van der Schrier (Hieronymus, 200403627)	00:31.73(+63)
23. Pepijn van Egmond (WVZ, 200402309)	00:32.30(+86)
24. Collin Schouten (MSV-Zeemacht, 200400697)	00:32.70(+73)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Keanu Streefland (OC-Racing Club, 200302445)	00:27.75(+60)
2. Tyrese Sitania (Aqua-Novio'94, 200301999)	00:27.88(+56)
3. Luuk Bos (VZ&PC, 200300151)	00:28.33(+54)
4. Dylan Jansen (WVZ, 200300817)	00:28.63(+64)
5. Lukas Binnekamp (De Dinkel, 200300107)	00:28.81(+65)
6. Jelle Bon (ZVVS, 200301077)	00:29.48(+63)
7. Evano Ticoalu (Aqua-Novio'94, 200304751)	00:29.51(+55)
8. Dylan Smolders (ZPC AMERSFOORT, 200304923)	00:29.57(+60)
9. Jarno Bijsterbosch (Octopus, 200300081)	00:29.69(+57)
10. Daan Piepers (KZC, 200303441)	00:29.77(+66)
11. Stan De Swart (Nextline Swimming, 200300535)	00:29.79(+69)
12. Zev Bulk (The Hague Swimming (SG), 200304021)	00:29.89(+78)
13. Jonathan Ververne (Zwemclub Eijsden, 200304569)	00:30.27(+72)
14. Matias Jansen (ZIGNEA, 200300199)	00:30.52(+66)
15. Sebastian Vandermeer (The Hague Swimming (SG), 200304869)	00:30.65(+70)
16. Ewald de Haas (WS Twente, 200301945)	00:30.71(+67)
17. Job Sanders (ZPC AMERSFOORT, 200304913)	00:31.52(+74)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Kenzo Simons (OC-De Dolfijn, 200105415)	00:26.16(+56)
2. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:26.96(+62)
3. Moritz Hoogers (Octopus, 200104865)	00:27.35(+59)
4. Stefan Tomicic (PSV, 200101271)	00:27.64(+60)
5. Léon van der Geest (OC-WS Twente, 200201005)	00:27.74(+62)
6. Maquinho Vorst (OC-ZPC De Hof, 200204179)	00:27.81(+64)

7. Mathijs Verdonck (Nextline Swimming, 200101685)	00:27.89(+58)
8. Lars Verhalle (VZC, 200200019)	00:28.18(+67)
9. Bjorn van Doesburg (Aquarijn, 200201867)	00:28.20(+69)
10. Niels Dijkshoorn (ZVVS, 200203079)	00:28.28(+66)
11. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:28.37(+58)
12. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:28.51(+61)
13. Jelle Smid (Aqua-Novio'94, 200100627)	00:28.55(+67)
13. Bjarne van Oord (The Hague Swimming (SG), 200105101)	00:28.55(+60)
15. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:28.61(+56)
16. Elroy Schot (De Dolfijn, 200200689)	00:28.65(+68)
17. Kirill Hrabcuns (Aquarijn, 200201221)	00:28.70(+65)
18. Wessel Stupers (PSV, 200203541)	00:28.82(+68)
19. Max Langerveld (Ed-Vo, 200203435)	00:28.86(+60)
20. Coen de Lang (ZPC Hoogeveen, 200100067)	00:28.99(+70)
21. Bobby van Dijk (DBD, 200200153)	00:29.08(+69)
22. Stefan Waalkens (Batavia Swim, 200100611)	00:29.32(+64)
23. Jarno Verbeek (Zoetermeer, 200200931)	00:29.33(+60)
24. Robin Kamps (De Dinkel, 200200211)	00:29.57(+67)
25. Sam Janmaat (ZPC AMERSFOORT, 200203017)	00:29.61(+58)
26. Sander Iuga (Feijenoord Albion Zwemclub, 200101389)	00:29.74(+61)
27. Joas Groeneveld (DWK, 200102669)	00:29.75(+59)
28. Dylan Donkersteeg (DWK, 200202217)	00:29.87(+61)
29. Viktor Koets (De Columbiaan, 200201677)	00:29.89(+68)
30. Bram van den Burg (ZC Valkenburg, 200203095)	00:29.96(+66)
31. Anne Kraai (De IJsselmeeuwen, 200104311)	00:30.30(+74)
DIS. Wesley Scheepbouwer (Wiekslag, 200101959)	00:00.00
43. 50m rugslag - Dames	
12 - 12 jaar (Junioren 2)	
1. Robyn Hulleman (ZVV, 200600890)	00:32.17(+60)
2. Lotte Klaver (Zuiderzeewemmers, 200602638)	00:32.52(+72)
3. Noor Vermeer (SBC2000, 200600752)	00:32.87(+70)
4. Jade van der Maas (WVZ, 200600408)	00:33.84(+66)
5. Fiene Nijkamp (Aqua-Novio'94, 200600570)	00:34.03(+63)
6. Tess Bemer (De Duinkickers, 200600450)	00:34.12(+69)
7. Joy Willekus (WZ&PC Purmerend, 200602420)	00:34.20(+64)
8. Puk Lubbers (ZV 44, 200600832)	00:34.70(+75)
9. Kimberly Ruiten (De Columbiaan, 200600492)	00:35.15(+69)
10. Charley Blide (TriVia, 200600164)	00:35.22(+72)
44. 50m rugslag - Dames	
11 - 15 jaar (Jeugd 2 en later)	

1. Lieke Duijinkerke (ZPC De Zeeuwse Kust, 200700468) [S10]	00:40.02(+67)
2. Rosalie van Druenen (De Warande, 200305066) [S9]	00:41.41(+80)
3. Suzie Pellis (Hieronymus, 200701600) [S9]	00:41.43(+85)
4. Diede Struijk (Nuenen, 200403824) [S13]	00:39.89(+78)
5. Milou van Winkel (LinK, 200402296) [S14]	00:41.13(+80)
6. Aguila Dolsma (The Hague Swimming (SG), 200603902) [S14]	00:41.74(+76)
7. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9]	00:46.61(+62)
8. Megan van Delden (WVZ, 200405500) [S13]	00:45.05(+67)
9. Jenna Gorter (De Aalscholver, 200702746) [S9]	00:53.59(+84)
<i>13 - 13 jaar (Junioren 3)</i>	
1. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:31.14(+56)
2. Jelsie van Ruijven (WVZ, 200500282)	00:31.56(+61)
3. Demi Westendorp (Deltasteur, 200500262)	00:32.25(+58)
4. Thera Janssen (Aqua-Novio'94, 200500270)	00:32.35(+67)
5. Larissa de Vos (ZVV, 200502728)	00:32.51(+75)
6. Karlijn Offeringa (ZVVS, 200503292)	00:32.79(+63)
7. Yke Groener (De Dinkel, 200500772)	00:33.11(+65)
8. Lynn Reitsma (Deltasteur, 200502750)	00:33.46(+59)
9. Emma Riemers (MSV-Zeemacht, 200500748)	00:33.97(+64)
10. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)	00:34.18(+69)
11. Annelieke Stegink (Batavia Swim, 200500570)	00:34.27(+85)
BM. Elise Tanis (OC-MNC Dordrecht, 200200120)	BM
BM. Lieke Oude Lenferink (OC-WS Twente, 200200068)	BM
DIS. Madelief Mans (The Hague Swimming (SG), 200501260)	00:00.00
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Milou van Wijk (MNC Dordrecht, 200404948)	00:29.38(+61)
2. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622)	00:30.35(+72)
3. Jetske Moot (ZPC AMERSFOORT, 200400230)	00:30.97(+62)
4. Lotte Pieterman (ZV 44, 200301838)	00:31.46(+61)
5. Lindsey Berghuis (ZV 44, 200300104)	00:31.54(+71)
6. Merel Musters (PSV, 200304042)	00:31.70(+55)
7. Sade Simons (De Dolfijn, 200305544)	00:31.73(+58)
8. Joy van Dieren (De Dinkel, 200300182)	00:31.87(+60)
9. Joline Koop (Aqua'68, 200403174)	00:31.88(+76)
10. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	00:32.08(+77)
11. Josse Bergman (VZC, 200305146)	00:32.23(+70)
12. Amber Celie (De Dolfijn, 200300756)	00:32.29(+66)
13. Ilse Volkers (DWK, 200301580)	00:32.37(+64)
14. Maude Lesscher (VZ&PC, 200300018)	00:32.46(+60)

15. Jill Nai Chung Tong (ZVVS, 200404272)	00:32.48(+71)
16. Julia Notenboom (De Columbiaan, 200302596)	00:32.54(+62)
17. Michelle van den Hoofdakker (ZV 44, 200302708)	00:32.56(+76)
18. Aniek van de Weerd (VZC, 200404136)	00:32.65(+63)
19. Amy de Sain (De Dolfijn, 200304690)	00:32.69(+73)
19. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)	00:32.69(+66)
21. Melina Carrillo Moreno (ZV De Zaan, 200300880)	00:32.76(+66)
22. Myrthe Natzijl (TriVia, 200400076)	00:32.77(+66)
23. Mabel Farenhorst (WZ&PC Purmerend, 200301004)	00:32.87(+58)
24. Nienke van der Klugt (Batavia Swim, 200403236)	00:32.90(+60)
25. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	00:33.04(+62)
26. Janne Slegers (PSV, 200404090)	00:33.06(+55)
27. Merel Marskamp (WS Twente, 200400990)	00:33.09(+73)
28. Kim van Dongen (Aqua-Novio'94, 200400140)	00:33.18(+66)
29. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)	00:33.26(+66)
45. 200m schoolslag - Heren 14 - 14 jaar (Junioren 3)	
1. Stephan De Freitas Steverink (PSV, 200404481)	02:19.73(+68)
50m 00:32.08 32,08 100m 01:07.73 35,65 150m 01:43.61 35,88	
2. Ruben Claasen (ZPC AMERSFOORT, 200400229)	02:32.47(+68)
50m 00:34.23 34,23 100m 01:13.80 39,57 150m 01:53.01 39,21	
3. Luca Janssen (Mosa-Regio, 200403237)	02:33.68(+82)
50m 00:34.59 34,59 100m 01:13.31 38,72 150m 01:53.67 40,36	
4. Jason van den Berg (The Hague Swimming (SG), 200400009)	02:36.72(+73)
50m 00:34.44 34,44 100m 01:15.11 40,67 150m 01:56.47 41,36	
5. Anders van Norden (ZPC AMERSFOORT, 200400039)	02:36.84(+72)
50m 00:34.66 34,66 100m 01:13.83 39,17 150m 01:54.81 40,98	
6. Abel te Riele (WVZ, 200402317)	02:37.04(+73)
50m 00:35.65 35,65 100m 01:15.56 39,91 150m 01:56.76 41,20	
7. Lucas Douwma (DWT, 200401337)	02:37.33(+69)
50m 00:35.36 35,36 100m 01:15.38 40,02 150m 01:56.84 41,46	
8. Jesper Bos (WS Twente, 200401017)	02:40.34(+83)
50m 00:34.94 34,94 100m 01:15.21 40,27 150m 01:56.35 41,14	
9. David Groenewegen (PSV, 200400469)	02:42.98(+77)
50m 00:36.72 36,72 100m 01:18.42 41,70 150m 02:00.36 41,94	
10. Teun van der Schrier (Hieronymus, 200403627)	02:45.35(+72)
50m 00:37.06 37,06 100m 01:19.26 42,20 150m 02:02.20 42,94	
11. Pieter Wisse (PSV, 200400779)	02:46.23(+76)
50m 00:37.24 37,24 100m 01:19.40 42,16 150m 02:02.23 42,83	
12. Robin van den Berg (ZV 44, 200400699)	02:46.26(+73)
50m 00:34.87 34,87 100m 01:17.01 42,14 150m 02:01.64 44,63	
13. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	02:46.55(+73)
50m 00:36.92 36,92 100m 01:19.15 42,23 150m 02:02.42 43,27	
14. Raphaël Dessart (ZV De Zaan, 200401335)	02:46.60(+79)
50m 00:35.58 35,58 100m 01:17.38 41,80 150m 02:01.48 44,10	

15. Jelle Kockx (Mosa-Regio, 200401697)				02:46.89(+70)
50m	00:37.04	37,04	100m 01:20.29	43,25
150m	02:04.58	44,29		
16. Sven van Eeghem (Hellas-Glana, 200400541)				02:47.18(+74)
50m	00:36.42	36,42	100m 01:20.51	44,09
150m	02:04.16	43,65		
17. Sander Heinsius (DZ&PC, 200400013)				02:47.28(+69)
50m	00:37.82	37,82	100m 01:21.04	43,22
150m	02:04.92	43,88		
18. Nathan Janssen (MNC Dordrecht, 200401565)				02:47.61(+71)
50m	00:38.48	38,48	100m 01:20.98	42,50
150m	02:05.05	44,07		
19. Timo Wouters (MNC Dordrecht, 200401363)				02:47.62(+72)
50m	00:36.12	36,12	100m 01:18.69	42,57
150m	02:03.16	44,47		
20. Thomas Burgmeijer (Batavia Swim, 200400739)				02:48.61(+63)
50m	00:35.56	35,56	100m 01:18.26	42,70
150m	02:03.05	44,79		
21. Max van Schagen (De Columbiaan, 200402591)				02:49.97(+72)
50m	00:36.97	36,97	100m 01:20.13	43,16
150m	02:06.57	46,44		
22. Amun Majidzada (Zwemlust-den Hommel, 200401391)				02:50.16(+66)
50m	00:36.78	36,78	100m 01:19.55	42,77
150m	02:04.49	44,94		
23. Niek Lammertink (ZPC De Hof, 200400079)				02:54.92(+74)
50m	00:37.93	37,93	100m 01:21.71	43,78
150m	02:07.84	46,13		
DIS. Sem Wetzels (Hellas-Glana, 200404533)				00:00.00
<i>15 - 15 jaar (Junioren 4)</i>				
1. Ivo Kroes (Azuro, 200300079)				02:24.49(+79)
50m	00:33.79	33,79	100m 01:11.71	37,92
150m	01:49.11	37,40		
2. Angus Corbeau (ZPC AMERSFOORT, 200304641)				02:25.47(+70)
50m	00:33.18	33,18	100m 01:10.70	37,52
150m	01:48.54	37,84		
3. Esper Schreurs (ZEPS, 200300433)				02:25.97(+72)
50m	00:33.72	33,72	100m 01:10.74	37,02
150m	01:48.51	37,77		
4. Sam van der Stroom (PSV, 200304409)				02:27.31(+72)
50m	00:34.43	34,43	100m 01:12.32	37,89
150m	01:49.91	37,59		
5. Kylian Heederik (Deltasteur, 200300353)				02:31.23(+73)
50m	00:33.37	33,37	100m 01:12.07	38,70
150m	01:50.72	38,65		
6. Wesley Zulver (ZVVS, 200301319)				02:31.55(+68)
50m	00:33.21	33,21	100m 01:11.44	38,23
150m	01:51.19	39,75		
7. Perry Laarhoven (ZPC Numansdorp, 200301321)				02:33.15(+78)
50m	00:34.22	34,22	100m 01:14.52	40,30
150m	01:53.53	39,01		
8. Dylan Smolders (ZPC AMERSFOORT, 200304923)				02:36.02(+72)
50m	00:34.89	34,89	100m 01:14.40	39,51
150m	01:54.31	39,91		
9. Xander Vis (De Schotejil, 200300173)				02:36.28(+70)
50m	00:34.78	34,78	100m 01:14.85	40,07
150m	01:55.77	40,92		
10. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)				02:37.45(+72)
50m	00:34.72	34,72	100m 01:14.55	39,83
150m	01:56.34	41,79		
11. Frederik Adema (De Granaet, 200300253)				02:38.81(+76)
50m	00:34.16	34,16	100m 01:14.36	40,20
150m	01:56.13	41,77		
12. Milan Hamel (The Hague Swimming (SG), 200302125)				02:41.78(+70)
50m	00:35.43	35,43	100m 01:16.87	41,44
150m	01:58.90	42,03		
13. Wessel Heijnemans (Hieronymus, 200301353)				02:43.69(+74)
50m	00:35.81	35,81	100m 01:17.28	41,47
150m	01:59.48	42,20		
DIS. Job Sanders (ZPC AMERSFOORT, 200304913)				00:00.00
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Ian Sanders (Hellas-Glana, 200100373)				02:22.06(+69)

	50m 00:32.13 32,13	100m 01:08.21 36,08	150m 01:44.83 36,62	
2. Jarno Koster (Aqua-Novio'94, 200200637)	50m 00:32.55 32,55	100m 01:09.52 36,97	150m 01:46.31 36,79	02:24.38(+74)
3. Quinn van den Heuvel (WVZ, 200100297)	50m 00:31.65 31,65	100m 01:08.17 36,52	150m 01:45.83 37,66	02:26.09(+70)
4. Bram Zwetsloot (Nuenen, 200202117)	50m 00:31.03 31,03	100m 01:07.88 36,85	150m 01:46.65 38,77	02:26.44(+66)
5. Daen Spoor (VZC, 200101117)	50m 00:32.46 32,46	100m 01:09.59 37,13	150m 01:48.10 38,51	02:27.45(+71)
6. Lars Verhalle (VZC, 200200019)	50m 00:33.64 33,64	100m 01:12.23 38,59	150m 01:51.41 39,18	02:30.49(+76)
7. Emile Dost (Borger, 200100731)	50m 00:33.67 33,67	100m 01:12.25 38,58	150m 01:51.83 39,58	02:32.09(+79)
8. David Anthonio (KSN (SG), 200102551)	50m 00:32.87 32,87	100m 01:11.59 38,72	150m 01:51.15 39,56	02:32.11(+76)
9. Dave van den Nieuwendijk (De Columbiaan, 200100475)	50m 00:33.92 33,92	100m 01:12.04 38,12	150m 01:52.15 40,11	02:33.87(+81)
10. Jurre Hanstede (De Dinkel, 200201019)	50m 00:34.80 34,80	100m 01:13.90 39,10	150m 01:53.84 39,94	02:34.22(+78)
11. Derk Jan van Duyn (KSN (SG), 200104517)	50m 00:33.87 33,87	100m 01:12.80 38,93	150m 01:53.27 40,47	02:35.75(+75)
12. Timo Spaans (Nextline Swimming, 200201087)	50m 00:33.29 33,29	100m 01:14.10 40,81	150m 01:56.26 42,16	02:37.12(+67)
13. Sjoerd Looymans (De Dommelbaarzen, 200203687)	50m 00:34.27 34,27	100m 01:13.52 39,25	150m 01:54.61 41,09	02:37.14(+68)
14. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [SB13]	50m 00:34.96 34,96	100m 01:14.63 39,67	150m 01:55.55 40,92	02:37.56(+73)
46. 200m schoolslag - Dames				
11 - 11 jaar (Junioren 1)				
1. Benigna Kocsispeter (Zwemsport Parkstad (SG), 200702058)	50m 00:39.75 39,75	100m 01:25.33 45,58	150m 02:11.35 46,02	02:56.38(+71)
2. Yara Mels (TRB-RES, 200700232)	50m 00:40.95 40,95	100m 01:28.67 47,72	150m 02:16.52 47,85	03:01.83(+72)
3. Hylcke de Beer (Zwemsport Parkstad (SG), 200700006)	50m 00:40.16 40,16	100m 01:28.01 47,85	150m 02:16.13 48,12	03:03.16(+77)
4. Alexandra Gepkens (Aqua-Novio'94, 200701690)	50m 00:41.36 41,36	100m 01:28.16 46,80	150m 02:15.78 47,62	03:03.34(+74)
5. Suze Creemers (Hellas-Glana, 200700738)	50m 00:41.00 41,00	100m 01:28.67 47,67	150m 02:17.03 48,36	03:03.48(+75)
6. Noa Ottens (VZC, 200702256)	50m 00:40.74 40,74	100m 01:27.75 47,01	150m 02:16.36 48,61	03:04.06(+85)
7. Thalia Meijer (MNC Dordrecht, 200704048)	50m 00:40.88 40,88	100m 01:28.16 47,28	150m 02:15.99 47,83	03:04.11(+69)
8. Annique Rupke (WIDEX GZC DONK, 200700876)	50m 00:41.50 41,50	100m 01:28.79 47,29	150m 02:18.08 49,29	03:04.50(+80)
9. Eline van Rijn (KZC, 200700918)	50m 00:41.74 41,74	100m 01:28.28 46,54	150m 02:15.96 47,68	03:04.53(+79)
10. Charlene Ruiters (De Columbiaan, 200700522)	50m 00:41.60 41,60	100m 01:29.62 48,02	150m 02:18.43 48,81	03:05.00(+74)

11. Samantha van der Jagt (ZZ&PC De Devel, 200700220)	03:08.68(+79)
50m 00:42.24 42,24 100m 01:31.90 49,66 150m 02:21.02 49,12	
12. Benthe Martens (ZPC AMERSFOORT, 200700310)	03:11.24(+99)
50m 00:44.08 44,08 100m 01:33.02 48,94 150m 02:22.52 49,50	
13. Ananda van der Wiel (WVZ, 200701562)	03:11.88(+70)
50m 00:43.52 43,52 100m 01:32.27 48,75 150m 02:22.46 50,19	
14. Inger van Oord (The Hague Swimming (SG), 200703912)	03:14.78(+76)
50m 00:44.16 44,16 100m 01:33.53 49,37 150m 02:25.06 51,53	
15. Arevik Hovsepian Sinerdy (ESCA Zwemmen, 200702012)	03:18.51
50m 00:46.31 46,31 100m 01:37.63 51,32 150m 02:28.98 51,35	
47. 200m schoolslag - Dames	
12 - 12 jaar (Junioren 2)	
1. Elydjah van der Heul (The Hague Swimming (SG), 200602180)	02:48.03(+80)
50m 00:38.08 38,08 100m 01:20.88 42,80 150m 02:05.11 44,23	
2. Joy Willekus (WZ&PC Purmerend, 200602420)	02:50.00(+80)
50m 00:37.97 37,97 100m 01:20.87 42,90 150m 02:05.87 45,00	
3. Isis van der Stroom (PSV, 200604342)	02:55.49(+72)
50m 00:39.24 39,24 100m 01:23.77 44,53 150m 02:09.51 45,74	
4. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	02:55.51(+74)
50m 00:38.71 38,71 100m 01:23.63 44,92 150m 02:09.39 45,76	
5. Megan Jonkman (The Hague Swimming (SG), 200600508)	02:59.24(+84)
50m 00:39.40 39,40 100m 01:24.98 45,58 150m 02:12.30 47,32	
6. Avery Collins (The Hague Swimming (SG), 200603622)	02:59.84(+70)
50m 00:40.19 40,19 100m 01:25.52 45,33 150m 02:11.77 46,25	
7. Djanilla Brink (DAW, 200600988)	02:59.96(+91)
50m 00:39.57 39,57 100m 01:25.62 46,05 150m 02:13.22 47,60	
8. Shanna Joppe (ZPC De Zeeuwse Kust, 200601186)	02:59.97(+74)
50m 00:41.06 41,06 100m 01:26.89 45,83 150m 02:13.99 47,10	
9. Anouk van Hattum (Hellas-Glana, 200600738)	03:01.27(+83)
50m 00:40.10 40,10 100m 01:26.11 46,01 150m 02:13.86 47,75	
48. 200m schoolslag - Dames	
13 - 13 jaar (Junioren 3)	
1. Bridget Vermeer (VZC, 200501766)	02:44.84(+76)
50m 00:36.52 36,52 100m 01:18.90 42,38 150m 02:02.08 43,18	
2. Niké Telkamp (The Hague Swimming (SG), 200501088)	02:51.78(+70)
50m 00:38.00 38,00 100m 01:22.64 44,64 150m 02:07.67 45,03	
3. Jelsie van Ruijven (WVZ, 200500282)	02:53.34(+73)
50m 00:39.40 39,40 100m 01:23.90 44,50 150m 02:08.87 44,97	
4. Merel Schravendijk (The Hague Swimming (SG), 200503382)	02:53.61(+75)
50m 00:40.40 40,40 100m 01:24.51 44,11 150m 02:09.06 44,55	
14 - 15 jaar (Jeugd 1 en 2)	
1. Lana Broekhoven (PSV, 200300056)	02:34.35(+70)
50m 00:34.51 34,51 100m 01:13.80 39,29 150m 01:53.83 40,03	
2. Anna van Droffelaar (OC-ZVVS, 200400258)	02:39.91(+62)
50m 00:36.27 36,27 100m 01:17.77 41,50 150m 01:59.14 41,37	
3. Mirthe Schenkel (ZPC Hoogeveen, 200300666)	02:42.42(+78)
50m 00:38.07 38,07 100m 01:19.34 41,27 150m 02:01.01 41,67	
4. Sterre Hendriks (PSV, 200401288)	02:42.97(+78)
50m 00:36.54 36,54 100m 01:18.56 42,02 150m 02:01.15 42,59	
5. Emma Hofstee (TriVia, 200401282)	02:43.63(+88)

	50m 00:37.91 37,91	100m 01:19.94 42,03	150m 02:01.89 41,95	
6. Yvette Buis (De Dolfijn, 200401830)	50m 00:37.97 37,97	100m 01:20.90 42,93	150m 02:04.24 43,34	02:46.93(+71)
7. Silke Bliëk (Hellas-Glana, 200301948)	50m 00:37.46 37,46	100m 01:21.13 43,67	150m 02:04.06 42,93	02:48.07(+79)
8. Silke Huisman (Orca, 200301182)	50m 00:37.73 37,73	100m 01:20.50 42,77	150m 02:04.52 44,02	02:48.52(+78)
9. Kirsten Verhelle (VZC, 200400210)	50m 00:38.50 38,50	100m 01:22.02 43,52	150m 02:05.60 43,58	02:49.91(+83)
10. Kim de Jong (LinK, 200301026)	50m 00:37.55 37,55	100m 01:21.12 43,57	150m 02:06.26 45,14	02:50.63(+85)
11. Jade Geurts (WVZ, 200402278)	50m 00:38.50 38,50	100m 01:22.29 43,79	150m 02:06.51 44,22	02:50.88(+76)
12. Kim Vriens (Hieronymus, 200401166)	50m 00:37.25 37,25	100m 01:21.33 44,08	150m 02:05.98 44,65	02:50.98(+79)
13. Iris Nieuwhof (TriVia, 200401944)	50m 00:38.50 38,50	100m 01:22.45 43,95	150m 02:07.69 45,24	02:51.58(+81)
14. Lois van Oijen (ESCA Zwemmen, 200402054)	50m 00:38.70 38,70	100m 01:21.84 43,14	150m 02:06.28 44,44	02:51.76(+81)
15. Luna Hofmeijer (WS Twente, 200400006)	50m 00:37.99 37,99	100m 01:21.50 43,51	150m 02:07.22 45,72	02:52.95(+80)
16. Jill Nai Chung Tong (ZVVS, 200404272)	50m 00:37.76 37,76	100m 01:22.51 44,75	150m 02:08.05 45,54	02:53.09(+77)
17. Maaïke Issard (VZC, 200300022)	50m 00:38.96 38,96	100m 01:23.05 44,09	150m 02:09.22 46,17	02:53.37(+88)
18. Phaedra Meijer (MNC Dordrecht, 200405834)	50m 00:38.04 38,04	100m 01:22.26 44,22	150m 02:08.26 46,00	02:53.65(+75)
19. Sanne Lukken (PSV, 200400030)	50m 00:37.28 37,28	100m 01:20.64 43,36	150m 02:06.40 45,76	02:54.45(+76)
20. Inge Koekoek (ESCA Zwemmen, 200401648)	50m 00:38.40 38,40	100m 01:22.97 44,57	150m 02:08.83 45,86	02:55.19(+85)
21. Jonna Muntjewerff (ESCA Zwemmen, 200402396)	50m 00:39.65 39,65	100m 01:24.12 44,47	150m 02:09.52 45,40	02:55.55(+81)
22. Romana Jonker (HZ&PC Heerenveen, 200403016)	50m 00:38.88 38,88	100m 01:25.46 46,58	150m 02:12.03 46,57	02:57.49(+80)
23. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208)	50m 00:38.71 38,71	100m 01:25.62 46,91	150m 02:12.30 46,68	02:59.28(+80)
DIS. Irma van der Wulp (WVZ, 200401950)				00:00.00
49. 50m vrije slag - Heren				
12 - 12 jaar (Junioren 1)				
1. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)				00:26.73(+73)
2. Daan Sonneveld (WVZ, 200601085)				00:27.12(+66)
3. Christian van der Werf (Deltasteur, 200600191)				00:27.17(+68)
4. Joe van den Hooff (PSV, 200600559)				00:27.69(+72)
5. Maxime Koops (Zwemsport Parkstad (SG), 200600831)				00:27.90(+81)
6. Senna Hof (DZ&PC, 200600761)				00:28.29(+77)
7. Marcel Hofstede (The Hague Swimming (SG), 200603931)				00:28.33(+55)

8. Joeri Harreman (De Schelde, 200600469)	00:28.44(+67)
9. Finn Broekhoven (PSV, 200600035)	00:28.45(+68)
10. Ivar Kleuver (De Aalscholver, 200601457)	00:28.69(+68)
11. Bjorn Rijkaart (BZ&PC, 200601337)	00:28.77(+76)
12. Tiamo van der Veen (ZPC Hoogeveen, 200600033)	00:28.92(+79)
13. Mark Demianenko (Zoetermeer, 200600409)	00:29.01(+65)
14. Yagiz Atilgan (ZVVS, 200601453)	00:29.03(+68)
15. Cai Mink (ZPC Hoogeveen, 200601683)	00:29.12(+78)
16. Lars Bulman (ZC Aquadream, 200600125)	00:29.22(+78)
17. Jip Bakker (Orca, 200600287)	00:29.27(+70)
18. Bas Blanker (ZPB H&L Productions, 200601497)	00:29.34(+70)
19. Storm Tolsma (ZIGNEA, 200600277)	00:29.44(+77)
20. Thomas Boer (Zwemclub Polaris, 200600769)	00:29.54(+77)
21. Siete Bootsma (Bolsward-Workum (SG), 200600065)	00:29.57(+83)
22. Matthew Finney (Merlet, 200602167)	00:29.73(+77)
23. Sam Derkx (FZC'54-De Vikings (SG), 200601917)	00:29.90(+75)
DIS. Ben Jackson (De Dolfijn, 200603399)	00:00.00
DIS. Samuel E Skibo (The Hague Swimming (SG), 200603977)	00:00.00
50. 50m vrije slag - Heren	
<i>13 - 13 jaar (Junioren 2)</i>	
1. Rolf ter Keurs (De Veene, 200500137)	00:25.76(+81)
2. Nicholas Heinio-Widell (The Hague Swimming (SG), 200504141)	00:26.28(+64)
3. Colin Bes (Zwemclub Polaris, 200500201)	00:26.48(+75)
4. Emiel van Oord (The Hague Swimming (SG), 200503707)	00:26.77(+74)
5. Domingo Kuipers (Orca, 200501787)	00:26.89(+61)
6. Miles Steenvoorden (De Dolfijn, 200501637)	00:26.90(+81)
7. Niels Jansen (Aqua-Novio'94, 200501019)	00:27.02(+69)
8. Lars Minnaert (VZV Njord, 200502355)	00:27.10(+72)
9. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)	00:27.13(+68)
10. Sem Agterdenbos (MNC Dordrecht, 200500049)	00:27.32(+68)
11. Jasper Camphuijnder (OEZA, 200502367)	00:27.40(+85)
12. Sven Klink (ZV 44, 200500349)	00:27.61(+67)
13. Teye Chan (De Dommelbaarzen, 200501941)	00:27.74(+70)
14. Yordan Taya (Zwemlust-den Hommel, 200501343)	00:27.76(+76)
15. Joost Brugmans (RZC, 200500391)	00:27.83(+75)
16. Gabriel Been (The Hague Swimming (SG), 200501467)	00:27.84(+77)
17. Rens Stijf (NDD, 200501419)	00:27.91(+60)
18. Hielke Jan Penninkhof (Deltasteur, 200500569)	00:27.92(+84)
19. Edvin Hodzic (De Dommelbaarzen, 200501289)	00:28.05(+75)

20. Menno Wieringa (De Lansingh, 200500927)	00:28.27(+70)
51. 50m vrije slag - Heren	
<i>12 - 17 jaar</i>	
1. Bram Daalman (HPC PARA-ZV Haarlem, 200300629) [S14]	00:26.34(+79)
2. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10]	00:26.85(+69)
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]	00:30.12(+71)
4. Nick Selten (Merlet, 200403275) [S9]	00:32.84(+68)
5. Jesse Bruines (Batavia Swim, 200402413) [S9]	00:34.57(+89)
6. Josh Renkema (De Otters Het Gooi, 200402537) [S6]	00:45.70
<i>14 - 14 jaar (Junioren 3)</i>	
1. Sybren Beeksmā (TriVia, 200400133)	00:24.45(+61)
2. Vince van der Pal (ZV 44, 200401869)	00:25.18(+72)
3. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)	00:25.25(+75)
4. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:25.31(+62)
5. Koen de Groot (Zwemclub Eijsden, 200401059)	00:25.44(+70)
6. Chris van der Hout (The Hague Swimming (SG), 200401355)	00:25.57(+68)
7. Merlin Belmon (De Dolfijn, 200403191)	00:25.60(+75)
8. Jacco Nijland (ZPC De Hof, 200400081)	00:25.63(+72)
9. Pieter Wisse (PSV, 200400779)	00:25.72(+72)
10. Bart Balstra (EZCL (SG), 200400103)	00:25.85(+74)
11. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	00:26.01(+74)
12. Ruben Claasen (ZPC AMERSFOORT, 200400229)	00:26.03(+66)
13. Daan Trinh (Hieronymus, 200401267)	00:26.35(+70)
14. Shawn Klas (Kon AZ 1870, 200402005)	00:26.41(+63)
15. Robert Dragt (Deltasteur, 200400239)	00:26.42(+74)
16. Jay de Vries (The Hague Swimming (SG), 200400669)	00:26.46(+73)
17. Thijm Kruit (De Columbiaan, 200401339)	00:26.50(+79)
18. Senna van den Hoed (HZ&PC Heerenveen, 200400609)	00:26.53(+68)
19. Jort van der Vlag (WS Twente, 200400335)	00:26.54(+77)
20. Timo Kock (The Hague Swimming (SG), 200400387)	00:26.60(+77)
21. Raphaël Dessart (ZV De Zaan, 200401335)	00:26.76(+82)
22. Anthony Kraag (WVZ, 200401973)	00:26.83(+71)
23. Nick Hendrickx (ReSet (SG), 200401025)	00:26.84(+75)
24. Luca Janssen (Mosa-Regio, 200403237)	00:26.90(+78)
25. Robin van den Berg (ZV 44, 200400699)	00:27.04(+72)
26. Jon de Wit (De Ward, 200401969)	00:27.16(+69)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053)	00:23.61(+61)
2. Matej Danis (Aqua-Novio'94, 200304745)	00:24.69(+70)
3. Sebastian Vandermeer (The Hague Swimming (SG), 200304869)	00:24.70(+61)

4. Luuk Bos (VZ&PC, 200300151)	00:24.99(+59)
5. Piet - Hein Straver (Bommelerwaard (SG), 200302527)	00:25.38(+71)
6. Stijn van den Berg (ZVV, 200300373)	00:25.40(+67)
7. Keanu Streefland (OC-Racing Club, 200302445)	00:25.41(+67)
8. Job Sanders (ZPC AMERSFOORT, 200304913)	00:25.56(+73)
9. Pascal Faasse (De Schelde, 200301923)	00:25.65(+78)
10. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	00:25.67(+69)
11. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:25.72(+70)
12. Matias Jansen (ZIGNEA, 200300199)	00:25.73(+65)
13. Thomas Swartjes (Aqua-Novio'94, 200302825)	00:26.16(+67)
14. Wesley Zulver (ZVVS, 200301319)	00:26.34(+65)
15. Tyrese Sitania (Aqua-Novio'94, 200301999)	00:26.38(+64)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Kenzo Simons (OC-De Dolfijn, 200105415)	00:22.56(+64)
2. Sean Niewold (WVZ, 200204699)	00:23.53(+74)
3. Bjorn van Doesburg (Aquarijn, 200201867)	00:23.82(+66)
4. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	00:23.88(+69)
5. Luc Kroon (OC-Ed-Vo, 200100697)	00:24.00(+78)
6. Léon van der Geest (OC-WS Twente, 200201005)	00:24.02(+69)
7. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:24.29(+64)
8. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:24.30(+72)
8. Quinn van den Heuvel (WVZ, 200100297)	00:24.30(+76)
10. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:24.49(+75)
11. Daniël Claasen (ZPC AMERSFOORT, 200100787)	00:24.58(+67)
12. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:24.67(+63)
13. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:24.70(+67)
14. Aleks Doedel (PSV, 200105453)	00:24.88(+70)
15. Sven Cilliers (Het Ravijn, 200204533)	00:24.89(+74)
16. Bram van den Burg (ZC Valkenburg, 200203095)	00:24.91(+68)
17. Max Langerveld (Ed-Vo, 200203435)	00:24.98(+65)
18. Elroy Schot (De Dolfijn, 200200689)	00:25.02(+74)
18. Dylan Donkersteeg (DWK, 200202217)	00:25.02(+65)
18. Jeremiah Vianen (PSV, 200204961)	00:25.02(+69)
21. Stefan Waalkens (Batavia Swim, 200100611)	00:25.03(+61)
22. Bas Morelissen (ZPC AMERSFOORT, 200100861)	00:25.09(+64)
23. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:25.11(+66)
24. Bram Zwetsloot (Nuenen, 200202117)	00:25.12(+65)
24. Stefan Tomicic (PSV, 200101271)	00:25.12(+81)
26. Maquinho Vorst (OC-ZPC De Hof, 200204179)	00:25.17(+68)

27. Lars Kerremans (Hellas-Glana, 200100305)	00:25.18(+66)
28. Dave van der Voet (De Dolfijn, 200102783)	00:25.19(+70)
29. Rijk Dragstra (ZPC AMERSFOORT, 200102473)	00:25.22(+67)
30. Jelle Smid (Aqua-Novio'94, 200100627)	00:25.29(+69)
31. Jylano Nahr (Zwemsport Parkstad (SG), 200102593)	00:25.42(+75)
32. Sem Zijl (De Dolfijn, 200204757)	00:25.45(+62)
33. Roel Gaal (OEZA, 200101173)	00:25.58(+74)
34. Joop Tuppe (Bommelerwaard (SG), 200100581)	00:25.64(+64)
35. Luc Mul (DAW, 200201025)	00:25.74(+65)
DIS. Nathan van Wees (ZPC AMERSFOORT, 200101427)	00:00.00
52. 50m vrije slag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Milou van Winkel (LinK, 200402296) [S14]	00:32.75(+79)
2. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9]	00:34.63(+81)
3. Rosalie van Druenen (De Warande, 200305066) [S9]	00:34.66(+99)
4. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10]	00:34.16(+84)
5. Suzie Pellis (Hieronymus, 200701600) [S9]	00:35.38(+82)
6. Iris Onnink (DWK, 200301836) [S10]	00:34.81(+75)
7. Diede Struijk (Nuenen, 200403824) [S13]	00:34.77(+87)
8. Megan van Delden (WVZ, 200405500) [S13]	00:36.21(+76)
9. Aguila Dolsma (The Hague Swimming (SG), 200603902) [S14]	00:37.74(+81)
10. Isa Vriends (TRB-RES, 200703290) [S9]	00:46.46
DIS. Jenna Gorter (De Aalscholver, 200702746) [S9]	00:00.00
<i>13 - 13 jaar (Junioren 3)</i>	
1. Annelieke Stegink (Batavia Swim, 200500570)	00:27.43(+65)
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:27.79(+71)
3. Anique Hazebroek (The Hague Swimming (SG), 200502196)	00:27.99(+78)
4. Jelsie van Ruijven (WVZ, 200500282)	00:28.03(+77)
5. Marin Wieling (Aquarijn, 200501220)	00:28.29(+78)
6. Thera Janssen (Aqua-Novio'94, 200500270)	00:28.32(+79)
7. Francesca Coppo (De Dolfijn, 200501242)	00:28.34(+64)
8. Yke Groener (De Dinkel, 200500772)	00:28.43(+77)
9. Lynn Reitsma (Deltasteur, 200502750)	00:28.45(+72)
10. Sophia van Droffelaar (ZVVS, 200500330)	00:28.72(+73)
11. Iris Timmermans (Het Ravijn, 200500172)	00:28.76(+70)
12. Sophie Buurman (Wiekslag, 200502530)	00:28.84(+70)
13. Emma Riemers (MSV-Zeemacht, 200500748)	00:28.96(+72)
14. Karlijn Offeringa (ZVVS, 200503292)	00:29.85(+82)
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	

1. Silke Huisman (Orca, 200301182)				00:26.50(+74)
2. Britta Koehorst (OC-De Lansingh, 200300246)				00:26.73(+72)
3. Milou van Wijk (MNC Dordrecht, 200404948)				00:26.74(+72)
4. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)				00:26.75(+74)
5. Janna van Kooten (TriVia, 200404584)				00:26.94(+77)
6. Anna van Droffelaar (OC-ZVVS, 200400258)				00:27.13(+69)
7. Sterre Hendriks (PSV, 200401288)				00:27.28(+78)
8. Lotte Pieterman (ZV 44, 200301838)				00:27.58(+64)
9. Judith Houtvast (Hellas-Glana, 200300714)				00:27.59(+72)
10. Vera Renshof (DWK, 200301582)				00:27.75(+73)
11. Mila Maas (PSV, 200302966)				00:27.76(+76)
12. Jetske Moot (ZPC AMERSFOORT, 200400230)				00:27.93(+73)
13. Melina Carrillo Moreno (ZV De Zaan, 200300880)				00:27.96(+70)
14. Eline Gros (Aqua-Novio'94, 200302700)				00:28.12(+78)
15. Janne Slegers (PSV, 200404090)				00:28.19(+72)
16. Ilse Verheij (De Rog, 200300456)				00:28.21(+68)
17. Phaedra Meijer (MNC Dordrecht, 200405834)				00:28.47(+73)
18. Amy de Sain (De Dolfijn, 200304690)				00:28.48(+73)
19. Kirsten Verhalle (VZC, 200400210)				00:28.52(+87)
20. Kim van Dongen (Aqua-Novio'94, 200400140)				00:28.76(+73)
21. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)				00:28.81(+74)
22. Puck Koopman (De Dinkel, 200400038)				00:29.05(+78)
23. Mabel Farenhorst (WZ&PC Purmerend, 200301004)				00:29.07(+62)
24. Jill Nai Chung Tong (ZVVS, 200404272)				00:29.47(+73)
<i>16 - 16 jaar (Senioren 1)</i>				
1. Imani de Jong (OC-ZPCH, 200200464)				00:26.54(+73)
2. Jonna Wieling (Aquarijn, 200205266)				00:27.06(+68)
3. Elise Tanis (OC-MNC Dordrecht, 200200120)				00:27.24(+69)
4. Lieke Oude Lenferink (OC-WS Twente, 200200068)				00:27.30(+75)
53. 4x100m wisselslag heren Junioren				
<i>11 - 17 jaar (Jeugd 2 en later)</i>				
1. WVZ				03:55.04
Thomas Jansen 2001 (+61)	50m	00:29.05	29,05	
Thomas Jansen 2001 (+61)	100m	00:59.89	30,84	
Quinn van den Heuvel 2001 (+36)	150m	01:29.39	29,50	
Quinn van den Heuvel 2001 (+36)	200m	02:04.31	34,92	
Sean Niewold 2002 (+47)	250m	02:30.97	26,66	
Sean Niewold 2002 (+47)	300m	03:01.37	30,40	
Max Visser 2001 (+36)	350m	03:27.22	25,85	
Max Visser 2001 (+36)	400m	03:55.04	27,82	
2. ZPC AMERSFOORT				04:00.30
Mart Niehoff 2001 (+62)	50m	00:29.34	29,34	
Mart Niehoff 2001 (+62)	100m	01:01.31	31,97	
Rijk Dragstra 2001 (+15)	150m	01:32.60	31,29	
Rijk Dragstra 2001 (+15)	200m	02:10.58	37,98	

Austin Namesnik 2001 (+27)	250m	02:36.84	26,26	
Austin Namesnik 2001 (+27)	300m	03:06.94	30,10	
Bas Morelissen 2001 (+32)	350m	03:32.04	25,10	
Bas Morelissen 2001 (+32)	400m	04:00.30	28,26	
3. De Dolfijn				04:00.98
Kenzo Simons 2001 (+63)	50m	00:28.71	28,71	
Kenzo Simons 2001 (+63)	100m	00:58.41	29,70	
Finn Vos 2002 (+30)	150m	01:30.55	32,14	
Finn Vos 2002 (+30)	200m	02:09.16	38,61	
Elroy Schot 2002 (+29)	250m	02:35.90	26,74	
Elroy Schot 2002 (+29)	300m	03:07.93	32,03	
Dave van der Voet 2001 (+31)	350m	03:33.33	25,40	
Dave van der Voet 2001 (+31)	400m	04:00.98	27,65	
4. DWK				04:07.40
Joas Groeneveld 2001 (+58)	50m	00:29.81	29,81	
Joas Groeneveld 2001 (+58)	100m	01:02.71	32,90	
Raphael Mennen 2001 (+21)	150m	01:35.30	32,59	
Raphael Mennen 2001 (+21)	200m	02:14.36	39,06	
Bart Muselaers 2001 (+28)	250m	02:41.41	27,05	
Bart Muselaers 2001 (+28)	300m	03:13.20	31,79	
Dylan Donkersteeg 2002 (+30)	350m	03:38.40	25,20	
Dylan Donkersteeg 2002 (+30)	400m	04:07.40	29,00	
5. Dedemsvaart-AC				04:09.09
Leon van den Hof 2002 (+59)	50m	00:28.66	28,66	
Leon van den Hof 2002 (+59)	100m	01:02.27	33,61	
Jesse Zweers 2001 (+30)	150m	01:33.40	31,13	
Jesse Zweers 2001 (+30)	200m	02:09.33	35,93	
Niels Kragt 2003 (+40)	250m	02:38.36	29,03	
Niels Kragt 2003 (+40)	300m	03:12.50	34,14	
Tristan Scholten 2002 (+52)	350m	03:39.11	26,61	
Tristan Scholten 2002 (+52)	400m	04:09.09	29,98	
6. Hellas-Glana				04:09.66
Raf Hendriks 2001 (+57)	50m	00:29.08	29,08	
Raf Hendriks 2001 (+57)	100m	00:59.46	30,38	
Ian Sanders 2001 (+39)	150m	01:30.33	30,87	
Ian Sanders 2001 (+39)	200m	02:06.32	35,99	
Lars Kerremans 2001 (+50)	250m	02:34.23	27,91	
Lars Kerremans 2001 (+50)	300m	03:09.04	34,81	
Kjell Reumkens 2004 (+49)	350m	03:37.55	28,51	
Kjell Reumkens 2004 (+49)	400m	04:09.66	32,11	
7. Nuenen				04:12.15
Floris Sonneveld 2004 (+65)	50m	00:33.42	33,42	
Floris Sonneveld 2004 (+65)	100m	01:08.28	34,86	
Bram Zwetsloot 2002 (+1)	150m	01:38.89	30,61	
Bram Zwetsloot 2002 (+1)	200m	02:14.08	35,19	
Alexander Nijst 2001 (+1)	250m	02:40.96	26,88	
Alexander Nijst 2001 (+1)	300m	03:13.00	32,04	
Victor de Kousemaeker 2001 (+13)	350m	03:40.50	27,50	
Victor de Kousemaeker 2001 (+13)	400m	04:12.15	31,65	
8. De Dinkel				04:15.53
Lukas Binnekamp 2003 (+66)	50m	00:29.25	29,25	
Lukas Binnekamp 2003 (+66)	100m	01:01.46	32,21	
Jurre Hanstede 2002 (+47)	150m	01:34.74	33,28	
Jurre Hanstede 2002 (+47)	200m	02:13.77	39,03	
Bart Kooiker 2001 (+34)	250m	02:42.27	28,50	
Bart Kooiker 2001 (+34)	300m	03:18.30	36,03	
Milan van Dieren 2001 (+42)	350m	03:44.95	26,65	
Milan van Dieren 2001 (+42)	400m	04:15.53	30,58	
9. Feijenoord Albion Zwemclub				04:16.89
Sander Iuga 2001 (+63)	50m	00:31.33	31,33	
Sander Iuga 2001 (+63)	100m	01:04.09	32,76	
Kenan Coeruez 2003 (+34)	150m	01:37.18	33,09	

Kenan Coeruez 2003 (+34)	200m	02:17.08	39,90	
Jarno van Oijen 2001 (+45)	250m	02:45.41	28,33	
Jarno van Oijen 2001 (+45)	300m	03:18.63	33,22	
Senna Mooldijk 2003 (+23)	350m	03:46.32	27,69	
Senna Mooldijk 2003 (+23)	400m	04:16.89	30,57	
10. De Columbiaan				04:21.49
Viktor Koets 2002 (+69)	50m	00:30.84	30,84	
Viktor Koets 2002 (+69)	100m	01:04.67	33,83	
Dave van den Nieuwendijk 2001 (+39)	150m	01:36.72	32,05	
Dave van den Nieuwendijk 2001 (+39)	200m	02:14.76	38,04	
Thijm Kruit 2004 (+38)	250m	02:46.98	32,22	
Thijm Kruit 2004 (+38)	300m	03:24.05	37,07	
Max van Schagen 2004 (+28)	350m	03:51.48	27,43	
Max van Schagen 2004 (+28)	400m	04:21.49	30,01	
DIS. PSV				00:00.00
Stefan Tomicic 2001 (+60)	50m	00:28.18	28,18	
Stefan Tomicic 2001 (+60)	100m	00:59.66	31,48	
Bryan Agterdenbos 2002 (+20)	150m	01:32.09	32,43	
Bryan Agterdenbos 2002 (+20)	200m	02:10.54	38,45	
Jeremiah Vianen 2002 (+40)	250m	02:37.92	27,38	
Jeremiah Vianen 2002 (+40)	300m	03:10.64	32,72	
Aleks Doedel 2001 (-18)	400m	00:00.00	-190,64	
11 - 15 jaar (Junioren 4 en later)				
1. ZPC AMERSFOORT				04:03.13
Dylan Smolders 2003 (+61)	50m	00:29.99	29,99	
Dylan Smolders 2003 (+61)	100m	01:02.48	32,49	
Angus Corbeau 2003 (+34)	150m	01:33.19	30,71	
Angus Corbeau 2003 (+34)	200m	02:09.42	36,23	
Simon Claasen 2004 (+45)	250m	02:36.98	27,56	
Simon Claasen 2004 (+45)	300m	03:09.02	32,04	
Job Sanders 2003 (+38)	350m	03:35.05	26,03	
Job Sanders 2003 (+38)	400m	04:03.13	28,08	
2. Aqua-Novio'94				04:04.51
Tyrese Sitania 2003 (+55)	50m	00:28.67	28,67	
Tyrese Sitania 2003 (+55)	100m	01:00.76	32,09	
Tim Korstanje 2003 (+20)	150m	01:32.06	31,30	
Tim Korstanje 2003 (+20)	200m	02:08.16	36,10	
Matej Danis 2003 (+38)	250m	02:35.43	27,27	
Matej Danis 2003 (+38)	300m	03:08.44	33,01	
Thomas Swartjes 2003 (+53)	350m	03:34.76	26,32	
Thomas Swartjes 2003 (+53)	400m	04:04.51	29,75	
3. PSV				04:06.96
Mike Gerritsen 2003 (+67)	50m	00:30.75	30,75	
Mike Gerritsen 2003 (+67)	100m	01:05.11	34,36	
Sam van der Stroom 2003 (+47)	150m	01:36.55	31,44	
Sam van der Stroom 2003 (+47)	200m	02:12.87	36,32	
Stephan De Freitas Steverink 2004 (+47)	250m	02:40.60	27,73	
Stephan De Freitas Steverink 2004 (+47)	300m	03:12.35	31,75	
Pieter Wisse 2004 (+37)	350m	03:38.68	26,33	
Pieter Wisse 2004 (+37)	400m	04:06.96	28,28	
4. The Hague Swimming (SG)				04:07.89
Keanu Streefland 2003 (+62)	50m	00:28.97	28,97	
Keanu Streefland 2003 (+62)	100m	01:00.33	31,36	
Milan Hamel 2003 (+39)	150m	01:34.01	33,68	
Milan Hamel 2003 (+39)	200m	02:12.91	38,90	
Michael Smink 2003 (+38)	250m	02:40.77	27,86	
Michael Smink 2003 (+38)	300m	03:13.94	33,17	
Sebastian Vandermeer 2003 (+34)	350m	03:39.67	25,73	
Sebastian Vandermeer 2003 (+34)	400m	04:07.89	28,22	
5. Nextline Swimming				04:11.22
Stan De Swart 2003 (+69)	50m	00:30.34	30,34	
Stan De Swart 2003 (+69)	100m	01:05.03	34,69	

Luuk van Rooij 2004 (+3)	150m	01:37.02	31,99	
Luuk van Rooij 2004 (+3)	200m	02:16.57	39,55	
Aidan Andersen 2003 (+15)	250m	02:44.45	27,88	
Aidan Andersen 2003 (+15)	300m	03:17.63	33,18	
Lucas Peters 2003 (+28)	350m	03:43.34	25,71	
Lucas Peters 2003 (+28)	400m	04:11.22	27,88	
6. The Hague Swimming (SG)				04:13.04
Jay de Vries 2004 (+70)	50m	00:31.98	31,98	
Jay de Vries 2004 (+70)	100m	01:05.78	33,80	
Jason van den Berg 2004	150m	01:37.80	32,02	
Jason van den Berg 2004	200m	02:15.53	37,73	
Zev Bulk 2003 (+36)	250m	02:43.81	28,28	
Zev Bulk 2003 (+36)	300m	03:16.61	32,80	
Omar Markovinovic 2003 (+47)	350m	03:43.58	26,97	
Omar Markovinovic 2003 (+47)	400m	04:13.04	29,46	
7. WVZ				04:21.56
Daan Sonneveld 2006 (+57)	50m	00:30.77	30,77	
Daan Sonneveld 2006 (+57)	100m	01:04.84	34,07	
Abel te Riele 2004 (+23)	150m	01:38.36	33,52	
Abel te Riele 2004 (+23)	200m	02:17.56	39,20	
Pepijn van Egmond 2004 (+43)	250m	02:47.29	29,73	
Pepijn van Egmond 2004 (+43)	300m	03:22.68	35,39	
Anthony Kraag 2004 (+54)	350m	03:50.51	27,83	
Anthony Kraag 2004 (+54)	400m	04:21.56	31,05	
8. FZC'54-De Vikings (SG)				04:21.85
Hendrik van der Leest 2004 (+56)	50m	00:28.83	28,83	
Hendrik van der Leest 2004 (+56)	100m	00:59.48	30,65	
David da Silva Miranda 2005 (+66)	150m	01:35.54	36,06	
David da Silva Miranda 2005 (+66)	200m	02:16.87	41,33	
Hessel Broekstra 2004 (+65)	250m	02:45.00	28,13	
Hessel Broekstra 2004 (+65)	300m	03:21.03	36,03	
Vito Kuperus 2004 (+43)	350m	03:49.74	28,71	
Vito Kuperus 2004 (+43)	400m	04:21.85	32,11	
9. Hieronymus				04:22.74
Daan Trinh 2004 (+55)	50m	00:32.77	32,77	
Daan Trinh 2004 (+55)	100m	01:07.38	34,61	
Wessel Heijnemans 2003 (+52)	150m	01:40.82	33,44	
Wessel Heijnemans 2003 (+52)	200m	02:22.40	41,58	
Teun van der Schrier 2004 (+16)	250m	02:51.19	28,79	
Teun van der Schrier 2004 (+16)	300m	03:25.32	34,13	
Sem Lazaroms 2004 (+26)	350m	03:52.40	27,08	
Sem Lazaroms 2004 (+26)	400m	04:22.74	30,34	
10. Deltasteur				04:23.04
Christian van der Werf 2006 (+76)	50m	00:34.46	34,46	
Christian van der Werf 2006 (+76)	100m	01:09.79	35,33	
Kylian Heederik 2003 (+47)	150m	01:41.36	31,57	
Kylian Heederik 2003 (+47)	200m	02:18.75	37,39	
Quinn Heederik 2004 (+28)	250m	02:48.88	30,13	
Quinn Heederik 2004 (+28)	300m	03:24.82	35,94	
Robert Dragt 2004 (+44)	350m	03:52.85	28,03	
Robert Dragt 2004 (+44)	400m	04:23.04	30,19	
11. Hellas-Glana				04:23.14
Luka Geraerds 2005 (+62)	50m	00:32.05	32,05	
Luka Geraerds 2005 (+62)	100m	01:05.43	33,38	
Sem Wetzels 2004 (+65)	150m	01:38.27	32,84	
Sem Wetzels 2004 (+65)	200m	02:18.08	39,81	
Serge Knops 2004 (+45)	250m	02:47.29	29,21	
Serge Knops 2004 (+45)	300m	03:23.46	36,17	
Sven van Eeghem 2004 (+39)	350m	03:51.67	28,21	
Sven van Eeghem 2004 (+39)	400m	04:23.14	31,47	
12. De Dolfijn				04:24.69
Kaito van Meeteren 2004 (+71)	50m	00:34.10	34,10	

Kaito van Meeteren 2004 (+71)	100m	01:08.77	34,67	
Miles Steenvoorden 2005 (+64)	150m	01:41.99	33,22	
Miles Steenvoorden 2005 (+64)	200m	02:21.87	39,88	
Thijs Bosma 2003 (+37)	250m	02:50.60	28,73	
Thijs Bosma 2003 (+37)	300m	03:25.92	35,32	
Joren Oldenhof 2004 (+21)	350m	03:53.74	27,82	
Joren Oldenhof 2004 (+21)	400m	04:24.69	30,95	
13. Zwemclub Eijsden				04:25.86
Job van Wanroij 2003 (+67)	50m	00:31.54	31,54	
Job van Wanroij 2003 (+67)	100m	01:05.64	34,10	
Koen de Groot 2004 (+11)	150m	01:38.65	33,01	
Koen de Groot 2004 (+11)	200m	02:19.22	40,57	
Guus van Wanroij 2003 (+5)	250m	02:49.99	30,77	
Guus van Wanroij 2003 (+5)	300m	03:27.96	37,97	
Jonathan Vervenne 2003 (+43)	350m	03:55.00	27,04	
Jonathan Vervenne 2003 (+43)	400m	04:25.86	30,86	
14. ZV 44				04:26.98
Vince van der Pal 2004 (+68)	50m	00:31.90	31,90	
Vince van der Pal 2004 (+68)	100m	01:04.82	32,92	
Ruben Hoeve 2003 (+31)	150m	01:41.31	36,49	
Ruben Hoeve 2003 (+31)	200m	02:24.00	42,69	
Sven Klink 2005 (+37)	250m	02:54.63	30,63	
Sven Klink 2005 (+37)	300m	03:30.26	35,63	
Robin van den Berg 2004 (+34)	350m	03:57.64	27,38	
Robin van den Berg 2004 (+34)	400m	04:26.98	29,34	
15. ZPC AMERSFOORT				04:27.05
Ruben Claasen 2004 (+62)	50m	00:32.01	32,01	
Ruben Claasen 2004 (+62)	100m	01:06.10	34,09	
Anders van Norden 2004 (+53)	150m	01:39.72	33,62	
Anders van Norden 2004 (+53)	200m	02:18.35	38,63	
Tenzing Geutjes 2006 (+55)	250m	02:51.38	33,03	
Tenzing Geutjes 2006 (+55)	300m	03:30.83	39,45	
Rijk Heere 2003 (+52)	350m	03:57.95	27,12	
Rijk Heere 2003 (+52)	400m	04:27.05	29,10	
16. PSV				04:28.17
Finn Broekhoven 2006 (+70)	50m	00:32.91	32,91	
Finn Broekhoven 2006 (+70)	100m	01:09.35	36,44	
Mel van Gemert 2003 (+28)	150m	01:44.08	34,73	
Mel van Gemert 2003 (+28)	200m	02:25.59	41,51	
David Groenewegen 2004 (+31)	250m	02:54.44	28,85	
David Groenewegen 2004 (+31)	300m	03:28.20	33,76	
Koen Vissers 2004 (+55)	350m	03:57.00	28,80	
Koen Vissers 2004 (+55)	400m	04:28.17	31,17	
17. WS Twente				04:29.60
Ewald de Haas 2003 (+63)	50m	00:31.11	31,11	
Ewald de Haas 2003 (+63)	100m	01:05.55	34,44	
Jesper Bos 2004 (+40)	150m	01:39.85	34,30	
Jesper Bos 2004 (+40)	200m	02:20.11	40,26	
Jort van der Vlag 2004 (+51)	250m	02:49.24	29,13	
Jort van der Vlag 2004 (+51)	300m	03:24.94	35,70	
Wout Koops 2006 (+60)	350m	03:56.12	31,18	
Wout Koops 2006 (+60)	400m	04:29.60	33,48	
54. 4x200m vrije slag dames Junioren				
<i>11 - 15 jaar (Jeugd 2 en later)</i>				
1. VZC				08:45.40
Josse Bergman 2003 (+75)	50m	00:30.47	30,47	
Josse Bergman 2003 (+75)	100m	01:03.55	33,08	
Josse Bergman 2003 (+75)	150m	01:37.24	33,69	
Josse Bergman 2003 (+75)	200m	02:10.09	32,85	
Bridget Vermeer 2005 (+78)	250m	02:40.56	30,47	
Bridget Vermeer 2005 (+78)	300m	03:14.69	34,13	
Bridget Vermeer 2005 (+78)	350m	03:48.75	34,06	

Bridget Vermeer 2005 (+78)	400m	04:21.52	32,77
Kirsten Verhalle 2004 (+54)	450m	04:50.76	29,24
Kirsten Verhalle 2004 (+54)	500m	05:24.13	33,37
Kirsten Verhalle 2004 (+54)	550m	05:58.45	34,32
Kirsten Verhalle 2004 (+54)	600m	06:32.34	33,89
Gaia Sterre Mirotti 2003 (+40)	650m	07:01.84	29,50
Gaia Sterre Mirotti 2003 (+40)	700m	07:35.50	33,66
Gaia Sterre Mirotti 2003 (+40)	750m	08:10.57	35,07
Gaia Sterre Mirotti 2003 (+40)	800m	08:45.40	34,83

2. PSV

08:52.85

Lana Broekhoven 2003 (+71)	50m	00:30.14	30,14
Lana Broekhoven 2003 (+71)	100m	01:03.42	33,28
Lana Broekhoven 2003 (+71)	150m	01:37.09	33,67
Lana Broekhoven 2003 (+71)	200m	02:10.45	33,36
Janne Slegers 2004 (+54)	250m	02:42.22	31,77
Janne Slegers 2004 (+54)	300m	03:16.76	34,54
Janne Slegers 2004 (+54)	350m	03:52.05	35,29
Janne Slegers 2004 (+54)	400m	04:28.57	36,52
Mila Maas 2003 (+29)	450m	04:57.62	29,05
Mila Maas 2003 (+29)	500m	05:30.21	32,59
Mila Maas 2003 (+29)	550m	06:04.54	34,33
Mila Maas 2003 (+29)	600m	06:40.24	35,70
Sterre Hendriks 2004 (+37)	650m	07:10.16	29,92
Sterre Hendriks 2004 (+37)	700m	07:43.67	33,51
Sterre Hendriks 2004 (+37)	750m	08:18.97	35,30
Sterre Hendriks 2004 (+37)	800m	08:52.85	33,88

3. ZV 44

09:05.03

Danielle Meinema 2003 (+80)	50m	00:30.78	30,78
Danielle Meinema 2003 (+80)	100m	01:04.67	33,89
Danielle Meinema 2003 (+80)	150m	01:40.46	35,79
Danielle Meinema 2003 (+80)	200m	02:16.28	35,82
Naomi Polinder 2003 (+62)	250m	02:46.50	30,22
Naomi Polinder 2003 (+62)	300m	03:21.10	34,60
Naomi Polinder 2003 (+62)	350m	03:57.95	36,85
Naomi Polinder 2003 (+62)	400m	04:35.33	37,38
Lotte Pieterman 2003 (+53)	450m	05:05.31	29,98
Lotte Pieterman 2003 (+53)	500m	05:40.67	35,36
Lotte Pieterman 2003 (+53)	550m	06:17.41	36,74
Lotte Pieterman 2003 (+53)	600m	06:52.16	34,75
Lindsey Berghuis 2003 (+65)	650m	07:22.03	29,87
Lindsey Berghuis 2003 (+65)	700m	07:55.77	33,74
Lindsey Berghuis 2003 (+65)	750m	08:30.78	35,01
Lindsey Berghuis 2003 (+65)	800m	09:05.03	34,25

4. Hellas-Glana

09:20.42

Anouk van Hattum 2006 (+74)	50m	00:30.65	30,65
Anouk van Hattum 2006 (+74)	100m	01:05.04	34,39
Anouk van Hattum 2006 (+74)	150m	01:41.61	36,57
Anouk van Hattum 2006 (+74)	200m	02:18.01	36,40
Solenn Hoeben 2003 (+39)	250m	02:50.42	32,41
Solenn Hoeben 2003 (+39)	300m	03:27.25	36,83
Solenn Hoeben 2003 (+39)	350m	04:05.26	38,01
Solenn Hoeben 2003 (+39)	400m	04:41.32	36,06
Rachelle Luimes 2005 (+66)	450m	05:14.88	33,56
Rachelle Luimes 2005 (+66)	500m	05:51.84	36,96
Rachelle Luimes 2005 (+66)	550m	06:30.20	38,36
Rachelle Luimes 2005 (+66)	600m	07:07.39	37,19
Imke Beekman 2003 (+47)	650m	07:37.50	30,11
Imke Beekman 2003 (+47)	700m	08:11.13	33,63
Imke Beekman 2003 (+47)	750m	08:45.97	34,84
Imke Beekman 2003 (+47)	800m	09:20.42	34,45

5. De Dinkel

09:25.99

Puck Koopman 2004 (+79)	50m	00:31.34	31,34
Puck Koopman 2004 (+79)	100m	01:07.14	35,80
Puck Koopman 2004 (+79)	150m	01:44.14	37,00

Puck Koopman 2004 (+79)	200m	02:21.22	37,08
Joy van Dieren 2003 (+38)	250m	02:52.09	30,87
Joy van Dieren 2003 (+38)	300m	03:27.92	35,83
Joy van Dieren 2003 (+38)	350m	04:04.42	36,50
Joy van Dieren 2003 (+38)	400m	04:41.19	36,77
Yke Groener 2005 (+38)	450m	05:12.26	31,07
Yke Groener 2005 (+38)	500m	05:48.69	36,43
Yke Groener 2005 (+38)	550m	06:26.28	37,59
Yke Groener 2005 (+38)	600m	07:03.70	37,42
Soraya Rakers 2003 (+54)	650m	07:35.11	31,41
Soraya Rakers 2003 (+54)	700m	08:10.49	35,38
Soraya Rakers 2003 (+54)	750m	08:47.77	37,28
Soraya Rakers 2003 (+54)	800m	09:25.99	38,22

11 - 13 jaar (Junioren 3 en later)

1. The Hague Swimming (SG)

09:08.84

Anique Hazebroek 2005 (+69)	50m	00:31.76	31,76
Anique Hazebroek 2005 (+69)	100m	01:07.12	35,36
Anique Hazebroek 2005 (+69)	150m	01:42.63	35,51
Anique Hazebroek 2005 (+69)	200m	02:16.81	34,18
Merel Schravendijk 2005 (+31)	250m	02:46.72	29,91
Merel Schravendijk 2005 (+31)	300m	03:20.56	33,84
Merel Schravendijk 2005 (+31)	350m	03:54.89	34,33
Merel Schravendijk 2005 (+31)	400m	04:29.43	34,54
Megan Jonkman 2006 (+53)	450m	05:00.56	31,13
Megan Jonkman 2006 (+53)	500m	05:36.64	36,08
Megan Jonkman 2006 (+53)	550m	06:14.19	37,55
Megan Jonkman 2006 (+53)	600m	06:51.38	37,19
Elydjah van der Heul 2006 (+53)	650m	07:22.32	30,94
Elydjah van der Heul 2006 (+53)	700m	07:56.60	34,28
Elydjah van der Heul 2006 (+53)	750m	08:32.94	36,34
Elydjah van der Heul 2006 (+53)	800m	09:08.84	35,90

2. De Dolfijn

09:11.94

Aniek van den Brink 2005 (+73)	50m	00:31.71	31,71
Aniek van den Brink 2005 (+73)	100m	01:06.84	35,13
Aniek van den Brink 2005 (+73)	150m	01:42.09	35,25
Aniek van den Brink 2005 (+73)	200m	02:16.70	34,61
Jennifer Veldhuisen 2005 (+55)	250m	02:47.44	30,74
Jennifer Veldhuisen 2005 (+55)	300m	03:21.17	33,73
Jennifer Veldhuisen 2005 (+55)	350m	03:56.77	35,60
Jennifer Veldhuisen 2005 (+55)	400m	04:33.25	36,48
Francesca Coppo 2005 (+46)	450m	05:04.17	30,92
Francesca Coppo 2005 (+46)	500m	05:40.49	36,32
Francesca Coppo 2005 (+46)	550m	06:19.83	39,34
Francesca Coppo 2005 (+46)	600m	06:57.96	38,13
Michelle Jørgensen 2005 (+37)	650m	07:28.27	30,31
Michelle Jørgensen 2005 (+37)	700m	08:02.52	34,25
Michelle Jørgensen 2005 (+37)	750m	08:37.70	35,18
Michelle Jørgensen 2005 (+37)	800m	09:11.94	34,24

3. Feijenoord Albion Zwemclub

09:25.68

Asha van Lobberegt 2005 (+67)	50m	00:31.64	31,64
Asha van Lobberegt 2005 (+67)	100m	01:07.28	35,64
Asha van Lobberegt 2005 (+67)	150m	01:43.61	36,33
Asha van Lobberegt 2005 (+67)	200m	02:20.25	36,64
Aisha Nobels 2005 (+44)	250m	02:51.74	31,49
Aisha Nobels 2005 (+44)	300m	03:28.46	36,72
Aisha Nobels 2005 (+44)	350m	04:06.55	38,09
Aisha Nobels 2005 (+44)	400m	04:42.77	36,22
Britt van't Zant 2005 (+46)	450m	05:14.33	31,56
Britt van't Zant 2005 (+46)	500m	05:50.54	36,21
Britt van't Zant 2005 (+46)	550m	06:29.15	38,61
Britt van't Zant 2005 (+46)	600m	07:07.25	38,10
Isa Maes 2005 (+45)	650m	07:38.29	31,04
Isa Maes 2005 (+45)	700m	08:13.86	35,57
Isa Maes 2005 (+45)	750m	08:50.12	36,26
Isa Maes 2005 (+45)	800m	09:25.68	35,56

4. VZC

09:53.20

Evica Klok 2005 (+80)	50m	00:31.72	31,72
Evica Klok 2005 (+80)	100m	01:06.71	34,99
Evica Klok 2005 (+80)	150m	01:42.95	36,24
Evica Klok 2005 (+80)	200m	02:18.15	35,20
Manon Kooij 2006 (+52)	250m	02:50.74	32,59
Manon Kooij 2006 (+52)	300m	03:29.08	38,34
Manon Kooij 2006 (+52)	350m	04:08.31	39,23
Manon Kooij 2006 (+52)	400m	04:46.49	38,18
Robin Vermeer 2007 (+66)	450m	05:21.32	34,83
Robin Vermeer 2007 (+66)	500m	06:01.06	39,74
Robin Vermeer 2007 (+66)	550m	06:42.45	41,39
Robin Vermeer 2007 (+66)	600m	07:22.75	40,30
Noa Ottens 2007 (+73)	650m	07:56.43	33,68
Noa Ottens 2007 (+73)	700m	08:34.80	38,37
Noa Ottens 2007 (+73)	750m	09:14.54	39,74
Noa Ottens 2007 (+73)	800m	09:53.20	38,66

NJJK lange baan 2019 sessie 5 - zaterdag 15 juni 2019 om 16:30u (50 m)

Aanvangstijd juryvergadering: 15:30u

55. 400m vrije slag - Heren

12 - 12 jaar (Junioren 1)

1. Finn Broekhoven (PSV, 200600035)							04:36.95(+67)				
50m	00:30.29	30,29	150m	01:39.07	35,41	250m	02:51.40	36,18	350m	04:02.69	35,57
100m	01:03.66	33,37	200m	02:15.22	36,15	300m	03:27.12	35,72			
2. Daan Sonneveld (WVZ, 200601085)							04:40.34(+70)				
50m	00:31.70	31,70	150m	01:43.39	36,13	250m	02:55.46	35,93	350m	04:07.34	36,20
100m	01:07.26	35,56	200m	02:19.53	36,14	300m	03:31.14	35,68			
3. Senna Hof (DZ&PC, 200600761)							04:40.59(+85)				
50m	00:32.24	32,24	150m	01:44.75	36,30	250m	02:57.42	36,12	350m	04:07.85	35,24
100m	01:08.45	36,21	200m	02:21.30	36,55	300m	03:32.61	35,19			
4. Tiamo van der Veen (ZPC Hoogeveen, 200600033)							04:43.22(+79)				
50m	00:31.68	31,68	150m	01:42.72	35,84	250m	02:55.67	36,28	350m	04:08.60	36,23
100m	01:06.88	35,20	200m	02:19.39	36,67	300m	03:32.37	36,70			
5. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)							04:43.55(+72)				
50m	00:31.53	31,53	150m	01:43.82	36,63	250m	02:57.63	36,90	350m	04:09.47	35,17
100m	01:07.19	35,66	200m	02:20.73	36,91	300m	03:34.30	36,67			
6. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)							04:48.51(+79)				
50m	00:32.47	32,47	150m	01:46.15	37,05	250m	02:59.63	36,50	350m	04:13.72	37,24
100m	01:09.10	36,63	200m	02:23.13	36,98	300m	03:36.48	36,85			
7. Olivier Wilbers (ZPC Hoogeveen, 200600181)							04:48.74(+68)				
50m	00:32.79	32,79	150m	01:46.46	37,14	250m	03:00.42	36,89	350m	04:13.75	36,46
100m	01:09.32	36,53	200m	02:23.53	37,07	300m	03:37.29	36,87			
8. Bjorn Rijkaart (BZ&PC, 200601337)							04:54.59(+74)				
50m	00:31.64	31,64	150m	01:43.00	36,68	250m	02:58.68	38,19	350m	04:16.45	39,47
100m	01:06.32	34,68	200m	02:20.49	37,49	300m	03:36.98	38,30			
9. Ivar Kleuver (De Aalscholver, 200601457)							04:56.70(+78)				
50m	00:33.22	33,22	150m	01:49.09	37,79	250m	03:04.58	37,53	350m	04:20.59	37,66
100m	01:11.30	38,08	200m	02:27.05	37,96	300m	03:42.93	38,35			
10. Maxime Koops (Zwemsport Parkstad (SG), 200600831)							04:58.16(+82)				
50m	00:32.71	32,71	150m	01:49.26	39,19	250m	03:06.69	39,26	350m	04:22.51	37,78
100m	01:10.07	37,36	200m	02:27.43	38,17	300m	03:44.73	38,04			
11. Bas Blanker (ZPB H&L Productions, 200601497)							04:58.37(+71)				
50m	00:32.15	32,15	150m	01:46.76	38,45	250m	03:04.17	38,83	350m	04:22.25	39,34
100m	01:08.31	36,16	200m	02:25.34	38,58	300m	03:42.91	38,74			
12. Lars Bulman (ZC Aquadream, 200600125)							04:58.93(+77)				

	50m 00:33.31 33,31	150m 01:49.74 38,27	250m 03:06.74 38,29	350m 04:22.90 37,44	
	100m 01:11.47 38,16	200m 02:28.45 38,71	300m 03:45.46 38,72		
13. Kylian Oosterveen (ZPC De Zeeuwse Kust, 200600651)					05:00.52
	50m 00:32.93 32,93	150m 01:49.11 38,54	250m 03:07.31 38,47	350m 04:24.60 37,89	
	100m 01:10.57 37,64	200m 02:28.84 39,73	300m 03:46.71 39,40		
14. Wout Koops (WS Twente, 200601543)					05:01.01(+81)
	50m 00:33.22 33,22	150m 01:49.33 38,48	250m 03:06.84 38,71	350m 04:24.28 38,49	
	100m 01:10.85 37,63	200m 02:28.13 38,80	300m 03:45.79 38,95		
15. Jip Bakker (Orca, 200600287)					05:02.07(+73)
	50m 00:33.36 33,36	150m 01:50.54 38,81	250m 03:09.31 39,08	350m 04:26.37 38,12	
	100m 01:11.73 38,37	200m 02:30.23 39,69	300m 03:48.25 38,94		
16. Mark Demianenko (Zoetermeer, 200600409)					05:03.63(+69)
	50m 00:32.56 32,56	150m 01:48.38 38,91	250m 03:07.69 39,80	350m 04:26.87 39,48	
	100m 01:09.47 36,91	200m 02:27.89 39,51	300m 03:47.39 39,70		
17. Matthew Finney (Merlet, 200602167)					05:03.93(+73)
	50m 00:32.93 32,93	150m 01:48.80 38,89	250m 03:07.12 39,45	350m 04:26.08 39,19	
	100m 01:09.91 36,98	200m 02:27.67 38,87	300m 03:46.89 39,77		
18. Joeri Harreman (De Schelde, 200600469)					05:10.24(+69)
	50m 00:33.15 33,15	150m 01:49.92 39,16	250m 03:10.43 40,54	350m 04:32.05 40,91	
	100m 01:10.76 37,61	200m 02:29.89 39,97	300m 03:51.14 40,71		
19. Dimi Stoyanov (The Hague Swimming (SG), 200601067)					05:10.98(+68)
	50m 00:33.19 33,19	150m 01:52.41 39,82	250m 03:12.20 39,44	350m 04:32.64 39,58	
	100m 01:12.59 39,40	200m 02:32.76 40,35	300m 03:53.06 40,86		
20. Feico de Jonge (KZC, 200600047)					05:14.09(+44)
	50m 00:34.74 34,74	150m 01:53.59 40,20	250m 03:14.15 40,18	350m 04:35.08 40,40	
	100m 01:13.39 38,65	200m 02:33.97 40,38	300m 03:54.68 40,53		
56. 400m vrije slag - Heren					
13 - 13 jaar (Junioren 2)					
1. Colin Bes (Zwemclub Polaris, 200500201)					04:30.09(+76)
	50m 00:29.72 29,72	150m 01:38.41 34,81	250m 02:49.00 35,45	350m 03:58.19 33,94	
	100m 01:03.60 33,88	200m 02:13.55 35,14	300m 03:24.25 35,25		
2. Yanieck Frijstein (The Hague Swimming (SG), 200500329)					04:30.13(+75)
	50m 00:30.49 30,49	150m 01:38.37 34,64	250m 02:48.39 35,19	350m 03:57.30 34,05	
	100m 01:03.73 33,24	200m 02:13.20 34,83	300m 03:23.25 34,86		
3. Gabriel Been (The Hague Swimming (SG), 200501467)					04:32.34(+78)
	50m 00:30.08 30,08	150m 01:37.69 34,57	250m 02:48.33 35,43	350m 03:58.87 35,06	
	100m 01:03.12 33,04	200m 02:12.90 35,21	300m 03:23.81 35,48		
4. Émile Fouzaï (The Hague Swimming (SG), 200500263)					04:36.04(+81)
	50m 00:30.94 30,94	150m 01:41.50 35,59	250m 02:52.61 35,37	350m 04:02.93 34,69	
	100m 01:05.91 34,97	200m 02:17.24 35,74	300m 03:28.24 35,63		
5. Luka Geraerds (Hellas-Glana, 200502077)					04:38.98(+81)
	50m 00:31.34 31,34	150m 01:41.22 35,52	250m 02:52.93 35,74	350m 04:05.05 35,44	
	100m 01:05.70 34,36	200m 02:17.19 35,97	300m 03:29.61 36,68		
6. Rens Stijf (NDD, 200501419)					04:39.85(+62)
	50m 00:30.47 30,47	150m 01:39.07 35,01	250m 02:50.71 36,23	350m 04:04.37 36,82	
	100m 01:04.06 33,59	200m 02:14.48 35,41	300m 03:27.55 36,84		
7. Domingo Kuipers (Orca, 200501787)					04:42.92(+70)
	50m 00:31.05 31,05	150m 01:41.95 35,59	250m 02:55.34 36,48	350m 04:08.16 35,68	
	100m 01:06.36 35,31	200m 02:18.86 36,91	300m 03:32.48 37,14		
8. Wouter Sies (TriVia, 200500369)					04:43.83(+82)
	50m 00:31.30 31,30	150m 01:42.91 35,73	250m 02:55.69 36,52	350m 04:09.96 37,35	
	100m 01:07.18 35,88	200m 02:19.17 36,26	300m 03:32.61 36,92		
9. Mika Bongers (ESCA Zwemmen, 200502683)					04:43.91(+62)
	50m 00:31.37 31,37	150m 01:42.99 36,33	250m 02:56.15 36,84	350m 04:09.28 36,44	

100m 01:06.66 35,29 200m 02:19.31 36,32 300m 03:32.84 36,69

10. Björn Verkaik (The Hague Swimming (SG), 200500411) 04:46.41(+73)
50m 00:31.61 31,61 150m 01:44.58 36,82 250m 02:57.95 36,58 350m 04:11.24 36,57
100m 01:07.76 36,15 200m 02:21.37 36,79 300m 03:34.67 36,72

34. 400m vrije slag - Heren

37. 400m vrije slag - Dames

40. 100m vlinderslag - Heren

14 - 14 jaar (Junioren 3)

1. Simon Claasen (ZPC AMERSFOORT, 200400231) 00:58.73(+60)
50m 00:27.42 27,42

2. Sybren Beeksma (TriVia, 200400133) 00:59.01(+67)
50m 00:27.58 27,58

3. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 00:59.45(+74)
50m 00:27.49 27,49

4. Stephan De Freitas Steverink (PSV, 200404481) 00:59.60(+68)
50m 00:27.94 27,94

5. Merlin Belmon (De Dolfijn, 200403191) 01:00.36(+79)
50m 00:27.75 27,75

6. Jay de Vries (The Hague Swimming (SG), 200400669) 01:00.72(+71)
50m 00:28.30 28,30

7. Teun van der Schrier (Hieronymus, 200403627) 01:02.29(+67)
50m 00:28.58 28,58

8. Pepijn van Egmond (WVZ, 200402309) 01:02.55(+71)
50m 00:28.82 28,82

9. Timo Kock (The Hague Swimming (SG), 200400387) 01:03.02(+73)
50m 00:29.18 29,18

10. Jort van der Vlag (WS Twente, 200400335) 01:04.31(+74)
50m 00:28.32 28,32

15 - 15 jaar (Junioren 4)

1. Tim Korstanje (Aqua-Novio'94, 200300053) 00:57.43(+71)
50m 00:27.75 27,75

2. Michael Smink (The Hague Swimming (SG), 200302169) 00:58.18(+75)
50m 00:27.32 27,32

3. Matej Danis (Aqua-Novio'94, 200304745) 00:59.51(+67)
50m 00:27.63 27,63

4. Keanu Streefland (OC-Racing Club, 200302445) 00:59.67(+68)
50m 00:27.53 27,53

5. Lucas Peters (Nextline Swimming, 200301325) 01:00.46(+72)
50m 00:27.87 27,87

6. Sjors Lemmers (Merlet, 200300555) 01:02.94(+68)
50m 00:29.23 29,23

16 - 17 jaar (Jeugd 1 en 2)

1. Austin Namesnik (ZPC AMERSFOORT, 200101817) 00:56.58(+64)
50m 00:26.27 26,27

2. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329) 00:56.91(+67)
50m 00:26.93 26,93

3. Jarno Koster (Aqua-Novio'94, 200200637) 00:57.21(+72)
50m 00:26.72 26,72

4. Gerard Willighagen (Poseidon'56, 200103663) 00:57.38(+73)
50m 00:26.95 26,95

5. Maquinho Vorst (OC-ZPC De Hof, 200204179)	00:58.42(+71)
50m 00:26.70 26,70	
6. Kirill Hrabcuns (Aquarijn, 200201221)	00:58.88(+72)
50m 00:27.58 27,58	
7. Aleks Doedel (PSV, 200105453)	00:58.99(+70)
50m 00:27.23 27,23	
8. Bart Muselaers (DWK, 200100865)	00:59.28(+71)
50m 00:27.61 27,61	
9. Timo Spaans (Nextline Swimming, 200201087)	00:59.49(+64)
50m 00:27.55 27,55	
10. Dave van der Voet (De Dolfijn, 200102783)	00:59.50(+68)
50m 00:27.48 27,48	
57. 100m vlinderslag - Dames	
11 - 11 jaar (Junioren 1)	
1. Ananda van der Wiel (WVZ, 200701562)	01:12.07(+68)
50m 00:33.20 33,20	
2. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)	01:13.30(+77)
50m 00:33.64 33,64	
3. Lotte Mudde (Zeester-Meerval, 200700502)	01:13.59(+86)
50m 00:34.76 34,76	
4. Lyke Bellert (ZVV, 200701424)	01:16.08(+76)
50m 00:33.99 33,99	
5. Ylva Konings (Hellas-Glana, 200700148)	01:18.50(+78)
50m 00:35.46 35,46	
6. Yara Mels (TRB-RES, 200700232)	01:20.16
50m 00:35.97 35,97	
DIS. Fleur Kamminga (WVZ, 200701838)	00:00.00
58. 100m vlinderslag - Dames	
12 - 12 jaar (Junioren 2)	
1. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	01:07.81(+83)
50m 00:31.85 31,85	
2. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	01:08.20(+74)
50m 00:31.81 31,81	
3. Mara Tims (The Hague Swimming (SG), 200601136)	01:10.92(+70)
50m 00:33.01 33,01	
4. Avery Collins (The Hague Swimming (SG), 200603622)	01:10.98(+70)
50m 00:33.60 33,60	
5. Melissa Odemis (ZV Haerlem, 200602422)	01:12.43(+76)
50m 00:33.39 33,39	
6. Evy Rozeboom (DAW, 200601338)	01:13.04(+83)
50m 00:34.48 34,48	
7. Jade van der Maas (WVZ, 200600408)	01:13.45(+75)
50m 00:33.77 33,77	
8. Natasha Buiting (Aqua-Novio'94, 200603980)	01:14.37(+70)
50m 00:33.92 33,92	
9. Sara Korthuis (Apexswim, 200600494)	01:14.43(+59)
50m 00:33.99 33,99	
10. Lotte Klaver (Zuiderzeewemmers, 200602638)	01:14.78(+75)
50m 00:33.49 33,49	

41. 100m vlinderslag - Dames

13 - 13 jaar (Junioren 3)

1. Thera Janssen (Aqua-Novio'94, 200500270) 01:07.38(+78)
50m 00:31.37 31,37
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254) 01:09.08(+74)
50m 00:32.35 32,35
3. Evy van Laarhoven (De Warande, 200500712) 01:09.98(+79)
50m 00:32.61 32,61
4. Liz Veltman (De Ward, 200503668) 01:10.07(+79)
50m 00:32.12 32,12
- BM. Lotte Hosper (OC-Racing Club, 200201414) BM
50m 00:28.80 28,80
- BM. Femke Spiering (OC-VZC, 200204514) BM
50m 00:28.93 28,93
- BM. Kaylee Dekker (PSV, 200206058) BM
50m 00:29.60 29,60

14 - 15 jaar (Jeugd 1 en 2)

1. Amy de Sain (De Dolfijn, 200304690) 01:03.15(+71)
50m 00:29.67 29,67
2. Britta Koehorst (OC-De Lansingh, 200300246) 01:04.64(+74)
50m 00:29.81 29,81
3. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 01:05.19(+72)
50m 00:30.48 30,48
4. Amber Celie (De Dolfijn, 200300756) 01:05.66(+84)
50m 00:30.93 30,93
5. Veerle Nieborg (TriVia, 200400428) 01:05.88(+76)
50m 00:30.45 30,45
6. Judith Houtvast (Hellas-Glana, 200300714) 01:06.13(+70)
50m 00:30.43 30,43
7. Maaïke Issard (VZC, 200300022) 01:06.29(+90)
50m 00:31.02 31,02
8. Aniek van de Weerd (VZC, 200404136) 01:06.59(+75)
50m 00:31.25 31,25
9. Sterre Hendriks (PSV, 200401288) 01:06.63(+77)
50m 00:31.18 31,18
10. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622) 01:08.97(+76)
50m 00:31.98 31,98

16 - 16 jaar (Senioren 1)

59. 200m schoolslag - Heren

12 - 12 jaar (Junioren 1)

1. Senna Hof (DZ&PC, 200600761) 02:42.61(+83)
50m 00:38.14 38,14 100m 01:20.30 42,16 150m 02:02.77 42,47
2. Lars Bulman (ZC Aquadream, 200600125) 02:44.26(+78)
50m 00:36.88 36,88 100m 01:18.73 41,85 150m 02:01.63 42,90
3. Jip Bakker (Orca, 200600287) 02:49.65(+71)
50m 00:38.60 38,60 100m 01:22.05 43,45 150m 02:05.82 43,77
4. Daan Sonneveld (WVZ, 200601085) 02:55.34(+69)
50m 00:39.70 39,70 100m 01:24.50 44,80 150m 02:10.42 45,92
5. Joe van den Hooff (PSV, 200600559) 02:56.90(+68)
50m 00:39.49 39,49 100m 01:24.75 45,26 150m 02:10.89 46,14

6. Alrik van Eeghem (Hellas-Glana, 200600471)	50m 00:39.84 39,84	100m 01:26.38 46,54	150m 02:13.13 46,75	02:58.68(+79)
7. Lars Servaas (PSV, 200600377)	50m 00:40.37 40,37	100m 01:26.92 46,55	150m 02:13.30 46,38	02:59.62(+65)
8. Jesper Dinger (Zuiderzeewemmers, 200601819)	50m 00:40.88 40,88	100m 01:26.57 45,69	150m 02:13.40 46,83	03:00.48(+86)
9. Finn Broekhoven (PSV, 200600035)	50m 00:40.74 40,74	100m 01:27.81 47,07	150m 02:14.75 46,94	03:00.85(+70)
10. Jelle Fermont (De Schelde, 200600395)	50m 00:41.68 41,68	100m 01:29.91 48,23	150m 02:17.07 47,16	03:01.74(+68)
11. Thijs van den Berg (The Hague Swimming (SG), 200600971)	50m 00:40.13 40,13	100m 01:25.64 45,51	150m 02:13.73 48,09	03:02.29(+79)
12. Mark Demianenko (Zoetermeer, 200600409)	50m 00:40.51 40,51	100m 01:28.50 47,99	150m 02:16.00 47,50	03:02.30(+67)
13. Arjan Kuijt (Wijchen, 200600907)	50m 00:37.91 37,91	100m 01:25.44 47,53	150m 02:15.12 49,68	03:04.27(+81)
14. Olivier Wilbers (ZPC Hoogeveen, 200600181)	50m 00:42.67 42,67	100m 01:29.96 47,29	150m 02:17.55 47,59	03:04.44(+71)
15. Hessel de Jong (De Lansingh, 200602753)	50m 00:40.41 40,41	100m 01:28.31 47,90	150m 02:17.15 48,84	03:04.50(+65)
16. Sem Fijnaut (Hellas-Glana, 200600495)	50m 00:39.42 39,42	100m 01:26.64 47,22	150m 02:16.09 49,45	03:04.58(+68)
17. Björn Mulder (Zoetermeer, 200601517)	50m 00:42.25 42,25	100m 01:29.91 47,66	150m 02:18.18 48,27	03:07.19(+74)
18. Siete Bootsma (Bolsward-Workum (SG), 200600065)	50m 00:42.30 42,30	100m 01:33.18 50,88	150m 02:21.88 48,70	03:10.48(+79)
60. 200m schoolslag - Heren				
<i>13 - 13 jaar (Junioren 2)</i>				
1. Cas Versteegen (HZPC, 200500891)	50m 00:35.03 35,03	100m 01:14.55 39,52	150m 01:55.27 40,72	02:33.40(+73)
2. River Streefland (The Hague Swimming (SG), 200502253)	50m 00:34.81 34,81	100m 01:14.24 39,43	150m 01:53.97 39,73	02:33.68(+71)
3. Steijn Louter (Hieronymus, 200500793)	50m 00:34.41 34,41	100m 01:14.59 40,18	150m 01:55.25 40,66	02:36.94(+83)
4. Tijn van Kuijk (HZPC, 200501087)	50m 00:35.83 35,83	100m 01:16.37 40,54	150m 01:56.92 40,55	02:37.90(+70)
5. Emiel van Oord (The Hague Swimming (SG), 200503707)	50m 00:36.00 36,00	100m 01:16.82 40,82	150m 01:58.45 41,63	02:41.73(+77)
6. Miles Steenvoorden (De Dolfijn, 200501637)	50m 00:36.98 36,98	100m 01:17.64 40,66	150m 01:59.35 41,71	02:41.98(+81)
7. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019)	50m 00:36.68 36,68	100m 01:18.36 41,68	150m 02:01.40 43,04	02:43.54(+77)
8. Yanieck Frijstein (The Hague Swimming (SG), 200500329)	50m 00:36.56 36,56	100m 01:18.64 42,08	150m 02:01.17 42,53	02:45.13(+76)
9. Mika Bongers (ESCA Zwemmen, 200502683)	50m 00:36.28 36,28	100m 01:18.58 42,30	150m 02:02.35 43,77	02:45.37(+68)
10. Domingo Kulpers (Orca, 200501787)	50m 00:37.29 37,29	100m 01:20.10 42,81	150m 02:02.11 42,01	02:45.76(+67)
11. Rolf ter Keurs (De Veene, 200500137)				02:46.61(+86)

	50m 00:36.40 36,40	100m 01:19.05 42,65	150m 02:02.67 43,62	
12. Dave ten Brink (PSV, 200501225)	50m 00:38.17 38,17	100m 01:21.05 42,88	150m 02:04.25 43,20	02:48.25(+73)
13. Daan Hoogendoorn (ZPC Woerden, 200500113)	50m 00:38.23 38,23	100m 01:21.59 43,36	150m 02:05.93 44,34	02:50.07(+69)
14. Sven ten Hove (Hieronymus, 200500273)	50m 00:38.33 38,33	100m 01:22.04 43,71	150m 02:06.46 44,42	02:50.63(+68)
15. Wesley van Elst (De Rijn, 200500507)	50m 00:38.37 38,37	100m 01:21.55 43,18	150m 02:07.00 45,45	02:53.29(+76)
16. Wouter Sies (TriVia, 200500369)	50m 00:37.77 37,77	100m 01:23.23 45,46	150m 02:08.77 45,54	02:54.31(+80)
17. Gaio Sanders (Aqua-Novio'94, 200500533)	50m 00:39.04 39,04	100m 01:25.15 46,11	150m 02:11.26 46,11	02:55.22(+73)
18. Thijs ten Koppel (Deltasteur, 200500357)	50m 00:36.80 36,80	100m 01:21.11 44,31	150m 02:07.95 46,84	02:55.66(+82)
DIS. Luc Smithuis (Wijchen, 200502649)				00:00.00
51. 50m vrije slag - Heren				
<i>12 - 17 jaar</i>				
1. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]				00:26.16(+80)
2. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10]				00:26.49(+63)
3. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]				00:30.24(+73)
4. Nick Selten (Merlet, 200403275) [S9]				00:33.03(+74)
5. Jesse Bruines (Batavia Swim, 200402413) [S9]				00:34.93(+88)
6. Josh Renkema (De Otters Het Gooi, 200402537) [S6]				00:45.40
<i>14 - 14 jaar (Junioren 3)</i>				
1. Koen de Groot (Zwemclub Eijdsen, 200401059)				00:24.62(+71)
2. Vince van der Pal (ZV 44, 200401869)				00:24.70(+74)
3. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339)				00:24.87(+75)
4. Sybren Beeksma (TriVia, 200400133)				00:24.91(+64)
4. Simon Claasen (ZPC AMERSFOORT, 200400231)				00:24.91(+61)
6. Pieter Wisse (PSV, 200400779)				00:25.15(+75)
7. Chris van der Hout (The Hague Swimming (SG), 200401355)				00:25.42(+67)
8. Jacco Nijland (ZPC De Hof, 200400081)				00:25.64(+73)
9. Merlin Belmon (De Dolfijn, 200403191)				00:25.87(+76)
10. Bart Balstra (EZCL (SG), 200400103)				00:26.08(+71)
<i>15 - 15 jaar (Junioren 4)</i>				
1. Tim Korstanje (Aqua-Novio'94, 200300053)				00:23.68(+61)
2. Sebastian Vandermeer (The Hague Swimming (SG), 200304869)				00:24.35(+60)
3. Matej Danis (Aqua-Novio'94, 200304745)				00:24.71(+66)
4. Keanu Streefland (OC-Racing Club, 200302445)				00:24.75(+68)
5. Luuk Bos (VZ&PC, 200300151)				00:24.83(+62)
6. Piet - Hein Straver (Bommelerwaard (SG), 200302527)				00:25.01(+72)
7. Job Sanders (ZPC AMERSFOORT, 200304913)				00:25.09(+68)

8. Pascal Faasse (De Schelde, 200301923)	00:25.21(+75)
9. Stijn van den Berg (ZVV, 200300373)	00:25.42(+68)
10. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)	00:25.76(+68)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Kenzo Simons (OC-De Dolfijn, 200105415)	00:22.20(+64)
2. Sean Niewold (WVZ, 200204699)	00:23.58(+69)
3. Caspar Corbeau (ZPC AMERSFOORT, 200105099)	00:23.76(+67)
4. Bjorn van Doesburg (Aquarijn, 200201867)	00:23.78(+66)
5. Luc Kroon (OC-Ed-Vo, 200100697)	00:23.96(+76)
6. Léon van der Geest (OC-WS Twente, 200201005)	00:23.99(+69)
7. Quinn van den Heuvel (WVZ, 200100297)	00:24.32(+69)
8. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:24.34(+65)
9. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:24.44(+72)
10. Brandon van den Berg (The Hague Swimming (SG), 200200669)	00:24.65(+70)
61. 50m vrije slag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Hylcke de Beer (Zwemsport Parkstad (SG), 200700006)	00:27.91(+65)
2. Robin Vermeulen (MNC Dordrecht, 200700412)	00:29.09(+86)
3. Angelina Rolman (WZ&PC Purmerend, 200701972)	00:29.30(+75)
4. Fleur Kamminga (WVZ, 200701838)	00:29.87(+89)
5. Ylva Konings (Hellas-Glana, 200700148)	00:29.96(+77)
6. Nynke Boerefijn (De Fuut, 200700114)	00:30.02(+72)
7. Ananda van der Wiel (WVZ, 200701562)	00:30.16(+68)
8. Daniek Wijnen (ZVL-1886, 200701280)	00:30.25(+71)
9. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)	00:30.40(+75)
9. Charlotte Woltjes (The Hague Swimming (SG), 200700110)	00:30.40(+78)
11. Thalia Meijer (MNC Dordrecht, 200704048)	00:30.41(+68)
12. Yara Mels (TRB-RES, 200700232)	00:30.48(+70)
13. Rosa Kremers (TRB-RES, 200701224)	00:30.53(+75)
14. Rafaela Mulders (De Reuring, 200701398)	00:30.61(+80)
15. Julie Rupperecht (De Ham, 200702322)	00:30.62(+75)
16. Eefje Irvine (De Otters Het Gooi, 200700164)	00:30.67(+77)
17. Angela Whitney (De Duinkickers, 200700002)	00:30.85(+76)
18. Katja Wierda (Nova, 200700216)	00:30.88(+87)
19. Lyke Bellert (ZVV, 200701424)	00:31.09(+79)
20. Vivienne Bosch (TRB-RES, 200700796)	00:31.10(+66)
21. Carlijn Gruppen (ZPC Hoogeveen, 200700046)	00:31.15(+83)
22. Tasnim Bezbiz (SWNZ (SG), 200700492)	00:31.18(+76)
23. Féline Sam (ZVZ, 200700018)	00:31.27(+65)

24. Inger van Oord (The Hague Swimming (SG), 200703912)	00:31.33(+76)
25. Kim van Dijk (ZPC AMERSFOORT, 200702718)	00:31.47(+75)
26. Benigna Kocispeter (Zwemsport Parkstad (SG), 200702058)	00:31.48(+77)
27. Nynke van Leeuwen (De Berkelduikers, 200701272)	00:31.60(+82)
28. Heleen Broshuis (WS Twente, 200701510)	00:31.62(+82)
29. Maud van Zwiene (TRB-RES, 200703734)	00:31.69(+61)
30. Nilou Vriesema (De Hokseberg, 200703216)	00:31.80(+89)
31. Charlene Ruiter (De Columbiaan, 200700522)	00:31.81(+77)
32. Suze Creemers (Hellas-Glana, 200700738)	00:31.84(+75)
33. Jasmijn Sterken (ZPC Hoogeveen, 200701196)	00:32.03(+82)
34. Alexandra Gepkens (Aqua-Novio'94, 200701690)	00:32.04(+71)
35. Stella van Droffelaar (ZVVS, 200700048)	00:32.08(+69)
36. Sanne Bosker (Azuro, 200702976)	00:32.26(+74)
37. Laura van Lierop (PSV, 200700810)	00:32.32(+72)
38. Britte Lodder (ZZ&PC De Devel, 200702290)	00:32.42(+69)
39. Barbara Broekhuis (De Dinkel, 200700880)	00:32.48(+74)
DIS. Benthe Martens (ZPC AMERSFOORT, 200700310)	00:00.00
62. 50m vrije slag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Kimberly Ruiter (De Columbiaan, 200600492)	00:28.11(+78)
2. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	00:28.52(+70)
3. Tess Bemer (De Duinkickers, 200600450)	00:28.63(+73)
4. Lotte Klaver (Zuiderzeezwemmers, 200602638)	00:28.77(+78)
5. Puk Lubbers (ZV 44, 200600832)	00:29.01(+69)
6. Charley Blide (TriVia, 200600164)	00:29.09(+74)
7. Sophie Faveaux (ZPC AMERSFOORT, 200600286)	00:29.22(+80)
8. Anouk van Hattum (Hellas-Glana, 200600738)	00:29.34(+78)
9. Djanilla Brink (DAW, 200600988)	00:29.50(+83)
10. Mare Broekstra (FZC'54-De Vikings (SG), 200600616)	00:29.52(+86)
11. Robyn Hulleman (ZVV, 200600890)	00:29.54(+65)
12. Robin Meide van der (Zwemclub Polaris, 200601778)	00:29.68(+75)
13. Elydjah van der Heul (The Hague Swimming (SG), 200602180)	00:29.72(+69)
14. Kyara Hollingsworth (DAW, 200600878)	00:29.87(+74)
15. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	00:29.89(+79)
16. Lieke van Geijn (TRB-RES, 200600314)	00:29.93(+77)
17. Aniek Vuist ('t Tolhekke, 200600958)	00:30.11(+65)
18. Sara Korthuis (Apexswim, 200600494)	00:30.15(+74)
19. Anna Klomp (ZVZ, 200600006)	00:30.22(+83)
20. Fiene Nijkamp (Aqua-Novio'94, 200600570)	00:30.23(+88)

52. 50m vrije slag - Dames

11 - 15 jaar (Jeugd 2 en later)

1. Rosalie van Druenen (De Warande, 200305066) [S9]	00:33.79(+83)
2. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9]	00:34.04(+81)
3. Milou van Winkel (LinK, 200402296) [S14]	00:32.34(+83)
4. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10]	00:33.41(+74)
5. Suzie Pellis (Hieronymus, 200701600) [S9]	00:34.57(+84)
6. Iris Onnink (DWK, 200301836) [S10]	00:33.68(+75)
7. Diede Struijk (Nuenen, 200403824) [S13]	00:34.90(+83)
8. Megan van Delden (WVZ, 200405500) [S13]	00:35.88(+74)

13 - 13 jaar (Junioren 3)

1. Jelsie van Ruijven (WVZ, 200500282)	00:27.33(+72)
2. Annelieke Stegink (Batavia Swim, 200500570)	00:27.44(+65)
3. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:27.48(+68)
4. Anique Hazebroek (The Hague Swimming (SG), 200502196)	00:27.86(+66)
5. Marin Wieling (Aquarijn, 200501220)	00:27.91(+76)
6. Thera Janssen (Aqua-Novio'94, 200500270)	00:28.06(+73)
7. Francesca Coppo (De Dolfijn, 200501242)	00:28.34(+61)
8. Lynn Reitsma (Deltasteur, 200502750)	00:28.53(+76)
9. Yke Groener (De Dinkel, 200500772)	00:29.06(+76)
10. Sophia van Droffelaar (ZVVS, 200500330)	00:29.14(+68)
BM. Jonna Wieling (Aquarijn, 200205266)	BM
BM. Elise Tanis (OC-MNC Dordrecht, 200200120)	BM
BM. Lieke Oude Lenferink (OC-WS Twente, 200200068)	BM
BM. Imani de Jong (OC-ZPCH, 200200464)	BM

14 - 15 jaar (Jeugd 1 en 2)

1. Silke Huisman (Orca, 200301182)	00:25.88(+77)
2. Milou van Wijk (MNC Dordrecht, 200404948)	00:26.24(+77)
3. Britta Koehorst (OC-De Lansingh, 200300246)	00:26.47(+70)
4. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:26.48(+74)
5. Janna van Kooten (TriVia, 200404584)	00:26.94(+78)
6. Anna van Droffelaar (OC-ZVVS, 200400258)	00:27.02(+68)
7. Sterre Hendriks (PSV, 200401288)	00:27.14(+77)
8. Lotte Pieterman (ZV 44, 200301838)	00:27.54(+70)
9. Judith Houtvast (Hellas-Glana, 200300714)	00:27.72(+71)
10. Vera Renshof (DWK, 200301582)	00:27.89(+54)

16 - 16 jaar (Senioren 1)

53. 4x100m wisselslag heren

54. 4x200m vrije slag dames

Aanvangstijd juryvergadering: 07:30u

63. 400m wisselslag - Heren

12 - 12 jaar (Junioren 1)

1. Finn Broekhoven (PSV, 200600035)					05:16.26(+72)
50m	00:34.88 34,88	150m	01:55.32 37,74	250m	03:19.88 47,16
100m	01:17.58 42,70	200m	02:32.72 37,40	300m	04:07.11 47,23
350m	04:41.60 34,49				
2. Senna Hof (DZ&PC, 200600761)					05:21.58(+81)
50m	00:35.29 35,29	150m	02:02.67 43,56	250m	03:27.31 43,64
100m	01:19.11 43,82	200m	02:43.67 41,00	300m	04:10.83 43,52
350m	04:46.94 36,11				
3. Lars Bulman (ZC Aquadream, 200600125)					05:24.20(+76)
50m	00:34.25 34,25	150m	01:59.88 43,37	250m	03:26.94 44,03
100m	01:16.51 42,26	200m	02:42.91 43,03	300m	04:12.40 45,46
350m	04:50.57 38,17				
4. Daan Sonneveld (WVZ, 200601085)					05:24.32(+75)
50m	00:36.62 36,62	150m	02:01.82 40,61	250m	03:26.97 46,34
100m	01:21.21 44,59	200m	02:40.63 38,81	300m	04:14.06 47,09
350m	04:51.44 37,38				
5. Olivier Wilbers (ZPC Hoogeveen, 200600181)					05:34.98(+69)
50m	00:38.22 38,22	150m	02:04.49 40,45	250m	03:34.63 49,34
100m	01:24.04 45,82	200m	02:45.29 40,80	300m	04:23.45 48,82
350m	04:59.26 35,81				
6. Mark Demianenko (Zoetermeer, 200600409)					05:41.81(+65)
50m	00:33.56 33,56	150m	02:00.38 45,08	250m	03:35.36 50,66
100m	01:15.30 41,74	200m	02:44.70 44,32	300m	04:26.06 50,70
350m	05:04.66 38,60				
7. Kylian Oosterveen (ZPC De Zeeuwse Kust, 200600651)					05:45.08(+86)
50m	00:37.91 37,91	150m	02:07.20 43,13	250m	03:38.99 49,20
100m	01:24.07 46,16	200m	02:49.79 42,59	300m	04:29.81 50,82
350m	05:08.50 38,69				
8. Jip Bakker (Orca, 200600287)					05:45.73(+73)
50m	00:36.51 36,51	150m	02:11.53 45,90	250m	03:41.32 44,97
100m	01:25.63 49,12	200m	02:56.35 44,82	300m	04:28.08 46,76
350m	05:08.02 39,94				
9. Dimi Stoyanov (The Hague Swimming (SG), 200601067)					05:48.26(+70)
50m	00:33.99 33,99	150m	01:59.41 44,98	250m	03:35.30 51,87
100m	01:14.43 40,44	200m	02:43.43 44,02	300m	04:27.79 52,49
350m	05:08.66 40,87				
10. Feico de Jonge (KZC, 200600047)					05:50.35(+76)
50m	00:37.95 37,95	150m	02:05.69 43,30	250m	03:39.70 51,09
100m	01:22.39 44,44	200m	02:48.61 42,92	300m	04:31.95 52,25
350m	05:12.04 40,09				
11. Cai Mink (ZPC Hoogeveen, 200601683)					05:52.89(+77)
50m	00:36.25 36,25	150m	02:05.25 45,24	250m	03:40.83 50,29
100m	01:20.01 43,76	200m	02:50.54 45,29	300m	04:32.72 51,89
350m	05:13.32 40,60				
12. Ben Jackson (De Dolfijn, 200603399)					05:56.12(+79)
50m	00:35.95 35,95	150m	02:05.29 44,78	250m	03:40.67 52,13
100m	01:20.51 44,56	200m	02:48.54 43,25	300m	04:34.09 53,42
350m	05:15.85 41,76				
13. Cas Krijger (TRB-RES, 200601389)					05:58.71(+80)
50m	00:38.15 38,15	150m	02:11.85 46,40	250m	03:47.86 51,65
100m	01:25.45 47,30	200m	02:56.21 44,36	300m	04:39.67 51,81
350m	05:21.27 41,60				
14. Bas Blanker (ZPB H&L Productions, 200601497)					06:00.14(+76)
50m	00:38.14 38,14	150m	02:11.74 46,69	250m	03:49.52 51,40
100m	01:25.05 46,91	200m	02:58.12 46,38	300m	04:41.24 51,72
350m	05:21.83 40,59				
15. Lars Servaas (PSV, 200600377)					06:01.19(+63)
50m	00:38.04 38,04	150m	02:15.05 47,92	250m	03:49.77 47,99
100m	01:27.13 49,09	200m	03:01.78 46,73	300m	04:38.95 49,18
350m	05:21.17 42,22				
16. Jelle Fermont (De Schelde, 200600395)					06:05.11(+70)
50m	00:38.95 38,95	150m	02:15.16 48,77	250m	03:52.10 50,25
100m	01:26.39 47,44	200m	03:01.85 46,69	300m	04:43.15 51,05
350m	05:23.95 40,80				
17. Thijs van den Berg (The Hague Swimming (SG), 200600971)					06:05.64(+83)
50m	00:39.96 39,96	150m	02:14.97 48,49	250m	03:50.28 49,94
100m	01:26.48 46,52	200m	03:00.34 45,37	300m	04:40.98 50,70
350m	05:25.03 44,05				

64. 400m wisselslag - Heren

13 - 13 jaar (Junioren 2)

1. Cas Versteegen (HZPC, 200500891)					05:06.05(+75)
50m	00:33.05	33,05	150m	01:53.59	41,40
100m	01:12.19	39,14	200m	02:34.50	40,91
250m	03:14.55	40,05	350m	04:32.36	35,38
300m	03:56.98	42,43			
2. Colin Bes (Zwemclub Polaris, 200500201)					05:07.28(+78)
50m	00:31.36	31,36	150m	01:49.66	40,10
100m	01:09.56	38,20	200m	02:29.26	39,60
250m	03:14.70	45,44	350m	04:34.62	33,78
300m	04:00.84	46,14			
3. Yanieck Frijstein (The Hague Swimming (SG), 200500329)					05:08.73(+80)
50m	00:33.69	33,69	150m	01:53.54	40,55
100m	01:12.99	39,30	200m	02:34.40	40,86
250m	03:16.87	42,47	350m	04:34.78	34,34
300m	04:00.44	43,57			
4. Gabriel Been (The Hague Swimming (SG), 200501467)					05:12.44(+79)
50m	00:31.62	31,62	150m	01:51.71	41,94
100m	01:09.77	38,15	200m	02:32.47	40,76
250m	03:16.87	44,40	350m	04:38.18	36,19
300m	04:01.99	45,12			
5. Domingo Kuipers (Orca, 200501787)					05:14.25(+62)
50m	00:31.83	31,83	150m	01:52.18	40,76
100m	01:11.42	39,59	200m	02:32.33	40,15
250m	03:17.65	45,32	350m	04:39.97	35,00
300m	04:04.97	47,32			
6. Tijn van Kuijk (HZPC, 200501087)					05:15.15(+71)
50m	00:34.06	34,06	150m	01:54.03	40,55
100m	01:13.48	39,42	200m	02:34.06	40,03
250m	03:17.30	43,24	350m	04:38.66	36,71
300m	04:01.95	44,65			
7. Émile Fouzaï (The Hague Swimming (SG), 200500263)					05:16.84(+77)
50m	00:31.41	31,41	150m	01:51.50	41,83
100m	01:09.67	38,26	200m	02:33.22	41,72
250m	03:19.67	46,45	350m	04:41.86	36,21
300m	04:05.65	45,98			
8. Sven Klink (ZV 44, 200500349)					05:17.94(+70)
50m	00:32.18	32,18	150m	01:52.38	40,09
100m	01:12.29	40,11	200m	02:32.44	40,06
250m	03:17.77	45,33	350m	04:42.21	36,75
300m	04:05.46	47,69			
9. Wouter Sies (TriVia, 200500369)					05:20.41(+62)
50m	00:33.07	33,07	150m	01:56.08	43,48
100m	01:12.60	39,53	200m	02:38.08	42,00
250m	03:23.91	45,83	350m	04:45.53	36,07
300m	04:09.46	45,55			
10. Dave ten Brink (PSV, 200501225)					05:24.35(+74)
50m	00:34.98	34,98	150m	01:58.77	42,36
100m	01:16.41	41,43	200m	02:39.75	40,98
250m	03:24.33	44,58	350m	04:48.77	37,91
300m	04:10.86	46,53			
11. Björn Verkaik (The Hague Swimming (SG), 200500411)					05:24.60(+74)
50m	00:33.17	33,17	150m	01:56.84	43,40
100m	01:13.44	40,27	200m	02:36.54	39,70
250m	03:24.41	47,87	350m	04:49.00	37,36
300m	04:11.64	47,23			
12. Sven ten Hove (Hieronymus, 200500273)					05:26.95(+66)
50m	00:33.28	33,28	150m	01:56.76	43,37
100m	01:13.39	40,11	200m	02:37.87	41,11
250m	03:24.39	46,52	350m	04:51.63	39,52
300m	04:12.11	47,72			
13. Koen Marsman (ZPC AMERSFOORT, 200502763)					05:27.17(+65)
50m	00:34.23	34,23	150m	01:57.39	43,28
100m	01:14.11	39,88	200m	02:38.76	41,37
250m	03:27.04	48,28	350m	04:52.90	37,14
300m	04:15.76	48,72			
14. Rens Stijf (NDD, 200501419)					05:27.51(+65)
50m	00:33.80	33,80	150m	01:56.42	41,67
100m	01:14.75	40,95	200m	02:37.83	41,41
250m	03:26.37	48,54	350m	04:52.53	37,04
300m	04:15.49	49,12			
15. Flynn Peeks (ZPC Hoogeveen, 200500231)					05:29.98(+72)
50m	00:34.83	34,83	150m	01:58.27	41,94
100m	01:16.33	41,50	200m	02:39.34	41,07
250m	03:27.49	48,15	350m	04:54.08	37,74
300m	04:16.34	48,85			
16. Wesley van Elst (De Rijn, 200500507)					05:30.47(+79)
50m	00:35.33	35,33	150m	01:59.87	42,41
100m	01:17.46	42,13	200m	02:41.53	41,66
250m	03:27.72	46,19	350m	04:54.03	38,91
300m	04:15.12	47,40			
17. Yardan Taya (Zwemlust-den Hommel, 200501343)					05:38.55(+82)
50m	00:35.72	35,72	150m	02:01.31	43,18
250m	03:32.21	49,13	350m	05:01.29	38,55

100m 01:18.13 42,41 200m 02:43.08 41,77 300m 04:22.74 50,53

65. 400m wisselslag - Heren

14 - 14 jaar (Junioren 3)

1. Stephan De Freitas Steverink (PSV, 200404481) 04:30.33(+68)
50m 00:29.77 29,77 150m 01:38.74 35,61 250m 02:50.36 37,33 350m 03:59.75 31,50
100m 01:03.13 33,36 200m 02:13.03 34,29 300m 03:28.25 37,89
2. Abel te Riele (WVZ, 200402317) 04:48.03(+70)
50m 00:30.20 30,20 150m 01:43.68 37,29 250m 03:01.18 41,16 350m 04:17.11 33,62
100m 01:06.39 36,19 200m 02:20.02 36,34 300m 03:43.49 42,31
3. David Groenewegen (PSV, 200400469) 04:49.44(+82)
50m 00:30.13 30,13 150m 01:42.56 37,64 250m 03:02.28 43,09 350m 04:18.58 33,49
100m 01:04.92 34,79 200m 02:19.19 36,63 300m 03:45.09 42,81
4. Teun van der Schrier (Hieronymus, 200403627) 05:05.25(+71)
50m 00:32.20 32,20 150m 01:52.19 41,98 250m 03:14.27 41,90 350m 04:32.57 35,54
100m 01:10.21 38,01 200m 02:32.37 40,18 300m 03:57.03 42,76
5. Nathan Janssen (MNC Dordrecht, 200401565) 05:05.40(+69)
50m 00:33.09 33,09 150m 01:51.99 40,52 250m 03:15.24 43,67 350m 04:33.67 34,58
100m 01:11.47 38,38 200m 02:31.57 39,58 300m 03:59.09 43,85
6. Timo Kock (The Hague Swimming (SG), 200400387) 05:07.02(+74)
50m 00:31.15 31,15 150m 01:47.43 40,22 250m 03:13.06 45,03 350m 04:34.12 34,44
100m 01:07.21 36,06 200m 02:28.03 40,60 300m 03:59.68 46,62
7. Wouter Zijlstra (HZ&PC Heerenveen, 200401545) 05:08.70(+70)
50m 00:33.22 33,22 150m 01:53.62 40,98 250m 03:16.12 41,84 350m 04:34.54 34,49
100m 01:12.64 39,42 200m 02:34.28 40,66 300m 04:00.05 43,93
8. Collin Schouten (MSV-Zeemacht, 200400697) 05:09.11(+79)
50m 00:32.39 32,39 150m 01:49.75 39,90 250m 03:14.18 46,34 350m 04:36.30 34,99
100m 01:09.85 37,46 200m 02:27.84 38,09 300m 04:01.31 47,13
9. Floris Sonneveld (Nuenen, 200402953) 05:09.23(+79)
50m 00:32.97 32,97 150m 01:52.92 40,37 250m 03:16.36 44,85 350m 04:35.34 35,09
100m 01:12.55 39,58 200m 02:31.51 38,59 300m 04:00.25 43,89
10. Andrei Turta (De Aalscholver, 200404549) 05:09.95(+86)
50m 00:32.40 32,40 150m 01:50.30 39,06 250m 03:14.33 45,95 350m 04:36.04 34,86
100m 01:11.24 38,84 200m 02:28.38 38,08 300m 04:01.18 46,85
11. Quinn Heederik (Deltasteur, 200400093) 05:11.17(+81)
50m 00:31.17 31,17 150m 01:46.85 39,55 250m 03:12.25 46,57 350m 04:36.20 36,26
100m 01:07.30 36,13 200m 02:25.68 38,83 300m 03:59.94 47,69
12. Jesper Bos (WS Twente, 200401017) 05:12.51(+81)
50m 00:33.04 33,04 150m 01:53.67 41,12 250m 03:16.60 42,19 350m 04:37.14 35,96
100m 01:12.55 39,51 200m 02:34.41 40,74 300m 04:01.18 44,58
13. Mac Peeks (ZPC Hoogeveen, 200400153) 05:13.47(+74)
50m 00:33.49 33,49 150m 01:51.84 38,53 250m 03:15.48 46,33 350m 04:38.56 35,75
100m 01:13.31 39,82 200m 02:29.15 37,31 300m 04:02.81 47,33
14. Kaito van Meeteren (De Dolfijn, 200404271) 05:15.20(+76)
50m 00:32.76 32,76 150m 01:51.73 40,29 250m 03:17.19 45,60 350m 04:41.00 35,17
100m 01:11.44 38,68 200m 02:31.59 39,86 300m 04:05.83 48,64
15. Pepijn van Egmond (WVZ, 200402309) 05:17.20(+74)
50m 00:31.59 31,59 150m 01:50.25 40,80 250m 03:17.79 46,35 350m 04:42.03 36,39
100m 01:09.45 37,86 200m 02:31.44 41,19 300m 04:05.64 47,85
16. Sem Lazaroms (Hieronymus, 200402921) 05:21.03(+76)
50m 00:32.95 32,95 150m 01:52.63 40,49 250m 03:19.56 47,47 350m 04:45.22 36,73
100m 01:12.14 39,19 200m 02:32.09 39,46 300m 04:08.49 48,93

15 - 15 jaar (Junioren 4)

1. Angus Corbeau (ZPC AMERSFOORT, 200304641) 04:45.18(+71)
50m 00:29.55 29,55 150m 01:44.23 39,10 250m 02:59.99 38,08 350m 04:13.12 33,51

	100m 01:05.13 35,58	200m 02:21.91 37,68	300m 03:39.61 39,62		
2. Esper Schreurs (ZEPS, 200300433)					04:46.66(+78)
	50m 00:30.15 30,15	150m 01:42.77 36,85	250m 02:57.61 38,41	350m 04:13.15 35,71	
	100m 01:05.92 35,77	200m 02:19.20 36,43	300m 03:37.44 39,83		
3. Dylan Smolders (ZPC AMERSFOORT, 200304923)					04:48.22(+66)
	50m 00:30.20 30,20	150m 01:42.93 37,91	250m 03:00.42 40,15	350m 04:14.96 34,21	
	100m 01:05.02 34,82	200m 02:20.27 37,34	300m 03:40.75 40,33		
4. Kylian Heederik (Deltasteur, 200300353)					04:53.43(+73)
	50m 00:30.69 30,69	150m 01:44.35 39,07	250m 03:03.71 41,16	350m 04:20.79 35,25	
	100m 01:05.28 34,59	200m 02:22.55 38,20	300m 03:45.54 41,83		
5. Perry Laarhoven (ZPC Numansdorp, 200301321)					04:54.80(+77)
	50m 00:29.44 29,44	150m 01:45.82 38,74	250m 03:04.63 41,24	350m 04:22.06 35,92	
	100m 01:07.08 37,64	200m 02:23.39 37,57	300m 03:46.14 41,51		
6. Sam van der Stroom (PSV, 200304409)					04:57.24(+79)
	50m 00:30.94 30,94	150m 01:49.06 41,66	250m 03:08.04 40,15	350m 04:24.29 35,34	
	100m 01:07.40 36,46	200m 02:27.89 38,83	300m 03:48.95 40,91		
7. Michael Smink (The Hague Swimming (SG), 200302169)					05:00.95(+80)
	50m 00:28.95 28,95	150m 01:44.73 40,59	250m 03:09.20 45,47	350m 04:28.22 34,05	
	100m 01:04.14 35,19	200m 02:23.73 39,00	300m 03:54.17 44,97		
8. Jelle Bon (ZVVS, 200301077)					05:03.94(+65)
	50m 00:31.20 31,20	150m 01:47.77 38,80	250m 03:10.28 44,18	350m 04:30.91 34,72	
	100m 01:08.97 37,77	200m 02:26.10 38,33	300m 03:56.19 45,91		
9. Wesley Zulver (ZVVS, 200301319)					05:12.19(+69)
	50m 00:30.75 30,75	150m 01:50.32 41,70	250m 03:12.14 42,08	350m 04:35.22 38,56	
	100m 01:08.62 37,87	200m 02:30.06 39,74	300m 03:56.66 44,52		
DIS. Stan De Swart (Nextline Swimming, 200300535)					00:00.00
66. 400m wisselslag - Heren					
16 - 17 jaar (Jeugd 1 en 2)					
1. Thomas Jansen (OC-WVZ, 200100143)					04:29.87(+74)
	50m 00:28.63 28,63	150m 01:36.06 34,12	250m 02:48.19 38,71	350m 03:59.14 31,78	
	100m 01:01.94 33,31	200m 02:09.48 33,42	300m 03:27.36 39,17		
2. Lars Verhalle (VZC, 200200019)					04:37.02(+78)
	50m 00:28.27 28,27	150m 01:39.14 36,42	250m 02:54.64 39,77	350m 04:06.33 31,78	
	100m 01:02.72 34,45	200m 02:14.87 35,73	300m 03:34.55 39,91		
3. Emile Dost (Borger, 200100731)					04:39.83(+81)
	50m 00:28.77 28,77	150m 01:39.72 36,81	250m 02:55.00 39,21	350m 04:08.31 33,02	
	100m 01:02.91 34,14	200m 02:15.79 36,07	300m 03:35.29 40,29		
4. Jarno Koster (Aqua-Novio'94, 200200637)					04:40.24(+77)
	50m 00:29.04 29,04	150m 01:40.20 37,09	250m 02:55.76 39,30	350m 04:08.15 32,36	
	100m 01:03.11 34,07	200m 02:16.46 36,26	300m 03:35.79 40,03		
5. Owen Peeks (ZPC Hoogeveen, 200100765)					04:47.07(+83)
	50m 00:31.29 31,29	150m 01:44.07 36,51	250m 03:01.29 41,19	350m 04:15.95 32,58	
	100m 01:07.56 36,27	200m 02:20.10 36,03	300m 03:43.37 42,08		
6. Bryan Agterdenbos (PSV, 200200003)					04:49.93(+78)
	50m 00:30.22 30,22	150m 01:44.96 39,16	250m 03:04.62 42,47	350m 04:19.80 33,86	
	100m 01:05.80 35,58	200m 02:22.15 37,19	300m 03:45.94 41,32		
7. Gerard Willighagen (Poseidon'56, 200103663)					04:51.76(+71)
	50m 00:29.79 29,79	150m 01:41.51 37,00	250m 03:01.91 43,55	350m 04:20.13 33,21	
	100m 01:04.51 34,72	200m 02:18.36 36,85	300m 03:46.92 45,01		
8. Janne Englebert (Hieronymus, 200101561)					04:54.99(+75)
	50m 00:30.70 30,70	150m 01:43.65 37,95	250m 03:03.55 43,62	350m 04:22.07 34,47	
	100m 01:05.70 35,00	200m 02:19.93 36,28	300m 03:47.60 44,05		
9. Timo Spaans (Nextline Swimming, 200201087)					04:55.18(+67)

	50m 00:29.14 29,14	150m 01:43.95 40,16	250m 03:05.54 41,19	350m 04:23.84 36,10	
	100m 01:03.79 34,65	200m 02:24.35 40,40	300m 03:47.74 42,20		
10. Luc van Eijndhoven (PSV, 200200139)					04:55.53(+74)
	50m 00:29.62 29,62	150m 01:42.57 38,25	250m 03:04.15 44,20	350m 04:22.68 33,65	
	100m 01:04.32 34,70	200m 02:19.95 37,38	300m 03:49.03 44,88		
11. Guus Hoogduin (ZVL-1886, 200201069)					04:55.89(+81)
	50m 00:30.13 30,13	150m 01:43.81 39,22	250m 03:04.37 41,53	350m 04:22.40 34,76	
	100m 01:04.59 34,46	200m 02:22.84 39,03	300m 03:47.64 43,27		
12. Freek Hollander (The Hague Swimming (SG), 200103815)					05:01.27(+79)
	50m 00:29.94 29,94	150m 01:43.81 38,88	250m 03:07.07 45,07	350m 04:26.84 33,31	
	100m 01:04.93 34,99	200m 02:22.00 38,19	300m 03:53.53 46,46		
DIS: David Anthonio (KSN (SG), 200102551)					00:00.00
67. 400m wisselslag - Dames					
13 - 13 jaar (Junioren 3)					
1. Jelsie van Ruijven (WVZ, 200500282)					05:15.20(+70)
	50m 00:34.03 34,03	150m 01:53.54 39,98	250m 03:16.76 44,16	350m 04:41.97 39,50	
	100m 01:13.56 39,53	200m 02:32.60 39,06	300m 04:02.47 45,71		
2. Bridget Vermeer (VZC, 200501766)					05:15.84(+82)
	50m 00:32.38 32,38	150m 01:54.81 44,08	250m 03:22.29 44,22	350m 04:43.11 36,25	
	100m 01:10.73 38,35	200m 02:38.07 43,26	300m 04:06.86 44,57		
3. Merel Schravendijk (The Hague Swimming (SG), 200503382)					05:22.95(+78)
	50m 00:35.66 35,66	150m 02:00.18 41,29	250m 03:25.81 46,00	350m 04:47.82 35,62	
	100m 01:18.89 43,23	200m 02:39.81 39,63	300m 04:12.20 46,39		
4. Lianne Beekman (ZVV, 200500124)					05:29.42(+75)
	50m 00:32.27 32,27	150m 01:55.94 43,47	250m 03:25.27 45,90	350m 04:52.04 39,15	
	100m 01:12.47 40,20	200m 02:39.37 43,43	300m 04:12.89 47,62		
5. Evica Klok (VZC, 200501828)					05:35.43(+89)
	50m 00:33.62 33,62	150m 01:56.09 42,88	250m 03:26.64 49,68	350m 04:57.02 40,54	
	100m 01:13.21 39,59	200m 02:36.96 40,87	300m 04:16.48 49,84		
6. Sophia van Droffelaar (ZVVS, 200500330)					05:36.75(+76)
	50m 00:34.38 34,38	150m 02:04.47 46,51	250m 03:32.92 45,10	350m 04:59.30 38,60	
	100m 01:17.96 43,58	200m 02:47.82 43,35	300m 04:20.70 47,78		
7. Michelle Jørgensen (De Dolfijn, 200501364)					05:37.40(+72)
	50m 00:33.87 33,87	150m 02:00.37 43,24	250m 03:31.67 49,20	350m 05:00.51 38,35	
	100m 01:17.13 43,26	200m 02:42.47 42,10	300m 04:22.16 50,49		
8. Isa Maes (Feijenoord Albion Zwemclub, 200500110)					05:39.16(+80)
	50m 00:36.03 36,03	150m 02:04.67 44,32	250m 03:35.78 48,02	350m 05:02.79 38,86	
	100m 01:20.35 44,32	200m 02:47.76 43,09	300m 04:23.93 48,15		
9. Roos Arnold (ZV 44, 200500060)					05:40.00(+81)
	50m 00:37.67 37,67	150m 02:07.68 43,52	250m 03:38.67 48,22	350m 05:03.62 38,79	
	100m 01:24.16 46,49	200m 02:50.45 42,77	300m 04:24.83 46,16		
10. Emma van Leeuwen (DAW, 200500200)					05:44.71(+90)
	50m 00:38.73 38,73	150m 02:09.23 43,14	250m 03:38.64 47,78	350m 05:06.29 39,48	
	100m 01:26.09 47,36	200m 02:50.86 41,63	300m 04:26.81 48,17		
11. Liz Veltman (De Ward, 200503668)					05:46.25(+86)
	50m 00:36.68 36,68	150m 02:08.48 45,29	250m 03:41.94 49,55	350m 05:10.20 37,46	
	100m 01:23.19 46,51	200m 02:52.39 43,91	300m 04:32.74 50,80		
12. Neomi Koetsier (WS Twente, 200502144)					05:46.85(+75)
	50m 00:34.70 34,70	150m 02:01.25 43,86	250m 03:37.21 53,18	350m 05:09.26 37,53	
	100m 01:17.39 42,69	200m 02:44.03 42,78	300m 04:31.73 54,52		
13. Robin Spreeuw (ZPCH, 200501262)					05:49.87(+81)
	50m 00:34.91 34,91	150m 02:03.95 45,32	250m 03:40.29 51,04	350m 05:10.84 39,69	
	100m 01:18.63 43,72	200m 02:49.25 45,30	300m 04:31.15 50,86		

14. Colinda van der Zanden (Mosa-Regio, 200502618)				05:51.51(+72)
50m	00:35.84 35,84	150m 02:07.76 48,52	250m 03:43.38 49,77	350m 05:13.53 40,33
100m	01:19.24 43,40	200m 02:53.61 45,85	300m 04:33.20 49,82	
68. 400m wisselslag - Dames				
14 - 15 jaar (Jeugd 1 en 2)				
1. Kirsten Verhalle (VZC, 200400210)				05:08.17(+80)
50m	00:31.76 31,76	150m 01:48.85 39,93	250m 03:13.36 44,64	350m 04:34.02 35,50
100m	01:08.92 37,16	200m 02:28.72 39,87	300m 03:58.52 45,16	
2. Danielle Meinema (ZV 44, 200300534)				05:13.80(+82)
50m	00:32.74 32,74	150m 01:52.42 40,01	250m 03:16.63 44,43	350m 04:39.27 36,71
100m	01:12.41 39,67	200m 02:32.20 39,78	300m 04:02.56 45,93	
3. Emma Hofstee (TriVia, 200401282)				05:14.54(+87)
50m	00:32.53 32,53	150m 01:53.12 42,81	250m 03:18.06 42,65	350m 04:38.89 36,96
100m	01:10.31 37,78	200m 02:35.41 42,29	300m 04:01.93 43,87	
4. Maaike Issard (VZC, 200300022)				05:14.63(+86)
50m	00:32.14 32,14	150m 01:51.05 40,83	250m 03:17.30 45,40	350m 04:41.48 36,66
100m	01:10.22 38,08	200m 02:31.90 40,85	300m 04:04.82 47,52	
5. Josse Bergman (VZC, 200305146)				05:16.53(+76)
50m	00:33.01 33,01	150m 01:51.71 40,46	250m 03:17.31 46,21	350m 04:41.02 36,57
100m	01:11.25 38,24	200m 02:31.10 39,39	300m 04:04.45 47,14	
6. Veerle Nieborg (TriVia, 200400428)				05:20.19(+75)
50m	00:31.79 31,79	150m 01:51.11 41,97	250m 03:18.70 47,15	350m 04:43.44 37,05
100m	01:09.14 37,35	200m 02:31.55 40,44	300m 04:06.39 47,69	
7. Kim Zwinkels (ZPCH, 200300422)				05:21.74(+84)
50m	00:31.99 31,99	150m 01:51.98 41,96	250m 03:21.71 49,58	350m 04:47.52 36,76
100m	01:10.02 38,03	200m 02:32.13 40,15	300m 04:10.76 49,05	
8. Jonna Muntjewerff (ESCA Zwemmen, 200402396)				05:24.67(+86)
50m	00:33.78 33,78	150m 01:57.15 42,19	250m 03:23.60 45,46	350m 04:47.96 37,97
100m	01:14.96 41,18	200m 02:38.14 40,99	300m 04:09.99 46,39	
9. Charlotte Wilbers (ZPC Hoogeveen, 200400312)				05:25.96(+81)
50m	00:34.42 34,42	150m 01:58.84 42,25	250m 03:27.72 48,18	350m 04:52.01 35,62
100m	01:16.59 42,17	200m 02:39.54 40,70	300m 04:16.39 48,67	
10. Suze Kuipers (Orca, 200301714)				05:29.63(+87)
50m	00:34.10 34,10	150m 01:55.74 40,06	250m 03:24.78 50,26	350m 04:52.64 38,17
100m	01:15.68 41,58	200m 02:34.52 38,78	300m 04:14.47 49,69	
11. Rinske Bouman (The Hague Swimming (SG), 200400578)				05:29.78(+84)
50m	00:32.26 32,26	150m 01:54.62 43,75	250m 03:23.71 45,50	350m 04:49.98 37,97
100m	01:10.87 38,61	200m 02:38.21 43,59	300m 04:12.01 48,30	
12. Jessie Bodden (Kimbria, 200401650)				05:32.20(+73)
50m	00:34.95 34,95	150m 01:59.11 42,55	250m 03:28.64 47,35	350m 04:55.88 38,76
100m	01:16.56 41,61	200m 02:41.29 42,18	300m 04:17.12 48,48	
13. Luna Hofmeijer (WS Twente, 200400006)				05:33.09(+80)
50m	00:37.45 37,45	150m 02:05.07 41,85	250m 03:31.27 43,39	350m 04:55.46 38,53
100m	01:23.22 45,77	200m 02:47.88 42,81	300m 04:16.93 45,66	
14. Jill Nai Chung Tong (ZVVS, 200404272)				05:33.37(+74)
50m	00:33.64 33,64	150m 01:58.04 42,61	250m 03:25.80 45,47	350m 04:53.53 40,84
100m	01:15.43 41,79	200m 02:40.33 42,29	300m 04:12.69 46,89	
15. Lionne Klarenbeek (ZPC De Hof, 200300108)				05:33.72(+78)
50m	00:32.13 32,13	150m 01:55.75 44,39	250m 03:26.75 47,74	350m 04:55.61 40,12
100m	01:11.36 39,23	200m 02:39.01 43,26	300m 04:15.49 48,74	
16. Myrthe Natzijs (TriVia, 200400076)				05:33.80(+81)
50m	00:37.30 37,30	150m 02:03.66 41,75	250m 03:31.31 47,21	350m 04:57.19 37,53
100m	01:21.91 44,61	200m 02:44.10 40,44	300m 04:19.66 48,35	
17. Mara Bosman (The Hague Swimming (SG), 200303048)				05:37.56(+73)

	50m 00:37.15 37,15	150m 02:04.36 41,67	250m 03:32.43 46,78	350m 04:58.86 38,08	
	100m 01:22.69 45,54	200m 02:45.65 41,29	300m 04:20.78 48,35		
18. Daniëlle Vis (De Columbiaan, 200401044)					05:37.73(+75)
	50m 00:35.19 35,19	150m 02:00.80 44,74	250m 03:32.40 46,71	350m 04:59.76 40,11	
	100m 01:16.06 40,87	200m 02:45.69 44,89	300m 04:19.65 47,25		
19. Quinty Rouschop (Zwemsport Parkstad (SG), 200300208)					05:38.02(+81)
	50m 00:35.66 35,66	150m 02:02.96 43,08	250m 03:32.15 47,29	350m 04:59.40 39,49	
	100m 01:19.88 44,22	200m 02:44.86 41,90	300m 04:19.91 47,76		
20. Sophie Albers (Merlet, 200300990)					05:38.38(+74)
	50m 00:35.48 35,48	150m 02:03.28 44,46	250m 03:33.30 46,64	350m 05:00.74 39,10	
	100m 01:18.82 43,34	200m 02:46.66 43,38	300m 04:21.64 48,34		
21. Lara Hoeksema (The Hague Swimming (SG), 200400514)					05:39.21(+83)
	50m 00:33.96 33,96	150m 01:58.82 42,97	250m 03:31.82 50,59	350m 05:01.42 38,64	
	100m 01:15.85 41,89	200m 02:41.23 42,41	300m 04:22.78 50,96		
22. Meike van de Ree (Merlet, 200402646)					05:44.42(+81)
	50m 00:33.93 33,93	150m 02:01.86 42,71	250m 03:33.05 50,05	350m 05:04.24 39,81	
	100m 01:19.15 45,22	200m 02:43.00 41,14	300m 04:24.43 51,38		
23. Irma van der Wulp (WVZ, 200401950)					05:44.48(+75)
	50m 00:34.89 34,89	150m 02:05.02 46,55	250m 03:37.83 48,90	350m 05:06.04 39,29	
	100m 01:18.47 43,58	200m 02:48.93 43,91	300m 04:26.75 48,92		
24. Nora Weerman (ZV 44, 200400620)					05:46.52(+72)
	50m 00:33.94 33,94	150m 02:02.78 46,94	250m 03:34.91 47,18	350m 05:06.84 42,02	
	100m 01:15.84 41,90	200m 02:47.73 44,95	300m 04:24.82 49,91		
DIS. Kim de Jong (LinK, 200301026)					00:00.00
BM. Femke Spiering (OC-VZC, 200204514)					BM
	50m 00:30.86 30,86	150m 01:45.15 39,08	250m 03:08.35 44,95	350m 04:28.52 34,58	
	100m 01:06.07 35,21	200m 02:23.40 38,25	300m 03:53.94 45,59		
69. 100m vrije slag - Heren					
12 - 17 jaar					
1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13]					00:57.19(+72)
	50m 00:27.68 27,68				
2. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14]					01:00.68(+82)
	50m 00:28.84 28,84				
3. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10]					00:59.78(+69)
	50m 00:28.87 28,87				
4. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9]					01:08.22(+74)
	50m 00:32.29 32,29				
5. Jesse Bruines (Batavia Swim, 200402413) [S9]					01:19.88(+97)
	50m 00:38.64 38,64				
6. Josh Renkema (De Otters Het Gooi, 200402537) [S6]					01:37.49
	50m 00:46.39 46,39				
14 - 14 jaar (Junioren 3)					
1. Pieter Wisse (PSV, 200400779)					00:55.11(+75)
	50m 00:26.50 26,50				
2. Luuk van Rooij (Nextline Swimming, 200400581)					00:55.28(+73)
	50m 00:26.88 26,88				
3. Simon Claasen (ZPC AMERSFOORT, 200400231)					00:55.30(+63)
	50m 00:26.90 26,90				
3. Vince van der Pal (ZV 44, 200401869)					00:55.30(+74)
	50m 00:26.70 26,70				
5. Jacco Nijland (ZPC De Hof, 200400081)					00:55.68(+72)
	50m 00:27.13 27,13				

6. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253) 50m 00:27.15 27,15	00:56.05(+71)
7. Merlin Belmon (De Dolfijn, 200403191) 50m 00:26.84 26,84	00:56.20(+77)
8. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:26.76 26,76	00:56.50(+75)
9. Koen de Groot (Zwemclub Eijsden, 200401059) 50m 00:27.10 27,10	00:56.58(+70)
10. Robin van den Berg (ZV 44, 200400699) 50m 00:27.40 27,40	00:56.79(+72)
11. Jort van der Vlag (WS Twente, 200400335) 50m 00:27.34 27,34	00:57.05(+78)
12. Senna van den Hoed (HZ&PC Heerenveen, 200400609) 50m 00:27.83 27,83	00:57.10(+68)
13. Jay de Vries (The Hague Swimming (SG), 200400669) 50m 00:27.27 27,27	00:57.30(+73)
14. Chris van der Hout (The Hague Swimming (SG), 200401355) 50m 00:26.71 26,71	00:57.93(+69)
15. David Groenewegen (PSV, 200400469) 50m 00:27.84 27,84	00:58.15(+76)
16. Sem Lazaroms (Hieronymus, 200402921) 50m 00:28.18 28,18	00:58.24(+75)
17. Raphaël Dessart (ZV De Zaan, 200401335) 50m 00:27.99 27,99	00:58.40(+82)
18. Daan Trinh (Hieronymus, 200401267) 50m 00:28.17 28,17	00:58.41(+68)
19. Anders van Norden (ZPC AMERSFOORT, 200400039) 50m 00:28.21 28,21	00:58.44(+78)
20. Thijm Kruit (De Columbiaan, 200401339) 50m 00:27.53 27,53	00:58.72(+79)
21. Pepijn van Egmond (WVZ, 200402309) 50m 00:28.67 28,67	00:58.74(+73)
22. Anthony Kraag (WVZ, 200401973) 50m 00:28.33 28,33	00:58.99(+68)
23. Shawn Klas (Kon AZ 1870, 200402005) 50m 00:27.82 27,82	00:59.09(+68)
24. Robert Dragt (Deltasteur, 200400239) 50m 00:28.72 28,72	00:59.15(+73)
25. Floris Sonneveld (Nuenen, 200402953) 50m 00:29.29 29,29	00:59.26(+76)
26. Jon de Wit (De Ward, 200401969) 50m 00:27.92 27,92	00:59.32(+65)
27. Nick Hendrickx (ReSet (SG), 200401025) 50m 00:28.63 28,63	00:59.34(+77)
28. Koen Vissers (PSV, 200401429) 50m 00:28.90 28,90	00:59.58(+83)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Sebastian Vandermeer (The Hague Swimming (SG), 200304869) 50m 00:26.23 26,23	00:54.51(+65)

2. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:26.10 26,10	00:54.53(+79)
3. Esper Schreurs (ZEPS, 200300433) 50m 00:26.48 26,48	00:54.74(+72)
4. Lucas Peters (Nextline Swimming, 200301325) 50m 00:26.63 26,63	00:55.25(+69)
5. Rijk Heere (ZPC AMERSFOORT, 200300897) 50m 00:26.56 26,56	00:55.35(+72)
6. Luuk Bos (VZ&PC, 200300151) 50m 00:26.83 26,83	00:55.46(+62)
7. Keanu Streefland (OC-Racing Club, 200302445) 50m 00:26.36 26,36	00:55.47(+67)
8. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) 50m 00:27.00 27,00	00:55.57(+74)
9. Job Sanders (ZPC AMERSFOORT, 200304913) 50m 00:26.98 26,98	00:55.66(+72)
10. Aidan Andersen (Nextline Swimming, 200302829) 50m 00:27.17 27,17	00:56.05(+70)
11. Matej Danis (Aqua-Novio'94, 200304745) 50m 00:26.60 26,60	00:56.17(+69)
12. Thijs Bosma (De Dolfijn, 200302443) 50m 00:27.06 27,06	00:56.21(+72)
13. Stijn van den Berg (ZVV, 200300373) 50m 00:26.55 26,55	00:56.41(+65)
14. Maximilian Lopes Cardozo (WZK Zwemmen, 200300665) 50m 00:27.36 27,36	00:56.54(+72)
15. Piet - Hein Straver (Bommelerwaard (SG), 200302527) 50m 00:26.36 26,36	00:56.55(+72)
16. Omar Markovinovic (The Hague Swimming (SG), 200304877) 50m 00:27.59 27,59	00:56.57(+67)
17. Daan Piepers (KZC, 200303441) 50m 00:27.31 27,31	00:56.85(+75)
18. Luuk Hulleman (ZVV, 200300189) 50m 00:27.05 27,05	00:56.89(+73)
19. Thomas Tolsma (De Warande, 200300613) 50m 00:27.36 27,36	00:56.91(+63)
20. Matias Jansen (ZIGNEA, 200300199) 50m 00:27.01 27,01	00:57.02(+65)
21. Thijn Damen (De Warande, 200300973) 50m 00:27.68 27,68	00:57.11(+73)
22. Tyrese Sitania (Aqua-Novio'94, 200301999) 50m 00:27.26 27,26	00:57.52(+67)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Bjorn van Doesburg (Aquarijn, 200201867) 50m 00:25.07 25,07	00:51.40(+65)
1. Luc Kroon (OC-Ed-Vo, 200100697) 50m 00:25.14 25,14	00:51.40(+77)
3. Caspar Corbeau (ZPC AMERSFOORT, 200105099) 50m 00:24.74 24,74	00:51.64(+72)

4. Sean Niewold (WVZ, 200204699) 50m 00:25.13 25,13	00:51.81(+72)
5. Aleks Doedel (PSV, 200105453) 50m 00:25.35 25,35	00:52.97(+69)
6. Léon van der Geest (OC-WS Twente, 200201005) 50m 00:24.85 24,85	00:53.38(+68)
7. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:25.85 25,85	00:53.41(+65)
8. Elroy Schot (De Dolfijn, 200200689) 50m 00:26.09 26,09	00:53.63(+71)
9. Brandon van den Berg (The Hague Swimming (SG), 200200669) 50m 00:25.84 25,84	00:53.67(+79)
10. Quinn van den Heuvel (WVZ, 200100297) 50m 00:26.37 26,37	00:53.76(+72)
11. Dave van der Voet (De Dolfijn, 200102783) 50m 00:26.10 26,10	00:53.77(+68)
12. Bas Morelissen (ZPC AMERSFOORT, 200100861) 50m 00:25.45 25,45	00:53.96(+63)
13. Leon van den Hof (Dedemsvaart-AC, 200203269) 50m 00:25.62 25,62	00:53.97(+68)
14. Jelle Smid (Aqua-Novio'94, 200100627) 50m 00:25.70 25,70	00:54.06(+66)
14. Rijk Dragstra (ZPC AMERSFOORT, 200102473) 50m 00:26.15 26,15	00:54.06(+68)
16. Lars Verhalle (VZC, 200200019) 50m 00:26.06 26,06	00:54.07(+75)
17. Bryan Agterdenbos (PSV, 200200003) 50m 00:26.22 26,22	00:54.11(+77)
18. Niels Dijkshoorn (ZVVS, 200203079) 50m 00:26.21 26,21	00:54.31(+66)
19. Dylan Donkersteeg (DWK, 200202217) 50m 00:26.47 26,47	00:54.41(+69)
20. Daniël Claasen (ZPC AMERSFOORT, 200100787) 50m 00:25.97 25,97	00:54.42(+66)
21. Mart Niehoff (ZPC AMERSFOORT, 200100759) 50m 00:25.94 25,94	00:54.55(+63)
22. Sem Zijl (De Dolfijn, 200204757) 50m 00:26.55 26,55	00:54.69(+65)
23. Lars Kerremans (Hellas-Glana, 200100305) 50m 00:26.51 26,51	00:54.91(+74)
24. Max Visser (WVZ, 200100077) 50m 00:26.49 26,49	00:55.05(+77)
25. Stefan Tomicic (PSV, 200101271) 50m 00:26.56 26,56	00:55.19(+72)
26. Maquinho Vorst (OC-ZPC De Hof, 200204179) 50m 00:25.75 25,75	00:55.29(+70)
27. Bram van den Burg (ZC Valkenburg, 200203095) 50m 00:26.08 26,08	00:55.30(+67)
28. David Anthonio (KSN (SG), 200102551)	00:55.38(+75)

	50m 00:26.69 26,69	
28.	Filip Cudic (TriVia, 200105413) 50m 00:26.32 26,32	00:55.38(+73)
30.	Jarno van Oijen (Feijenoord Albion Zwemclub, 200100055) 50m 00:27.04 27,04	00:55.52(+71)
31.	Bart Muselaers (DWK, 200100865) 50m 00:27.18 27,18	00:55.73(+73)
32.	Roel Gaal (OEZA, 200101173) 50m 00:26.47 26,47	00:55.77(+72)
33.	Finn Vos (De Dolfijn, 200200665) 50m 00:27.47 27,47	00:56.16(+71)
34.	Luc Mul (DAW, 200201025) 50m 00:26.61 26,61	00:56.57(+68)
35.	Bart Kooiker (De Dinkel, 200100705) 50m 00:27.02 27,02	00:56.58(+81)
36.	Janne Englebert (Hieronymus, 200101561) 50m 00:27.22 27,22	00:56.88(+72)
37.	Tjeerd van Stein (LinK, 200101439) 50m 00:27.49 27,49	00:56.93(+76)
38.	Milan van Dieren (De Dinkel, 200100493) 50m 00:27.24 27,24	00:57.16(+74)
39.	Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:27.35 27,35	00:58.64(+74)
70.	100m vrije slag - Dames 11 - 11 jaar (Junioren 1)	
1.	Hylcke de Beer (Zwemsport Parkstad (SG), 200700006) 50m 00:30.05 30,05	01:02.78(+67)
2.	Angelina Rolman (WZ&PC Purmerend, 200701972) 50m 00:30.75 30,75	01:02.92(+81)
3.	Robin Vermeulen (MNC Dordrecht, 200700412) 50m 00:31.12 31,12	01:03.89(+87)
4.	Nynke Boerefijn (De Fuut, 200700114) 50m 00:30.97 30,97	01:05.00(+71)
5.	Ananda van der Wiel (WVZ, 200701562) 50m 00:31.56 31,56	01:05.41(+70)
6.	Fleur Kamminga (WVZ, 200701838) 50m 00:31.37 31,37	01:05.90(+92)
7.	Julie Rupprecht (De Ham, 200702322) 50m 00:32.06 32,06	01:06.33(+76)
8.	Rafaela Mulders (De Reuring, 200701398) 50m 00:32.30 32,30	01:06.44(+77)
9.	Ylva Konings (Hellas-Glana, 200700148) 50m 00:31.54 31,54	01:06.45(+78)
10.	Eefje Irvine (De Otters Het Gooi, 200700164) 50m 00:32.60 32,60	01:06.81(+75)
11.	Charlotte Woltjes (The Hague Swimming (SG), 200700110) 50m 00:31.68 31,68	01:06.99(+80)
12.	Thalia Meijer (MNC Dordrecht, 200704048) 50m 00:32.79 32,79	01:07.50(+70)

13. Benthe Martens (ZPC AMERSFOORT, 200700310) 50m 00:32.26 32,26	01:07.66(+75)
14. Leyona Lichtendonk (Dedemsvaart-AC, 200700010) 50m 00:32.31 32,31	01:07.78(+78)
15. Lyke Bellert (ZVV, 200701424) 50m 00:32.35 32,35	01:07.89(+78)
16. Yara Mels (TRB-RES, 200700232) 50m 00:32.67 32,67	01:08.05(+71)
17. Katja Wierda (Nova, 200700216) 50m 00:32.16 32,16	01:08.39(+91)
18. Féline Sam (ZVZ, 200700018) 50m 00:32.85 32,85	01:08.67(+83)
19. Inger van Oord (The Hague Swimming (SG), 200703912) 50m 00:32.11 32,11	01:08.69(+80)
20. Benigna Kocispeter (Zwemsport Parkstad (SG), 200702058) 50m 00:33.56 33,56	01:08.81(+75)
21. Rosa Kremers (TRB-RES, 200701224) 50m 00:32.55 32,55	01:08.85(+75)
22. Kim van Dijk (ZPC AMERSFOORT, 200702718) 50m 00:32.58 32,58	01:09.15(+79)
23. Tasnim Bezbiz (SWNZ (SG), 200700492) 50m 00:32.73 32,73	01:09.69(+78)
24. Carlijn Gruppen (ZPC Hoogeveen, 200700046) 50m 00:33.67 33,67	01:09.77(+81)
25. Alexandra Gepkens (Aqua-Novio'94, 200701690) 50m 00:32.93 32,93	01:10.39(+70)
26. Angela Whitney (De Duinkickers, 200700002) 50m 00:33.12 33,12	01:10.47(+76)
27. Barbara Broekhuis (De Dinkel, 200700880) 50m 00:33.92 33,92	01:11.07
71. 100m vrije slag - Dames	
12 - 12 jaar (Junioren 2)	
1. Pippa van 't Land (ZPC AMERSFOORT, 200600426) 50m 00:30.03 30,03	01:02.41(+69)
2. Lotte Klaver (Zuiderzeezwemmers, 200602638) 50m 00:30.02 30,02	01:02.49(+77)
3. Charley Blide (TriVia, 200600164) 50m 00:29.71 29,71	01:02.57(+74)
4. Elydjah van der Heul (The Hague Swimming (SG), 200602180) 50m 00:30.01 30,01	01:02.73(+72)
5. Noor Vermeer (SBC2000, 200600752) 50m 00:30.47 30,47	01:03.53(+83)
6. Djanilla Brink (DAW, 200600988) 50m 00:30.23 30,23	01:03.62(+82)
7. Anouk van Hattum (Hellas-Glana, 200600738) 50m 00:30.67 30,67	01:03.98(+74)
8. Sophie Faveaux (ZPC AMERSFOORT, 200600286) 50m 00:30.78 30,78	01:04.04(+82)
9. Melissa Odemis (ZV Haerlem, 200602422) 50m 00:31.22 31,22	01:04.60(+72)

10. Robyn Hulleman (ZVV, 200600890) 50m 00:30.61 30,61	01:04.73(+65)
11. Lieke van Geijn (TRB-RES, 200600314) 50m 00:31.01 31,01	01:04.74(+77)
12. Tess Bemer (De Duinkickers, 200600450) 50m 00:30.37 30,37	01:05.08(+80)
13. Robin Meide van der (Zwemclub Polaris, 200601778) 50m 00:30.91 30,91	01:05.20(+75)
14. Kimberly Ruiters (De Columbiaan, 200600492) 50m 00:30.96 30,96	01:05.32(+77)
15. Sienna Albers (De Dolfijn, 200601342) 50m 00:31.69 31,69	01:05.58(+68)
16. Myrte van Mook (HZ&PC Heerenveen, 200600610) 50m 00:31.22 31,22	01:05.83(+86)
17. Sara Korthuis (Apexswim, 200600494) 50m 00:31.10 31,10	01:05.85(+70)
18. Carlein Polinder (ZV 44, 200600128) 50m 00:31.44 31,44	01:06.88(+75)
19. Leyla Oversluizen (MNC Dordrecht, 200602730) 50m 00:32.05 32,05	01:08.37(+72)
DIS. Joëlle de Does (Ed-Vo, 200600008)	00:00.00
72. 100m vrije slag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10] 50m 00:35.90 35,90	01:14.01(+79)
2. Rosalie van Druenen (De Warande, 200305066) [S9] 50m 00:36.46 36,46	01:16.93(+90)
2. Iris Onnink (DWK, 200301836) [S10] 50m 00:35.72 35,72	01:14.77(+76)
4. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9] 50m 00:37.09 37,09	01:17.80(+81)
5. Milou van Winkel (LinK, 200402296) [S14] 50m 00:33.98 33,98	01:13.11(+81)
6. Diede Struijk (Nuenen, 200403824) [S13] 50m 00:37.42 37,42	01:15.87(+83)
7. Suzie Pellis (Hieronymus, 200701600) [S9] 50m 00:37.55 37,55	01:20.48(+74)
8. Megan van Delden (WVZ, 200405500) [S13] 50m 00:37.44 37,44	01:23.74(+81)
<i>13 - 13 jaar (Junioren 3)</i>	
1. Noa Teuben (FZC'54-De Vikings (SG), 200500254) 50m 00:28.68 28,68	01:00.35(+69)
2. Jelsie van Ruijven (WVZ, 200500282) 50m 00:29.55 29,55	01:01.54(+71)
3. Marin Wieling (Aquarijn, 200501220) 50m 00:29.99 29,99	01:02.11(+78)
4. Emma Riemers (MSV-Zeemacht, 200500748) 50m 00:29.59 29,59	01:02.29(+71)
5. Annelieke Stegink (Batavia Swim, 200500570)	01:02.31(+70)

50m 00:29.97 29,97

6. Anique Hazebroek (The Hague Swimming (SG), 200502196) 01:02.48(+77)
50m 00:29.93 29,93
 7. Sophia van Droffelaar (ZVVS, 200500330) 01:02.55(+68)
50m 00:30.36 30,36
 8. Bridget Vermeer (VZC, 200501766) 01:02.57(+82)
50m 00:29.90 29,90
 9. Lianne Beekman (ZVV, 200500124) 01:02.62(+74)
50m 00:30.22 30,22
 10. Lynn Reitsma (Deltasteur, 200502750) 01:02.73(+75)
50m 00:30.19 30,19
 11. Thera Janssen (Aqua-Novio'94, 200500270) 01:02.78(+82)
50m 00:29.77 29,77
 12. Francesca Coppo (De Dolfijn, 200501242) 01:02.80(+64)
50m 00:29.68 29,68
 13. Yke Groener (De Dinkel, 200500772) 01:02.94(+77)
50m 00:31.08 31,08
 14. Aniek van den Brink (De Dolfijn, 200500090) 01:03.50(+72)
50m 00:30.58 30,58
 15. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218) 01:03.92(+81)
50m 00:31.14 31,14
 16. Nicolien Corbeau (ZPC AMERSFOORT, 200504540) 01:04.09(+77)
50m 00:30.49 30,49
 17. Iris Timmermans (Het Ravijn, 200500172) 01:04.15(+73)
50m 00:30.49 30,49
 18. Liz Veltman (De Ward, 200503668) 01:05.88(+77)
50m 00:31.58 31,58
- 14 - 15 jaar (Jeugd 1 en 2)
1. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 00:57.17(+71)
50m 00:27.40 27,40
 2. Milou van Wijk (MNC Dordrecht, 200404948) 00:57.38(+77)
50m 00:27.76 27,76
 3. Silke Huisman (Orca, 200301182) 00:57.59(+71)
50m 00:27.48 27,48
 4. Britta Koehorst (OC-De Lansingh, 200300246) 00:57.67(+73)
50m 00:27.80 27,80
 5. Janna van Kooten (TriVia, 200404584) 00:58.57(+80)
50m 00:28.15 28,15
 6. Anna van Droffelaar (OC-ZVVS, 200400258) 00:58.88(+65)
50m 00:28.04 28,04
 7. Mila Maas (PSV, 200302966) 00:59.68(+77)
50m 00:28.53 28,53
 8. Josse Bergman (VZC, 200305146) 01:00.04(+77)
50m 00:29.31 29,31
 9. Vera Renshof (DWK, 200301582) 01:00.32(+71)
50m 00:28.81 28,81
 10. Eline Gros (Aqua-Novio'94, 200302700) 01:00.33(+79)
50m 00:28.72 28,72
 11. Lindsey Berghuis (ZV 44, 200300104) 01:00.42(+75)

	50m 00:29.36 29,36	
12.	Kirsten Verhale (VZC, 200400210) 50m 00:29.44 29,44	01:00.52(+81)
13.	Ymke Dragstra (ZPC AMERSFOORT, 200300930) 50m 00:29.15 29,15	01:00.98(+71)
14.	Lize van den Nieuwenhuijzen (Nextline Swimming, 200304454) 50m 00:29.44 29,44	01:01.02(+81)
15.	Jetske Moot (ZPC AMERSFOORT, 200400230) 50m 00:29.16 29,16	01:01.14(+72)
16.	Femke Doorenbos (De Duinkickers, 200404214) 50m 00:30.12 30,12	01:01.67(+80)
17.	Janne Slegers (PSV, 200404090) 50m 00:29.56 29,56	01:01.87(+74)
18.	Kim van Dongen (Aqua-Novio'94, 200400140) 50m 00:29.75 29,75	01:02.19(+71)
19.	Lotte Pieterman (ZV 44, 200301838) 50m 00:29.91 29,91	01:02.29(+69)
20.	Emma Hofstee (TriVia, 200401282) 50m 00:30.00 30,00	01:02.34(+85)
21.	Kim Roestenberg (TRB-RES, 200402670) 50m 00:30.11 30,11	01:02.40(+78)
21.	Charlotte Wilbers (ZPC Hoogeveen, 200400312) 50m 00:30.06 30,06	01:02.40(+79)
23.	Isabelle Elsweier (WS Twente, 200303614) 50m 00:29.31 29,31	01:02.48(+82)
24.	Gaia Sterre Mirotti (VZC, 200305158) 50m 00:29.94 29,94	01:02.56(+74)
25.	Babet de Voogd (ZPC De Zeeuwse Kust, 200301362) 50m 00:29.80 29,80	01:02.60(+71)
25.	Bridget de Bat (ZPC De Zeeuwse Kust, 200400382) 50m 00:29.75 29,75	01:02.60(+75)
27.	Lara Hoeksema (The Hague Swimming (SG), 200400514) 50m 00:30.00 30,00	01:02.84(+79)
28.	Amy de Sain (De Dolfijn, 200304690) 50m 00:29.37 29,37	01:02.88(+70)
29.	Imke Beekman (Hellas-Glana, 200301950) 50m 00:30.10 30,10	01:02.89(+79)
30.	Puck Koopman (De Dinkel, 200400038) 50m 00:29.93 29,93	01:03.36(+77)
31.	Femke van Wijk (Groenlose Zwemvereniging, 200403434) 50m 00:30.93 30,93	01:03.81(+93)
32.	Amy Lynn Zweers (Dedemsvaart-AC, 200300390) 50m 00:30.23 30,23	01:03.91(+75)
<i>16 - 16 jaar (Senioren 1)</i>		
1.	Elise Tanis (OC-MNC Dordrecht, 200200120) 50m 00:27.96 27,96	00:58.12(+68)
2.	Yara van Kalmthout (Nova, 200200984) 50m 00:28.40 28,40	00:58.67(+74)
3.	Kaylee Dekker (PSV, 200206058)	00:58.77(+74)

50m 00:28.97 28,97

73. 50m vlinderslag - Heren

12 - 17 jaar

- | | |
|--|---------------|
| 1. Bram Daalman (HPC PARA-ZV Haerlem, 200300629) [S14] | 00:28.46(+77) |
| 2. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10] | 00:30.54(+69) |
| 3. Jesse Bruines (Batavia Swim, 200402413) [S9] | 00:43.83(+88) |

14 - 14 jaar (Junioren 3)

- | | |
|---|---------------|
| 1. Sybren Beeksma (TriVia, 200400133) | 00:26.12(+63) |
| 2. Simon Claasen (ZPC AMERSFOORT, 200400231) | 00:26.33(+61) |
| 3. Merlin Belmon (De Dolfijn, 200403191) | 00:27.20(+74) |
| 4. Koen de Groot (Zwemclub Eijsden, 200401059) | 00:27.81(+73) |
| 5. Jay de Vries (The Hague Swimming (SG), 200400669) | 00:27.98(+74) |
| 6. David Groenewegen (PSV, 200400469) | 00:28.05(+79) |
| 7. Timo Kock (The Hague Swimming (SG), 200400387) | 00:28.10(+71) |
| 8. Jaime Fais (TriVia, 200400291) | 00:28.16(+66) |
| 9. Niek Hamans (EZCL (SG), 200401763) | 00:28.18(+70) |
| 10. Jort van der Vlag (WS Twente, 200400335) | 00:28.23(+73) |
| 11. Bart Balstra (EZCL (SG), 200400103) | 00:28.26(+75) |
| 12. Thijm Kruit (De Columbiaan, 200401339) | 00:28.43(+76) |
| 13. Max van Schagen (De Columbiaan, 200402591) | 00:28.50(+69) |
| 14. Andrei Turta (De Aalscholver, 200404549) | 00:28.57(+78) |
| 15. Jon de Wit (De Ward, 200401969) | 00:28.74(+66) |
| 16. Pepijn van Egmond (WVZ, 200402309) | 00:28.82(+71) |
| 17. Jason van den Berg (The Hague Swimming (SG), 200400009) | 00:28.86(+70) |
| 18. Anthony Kraag (WVZ, 200401973) | 00:28.97(+75) |
| 19. Kaito van Meeteren (De Dolfijn, 200404271) | 00:29.09(+70) |
| 19. Teun van der Schrier (Hieronymus, 200403627) | 00:29.09(+68) |
| 19. Senna van den Hoed (HZ&PC Heerenveen, 200400609) | 00:29.09(+67) |
| 22. Jelle in 't Veld (Bommelerwaard (SG), 200400073) | 00:29.18(+69) |
| 23. Nathan Janssen (MNC Dordrecht, 200401565) | 00:29.41(+70) |

15 - 15 jaar (Junioren 4)

- | | |
|--|---------------|
| 1. Tim Korstanje (Aqua-Novio'94, 200300053) | 00:24.73(+61) |
| 2. Matej Danis (Aqua-Novio'94, 200304745) | 00:26.39(+70) |
| 3. Michael Smink (The Hague Swimming (SG), 200302169) | 00:26.54(+80) |
| 4. Zev Bulk (The Hague Swimming (SG), 200304021) | 00:26.74(+64) |
| 5. Keanu Streefland (OC-Racing Club, 200302445) | 00:26.96(+69) |
| 6. Luuk Bos (VZ&PC, 200300151) | 00:27.19(+61) |
| 7. Sebastian Vandermeer (The Hague Swimming (SG), 200304869) | 00:27.30(+62) |
| 8. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) | 00:27.37(+70) |
| 9. Erik van Gemert (Poseidon'56, 200300587) | 00:27.47(+72) |

10. Laurens Hofstede (Arethusa, 200300417)	00:27.69(+73)
11. Sjors Lemmers (Merlet, 200300555)	00:27.75(+66)
12. Aidan Andersen (Nextline Swimming, 200302829)	00:27.76(+64)
13. Tyrese Sitania (Aqua-Novio'94, 200301999)	00:27.95(+67)
14. Jarno Bijsterbosch (Octopus, 200300081)	00:28.16(+58)
15. Evano Ticoalu (Aqua-Novio'94, 200304751)	00:28.21(+70)
15. Lukas Binnekamp (De Dinkel, 200300107)	00:28.21(+72)
17. Daan Piepers (KZC, 200303441)	00:28.23(+72)
18. Milan Hamel (The Hague Swimming (SG), 200302125)	00:28.33(+71)
19. Omar Markovinovic (The Hague Swimming (SG), 200304877)	00:28.34(+69)
20. Job Sanders (ZPC AMERSFOORT, 200304913)	00:28.37(+71)
21. Jelle Bon (ZVVS, 200301077)	00:28.42(+63)
22. Tom Thijssen (NDD, 200301521)	00:28.45(+72)
23. Luuk Hulleman (ZVV, 200300189)	00:28.68(+76)
24. Matias Jansen (ZIGNEA, 200300199)	00:28.82(+70)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Bjorn van Doesburg (Aquarijn, 200201867)	00:25.35(+64)
2. Maquinho Vorst (OC-ZPC De Hof, 200204179)	00:25.48(+70)
3. Léon van der Geest (OC-WS Twente, 200201005)	00:25.50(+68)
4. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:25.68(+66)
5. Jesse Zweers (Dedemsvaart-AC, 200100399)	00:25.70(+70)
6. Jylano Nahr (Zwemsport Parkstad (SG), 200102593)	00:25.73(+82)
7. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)	00:25.80(+65)
8. Quinn van den Heuvel (WVZ, 200100297)	00:26.22(+71)
9. Alexander Nijst (Nuenen, 200104869)	00:26.25(+68)
10. Gerard Willighagen (Poseidon'56, 200103663)	00:26.38(+68)
11. Mart Niehoff (ZPC AMERSFOORT, 200100759)	00:26.46(+62)
12. Kirill Hrabcsun (Aquarijn, 200201221)	00:26.61(+69)
13. Lars Verhalle (VZC, 200200019)	00:26.68(+71)
14. Bart Muselaers (DWK, 200100865)	00:26.75(+73)
15. Jarno Verbeek (Zoetermeer, 200200931)	00:26.79(+71)
16. Jeremiah Vianen (PSV, 200204961)	00:26.80(+68)
17. Dave van der Voet (De Dolfijn, 200102783)	00:26.97(+69)
18. Bas Morelissen (ZPC AMERSFOORT, 200100861)	00:26.99(+65)
19. Sem Zijl (De Dolfijn, 200204757)	00:27.13(+64)
20. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:27.26(+66)
21. Dylan Donkersteeg (DWK, 200202217)	00:27.39(+73)
22. Gerard IJspeert (ReVeLie Swim Team, 200100051)	00:27.44(+75)
23. Ilmar Stoop (Zuiderzeezwemmers, 200100871)	00:27.48(+64)

24. Rick Bulman (Nextline Swimming, 200101899)	00:27.50(+70)
25. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:27.73(+70)
26. Jarno van Oijen (Feijenoord Albion Zwemclub, 200100055)	00:27.74(+72)
27. Stefan Waalkens (Batavia Swim, 200100611)	00:27.97(+65)
28. Mick van Kempen (De Ward, 200203375)	00:28.13(+77)
29. Luc Mul (DAW, 200201025)	00:28.20(+66)
30. Wessel Haverkamp (ESCA Zwemmen, 200204755)	00:28.43(+67)
31. Ward in 't Veld (Bommelerwaard (SG), 200200511)	00:28.45(+68)
31. Janne Englebert (Hieronymus, 200101561)	00:28.45(+77)
33. Bram van den Burg (ZC Valkenburg, 200203095)	00:28.52(+67)
74. 50m vlinderslag - Dames	
<i>12 - 12 jaar (Junioren 2)</i>	
1. Lotte Klaver (Zuiderzeezwemmers, 200602638)	00:30.13(+74)
2. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)	00:30.57(+83)
3. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	00:31.23(+72)
4. Elizabeth Engelbrecht (SBC2000, 200604916)	00:31.58(+63)
5. Valerie van der Velden (PSV, 200600860)	00:31.93(+75)
6. Sara Korthuis (Apexswim, 200600494)	00:32.04(+71)
7. Tess Bemmer (De Duinkickers, 200600450)	00:32.20(+73)
8. Sienna Albers (De Dolfijn, 200601342)	00:32.24(+70)
9. Jade van der Maas (WVZ, 200600408)	00:32.30(+72)
10. Leyla Oversluizen (MNC Dordrecht, 200602730)	00:32.42(+71)
11. Melissa Odemis (ZV Haerlem, 200602422)	00:32.44(+76)
12. Evy Rozeboom (DAW, 200601338)	00:32.56(+77)
12. Kimberly Ruiters (De Columbiaan, 200600492)	00:32.56(+81)
14. Joëlle de Does (Ed-Vo, 200600008)	00:32.57(+71)
15. Anna Klomp (ZVZ, 200600006)	00:32.70(+78)
16. Robin Meide van der (Zwemclub Polaris, 200601778)	00:32.83(+72)
17. Puk Lubbers (ZV 44, 200600832)	00:33.00(+75)
18. Mara Tims (The Hague Swimming (SG), 200601136)	00:33.35(+68)
19. Kim Schraa (ZVZ, 200600298)	00:33.68(+66)
20. Anouk van Dongen (Aqua-Novio'94, 200600084)	00:33.71(+70)
75. 50m vlinderslag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Rosalie van Druenen (De Warande, 200305066) [S9]	00:38.82(+78)
2. Suzie Pellis (Hieronymus, 200701600) [S9]	00:39.39(+81)
3. Diede Struijk (Nuenen, 200403824) [S13]	00:38.77(+82)
4. Iris Onnink (DWK, 200301836) [S10]	00:40.01(+82)
5. Lieke Duijnkerke (ZPC De Zeeuwse Kust, 200700468) [S10]	00:41.07(+73)

6. Megan van Delden (WVZ, 200405500) [S13]	00:42.42(+88)
<i>13 - 13 jaar (Junioren 3)</i>	
1. Jelsie van Ruijven (WVZ, 200500282)	00:29.91(+72)
2. Noa Teuben (FZC'54-De Vikings (SG), 200500254)	00:30.23(+71)
3. Thera Janssen (Aqua-Novio'94, 200500270)	00:30.40(+73)
4. Karlijn Offeringa (ZVVS, 200503292)	00:30.80(+79)
5. Lianne Beekman (ZVV, 200500124)	00:30.83(+74)
6. Indy van Laarhoven (De Warande, 200500710)	00:30.98(+72)
7. Bridget Vermeer (VZC, 200501766)	00:31.15(+77)
8. Anique Hazebroek (The Hague Swimming (SG), 200502196)	00:31.30(+64)
9. Madelief Mans (The Hague Swimming (SG), 200501260)	00:31.33(+76)
10. Demi Westendorp (Deltasteur, 200500262)	00:31.41(+85)
11. Colinda van der Zanden (Mosa-Regio, 200502618)	00:31.48(+74)
12. Annelieke Stegink (Batavia Swim, 200500570)	00:31.52(+78)
13. Lynn Reitsma (Deltasteur, 200502750)	00:31.77(+73)
14. Vivianne Woltjes (The Hague Swimming (SG), 200501524)	00:31.82(+72)
15. Francesca Coppo (De Dolfijn, 200501242)	00:31.83(+65)
16. Milou Demirel (The Hague Swimming (SG), 200501254)	00:31.96(+90)
17. Liz Veltman (De Ward, 200503668)	00:32.07(+78)
18. Niké Telkamp (The Hague Swimming (SG), 200501088)	00:32.09(+72)
BM. Jonna Wieling (Aquarijn, 200205266)	BM
BM. Lotte Hosper (OC-Racing Club, 200201414)	BM
BM. Kaylee Dekker (PSV, 200206058)	BM
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Britta Koehorst (OC-De Lansingh, 200300246)	00:28.13(+71)
2. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124)	00:28.64(+72)
3. Judith Houtvast (Hellas-Glana, 200300714)	00:28.70(+70)
4. Sterre Hendriks (PSV, 200401288)	00:28.88(+76)
5. Amy de Sain (De Dolfijn, 200304690)	00:28.97(+73)
6. Janna van Kooten (TriVia, 200404584)	00:29.31(+77)
7. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622)	00:29.47(+71)
8. Milou van Wijk (MNC Dordrecht, 200404948)	00:29.65(+80)
9. Leonoor van Dijk (The Hague Swimming (SG), 200400832)	00:29.74(+74)
10. Amber Celie (De Dolfijn, 200300756)	00:29.82(+73)
11. Maude Lesscher (VZ&PC, 200300018)	00:29.85(+64)
12. Sade Simons (De Dolfijn, 200305544)	00:29.94(+66)
13. Maaïke Issard (VZC, 200300022)	00:29.99(+77)
14. Aniek van de Weerd (VZC, 200404136)	00:30.11(+76)
15. Eline Gros (Aqua-Novio'94, 200302700)	00:30.13(+81)

16. Amy Lynn Zweers (Dedemsvaart-AC, 200300390)	00:30.20(+73)
17. Britt van den Boom (Zwemsport Parkstad (SG), 200401178)	00:30.23(+75)
18. Melina Carrillo Moreno (ZV De Zaan, 200300880)	00:30.45(+68)
19. Puck Koopman (De Dinkel, 200400038)	00:30.48(+79)
20. Kirsten Verhale (VZC, 200400210)	00:30.57(+82)
21. Veerle Nieborg (TriVia, 200400428)	00:30.61(+77)
22. Kayley Mc Ateer (Nuenen, 200305000)	00:30.68(+79)
23. Phaedra Meijer (MNC Dordrecht, 200405834)	00:30.69(+75)
24. Roos van Duin (ReVeLie Swim Team, 200404280)	00:30.86(+86)
25. Lena Minderaa (DWK, 200300252)	00:30.91(+69)
26. Ilse Verheij (De Rog, 200300456)	00:30.93(+73)
27. Mabel Farenhorst (WZ&PC Purmerend, 200301004)	00:31.04(+67)
28. Irma van der Wulp (WVZ, 200401950)	00:31.06(+74)
29. Milou ten Koppel (Deltasteur, 200302572)	00:31.12(+87)
29. Gaia Sterre Mirotti (VZC, 200305158)	00:31.12(+67)
31. Isabelle Elsweier (WS Twente, 200303614)	00:31.25(+88)
32. Dianne Postma (De Fuut, 200402264)	00:31.26(+76)
33. Kim van Dongen (Aqua-Novio'94, 200400140)	00:31.68(+71)
<i>16 - 16 jaar (Senioren 1)</i>	
76. 100m schoolslag - Heren	
<i>12 - 12 jaar (Junioren 1)</i>	
1. Senna Hof (DZ&PC, 200600761)	01:16.08(+82)
50m 00:37.27 37,27	
2. Lars Bulman (ZC Aquadream, 200600125)	01:16.17(+76)
50m 00:36.16 36,16	
3. Jip Bakker (Orca, 200600287)	01:19.05(+71)
50m 00:37.73 37,73	
4. Daan Sonneveld (WVZ, 200601085)	01:21.32(+73)
50m 00:39.04 39,04	
5. Joe van den Hooff (PSV, 200600559)	01:21.66(+69)
50m 00:37.80 37,80	
6. Maxime Koops (Zwemsport Parkstad (SG), 200600831)	01:22.04(+79)
50m 00:37.73 37,73	
7. Arjan Kuijt (Wijchen, 200600907)	01:22.16(+84)
50m 00:37.83 37,83	
8. Mark Demianenko (Zoetermeer, 200600409)	01:22.65(+64)
50m 00:38.77 38,77	
9. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)	01:22.71(+78)
50m 00:39.00 39,00	
10. Alrik van Eeghem (Hellas-Glana, 200600471)	01:23.24(+91)
50m 00:39.85 39,85	
11. Lars Servaas (PSV, 200600377)	01:23.67(+66)
50m 00:39.10 39,10	
12. Bas Blanker (ZPB H&L Productions, 200601497)	01:25.07(+55)
50m 00:40.35 40,35	

13. Hessel de Jong (De Lansingh, 200602753)	01:25.11(+68)
50m 00:39.34 39,34	
14. Yagiz Atilgan (ZVVS, 200601453)	01:25.50(+67)
50m 00:39.92 39,92	
15. Sem Fijnaut (Hellas-Glana, 200600495)	01:26.48(+72)
50m 00:39.69 39,69	
16. Sven Markkus Eschbach (ZZ&PC De Devel, 200602013)	01:26.64(+70)
50m 00:40.78 40,78	
77. 100m schoolslag - Heren	
13 - 13 jaar (Junioren 2)	
1. Cas Verstegen (HZPC, 200500891)	01:10.32(+73)
50m 00:32.56 32,56	
2. Tijn van Kuijk (HZPC, 200501087)	01:12.04(+70)
50m 00:34.05 34,05	
3. River Streefland (The Hague Swimming (SG), 200502253)	01:12.55(+72)
50m 00:33.98 33,98	
4. Miles Steenvoorden (De Dolfijn, 200501637)	01:13.71(+75)
50m 00:33.52 33,52	
5. Mika Bongers (ESCA Zwemmen, 200502683)	01:13.97(+65)
50m 00:34.67 34,67	
6. Steijn Louter (Hieronymus, 200500793)	01:14.72(+79)
50m 00:34.16 34,16	
7. Emiel van Oord (The Hague Swimming (SG), 200503707)	01:14.75(+74)
50m 00:34.72 34,72	
8. Domingo Kuipers (Orca, 200501787)	01:15.10(+64)
50m 00:35.73 35,73	
9. Rolf ter Keurs (De Veene, 200500137)	01:16.30(+83)
50m 00:35.53 35,53	
10. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019)	01:16.34(+77)
50m 00:36.09 36,09	
11. Gabriel Been (The Hague Swimming (SG), 200501467)	01:16.63(+75)
50m 00:36.13 36,13	
12. Daan Hoogendoorn (ZPC Woerden, 200500113)	01:18.05(+71)
50m 00:36.70 36,70	
13. Gaio Sanders (Aqua-Novio'94, 200500533)	01:18.42(+99)
50m 00:37.07 37,07	
14. Émile Fouzai (The Hague Swimming (SG), 200500263)	01:18.99(+73)
50m 00:37.13 37,13	
15. Wouter Sies (TriVia, 200500369)	01:19.09(+76)
50m 00:36.51 36,51	
16. Yanieck Frijstein (The Hague Swimming (SG), 200500329)	01:19.27(+80)
50m 00:36.67 36,67	
17. Dave ten Brink (PSV, 200501225)	01:19.90(+69)
50m 00:37.92 37,92	
18. Luc Smithuis (Wijchen, 200502649)	01:20.53(+68)
50m 00:37.40 37,40	
19. Thijs ten Koppel (Deltasteur, 200500357)	01:20.83(+83)
50m 00:37.14 37,14	
20. Teye Chan (De Dommelbaarzen, 200501941)	01:21.68(+70)

50m 00:37.85 37,85

78. 100m schoolslag - Heren

12 - 17 jaar

1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [SB13] 01:13.21(+74)
50m 00:34.34 34,34
2. Yanu van Leeuwen (TZC-Vahalis, 200500509) [SB8] 01:27.70(+73)
50m 00:40.24 40,24
3. Josh Renkema (De Otters Het Gooi, 200402537) [SB5] 02:09.58
50m 01:00.33 60,33

14 - 14 jaar (Junioren 3)

1. Stephan De Freitas Steverink (PSV, 200404481) 01:08.73(+69)
50m 00:32.75 32,75
2. Ruben Claasen (ZPC AMERSFOORT, 200400229) 01:10.32(+65)
50m 00:32.86 32,86
3. Jason van den Berg (The Hague Swimming (SG), 200400009) 01:10.81(+71)
50m 00:33.42 33,42
4. Lucas Douwma (DWT, 200401337) 01:10.82(+68)
50m 00:33.17 33,17
5. Luca Janssen (Mosa-Regio, 200403237) 01:11.28(+80)
50m 00:33.66 33,66
6. Max van Schagen (De Columbiaan, 200402591) 01:12.14(+69)
50m 00:34.26 34,26
7. Jesper Bos (WS Twente, 200401017) 01:12.27(+79)
50m 00:34.45 34,45
8. Anders van Norden (ZPC AMERSFOORT, 200400039) 01:12.82(+72)
50m 00:33.71 33,71
9. Sem Wetzels (Hellas-Glana, 200404533) 01:13.01(+68)
50m 00:34.75 34,75
10. Koen de Groot (Zwemclub Eijnsden, 200401059) 01:13.30(+74)
50m 00:33.82 33,82
11. Timo Wouters (MNC Dordrecht, 200401363) 01:14.44(+71)
50m 00:33.90 33,90
12. Timo Kock (The Hague Swimming (SG), 200400387) 01:14.45(+70)
50m 00:34.86 34,86
13. David Groenewegen (PSV, 200400469) 01:15.25(+79)
50m 00:35.79 35,79
14. Sander Heinsius (DZ&PC, 200400013) 01:15.45(+70)
50m 00:36.06 36,06
15. Robin van den Berg (ZV 44, 200400699) 01:15.47(+73)
50m 00:34.87 34,87
16. Thomas Burgmeijer (Batavia Swim, 200400739) 01:15.68(+64)
50m 00:34.31 34,31
17. Wouter Zijlstra (HZ&PC Heerenveen, 200401545) 01:16.13(+68)
50m 00:35.13 35,13
18. Pieter Wisse (PSV, 200400779) 01:16.58(+78)
50m 00:35.32 35,32
19. Jelle Kockx (Mosa-Regio, 200401697) 01:16.64(+67)
50m 00:35.93 35,93
20. Raphaël Dessart (ZV De Zaan, 200401335) 01:16.73(+76)

50m 00:35.16 35,16

21. Sven van Eeghem (Hellas-Glana, 200400541) 50m 00:36.16 36,16	01:17.64(+81)
22. Amun Majdzada (Zwemlust-den Hommel, 200401391) 50m 00:35.36 35,36	01:17.78(+69)
23. Niek Lammertink (ZPC De Hof, 200400079) 50m 00:36.00 36,00	01:18.00(+76)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Angus Corbeau (ZPC AMERSFOORT, 200304641) 50m 00:31.39 31,39	01:07.27(+70)
2. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:31.18 31,18	01:07.47(+65)
3. Ivo Kroes (Azuro, 200300079) 50m 00:31.33 31,33	01:07.50(+76)
4. Esper Schreurs (ZEPS, 200300433) 50m 00:31.75 31,75	01:07.79(+75)
5. Wesley Zulver (ZVVS, 200301319) 50m 00:31.92 31,92	01:09.21(+66)
6. Kylian Heederik (Deltasteur, 200300353) 50m 00:32.42 32,42	01:09.78(+70)
7. Perry Laarhoven (ZPC Numansdorp, 200301321) 50m 00:32.93 32,93	01:10.00(+77)
8. Xander Vis (De Schotepijl, 200300173) 50m 00:33.22 33,22	01:11.30(+68)
9. Job Sanders (ZPC AMERSFOORT, 200304913) 50m 00:34.20 34,20	01:12.65(+75)
10. Milan Hamel (The Hague Swimming (SG), 200302125) 50m 00:35.34 35,34	01:13.82(+67)
11. Wessel Heijnemans (Hieronymus, 200301353) 50m 00:34.78 34,78	01:14.02(+71)
DIS. Sam van der Stroom (PSV, 200304409)	00:00.00
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Bram Zwetsloot (Nuenen, 200202117) 50m 00:30.41 30,41	01:04.91(+64)
2. Quinn van den Heuvel (WVZ, 200100297) 50m 00:30.00 30,00	01:05.55(+71)
3. Jarno Koster (Aqua-Novio'94, 200200637) 50m 00:31.25 31,25	01:07.01(+72)
3. Ian Sanders (Hellas-Glana, 200100373) 50m 00:31.90 31,90	01:07.01(+70)
5. Daen Spoor (VZC, 200101117) 50m 00:31.62 31,62	01:08.02(+72)
6. Timo Spaans (Nextline Swimming, 200201087) 50m 00:31.64 31,64	01:08.18(+65)
7. Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:31.74 31,74	01:08.22(+72)
8. Lars Verhalle (VZC, 200200019) 50m 00:32.45 32,45	01:08.48(+77)
9. Rick Bulman (Nextline Swimming, 200101899)	01:08.95(+70)

	50m 00:33.36 33,36	
10.	Dave van den Nieuwendijk (De Columbiaan, 200100475) 50m 00:32.67 32,67	01:09.30(+73)
11.	Emile Dost (Borger, 200100731) 50m 00:32.01 32,01	01:09.72(+76)
12.	David Anthonio (KSN (SG), 200102551) 50m 00:32.49 32,49	01:09.86(+75)
13.	Brandon van den Berg (The Hague Swimming (SG), 200200669) 50m 00:33.15 33,15	01:11.01(+72)
14.	Sjoerd Looymans (De Dommelbaarzen, 200203687) 50m 00:33.08 33,08	01:11.40(+68)
15.	Rijk Dragstra (ZPC AMERSFOORT, 200102473) 50m 00:33.91 33,91	01:11.70(+68)
16.	Guy Hungens (Tempo, 200101697) 50m 00:32.77 32,77	01:12.21(+70)
17.	Luke Looymans (De Dommelbaarzen, 200203689) 50m 00:34.00 34,00	01:12.52(+70)
18.	Jurre Hanstede (De Dinkel, 200201019) 50m 00:33.59 33,59	01:12.83(+80)
19.	Guido Brink (ZPC De Zeeuwse Kust, 200200199) 50m 00:34.07 34,07	01:13.74(+50)
79.	100m schoolslag - Dames	
	11 - 15 jaar (Jeugd 2 en later)	
1.	Rosalie van Druenen (De Warande, 200305066) [SB8] 50m 00:46.68 46,68	01:40.47
2.	Iris Onnink (DWK, 200301836) [SB9] 50m 00:45.62 45,62	01:37.46(+80)
3.	Suzie Pellis (Hieronymus, 200701600) [SB9] 50m 00:49.56 49,56	01:44.41
4.	Aguila Dolsma (The Hague Swimming (SG), 200603902) [SB14] 50m 00:47.33 47,33	01:43.16(+72)
5.	Megan van Delden (WVZ, 200405500) [SB13] 50m 00:49.26 49,26	01:43.75(+85)
6.	Milou van Winkel (LinK, 200402296) [SB14] 50m 00:48.64 48,64	01:45.66(+85)
7.	Jenna Gorter (De Aalscholver, 200702746) [SB8] 50m 00:58.78 58,78	02:03.32(+87)
	13 - 13 jaar (Junioren 3)	
1.	Niké Telkamp (The Hague Swimming (SG), 200501088) 50m 00:37.83 37,83	01:20.74(+72)
2.	Bridget Vermeer (VZC, 200501766) 50m 00:37.83 37,83	01:21.87(+82)
3.	Jelsie van Ruijven (WVZ, 200500282) 50m 00:39.69 39,69	01:24.53(+73)
	14 - 15 jaar (Jeugd 1 en 2)	
1.	Lana Broekhoven (PSV, 200300056) 50m 00:33.91 33,91	01:12.45(+69)
2.	Anna van Droffelaar (OC-ZVVS, 200400258) 50m 00:34.07 34,07	01:12.62(+70)

3. Sterre Hendriks (PSV, 200401288) 50m 00:34.88 34,88	01:13.62(+74)
4. Silke Huisman (Orca, 200301182) 50m 00:35.00 35,00	01:14.98(+75)
5. Emma Hofstee (TriVia, 200401282) 50m 00:35.39 35,39	01:15.02(+81)
6. Britta Koehorst (OC-De Lansingh, 200300246) 50m 00:36.13 36,13	01:15.52(+72)
7. Mirthe Schenkel (ZPC Hoogeveen, 200300666) 50m 00:36.04 36,04	01:16.37(+81)
8. Yvette Buis (De Dolfijn, 200401830) 50m 00:36.43 36,43	01:16.92(+72)
9. Kim Vriens (Hieronymus, 200401166) 50m 00:35.49 35,49	01:17.29(+86)
10. Silke Bliet (Hellas-Glana, 200301948) 50m 00:36.50 36,50	01:18.26(+77)
11. Iris Nieuwhof (TriVia, 200401944) 50m 00:36.57 36,57	01:18.27(+74)
12. Daniëlle Vis (De Columbiaan, 200401044) 50m 00:37.06 37,06	01:18.68(+75)
13. Leonoor van Dijk (The Hague Swimming (SG), 200400832) 50m 00:37.11 37,11	01:18.77(+74)
14. Jade Geurts (WVZ, 200402278) 50m 00:37.01 37,01	01:18.87(+81)
15. Jill Nai Chung Tong (ZVVS, 200404272) 50m 00:37.17 37,17	01:19.21(+72)
16. Romana Jonker (HZ&PC Heerenveen, 200403016) 50m 00:37.40 37,40	01:19.33(+78)
17. Britt van den Boom (Zwemsport Parkstad (SG), 200401178) 50m 00:36.81 36,81	01:19.39(+77)
18. Phaedra Meijer (MNC Dordrecht, 200405834) 50m 00:37.74 37,74	01:19.51(+75)
19. Lotte Pieterman (ZV 44, 200301838) 50m 00:37.10 37,10	01:19.98(+78)
20. Kim de Jong (LinK, 200301026) 50m 00:37.34 37,34	01:20.01(+87)
21. Nora Weerman (ZV 44, 200400620) 50m 00:37.03 37,03	01:21.17(+74)
22. Amy de Sain (De Dolfijn, 200304690) 50m 00:38.10 38,10	01:21.18(+75)
23. Isabelle Elsweier (WS Twente, 200303614) 50m 00:37.63 37,63	01:22.36(+85)
80. 200m rugslag - Heren 14 - 14 jaar (Junioren 3)	
1. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:30.25 30,25 100m 01:02.68 32,43 150m 01:35.76 33,08	02:07.77(+56)
2. Stephan De Freitas Steverink (PSV, 200404481) 50m 00:31.57 31,57 100m 01:04.91 33,34 150m 01:39.02 34,11	02:12.74(+62)
3. Luuk van Rooij (Nextline Swimming, 200400581) 50m 00:30.80 30,80 100m 01:04.94 34,14 150m 01:39.55 34,61	02:14.03(+74)

4. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)	02:15.42(+69)
50m 00:31.09 31,09 100m 01:05.29 34,20 150m 01:40.30 35,01	
5. Chris van der Hout (The Hague Swimming (SG), 200401355)	02:20.44(+73)
50m 00:33.01 33,01 100m 01:08.53 35,52 150m 01:44.30 35,77	
6. Serge Knops (Hellas-Glana, 200403867)	02:20.54(+61)
50m 00:31.50 31,50 100m 01:06.51 35,01 150m 01:44.06 37,55	
7. Juiliano Soliani (DAW, 200400353)	02:21.24(+71)
50m 00:32.69 32,69 100m 01:08.44 35,75 150m 01:44.99 36,55	
8. Andrei Turta (De Aalscholver, 200404549)	02:21.26(+75)
50m 00:32.66 32,66 100m 01:08.41 35,75 150m 01:44.91 36,50	
9. Merlin Belmon (De Dolfijn, 200403191)	02:21.67(+73)
50m 00:32.50 32,50 100m 01:07.92 35,42 150m 01:45.12 37,20	
10. Abel te Riele (WVZ, 200402317)	02:22.36(+72)
50m 00:33.58 33,58 100m 01:10.38 36,80 150m 01:47.84 37,46	
11. Jort van der Vlag (WS Twente, 200400335)	02:23.94(+66)
50m 00:33.02 33,02 100m 01:09.93 36,91 150m 01:47.92 37,99	
12. Mac Peeks (ZPC Hoogeveen, 200400153)	02:24.24(+61)
50m 00:33.17 33,17 100m 01:08.98 35,81 150m 01:46.20 37,22	
13. Sem Lazaroms (Hieronymus, 200402921)	02:24.74(+75)
50m 00:34.14 34,14 100m 01:10.50 36,36 150m 01:47.58 37,08	
14. Kaito van Meeteren (De Dolfijn, 200404271)	02:25.32(+60)
50m 00:35.07 35,07 100m 01:12.10 37,03 150m 01:49.35 37,25	
15. Collin Schouten (MSV-Zeemacht, 200400697)	02:25.48(+74)
50m 00:34.60 34,60 100m 01:11.75 37,15 150m 01:49.34 37,59	
16. Jay de Vries (The Hague Swimming (SG), 200400669)	02:25.53(+74)
50m 00:34.33 34,33 100m 01:11.28 36,95 150m 01:48.59 37,31	
17. Sebastian van Wanroij (Zwemclub Eijdsden, 200404495)	02:26.48(+62)
50m 00:33.34 33,34 100m 01:09.86 36,52 150m 01:47.83 37,97	
18. Quinn Heederik (Deltasteur, 200400093)	02:26.80(+80)
50m 00:35.29 35,29 100m 01:12.48 37,19 150m 01:50.32 37,84	
19. Kelvin Douwma (DWT, 200400547)	02:27.57(+62)
50m 00:34.38 34,38 100m 01:12.34 37,96 150m 01:50.94 38,60	
20. Jon de Wit (De Ward, 200401969)	02:27.81(+64)
50m 00:32.83 32,83 100m 01:10.19 37,36 150m 01:48.75 38,56	
21. Teun van der Schrier (Hieronymus, 200403627)	02:29.49(+72)
50m 00:35.29 35,29 100m 01:13.23 37,94 150m 01:52.21 38,98	
22. Robert Dragt (Deltasteur, 200400239)	02:31.18(+63)
50m 00:35.51 35,51 100m 01:13.90 38,39 150m 01:53.20 39,30	
23. Pepijn van Egmond (WVZ, 200402309)	02:31.42(+87)
50m 00:34.77 34,77 100m 01:12.86 38,09 150m 01:52.47 39,61	
24. Max van Schagen (De Columbiaan, 200402591)	02:39.86(+69)
50m 00:36.48 36,48 100m 01:17.25 40,77 150m 01:58.92 41,67	
<i>15 - 15 jaar (Junioren 4)</i>	
1. Lukas Binnekamp (De Dinkel, 200300107)	02:13.13(+65)
50m 00:30.17 30,17 100m 01:04.39 34,22 150m 01:39.24 34,85	
2. Dylan Smolders (ZPC AMERSFOORT, 200304923)	02:15.26(+62)
50m 00:31.66 31,66 100m 01:06.10 34,44 150m 01:41.25 35,15	
3. Dylan Jansen (WVZ, 200300817)	02:17.50(+70)
50m 00:30.68 30,68 100m 01:06.06 35,38 150m 01:42.33 36,27	

4. Tyrese Sitania (Aqua-Novio'94, 200301999)				02:17.79(+53)	
50m	00:30.33 30,33	100m	01:05.17 34,84	150m	01:41.32 36,15
5. Keanu Streefland (OC-Racing Club, 200302445)				02:18.76(+60)	
50m	00:30.73 30,73	100m	01:05.47 34,74	150m	01:42.12 36,65
6. Jelle Bon (ZVVS, 200301077)				02:21.25(+68)	
50m	00:32.57 32,57	100m	01:08.35 35,78	150m	01:45.29 36,94
7. Evano Ticoalu (Aqua-Novio'94, 200304751)				02:21.70(+59)	
50m	00:31.53 31,53	100m	01:07.02 35,49	150m	01:44.32 37,30
8. Michael Smink (The Hague Swimming (SG), 200302169)				02:22.15(+78)	
50m	00:31.46 31,46	100m	01:07.25 35,79	150m	01:44.96 37,71
9. Ewald de Haas (WS Twente, 200301945)				02:23.63(+64)	
50m	00:32.19 32,19	100m	01:09.60 37,41	150m	01:47.21 37,61
10. Luuk Hulleman (ZVV, 200300189)				02:26.49(+70)	
50m	00:33.27 33,27	100m	01:09.67 36,40	150m	01:47.98 38,31
<i>16 - 17 jaar (Jeugd 1 en 2)</i>					
1. Thomas Jansen (OC-WVZ, 200100143)				02:05.36(+62)	
50m	00:29.68 29,68	100m	01:01.40 31,72	150m	01:33.49 32,09
2. Raf Hendriks (Hellas-Glana, 200100879)				02:08.39(+59)	
50m	00:30.48 30,48	100m	01:03.00 32,52	150m	01:37.01 34,01
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)				02:08.55(+65)	
50m	00:30.01 30,01	100m	01:03.47 33,46	150m	01:37.31 33,84
4. Niels Dijkshoorn (ZVVS, 200203079)				02:10.13(+66)	
50m	00:30.54 30,54	100m	01:04.01 33,47	150m	01:37.60 33,59
5. Stefan Tomicic (PSV, 200101271)				02:10.49(+61)	
50m	00:30.52 30,52	100m	01:03.18 32,66	150m	01:36.86 33,68
6. Coen de Lang (ZPC Hoogeveen, 200100067)				02:13.69(+68)	
50m	00:31.07 31,07	100m	01:04.65 33,58	150m	01:39.16 34,51
7. Moritz Hoogers (Octopus, 200104865)				02:14.24(+57)	
50m	00:30.53 30,53	100m	01:05.38 34,85	150m	01:40.26 34,88
8. Jelle Smid (Aqua-Novio'94, 200100627)				02:14.58(+61)	
50m	00:30.17 30,17	100m	01:04.82 34,65	150m	01:40.07 35,25
9. Max Visser (WVZ, 200100077)				02:14.98(+62)	
50m	00:31.74 31,74	100m	01:05.82 34,08	150m	01:40.83 35,01
10. Owen Peeks (ZPC Hoogeveen, 200100765)				02:15.47(+73)	
50m	00:31.55 31,55	100m	01:05.65 34,10	150m	01:40.75 35,10
11. Stefan Waalkens (Batavia Swim, 200100611)				02:17.58(+67)	
50m	00:31.38 31,38	100m	01:05.40 34,02	150m	01:41.04 35,64
12. Joas Groeneveld (DWK, 200102669)				02:18.18(+55)	
50m	00:30.46 30,46	100m	01:04.86 34,40	150m	01:41.22 36,36
13. Nikhom Westphal (SCOM/De Zeehond'73 (SG), 200203329)				02:18.32(+66)	
50m	00:32.31 32,31	100m	01:07.81 35,50	150m	01:43.74 35,93
14. Janne Englebert (Hieronymus, 200101561)				02:19.09(+67)	
50m	00:32.32 32,32	100m	01:07.04 34,72	150m	01:42.73 35,69
15. Bjarne van Oord (The Hague Swimming (SG), 200105101)				02:20.87(+66)	
50m	00:31.68 31,68	100m	01:07.61 35,93	150m	01:44.33 36,72
16. Leon van den Hof (Dedemsvaart-AC, 200203269)				02:21.51(+61)	
50m	00:31.75 31,75	100m	01:07.68 35,93	150m	01:44.87 37,19
17. Luc van Eijndhoven (PSV, 200200139)				02:21.71(+55)	
50m	00:32.31 32,31	100m	01:08.01 35,70	150m	01:45.04 37,03

18. Viktor Koets (De Columbian, 200201677)				02:23.68(+68)
	50m 00:32.15 32,15	100m 01:08.40 36,25	150m 01:46.62 38,22	
81. 200m rugslag - Dames				
<i>11 - 11 jaar (Junioren 1)</i>				
1. Angelina Rolman (WZ&PC Purmerend, 200701972)				02:38.24(+69)
	50m 00:36.97 36,97	100m 01:17.16 40,19	150m 01:58.64 41,48	
2. Rosa Kremers (TRB-RES, 200701224)				02:41.72(+67)
	50m 00:38.20 38,20	100m 01:18.95 40,75	150m 02:01.06 42,11	
3. Angela Whitney (De Duinkickers, 200700002)				02:42.73(+70)
	50m 00:37.28 37,28	100m 01:18.18 40,90	150m 02:00.52 42,34	
4. Eefje Irvine (De Otters Het Gooi, 200700164)				02:42.86(+71)
	50m 00:37.95 37,95	100m 01:19.38 41,43	150m 02:01.75 42,37	
5. Ylva Konings (Hellas-Glana, 200700148)				02:42.89(+63)
	50m 00:38.05 38,05	100m 01:19.50 41,45	150m 02:01.82 42,32	
6. Suze Creemers (Hellas-Glana, 200700738)				02:43.41(+76)
	50m 00:38.75 38,75	100m 01:19.91 41,16	150m 02:02.24 42,33	
7. Julie Rupprecht (De Ham, 200702322)				02:43.75(+70)
	50m 00:40.04 40,04	100m 01:22.02 41,98	150m 02:03.92 41,90	
8. Charlotte Woltjes (The Hague Swimming (SG), 200700110)				02:44.10(+69)
	50m 00:37.10 37,10	100m 01:17.98 40,88	150m 02:01.50 43,52	
9. Carlijn Gruppen (ZPC Hoogeveen, 200700046)				02:44.44(+78)
	50m 00:38.87 38,87	100m 01:20.80 41,93	150m 02:03.89 43,09	
10. Féline Sam (ZVZ, 200700018)				02:45.77(+63)
	50m 00:37.96 37,96	100m 01:20.97 43,01	150m 02:05.40 44,43	
11. Dide Provily (Wiekslag, 200700480)				02:45.85(+69)
	50m 00:38.77 38,77	100m 01:21.04 42,27	150m 02:04.48 43,44	
12. Fleur Kamminga (WVZ, 200701838)				02:46.08(+76)
	50m 00:39.42 39,42	100m 01:20.89 41,47	150m 02:04.04 43,15	
13. Lyke Bellert (ZVV, 200701424)				02:46.60(+73)
	50m 00:39.09 39,09	100m 01:22.10 43,01	150m 02:05.63 43,53	
14. Maud Roffel (HZ&PC Heerenveen, 200700840)				02:47.99(+65)
	50m 00:41.24 41,24	100m 01:24.15 42,91	150m 02:07.48 43,33	
15. Britt Colijn (De Aalscholver, 200700544)				02:48.19(+61)
	50m 00:39.35 39,35	100m 01:22.05 42,70	150m 02:05.86 43,81	
16. Lisa Roberts (Hellas-Glana, 200700170)				02:48.28(+63)
	50m 00:39.37 39,37	100m 01:22.76 43,39	150m 02:07.11 44,35	
17. Robin Vermeer (VZC, 200701292)				02:50.22(+70)
	50m 00:39.78 39,78	100m 01:22.69 42,91	150m 02:06.75 44,06	
82. 200m rugslag - Dames				
<i>12 - 12 jaar (Junioren 2)</i>				
1. Robyn Hulleman (ZVV, 200600890)				02:27.99(+68)
	50m 00:35.54 35,54	100m 01:12.74 37,20	150m 01:50.81 38,07	
2. Noor Vermeer (SBC2000, 200600752)				02:31.27(+70)
	50m 00:36.70 36,70	100m 01:15.02 38,32	150m 01:53.95 38,93	
3. Carlein Polinder (ZV 44, 200600128)				02:36.70(+69)
	50m 00:36.16 36,16	100m 01:15.17 39,01	150m 01:55.82 40,65	
4. Megan Jonkman (The Hague Swimming (SG), 200600508)				02:36.73(+69)
	50m 00:36.67 36,67	100m 01:16.45 39,78	150m 01:56.86 40,41	
5. Hilda Vrijbloed (De Duck, 200600732)				02:37.56(+63)
	50m 00:36.84 36,84	100m 01:17.78 40,94	150m 01:59.22 41,44	

6. Fiene Nijkamp (Aqua-Novio'94, 200600570)				02:38.77(+66)	
50m	00:37.14 37,14	100m	01:17.96 40,82	150m	01:59.81 41,85
7. Natasha Buiting (Aqua-Novio'94, 200603980)				02:41.09(+63)	
50m	00:37.56 37,56	100m	01:18.68 41,12	150m	02:00.64 41,96
8. Jade van der Maas (WVZ, 200600408)				02:45.11(+68)	
50m	00:38.50 38,50	100m	01:20.30 41,80	150m	02:03.12 42,82
83. 200m rugslag - Dames					
13 - 13 jaar (Junioren 3)					
1. Yke Groener (De Dinkel, 200500772)				02:27.49(+76)	
50m	00:35.41 35,41	100m	01:12.73 37,32	150m	01:49.98 37,25
2. Demi Westendorp (Deltasteur, 200500262)				02:29.85(+67)	
50m	00:34.70 34,70	100m	01:13.12 38,42	150m	01:53.07 39,95
3. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218)				02:31.73(+74)	
50m	00:34.90 34,90	100m	01:12.50 37,60	150m	01:52.04 39,54
4. Larissa de Vos (ZVV, 200502728)				02:32.97(+70)	
50m	00:34.60 34,60	100m	01:13.12 38,52	150m	01:54.11 40,99
5. Merel Schravendijk (The Hague Swimming (SG), 200503382)				02:33.96(+75)	
50m	00:37.25 37,25	100m	01:16.61 39,36	150m	01:55.86 39,25
6. Thera Janssen (Aqua-Novio'94, 200500270)				02:36.05(+71)	
50m	00:35.41 35,41	100m	01:14.31 38,90	150m	01:55.54 41,23
7. Nicolien Corbeau (ZPC AMERSFOORT, 200504540)				02:38.33(+73)	
50m	00:37.07 37,07	100m	01:17.02 39,95	150m	01:57.56 40,54
BM. Lotte Hosper (OC-Racing Club, 200201414)				BM	
50m	00:32.48 32,48	100m	01:06.59 34,11	150m	01:41.60 35,01
BM. Lieke Oude Lenferink (OC-WS Twente, 200200068)				BM	
50m	00:31.89 31,89	100m	01:07.07 35,18	150m	01:45.13 38,06
14 - 15 jaar (Jeugd 1 en 2)					
1. Ismay Lichtendonk (OC-Dedemsvaart AC, 200400622)				02:21.31(+66)	
50m	00:32.77 32,77	100m	01:09.58 36,81	150m	01:47.48 37,90
2. Josse Bergman (VZC, 200305146)				02:23.66(+63)	
50m	00:34.09 34,09	100m	01:10.64 36,55	150m	01:47.32 36,68
3. Jetske Moot (ZPC AMERSFOORT, 200400230)				02:25.75(+63)	
50m	00:33.30 33,30	100m	01:09.97 36,67	150m	01:47.61 37,64
4. Amber Celie (De Dolfijn, 200300756)				02:25.82(+66)	
50m	00:33.84 33,84	100m	01:11.18 37,34	150m	01:49.50 38,32
5. Ilse Volkers (DWK, 200301580)				02:26.23(+64)	
50m	00:33.60 33,60	100m	01:10.45 36,85	150m	01:47.85 37,40
6. Joy van Dieren (De Dinkel, 200300182)				02:27.47(+62)	
50m	00:33.31 33,31	100m	01:10.09 36,78	150m	01:48.63 38,54
7. Suze Kuipers (Orca, 200301714)				02:28.09(+69)	
50m	00:34.88 34,88	100m	01:12.24 37,36	150m	01:50.45 38,21
8. Aniek van de Weerd (VZC, 200404136)				02:28.50(+62)	
50m	00:33.97 33,97	100m	01:11.01 37,04	150m	01:49.41 38,40
9. Myrthe Natzijs (TriVia, 200400076)				02:30.71(+65)	
50m	00:35.63 35,63	100m	01:14.06 38,43	150m	01:53.04 38,98
10. Babet de Voogd (ZPC De Zeeuwse Kust, 200301362)				02:30.78(+64)	
50m	00:34.80 34,80	100m	01:13.52 38,72	150m	01:51.96 38,44
11. Bridget de Bat (ZPC De Zeeuwse Kust, 200400382)				02:31.83(+63)	
50m	00:33.53 33,53	100m	01:11.37 37,84	150m	01:51.60 40,23

12. Jonna Muntjewerff (ESCA Zwemmen, 200402396)	02:32.49(+74)
50m 00:35.12 35,12 100m 01:13.87 38,75 150m 01:53.51 39,64	
13. Lindsey Berghuis (ZV 44, 200300104)	02:32.80(+77)
50m 00:35.20 35,20 100m 01:14.35 39,15 150m 01:54.38 40,03	
14. Janne Slegers (PSV, 200404090)	02:32.87(+56)
50m 00:35.50 35,50 100m 01:13.94 38,44 150m 01:53.12 39,18	
14. Charlotte Wilbers (ZPC Hoogeveen, 200400312)	02:32.87(+65)
50m 00:35.96 35,96 100m 01:14.54 38,58 150m 01:54.13 39,59	
16. Kim van Dongen (Aqua-Novio'94, 200400140)	02:40.77(+70)
50m 00:36.11 36,11 100m 01:16.48 40,37 150m 01:58.77 42,29	

NJJK lange baan 2019 sessie 7 - zondag 16 juni 2019 om 16:30u (50 m)

Aanvangstijd juryvergadering: 15:30u

66. 400m wisselslag - Heren

84. 400m wisselslag - Dames

11 - 11 jaar (Junioren 1)

1. Ananda van der Wiel (WVZ, 200701562)	05:45.20(+70)
50m 00:36.60 36,60 150m 02:04.48 44,14 250m 03:38.28 49,85 350m 05:08.14 39,29	
100m 01:20.34 43,74 200m 02:48.43 43,95 300m 04:28.85 50,57	
2. Ylva Konings (Hellas-Glana, 200700148)	05:46.85(+78)
50m 00:36.61 36,61 150m 02:06.35 45,05 250m 03:41.43 50,88 350m 05:10.49 37,52	
100m 01:21.30 44,69 200m 02:50.55 44,20 300m 04:32.97 51,54	
3. Robin Vermeulen (MNC Dordrecht, 200700412)	05:47.44(+87)
50m 00:35.25 35,25 150m 02:07.49 46,17 250m 03:42.16 51,06 350m 05:10.75 38,79	
100m 01:21.32 46,07 200m 02:51.10 43,61 300m 04:31.96 49,80	
4. Yara Mels (TRB-RES, 200700232)	05:50.29(+72)
50m 00:36.96 36,96 150m 02:10.03 44,79 250m 03:44.41 49,33 350m 05:13.48 38,83	
100m 01:25.24 48,28 200m 02:55.08 45,05 300m 04:34.65 50,24	
5. Nynke Boerefijn (De Fuut, 200700114)	05:55.27(+79)
50m 00:40.21 40,21 150m 02:15.38 46,36 250m 03:51.86 51,50 350m 05:21.28 37,75	
100m 01:29.02 48,81 200m 03:00.36 44,98 300m 04:43.53 51,67	
6. Angelina Rolman (WZ&PC Purmerend, 200701972)	05:55.74(+82)
50m 00:38.07 38,07 150m 02:09.72 44,54 250m 03:45.09 52,13 350m 05:18.83 40,27	
100m 01:25.18 47,11 200m 02:52.96 43,24 300m 04:38.56 53,47	
7. Lyke Bellert (ZVV, 200701424)	05:57.61(+81)
50m 00:36.15 36,15 150m 02:07.90 44,70 250m 03:44.57 53,46 350m 05:19.96 40,85	
100m 01:23.20 47,05 200m 02:51.11 43,21 300m 04:39.11 54,54	
8. Rafaela Mulders (De Reuring, 200701398)	06:00.76(+77)
50m 00:38.64 38,64 150m 02:13.48 47,81 250m 03:52.62 51,75 350m 05:24.68 38,15	
100m 01:25.67 47,03 200m 03:00.87 47,39 300m 04:46.53 53,91	
9. Noa Ottens (VZC, 200702256)	06:01.60(+87)
50m 00:38.30 38,30 150m 02:11.22 45,66 250m 03:47.44 51,52 350m 05:22.83 42,76	
100m 01:25.56 47,26 200m 02:55.92 44,70 300m 04:40.07 52,63	
10. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)	06:01.89(+76)
50m 00:36.61 36,61 150m 02:08.74 47,67 250m 03:47.15 52,66 350m 05:23.12 41,62	
100m 01:21.07 44,46 200m 02:54.49 45,75 300m 04:41.50 54,35	
11. Féline Sam (ZVZ, 200700018)	06:04.28(+85)
50m 00:38.40 38,40 150m 02:12.20 46,37 250m 03:52.22 54,98 350m 05:27.47 40,41	
100m 01:25.83 47,43 200m 02:57.24 45,04 300m 04:47.06 54,84	
12. Angela Whitney (De Duinkickers, 200700002)	06:06.77(+80)
50m 00:38.14 38,14 150m 02:11.57 45,77 250m 03:48.12 51,81 350m 05:24.98 43,59	
100m 01:25.80 47,66 200m 02:56.31 44,74 300m 04:41.39 53,27	

13. Livia Groenewegen (PSV, 200700244)					O6:15.86(+79)
50m	00:41.12	150m	02:17.91	250m	03:56.18
100m	01:30.78	200m	03:02.09	300m	04:50.02
	41,12		47,13		54,09
	49,66		44,18		53,84
					350m 05:33.58
					43,56
14. Isa Jansen (SBC2000, 200701176)					O6:16.69(+76)
50m	00:42.68	150m	02:22.77	250m	04:01.06
100m	01:37.22	200m	03:07.97	300m	04:54.19
	42,68		45,55		53,09
	54,54		45,20		53,13
					350m 05:36.11
					41,92
15. Inger van Oord (The Hague Swimming (SG), 200703912)					O6:18.91(+79)
50m	00:36.85	150m	02:16.82	250m	04:01.05
100m	01:25.81	200m	03:07.28	300m	04:54.04
	36,85		51,01		53,77
	48,96		46,46		99
					350m 05:39.37
					45,33
16. Lisa Roberts (Hellas-Glana, 200700170)					O6:22.13(+78)
50m	00:42.83	150m	02:23.67	250m	04:04.44
100m	01:35.47	200m	03:09.52	300m	04:59.58
	42,83		48,20		54,92
	64		85		54,14
					350m 05:42.50
					42,92
85. 400m wisselslag - Dames					
12 - 12 jaar (Junioren 2)					
1. Megan Jonkman (The Hague Swimming (SG), 200600508)					O5:24.34(+82)
50m	00:33.00	150m	01:55.82	250m	03:23.15
100m	01:12.79	200m	02:37.46	300m	04:11.32
	33,00		43,03		46,69
	79		64		17
					350m 04:48.86
					37,54
2. Avery Collins (The Hague Swimming (SG), 200603622)					O5:27.25(+68)
50m	00:33.24	150m	01:56.87	250m	03:25.56
100m	01:13.10	200m	02:39.33	300m	04:12.14
	33,24		43,77		46,23
	86		46,58		350m 04:50.29
					38,15
3. Noor Vermeer (SBC2000, 200600752)					O5:29.82(+83)
50m	00:35.23	150m	01:59.28	250m	03:27.91
100m	01:16.49	200m	02:41.11	300m	04:15.25
	35,23		42,79		46,80
	26		83		34
					350m 04:52.49
					37,24
4. Estelle van Wijngaarden (ZPB H&L Productions, 200601020)					O5:36.57(+84)
50m	00:32.84	150m	02:00.26	250m	03:32.33
100m	01:15.76	200m	02:43.52	300m	04:21.44
	32,84		44,50		48,81
	92		26		34
					350m 05:00.28
					38,84
5. Djanilla Brink (DAW, 200600988)					O5:36.98(+85)
50m	00:36.11	150m	02:05.23	250m	03:35.06
100m	01:20.85	200m	02:48.18	300m	04:24.31
	36,11		44,38		46,88
	74		95		25
					350m 05:01.61
					37,30
6. Anouk van Hattum (Hellas-Glana, 200600738)					O5:37.47(+78)
50m	00:35.28	150m	02:01.34	250m	03:32.86
100m	01:18.00	200m	02:44.28	300m	04:21.41
	35,28		43,34		48,58
	72		94		55
					350m 05:00.89
					39,48
7. Félinn van Lienden (Hieronymus, 200602038)					O5:43.82(+88)
50m	00:35.51	150m	02:01.72	250m	03:33.94
100m	01:18.48	200m	02:44.59	300m	04:24.69
	35,51		43,24		49,35
	97		87		75
					350m 05:04.38
					39,69
8. Evy Rozeboom (DAW, 200601338)					O5:43.87(+74)
50m	00:36.15	150m	02:04.60	250m	03:37.56
100m	01:19.89	200m	02:47.41	300m	04:28.10
	36,15		44,71		50,15
	74		81		54
					350m 05:06.82
					38,72
9. Sara Korthuis (Apexswim, 200600494)					O5:46.97(+74)
50m	00:34.96	150m	02:03.78	250m	03:39.06
100m	01:19.34	200m	02:47.15	300m	04:31.22
	34,96		44,44		51,91
	38		37		16
					350m 05:09.14
					37,92
10. Jade van der Maas (WVZ, 200600408)					O5:47.78(+70)
50m	00:34.60	150m	02:00.26	250m	03:33.96
100m	01:15.29	200m	02:42.74	300m	04:26.65
	34,60		44,97		51,22
	69		48		69
					350m 05:08.93
					42,28
11. Isis van der Stroom (PSV, 200604342)					O5:48.10(+75)
50m	00:36.85	150m	02:06.77	250m	03:37.19
100m	01:20.99	200m	02:51.60	300m	04:25.26
	36,85		45,78		45,59
	14		83		07
					350m 05:07.82
					42,56
12. Mara Tims (The Hague Swimming (SG), 200601136)					O5:52.01(+73)
50m	00:33.80	150m	02:00.88	250m	03:38.92
100m	01:13.94	200m	02:46.33	300m	04:32.44
	33,80		46,94		52,59
	14		45,45		52
					350m 05:13.31
					40,87
13. Leyla Oversluizen (MNC Dordrecht, 200602730)					O5:53.70(+73)
50m	00:36.32	150m	02:10.11	250m	03:44.35
100m	01:23.48	200m	02:54.74	300m	04:36.15
	36,32		46,63		49,61
	16		63		80
					350m 05:16.17
					40,02
14. Veerle Riezebos (ZV 44, 200600712)					O6:02.49(+85)

50m 00:37.53 37,53 150m 02:10.37 45,02 250m 03:44.27 48,50 350m 05:21.07 42,61
100m 01:25.35 47,82 200m 02:55.77 45,40 300m 04:38.46 54,19

68. 400m wisselslag - Dames

86. 100m vrije slag - Heren

12 - 12 jaar (Junioren 1)

1. Tenzing Geutjes (ZPC AMERSFOORT, 200600441) 00:58.39(+69)
50m 00:27.90 27,90
2. Finn Broekhoven (PSV, 200600035) 01:00.30(+67)
50m 00:29.09 29,09
3. Daan Sonneveld (WVZ, 200601085) 01:00.38(+70)
50m 00:29.30 29,30
4. Joe van den Hooff (PSV, 200600559) 01:00.89(+71)
50m 00:29.93 29,93
5. Maxime Koops (Zwemsport Parkstad (SG), 200600831) 01:01.47(+79)
50m 00:28.86 28,86
6. Senna Hof (DZ&PC, 200600761) 01:01.74(+80)
50m 00:30.09 30,09
7. Joeri Harreman (De Schelde, 200600469) 01:02.09(+71)
50m 00:29.72 29,72
8. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019) 01:02.51(+78)
50m 00:30.21 30,21
9. Bjorn Rijkaart (BZ&PC, 200601337) 01:02.76(+73)
50m 00:29.23 29,23
10. Ivar Kleuver (De Aalscholver, 200601457) 01:02.96(+76)
50m 00:30.44 30,44
11. Samuel E Skibo (The Hague Swimming (SG), 200603977) 01:03.01(+76)
50m 00:29.76 29,76
12. Marcel Hofstede (The Hague Swimming (SG), 200603931) 01:03.04(+58)
50m 00:29.94 29,94
13. Olivier Wilbers (ZPC Hoogeveen, 200600181) 01:03.41(+69)
50m 00:30.56 30,56
14. Matthew Finney (Merlet, 200602167) 01:03.77(+77)
50m 00:30.48 30,48
15. Bas Blanker (ZPB H&L Productions, 200601497) 01:03.78(+65)
50m 00:30.74 30,74
16. Mark Demianenko (Zoetermeer, 200600409) 01:03.85(+64)
50m 00:29.66 29,66
17. Lars Bulman (ZC Aquadream, 200600125) 01:03.97(+76)
50m 00:30.38 30,38
18. Jip Bakker (Orca, 200600287) 01:03.99(+73)
50m 00:31.38 31,38
19. Yagiz Atilgan (ZVVS, 200601453) 01:04.02(+64)
50m 00:31.66 31,66
20. Thomas Boer (Zwemclub Polaris, 200600769) 01:04.47(+80)
50m 00:30.16 30,16
21. Wout Koops (WS Twente, 200601543) 01:04.53(+76)
50m 00:30.60 30,60
22. Ben Jackson (De Dolfijn, 200603399) 01:05.67(+78)
50m 00:31.46 31,46

23. Storm Tolsma (ZIGNEA, 200600277)	01:06.42(+77)
50m 00:31.40 31,40	
24. Sam Derkx (FZC'54-De Vikings (SG), 200601917)	01:06.52(+79)
50m 00:31.85 31,85	
25. Cai Mink (ZPC Hoogeveen, 200601683)	01:06.56(+78)
50m 00:31.69 31,69	
26. Wessel Treffers (KZC, 200600139)	01:06.60(+67)
50m 00:31.00 31,00	
DIS. Siete Bootsma (Bolsward-Workum (SG), 200600065)	00:00.00
87. 100m vrije slag - Heren	
13 - 13 jaar (Junioren 2)	
1. Rolf ter Keurs (De Veene, 200500137)	00:55.88(+81)
50m 00:26.84 26,84	
2. Colin Bes (Zwemclub Polaris, 200500201)	00:56.70(+76)
50m 00:27.19 27,19	
3. Nicholas Heinio-Widell (The Hague Swimming (SG), 200504141)	00:57.91(+66)
50m 00:27.95 27,95	
4. Emiel van Oord (The Hague Swimming (SG), 200503707)	00:58.17(+75)
50m 00:28.16 28,16	
5. Tijn van Kuijk (HZPC, 200501087)	00:58.57(+69)
50m 00:27.74 27,74	
6. Niels Jansen (Aqua-Novio'94, 200501019)	00:58.62(+71)
50m 00:27.65 27,65	
7. Sigsten Jonkman (ZPC De Zeeuwse Kust, 200500523)	00:58.75(+66)
50m 00:27.70 27,70	
8. Domingo Kuipers (Orca, 200501787)	00:59.15(+65)
50m 00:28.18 28,18	
9. Sven Klink (ZV 44, 200500349)	00:59.17(+65)
50m 00:28.57 28,57	
10. Jasper Camphuijnder (OEZA, 200502367)	00:59.45(+88)
50m 00:28.65 28,65	
11. Miles Steenvoorden (De Dolfijn, 200501637)	00:59.49(+76)
50m 00:28.47 28,47	
12. Yordan Taya (Zwemlust-den Hommel, 200501343)	00:59.67(+74)
50m 00:28.82 28,82	
13. River Streefland (The Hague Swimming (SG), 200502253)	00:59.72(+69)
50m 00:29.01 29,01	
14. Teye Chan (De Dommelbaarzen, 200501941)	00:59.89(+70)
50m 00:28.93 28,93	
15. Gabriel Been (The Hague Swimming (SG), 200501467)	01:00.04(+79)
50m 00:28.76 28,76	
16. Nick Buitendijk (Triton, 200500389)	01:00.19(+73)
50m 00:29.09 29,09	
17. Sem Agterdenbos (MNC Dordrecht, 200500049)	01:00.22(+67)
50m 00:28.98 28,98	
18. Rens Stijf (NDD, 200501419)	01:00.33(+64)
50m 00:28.85 28,85	
19. Lars Minnaert (VZV Njord, 200502355)	01:00.56(+66)
50m 00:28.83 28,83	

20. Mats Meyer (Nova, 200500095) 50m 00:29.28 29,28	01:00.68(+75)
21. Edvin Hodzic (De Dommelbaarzen, 200501289) 50m 00:28.99 28,99	01:00.95(+76)
22. Dave ten Brink (PSV, 200501225) 50m 00:29.27 29,27	01:01.09(+66)
23. Émile Fouzai (The Hague Swimming (SG), 200500263) 50m 00:29.01 29,01	01:01.12(+82)
24. Alex Neuteboom Spijker (Aquapoldro, 200500429) 50m 00:29.80 29,80	01:01.47(+74)
25. Menno Wieringa (De Lansingh, 200500927) 50m 00:28.60 28,60	01:01.49(+71)
26. David da Silva Miranda (FZC'54-De Vikings (SG), 200500019) 50m 00:29.51 29,51	01:01.50(+77)
27. Gaio Sanders (Aqua-Novio'94, 200500533) 50m 00:30.20 30,20	01:02.24(+64)
28. Thijmen Peeters (Zwemlust-den Hommel, 200502945) 50m 00:29.80 29,80	01:02.36(+70)
69. 100m vrije slag - Heren	
12 - 17 jaar	
1. Bram Daalman (HPC PARA-ZV Haarlem, 200300629) [S14] 50m 00:27.78 27,78	00:58.67(+78)
2. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [S13] 50m 00:27.37 27,37	00:57.01(+74)
3. Querijn Hensen (HPC PARA-ZPC AMERSFOORT, 200102121) [S10] 50m 00:28.01 28,01	00:59.01(+66)
4. Yanu van Leeuwen (TZC-Vahalis, 200500509) [S9] 50m 00:32.15 32,15	01:08.59(+71)
5. Jesse Bruines (Batavia Swim, 200402413) [S9] 50m 00:36.97 36,97	01:16.69(+83)
6. Josh Renkema (De Otters Het Gooi, 200402537) [S6] 50m 00:46.92 46,92	01:39.11
14 - 14 jaar (Junioren 3)	
1. Simon Claasen (ZPC AMERSFOORT, 200400231) 50m 00:25.91 25,91	00:54.48(+64)
2. Vince van der Pal (ZV 44, 200401869) 50m 00:26.47 26,47	00:54.69(+75)
3. Luuk van Rooij (Nextline Swimming, 200400581) 50m 00:26.58 26,58	00:54.71(+72)
4. Pieter Wisse (PSV, 200400779) 50m 00:26.59 26,59	00:55.01(+74)
5. Hendrik van der Leest (FZC'54-De Vikings (SG), 200404339) 50m 00:26.30 26,30	00:55.02(+74)
6. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253) 50m 00:26.31 26,31	00:55.37(+72)
7. Jacco Nijland (ZPC De Hof, 200400081) 50m 00:27.11 27,11	00:55.44(+73)
8. Koen de Groot (Zwemclub Eijsden, 200401059) 50m 00:26.62 26,62	00:55.54(+73)

9. Merlin Belmon (De Dolfijn, 200403191) 50m 00:26.73 26,73	00:55.68(+75)
10. Robin van den Berg (ZV 44, 200400699) 50m 00:27.50 27,50	00:56.77(+69)
<i>15 - 15 jaar (Junioren 4)</i>	
1. Tim Korstanje (Aqua-Novio'94, 200300053) 50m 00:25.00 25,00	00:51.92(+61)
2. Sebastian Vandermeer (The Hague Swimming (SG), 200304869) 50m 00:25.78 25,78	00:53.44(+62)
3. Esper Schreurs (ZEPS, 200300433) 50m 00:26.11 26,11	00:54.02(+73)
4. Lucas Peters (Nextline Swimming, 200301325) 50m 00:26.06 26,06	00:54.12(+70)
5. Keanu Streefland (OC-Racing Club, 200302445) 50m 00:25.70 25,70	00:54.35(+67)
6. Rijk Heere (ZPC AMERSFOORT, 200300897) 50m 00:26.57 26,57	00:54.96(+71)
7. Job Sanders (ZPC AMERSFOORT, 200304913) 50m 00:26.43 26,43	00:55.09(+72)
8. Luuk Bos (VZ&PC, 200300151) 50m 00:26.16 26,16	00:55.10(+59)
9. Yorick Visser (ZPC De Zeeuwse Kust, 200301957) 50m 00:26.75 26,75	00:55.18(+70)
10. Aidan Andersen (Nextline Swimming, 200302829) 50m 00:27.08 27,08	00:56.65(+65)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Luc Kroon (OC-Ed-Vo, 200100697) 50m 00:24.70 24,70	00:50.56(+75)
2. Caspar Corbeau (ZPC AMERSFOORT, 200105099) 50m 00:24.75 24,75	00:51.23(+69)
3. Bjorn van Doesburg (Aquarijn, 200201867) 50m 00:24.95 24,95	00:51.59(+61)
4. Sean Niewold (WVZ, 200204699) 50m 00:24.93 24,93	00:51.73(+71)
5. Aleks Doedel (PSV, 200105453) 50m 00:25.16 25,16	00:52.93(+70)
6. Léon van der Geest (OC-WS Twente, 200201005) 50m 00:25.38 25,38	00:53.13(+69)
7. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:25.81 25,81	00:53.26(+65)
8. Brandon van den Berg (The Hague Swimming (SG), 200200669) 50m 00:25.74 25,74	00:53.46(+70)
9. Dave van der Voet (De Dolfijn, 200102783) 50m 00:26.09 26,09	00:53.48(+68)
10. Elroy Schot (De Dolfijn, 200200689) 50m 00:25.76 25,76	00:53.57(+70)
72. 100m vrije slag - Dames	
<i>11 - 15 jaar (Jeugd 2 en later)</i>	
1. Rosalie van Druenen (De Warande, 200305066) [S9] 50m 00:35.73 35,73	01:14.65(+83)

2. Mara de Bruin (ZPC AMERSFOORT, 200303268) [S9] 50m 00:36.47 36,47	01:15.15(+83)
3. Lieke Duijinkerke (ZPC De Zeeuwse Kust, 200700468) [S10] 50m 00:35.17 35,17	01:13.08(+77)
4. Iris Onnink (DWK, 200301836) [S10] 50m 00:35.01 35,01	01:14.09(+75)
5. Milou van Winkel (LinK, 200402296) [S14] 50m 00:33.30 33,30	01:11.19(+76)
6. Suzie Pellis (Hieronymus, 200701600) [S9] 50m 00:36.01 36,01	01:16.90(+76)
7. Diede Struijk (Nuenen, 200403824) [S13] 50m 00:36.35 36,35	01:13.61(+82)
8. Megan van Delden (WVZ, 200405500) [S13] 50m 00:37.44 37,44	01:22.04(+85)
<i>13 - 13 jaar (Junioren 3)</i>	
1. Noa Teuben (FZC'54-De Vikings (SG), 200500254) 50m 00:28.38 28,38	00:59.76(+71)
2. Jelsie van Ruijven (WVZ, 200500282) 50m 00:29.20 29,20	01:00.23(+74)
3. Marin Wieling (Aquarijn, 200501220) 50m 00:29.31 29,31	01:01.02(+76)
4. Emma Riemers (MSV-Zeemacht, 200500748) 50m 00:29.57 29,57	01:01.32(+75)
5. Bridget Vermeer (VZC, 200501766) 50m 00:29.49 29,49	01:01.49(+80)
6. Sophia van Droffelaar (ZVVS, 200500330) 50m 00:29.80 29,80	01:01.58(+72)
7. Lianne Beekman (ZVV, 200500124) 50m 00:29.65 29,65	01:02.43(+80)
8. Anique Hazebroek (The Hague Swimming (SG), 200502196) 50m 00:29.78 29,78	01:02.64(+74)
9. Lynn Reitsma (Deltasteur, 200502750) 50m 00:30.48 30,48	01:02.96(+76)
10. Annelieke Stegink (Batavia Swim, 200500570) 50m 00:29.59 29,59	01:03.20(+73)
BM. Yara van Kalmthout (Nova, 200200984) 50m 00:27.78 27,78	BM
BM. Elise Tanis (OC-MNC Dordrecht, 200200120) 50m 00:27.66 27,66	BM
BM. Kaylee Dekker (PSV, 200206058) 50m 00:28.44 28,44	BM
<i>14 - 15 jaar (Jeugd 1 en 2)</i>	
1. Femke Hoppenbrouwer (The Hague Swimming (SG), 200301124) 50m 00:27.47 27,47	00:57.04(+72)
2. Milou van Wijk (MNC Dordrecht, 200404948) 50m 00:27.71 27,71	00:57.12(+81)
3. Silke Huisman (Orca, 200301182) 50m 00:27.42 27,42	00:57.35(+73)
4. Britta Koehorst (OC-De Lansingh, 200300246)	00:57.40(+74)

50m 00:27.47 27,47

5. Janna van Kooten (TriVia, 200404584) 00:57.98(+81)
50m 00:27.77 27,77

6. Anna van Droffelaar (OC-ZVVS, 200400258) 00:58.09(+66)
50m 00:27.77 27,77

7. Mila Maas (PSV, 200302966) 00:59.74(+78)
50m 00:28.26 28,26

8. Eline Gros (Aqua-Novio'94, 200302700) 01:00.19(+79)
50m 00:28.67 28,67

9. Vera Renshof (DWK, 200301582) 01:00.61(+71)
50m 00:28.97 28,97

10. Josse Bergman (VZC, 200305146) 01:00.84(+74)
50m 00:29.43 29,43

16 - 16 jaar (Senioren 1)

78. 100m schoolslag - Heren

12 - 17 jaar

1. Thomas van Wanrooij (HPC PARA-Poseidon'56, 200201473) [SB13] 01:11.69(+72)
50m 00:33.33 33,33

2. Yanu van Leeuwen (TZC-Vahalis, 200500509) [SB8] 01:29.98(+70)
50m 00:41.72 41,72

3. Josh Renkema (De Otters Het Gooi, 200402537) [SB5] 02:11.60
50m 01:01.57 61,57

14 - 14 jaar (Junioren 3)

1. Stephan De Freitas Steverink (PSV, 200404481) 01:05.58(+66)
50m 00:31.05 31,05

2. Ruben Claasen (ZPC AMERSFOORT, 200400229) 01:09.30(+65)
50m 00:32.29 32,29

3. Lucas Douwma (DWT, 200401337) 01:09.55(+69)
50m 00:33.05 33,05

4. Jason van den Berg (The Hague Swimming (SG), 200400009) 01:10.01(+70)
50m 00:32.74 32,74

5. Luca Janssen (Mosa-Regio, 200403237) 01:10.13(+79)
50m 00:33.29 33,29

6. Anders van Norden (ZPC AMERSFOORT, 200400039) 01:11.34(+75)
50m 00:33.41 33,41

7. Jesper Bos (WS Twente, 200401017) 01:12.01(+78)
50m 00:33.84 33,84

8. Max van Schagen (De Columbiaan, 200402591) 01:12.60(+69)
50m 00:34.05 34,05

9. Timo Wouters (MNC Dordrecht, 200401363) 01:14.26(+72)
50m 00:34.70 34,70

DIS. Sem Wetzels (Hellas-Glana, 200404533) 00:00.00

15 - 15 jaar (Junioren 4)

1. Ivo Kroes (Azuro, 200300079) 01:06.52(+78)
50m 00:31.34 31,34

2. Esper Schreurs (ZEPS, 200300433) 01:07.45(+74)
50m 00:32.09 32,09

3. Angus Corbeau (ZPC AMERSFOORT, 200304641) 01:07.97(+70)
50m 00:31.67 31,67

4. Wesley Zulver (ZVVS, 200301319) 50m 00:31.68 31,68	01:08.06(+67)
5. Perry Laarhoven (ZPC Numansdorp, 200301321) 50m 00:31.82 31,82	01:09.01(+80)
6. Kylian Heederik (Deltasteur, 200300353) 50m 00:32.40 32,40	01:09.67(+72)
7. Xander Vis (De Schotejil, 200300173) 50m 00:33.03 33,03	01:10.62(+70)
8. Milan Hamel (The Hague Swimming (SG), 200302125) 50m 00:33.57 33,57	01:12.70(+71)
9. Job Sanders (ZPC AMERSFOORT, 200304913) 50m 00:34.86 34,86	01:13.97(+70)
10. Wessel Heijnemans (Hieronymus, 200301353) 50m 00:34.92 34,92	01:14.69(+74)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Bram Zwetsloot (Nuenen, 200202117) 50m 00:30.33 30,33	01:04.71(+63)
2. Quinn van den Heuvel (WVZ, 200100297) 50m 00:30.11 30,11	01:04.92(+69)
3. Ian Sanders (Hellas-Glana, 200100373) 50m 00:31.54 31,54	01:06.96(+69)
4. Jarno Koster (Aqua-Novio'94, 200200637) 50m 00:31.39 31,39	01:07.26(+73)
5. Timo Spaans (Nextline Swimming, 200201087) 50m 00:31.34 31,34	01:07.34(+64)
6. Lars Verhalle (VZC, 200200019) 50m 00:31.20 31,20	01:07.38(+77)
7. Jesse Zweers (Dedemsvaart-AC, 200100399) 50m 00:31.28 31,28	01:08.10(+71)
8. Rick Bulman (Nextline Swimming, 200101899) 50m 00:32.10 32,10	01:08.23(+70)
9. Dave van den Nieuwendijk (De Columbiaan, 200100475) 50m 00:33.08 33,08	01:10.07(+74)
DIS. Daen Spoor (VZC, 200101117)	00:00.00
88. 100m schoolslag - Dames	
<i>11 - 11 jaar (Junioren 1)</i>	
1. Hylcke de Beer (Zwemsport Parkstad (SG), 200700006) 50m 00:37.29 37,29	01:19.81(+70)
2. Benigna Kocsispeter (Zwemsport Parkstad (SG), 200702058) 50m 00:38.37 38,37	01:20.70(+73)
3. Yara Mels (TRB-RES, 200700232) 50m 00:38.94 38,94	01:22.56(+74)
4. Annique Rupke (WIDEX GZC DONK, 200700876) 50m 00:38.96 38,96	01:23.20(+78)
5. Suze Creemers (Hellas-Glana, 200700738) 50m 00:38.89 38,89	01:23.24(+80)
6. Samantha van der Jagt (ZZ&PC De Devel, 200700220) 50m 00:39.51 39,51	01:24.58(+76)
7. Thalia Meijer (MNC Dordrecht, 200704048)	01:24.83(+70)

	50m 00:39.53 39,53	
8.	Charlene Ruiter (De Columbiaan, 200700522) 50m 00:39.14 39,14	01:24.93(+77)
9.	Alexandra Gepkens (Aqua-Novio'94, 200701690) 50m 00:39.75 39,75	01:25.80(+72)
10.	Ananda van der Wiel (WVZ, 200701562) 50m 00:41.98 41,98	01:29.49(+68)
89.	100m schoolslag - Dames 12 - 12 jaar (Junioren 2)	
1.	Elydjah van der Heul (The Hague Swimming (SG), 200602180) 50m 00:36.03 36,03	01:16.85(+73)
2.	Joy Willekus (WZ&PC Purmerend, 200602420) 50m 00:36.47 36,47	01:17.31(+69)
3.	Sophie Faveaux (ZPC AMERSFOORT, 200600286) 50m 00:36.95 36,95	01:18.91(+79)
4.	Djanilla Brink (DAW, 200600988) 50m 00:37.60 37,60	01:20.55(+83)
5.	Isis van der Stroom (PSV, 200604342) 50m 00:38.93 38,93	01:23.17(+91)
6.	Avery Collins (The Hague Swimming (SG), 200603622) 50m 00:40.15 40,15	01:24.29(+71)
7.	Estelle van Wijngaarden (ZPB H&L Productions, 200601020) 50m 00:39.33 39,33	01:25.69(+82)
79.	100m schoolslag - Dames 11 - 15 jaar (Jeugd 2 en later)	
1.	Rosalie van Druenen (De Warande, 200305066) [SB8] 50m 00:44.90 44,90	01:37.18(+95)
2.	Iris Onnink (DWK, 200301836) [SB9] 50m 00:45.48 45,48	01:36.26(+78)
3.	Suzie Pellis (Hieronymus, 200701600) [SB9] 50m 00:48.55 48,55	01:41.53(+77)
4.	Milou van Winkel (LinK, 200402296) [SB14] 50m 00:47.19 47,19	01:42.55(+82)
4.	Megan van Delden (WVZ, 200405500) [SB13] 50m 00:48.07 48,07	01:42.32(+90)
6.	Aguila Dolsma (The Hague Swimming (SG), 200603902) [SB14] 50m 00:47.26 47,26	01:42.79(+77)
	13 - 13 jaar (Junioren 3)	
1.	Bridget Vermeer (VZC, 200501766) 50m 00:35.30 35,30	01:16.20(+80)
2.	Niké Telkamp (The Hague Swimming (SG), 200501088) 50m 00:35.89 35,89	01:18.11(+70)
3.	Jelsie van Ruijven (WVZ, 200500282) 50m 00:37.94 37,94	01:21.43(+71)
	14 - 15 jaar (Jeugd 1 en 2)	
1.	Anna van Droffelaar (OC-ZVVS, 200400258) 50m 00:34.17 34,17	01:11.42(+64)
2.	Lana Broekhoven (PSV, 200300056) 50m 00:34.02 34,02	01:11.70(+70)

3. Sterre Hendriks (PSV, 200401288)				01:13.05(+76)
50m	00:34.19	34,19		
4. Britta Koehorst (OC-De Lansingh, 200300246)				01:13.74(+78)
50m	00:34.51	34,51		
5. Silke Huisman (Orca, 200301182)				01:14.03(+75)
50m	00:34.75	34,75		
6. Mirthe Schenkel (ZPC Hoogeveen, 200300666)				01:16.50(+81)
50m	00:35.52	35,52		
7. Yvette Buis (De Dolfijn, 200401830)				01:16.95(+72)
50m	00:35.91	35,91		
8. Kim Vriens (Hieronymus, 200401166)				01:17.78(+71)
50m	00:35.48	35,48		
9. Silke Blik (Hellas-Glana, 200301948)				01:18.08(+73)
50m	00:36.16	36,16		
DIS. Emma Hofstee (TriVia, 200401282)				00:00.00
90. 200m rugslag - Heren				
12 - 12 jaar (Junioren 1)				
1. Daan Sonneveld (WVZ, 200601085)				02:20.33(+66)
50m	00:33.61	33,61	100m 01:10.03	36,42 150m 01:46.99
36,96				
2. Finn Broekhoven (PSV, 200600035)				02:23.22(+71)
50m	00:33.62	33,62	100m 01:10.72	37,10 150m 01:47.72
37,00				
3. Tiamo van der Veen (ZPC Hoogeveen, 200600033)				02:24.51(+61)
50m	00:33.59	33,59	100m 01:10.13	36,54 150m 01:47.87
37,74				
4. Ivar Kleuver (De Aalscholver, 200601457)				02:24.61(+78)
50m	00:34.43	34,43	100m 01:11.28	36,85 150m 01:48.34
37,06				
5. Thom de Hoog (SCOM/De Zeehond'73 (SG), 200600019)				02:31.09(+60)
50m	00:35.40	35,40	100m 01:13.61	38,21 150m 01:52.64
39,03				
6. Senna Hof (DZ&PC, 200600761)				02:33.43(+64)
50m	00:36.67	36,67	100m 01:16.22	39,55 150m 01:55.02
38,80				
7. Bjorn Rijkaart (BZ&PC, 200601337)				02:33.74(+66)
50m	00:36.28	36,28	100m 01:14.94	38,66 150m 01:54.73
39,79				
8. Marcel Hofstede (The Hague Swimming (SG), 200603931)				02:36.54(+57)
50m	00:36.31	36,31	100m 01:16.66	40,35 150m 01:56.81
40,15				
9. Olivier Wilbers (ZPC Hoogeveen, 200600181)				02:37.23(+67)
50m	00:37.55	37,55	100m 01:17.69	40,14 150m 01:57.77
40,08				
10. Thomas Boer (Zwemclub Polaris, 200600769)				02:37.57(+70)
50m	00:36.17	36,17	100m 01:16.28	40,11 150m 01:58.03
41,75				
11. Samuel E Skibo (The Hague Swimming (SG), 200603977)				02:37.87(+64)
50m	00:35.09	35,09	100m 01:15.08	39,99 150m 01:56.59
41,51				
12. Mick van Os (De Gelenberg, 200603267)				02:38.56(+76)
50m	00:37.02	37,02	100m 01:16.77	39,75 150m 01:58.85
42,08				
13. Lars ten Katen (Batavia Swim, 200600959)				02:39.07(+70)
50m	00:36.70	36,70	100m 01:17.48	40,78 150m 01:59.23
41,75				
14. Feico de Jonge (KZC, 200600047)				02:40.19(+72)
50m	00:38.00	38,00	100m 01:19.10	41,10 150m 02:00.24
41,14				
15. Kylian Oosterveen (ZPC De Zeeuwse Kust, 200600651)				02:40.72(+72)
50m	00:36.72	36,72	100m 01:17.85	41,13 150m 02:00.39
42,54				
16. Ben Jackson (De Dolfijn, 200603399)				02:41.12(+61)
50m	00:37.47	37,47	100m 01:18.84	41,37 150m 02:00.82
41,98				

17. Cas Krijger (TRB-RES, 200601389)				O2:41.74(+64)
50m	00:36.98	36,98	100m 01:18.63	41,65
150m	02:01.08	42,45		
18. Joris Lissenberg (The Hague Swimming (SG), 200600585)				O2:42.24(+81)
50m	00:37.13	37,13	100m 01:18.03	40,90
150m	01:59.97	41,94		
19. Jip Bakker (Orca, 200600287)				O2:45.00(+71)
50m	00:38.40	38,40	100m 01:20.38	41,98
150m	02:03.37	42,99		
20. Marcelino Gómez González (ZPC AMERSFOORT, 200601473)				O2:45.48(+73)
50m	00:36.62	36,62	100m 01:18.76	42,14
150m	02:02.44	43,68		
91. 200m rugslag - Heren				
13 - 13 jaar (Junioren 2)				
1. Luka Geraerds (Hellas-Glana, 200502077)				O2:18.67(+62)
50m	00:32.13	32,13	100m 01:06.61	34,48
150m	01:42.75	36,14		
2. Rolf ter Keurs (De Veene, 200500137)				O2:21.92(+73)
50m	00:32.42	32,42	100m 01:08.56	36,14
150m	01:45.26	36,70		
3. Sven Klink (ZV 44, 200500349)				O2:23.11(+68)
50m	00:33.98	33,98	100m 01:10.38	36,40
150m	01:47.75	37,37		
4. Domingo Kuipers (Orca, 200501787)				O2:23.51(+70)
50m	00:33.99	33,99	100m 01:11.19	37,20
150m	01:47.92	36,73		
5. Steijn Louter (Hieronymus, 200500793)				O2:24.77(+68)
50m	00:33.26	33,26	100m 01:10.03	36,77
150m	01:47.85	37,82		
6. Colin Bes (Zwemclub Polaris, 200500201)				O2:26.60(+76)
50m	00:33.84	33,84	100m 01:10.81	36,97
150m	01:49.07	38,26		
7. Menno Wieringa (De Lansingh, 200500927)				O2:27.73(+62)
50m	00:33.52	33,52	100m 01:11.12	37,60
150m	01:50.48	39,36		
8. Björn Verkaik (The Hague Swimming (SG), 200500411)				O2:28.37(+70)
50m	00:34.65	34,65	100m 01:13.12	38,47
150m	01:51.46	38,34		
9. River Streefland (The Hague Swimming (SG), 200502253)				O2:29.06(+69)
50m	00:35.02	35,02	100m 01:13.28	38,26
150m	01:51.77	38,49		
10. Yanieck Frijstein (The Hague Swimming (SG), 200500329)				O2:29.75(+78)
50m	00:34.03	34,03	100m 01:11.88	37,85
150m	01:50.99	39,11		
11. Cas Versteegen (HZPC, 200500891)				O2:29.76(+70)
50m	00:32.93	32,93	100m 01:11.13	38,20
150m	01:51.04	39,91		
12. Mats Meyer (Nova, 200500095)				O2:30.17(+66)
50m	00:34.40	34,40	100m 01:12.84	38,44
150m	01:52.51	39,67		
13. Sven ten Hove (Hieronymus, 200500273)				O2:30.76(+62)
50m	00:36.19	36,19	100m 01:15.42	39,23
150m	01:54.56	39,14		
13. Lars Minnaert (VZV Njord, 200502355)				O2:30.76(+64)
50m	00:34.30	34,30	100m 01:13.30	39,00
150m	01:53.55	40,25		
15. Emiel van Oord (The Hague Swimming (SG), 200503707)				O2:32.89(+63)
50m	00:35.45	35,45	100m 01:14.40	38,95
150m	01:53.79	39,39		
16. Rens Stijf (NDD, 200501419)				O2:33.22(+64)
50m	00:35.54	35,54	100m 01:14.25	38,71
150m	01:54.27	40,02		
17. Mika Bongers (ESCA Zwemmen, 200502683)				O2:33.84(+71)
50m	00:35.43	35,43	100m 01:14.70	39,27
150m	01:54.32	39,62		
18. Luca Nguyen-TRI (The Hague Swimming (SG), 200500781)				O2:33.92(+64)
50m	00:35.37	35,37	100m 01:13.58	38,21
150m	01:53.80	40,22		
DIS. Niels Jansen (Aqua-Novio'94, 200501019)				00:00.00
92. 4x100m wisselslag dames Junioren				
11 - 15 jaar (Jeugd 2 en later)				

1. TriVia				04:26.21
Myrthe Natzijl 2004 (+67)	50m	00:33.79	33,79	
Myrthe Natzijl 2004 (+67)	100m	01:09.15	35,36	
Emma Hofstee 2004 (+83)	150m	01:43.61	34,46	
Emma Hofstee 2004 (+83)	200m	02:24.16	40,55	
Veerle Nieborg 2004 (+29)	250m	02:54.40	30,24	
Veerle Nieborg 2004 (+29)	300m	03:29.21	34,81	
Janna van Kooten 2004 (+34)	350m	03:56.72	27,51	
Janna van Kooten 2004 (+34)	400m	04:26.21	29,49	
2. VZC				04:28.27
Josse Bergman 2003 (+66)	50m	00:32.32	32,32	
Josse Bergman 2003 (+66)	100m	01:06.76	34,44	
Bridget Vermeer 2005 (+57)	150m	01:41.94	35,18	
Bridget Vermeer 2005 (+57)	200m	02:23.72	41,78	
Maike Issard 2003 (+25)	250m	02:53.56	29,84	
Maike Issard 2003 (+25)	300m	03:28.54	34,98	
Kirsten Verhalle 2004 (+31)	350m	03:57.40	28,86	
Kirsten Verhalle 2004 (+31)	400m	04:28.27	30,87	
3. PSV				04:29.37
Merel Musters 2003 (+62)	50m	00:33.32	33,32	
Merel Musters 2003 (+62)	100m	01:09.85	36,53	
Lana Broekhoven 2003	150m	01:44.13	34,28	
Lana Broekhoven 2003	200m	02:23.85	39,72	
Sterre Hendriks 2004 (+46)	250m	02:54.45	30,60	
Sterre Hendriks 2004 (+46)	300m	03:30.43	35,98	
Mila Maas 2003 (+44)	350m	03:58.32	27,89	
Mila Maas 2003 (+44)	400m	04:29.37	31,05	
4. De Dolfijn				04:30.77
Amber Celie 2003 (+68)	50m	00:32.94	32,94	
Amber Celie 2003 (+68)	100m	01:07.90	34,96	
Yvette Buis 2004 (+55)	150m	01:44.04	36,14	
Yvette Buis 2004 (+55)	200m	02:25.14	41,10	
Amy de Sain 2003 (+42)	250m	02:54.09	28,95	
Amy de Sain 2003 (+42)	300m	03:28.51	34,42	
Sade Simons 2003 (+38)	350m	03:57.69	29,18	
Sade Simons 2003 (+38)	400m	04:30.77	33,08	
5. ZV 44				04:41.65
Lindsey Berghuis 2003 (+73)	50m	00:33.09	33,09	
Lindsey Berghuis 2003 (+73)	100m	01:09.94	36,85	
Lotte Pieterman 2003 (+38)	150m	01:45.58	35,64	
Lotte Pieterman 2003 (+38)	200m	02:27.68	42,10	
Danielle Meinema 2003 (+38)	250m	02:58.83	31,15	
Danielle Meinema 2003 (+38)	300m	03:37.77	38,94	
Naomi Polinder 2003 (+55)	350m	04:07.81	30,04	
Naomi Polinder 2003 (+55)	400m	04:41.65	33,84	
6. De Dinkel				04:43.36
Joy van Dieren 2003 (+63)	50m	00:33.05	33,05	
Joy van Dieren 2003 (+63)	100m	01:08.88	35,83	
Soraya Rakers 2003 (+49)	150m	01:45.34	36,46	
Soraya Rakers 2003 (+49)	200m	02:28.94	43,60	
Yke Groener 2005 (+52)	250m	03:01.78	32,84	
Yke Groener 2005 (+52)	300m	03:41.77	39,99	
Puck Koopman 2004 (+40)	350m	04:11.14	29,37	
Puck Koopman 2004 (+40)	400m	04:43.36	32,22	
7. Zwemsport Parkstad (SG)				04:43.46
Demi van Hulst 2003 (+65)	50m	00:33.90	33,90	
Demi van Hulst 2003 (+65)	100m	01:10.62	36,72	
Britt van den Boom 2004 (+62)	150m	01:47.15	36,53	
Britt van den Boom 2004 (+62)	200m	02:30.31	43,16	
Audrey Vreuls 2003 (+40)	250m	03:02.76	32,45	
Audrey Vreuls 2003 (+40)	300m	03:41.60	38,84	
Hylcke de Beer 2007 (+33)	350m	04:11.11	29,51	
Hylcke de Beer 2007 (+33)	400m	04:43.46	32,35	

8. Dedemsvaart-AC			04:45.23
Ismay Lichtendonk 2004 (+63)	50m	00:32.20 32,20	
Ismay Lichtendonk 2004 (+63)	100m	01:05.70 33,50	
Tessa Sportel 2004 (+37)	150m	01:45.09 39,39	
Tessa Sportel 2004 (+37)	200m	02:31.09 46,00	
Alessia Sluis 2003 (+23)	250m	03:02.88 31,79	
Alessia Sluis 2003 (+23)	300m	03:42.64 39,76	
Amy Lynn Zweers 2003 (+33)	350m	04:11.95 29,31	
Amy Lynn Zweers 2003 (+33)	400m	04:45.23 33,28	
9. De Columbiaan			04:46.25
Julia Notenboom 2003 (+60)	50m	00:33.16 33,16	
Julia Notenboom 2003 (+60)	100m	01:08.70 35,54	
Daniëlle Vis 2004 (+38)	150m	01:45.06 36,36	
Daniëlle Vis 2004 (+38)	200m	02:26.96 41,90	
Amy Koelman 2003 (+29)	250m	02:59.91 32,95	
Amy Koelman 2003 (+29)	300m	03:39.01 39,10	
Anique Star 2004 (+18)	350m	04:10.71 31,70	
Anique Star 2004 (+18)	400m	04:46.25 35,54	
10. WS Twente			04:47.61
Merel Marskamp 2004 (+79)	50m	00:34.02 34,02	
Merel Marskamp 2004 (+79)	100m	01:12.33 38,31	
Luna Hofmeijer 2004 (+51)	150m	01:48.84 36,51	
Luna Hofmeijer 2004 (+51)	200m	02:31.35 42,51	
Loes Sotthewes 2004 (+59)	250m	03:03.91 32,56	
Loes Sotthewes 2004 (+59)	300m	03:43.02 39,11	
Neomi Koetsier 2005 (+32)	350m	04:13.75 30,73	
Neomi Koetsier 2005 (+32)	400m	04:47.61 33,86	
11. The Hague Swimming (SG)			04:50.88
Lotte Koornneef 2003 (+64)	50m	00:35.79 35,79	
Lotte Koornneef 2003 (+64)	100m	01:15.04 39,25	
Mara Bosman 2003 (+58)	150m	01:53.51 38,47	
Mara Bosman 2003 (+58)	200m	02:39.05 45,54	
Rinske Bouman 2004 (+45)	250m	03:10.39 31,34	
Rinske Bouman 2004 (+45)	300m	03:49.34 38,95	
Lara Hoeksema 2004 (+34)	350m	04:18.78 29,44	
Lara Hoeksema 2004 (+34)	400m	04:50.88 32,10	
12. LinK			04:57.19
Jenna Klein 2004 (+79)	50m	00:36.33 36,33	
Jenna Klein 2004 (+79)	100m	01:15.56 39,23	
Kim de Jong 2003 (+49)	150m	01:53.18 37,62	
Kim de Jong 2003 (+49)	200m	02:36.40 43,22	
Lize van Stigt 2004 (+27)	250m	03:10.83 34,43	
Lize van Stigt 2004 (+27)	300m	03:52.40 41,57	
Nora van der Steen 2004 (+31)	350m	04:23.09 30,69	
Nora van der Steen 2004 (+31)	400m	04:57.19 34,10	
DIS. DWK			00:00.00
Ilse Volkers 2003 (+66)	50m	00:32.94 32,94	
Ilse Volkers 2003 (+66)	100m	01:08.01 35,07	
Nora Brouwer 2003 (+43)	150m	01:44.87 36,86	
Nora Brouwer 2003 (+43)	200m	02:30.89 46,02	
Lena Minderaa 2003 (+40)	250m	03:03.18 32,29	
Lena Minderaa 2003 (+40)	300m	03:42.67 39,49	
Vera Renshof 2003 (-4)	400m	00:00.00 -222,67	
11 - 13 jaar (Junioren 3 en later)			
1. The Hague Swimming (SG)			04:42.53
Madelief Mans 2005 (+69)	50m	00:34.31 34,31	
Madelief Mans 2005 (+69)	100m	01:12.01 37,70	
Elydjah van der Heul 2006 (+62)	150m	01:49.02 37,01	
Elydjah van der Heul 2006 (+62)	200m	02:30.22 41,20	
Mara Tims 2006 (+55)	250m	03:02.86 32,64	
Mara Tims 2006 (+55)	300m	03:40.72 37,86	
Anique Hazebroek 2005 (+50)	350m	04:10.01 29,29	

Anique Hazebroek 2005 (+50)	400m	04:42.53	32,52	
2. The Hague Swimming (SG)				04:44.64
Megan Jonkman 2006 (+69)	50m	00:35.31	35,31	
Megan Jonkman 2006 (+69)	100m	01:13.45	38,14	
Niké Telkamp 2005 (+39)	150m	01:49.95	36,50	
Niké Telkamp 2005 (+39)	200m	02:32.78	42,83	
Avery Collins 2006 (+62)	250m	03:05.08	32,30	
Avery Collins 2006 (+62)	300m	03:42.89	37,81	
Merel Schravendijk 2005 (+41)	350m	04:12.70	29,81	
Merel Schravendijk 2005 (+41)	400m	04:44.64	31,94	
3. ZPC AMERSFOORT				04:45.44
Nicolien Corbeau 2005 (+70)	50m	00:34.33	34,33	
Nicolien Corbeau 2005 (+70)	100m	01:11.60	37,27	
Sophie Faveaux 2006 (+34)	150m	01:47.83	36,23	
Sophie Faveaux 2006 (+34)	200m	02:30.24	42,41	
Pippa van 't Land 2006 (+30)	250m	03:01.16	30,92	
Pippa van 't Land 2006 (+30)	300m	03:38.28	37,12	
Benthe Martens 2007 (+37)	350m	04:09.75	31,47	
Benthe Martens 2007 (+37)	400m	04:45.44	35,69	
4. ZVV				04:48.38
Larissa de Vos 2005 (+73)	50m	00:33.75	33,75	
Larissa de Vos 2005 (+73)	100m	01:10.71	36,96	
Feline Slijkhuis 2005 (+50)	150m	01:48.55	37,84	
Feline Slijkhuis 2005 (+50)	200m	02:34.46	45,91	
Lianne Beekman 2005 (+32)	250m	03:05.63	31,17	
Lianne Beekman 2005 (+32)	300m	03:44.71	39,08	
Robyn Hulleman 2006 (+19)	350m	04:14.30	29,59	
Robyn Hulleman 2006 (+19)	400m	04:48.38	34,08	
5. Aqua-Novio'94				04:52.52
Fiene Nijkamp 2006 (+68)	50m	00:36.15	36,15	
Fiene Nijkamp 2006 (+68)	100m	01:14.72	38,57	
Dion Boeijen 2005 (0)	150m	01:52.52	37,80	
Dion Boeijen 2005 (0)	200m	02:37.42	44,90	
Thera Janssen 2005 (+36)	250m	03:09.03	31,61	
Thera Janssen 2005 (+36)	300m	03:46.81	37,78	
Natasha Buiting 2006 (+49)	350m	04:18.33	31,52	
Natasha Buiting 2006 (+49)	400m	04:52.52	34,19	
6. WVZ				04:53.02
Jade van der Maas 2006 (+63)	50m	00:35.87	35,87	
Jade van der Maas 2006 (+63)	100m	01:14.63	38,76	
Jelsie van Ruijven 2005 (+39)	150m	01:51.20	36,57	
Jelsie van Ruijven 2005 (+39)	200m	02:34.70	43,50	
Ananda van der Wiel 2007 (+51)	250m	03:08.59	33,89	
Ananda van der Wiel 2007 (+51)	300m	03:48.75	40,16	
Fleur Kamminga 2007 (+22)	350m	04:18.48	29,73	
Fleur Kamminga 2007 (+22)	400m	04:53.02	34,54	
7. De Dolfijn				04:53.31
Jennifer Veldhuisen 2005 (+68)	50m	00:35.93	35,93	
Jennifer Veldhuisen 2005 (+68)	100m	01:13.95	38,02	
Aniek van den Brink 2005 (+19)	150m	01:52.89	38,94	
Aniek van den Brink 2005 (+19)	200m	02:38.52	45,63	
Francesca Coppo 2005 (+35)	250m	03:10.30	31,78	
Francesca Coppo 2005 (+35)	300m	03:51.02	40,72	
Michelle Jørgensen 2005 (+26)	350m	04:20.84	29,82	
Michelle Jørgensen 2005 (+26)	400m	04:53.31	32,47	
8. FZC'54-De Vikings (SG)				04:55.17
Marte Hieke van der Kamp 2005 (+74)	50m	00:34.95	34,95	
Marte Hieke van der Kamp 2005 (+74)	100m	01:11.56	36,61	
Sterre van der Wal 2005 (+43)	150m	01:53.26	41,70	
Sterre van der Wal 2005 (+43)	200m	02:40.94	47,68	
Noa Teuben 2005 (+34)	250m	03:12.30	31,36	
Noa Teuben 2005 (+34)	300m	03:49.54	37,24	

Mare Broekstra 2006 (+37)	350m	04:20.60	31,06	
Mare Broekstra 2006 (+37)	400m	04:55.17	34,57	
9. ZV 44				04:56.88
Carlein Polinder 2006 (+68)	50m	00:36.22	36,22	
Carlein Polinder 2006 (+68)	100m	01:15.51	39,29	
Roos Arnold 2005 (+47)	150m	01:52.58	37,07	
Roos Arnold 2005 (+47)	200m	02:36.95	44,37	
Jolijn Liezen 2005 (+51)	250m	03:08.73	31,78	
Jolijn Liezen 2005 (+51)	300m	03:50.97	42,24	
Puk Lubbers 2006 (+80)	350m	04:21.59	30,62	
Puk Lubbers 2006 (+80)	400m	04:56.88	35,29	
10. Deltasteur				04:57.43
Lynn Reitsma 2005 (+58)	50m	00:37.58	37,58	
Lynn Reitsma 2005 (+58)	100m	01:15.07	37,49	
Eline van Unen 2006 (+52)	150m	01:55.07	40,00	
Eline van Unen 2006 (+52)	200m	02:40.65	45,58	
Demi Westendorp 2005 (+66)	250m	03:13.54	32,89	
Demi Westendorp 2005 (+66)	300m	03:50.92	37,38	
Senna Geerdink 2005 (+46)	350m	04:22.18	31,26	
Senna Geerdink 2005 (+46)	400m	04:57.43	35,25	
11. Hellas-Glana				05:01.54
Rachelle Luimes 2005 (+65)	50m	00:35.64	35,64	
Rachelle Luimes 2005 (+65)	100m	01:15.67	40,03	
Suze Creemers 2007 (+54)	150m	01:56.12	40,45	
Suze Creemers 2007 (+54)	200m	02:42.16	46,04	
Anouk van Hattum 2006 (+64)	250m	03:14.68	32,52	
Anouk van Hattum 2006 (+64)	300m	03:56.26	41,58	
Ylva Konings 2007 (+52)	350m	04:27.09	30,83	
Ylva Konings 2007 (+52)	400m	05:01.54	34,45	
12. DAW				05:02.38
Emma van Leeuwen 2005 (+83)	50m	00:36.11	36,11	
Emma van Leeuwen 2005 (+83)	100m	01:15.14	39,03	
Djanilla Brink 2006 (+42)	150m	01:52.22	37,08	
Djanilla Brink 2006 (+42)	200m	02:37.97	45,75	
Evy Rozeboom 2006 (+53)	250m	03:12.37	34,40	
Evy Rozeboom 2006 (+53)	300m	03:56.10	43,73	
Kim Oudendijk 2006 (+18)	350m	04:27.55	31,45	
Kim Oudendijk 2006 (+18)	400m	05:02.38	34,83	
13. TRB-RES				05:06.62
Rosa Kremers 2007 (+68)	50m	00:37.07	37,07	
Rosa Kremers 2007 (+68)	100m	01:17.24	40,17	
Yara Mels 2007 (+52)	150m	01:56.82	39,58	
Yara Mels 2007 (+52)	200m	02:42.81	45,99	
Indy Mels 2005 (+35)	250m	03:17.08	34,27	
Indy Mels 2005 (+35)	300m	04:01.70	44,62	
Lieke van Geijn 2006 (+59)	350m	04:32.80	31,10	
Lieke van Geijn 2006 (+59)	400m	05:06.62	33,82	
14. VZC				05:09.80
Robin Vermeer 2007 (+70)	50m	00:40.10	40,10	
Robin Vermeer 2007 (+70)	100m	01:22.96	42,86	
Noa Ottens 2007 (+39)	150m	02:03.47	40,51	
Noa Ottens 2007 (+39)	200m	02:52.33	48,86	
Evica Klok 2005 (+62)	250m	03:24.52	32,19	
Evica Klok 2005 (+62)	300m	04:02.49	37,97	
Manon Kooij 2006 (+39)	350m	04:34.59	32,10	
Manon Kooij 2006 (+39)	400m	05:09.80	35,21	
15. De Columbiaan				05:12.42
Milou Adriaanse 2005 (+58)	50m	00:36.34	36,34	
Milou Adriaanse 2005 (+58)	100m	01:17.68	41,34	
Noor Frijlink 2005 (+41)	150m	01:57.05	39,37	
Noor Frijlink 2005 (+41)	200m	02:43.28	46,23	
Mar Stoel 2005 (+36)	250m	03:19.33	36,05	

Mar Stoel 2005 (+36) 300m 04:04.88 45,55
Kimberly Ruiters 2006 (+74) 350m 04:36.23 31,35
Kimberly Ruiters 2006 (+74) 400m 05:12.42 36,19

93. 4x100m vrije slag heren Junioren

11 - 17 jaar (Jeugd 2 en later)

1. ZPC AMERSFOORT 03:32.54
 - Rijk Dragstra 2001 (+66) 50m 00:26.00 26,00
 - Rijk Dragstra 2001 (+66) 100m 00:53.87 27,87
 - Austin Namesnik 2001 (+33) 150m 01:19.00 25,13
 - Austin Namesnik 2001 (+33) 200m 01:46.14 27,14
 - Daniël Claasen 2001 (+37) 250m 02:11.21 25,07
 - Daniël Claasen 2001 (+37) 300m 02:39.64 28,43
 - Bas Morelissen 2001 (+14) 350m 03:04.64 25,00
 - Bas Morelissen 2001 (+14) 400m 03:32.54 27,90
2. WVZ 03:33.36
 - Quinn van den Heuvel 2001 (+70) 50m 00:26.32 26,32
 - Quinn van den Heuvel 2001 (+70) 100m 00:53.70 27,38
 - Thomas Jansen 2001 (+34) 150m 01:19.47 25,77
 - Thomas Jansen 2001 (+34) 200m 01:47.76 28,29
 - Max Visser 2001 (+43) 250m 02:13.68 25,92
 - Max Visser 2001 (+43) 300m 02:41.74 28,06
 - Sean Niewold 2002 (+31) 350m 03:06.50 24,76
 - Sean Niewold 2002 (+31) 400m 03:33.36 26,86
3. PSV 03:34.64
 - Stefan Tomicic 2001 (+80) 50m 00:25.69 25,69
 - Stefan Tomicic 2001 (+80) 100m 00:54.57 28,88
 - Bryan Agterdenbos 2002 (+40) 150m 01:19.85 25,28
 - Bryan Agterdenbos 2002 (+40) 200m 01:47.92 28,07
 - Wessel Stupers 2002 (+31) 250m 02:13.59 25,67
 - Wessel Stupers 2002 (+31) 300m 02:42.61 29,02
 - Alex Doedel 2001 (+25) 350m 03:07.29 24,68
 - Alex Doedel 2001 (+25) 400m 03:34.64 27,35
4. De Dolfijn 03:34.89
 - Sem Zijl 2002 (+64) 50m 00:26.35 26,35
 - Sem Zijl 2002 (+64) 100m 00:54.12 27,77
 - Dave van der Voet 2001 (+38) 150m 01:20.23 26,11
 - Dave van der Voet 2001 (+38) 200m 01:47.62 27,39
 - Finn Vos 2002 (+35) 250m 02:14.02 26,40
 - Finn Vos 2002 (+35) 300m 02:42.46 28,44
 - Elroy Schot 2002 (+32) 350m 03:07.39 24,93
 - Elroy Schot 2002 (+32) 400m 03:34.89 27,50
5. DWK 03:42.90
 - Bart Muselaers 2001 (+71) 50m 00:26.72 26,72
 - Bart Muselaers 2001 (+71) 100m 00:55.79 29,07
 - Joas Groeneveld 2001 (+36) 150m 01:21.84 26,05
 - Joas Groeneveld 2001 (+36) 200m 01:51.90 30,06
 - Raphael Mennen 2001 (+19) 250m 02:18.25 26,35
 - Raphael Mennen 2001 (+19) 300m 02:49.39 31,14
 - Dylan Donkersteeg 2002 (+34) 350m 03:14.73 25,34
 - Dylan Donkersteeg 2002 (+34) 400m 03:42.90 28,17
6. Dedemsvaart-AC 03:43.04
 - Leon van den Hof 2002 (+68) 50m 00:25.36 25,36
 - Leon van den Hof 2002 (+68) 100m 00:53.46 28,10
 - Tristan Scholten 2002 (+57) 150m 01:20.07 26,61
 - Tristan Scholten 2002 (+57) 200m 01:49.98 29,91
 - Niels Kragt 2003 (+24) 250m 02:17.47 27,49
 - Niels Kragt 2003 (+24) 300m 02:48.09 30,62
 - Jesse Zweers 2001 (+29) 350m 03:13.57 25,48
 - Jesse Zweers 2001 (+29) 400m 03:43.04 29,47
7. De Dinkel 03:46.73
 - Jurre Hanstede 2002 (+78) 50m 00:26.94 26,94
 - Jurre Hanstede 2002 (+78) 100m 00:56.21 29,27

Milan van Dieren 2001 (+48)	150m	01:22.73	26,52	
Milan van Dieren 2001 (+48)	200m	01:52.72	29,99	
Lukas Binnekamp 2003 (+40)	250m	02:20.05	27,33	
Lukas Binnekamp 2003 (+40)	300m	02:51.37	31,32	
Bart Kooiker 2001 (+50)	350m	03:17.64	26,27	
Bart Kooiker 2001 (+50)	400m	03:46.73	29,09	
8. Nuenen				03:47.21
Bram Zwetsloot 2002 (+63)	50m	00:26.55	26,55	
Bram Zwetsloot 2002 (+63)	100m	00:54.89	28,34	
Alexander Nijst 2001 (+15)	150m	01:20.77	25,88	
Alexander Nijst 2001 (+15)	200m	01:49.20	28,43	
Victor de Kousemaeker 2001 (+23)	250m	02:16.37	27,17	
Victor de Kousemaeker 2001 (+23)	300m	02:48.72	32,35	
Floris Sonneveld 2004 (+36)	350m	03:16.53	27,81	
Floris Sonneveld 2004 (+36)	400m	03:47.21	30,68	
9. Hellas-Glana				03:47.89
Raf Hendriks 2001 (+80)	50m	00:26.66	26,66	
Raf Hendriks 2001 (+80)	100m	00:55.65	28,99	
Serge Knops 2004 (+62)	150m	01:23.66	28,01	
Serge Knops 2004 (+62)	200m	01:55.34	31,68	
Ian Sanders 2001 (+40)	250m	02:22.64	27,30	
Ian Sanders 2001 (+40)	300m	02:52.98	30,34	
Lars Kerremans 2001 (+35)	350m	03:18.69	25,71	
Lars Kerremans 2001 (+35)	400m	03:47.89	29,20	
10. Feijenoord Albion Zwemclub				03:50.15
Jarno van Oijen 2001 (+71)	50m	00:26.66	26,66	
Jarno van Oijen 2001 (+71)	100m	00:55.54	28,88	
Kenan Coeruez 2003 (+49)	150m	01:22.61	27,07	
Kenan Coeruez 2003 (+49)	200m	01:53.32	30,71	
Senna Mooldijk 2003 (+40)	250m	02:20.99	27,67	
Senna Mooldijk 2003 (+40)	300m	02:52.08	31,09	
Sander Iuga 2001 (+54)	350m	03:19.13	27,05	
Sander Iuga 2001 (+54)	400m	03:50.15	31,02	
11. Bommelerwaard (SG)				03:51.49
Piet - Hein Straver 2003 (+72)	50m	00:26.63	26,63	
Piet - Hein Straver 2003 (+72)	100m	00:56.55	29,92	
Joop Tuppe 2001 (+47)	150m	01:22.58	26,03	
Joop Tuppe 2001 (+47)	200m	01:53.74	31,16	
Ward in 't Veld 2002 (+50)	250m	02:21.43	27,69	
Ward in 't Veld 2002 (+50)	300m	02:51.24	29,81	
Jelle in 't Veld 2004 (+50)	350m	03:19.25	28,01	
Jelle in 't Veld 2004 (+50)	400m	03:51.49	32,24	
11 - 15 jaar (Junioren 4 en later)				
1. Aqua-Novio'94				03:38.07
Matej Danis 2003 (+68)	50m	00:25.96	25,96	
Matej Danis 2003 (+68)	100m	00:54.65	28,69	
Tyrese Sitania 2003 (+18)	150m	01:20.09	25,44	
Tyrese Sitania 2003 (+18)	200m	01:50.20	30,11	
Thomas Swartjes 2003 (+23)	250m	02:16.76	26,56	
Thomas Swartjes 2003 (+23)	300m	02:46.39	29,63	
Tim Korstanje 2003 (+52)	350m	03:10.70	24,31	
Tim Korstanje 2003 (+52)	400m	03:38.07	27,37	
2. ZPC AMERSFOORT				03:38.50
Simon Claasen 2004 (+63)	50m	00:25.86	25,86	
Simon Claasen 2004 (+63)	100m	00:54.10	28,24	
Rijk Heere 2003 (+41)	150m	01:20.16	26,06	
Rijk Heere 2003 (+41)	200m	01:48.69	28,53	
Angus Corbeau 2003 (+42)	250m	02:14.70	26,01	
Angus Corbeau 2003 (+42)	300m	02:44.06	29,36	
Job Sanders 2003 (+47)	350m	03:10.62	26,56	
Job Sanders 2003 (+47)	400m	03:38.50	27,88	
3. The Hague Swimming (SG)				03:39.92

Sebastian Vandermeer 2003 (+62)	50m	00:26.27	26,27	
Sebastian Vandermeer 2003 (+62)	100m	00:54.39	28,12	
Michael Smink 2003 (+53)	150m	01:20.92	26,53	
Michael Smink 2003 (+53)	200m	01:50.51	29,59	
Omar Markovinovic 2003 (+18)	250m	02:17.09	26,58	
Omar Markovinovic 2003 (+18)	300m	02:46.22	29,13	
Keanu Streefland 2003 (+38)	350m	03:11.73	25,51	
Keanu Streefland 2003 (+38)	400m	03:39.92	28,19	
4. Nextline Swimming				03:40.57
Aidan Andersen 2003 (+69)	50m	00:26.93	26,93	
Aidan Andersen 2003 (+69)	100m	00:56.38	29,45	
Stan De Swart 2003 (+33)	150m	01:23.09	26,71	
Stan De Swart 2003 (+33)	200m	01:52.54	29,45	
Luuk van Rooij 2004 (+20)	250m	02:18.46	25,92	
Luuk van Rooij 2004 (+20)	300m	02:46.92	28,46	
Lucas Peters 2003 (+39)	350m	03:12.65	25,73	
Lucas Peters 2003 (+39)	400m	03:40.57	27,92	
5. PSV				03:43.72
Mike Gerritsen 2003 (+75)	50m	00:27.42	27,42	
Mike Gerritsen 2003 (+75)	100m	00:57.16	29,74	
Sam van der Stroom 2003 (+35)	150m	01:24.12	26,96	
Sam van der Stroom 2003 (+35)	200m	01:54.17	30,05	
Stephan De Freitas Steverink 2004 (+41)	250m	02:20.27	26,10	
Stephan De Freitas Steverink 2004 (+41)	300m	02:48.69	28,42	
Pieter Wisse 2004 (+48)	350m	03:14.92	26,23	
Pieter Wisse 2004 (+48)	400m	03:43.72	28,80	
6. The Hague Swimming (SG)				03:47.70
Milan van Aken 2003 (+76)	50m	00:27.38	27,38	
Milan van Aken 2003 (+76)	100m	00:57.67	30,29	
Timo Kock 2004 (+53)	150m	01:24.77	27,10	
Timo Kock 2004 (+53)	200m	01:54.67	29,90	
Zev Bulk 2003 (+15)	250m	02:21.80	27,13	
Zev Bulk 2003 (+15)	300m	02:51.71	29,91	
Jay de Vries 2004 (+17)	350m	03:18.26	26,55	
Jay de Vries 2004 (+17)	400m	03:47.70	29,44	
7. De Dolfijn				03:48.78
Thijs Bosma 2003 (+67)	50m	00:26.81	26,81	
Thijs Bosma 2003 (+67)	100m	00:55.78	28,97	
Kaito van Meeteren 2004 (+18)	150m	01:23.64	27,86	
Kaito van Meeteren 2004 (+18)	200m	01:54.40	30,76	
Joren Oldenhof 2004 (+9)	250m	02:22.09	27,69	
Joren Oldenhof 2004 (+9)	300m	02:53.40	31,31	
Merlin Belmon 2004 (+35)	350m	03:19.34	25,94	
Merlin Belmon 2004 (+35)	400m	03:48.78	29,44	
8. ZPC AMERSFOORT				03:52.52
Anders van Norden 2004 (+77)	50m	00:27.83	27,83	
Anders van Norden 2004 (+77)	100m	00:57.53	29,70	
Tenzing Geutjes 2006 (+50)	150m	01:27.25	29,72	
Tenzing Geutjes 2006 (+50)	200m	01:59.54	32,29	
Ruben Claasen 2004 (+36)	250m	02:26.18	26,64	
Ruben Claasen 2004 (+36)	300m	02:55.58	29,40	
Dylan Smolders 2003 (+43)	350m	03:22.62	27,04	
Dylan Smolders 2003 (+43)	400m	03:52.52	29,90	
9. Zwemclub Eijsden				03:52.60
Job van Wanroij 2003 (+63)	50m	00:27.84	27,84	
Job van Wanroij 2003 (+63)	100m	00:58.28	30,44	
Guus van Wanroij 2003 (+6)	150m	01:26.51	28,23	
Guus van Wanroij 2003 (+6)	200m	01:58.76	32,25	
Jonathan Vervenne 2003 (+60)	250m	02:26.26	27,50	
Jonathan Vervenne 2003 (+60)	300m	02:56.75	30,49	
Koen de Groot 2004 (+35)	350m	03:23.40	26,65	
Koen de Groot 2004 (+35)	400m	03:52.60	29,20	

10. HZ&PC Heerenveen			03:53.21
Jorian Darwinkel 2003 (+70)	50m	00:27.08 27,08	
Jorian Darwinkel 2003 (+70)	100m	00:56.60 29,52	
Wouter Zijlstra 2004 (+35)	150m	01:24.21 27,61	
Wouter Zijlstra 2004 (+35)	200m	01:55.31 31,10	
Meindert Dekkinga 2004 (+44)	250m	02:23.86 28,55	
Meindert Dekkinga 2004 (+44)	300m	02:56.07 32,21	
Senna van den Hoed 2004 (+51)	350m	03:23.49 27,42	
Senna van den Hoed 2004 (+51)	400m	03:53.21 29,72	
11. Hieronymus			03:54.67
Teun van der Schrier 2004 (+70)	50m	00:28.08 28,08	
Teun van der Schrier 2004 (+70)	100m	00:59.05 30,97	
Wessel Heijnemans 2003 (+55)	150m	01:27.17 28,12	
Wessel Heijnemans 2003 (+55)	200m	01:59.04 31,87	
Sem Lazaroms 2004 (+7)	250m	02:26.48 27,44	
Sem Lazaroms 2004 (+7)	300m	02:56.91 30,43	
Daan Trinh 2004 (+29)	350m	03:24.31 27,40	
Daan Trinh 2004 (+29)	400m	03:54.67 30,36	
12. ZV 44			03:56.51
Robin van den Berg 2004 (+72)	50m	00:27.67 27,67	
Robin van den Berg 2004 (+72)	100m	00:56.81 29,14	
Ruben Hoeve 2003 (+43)	150m	01:27.35 30,54	
Ruben Hoeve 2003 (+43)	200m	02:01.54 34,19	
Sven Klink 2005 (+47)	250m	02:30.29 28,75	
Sven Klink 2005 (+47)	300m	03:01.28 30,99	
Vince van der Pal 2004 (+26)	350m	03:27.28 26,00	
Vince van der Pal 2004 (+26)	400m	03:56.51 29,23	
13. PSV			03:59.04
David Groenewegen 2004 (+79)	50m	00:27.10 27,10	
David Groenewegen 2004 (+79)	100m	00:56.53 29,43	
Finn Broekhoven 2006 (+38)	150m	01:25.84 29,31	
Finn Broekhoven 2006 (+38)	200m	01:58.42 32,58	
Koen Vissers 2004 (+55)	250m	02:27.05 28,63	
Koen Vissers 2004 (+55)	300m	02:58.34 31,29	
Mel van Gemert 2003 (+60)	350m	03:26.46 28,12	
Mel van Gemert 2003 (+60)	400m	03:59.04 32,58	