

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 1
17-3-2019 - 15:00

Dames, 100m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-----------------------|----------------|---------|-----------|---------------------|-------|---------|
| 1. | Maaïke Broersma | BZ&PC | 1:05.75 | 200201522 | 1:06.00 | 32.32 | 1:06.00 |
| 2. | Marit Huisman | ZPV Barracuda | 1:12.65 | 200502620 | 1:10.81 | 34.08 | 1:10.81 |
| 3. | Anniek de Rooter | Widex Gzc Donk | 1:09.64 | 200101224 | 1:11.31 | 34.52 | 1:11.31 |
| 4. | Mila Oomens | ZPV Barracuda | 1:17.16 | 200700016 | 1:17.69 | 37.81 | 1:17.69 |
| 5. | Mandy van der Meijden | Widex Gzc Donk | 1:18.79 | 200402574 | 1:19.43 | 38.11 | 1:19.43 |
| 6. | Eileen Duits | Widex Gzc Donk | 1:19.09 | 199800842 | 1:20.06 | 39.33 | 1:20.06 |
| 7. | Anouchka Bos | ZPV Barracuda | 1:19.67 | 200501528 | 1:20.45 | 39.11 | 1:20.45 |
| 8. | Jessica Braat | AZC | 1:24.12 | 200205684 | 1:22.70 FJ 1 | 40.66 | 1:22.70 |
| 9. | Amber Boonstoppel | Z&PC De Gouwe | 1:27.28 | 200401796 | 1:22.70 FJ 2 | 40.69 | 1:22.70 |
| 10. | Anna van Oudheusden | Z&PC De Gouwe | 1:26.52 | 200503774 | 1:22.70 FJ 3 | 41.10 | 1:22.70 |
| 11. | Jana Driest | Widex Gzc Donk | 1:27.01 | 200103582 | 1:24.40 | 41.05 | 1:24.40 |
| 12. | Susan van Grol | Widex Gzc Donk | 1:19.03 | 200201344 | 1:25.15 | 41.63 | 1:25.15 |
| 13. | Piera Stallen | Widex Gzc Donk | 1:27.52 | 200600510 | 1:25.51 | 41.31 | 1:25.51 |
| 14. | Peggy Blom | Z&PC De Gouwe | 1:25.77 | 200503166 | 1:25.79 FJ 1 | 42.16 | 1:25.79 |
| 15. | Sanne Slof | ZPV Barracuda | 1:22.41 | 200601810 | 1:25.79 FJ 2 | 41.81 | 1:25.79 |
| 16. | Renske Overdam | Z&PC De Gouwe | 1:35.24 | 200601676 | 1:27.53 | 42.59 | 1:27.53 |
| 17. | Britt van Tilburg | Z&PC De Gouwe | 1:23.64 | 200402346 | 1:27.56 | 45.51 | 1:27.56 |
| 18. | Emira Bhouri | BZ&PC | 1:27.43 | 200304310 | 1:28.34 | 42.10 | 1:28.34 |
| 19. | Indy Matze | Z&PC De Gouwe | 1:30.21 | 200701918 | 1:29.82 | 44.25 | 1:29.82 |
| 20. | Semme van Ewijk | Widex Gzc Donk | 1:33.91 | 200701518 | 1:31.31 | 45.29 | 1:31.31 |
| 21. | Jaida Honsbeek | AZC | 1:30.29 | 200602766 | 1:31.78 | 45.08 | 1:31.78 |
| 22. | Dorien van Lwijk | ZPV Barracuda | 1:33.05 | 200700690 | 1:32.11 | 45.88 | 1:32.11 |
| 23. | Eline van Winden | Z&PC De Gouwe | 1:30.83 | 200702090 | 1:33.95 | 47.21 | 1:33.95 |
| 24. | Naema Smit | Widex Gzc Donk | 1:38.62 | 200702636 | 1:34.84 | 46.33 | 1:34.84 |
| 25. | Zoë Springer | Z&PC De Gouwe | 1:47.32 | 200604594 | 1:35.45 | 45.66 | 1:35.45 |
| 26. | Bente Stam | AZC | 1:50.82 | 200702122 | 1:37.18 | 46.53 | 1:37.18 |
| 27. | Sanne Kortenoeven | Z&PC De Gouwe | 1:52.10 | 200702088 | 1:45.56 | 50.72 | 1:45.56 |
| 28. | Rosalie Smit | Z&PC De Gouwe | NT | 200703584 | 2:04.08 | 57.38 | 2:04.08 |

Programmanr. 2
17-3-2019 - 15:10

Heren, 100m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|-----------------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Roel van Grol | Widex Gzc Donk | 1:06.37 | 199802277 | 1:06.26 | 32.41 | 1:06.26 |
| 2. | Wessel Bonkestoter | Widex Gzc Donk | 1:07.36 | 200100625 | 1:06.43 | 32.58 | 1:06.43 |
| 3. | Bo Schoenmakers | Widex Gzc Donk | 1:23.31 | 200402919 | 1:13.87 | 35.81 | 1:13.87 |
| 4. | Bjorn Rijkaart | BZ&PC | 1:16.77 | 200601337 | 1:14.63 | 36.92 | 1:14.63 |
| 5. | Remco Oskam | Widex Gzc Donk | 1:08.56 | 199205583 | 1:15.20 | 35.95 | 1:15.20 |
| 6. | Joris de Gier | Widex Gzc Donk | 1:12.04 | 200103817 | 1:16.49 | 36.85 | 1:16.49 |
| 7. | Reinier Velthuijs | ZPV Barracuda | 1:22.41 | 200503537 | 1:17.81 | 37.78 | 1:17.81 |
| 8. | Siwar Kool | Widex Gzc Donk | 1:19.18 | 200502259 | 1:18.22 | 37.65 | 1:18.22 |
| 9. | Bouke Schaap | BZ&PC | 1:22.32 | 200503197 | 1:20.61 | 39.13 | 1:20.61 |
| 10. | Harm Nahon | Z&PC De Gouwe | 1:27.64 | 200602515 | 1:25.57 | 41.82 | 1:25.57 |
| 11. | Tristan Peltenburg | ZPV Barracuda | 1:29.64 | 200700981 | 1:28.18 | 42.82 | 1:28.18 |
| 12. | Sem Berckenkamp | Z&PC De Gouwe | 1:41.07 | 200602229 | 1:34.75 | 45.47 | 1:34.75 |
| 13. | Jesse Vissers | Z&PC De Gouwe | 1:38.05 | 200701587 | 1:37.46 | 46.31 | 1:37.46 |
| 14. | Thijs Boonstoppel | Z&PC De Gouwe | 1:41.03 | 200700851 | 1:39.77 | 48.40 | 1:39.77 |
| 15. | Tijn van 't Sant | Z&PC De Gouwe | 1:38.11 | 200701585 | 1:40.09 | 49.26 | 1:40.09 |
| 16. | Mitchell Nooitgedacht | AZC | 1:49.72 | 200701523 | 1:45.95 | 50.92 | 1:45.95 |
| 17. | Kyran Pruisen | Z&PC De Gouwe | NT | 200701583 | 1:50.93 | 53.10 | 1:50.93 |
| 18. | Sami Barboucha | Widex Gzc Donk | 1:52.09 | 200602983 | 1:51.06 | 54.31 | 1:51.06 |
| AFGEM | Sagar van Wereld | Widex Gzc Donk | 1:50.86 | 200504151 | | | |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 3
17-3-2019 - 15:15

Meisjes, 50m rugslag

Minioren 5 en later
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|-------|----------------------|----------------|---------|-----------|----------------|------|
| 1. | Jinth Engelse | ZPV Barracuda | 37.71 | 200800204 | 36.49 | |
| 2. | Fleur van den Eijk | Widex Gzc Donk | 41.92 | 200900304 | 40.92 | |
| 3. | Jade van der Schrier | AZC | 40.88 | 200800692 | 41.06 | |
| 4. | Ilse Rozema | AZC | 47.34 | 200803318 | 41.64 | |
| 5. | Erin de Jong | BZ&PC | 44.96 | 201000024 | 44.25 | FJ 1 |
| 6. | Frederique Verkuijl | ZPV Barracuda | 46.72 | 200800858 | 44.25 | FJ 2 |
| 7. | Mijke Ouderkerken | Widex Gzc Donk | 43.33 | 200901254 | 45.06 | |
| 8. | Nina van der Schrier | AZC | 47.98 | 201000444 | 45.31 | |
| 9. | Nienke de Jong | BZ&PC | 46.27 | 200800156 | 46.26 | |
| 10. | Valerie Hesper | ZPV Barracuda | 46.42 | 200900260 | 48.81 | |
| 11. | Mayra Rocha-Rijkaart | Widex Gzc Donk | NT | 200901948 | 50.44 | |
| 12. | Shirley Snaterse | Widex Gzc Donk | 51.71 | 200802982 | 51.07 | |
| 13. | Maura van Ewijk | Widex Gzc Donk | 53.60 | 200900522 | 52.15 | |
| 14. | Anne-Sophie Carlie | Z&PC De Gouwe | 54.74 | 200803640 | 54.04 | |
| 15. | Lynn Walter | ZPV Barracuda | 55.38 | 201000394 | 54.75 | |
| 16. | Tessa de Jong | BZ&PC | 48.15 | 201000026 | 55.06 | |
| 17. | Luna de Bruin | BZ&PC | 1:02.76 | 200902232 | 58.81 | |
| 18. | Demi Bos | ZPV Barracuda | 1:04.83 | 201001282 | 1:00.11 | |
| 19. | Jhanna de Jong | Widex Gzc Donk | 1:04.57 | 201000168 | 1:04.59 | |
| 20. | Isabelle Wibier | ZPV Barracuda | 1:06.13 | 200802298 | 1:08.65 | |
| 21. | Franka de Joode | Widex Gzc Donk | 1:08.12 | 200901956 | 1:09.02 | |
| 22. | Laila van der Heiden | AZC | 1:09.55 | 200803338 | 1:09.42 | |
| 23. | Tessel Straver | BZ&PC | NT | 200902624 | 1:12.85 | |
| AFGEM | Zoë Huizer | Z&PC De Gouwe | 1:00.31 | 200802234 | | |
| AFGEM | Jolijn Kamp | BZ&PC | 51.28 | 200901176 | | |

Programmanr. 4
17-3-2019 - 15:20

Jongens, 50m rugslag

Minioren 5 en later
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|---|----------------------|----------------|---------|-----------|--------------|----|
| 1. | Chen Xi van Vianen | ZPV Barracuda | 41.63 | 200800191 | 39.15 | |
| 2. | Dylan Dortland | ZPV Barracuda | 43.51 | 200900165 | 44.37 | |
| 3. | Lars Barendrecht | ZPV Barracuda | 46.03 | 200800587 | 45.92 | |
| 4. | Daan Borst | ZPV Barracuda | 48.06 | 200801435 | 46.45 | |
| 5. | Bink de Vries | AZC | NT | 200901887 | 47.01 | |
| 6. | Mats Molenaar | BZ&PC | 53.99 | 200801879 | 49.45 | |
| 7. | Thomas Braat | AZC | 1:00.79 | 200802269 | 52.31 | |
| 8. | Mitchell van Dijk | ZPV Barracuda | 52.83 | 200800577 | 53.21 | |
| 9. | Thijs Bijman | ZPV Barracuda | 54.99 | 200901111 | 53.91 | |
| 10. | Rink van der Weijden | Widex Gzc Donk | NT | 201000431 | 55.94 | |
| DIS | Quinten van Uunen | BZ&PC | NT | 201000805 | | |
| <i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i> | | | | | | |
| AFGEM | Twan Molenaar | Z&PC De Gouwe | 51.59 | 200801649 | | |

Programmanr. 5
17-3-2019 - 15:25

25m vrije slag

Minioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|---------------------------------|----------------|----------------|--------|-----------|--------------|----|
| Minioren 1 en 2, Jongens | | | | | | |
| 1. | Jan Peter Slof | ZPV Barracuda | 28.80 | 201100123 | 28.00 | |
| 2. | Luca Siegel | Widex Gzc Donk | NT | 201100255 | 28.11 | |
| 3. | Rik Binnendijk | BZ&PC | 35.42 | 201100363 | 32.65 | |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 6
17-3-2019 - 15:25

Dames, 200m schoolslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|-----------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Angelique van Vark | Z&PC De Gouwe | 2:37.08 | 199701478 | 2:35.47 | 35.30 | 1:14.60 | | 2:35.47 |
| 2. Annique Rupke | Widex Gzc Donk | 3:08.81 | 200700876 | 3:00.61 | 40.48 | 1:26.14 | | 3:00.61 |
| 3. Eline Schaap | BZ&PC | 3:08.03 | 200303734 | 3:03.87 | 43.13 | 1:30.39 | | 3:03.87 |

Programmanr. 7
17-3-2019 - 15:30

Heren, 200m schoolslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Duncan van Haaren | Widex Gzc Donk | 2:23.20 | 200000681 | 2:21.99 | 31.22 | 1:07.11 | | 2:21.99 |
| 2. Thijs Visser | ZPV Barracuda | 2:57.54 | 200502129 | 2:58.82 | 40.09 | 1:26.39 | | 2:58.82 |
| 3. Niels Harteveld | AZC | 3:19.28 | 200404235 | 3:15.80 | 44.98 | 1:35.85 | | 3:15.80 |
| 4. Vincent van Haaren | Widex Gzc Donk | 3:18.06 | 200200011 | 3:16.51 | 43.36 | 1:33.36 | | 3:16.51 |
| 5. Roan van der Weide | Widex Gzc Donk | 3:35.35 | 200601629 | 3:23.03 | 47.06 | 1:38.91 | | 3:23.03 |
| 6. Casper van Leeuwen | Widex Gzc Donk | 3:46.71 | 200601329 | 3:29.16 | 48.08 | 1:41.44 | | 3:29.16 |
| 7. Simon Hubner | Widex Gzc Donk | 3:50.38 | 200502227 | 3:34.04 | 48.99 | 1:45.07 | | 3:34.04 |
| 8. Thom Huizer | BZ&PC | 3:44.27 | 200701711 | 3:41.86 | 48.02 | 1:44.63 | | 3:41.86 |
| 9. Ayrton Verboom | BZ&PC | NT | 200601627 | 3:45.81 | 53.06 | 1:51.06 | | 3:45.81 |
| 10. Sem Berckenkamp | Z&PC De Gouwe | NT | 200602229 | 3:47.17 | 51.46 | 1:50.25 | | 3:47.17 |
| 11. Jesse Vissers | Z&PC De Gouwe | NT | 200701587 | 3:47.41 | 51.32 | 1:50.74 | | 3:47.41 |
| 12. Twan Huisman | ZPV Barracuda | NT | 200702207 | 3:47.62 | 51.53 | 1:51.51 | | 3:47.62 |
| AFGEM Sagar van Wereld | Widex Gzc Donk | NT | 200504151 | | | | | |

Programmanr. 8
17-3-2019 - 15:40

Dames, 50m vlinderslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT |
|-------------------------------|----------------|--------|-----------|--------------|
| 1. Mandy van der Meijden | Widex Gzc Donk | 33.74 | 200402574 | 33.57 |
| 2. Lorena van Leijden | AZC | 32.76 | 200202598 | 34.20 |
| 3. Chantal van der Zwaan | BZ&PC | 33.57 | 199302084 | 34.32 |
| 4. Jana Driest | Widex Gzc Donk | 36.81 | 200103582 | 35.12 |
| 5. Jessica Braat | AZC | 33.82 | 200205684 | 35.29 |
| 6. Ylva Visser | ZPV Barracuda | 37.18 | 200101920 | 36.72 |
| 7. Piera Stallen | Widex Gzc Donk | 43.09 | 200600510 | 41.65 |
| 8. Nada Mghizrat | Widex Gzc Donk | 45.20 | 200702178 | 43.15 |
| 9. Zoë Springer | Z&PC De Gouwe | NT | 200604594 | 43.37 |
| 10. Robine Vermeulen | BZ&PC | 42.69 | 200300674 | 43.59 |
| 11. Sarah Molenaar | BZ&PC | 50.12 | 200405844 | 44.06 |
| 12. Anoeska Wiltenburg | Widex Gzc Donk | 46.57 | 200703028 | 44.24 |
| 13. Sharlene Both | AZC | 46.53 | 200602780 | 45.31 |
| 14. Samia Bhouiri | BZ&PC | 46.59 | 200604062 | 46.07 |
| 15. Annabel van Boven | AZC | 48.63 | 200703002 | 49.54 |
| 16. Sanjana van Wereld | Widex Gzc Donk | NT | 200704086 | 59.04 |
| AFGEM Esmeralda Rojas Mussons | ZPV Barracuda | 49.68 | 200702002 | |

Programmanr. 9
17-3-2019 - 15:45

Heren, 50m vlinderslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT |
|-----------------------|----------------|--------|-----------|--------------|
| 1. Hans van Wijk | BZ&PC | 28.66 | 198903605 | 28.75 |
| 2. Remco Oskam | Widex Gzc Donk | 29.10 | 199205583 | 28.78 |
| 3. Roel van Grol | Widex Gzc Donk | 28.16 | 199802277 | 28.91 |
| 4. Bart van der Zwaan | BZ&PC | 29.60 | 199005149 | 29.73 |
| 5. Koen Pijnacker | BZ&PC | 30.89 | 200301437 | 29.95 |
| 6. Thomas Hesper | ZPV Barracuda | 29.92 | 200004181 | 30.50 |
| 7. Auke Sijperda | AZC | 30.05 | 199905115 | 32.40 |
| 8. Bo Schoenmakers | Widex Gzc Donk | 33.67 | 200402919 | 32.73 |
| 9. Yassine Mellah | Widex Gzc Donk | 39.66 | 200502159 | 36.56 |
| 10. Victor Terlouw | BZ&PC | 36.39 | 200402073 | 37.53 |
| 11. Siwar Kool | Widex Gzc Donk | 41.90 | 200502259 | 39.07 |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 9, Heren, 50m vlinderslag, Senioren Open

| rang | naam | vereniging | intijd | | tijd | RT |
|------|------------------|----------------|---------|-----------|--------------|----|
| 12. | Adem Ziat | ZPV Barracuda | 41.87 | 200701885 | 42.67 | |
| 13. | Othman Affane | Widex Gzc Donk | 49.52 | 200603069 | 49.44 | |
| 14. | Tijn van 't Sant | Z&PC De Gouwe | 51.67 | 200701585 | 50.87 | |
| 15. | Zeger Straver | BZ&PC | 1:00.71 | 200701697 | 59.27 | |

Programmanr. 10
17-3-2019 - 15:45

Meisjes, 50m vrije slag

Minioren 5 en later
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|-------|----------------------|----------------|---------|-----------|----------------|----|
| 1. | Jinth Engelse | ZPV Barracuda | 33.13 | 200800204 | 33.88 | |
| 2. | Fleur van den Eijk | Widex Gzc Donk | 35.97 | 200900304 | 35.25 | |
| 3. | Mia Nahon | Z&PC De Gouwe | 36.83 | 200801166 | 35.62 | |
| 4. | Jade van der Schrier | AZC | 36.32 | 200800692 | 36.46 | |
| 5. | Erin de Jong | BZ&PC | 36.81 | 201000024 | 38.45 | |
| 6. | Mijke Ouderkerken | Widex Gzc Donk | 37.68 | 200901254 | 39.37 | |
| | Ilse Rozema | AZC | 40.71 | 200803318 | 39.37 | |
| 8. | Nina van der Schrier | AZC | 40.56 | 201000444 | 40.88 | |
| 9. | Frederique Verkuijl | ZPV Barracuda | 43.28 | 200800858 | 41.09 | |
| 10. | Nienke de Jong | BZ&PC | 41.04 | 200800156 | 41.21 | |
| 11. | Lisanne Lansbergen | Z&PC De Gouwe | 41.77 | 200901188 | 41.28 | |
| 12. | Valerie Hesper | ZPV Barracuda | 40.09 | 200900260 | 41.68 | |
| 13. | Tess Liebrechts | Widex Gzc Donk | 43.97 | 201000212 | 42.25 | |
| 14. | Mayra Rocha-Rijkaart | Widex Gzc Donk | 42.05 | 200901948 | 43.31 | |
| 15. | Grace Peters | ZPV Barracuda | 44.81 | 200901474 | 43.75 | |
| 16. | Lynn Walter | ZPV Barracuda | 46.53 | 201000394 | 46.10 | |
| 17. | Maura van Ewijk | Widex Gzc Donk | 46.42 | 200900522 | 48.38 | |
| 18. | Anne-Sophie Carlie | Z&PC De Gouwe | NT | 200803640 | 49.56 | |
| 19. | Shirley Sntersee | Widex Gzc Donk | 52.59 | 200802982 | 50.38 | |
| 20. | Jhanna de Jong | Widex Gzc Donk | 51.26 | 201000168 | 51.84 | |
| 21. | Demi Bos | ZPV Barracuda | 57.25 | 201001282 | 52.07 | |
| 22. | Laila van der Heiden | AZC | 55.98 | 200803338 | 53.43 | |
| 23. | Luna de Bruin | BZ&PC | 57.68 | 200902232 | 55.84 | |
| 24. | Tessa de Jong | BZ&PC | 39.79 | 201000026 | 56.41 | |
| 25. | Isabelle Wibier | ZPV Barracuda | 58.74 | 200802298 | 56.81 | |
| 26. | Tessel Straver | BZ&PC | 1:15.17 | 200902624 | 1:04.42 | |
| AFGEM | Franka de Joode | Widex Gzc Donk | 1:00.43 | 200901956 | | |
| AFGEM | Zoë Huizer | Z&PC De Gouwe | 45.06 | 200802234 | | |
| AFGEM | Jolijn Kamp | BZ&PC | 48.79 | 200901176 | | |

Programmanr. 11
17-3-2019 - 15:50

Jongens, 50m vrije slag

Minioren 5 en later
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|-------|---|----------------|---------|-----------|----------------|----|
| 1. | Chen Xi van Vianen | ZPV Barracuda | 33.79 | 200800191 | 34.60 | |
| 2. | Thygo van de Peppel | ZPV Barracuda | 36.17 | 200901101 | 36.31 | |
| 3. | Lars Barendrecht | ZPV Barracuda | 36.29 | 200800587 | 36.64 | |
| 4. | Dylan Dortland | ZPV Barracuda | 37.90 | 200900165 | 39.06 | |
| 5. | Daan Borst | ZPV Barracuda | 40.48 | 200801435 | 40.08 | |
| 6. | Mats Molenaar | BZ&PC | 42.04 | 200801879 | 40.96 | |
| 7. | Mitchell van Dijk | ZPV Barracuda | 42.11 | 200800577 | 42.64 | |
| 8. | Bink de Vries | AZC | 41.49 | 200901887 | 43.47 | |
| 9. | Thomas Braat | AZC | 48.67 | 200802269 | 45.44 | |
| 10. | Thijs Bijman | ZPV Barracuda | 50.01 | 200901111 | 47.97 | |
| 11. | Rink van der Weijden | Widex Gzc Donk | 50.22 | 201000431 | 49.13 | |
| 12. | Quinten van Uunen | BZ&PC | 1:03.54 | 201000805 | 1:11.31 | |
| DIS | Bob Russcher | Z&PC De Gouwe | 41.80 | 200900871 | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | |
| AFGEM | Twan Molenaar | Z&PC De Gouwe | 51.92 | 200801649 | | |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 13
17-3-2019 - 15:55

25m rugslag

Minioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|---------------------------------|---|----------------|--------|-----------|--------------|
| Minioren 1 en 2, Jongens | | | | | |
| 1. | Jan Peter Slof | ZPV Barracuda | 32.91 | 201100123 | 29.66 |
| DIS | Luca Siegel | Widex Gzc Donk | NT | 201100255 | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | |
| DIS | Rik Binnendijk | BZ&PC | 46.18 | 201100363 | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | |

Programmanr. 14
17-3-2019 - 15:55

Dames, 100m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---|----------------|---------|-----------|----------------|-------|---------|
| 1. | Robin Pienaar | ZPV Barracuda | 1:00.86 | 200102236 | 1:00.29 | 28.93 | 1:00.29 |
| 2. | Maaïke Broersma | BZ&PC | 1:00.48 | 200201522 | 1:00.95 | 29.18 | 1:00.95 |
| 3. | Anniek de Ruiters | Widex Gzc Donk | 1:01.71 | 200101224 | 1:04.31 | 30.66 | 1:04.31 |
| 4. | Marit Huisman | ZPV Barracuda | 1:04.04 | 200502620 | 1:05.00 | 30.93 | 1:05.00 |
| 5. | Laila Kuipers | BZ&PC | 1:03.67 | 200003124 | 1:05.72 | 31.50 | 1:05.72 |
| 6. | Sanne Slof | ZPV Barracuda | 1:05.07 | 200601810 | 1:08.10 | 32.72 | 1:08.10 |
| 7. | Chantal van der Zwaan | BZ&PC | 1:07.25 | 199302084 | 1:08.63 | 33.61 | 1:08.63 |
| 8. | Mila Oomens | ZPV Barracuda | 1:08.51 | 200700016 | 1:09.51 | 33.83 | 1:09.51 |
| 9. | Lianne Boegheim | Widex Gzc Donk | 1:07.89 | 199805454 | 1:10.43 | 34.11 | 1:10.43 |
| 10. | Donna van der Meer | BZ&PC | 1:15.92 | 200601146 | 1:11.10 | 33.91 | 1:11.10 |
| 11. | Anniëke Rupke | Widex Gzc Donk | 1:14.19 | 200700876 | 1:12.68 | 35.25 | 1:12.68 |
| 12. | Susan van Grol | Widex Gzc Donk | 1:04.37 | 200201344 | 1:12.87 | 34.88 | 1:12.87 |
| 13. | Peggy Blom | Z&PC De Gouwe | 1:11.29 | 200503166 | 1:14.56 | 35.73 | 1:14.56 |
| 14. | Emira Bhourri | BZ&PC | 1:14.36 | 200304310 | 1:14.83 | 35.86 | 1:14.83 |
| 15. | Anna van Oudheusden | Z&PC De Gouwe | 1:17.48 | 200503774 | 1:14.91 | 36.26 | 1:14.91 |
| 16. | Indy Matze | Z&PC De Gouwe | 1:22.65 | 200701918 | 1:16.52 | 37.82 | 1:16.52 |
| 17. | Cherish Macnack | AZC | 1:21.97 | 200701432 | 1:17.20 | 37.63 | 1:17.20 |
| 18. | Amber Boonstoppel | Z&PC De Gouwe | 1:13.00 | 200401796 | 1:17.89 | 36.49 | 1:17.89 |
| 19. | Anoeska Wiltenburg | Widex Gzc Donk | 1:24.64 | 200703028 | 1:19.68 | 37.63 | 1:19.68 |
| 20. | Eline van Winden | Z&PC De Gouwe | 1:21.29 | 200702090 | 1:19.89 | 38.61 | 1:19.89 |
| 21. | Samia Bhourri | BZ&PC | 1:25.32 | 200604062 | 1:24.10 | 40.00 | 1:24.10 |
| 22. | Semme van Ewijk | Widex Gzc Donk | 1:26.20 | 200701518 | 1:24.16 | 40.63 | 1:24.16 |
| 23. | Dorien van Luijk | ZPV Barracuda | 1:28.44 | 200700690 | 1:26.50 | 42.40 | 1:26.50 |
| 24. | Shifra Loman | ZPV Barracuda | 1:30.34 | 200703178 | 1:26.87 | 40.52 | 1:26.87 |
| 25. | Sharlene Both | AZC | 1:26.83 | 200602780 | 1:27.40 | 42.48 | 1:27.40 |
| 26. | Bente Stam | AZC | 1:35.38 | 200702122 | 1:27.95 | 41.37 | 1:27.95 |
| 27. | Sanne Kortenoeven | Z&PC De Gouwe | 1:41.65 | 200702088 | 1:37.38 | 44.84 | 1:37.38 |
| DIS | Naema Smit | Widex Gzc Donk | 1:26.07 | 200702636 | | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | |

Programmanr. 15
17-3-2019 - 16:00

Heren, 100m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|--------------------|----------------|---------|-----------|----------------|-------|---------|
| 1. | Thomas Hesper | ZPV Barracuda | 58.40 | 200004181 | 59.23 | 28.65 | 59.23 |
| 2. | Wessel Bonkestoter | Widex Gzc Donk | 59.96 | 200100625 | 1:01.42 | 29.95 | 1:01.42 |
| 3. | Martijn van Noort | ZPV Barracuda | 1:03.87 | 200204861 | 1:02.25 | 31.05 | 1:02.25 |
| 4. | Roan Roor | ZPV Barracuda | 1:03.21 | 200203127 | 1:02.51 | 29.98 | 1:02.51 |
| 5. | Dylan de Wit | AZC | 1:00.54 | 200100509 | 1:02.51 | 29.67 | 1:02.51 |
| 6. | Koen Pijnacker | BZ&PC | 1:03.31 | 200301437 | 1:03.19 | 30.84 | 1:03.19 |
| 7. | Marijn Dekkers | Widex Gzc Donk | 1:04.81 | 200402275 | 1:03.67 | 30.51 | 1:03.67 |
| 8. | Bjorn Rijkaart | BZ&PC | 1:05.63 | 200601337 | 1:04.55 | 31.11 | 1:04.55 |
| 9. | Yassine Mellah | Widex Gzc Donk | 1:12.03 | 200502159 | 1:09.16 | 34.11 | 1:09.16 |
| 10. | Reinier Velthuijs | ZPV Barracuda | 1:10.22 | 200503537 | 1:10.58 | | 1:10.58 |
| 11. | Victor Terlouw | BZ&PC | 1:09.76 | 200402073 | 1:10.69 | 34.62 | 1:10.69 |
| 12. | Vincent van Haaren | Widex Gzc Donk | 1:09.91 | 200200011 | 1:12.46 | 34.18 | 1:12.46 |
| 13. | Roan van der Weide | Widex Gzc Donk | 1:12.90 | 200601629 | 1:12.65 | 35.54 | 1:12.65 |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 15, Heren, 100m vrije slag, Senioren Open

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|--------------------|----------------|---------|-----------|----------------|-------|---------|
| 14. | Bouke Schaap | BZ&PC | 1:13.93 | 200503197 | 1:13.31 | 35.19 | 1:13.31 |
| 15. | Harm Nahon | Z&PC De Gouwe | 1:19.41 | 200602515 | 1:14.65 | 35.70 | 1:14.65 |
| 16. | Casper van Leeuwen | Widex Gzc Donk | 1:16.72 | 200601329 | 1:16.03 | 36.10 | 1:16.03 |
| 17. | Simon Hubner | Widex Gzc Donk | 1:19.92 | 200502227 | 1:18.18 | 36.97 | 1:18.18 |
| 18. | Tristan Peltenburg | ZPV Barracuda | 1:18.16 | 200700981 | 1:18.84 | 36.81 | 1:18.84 |
| 19. | Thom Huizer | BZ&PC | 1:20.75 | 200701711 | 1:20.87 | 38.16 | 1:20.87 |
| 20. | Ayrton Verboom | BZ&PC | 1:22.18 | 200601627 | 1:21.81 | 38.89 | 1:21.81 |
| 21. | Twan Huisman | ZPV Barracuda | 1:29.33 | 200702207 | 1:24.42 | 40.17 | 1:24.42 |
| 22. | Thijs Boonstoppel | Z&PC De Gouwe | 1:24.22 | 200700851 | 1:26.91 | 40.57 | 1:26.91 |
| AFGEM | Sagar van Wereld | Widex Gzc Donk | 1:38.38 | 200504151 | | | |
| AFGEM | Auke Sijperda | AZC | 1:01.33 | 199905115 | | | |

Programmanr. 16
17-3-2019 - 16:10

Dames, 50m schoolslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|--------------------|----------------|--------|-----------|----------------|
| 1. | Robin Pienaar | ZPV Barracuda | 38.85 | 200102236 | 38.71 |
| 2. | Eline Schaap | BZ&PC | 40.09 | 200303734 | 41.17 |
| 3. | Eileen Duits | Widex Gzc Donk | 39.73 | 199800842 | 42.01 |
| 4. | Shifra Loman | ZPV Barracuda | 43.86 | 200703178 | 45.10 |
| 5. | Anoeska Wiltenburg | Widex Gzc Donk | 44.17 | 200703028 | 45.29 |
| 6. | Renske Overdam | Z&PC De Gouwe | 48.19 | 200601676 | 45.55 |
| 7. | Nada Mghizrat | Widex Gzc Donk | 47.01 | 200702178 | 46.11 |
| 8. | Piera Stallen | Widex Gzc Donk | 46.25 | 200600510 | 46.68 |
| 9. | Britt van Tilburg | Z&PC De Gouwe | 46.76 | 200402346 | 47.01 |
| 10. | Jaida Honsbeek | AZC | 46.13 | 200602766 | 47.30 |
| 11. | Robine Vermeulen | BZ&PC | 47.90 | 200300674 | 48.09 |
| 12. | Sarah Molenaar | BZ&PC | NT | 200405844 | 49.75 |
| 13. | Rosalie Smit | Z&PC De Gouwe | 56.89 | 200703584 | 58.34 |
| 14. | Sanjana van Wereld | Widex Gzc Donk | NT | 200704086 | 1:01.23 |
| DIS | Sharlene Both | AZC | 52.93 | 200602780 | |

SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdste gedeelte v.d. 2e armslag de handen naar binnen beginnen te draaien., SG na de eerste armslag na start en/of keerpunt de handen voorbij de heuplijn gebracht.

| | | | | | |
|-------|-------------------------|----------------|---------|-----------|--|
| AFGEM | Esmeralda Rojas Mussons | ZPV Barracuda | 52.04 | 200702002 | |
| AFGEM | Rakshena Ramadhin | Widex Gzc Donk | 1:00.43 | 200702640 | |

Programmanr. 17
17-3-2019 - 16:10

Heren, 50m schoolslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|--------------------|----------------|---------|-----------|----------------|
| 1. | Duncan van Haaren | Widex Gzc Donk | 29.62 | 200000681 | 30.04 |
| 2. | Bart van der Zwaan | BZ&PC | 33.90 | 199005149 | 34.15 |
| 3. | Hans van Wijk | BZ&PC | 33.84 | 198903605 | 34.19 |
| 4. | Thijs Visser | ZPV Barracuda | 37.95 | 200502129 | 37.86 |
| 5. | Niels Hartevelde | AZC | 40.15 | 200404235 | 39.20 |
| 6. | Casper van Leeuwen | Widex Gzc Donk | 48.27 | 200601329 | 45.86 |
| 7. | Jesse Vissers | Z&PC De Gouwe | 50.68 | 200701587 | 49.63 |
| 8. | Othman Affane | Widex Gzc Donk | 53.57 | 200603069 | 50.28 |
| 9. | Zeger Straver | BZ&PC | 53.83 | 200701697 | 53.76 |
| 10. | Kyran Pruisen | Z&PC De Gouwe | 1:03.16 | 200701583 | 1:01.82 |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 18
17-3-2019 - 16:15

Meisjes, 100m rugslag

Minioren 5 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|----------------|---------|-----------|----------------|---------|---------|
| 1. | Jinth Engelse | ZPV Barracuda | 1:22.50 | 200800204 | 1:22.16 | 40.56 | 1:22.16 |
| 2. | Jade van der Schrier | AZC | 1:29.24 | 200800692 | 1:26.35 | 42.91 | 1:26.35 |
| 3. | Fleur van den Eijk | Widex Gzc Donk | 1:33.90 | 200900304 | 1:28.77 | 43.77 | 1:28.77 |
| 4. | Ilse Rozema | AZC | 1:40.05 | 200803318 | 1:32.13 | 44.43 | 1:32.13 |
| 5. | Mia Nahon | Z&PC De Gouwe | 1:38.61 | 200801166 | 1:32.70 | 45.55 | 1:32.70 |
| 6. | Erin de Jong | BZ&PC | 1:33.97 | 201000024 | 1:34.61 | 46.10 | 1:34.61 |
| 7. | Mijke Ouderkerken | Widex Gzc Donk | 1:35.17 | 200901254 | 1:36.75 | 48.41 | 1:36.75 |
| 8. | Nienke de Jong | BZ&PC | 1:34.72 | 200800156 | 1:37.66 | 47.99 | 1:37.66 |
| 9. | Frederique Verkuijl | ZPV Barracuda | 1:38.20 | 200800858 | 1:39.56 | 48.95 | 1:39.56 |
| 10. | Nina van der Schrier | AZC | 1:43.11 | 201000444 | 1:39.64 | 47.64 | 1:39.64 |
| 11. | Tess Liebrechts | Widex Gzc Donk | 1:51.76 | 201000212 | 1:43.20 | 53.25 | 1:43.20 |
| 12. | Lisanne Lansbergen | Z&PC De Gouwe | 1:46.48 | 200901188 | 1:44.95 | 51.71 | 1:44.95 |
| 13. | Grace Peters | ZPV Barracuda | 1:43.34 | 200901474 | 1:46.03 | 52.30 | 1:46.03 |
| 14. | Lynn Walter | ZPV Barracuda | 1:55.17 | 201000394 | 1:57.02 | 55.25 | 1:57.02 |
| 15. | Tessa de Jong | BZ&PC | 1:40.90 | 201000026 | 2:04.71 | 1:01.86 | 2:04.71 |
| 16. | Luna de Bruin | BZ&PC | 2:13.58 | 200902232 | 2:05.44 | 1:00.77 | 2:05.44 |
| DIS | Valerie Hesper | ZPV Barracuda | 1:44.92 | 200900260 | | | |

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

| | | | | | | | |
|-------|-------------|-------|---------|-----------|--|--|--|
| AFGEM | Jolijn Kamp | BZ&PC | 1:59.68 | 200901176 | | | |
|-------|-------------|-------|---------|-----------|--|--|--|

Programmanr. 19
17-3-2019 - 16:20

Jongens, 100m rugslag

Minioren 5 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------|---------------|---------|-----------|----------------|-------|---------|
| 1. | Chen Xi van Vianen | ZPV Barracuda | 1:26.09 | 200800191 | 1:25.85 | 41.68 | 1:25.85 |
| 2. | Thygo van de Peppel | ZPV Barracuda | 1:33.73 | 200901101 | 1:33.05 | 44.79 | 1:33.05 |
| 3. | Dylan Dortland | ZPV Barracuda | 1:36.14 | 200900165 | 1:40.50 | 48.59 | 1:40.50 |
| 4. | Lars Barendrecht | ZPV Barracuda | 1:41.51 | 200800587 | 1:41.67 | 48.81 | 1:41.67 |
| 5. | Bink de Vries | AZC | NT | 200901887 | 1:44.68 | 50.16 | 1:44.68 |
| 6. | Daan Borst | ZPV Barracuda | 1:42.89 | 200801435 | 1:46.63 | 51.94 | 1:46.63 |
| 7. | Mats Molenaar | BZ&PC | 1:52.01 | 200801879 | 1:46.97 | 52.61 | 1:46.97 |
| 8. | Thomas Braat | AZC | 2:05.14 | 200802269 | 1:50.49 | 55.16 | 1:50.49 |
| 9. | Mitchell van Dijk | ZPV Barracuda | 1:59.11 | 200800577 | 2:04.55 | 59.64 | 2:04.55 |
| 10. | Thijs Bijman | ZPV Barracuda | 2:07.76 | 200901111 | 2:05.37 | 57.29 | 2:05.37 |
| DIS | Bob Russcher | Z&PC De Gouwe | 1:48.17 | 200900871 | | | |

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

| | | | | | | | |
|-----|-------------------|-------|----|-----------|--|--|--|
| DIS | Quinten van Uunen | BZ&PC | NT | 201000805 | | | |
|-----|-------------------|-------|----|-----------|--|--|--|

RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.

Programmanr. 20
17-3-2019 - 16:25

Dames, 50m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|-----------------------|----------------|--------|-----------|-------------------|
| 1. | Robin Pienaar | ZPV Barracuda | 28.37 | 200102236 | 28.32 |
| 2. | Mandy van der Meijden | Widex Gzc Donk | 29.02 | 200402574 | 29.04 |
| 3. | Laila Kuipers | BZ&PC | 29.07 | 200003124 | 29.36 |
| 4. | Marit Huisman | ZPV Barracuda | 29.53 | 200502620 | 29.92 |
| 5. | Jana Driest | Widex Gzc Donk | 30.17 | 200103582 | 30.18 |
| 6. | Chantal van der Zwaan | BZ&PC | 31.55 | 199302084 | 30.40 |
| 7. | Anouchka Bos | ZPV Barracuda | 30.54 | 200501528 | 30.76 |
| 8. | Lorena van Leijden | AZC | 30.08 | 200202598 | 30.83 |
| 9. | Sanne Slof | ZPV Barracuda | 29.63 | 200601810 | 31.14 |
| 10. | Mila Oomens | ZPV Barracuda | 30.95 | 200700016 | 31.49 FJ 1 |
| 11. | Ylva Visser | ZPV Barracuda | 31.20 | 200101920 | 31.49 FJ 2 |
| 12. | Jessica Braat | AZC | 31.61 | 200205684 | 31.86 |
| 13. | Anniëke Rupke | Widex Gzc Donk | 33.42 | 200700876 | 32.64 |
| 14. | Eline Schaap | BZ&PC | 34.74 | 200303734 | 33.84 |
| 15. | Cherish Macnack | AZC | 34.28 | 200701432 | 34.29 FJ 1 |
| 16. | Amber Boonstoppel | Z&PC De Gouwe | 33.46 | 200401796 | 34.29 FJ 2 |
| 17. | Eline van Winden | Z&PC De Gouwe | 34.55 | 200702090 | 34.46 |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 20, Dames, 50m vrije slag, Senioren Open

| rang | naam | vereniging | intijd | | tijd | RT |
|-------|--------------------|----------------|--------|-----------|--------------|----|
| 18. | Indy Matze | Z&PC De Gouwe | 36.34 | 200701918 | 34.92 | |
| 19. | Robine Vermeulen | BZ&PC | 34.82 | 200300674 | 35.58 | |
| 20. | Zoë Springer | Z&PC De Gouwe | 37.03 | 200604594 | 36.05 | |
| 21. | Nada Mghizrat | Widex Gzc Donk | 37.14 | 200702178 | 36.46 | |
| 22. | Annabel van Boven | AZC | 37.23 | 200703002 | 36.95 | |
| 23. | Sarah Molenaar | BZ&PC | 40.66 | 200405844 | 37.27 | |
| 24. | Jaida Honsbeek | AZC | 34.97 | 200602766 | 37.99 | |
| 25. | Semme van Ewijk | Widex Gzc Donk | 37.59 | 200701518 | 38.10 | |
| 26. | Dorien van Luijk | ZPV Barracuda | 38.65 | 200700690 | 38.51 | |
| 27. | Bente Stam | AZC | 40.64 | 200702122 | 38.95 | |
| 28. | Sanjana van Wereld | Widex Gzc Donk | NT | 200704086 | 54.43 | |
| AFGEM | Rakshena Ramadhin | Widex Gzc Donk | 48.16 | 200702640 | | |

Programmanr. 21
17-3-2019 - 16:30

Heren, 50m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|-------|----------------------|----------------|--------|-----------|--------------|------|
| 1. | Remco Oskam | Widex Gzc Donk | 25.19 | 199205583 | 25.80 | FJ 1 |
| 2. | Duncan van Haaren | Widex Gzc Donk | 25.51 | 200000681 | 25.80 | FJ 2 |
| 3. | Joris de Gier | Widex Gzc Donk | 25.95 | 200103817 | 26.56 | |
| 4. | Hans van Wijk | BZ&PC | 26.60 | 198903605 | 27.02 | FJ 1 |
| 5. | Roel van Grol | Widex Gzc Donk | 26.89 | 199802277 | 27.02 | FJ 2 |
| 6. | Bart van der Zwaan | BZ&PC | 27.10 | 199005149 | 27.15 | |
| 7. | Thomas Hesper | ZPV Barracuda | 27.01 | 200004181 | 27.59 | |
| 8. | Bo Schoenmakers | Widex Gzc Donk | 30.42 | 200402919 | 28.90 | |
| 9. | Bjorn Rijkaart | BZ&PC | 30.18 | 200601337 | 29.42 | |
| 10. | Yassine Mellah | Widex Gzc Donk | 31.15 | 200502159 | 31.06 | |
| 11. | Reinier Velthuijs | ZPV Barracuda | 31.32 | 200503537 | 31.55 | |
| 12. | Niels Hartevelde | AZC | 33.66 | 200404235 | 31.72 | |
| 13. | Victor Terlouw | BZ&PC | 30.14 | 200402073 | 32.07 | |
| 14. | Vincent van Haaren | Widex Gzc Donk | 30.72 | 200200011 | 32.31 | |
| 15. | Siwar Kool | Widex Gzc Donk | 33.78 | 200502259 | 32.42 | |
| 16. | Adem Ziat | ZPV Barracuda | 35.19 | 200701885 | 36.56 | |
| 17. | Sem Berckenkamp | Z&PC De Gouwe | 36.92 | 200602229 | 36.90 | |
| 18. | Thijs Boonstoppel | Z&PC De Gouwe | 38.68 | 200700851 | 38.35 | FJ 1 |
| 19. | Mitchell Nootgedacht | AZC | 40.05 | 200701523 | 38.35 | FJ 2 |
| 20. | Twan Huisman | ZPV Barracuda | 38.38 | 200702207 | 38.65 | |
| 21. | Tijn van 't Sant | Z&PC De Gouwe | 38.83 | 200701585 | 39.09 | |
| 22. | Sami Barboucha | Widex Gzc Donk | 46.43 | 200602983 | 42.22 | |
| 23. | Zeger Straver | BZ&PC | 44.40 | 200701697 | 45.43 | |
| AFGEM | Dylan de Wit | AZC | 26.82 | 200100509 | | |

Programmanr. 22
17-3-2019 - 16:35

Dames, 200m vlinderslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT | 50m | 100m | 150m | 200m |
|------|---------------------|----------------|---------|-----------|----------------|----|-------|---------|------|---------|
| 1. | Angelique van Vark | Z&PC De Gouwe | 2:27.41 | 199701478 | 2:30.57 | | 32.05 | 1:09.93 | | 2:30.57 |
| 2. | Maaïke Broersma | BZ&PC | 2:51.70 | 200201522 | 2:44.86 | | 34.71 | 1:17.34 | | 2:44.86 |
| 3. | Susan van Grol | Widex Gzc Donk | 2:54.85 | 200201344 | 3:07.13 | | 37.87 | 1:27.23 | | 3:07.13 |
| 4. | Laila Kuipers | BZ&PC | 3:09.30 | 200003124 | 3:07.40 | | 40.43 | 1:28.53 | | 3:07.40 |
| 5. | Peggy Blom | Z&PC De Gouwe | NT | 200503166 | 3:16.04 | | 44.08 | 1:34.50 | | 3:16.04 |
| 6. | Lianne Boegheim | Widex Gzc Donk | NT | 199805454 | 3:27.01 | | 41.28 | 1:31.69 | | 3:27.01 |
| 7. | Renske Overdam | Z&PC De Gouwe | NT | 200601676 | 3:27.90 | | 46.93 | 1:43.72 | | 3:27.90 |
| 8. | Britt van Tilburg | Z&PC De Gouwe | NT | 200402346 | 3:32.74 | | 48.13 | 1:42.32 | | 3:32.74 |
| 9. | Anna van Oudheusden | Z&PC De Gouwe | NT | 200503774 | 3:38.52 | | 47.83 | 1:44.87 | | 3:38.52 |
| 10. | Donna van der Meer | BZ&PC | 3:59.46 | 200601146 | 3:41.65 | | 45.64 | 1:43.92 | | 3:41.65 |

Klassementswedstrijd deel 4
Alphen a/d Rijn, 17-3-2019

Programmanr. 23
17-3-2019 - 16:40

Heren, 200m vlinderslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|--------------------------|----------------|-------------------|----------------|----|-------|---------|------|---------|
| 1. Martijn van Noort | ZPV Barracuda | NT 200204861 | 3:05.85 | | 39.19 | 1:25.06 | | 3:05.85 |
| 2. Marijn Dekkers | Widex Gzc Donk | NT 200402275 | 3:08.15 | | 41.02 | 1:30.58 | | 3:08.15 |
| 3. Roan Roor | ZPV Barracuda | NT 200203127 | 3:11.44 | | 35.94 | 1:19.87 | | 3:11.44 |
| 4. Thijs Visser | ZPV Barracuda | NT 200502129 | 3:30.49 | | 43.32 | 1:36.79 | | 3:30.49 |
| 5. Roan van der Weide | Widex Gzc Donk | 3:50.04 200601629 | 3:40.27 | | 47.40 | 1:44.39 | | 3:40.27 |
| 6. Harm Nahon | Z&PC De Gouwe | NT 200602515 | 3:45.67 | | 47.25 | 1:46.15 | | 3:45.67 |
| 7. Tristan Peltenburg | ZPV Barracuda | NT 200700981 | 3:55.78 | | 48.71 | 1:48.79 | | 3:55.78 |
| 8. Simon Hubner | Widex Gzc Donk | NT 200502227 | 4:00.69 | | 47.78 | 1:52.40 | | 4:00.69 |
| 9. Mitchell Nooitgedacht | AZC | NT 200701523 | 4:12.11 | | 54.03 | 2:00.55 | | 4:12.11 |
| AFGEM Auke Sijperda | AZC | NT 199905115 | | | | | | |