

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Junioren 1</b>								
1. River Streefland	The Hague Swimming	(3:14.73 200502253	<b>2:58.27</b>	362	39.15	1:25.49	2:13.06	2:58.27
2. Aaike de Tender	De Geul	3:08.57 200502189	<b>3:01.04</b>	+0,53 345	41.45	1:28.26	2:14.93	3:01.04
3. Luca Nguyen-tri	Rotterdam Swimming	3:21.87 200500781	<b>3:06.69</b>	+0,64 315	42.34	1:30.62	2:19.07	3:06.69
4. Menno Wieringa	KZV de Lansingh	3:18.72 200500927	<b>3:06.77</b>	+0,73 314	41.12	1:30.20	2:19.82	3:06.77
5. Karel Drastich	WZK	3:18.17 200500167	<b>3:07.03</b>	+0,60 313	42.82	1:30.80	2:20.02	3:07.03
6. Casper Hoogervorst	De Columbiaan	3:14.68 200500183	<b>3:08.12</b>	+0,42 308	43.95	1:32.74	2:20.87	3:08.12
7. Coen Frkovic	ZPB H&L Productions	3:17.33 200502397	<b>3:08.87</b>	+0,75 304	41.65	1:29.73	2:19.27	3:08.87
8. Émile Fouzaï	The Hague Swimming	(3:18.72 200500263	<b>3:11.89</b>	290	42.85	1:31.26	2:21.76	3:11.89
9. Björn Verkaik	The Hague Swimming	(3:16.63 200500411	<b>3:13.74</b>	282	43.76	1:33.41	2:24.32	3:13.74
10. Gabriel Been	The Hague Swimming	(3:22.06 200501467	<b>3:19.57</b>	+0,62 258	43.26	1:34.35	2:27.86	3:19.57
11. Sytze van Stein	SG LinK /Z&PC Katwijk	3:26.62 200501155	<b>3:28.53</b>	226	45.22	1:38.76	2:34.67	3:28.53
DIS Thijs Visser	Van Vliet-Barracuda	3:10.44 200502129						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

**Junioren 2**

1. Jason van den Berg	Rotterdam Swimming	2:49.83 200400009	<b>2:42.70</b>	+0,72 476	36.43	1:17.84	2:01.39	2:42.70
2. Erik Oldenkamp	KZV de Lansingh	2:42.30 200400597	<b>2:44.67</b>	+0,70 459	36.11	1:17.26	2:00.81	2:44.67
3. Julien Tanis	zc De Schotelijl	2:52.10 200401045	<b>2:45.06</b>	+0,65 456	37.05	1:18.31	2:01.81	2:45.06
4. Abel te Riele	WVZ	2:54.93 200402317	<b>2:47.65</b>	+0,71 435	37.05	1:19.83	2:03.71	2:47.65
5. Timo Kock	de Devel	3:04.01 200400387	<b>2:48.39</b>	+0,56 429	37.49	1:20.13	2:04.06	2:48.39
6. Anthony Kraag	WVZ	2:58.53 200401973	<b>2:49.31</b>	+0,81 422	37.84	1:20.58	2:04.99	2:49.31
7. Tim Haimé	The Hague Swimming	(3:00.39 200403567	<b>2:49.70</b>	+0,76 419	39.02	1:21.30	2:05.10	2:49.70
8. Nathan Janssen	MNC Dordrecht	3:08.73 200401565	<b>2:50.12</b>	+0,63 416	39.85	1:23.13	2:07.10	2:50.12
9. Kun Woo Kim	The Hague Swimming	(3:07.58 200401361	<b>2:56.90</b>	+0,71 370	38.53	1:22.94	2:10.22	2:56.90
10. Milan Masselink	The Hague Swimming	(3:11.06 200402165	<b>2:57.91</b>	364	40.57	1:25.92	2:11.98	2:57.91
11. Thomas van Peenen	De Columbiaan	3:08.16 200400097	<b>3:01.03</b>	+0,74 345	41.54	1:28.09	2:16.10	3:01.03
12. Max van Schagen	De Columbiaan	3:02.94 200402591	<b>3:01.31</b>	+0,71 344	41.24	1:27.70	2:14.65	3:01.31
13. Bart Pardon	WVZ	3:02.66 200400639	<b>3:01.99</b>	340	39.81	1:26.76	2:14.69	3:01.99
14. Olivier Krayenbuhl	The Hague Swimming	(3:17.07 200403215	<b>3:14.97</b>	+0,78 276	43.53	1:34.44	2:24.52	3:14.97
DIS Timo Wouters	MNC Dordrecht	3:07.46 200401363						

SL - Het keer- en/of eindpunt met één hand aangetikt.

AFGEM Tim van Borselaar WVZ 2:57.67 200401261

**Junioren 3**

1. Wesley Zulver	ZV Vlaardingen-Schied	2:31.79 200301319	<b>2:33.40</b>	+0,64 568	33.23	1:11.62	1:51.72	2:33.40
2. Xander Vis	zc De Schotelijl	2:37.93 200300173	<b>2:37.20</b>	+0,77 527	35.15	1:15.07	1:56.09	2:37.20
3. Milan Hamel	The Hague Swimming	(2:40.68 200302125	<b>2:37.70</b>	522	35.62	1:16.17	1:57.24	2:37.70
4. Perry Laarhoven	ZPCNumansdorp	2:42.81 200301321	<b>2:39.74</b>	503	36.03	1:16.80	1:58.03	2:39.74
5. Bjarne Buijs	The Hague Swimming	(2:44.25 200301089	<b>2:41.91</b>	483	36.09	1:17.25	1:59.55	2:41.91
6. Kenan Cörüz	SG Albion d'ELFT	2:56.48 200300357	<b>2:47.65</b>	435	37.77	1:19.86	2:03.26	2:47.65
7. Daan Hogerhuis	SG LinK /Z&PC Katwijk	2:58.18 200300317	<b>2:48.16</b>	+0,77 431	39.14	1:22.41	2:05.61	2:48.16
8. Raphaël Booiman	ZPC Wiekslag	2:48.46 200300727	<b>2:48.76</b>	+0,65 426	37.79	1:20.89	2:05.28	2:48.76
9. Michael Smink	The Hague Swimming	(3:05.70 200302169	<b>2:52.31</b>	+0,66 400	38.28	1:22.69	2:08.36	2:52.31
10. Stefan Groen	KZV de Lansingh	3:01.51 200301179	<b>2:55.29</b>	+0,73 380	38.42	1:23.19	2:09.08	2:55.29
11. Yassine Maas	The Hague Swimming	(3:17.42 200301505	<b>2:57.10</b>	369	39.92	1:25.01	2:11.01	2:57.10
12. Tygo Korving	ZPB H&L Productions	2:54.86 200300773	<b>3:05.68</b>	+0,63 320	38.58	1:24.47	2:13.40	3:05.68
13. Brandon Groeneveld	De Geul	3:07.60 200300595	<b>3:05.92</b>	319	41.20	1:28.63	2:17.38	3:05.92
14. Albert van der Veen	De Vliet (SG)	3:16.07 200300515	<b>3:09.94</b>	+0,77 299	41.05	1:29.01	2:20.42	3:09.94
15. Quinten Nieuwenhuis	WZK	3:13.02 200304577	<b>3:12.12</b>	+0,76 289	42.20	1:30.68	2:21.11	3:12.12

**Junioren 4**

1. Sean Niewold	WVZ	2:33.01 200204699	<b>2:28.67</b>	+0,61 624	34.16	1:12.51	1:50.96	2:28.67
2. Scott Jansen	WVZ	2:37.01 200202455	<b>2:28.89</b>	+0,77 621	33.09	1:09.73	1:49.62	2:28.89
3. Guus Hoogduin	LZ 1886	2:42.43 200201069	<b>2:38.08</b>	+0,67 519	36.07	1:16.43	1:57.88	2:38.08
4. Viktor Koets	De Columbiaan	2:46.71 200201677	<b>2:38.60</b>	514	35.12	1:15.34	1:57.13	2:38.60
5. Daan Snijders	MNC Dordrecht	2:42.98 200202475	<b>2:44.97</b>	+0,69 456	36.07	1:18.54	2:01.89	2:44.97
6. Mart de Koning	Zob'66	2:48.21 200203253	<b>2:47.03</b>	+0,66 440	35.75	1:18.47	2:02.96	2:47.03
7. Jarno Verbeek	Zoetermeer	2:46.91 200200931	<b>2:47.38</b>	+0,68 437	37.07	1:21.01	2:05.37	2:47.38
8. Björn de Heus	ZV Vlaardingen-Schied	2:49.02 200201077	<b>2:49.17</b>	+0,68 423	38.35	1:21.84	2:05.73	2:49.17
9. Robin van Peenen	De Columbiaan	2:49.56 200201059	<b>2:50.39</b>	+0,78 414	37.55	1:21.11	2:05.80	2:50.39
10. Niels Dijkshoorn	ZV Westland	2:50.14 200203079	<b>2:51.30</b>	+0,68 408	37.48	1:20.61	2:06.20	2:51.30
11. Brayden Lauletta	WZK	3:08.82 200204731	<b>3:01.61</b>	342	41.01	1:26.49	2:13.05	3:01.61
NG Bas van Wieringen	De Columbiaan	2:51.66 200200119						

Programmanr. 1, Heren, 200m schoolslag

Jeugd 1 en 2

1. Quinn van den Heuvel	WVZ	2:19.39	200100297	<b>2:21.27</b>	+0,74	727	31.46	1:07.68	1:44.15	2:21.27
2. Olivier Jans	The Hague Swimming	(2:25.33	200001815	<b>2:25.15</b>	+0,77	670	32.87	1:10.02	1:47.98	2:25.15
3. J. de Roy van Zuydewij	WVZ	2:23.23	200000255	<b>2:25.16</b>	+0,74	670	32.01	1:09.06	1:47.01	2:25.16
4. Thomas Hesper	Van Vliet-Barracuda	2:30.86	200004181	<b>2:29.97</b>		607	33.34	1:10.68	1:49.55	2:29.97
5. D. van den Nieuwendijk	De Columbiaan	2:30.83	200100475	<b>2:32.32</b>	+0,62	580	33.97	1:13.24	1:52.84	2:32.32
6. Doran Paap	The Hague Swimming	(2:36.85	200000301	<b>2:35.76</b>	+0,69	616	34.39	1:13.17	1:53.53	2:35.76
7. Taro Nishimura	Rotterdam Swimming	2:42.95	200105049	<b>2:37.69</b>	+0,56	523	34.96	1:13.95	1:55.39	2:37.69
8. Tjeerd van Stein	SG LinK /Z&PC Katwijk	2:36.91	200101439	<b>2:38.38</b>	+0,72	516	35.35	1:15.27	1:56.14	2:38.38
9. K. de Kruyf Molina	The Hague Swimming	(2:41.88	200002667	<b>2:39.15</b>		508	36.16	1:17.45	1:58.21	2:39.15
10. Anne Schuurmans	WVZ	2:38.67	200003919	<b>2:40.26</b>		498	35.28	1:15.78	1:57.73	2:40.26
11. Stijn Lafontaine	The Hague Swimming	(2:40.88	200005205	<b>2:41.59</b>	+0,71	486	34.78	1:15.83	1:35.23	2:41.59
12. Rolf Bavelaar	WVZ	2:43.06	200001747	<b>2:43.37</b>	+0,72	470	35.28	1:16.35	1:59.81	2:43.37
13. Boaz Troost	Zob'66	2:53.65	200100371	<b>2:51.43</b>	+0,73	407	36.72	1:19.07	2:04.38	2:51.43
14. Boy Borreman	SG LinK /Z&PC Katwijk	2:57.87	200102751	<b>3:06.47</b>		316	43.59	1:30.82	2:18.17	3:06.47

Senioren 1 en ouder

1. Mark Baars	Rotterdam Swimming	2:20.14	198500095	<b>2:17.20</b>	+0,61	793	31.28	1:05.78	1:41.32	2:17.20
2. Ensger Kotterink	SG Albion d'ELFT	2:23.43	199403391	<b>2:19.66</b>	+0,66	752	31.43	1:07.69	1:44.72	2:19.66
3. Kevin Panoet	The Hague Swimming	(2:26.04	199307253	<b>2:21.24</b>	+0,68	727	31.25	1:07.12	1:43.81	2:21.24
4. Romero Hennep	SG Albion d'ELFT	2:23.72	199304929	<b>2:28.50</b>	+0,66	626	31.89	1:08.22	1:47.34	2:28.50
5. Paul van Grol	Widex Gzc Donk	2:29.10	199602951	<b>2:31.52</b>		589	33.06	1:11.60	1:51.74	2:31.52
6. Dave Jansen	WVZ	2:35.57	199805299	<b>2:32.96</b>	+0,58	573	34.62	1:14.43	1:54.33	2:32.96
7. Timo Dinkelberg	SG Albion d'ELFT	2:34.90	199300773	<b>2:34.99</b>	+0,66	550	34.22	1:13.78	1:54.34	2:34.99
8. Jim Geestman	Rotterdam Swimming	2:39.26	198300699	<b>2:35.01</b>	+0,81	550	34.64	1:13.54	1:53.22	2:35.01
9. David Kievit	zc De Schotelij	2:34.20	199900325	<b>2:36.32</b>	+0,76	536	34.35	1:13.64	1:54.24	2:36.32
10. Kristiaan Lenos	LZ 1886	2:34.63	198301331	<b>2:36.51</b>	+0,61	534	33.79	1:12.60	1:54.01	2:36.51
11. Kevin Kingma	KZV de Lansingh	2:36.03	199700559	<b>2:36.55</b>	+0,67	534	34.20	1:15.21	1:56.84	2:36.55
<i>*eindtijd is backup tijd</i>										
12. Rogier Dorsman	de Devel	2:36.43	199900211	<b>2:37.62</b>		934	35.42	1:15.00	1:55.59	2:37.62
13. Martijn Houweling	Van Vliet-Barracuda	2:44.30	199600893	<b>2:40.13</b>		499	35.31	1:15.07	1:56.72	2:40.13
14. Tristan Stam	Zob'66	2:38.95	199903551	<b>2:42.62</b>		476	35.70	1:16.89	1:59.30	2:42.62
15. Bart Drechsel	WZK	2:41.34	198604135	<b>2:45.43</b>	+0,70	453	35.87	1:17.23	2:00.36	2:45.43

Programmanr. 2

11-11-2017 - 10:10

Dames, 200m vlinderslag

Senioren Open

Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m		
<b>Juniores 1</b>										
1. E. van Wijngaarden	ZPB H&L Productions	3:08.81	200601020	<b>3:09.65</b>	+0,68	265	37.51	1:24.20	2:16.53	3:09.65
<b>Juniores 2</b>										
1. Jelsie van Ruijven	WVZ	2:50.93	200500282	<b>2:46.46</b>		392	36.30	1:19.44	2:02.53	2:46.46
2. Asha van Lobberegt	de Devel	3:04.89	200500088	<b>3:00.34</b>	+0,66	308	36.88	1:22.48	2:10.53	3:00.34
<b>Juniores 3</b>										
1. Lize van Stigt	SG LinK /Z&PC Katwijk	2:36.55	200401510	<b>2:43.37</b>		415	34.44	1:15.20	1:59.28	2:43.37
<i>*eindtijd is backup tijd</i>										
2. Rinske Bouman	de Devel	2:44.59	200400578	<b>2:45.48</b>		399	33.39	1:15.68	2:01.60	2:45.48
3. Nora van der Steen	SG LinK /Z&PC Katwijk	2:41.07	200403458	<b>2:46.92</b>	+0,67	389	35.00	1:15.17	1:58.34	2:46.92
4. Cheyenne Elburg	KZV de Lansingh	2:55.58	200401170	<b>3:05.05</b>		285	38.47	1:26.09	2:01.56	3:05.05
5. Jet van Oudheusden	Zob'66	3:08.04	200401012	<b>3:05.27</b>	+0,81	284	38.23	1:25.04	2:15.38	3:05.27
6. Emilie van Duijse	De Vliet (SG)	3:27.52	200400744	<b>3:23.23</b>	+0,68	215	43.12	1:33.98	2:28.45	3:23.23
DIS Fenna Herwig	ZPC Wiekslag	3:00.40	200400908							
<i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i>										

Programmanr. 2, Dames, 200m vlinderslag

Jeugd 1 en 2

1. Lotte Hosper	The Hague Swimming (:2:24.10	200201414	<b>2:19.09</b>	+0,75	672	30.64	1:05.21	1:41.36	2:19.09	
2. Tessa Giele	SG SCOM/de Zeehond":2:28.13	200203124	<b>2:27.68</b>	+0,64	561	32.59	1:10.34	1:49.45	2:27.68	
3. Maaïke Issard	The Hague Swimming (:2:28.59	200300022	<b>2:30.37</b>		532	31.87	1:10.27	1:50.38	2:30.37	
4. Christy Geurts	WVZ	2:38.90	200203734	<b>2:35.62</b>	+0,64	480	33.66	1:12.40	1:53.34	2:35.62
5. Anne Straub	Zoetermeer	2:52.54	200201402	<b>2:51.93</b>		356	35.55	1:18.55	2:05.58	2:51.93
6. Joyce van 't Hof	de Devel	2:51.12	200302122	<b>3:19.77</b>		227	35.83	1:22.82	2:21.07	3:19.77

\*eindtijd is backup tijd

Senioren 1 en 2

1. Chefanja Nunes	WVZ	2:18.99	200104750	<b>2:18.19</b>	+0,65	685	31.27	1:05.72	1:42.43	2:18.19
2. Jana Plaisier	de Devel	2:34.28	200101266	<b>2:39.12</b>	+0,79	449	33.83	1:13.84	1:55.81	2:39.12
3. Zoë van Gool	De Geul	2:46.13	200000964	<b>2:50.84</b>		362	34.55	1:17.36	2:04.55	2:50.84
4. Anne van der Zwan	The Hague Swimming (:2:50.41	200101134	<b>2:51.44</b>		359	35.13	1:17.01	2:03.02	2:51.44	

Senioren

1. Mariska Scheel	KZV de Lansingh	2:31.91	199306344	<b>2:24.68</b>		597	32.09	1:09.03	1:46.57	2:24.68
2. Angelique van Vark	Z&PC De Gouwe	2:30.72	199701478	<b>2:27.41</b>	+0,74	564	32.54	1:09.46	1:48.30	2:27.41
3. Roos van Esch	SG Albion d'ELFT	2:30.69	198200468	<b>2:34.24</b>	+0,78	493	35.73	1:14.69	1:54.45	2:34.24
4. Fenna de Groot	SG Albion d'ELFT	2:32.02	199701796	<b>2:36.58</b>		471	33.15	1:11.48	1:53.06	2:36.58
5. Jasmijn Ruijgrok	WZK	2:29.33	199401032	<b>2:39.05</b>	+0,79	449	34.15	1:14.36	1:56.48	2:39.05
6. Moniek Heemskerck	LZ 1886	2:38.94	199601964	<b>2:41.46</b>		429	35.33	1:15.95	1:57.97	2:41.46
7. Wendy de Bruin	Zob'66	2:40.80	199206320	<b>2:42.17</b>	+0,65	424	34.29	1:15.30	1:58.24	2:42.17
8. Ramona Linting	SG LinK /Z&PC Katwijk	2:42.72	198301274	<b>2:51.63</b>		357	38.19	1:20.88	2:05.04	2:51.63

Programmanr. 3  
11-11-2017 - 10:20

Heren, 50m vrije slag

Junioren 1 en ouder  
Resultaten

rang	naam	vereniging	intijd		tijd	RT
<b>Junioren 1</b>						
1.	Sem Agterdenbos	MNC Dordrecht	29.51	200500049	<b>28.77</b>	+0,70 384
2.	Menno Wieringa	KZV de Lansingh	29.14	200500927	<b>29.05</b>	+0,64 373
3.	Gabriel Been	The Hague Swimming (SG)	30.71	200501467	<b>30.59</b>	+0,74 319
4.	Conor Baker	De Columbiaan	31.34	200500991	<b>30.97</b>	+0,71 308
	Onno Roeleveld	De Columbiaan	31.53	200502775	<b>30.97</b>	308
6.	Björn Verkaik	The Hague Swimming (SG)	32.26	200500411	<b>31.10</b>	+0,62 304
7.	River Streefland	The Hague Swimming (SG)	32.99	200502253	<b>31.47</b>	293
8.	Max Bosman	The Hague Swimming (SG)	33.02	200500877	<b>31.51</b>	+0,43 292
9.	Thijs Visser	Van Vliet-Barracuda	33.02	200502129	<b>31.74</b>	+0,69 286
10.	Karel Drastich	WZK	33.56	200500167	<b>31.84</b>	+0,69 283
11.	Émile Fouzaï	The Hague Swimming (SG)	32.06	200500263	<b>31.86</b>	283
12.	Casper Hoogervorst	De Columbiaan	32.00	200500183	<b>32.11</b>	+0,67 276
13.	Coen Frkovic	ZPB H&L Productions	31.90	200502397	<b>32.21</b>	+0,71 274
14.	Lars Agterbos	PCG	32.98	200500473	<b>32.49</b>	267
15.	Dobbe Kruit	De Columbiaan	33.43	200501367	<b>32.50</b>	266
16.	Aaïke de Tender	De Geul	32.67	200502189	<b>32.96</b>	+0,67 255
17.	Sytze van Stein	SG LinK /Z&PC Katwijk	34.90	200501155	<b>33.21</b>	+0,51 250
18.	Tim van Lochem	Zoetermeer	34.00	200500077	<b>33.67</b>	240
19.	Tjomme de Tender	De Geul	34.80	200502187	<b>33.77</b>	+0,64 237
20.	Julian Kersten	The Hague Swimming (SG)	34.03	200500613	<b>33.79</b>	237
21.	Sander Gerritse	SG LinK /Z&PC Katwijk	37.57	200500189	<b>35.76</b>	+0,80 200
22.	Thijs Gulden	Zob'66	35.82	200501501	<b>35.97</b>	+0,60 196

Junioren 2

1.	Jay de Vries	de Devel	27.01	200400669	<b>26.80</b>	+0,77 475
2.	Bart Pardon	WVZ	27.29	200400639	<b>26.89</b>	+0,58 470
3.	Timo Kock	de Devel	27.25	200400387	<b>26.91</b>	+0,82 469
4.	Chris van der Hout	The Hague Swimming (SG)	29.05	200401355	<b>27.03</b>	463
5.	Julien Tanis	zc De Schotelij	28.08	200401045	<b>27.53</b>	+0,65 438
6.	Pepijn van Egmond	WVZ	28.93	200402309	<b>27.90</b>	421
7.	Abel te Riele	WVZ	27.89	200402317	<b>28.01</b>	+0,72 416
8.	Thijm Kruit	De Columbiaan	27.68	200401339	<b>28.23</b>	+0,50 406
9.	Kun Woo Kim	The Hague Swimming (SG)	28.96	200401361	<b>28.29</b>	+0,71 404
10.	Jason van den Berg	Rotterdam Swimming	28.25	200400009	<b>28.33</b>	+0,65 402
11.	Olivier Krayenbuhl	The Hague Swimming (SG)	28.45	200403215	<b>28.57</b>	392
12.	Niels van der Mast	ZPCNumansdorp	30.66	200401917	<b>28.62</b>	+0,63 390

Programmanr. 3, Jongens, 50m vrije slag, Junioren 2

rang	naam	vereniging	intijd		tijd	RT	
13.	Timo Wouters	MNC Dordrecht	28.56	200401363	<b>28.65</b>	+0,68	389
14.	Anthony Kraag	WVZ	29.33	200401973	<b>28.68</b>	+0,78	388
15.	Erik Oldenkamp	KZV de Lansingh	29.26	200400597	<b>28.75</b>	+0,79	385
16.	Max van Schagen	De Columbiaan	28.51	200402591	<b>28.78</b>	+0,62	384
17.	Thomas van Peenen	De Columbiaan	32.59	200400097	<b>29.68</b>	+0,65	350
18.	Timo Huizer	ZPC Wiekslag	30.23	200401125	<b>29.74</b>	+0,72	348
19.	Loeka Wubben	The Hague Swimming (SG)	30.97	200400307	<b>29.97</b>		340
20.	Daniel 't Mannetje	zc De Schotejil	30.80	200400183	<b>30.08</b>	+0,59	336
21.	Victor Terlouw	BZ en PC	32.38	200402073	<b>30.14</b>	+0,83	334
22.	Tim Haimé	The Hague Swimming (SG)	31.36	200403567	<b>30.40</b>		325
23.	Timon Wijsman	SG Albion d'ELFT	32.07	200403707	<b>30.45</b>	+0,63	324
24.	Sem Verberg	The Hague Swimming (SG)	30.88	200402105	<b>30.56</b>	+0,76	320
25.	Christian Kalle	zc De Schotejil	31.47	200400687	<b>30.65</b>		318
26.	Casper van Nijnatten	Rotterdam Swimming	30.89	200402559	<b>30.98</b>		307
27.	Duncan den Hartog	De Kempvis	33.32	200401889	<b>35.00</b>	+0,75	213
NG	Jens Brouwer	Zob'66	33.15	200403167			

Junioren 3

1.	Keanu Streefand	The Hague Swimming (SG)	27.91	200302445	<b>25.72</b>	+0,63	537
2.	Zev Bulk	Widex Gzc Donk	27.34	200304021	<b>26.23</b>	+0,69	507
3.	Jelle Bon	ZV Vlaardingen-Schiedam	27.01	200301077	<b>26.49</b>	+0,67	492
4.	Senna Mooldijk	De Kempvis	27.38	200301147	<b>26.94</b>	+0,70	468
5.	Milan Hamel	The Hague Swimming (SG)	27.59	200302125	<b>26.97</b>	+0,64	466
6.	Kenan Cörüz	SG Albion d'ELFT	27.81	200300357	<b>27.05</b>	+0,64	462
7.	Erik van Gemert	Poseidon'56	28.32	200300587	<b>27.21</b>	+0,74	454
8.	Perry Laarhoven	ZPCNumansdorp	28.04	200301321	<b>27.67</b>	+0,77	432
9.	Stefan Groen	KZV de Lansingh	28.59	200301179	<b>27.78</b>	+0,68	426
10.	Daan Hogerhuis	SG LinK /Z&PC Katwijk	28.04	200300317	<b>27.82</b>		425
11.	Xander Vis	zc De Schotejil	28.31	200300173	<b>27.84</b>	+0,69	424
12.	Michael Smink	The Hague Swimming (SG)	29.05	200302169	<b>28.09</b>		412
13.	Koen Pijnacker	BZ en PC	29.84	200301437	<b>28.14</b>		410
14.	Christiaan van Es	Zob'66	28.92	200304141	<b>28.24</b>	+0,69	406
15.	Maximilian Lopes Cardozo	WZK	28.10	200300665	<b>28.32</b>	+0,68	403
16.	David Jagerman	The Hague Swimming (SG)	28.60	200302127	<b>28.36</b>		401
17.	Bjarne Buijs	The Hague Swimming (SG)	29.75	200301089	<b>28.49</b>	+0,71	395
18.	Dillon van den Berg	Poseidon'56	28.43	200300023	<b>28.61</b>		390
19.	Yassine Maas	The Hague Swimming (SG)	29.05	200301505	<b>28.94</b>	+0,65	377
20.	Mark van Berkel	Van Vliet-Barracuda	28.98	200300039	<b>29.01</b>	+0,65	374
21.	Julian Stok	de Devel	29.90	200300071	<b>29.33</b>	+0,76	362
22.	Jarno Klink	De Stelle	30.00	200302067	<b>29.45</b>	+0,69	358
23.	Thimo van Beek	LZ 1886	29.36	200301347	<b>29.48</b>	+0,70	357
24.	Tijmen Lipke	The Hague Swimming (SG)	30.57	200303969	<b>29.82</b>	+0,75	345
	Maxim Noordman	The Hague Swimming (SG)	30.06	200304067	<b>29.82</b>		345
26.	Jesse Plomp	Zob'66	30.60	200304143	<b>29.92</b>	+0,64	341
27.	Hylke Bleeker	The Hague Swimming (SG)	31.60	200301771	<b>29.96</b>		340
28.	Noë Berry	LZ 1886	30.60	200303167	<b>29.97</b>		340
29.	Brandon Groeneveld	De Geul	30.64	200300595	<b>30.04</b>	+0,65	337
30.	Raphaël Booiman	ZPC Wiekslag	29.28	200300727	<b>30.07</b>	+0,65	336
31.	Tygo Korving	ZPB H&L Productions	30.26	200300773	<b>30.22</b>	+0,75	331
32.	Bas van der Linden	Rotterdam Swimming	29.39	200303235	<b>30.37</b>	+0,91	326
33.	Sven Nieuwstraten	SG Albion d'ELFT	31.09	200301681	<b>30.58</b>	+0,82	320
34.	Albert van der Veen	De Vliet (SG)	30.97	200300515	<b>30.80</b>		313
35.	Mike van Huizen	ZPCNumansdorp	31.38	200300891	<b>31.11</b>	+0,78	304
36.	Pepyn van Brakel	ZPCNumansdorp	31.69	200300877	<b>31.40</b>	+1,00	295
37.	Vendel Kalman	WZK	31.34	200304581	<b>31.64</b>		289
AFGEM	Laren Schavemaker	The Hague Swimming (SG)	31.07	200300607			

Junioren 4

1.	Sean Niewold	WVZ	24.27	200204699	<b>24.38</b>	+0,69	631
2.	Brandon van den Berg	Rotterdam Swimming	24.67	200200669	<b>24.64</b>	+0,58	611
3.	Bryan Agterdenbos	MNC Dordrecht	24.31	200200003	<b>24.70</b>	+0,76	607
4.	Nikhom Westphal	SG SCOM/de Zeehond'73	25.11	200203329	<b>24.97</b>	+0,69	587
5.	Adriaan Provó Kluit	WVZ	25.31	200204397	<b>25.25</b>	+0,74	568
6.	Scott Jansen	WVZ	26.05	200202455	<b>26.02</b>	+0,75	519
7.	Stijn den Otter	de Devel	26.77	200200225	<b>26.18</b>	+0,66	510
8.	Dylano Termoshuizen	WVZ	27.45	200202169	<b>26.27</b>	+0,73	504
9.	Jarno Verbeek	Zoetermeer	26.85	200200931	<b>26.32</b>	+0,71	501
	Glenn van Gaalen	De Kempvis	26.43	200200521	<b>26.32</b>		501
11.	Niels Dijkshoorn	ZV Westland	26.67	200203079	<b>26.45</b>	+0,69	494
12.	Viktor Koets	De Columbiaan	26.84	200201677	<b>27.00</b>	+0,66	464
13.	Lougo Gorré	ZV Vlaardingen-Schiedam	26.95	200201765	<b>27.36</b>	+0,64	446

Programmanr. 3, Jongens, 50m vrije slag, Junioren 4

rang	naam	vereniging	intijd		tijd	RT
14.	Saviel Armand	WZ010/ ACZ (Sg)	27.83	200204461	<b>27.37</b>	446
15.	Johrick Wijma	KZV de Lansingh	27.34	200204435	<b>27.45</b>	442
16.	Mart de Koning	Zob'66	27.69	200203253	<b>27.46</b>	+0,71 442
17.	Jaap Schoenmakers	ZV Vlaardingen-Schiedam	27.95	200200619	<b>27.81</b>	425
18.	Wouter Verdoes	De Columbiaan	28.35	200200351	<b>27.88</b>	+0,74 422
19.	Cas Jansen	The Hague Swimming (SG)	28.19	200203263	<b>28.06</b>	+0,65 414
20.	Robin van Peenen	De Columbiaan	28.53	200201059	<b>28.22</b>	+0,80 407
21.	Luuk van Holstein	ZV Westland	28.00	200203841	<b>28.37</b>	+0,75 400
22.	Tim Duivenvoorde	Noordwijkerhout	29.14	200200383	<b>28.43</b>	+0,68 398
23.	Daan Sniijders	MNC Dordrecht	28.75	200202475	<b>28.73</b>	+0,70 386
24.	Luc Brasz	The Hague Swimming (SG)	28.96	200200919	<b>28.82</b>	+0,63 382
25.	Victor Simons	The Hague Swimming (SG)	28.97	200203261	<b>28.83</b>	+0,78 382
26.	Mark Bom	LZ 1886	29.20	200201471	<b>28.89</b>	379
27.	Bas van Nisius	The Hague Swimming (SG)	29.68	200202107	<b>28.91</b>	378
28.	Nasreddin Ouchene	Rotterdam Swimming	30.65	200202997	<b>29.13</b>	+0,70 370
29.	Mees Blankert	ZV Westland	29.02	200203743	<b>29.26</b>	+0,83 365
30.	Figo Hulsebosch	Noordwijkerhout	29.14	200203243	<b>29.49</b>	+0,48 356
31.	Olav de Ruijter	WZ010/ ACZ (Sg)	29.31	200200067	<b>29.53</b>	355
32.	Brayden Lauletta	WZK	29.02	200204731	<b>29.57</b>	+0,69 354
NG.ZA	Jelle Koomen	Noordwijkerhout	29.71	200201137		
NG	Bas van Wieringen	De Columbiaan	25.61	200200119		

Jeugd 1 en 2

1.	Marc Botter	The Hague Swimming (SG)	24.53	200000329	<b>24.27</b>	+0,59 640
2.	Tygo van Hassel	WVZ	24.66	200101479	<b>24.65</b>	+0,68 610
3.	Jari Voogt	De Duck	25.03	200004237	<b>24.70</b>	+0,72 607
4.	Quinn van den Heuvel	WVZ	24.76	200100297	<b>24.83</b>	+0,66 597
5.	Floris de Leeuw	The Hague Swimming (SG)	27.30	200105317	<b>24.96</b>	+0,67 588
6.	Anne Schuurmans	WVZ	27.10	200003919	<b>25.05</b>	582
7.	Gerard Willighagen	Poseidon'56	25.34	200103663	<b>25.16</b>	+0,66 574
8.	Marijn in 't Veld	MNC Dordrecht	25.23	200002907	<b>25.19</b>	+0,67 572
9.	Otto Pranger	SG SCOM/de Zeehond'73	25.47	200000007	<b>25.38</b>	+0,62 559
10.	Noah Legerstee	WVZ	25.37	200003593	<b>25.45</b>	+0,64 555
11.	Jarno van Oijen	SG SCOM/de Zeehond'73	26.68	200100055	<b>25.52</b>	+0,66 550
12.	Mark de Jongh	MNC Dordrecht	25.66	200001325	<b>25.59</b>	+0,65 546
13.	Olivier Jans	The Hague Swimming (SG)	25.54	200001815	<b>25.70</b>	+0,70 539
14.	Stijn Lafontaine	The Hague Swimming (SG)	25.47	200005205	<b>25.83</b>	531
15.	Aron Paasse	zc De Schotejil	26.02	200000099	<b>25.90</b>	+0,69 526
16.	Luca Dellantonio	De Columbiaan	27.09	200002759	<b>26.07</b>	+0,69 516
17.	Sander van Beek	LZ 1886	27.08	200002917	<b>26.20</b>	+0,53 508
18.	Doran Paap	The Hague Swimming (SG)	26.78	200000301	<b>26.21</b>	+0,66 717
19.	Sander Iuga	Poseidon'56	26.03	200101389	<b>26.30</b>	+0,75 503
20.	Kilian Xavier de Kruyf Molina	The Hague Swimming (SG)	26.31	200002667	<b>26.33</b>	+0,67 501
21.	Querijn Hensen	The Hague Swimming (SG)	25.83	200102121	<b>26.39</b>	+0,53 676
22.	Jacob Mackloet	zc De Schotejil	26.86	200001171	<b>26.43</b>	+0,58 495
23.	Tjeerd van Stein	SG LinK /Z&PC Katwijk	26.92	200101439	<b>26.48</b>	+0,77 492
24.	Aidan van Gool	De Geul	26.95	200001773	<b>26.72</b>	+0,59 479
25.	Joris de Gier	Widex Gzc Donk	27.16	200103817	<b>26.89</b>	+0,66 470
26.	Luuk Kieviet	zc De Schotejil	26.80	200100469	<b>26.95</b>	+0,64 467
27.	Matin Yousufi	WVZ	27.50	200004511	<b>26.96</b>	467
28.	Thomas Hesper	Van Vliet-Barracuda	27.27	200004181	<b>27.01</b>	464
	Dylan Kalden	De Duck	27.07	200003283	<b>27.01</b>	+0,69 464
	Dylan de Wit	AZC	27.26	200100509	<b>27.01</b>	+0,75 464
31.	Rolf Bavelaar	WVZ	26.89	200001747	<b>27.07</b>	+0,68 461
32.	Jervis Boele	ZPCNumansdorp	27.57	200004141	<b>27.11</b>	+0,80 459
33.	Thomas Bordewijk	De Kempvis	27.55	200001047	<b>27.23</b>	+0,46 453
34.	Dave van den Nieuwendijk	De Columbiaan	26.50	200100475	<b>27.24</b>	+0,77 452
35.	Jasper van Oudheusden	De Duck	28.33	200102449	<b>27.30</b>	+0,52 449
36.	Gregory Abeldynov	Poseidon'56	27.10	200100827	<b>27.38</b>	+0,71 445
37.	Ignazio Nunzi	WVZ	27.68	200101803	<b>27.41</b>	444
38.	Christian van Mierlo	SG Albion d'ELFT	26.58	200103155	<b>27.42</b>	443
39.	Onno Mens	Noordwijkerhout	28.09	200004389	<b>27.64</b>	+0,57 433
40.	David Kras	de Devel	28.29	200103253	<b>27.66</b>	+0,74 432
41.	Floriaan Bulten	Poseidon'56	27.80	200002267	<b>27.73</b>	+0,70 429
42.	Boy Borreman	SG LinK /Z&PC Katwijk	27.41	200102751	<b>27.84</b>	+0,71 424
43.	Thomas Boxman	The Hague Swimming (SG)	27.26	200005203	<b>27.95</b>	+0,57 419
44.	Nino van Krimpen	ZPB H&L Productions	27.79	200004611	<b>28.33</b>	+0,82 402
45.	Boaz Troost	Zob'66	28.52	200100371	<b>28.40</b>	399
46.	Liam van Gool	De Geul	28.72	200001111	<b>28.55</b>	+0,68 393
47.	Pim Munne	Zob'66	29.31	200103563	<b>29.30</b>	+0,80 363
AFGEM	Wesley Scheepbouwer	ZPC Wiekslag	26.02	200101959		

Programmanr. 3, Heren, 50m vrije slag

Senioren 1 en ouder

1.	Jeroen Baars	Rotterdam Swimming	22.06	199200031	<b>22.36</b>	+0,61	818
2.	Ensgjer Kotterink	SG Albion d'ELFT	23.03	199403391	<b>22.76</b>	+0,63	775
3.	Mark Baars	Rotterdam Swimming	23.00	198500095	<b>23.15</b>	+0,63	737
4.	Romero Hennep	SG Albion d'ELFT	24.17	199304929	<b>23.78</b>	+0,64	680
5.	Sanjiv Gangaram Panday	WVZ	23.76	199705555	<b>23.96</b>	+0,61	665
6.	Melvin Prins	ZPC Wiekslag	24.14	199500201	<b>23.97</b>	+0,66	664
7.	Timo Dinkelberg	SG Albion d'ELFT	24.52	199300773	<b>24.44</b>	+0,63	626
8.	Daan Egberts	AZC	24.80	199502433	<b>24.51</b>	+0,69	621
9.	Martijn Dolk	Rotterdam Swimming	24.44	198900737	<b>24.53</b>	+0,72	619
10.	Jordi van der Weel	SG Albion d'ELFT	24.96	199600359	<b>24.60</b>	+0,64	614
11.	Ian Minnigh	Rotterdam Swimming	23.91	199702737	<b>24.64</b>	+0,73	611
12.	Bart Drechsel	WZK	24.95	198604135	<b>24.67</b>	+0,65	609
13.	Bram de Leeuw	The Hague Swimming (SG)	25.11	199805753	<b>24.76</b>	+0,63	602
14.	Dave Jansen	WVZ	25.48	199805299	<b>25.02</b>	+0,63	584
15.	Robin van Beek	LZ 1886	25.36	199704023	<b>25.06</b>	+0,64	581
16.	Linquendo van der Klooster	ZPB H&L Productions	25.10	199801361	<b>25.07</b>	+0,58	580
17.	Jorian Tanis	zc De Schotejil	25.15	199900327	<b>25.10</b>		578
18.	Kevin Kingma	KZV de Lansingh	24.82	199700559	<b>25.16</b>	+0,65	574
19.	Kevin Panoet	The Hague Swimming (SG)	25.74	199307253	<b>25.21</b>	+0,67	571
20.	Bert Duivenvoorde	Noordwijkerhout	26.17	199701805	<b>25.29</b>	+0,58	565
21.	Floris van der Meer	SG Albion d'ELFT	25.67	199701041	<b>25.34</b>	+0,58	562
22.	Bas Verdoes	De Columbiaan	25.37	199801487	<b>25.39</b>	+0,73	559
23.	Robin Lecomte	KZV de Lansingh	26.25	199900711	<b>25.44</b>	+0,67	555
24.	Matthew Dullemond	Rotterdam Swimming	26.92	199805005	<b>25.60</b>	+0,70	545
25.	Ryan van den Ouden	Poseidon'56	25.76	199900377	<b>25.67</b>	+0,80	540
26.	Sam Beer	ZV Strijen	25.86	199605521	<b>25.75</b>	+0,66	535
27.	Jim Geestman	Rotterdam Swimming	25.71	198300699	<b>25.79</b>	+0,63	533
28.	Kristiaan Lenos	LZ 1886	25.40	198301331	<b>25.82</b>	+0,67	531
29.	Jonathan Imang	The Hague Swimming (SG)	26.38	198906901	<b>25.88</b>	+0,65	527
30.	Remco Oskam	Widex Gzc Donk	25.79	199205583	<b>25.90</b>	+0,74	526
31.	Bob Hogendoorn	DWF	26.00	199903089	<b>25.93</b>	+0,61	524
32.	Max Muller	De Geul	25.27	199800347	<b>25.97</b>	+0,62	522
33.	Paul van Grol	Widex Gzc Donk	26.48	199602951	<b>26.24</b>	+0,63	506
34.	Bart Spaans	WZ010/ ACZ (Sg)	26.65	199902559	<b>26.27</b>	+0,57	504
35.	Alex Vermeulen	WZK	26.72	198905811	<b>26.48</b>	+0,63	492
36.	Jordy van Oel	WVZ	26.36	199802003	<b>26.69</b>	+0,70	481
37.	Roel van Grol	Widex Gzc Donk	27.06	199802277	<b>26.89</b>	+0,66	470
38.	Ben Muller	De Geul	25.84	199801281	<b>26.90</b>	+0,67	470
39.	Ian van Mullem	Zob'66	27.60	199602545	<b>27.49</b>	+0,72	440
40.	Rogier Dorsman	de Devel	26.83	199900211	<b>27.71</b>		571
41.	Peter Schelvis	SG LinK /Z&PC Katwijk	29.70	198906671	<b>29.01</b>	+0,76	374
42.	Stefan Duivenvoorden	Noordwijkerhout	36.16	199704907	<b>33.14</b>	+0,79	341
NG.ZA	Walter Jansen	De Columbiaan	25.43	199300225			
NG.ZA	Eric Verdoes	De Columbiaan	26.14	199900947			
NG.ZA	Jimmy Dukker	SG Albion d'ELFT	26.10	199703531			
AFGEM	Gijs Ruijgrok	WZK	27.25	199600863			
NG	Armand Heyder	ZV Westland	25.52	199603221			

Programmanr. 4

11-11-2017 - 10:50

Dames, 100m rugslag

Senioren Open

Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
<b>Junioren 1</b>							
1.	Jade van der Maas	WVZ	1:18.61	200600408	<b>1:16.07</b>	+0,68 446	38.34 1:16.07
2.	Megan Jonkman	The Hague Swimming (SG)	1:18.21	200600508	<b>1:19.23</b>	+0,65 395	38.85 1:19.23
3.	Estelle van Wijngaarden	ZPB H&L Productions	1:20.29	200601020	<b>1:20.07</b>	+0,63 382	39.37 1:20.07
4.	Leyla Oversluisen	zc De Schotejil	1:22.76	200602730	<b>1:20.36</b>	+0,70 378	39.42 1:20.36
5.	Noémi Oldenkamp	KZV de Lansingh	1:23.33	200600162	<b>1:24.68</b>	+0,61 323	40.84 1:24.68
6.	Fieke Hoogduin	LZ 1886	1:30.07	200600836	<b>1:24.88</b>	+0,70 321	41.33 1:24.88
DIS	Emma Suderee	MNC Dordrecht	1:32.65	200603598			

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Programmanr. 4, Dames, 100m rugslag

Junioren 2

1.	Jelsie van Ruijven	WVZ	1:13.65	200500282	<b>1:11.70</b>	+0,60	533	34.86	1:11.70
2.	Nurlaylah Kartosentiko	ZV Vlaardingen-Schiedam	1:17.71	200501256	<b>1:13.92</b>	+0,72	486	35.56	1:13.92
3.	Evelyn Liket	ZV Vlaardingen-Schiedam	1:16.31	200503118	<b>1:15.16</b>	+0,69	462	35.47	1:15.16
4.	Merel Schravendijk	The Hague Swimming (SG)	1:15.81	200503382	<b>1:15.35</b>	+0,63	459	37.56	1:15.35
5.	Milou Adriaanse	De Columbiaan	1:16.55	200500968	<b>1:16.76</b>	+0,65	434	36.95	1:16.76
6.	Marit Huisman	Van Vliet-Barracuda	1:17.25	200502620	<b>1:16.84</b>	+0,69	433	37.57	1:16.84
7.	Asha van Lobberegt	de Devel	1:15.29	200500088	<b>1:16.94</b>	+0,68	431	37.01	1:16.94
8.	Isa Maes	de Devel	1:18.31	200500110	<b>1:17.39</b>	+0,74	424	37.36	1:17.39
9.	Yente Bouwmeester	De Columbiaan	1:17.41	200500340	<b>1:17.61</b>	+0,71	420	36.95	1:17.61
10.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	1:18.58	200503292	<b>1:17.63</b>	+0,66	420	37.40	1:17.63
11.	Emma Verkuijl	Van Vliet-Barracuda	1:18.49	200500826	<b>1:17.92</b>	+0,67	415	38.27	1:17.92
12.	Madelief Mans	The Hague Swimming (SG)	1:20.46	200501260	<b>1:18.61</b>	+0,80	404	37.52	1:18.61
<i>*tussentijd is backup tijd</i>									
13.	Sophie Buurman	ZPC Wiekslag	1:21.67	200502530	<b>1:19.00</b>	+0,73	398	38.95	1:19.00
14.	Sera Emmers	WZK	1:23.16	200503264	<b>1:19.12</b>	+0,63	396	37.76	1:19.12
15.	Niké Telkamp	The Hague Swimming (SG)	1:19.83	200501088	<b>1:19.50</b>	+0,73	391	38.47	1:19.50
16.	Meira Simons	The Hague Swimming (SG)	1:20.07	200502984	<b>1:19.66</b>	+0,78	388	39.08	1:19.66
17.	Vivianne Woltes	The Hague Swimming (SG)	1:18.80	200501524	<b>1:19.97</b>	+0,69	384	39.12	1:19.97
18.	Hope van Zwol	ZV Vlaardingen-Schiedam	1:24.15	200502852	<b>1:20.01</b>	+0,73	383	38.85	1:20.01
19.	Laura Hoogenboezem	KZV de Lansingh	1:22.73	200500390	<b>1:20.41</b>	+0,72	378	39.13	1:20.41
20.	Rosa Kwaijtaal	Poseidon'56	1:19.65	200500872	<b>1:20.51</b>	+0,83	376	39.48	1:20.51
21.	Lyke Buscop	zc De Schotejil	1:21.77	200500552	<b>1:21.14</b>		368	39.32	1:21.14
<i>*tussentijd en eindtijd zijn backup tijd</i>									
22.	Jennifer de Keizer	MNC Dordrecht	1:21.94	200501054	<b>1:21.87</b>	+0,73	358	40.55	1:21.87
23.	Anne-Marie Twigt	KZV de Lansingh	1:25.06	200503290	<b>1:22.20</b>	+0,77	353	40.01	1:22.20
24.	Soscha van den Heuvel	ZPCNumansdorp	1:22.67	200500804	<b>1:24.24</b>	+0,72	328	41.64	1:24.24
25.	Daphne Keijzer	Zob'66	1:25.94	200503556	<b>1:25.83</b>	+0,69	310	42.23	1:25.83
26.	Vivien Kalman	WZK	1:26.39	200504196	<b>1:26.26</b>	+0,76	306	42.41	1:26.26
27.	Emi Schipper	Zob'66	1:28.41	200502126	<b>1:30.36</b>	+0,69	266	44.71	1:30.36

Junioren 3

1.	Anna van Droffelaar	ZV Vlaardingen-Schiedam	1:07.68	200400258	<b>1:06.49</b>	+0,62	668	32.10	1:06.49
2.	Milou van Wijk	MNC Dordrecht	1:07.97	200404948	<b>1:08.23</b>	+0,64	618	33.40	1:08.23
3.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	1:12.22	200404272	<b>1:10.68</b>	+0,80	556	34.41	1:10.68
4.	Lize van Stigt	SG LinK /Z&PC Katwijk	1:12.13	200401510	<b>1:14.14</b>	+0,63	482	36.33	1:14.14
5.	Robine Boer	De Columbiaan	1:14.70	200402180	<b>1:15.07</b>	+0,76	464	36.75	1:15.07
6.	Jenna Klein	Z&PC Alkemade	1:15.76	200400914	<b>1:15.58</b>	+0,75	455	36.79	1:15.58
7.	Fenna Herwig	ZPC Wiekslag	1:15.82	200400908	<b>1:15.63</b>	+0,76	454	37.10	1:15.63
8.	Anniko Firman	The Hague Swimming (SG)	1:18.53	200402330	<b>1:16.06</b>	+0,78	446	36.55	1:16.06
9.	Zinzi van der Maas	WVZ	1:20.40	200402028	<b>1:17.71</b>	+0,72	418	37.70	1:17.71
<i>*tussentijd is backup tijd</i>									
10.	Éléana Poilpré	The Hague Swimming (SG)	1:21.28	200404748	<b>1:17.84</b>	+0,68	416	37.52	1:17.84
11.	Cheyenne Elburg	KZV de Lansingh	1:21.01	200401170	<b>1:19.12</b>	+0,68	396	37.83	1:19.12
12.	Jet van Oudheusden	Zob'66	1:19.47	200401012	<b>1:19.27</b>	+0,79	394	38.80	1:19.27
13.	Eva Immerzeel	ZV Westland	1:19.34	200401514	<b>1:19.33</b>	+0,75	393	38.70	1:19.33
14.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	1:17.26	200402932	<b>1:19.63</b>	+0,70	389	38.77	1:19.63
15.	Nora van der Steen	SG LinK /Z&PC Katwijk	1:16.74	200403458	<b>1:19.87</b>	+0,80	385	38.69	1:19.87
16.	Mandy van der Meijden	Widex Gzc Donk	1:23.05	200402574	<b>1:21.79</b>	+0,88	359	39.45	1:21.79
DIS	Milou van Winkel	AZC	1:32.57	200402296					
<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>									

S14

Jeugd 1 en 2

1.	Britta Koehorst	KZV de Lansingh	1:04.21	200300246	<b>1:04.08</b>	+0,79	746	30.14	1:04.08
2.	Lotte Hosper	The Hague Swimming (SG)	1:04.25	200201414	<b>1:05.38</b>	+0,80	702	31.76	1:05.38
3.	Maaïke Issard	The Hague Swimming (SG)	1:05.88	200300022	<b>1:08.91</b>	+0,85	600	33.32	1:08.91
4.	Almudena Visser Velez	The Hague Swimming (SG)	1:14.49	200205904	<b>1:08.94</b>	+0,72	599	33.62	1:08.94
5.	Tessa Giele	SG SCOM/de Zeehond'73	1:08.48	200203124	<b>1:09.17</b>	+0,64	593	34.00	1:09.17
6.	Kim Rutters	De Kempvis	1:12.67	200302318	<b>1:10.35</b>	+0,78	564	33.98	1:10.35
7.	Femke Hoppenbrouwer	The Hague Swimming (SG)	1:11.17	200301124	<b>1:11.37</b>	+0,68	540	34.18	1:11.37
8.	Michelle van der Steen	ZV Vlaardingen-Schiedam	1:12.83	200300052	<b>1:11.77</b>	+0,64	531	34.91	1:11.77
9.	Julia Notenboom	De Columbiaan	1:11.26	200302596	<b>1:12.39</b>	+0,72	518	34.47	1:12.39
10.	Kim de Jong	SG LinK /Z&PC Katwijk	1:13.58	200301026	<b>1:12.55</b>	+0,65	514	35.68	1:12.55
11.	Ilse Kraaijeveld	The Hague Swimming (SG)	1:12.93	200202190	<b>1:13.29</b>	+0,67	499	35.85	1:13.29
12.	Megan de Hoog	SG SCOM/de Zeehond'73	1:10.38	200300214	<b>1:13.35</b>	+0,87	497	34.57	1:13.35
13.	Marije de Jager	SG LinK /Z&PC Katwijk	1:17.55	200301394	<b>1:13.52</b>	+0,64	494	35.89	1:13.52
14.	Tamara de Ruiters	zc De Schotejil	1:15.64	200203060	<b>1:13.74</b>	+0,80	490	36.33	1:13.74
15.	Anouk Vis	De Columbiaan	1:12.77	200203322	<b>1:14.49</b>	+0,58	475	35.67	1:14.49

Programmanr. 4, Meisjes, 100m rugslag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
16.	Ilse Schoenmaker	The Hague Swimming (SG)	1:14.18	200301470	<b>1:14.77</b>	+0,70 470	36.48	1:14.77
17.	Noria Yousufi	WVZ	1:19.91	200203082	<b>1:17.35</b>	424	37.66	1:17.35
<i>*tijden zijn backup tijden</i>								
18.	Debra de Lange	De Geul	1:19.24	200202380	<b>1:19.41</b>	+0,73 392	38.23	1:19.41
19.	Amber Kuntkes	ZPCNumansdorp	1:21.07	200202458	<b>1:20.09</b>	+0,78 382	38.02	1:20.09
AFGEM	Isabel Scheepbouwer	ZPC Wiekslag	1:15.26	200301106				

Senioren 1 en 2

1.	Chefanja Nunes	WVZ	1:03.09	200104750	<b>1:02.88</b>	+0,79 790	30.49	1:02.88
2.	Claire Verkijk	WVZ	1:04.73	200100240	<b>1:04.17</b>	+0,72 743	31.23	1:04.17
3.	Lauren van IJll	WVZ	1:07.36	200001064	<b>1:08.44</b>	+0,74 612	32.99	1:08.44
4.	Sanne Heemskerk	LZ 1886	1:08.10	200100600	<b>1:08.77</b>	+0,65 604	33.34	1:08.77
5.	Anniek de Ruiter	Widex Gzc Donk	1:11.71	200101224	<b>1:09.64</b>	+0,75 581	33.84	1:09.64
6.	Jip Veeman	The Hague Swimming (SG)	1:10.33	200106100	<b>1:09.95</b>	+0,77 574	33.74	1:09.95
7.	Elyanne Boudestein	Zoetermeer	1:11.21	200101060	<b>1:13.29</b>	+0,89 499	35.62	1:13.29
8.	Esme Wijnmaalen	PCG	1:12.85	200100298	<b>1:13.85</b>	+0,66 487	35.61	1:13.85
9.	Jasmine el Taraboulsi	WZK	1:13.85	200105788	<b>1:14.22</b>	+0,76 480	35.14	1:14.22
10.	Kirsten de Hoog	SG SCOM/de Zeehond'73	1:14.33	200000460	<b>1:15.28</b>	+0,65 460	36.61	1:15.28
11.	Nuria Boersma	WZK	1:14.93	200100906	<b>1:16.28</b>	+0,75 442	36.61	1:16.28
12.	Inge Belfor	De Columbiaan	1:16.00	200100578	<b>1:18.59</b>	+0,78 589	38.45	1:18.59
13.	Zoë van Gool	De Geul	1:17.93	200000964	<b>1:19.45</b>	+0,85 391	38.61	1:19.45
14.	Samantha Gerritse	SG LinK /Z&PC Katwijk	1:16.61	200102062	<b>1:19.58</b>	+0,73 390	38.36	1:19.58
NG.ZA	Megan van Beelen	De Columbiaan	1:10.35	200105606				
NG	Hanna Looi	de Devel	1:11.57	200006090				

Senioren

1.	Anouk van Weelden	PCG	1:06.02	199902828	<b>1:04.94</b>	+0,74 717	30.98	1:04.94
2.	Miranda Nijenhuis	De Columbiaan	1:08.18	199204076	<b>1:06.62</b>	+0,74 664	32.51	1:06.62
3.	Babette van der Kaaij	ZV Westland	1:07.56	199902234	<b>1:07.03</b>	+0,75 652	32.73	1:07.03
4.	Angeline van Vark	Z&PC De Gouwe	1:08.65	199701478	<b>1:08.83</b>	+0,75 602	33.48	1:08.83
5.	Wendy de Bruin	Zob'66	1:13.71	199206320	<b>1:14.15</b>	+0,70 482	35.94	1:14.15
6.	Karen van Dee	SG SCOM/de Zeehond'73	1:14.63	199604074	<b>1:15.46</b>	+0,70 457	36.61	1:15.46
7.	Jasmijn Ruijgrok	WZK	1:12.82	199401032	<b>1:17.32</b>	+0,79 425	36.68	1:17.32
NG	Anouke Berghuis	Van Vliet-Barracuda	1:07.56	199606132				

Programmanr. 5

Jongens, 4 x 200m vrije slag

Junioreren

11-11-2017 - 11:10

Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	WVZ	8:28.27	<b>8:29.09</b>
	Scott Jansen	02	27.34	58.95 1:30.98 2:02.04 2:02.04
	Dylano Termoshuizen	02	+0,50 29.17	1:02.83 1:35.48 2:08.71 2:08.71
	Pepijn van Egmond	04	+0,54 30.90	1:04.46 1:39.06 2:13.27 2:13.27
	Sean Niewold	02	29.08	1:02.42 1:36.87 2:05.07 2:05.07
2.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	9:00.65	<b>8:46.57</b> +0,66
	Bjarne Buijs	03	+0,66 30.64	1:04.20 1:38.85 2:12.22 2:12.22
	Michael Sminck	03	+0,49 28.92	1:03.58 1:39.80 2:13.04 2:13.04
	Bas van Nisius	02	+0,33 31.04	1:05.34 1:40.35 2:13.92 2:13.92
	Keanu Streeffland	03	+0,18 28.97	1:01.75 1:34.88 2:07.39 2:07.39
3.	De Columbiaan 1	De Columbiaan	8:50.34	<b>8:52.61</b> +0,80
	Viktor Koets	02	+0,80 28.85	1:01.25 1:34.82 2:07.72 2:07.72
	Robin van Peenen	02	+0,27 29.10	1:02.59 1:37.45 2:11.77 2:11.77
	Wouter Verdoes	02	+0,42 30.21	1:05.38 1:42.13 2:17.39 2:17.39
	Thijm Kruit	04	+0,53 31.28	1:06.39 1:42.10 2:15.73 2:15.73
4.	Rotterdam Swimming 1	Rotterdam Swimming	9:19.07	<b>9:04.81</b> +0,68
	Jason van den Berg	04	+0,68 31.00	1:05.82 1:41.73 2:17.17 2:17.17
	Luca Nguyen-tri	05	+0,22 33.47	1:10.59 1:49.23 2:27.54 2:27.54
	Wen-Ye Chen	04	+0,05 30.03	1:05.18 1:42.37 2:18.07 2:18.07
	Brandon van den Berg	02	+0,32 27.06	58.44 1:30.47 2:02.03 2:02.03
5.	zc De Schotelij 1	zc De Schotelij	9:10.70	<b>9:13.47</b> +0,68
	Julien Tanis	04	+0,68 30.04	1:03.94 1:38.15 2:12.06 2:12.06
	Xander Vis	03	+0,63 30.77	1:05.48 1:41.44 2:16.44 2:16.44
	Joep van den Hooven	02	+0,39 31.61	1:06.94 1:44.33 2:22.29 2:22.29
	Daniel 't Mannetje	04	+0,26 31.82	1:09.61 1:47.32 2:22.68 2:22.68
6.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	9:50.60	<b>9:22.68</b> +0,80
	Chris van der Hout	04	+0,80 29.39	1:03.11 1:38.70 2:13.43 2:13.43
	Maxim Noordman	03	+0,09 31.53	1:08.61 1:47.02 2:26.25 2:26.25
	Sem Verberg	04	+0,08 32.17	1:08.91 1:47.01 2:23.34 2:23.34
	Loeka Wubben	04	+0,05 31.45	1:07.27 1:43.75 2:19.66 2:19.66



Programmanr. 5, Jongens, 4 x 200m vrije slag, Junioren

rang	vereniging	intijd	tijd	RT
7.	WZK	9:56.15	<b>10:12.59</b>	+0,64
	Brayden Lauletta	02 +0,64	33.04	1:10.87
	Vendel Kalman	03 +0,51	34.89	1:15.40
	Quinten Nieuwenhuis	03	31.18	1:08.51
	Maximilian Lopes Cardozo	03		1:08.51

Programmanr. 6 Heren, 4 x 200m vrije slag Junioren 1 en ouder Resultaten

11-11-2017 - 11:25

rang	vereniging	intijd	tijd	RT	
1.	Rotterdam Swimming 2	Rotterdam Swimming	8:00.03	<b>7:55.50</b>	+0,76
	Jeroen Baars	92 +0,76	25.35	54.47	
	Jim Geestman	83 +0,37	28.54	59.95	
	Martijn Dolk	89 +0,51	27.05	57.01	
	Mark Baars	85 +0,54	26.50	55.85	
2.	SG SCOM/de Zeehond'73 1	SG SCOM/de Zeehond'73	8:08.18	<b>8:05.33</b>	+0,72
	Nikhom Westphal	02 +0,72	28.43	58.69	
	Jarno van Oijen	01 +0,49	27.59	59.26	
	Otto Pranger	00 +0,50	27.27	58.45	
	Ivo Stolk	01 +0,42	26.76	56.61	
3.	WVZ 1	WVZ	8:00.54	<b>8:06.28</b>	+0,78
	Quinn van den Heuvel	01 +0,78	27.16	57.78	
	Jordy van Oel	98 +0,30	28.21	59.28	
	Tygo van Hassel	01 +0,34	27.07	57.34	
	Anne Schuurmans	00 +0,49	27.04	56.93	
4.	zc De Schotejil 1	zc De Schotejil	8:17.37	<b>8:10.22</b>	+0,72
	Jacob Mackloet	00 +0,72	28.42	59.74	
	Jorian Tanis	99 +0,36	26.55	56.08	
	Aron Paasse	00 +0,36	27.84	59.83	
	David Kievit	99 +0,35	28.47	59.99	
5.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	8:10.42	<b>8:15.59</b>	+0,69
	Floris de Leeuw	01 +0,69	27.50	58.20	
	Marc Botter	00 +0,54	28.81	1:00.38	
	Stijn Lafontaine	00 +0,42	28.83	1:01.38	
	Olivier Jans	00 +0,41	27.86	58.58	
6.	LZ 1886 1	LZ 1886	8:33.35	<b>8:36.72</b>	+0,80
	Kristiaan Lenos	83 +0,80	28.05	58.38	
	Sander van Beek	00 +0,53	28.91	1:01.33	
	Robin van Beek	97 +0,12	27.22	57.45	
	Mark Bom	02 +0,22	30.55	1:06.45	
7.	GZC Donk 1	Widex Gzc Donk	8:36.87	<b>8:39.66</b>	+0,79
	Zev Bulk	03 +0,79	28.93	1:01.72	
	Remco Oskam	92 +0,37	28.76	1:01.32	
	Joris de Gier	01 +0,37	30.15	1:04.35	
	Paul van Grol	96 +0,45	29.16	1:01.69	
NG	ZV Westland 1	ZV Westland	8:46.37		

Programmanr. 7 Dames, 100m vrije slag Senioren Open Resultaten

11-11-2017 - 13:30

rang	naam	vereniging	intijd	tijd	RT	50m	100m
Junioren 1							
1.	Kimberly Ruiters	De Columbiaan	1:08.34	200600492	<b>1:07.65</b>	+0,71	456
2.	Leyla Oversluisen	zc De Schotejil	1:09.67	200602730	<b>1:08.59</b>	+0,69	438
3.	Estelle van Wijngaarden	ZPB H&L Productions	1:09.15	200601020	<b>1:09.06</b>	+0,77	429
4.	Jade van der Maas	WVZ	1:10.10	200600408	<b>1:09.22</b>	+0,79	426
5.	Mara Tims	Van Vliet-Barracuda	1:12.65	200601136	<b>1:12.70</b>	+0,71	367
6.	Avery Collins	The Hague Swimming (SG)	1:15.61	200603622	<b>1:13.12</b>	+0,78	361
7.	Jessica Pol	Poseidon'56	1:14.59	200600030	<b>1:13.94</b>	+0,76	349
8.	Alessia Ribeiro	WVZ	1:14.51	200601060	<b>1:14.32</b>	+0,83	344
9.	Hilda Vrijbloed	De Duck	1:15.57	200600732	<b>1:15.35</b>	+0,75	330
10.	Laura 't Lam	De Geul	1:16.01	200603376	<b>1:15.78</b>	+0,81	324
11.	Ziya Wils	Widex Gzc Donk	1:20.75	200601690	<b>1:19.01</b>		286
12.	Quinty Kersten	Zob'66	1:24.95	200601166	<b>1:22.89</b>	+0,81	248
13.	Danique van der Hoeven	MNC Dordrecht	1:29.50	200600888	<b>1:27.14</b>	+0,90	213
NG	Elydjah van der Heul	Van Vliet-Barracuda	1:09.87	200602180			

Programmanr. 7, Dames, 100m vrije slag

Junioren 2

1.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	1:05.06	200500330	<b>1:03.98</b>	+0,76	539	30.96	1:03.98
2.	Asha van Lobberegt	de Devel	1:06.23	200500088	<b>1:05.28</b>	+0,63	507	31.15	1:05.28
3.	Evelyn Liket	ZV Vlaardingen-Schiedam	1:07.10	200503118	<b>1:05.73</b>	+0,50	497	31.39	1:05.73
4.	Anastasia Romano	MNC Dordrecht	1:07.07	200501076	<b>1:06.05</b>	+0,60	490	31.15	1:06.05
5.	Jelsie van Ruijven	WVZ	1:07.18	200500282	<b>1:06.09</b>	+0,67	489	31.71	1:06.09
6.	Niké Telkamp	The Hague Swimming (SG)	1:08.16	200501088	<b>1:06.41</b>	+0,73	482	32.06	1:06.41
7.	Yente Bouwmeester	De Columbiaan	1:08.35	200500340	<b>1:07.70</b>	+0,75	455	32.78	1:07.70
8.	Britt van't Zant	Poseidon'56	1:07.50	200501170	<b>1:07.87</b>	+0,68	452	32.04	1:07.87
	Mar Stoel	De Columbiaan	1:09.54	200500520	<b>1:07.87</b>	+0,63	452	32.45	1:07.87
10.	Vivianne Woltjes	The Hague Swimming (SG)	1:08.49	200501524	<b>1:08.38</b>	+0,75	442	32.57	1:08.38
11.	Merel Schravendijk	The Hague Swimming (SG)	1:12.56	200503382	<b>1:08.49</b>	+0,72	439	33.06	1:08.49
12.	Laura Hoogenboezem	KZV de Lansingh	1:08.93	200500390	<b>1:08.50</b>	+0,77	439	33.17	1:08.50
13.	Emma Verkuijl	Van Vliet-Barracuda	1:10.32	200500826	<b>1:08.91</b>	+0,72	431	33.39	1:08.91
14.	Isa Maes	de Devel	1:08.24	200500110	<b>1:08.96</b>		430	33.08	1:08.96
15.	Elise Vink	De Columbiaan	1:10.68	200502588	<b>1:09.18</b>		426	32.86	1:09.18
16.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	1:11.12	200503292	<b>1:09.19</b>	+0,80	426	33.41	1:09.19
17.	Hope van Zwol	ZV Vlaardingen-Schiedam	1:09.92	200502852	<b>1:09.31</b>	+0,56	424	33.38	1:09.31
18.	Soscha van den Heuvel	ZPCNumansdorp	1:09.74	200500804	<b>1:09.34</b>	+0,78	423	32.84	1:09.34
19.	Marit Huisman	Van Vliet-Barracuda	1:10.17	200502620	<b>1:09.46</b>	+0,81	421	33.36	1:09.46
20.	Rosa Kwaijtaal	Poseidon'56	1:10.79	200500872	<b>1:10.09</b>	+0,77	410	34.08	1:10.09
21.	Jennifer de Keizer	MNC Dordrecht	1:09.42	200501054	<b>1:10.10</b>	+0,74	410	34.39	1:10.10
22.	Lyke Buscop	zc De Schotejil	1:10.55	200500552	<b>1:10.32</b>	+0,67	406	33.78	1:10.32
23.	Maxiemme van der Kaaij	AZC	1:12.94	200502944	<b>1:10.87</b>	+0,82	397	33.83	1:10.87
24.	Felicia Adema	SG Albion d'ELFT	1:12.27	200501310	<b>1:10.96</b>	+0,75	395	33.48	1:10.96
25.	Aisha Nobels	zc De Schotejil	1:10.18	200501710	<b>1:11.34</b>	+0,59	389	35.02	1:11.34
	Milou Demirel	The Hague Swimming (SG)	1:14.58	200501254	<b>1:11.34</b>	+0,70	389	34.31	1:11.34
27.	Milou Adriaanse	De Columbiaan	1:09.15	200500968	<b>1:11.47</b>	+0,75	387	35.18	1:11.47
28.	Madelief Mans	The Hague Swimming (SG)	1:13.36	200501260	<b>1:11.66</b>	+0,91	384	35.14	1:11.66
29.	Sera Emmers	WZK	1:12.07	200503264	<b>1:11.95</b>		379	33.88	1:11.95
30.	Sophie Buurman	ZPC Wiekslag	1:11.04	200502530	<b>1:12.06</b>		377	35.12	1:12.06
31.	Meira Simons	The Hague Swimming (SG)	1:12.99	200502984	<b>1:13.24</b>	+0,78	359	35.29	1:13.24
32.	Eva Kerdel	WZK	1:14.25	200500930	<b>1:13.59</b>	+0,86	354	34.55	1:13.59
33.	Daphne van Tilburg	De Geul	1:15.18	200500580	<b>1:14.56</b>	+0,65	341	34.33	1:14.56
34.	Tamara de Gier	Widex Gzc Donk	1:19.81	200502686	<b>1:19.34</b>	+0,74	283	37.79	1:19.34
DIS	Felicia Bosse	WZK	1:17.07	200504468	<b>1:15.56</b>	+0,72		35.94	1:15.56

AA - Gestart voor het startsignaal (en wel gezwommen).

NG Iris de Rouw ZPB H&L Productions 1:14.90 200501826

Junioren 3

1.	Anna van Droffelaar	ZV Vlaardingen-Schiedam	58.80	200400258	<b>1:00.14</b>	+0,64	649	28.48	1:00.14
2.	Milou van Wijk	MNC Dordrecht	1:02.35	200404948	<b>1:01.53</b>	+0,68	606	29.94	1:01.53
3.	Rinske Bouman	de Devel	1:02.89	200400578	<b>1:02.59</b>	+0,67	576	30.48	1:02.59
4.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	1:02.32	200404272	<b>1:02.82</b>	+0,79	569	30.06	1:02.82
5.	Isis Naaktgeboren	de Devel	1:03.86	200403914	<b>1:03.06</b>	+0,80	563	30.74	1:03.06
6.	Daniëlle Vis	De Columbiaan	1:04.00	200401044	<b>1:04.40</b>	+0,74	529	31.15	1:04.40
7.	Anique Star	De Columbiaan	1:07.26	200400446	<b>1:05.89</b>	+0,57	494	31.72	1:05.89
8.	Nora van der Steen	SG LinK /Z&PC Katwijk	1:04.18	200403458	<b>1:06.15</b>	+0,72	488	32.02	1:06.15
9.	Fenna Herwig	ZPC Wiekslag	1:06.60	200400908	<b>1:06.37</b>	+0,76	483	32.09	1:06.37
10.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	1:06.42	200402932	<b>1:07.20</b>	+0,69	465	32.85	1:07.20
11.	Anniko Firman	The Hague Swimming (SG)	1:08.85	200402330	<b>1:07.29</b>	+0,66	463	31.24	1:07.29
12.	Lara Hoeksema	The Hague Swimming (SG)	1:12.84	200400514	<b>1:07.31</b>	+0,76	463	32.08	1:07.31
13.	Fiona Moerman	The Hague Swimming (SG)	1:07.53	200401668	<b>1:07.32</b>	+0,68	463	31.85	1:07.32
14.	Mandy van der Meijden	Widex Gzc Donk	1:06.94	200402574	<b>1:07.33</b>	+0,68	463	32.15	1:07.33
15.	Phaedra Meijer	zc De Schotejil	1:06.91	200401354	<b>1:07.41</b>	+0,77	461	33.35	1:07.41
16.	Lize van Stigt	SG LinK /Z&PC Katwijk	1:06.11	200401510	<b>1:07.85</b>	+0,59	452	32.25	1:07.85
17.	Jenna Klein	Z&PC Alkemade	1:07.08	200400914	<b>1:07.96</b>	+0,81	450	32.27	1:07.96
18.	M. van 't Walderveen	Zoetermeer	1:10.11	200400902	<b>1:08.22</b>	+0,78	445	32.86	1:08.22
19.	Cheyenne Elburg	KZV de Lansingh	1:09.69	200401170	<b>1:08.38</b>	+0,72	442	33.31	1:08.38
20.	Tessa Poot	ZV Vlaardingen-Schiedam	1:08.29	200404264	<b>1:09.51</b>	+0,69	420	33.45	1:09.51
21.	Jade Geurts	De Watervogels	1:11.79	200402278	<b>1:09.86</b>	+0,62	414	33.05	1:09.86
22.	Juliette Boon	de Devel	1:10.19	200401908	<b>1:10.22</b>	+0,74	408	32.93	1:10.22
23.	Carmen Lems	KZV de Lansingh	1:10.13	200402632	<b>1:10.74</b>	+0,79	399	34.02	1:10.74
24.	Zinzi van der Maas	WVZ	1:10.80	200402028	<b>1:11.21</b>	+0,81	391	34.66	1:11.21
25.	Jet van Oudheusden	Zob'66	1:11.31	200401012	<b>1:11.43</b>	+0,60	387	33.98	1:11.43
26.	Feija de Bruin	WVZ	1:11.01	200400106	<b>1:11.68</b>	+0,67	562	34.73	1:11.68
27.	Robine Boer	De Columbiaan	1:07.92	200402180	<b>1:11.87</b>	+0,69	380	34.08	1:11.87
28.	Feline Jonkers	Poseidon'56	1:12.20	200401160	<b>1:12.00</b>	+0,69	378	34.66	1:12.00
29.	Jaimy Gielis	SG LinK /Z&PC Katwijk	1:15.91	200402120	<b>1:12.58</b>	+0,66	369	35.15	1:12.58
30.	Lotte van der Maas	Zob'66	1:13.33	200402376	<b>1:12.63</b>	+0,83	368	33.90	1:12.63
31.	Quinty Huisman	Rotterdam Swimming	1:12.56	200401184	<b>1:13.07</b>	+0,68	362	35.66	1:13.07

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Programmanr. 7, Meisjes, 100m vrije slag, Junioren 3

rang	naam	vereniging	intijd		tijd	RT	50m	100m
32.	Beatrice Lupi	WVZ	1:11.43	200405612	<b>1:13.09</b>	+0,76 362	34.28	1:13.09
33.	Eva Immerzeel	ZV Westland	1:12.68	200401514	<b>1:13.11</b>	+0,75 361	35.00	1:13.11
34.	Melanie Marinus-Cruz	WVZ	1:14.46	200404702	<b>1:14.95</b>	+0,72 335	35.71	1:14.95
35.	Milou van Winkel	AZC	1:19.45	200402296	<b>1:18.01</b>	+0,77 440	36.83	1:18.01
AFGEM	Lauren Johnson	WZK	1:14.87	200405642				

Jeugd 1 en 2

1.	Britta Koehorst	KZV de Lansingh	56.86	200300246	<b>56.71</b>	+0,69 774	27.39	56.71
2.	Christy Geurts	WVZ	58.58	200203734	<b>58.44</b>	707	28.50	58.44
3.	Lotte Hosper	The Hague Swimming (SG)	58.49	200201414	<b>58.47</b>	+0,72 706	28.18	58.47
4.	Femke Hoppenbrouwer	The Hague Swimming (SG)	1:00.21	200301124	<b>59.79</b>	+0,77 661	28.65	59.79
5.	Tessa Giele	SG SCOM/de Zeehond'73	1:01.62	200203124	<b>1:00.06</b>	652	28.99	1:00.06
6.	Maaïke Broersma	BZ en PC	1:00.94	200201522	<b>1:00.73</b>	+0,68 630	28.47	1:00.73
7.	Ilse Kraaijeveld	The Hague Swimming (SG)	1:00.05	200202190	<b>1:00.95</b>	+0,61 624	29.50	1:00.95
8.	Maaïke Issard	The Hague Swimming (SG)	1:00.16	200300022	<b>1:01.17</b>	+0,80 617	29.38	1:01.17
9.	Almudena Visser Velez	The Hague Swimming (SG)	1:03.54	200205904	<b>1:01.96</b>	+0,68 594	30.06	1:01.96
10.	Grace Anderson	WVZ	1:03.20	200200578	<b>1:02.84</b>	+0,72 569	30.73	1:02.84
11.	Megan de Hoog	SG SCOM/de Zeehond'73	1:02.93	200300214	<b>1:03.00</b>	+0,77 565	30.26	1:03.00
12.	Rozemarijn van Haaff	Zob'66	1:03.85	200201852	<b>1:03.28</b>	557	30.28	1:03.28
13.	Suzanne Dorsman	SG Albion d'ELFT	1:05.97	200303314	<b>1:03.31</b>	+0,67 556	30.22	1:03.31
14.	Lieske Zijlstra	zc De Schotejil	1:03.77	200200996	<b>1:03.36</b>	+0,79 555	30.84	1:03.36
15.	Lotte Tillema	zc De Schotejil	1:04.58	200200692	<b>1:03.45</b>	+0,75 553	30.34	1:03.45
16.	Isa Boom	MNC Dordrecht	1:02.48	200200186	<b>1:03.47</b>	+0,70 552	30.17	1:03.47
17.	Amy van Leersum	Poseidon'56	1:03.44	200200300	<b>1:03.52</b>	+0,70 551	30.28	1:03.52
18.	Amber Hesper	Van Vliet-Barracuda	1:05.45	200202188	<b>1:03.61</b>	+0,76 549	30.65	1:03.61
19.	Sanne Vermeulen	The Hague Swimming (SG)	1:04.43	200303902	<b>1:04.11</b>	+0,82 536	30.45	1:04.11
20.	Marbel Diderik	De Columbiaan	1:04.38	200205752	<b>1:04.17</b>	+0,65 534	30.75	1:04.17
21.	Joyce van 't Hof	de Devel	1:05.60	200302122	<b>1:04.35</b>	+0,57 530	30.93	1:04.35
22.	Anouk Vis	De Columbiaan	1:05.02	200203322	<b>1:04.44</b>	+0,76 528	30.84	1:04.44
23.	Britt Steunenberg	The Hague Swimming (SG)	1:03.80	200302588	<b>1:04.45</b>	+0,69 527	30.25	1:04.45
24.	Kim de Jong	SG LinK /Z&PC Katwijk	1:02.52	200301026	<b>1:04.53</b>	525	31.42	1:04.53
25.	Wendy ten Wolde	ZPC Wiekslag	1:04.73	200302658	<b>1:04.57</b>	+0,76 524	31.35	1:04.57
26.	Britt van Bommel	De Columbiaan	1:04.31	200301982	<b>1:04.74</b>	+0,78 520	31.16	1:04.74
27.	Michelle van der Steen	ZV Vlaardingen-Schiedam	1:03.72	200300052	<b>1:04.79</b>	+0,59 519	30.94	1:04.79
28.	Sanne van Ruijven	WVZ	1:03.47	200201120	<b>1:05.03</b>	+0,78 513	31.88	1:05.03
29.	Lara Idsinga	de Devel	1:04.30	200200678	<b>1:05.12</b>	+0,75 511	32.11	1:05.12
30.	Ilse Schoenmaker	The Hague Swimming (SG)	1:04.49	200301470	<b>1:05.32</b>	+0,68 507	31.36	1:05.32
31.	Tamara de Ruiter	zc De Schotejil	1:05.43	200203060	<b>1:05.45</b>	+0,76 504	31.79	1:05.45
32.	Esther Reinders	KZV de Lansingh	1:05.79	200301798	<b>1:05.70</b>	+0,68 498	31.48	1:05.70
33.	Nienke Mierop	zc De Schotejil	1:06.07	200203294	<b>1:05.71</b>	+0,73 498	31.35	1:05.71
34.	Julia Notenboom	De Columbiaan	1:05.40	200302596	<b>1:05.84</b>	+0,72 495	31.38	1:05.84
35.	Marije de Jager	SG LinK /Z&PC Katwijk	1:05.65	200301394	<b>1:05.93</b>	+0,69 493	31.73	1:05.93
36.	Sara Claps	The Hague Swimming (SG)	1:06.90	200205916	<b>1:06.22</b>	+0,70 486	31.76	1:06.22
37.	Noria Yousufi	WVZ	1:05.90	200203082	<b>1:06.23</b>	+0,73 486	31.81	1:06.23
38.	Anne Straub	Zoetermeer	1:05.27	200201402	<b>1:06.35</b>	+0,74 483	31.90	1:06.35
39.	Susan van Grol	Widex Gzc Donk	1:04.37	200201344	<b>1:06.42</b>	+0,70 482	31.79	1:06.42
40.	Amy Koelman	De Columbiaan	1:04.84	200300922	<b>1:06.83</b>	+0,74 473	32.19	1:06.83
41.	Susanne Roeleveld	WVZ	1:07.66	200203266	<b>1:06.88</b>	+0,81 472	32.17	1:06.88
42.	Faustine Mussig	De Geul	1:07.71	200202080	<b>1:07.23</b>	+0,78 465	32.07	1:07.23
43.	Reese Lauletta	WZK	1:07.65	200305290	<b>1:07.26</b>	+0,78 464	31.67	1:07.26
44.	Mara Bosman	The Hague Swimming (SG)	1:09.29	200303048	<b>1:07.41</b>	+0,59 461	32.17	1:07.41
45.	Debra de Lange	De Geul	1:08.22	200202380	<b>1:07.75</b>	+0,70 454	32.75	1:07.75
46.	Julia de Heide	KZV de Lansingh	1:08.73	200302934	<b>1:09.41</b>	+0,62 422	33.08	1:09.41
47.	Mirée de Vette	ZPCNumansdorp	1:11.79	200301218	<b>1:10.70</b>	+0,72 399	33.40	1:10.70
48.	Amber Kuntkes	ZPCNumansdorp	1:11.69	200202458	<b>1:11.09</b>	+0,72 393	33.94	1:11.09

Senioren 1 en 2

1.	Chefanja Nunes	WVZ	57.13	200104750	<b>57.34</b>	+0,65 749	27.58	57.34
2.	Lynn Blommers	AZC	58.96	200105062	<b>58.78</b>	+0,58 695	28.39	58.78
3.	Inge Vieveen	WVZ	58.43	200100024	<b>58.84</b>	+0,77 693	28.31	58.84
4.	Sam IJzerman	De Geul	59.56	200101204	<b>59.47</b>	+0,71 671	28.69	59.47
5.	Sanne Heemskerk	LZ 1886	59.59	200100600	<b>1:00.43</b>	+0,72 640	28.91	1:00.43
6.	Megan van Beelen	De Columbiaan	59.85	200105606	<b>1:00.50</b>	+0,75 638	28.85	1:00.50
	Rosey Metz	WVZ	1:00.47	200101786	<b>1:00.50</b>	+0,79 638	29.08	1:00.50
8.	Marlinde Beukers	WVZ	1:02.27	200101934	<b>1:01.49</b>	+0,70 607	29.46	1:01.49
9.	Anniek de Ruiter	Widex Gzc Donk	1:02.72	200101224	<b>1:01.71</b>	+0,77 601	30.09	1:01.71
10.	Sanne Busch	MNC Dordrecht	1:01.14	200101486	<b>1:02.20</b>	+0,72 587	29.11	1:02.20
11.	Esmée Roodenburg	De Geul	1:02.52	200100040	<b>1:02.64</b>	+0,67 574	30.10	1:02.64
12.	Iris van den Berg	SG Albion d'ELFT	1:04.74	200103782	<b>1:02.69</b>	+0,70 573	30.23	1:02.69
13.	S. van den Dobbelssteen	The Hague Swimming (SG)	1:02.96	200100904	<b>1:03.00</b>	+0,67 565	30.33	1:03.00

Programmanr. 7, Dames, 100m vrije slag, Senioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
14.	Sanne Hobé	Poseidon'56	1:02.62	200000826	<b>1:03.18</b>	+0,73 560	30.37	1:03.18
15.	Ana Nusa Versnik	The Hague Swimming (SG)	1:02.88	200003496	<b>1:03.26</b>	+0,73 558	29.91	1:03.26
16.	Laila Kuipers	BZ en PC	1:06.64	200003124	<b>1:03.67</b>	+0,83 547	30.56	1:03.67
17.	Jana Plaisier	de Devel	1:03.14	200101266	<b>1:03.71</b>	+0,76 546	30.76	1:03.71
18.	Robin Pienaar	Van Vliet-Barracuda	1:03.32	200102236	<b>1:03.79</b>	+0,79 544	31.46	1:03.79
19.	Anouk de Vreede	The Hague Swimming (SG)	1:05.21	200100130	<b>1:04.12</b>	+0,72 536	30.70	1:04.12
20.	Jessica Baars	The Hague Swimming (SG)	1:06.66	200101966	<b>1:04.14</b>	+0,84 535	30.67	1:04.14
21.	Lisa Pijlman	De Kempvis	1:02.93	200103004	<b>1:04.25</b>	+0,68 532	30.78	1:04.25
22.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	1:03.61	200000994	<b>1:04.33</b>	+0,71 530	30.85	1:04.33
23.	Samantha Gerritse	SG LinK /Z&PC Katwijk	1:05.90	200102062	<b>1:04.41</b>	528	31.12	1:04.41
24.	Iris van Berkel	Van Vliet-Barracuda	1:04.97	200000476	<b>1:04.90</b>	+0,78 516	31.13	1:04.90
25.	Elyanne Boudestein	Zoetermeer	1:03.70	200101060	<b>1:05.08</b>	+0,77 512	31.01	1:05.08
26.	Celina von Berg	ZV Westland	1:04.40	200002596	<b>1:05.20</b>	+0,74 509	31.24	1:05.20
	Esmee Wijnmaalen	PCG	1:05.66	200100298	<b>1:05.20</b>	+0,75 509	31.04	1:05.20
28.	Nuria Boersma	WZK	1:05.04	200100906	<b>1:06.00</b>	+0,80 491	31.38	1:06.00
29.	Jasmine el Taraboulsi	WZK	1:04.94	200105788	<b>1:06.40</b>	482	31.14	1:06.40
30.	Eline Duynisveld	WVZ	1:06.61	200103958	<b>1:06.51</b>	+0,43 480	31.37	1:06.51
31.	Kirsten de Hoog	SG SCOM/de Zeehond'73	1:05.84	200000460	<b>1:06.63</b>	+0,76 477	31.86	1:06.63
32.	Lisanne Dijkman	Zoetermeer	1:06.74	200102676	<b>1:06.87</b>	+0,73 472	31.71	1:06.87
33.	Anne van der Zwan	The Hague Swimming (SG)	1:06.66	200101134	<b>1:07.50</b>	+0,68 459	31.63	1:07.50
34.	Kayra Deger	MNC Dordrecht	1:05.98	200003890	<b>1:07.76</b>	454	32.91	1:07.76
35.	Kirana Hoogenbosch	De Geul	1:06.77	200003428	<b>1:07.92</b>	+0,61 451	31.99	1:07.92
36.	Inge Belfor	De Columbiaan	1:06.84	200100578	<b>1:08.30</b>	+0,72 650	32.59	1:08.30
37.	Shanti van Kan	Poseidon'56	1:08.10	200102446	<b>1:08.78</b>	+0,78 434	33.24	1:08.78
38.	Jonne Moleman	SG LinK /Z&PC Katwijk	1:09.24	200006264	<b>1:09.63</b>	+0,90 614	33.38	1:09.63
NG	Hanna Looi	de Devel	1:04.48	200006090				

Senioren

1.	Elinore de Jong	The Hague Swimming (SG)	54.00	198902072	<b>56.51</b>	+0,68 782	26.77	56.51
2.	Sterre Keller	The Hague Swimming (SG)	58.51	199904142	<b>58.91</b>	+0,78 691	28.13	58.91
3.	Anouk van Weelden	PCG	59.70	199902828	<b>59.09</b>	+0,77 684	28.44	59.09
4.	Angelique van Vark	Z&PC De Gouwe	59.76	199701478	<b>59.24</b>	+0,57 679	28.66	59.24
5.	Mariska Scheel	KZV de Lansingh	1:00.29	199306344	<b>59.61</b>	+0,77 667	28.75	59.61
6.	Annemarie Meijer	SG SCOM/de Zeehond'73	1:01.38	199900964	<b>1:01.63</b>	603	29.62	1:01.63
7.	Anke Lambooi	De Vliet (SG)	1:01.82	198001182	<b>1:01.83</b>	+0,73 597	29.42	1:01.83
8.	Miranda Nijenhuis	De Columbiaan	1:01.13	199204076	<b>1:02.45</b>	+0,76 580	29.29	1:02.45
9.	Tessa Brijgoms	MNC Dordrecht	1:02.83	199801322	<b>1:02.91</b>	+0,71 567	30.86	1:02.91
10.	Babette van der Kaaij	ZV Westland	1:01.29	199902234	<b>1:02.95</b>	+0,74 566	30.32	1:02.95
11.	Lotte Middelbos	zc De Schotejil	1:02.27	199900680	<b>1:03.04</b>	+0,75 564	30.18	1:03.04
12.	Wendy de Bruin	Zob'66	1:02.12	199206320	<b>1:03.13</b>	+0,64 561	30.02	1:03.13
13.	Lincy de Winter	The Hague Swimming (SG)	1:02.66	199805886	<b>1:03.70</b>	+0,71 546	30.33	1:03.70
14.	Jasmijn Ruijgrok	WZK	1:03.23	199401032	<b>1:03.77</b>	+0,75 544	30.72	1:03.77
15.	A. Erenstein-Huijsman	KZV de Lansingh	1:03.84	198801932	<b>1:03.82</b>	+0,74 543	30.35	1:03.82
16.	Aylin van Uffelen	ZPB H&L Productions	1:04.83	199600352	<b>1:04.79</b>	+0,69 519	31.36	1:04.79
	Inge van der Hoek	The Hague Swimming (SG)	1:05.12	199204034	<b>1:04.79</b>	+0,68 519	30.94	1:04.79
18.	Karen van Dee	SG SCOM/de Zeehond'73	1:04.86	199604074	<b>1:05.14</b>	+0,81 511	30.83	1:05.14
19.	Nikita Herwig	ZPC Wiekslag	1:05.38	199903552	<b>1:05.39</b>	+0,79 505	31.24	1:05.39
20.	Alisha Vieira	ZPB H&L Productions	1:02.91	199904554	<b>1:05.83</b>	+0,68 495	30.78	1:05.83
21.	Chantal van der Vaart	ZV Vlaardingen-Schiedam	1:05.99	199802266	<b>1:05.91</b>	+0,80 493	31.81	1:05.91
22.	Moniek Heemskerk	LZ 1886	1:04.24	199601964	<b>1:06.08</b>	+0,75 489	31.88	1:06.08
23.	Gaetane Demyttenaere	The Hague Swimming (SG)	1:03.02	199905018	<b>1:06.40</b>	+0,78 482	31.76	1:06.40
NG	Cheyenne Visser	ZPC Wiekslag	1:02.21	199802318				

Programmanr. 8  
11-11-2017 - 14:10

Heren, 400m wisselslag

Junioren 1 en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
<b>Junioren 1</b>								
1.	Gabriel Been	The Hague Swimming (SG)	6:11.19	200501467	<b>5:44.95</b>	+0,75	353	
	50m: 34.99	34.99	150m: 2:03.37	45.93	250m: 3:37.87	50.45	350m: 5:08.45	39.11
	100m: 1:17.44	42.45	200m: 2:47.42	44.05	300m: 4:29.34	51.47	400m: 5:44.95	36.50
2.	Björn Verkaik	The Hague Swimming (SG)	5:52.67	200500411	<b>5:49.27</b>	+0,64	340	
	50m: 37.45	37.45	150m: 2:09.03	45.24	250m: 3:41.66	50.31	350m: 5:11.91	39.76
	100m: 1:23.79	46.34	200m: 2:51.35	42.32	300m: 4:32.15	50.49	400m: 5:49.27	37.36

Programmanr. 8, Heren, 400m wisselslag

Junioren 2

1.	Timo Kock	de Devel	5:36.53	200400387	<b>5:11.16</b>	+0,74	481	
	50m: 33.98	33.98	150m: 1:55.16	41.69	250m: 3:19.44	44.34	350m: 4:38.83	35.13
	100m: 1:13.47	39.49	200m: 2:35.10	39.94	300m: 4:03.70	44.26	400m: 5:11.16	32.33
2.	Nathan Janssen	MNC Dordrecht	5:42.61	200401565	<b>5:18.72</b>	+0,68	448	
	50m: 35.06	35.06	150m: 1:59.10	44.00	250m: 3:25.53	45.35	350m: 4:45.78	35.82
	100m: 1:15.10	40.04	200m: 2:40.18	41.08	300m: 4:09.96	44.43	400m: 5:18.72	32.94
3.	Jason van den Berg	Rotterdam Swimming	5:37.03	200400009	<b>5:18.84</b>	+0,68	447	
	50m: 34.73	34.73	150m: 1:59.14	41.82	250m: 3:22.88	43.46	350m: 4:44.55	36.67
	100m: 1:17.32	42.59	200m: 2:39.42	40.28	300m: 4:07.88	45.00	400m: 5:18.84	34.29
4.	Erik Oldenkamp	KZV de Lansingh	5:35.93	200400597	<b>5:22.63</b>	+0,75	432	
	50m: 33.73	33.73	150m: 1:56.97	42.14	250m: 3:23.43	44.93	350m: 4:46.89	37.75
	100m: 1:14.83	41.10	200m: 2:38.50	41.53	300m: 4:09.14	45.71	400m: 5:22.63	35.74
5.	Chris van der Hout	The Hague Swimming (SG)	5:51.44	200401355	<b>5:25.69</b>		420	
	50m: 33.24	33.24	150m: 1:53.59	40.14	250m: 3:23.15	50.12	350m: 4:50.99	36.91
	100m: 1:13.45	40.21	200m: 2:33.03	39.44	300m: 4:14.08	50.93	400m: 5:25.69	34.70
6.	Wen-Ye Chen	Rotterdam Swimming	5:49.99	200402859	<b>5:26.25</b>	+0,64	418	
	50m: 35.21	35.21	150m: 2:00.32	43.69	250m: 3:26.81	44.25	350m: 4:50.48	38.10
	100m: 1:16.63	41.42	200m: 2:42.56	42.24	300m: 4:12.38	45.57	400m: 5:26.25	35.77
7.	Max van Schagen	De Columbiaan	5:53.64	200402591	<b>5:36.61</b>	+0,73	380	
	50m: 38.34	38.34	150m: 2:06.19	43.93	250m: 3:36.10	47.90	350m: 5:02.67	38.44
	100m: 1:22.26	43.92	200m: 2:48.20	42.01	300m: 4:24.23	48.13	400m: 5:36.61	33.94
8.	Loeka Wubben	The Hague Swimming (SG)	6:14.25	200400307	<b>5:38.23</b>	+0,72	375	
	50m: 36.51	36.51	150m: 2:02.32	41.46	250m: 3:32.85	50.01	350m: 5:01.89	38.38
	100m: 1:20.86	44.35	200m: 2:42.84	40.52	300m: 4:23.51	50.66	400m: 5:38.23	36.34
9.	Timo Huizer	ZPC Wiekslag	5:57.67	200401125	<b>5:41.98</b>	+0,73	363	
	50m: 34.14	34.14	150m: 2:00.09	44.35	250m: 3:33.49	50.35	350m: 5:04.20	39.60
	100m: 1:15.74	41.60	200m: 2:43.14	43.05	300m: 4:24.60	51.11	400m: 5:41.98	37.78
10.	Sem Verberg	The Hague Swimming (SG)	6:13.04	200402105	<b>5:48.85</b>	+0,77	342	
	50m: 38.15	38.15	150m: 2:10.35	42.84	250m: 3:42.38	49.31	350m: 5:12.17	39.62
	100m: 1:27.51	49.36	200m: 2:53.07	42.72	300m: 4:32.55	50.17	400m: 5:48.85	36.68
11.	Milan Masselink	The Hague Swimming (SG)	6:08.12	200402165	<b>5:51.61</b>	+0,58	334	
	50m: 39.26	39.26	150m: 2:09.64	44.34	250m: 3:40.98	47.95	350m: 5:11.50	42.08
	100m: 1:25.30	46.04	200m: 2:53.03	43.39	300m: 4:29.42	48.44	400m: 5:51.61	40.11
12.	Olivier Krayenbuhl	The Hague Swimming (SG)	5:50.03	200403215	<b>5:53.91</b>	+0,83	327	
	<i>*150m en 350m tijd zijn backup tijd</i>							
	50m: 32.63	32.63	150m: 1:56.01	44.42	250m: 3:32.20	53.29	350m: 5:10.26	43.05
	100m: 1:11.59	38.96	200m: 2:38.91	42.90	300m: 4:27.21	55.01	400m: 5:53.91	43.65
13.	Christian Kalle	zc De Schotelij	6:24.04	200400687	<b>5:57.94</b>		316	
	50m: 37.61	37.61	150m: 2:10.72	47.68	250m: 3:50.08	54.06	350m: 5:21.80	38.59
	100m: 1:23.04	45.43	200m: 2:56.02	45.30	300m: 4:43.21	53.13	400m: 5:57.94	36.14
14.	Arthur Bondartsov	de Devel	6:03.41	200403231	<b>6:05.35</b>	+0,77	297	
	50m: 39.22	39.22	150m: 2:16.53	47.42	250m: 3:54.11	50.84	350m: 5:27.72	40.31
	100m: 1:29.11	49.89	200m: 3:03.27	46.74	300m: 4:47.41	53.30	400m: 6:05.35	37.63
15.	Marijn Dekkers	Widex Gzc Donk	6:30.66	200402275	<b>6:10.88</b>	+0,84	284	
	50m: 42.82	42.82	150m: 2:22.29	47.10	250m: 4:00.23	52.15	350m: 5:34.45	40.86
	100m: 1:35.19	52.37	200m: 3:08.08	45.79	300m: 4:53.59	53.36	400m: 6:10.88	36.43
16.	Guus Geelen	LZ 1886	6:25.48	200401183	<b>6:11.76</b>	+0,77	282	
	50m: 38.30	38.30	150m: 2:12.25	46.68	250m: 3:50.98	51.99	350m: 5:29.97	44.52
	100m: 1:25.57	47.27	200m: 2:58.99	46.74	300m: 4:45.45	54.47	400m: 6:11.76	41.79
DIS	Abel te Riele	WVZ	5:22.67	200402317				
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>							

Junioren 3

1.	Wesley Zulver	ZV Vlaardingen-Schiedam	5:07.31	200301319	<b>5:00.49</b>	+0,68	534	
	50m: 31.51	31.51	150m: 1:47.67	38.95	250m: 3:06.88	41.38	350m: 4:26.78	36.87
	100m: 1:08.72	37.21	200m: 2:25.50	37.83	300m: 3:49.91	43.03	400m: 5:00.49	33.71
2.	Bjarne Buijs	The Hague Swimming (SG)	5:23.46	200301089	<b>5:09.19</b>	+0,64	490	
	50m: 33.07	33.07	150m: 1:52.80	40.57	250m: 3:15.89	43.72	350m: 4:36.24	36.08
	100m: 1:12.23	39.16	200m: 2:32.17	39.37	300m: 4:00.16	44.27	400m: 5:09.19	32.95
3.	Daan Hogerhuis	SG LinK /Z&PC Katwijk	5:24.08	200300317	<b>5:09.57</b>		489	
	50m: 33.71	33.71	150m: 1:52.09	39.52	250m: 3:15.68	44.71	350m: 4:36.08	35.89
	100m: 1:12.57	38.86	200m: 2:30.97	38.88	300m: 4:00.19	44.51	400m: 5:09.57	33.49
4.	Milan Hamel	The Hague Swimming (SG)	5:17.35	200302125	<b>5:10.41</b>	+0,72	485	
	50m: 33.26	33.26	150m: 1:54.89	41.95	250m: 3:18.38	43.28	350m: 4:38.69	36.20
	100m: 1:12.94	39.68	200m: 2:35.10	40.21	300m: 4:02.49	44.11	400m: 5:10.41	31.72
5.	Michael Smink	The Hague Swimming (SG)	5:31.17	200302169	<b>5:14.04</b>	+0,64	468	
	50m: 31.88	31.88	150m: 1:52.08	41.88	250m: 3:17.68	45.35	350m: 4:40.41	36.01
	100m: 1:10.20	38.32	200m: 2:32.33	40.25	300m: 4:04.40	46.72	400m: 5:14.04	33.63

Programmanr. 8, Jongens, 400m wisselslag, Junioren 3

rang	naam	vereniging	intijd	200301505	tijd	RT
6.	Yassine Maas	The Hague Swimming (SG)	5:53.27	200301505	<b>5:20.29</b>	+0,71 441
	50m: 33.96	33.96 150m: 1:53.50	40.13	250m: 3:20.11	47.16	350m: 4:44.45
	100m: 1:13.37	39.41 200m: 2:32.95	39.45	300m: 4:07.53	47.42	400m: 5:20.29
7.	Senna Mooldijk	De Kempvis	5:37.18	200301147	<b>5:32.43</b>	+0,72 395
	50m: 33.82	33.82 150m: 1:57.47	43.29	250m: 3:29.03	48.64	350m: 4:57.03
	100m: 1:14.18	40.36 200m: 2:40.39	42.92	300m: 4:19.85	50.82	400m: 5:32.43
8.	Stefan Groen	KZV de Lansingh	5:54.62	200301179	<b>5:34.71</b>	+0,54 387
	50m: 35.19	35.19 150m: 2:01.57	42.73	250m: 3:30.26	47.29	350m: 4:58.01
	100m: 1:18.84	43.65 200m: 2:42.97	41.40	300m: 4:18.89	48.63	400m: 5:34.71
9.	Jort Jongenelen	Zoetermeer	5:47.55	200303233	<b>5:35.83</b>	+0,73 383
	50m: 35.17	35.17 150m: 2:00.69	44.60	250m: 3:31.77	48.54	350m: 4:59.23
	100m: 1:16.09	40.92 200m: 2:43.23	42.54	300m: 4:20.46	48.69	400m: 5:35.83
10.	Maximilian Lopes Cardozo	WZK	5:55.60	200300665	<b>5:36.30</b>	+0,66 381
	50m: 34.47	34.47 150m: 2:04.38	44.51	250m: 3:35.18	48.14	350m: 5:02.57
	100m: 1:19.87	45.40 200m: 2:47.04	42.66	300m: 4:26.12	50.94	400m: 5:36.30
11.	Jarno Klink	De Stelle	6:05.00	200302067	<b>6:04.55</b>	299
	50m: 41.06	41.06 150m: 2:15.52	45.82	250m: 3:53.18	51.83	350m: 5:26.47
	100m: 1:29.70	48.64 200m: 3:01.35	45.83	300m: 4:45.71	52.53	400m: 6:04.55
12.	Thierry den Ouden	ZPC Wiekslag	6:15.29	200300729	<b>6:06.29</b>	+0,73 295
	50m: 40.45	40.45 150m: 2:15.53	45.49	250m: 3:51.23	52.16	350m: 5:25.94
	100m: 1:30.04	49.59 200m: 2:59.07	43.54	300m: 4:43.27	52.04	400m: 6:06.29
13.	Quinten Nieuwenhuis	WZK	6:21.64	200304577	<b>6:12.03</b>	+0,82 282
	50m: 42.71	42.71 150m: 2:20.69	46.33	250m: 3:55.50	50.77	350m: 5:31.48
	100m: 1:34.36	51.65 200m: 3:04.73	44.04	300m: 4:48.20	52.70	400m: 6:12.03
14.	Vendel Kalman	WZK	6:32.27	200304581	<b>6:41.33</b>	+0,75 224
	50m: 42.47	42.47 150m: 2:29.23	49.70	250m: 4:15.37	59.02	350m: 5:59.27
	100m: 1:39.53	57.06 200m: 3:16.35	47.12	300m: 5:14.64	59.27	400m: 6:41.33
AFGEM	Laren Schavemaker	The Hague Swimming (SG)	5:49.37	200300607		

Junioren 4

1.	Sean Niewold	WVZ	4:50.91	200204699	<b>4:50.08</b>	+0,73 594
	50m: 30.54	30.54 150m: 1:46.16	39.62	250m: 3:04.15	40.93	350m: 4:20.05
	100m: 1:06.54	36.00 200m: 2:23.22	37.06	300m: 3:45.67	41.52	400m: 4:50.08
2.	Scott Jansen	WVZ	4:51.72	200202455	<b>4:50.20</b>	+0,77 593
	50m: 31.30	31.30 150m: 1:48.06	38.26	250m: 3:05.32	40.29	350m: 4:20.04
	100m: 1:09.80	38.50 200m: 2:25.03	36.97	300m: 3:46.42	41.10	400m: 4:50.20
3.	Brandon van den Berg	Rotterdam Swimming	4:57.63	200200669	<b>4:51.96</b>	+0,60 583
	50m: 30.07	30.07 150m: 1:45.29	38.76	250m: 3:04.36	41.34	350m: 4:20.24
	100m: 1:06.53	36.46 200m: 2:23.02	37.73	300m: 3:46.02	41.66	400m: 4:51.96
4.	Viktor Koets	De Columbiaan	4:59.27	200201677	<b>4:55.78</b>	+0,79 560
	50m: 30.29	30.29 150m: 1:44.24	37.60	250m: 3:03.49	42.25	350m: 4:21.98
	100m: 1:06.64	36.35 200m: 2:21.24	37.00	300m: 3:46.90	43.41	400m: 4:55.78
5.	Guus Hoogduin	LZ 1886	5:01.92	200201069	<b>4:59.32</b>	+0,69 541
	50m: 30.78	30.78 150m: 1:46.02	39.40	250m: 3:07.21	43.04	350m: 4:25.90
	100m: 1:06.62	35.84 200m: 2:24.17	38.15	300m: 3:50.74	43.53	400m: 4:59.32
6.	Jarno Verbeek	Zoetermeer	5:06.21	200200931	<b>5:11.29</b>	+0,73 481
	50m: 32.65	32.65 150m: 1:52.87	40.14	250m: 3:16.78	45.41	350m: 4:38.04
	100m: 1:12.73	40.08 200m: 2:31.37	38.50	300m: 4:02.39	45.61	400m: 5:11.29
7.	Dylano Termoshuizen	WVZ	5:28.20	200202169	<b>5:17.89</b>	+0,54 451
	50m: 32.09	32.09 150m: 1:52.67	40.15	250m: 3:17.70	45.36	350m: 4:43.62
	100m: 1:12.52	40.43 200m: 2:32.34	39.67	300m: 4:05.21	47.51	400m: 5:17.89
8.	Cas Jansen	The Hague Swimming (SG)	5:22.39	200203263	<b>5:19.34</b>	+0,66 445
	50m: 33.56	33.56 150m: 1:52.89	40.26	250m: 3:19.20	46.39	350m: 4:43.47
	100m: 1:12.63	39.07 200m: 2:32.81	39.92	300m: 4:06.22	47.02	400m: 5:19.34
9.	Robin van Peenen	De Columbiaan	5:15.08	200201059	<b>5:23.64</b>	+0,84 428
	50m: 34.52	34.52 150m: 2:00.53	41.05	250m: 3:24.62	45.35	350m: 4:47.48
	100m: 1:19.48	44.96 200m: 2:39.27	38.74	300m: 4:10.09	45.47	400m: 5:23.64
10.	Luuk van Holstein	ZV Westland	5:48.01	200203841	<b>5:24.38</b>	425
	50m: 35.66	35.66 150m: 2:00.79	43.90	250m: 3:29.43	46.63	350m: 4:51.10
	100m: 1:16.89	41.23 200m: 2:42.80	42.01	300m: 4:15.52	46.09	400m: 5:24.38
11.	Bas van Nisius	The Hague Swimming (SG)	5:30.37	200202107	<b>5:31.14</b>	+0,75 399
	50m: 35.96	35.96 150m: 1:59.80	40.72	250m: 3:29.91	50.39	350m: 4:56.26
	100m: 1:19.08	43.12 200m: 2:39.52	39.72	300m: 4:20.08	50.17	400m: 5:31.14
12.	Wouter Verdoes	De Columbiaan	5:32.73	200200351	<b>5:38.28</b>	+0,76 375
	50m: 33.92	33.92 150m: 2:00.60	42.56	250m: 3:30.02	46.95	350m: 5:00.10
	100m: 1:18.04	44.12 200m: 2:43.07	42.47	300m: 4:19.25	49.23	400m: 5:38.28
13.	Luc Brasz	The Hague Swimming (SG)	6:11.28	200200919	<b>5:43.18</b>	+0,76 359
	50m: 38.28	38.28 150m: 2:06.79	43.18	250m: 3:37.80	50.42	350m: 5:08.39
	100m: 1:23.61	45.33 200m: 2:47.38	40.59	300m: 4:28.75	50.95	400m: 5:43.18

Programmanr. 8, Jongens, 400m wisselslag, Junioren 4

rang	naam	vereniging	intijd	200204435	tijd	RT
14.	Johrick Wijma	KZV de Lansingh	5:46.58	200204435	<b>5:49.36</b>	+0,67 340
	50m: 33.88	33.88 150m: 2:01.54	46.73	250m: 3:36.77	50.79 350m: 5:09.13	40.61
	100m: 1:14.81	40.93 200m: 2:45.98	44.44	300m: 4:28.52	51.75 400m: 5:49.36	40.23
15.	Mark Bom	LZ 1886	6:01.72	200201471	<b>5:53.58</b>	+0,65 328
	50m: 35.89	35.89 150m: 2:06.22	44.01	250m: 3:40.06	51.26 350m: 5:13.68	41.82
	100m: 1:22.21	46.32 200m: 2:48.80	42.58	300m: 4:31.86	51.80 400m: 5:53.58	39.90
NG	Bas van Wieringen	De Columbiaan	5:20.93	200200119		

Jeugd 1 en 2

1.	Thomas Jansen	WVZ	4:33.34	200100143	<b>4:34.41</b>	+0,75 702
	50m: 29.54	29.54 150m: 1:36.92	34.04	250m: 2:50.52	39.99 350m: 4:03.76	31.87
	100m: 1:02.88	33.34 200m: 2:10.53	33.61	300m: 3:31.89	41.37 400m: 4:34.41	30.65
2.	Olivier Jans	The Hague Swimming (SG)	4:38.42	200001815	<b>4:38.78</b>	+0,77 669
	50m: 29.95	29.95 150m: 1:40.54	36.35	250m: 2:55.39	39.44 350m: 4:07.87	32.85
	100m: 1:04.19	34.24 200m: 2:15.95	35.41	300m: 3:35.02	39.63 400m: 4:38.78	30.91
3.	Max Visser	WVZ	4:48.09	200100077	<b>4:44.36</b>	+0,61 631
	50m: 29.46	29.46 150m: 1:41.71	37.19	250m: 2:57.63	41.14 350m: 4:12.99	33.44
	100m: 1:04.52	35.06 200m: 2:16.49	34.78	300m: 3:39.55	41.92 400m: 4:44.36	31.37
4.	Christiaan Smit	The Hague Swimming (SG)	4:55.01	200102463	<b>4:47.51</b>	+0,69 610
	50m: 29.16	29.16 150m: 1:40.75	36.85	250m: 2:58.99	41.92 350m: 4:15.26	33.54
	100m: 1:03.90	34.74 200m: 2:17.07	36.32	300m: 3:41.72	42.73 400m: 4:47.51	32.25
5.	Jasper Breugem	WVZ	4:55.56	200000303	<b>4:50.26</b>	+0,71 593
	50m: 28.94	28.94 150m: 1:41.15	37.04	250m: 2:59.78	42.97 350m: 4:17.97	34.17
	100m: 1:04.11	35.17 200m: 2:16.81	35.66	300m: 3:43.80	44.02 400m: 4:50.26	32.29
6.	Freek Hollander	The Hague Swimming (SG)	4:52.27	200103815	<b>4:50.54</b>	+0,82 591
	50m: 29.84	29.84 150m: 1:41.62	36.95	250m: 3:00.85	43.26 350m: 4:17.71	33.48
	100m: 1:04.67	34.83 200m: 2:17.59	35.97	300m: 3:44.23	43.38 400m: 4:50.54	32.83
7.	Tjeerd van Stein	SG LinK /Z&PC Katwijk	4:58.33	200101439	<b>4:53.99</b>	+0,75 571
	50m: 31.61	31.61 150m: 1:44.52	36.08	250m: 3:02.68	42.57 350m: 4:20.61	34.77
	100m: 1:08.44	36.83 200m: 2:20.11	35.59	300m: 3:45.84	43.16 400m: 4:53.99	33.38
8.	Joost de Roy van Zuydewijn	WVZ	4:56.30	200000255	<b>4:57.55</b>	+0,70 550
	50m: 30.74	30.74 150m: 1:47.62	40.50	250m: 3:06.17	40.08 350m: 4:23.21	36.79
	100m: 1:07.12	36.38 200m: 2:26.09	38.47	300m: 3:46.42	40.25 400m: 4:57.55	34.34
9.	Aron Paasse	zc De Schotejil	5:03.45	200000099	<b>5:05.40</b>	+0,74 509
	50m: 32.09	32.09 150m: 1:49.39	39.25	250m: 3:09.88	43.11 350m: 4:30.62	36.42
	100m: 1:10.14	38.05 200m: 2:26.77	37.38	300m: 3:54.20	44.32 400m: 5:05.40	34.78
10.	Dave van den Nieuwendijk	De Columbiaan	5:11.89	200100475	<b>5:09.72</b>	+0,64 488
	50m: 32.47	32.47 150m: 1:55.24	40.51	250m: 3:14.93	40.97 350m: 4:34.20	36.59
	100m: 1:14.73	42.26 200m: 2:33.96	38.72	300m: 3:57.61	42.68 400m: 5:09.72	35.52
11.	Luuk Kieviet	zc De Schotejil	5:23.30	200100469	<b>5:16.63</b>	+0,66 457
	50m: 32.87	32.87 150m: 1:53.53	42.18	250m: 3:22.11	46.39 350m: 4:43.61	34.46
	100m: 1:11.35	38.48 200m: 2:35.72	42.19	300m: 4:09.15	47.04 400m: 5:16.63	33.02
12.	Jacob Mackloet	zc De Schotejil	5:13.70	200001171	<b>5:18.15</b>	+0,73 450
	50m: 32.39	32.39 150m: 1:54.69	42.72	250m: 3:21.73	45.87 350m: 4:44.75	36.36
	100m: 1:11.97	39.58 200m: 2:35.86	41.17	300m: 4:08.39	46.66 400m: 5:18.15	33.40
13.	Boy Borreman	SG LinK /Z&PC Katwijk	5:24.64	200102751	<b>5:20.99</b>	+0,73 438
	50m: 33.24	33.24 150m: 1:53.13	40.59	250m: 3:20.98	47.24 350m: 4:45.13	36.33
	100m: 1:12.54	39.30 200m: 2:33.74	40.61	300m: 4:08.80	47.82 400m: 5:20.99	35.86
14.	Boaz Troost	Zob'66	5:38.00	200100371	<b>5:41.01</b>	+0,74 366
	50m: 35.76	35.76 150m: 2:06.47	44.63	250m: 3:34.97	44.75 350m: 5:03.94	40.71
	100m: 1:21.84	46.08 200m: 2:50.22	43.75	300m: 4:23.23	48.26 400m: 5:41.01	37.07

Senioren 1 en ouder

1.	Ensgor Kotterink	SG Albion d'ELFT	4:29.97	199403391	<b>4:31.07</b>	+0,68 728
	50m: 27.78	27.78 150m: 1:33.83	33.43	250m: 2:47.94	40.08 350m: 4:00.37	31.36
	100m: 1:00.40	32.62 200m: 2:07.86	34.03	300m: 3:29.01	41.07 400m: 4:31.07	30.70
2.	Matthew Dullemond	Rotterdam Swimming	4:44.07	199805005	<b>4:47.61</b>	+0,71 609
	50m: 29.30	29.30 150m: 1:41.00	36.65	250m: 2:59.12	41.75 350m: 4:14.68	33.19
	100m: 1:04.35	35.05 200m: 2:17.37	36.37	300m: 3:41.49	42.37 400m: 4:47.61	32.93
3.	Ruben Griffioen	De Columbiaan	4:52.77	199900771	<b>4:52.41</b>	+0,70 580
	50m: 30.58	30.58 150m: 1:44.12	36.45	250m: 3:02.22	42.94 350m: 4:18.72	35.24
	100m: 1:07.67	37.09 200m: 2:19.28	35.16	300m: 3:43.48	41.26 400m: 4:52.41	33.69
4.	Bas Verdoes	De Columbiaan	4:52.25	199801487	<b>4:53.08</b>	+0,59 576
	50m: 29.62	29.62 150m: 1:43.80	38.45	250m: 3:03.91	42.42 350m: 4:21.30	34.24
	100m: 1:05.35	35.73 200m: 2:21.49	37.69	300m: 3:47.06	43.15 400m: 4:53.08	31.78
5.	Robin van Beek	LZ 1886	4:52.49	199704023	<b>4:55.36</b>	+0,69 563
	50m: 30.48	30.48 150m: 1:44.57	38.28	250m: 3:04.49	42.59 350m: 4:23.37	34.25
	100m: 1:06.29	35.81 200m: 2:21.90	37.33	300m: 3:49.12	44.63 400m: 4:55.36	31.99
6.	David Kievit	zc De Schotejil	4:58.60	199900325	<b>5:01.44</b>	+0,79 529
	50m: 32.65	32.65 150m: 1:50.00	38.57	250m: 3:09.25	41.62 350m: 4:27.16	35.81
	100m: 1:11.43	38.78 200m: 2:27.63	37.63	300m: 3:51.35	42.10 400m: 5:01.44	34.28

Programmanr. 8, Heren, 400m wisselslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	198301331	tijd	RT
7.	Kristiaan Lenos	LZ 1886	4:55.80	198301331	<b>5:01.82</b>	+0,75 527
	50m: 30.69	30.69	150m: 1:45.96	39.56	250m: 3:08.59	43.05
	100m: 1:06.40	35.71	200m: 2:25.54	39.58	300m: 3:52.61	44.02
					350m: 4:28.44	35.83
					400m: 5:01.82	33.38
8.	Daan Siebenheller	Zob'66	5:01.22	199804955	<b>5:02.47</b>	524
	50m: 30.15	30.15	150m: 1:44.20	38.57	250m: 3:05.80	43.38
	100m: 1:05.63	35.48	200m: 2:22.42	38.22	300m: 3:50.06	44.26
					350m: 4:28.03	37.97
					400m: 5:02.47	34.44
9.	Linquendo van der Klooster	ZPB H&L Productions	5:07.57	199801361	<b>5:10.82</b>	+0,72 483
	50m: 31.86	31.86	150m: 1:52.23	40.64	250m: 3:16.38	44.21
	100m: 1:11.59	39.73	200m: 2:32.17	39.94	300m: 4:01.21	44.83
					350m: 4:37.85	36.64
					400m: 5:10.82	32.97
10.	Robin Lecomte	KZV de Lansingh	5:22.92	199900711	<b>5:11.92</b>	478
	50m: 31.18	31.18	150m: 1:48.02	38.85	250m: 3:13.49	46.77
	100m: 1:09.17	37.99	200m: 2:26.72	38.70	300m: 4:01.33	47.84
					350m: 4:38.02	36.69
					400m: 5:11.92	33.90
11.	Jim Geestman	Rotterdam Swimming	5:11.15	198300699	<b>5:14.06</b>	+0,77 468
	50m: 32.73	32.73	150m: 1:52.68	41.06	250m: 3:17.96	45.24
	100m: 1:11.62	38.89	200m: 2:32.72	40.04	300m: 4:03.87	45.91
					350m: 4:40.08	36.21
					400m: 5:14.06	33.98
12.	Tristan Stam	Zob'66	5:13.22	199903551	<b>5:24.94</b>	+0,78 423
	50m: 35.28	35.28	150m: 2:00.85	41.25	250m: 3:25.40	44.08
	100m: 1:19.60	44.32	200m: 2:41.32	40.47	300m: 4:10.21	44.81
					350m: 4:48.36	38.15
					400m: 5:24.94	36.58

Programmanr. 9  
11-11-2017 - 15:15

Dames, 50m vlinderslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	200600492	tijd	RT
<b>Junioren 1</b>						
1.	Kimberly Ruiters	De Columbiaan	36.12	200600492	<b>33.78</b>	+0,60 378
2.	Estelle van Wijngaarden	ZPB H&L Productions	35.06	200601020	<b>34.25</b>	+0,76 363
3.	Jade van der Maas	WVZ	35.14	200600408	<b>34.26</b>	+0,72 363
4.	Mara Tims	Van Vliet-Barracuda	36.04	200601136	<b>35.02</b>	+0,75 339
5.	Leyla Oversluizen	zc De Schotejil	36.28	200602730	<b>36.05</b>	+0,69 311
6.	Laura 't Lam	De Geul	39.16	200603376	<b>36.06</b>	+0,78 311
7.	G. Schrijvers van Zenden	The Hague Swimming (SG)	37.74	200601618	<b>36.81</b>	+0,67 292
8.	Jessica Pol	Poseidon'56	37.88	200600030	<b>37.46</b>	+0,79 277
9.	Avery Collins	The Hague Swimming (SG)	37.54	200603622	<b>37.63</b>	+0,62 274
10.	Fieke Hoogduin	LZ 1886	38.95	200600836	<b>38.18</b>	+0,52 262
11.	Megan Jonkman	The Hague Swimming (SG)	38.26	200600508	<b>38.34</b>	+0,77 259
12.	Donna van der Meer	BZ en PC	39.00	200601146	<b>40.61</b>	+0,68 218
13.	Emma Suderee	MNC Dordrecht	47.78	200603598	<b>42.59</b>	+0,55 189
NG	Elydjah van der Heul	Van Vliet-Barracuda	38.00	200602180		
<b>Junioren 2</b>						
1.	Nurlaylah Kartosentiko	ZV Vlaardingen-Schiedam	32.65	200501256	<b>31.76</b>	+0,66 455
2.	Jelsie van Ruijven	WVZ	32.72	200500282	<b>31.87</b>	+0,74 450
3.	Milou Adriaanse	De Columbiaan	35.00	200500968	<b>33.26</b>	+0,72 396
4.	Niké Telkamp	The Hague Swimming (SG)	34.45	200501088	<b>33.98</b>	+0,76 372
5.	Vivianne Woltjes	The Hague Swimming (SG)	33.95	200501524	<b>34.34</b>	+0,67 360
6.	Hope van Zwol	ZV Vlaardingen-Schiedam	35.19	200502852	<b>34.48</b>	+0,66 356
7.	Jennifer de Keizer	MNC Dordrecht	40.39	200501054	<b>34.91</b>	+0,76 343
8.	Isa Maes	de Devel	36.21	200500110	<b>35.39</b>	+0,69 329
9.	Lyke Buscop	zc De Schotejil	36.38	200500552	<b>35.60</b>	+0,55 323
10.	Mar Stoel	De Columbiaan	36.75	200500520	<b>35.85</b>	316
11.	Asha van Lobbereg	de Devel	35.29	200500088	<b>36.02</b>	312
12.	Britt van't Zant	Poseidon'56	36.67	200501170	<b>36.28</b>	+0,71 305
13.	Soscha van den Heuvel	ZPCNumansdorp	37.70	200500804	<b>36.56</b>	+0,79 298
14.	Merel Schravendijk	The Hague Swimming (SG)	36.99	200503382	<b>36.94</b>	+0,71 289
15.	Sera Emmers	WZK	38.83	200503264	<b>37.09</b>	+0,66 286
16.	Felicia Bosse	WZK	38.98	200504468	<b>37.13</b>	285
17.	Marit Huisman	Van Vliet-Barracuda	37.79	200502620	<b>37.39</b>	279
	Laura Hoogenboezem	KZV de Lansingh	38.03	200500390	<b>37.39</b>	+0,79 279
19.	Aisha Nobels	zc De Schotejil	36.63	200501710	<b>38.06</b>	+0,58 264
DIS	Karlijn Offeringa	ZV Vlaardingen-Schiedam	32.91	200503292		

AA - Gestart voor het startsignaal (en wel gezwommen).



Programmanr. 9, Dames, 50m vlinderslag

Junioren 3

1.	Anna van Droffelaar	ZV Vlaardingen-Schiedam	30.47	200400258	<b>30.12</b>	+0,66	534
2.	Milou van Wijk	MNC Dordrecht	30.73	200404948	<b>31.03</b>	+0,81	488
3.	Rinske Bouman	de Devel	32.02	200400578	<b>31.65</b>	+0,61	460
4.	Isis Naaktgeboren	de Devel	32.27	200403914	<b>32.16</b>	+0,83	438
5.	Lize van Stigt	SG LinK /Z&PC Katwijk	32.17	200401510	<b>32.27</b>	+0,64	434
6.	Nora van der Steen	SG LinK /Z&PC Katwijk	32.57	200403458	<b>32.66</b>	+0,70	419
7.	Cheyenne Elburg	KZV de Lansingh	33.16	200401170	<b>32.78</b>	+0,71	414
8.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	33.25	200404272	<b>32.89</b>	+0,80	410
9.	Fenna Herwig	ZPC Wiekslag	33.08	200400908	<b>33.29</b>	+0,79	395
10.	Anique Star	De Columbiaan	33.71	200400446	<b>33.42</b>	+0,72	391
11.	Daniëlle Vis	De Columbiaan	34.69	200401044	<b>33.44</b>	+0,75	390
12.	Fiona Moerman	The Hague Swimming (SG)	35.11	200401668	<b>33.63</b>	+0,69	383
13.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	33.46	200402932	<b>33.82</b>	+0,72	377
14.	Éléana Poilpré	The Hague Swimming (SG)	34.38	200404748	<b>33.83</b>	+0,71	377
15.	Phaedra Meijer	zc De Schotejil	35.06	200401354	<b>34.36</b>	+0,77	359
16.	Mandy van der Meijden	Widex Gzc Donk	36.52	200402574	<b>34.40</b>	+0,62	358
17.	Syazmin Shahazir	WZK	34.52	200405272	<b>34.50</b>	+0,64	355
18.	Anniko Firman	The Hague Swimming (SG)	34.39	200402330	<b>34.61</b>	+0,66	352
19.	Tessa Poot	ZV Vlaardingen-Schiedam	34.52	200404264	<b>35.01</b>	+0,77	340
20.	Lotte van der Maas	Zob'66	35.62	200402376	<b>35.53</b>		325
21.	Marise van 't Walderveen	Zoetermeer	35.12	200400902	<b>35.78</b>	+0,76	318
22.	Feline Jonkers	Poseidon'56	36.37	200401160	<b>37.02</b>	+0,76	287
23.	Eva Immerzeel	ZV Westland	35.09	200401514	<b>37.19</b>	+0,76	283
24.	Jet van Oudheusden	Zob'66	37.13	200401012	<b>37.30</b>	+0,77	281
25.	Feija de Bruin	WVZ	38.14	200400106	<b>38.49</b>	+0,83	401
26.	Jaimy Gielis	SG LinK /Z&PC Katwijk	38.97	200402120	<b>39.51</b>	+0,71	236

S10

Jeugd 1 en 2

1.	Britta Koehorst	KZV de Lansingh	27.64	200300246	<b>27.44</b>	+0,67	706
2.	Lotte Hosper	The Hague Swimming (SG)	28.68	200201414	<b>28.62</b>	+1,90	622
3.	Tessa Giele	SG SCOM/de Zeehond'73	29.52	200203124	<b>29.35</b>	+0,65	577
4.	Christy Geurts	WVZ	29.49	200203734	<b>29.51</b>		567
5.	Maaïke Broersma	BZ en PC	29.88	200201522	<b>29.84</b>	+0,71	549
6.	Maaïke Issard	The Hague Swimming (SG)	29.74	200300022	<b>30.12</b>	+0,79	534
7.	Isa Boom	MNC Dordrecht	30.16	200200186	<b>30.51</b>	+0,67	513
8.	Almudena Visser Velez	The Hague Swimming (SG)	31.82	200205904	<b>30.80</b>	+0,69	499
9.	Ilse Kraaijeveld	The Hague Swimming (SG)	30.52	200202190	<b>30.88</b>		495
10.	Femke Hoppenbrouwer	The Hague Swimming (SG)	31.93	200301124	<b>31.39</b>	+1,89	471
11.	Amy van Leersum	Poseidon'56	32.01	200200300	<b>31.58</b>	+0,69	463
12.	Kim de Jong	SG LinK /Z&PC Katwijk	31.78	200301026	<b>32.18</b>	+0,74	438
	Britt Steunenber	The Hague Swimming (SG)	32.77	200302588	<b>32.18</b>	+0,70	438
14.	Marbel Diderik	De Columbiaan	31.83	200205752	<b>32.24</b>	+0,62	435
15.	Rozemarijn van Haaff	Zob'66	33.07	200201852	<b>32.34</b>	+0,70	431
16.	Anne Straub	Zoetermeer	32.59	200201402	<b>32.49</b>	+0,72	425
17.	Julia Notenboom	De Columbiaan	32.82	200302596	<b>32.56</b>	+0,78	422
18.	Megan de Hoog	SG SCOM/de Zeehond'73	32.83	200300214	<b>32.71</b>	+0,77	417
19.	Marije de Jager	SG LinK /Z&PC Katwijk	33.63	200301394	<b>32.77</b>	+0,72	414
20.	Wendy ten Wolde	ZPC Wiekslag	33.08	200302658	<b>32.84</b>	+0,76	412
21.	Anouk Vis	De Columbiaan	33.09	200203322	<b>32.89</b>	+0,77	410
22.	Grace Anderson	WVZ	34.03	200200578	<b>32.95</b>	+0,69	408
23.	Sara Claps	The Hague Swimming (SG)	34.26	200205916	<b>33.16</b>	+0,70	400
24.	Lieske Zijlstra	zc De Schotejil	32.60	200200996	<b>33.20</b>	+0,74	398
25.	Amy Koelman	De Columbiaan	33.21	200300922	<b>33.30</b>	+0,79	395
26.	Susanne Roeleveld	WVZ	33.34	200203266	<b>33.40</b>	+0,79	391
27.	Susan van Grol	Widex Gzc Donk	34.00	200201344	<b>33.50</b>	+0,70	388
28.	Esther Reinders	KZV de Lansingh	34.42	200301798	<b>33.64</b>	+0,68	383
29.	Lorena van Leijden	AZC	33.01	200202598	<b>33.70</b>	+0,71	381
30.	Tamara de Ruit	zc De Schotejil	33.13	200203060	<b>34.11</b>	+0,80	367
31.	Ilse Schoenmaker	The Hague Swimming (SG)	34.14	200301470	<b>34.16</b>	+0,56	366
32.	Joyce van 't Hof	de Devel	32.60	200302122	<b>34.45</b>	+0,66	357
33.	Noria Yousufi	WVZ	34.21	200203082	<b>34.47</b>	+0,72	356
34.	Sanne van Ruijven	WVZ	33.60	200201120	<b>34.89</b>	+0,73	343
35.	Serena den Tuinder	ZPCNumansdorp	36.80	200303552	<b>35.03</b>	+0,77	339
36.	Reese Lauletta	WZK	34.39	200305290	<b>35.11</b>	+0,79	337
37.	Amber Kuntkes	ZPCNumansdorp	36.95	200202458	<b>36.43</b>	+0,71	302
38.	Mirée de Vette	ZPCNumansdorp	36.92	200301218	<b>36.81</b>	+0,65	292
AFGEM	Jacintha Boender	Zob'66	36.53	200201850			

Programmanr. 9, Dames, 50m vlinderslag

Senioren 1 en 2

1.	Chefanja Nunes	WVZ	26.99	200104750		<b>27.34</b>	+0,67	713
2.	Inge Vieveen	WVZ	29.85	200100024		<b>29.10</b>	+0,84	592
3.	Lauren van IJll	WVZ	29.13	200001064		<b>29.14</b>	+0,66	589
4.	Lynn Blommers	AZC	29.47	200105062		<b>29.66</b>	+0,62	559
5.	Eline Duynisveld * Handtijd	WVZ	31.85	200103958		<b>31.31</b>		475
6.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	31.83	200000994		<b>31.36</b>	+0,73	473
7.	Sam IJzerman	De Geul	31.50	200101204		<b>31.38</b>	+0,74	472
8.	Anniek de Ruiters Lisa Pijlman	Widex Gzc Donk De Kempvis	32.30 31.55	200101224 200103004		<b>31.59</b> <b>31.59</b>	+0,74 +0,70	463 463
10.	Sacha van den Dobbelsteen	The Hague Swimming (SG)	31.73	200100904		<b>31.72</b>	+0,67	457
11.	Sanne Busch	MNC Dordrecht	32.08	200101486		<b>31.82</b>	+0,70	453
12.	Sanne Heemskerk	LZ 1886	32.03	200100600		<b>31.93</b>	+1,98	448
13.	Anne van der Zwan	The Hague Swimming (SG)	32.33	200101134		<b>32.13</b>	+0,53	440
14.	Kim van Gemert	Poseidon'56	33.57	200101968		<b>32.24</b>	+0,87	435
15.	Esmee Wijnmaalen	PCG	32.80	200100298		<b>32.29</b>	+0,75	433
16.	Lisanne Dijkman	Zoetermeer	32.76	200102676		<b>32.42</b>	+0,71	428
17.	Jasmine el Taraboulsi	WZK	32.17	200105788		<b>32.62</b>	+0,82	420
18.	Zoë van Gool	De Geul	32.11	200000964		<b>32.65</b>	+0,71	419
19.	Jessica Baars	The Hague Swimming (SG)	31.94	200101966		<b>32.70</b>	+0,81	417
20.	Inge Belfor	De Columbiaan	32.92	200100578	S10	<b>33.41</b>	+0,76	613
21.	Esmée Roodenburg	De Geul	33.36	200100040		<b>33.51</b>	+0,69	387
22.	Sanne Hobé	Poseidon'56	32.71	200000826		<b>33.57</b>	+0,73	385
23.	Ilonka van der Well	ZPB H&L Productions	34.58	200103732		<b>33.80</b>	+0,73	378
24.	Nuria Boersma Shanti van Kan	WZK Poseidon'56	33.40 33.80	200100906 200102446		<b>33.81</b> <b>33.81</b>	+0,79 +0,66	377 377
26.	Kirana Hoogenbosch	De Geul	33.80	200003428		<b>33.94</b>	+0,61	373
27.	Robin Pienaar	Van Vliet-Barracuda	33.36	200102236		<b>33.99</b>	+0,82	371
28.	Samantha Gerritse	SG LinK /Z&PC Katwijk	34.53	200102062		<b>34.09</b>	+0,68	368
29.	Kayra Deger	MNC Dordrecht	33.46	200003890		<b>34.34</b>	+0,59	360
30.	Iris van Berkel	Van Vliet-Barracuda	34.06	200000476		<b>35.02</b>	+0,87	339
31.	Jonne Moleman	SG LinK /Z&PC Katwijk	37.68	200006264	S10	<b>41.33</b>	+0,86	324
AFGEM	Nicoline Schol	BZ en PC	32.71	200003600				
NG	Hanna Looi	de Devel	32.10	200006090				

Senioren

1.	Elinore de Jong	The Hague Swimming (SG)	25.82	198902072		<b>26.48</b>	+0,67	785
2.	Mariska Scheel	KZV de Lansingh	29.54	199306344		<b>28.99</b>	+0,71	598
3.	Miranda Nijenhuis	De Columbiaan	29.75	199204076		<b>29.27</b>	+0,75	581
4.	Anouk van Weelden	PCG	30.71	199902828		<b>30.29</b>	+0,77	525
5.	Sterre Keller	The Hague Swimming (SG)	30.23	199904142		<b>30.52</b>	+0,61	513
6.	Fenna de Groot	SG Albion d'ELFT	30.32	199701796		<b>30.76</b>	+0,70	501
7.	Nikita Herwig	ZPC Wiekslag	31.24	199903552		<b>31.25</b>	+0,82	478
8.	Babette van der Kaaij	ZV Westland	31.26	199902234		<b>31.34</b>		474
9.	Rebecca Evers	Zob'66	31.72	199207916		<b>31.44</b>		469
10.	Aniek Erenstein-Huijsman	KZV de Lansingh	32.02	198801932		<b>31.86</b>	+0,74	451
11.	Alisha Vieira	ZPB H&L Productions	31.41	199904554		<b>31.87</b>	+0,68	450
12.	Jasmijn Ruijgrok	WZK	31.91	199401032		<b>32.27</b>	+0,78	434
13.	Christa Stam	Rotterdam Swimming	31.66	198806790		<b>32.41</b>	+0,76	428
14.	Lincy de Winter	The Hague Swimming (SG)	32.97	199805886		<b>32.73</b>	+0,69	416
15.	Tessa Bruijgoms	MNC Dordrecht	32.81	199801322		<b>32.87</b>	+0,73	411
16.	Moniek Heemskerk	LZ 1886	33.52	199601964		<b>34.03</b>	+0,75	370

Programmanr. 10  
11-11-2017 - 15:35

Heren, 200m rugslag

Junioren 1 en ouder  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Junioren 1</b>								
1.	Menno Wieringa	KZV de Lansingh	2:38.83	200500927	<b>2:36.30</b>	+0,64	367	36.01 1:16.27 1:57.31 2:36.30
2.	Luca Nguyen-tri	Rotterdam Swimming	2:48.90	200500781	<b>2:39.14</b>	+0,65	348	38.19 1:18.67 1:59.69 2:39.14
3.	Björn Verkaik	The Hague Swimming	(2:38.81	200500411	<b>2:40.61</b>	+0,73	338	38.42 1:19.83 2:00.90 2:40.61
4.	River Streefland	The Hague Swimming	(2:50.97	200502253	<b>2:42.28</b>	+0,79	328	39.49 1:21.52 2:03.20 2:42.28
5.	Gabriel Been	The Hague Swimming	(2:41.30	200501467	<b>2:43.56</b>	+0,81	320	39.29 1:21.13 2:03.24 2:43.56
6.	Tim van Lochem	Zoetermeer	3:07.88	200500077	<b>2:52.18</b>	+0,51	275	40.76 1:24.70 2:09.40 2:52.18
7.	Conor Baker	De Columbiaan	2:55.29	200500991	<b>2:55.60</b>	+0,63	259	41.36 1:26.65 2:11.59 2:55.60
8.	Sytze van Stein	SG LinK /Z&PC Katwijk	3:08.53	200501155	<b>2:57.66</b>	+0,52	250	40.22 1:25.67 2:12.78 2:57.66

Programmanr. 10, Jongens, 200m rugslag, Junioren 1

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m		
9. Casper Hoogervorst	De Columbiaan	2:53.76	200500183	<b>2:58.73</b>	+0,74	246	43.91	1:30.52	2:15.02	2:58.73
10. Thijs Visser	Van Vliet-Barracuda	3:03.90	200502129	<b>2:59.40</b>	+0,79	243	43.08	1:28.13	2:15.17	2:59.40

*\*eindtijd is backup tijd*

Junioren 2

1. Chris van der Hout	The Hague Swimming	(2:26.81	200401355	<b>2:24.68</b>	+0,75	463	34.20	1:11.34	1:48.47	2:24.68
2. Julien Tanis	zc De Schotejil	2:30.02	200401045	<b>2:27.97</b>	+0,69	433	34.75	1:13.22	1:51.04	2:27.97
3. Abel te Riele	WVZ	2:24.45	200402317	<b>2:28.53</b>	+0,63	428	34.95	1:13.07	1:51.85	2:28.53
4. Pepijn van Egmond	WVZ	2:37.08	200402309	<b>2:31.74</b>	+0,67	401	36.53	1:14.52	1:53.58	2:31.74
5. Jason van den Berg	Rotterdam Swimming	2:34.12	200400009	<b>2:31.95</b>	+0,68	400	35.88	1:14.88	1:54.78	2:31.95
6. Kun Woo Kim	The Hague Swimming	(2:35.33	200401361	<b>2:32.52</b>		395	35.78	1:14.22	1:54.38	2:32.52
7. Sem Verberg	The Hague Swimming	(2:34.55	200402105	<b>2:34.83</b>	+0,89	378	36.58	1:16.28	1:56.27	2:34.83
8. Thomas van Peenen	De Columbiaan	2:35.53	200400097	<b>2:36.41</b>	+0,66	366	37.00	1:17.76	1:57.75	2:36.41
9. Max van Schagen	De Columbiaan	2:38.38	200402591	<b>2:36.75</b>	+0,68	364	35.75	1:16.45	1:58.08	2:36.75
10. Loeka Wubben	The Hague Swimming	(2:37.26	200400307	<b>2:37.46</b>	+0,88	359	36.32	1:16.47	1:57.78	2:37.46
11. Olivier Krayenbuhl	The Hague Swimming	(2:39.23	200403215	<b>2:39.07</b>	+0,79	348	38.14	1:18.27	1:58.85	2:39.07
12. Milan Masselink	The Hague Swimming	(2:51.66	200402165	<b>2:41.85</b>	+0,81	331	39.64	1:21.14	2:01.90	2:41.85
13. Timo Huizer	ZPC Wiekslag	2:43.92	200401125	<b>2:42.07</b>	+0,68	329	38.09	1:19.27	2:01.07	2:42.07
14. Thijm Kruit	De Columbiaan	2:45.27	200401339	<b>2:43.64</b>	+0,71	320	39.75	1:20.64	2:02.66	2:43.64
15. Daniel 't Mannetje	zc De Schotejil	2:44.80	200400183	<b>2:43.95</b>	+0,66	318	38.69	1:21.50	2:03.50	2:43.95
16. Bram de Haas	PCG	2:56.93	200400391	<b>2:46.96</b>	+0,63	301	39.39	1:21.90	2:05.19	2:46.96
NG Jens Brouwer	Zob'66	3:05.97	200403167							

Junioren 3

1. Keanu Streefland	The Hague Swimming	(2:19.85	200302445	<b>2:16.64</b>	+0,72	550	33.80	1:08.53	1:43.07	2:16.64
2. Jelle Bon	ZV Vlaardingen-Schied	2:19.50	200301077	<b>2:17.09</b>	+0,64	544	32.09	1:06.81	1:42.36	2:17.09
3. Perry Laarhoven	ZPC Numansdorp	2:25.80	200301321	<b>2:25.10</b>	+0,71	459	33.91	1:10.65	1:48.71	2:25.10
4. Bjarne Buijs	The Hague Swimming	(2:33.19	200301089	<b>2:25.22</b>	+0,74	458	35.34	1:12.86	1:50.07	2:25.22
5. Daan Hogerhuis	SG LinK /Z&PC Katwijk	2:24.74	200300317	<b>2:25.51</b>	+0,70	455	34.91	1:12.18	1:49.69	2:25.51
6. Michael Smink	The Hague Swimming	(2:41.22	200302169	<b>2:27.36</b>	+0,69	438	34.84	1:13.32	1:52.50	2:27.36
7. Yassine Maas	The Hague Swimming	(2:48.28	200301505	<b>2:30.10</b>	+0,72	415	35.41	1:13.52	1:52.31	2:30.10
8. Julian Stok	de Devel	2:39.74	200300071	<b>2:33.66</b>	+0,79	386	36.31	1:14.70	1:54.48	2:33.66
9. Stefan Groen	KZV de Lansingh	2:41.67	200301179	<b>2:34.15</b>	+0,57	383	36.46	1:16.15	1:56.00	2:34.15
10. Thimo van Beek	LZ 1886	2:46.50	200301347	<b>2:39.85</b>	+0,68	343	37.54	1:18.15	2:00.18	2:39.85
11. Brandon Groeneveld	De Geul	2:52.42	200300595	<b>2:40.45</b>	+0,99	339	37.61	1:18.44	1:59.85	2:40.45
12. M. Lopes Cardozo	WZK	2:46.14	200300665	<b>2:40.91</b>	+0,65	336	36.82	1:18.54	2:00.28	2:40.91
13. Thierry den Ouden	ZPC Wiekslag	2:49.33	200300729	<b>2:46.01</b>	+0,66	306	39.44	1:22.47	2:06.60	2:46.01
14. Tygo Korving	ZPB H&L Productions	2:43.56	200300773	<b>2:46.79</b>	+0,80	302	38.66	1:20.32	2:03.87	2:46.79
15. Vendel Kalman	WZK	2:49.48	200304581	<b>2:56.61</b>		254	41.28	1:26.96	2:13.76	2:56.61
AFGEM Dylan Jansen	WVZ	2:24.09	200300817							

Junioren 4

1. Niels Dijkshoorn	ZV Westland	2:20.66	200203079	<b>2:10.84</b>	+0,61	626	30.72	1:03.78	1:37.74	2:10.84
2. Nikhom Westphal	SG SCOM/de Zeehond	2:16.12	200203329	<b>2:12.48</b>	+0,69	603	33.10	1:06.81	1:40.19	2:12.48
3. Viktor Koets	De Columbiaan	2:16.91	200201677	<b>2:16.38</b>	+0,67	553	30.97	1:04.88	1:41.02	2:16.38
4. Adriaan Provó Kluit	WVZ	2:10.00	200204397	<b>2:17.13</b>	+0,65	544	30.70	1:04.14	1:40.36	2:17.13
5. Scott Jansen	WVZ	2:20.26	200202455	<b>2:18.56</b>	+0,81	527	33.04	1:08.48	1:44.07	2:18.56
6. Dylano Termoshuizen	WVZ	2:26.20	200202169	<b>2:19.46</b>	+0,61	517	32.93	1:08.76	1:45.35	2:19.46
7. Robin van Peenen	De Columbiaan	2:28.61	200201059	<b>2:28.71</b>	+0,58	426	34.85	1:13.17	1:51.81	2:28.71

*\*150m tijd is backup tijd*

8. Bas van Nisius	The Hague Swimming	(2:28.23	200202107	<b>2:29.37</b>	+0,75	421	35.61	1:13.38	1:51.77	2:29.37
9. Björn de Heus	ZV Vlaardingen-Schied	2:29.67	200201077	<b>2:30.38</b>	+0,70	412	35.15	1:13.71	1:52.43	2:30.38
10. Mart de Koning	Zob'66	2:42.37	200203253	<b>2:31.55</b>	+0,76	403	35.08	1:13.87	1:53.83	2:31.55
11. Wouter Verdoes	De Columbiaan	2:33.11	200200351	<b>2:33.75</b>	+0,78	386	35.89	1:14.71	1:54.84	2:33.75
12. Mark Bom	LZ 1886	2:38.82	200201471	<b>2:38.08</b>	+0,58	355	36.49	1:17.11	1:58.65	2:38.08

Jeugd 1 en 2

1. Thomas Jansen	WVZ	2:03.13	200100143	<b>2:04.60</b>	+0,69	725	29.75	1:01.65	1:33.50	2:04.60
2. Ivo Stolk	SG SCOM/de Zeehond	2:12.07	200100615	<b>2:08.37</b>	+0,77	663	30.99	1:03.58	1:35.95	2:08.37
3. Max Visser	WVZ	2:16.28	200100077	<b>2:09.88</b>	+0,77	640	31.25	1:04.60	1:37.63	2:09.88
4. Olivier Jans	The Hague Swimming	(2:09.26	200001815	<b>2:12.72</b>	+0,76	600	32.20	1:06.05	1:39.71	2:12.72
5. Anne Schuurmans	WVZ	2:11.61	200003919	<b>2:13.39</b>	+0,71	591	31.75	1:05.68	1:40.03	2:13.39
6. Tjeerd van Stein	SG LinK /Z&PC Katwijk	2:14.88	200101439	<b>2:16.45</b>	+0,74	552	32.48	1:07.52	1:42.18	2:16.45
7. Floris de Leeuw	The Hague Swimming	(2:18.96	200105317	<b>2:17.01</b>	+0,63	545	32.65	1:07.81	1:42.95	2:17.01
8. Quinn van den Heuvel	WVZ	2:16.31	200100297	<b>2:17.59</b>	+0,70	538	32.80	1:08.13	1:43.48	2:17.59
9. Noah Legerstee	WVZ	2:15.07	200003593	<b>2:17.82</b>	+0,84	536	33.16	1:08.49	1:43.63	2:17.82

Programmanr. 10, Jongens, 200m rugslag, Jeugd 1 en 2

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m		
10. Sander Iuga	Poseidon'56	2:16.08	200101389	<b>2:19.52</b>	+0,67	516	32.78	1:08.43	1:43.86	2:19.52
11. Sander van Beek	LZ 1886	2:25.50	200002917	<b>2:21.19</b>	+0,59	498	32.79	1:08.49	1:44.90	2:21.19
12. Aron Paasse	zc De Schotejil	2:22.46	200000099	<b>2:22.24</b>	+0,61	487	34.09	1:10.65	1:46.85	2:22.24
13. Jacob Mackloet	zc De Schotejil	2:21.87	200001171	<b>2:23.01</b>	+0,76	479	33.74	1:10.85	1:47.75	2:23.01
14. Jarno van Oijen	SG SCOM/de Zeehond	2:34.13	200100055	<b>2:23.83</b>	+0,71	471	33.64	1:10.48	1:48.42	2:23.83
15. J. van Oudheusden	De Duck	2:33.09	200102449	<b>2:24.01</b>	+0,69	469	33.50	1:10.14	1:47.72	2:24.01
16. Boy Borreman	SG LinK /Z&PC Katwijk	2:30.80	200102751	<b>2:26.28</b>	+0,71	448	34.70	1:11.29	1:48.86	2:26.28
17. Wessel Bonkestoter	Widex Gzc Donk	2:30.06	200100625	<b>2:27.72</b>	+0,64	435	34.39	1:11.56	1:49.95	2:27.72
18. Liam van Gool	De Geul	2:24.79	200001111	<b>2:28.93</b>	+0,68	424	34.49	1:11.94	1:50.48	2:28.93
19. Matin Yousufi	WVZ	2:35.69	200004511	<b>2:30.59</b>	+0,82	411	34.27	1:12.08	1:51.11	2:30.59
20. Boaz Troost	Zob'66	2:40.23	200100371	<b>2:44.44</b>	+0,70	315	38.24	1:19.19	2:02.47	2:44.44

Senioren 1 en ouder

1. Ensger Kotterink	SG Albion d'ELFT	2:04.19	199403391	<b>2:01.76</b>	+0,63	777	27.78	58.01	1:29.99	2:01.76
2. Melvin Prins	ZPC Wiekslag	2:11.52	199500201	<b>2:09.75</b>	+0,62	642	29.74	1:02.59	1:36.50	2:09.75
3. Ruben Griffioen	De Columbiaan	2:08.09	199900771	<b>2:11.07</b>	+0,82	623	30.26	1:03.52	1:37.15	2:11.07
4. Matthew Dullemond	Rotterdam Swimming	2:13.09	199805005	<b>2:12.45</b>	+0,79	603	31.76	1:05.58	1:39.72	2:12.45
5. Mike Hoek	De Duck	2:09.51	199702229	<b>2:13.45</b>	+1,45	590	30.70	1:03.99	1:38.69	2:13.45
6. Dave Jansen	WVZ	2:14.94	199805299	<b>2:14.72</b>	+0,61	573	31.28	1:05.31	1:40.38	2:14.72
7. Jorian Tanis	zc De Schotejil	2:13.22	199900327	<b>2:14.95</b>	+0,70	570	32.25	1:06.52	1:41.38	2:14.95
8. Lars Schoffelmeeer	ZPB H&L Productions	2:16.11	199501907	<b>2:17.39</b>	+0,71	541	31.38	1:05.93	1:41.28	2:17.39
9. Jordy van Oel	WVZ	2:24.52	199802003	<b>2:20.55</b>	+0,58	505	33.41	1:09.17	1:45.43	2:20.55
10. Robin van Beek	LZ 1886	2:16.71	199704023	<b>2:20.73</b>	+0,69	503	34.20	1:10.78	1:46.65	2:20.73
11. Alex Vermeulen	WZK	2:24.83	198905811	<b>2:21.13</b>	+0,73	499	32.40	1:08.14	1:45.18	2:21.13
12. Daan Siebenheller	Zob'66	2:20.55	199804955	<b>2:21.81</b>	+0,66	492	34.10	1:11.16	1:48.06	2:21.81
13. Tristan Stam	Zob'66	2:25.04	199903551	<b>2:28.06</b>	+0,74	432	34.89	1:13.09	1:51.41	2:28.06
14. Robin Lecomte	KZV de Lansingh	2:20.76	199900711	<b>2:30.80</b>	+0,72	409	33.68	1:11.48	1:51.26	2:30.80
15. Ian van Mullem	Zob'66	2:32.06	199602545	<b>2:32.08</b>	+0,58	399	35.73	1:13.53	1:53.30	2:32.08

Programmanr. 11  
11-11-2017 - 16:10

Meisjes, 4 x 100m wisselslag

Junioren  
Resultaten

rang	vereniging	intijd	tijd	RT
1. de Devel 1	de Devel	4:57.96	<b>4:53.88</b>	+0,62
	Isis Naaktgeboren	+0,62	35.18	1:13.05
	Asha van Lobberegt	+0,51	38.86	1:23.62
				Rinske Bouman
				Isa Maes
				+0,50
				31.65
				1:11.41
				+0,27
				31.05
				1:05.80
2. De Columbiaan 1	De Columbiaan	5:04.19	<b>5:02.18</b>	+0,80
	Robine Boer	+0,80	37.58	1:16.47
	Daniëlle Vis	+0,45	37.23	1:18.23
				Anique Star
				Milou Adriaanse
				+0,67
				36.46
				1:18.50
				+0,40
				32.04
				1:08.98
3. The Hague Swimming (SG) 1	The Hague Swimming (SG)	5:13.08	<b>5:10.32</b>	+0,60
	Merel Schravendijk	+0,60	37.84	1:16.17
	Megan Jonkman	+0,20	40.48	1:27.79
				Anniko Firman
				Ziya Gaia van de Voorde
				+0,60
				36.12
				1:20.08
				+0,46
				31.42
				1:06.28
4. Barracuda 1	Van Vliet-Barracuda	5:10.31	<b>5:22.94</b>	+0,68
	Emma Verkuijl	+0,68	37.93	1:17.94
	Anouschka Bos		43.59	1:32.27
				Mara Tims
				Marit Huisman
				+0,47
				38.44
				1:24.92
				+0,29
				32.08
				1:07.81
5. WVZ 1	WVZ	5:19.42	<b>5:23.21</b>	+0,73
	Zinzi van der Maas	+0,73	38.90	1:18.34
	Beatrice Lupi	+0,44	42.25	1:32.86
				Jade van der Maas
				Feija de Bruin
				+0,79
				36.17
				1:20.91
				+0,26
				33.90
				1:11.10
6. Zob'66 1	Zob'66	5:26.25	<b>5:28.17</b>	+0,66
	Daphne Keijzer	+0,66	41.57	1:28.45
	Emi Schipper		41.10	1:27.67
				Lotte van der Maas
				Jet van Oudheusden
				+0,62
				33.77
				1:12.74
7. zc De Schotejil 1	zc De Schotejil	5:22.28	<b>5:28.73</b>	+0,70
	Lyke Buscop	+0,70	38.98	1:20.74
	Phaedra Meijer	+0,57	40.57	1:27.03
				Aisha Nobels
				Leyla Oversluizen
				+0,55
				42.00
				1:30.47
				+0,47
				33.42
				1:10.49
8. WZK 1	WZK	5:30.20	<b>5:30.79</b>	+0,79
	Eva Kerdel	+0,79	39.66	1:22.99
	Sera Emmers	+0,52	42.16	1:32.33
				Syazmin Shahazir
				Felicia Bosse
				+0,08
				36.11
				1:22.06
				+0,09
				34.47
				1:13.41

DIS The Hague Swimming (SG) 2 The Hague Swimming (SG) 5:34.62  
RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Madelief Mans, Avery Collins, Lara Hoeksema, Meira Simons

rang	vereniging	intijd	tijd	RT
1.	WVZ	4:15.12	<b>4:18.77</b>	+0,67
	Lauren van IJll +0,67 33.00	1:07.76	+0,38 28.96	1:01.95
	Rosey Metz +0,56 33.17	1:10.60	+0,44 28.29	58.46
2.	The Hague Swimming (SG) 1 The Hague Swimming (SG)	4:19.21	<b>4:20.93</b>	+0,78
	Lotte Hosper +0,78 32.39	1:06.72	+0,37 27.06	57.91
	Britt Steunenber +0,07 35.94	1:17.46	+0,50 28.08	58.84
3.	Lansingh 1 KZV de Lansingh	4:34.53	<b>4:33.72</b>	+0,68
	Britta Koehorst +0,68 30.16	1:03.88	+0,21 29.93	1:05.95
	Aniek Erenstein-Huijsman +0,53 36.63	1:18.72	+0,44 30.86	1:05.17
4.	SG SCOM/de Zeehond'73 1 SG SCOM/de Zeehond'73	4:37.03	<b>4:38.83</b>	+0,78
	Megan de Hoog +0,78 34.23	1:11.27	+0,48 30.43	1:06.20
	Annemarie Meijer +0,51 34.89	1:14.74	+0,59 31.13	1:06.62
5.	WVZ 2 WVZ	4:34.84	<b>4:40.74</b>	+0,66
	Marinde Beukers +0,66 34.25	1:09.96	+0,45 31.59	1:08.60
	Grace Anderson +0,46 36.52	1:17.85	+0,47 30.57	1:04.33
6.	The Hague Swimming (SG) 2 The Hague Swimming (SG)	4:42.51	<b>4:47.90</b>	+0,67
	Femke Hoppenbrouwer +0,67 36.00	1:14.10	+0,46 31.74	1:09.22
	Inge van der Hoek +0,12 37.43	1:21.47	+0,46 29.80	1:03.11
7.	SG Link /Z&PC Katwijk 1 SG Link /Z&PC Katwijk	4:43.08	<b>4:47.97</b>	+0,56
	Lize van Stigt +0,56 35.62	1:13.21	+0,42 33.46	1:12.34
	Kim de Jong +0,41 36.00	1:17.22	+0,19 31.19	1:05.20
8.	The Hague Swimming (SG) 3 The Hague Swimming (SG)	4:51.57	<b>4:49.93</b>	+0,67
	Almudena Visser Velez +0,67 33.52	1:09.08	+0,63 33.95	1:13.99
	Sanne Vermeulen +0,32 38.43	1:23.22	+0,41 30.49	1:03.64
9.	De Columbiaan 1 De Columbiaan	4:35.73	<b>4:51.00</b>	+0,64
	Megan van Beelen +0,64 34.76	1:11.51	+0,44 33.95	1:15.82
	Miranda Nijenhuis +0,22 35.20	1:18.78	+0,43 30.95	1:04.89
10.	zc De Schotelij 1 zc De Schotelij	4:47.29	<b>4:51.32</b>	+0,69
	Manon Middelbos +0,69 34.34	1:11.14	+0,23 35.09	1:17.34
	Lotte Middelbos +0,49 36.08	1:18.16	+0,70 30.86	1:04.68
11.	WZK 1 WZK	4:49.32	<b>4:53.00</b>	+0,76
	Jasmine el Taraboulsi +0,76 35.96	1:15.52	+0,18 31.79	1:09.28
	Nuria Boersma +0,33 38.13	1:22.05	+0,13 30.55	1:06.15
12.	Zob'66 1 Zob'66	5:02.36	<b>4:54.28</b>	+0,77
	Thirza Belder +0,77 36.75	1:17.37	+0,42 32.59	1:11.46
	Rebecca Evers +0,60 38.84	1:22.62	+0,48 29.65	1:02.83
13.	De Geul 1 De Geul	4:50.92	<b>4:55.53</b>	+0,60
	Esmée Roodenburg +0,60 36.79	1:15.11	+0,40 34.17	1:15.41
	Kirana Hoogenbosch +0,48 38.87	1:24.42	0.00 28.69	1:00.59
14.	GZC Donk 1 Widex Gzc Donk	5:04.46	<b>4:58.83</b>	+0,73
	Annik de Ruiter +0,73 34.33	1:11.28	+0,35 33.83	1:13.36
	Tamara de Gier +0,53 42.15	1:29.19	+0,37 30.95	1:05.00
15.	Zoetermeer 1 Zoetermeer	4:56.48	<b>4:59.16</b>	+0,58
	Marise van 't Walderveen +0,58 38.12	1:18.10	+0,34 34.14	1:14.03
	Elyanne Boudestein +0,48 37.11	1:20.07	+0,44 31.87	1:06.96

rang	naam	vereniging	intijd	tijd	RT
<b>Junioren 1</b>					
1.	Sem Agterdenbos	MNC Dordrecht	5:13.66	200500049	<b>4:57.44</b> 405
	50m: 33.32	33.32 150m: 1:47.87	37.75	250m: 3:04.08	38.08 350m: 4:21.05
	100m: 1:10.12	36.80 200m: 2:26.00	38.13	300m: 3:43.58	39.50 400m: 4:57.44
2.	Gabriel Been	The Hague Swimming (SG)	5:02.35	200501467	<b>4:59.12</b> +0,68 398
	50m: 32.76	32.76 150m: 1:48.36	38.35	250m: 3:06.00	38.87 350m: 4:23.08
	100m: 1:10.01	37.25 200m: 2:27.13	38.77	300m: 3:44.41	38.41 400m: 4:59.12
3.	Björn Verkaik	The Hague Swimming (SG)	5:14.09	200500411	<b>5:05.81</b> +0,64 373
	50m: 34.10	34.10 150m: 1:52.87	39.96	250m: 3:11.42	38.82 350m: 4:28.27
	100m: 1:12.91	38.81 200m: 2:32.60	39.73	300m: 3:50.32	38.90 400m: 5:05.81
4.	Casper Hoogervorst	De Columbiaan	5:08.91	200500183	<b>5:10.58</b> +0,73 356
	50m: 35.16	35.16 150m: 1:54.28	39.87	250m: 3:14.02	40.45 350m: 4:33.67
	100m: 1:14.41	39.25 200m: 2:33.57	39.29	300m: 3:54.05	40.03 400m: 5:10.58
5.	Luca Nguyen-tri	Rotterdam Swimming	5:36.06	200500781	<b>5:16.18</b> +0,67 337
	50m: 35.95	35.95 150m: 1:56.68	40.27	250m: 3:16.93	39.29 350m: 4:36.92
	100m: 1:16.41	40.46 200m: 2:37.64	40.96	300m: 3:57.26	40.33 400m: 5:16.18

Programmanr. 13, Jongens, 400m vrije slag, Junioren 1

rang	naam	vereniging	intijd	200500263	tijd	RT
6.	Émile Fouzai	The Hague Swimming (SG)	5:16.43	200500263	<b>5:20.47</b>	+0,72 324
	50m: 34.62	34.62 150m: 1:56.08	41.40	250m: 3:19.83	42.11	350m: 4:42.18
	100m: 1:14.68	40.06 200m: 2:37.72	41.64	300m: 4:00.20	40.37	400m: 5:20.47
7.	Conor Baker	De Columbiaan	5:33.78	200500991	<b>5:21.54</b>	+0,70 321
	50m: 35.56	35.56 150m: 1:58.50	42.04	250m: 3:21.18	41.03	350m: 4:44.50
	100m: 1:16.46	40.90 200m: 2:40.15	41.65	300m: 4:03.41	42.23	400m: 5:21.54
8.	Thijs Visser	Van Vliet-Barracuda	5:38.44	200502129	<b>5:26.09</b>	+0,84 307
	50m: 35.46	35.46 150m: 1:57.97	42.18	250m: 3:22.30	42.18	350m: 4:47.23
	100m: 1:15.79	40.33 200m: 2:40.12	42.15	300m: 4:04.29	41.99	400m: 5:26.09
9.	Aaïke de Tender	De Geul	5:34.16	200502189	<b>5:37.85</b>	276
	50m: 37.80	37.80 150m: 2:04.58	43.63	250m: 3:32.16	43.63	350m: 4:58.35
	100m: 1:20.95	43.15 200m: 2:48.53	43.95	300m: 4:15.15	42.99	400m: 5:37.85
10.	Onno Roeleveld	De Columbiaan	5:39.75	200502775	<b>5:38.30</b>	+0,77 275
	50m: 35.67	35.67 150m: 2:01.26	43.26	250m: 3:29.15	43.66	350m: 4:55.81
	100m: 1:18.00	42.33 200m: 2:45.49	44.23	300m: 4:12.23	43.08	400m: 5:38.30
11.	Tim van Lochem	Zoetermeer	5:46.43	200500077	<b>5:44.15</b>	+0,48 261
	50m: 35.93	35.93 150m: 2:02.08	44.85	250m: 3:32.82	45.41	350m: 5:01.17
	100m: 1:17.23	41.30 200m: 2:47.41	45.33	300m: 4:17.89	45.07	400m: 5:44.15
DIS	Sytze van Stein	SG Link /Z&PC Katwijk	5:29.68	200501155		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					

Junioren 2

1.	Timo Kock	de Devel	4:31.12	200400387	<b>4:25.63</b>	+0,75 569
	50m: 29.67	29.67 150m: 1:36.64	33.92	250m: 2:44.96	34.30	350m: 3:53.27
	100m: 1:02.72	33.05 200m: 2:10.66	34.02	300m: 3:19.01	34.05	400m: 4:25.63
2.	Abel te Riele	WVZ	4:35.39	200402317	<b>4:33.17</b>	+0,81 523
	50m: 30.51	30.51 150m: 1:39.51	34.91	250m: 2:49.65	35.09	350m: 3:59.84
	100m: 1:04.60	34.09 200m: 2:14.56	35.05	300m: 3:24.76	35.11	400m: 4:33.17
3.	Nathan Janssen	MNC Dordrecht	4:51.52	200401565	<b>4:39.70</b>	+0,62 487
	50m: 32.32	32.32 150m: 1:44.07	36.24	250m: 2:56.15	35.73	350m: 4:05.65
	100m: 1:07.83	35.51 200m: 2:20.42	36.35	300m: 3:31.02	34.87	400m: 4:39.70
4.	Jason van den Berg	Rotterdam Swimming	4:54.94	200400009	<b>4:40.81</b>	481
	50m: 31.48	31.48 150m: 1:43.15	36.08	250m: 2:55.17	36.15	350m: 4:07.06
	100m: 1:07.07	35.59 200m: 2:19.02	35.87	300m: 3:31.25	36.08	400m: 4:40.81
5.	Erik Oldenkamp	KZV de Lansingh	4:48.33	200400597	<b>4:41.93</b>	+0,83 476
	50m: 31.35	31.35 150m: 1:42.23	35.89	250m: 2:55.17	36.61	350m: 4:06.73
	100m: 1:06.34	34.99 200m: 2:18.56	36.33	300m: 3:30.55	35.38	400m: 4:41.93
6.	Julien Tanis	zc De Schotejil	4:46.20	200401045	<b>4:43.99</b>	+0,81 465
	50m: 30.93	30.93 150m: 1:41.88	36.33	250m: 2:55.43	36.50	350m: 4:09.12
	100m: 1:05.55	34.62 200m: 2:18.93	37.05	300m: 3:32.13	36.70	400m: 4:43.99
7.	Pepijn van Egmond	WVZ	4:51.53	200402309	<b>4:45.59</b>	+0,68 458
	50m: 31.59	31.59 150m: 1:42.52	36.37	250m: 2:56.19	36.85	350m: 4:09.79
	100m: 1:06.15	34.56 200m: 2:19.34	36.82	300m: 3:33.29	37.10	400m: 4:45.59
8.	Chris van der Hout	The Hague Swimming (SG)	4:47.42	200401355	<b>4:47.09</b>	+0,78 450
	50m: 29.90	29.90 150m: 1:41.54	37.25	250m: 2:56.24	37.25	350m: 4:12.11
	100m: 1:04.29	34.39 200m: 2:18.99	37.45	300m: 3:33.83	37.59	400m: 4:47.09
9.	Jay de Vries	de Devel	4:43.39	200400669	<b>4:48.30</b>	+0,74 445
	50m: 30.19	30.19 150m: 1:40.58	36.00	250m: 2:54.40	37.39	350m: 4:11.86
	100m: 1:04.58	34.39 200m: 2:17.01	36.43	300m: 3:33.10	38.70	400m: 4:48.30
10.	Thijm Kruit	De Columbiaan	4:48.23	200401339	<b>4:48.55</b>	+0,60 444
	50m: 32.33	32.33 150m: 1:44.03	36.36	250m: 2:58.67	37.57	350m: 4:12.87
	100m: 1:07.67	35.34 200m: 2:21.10	37.07	300m: 3:35.52	36.85	400m: 4:48.55
11.	Tim Haimé	The Hague Swimming (SG)	5:10.85	200403567	<b>4:54.81</b>	+0,81 416
	50m: 33.89	33.89 150m: 1:46.99	37.07	250m: 3:02.04	37.81	350m: 4:18.62
	100m: 1:09.92	36.03 200m: 2:24.23	37.24	300m: 3:40.08	38.04	400m: 4:54.81
12.	Niels van der Mast	ZPCNumansdorp	5:16.11	200401917	<b>4:56.66</b>	408
	50m: 32.75	32.75 150m: 1:46.92	37.48	250m: 3:03.79	38.59	350m: 4:18.35
	100m: 1:09.44	36.69 200m: 2:25.20	38.28	300m: 3:42.37	38.58	400m: 4:56.66
13.	Loeka Wubben	The Hague Swimming (SG)	5:08.96	200400307	<b>4:59.08</b>	+0,76 398
	50m: 32.70	32.70 150m: 1:46.63	37.59	250m: 3:02.84	38.88	350m: 4:21.51
	100m: 1:09.04	36.34 200m: 2:23.96	37.33	300m: 3:41.95	39.11	400m: 4:59.08
14.	Arthur Bondartsov	de Devel	5:02.42	200403231	<b>5:03.86</b>	+0,70 380
	50m: 33.45	33.45 150m: 1:47.69	37.61	250m: 3:06.18	39.59	350m: 4:26.31
	100m: 1:10.08	36.63 200m: 2:26.59	38.90	300m: 3:46.04	39.86	400m: 5:03.86
15.	Sem Verberg	The Hague Swimming (SG)	5:24.52	200402105	<b>5:04.01</b>	+0,72 379
	50m: 34.14	34.14 150m: 1:52.20	39.36	250m: 3:10.19	38.74	350m: 4:24.45
	100m: 1:12.84	38.70 200m: 2:31.45	39.25	300m: 3:47.96	37.77	400m: 5:04.01
16.	Bart Pardon	WVZ	4:54.69	200400639	<b>5:06.98</b>	+0,53 368
	50m: 33.15	33.15 150m: 1:51.14	39.66	250m: 3:10.19	39.14	350m: 4:28.92
	100m: 1:11.48	38.33 200m: 2:31.05	39.91	300m: 3:50.02	39.83	400m: 5:06.98

Programmanr. 13, Jongens, 400m vrije slag, Junioren 2

rang	naam	vereniging	intijd	200401361	tijd	RT
17.	Kun Woo Kim	The Hague Swimming (SG)	5:23.35	200401361	<b>5:09.30</b>	+0,68 360
	50m: 33.90	33.90 150m: 1:51.14	39.23	250m: 3:10.08	40.10 350m: 4:31.89	40.82
	100m: 1:11.91	38.01 200m: 2:29.98	38.84	300m: 3:51.07	40.99 400m: 5:09.30	37.41
18.	Thomas van Peenen	De Columbiaan	5:13.24	200400097	<b>5:09.40</b>	+0,69 360
	50m: 33.42	33.42 150m: 1:52.82	39.93	250m: 3:13.84	40.60 350m: 4:33.31	39.58
	100m: 1:12.89	39.47 200m: 2:33.24	40.42	300m: 3:53.73	39.89 400m: 5:09.40	36.09
19.	Timon Wijsman	SG Albion d'ELFT	5:29.40	200403707	<b>5:32.36</b>	290
	50m: 35.92	35.92 150m: 1:59.34	42.02	250m: 3:25.87	43.57 350m: 4:54.06	44.14
	100m: 1:17.32	41.40 200m: 2:42.30	42.96	300m: 4:09.92	44.05 400m: 5:32.36	38.30

Junioren 3

1.	Jelle Bon	ZV Vlaardingen-Schiedam	4:39.84	200301077	<b>4:28.13</b>	+0,74 553
	50m: 28.75	28.75 150m: 1:35.76	34.08	250m: 2:45.15	34.54 350m: 3:55.52	34.99
	100m: 1:01.68	32.93 200m: 2:10.61	34.85	300m: 3:20.53	35.38 400m: 4:28.13	32.61
2.	Milan Hamel	The Hague Swimming (SG)	4:41.54	200302125	<b>4:34.30</b>	516
	50m: 31.11	31.11 150m: 1:40.61	35.02	250m: 2:51.79	35.70 350m: 4:02.11	34.63
	100m: 1:05.59	34.48 200m: 2:16.09	35.48	300m: 3:27.48	35.69 400m: 4:34.30	32.19
3.	Daan Hogerhuis	SG LinK /Z&PC Katwijk	4:41.72	200300317	<b>4:34.98</b>	+0,66 513
	50m: 30.60	30.60 150m: 1:40.05	35.30	250m: 2:50.74	35.48 350m: 4:01.79	35.54
	100m: 1:04.75	34.15 200m: 2:15.26	35.21	300m: 3:26.25	35.51 400m: 4:34.98	33.19
4.	Senna Mooldijk	De Kempvis	4:35.84	200301147	<b>4:35.42</b>	+0,66 510
	50m: 29.91	29.91 150m: 1:39.60	35.34	250m: 2:51.73	36.21 350m: 4:03.35	35.34
	100m: 1:04.26	34.35 200m: 2:15.52	35.92	300m: 3:28.01	36.28 400m: 4:35.42	32.07
5.	Bjarne Bujs	The Hague Swimming (SG)	4:51.01	200301089	<b>4:39.62</b>	+0,87 488
	50m: 31.72	31.72 150m: 1:42.57	35.88	250m: 2:54.04	35.57 350m: 4:05.39	35.40
	100m: 1:06.69	34.97 200m: 2:18.47	35.90	300m: 3:29.99	35.95 400m: 4:39.62	34.23
6.	Michael Smink	The Hague Swimming (SG)	4:59.56	200302169	<b>4:41.48</b>	+0,79 478
	50m: 30.89	30.89 150m: 1:43.58	37.04	250m: 2:56.32	36.98 350m: 4:07.43	34.67
	100m: 1:06.54	35.65 200m: 2:19.34	35.76	300m: 3:32.76	36.44 400m: 4:41.48	34.05
7.	Maximilian Lopes Cardozo	WZK	5:00.88	200300665	<b>4:41.83</b>	+0,66 476
	50m: 32.10	32.10 150m: 1:44.15	36.21	250m: 2:56.45	35.34 350m: 4:09.11	36.31
	100m: 1:07.94	35.84 200m: 2:21.11	36.96	300m: 3:32.80	36.35 400m: 4:41.83	32.72
8.	Perry Laarhoven	ZPCNumansdorp	4:43.33	200301321	<b>4:42.41</b>	+0,85 473
	50m: 30.91	30.91 150m: 1:41.52	35.62	250m: 2:54.21	36.17 350m: 4:07.06	36.14
	100m: 1:05.90	34.99 200m: 2:18.04	36.52	300m: 3:30.92	36.71 400m: 4:42.41	35.35
9.	Kenan Cörüz	SG Albion d'ELFT	4:49.72	200300357	<b>4:48.15</b>	+0,68 445
	50m: 32.29	32.29 150m: 1:45.14	36.90	250m: 2:58.96	36.89 350m: 4:13.25	37.17
	100m: 1:08.24	35.95 200m: 2:22.07	36.93	300m: 3:36.08	37.12 400m: 4:48.15	34.90
10.	Yassine Maas	The Hague Swimming (SG)	4:53.07	200301505	<b>4:49.55</b>	+0,74 439
	50m: 31.60	31.60 150m: 1:43.61	36.85	250m: 2:58.19	37.24 350m: 4:12.59	37.09
	100m: 1:06.76	35.16 200m: 2:20.95	37.34	300m: 3:35.50	37.31 400m: 4:49.55	36.96
11.	Stefan Groen	KZV de Lansingh	5:11.31	200301179	<b>4:56.77</b>	+0,65 408
	50m: 32.64	32.64 150m: 1:46.91	37.50	250m: 3:02.99	38.49 350m: 4:19.64	37.89
	100m: 1:09.41	36.77 200m: 2:24.50	37.59	300m: 3:41.75	38.76 400m: 4:56.77	37.13
12.	Thimo van Beek	LZ 1886	5:17.53	200301347	<b>5:03.72</b>	+0,71 380
	50m: 33.88	33.88 150m: 1:51.52	39.29	250m: 3:09.63	39.26 350m: 4:27.64	38.56
	100m: 1:12.23	38.35 200m: 2:30.37	38.85	300m: 3:49.08	39.45 400m: 5:03.72	36.08
13.	Brandon Groeneveld	De Geul	5:12.53	200300595	<b>5:08.11</b>	+0,63 364
	50m: 34.88	34.88 150m: 1:52.17	38.96	250m: 3:11.06	39.81 350m: 4:30.53	39.70
	100m: 1:13.21	38.33 200m: 2:31.25	39.08	300m: 3:50.83	39.77 400m: 5:08.11	37.58
14.	Maxim Noordman	The Hague Swimming (SG)	5:18.03	200304067	<b>5:15.09</b>	+0,71 341
	50m: 33.22	33.22 150m: 1:52.65	40.87	250m: 3:13.88	40.94 350m: 4:35.94	41.13
	100m: 1:11.78	38.56 200m: 2:32.94	40.29	300m: 3:54.81	40.93 400m: 5:15.09	39.15
15.	Tygo Korving	ZPB H&L Productions	5:18.95	200300773	<b>5:22.38</b>	+0,76 318
	50m: 34.39	34.39 150m: 1:52.36	39.52	250m: 3:14.71	41.70 350m: 4:40.42	43.14
	100m: 1:12.84	38.45 200m: 2:33.01	40.65	300m: 3:57.28	42.57 400m: 5:22.38	41.96
16.	Quinten Nieuwenhuis	WZK	5:26.00	200304577	<b>5:25.20</b>	+0,79 310
	50m: 35.39	35.39 150m: 1:57.02	41.05	250m: 3:21.71	42.92 350m: 4:46.34	41.69
	100m: 1:15.97	40.58 200m: 2:38.79	41.77	300m: 4:04.65	42.94 400m: 5:25.20	38.86
17.	Noë Berry	LZ 1886	5:31.89	200303167	<b>5:25.82</b>	+0,69 308
	50m: 34.56	34.56 150m: 1:56.16	42.26	250m: 3:22.16	43.62 350m: 4:47.72	43.09
	100m: 1:13.90	39.34 200m: 2:38.54	42.38	300m: 4:04.63	42.47 400m: 5:25.82	38.10
18.	Vendel Kalman	WZK	5:26.39	200304581	<b>5:42.52</b>	+0,79 265
	50m: 36.22	36.22 150m: 2:01.56	44.02	250m: 3:33.06	46.28 350m: 5:02.78	43.91
	100m: 1:17.54	41.32 200m: 2:46.78	45.22	300m: 4:18.87	45.81 400m: 5:42.52	39.74

Programmanr. 13, Heren, 400m vrije slag

Junioren 4

1.	Bryan Agterdenbos	MNC Dordrecht	4:01.81	200200003	<b>4:07.66</b>	+0,74	702
	50m: 27.83	27.83 150m: 1:30.23	31.20	250m: 2:33.78	31.61	350m: 3:38.14	32.12
	100m: 59.03	31.20 200m: 2:02.17	31.94	300m: 3:06.02	32.24	400m: 4:07.66	29.52
2.	Scott Jansen	WVZ	4:21.25	200202455	<b>4:17.47</b>	+0,74	624
	50m: 27.47	27.47 150m: 1:32.62	32.79	250m: 2:39.02	33.39	350m: 3:46.21	33.55
	100m: 59.83	32.36 200m: 2:05.63	33.01	300m: 3:12.66	33.64	400m: 4:17.47	31.26
3.	Niels Dijkshoorn	ZV Westland	4:35.59	200203079	<b>4:19.55</b>	+0,74	610
	50m: 29.28	29.28 150m: 1:35.04	33.70	250m: 2:42.41	33.66	350m: 3:48.59	32.72
	100m: 1:01.34	32.06 200m: 2:08.75	33.71	300m: 3:15.87	33.46	400m: 4:19.55	30.96
4.	Nikhom Westphal	SG SCOM/de Zeehond'73	4:31.32	200203329	<b>4:28.01</b>	+0,75	554
	50m: 29.36	29.36 150m: 1:36.79	34.16	250m: 2:45.26	34.41	350m: 3:53.98	34.45
	100m: 1:02.63	33.27 200m: 2:10.85	34.06	300m: 3:19.53	34.27	400m: 4:28.01	34.03
5.	Adriaan Provó Kluit	WVZ	4:30.77	200204397	<b>4:33.83</b>	+0,73	519
	50m: 28.60	28.60 150m: 1:35.34	34.37	250m: 2:46.26	36.27	350m: 3:59.20	36.88
	100m: 1:00.97	32.37 200m: 2:09.99	34.65	300m: 3:22.32	36.06	400m: 4:33.83	34.63
6.	Guus Hoogduin	LZ 1886	4:38.53	200201069	<b>4:33.93</b>	+0,70	519
	50m: 29.83	29.83 150m: 1:37.83	34.58	250m: 2:48.11	35.80	350m: 4:00.70	36.20
	100m: 1:03.25	33.42 200m: 2:12.31	34.48	300m: 3:24.50	36.39	400m: 4:33.93	33.23
7.	Dylano Termoshuizen	WVZ	4:48.68	200202169	<b>4:39.39</b>	+0,70	489
	50m: 29.94	29.94 150m: 1:40.97	35.70	250m: 2:52.91	35.67	350m: 4:04.23	35.50
	100m: 1:05.27	35.33 200m: 2:17.24	36.27	300m: 3:28.73	35.82	400m: 4:39.39	35.16
8.	Thomas van Wanrooij	NTC PARA - Poseidon '56	4:57.84	200201473	S13 <b>4:41.13</b>	+0,77	588
	50m: 30.84	30.84 150m: 1:41.47	36.01	250m: 2:54.06	36.46	350m: 4:07.89	36.88
	100m: 1:05.46	34.62 200m: 2:17.60	36.13	300m: 3:31.01	36.95	400m: 4:41.13	33.24
9.	Cas Jansen	The Hague Swimming (SG)	4:45.88	200203263	<b>4:44.12</b>	+0,68	465
	50m: 30.84	30.84 150m: 1:42.69	36.63	250m: 2:56.40	36.72	350m: 4:10.00	35.90
	100m: 1:06.06	35.22 200m: 2:19.68	36.99	300m: 3:34.10	37.70	400m: 4:44.12	34.12
10.	Bas van Nisius	The Hague Swimming (SG)	4:47.97	200202107	<b>4:44.17</b>	+0,59	464
	50m: 32.42	32.42 150m: 1:45.49	36.78	250m: 2:58.66	36.41	350m: 4:10.97	35.89
	100m: 1:08.71	36.29 200m: 2:22.25	36.76	300m: 3:35.08	36.42	400m: 4:44.17	33.20
11.	Robin van Peenen	De Columbiaan	4:43.81	200201059	<b>4:44.20</b>	+0,62	464
	50m: 30.16	30.16 150m: 1:41.82	36.25	250m: 2:55.27	37.08	350m: 4:10.08	37.66
	100m: 1:05.57	35.41 200m: 2:18.19	36.37	300m: 3:32.42	37.15	400m: 4:44.20	34.12
12.	Johrick Wijma	KZV de Lansingh	5:01.52	200204435	<b>4:52.77</b>		425
	50m: 31.74	31.74 150m: 1:43.62	37.00	250m: 2:58.85	37.45	350m: 4:15.53	38.55
	100m: 1:06.62	34.88 200m: 2:21.40	37.78	300m: 3:36.98	38.13	400m: 4:52.77	37.24
13.	Wouter Verdoes	De Columbiaan	4:54.20	200200351	<b>4:52.99</b>	+0,76	424
	50m: 31.12	31.12 150m: 1:44.74	37.46	250m: 3:00.44	37.69	350m: 4:16.49	38.40
	100m: 1:07.28	36.16 200m: 2:22.75	38.01	300m: 3:38.09	37.65	400m: 4:52.99	36.50
14.	Glenn van Gaalen	De Kempvis	4:56.89	200200521	<b>4:54.38</b>	+0,65	418
	50m: 31.41	31.41 150m: 1:44.22	37.15	250m: 3:00.29	38.44	350m: 4:18.51	39.13
	100m: 1:07.07	35.66 200m: 2:21.85	37.63	300m: 3:39.38	39.09	400m: 4:54.38	35.87
NG.ZA	Viktor Koets	De Columbiaan	4:35.64	200201677			
NG.ZA	Luc Brasz	The Hague Swimming (SG)	5:15.35	200200919			
NG	Bas van Wieringen	De Columbiaan	4:47.64	200200119			

Jeugd 1 en 2

1.	Thomas Jansen	WVZ	4:01.68	200100143	<b>4:04.85</b>	+0,77	726
	50m: 28.34	28.34 150m: 1:29.75	30.81	250m: 2:31.49	30.91	350m: 3:34.27	31.36
	100m: 58.94	30.60 200m: 2:00.58	30.83	300m: 3:02.91	31.42	400m: 4:04.85	30.58
2.	Olivier Jans	The Hague Swimming (SG)	4:08.41	200001815	<b>4:09.40</b>	+0,75	687
	50m: 29.07	29.07 150m: 1:31.27	31.32	250m: 2:34.92	31.84	350m: 3:38.95	31.91
	100m: 59.95	30.88 200m: 2:03.08	31.81	300m: 3:07.04	32.12	400m: 4:09.40	30.45
3.	Max Visser	WVZ	4:18.21	200100077	<b>4:12.66</b>	+0,77	661
	50m: 28.04	28.04 150m: 1:32.35	32.78	250m: 2:36.78	31.55	350m: 3:41.00	32.30
	100m: 59.57	31.53 200m: 2:05.23	32.88	300m: 3:08.70	31.92	400m: 4:12.66	31.66
4.	Ivo Stolk	SG SCOM/de Zeehond'73	4:09.66	200100615	<b>4:14.40</b>	+0,64	647
	50m: 28.21	28.21 150m: 1:31.51	32.08	250m: 2:36.08	32.29	350m: 3:42.02	33.15
	100m: 59.43	31.22 200m: 2:03.79	32.28	300m: 3:08.87	32.79	400m: 4:14.40	32.38
5.	Floris de Leeuw	The Hague Swimming (SG)	4:14.25	200105317	<b>4:15.01</b>	+0,68	643
	50m: 28.70	28.70 150m: 1:33.00	32.36	250m: 2:38.64	32.87	350m: 3:43.97	32.54
	100m: 1:00.64	31.94 200m: 2:05.77	32.77	300m: 3:11.43	32.79	400m: 4:15.01	31.04
6.	Jasper Breugem	WVZ	4:15.43	200000303	<b>4:15.51</b>	+0,73	639
	50m: 27.95	27.95 150m: 1:32.31	32.81	250m: 2:38.07	32.64	350m: 3:43.65	32.66
	100m: 59.50	31.55 200m: 2:05.43	33.12	300m: 3:10.99	32.92	400m: 4:15.51	31.86
7.	Freek Hollander	The Hague Swimming (SG)	4:19.76	200103815	<b>4:15.57</b>	+0,79	638
	50m: 29.41	29.41 150m: 1:35.00	33.10	250m: 2:39.49	32.01	350m: 3:44.33	32.60
	100m: 1:01.90	32.49 200m: 2:07.48	32.48	300m: 3:11.73	32.24	400m: 4:15.57	31.24
8.	Gerard Willighagen	Poseidon'56	4:18.68	200103663	<b>4:16.81</b>	+0,73	629
	50m: 29.04	29.04 150m: 1:33.66	32.72	250m: 2:40.05	33.17	350m: 3:45.37	32.55
	100m: 1:00.94	31.90 200m: 2:06.88	33.22	300m: 3:12.82	32.77	400m: 4:16.81	31.44



Programmanr. 13, Jongens, 400m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd		tijd	RT	
9.	Christiaan Smit	The Hague Swimming (SG)	4:17.87	200102463	<b>4:18.18</b>	+0,68	619
	50m: 28.48	28.48 150m: 1:33.10	32.80	250m: 2:39.46	33.09	350m: 3:46.13	33.30
	100m: 1:00.30	31.82 200m: 2:06.37	33.27	300m: 3:12.83	33.37	400m: 4:18.18	32.05
10.	Tjeerd van Stein	SG LinK /Z&PC Katwijk	4:26.90	200101439	<b>4:27.05</b>	+0,76	560
	50m: 30.70	30.70 150m: 1:38.02	33.76	250m: 2:46.27	34.30	350m: 3:54.12	33.47
	100m: 1:04.26	33.56 200m: 2:11.97	33.95	300m: 3:20.65	34.38	400m: 4:27.05	32.93
11.	Querijn Hensen	The Hague Swimming (SG)	4:39.43	200102121	S10 <b>4:31.84</b>	+0,59	719
	50m: 29.85	29.85 150m: 1:37.49	34.23	250m: 2:47.69	35.30	350m: 3:58.55	35.27
	100m: 1:03.26	33.41 200m: 2:12.39	34.90	300m: 3:23.28	35.59	400m: 4:31.84	33.29
12.	Sander Iuga	Poseidon'56	4:35.16	200101389	<b>4:38.86</b>	+0,66	492
	50m: 32.03	32.03 150m: 1:43.46	35.91	250m: 2:54.48	35.12	350m: 4:05.64	35.89
	100m: 1:07.55	35.52 200m: 2:19.36	35.90	300m: 3:29.75	35.27	400m: 4:38.86	33.22
13.	Boy Borreman	SG LinK /Z&PC Katwijk	4:44.70	200102751	<b>4:42.50</b>	+0,69	473
	50m: 30.39	30.39 150m: 1:41.52	36.20	250m: 2:54.75	36.63	350m: 4:08.46	36.96
	100m: 1:05.32	34.93 200m: 2:18.12	36.60	300m: 3:31.50	36.75	400m: 4:42.50	34.04
14.	Dave van den Nieuwendijk	De Columbiaan	4:38.39	200100475	<b>4:43.33</b>	+0,78	469
	50m: 30.61	30.61 150m: 1:41.62	35.81	250m: 2:54.19	36.23	350m: 4:07.77	36.53
	100m: 1:05.81	35.20 200m: 2:17.96	36.34	300m: 3:31.24	37.05	400m: 4:43.33	35.56
15.	Matin Yousufi	WVZ	4:44.70	200004511	<b>4:47.15</b>	+0,61	450
	50m: 30.48	30.48 150m: 1:41.16	36.16	250m: 2:54.75	37.04	350m: 4:10.18	37.95
	100m: 1:05.00	34.52 200m: 2:17.71	36.55	300m: 3:32.23	37.48	400m: 4:47.15	36.97
16.	Thomas Boxman	The Hague Swimming (SG)	4:55.17	200005203	<b>4:57.72</b>	+0,80	404
	50m: 31.76	31.76 150m: 1:43.55	36.38	250m: 3:00.05	39.27	350m: 4:19.33	39.52
	100m: 1:07.17	35.41 200m: 2:20.78	37.23	300m: 3:39.81	39.76	400m: 4:57.72	38.39

Senioren 1 en ouder

1.	Ensger Kotterink	SG Albion d'ELFT	4:05.94	199403391	<b>4:03.23</b>	+0,71	741
	50m: 25.99	25.99 150m: 1:25.62	30.38	250m: 2:28.21	31.59	350m: 3:32.22	31.96
	100m: 55.24	29.25 200m: 1:56.62	31.00	300m: 3:00.26	32.05	400m: 4:03.23	31.01
2.	Timo Dinkelberg	SG Albion d'ELFT	4:10.77	199300773	<b>4:09.57</b>	+0,56	686
	50m: 27.64	27.64 150m: 1:29.55	31.63	250m: 2:34.35	32.43	350m: 3:39.04	32.35
	100m: 57.92	30.28 200m: 2:01.92	32.37	300m: 3:06.69	32.34	400m: 4:09.57	30.53
3.	Jorian Tanis	zc De Schotejil	4:06.93	199900327	<b>4:13.74</b>	+0,76	652
	50m: 28.80	28.80 150m: 1:32.48	32.26	250m: 2:37.81	32.65	350m: 3:42.90	32.42
	100m: 1:00.22	31.42 200m: 2:05.16	32.68	300m: 3:10.48	32.67	400m: 4:13.74	30.84
4.	Lars Schoffemeer	ZPB H&L Productions	4:19.67	199501907	<b>4:17.10</b>	+0,73	627
	50m: 28.20	28.20 150m: 1:31.87	31.89	250m: 2:37.60	32.77	350m: 3:44.00	33.32
	100m: 59.98	31.78 200m: 2:04.83	32.96	300m: 3:10.68	33.08	400m: 4:17.10	33.10
5.	Matthew Dullemond	Rotterdam Swimming	4:25.13	199805005	<b>4:18.47</b>	+0,75	617
	50m: 28.96	28.96 150m: 1:35.08	33.45	250m: 2:42.11	33.58	350m: 3:47.81	31.69
	100m: 1:01.63	32.67 200m: 2:08.53	33.45	300m: 3:16.12	34.01	400m: 4:18.47	30.66
6.	Robin van Beek	LZ 1886	4:18.52	199704023	<b>4:18.89</b>	+0,75	614
	50m: 29.07	29.07 150m: 1:34.42	32.98	250m: 2:40.90	33.45	350m: 3:47.85	33.32
	100m: 1:01.44	32.37 200m: 2:07.45	33.03	300m: 3:14.53	33.63	400m: 4:18.89	31.04
7.	Joris Bezemer	De Kempvis	4:15.16	199900527	<b>4:22.67</b>	+0,75	588
	50m: 29.83	29.83 150m: 1:36.10	33.19	250m: 2:42.51	33.10	350m: 3:50.01	33.97
	100m: 1:02.91	33.08 200m: 2:09.41	33.31	300m: 3:16.04	33.53	400m: 4:22.67	32.66
8.	Rogier Dorsman	de Devel	4:32.83	199900211	S12 <b>4:26.70</b>	+0,69	784
	50m: 29.91	29.91 150m: 1:37.18	33.75	250m: 2:45.32	34.16	350m: 3:53.27	34.00
	100m: 1:03.43	33.52 200m: 2:11.16	33.98	300m: 3:19.27	33.95	400m: 4:26.70	33.43
9.	Jim Geestman	Rotterdam Swimming	4:30.35	198300699	<b>4:29.83</b>	+0,68	543
	50m: 30.31	30.31 150m: 1:36.96	33.61	250m: 2:46.14	35.01	350m: 3:56.31	35.02
	100m: 1:03.35	33.04 200m: 2:11.13	34.17	300m: 3:21.29	35.15	400m: 4:29.83	33.52
10.	Bas Verdoes	De Columbiaan	4:26.32	199801487	<b>4:30.52</b>	+0,81	538
	50m: 29.45	29.45 150m: 1:38.02	34.78	250m: 2:48.26	35.02	350m: 3:57.26	34.34
	100m: 1:03.24	33.79 200m: 2:13.24	35.22	300m: 3:22.92	34.66	400m: 4:30.52	33.26
11.	Ben Muller	De Geul	4:35.01	199801281	<b>4:30.55</b>	+0,72	538
	50m: 30.15	30.15 150m: 1:36.68	33.66	250m: 2:45.20	34.57	350m: 3:55.68	35.25
	100m: 1:03.02	32.87 200m: 2:10.63	33.95	300m: 3:20.43	35.23	400m: 4:30.55	34.87
12.	Jordy van Oel	WVZ	4:29.88	199802003	<b>4:30.78</b>	+0,86	537
	50m: 30.16	30.16 150m: 1:39.52	35.20	250m: 2:49.02	34.74	350m: 3:57.69	34.33
	100m: 1:04.32	34.16 200m: 2:14.28	34.76	300m: 3:23.36	34.34	400m: 4:30.78	33.09
13.	Bart Drechsel	WZK	4:30.53	198604135	<b>4:36.94</b>	+0,70	502
	50m: 29.65	29.65 150m: 1:35.83	33.39	250m: 2:45.48	34.99	350m: 3:58.67	37.52
	100m: 1:02.44	32.79 200m: 2:10.49	34.66	300m: 3:21.15	35.67	400m: 4:36.94	38.27
14.	Alex Vermeulen	WZK	4:36.17	198905811	<b>4:43.67</b>	+0,77	467
	50m: 29.94	29.94 150m: 1:41.24	36.26	250m: 2:54.79	36.66	350m: 4:08.35	36.84
	100m: 1:04.98	35.04 200m: 2:18.13	36.89	300m: 3:31.51	36.72	400m: 4:43.67	35.32

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m		
<b>Junioren 1</b>										
1. Jade van der Maas	WVZ	2:47.42	200600408	<b>2:45.93</b>	+0,89	439	36.31	1:19.89	2:08.26	2:45.93
2. Kimberly Ruiters	De Columbiaan	2:53.61	200600492	<b>2:49.21</b>		414	35.98	1:20.80	2:10.32	2:49.21
3. Mara Tims	Van Vliet-Barracuda	3:03.06	200601136	<b>2:52.39</b>		392	37.80	1:21.68	2:12.02	2:52.39
4. Leyla Oversluizen	zc De Schoteijl	2:52.32	200602730	<b>2:55.29</b>	+0,44	372	38.18	1:23.64	2:16.26	2:55.29
5. Avery Collins	The Hague Swimming	(2:55.98	200603622	<b>2:55.65</b>	+0,73	370	39.76	1:26.32	2:15.90	2:55.65
6. G. Schrijvers van Zende	The Hague Swimming	(3:02.02	200601618	<b>3:00.38</b>	+0,66	342	37.38	1:25.35	2:19.45	3:00.38
DIS Megan Jonkman	The Hague Swimming	(2:51.12	200600508							
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>										
NG Elydjah van der Heul	Van Vliet-Barracuda	2:52.32	200602180							
<b>Junioren 2</b>										
1. Jelsie van Ruijven	WVZ	2:39.15	200500282	<b>2:37.14</b>	+0,69	517	34.21	1:12.97	1:58.04	2:37.14
2. Sophia van Droffelaar	ZV Vlaardingen-Schied	2:44.45	200500330	<b>2:38.52</b>	+0,72	504	36.77	1:17.77	2:03.09	2:38.52
3. Niké Telkamp	The Hague Swimming	(2:46.53	200501088	<b>2:42.04</b>	+0,73	472	35.50	1:18.20	2:04.26	2:42.04
4. Asha van Lobberegt	de Devel	2:42.77	200500088	<b>2:42.79</b>	+0,67	465	36.12	1:16.28	2:05.14	2:42.79
5. Merel Schravendijk	The Hague Swimming	(2:45.10	200503382	<b>2:42.80</b>	+0,71	465	36.19	1:19.51	2:06.41	2:42.80
6. Nurlayah Kartosentiko	ZV Vlaardingen-Schied	2:48.79	200501256	<b>2:44.43</b>	+0,60	451	33.49	1:13.90	2:04.58	2:44.43
7. Evelyn Liket	ZV Vlaardingen-Schied	2:50.78	200503118	<b>2:45.15</b>	+0,76	445	36.69	1:19.34	2:06.69	2:45.15
8. Yente Bouwmeester	De Columbiaan	2:52.32	200500340	<b>2:48.29</b>	+0,72	421	37.85	1:22.00	2:09.95	2:48.29
9. Emma Verkuijl	Van Vliet-Barracuda	2:52.53	200500826	<b>2:48.56</b>	+0,80	419	36.67	1:20.18	2:11.01	2:48.56
10. Vivianne Woltjes	The Hague Swimming	(2:50.63	200501524	<b>2:48.92</b>		416	35.20	1:19.79	2:08.49	2:48.92
11. Milou Adriaanse	De Columbiaan	2:49.59	200500968	<b>2:49.54</b>	+0,71	412	35.34	1:18.30	2:09.88	2:49.54
12. Laura Hoogenboezem	KZV de Lansingh	2:52.18	200500390	<b>2:49.60</b>	+0,80	411	37.87	1:22.03	2:08.71	2:49.60
13. Elise Vink	De Columbiaan	2:51.32	200502588	<b>2:49.82</b>	+0,44	410	36.79	1:21.13	2:09.51	2:49.82
14. Milou Demirel	The Hague Swimming	(3:02.84	200501254	<b>2:51.02</b>	+0,78	401	37.32	1:21.33	2:10.98	2:51.02
15. Hope van Zwol	ZV Vlaardingen-Schied	3:00.92	200502852	<b>2:54.26</b>	+0,78	379	37.26	1:23.16	2:12.95	2:54.26
16. Sera Emmers	WZK	2:53.22	200503264	<b>2:55.00</b>	+0,79	374	38.25	1:21.65	2:14.12	2:55.00
17. Anastasia Romano	MNC Dordrecht	2:54.65	200501076	<b>2:55.04</b>	+0,74	374	38.53	1:24.54	2:15.22	2:55.04
18. Meira Simons	The Hague Swimming	(2:54.21	200502984	<b>2:56.12</b>		367	41.59	1:24.37	2:15.55	2:56.12
19. Aisha Nobels	zc De Schoteijl	2:56.09	200501710	<b>2:56.81</b>	+0,65	363	40.73	1:27.19	2:18.44	2:56.81
20. Emi Schipper	Zob'66	3:13.43	200502126	<b>3:16.43</b>	+0,70	265	49.84	1:40.23	2:29.66	3:16.43
<b>Junioren 3</b>										
1. Anna van Droffelaar	ZV Vlaardingen-Schied	2:28.73	200400258	<b>2:25.51</b>	+0,70	651	31.57	1:08.95	1:51.17	2:25.51
2. Rinske Bouman	de Devel	2:34.42	200400578	<b>2:33.72</b>	+0,75	552	32.50	1:14.28	1:59.68	2:33.72
3. Jill Nai Chung Tong	ZV Vlaardingen-Schied	2:35.44	200404272	<b>2:34.23</b>	+0,71	547	33.09	1:12.15	1:57.39	2:34.23
4. Irma van der Wulp	WVZ	2:38.44	200401950	<b>2:36.17</b>	+0,65	527	35.71	1:16.37	1:59.03	2:36.17
5. Daniëlle Vis	De Columbiaan	2:41.37	200401044	<b>2:38.89</b>	+0,78	500	34.64	1:16.25	2:00.74	2:38.89
6. Anniko Firman	The Hague Swimming	(2:42.82	200402330	<b>2:40.68</b>	+0,63	484	34.47	1:14.34	2:02.24	2:40.68
7. Tessa Poot	ZV Vlaardingen-Schied	2:43.37	200404264	<b>2:44.63</b>	+0,85	450	35.60	1:19.36	2:05.84	2:44.63
8. Nora van der Steen	SG LinK /Z&PC Katwijk	2:44.43	200403458	<b>2:45.77</b>	+0,65	440	33.52	1:17.16	2:06.95	2:45.77
9. Lotte van der Maas	Zob'66	2:49.91	200402376	<b>2:47.92</b>		424	36.57	1:19.85	2:07.74	2:47.92
10. Anique Star	De Columbiaan	2:51.39	200400446	<b>2:48.15</b>	+0,80	422	35.44	1:21.44	2:10.77	2:48.15
11. Cheyenne Elburg	KZV de Lansingh	2:49.68	200401170	<b>2:48.17</b>	+0,75	422	33.93	1:16.16	2:07.79	2:48.17
12. Jenna Klein	Z&PC Alkemade	2:50.34	200400914	<b>2:48.47</b>	+0,86	420	37.31	1:20.27	2:09.74	2:48.47
13. Robine Boer	De Columbiaan	2:54.31	200402180	<b>2:48.91</b>	+0,80	416	36.04	1:20.88	2:11.91	2:48.91
14. Jet van Oudheusden	Zob'66	2:56.07	200401012	<b>2:48.98</b>	+0,73	416	37.75	1:20.87	2:08.95	2:48.98
15. Phaedra Meijer	zc De Schoteijl	2:52.79	200401354	<b>2:49.48</b>	+0,74	412	36.42	1:22.31	2:11.29	2:49.48
16. Z. van de Voorde	The Hague Swimming	(2:50.94	200402932	<b>2:51.36</b>		399	35.98	1:20.10	2:12.62	2:51.36
17. Éléana Poilpré	The Hague Swimming	(2:46.72	200404748	<b>2:51.72</b>	+0,77	396	36.20	1:18.92	2:09.35	2:51.72
18. Fiona Moerman	The Hague Swimming	(3:03.35	200401668	<b>2:51.93</b>	+0,69	395	34.83	1:18.63	2:13.01	2:51.93
19. Zinzi van der Maas	WVZ	2:57.24	200402028	<b>2:55.52</b>	+0,79	371	39.97	1:23.31	2:14.37	2:55.52
20. Melanie Marinus-Cruz	WVZ	2:57.90	200404702	<b>3:03.77</b>		323	40.47	1:29.69	2:20.02	3:03.77
DIS Mandy van der Meijden	Widex Gzc Donk	3:10.34	200402574							
<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>										
DIS Lize van Stigt	SG LinK /Z&PC Katwijk	2:40.06	200401510							
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>										

Programmanr. 14, Dames, 200m wisselslag

Jeugd 1 en 2

1. Lotte Hosper	The Hague Swimming	(2:18.60	200201414	<b>2:18.87</b>	+0,71	749	29.91	1:04.84	1:46.25	2:18.87
2. Britta Koehorst	KZV de Lansingh	2:19.93	200300246	<b>2:21.73</b>	+0,71	705	30.91	1:06.79	1:47.16	2:21.73
3. Christy Geurts	WVZ	2:27.07	200203734	<b>2:27.01</b>		631	31.28	1:10.32	1:54.92	2:27.01
4. Maaïke Issard	The Hague Swimming	(2:29.46	200300022	<b>2:28.15</b>	+0,84	617	31.28	1:10.56	1:54.32	2:28.15
5. Kim de Jong	SG LinK /Z&PC Katwijk	2:30.42	200301026	<b>2:29.93</b>	+0,79	595	32.90	1:12.46	1:54.42	2:29.93
6. Almudena Visser Velez	The Hague Swimming	(2:32.54	200205904	<b>2:31.17</b>	+0,70	581	31.67	1:10.07	1:55.38	2:31.17
7. Grace Anderson	WVZ	2:31.95	200200578	<b>2:31.79</b>	+0,75	574	33.88	1:13.49	1:56.49	2:31.79
8. Femke Hoppenbrouwer	The Hague Swimming	(2:44.22	200301124	<b>2:37.14</b>	+0,77	517	32.79	1:12.64	2:01.58	2:37.14
9. Britt Steunenbergh	The Hague Swimming	(2:36.39	200302588	<b>2:37.47</b>	+0,71	514	32.75	1:14.32	2:00.23	2:37.47
10. Anouk Vis	De Columbiaan	2:38.91	200203322	<b>2:37.81</b>	+0,72	510	33.55	1:13.80	2:00.85	2:37.81
11. Suzanne Dorsman	SG Albion d'ELFT	2:39.47	200303314	<b>2:38.48</b>	+0,67	504	33.86	1:15.03	2:03.07	2:38.48
12. Kristel Beijk	De Columbiaan	2:40.23	200201278	<b>2:39.20</b>	+0,77	497	35.41	1:16.65	2:02.42	2:39.20
13. Ilse Schoenmaker	The Hague Swimming	(2:39.49	200301470	<b>2:39.75</b>	+0,65	492	35.38	1:15.71	2:01.36	2:39.75
14. Amy van Leersum	Poseidon'56	2:39.77	200200300	<b>2:40.22</b>	+0,72	488	34.00	1:17.11	2:04.54	2:40.22
15. Esther Reinders	KZV de Lansingh	2:45.56	200301798	<b>2:40.85</b>	+0,70	482	34.21	1:15.00	2:02.46	2:40.85
16. Sara Claps	The Hague Swimming	(2:44.30	200205916	<b>2:41.80</b>	+0,65	474	33.66	1:16.84	2:04.52	2:41.80
17. Wendy ten Wolde	ZPC Wiekslag	2:42.93	200302658	<b>2:43.25</b>	+0,81	461	33.54	1:15.15	2:06.50	2:43.25
18. Susan van Grol	Widex Gzc Donk	2:43.62	200201344	<b>2:43.50</b>	+0,70	459	34.76	1:20.04	2:06.52	2:43.50
19. Amy Koelman	De Columbiaan	2:39.58	200300922	<b>2:44.45</b>	+0,75	451	34.72	1:18.49	2:06.80	2:44.45
20. Joyce van 't Hof	de Devel	2:44.46	200302122	<b>2:46.37</b>	+0,69	436	34.48	1:17.36	2:07.21	2:46.37
21. Reese Lauletta	WZK	2:54.10	200305290	<b>2:46.75</b>	+0,77	433	36.43	1:19.09	2:08.98	2:46.75

Senioren 1 en 2

1. Claire Verkijk	WVZ	2:14.95	200100240	<b>2:18.43</b>	+0,75	756	29.99	1:04.37	1:44.52	2:18.43
2. Chefanja Nunes	WVZ	2:24.00	200104750	<b>2:21.52</b>	+0,71	708	29.23	1:05.32	1:48.19	2:21.52
3. Inge Vieveen	WVZ	2:18.84	200100024	<b>2:24.43</b>	+0,77	666	31.14	1:08.67	1:50.27	2:24.43
4. Rosey Metz	WVZ	2:27.79	200101786	<b>2:29.66</b>	+0,81	598	32.24	1:11.79	1:53.63	2:29.66
5. Sanne Heemsker	LZ 1886	2:29.25	200100600	<b>2:31.10</b>	+0,74	582	32.29	1:10.88	1:55.85	2:31.10
6. Lauren van IJll	WVZ	2:27.14	200001064	<b>2:31.30</b>	+0,67	579	31.32	1:09.96	1:55.35	2:31.30
7. Lynn Blommers	AZC	2:33.43	200105062	<b>2:32.64</b>	+0,63	564	31.07	1:11.20	1:54.68	2:32.64
8. Esmee Wijnmaalen	PCG	2:38.39	200100298	<b>2:35.05</b>	+0,72	538	32.40	1:11.73	1:57.58	2:35.05
9. Iris van den Berg	SG Albion d'ELFT	2:36.64	200103782	<b>2:36.39</b>		524	32.79	1:12.41	2:00.09	2:36.39
10. Giulia Corsi	De Columbiaan	2:32.82	200100468	<b>2:36.44</b>	+0,74	524	33.44	1:13.38	1:59.57	2:36.44
11. Floor de Kievit	The Hague Swimming	(2:38.91	200100238	<b>2:36.63</b>		522	31.91	1:14.06	2:00.20	2:36.63
12. Elyanne Boudestein	Zoetermeer	2:31.86	200101060	<b>2:37.19</b>	+0,76	517	34.12	1:14.09	2:00.13	2:37.19
13. Manon Middelbos	zc De Schotelij	2:37.22	200100056	<b>2:37.56</b>	+0,70	513	35.22	1:13.93	2:00.29	2:37.56
14. Anniek de Rooter	Widex Gzc Donk	2:41.41	200101224	<b>2:38.14</b>	+0,50	507	35.05	1:15.56	2:01.98	2:38.14
15. Esmée Roodenburg	De Geul	2:40.13	200100040	<b>2:38.75</b>	+0,68	501	34.62	1:15.97	2:03.68	2:38.75
16. Jessica Baars	The Hague Swimming	(2:40.02	200101966	<b>2:40.05</b>	+0,86	489	33.73	1:16.38	2:03.26	2:40.05
17. Mariëlle van der Vaart	ZV Vlaardingeng-Schied	2:38.07	200000994	<b>2:41.34</b>	+0,72	478	32.74	1:14.25	2:02.54	2:41.34
18. Samantha Gerritse	SG LinK /Z&PC Katwijk	2:43.11	200102062	<b>2:44.68</b>	+0,63	449	34.64	1:18.29	2:05.85	2:44.68
19. Nuria Boersma	WZK	2:40.56	200100906	<b>2:46.04</b>	+0,72	438	34.89	1:17.98	2:06.46	2:46.04
20. Inge Belfor	De Columbiaan	2:45.64	200100578	<b>2:48.11</b>	+0,73	650	34.25	1:16.75	2:08.26	2:48.11
21. Jonne Moleman	SG LinK /Z&PC Katwijk	2:55.94	200006264	<b>2:59.46</b>	+0,95	535	41.31	1:26.00	2:21.40	2:59.46
NG Jasmine el Taraboulsi	WZK	2:35.86	200105788							
NG Laura Tromp	de Devel	2:39.84	200000276							
NG Hanna Looi	de Devel	2:40.09	200006090							

Senioren

1. Angelique van Vark	Z&PC De Gouwe	2:24.33	199701478	<b>2:24.39</b>	+0,71	666	31.42	1:08.50	1:50.39	2:24.39
2. Anouk van Weelden	PCG	2:34.90	199902828	<b>2:28.04</b>	+0,62	618	31.67	1:07.23	1:53.32	2:28.04
3. Annemarie Meijer	SG SCOM/de Zeehond	2:29.85	199900964	<b>2:29.82</b>	+0,76	597	32.88	1:12.41	1:54.67	2:29.82
4. Miranda Nijenhuis	De Columbiaan	2:33.78	199204076	<b>2:32.23</b>	+0,73	569	31.42	1:10.11	1:54.80	2:32.23
5. Lotte Middelbos	zc De Schotelij	2:33.12	199900680	<b>2:33.28</b>	+0,77	557	32.96	1:13.47	1:57.44	2:33.28
6. Sterre Keller	The Hague Swimming	(2:37.55	199904142	<b>2:35.33</b>	+0,73	535	31.84	1:12.55	1:59.95	2:35.33
7. Wendy de Bruin	Zob'66	2:34.33	199206320	<b>2:35.75</b>	+0,63	531	33.06	1:13.67	1:59.99	2:35.75
8. Aylin van Uffelen	ZPB H&L Productions	2:36.66	199600352	<b>2:40.84</b>		482	35.78	1:17.66	2:02.55	2:40.84
9. Moniek Heemsker	LZ 1886	2:35.76	199601964	<b>2:41.71</b>	+0,75	474	35.16	1:18.50	2:03.04	2:41.71

\*Eindtijd is een backup tijd

rang	naam	vereniging	intijd		tijd	RT	
<b>Junioren 1</b>							
1.	River Streefland	The Hague Swimming (SG)	39.16	200502253	<b>37.08</b>	+0,73	362
2.	Thijs Visser	Van Vliet-Barracuda	40.48	200502129	<b>38.41</b>	+0,59	325
3.	Menno Wieringa	KZV de Lansingh	38.82	200500927	<b>38.77</b>	+0,68	316
4.	Aaïke de Tender	De Geul	41.17	200502189	<b>40.25</b>	+0,60	283
5.	Émile Fouzaï	The Hague Swimming (SG)	42.29	200500263	<b>40.75</b>	+0,64	273
6.	Björn Verkaik	The Hague Swimming (SG)	42.41	200500411	<b>40.90</b>		270
7.	Gabriel Been	The Hague Swimming (SG)	43.08	200501467	<b>41.39</b>	+0,79	260
8.	Julian Kersten	The Hague Swimming (SG)	41.61	200500613	<b>41.68</b>	+0,46	255
9.	Casper Hoogervorst	De Columbiaan	41.71	200500183	<b>42.70</b>	+0,74	237
<b>Junioren 2</b>							
1.	Timo Wouters	MNC Dordrecht	35.06	200401363	<b>34.04</b>	+0,64	468
2.	Timo Kock	de Devel	35.49	200400387	<b>34.37</b>		454
3.	Bart Pardon	WVZ	35.48	200400639	<b>34.42</b>	+0,63	452
4.	Jason van den Berg	Rotterdam Swimming	34.62	200400009	<b>34.72</b>	+0,66	441
5.	Julien Tanis	zc De Schotejil	35.19	200401045	<b>34.79</b>	+0,66	438
6.	Kun Woo Kim	The Hague Swimming (SG)	38.24	200401361	<b>35.56</b>	+0,70	410
7.	Anthony Kraag	WVZ	36.41	200401973	<b>35.58</b>	+0,82	409
8.	Tim Haimé	The Hague Swimming (SG)	38.79	200403567	<b>37.16</b>		359
9.	Thomas van Peenen	De Columbiaan	38.86	200400097	<b>37.31</b>	+0,63	355
10.	Milan Masselink	The Hague Swimming (SG)	39.84	200402165	<b>37.83</b>	+0,78	341
11.	Casper van Nijnatten	Rotterdam Swimming	39.68	200402559	<b>39.31</b>	+0,58	304
<b>Junioren 3</b>							
1.	Wesley Zulver	ZV Vlaardingen-Schiedam	31.59	200301319	<b>31.34</b>	+0,69	599
2.	Milan Hamel	The Hague Swimming (SG)	34.25	200302125	<b>32.79</b>	+0,69	523
3.	Keanu Streefland	The Hague Swimming (SG)	33.94	200302445	<b>32.94</b>	+0,53	516
4.	Kenan Cörüz	SG Albion d'ELFT	34.66	200300357	<b>33.45</b>	+0,66	493
5.	Xander Vis	zc De Schotejil	34.40	200300173	<b>33.65</b>	+0,57	484
6.	Perry Laarhoven	ZPCNumansdorp	34.76	200301321	<b>33.84</b>	+0,80	476
7.	Raphaël Booman	ZPC Wiekslag	33.81	200300727	<b>33.90</b>	+0,64	473
8.	Bjarne Buijs	The Hague Swimming (SG)	34.68	200301089	<b>35.29</b>	+0,69	420
9.	Michael Smink	The Hague Swimming (SG)	37.25	200302169	<b>35.82</b>	+0,62	401
10.	Daan Hogerhuis	SG LinK /Z&PC Katwijk	37.00	200300317	<b>36.44</b>	+0,76	381
11.	Stefan Groen	KZV de Lansingh	38.57	200301179	<b>37.05</b>	+0,69	363
12.	Tygo Korving	ZPB H&L Productions	36.49	200300773	<b>37.40</b>	+0,74	353
13.	Maximilian Lopes Cardozo	WZK	38.76	200300665	<b>37.63</b>	+0,66	346
14.	Maxim Noordman	The Hague Swimming (SG)	38.92	200304067	<b>37.93</b>	+0,63	338
15.	Julian Stok	de Devel	39.02	200300071	<b>38.32</b>	+0,72	328
16.	David Jagerman	The Hague Swimming (SG)	38.45	200302127	<b>38.85</b>	+0,70	315
AFGEM	Laren Schavemaker	The Hague Swimming (SG)	38.78	200300607			
<b>Junioren 4</b>							
1.	Sean Niewold	WVZ	31.79	200204699	<b>31.31</b>	+0,73	601
2.	Scott Jansen	WVZ	32.03	200202455	<b>32.17</b>	+0,75	554
3.	Daan Sniijders	MNC Dordrecht	33.76	200202475	<b>32.93</b>	+0,71	516
4.	Mart de Koning	Zob'66	34.43	200203253	<b>33.84</b>	+0,66	476
5.	Lougo Gorré	ZV Vlaardingen-Schiedam	35.46	200201765	<b>35.29</b>	+0,68	420
6.	Robin van Peenen	De Columbiaan	34.36	200201059	<b>35.43</b>	+0,83	415
7.	Dylano Termoshuizen	WVZ	36.26	200202169	<b>35.80</b>	+0,61	402
8.	Stijn den Otter	de Devel	36.11	200200225	<b>35.88</b>	+0,70	399
9.	Niels Dijkshoorn	ZV Westland	36.52	200203079	<b>35.98</b>	+0,70	396
10.	Thomas van Wanrooij	NTC PARA - Poseidon '56	35.25	200201473	<b>36.20</b>	+0,76	563
11.	Wouter Verdoes	De Columbiaan	36.57	200200351	<b>36.30</b>	+0,72	386
12.	Stan Olsthoorn	SG Albion d'ELFT	37.04	200204605	<b>36.35</b>	+0,73	384
13.	Luuk van Holstein	ZV Westland	36.32	200203841	<b>36.70</b>	+0,74	373
14.	Mathieu Lafontaine	The Hague Swimming (SG)	36.87	200204263	<b>36.77</b>	+0,79	371
15.	Mark Bom	LZ 1886	38.72	200201471	<b>37.45</b>	+0,64	351
NG.ZA	Viktor Koets	De Columbiaan	33.73	200201677			
NG	Bas van Wieringen	De Columbiaan	35.26	200200119			

Programmanr. 15, Heren, 50m schoolslag

Jeugd 1 en 2

1.	Quinn van den Heuvel	WVZ	29.98	200100297	<b>29.85</b>	+0,72	693
2.	Joost de Roy van Zuydewijn	WVZ	30.49	200000255	<b>30.28</b>	+0,70	664
3.	Dave van den Nieuwendijk	De Columbiaan	31.31	200100475	<b>30.95</b>	+0,73	622
4.	Olivier Jans	The Hague Swimming (SG)	32.26	200001815	<b>31.23</b>	+0,74	605
5.	Thomas Hesper	Van Vliet-Barracuda	31.85	200004181	<b>31.84</b>	+0,80	571
6.	Doran Paap	The Hague Swimming (SG)	32.96	200000301	<b>32.21</b>		642
7.	Stijn Lafontaine	The Hague Swimming (SG)	32.23	200005205	<b>32.43</b>	+0,67	541
8.	Taro Nishimura	Rotterdam Swimming	33.13	200105049	<b>32.49</b>	+0,59	538
9.	Mark de Jongh	MNC Dordrecht	32.65	200001325	<b>33.10</b>	+0,67	509
10.	Christiaan Smit	The Hague Swimming (SG)	34.19	200102463	<b>33.22</b>	+0,67	503
11.	Noah Legerstee	WVZ	33.92	200003593	<b>33.34</b>	+0,68	498
12.	David Kras	de Devel	35.07	200103253	<b>34.33</b>	+0,74	456
13.	Joris de Gier	Widex Gzc Donk	34.22	200103817	<b>34.35</b>	+0,69	455
14.	Ryan de Laat	ZPC Wiekslag	33.40	200101553	<b>34.36</b>	+0,73	455
15.	Christian van Mierlo	SG Albion d'ELFT	34.72	200103155	<b>34.43</b>	+0,63	452
16.	Boaz Troost	Zob'66	34.40	200100371	<b>34.80</b>	+0,57	438
17.	Sander Iuga	Poseidon'56	34.98	200101389	<b>35.36</b>	+0,74	417

Senioren 1 en ouder

1.	Ensger Kotterink	SG Albion d'ELFT	29.01	199403391	<b>28.24</b>	+0,62	819
2.	Mark Baars	Rotterdam Swimming	27.85	198500095	<b>28.29</b>	+0,64	815
3.	Jeroen Baars	Rotterdam Swimming	28.67	199200031	<b>28.54</b>	+0,70	793
4.	Kevin Panoet	The Hague Swimming (SG)	28.79	199307253	<b>28.57</b>	+0,71	791
5.	Romero Hennep	SG Albion d'ELFT	29.41	199304929	<b>29.28</b>		735
6.	Jordy Zuidhoek	De Columbiaan	30.28	199201569	<b>30.05</b>	+0,72	680
7.	Sanjiv Gangaram Panday	WVZ	30.79	199705555	<b>30.29</b>	+0,64	664
8.	Erik Simons	SG Albion d'ELFT	29.57	198902845	<b>30.34</b>	+0,72	660
9.	Alex Catsburg	KZV de Lansingh	30.61	199404753	<b>31.00</b>		619
10.	Timo Dinkelberg	SG Albion d'ELFT	33.66	199300773	<b>31.24</b>	+0,67	605
11.	Tim van den Berg	Rotterdam Swimming	32.51	198500157	<b>31.51</b>	+0,73	589
12.	Paul van Grol	Widex Gzc Donk	31.71	199602951	<b>31.60</b>	+0,60	584
	Walter Jansen	De Columbiaan	32.18	199300225	<b>31.60</b>	+0,74	584
14.	Linquendo van der Klooster	ZPB H&L Productions	31.17	199801361	<b>31.87</b>	+0,64	570
15.	Simon van Ravesteijn	WVZ	32.08	198002263	<b>32.05</b>	+0,75	560
16.	Bart Drechsel	WZK	32.08	198604135	<b>32.22</b>	+0,68	551
17.	Tim van Duuren	Widex Gzc Donk	33.45	199802255	<b>32.37</b>	+0,64	928
18.	Daan Egberts	AZC	33.66	199502433	<b>32.42</b>	+0,61	541
19.	Robin Lecomte	KZV de Lansingh	32.70	199900711	<b>32.59</b>	+0,67	533
20.	Dave Jansen	WVZ	33.26	199805299	<b>32.71</b>	+0,41	527
21.	Ian Minnigh	Rotterdam Swimming	32.76	199702737	<b>32.81</b>	+0,71	522
22.	Jim Geestman	Rotterdam Swimming	33.10	198300699	<b>32.92</b>	+0,81	517
23.	Bas Verdoes	De Columbiaan	32.76	199801487	<b>33.01</b>	+0,74	513
24.	Remco Oskam	Widex Gzc Donk	33.86	199205583	<b>33.17</b>	+0,45	505
25.	David Kievit	zc De Schotejil	32.92	199900325	<b>33.30</b>	+0,72	499
26.	Robin van Beek	LZ 1886	33.47	199704023	<b>33.34</b>	+0,66	498
27.	Tristan Stam	Zob'66	33.58	199903551	<b>33.58</b>	+0,74	487
28.	Rogier Dorsman	de Devel	34.02	199900211	<b>33.88</b>	+0,70	731
29.	Alex Vermeulen	WZK	33.56	198905811	<b>34.12</b>	+0,75	464
30.	Stefan Duivenvoorden	Noordwijkerhout	50.25	199704907	<b>49.05</b>	+0,75	
AFGEM	Elwin Kamminga	De Columbiaan	32.84	199104871			
AFGEM	Jan Kersten	De Columbiaan	32.50	198601561			

Programmanr. 16  
12-11-2017 - 11:35

Meisjes, 800m vrije slag

Jeugd 1 en later  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
<b>Junioren 1 en 2</b>					
1.	Sophia van Droffelaar	ZV Vlaardingen-Schiedam	10:40.29	200500330	<b>10:14.56</b> 499
	100m: 1:10.64	1:10.64	300m: 5:06.66	500m: 600m:	700m: 10:14.56
	200m: 2:27.59	1:16.95	400m:	600m:	800m:
2.	Merel Schravendijk	The Hague Swimming (SG)	10:14.29	200503382	<b>10:16.85</b> 493
	100m: 1:12.22	1:12.22	300m: 5:08.70	500m: 600m:	700m: 10:16.85
	200m: 2:31.14	1:18.92	400m:	600m:	800m:
3.	Isa Maes	de Devel	10:39.17	200500110	<b>10:20.03</b> 486
	100m: 1:12.54	1:12.54	300m: 5:09.49	500m: 600m:	700m: 10:20.03
	200m: 2:30.83	1:18.29	400m:	600m:	800m:

Programmanr. 16, Meisjes, 800m vrije slag, Junioren 1 en 2

rang	naam	vereniging	intijd	tijd	RT
4.	Niké Telkamp 100m: 1:14.83 200m: 2:35.69	The Hague Swimming (SG) 1:14.83 300m: 1:20.86 400m: 5:19.00	10:52.68	200501088 500m: 600m: <b>10:38.79</b> 700m: 800m: 10:38.79	444
5.	Aisha Nobels 100m: 1:16.87 200m: 2:40.08	zc De Schotejil 1:16.87 300m: 1:23.21 400m: 5:24.20	11:00.16	200501710 500m: 600m: <b>10:53.04</b> 700m: 800m: 10:53.04	416
6.	Megan Jonkman 100m: 1:18.02 200m: 2:40.84	The Hague Swimming (SG) 1:18.02 300m: 1:22.82 400m: 5:24.65	10:44.45	200600508 500m: 600m: <b>10:53.91</b> 700m: 800m: 10:53.91	414
7.	Laura Hoogenboezem 100m: 1:17.83 200m: 2:40.13	KZV de Lansingh 1:17.83 300m: 1:22.30 400m: 5:28.75	11:21.49	200500390 500m: 600m: <b>11:00.36</b> 700m: 800m: 11:00.36	402
8.	Vivianne Woltjes 100m: 1:16.17 200m: 2:39.90	The Hague Swimming (SG) 1:16.17 300m: 1:23.73 400m: 5:26.23	10:50.20	200501524 500m: 600m: <b>11:00.96</b> 700m: 800m: 11:00.96	401
9.	Leyla Oversluizen 100m: 1:16.19 200m: 2:40.27	zc De Schotejil 1:16.19 300m: 1:24.08 400m: 5:30.01	11:02.10	200602730 500m: 600m: <b>11:04.98</b> 700m: 800m: 11:04.98	394
10.	Avery Collins 100m: 1:17.41 200m: 2:40.58	The Hague Swimming (SG) 1:17.41 300m: 1:23.17 400m: 5:31.32	11:35.84	200603622 500m: 600m: <b>11:06.85</b> 700m: 800m: 11:06.85	390
11.	Meira Simons 100m: 1:20.07 200m: 2:45.90	The Hague Swimming (SG) 1:20.07 300m: 1:25.83 400m: 5:38.00	11:27.77	200502984 500m: 600m: <b>11:24.00</b> 700m: 800m: 11:24.00	362
12.	Madelief Mans 100m: 1:19.18 200m: 2:48.68	The Hague Swimming (SG) 1:19.18 300m: 1:29.50 400m: 5:49.07	12:05.29	200501260 500m: 600m: <b>11:40.76</b> 700m: 800m: 11:40.76	336
13.	Fieke Hoogduin 100m: 1:23.64 200m: 2:57.36	LZ 1886 1:23.64 300m: 1:33.72 400m: 6:10.04	13:26.11	200600836 500m: 600m: <b>12:27.42</b> 700m: 800m: 12:27.42	277
14.	Noémi Oldenkamp 100m: 1:30.14 200m: 3:06.93	KZV de Lansingh 1:30.14 300m: 1:36.79 400m: 6:24.44	12:51.63	200600162 500m: 600m: <b>12:41.22</b> 700m: 800m: 12:41.22	262

13 - 14 jaar

1.	Britta Koehorst 100m: 1:07.96 200m: 2:20.55	KZV de Lansingh 1:07.96 300m: 1:12.59 400m: 4:46.80	9:57.20	200300246 500m: 600m: <b>9:32.00</b> 700m: 800m: 9:32.00	619
2.	Kim de Jong 100m: 1:08.60 200m: 2:21.51	SG LinK /Z&PC Katwijk 1:08.60 300m: 1:12.91 400m: 4:49.34	9:46.61	200301026 500m: 600m: <b>9:45.45</b> 700m: 800m: 9:45.45	577
3.	Isis Naaktgeboren 100m: 1:09.50 200m: 2:25.99	de Devel 1:09.50 300m: 1:16.49 400m: 5:00.91	10:20.12	200403914 500m: 600m: <b>10:04.91</b> 700m: 800m: 10:04.91	523
4.	Mara Bosman 100m: 1:10.57 200m: 2:27.25	The Hague Swimming (SG) 1:10.57 300m: 1:16.68 400m: 5:01.93	10:27.31	200303048 500m: 600m: <b>10:13.88</b> 700m: 800m: 10:13.88	500
5.	Kim Rutters 100m: 1:10.87 200m: 2:28.43	De Kempvis 1:10.87 300m: 1:17.56 400m: 5:06.47	10:37.69	200302318 500m: 600m: <b>10:17.89</b> 700m: 800m: 10:17.89	491
6.	Esther Reinders 100m: 1:12.09 200m: 2:30.83	KZV de Lansingh 1:12.09 300m: 1:18.74 400m: 5:10.11	10:51.93	200301798 500m: 600m: <b>10:26.23</b> 700m: 800m: 10:26.23	471
7.	Sanne Vermeulen 100m: 1:09.47 200m: 2:26.86	The Hague Swimming (SG) 1:09.47 300m: 1:17.39 400m: 5:06.97	10:23.16	200303902 500m: 600m: <b>10:27.31</b> 700m: 800m: 10:27.31	469
8.	Lize van Stigt 100m: 1:14.81 200m: 2:38.15	SG LinK /Z&PC Katwijk 1:14.81 300m: 1:23.34 400m: 5:22.26	10:52.65	200401510 500m: 600m: <b>10:38.42</b> 700m: 800m: 10:38.42	445
9.	Amy Koelman 100m: 1:12.30 200m: 2:32.74	De Columbiaan 1:12.30 300m: 1:20.44 400m: 5:15.52	10:40.65	200300922 500m: 600m: <b>10:40.45</b> 700m: 800m: 10:40.45	441
10.	Britt van Bommel 100m: 1:12.76 200m: 2:34.38	De Columbiaan 1:12.76 300m: 1:21.62 400m: 5:18.46	10:30.59	200301982 500m: 600m: <b>10:42.15</b> 700m: 800m: 10:42.15	437
11.	Lara Hoeksema 100m: 1:13.27 200m: 2:33.22	The Hague Swimming (SG) 1:13.27 300m: 1:19.95 400m: 5:15.77	11:22.24	200400514 500m: 600m: <b>10:42.24</b> 700m: 800m: 10:42.24	437
12.	Feija de Bruin 100m: 1:15.06 200m: 2:37.18	WVZ 1:15.06 300m: 1:22.12 400m: 5:20.46	10:49.17	200400106 S10 500m: 600m: <b>10:48.21</b> 700m: 800m: 10:48.21	694

Programmanr. 16, Meisjes, 800m vrije slag, 13 - 14 jaar

rang	naam	vereniging	intijd	tijd	RT
13.	Anniko Firman	The Hague Swimming (SG)	11:02.36	200402330	387
	100m: 1:13.40	1:13.40	300m: 31.04	500m: 1:04.29	700m: 1:01.17
	200m: 2:36.55	1:23.15	400m: 5:29.97	600m: 1:01.17	800m: 11:08.58
NG.ZA	Maaïke Issard	The Hague Swimming (SG)	9:52.87	200300022	

Programmanr. 17  
12-11-2017 - 11:55

Gemengd, 4 x 100m wisselslag

11 jaar en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT		
1.	WVZ 1	WVZ	4:00.53	4:03.74	+0,70		
	Thomas Jansen	+0,70	28.76	59.00	Chefanja Nunes	28.29	1:01.04
	Rosey Metz		32.28	1:10.49	Sean Niewold	25.41	53.21
2.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	4:12.39	4:12.12	+0,71		
	Lotte Hospers	+0,71	31.04	1:04.29	Christiaan Smit	27.90	1:01.17
	Olivier Jans		31.55	1:07.83	Sterre Keller	28.11	58.83
3.	SG Albion d'ELFT 1	SG Albion d'ELFT	4:14.89	4:13.08	+0,63		
	Ensger Kotterink	+0,63	26.47	54.94	Roos van Esch	32.32	1:10.68
	Erik Simons		29.99	1:06.21	Iris van den Berg	29.40	1:01.25
4.	WVZ 2	WVZ	4:09.73	4:13.14	+0,59		
	Dave Jansen	+0,59	29.62	1:01.14	Lauren van IJll	31.17	1:08.39
	Quinn van den Heuvel		29.96	1:04.89	Christy Geurts	28.33	58.72
5.	WVZ 3	WVZ	4:12.38	4:17.66	+0,68		
	Marlinde Beukers	+0,68	33.64	1:09.47	Noah Legerstee	28.37	1:01.23
	Joost de Roy van Zuydewijn		31.09	1:06.23	Inge Vieveen	29.44	1:00.73
6.	zc De Schot <span>e</span> jil 1	zc De Schot <span>e</span> jil	4:26.89	4:25.82	+0,72		
	Manon Middelbos	+0,72	34.37	1:11.46	David Kievit	+0,32	28.72
	Lotte Middelbos	+0,29	36.01	1:17.88	Jorian Tanis	+0,42	25.59
7.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	4:27.81	4:26.15	+0,74		
	Keanu Streefland	+0,74	31.29	1:03.80	Floor de Kievit	+0,32	31.54
	Britt Steunen <span>berg</span>	+0,16	36.86	1:19.23	Floris de Leeuw	+0,12	26.06
8.	SG SCOM/de Zee <span>h</span> ond'73 1	SG SCOM/de Zee <span>h</span> ond'73	4:23.09	4:26.69	+0,74		
	Ivo Stolk	+0,74	29.46	1:00.79	Tessa Giele	29.84	1:06.30
	Nikhorn Westphal		36.37	1:17.46	Megan de Hoog	29.16	1:02.14
9.	LZ 1886 1	LZ 1886	4:27.57	4:28.88	+0,58		
	Sanne Heemskerk	+0,58	32.80	1:09.22	Sander van Beek	+0,43	27.97
	Moniek Heemskerk	+0,20	38.51	1:22.02	Robin van Beek	+0,21	26.25
10.	De Geul 1	De Geul	4:26.35	4:29.23	+0,70		
	Max Muller	+0,70	30.34	1:05.52	Ben Muller	+0,50	28.64
	Sam IJzerman	+0,37	36.06	1:18.50	Esm <span>e</span> e Roodenburg	+0,37	30.28
11.	SG LinK /Z&PC Katwijk 1	SG LinK /Z&PC Katwijk	4:25.98	4:29.81	+0,72		
	Tjeerd van Stein	+0,72	30.50	1:02.19	Lize van Stigt	+0,20	33.50
	Kim de Jong	+0,53	35.93	1:16.75	Daan Hogerhuis	+0,30	27.98
12.	WZK 1	WZK	4:31.84	4:30.20	+0,72		
	Alex Vermeulen	+0,72	31.92	1:05.39	Bart Drechsel	+0,33	28.60
	Nuria Boersma	+0,34	37.61	1:20.88	Jasmijn Ruijgrok	+0,29	29.05
13.	GZC Donk 2	Widex Gzc Donk	4:54.93	4:31.23	+0,75		
	Annik <span>e</span> de R <span>u</span> iter	+0,75	34.16	1:11.48	Zev Bulk	+0,57	28.93
	Paul van Gro <span>l</span>	+0,53	32.05	1:09.39	Mandy van der Meijden	+0,37	31.45
14.	The Hague Swimming (SG) 3	The Hague Swimming (SG)	4:31.94	4:32.78	+0,70		
	Sacha van den Dobb <span>e</span> lsteen	+0,70	35.21	1:13.22	Femke Hoppenbrouwer	+0,56	32.58
	Doran Paap	+0,45	32.82	1:10.10	Stijn Lafontaine	+0,33	26.88
15.	Zob'66 1	Zob'66	4:35.49	4:35.32	+0,68		
	Tristan Stam	+0,68	32.70	1:07.83	Mart de Koning	+0,36	29.84
	Rozemarijn van Haaf <span>f</span>		35.52	1:17.35	Wendy de Bruin	30.04	1:03.64
16.	De Columbiaan 1	De Columbiaan	4:03.59	4:40.02	+0,71		
	Dave van den Nieuwendijk	+0,71	33.50	1:09.53	Inge Belfor	34.59	1:14.89
	Giulia Corsi		37.37	1:21.39	Jordy Zuidhoek	26.19	54.21
17.	Zoetermeer 1	Zoetermeer	4:44.87	4:42.06	+0,66		
	Jamo Verbeek	+0,66	30.67	1:03.13	Anne Straub	+0,35	32.99
	Elyanne Boud <span>e</span> stein	+0,29	37.05	1:19.75	Jort Jongen <span>e</span> len	+0,55	31.73
18.	SG LinK /Z&PC Katwijk 2	SG LinK /Z&PC Katwijk	4:46.83	4:44.15	+0,70		
	Boy Borreman	+0,70	33.31	1:08.64	Peter Schelvis	30.75	1:07.27
	Samantha Gerrit <span>e</span>	+0,41	38.17	1:22.98	Marij <span>e</span> de Jager		1:05.26
DIS	Lansingh 1	KZV de Lansingh	4:15.98		+0,71		
	<i>EA - Te vroeg overgenomen., *2e zwemmer</i>						
	Robin Lecomte	+0,71	29.77	1:01.69	Mariska Scheel		
	Alex Catsburg				Britta Koehorst		
NG	de Devel 1	de Devel	4:38.25				

rang	naam	vereniging	intijd		tijd	RT
<b>15 - 16 jaar</b>						
1.	Inge Vieveen	WVZ	9:09.20	200100024	<b>9:12.02</b>	688
	100m: 1:04.92	1:04.92	300m: 4:33.72	500m: 600m:	700m: 9:12.02	
	200m: 2:14.53	1:09.61	400m: 4:33.72	500m: 600m:	800m: 9:12.02	
2.	Lotte Hosper	The Hague Swimming (SG)	9:23.22	200201414	<b>9:16.59</b>	671
	100m: 1:04.73	1:04.73	300m: 4:33.97	500m: 600m:	700m: 9:16.59	
	200m: 2:14.08	1:09.35	400m: 4:33.97	500m: 600m:	800m: 9:16.59	
3.	Almudena Visser Velez	The Hague Swimming (SG)	9:56.80	200205904	<b>9:37.27</b>	602
	100m: 1:05.91	1:05.91	300m: 4:44.45	500m: 600m:	700m: 9:37.27	
	200m: 2:18.22	1:12.31	400m: 4:44.45	500m: 600m:	800m: 9:37.27	
4.	Marlinde Beukers	WVZ	9:51.55	200101934	<b>9:42.66</b>	585
	100m: 1:06.42	1:06.42	300m: 4:46.00	500m: 600m:	700m: 9:42.66	
	200m: 2:19.14	1:12.72	400m: 4:46.00	500m: 600m:	800m: 9:42.66	
5.	Ilse Kraaijeveld	The Hague Swimming (SG)	9:51.76	200202190	<b>9:49.81</b>	564
	100m: 1:07.41	1:07.41	300m: 4:52.62	500m: 600m:	700m: 9:49.81	
	200m: 2:20.98	1:13.57	400m: 4:52.62	500m: 600m:	800m: 9:49.81	
6.	Diana Noordermeer	SG SCOM/de Zeehond'73	10:04.78	200102110	<b>9:57.01</b>	544
	100m: 1:09.75	1:09.75	300m: 4:52.80	500m: 600m:	700m: 9:57.01	
	200m: 2:23.17	1:13.42	400m: 4:52.80	500m: 600m:	800m: 9:57.01	
7.	Giulia Corsi	De Columbiaan	9:43.95	200100468	<b>9:58.09</b>	541
	100m: 1:10.28	1:10.28	300m: 4:57.82	500m: 600m:	700m: 9:58.09	
	200m: 2:25.05	1:14.77	400m: 4:57.82	500m: 600m:	800m: 9:58.09	
8.	Grace Anderson	WVZ	10:20.60	200200578	<b>10:01.51</b>	532
	100m: 1:10.55	1:10.55	300m: 4:57.45	500m: 600m:	700m: 10:01.51	
	200m: 2:25.22	1:14.67	400m: 4:57.45	500m: 600m:	800m: 10:01.51	
9.	Lieske Zijlstra	zc De Schotetijl	10:00.19	200200996	<b>10:11.81</b>	506
	100m: 1:11.62	1:11.62	300m: 5:05.37	500m: 600m:	700m: 10:11.81	
	200m: 2:29.17	1:17.55	400m: 5:05.37	500m: 600m:	800m: 10:11.81	
10.	Sanne Heemskerk	LZ 1886	9:56.38	200100600	<b>10:14.75</b>	498
	100m: 1:08.82	1:08.82	300m: 5:01.52	500m: 600m:	700m: 10:14.75	
	200m: 2:25.18	1:16.36	400m: 5:01.52	500m: 600m:	800m: 10:14.75	
11.	Kristel Beijk	De Columbiaan	10:15.73	200201278	<b>10:18.60</b>	489
	100m: 1:12.81	1:12.81	300m: 5:08.13	500m: 600m:	700m: 10:18.60	
	200m: 2:31.58	1:18.77	400m: 5:08.13	500m: 600m:	800m: 10:18.60	
12.	Susan van Grol	Widex Gzc Donk	10:17.89	200201344	<b>10:42.23</b>	437
	100m: 1:11.27	1:11.27	300m: 5:08.57	500m: 600m:	700m: 10:42.23	
	200m: 2:29.96	1:18.69	400m: 5:08.57	500m: 600m:	800m: 10:42.23	

**Senioren**

1.	Sterre Keller	The Hague Swimming (SG)	9:30.54	199904142	<b>9:23.53</b>	647
	100m: 1:06.03	1:06.03	300m: 4:40.09	500m: 600m:	700m: 9:23.53	
	200m: 2:17.03	1:11.00	400m: 4:40.09	500m: 600m:	800m: 9:23.53	
2.	Annemarie Meijer	SG SCOM/de Zeehond'73	9:18.51	199900964	<b>9:24.61</b>	643
	100m: 1:05.53	1:05.53	300m: 4:43.60	500m: 600m:	700m: 9:24.61	
	200m: 2:17.26	1:11.73	400m: 4:43.60	500m: 600m:	800m: 9:24.61	
3.	Angelique van Vark	Z&PC De Gouwe	9:25.56	199701478	<b>9:27.84</b>	632
	100m: 1:05.19	1:05.19	300m: 4:36.89	500m: 600m:	700m: 9:27.84	
	200m: 2:14.79	1:09.60	400m: 4:36.89	500m: 600m:	800m: 9:27.84	
4.	Jonne Moleman	SG Link /Z&PC Katwijk	10:28.76	200006264	<b>10:05.18</b>	853
	100m: 1:12.71	1:12.71	300m: 5:01.90	500m: 600m:	700m: 10:05.18	
	200m: 2:28.90	1:16.19	400m: 5:01.90	500m: 600m:	800m: 10:05.18	
5.	Denise de Riet	de Devel	10:11.01	198402040	<b>10:17.33</b>	492
	100m: 1:09.08	1:09.08	300m: 5:01.45	500m: 600m:	700m: 10:17.33	
	200m: 2:25.33	1:16.25	400m: 5:01.45	500m: 600m:	800m: 10:17.33	
6.	Ramona Linting	SG Link /Z&PC Katwijk	10:15.73	198301274	<b>10:45.73</b>	430
	100m: 1:14.24	1:14.24	300m: 5:19.20	500m: 600m:	700m: 10:45.73	
	200m: 2:35.47	1:21.23	400m: 5:19.20	500m: 600m:	800m: 10:45.73	
7.	Kirana Hoogenbosch	De Geul	11:06.17	200003428	<b>11:00.85</b>	401
	100m: 1:15.07	1:15.07	300m: 5:25.82	500m: 600m:	700m: 11:00.85	
	200m: 2:37.66	1:22.59	400m: 5:25.82	500m: 600m:	800m: 11:00.85	
8.	Linda Hoogendam	WVZ	11:11.37	198300892	<b>11:19.51</b>	369
	100m: 1:15.10	1:15.10	300m: 5:29.95	500m: 600m:	700m: 11:19.51	
	200m: 2:38.26	1:23.16	400m: 5:29.95	500m: 600m:	800m: 11:19.51	



rang	naam	vereniging	intijd	tijd	RT	50m	100m
<b>Junioren 1</b>							
1.	River Streefland	The Hague Swimming (SG)	1:25.81	200502253	<b>1:21.94</b>	+0,69 353	38.72 1:21.94
2.	Luca Nguyen-tri	Rotterdam Swimming	1:28.86	200500781	<b>1:23.56</b>	+0,66 333	40.02 1:23.56
3.	Menno Wieringa	KZV de Lansingh	1:25.33	200500927	<b>1:24.99</b>	+0,68 317	40.11 1:24.99
4.	Thijs Visser	Van Vliet-Barracuda	1:28.16	200502129	<b>1:26.21</b>	+0,79 303	39.58 1:26.21
5.	Aaïke de Tender	De Geul	1:28.06	200502189	<b>1:27.43</b>	+0,66 291	41.42 1:27.43
6.	Coen Frkovic	ZPB H&L Productions	1:30.24	200502397	<b>1:28.62</b>	+0,65 279	41.12 1:28.62
7.	Björn Verkaik	The Hague Swimming (SG)	1:30.23	200500411	<b>1:29.04</b>	+0,52 275	41.98 1:29.04
8.	Émile Fouzaï	The Hague Swimming (SG)	1:32.64	200500263	<b>1:29.20</b>	+0,64 274	41.88 1:29.20
9.	Casper Hoogervorst	De Columbiaan	1:30.39	200500183	<b>1:30.71</b>	+0,63 260	43.37 1:30.71
10.	Gabriel Been	The Hague Swimming (SG)	1:33.31	200501467	<b>1:31.33</b>	+0,76 255	42.91 1:31.33
11.	Sytze van Stein	SG LinK /Z&PC Katwijk	1:38.91	200501155	<b>1:33.12</b>	+0,61 241	43.34 1:33.12
12.	Thijs Gulden	Zob'66	1:44.14	200501501	<b>1:48.02</b>	+0,68 154	51.07 1:48.02
DIS	Julian Kersten	The Hague Swimming (SG)	1:29.38	200500613			

SS - Met handen over elkaar keer- of eindpunt aangeikt.

**Junioren 2**

1.	Jason van den Berg	Rotterdam Swimming	1:18.36	200400009	<b>1:15.19</b>	+0,69 457	35.97 1:15.19
2.	Anthony Kraag	WVZ	1:19.72	200401973	<b>1:15.68</b>	+0,86 448	36.10 1:15.68
3.	Erik Oldenkamp	KZV de Lansingh	1:15.09	200400597	<b>1:15.92</b>	+0,69 444	36.00 1:15.92
4.	Timo Kock	de Devel	1:16.68	200400387	<b>1:16.19</b>	+0,76 439	35.95 1:16.19
5.	Julien Tanis	zc De Schotejil	1:15.90	200401045	<b>1:16.28</b>	+0,66 438	36.36 1:16.28
6.	Nathan Janssen	MNC Dordrecht	1:25.28	200401565	<b>1:17.44</b>	+0,67 418	37.60 1:17.44
7.	Timo Wouters	MNC Dordrecht	1:18.14	200401363	<b>1:17.90</b>	+0,70 411	36.96 1:17.90
8.	Kun Woo Kim	The Hague Swimming (SG)	1:26.70	200401361	<b>1:19.06</b>	+0,75 393	37.24 1:19.06
9.	Bart Pardon	WVZ	1:20.11	200400639	<b>1:19.56</b>	+0,63 386	37.51 1:19.56
10.	Max van Schagen	De Columbiaan	1:21.46	200402591	<b>1:19.84</b>	+0,72 382	37.95 1:19.84
11.	Tim Haimé	The Hague Swimming (SG)	1:22.26	200403567	<b>1:20.24</b>	+0,74 376	37.86 1:20.24
12.	Milan Masselink	The Hague Swimming (SG)	1:25.01	200402165	<b>1:21.43</b>	+0,76 360	39.28 1:21.43
13.	Thomas van Peenen	De Columbiaan	1:27.71	200400097	<b>1:23.76</b>	+0,66 331	39.19 1:23.76
14.	Casper van Nijnatten	Rotterdam Swimming	1:25.17	200402559	<b>1:25.20</b>	+0,73 314	39.80 1:25.20
15.	Duncan den Hartog	De Kempvis	1:28.93	200401889	<b>1:29.16</b>	+0,79 274	42.11 1:29.16
16.	Marijn Dekkers	Widex Gzc Donk	1:31.12	200402275	<b>1:29.39</b>	+0,79 272	42.48 1:29.39
17.	Guus Geelen	LZ 1886	1:34.56	200401183	<b>1:34.52</b>	+0,72 230	44.64 1:34.52

**Junioren 3**

1.	Wesley Zulver	ZV Vlaardingen-Schiedam	1:09.64	200301319	<b>1:09.14</b>	+0,67 588	32.05 1:09.14
2.	Milan Hamel	The Hague Swimming (SG)	1:12.74	200302125	<b>1:11.12</b>	+0,69 540	33.60 1:11.12
3.	Xander Vis	zc De Schotejil	1:13.52	200300173	<b>1:12.25</b>	+0,71 515	34.23 1:12.25
4.	Perry Laarhoven	ZPCNumansdorp	1:16.01	200301321	<b>1:13.64</b>	+0,78 487	34.97 1:13.64
5.	Raphaël Booïman	ZPC Wiekslag	1:15.69	200300727	<b>1:14.75</b>	+0,71 465	35.21 1:14.75
6.	Bjarne Buijs	The Hague Swimming (SG)	1:14.28	200301089	<b>1:15.01</b>	+0,69 460	35.60 1:15.01
7.	Kenan Cörüz	SG Albion d'ELFT	1:16.89	200300357	<b>1:15.52</b>	+0,64 451	34.48 1:15.52
8.	Erik van Gemert	Poseidon'56	1:19.96	200300587	<b>1:17.85</b>	+0,75 412	36.44 1:17.85
9.	Daan Hogerhuis	SG LinK /Z&PC Katwijk	1:22.18	200300317	<b>1:19.54</b>	+0,75 386	37.79 1:19.54
10.	Michael Smink	The Hague Swimming (SG)	1:20.13	200302169	<b>1:20.36</b>	+0,81 374	37.83 1:20.36
11.	Milan van Aken	The Hague Swimming (SG)	1:20.62	200303307	<b>1:21.25</b>	+0,75 362	38.23 1:21.25
12.	Julian Stok	de Devel	1:23.04	200300071	<b>1:21.78</b>	+0,77 355	39.00 1:21.78
13.	Yassine Maas	The Hague Swimming (SG)	1:25.95	200301505	<b>1:22.35</b>	+0,70 348	38.51 1:22.35
14.	Tygo Korving	ZPB H&L Productions	1:21.31	200300773	<b>1:22.37</b>	+0,75 348	38.24 1:22.37
15.	Stefan Groen	KZV de Lansingh	1:23.94	200301179	<b>1:23.80</b>	+0,69 330	39.68 1:23.80
16.	Jort Jongenelen	Zoetermeer	1:24.86	200303233	<b>1:24.81</b>	+0,83 319	40.89 1:24.81
17.	Bas van der Linden	Rotterdam Swimming	1:27.00	200303235	<b>1:25.87</b>	+0,91 307	39.63 1:25.87
18.	Alexander ten Haaft	Zoetermeer	1:26.49	200302309	<b>1:26.52</b>	+0,76 300	40.35 1:26.52
19.	David Jagerman	The Hague Swimming (SG)	1:24.97	200302127	<b>1:26.62</b>	+0,68 299	40.42 1:26.62
20.	Quinten Nieuwenhuis	WZK	1:29.37	200304577	<b>1:32.43</b>	+0,80 246	43.47 1:32.43
DIS	Pepyn van Brakel	ZPCNumansdorp	1:31.94	200300877			
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						
DIS	Mike van Huizen	ZPCNumansdorp	1:32.09	200300891			
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						
AFGEM	Laren Schavemaker	The Hague Swimming (SG)	1:28.39	200300607			

Programmanr. 19, Heren, 100m schoolslag

Junioren 4

1.	Sean Niewold	WVZ	1:09.10	200204699	<b>1:08.29</b>	+0,75	610	32.83	1:08.29
2.	Scott Jansen	WVZ	1:09.01	200202455	<b>1:08.52</b>	+0,72	604	32.71	1:08.52
3.	Brandon van den Berg	Rotterdam Swimming	1:09.97	200200669	<b>1:09.23</b>	+0,69	586	32.85	1:09.23
4.	Viktor Koets	De Columbiaan	1:13.67	200201677	<b>1:12.29</b>	+0,75	514	33.95	1:12.29
5.	Daan Sniijders	MNC Dordrecht	1:15.64	200202475	<b>1:14.09</b>	+0,72	478	34.49	1:14.09
6.	Mart de Koning	Zob'66	1:16.56	200203253	<b>1:16.26</b>	+0,70	438	35.72	1:16.26
7.	Guus Hoogduin	LZ 1886	1:17.52	200201069	<b>1:17.93</b>	+0,71	411	36.97	1:17.93
8.	Robin van Peenen	De Columbiaan	1:15.42	200201059	<b>1:18.10</b>	+0,79	408	36.10	1:18.10
9.	Thomas van Wanrooij	NTC PARA - Poseidon '56	1:15.30	200201473	<b>1:18.29</b>		536	36.47	1:18.29
10.	Björn de Heus	ZV Vlaardingen-Schiedam	1:20.57	200201077	<b>1:19.08</b>	+0,66	393	37.38	1:19.08
11.	Stan Olsthoorn	SG Albion d'ELFT	1:19.02	200204605	<b>1:19.70</b>	+0,75	384	36.83	1:19.70
12.	Dylano Termoshuizen	WVZ	1:18.22	200202169	<b>1:19.94</b>	+0,79	380	37.31	1:19.94
13.	Luuk van Holstein	ZV Westland	1:21.01	200203841	<b>1:20.68</b>	+0,76	370	39.09	1:20.68
14.	Brayden Lauletta	WZK	1:23.04	200204731	<b>1:21.73</b>	+0,68	356	38.62	1:21.73
15.	Wouter Verdoes	De Columbiaan	1:18.94	200200351	<b>1:22.70</b>	+0,73	344	37.77	1:22.70
16.	Johrick Wijma	KZV de Lansingh	1:23.92	200204435	<b>1:23.64</b>	+0,67	332	38.55	1:23.64
17.	Mark Bom	LZ 1886	1:25.24	200201471	<b>1:25.30</b>	+0,65	313	40.21	1:25.30
DIS	Stijn den Otter	de Devel	1:16.68	200200225					

SP - Eén of meerdere vlinderbeenslagen gemaakt na de eerste schoolslagbeenslag.

NG Bas van Wieringen De Columbiaan 1:15.85 200200119

Jeugd 1 en 2

1.	Quinn van den Heuvel	WVZ	1:04.31	200100297	<b>1:05.24</b>	+0,72	700	30.65	1:05.24
2.	J. de Roy van Zuydewijn	WVZ	1:05.87	200000255	<b>1:06.80</b>	+0,71	652	31.94	1:06.80
3.	Olivier Jans	The Hague Swimming (SG)	1:08.51	200001815	<b>1:07.68</b>	+0,73	627	32.32	1:07.68
4.	Thomas Hesper	Van Vliet-Barracuda	1:08.62	200004181	<b>1:08.76</b>	+0,86	598	32.53	1:08.76
5.	Doran Paap	The Hague Swimming (SG)	1:11.13	200000301	<b>1:09.99</b>	+0,69	630	33.01	1:09.99
6.	Taro Nishimura	Rotterdam Swimming	1:10.18	200105049	<b>1:10.11</b>	+0,60	564	32.52	1:10.11
7.	D. van den Nieuwendijk	De Columbiaan	1:08.82	200100475	<b>1:10.20</b>	+0,77	562	32.84	1:10.20
8.	Tjeerd van Stein	SG LinK /Z&PC Katwijk	1:15.21	200101439	<b>1:13.39</b>	+0,76	492	34.93	1:13.39
9.	Rolf Bavelaar	WVZ	1:15.08	200001747	<b>1:13.75</b>	+0,71	484	34.71	1:13.75
10.	K. de Kruyf Molina	The Hague Swimming (SG)	1:16.54	200002667	<b>1:13.96</b>		480	35.16	1:13.96
11.	Ryan de Laat	ZPC Wiekslag	1:17.60	200101553	<b>1:14.78</b>	+0,71	465	34.76	1:14.78
12.	Boaz Troost	Zob'66	1:14.74	200100371	<b>1:15.40</b>	+0,76	453	35.13	1:15.40
13.	David Kras	de Devel	1:15.34	200103253	<b>1:15.48</b>	+0,72	452	35.57	1:15.48
14.	Sander van Beek	LZ 1886	1:16.29	200002917	<b>1:15.69</b>	+0,66	448	35.05	1:15.69
15.	Michael Boekestijn	ZV Westland	1:14.34	200100767	<b>1:16.03</b>	+0,78	442	35.80	1:16.03
16.	Joris de Gier	Widex Gzc Donk	1:16.00	200103817	<b>1:16.09</b>	+0,75	441	35.59	1:16.09
17.	Sander Iuga	Poseidon'56	1:16.03	200101389	<b>1:16.94</b>	+0,75	427	36.15	1:16.94
18.	Ricardo van der Steen	ZV Vlaardingen-Schiedam	1:15.29	200000625	<b>1:17.82</b>	+0,69	412	35.95	1:17.82
19.	Matin Yousufi	WVZ	1:21.34	200004511	<b>1:20.54</b>	+0,59	372	37.14	1:20.54
20.	Boy Borreman	SG LinK /Z&PC Katwijk	1:22.48	200102751	<b>1:20.70</b>	+0,71	370	37.97	1:20.70
DIS	Stijn Lafontaine	The Hague Swimming (SG)	1:13.01	200005205					

SL - Het keer- en/of eindpunt met één hand aangetikt.

Senioren 1 en ouder

1.	Ensger Kotterink	SG Albion d'ELFT	1:04.66	199403391	<b>1:01.93</b>	+0,65	818	29.13	1:01.93
2.	Kevin Panoet	The Hague Swimming (SG)	1:02.54	199307253	<b>1:02.61</b>	+0,69	792	29.34	1:02.61
3.	Mark Baars	Rotterdam Swimming	1:01.39	198500095	<b>1:03.02</b>	+0,64	776	29.11	1:03.02
4.	Jeroen Baars	Rotterdam Swimming	1:03.30	199200031	<b>1:03.31</b>	+0,70	766	29.82	1:03.31
5.	Romero Hennep	SG Albion d'ELFT	1:04.28	199304929	<b>1:04.35</b>		729	30.35	1:04.35
6.	Alex Catsburg	KZV de Lansingh	1:08.34	199404753	<b>1:07.62</b>	+0,69	628	31.48	1:07.62
7.	Erik Simons	SG Albion d'ELFT	1:04.10	198902845	<b>1:07.76</b>	+0,73	625	31.49	1:07.76
8.	Tim van den Berg	Rotterdam Swimming	1:09.72	198500157	<b>1:08.32</b>	+0,73	609	32.26	1:08.32
9.	Paul van Grol	Widex Gzc Donk	1:08.75	199602951	<b>1:09.40</b>	+0,66	581	32.13	1:09.40
10.	L. van der Klooster	ZPB H&L Productions	1:10.75	199801361	<b>1:09.99</b>	+0,68	567	32.50	1:09.99
11.	Timo Dinkelberg	SG Albion d'ELFT	1:13.15	199300773	<b>1:10.18</b>	+0,68	562	32.57	1:10.18
12.	Simon van Ravesteijn	WVZ	1:09.17	198002263	<b>1:10.29</b>	+0,76	560	32.97	1:10.29
13.	Tim van Duuren	Widex Gzc Donk	1:14.24	199802255	<b>1:10.96</b>	+0,64	842	33.36	1:10.96
14.	Bas Verdoes	De Columbiaan	1:10.51	199801487	<b>1:11.03</b>	+0,75	542	33.14	1:11.03
15.	Dave Jansen	WVZ	1:11.33	199805299	<b>1:11.06</b>	+0,69	542	33.60	1:11.06
16.	Daan Egberts	AZC	1:11.38	199502433	<b>1:11.10</b>	+0,63	541	33.51	1:11.10
17.	Jim Geestman	Rotterdam Swimming	1:12.83	198300699	<b>1:11.27</b>	+0,78	537	33.75	1:11.27
18.	David Kievit	zc De Schotegil	1:10.90	199900325	<b>1:11.70</b>	+0,75	527	34.09	1:11.70
19.	Rogier Dorsman	de Devel	1:11.60	199900211	<b>1:11.72</b>	+0,71	713	33.94	1:11.72
20.	Ian Minnigh	Rotterdam Swimming	1:12.48	199702737	<b>1:11.76</b>	+0,70	526	33.54	1:11.76
21.	Tristan Stam	Zob'66	1:12.13	199903551	<b>1:12.79</b>	+0,75	504	33.78	1:12.79
22.	Bert Duivenvoorde	Noordwijkerhout	1:12.14	199701805	<b>1:13.20</b>	+0,66	495	34.61	1:13.20

Programmanr. 19, Heren, 100m schoolslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
23.	Martijn Houweling	Van Vliet-Barracuda	1:15.20	199600893	<b>1:13.70</b>	485	34.63	1:13.70
24.	Sybe de Waard	de Devel	1:08.00	199900139	<b>1:14.10</b>	+0,69 478	33.53	1:14.10
25.	Eric Verdoes	De Columbiaan	1:12.55	199900947	<b>1:14.14</b>	+0,70 477	34.65	1:14.14
26.	Bart Drechsel	WZK	1:13.31	198604135	<b>1:16.36</b>	+0,71 436	37.37	1:16.36
27.	Remco Oskam	Widex Gzc Donk	1:15.92	199205583	<b>1:16.97</b>	+0,77 426	35.87	1:16.97
28.	Jaap van Trijp	The Hague Swimming (SG)	1:15.09	199903225	<b>1:18.69</b>	+0,76 399	37.31	1:18.69
29.	Alex Vermeulen	WZK	1:14.45	198905811	<b>1:19.78</b>	+0,75 383	36.56	1:19.78
NG	Kevin Kingma	KZV de Lansingh	1:09.63	199700559				

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Dames, 50m rugslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT		
<b>Junioren 1</b>							
1.	Jade van der Maas	WVZ	35.74	200600408	<b>35.02</b>	+0,62	461
2.	Kimberly Ruiters	De Columbiaan	36.61	200600492	<b>35.32</b>	+0,68	450
3.	Megan Jonkman	The Hague Swimming (SG)	36.98	200600508	<b>36.71</b>	+0,78	401
4.	Estelle van Wijngaarden	ZPB H&L Productions	39.48	200601020	<b>36.79</b>	+0,67	398
5.	Leyla Oversluizen	zc De Schotejil	37.42	200602730	<b>37.15</b>	+0,67	386
6.	Luna van Hoff	ZPB H&L Productions	39.66	200601074	<b>39.34</b>	+0,75	325
	<i>* eindtijd is backup tijd</i>						
7.	Noémi Oldenkamp	KZV de Lansingh	39.50	200600162	<b>39.51</b>	+0,61	321
8.	Emma Suderee	MNC Dordrecht	44.90	200603598	<b>41.04</b>	+0,67	287
9.	Danique van der Hoeven	MNC Dordrecht	44.44	200600888	<b>44.45</b>	+0,76	226
NG	Elydjah van der Heul	Van Vliet-Barracuda	37.16	200602180			

**Junioren 2**

1.	Jelsie van Ruijven	WVZ	34.41	200500282	<b>33.50</b>	+0,57	527
2.	Evelyn Liket	ZV Vlaardingen-Schiedam	34.75	200503118	<b>34.00</b>	+0,75	504
3.	Nurlaylah Kartosentiko	ZV Vlaardingen-Schiedam	35.07	200501256	<b>34.30</b>	+0,68	491
4.	Marit Huisman	Van Vliet-Barracuda	36.57	200502620	<b>34.86</b>	+0,72	468
5.	Asha van Lobberegt	de Devel	35.07	200500088	<b>35.35</b>	+0,51	449
6.	Milou Adriaanse	De Columbiaan	36.08	200500968	<b>35.36</b>	+0,72	448
7.	Sera Emmers	WZK	37.85	200503264	<b>35.70</b>	+0,68	435
8.	Yente Bouwmeester	De Columbiaan	36.23	200500340	<b>35.84</b>	+0,71	430
9.	Sophie Buurman	ZPC Wiekslag	35.86	200502530	<b>36.12</b>	+0,71	420
10.	Karlijn Offeringa	ZV Vlaardingen-Schiedam	37.01	200503292	<b>36.33</b>	+0,65	413
11.	Isa Maes	de Devel	37.84	200500110	<b>36.53</b>	+0,72	406
12.	Lyke Buscop	zc De Schotejil	36.79	200500552	<b>37.04</b>	+0,66	390
13.	Niké Telkamp	The Hague Swimming (SG)	38.81	200501088	<b>37.31</b>	+0,61	382
14.	Madelief Mans	The Hague Swimming (SG)	40.14	200501260	<b>37.37</b>	+0,77	380
15.	Merel Schravendijk	The Hague Swimming (SG)	37.59	200503382	<b>37.44</b>	+0,64	378
16.	Felicia Bosse	WZK	37.08	200504468	<b>37.47</b>	+0,84	377
17.	Vivianne Woltjes	The Hague Swimming (SG)	38.04	200501524	<b>37.50</b>	+0,72	376
18.	Laura Hoogenboezem	KZV de Lansingh	38.69	200500390	<b>37.81</b>	+0,74	367
19.	Soscha van den Heuvel	ZPCNumansdorp	38.78	200500804	<b>37.86</b>	+0,69	365
20.	Britt van't Zant	Poseidon'56	37.65	200501170	<b>37.96</b>	+0,77	362
21.	Daphne Keijzer	Zob'66	38.66	200503556	<b>38.37</b>	+0,69	351
22.	Meira Simons	The Hague Swimming (SG)	39.24	200502984	<b>38.44</b>	+0,69	349
23.	Jennifer de Keizer	MNC Dordrecht	40.56	200501054	<b>38.72</b>	+0,72	341
24.	Emi Schipper	Zob'66	40.72	200502126	<b>40.02</b>	+0,67	309
25.	Valerie Damsma	SG LinK /Z&PC Katwijk	42.12	200500830	<b>41.72</b>	+1,20	273

**Junioren 3**

1.	Milou van Wijk	MNC Dordrecht	31.86	200404948	<b>30.50</b>	+0,66	698
2.	Anna van Droffelaar	ZV Vlaardingen-Schiedam	31.36	200400258	<b>30.74</b>	+0,72	682
3.	Jill Nai Chung Tong	ZV Vlaardingen-Schiedam	33.63	200404272	<b>32.10</b>	+0,83	599
4.	Fenna Herwig	ZPC Wiekslag	34.03	200400908	<b>33.90</b>	+0,72	509
5.	Jenna Klein	Z&PC Alkemade	35.28	200400914	<b>34.52</b>	+0,90	482
6.	Feline Jonkers	Poseidon'56	35.88	200401160	<b>34.59</b>	+0,64	479
7.	Lize van Stigt	SG LinK /Z&PC Katwijk	33.80	200401510	<b>34.72</b>	+0,69	473
8.	Robine Boer	De Columbiaan	36.16	200402180	<b>34.87</b>	+0,79	467
9.	Éléana Poilpré	The Hague Swimming (SG)	36.97	200404748	<b>35.13</b>	+0,67	457
10.	Anniko Firman	The Hague Swimming (SG)	36.60	200402330	<b>35.36</b>	+0,64	448
11.	Nora van der Steen	SG LinK /Z&PC Katwijk	36.56	200403458	<b>35.45</b>	+0,73	445
12.	Tessa Poot	ZV Vlaardingen-Schiedam	36.38	200404264	<b>35.76</b>	+0,73	433

Programmanr. 20, Meisjes, 50m rugslag, Junioren 3

rang	naam	vereniging	intijd		tijd	RT	
13.	Cheyenne Elburg	KZV de Lansingh	35.74	200401170	<b>35.93</b>	+0,65	427
14.	Zinzi van der Maas	WVZ	36.55	200402028	<b>36.12</b>	+0,65	420
15.	Ziya Gaia van de Voorde	The Hague Swimming (SG)	36.64	200402932	<b>36.32</b>	+0,75	414
16.	Carmen Lems	KZV de Lansingh	36.51	200402632	<b>36.74</b>	+0,57	400
17.	Marise van 't Walderveen	Zoetermeer	36.33	200400902	<b>37.01</b>	+0,55	391
18.	Mandy van der Meijden	Widex Gzc Donk	38.16	200402574	<b>37.50</b>	+0,85	376
19.	Milou van Winkel	AZC	44.10	200402296	<b>42.44</b>	+0,78	406

Jeugd 1 en 2

1.	Britta Koehorst	KZV de Lansingh	29.70	200300246	<b>29.07</b>	+0,69	807
2.	Lotte Hosper	The Hague Swimming (SG)	30.19	200201414	<b>30.44</b>	+0,75	703
3.	Tessa Giele	SG SCOM/de Zeehond'73	32.13	200203124	<b>30.55</b>	+0,66	695
	Maaïke Broersma	BZ en PC	31.31	200201522	<b>30.55</b>	+0,72	695
5.	Maaïke Issard	The Hague Swimming (SG)	31.02	200300022	<b>31.75</b>	+0,75	619
6.	Megan de Hoog	SG SCOM/de Zeehond'73	32.84	200300214	<b>33.00</b>	+0,78	551
	Julia Notenboom	De Columbiaan	33.74	200302596	<b>33.00</b>	+0,61	551
8.	Femke Hoppenbrouwer	The Hague Swimming (SG)	33.73	200301124	<b>33.07</b>	+0,69	548
9.	Almudena Visser Velez	The Hague Swimming (SG)	35.38	200205904	<b>33.17</b>	+0,67	543
10.	Michelle van der Steen	ZV Vlaardingen-Schiedam	33.55	200300052	<b>33.38</b>	+0,59	533
11.	Kim Rutters	De Kempvis	35.41	200302318	<b>33.69</b>	+0,65	518
12.	Rozemarijn van Haaff	Zob'66	34.54	200201852	<b>33.88</b>	+0,64	510
13.	Kim de Jong	SG LinK /Z&PC Katwijk	35.05	200301026	<b>34.29</b>	+0,65	491
14.	Tamara de Ruiters	zc De Schotejil	35.20	200203060	<b>34.48</b>	+0,72	483
15.	Ilse Schoenmaker	The Hague Swimming (SG)	34.99	200301470	<b>34.71</b>	+0,72	474
16.	Amy van Leersum	Poseidon'56	35.19	200200300	<b>35.00</b>	+0,63	462
	Anouk Vis	De Columbiaan	34.97	200203322	<b>35.00</b>	+0,60	462
18.	Marije de Jager	SG LinK /Z&PC Katwijk	36.61	200301394	<b>35.07</b>	+0,71	459
19.	Susanne Roeleveld	WVZ	35.31	200203266	<b>35.35</b>	+0,84	449
20.	Wendy ten Wolde	ZPC Wiekslag	35.47	200302658	<b>35.88</b>	+0,67	429
21.	Sanne van Ruijven	WVZ	37.90	200201120	<b>35.93</b>	+0,73	427
22.	Serena den Tuinder	ZPCNumansdorp	37.12	200303552	<b>36.02</b>	+0,57	424
23.	Amber Kuntkes	ZPCNumansdorp	36.81	200202458	<b>36.21</b>	+0,77	417
24.	Mirée de Vette	ZPCNumansdorp	37.72	200301218	<b>37.39</b>	+0,64	379
AFGEM	Isabel Scheepbouwer	ZPC Wiekslag	35.00	200301106			

Senioren 1 en 2

1.	Chefanja Nunes	WVZ	28.74	200104750	<b>29.93</b>	+0,63	739
2.	Lauren van IJll	WVZ	31.10	200001064	<b>31.09</b>	+0,63	659
3.	Jip Veeman	The Hague Swimming (SG)	32.08	200106100	<b>32.11</b>	+0,68	598
4.	Anniek de Ruiters	Widex Gzc Donk	33.27	200101224	<b>32.70</b>	+0,73	567
5.	Rosey Metz	WVZ	34.98	200101786	<b>32.74</b>	+0,65	565
6.	Iris van den Berg	SG Albion d'ELFT	32.89	200103782	<b>32.84</b>	+0,75	559
7.	Robin Pienaar	Van Vliet-Barracuda	34.77	200102236	<b>33.00</b>	+0,79	551
8.	Lynn Blommers	AZC	33.73	200105062	<b>33.21</b>	+0,52	541
9.	Manon Middelbos	zc De Schotejil	35.13	200100056	<b>33.56</b>	+0,71	524
10.	Marielle van der Vaart	ZV Vlaardingen-Schiedam	34.71	200000994	<b>33.98</b>	+0,63	505
11.	Elyanne Boudestein	Zoetermeer	33.95	200101060	<b>34.27</b>	+0,81	492
12.	Esmee Wijnmaalen	PCG	34.06	200100298	<b>34.44</b>	+0,65	485
13.	Sanne Hobé	Poseidon'56	34.47	200000826	<b>34.53</b>	+0,64	481
14.	Kim van Gemert	Poseidon'56	35.10	200101968	<b>34.64</b>	+0,58	477
15.	Kirsten de Hoog	SG SCOM/de Zeehond'73	35.51	200000460	<b>34.81</b>	+0,64	470
16.	Zoë van Gool	De Geul	35.12	200000964	<b>35.50</b>	+0,69	443
17.	Kayra Deger	MNC Dordrecht	35.38	200003890	<b>36.01</b>	+0,62	424
18.	Inge Belfor	De Columbiaan	36.42	200100578	<b>36.84</b>	+0,66	635
19.	Samantha Gerritse	SG LinK /Z&PC Katwijk	37.12	200102062	<b>36.91</b>	+0,57	394
NG.ZA	Esmée Roodenburg	De Geul	34.36	200100040			
NG	Nuria Boersma	WZK	35.35	200100906			
NG	Jasmine el Taraboulsi	WZK	33.78	200105788			
NG	Hanna Looi	de Devel	31.99	200006090			

Senioren

1.	Anouk van Weelden	PCG	30.18	199902828	<b>29.82</b>	+0,70	747
2.	Miranda Nijenhuis	De Columbiaan	30.37	199204076	<b>30.05</b>	+0,69	730
3.	Babette van der Kaaij	ZV Westland	31.48	199902234	<b>32.16</b>	+0,65	596
4.	Emma Berry	The Hague Swimming (SG)	31.95	199906390	<b>32.71</b>	+0,76	566
5.	Jasmijn Ruijgrok	WZK	35.30	199401032	<b>33.09</b>	+0,68	547
6.	Roos van Esch	SG Albion d'ELFT	32.90	198200468	<b>33.68</b>	+0,80	519
7.	Lincy de Winter	The Hague Swimming (SG)	33.48	199805886	<b>33.84</b>	+0,68	511
8.	Karen van Dee	SG SCOM/de Zeehond'73	33.82	199604074	<b>34.52</b>	+0,74	482
9.	Tessa Bruijgoms	MNC Dordrecht	34.81	199801322	<b>34.89</b>	+0,77	467

Programmanr. 20, Dames, 50m rugslag, Senioren

rang	naam	vereniging	intijd	tijd	RT
NG	Anouque Berghuis	Van Vliet-Barracuda	31.49	199606132	

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Heren, 100m vlinderslag

Junioren 1 en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
<b>Junioren 1</b>							
1.	Gabriel Been	The Hague Swimming (SG)	1:14.93	200501467	<b>1:13.91</b>	+0,72 306	34.23 1:13.91
2.	Émile Fouzaï	The Hague Swimming (SG)	1:18.16	200500263	<b>1:17.54</b>	+0,64 265	35.78 1:17.54
3.	Menno Wieringa	KZV de Lansingh	1:19.62	200500927	<b>1:18.44</b>	+0,70 256	35.88 1:18.44
4.	Björn Verkaik	The Hague Swimming (SG)	1:20.81	200500411	<b>1:19.81</b>	+0,68 243	36.53 1:19.81
5.	Casper Hoogervorst	De Columbiaan	1:25.54	200500183	<b>1:25.40</b>	+0,77 199	38.60 1:25.40
6.	Tim van Lochem	Zoetermeer	1:28.98	200500077	<b>1:32.07</b>	+0,64 158	40.05 1:32.07
7.	Thijs Gulden	Zob'66	1:47.34	200501501	<b>1:38.71</b>	+0,72 129	44.45 1:38.71

Junioren 2

1.	Jay de Vries	de Devel	1:05.65	200400669	<b>1:05.35</b>	+0,75 443	29.53 1:05.35
2.	Timo Kock	de Devel	1:09.23	200400387	<b>1:08.10</b>	+0,74 392	31.88 1:08.10
3.	Pepijn van Egmond	WVZ	1:10.67	200402309	<b>1:08.55</b>	+0,75 384	31.37 1:08.55
4.	Chris van der Hout	The Hague Swimming (SG)	1:11.57	200401355	<b>1:08.67</b>	382	32.25 1:08.67
5.	Thijm Kruit	De Columbiaan	1:11.28	200401339	<b>1:09.10</b>	+0,78 375	31.66 1:09.10
6.	Anthony Kraag	WVZ	1:11.73	200401973	<b>1:09.45</b>	+0,82 369	32.04 1:09.45
7.	Tim Haimé	The Hague Swimming (SG)	1:11.16	200403567	<b>1:09.97</b>	+0,72 361	33.69 1:09.97
8.	Niels van der Mast	ZPCNumansdorp	1:16.93	200401917	<b>1:10.00</b>	+0,68 361	33.07 1:10.00
9.	Olivier Krayenbuhl	The Hague Swimming (SG)	1:11.11	200403215	<b>1:10.47</b>	+0,77 353	31.99 1:10.47
10.	Erik Oldenkamp	KZV de Lansingh	1:13.44	200400597	<b>1:11.02</b>	+0,62 345	32.69 1:11.02
11.	Nathan Janssen	MNC Dordrecht	1:16.99	200401565	<b>1:11.22</b>	+0,68 342	33.51 1:11.22
12.	Julien Tanis	zc De Schotejil	1:11.14	200401045	<b>1:11.76</b>	+0,68 335	33.28 1:11.76
13.	Wen-Ye Chen	Rotterdam Swimming	1:19.53	200402859	<b>1:13.62</b>	+0,65 310	34.10 1:13.62
14.	Jason van den Berg	Rotterdam Swimming	1:12.77	200400009	<b>1:15.15</b>	+0,68 291	33.75 1:15.15
15.	Max van Schagen	De Columbiaan	1:14.32	200402591	<b>1:16.02</b>	+0,74 281	36.26 1:16.02
16.	Loeka Wubben	The Hague Swimming (SG)	1:21.41	200400307	<b>1:20.79</b>	+0,74 234	36.30 1:20.79
17.	Guus Geelen	LZ 1886	1:20.90	200401183	<b>1:21.56</b>	+0,69 228	36.10 1:21.56
18.	Bart Pardon	WVZ	1:17.95	200400639	<b>1:25.94</b>	+0,65 195	37.59 1:25.94

\* Eindtijd is backup tijd

Junioren 3

1.	Keanu Streefland	The Hague Swimming (SG)	1:05.67	200302445	<b>1:02.95</b>	+0,68 496	30.27 1:02.95
2.	Zev Bulk	Widex Gzcdonk	1:08.50	200304021	<b>1:03.55</b>	+0,66 482	29.53 1:03.55
3.	Jelle Bon	ZV Vlaardingen-Schiedam	1:06.68	200301077	<b>1:04.31</b>	+0,67 465	29.85 1:04.31
4.	Michael Smink	The Hague Swimming (SG)	1:06.54	200302169	<b>1:05.05</b>	+1,55 449	31.34 1:05.05
5.	Milan Hamel	The Hague Swimming (SG)	1:06.30	200302125	<b>1:06.01</b>	+0,70 430	31.09 1:06.01
6.	Bjarne Buijs	The Hague Swimming (SG)	1:13.90	200301089	<b>1:07.94</b>	+0,70 394	31.92 1:07.94
7.	Perry Laarhoven	ZPCNumansdorp	1:10.49	200301321	<b>1:09.41</b>	+0,83 370	31.79 1:09.41
8.	Kenan Cörüz	SG Albion d'ELFT	1:12.12	200300357	<b>1:10.47</b>	+0,67 353	32.44 1:10.47
9.	Milan van Aken	The Hague Swimming (SG)	1:14.31	200303307	<b>1:10.51</b>	+0,80 353	32.43 1:10.51
10.	Jort Jongenelen	Zoetermeer	1:16.03	200303233	<b>1:10.74</b>	+0,73 349	32.78 1:10.74
11.	Senna Mooldijk	De Kempvis	1:10.63	200301147	<b>1:10.96</b>	346	32.45 1:10.96
12.	Julian Stok	de Devel	1:13.41	200300071	<b>1:11.48</b>	+0,74 339	33.27 1:11.48
13.	Yassine Maas	The Hague Swimming (SG)	1:22.77	200301505	<b>1:11.94</b>	+0,75 332	33.35 1:11.94
14.	Daan Hogerhuis	SG LinK /Z&PC Katwijk	1:12.95	200300317	<b>1:12.04</b>	+0,78 331	33.33 1:12.04
15.	Christiaan van Es	Zob'66	1:17.62	200304141	<b>1:15.25</b>	+0,63 290	32.05 1:15.25
16.	Koen Pijnacker	BZ en PC	1:16.31	200301437	<b>1:15.56</b>	+0,76 287	33.17 1:15.56
17.	Raphaël Booiman	ZPC Wiekslag	1:12.70	200300727	<b>1:15.58</b>	+0,69 286	34.84 1:15.58
18.	Stefan Groen	KZV de Lansingh	1:17.26	200301179	<b>1:17.39</b>	+0,72 267	35.47 1:17.39
19.	David Jagerman	The Hague Swimming (SG)	1:14.32	200302127	<b>1:18.41</b>	+0,70 257	35.49 1:18.41
20.	Sven Brochard	Zob'66	1:24.66	200301737	<b>1:23.77</b>	+0,79 210	38.10 1:23.77
AFGEM	Dylan Jansen	WVZ	1:06.84	200300817			
AFGEM	Laren Schavemaker	The Hague Swimming (SG)	1:19.55	200300607			

Programmanr. 21, Heren, 100m vlinderslag

Junioren 4

1.	Nikhom Westphal	SG SCOM/de Zeehond'73	59.17	200203329	<b>59.17</b>	+0,68	597	27.38	59.17
2.	Bryan Agterdenbos	MNC Dordrecht	1:00.85	200200003	<b>1:00.32</b>	+0,75	563	28.79	1:00.32
3.	Sean Niewold	WVZ	1:02.12	200204699	<b>1:00.46</b>	+0,74	560	28.79	1:00.46
4.	Brandon van den Berg	Rotterdam Swimming	1:04.24	200200669	<b>1:01.05</b>	+0,70	543	29.01	1:01.05
5.	Jarno Verbeek	Zoetermeer	1:05.65	200200931	<b>1:03.76</b>	+0,63	477	29.85	1:03.76
6.	Viktor Koets	De Columbiaan	1:04.85	200201677	<b>1:03.94</b>	+0,75	473	29.42	1:03.94
7.	Mart de Koning	Zob'66	1:06.71	200203253	<b>1:05.30</b>	+0,70	444	29.91	1:05.30
8.	Guus Hoogduin	LZ 1886	1:07.09	200201069	<b>1:05.64</b>	+0,71	437	30.32	1:05.64
9.	Scott Jansen	WVZ	1:07.34	200202455	<b>1:06.00</b>	+0,78	430	30.21	1:06.00
10.	Cas Jansen	The Hague Swimming (SG)	1:09.23	200203263	<b>1:06.60</b>	+0,67	419	30.88	1:06.60
11.	Johrick Wijma	KZV de Lansingh	1:07.46	200204435	<b>1:07.10</b>	+0,65	409	30.20	1:07.10
12.	Niels Dijkshoorn	ZV Westland	1:07.78	200203079	<b>1:08.25</b>	+0,70	389	31.65	1:08.25
13.	Lougo Gorré	ZV Vlaardingen-Schiedam	1:07.82	200201765	<b>1:08.48</b>		385	32.12	1:08.48
14.	Björn de Heus	ZV Vlaardingen-Schiedam	1:08.57	200201077	<b>1:09.60</b>	+0,70	367	31.72	1:09.60
15.	Dylano Termoshuizen	WVZ	1:11.09	200202169	<b>1:09.86</b>	+0,79	363	31.41	1:09.86
16.	Luuk van Holstein	ZV Westland	1:12.10	200203841	<b>1:11.07</b>	+0,75	344	33.42	1:11.07
17.	Thomas van Wanrooij	NTC PARA - Poseidon '56	1:08.26	200201473	<b>1:11.08</b>		449	31.62	1:11.08
18.	Wouter Verdoes	De Columbiaan	1:11.10	200200351	<b>1:11.75</b>	+0,77	335	33.11	1:11.75
NG	Bas van Wieringen	De Columbiaan	1:10.09	200200119					

Jeugd 1 en 2

1.	Gerard Willighagen	Poseidon'56	58.46	200103663	<b>58.30</b>	+0,69	624	27.18	58.30
2.	Thomas Jansen	WVZ	59.53	200100143	<b>59.38</b>	+0,78	591	28.53	59.38
3.	Max Visser	WVZ	1:00.99	200100077	<b>59.47</b>	+0,75	588	27.50	59.47
4.	Olivier Jans	The Hague Swimming (SG)	1:01.69	200001815	<b>1:00.20</b>		567	28.36	1:00.20
5.	Noah Legerstee	WVZ	59.82	200003593	<b>1:00.84</b>	+0,77	549	28.33	1:00.84
6.	Floris de Leeuw	The Hague Swimming (SG)	1:02.12	200105317	<b>1:00.91</b>	+0,73	547	28.80	1:00.91
7.	Ivo Stolk	SG SCOM/de Zeehond'73	1:02.93	200100615	<b>1:01.04</b>	+0,72	544	28.58	1:01.04
8.	Freek Hollander	The Hague Swimming (SG)	1:01.50	200103815	<b>1:01.05</b>	+0,78	543	28.33	1:01.05
9.	Christiaan Smit	The Hague Swimming (SG)	1:01.12	200102463	<b>1:01.10</b>	+0,69	542	28.62	1:01.10
10.	Jarno van Oijen	SG SCOM/de Zeehond'73	1:05.69	200100055	<b>1:01.52</b>	+0,64	531	28.26	1:01.52
11.	Quinn van den Heuvel	WVZ	1:00.94	200100297	<b>1:01.71</b>	+0,75	526	28.83	1:01.71
12.	Tygo van Hassel	WVZ	1:03.31	200101479	<b>1:02.32</b>	+0,70	511	29.06	1:02.32
13.	Sander van Beek	LZ 1886	1:02.80	200002917	<b>1:02.58</b>	+0,67	505	28.97	1:02.58
14.	Otto Pranger	SG SCOM/de Zeehond'73	1:03.21	200000007	<b>1:03.14</b>	+0,62	491	28.82	1:03.14
15.	J. de Roy van Zuydewijn	WVZ	1:03.67	200000255	<b>1:03.37</b>	+0,68	486	29.23	1:03.37
16.	Tjeerd van Stein	SG LinK /Z&PC Katwijk	1:05.87	200101439	<b>1:06.68</b>	+0,78	417	29.96	1:06.68
17.	K. de Kruyf Molina	The Hague Swimming (SG)	1:06.54	200002667	<b>1:06.85</b>	+0,69	414	30.19	1:06.85
18.	Sander Iuga	Poseidon'56	1:08.87	200101389	<b>1:07.27</b>	+0,79	406	30.66	1:07.27
19.	Mark de Jongh	MNC Dordrecht	1:06.79	200001325	<b>1:08.29</b>	+0,71	388	30.73	1:08.29
20.	Matin Yousufi	WVZ	1:11.25	200004511	<b>1:08.31</b>	+0,48	388	30.79	1:08.31
21.	Michael Boekestijn	ZV Westland	1:07.44	200100767	<b>1:08.84</b>	+0,79	379	31.10	1:08.84
22.	Aidan van Gool	De Geul	1:06.64	200001773	<b>1:08.90</b>	+0,58	378	30.71	1:08.90
23.	Boy Borreman	SG LinK /Z&PC Katwijk	1:11.92	200102751	<b>1:09.55</b>	+0,67	368	31.93	1:09.55
24.	Rolf Bavelaar	WVZ	1:08.56	200001747	<b>1:09.67</b>	+0,63	366	31.43	1:09.67
25.	Ricardo van der Steen	ZV Vlaardingen-Schiedam	1:06.99	200000625	<b>1:10.47</b>	+0,72	353	30.73	1:10.47
26.	Thomas Hesper	Van Vliet-Barracuda	1:09.58	200004181	<b>1:11.95</b>	+0,80	332	31.27	1:11.95
27.	Thomas Boxman	The Hague Swimming (SG)	1:11.60	200005203	<b>1:11.99</b>	+0,82	331	32.54	1:11.99
28.	Wessel Bonkestoter	Widex Gzc Donk	1:16.17	200100625	<b>1:12.29</b>		327	33.59	1:12.29
29.	Pim Munne	Zob'66	1:15.57	200103563	<b>1:14.32</b>	+0,78	301	35.40	1:14.32
30.	Boaz Troost	Zob'66	1:16.06	200100371	<b>1:18.76</b>	+0,73	253	35.06	1:18.76
AFGEM	Wesley Scheepbouwer	ZPC Wiekslag	1:06.78	200101959					
AFGEM	Ignazio Nunzi	WVZ	1:09.60	200101803					
NG	Floriaan Bulten	Poseidon'56	1:09.83	200002267					

Senioren 1 en ouder

1.	Jeroen Baars	Rotterdam Swimming	54.39	199200031	<b>54.44</b>	+0,70	766	25.46	54.44
2.	Ensgor Kotterink	SG Albion d'ELFT	53.14	199403391	<b>54.74</b>	+0,66	754	25.32	54.74
3.	Mark Baars	Rotterdam Swimming	54.57	198500095	<b>56.48</b>	+0,67	686	26.69	56.48
4.	Mike Hoek	De Duck	58.30	199702229	<b>57.77</b>	+0,71	641	25.62	57.77
5.	Marco Rolla	Rotterdam Swimming	1:01.19	199605723	<b>58.01</b>	+0,69	633	26.95	58.01
6.	Romero Hennep	SG Albion d'ELFT	59.09	199304929	<b>58.39</b>	+0,66	621	26.28	58.39
7.	Bas Verdoes	De Columbiaan	1:00.41	199801487	<b>59.38</b>	+0,72	591	27.38	59.38
8.	Lars Schoffelmeer	ZPB H&L Productions	59.76	199501907	<b>1:00.48</b>	+0,70	559	27.37	1:00.48
9.	Robin van Beek	LZ 1886	1:00.42	199704023	<b>1:00.56</b>	+0,68	557	28.29	1:00.56
10.	Daan Egberts	AZC	1:03.06	199502433	<b>1:00.90</b>	+0,65	547	28.10	1:00.90
11.	Ian Minningh	Rotterdam Swimming	1:03.77	199702737	<b>1:01.46</b>	+0,73	533	28.17	1:01.46
12.	Timo Dinkelberg	SG Albion d'ELFT	57.75	199300773	<b>1:01.50</b>	+0,66	532	28.44	1:01.50
13.	Jordy van Oel	WVZ	1:01.32	199802003	<b>1:01.81</b>	+0,74	524	28.89	1:01.81

Programmanr. 21, Heren, 100m vlinderslag, Senioren 1 en ouder

rang	naam	vereniging	intijd	tijd	RT	50m	100m	
13.	Kevin Panoet	The Hague Swimming (SG)	1:02.46	199307253	<b>1:01.81</b>	+0,70 524	28.16	1:01.81
15.	Bert Duivenvoorde	Noordwijkerhout	1:02.60	199701805	<b>1:02.14</b>	+0,65 515	27.63	1:02.14
16.	Robin Lecomte	KZV de Lansingh	1:05.08	199900711	<b>1:03.01</b>	+0,67 494	28.41	1:03.01
17.	Bart Drechsel	WZK	1:02.86	198604135	<b>1:03.28</b>	+0,67 488	29.47	1:03.28
18.	Dave Jansen	WVZ	1:01.52	199805299	<b>1:03.73</b>	+0,67 478	28.96	1:03.73
19.	David Kievit	zc De Schotejil	1:04.63	199900325	<b>1:04.90</b>	+0,77 452	30.08	1:04.90
20.	Ben Muller	De Geul	1:02.31	199801281	<b>1:05.06</b>	+0,66 449	29.47	1:05.06
21.	Paul van Grol	Widex Gzc Donk	1:03.77	199602951	<b>1:05.42</b>	+0,65 442	30.73	1:05.42
22.	Bram de Leeuw	The Hague Swimming (SG)	1:03.39	199805753	<b>1:05.69</b>	+0,68 436	28.75	1:05.69
23.	Rogier Dorsman	de Devel	1:03.76	199900211	<b>1:05.70</b>	+0,70 648	29.74	1:05.70
24.	Markus van Rest	WVZ	1:06.15	197701197	<b>1:06.41</b>	+0,79 422	30.08	1:06.41
25.	Jaap van Trijp	The Hague Swimming (SG)	1:05.61	199903225	<b>1:06.97</b>	+0,75 412	31.82	1:06.97
26.	Max Muller	De Geul	1:03.07	199800347	<b>1:07.27</b>	+0,65 406	29.51	1:07.27
27.	Tim van Duuren	Widex Gzc Donk	1:07.77	199802255	<b>1:07.87</b>	+0,63 654	31.73	1:07.87
28.	Peter Schelvis	SG LinK /Z&PC Katwijk	1:09.08	198906671	<b>1:08.47</b>	+0,79 385	31.26	1:08.47
29.	Alex Vermeulen	WZK	1:05.07	198905811	<b>1:09.46</b>	369	30.36	1:09.46
30.	Remco Oskam	Widex Gzc Donk	1:08.30	199205583	<b>1:10.83</b>	+0,77 348	31.11	1:10.83
NG	Matthew Dullemond	Rotterdam Swimming	1:00.03	199805005				
NG	Kevin Kingma	KZV de Lansingh	1:04.38	199700559				

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Dames, 200m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
<b>Junioren 1</b>										
1.	E. van Wijngaarden	ZPB H&L Productions	2:30.56	200601020	<b>2:26.73</b>	+0,77 457	33.73	1:11.51	1:50.05	2:26.73
2.	Leyla Oversluizen	zc De Schotejil	2:29.61	200602730	<b>2:27.29</b>	+0,65 451	33.48	1:11.51	1:50.78	2:27.29
3.	Jade van der Maas	WVZ	2:31.66	200600408	<b>2:29.45</b>	+0,79 432	34.46	1:12.92	1:52.95	2:29.45
4.	Avery Collins	The Hague Swimming	(2:43.98	200603622	<b>2:34.93</b>	388	36.31	1:15.99	1:57.08	2:34.93
5.	Mara Tims	Van Vliet-Barracuda	2:44.39	200601136	<b>2:35.44</b>	+0,79 384	36.18	1:16.06	1:56.26	2:35.44
6.	Kimberly Ruiters	De Columbiaan	2:42.59	200600492	<b>2:35.99</b>	+0,68 380	35.83	1:16.55	1:58.47	2:35.99
7.	Megan Jonkman	The Hague Swimming	(2:35.74	200600508	<b>2:36.21</b>	+0,87 378	35.49	1:16.04	1:57.92	2:36.21
8.	Hilda Vrijbloed	De Duck	2:43.47	200600732	<b>2:41.07</b>	+0,71 345	36.30	1:18.27	2:01.32	2:41.07
9.	Jessica Pol	Poseidon'56	2:50.53	200600030	<b>2:42.38</b>	+0,49 337	37.93	1:20.17	2:03.75	2:42.38
10.	Alessia Ribeiro	WVZ	2:51.51	200601060	<b>2:43.82</b>	+0,76 328	35.39	1:18.26	2:03.60	2:43.82
11.	Fieke Hoogduin	LZ 1886	2:54.15	200600836	<b>2:48.37</b>	+0,67 302	37.53	1:20.21	2:04.99	2:48.37
NG	Elydjah van der Heul	Van Vliet-Barracuda	2:39.38	200602180						
<b>Junioren 2</b>										
1.	Asha van Lobberregt	de Devel	2:26.28	200500088	<b>2:21.46</b>	+0,70 509	33.17	1:09.73	1:46.60	2:21.46
2.	Jelsie van Ruijven	WVZ	2:26.91	200500282	<b>2:22.68</b>	+0,71 496	33.32	1:10.32	1:47.66	2:22.68
3.	Merel Schravendijk	The Hague Swimming	(2:29.99	200503382	<b>2:22.69</b>	+0,80 496	34.07	1:10.14	1:47.04	2:22.69
4.	Evelyn Liket	ZV Vlaardingen-Schied	2:35.19	200503118	<b>2:24.89</b>	+0,75 474	33.04	1:09.43	1:46.85	2:24.89
5.	Isa Maes	de Devel	2:30.55	200500110	<b>2:27.02</b>	+0,67 454	34.48	1:12.55	1:49.05	2:27.02
6.	Niké Telkamp	The Hague Swimming	(2:33.79	200501088	<b>2:28.26</b>	+0,74 443	33.69	1:12.54	1:51.67	2:28.26
7.	Elise Vink	De Columbiaan	2:37.14	200502588	<b>2:28.71</b>	+0,91 439	33.23	1:10.74	1:50.02	2:28.71
8.	Vivianne Woltjes	The Hague Swimming	(2:31.59	200501524	<b>2:29.29</b>	433	33.84	1:12.75	1:52.16	2:29.29
9.	Yente Bouwmeester	De Columbiaan	2:30.24	200500340	<b>2:30.37</b>	+0,77 424	33.60	1:11.48	1:51.56	2:30.37
10.	M. van der Kaaij	AZC	2:40.78	200502944	<b>2:31.48</b>	+0,71 415	34.84	1:13.50	1:53.30	2:31.48
11.	Marit Huisman	Van Vliet-Barracuda	2:31.29	200502620	<b>2:31.55</b>	+0,73 414	33.59	1:12.03	1:52.23	2:31.55
12.	Britt van't Zant	Poseidon'56	2:33.94	200501170	<b>2:31.66</b>	+0,76 413	34.76	1:13.92	1:54.76	2:31.66
13.	Laura Hoogenboezem	KZV de Lansingh	2:34.05	200500390	<b>2:32.00</b>	+0,82 411	35.68	1:14.75	1:54.55	2:32.00
14.	Anastasia Romano	MNC Dordrecht	2:27.77	200501076	<b>2:32.27</b>	+0,67 408	31.92	1:08.13	1:49.61	2:32.27
15.	Hope van Zwol	ZV Vlaardingen-Schied	2:33.52	200502852	<b>2:32.59</b>	+0,71 406	33.75	1:13.77	1:53.93	2:32.59
16.	Isa Stoel	De Columbiaan	2:34.54	200500520	<b>2:32.78</b>	+0,63 404	35.50	1:15.20	1:55.30	2:32.78
17.	Jennifer de Keizer	MNC Dordrecht	2:34.89	200501054	<b>2:33.43</b>	+0,69 399	35.34	1:14.90	1:54.84	2:33.43
18.	Soscha van den Heuvel	ZPC Numansdorp	2:42.61	200500804	<b>2:33.81</b>	+0,79 396	34.95	1:13.97	1:54.35	2:33.81
19.	Sera Emmers	WZK	2:39.47	200503264	<b>2:33.92</b>	+0,74 395	35.24	1:14.47	1:55.31	2:33.92
20.	Lyke Buscop	zc De Schotejil	2:35.75	200500552	<b>2:35.37</b>	+0,75 385	34.59	1:14.38	1:56.05	2:35.37
21.	Milou Adriaanse	De Columbiaan	2:32.14	200500968	<b>2:35.54</b>	+0,80 383	36.70	1:17.02	1:58.74	2:35.54
22.	Milou Demirel	The Hague Swimming	(2:40.74	200501254	<b>2:37.26</b>	371	37.09	1:16.28	1:57.38	2:37.26
23.	Meira Simons	The Hague Swimming	(2:38.69	200502984	<b>2:37.70</b>	+0,86 368	36.23	1:16.85	1:57.63	2:37.70
24.	Aisha Nobels	zc De Schotejil	2:32.59	200501710	<b>2:37.74</b>	+0,66 367	36.13	1:16.58	1:57.55	2:37.74
25.	Felicia Bosse	WZK	2:42.76	200504468	<b>2:43.47</b>	+0,86 330	37.15	1:18.98	2:01.67	2:43.47
26.	Emi Schipper	Zob'66	2:50.27	200502126	<b>2:44.77</b>	+0,51 322	37.73	1:20.20	2:03.06	2:44.77
27.	Tamara de Gier	Widex Gzc Donk	2:52.55	200502686	<b>2:49.29</b>	+0,69 297	37.47	1:20.90	2:05.41	2:49.29
NG	Iris de Rouw	ZPB H&L Productions	2:46.79	200501826						

Programmanr. 22, Dames, 200m vrije slag

Junioren 3

1. Anna van Droffelaar	ZV Vlaardingen-Schied	2:12.80	200400258	<b>2:11.87</b>	+0,70	629	29.71	1:03.40	1:37.37	2:11.87
2. Rinske Bouman	de Devel	2:16.52	200400578	<b>2:15.65</b>	+0,78	578	30.75	1:04.75	1:40.49	2:15.65
3. Milou van Wijk	MNC Dordrecht	2:20.54	200404948	<b>2:16.70</b>	+0,69	565	31.49	1:06.38	1:42.99	2:16.70
4. Irma van der Wulp	WVZ	2:21.33	200401950	<b>2:17.58</b>	+0,81	554	32.85	1:08.42	1:43.86	2:17.58
5. Daniëlle Vis	De Columbiaan	2:27.36	200401044	<b>2:20.89</b>	+0,72	516	32.10	1:08.11	1:45.39	2:20.89
6. Jill Nai Chung Tong	ZV Vlaardingen-Schied	2:18.97	200404272	<b>2:20.98</b>	+0,85	515	32.12	1:08.02	1:44.36	2:20.98
7. Lize van Stigt	SG LinK /Z&PC Katwijk	2:26.47	200401510	<b>2:22.61</b>		497	32.83	1:09.42	1:46.59	2:22.61
8. Tessa Poot	ZV Vlaardingen-Schied	2:34.62	200404264	<b>2:25.39</b>	+0,88	469	33.93	1:11.84	1:50.15	2:25.39
9. Fenna Herwig	ZPC Wiekslag	2:34.52	200400908	<b>2:25.53</b>	+0,75	468	33.43	1:11.96	1:51.09	2:25.53
10. Fiona Moerman	The Hague Swimming	(2:30.87	200401668	<b>2:26.75</b>		456	32.10	1:08.78	1:48.03	2:26.75
11. Nora van der Steen	SG LinK /Z&PC Katwijk	2:25.55	200403458	<b>2:27.14</b>	+0,69	453	33.33	1:10.62	1:49.08	2:27.14
12. Anniko Firman	The Hague Swimming	(2:26.58	200402330	<b>2:27.84</b>	+0,64	446	32.06	1:09.24	1:48.79	2:27.84
13. Lara Hoeksema	The Hague Swimming	(2:38.95	200400514	<b>2:27.88</b>	+0,83	446	34.58	1:12.33	1:51.06	2:27.88
14. M. van 't Walderveen	Zoetermeer	2:31.78	200400902	<b>2:29.23</b>	+0,79	434	33.85	1:12.08	1:51.32	2:29.23
15. Mandy van der Meijden	Widex Gzc Donk	2:41.40	200402574	<b>2:30.05</b>	+0,76	427	34.62	1:13.16	1:52.68	2:30.05
16. Anique Star	De Columbiaan	2:29.55	200400446	<b>2:30.93</b>	+0,77	419	34.19	1:12.35	1:52.34	2:30.93
17. Feija de Bruin	WVZ	2:30.61	200400106	<b>2:31.53</b>	+0,79	680	35.14	1:13.58	1:52.59	2:31.53
18. Z. van de Voorde	The Hague Swimming	(2:28.52	200402932	<b>2:32.01</b>	+0,73	411	34.96	1:14.35	1:54.37	2:32.01
19. Jenna Klein	Z&PC Alkemade	2:26.03	200400914	<b>2:33.00</b>	+0,75	403	33.72	1:12.47	1:53.66	2:33.00
20. Zinzi van der Maas	WVZ	2:34.49	200402028	<b>2:33.83</b>	+0,86	396	35.92	1:15.42	1:55.91	2:33.83
21. Carmen Lems	KZV de Lansingh	2:35.38	200402632	<b>2:36.43</b>	+0,78	377	34.71	1:14.94	1:57.31	2:36.43
22. Eva Immerzeel	ZV Westland	2:35.00	200401514	<b>2:36.68</b>	+0,75	375	34.74	1:15.09	1:56.88	2:36.68
23. Juliette Boon	de Devel	2:34.85	200401908	<b>2:37.03</b>	+0,68	372	35.03	1:15.48	1:57.50	2:37.03
24. Cheyenne Elburg	KZV de Lansingh	2:33.95	200401170	<b>2:41.07</b>	+0,74	345	35.62	1:17.13	1:59.65	2:41.07
25. Milou van Winkel	AZC	3:07.21	200402296	<b>2:49.14</b>	+0,94	403	36.68	1:20.34	2:05.56	2:49.14

Jeugd 1 en 2

1. Britta Koehorst	KZV de Lansingh	2:07.13	200300246	<b>2:04.45</b>	+0,75	748	28.86	1:00.45	1:32.81	2:04.45
2. Lotte Hosper	The Hague Swimming	(2:09.21	200201414	<b>2:07.82</b>	+0,78	691	29.73	1:01.96	1:34.79	2:07.82
3. Christy Geurts	WVZ	2:08.17	200203734	<b>2:09.86</b>	+0,76	659	30.06	1:03.23	1:36.41	2:09.86
4. Ilse Kraaijeveld	The Hague Swimming	(2:13.58	200202190	<b>2:10.96</b>	+0,66	642	30.39	1:03.95	1:37.95	2:10.96
5. Maaïke Issard	The Hague Swimming	(2:10.64	200300022	<b>2:12.60</b>	+0,80	619	30.28	1:04.04	1:38.85	2:12.60
6. Femke Hoppenbrouwer	The Hague Swimming	(2:17.17	200301124	<b>2:13.00</b>	+0,80	613	30.65	1:04.52	1:39.08	2:13.00
7. Almudena Visser Velez	The Hague Swimming	(2:17.26	200205904	<b>2:13.13</b>	+0,71	611	30.44	1:04.19	1:39.12	2:13.13
8. Maaïke Broersma	BZ en PC	2:17.13	200201522	<b>2:15.38</b>	+0,74	581	31.02	1:05.41	1:40.84	2:15.38
9. Sanne Vermeulen	The Hague Swimming	(2:22.63	200303902	<b>2:17.21</b>	+0,77	558	30.23	1:04.75	1:41.06	2:17.21
10. Megan de Hoog	SG SCOM/de Zeehond	2:12.63	200300214	<b>2:17.32</b>	+0,67	557	30.99	1:04.75	1:40.03	2:17.32
11. Suzanne Dorsman	SG Albion d'ELFT	2:22.24	200303314	<b>2:17.72</b>	+0,70	552	31.46	1:06.59	1:42.90	2:17.72
12. Kim de Jong	SG LinK /Z&PC Katwijk	2:17.79	200301026	<b>2:18.29</b>	+0,80	545	32.01	1:07.52	1:43.63	2:18.29
13. Rozemarijn van Haaff	Zob'66	2:23.48	200201852	<b>2:19.81</b>	+0,68	528	32.58	1:07.87	1:44.21	2:19.81
14. Amber Hesper	Van Vliet-Barracuda	2:22.42	200202188	<b>2:20.10</b>	+0,75	524	31.79	1:07.71	1:44.87	2:20.10
15. Tamara de Ruiter	zc De Schoteijl	2:21.11	200203060	<b>2:20.81</b>	+0,79	517	32.92	1:08.96	1:44.81	2:20.81
16. Esther Reinders	KZV de Lansingh	2:21.64	200301798	<b>2:21.18</b>	+0,70	512	32.95	1:08.90	1:45.51	2:21.18
17. Joyce van 't Hof	de Devel	2:23.32	200302122	<b>2:21.51</b>	+0,65	509	31.73	1:07.08	1:44.43	2:21.51
18. Susan van Grol	Widex Gzc Donk	2:19.61	200201344	<b>2:21.70</b>	+0,70	507	32.43	1:08.45	1:45.55	2:21.70
19. Kim Rutters	De Kempvis	2:24.98	200302318	<b>2:21.87</b>	+0,81	505	32.50	1:08.50	1:46.11	2:21.87
20. Ilse Schoenmaker	The Hague Swimming	(2:22.51	200301470	<b>2:21.98</b>	+0,65	504	32.79	1:08.71	1:45.77	2:21.98
21. Wendy ten Wolde	ZPC Wiekslag	2:26.48	200302658	<b>2:22.15</b>	+0,77	502	31.96	1:08.44	1:46.14	2:22.15
22. Marbel Diderik	De Columbiaan	2:22.21	200205752	<b>2:22.63</b>	+0,66	497	33.36	1:09.66	1:46.17	2:22.63
23. Anouk Vis	De Columbiaan	2:24.68	200203322	<b>2:22.87</b>	+0,76	495	32.68	1:09.19	1:46.43	2:22.87
24. Michelle van der Steen	ZV Vlaardingen-Schied	2:24.11	200300052	<b>2:23.40</b>	+0,73	489	32.48	1:08.21	1:46.48	2:23.40
25. Britt van Bommel	De Columbiaan	2:22.97	200301982	<b>2:23.41</b>	+0,81	489	32.77	1:09.49	1:47.46	2:23.41
26. Sara Claps	The Hague Swimming	(2:26.77	200205916	<b>2:23.64</b>	+0,67	487	32.43	1:08.21	1:45.50	2:23.64
27. Amy Koelman	De Columbiaan	2:22.87	200300922	<b>2:24.18</b>	+0,63	481	32.85	1:09.32	1:47.43	2:24.18
28. Sanne van Ruijven	WVZ	2:20.89	200201120	<b>2:24.36</b>	+0,78	479	33.33	1:09.96	1:47.80	2:24.36
29. Mara Bosman	The Hague Swimming	(2:24.67	200303048	<b>2:24.77</b>	+0,45	475	33.46	1:10.21	1:48.10	2:24.77
30. Anne Straub	Zoetermeer	2:24.23	200201402	<b>2:24.91</b>	+0,77	474	32.91	1:09.47	1:47.74	2:24.91
31. Marije de Jager	SG LinK /Z&PC Katwijk	2:26.63	200301394	<b>2:24.94</b>	+0,77	474	31.96	1:08.30	1:46.72	2:24.94
32. Debra de Lange	De Geul	2:30.89	200202380	<b>2:26.06</b>	+0,69	463	34.42	1:11.90	1:49.88	2:26.06
33. Amy van Leersum	Poseidon'56	2:22.48	200200300	<b>2:26.17</b>	+0,70	462	32.40	1:10.10	1:49.59	2:26.17
34. Reese Lauletta	WZK	2:27.60	200305290	<b>2:27.13</b>	+0,77	453	33.82	1:10.87	1:49.55	2:27.13
35. Britt Steunenbergh	The Hague Swimming	(2:27.41	200302588	<b>2:27.79</b>	+0,70	447	34.31	1:12.99	1:51.01	2:27.79
36. Susanne Roeleveld	WVZ	2:27.44	200203266	<b>2:28.05</b>	+0,84	444	33.53	1:11.35	1:50.81	2:28.05
37. Minouk Hol	KZV de Lansingh	2:27.95	200201090	<b>2:28.15</b>	+0,72	444	34.35	1:12.49	1:51.35	2:28.15
AFGEM Isabel Scheepbouwer	ZPC Wiekslag	2:26.34	200301106							



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Senioren 1 en 2

1. Claire Verkijk	WVZ	2:03.95	200100240	<b>2:04.12</b>	+0,78	754	29.28	1:00.08	1:32.03	2:04.12
2. Inge Vieveen	WVZ	2:05.58	200100024	<b>2:07.63</b>	+0,80	694	29.76	1:01.57	1:34.29	2:07.63
3. Chefanja Nunes	WVZ	2:07.13	200104750	<b>2:11.49</b>	+0,69	634	30.48	1:04.09	1:38.16	2:11.49
4. Sam IJzerman	De Geul	2:14.03	200101204	<b>2:12.68</b>	+0,69	617	30.59	1:04.39	1:39.09	2:12.68
5. Marlinde Beukers	WVZ	2:14.46	200101934	<b>2:13.37</b>	+0,69	608	30.54	1:04.52	1:39.57	2:13.37
6. Sanne Heemskerk	LZ 1886	2:11.47	200100600	<b>2:14.48</b>	+0,70	593	30.82	1:05.07	1:39.55	2:14.48
7. Giulia Corsi	De Columbiaan	2:12.45	200100468	<b>2:14.67</b>	+0,77	590	30.56	1:05.04	1:40.27	2:14.67
8. Lynn Blommers	AZC	2:16.56	200105062	<b>2:15.04</b>	+0,64	586	30.02	1:04.72	1:40.72	2:15.04
9. Jip Veeman	The Hague Swimming	(2:18.71	200106100	<b>2:15.27</b>	+0,76	583	31.20	1:05.68	1:40.51	2:15.27
10. Iris van den Berg	SG Albion d'ELFT	2:20.70	200103782	<b>2:16.30</b>	+0,81	570	31.07	1:05.60	1:41.03	2:16.30
11. Manon Middelbos	zc De Schotelij	2:19.99	200100056	<b>2:17.22</b>	+0,73	558	31.70	1:06.68	1:42.58	2:17.22
12. S. van den Dobbelen	The Hague Swimming	(2:23.95	200100904	<b>2:18.89</b>		538	31.12	1:07.24	1:43.78	2:18.89
13. Esmée Roodenburg	De Geul	2:20.31	200100040	<b>2:19.11</b>		536	31.31	1:07.01	1:43.91	2:19.11
14. Floor de Kievit	The Hague Swimming	(2:18.63	200100238	<b>2:19.18</b>	+0,81	535	31.37	1:06.68	1:43.30	2:19.18
15. Anouk de Vreede	The Hague Swimming	(2:21.16	200100130	<b>2:19.43</b>	+0,71	532	31.72	1:06.88	1:43.28	2:19.43
16. Jessica Baars	The Hague Swimming	(2:19.85	200101966	<b>2:19.54</b>	+0,58	531	31.13	1:05.91	1:42.48	2:19.54
17. Diana Noordermeer	SG SCOM/de Zeehond	2:22.34	200102110	<b>2:20.01</b>	+0,76	525	32.92	1:08.11	1:44.79	2:20.01
18. Elyanne Boudestein	Zoetermeer	2:17.95	200101060	<b>2:20.16</b>	+0,74	524	31.77	1:07.15	1:43.90	2:20.16
19. Anniek de Ruiters	Widex Gzc Donk	2:22.24	200101224	<b>2:20.79</b>	+0,81	517	32.37	1:08.35	1:45.06	2:20.79
20. Marielle van der Vaart	ZV Vlaardingen-Schied	2:21.42	200000994	<b>2:20.82</b>	+0,77	516	32.70	1:08.57	1:44.91	2:20.82
21. Samantha Gerritse	SG Link /Z&PC Katwijk	2:28.18	200102062	<b>2:21.44</b>	+0,69	510	32.45	1:07.75	1:44.49	2:21.44
22. Laila Kuipers	BZ en PC	2:25.03	200003124	<b>2:21.85</b>	+0,76	505	32.59	1:09.09	1:46.48	2:21.85
23. Sanne Hobé	Poseidon'56	2:17.46	200000826	<b>2:22.45</b>	+0,71	499	31.64	1:06.56	1:43.66	2:22.45
24. Esmee Wijnmaalen	PCG	2:21.53	200100298	<b>2:23.76</b>	+0,74	485	32.48	1:09.03	1:46.98	2:23.76
25. Celina von Berg	ZV Westland	2:20.04	200002596	<b>2:24.36</b>	+0,72	479	32.74	1:09.29	1:47.25	2:24.36
26. Kirsten de Hoog	SG SCOM/de Zeehond	2:25.86	200000460	<b>2:28.94</b>	+0,77	436	33.71	1:11.67	1:50.66	2:28.94
27. Inge Belfor	De Columbiaan	2:24.98	200100578	<b>2:30.67</b>	+0,73	692	34.19	1:12.27	1:51.30	2:30.67
NG.ZA Megan van Beelen	De Columbiaan	2:14.30	200105606							
NG Nuria Boersma	WZK	2:26.36	200100906							
NG Laura Tromp	de Devel	2:20.00	200000276							

Senioren

1. Angelique van Vark	Z&PC De Gouwe	2:08.80	199701478	<b>2:06.51</b>	+0,70	712	29.51	1:01.66	1:34.31	2:06.51
2. Anouk van Weelden	PCG	2:13.58	199902828	<b>2:10.48</b>	+0,82	649	30.40	1:03.43	1:36.87	2:10.48
3. Sterre Keller	The Hague Swimming	(2:11.83	199904142	<b>2:10.88</b>	+0,84	643	29.69	1:02.33	1:36.77	2:10.88
4. Jasmijn Ruijgrok	WZK	2:22.35	199401032	<b>2:14.52</b>	+0,81	592	30.43	1:04.63	1:40.16	2:14.52
5. Annemarie Meijer	SG SCOM/de Zeehond	2:11.48	199900964	<b>2:14.85</b>	+0,70	588	30.32	1:04.13	1:39.89	2:14.85
6. Tessa Bruijgoms	MNC Dordrecht	2:14.49	199801322	<b>2:17.36</b>	+0,76	556	31.90	1:06.33	1:41.82	2:17.36
7. Lotte Middelbos	zc De Schotelij	2:18.17	199900680	<b>2:17.56</b>	+0,80	554	30.91	1:05.48	1:41.41	2:17.56
8. Wendy de Bruin	Zob'66	2:16.90	199206320	<b>2:18.13</b>	+0,55	547	31.80	1:06.91	1:42.50	2:18.13
9. Emma Berry	The Hague Swimming	(2:09.35	199906390	<b>2:18.85</b>	+0,74	539	31.53	1:06.81	1:43.28	2:18.85
10. Aylin van Uffelen	ZPB H&L Productions	2:19.18	199600352	<b>2:20.91</b>	+0,73	515	33.27	1:08.87	1:45.02	2:20.91
11. Denise de Riet	de Devel	2:21.88	198402040	<b>2:21.85</b>	+0,90	505	32.52	1:08.14	1:45.30	2:21.85
12. Chantal van der Vaart	ZV Vlaardingen-Schied	2:22.75	199802266	<b>2:21.99</b>	+0,79	504	32.32	1:08.43	1:45.57	2:21.99
13. G. Demyttenaere	The Hague Swimming	(2:15.22	199905018	<b>2:23.20</b>	+0,89	491	33.00	1:09.15	1:46.26	2:23.20
14. Moniek Heemskerk	LZ 1886	2:19.74	199601964	<b>2:28.42</b>	+0,76	441	33.43	1:10.34	1:48.73	2:28.42
15. Ramona Linting	SG Link /Z&PC Katwijk	2:20.57	198301274	<b>2:28.65</b>	+0,77	439	34.39	1:12.38	1:50.89	2:28.65

Programmanr. 23  
12-11-2017 - 15:55

Jongens, 4 x 100m vrije slag

Junioren  
Resultaten

rang	vereniging	intijd	tijd	RT
1.	WVZ 1	3:49.61	<b>3:49.08</b>	+0,65
	Bart Pardon	+0,65	28.34	1:00.83
	Scott Jansen	+0,09	26.70	56.20
				Dylano Termoshuizen
				Sean Niewold
				56.70
				55.35
2.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	4:03.40	<b>3:55.90</b>
	Chris van der Hout	+0,73	28.00	59.05
	Milan van Aken	+0,44	28.78	59.86
				Bjarne Buijs
				Keanu Streelant
				59.63
				57.36
3.	de Devel 1	de Devel	4:04.33	<b>3:57.05</b>
	Stijn den Otter	+0,64	28.06	57.93
	Julian Stok	+0,29	29.55	1:03.85
				Jay de Vries
				Timo Kock
				57.72
				57.55
4.	Lansingh 1	KZV de Lansingh	4:13.97	<b>4:05.16</b>
	Erik Oldenkamp	+0,69	28.97	1:00.82
	Menno Wieringa	+0,25	29.81	1:04.91
				Stefan Groen
				Johrick Wijma
				58.58
5.	De Columbiaan 1	De Columbiaan	3:57.34	<b>4:07.01</b>
	Thomas van Peenen	+1,96	29.57	1:02.31
	Wouter Verdoes	+0,47	29.39	1:02.26
				Robin van Peenen
				Max van Schagen
				58.58
				57.36
				57.72
				57.55
				1:00.85
				58.58
				1:00.05
				1:02.39

Programmanr. 23, Jongens, 4 x 100m vrije slag, Junioren

rang	vereniging	intijd	tijd	RT	
6.	Rotterdam Swimming 3	Rotterdam Swimming	4:09.79	4:08.50	+0,67
	Jason van den Berg	+0,67 29.26	1:01.62 Nasreddin Ouchene	+0,39 29.65	1:04.90
	Bas van der Linden	+0,45 32.31	1:07.95 Brandon van den Berg	+0,34 25.54	54.03
7.	SG Albion d'ELFT 1	SG Albion d'ELFT	4:18.44	4:15.88	+0,72
	Stan Olsthoorn	+0,72 30.59	1:04.71 Sven Nieuwstraten	+0,31 30.53	1:04.11
	Timon Wijsman	+0,47 32.76	1:07.66 Kenan Cörüz	+0,36 27.71	59.40
8.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	4:24.59	4:18.66	+0,67
	Bas van Nisius	+0,67 29.45	1:00.99 Gabriel Been	+0,98 32.09	1:07.37
	Michael Smink	+0,96 29.82	1:02.46 Emile Fouzaï	+0,47 32.12	1:07.84
9.	Zob'66 1	Zob'66	4:34.90	4:22.14	+0,69
	Christiaan van Es	+0,69 29.62	1:02.21 Sven Brochard	+0,48 33.95	1:11.92
	Jesse Plomp	+0,31 31.86	1:07.31 Mart de Koning	+0,51 28.82	1:00.70
10.	Zoetermeer 1	Zoetermeer	4:24.82	4:28.20	+0,73
	Jort Jongenelen	+0,73 31.37	1:05.46 Alexander ten Haaft	+0,51 33.20	1:10.37
	Tim van Lochem	+1,93 34.23	1:14.19 Jarno Verbeek	+0,19 27.28	58.18

Programmanr. 24  
12-11-2017 - 16:05

Heren, 4 x 100m vrije slag

Junioren 1 en ouder  
Resultaten

rang	vereniging	intijd	tijd	RT	
1.	Rotterdam Swimming 4	Rotterdam Swimming	3:22.34	3:27.63	+0,66
	Mark Baars	+0,66 24.88	51.54 Ian Minnigh	+0,32 25.17	53.42
	Marco Rolla	+0,34 25.28	52.49 Jeroen Baars	+0,56 23.85	50.18
2.	WVZ 1	WVZ	3:37.19	3:35.86	+0,76
	Quinn van den Heuvel	+0,76 26.06	54.22 Max Visser	+0,36 25.62	53.76
	Thomas Jansen	+0,27 25.92	54.17 Tygo van Hassel	+0,45 25.67	53.71
3.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	3:44.01	3:39.47	+0,71
	Floris de Leeuw	+0,71 26.47	53.86 Olivier Jans	+0,42 26.40	54.37
	Christiaan Smit	+0,42 26.36	55.34 Stijn Lafontaine	+0,60 26.44	55.90
4.	SG SCOM/de Zeehond'73 1	SG SCOM/de Zeehond'73	3:42.12	3:40.97	+0,66
	Otto Pranger	+0,66 26.38	55.80 Jarno van Oijen	+0,50 26.48	56.07
	Ivo Stolk	+0,44 26.24	54.40 Nikhom Westphal	+0,63 27.36	54.70
5.	De Columbiaan 1	De Columbiaan	3:36.55	3:47.52	+0,71
	Bas Verdoes	+0,71 26.42	54.73 Dave van den Nieuwendijk	+0,42 27.76	59.46
	Eric Verdoes	+0,16 26.54	55.86 Viktor Koets	+0,42 26.94	57.47
6.	The Hague Swimming (SG) 2	The Hague Swimming (SG)	3:56.16	3:48.98	+0,68
	Bram de Leeuw	+0,68 26.77	55.83 Kevin Panoet	+0,25 26.16	56.08
	Jaap van Trijp	+0,44 28.30	59.37 Doran Paap	+0,45 27.24	57.70
7.	GZC Donk 1	Widex Gzc Donk	3:48.83	3:51.92	+0,71
	Zev Bulk	+0,71 28.43	58.41 Joris de Gier	+0,43 27.64	58.08
	Paul van Grol	+0,32 27.25	57.10 Remco Oskam	+0,38 27.53	58.33
8.	WVZ 2	WVZ	3:49.71	3:52.07	+0,71
	Jordy van Oel	+0,71 28.32	59.10 Martin Yousufi	+0,32 27.49	58.95
	Joost de Roy van Zuydewijn	+0,39 28.34	58.50 Dave Jansen	+0,41 26.29	55.52
9.	LZ 1886 1	LZ 1886	4:06.66	3:56.60	+0,67
	Sander van Beek	+0,67 27.36	57.24 Guus Hoogduin	+0,40 28.17	59.98
	Robin van Beek	+0,33 26.19	55.14 Mark Born	+0,47 30.43	1:04.24
10.	SG LinK /Z&PC Katwijk 1	SG LinK /Z&PC Katwijk	4:01.96	3:57.72	+0,75
	Tjeerd van Stein	+0,75 26.73	55.94 Peter Schelvis	+0,30 29.43	1:02.08
	Daan Hogerhuis	+0,41 28.97	1:00.52 Boy Borreman	+0,38 28.10	59.18
AFGEM	WZK 1	WZK	3:58.51		
NG	GZC Donk 2	Widex Gzc Donk	3:59.12		